



Community Calendar

Red, White, Boom planned for Ocean Pines

This Independence Day, celebrate what makes America great with fun-filled festival activities, dazzling fireworks and a high-energy dance party at Ocean Pines' highly anticipated Fourth of July celebration.

Ocean Pines residents and nonresidents are invited to an annual tribute to the Stars and Stripes on Wednesday, July 4.

The patriotic celebration starts early at 8 a.m. with the annual Freedom 5K Race (50th Anniversary Edition) along a scenic route around the South Gate Pond, at the Worcester County Veterans Memorial in Ocean Pines. The Ocean Pines Recreation and Parks department is encouraging race participants to come dressed in their favorite red, white and blue costume. An award will be given to the best costume, as well as, race winners.

The celebration will then continue at 11 a.m. with Ocean Pines' annual July Fourth Carnival Celebration, which will also take place at the Worcester County Veterans Memorial in Ocean Pines. The event will feature a DJ, water slides, moon-bounces, carnival games, pony rides, refreshments and more. Wristbands for unlimited rides on the water-slides and moon-bounces will be sold for \$6. Carnival games will be free.

Entertainment will be continuous throughout the day. Popular band, First Class, will perform live at the Ocean Pines Yacht Club from 6 p.m. to 10 p.m. Residents and non-residents will get a chance to "boogie down" to sounds of popular hit songs. Discounted alcoholic beverages will be sold during happy hour, which runs from 3 p.m. to 6 p.m.

At dusk, a grand fireworks display will illuminate the sky above Ocean Pines. The Association and its sponsors are hosting an awe-inspiring fireworks show at Showell Park on Racetrack Road.

"Ocean Pines residents and nonresidents will be able to watch in wonder as fireworks ignite and light up the sky in an evening you will not soon forget," said Ocean Pines Marketing and Public Relations Director Denise Sawyer.

Public viewing of the fireworks display can best be seen from Showell Elementary, Most Blessed Sacrament, The Pavilions, Community Church of Ocean Pines, and St. John Neumann Catholic Church. As a reminder, Showell Park will be closing at 6 p.m. on Tuesday, July 4 in preparation for the fireworks display. Parking will not be allowed along the shoulder of Route 589 and Beauchamp Road in Ocean Pines.

These events, sponsored by Peninsula Regional Medical Center, Choptank Electric Cooperative, Baxter Enterprises, The Mark Fritschle Group, Kiwanis Club of Ocean Pines, Ocean City/Berlin Optimist Club, Women's Club of Ocean Pines and Pine'eer Craft Club, are open to the public. In the event of inclement weather, fireworks will be held on Thursday, July 5.



 No.
 No.</th

K of C to host seafood nights

The Knights of Columbus will host a Seafood Night each Tuesday night through the summer. A full menu will be available or if you would like steamed crabs or steamed shrimp can be pre-ordered on Monday morning and Tuesday morning by calling 410-524-7994 between 9 a.m. and noon. The next three Tuesday nights are July 10, 17 and 24. The hall is located at 9901 Coastal Highway in Ocean City.

Monday

Ocean Pines Poker Club

Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928.

Sweet Adelines

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

Monday/Tuesday

Sanctioned Duplicate Bridge

Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795.

Tuesday

Families Anonymous

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Tuesday/Thursday

Poker Players wanted for Gentalmen's Poker in North Gate area Ocean Pines.Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m.on Pinehurst Rd.Ocean Pines. Call 410-208-0063 for more information.

Wednesday

Kiwanis Club Meeting

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m.

Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Thursday

Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577 or Kate at 410-524-0649 for more activities. BeachSingles.org.

Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Friday

Knights of Columbus Bingo

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

First Saturday

Creative Writing Forum

Every first Saturday of the month at 10 a.m. at the Berlin Library. Novice and established writers gather to share their fiction, non-fiction, and creative writing projects. Program includes critiques and appreciation, market leads, and writing exercises.

Pines history panel slated

Behind the color and music of the 50th Anniversary yearlong celebration lies a history filled with interesting twists and turns. Ocean Pines, in its infant stage, was a small coastal development with unpaved streets and pine trees that outnumbered residents. Decades later, the hidden gem has grown in national significance, gracing the pages of popular publications like "Forbes Magazine." The community's historic journey to become a highly sought-after destination for year-round and seasonal residents takes center stage at a scheduled panel discussion this summer.

"Ocean Pines' olden days are both fascinating and enthralling for history-hungry folks," said Ocean Pines Marketing and Public Relations Director Denise Sawyer. "The golden anniversary has sparked 'Pines pride' and a collective effort to preserve the community's

rich history."

To understand the community's growth, it is necessary to understand the roots of Ocean Pines itself, going back to 1968.

Construction had started on the first phase of Ocean Pines on July 12, 1968, a date that is currently circled in Sawyer's calendar. In commemoration of this day, the Ocean Pines 50th Anniversary Committee will host a panel discussion, titled "Timeless Tides: The Ocean Pines History Panel," at 3 p.m. on Thursday, July 12, in the Assateague Room of the Ocean Pines Community Center.

The panel will feature residents who will discuss the evolution of Ocean Pines. The panel's mission is to assist the community in preserving and honoring early developers and families of Ocean Pines. In support of that mission, the Anniversary Committee strives to pro-

please see **panel** on page 4

Stories Love Music helps caregivers work with Alzheimer's

By June Freeman

There are an estimated 5.7 million Americans living today Alzheimer's and other dementias a disease which ravages the brain and



Ilyana Kadushin

has no cure. This is a devastating disease that impacts people of all ages and all walks of life. Caught in this wave of destruction are also the 16 million family members who have the heartbreaking task of tending to their loved ones. Statistics show that most caretakers invariably exhibit signs of emotional, physical, and financial stress. Anxiety, fatigue, depression, sleep deprivation, and more frequent health problems are some of the many symptoms of caregiver burn-out.

There is no known cure for Alzheimer's but there are ways to attain a better quality of life for both the memory impaired and the caretakers. Ilyana Kadushin who is founder, executive director, and program director of the organization Stories Love Music devotes her time and talent in order to reach out to those in need of help. Her inspiration for Stories Love Music began during Hurricane Sandy when she and her husband visited a shelter for displaced seniors. Ilyana stated, "As humans we wanted to help. As musicians and artists, my husband and I walked away saying what can we do to help?'

Her expansive background of working as a musician, actress, film producer, audio book narrator, award winning film producer, podcast cohost, voice-over artist, teacher, motivational speaker, and community

activist gave rise to this remarkable program. Stories Love Music is a creative engagement program that blends music and storytelling. Research has proven that music is an exceptionally

> powerful tool and can have a profound effect on those stricken with dementia. Musical memories are most often preserved because the key brain areas linked to music remain relatively undamaged by this disease.

> However brief it may be, the door is opened to both those afflicted with memory impairment and the caregiver; both are able to share emotions and communicate on a deeper level. Finding energy, strength and comfort during the workshop, the caretakers have the opportunity to tell their stories. The individuals with dementia are able to experience a world that has been lost to them.

Through her field work and research, Ilyana Kadushin reached the conclusion that she needed to shift her focus towards caregivers. Ilyana explained, "Many wonderful things have happened while working with the memory impaired and caretakers, but I need to effect the greatest change. In order to do this, I need to put the focus on bringing the creative engagement program to the caretakers. I must tend to their burn-out and give them the tools to take with them whether they are in the home situation or they work in the field."

Evolving into a nonprofit organiza-

tion was the best way for her to achieve this goal; donations are essential to the program. On May 9, Ilyana held a free full day workshop for professional and family caregivers at Worcester County Commissioner on Aging Snow Hill Day Center in Snow Hill. The morning was spent on selfcare where the caretakers learned ways to take care of themselves and how to avoid burn-out. The afternoon

please see **help** on page 15







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Robert B. Adair 1938-2007

2012 Business of the Year

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-July 4, 1776 is not the signing date of the Declaration of Independence. The Declaration of Independence was signed by 56 different people and it took over six months with most of them signing it on August 2, 1776.



-The first public reading of the Declaration of Independence was on July 8, 1776 and it happened in Philadelphia. The Liberty Bell rang to call people to Independence Hall so that they could witness the reading.

- -John McKean was the last person to sign the Declaration of Independence and he took ink to paper in January
- -In 1781, Massachusetts became the first state to declare Independence Day a holiday. It wasn't until 1941 that Congress made the 4th of July a federal holiday.
- -The Pennsylvania Evening Post was the first newspaper to publish the Declaration of Independence.

A place where supreme

Editor:

With all the polarization, stress, tension and general lack of civility in society today wouldn't it be nice to go to a place where many folks waved, smiled and welcomed you when driving in to park? Then they greeted you after exiting the car, asked how you were doing and wished you a pleasant day. Even upon leaving they would be sure to graciously thank you for coming and in your rearview mirror you were left with the vision of many people smiling and waving goodbye. This experience was made even more wonderful in that many of those pleasant folks apparently have substantial disagreements among themselves but they are able to rise above, at least for a period of time, put aside their differences and demonstrate to all who visit how society might function. We thought it was a wonderful experience and think it should serve as a model for other places to emulate. Businesses, Churches, Government could all benefit from this model of civility. Just imagine being welcomed graciously every place you visit? The only downside is that the place we visited only demonstrates this wonderful, welcoming dynamic a few times a year. If anyone would like to see this civility in action for yourself you may have one near you too. It was our polling place.

Jack Barnes Ocean Pines

OPA participates in wildlife civility reigned management program

The Ocean Pines Association contracted with the United States Department of Agriculture, Animal and Plant Health Inspection Service (APHIS) Wildlife Services (WS) for the removal of resident Canada geese as a part of the USDA's wildlife damage management proj-

APHIS WS has the authority to work with local organizations to conduct such a program to address mammal and bird species, such as Canada Geese, and their negative impact that they have on local water quality and thus human health and

Ocean Pines General Manager John Baily stated in a statement that because we all strive to be good stewards of the environment, it is regretful that such action is necessary from time to time in order to maintain the balance between two environmental watch-cares – the geese vs the water quality. Unfortunately, the presence of resident Canada geese contributes to unacceptable accumulation levels of feces in the waters and recreation areas of the community.

He went on to state that prior to their arrival today, the APHIS WS made the determination that the actions today would be in compliance with all federal statutes, including the National Environmental Policy

This project developed from the Association's Environment & Natural Assets Advisory Committee, which is made up of members of the community.

The wildlife management project was approved as part of the budget for fiscal year 2018-19. Per the APHIS WS, the resident Canada geese that were captured and removed from the community were humanely euthanized and donated to the Maryland Food Bank.

Boating course scheduled

The summer seasons is in full swing and it is time to make sure you are up to speed with current recreational boating regulations. The United States Coast Guard Auxiliary will be conducting the Safe Boating Class at the Ocean Pines library in the evenings of July 10, 11 and 12.

Perhaps you are starting out in boating or coming back to it. Regardless, the Maryland Basic Boating Class is a great opportunity to satisfy Maryland requirements and to get practical boating knowledge from state certified Coast Guard Auxiliary Instructors.

please seecourse on page 15

panel

from page 2

vide Ocean Pines residents and nonresidents with an appreciation of the growth of the community and ensure the legacy of Ocean Pines endures for future generations.

"We hope that lots of people will come by and participate on July 12," said Jennifer Cropper-Rines, chairperson of the Ocean Pines 50th Anniversary Committee. "July 12 marks the date in 1968 that the lot sales began. The entire sales team met for the first time and the following day Boise Cascade started bringing in potential buyers. It should be very interesting to hear about those days."

Panelists include John Talbott, a member of the original Boise Cascade sales team and "community-proclaimed" historian; Edie Brennan, the

first female sales associate for Boise Cascade in Ocean Pines and active member of the board of directors for the Ocean Pines Players Community Theater Group; Tim McMullen, who founded the Ocean Pines summer youth program in 1974 with his late wife; Ginny Reister, the founder of the Ocean Pines Hammerheads swim team in 1975; Marty Groff, a lot salesman for Boise Cascade who went on to start his own real estate and construction company in 1979 that has built more than 1,000 homes in the area; and Marlene Ott, an associate broker at Shamrock Realty with more than 35 years of experience in Ocean Pines and one of the first residents of Ocean Pines.

The Ocean Pines Association will video-record the oral histories of Ocean Pines that will be presented at the panel discussion and included in a time capsule that will buried at White Horse Park on Saturday, August 12.

The Association will donate the unedited footage to the Worcester County Library - Ocean Pines Branch and make the recordings accessible on its website, www.oceanpines.org, in the coming months.

The event is free and open to the public. The Anniversary Committee encourages attendees to bring their questions for the panel.

For more information on the panel discussion, contact Ocean Pines 50th Anniversary Committee Chairperson Jen-Cropper-Rines jennifer@cropperrines.com or Denise Sawyer, director of marketing and public relations for the Ocean Pines Association, at (410) 641-7717 ext. 3006 or dsawyer@oceanpines.org.

Birthing a nation

I am proud to be a citizen of the United States of America, the greatest nation on earth. Compared to the nations of Europe our history is short but no less colorful and dramatic. When you consider the confluence of events and characters that came together at the same time to forge this nation it makes one pause.

the second row."

"I'd like to register a complaint that it is too hot in here. I'm roasting. Can someone check the air conditioning? I can't be expected to work under these circumstances."

"Duly noted."

"Now let's please review quickly what

we agreed upon yesterday. When we adjourned, it was decided that we were in favor of Life, Liberty, the pursuit of Feeling Good and Positive Auras. We also agreed that these rights are endowed by the Creator."

"Mr. Chairman, I'd like to make a motion that Positive

Auras be changed to Living the Good Life Free of Responsibility. My caucus did some research and found the wording tests well with our focus group"

"Mr. Chairman, if that wording is going to be altered, I would like to recommend that we strike the words 'by the Creator' and replace them with 'endowed by a multi-denominational deity or deities of your choosing.' This way we don't offend anyone and are not accused of promoting the idea of any one specific superior being or beings."

"We can have only one motion on the floor at a time. Do I hear a second on amending the 'Positive Aura' to 'Living the Good Life Free of Responsibility?"

The motion is seconded and voted on.

"The motion passes. Moving on to the second motion. Uh, hold on a second my cell phone is ringing.

"Hello. Oh, hello Sean. Yes, we're working on it right now. No, I'm not sure whether I'll be able to be a guest on your show tonight. I see. You have already booked George the Third. I'll have to get back to you.

"Everyone! That was Sean Hannity. He wanted to know whether we might have anything resolved so I could debate King George tonight on her show."

"Don't talk with Sean. Go on "The Daily Show with Trevor Noah." He has better demographics," said someone in the back.

"Mr. Chairman, I'd like to make a motion we adjourn. Dr. Phil is doing a very special reunion show analyzing the surviving cast members of the first season of "Survivor."

"Ladies and gentlemen, we have not gotten very far. We have a lot of work to do before this 'Declaration of Feeling Good' is completed and ratified."

The Chairman was unable to keep the group in session. The crowd made its way to the exits, some talking on cells phones, others discussing the best place to make reservations for dinner.

The Chairman slumped down in his chair, lowering his face in his hands. He could not help but think it would be easier to remain loyal to the Crown.



It's All About. . . By Chip Bertino

chipbertino@delmarvacourier.com

Men and circumstances of the 18th century gelled in such a way that a nation, like no other in the history of man, was born. Through the determination of unafraid and selfless personalities, this nation was founded: George Washington, Ben Franklin, Thomas Jefferson, John Adams, Alexander Hamilton, Samuel Adams, Thomas Paine and the list goes on and on. The collective contributions of these men are greater than their singular offerings. It is only fitting that our nation pays tribute to the enduring legacy of these men and the results of their labors.

While thinking about the Fourth of July, I began imagining what the process of writing a document that would birth a new nation might be if it fell to those of us living in the 21st century.

Fade to imaginary scene in a gymnasium filled with men and women milling around.

"Ladies and gentleman, can we please settle down and get started. We've been meeting for two months and have not gotten much done," said the Chairman as he leaned forward on the table set up at the front of the gym. "Please take your seats."

The men and women began taking their seats. The metal folding chairs clanked on the gymnasium floor. A hush finally came over the crowd.

"Thank you. Okay, we have some very important business to take care of to move this process along. Can I see a show of hands of how many want the lunch special with potato salad on the side?"

About 30 hands shot up. "Madam Secretary, are you getting all this? We'll put the rest of you down for cole slaw.

"The next thing on the agenda is scheduling days we will be in session. A motion was made yesterday that we be in session Tuesday afternoon through Wednesday afternoon, with adjournment 4:30 each afternoon. Those in favor?"

The vote was unanimous and the motion passed.

"Mr. Chairman, Mr. Chairman,"

"The Chair recognizes the gentle lady in





Primary Elections Results

The unofficial results of last Tuesday's Primary Election are below.

Because there is no Democrat opponent in November's General Election, three successful Republican candidates are the de facto office winners: Wayne Hartman will be the next state delegate for District 38C succeeding Mary Beth Carozza; Kris Heiser will be the next state's attorney; and, Matt Crisafulli will be the new sheriff.

Three incumbent county commissioners do not face an opponent in the general election and will serve another term: Diana Purnell (District 2); Jim

Bunting (District 6); and, Joe Mitrecic (District 7). Also decided were the three judges for the Orphans' Court: Linda Hess, Cheryl Jacobs and Mike

State Senate

Mary Beth Carozza (R) unopposed in primary 7,871 Jim Mathias (D) unopposed in primary

House of Delegates District 38C

Wayne A. Hartman* (R)	1,946
Joe Schanno (R)	1,546
Jim Shaffer (R)	131
Ed Tinus	328

Worcester County Commissioner

District 1

Merrill W. Lockfaw (R) unopposed in primary	598
Joshua C. Nordstrom (D) unopposed in primary	278

District 2

Diana Purnell* (D) unopposed in primary	442

District 3

Bud Church (R)

Gary A. Millhoff (R)	208	
Zackery Tyndall (D) unopposed in primary	341	

645

Zackery Tyndall (D) unopposed in primary

District 4

Theodore "Ted" Elder (R) unopposed in primary	607
Virgil L. Shockley (D) unopposed in primary	278

District 5

Chip Bertino (R) unopposed in primary	818
Judy Butler (D) <i>unopposed in primary</i>	542

District 6

Madison "Jim" Bunting, Jr.* (R) unopposed in primary 841

Joseph M. Mitrecic* (R) unopposed in primary

State's Attorney

Kris Heiser *(R) 2,619 Bill McDermott (R) 2,468

Clerk of the Circuit Court

Susan Richardson Braniecki* (R) unopposed in primary 4,234

Register of Wills

Aaron William Redden (R)	1,049
Steven K. Sisk (R)	904
Terri Delaney Westcott (R)	2,553

Nicole Caudell (D) unopposed in primary

Judge of the Orphans' Court (Vote for 3)

Diffendal.

Mike Diffendal (R)	2,128
Linda M. Hess (R)	3,043
Cheryl Jacobs (R)	2,217
John P. Quinn (R)	1,605

Worcester County Sheriff

Scott T. Bernal (R)	542
Matt Crisafulli* (R)	2,293
Mike McDermott (R)	2,140
George Truitt (R)	137

*no opponent in the November election.

The General Election is November 6, 2018. Polls will be open from 7 a.m. to 8 p.m. Early voting will be open Thursday, October 25 through Thursday, November 1 between 10 a.m. and 8 p.m.

The deadline for voter registration is October 16, 2018.

The deadline to change party affiliation is October 16, 2018.

To request an absentee ballot you can go online (if you have a Maryland driver's license of MVA-issued ID card) or go to the Board of Elections office to complete the appropriate form. The deadline to request a ballot by mail or fax is Tuesday, October 30. To download a ballot from the state's website, the deadline is Friday, November 2.

Worcester County Board of Elections Office

201 Belt Street Snow Hill MD 21863-1310 Patricia Jackson, Election Director 410-632-1320 410-632-3031 (Fax)

http://www.co.worcester.md.us/departments/elections Email Address: Patricia.Jackson@Maryland.gov



Light moment - Senator Jim Mathias and **Nicole Caudell**, candidate for Worcester County Register of Wills, share a light-hearted moment at the June Democratic Womens Club of Worcester County's luncheon held at the Dunes Manor in Ocean City.

Chamber to again host flounder tourney

The Ocean Pines Chamber of Commerce will host its 11th Annual Flounder Fishing Tournament on Saturday August 4.

There will be cash prizes for the largest flounder caught. Prize money includes \$500 for the first-place winner plus a trophy. The second-place winner will garner \$300 and the third-place angler will win \$100.

There will be an additional optional Calcutta Contest. It is \$10 to enter and cash prizes will go to the angler who reels in the first, second and third largest flounder. There will also be a prize for the heaviest flounder. There will also be a Calcutta for anglers age 12 and younger. With over 250 anglers, last year's first place winner took home almost \$1,200.

Participants can fish from the shore, pier, private boat, flounder party boats or charter boats; anywhere in Maryland and Delaware coastal waters between 7 a.m. and 3 p.m. on the tournament day. Tournament excludes the Chesapeake Bay. Fish must be caught within 3 nautical miles of shore and inland waters to the Virginia state lines.

Weigh-in taking place at Pines Point Marina between noon and 4 p.m.

The first 150 entries also receive a free T-Shirt. T-shirts will also be available for purchase for \$10 at the Ocean Pines Chamber office on Cathell Road or at the weigh-in the day of the tournament for \$10

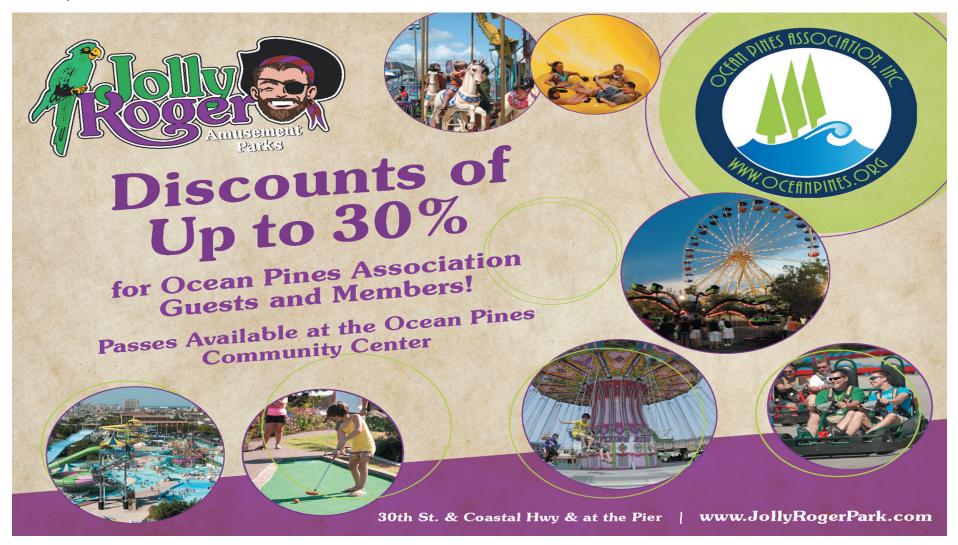
Entrants can bring in legal sized flounder (16" or larger; up to four fish per angler) for weighing in. Anglers must be registered for the contest by Friday August 3, at 3 p.m. to participate in the Saturday tournament.

Entry forms are available at the Ocean Pines Chamber of Commerce office located at 11031 Cathell Road in Berlin or you can register on-line through the website: OceanPinesChamber.org. Click on Events from the home page.

The entry fee is \$35 per person with discount for multiple fishermen. (2 or more \$30 per person)

If you have any questions, please feel free to contact the Ocean Pines Chamber office:

Phone: 410-641-5306 or E-Mail: info@OceanPinesChamber.org.



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Berlin library moving into new facility

ter County Library, which is located at 220 North Main Street in Berlin will close July 3, at noon, after the Summer Reading program. The new Berlin Branch library is expected to open at its permanent location at 13 Harrison

The Berlin Branch of the Worces- terials using the book drop located at 220 North Main Street until the new library opens.

> Berlin branch library phone service will not be available in early July, while the phone number is transferred to the new location.

> > Holds which become available for Berlin Branch library patrons from July 3 through 7 will be available for pick up at the Ocean Pines branch library. Please note that library holds for Berlin Branch Library patrons will not be available for pick up on July 4, 8, or 9.

Any schedule changes will be posted on the library's website and shared through the Worcester County Library's social media outlets.

An official grand opening of the new Berlin Branch library is being planned for early August, and more details will be made available in the near future.

For more information, please email berlin@worcesterlibrary.org or visit the library website for updates, www.WorcesterLibrary.org. Thank you for your continued support and patience during this transition.

Annual paddle event scheduled for July

Friends of the Jesse Klump Memorial Fund (JKMF) will gather for the 10th annual Jesse's Paddle on Saturday July 21, at the Pocomoke River Canoe Company in Snow Hill. Registration begins at 4 p.m. and boats will hit the water by 5 p.m. Support raised at the event funds the annual Jesse Klump Memorial Scholarship as well as the nonprofit's suicide prevention outreach mission.

"There will be free canoes, kayaks and paddleboards for those who raise more than \$40 to participate in 'Jesse's Poker Paddle," said JKMF President Kim Klump, "While our mis-

please see event on page 15



Avenue in Berlin Tuesday, July 10, at

During the interim, library staff will work to have books and equipment ready for transfer to the new library. However, Berlin Branch library patrons will still be able to return ma-

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Food Lion Shopping Center in West Ocean City

MD #2294

AGH recognizes top employees

Atlantic General recently recognized Paula Dize, RN, CCRN, as its Nurse of the Year for 2018, as well as Regina Bailey, a tech in the AGH Med-Surg department

and the recipient of the 2018 Friend of Nursing award.

National surveys continue to place nurses at the top when it comes to the most trusted profession, according to Niki Morris, 2017 Nurse of the Year; Colleen Gallup polls Wareing, chief nursing officer and vice presitions and words ter director. of nurses that

trust between provider and patient is developed, and this is especially important in Maryland, where healthcare organizations have been working hard to anticipate the needs of patients and communities on a deeper level.

Often it is the nurse who is able to forge the connection that puts an emotional and professional face to Atlantic General Hospital.

Dize received multiple nominations by her fellow AGH associates. One nom-

ination stated "her commitment to our facility shows in her manner of support towards her patients and her professionalism."

Dize is described as a nurse who exceeds in her leadership roles.

"She treats her measuring hon- dent of patient care services at AGH; the 2018 patients as if they esty and ethics in Atlantic General Hospital Nurse of the Year, were her own famvarious fields. It Paula Dize, RN, CCRN; Atif Zeeshan, Inten-ily," stated one of is through the ac- sivist in the ICU; and Scott Rose, Stroke Cen- her fellow AGH associates.

> "Described as a mentor, an educator, a leader and someone who inspires passion, the nominations cited multiple examples of care above and beyond the call of duty and teaching expertise towards her colleagues. She makes me proud to be in the nursing profession as a leader alongside a rising leader," added Colleen Wareing,

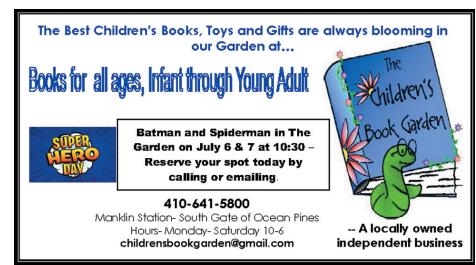
chief nursing officer and vice president of patient care services at Atlantic General Hospital.

On receiving the Nurse of the Year award, Dize said, "I am honored and grateful to be a part of the AGH family. I feel very privileged to work with such talented and passionate individuals. Being recognized by my colleagues for a job that I love is an amazing and humbling experience."

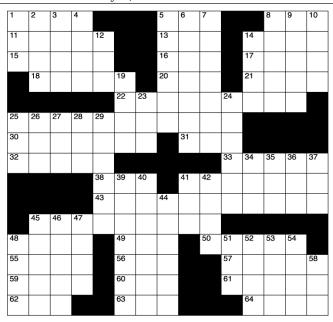
Other nominees included Amy Bohtling, Kelli Duckett, Mary Wilgus, Shannon Simpson, Tanna Bryant, Nettie Widgeon, Wendi McDonough, and Bev Ward. A subcommittee of the Professional Nurse Council selects the recipient from a pool of those nominated by fellow AGH associates and previous DAISY nurses.

The 2018 Friend of Nursing award recipient, Regina Bailey, was nominated by multiple staff for going above and beyond in patient care, as well as taking pride in what she does. One of her nominations said, "She comes to work with a bright smile and is always positive."

Mary Mullins, chair of the Professional Nurses Council at AGH, stated, "It was a great year for the nursing nominations with outstanding submissions to choose from."







CLUES ACROSS

1. Guinean seaport

5. They

8. Electromotive force

11. "McVicar" director

13. Monetary unit

Mother of Hermes

15. Broadway actress Daisy

16. Tobacco mosaic virus

17. Expression of surprise

18. African financial intermediaries 57. American comedian Tim

20. Fully ripe egg

21. Soothes the skin

22. Editors write them

25. Nashville-based rockers 30. Surgical tube

31. Lasting records

32. Member of Ghanese tribe

33. Being in a vertical position

38. Spasmodic contraction

41. Cartilage disks

43. Domestic help

45. A way of drying out

48. Small sponge cake

49. Distinctive practice or philosophy

50. Sword

55. Type of missile (abbr.)

56. Home to various animals

59. Scores perfectly

60. A major division of geological

time

61. Spiritual leader

62. Unhappy 63. Unit of force (abbr.)

64. Door part

CLUES DOWN

- 1. Academic degree 2. Expression of sorrow or pity
- 3. Large, stocky lizard
- 4. Romanian river
- 5. Stellar
- 6. A way to change
- 7. Surround completely
- 8. A Philly footballer
- 9. Dinosaur shuang
- 10. Slowly disappear
- 12. Large antelope 14. Not nice
- 19. Piece of footwear
- 23. Newt
- 24. Seriously mentally ill
- 25. Kilogram force (abbr.)
- 26. Terrorist group
- 27. Negative
- 28. Time zone

- 29. A blacksmith's workshop
- 34. Baked dessert
- 35. A way to perceive uniquely 36. Breeze through
- 37. Dry white wine drink
- 39. Treated with iodine
- 40. Not thorough 41. Famous museum
- 42. Supplements with difficulty
- 44. Polynesian language
- 45. Bangladesh capital (var. sp.)
- 46. and flowed
- 47. Excessively theatrical actors
- 48. Prejudice
- 51. Swiss river
- 52. Nonsense (slang)
- 53. "Luther" actor
- 54. Resist authority (slang) 58. Pinch



Answers for June 27

Eyes on the Skies

Two good targets in Sagittarius

By Douglas Hemmick, Ph.D.



July is the first full month of summer, and stargazing offers a good warm-weather pastime. Skywatchers may continue to enjoy Jupiter and Venus, this month, along with the constellations Scorpius the Scorpion and Sagittarius the Archer coming into view.

The topics featured for July are the globular cluster M22 and the Lagoon Nebula. These companions of the south-eastern skies offer good binocular viewing, and this year Saturn appears nearby.

Nebulae are very important as nurseries for the birth of stars. New stars are born when galactic dust and gases consolidate together

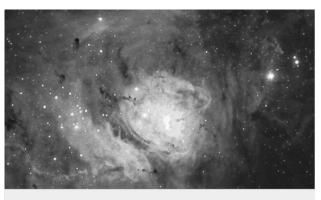
into concentrated pockets, which then collapse from gravitational attraction. The collapse process ultimately leads to formation of stars as well as planetary systems.

The Lagoon Nebula or M8 was discovered early in the annals of astronomy, by Italian astronomer Giovanni Hodierna, who first spied it in 1654. Professional telescopes reveal a dark band of dust resembling a lagoon running across an island. While astronomers know that the color of the cloud is actually crimson, the low light levels of binoculars show only a pale white hue.

Since each nebula can produce thousands of stars, it's no surprise that they are quite enormous in size. The Lagoon Nebula measures about 140 light-years by about 60 light-years and these dimensions reflect its oblong shape. The massive stars within the heart of the nebula give off enormous amounts of ultraviolet radiation, causing it to shine a colorful crimson.

July's next target, the globular cluster M22, is well-known to amateur astronomers and makes an excellent target for viewing. This cluster reveals a circular shape, so characteristic of the globulars. M22 was first identified by the amateur German astronomer,

Abraham Ihle in 1665, another example of early astronomy discoveries. M22 is one of the closer globular clusters to Earth, about 10,600 light-years away and it includes more than 70,000 stars. Backyard astronomy enthusiasts should not miss M22 — it is among the best globular clusters seen



Professional Photograph of Lagoon Nebula

in the northern hemisphere.

Readers may recall the column's description of the Milky Way galaxy's regions, with its central disk containing the lion's share of stars, including the Sun. Surrounding the disk is the huge spherical area, known as the halo region, the typical home for globular clusters. The M22 globular cluster is situated in the halo region, and is about 1,200 light-years above the plane of the disk. The well-known globular cluster studies performed in the 1930's by Harlow Shapley featured measurements of M22.

This month the stargazing show begins at about 8:30 p.m. with the planet Jupiter appearing in the southwestern sky and Venus hovering over the western horizon. At about 9:45 p.m. the full stellar vista comes into view, with all the familiar sights. Binoculars reveal the four largest moons of Jupiter as they join the evening show. Just above the southern horizon the constellation Scorpius the Scorpion may be seen.

High overhead, one can see the classic Cygnus the Swan, also known as the Northern Cross. Many stargazers are aware of the "Summer Triangle" featuring three prominent stars

please see eyes on page 11

continue to improve the experience of

our patients and families as they be-



More than thirty junior golfers and instructors participated in the first session of junior golf camp at Ocean Pines Golf Club June 25-28.

Golf campers learn the sport of a lifetime

Ocean Pines Golf Club hosted more than 30 junior golfers this week in the first of a series of sold-out camps that will be held throughout the summer.

More than 120 total registered campers will participate in four camp sessions this summer, which have grown in popularity since Ocean Pines Golf Club PGA Director of Golf John Malinowski began offering them in 2012.

Malinowski and golf course staff provide instruction in swing basics, chipping and putting, rules and etiquette, the use of irons and woods and

Tides for Ocean City (Fishing Pier)				
Day		High /Low	Tide Time	Sunrise Sunset
Th	5 5 5 5	High Low High Low	12:51 AM 7:17 AM 1:24 PM 7:36 PM	5:43 AM 8:27 PM
F	6 6 6	High Low High Low	1:40 AM 8:03 AM 2:18 PM 8:33 PM	5:43 AM 8:27 PM
Sa	7 7 7 7	High Low High Low	2:34 AM 8:52 AM 3:15 PM 9:32 PM	5:44 AM 8:27 PM
Su	8 8 8	High Low High Low	3:31 AM 9:44 AM 4:11 PM 10:33 PM	5:44 AM 8:26 PM
М	9 9 9	High Low High Low	4:29 AM 10:38 AM 5:07 PM 11:33 PM	5:45 AM 8:26 PM
Tu	10 10 10	High Low High	5:25 AM 11:34 AM 6:01 PM	5:46 AM 8:26 PM
W	11 11 11 11	Low High Low High	12:31 AM 6:21 AM 12:29 PM 6:55 PM	5:46 AM 8:25 PM

more for beginner and experienced players ages five through 14. The camps, each held from 9:30 a.m. to 1 p.m. for four consecutive days, are open to the public.

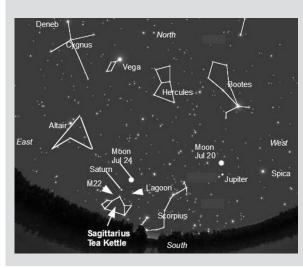
"The first summer we offered camp, some of the sessions had only a dozen golfers. Every year since then we've seen an increase in participation," Malinowski said. "Once we added on-line registration, we saw people sign up earlier and have sold out all four sessions the past two years."

Visitors to Ocean Pines Golf Club on the days the camps are held will

Please see **golf** on page 13

eyes from page 10

Vega, Deneb and Altair. Deneb appears in Cygnus, while Vega and Altair are located in Lyra and Aquila, respectively. Although Deneb and



Coastal Hospice announces reorganization, promotions

Coastal Hospice announces the reorganization of its Admissions Department. The department has been renamed the Access Department to reflect its focus on helping patients and families access services of Coastal Hospice more efficiently and with greater support.

Coastal Hospice staff member Nancy Stewart has been tapped for the new manager of the reorganized department. Stewart has been with the agency for seven years as a community liaison in the provider relations department. She managed the provider relations department for the past two and a half years. Before joining Coastal Hospice, she had experience with VITAS Innovative Hospice Care, GlaxoSmithKline Pharmaceuticals and Takeda Pharmaceuticals. During her time with Coastal Hospice, she has developed strong relationships with the region's physicians, nursing homes and assisted living facilities.

Provider relations coordinator, Bob Miller, was promoted to manager with Stewart's departure transition. Miller has been with Coastal Hospice for nearly five years. He has worked as a chaplain and in bereavement services before moving to provider relations last year. He has in depth knowledge of hospice and an ability help providers, patients and families understand how hospice can help.

"I am confident that this reorganization, under Nancy's leadership, will

come introduced to our services," said David Hanlin, vice president of operations for Coastal Hospice. "Our provider relations team will also continue to build strong relationships among the healthcare community with Bob's supervision and guidance."

Training focuses on substance use disorders

The Worcester County Health Department (WCHD) announced the launch of a new Addiction in the Workplace awareness campaign. Through Addiction in the Workplace, WCHD will provide educational material such as rack cards and posters, access to a Substance Use Resource Liaison, as well as training opportunities for Naloxone/Narcan, responsible beverage service training, and Mental Health First Aid. Educational material is free-of-cost and readily available, and most trainings are free.

The opioid epidemic, and substance use disorders, tragically affect every part of the country and every walk of life. For its first stage, Addiction in the Workplace focuses on the unique challenges faced by the hospitality industry. Nationally, food preparation workers and wait staff are

Please see training on page 15

Vega are in the same quadrant, Altair is well-separated, to the south.

Later in the evening, the planet Saturn will be visible after about 10:30 p.m., in the constellation Sagittarius the Archer. While Saturn cannot match the brilliance of Jupiter, it

is still worth noting this softly glowing planet.

The Lagoon Nebula appears about five-degrees west-southwest of Saturn. And the globular cluster M22 is located about two-degrees southeast of Saturn. Both are near the "peak" of the Tea Kettle, a prominent central feature in the Sagittarius constellation.

The moon appears in conjunction with three different planets over the course of the month. On July 14, the waxing crescent appears two-degrees north of Mercury, over the western horizon. Binoculars are recommended to spot Mercury and stargazers are cautioned that the dim planet may be elusive. The waxing gibbous moon appears close to Jupiter on July 20 - just three-degrees north of the planet. Another lunar conjunction occurs on July 24, when the moon will be just two-degrees to the upper right of Saturn.

Unfortunately, the total lunar eclipse of July 27 is not visible from North America. Those who travel to Europe, Asia or Africa may enjoy this sight. Some stargazers call this a 'blood moon' due to its dark reddish hue.

Wishing good luck and clear skies to all stargazers.



On Wednesday July 4th Synepuxent Post #166 American Legion and the Captain John Smoot Chapter of the Maryland Society Sons of the American Revolution will hold a joint event at the Post. The July 4th joint program will start at 11:00AM and President Mark Tyler of the Captain John Smoot Chapter of the SAR will read the Declarations of Independence. Also included in the program will be the SAR Chapter Secretary Mike Irish, Post #166 Chaplain Ben Dawson, Post #166 Historian Nate Pearson and Post #166 Public Relations Officer Sarge Garlitz who is also a member of the Captain John Smoot Chapter SAR. The event is open to the public.

Find good food and pleasant company at the Kiwanis Club of Greater Ocean Pines-Ocean City



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I recently purchased some Georgia peaches at Birches' market on Route 611. They were so delicious and sweet. Last night I made a peach pie with them much to the delight of my hubby, Ed. Peaches are so tasty in the summer mixed with other fruits, such as strawberries, watermelon, blue berries and pineapple for a delicious fruit bowl for breakfast and so good for you. The Berlin Peach Festival is coming up in August and one you do not want to miss. There is lots of good food and peach ice cream, tea, pies and more. This year the date is August 4 on the grounds of the Taylor House Musuem in downtown Berlin. You may even enter the pie contest, which I have judged in the past. It's usually a very hot day so do not make cream pies or other fragile ones as the judging is outside.

Peach Pie

Prepare pie shells for a 2 crust pie. (I use the Pillsbury crusts in the dairy section of the grocery store which are so easy and delicious.)

Approximately 8

pared and sliced peaches layered in the bottom crust. Sprinkle the peaches with the following mixture:

1 cup sugar

2 T. flour

½ t. cinnamon

½ t. nutmeg

Top with dots of butter, crust and crimp edges. Sprinkle top crust lightly with sugar. Bake in 425 degree preheated oven for approximately 30 minutes. Cool on wire rack.

Peach Cobbler

Prepare Bisquick as for dumplings on the box. Add pared and sliced peaches to saucepan. Top with sugar, cinnamon, and nutmeg and approximately ½ cup water. Bring to a boil and add Bisquick by the table spoon on top of the fruit. Cover and cook on medium heat until the Bisquick is done. It will puff up. Remove lid and cook a few min-

utes more. Serve warm with milk as topping that has been flavored with sugar and nutmeg. Instead of milk you may wish to serve the warm cobbler with whipped cream or vanilla ice cream. Either way is yummy.





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EOE

Demand for spay/neuter clinic leads to decrease in unwanted litters

Since Worcester County Animal Control (WCAC) began a partnership with Veterinarian William Schultz in 2012 to offer an affordable spay/neuter program to area residents, the number of unwanted puppies and kittens has continued to decline.

Spaying or neutering cats and dogs is a 100 percent effective method to avoid unwanted litters and protects these innocent lives from becoming homeless or being euthanized.

"Without this clinic, many pet owners would not be able to afford the cost of spaying or neutering their cats and dogs," Chief Animal Control Officer Glen Grandstaff said. "We used to re-

The LORD will surely save me So we will play my songs on stringed instruments Isaiah 38:20



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Since Worcester County Animal ceive about eight litters of puppies per ntrol (WCAC) began a partnership year and numerous litters of unwanted

kittens. That number dropped to zero for dogs so far this year. A few individual kittens have been dropped off, but their numbers are way down too."

Roughly 1,500 cats and dogs have been spayed or neutered through the WCAC clinic, since the program began, while surgery costs have not increased.

Clinics take place two Mondays each month. The cost for each male dog of any weight and for

each female dog up to 60 lbs is \$100. The cost for each male or female cat is \$50.

Surgery costs include take home medications. Follow up visits are not needed, as all stitches used are self dissolving. Surgeries for pets in a heat cycle are not permitted. Also, the program cannot serve female dogs weighing over 60 lbs. Surgeries for mature dogs weighing less than 10 lbs may be considered on a case-by-case basis.

Proof of rabies vaccination is required. Those without the required

vaccination can receive a rabies booster the day of surgery for an additional \$10.

Other vaccinations and

flea treatments are available for an additional cost, and microchipping is available at a cost of \$25. However, par-

ticipants should request these services when making the initial appointment.

The morning of surgery, cats should arrive at the facility in carriers at 7:30 a.m., and leashed

same day. Prior to and following the surgery, pets are housed in stainless steel kennels away from the general WCAC animal population.

Half of the proceeds from each clinic are reinvested to cover ongoing costs, making the spay/neuter clinic revenue-expense neutral to the county. Due to the growing demand for this program, both clinics scheduled to take place this July are already full. Surgeries are scheduled two to three weeks in advance. The clinic is available to residents and non-residents alike.

"It's a great service," Grandstaff said. "We ask for everyone to be patient, and we'll work to accommodate your pets as soon as we can."

For more information about the program, contact Animal Control at 410-632-1340.

Festive facts for July 4th

Each year on July 4, Americans celebrate the birth of their nation and independence from Great Britain. This day marks the anniversary of the presentation and acceptance of the Declaration of Independence, approved 242 years ago on July 4, 1776.

dogs should arrive at 8 a.m. All pets

may be picked up at 3:00 p.m. the

The Declaration of Independence began as a letter to Britain's King George to explain why the Continental Congress was interested in declaring independence from Great Britain. The writing of the declaration began on July 2 and the final wording was established on July 4.

Independence Day is full of opportunities to celebrate and enjoy oneself. Parades, fireworks, parties, barbecues, and much more are part of the festivities.

Another way to commemorate In-

dependence Day is to educate oneself about the many historical and entertaining facts that surround the day. The following are some interesting details about the origins of Independence Day and the celebrations that surround it.

Although 56 people eventually signed the Declaration of Independence, only John Hancock signed the document on July 4, 1776. The rest added their names later on. John Hancock's signature is ornate and widely recognized. Putting your "John Hancock" on a document has become synonymous with the process of signing something.

The Declaration of Independence was adopted while the Continental

please see 4th on page 14

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golf

from page 11

find plenty of pint-sized golf bags and young players on the putting green and driving range and on a hole or two on the course.

Malinowski commented that most adults are enthusiastic about the additional foot traffic. "Golfers know that the future of golf depends on growth-of-the-game initiatives. I feel fortunate that most of them love seeing so many young people enjoy the game and are more than happy to overlook any minor inconvenience camp might cause," he said.

Although all four camp sessions are sold out for the summer, campers may be placed on a waiting list in case vacancies occur, Malinowski said. He added that those who were not able to participate in camp or would like additional group instruction can attend a junior golf clinic to be offered in the fall.

For more information, contact Ocean Pines Golf Club at 410-641-6057 or visit OceanPinesGolf.org.

4th

from page 13

Congress met in Philadelphia at the Pennsylvania Statehouse. That building is now known as Independence Hall.

The average age of the signers of the Declaration of Independence was 45. The youngest person to sign was Thomas Lynch, Jr., who was 27 when he signed the document. Benjamin Franklin, at age 70, was the oldest signee.

John Adams and Thomas Jefferson were the only signees who went on to serve as presidents. Coincidentally, Jefferson and Adams both died on July 4, 1826, within hours of each other.

Philadelphia is the birth place of much American history and is home to the Liberty Bell. Each Independence Day, the Liberty Bell is tapped (not rung, as the vibration would further damage the cracked bell) 13 times in honor of the original 13 American colonies.

The original 13 American colonies were located all along the eastern seaboard. They include Virginia, New

York, New Hampshire, Massachusetts Bay, Maryland, Connecticut, Rhode Island, Delaware, North Carolina, South Carolina, New Jersey, Pennsylvania, and Georgia.

The stars on the original American flag were placed in a circle. This was so all of the colonies would be equally represented.

Independence was gained in 1776, and the first celebration took place in Philadelphia four days later. The White House held its first Independence Day festivities in 1801.

Benjamin Franklin proposed that the turkey be the national bird of the United States. However, John Adams and Thomas Jefferson overruled him, and the bald eagle became the national bird.

The only copy of the signed Declaration of Independence is in the National Archives in Washington, D.C.

Independence Day is a time for hot dogs, ice cream and, of course, revisiting America's history.



GOP luncheon - On Thursday, June 28 the Republican Women of Worcester County held their annual Red, White and Blue luncheon meeting at the Ocean Pines Yacht Club. The guest speaker was Craig Wolf, candidate for Maryland Attorney General. Pictured left to right are: **Beth Rodier**, president RWWC, **Mary Beth Carozza**, candidate for Maryland State Senate, **Craig Wolf**, candidate for Maryland Attorney General and **Diane Waterman**, president of the Maryland Federation of Republican Women and former chairperson of the Maryland GOP.

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event

from page 8

sions are very serious, this is a day of fun and celebration, and we expect to put more than 50 boats on the Pocomoke River. Snow Hill's "King of Rock and Roll." Nick Haglich, will provide the music with other great Snow Hill musicians joining him. There will be a great silent auction, food and beverages, all for important causes."

Prizes for top fundraisers include nights in Ocean City, and a luxury pontoon boat cruise for 10 guests on the Pocomoke. There are also prizes for those holding the best hands in the Poker

Paddle.
Founded in 2009, the JKMF provided a \$15,000 scholarship to a Snow Hill High School graduate in the class of 2018. "Funds from the Paddle are key to our ability to support a significant scholarship," said Fund officer Ron Pilling. "Since 2009 we have granted over \$100,000 in scholarships, and last year we added a



program to offer grants to educators and mental health professionals to augment our work in suicide prevention."

The Jesse Klump Suicide Awareness & Prevention Program travels across the lower Eastern Shore teaching the recognition of suicide's risk factors and warning signs, with the goal of reducing the historically-high suicide rates in our communities. "A successful Paddle enables us to offer every training, and all our educational material at absolutely no cost," Pilling said.

Supporters can create their own fundraising pages, or pledge on the behalf of others who have goals set on the website, by visiting http://jessespaddle.donorpages.com/JessesPaddle2018. For those who prefer to gather pledges other than online, the JKMF will provide paper Pledge Forms. For forms, or for information, call 443-982-2716 or email to weremember@jessespaddle.org.

Canoes, solo or two-person kayaks, or standup paddleboards must be reserved in advance for Jesse's Poker Paddle. Paddlers must raise a minimum of \$40 for a free boat for the event. To reserve your boat, call the Pocomoke River Canoe Company at 410-632-3971.

course

from page 4

The Maryland Boating Safety Education Act requires that anyone born after July 1, 1972 must possess a Maryland Basic Boating Safety Certificate to operate a boat in the state of Maryland. Those attending the class and passing the test will receive a Maryland Boating Certificate which is NASBLA approved and valid in all states and required for all ages when operating a boat in Virginia.

Even if you were born before 1 July, 1972, and can 'shiver your timbers' like don't think I will have so much worry a buccaneer, the Maryland Basic Boating Course is an ideal way to brush up on your general nautical knowledge and to build your boat handling confidence.

Besides the state mandated material, the class will tap the local knowledge and experience of the certified instructors. Topics include: safely navigating and piloting about our Ocean City waters, how to tie basic nautical knots, how to identify bad weather and tactics for boating in foul weather, nautical terminology, boat trailering, and more. There are also discussions on maintenance and common medical issues that can occur while boating.

different ideas how to interact with people with dementia." The numerous evaluations for the workshop had a common theme which was that it greatly relieved their stress. Ilyana remarked, "without a doubt this work-

The course will be held at the Ocean Pines library. The three evening course will begin at 6 p.m. and end no later than 9 p.m. each evening. Space is limited.

Only two more classes are scheduled for the rest of 2018. A one day version will be conducted on Saturday, August 4 and a three day version will be conducted September 11 through 13.

A fee of \$15 is required to cover the cost for the course and all course materials. To register, or if you have questions, please contact Barry Cohen at 410-935-4807 or E mail CGAUXOC@Gmail.com

Fishing - Projected inclement weather did not prevent over 50 youth from participating in the Ocean Pines Anglers Club Teach A Kid to Fish event held at the South Gate Pond. Anglers Club members and representatives from Department of Natural Resources were on hand to show the youth fishing regulations, knot tying, fish identification and casting instruction. Bait was provided so the youth could try out their newly learned fishing skills with several youth having success. Andrew Sharff won the drawing for the new rod and reel.

Above: Andrew Sharff is shown with Anglers Club President Walt Boge. Photo by Jack Barnes



help

from page 3

was devoted to giving caregivers the much-needed tools and skills to help their charges. A critical piece involved teaching them how to be attentive to facial expressions and body language in order to determine what kind of music the individual with memory impairment would best respond. Once it was ascertained which music was most inspiring and effective, the caretaker learned how to use this music to help soothe their agitation and to trigger memories and brain activity.

Her workshops are a lifeline for the countless number of caregivers who are overwhelmed with their responsibilities. The participants from her most evaluations that were heartfelt in their gratitude. One participant wrote, "I after this (workshop). I will take care of myself first. This offered so many different ideas how to interact with people with dementia." The numerous common theme which was that it greatly relieved their stress. Ilyana remarked, "without a doubt this workshop unifies people and takes away that separation they can feel. They tell stories, they share."

In Ilyana Kadushin's words, "It takes patience, energy and strength to be a caretaker."

Editor's note: To find out more about nonprofit Stories Love Music, go to www.storieslovemusic.com

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among the top occupations with the highest rates of illicit drug and excessive alcohol use.

"The Health Department is pleased to collaborate with industry partners in this effort. Having a healthy and informed workforce is a goal we all share," said Rebecca Jones, Health Officer for the Worcester County Health Department.

Over the coming months, WCHD will work with community partners in public health and the hospitality industry to raise awareness of Addiction in the Workplace, increase training opportunities, and provide education for spotting the signs of substance use. WCHD is partnering with the Ocean City Hotel-Motel-Restaurant Association to get the word out about the campaign directly to members of the industry.

"One of the key elements of our Association is to connect our members to available resources. This program is a great example of doing such," said Susan Jones, Executive Director of the OCHMRA. "With mental health in the news now, hopefully people become more willing to talk openly and seek the guidance that may be necessary."

For more information, visit Decision-sMatter.org or call 410-632-0056. If you or someone you know struggles with substance use and needs help finding recovery resources, dial 2-1-1 or call 410-749-4357. Local treatment options are available through the Worcester Addictions Cooperative Service Center at 410-213-0202.

The 50th Anniversary Committee invites you to the ...

OCEAN PINES, MD. HISTORY PANEL









Panelists: John Talbott, a member of the original Boise Cascade sales team;
Edie Brennan, the first female sales associate for Boise Cascade in Ocean Pines;
Tim McMullen, founded the Ocean Pines summer youth program in 1974 with his late wife;
Ginny Reister, the founder of the Ocean Pines Hammerheads swim team in 1975;
Marty Groff, a lot salesman for Boise Cascade;
Marlene Ott, one of the first residents of Ocean Pines.

THURSDAY, JULY 12 - 3:00PM

Join in on a collaborative conversation about the history of Ocean Pines.

FREE EVENT OPEN TO THE PUBLIC!

Assateague Room, Ocean Pines Community Center

235 Ocean Parkway, Ocean Pines, MD 21811 FOR MORE INFO, EMAIL JENNIFER@CROPPERRINES.COM