The Courier August 1 August 1

Blessing of the Combines returns

Whether you are attending for the first time or have been coming for years, don't miss the 20th annual Blessing of the Combines in downtown Snow Hill on Saturday, August.

This popular summer event honors the agricultural community while bringing thousands of festival goers into downtown Snow Hill.

This year features Joe Bartenfelder, the Maryland Secretary of Agriculture, as the keynote speaker.

Festivities begin on Green Street at 10 a.m. with music and street activities. The Parade of Combines sets off down Route 12 to Green Street at 11 a.m.

Master of Ceremonies, Willie Dykes, star of WBOC's Outdoor Delmarva, and Steve Hales, festival announcer, will begin the program with the presentation of colors by the awardwinning Snow Hill High School Junior Marine Corps ROTC. After recognitions, the keynote speaker, and the Blessing, the afternoon's lineup of area musicians featuring the "Troy Grove Band" will begin on the main stage.

Children can visit a variety of animals at the Petting Barnyard, then hop aboard a wagon for a free hayride. There will also be free pony rides on River Street. There will be a Children's Barnyard full of activities and the popular Children's Tractor Pull as well as a Scales-N-Tales presentation from the Pocomoke River State Park.

There will also be a car show in Sturgis Park next to Beach Bounce and the free pony rides.

Also check out over 60 craft vendors and food vendors along Bank, Washington and Green streets. There is still room for a few craft vendors and area organizations to participate in the festival if they desire. Contact Diana Nolte at 443-944-4402 or email blesscombines@gmail.com to register.

For details contact Becky Payne at 443-783-1715, or email blesscombines@gmail.com.



Success - *Marie Lunczynski* helped make the Star Charities Western Night at the Races at Casino Ocean Downs a success by selling 30 tickets. Photo by Anna Foultz.



Community Calendar

Anglers to meet

The Ocean Pines Anglers Club will meet on Saturday, August 11 at 9:30 a.m. in the Ocean Pines library. The speaker will be Bill Hamilton from Tidewater Physical Therapy. He will discuss Medicare changes related to physical therapy and address some common ailments experienced by fisherman including tendinitis of the thumb, wrist and elbow. All are welcome.

Star Charities to meet

Star Charities has scheduled its next two monthly meetings for August 3 and September 7. The meetings will occur in the Ocean Pines library and will begin at 10 a.m. For further information, of if you want to join, contact Anna Foultz, president, at 410-641-7667.

Garden Club to meet

The Ocean Pines Garden Club meets the second Thursday of each month at 10 a.m. in the Ocean Pines Community Center.

The next meeting of the Ocean Pines Garden Club will be Thursday, August 9, and will feature a look back at past garden tours the club has sponsored. Visitors and potential new members are invited to attend for the program and an informal

Labyrinth is now open

The O.C. Boardwalk Candlelight Labyrinth will be open this summer through September 26 in DeWees hall at St. Paul's by-the Sea Episcopal church located at 302 N. Baltimore Ave. in Ocean City. A full-size replica of the 12th century original labyrinth is available for walking with candlelight and sacred music anytime between 7 p.m. and 9 p.m. The hall entrance is wheelchair accessible and is located just off the boardwalk on the North side of 3rd St. behind the church. For more details, please go to https://stpaulsbythesea.org/ or contact the church office at 410-289-3453.

a bake sale.

to see more crafts.

the community.

Festival.

According

There are still some spaces avail-

able, if you have a craft that is hand-

made and you would like to join us,

please contact Ginger McGovern

at opcraftclub@aol.com. The Pine'eer

Artisan and Gift Shop will be opened

Grier to perform

at Peach Festival

Monies from this event go back to

Nationally renowned flatpick gui-

tarist David Grier will be the featured

performer at this year's Berlin Peach



Plans are being finalized for the 41st Annual Pine'eer Artisan and Craft Festival, to be held August 4, in White Horse Park. Hours are 9 a.m. to 3 p.m., rain or shine.

Local artisans and vendors from surrounding areas will be showing their crafts. There is something for everyone: art, glass, jewelry, decoupage items, stitchery and painted items just to name a few. This year chances will be sold for an "Afghan of Many Colors," which was made and donated by Barb Stilwell.

There will be food vendors serving breakfast and lunch and there will be

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day scheduled

Kicks 4 Kids is a family friendly field day event with games, contests, food, prizes and fun. The community is invited to participate in the event from 11 a.m. to 3 p.m. on Saturday, August 4 at Winter Place Park in Salisbury.

purchased at the event or online at https://

filled day include a watermelon eating contest at noon, door prize giveaways at 1 p.m., and a

please see family on page 15

Monday

Ocean Pines Poker Club Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928

Sweet Adelines

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

Monday/Tuesday

Sanctioned Duplicate Bridge Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795

Tuesday

Families Anonymous

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Tuesday/Thursday

Poker Players wanted for Gentalmen's Poker in North Gate area Ocean Pines.Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m.on Pinehurst Rd.Ocean Pines. Call 410-208-0063 for more information.

Wednesday

Kiwanis Club Meeting

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m.

Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com

Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Thursday

Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577 or Kate at 410-524-0649 for more activities. BeachSingles.org.

Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help

Friday

Knights of Columbus Bingo

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

First Saturday Creative Writing Forum

Every first Saturday of the month at 10 a.m. at the Berlin Library. Novice and established writers gather to share their fiction, non-fiction, and creative writing projects. Program includes critiques and appreciation, market leads. and writing exercises.

www.davidgrier.com, Grier is a native of Washington, DC. However, when his family moved to Nashville, the child was "fully immersed into the

bluegrass music world." He began playing guitar at age six. Today, he is regarded as one of the premier acoustic guitarists in the world, along with his early influences, Doc Watson, Tony Rice, and family friend Clarence White. Recognized by "Acoustic Guitar Magazine" in 2000 as one of the Artists of the Decade and named Guitar Player of the Year three times by the International Bluegrass Music Association, Grier has played on four Grammy Award-winning albums (True Life

Blues: A Tribute to Bill Monroe; The

Great Dobro Sessions; Alison Brown's Fairweather; and Amazing Grace 2: A Country Salute to Gospel). Grier launched his own label, Dreadnought Recordings, with the 1998 debut release, "Hootenanny," with Dirk Powell and Tim O'Brien. "All Music Guide" called this release "endlessly inventive and tasteful."

"Evocative," released in 2009, featured ten original tunes and collaborators including Victor Wooten, Paul Franklin and Stuart Duncan. It has been hailed for its "deep musical introspection" as well as its "unmatchable mastery of the guitar." Other Dreadnought releases include the

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Kids family field

Tickets are \$5 and can be

coastalhospice.org/kicks.

Activities on tap for the fun

to

Patient saved by coil embolization

Barney Morris, 46, of Dagsboro was sitting in a meeting when suddenly his vision went black and white. He could still hear the people around him, but they sounded fainter and

fainter. His chin stuck to his chest as if he had whiplash.

"I knew something was wrong, something serious," Morris said. He struggled to his car and laid in the back. His girlfriend drove him home at his insistence – "I was hoping it was just a bad headache that would pass," he admitted. fainter and ferred him quickly to Peninsula Re-

Barney Morris and Dr. Sopia Shakur

But after an hour of lying down at home with no relief from the disorienting and painful symptoms, he called his girlfriend at work and she drove him to the hospital. gional Medical Center, where neurosurgeon Sophia Shakur, MD, was ready to help. That night, Tuesday, July 10, she performed an an-

He went to Atlantic General, where

the emergency room suspected a dev-

astating diagnosis: a ruptured

aneurysm in his brain. They trans-

please see **saved** on page 15



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Our Famous Bake Sale

Visit our Gift Shop across from the Community Center for more handcrafted items. Open Saturday 9am-3pm; Sunday 10am-3pm. and Wednesdays 3pm - 7pm (Summer) All major credit cards accepted

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Join Peninsula Regional Medical Center for a Party in the Pines!

August 8 | 5:00 – 8:00 p.m.

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Music

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- FREE snow cones
- FREE cookies from the Junior Board Pines Café
- Children's activities and more!

Delmarva Health Pavilion Ocean Pines

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Robert B. Adair 1938-2007

2012 Business of the Year

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According to the National Sleep Foundation, certain foods may help people fall asleep faster and sleep more soundly while others may compromise a person's ability to enjoy a restful night's sleep. In lieu of white



bread, refined pastas and sugar-laden baked goods, all of which can reduce serotonin levels, the NSF

recommends whole grains. The buildup of serotonin in the brain during periods of wakefulness can contribute to the onset of sleep later in the day. If serotonin levels in their brains are disturbed, then people may experience difficulty falling asleep. The NSF also recommends almonds and walnuts, which contain melatonin, a hormone that helps to regulate the sleep/wake cycles. In addition, foods that are high in lean protein that contain the amino acid tryptophan also may increase the production of serotonin, potentially contributing to a restful night's sleep.

Governor takes lead in college affordability

By **Dr. James D. Fielder** Secretary

Maryland Higher Education Commission

College tuition, expenses, and student debt have been steadily on the rise nationwide. Nearly 60 percent of all of our Maryland college students are graduating with thousands of dollars in student debt. To be exact, college debt is now estimated to be \$1.48 trillion nationwide and the average debt in Maryland is \$27,455 per student. This financial burden is often preventing Marylanders from achieving financial security by becoming a roadblock to traditional milestones like home ownership and saving for retirement.

Governor Larry Hogan has consistently made college affordability one of his administration's top priorities and has worked with us at the Maryland Higher Education Commission (MHEC) to produce real and pragmatic solutions for our students and graduates. The reforms championed by the governor will not only help the next generation of Marylanders, but will also provide muchneeded relief to the hundreds of thousands of Marylanders who are currently burdened by student debt. ministration has been working to make college more affordable by investing more than \$7.1 billion in higher education, fighting to keep tuition down, and providing easier access to financial aid and student debt relief resources. In an effort to continue fighting the ever-growing student debt problem, Governor Hogan recently announced a comprehensive series of initiatives and investments to make a college education yet even more affordable and provide relief to Marylanders burdened by student debt.

I applaud the governor for working closely with Maryland's public colleges and universities to cap tuition growth at two percent annually for Marylanders. I also support his plan to reintroduce his Student Debt Relief Act as emergency legislation on the first day of the 2019 legislative session, which will allow Marylanders to deduct 100 percent of the interest paid on their student loans from their Maryland state income tax return. Governor Hogan's proposed legislation would also expand the successful Maryland Community College Promise Scholarship Program to include four-year public institutions and double the deduction for families participating in Maryland 529 savings plans. MHEC stands ready to work with members of the Maryland General Assembly and the administration to ensure this common sense legislation passes next year.

We know that it can be difficult to navigate saving for higher education and paying back student loans, so we are working now to make this information more accessible for all citizens with the creation of a new portal, called "Smart-Save," on the MHEC website. This streamlined and user-friendly tool will allow students, graduates, and parents to efficiently find all the resources that the state and MHEC have to offer. SmartSave includes information at your fingertips on all available grants, scholarships, and tuition waivers, as well as loan assistance repayment programs and the student loan debt relief tax credit, making it easier for prospective and current students, as well as graduates and parents, to get help coping with college costs.

Governor Hogan has demonstrated that he truly understands the critical role of education and its impact on our state's workforce, economy, and quality of life. Through his leadership, together with our state, local, and University System partners, we can promote opportunity, affordability, and innovation to fulfill our goal of ensuring that every Marylander has access to higher education options without the burden of unaffordable and unsustainable student debt.

Since taking office, the Hogan ad-

Summer heat facts and safety

For many people, summertime is synonymous with trips to the beach, water sports and recreation.

Even though summer warmth is a welcome break from winter weather for many people, State Farm warns that heat is one of the leading causes of weather-related fatalities, resulting in hundreds of deaths each year in the United States alone. Ensuring summer recreation plans remain enjoyable means keeping an eye out for heat-related illnesses and other dangers.

Hot cars can be traps. It is never safe to leave a pet, child, elderly person, or disabled individual locked in a car. Temperatures can climb rapidly inside of a sealed vehicle, even if the windows are cracked.

Pay attention. Listen to or read weather forecasts to stay abreast of potential temperature changes as well as the heat index. Discuss safety precautions with members of the family and make sure everyone knows what to do in an emergency.

Stock up on fluids. The Red Cross says to stay hydrated by drinking plenty of fluids, even if you are not thirsty. Avoid drinks with alcohol or caffeine. Make sure the elderly also get plenty of water, as they often do not recognize dehydration as readily as others.

Limit strenuous activities. Reschedule outdoor activities if there is a heat wave, or move them to cooler times of the day. Spend the hottest portion of the day, usually between noon and 3 p.m., in the shade or inside in the air conditioning. People on job sites should take more frequent breaks and find shade whenever possible during these hours.

Change your clothes. Loose-fitting, lightweight, light-colored clothing will help keep you cool. Avoid dark colors when spending time in the sun. Free 'Stop the Bleed' training offered

Accidents can happen at any time, and no matter how rapid the arrival of professional emergency responders, bystanders will always be first on the scene. A person who is bleeding can die from blood loss within five minutes; it is important to step in quickly.

"Stop the Bleed" is a nationwide campaign to empower individuals to act quickly and save lives. Peninsula Regional Medical Center will hold a free "Stop the Bleed" class on August 14 from 6 p.m. to 8 p.m. It will cover pressure points, applying dressing and proper use of tourniquets. It is open to the public and no medical knowledge is required.

Hunters, campers, parents, Scout leaders, coaches and people who live in rural areas or work in an industry where people can get injured can especially benefit. Please register online at www.peninsula.org/stopbleed.

In the know

On a morning not long ago, my daughter called me. It's always a pleasure to talk with her. Despite the fact that she and her family live more than two thousand miles away, she and I talk quite frequently, just chit chatting about various and sundry topics. On



It's All About. . . By Chip Bertino

chipbertino@delmarvacourier.com

this particular morning she called with a purpose. She called to thank me. Thank me? For what I thought. For being a spectacular father? For teaching her how to drive? For being a spectacular father? (Yes, I know I wrote that question twice.)

Although I'm sure she's grateful for all that and more, she had a different purpose in mind. She was calling to thank me for something that many people may find a little unusual. She thanked me for being a fount of obscure television and entertainment trivia. She had recently been watching a show that referenced Johnny Carson and although she understood the reference, those around her had no clue who he was. She had to explain it to them. She was grateful that when she was vounger. I exposed her to entertainment greats and "bored" her with all sorts of relatively obscure information.

I've always been intrigued by and interested in television history and performers. When I was a child I maintained an index card catalog of primetime television shows, actors and even the networks on which they appeared. At that time there were only three television networks. (You probably better understand now why I never had a prom date).

The start of a new television season was always of interest to me. What shows returned? What new shows were added to the schedule? What were the ratings? I took more than a passing interest in this information.

Getting back to my conversation with my daughter. She remembered when she and her brothers were little, how I would expound on little known facts of interest (at least to me). She conjured up my discussion on the three-camera filming technique, the brainchild of Desi Arnaz. She reminded me of the comedy routines of Flip Wilson, Buddy Hackett, Jonathon Winter and Don Rickles I would urge them to watch not just for their comedic value but also for how the routines were constructed.

Through the years my daughter and I have dissected programs such as "The Dick Van Dyke Show," delving into the writing as well as the everlasting quality of the material. Funny is funny and it doesn't matter if it's from yesterday or fifty years ago. A well constructed comedy

routine endures. "Who's on first?"

On a lark about two years ago, I emailed my children asking them to think about what the curriculum would be if we were to establish Bertino University, a center of learning for the benefit of future family generations, that would "coalesce the vapors of human experience into a viable and meaningful comprehension." Some of the offerings would include: "Don Rickles 101: The Art of the Insult;" A Milton Berle instructional on finding jokes before anyone knows they are lost;" "Calling it in, The Comedy of Bob Newhart;" "Monology Masters: Jack Benny, Jack Paar, Johnny Carson and Flip Wilson;" "Pushing the Boundaries, a guide to Lenny Bruce, Redd Foxx and Richard Pryor;" "Dynamic Duos: Burns and Allen, Brooks and Reiner, Conway and Korman and Nichols and May:" A Female Perspective: Fanny Brice, Sophie Tucker, Joan Rivers and Totie Fields;" and, finally "Making it Look Easy: Bob Hope."

Just as an aside, how many of the performers mentioned above do you recognize? During a conversation with a couple of Millennials not long ago a reference I made about George Burns was met with blank stares.

In the interest of full disclosure, I am not well informed about today's entertainers. I see headlines about supposed big stars and have no clue who they are, don't care what they've said or done, and have no desire to find out.

My daughter ended our conversation singing a version of "Thanks for the Memories." Putting the phone down, I chuckled. My little girl can "turn the world on with her smile" and make her father very happy simply by saying hello.



Stop in to get your SoClean today!

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Venues recognized as top locations

Venues at Ocean Pines, comprised of the Ocean Pines Yacht Club and Ocean Pines Beach Club, is named the top wedding venue provider in the Ocean City/Berlin area for 2018 by "Coastal Style Magazine," a popular Eastern Shore lifestyle publication.

"It is a huge honor to win such a prestigious award," said Annalise Ridgeway, Matt Ortt Companies' events manager. The restaurant development and management company, Matt Ortt Companies, has been recently hired to manage the day-to-day operations of the clubs, including its bridal services.

"We know our venues are gorgeous and stunning and having it acknowledged in such a manner is a huge accomplishment," said Ridgeway.

Each year, the Ocean City-based publication invites its readers to vote for their favorite people, food, drinks and businesses on the eastern shores of Maryland and Delaware. This is the fourth consecutive year that the readers of the local publication have granted Venues at Ocean Pines "Best Wedding Reception Venue" in the Worcester County awards.

"At the Venues at Ocean Pines, we offer the highest quality of services to all of our couples," said Ridgeway. "We go above and beyond to make sure everything is perfect for our couples' special day. Our attention to every detail makes our services exceed expectations."

The company's bridal professionals are Ridgeway, who offers years of wedding planning and production experience, and Angie Ortt, who serves as the special events director for Matt Ortt Companies.

"Our venues differ from other wedding venues because of our commitment to our couples," said Ridgeway. "We strive for perfection with each and every wedding because we genuinely want to make the day perfect. We treat each wedding as if it were our own. Not all venues are lucky enough to have such a passionate team."

Found in the incredibly beautiful coastal region of Maryland, the Ocean Pines Yacht Club and Ocean Pines Beach Club have been venues at which hundreds of couples have chosen to say their "I do's." The award-winning wedding and special event venues have unrivaled waterfront views. The Beach Club is excellently situated on the Atlantic Seaboard in Ocean City, Md., while the Yacht Club is located on a sprawling bayfront property in the heart of Ocean Pines.

Ready for an event of any scale, Venues at Ocean Pines offers options for both seated dinner set-ups and relaxed buffet-style meals.

To book Venues at Ocean Pines, contact Ridgeway or Ortt at 410-641-7501 or events@oceanpines.org.

Pie baking contest returns Enter a pie in the 10th Annual Berlin Peach Festival Pie-Baking Contest.

Enter a pie in the 10th Annual Berlin Peach Festival Pie-Baking Contest. The Berlin Heritage Foundation is looking for bakers to enter the peach piebaking contest at its tenth annual Berlin Peach Festival on Saturday, August 4, on the grounds of the Calvin B. Taylor House Museum, 208 North Main Street. The first-prize winner will receive dinner for two at the Dunes Manor Hotel in Ocean City and a cookbook. Second- and third-place prizes are a basket of peach "goodies" and a gift basket from First Shore Federal S & L Bank.

In 2017, winners were Barbara Hartman (first place), Brenda Heinecke (second place) and Evelyn Tyndall (third place). Denise Gotloeb from "On What Grounds" will return for a third year as judge. She will be joined by Ruth Koontz from Main Street Deli and Laura Sterns from The Atlantic Hotel.

A maximum of 12 entries will be accepted and bakers must sign up in advance. The registration deadline is August 2. Pies must be delivered on the day of the festival no later than 11:30 a.m. and include a list of ingredients. Worcester County Health Department rules stipulate that pies with perishable ingredients such as custard, ice cream or whipped cream may not be entered. For more information or to sign up, contact Susan Taylor at 410-641-1019 or email at taylorhousemuseum@verizon.net.



Health Fair

Atlantic General Hospital and Health System held the 'Year of the Woman' Health Fair on Thursday, July 19 at Worcester Youth and Family Counseling Services. The health fair was held as a part of Berlin's 150th anniversary.

Available to the public were free health screenings, women's health education, information about the Atlantic General Campaign for the Future and the new John H. 'Jack' Burbage, Jr. Regional Cancer Care Center. In addition, AGH dietitian Katie Busacca provide a cooking demonstration on healthy snacks.

Above: Delegate Mary Beth Carozza has her blood pressure checked by AGH associate, Joan Scott.

Stroke Center achieves designation

Atlantic General Hospital's Stroke Center received official designation from the Maryland Institute for Emergency Medical Services Systems (MIEMSS) as a Primary Stroke Center (PSC). This designation means that Atlantic General has met the requirements put forth by the American Stroke Association (ASA), MIEMSS and the Joint Commission to optimize the quality of care to stroke patients.

Stroke is a significant cause of death and long-term disability in the United States. According to the ASA, roughly 700,000 Americans have a new or recurrent stroke each year. It is the third leading cause of death, after heart disease and cancer, and is the leading cause of long-term disability in this country. These overwhelming statistics led to recommendations for the development of primary stroke centers to care for acute stroke patients.

Treatment during the first three hours of stroke onset is critical to halt its effects on the body. Atlantic General Hospital has created a stroke team, composed of physicians and nursing staff specially trained in stroke care, and integrated the stroke protocols in its emergency department with the hospital's diagnostic and inpatient clinical services to further streamline treatment. They are also continuing efforts to educate the community. Too often, stroke victims ignore or are unaware of the significance of their symptoms and don't seek the care they need.

Atlantic General Hospital demonstrated significant improvements to the Stroke Center according to the MIEMSS follow-up PSC survey. These improvements assisted in the hospital's Stroke Center re-designation.

Atlantic General Hospital received its initial designation in 2008 and has been resurveyed every five years.

"The designation of our hospital as an official stroke center emphasizes our commitment to our community's well-being. Stroke is one the leading

Boat parade scheduled

The 50th Anniversary of the Ocean Pines Association will take to the water at a celebratory boat parade on Saturday, August 25 beginning at 2 p.m.

"I am looking forward, again, to spending time with the many fellow residents that love to have a good time in a parade," said 50th Anniversary Committee member and event chair Carol Ludwig, who also organized the 50th Anniversary Parade on June 2.

"We had a great one on land, now let's do the land and water together. Along with our residents, those are two more of our greatest assets," she said.

Hosted by the Ocean City Power Squadron, the parade will start at the judges' viewing area at the community's Swim and Racquet Club, located at 10 Seabreeze Road. Boats will continue along the St. Martin River into the Windjammer then Moonshell Drive, Teal Circle, Clubhouse Drive and Harbor Village canals.

Three Judges' Choice awards will be presented. Winners will each receive a personalized plaque and a \$100 Visa gift card. In an effort to encourage waterfront property owners to join in the fun, a "Landlubber's Yard" decorating contest will also be held. Residents along the parade route are encouraged to decorate their properties and register to be judged by passing boaters.

One Judges' Choice award will be presented in the decorating contest. The winner will receive a personalized plaque and a \$100 Visa gift card. A minimum of five entries are needed to validate the contest.

There is no fee to enter the boat parade or yard decorating contest but pre-registration is required. Registration forms are available at the Ocean Pines Community Center, located at 235 Ocean Parkway, or by email request to Ludwig692@outlook.com.

Registrations must be mailed to Carol Ludwig at 5 Sandpiper Lane, Ocean Pines, MD, 21811 or via email to Ludwig692@outlook.com by August 15.

Parade and decorating contest award winners will be notified on Sunday, August 26 and announced to the public on Monday.



Kiwanis Club of Greater Ocean Pines-Ocean City is a community service non-profit organization. It does many fundraising events for which three signs are posted to inform the public: one wooden one at St. Martins Lane & Beauchamp Road, another wooden one on Rt. 589 across from the North Gate and a third plastic A-frame sandwich board on the grass median at the South Gate on Manklin Creek Road. It's been at least 6 years that the A-frame has been used and undisturbed at that location. But, in 2018 the original A-frame was stolen/borrowed/removed on Saturday night April 7 - Sunday April 8 before the April 8th Italian Dinner. Therefore, Kiwanis purchased a new A-frame exactly like the missing one. It was advertising the July 14 Pancake Breakfast, but it's believed that sometime during the night of Saturday July 8 - Sunday July 9, the new one also went missing. Someone is at fault! It's too heavy to carry far. It likely went into a vehicle. If anyone knows what happened or saw anything, please call Kiwanian Dave Landis at 410-641-7330. Kiwanis is trying to raise money to support local youth, not to buy \$100-plus signs. It's a shame! HELP! Police and Ocean Pines Public Works have been contacted regarding knowledge of its whereabouts.

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on Route 611 at Route 50 in the Food Lion Shopping Center

SHEro award nominations sought

Community members are invited to nominate heroic women for the 2018 SHEro Awards that will be presented on Friday, September 14 at 6 p.m. at the Ocean City Center for the Arts. The awards will honor Delmarva women who have shown courage, made outstanding contributions to the community, and embody noble qualities.

The SHEro Awards are part of the "SHE" art show that will fill the galleries of the Arts Center during September. Curated by Deborah Rolig of Berlin and assisted by her sister, Dee Gray, SHE is a follow-up to last May's successful "Divine Feminine" show, expanding the concept to include female experiences from childhood to womanhood.

"We are seeking nominations for the SHEro Awards of women who are grass-roots givers," Rolig said. "The kind of women who dig-in and make a difference to help our Delmarva communities thrive. Women who selflessly contribute their time and service to a group or organization or to our community."

SHEro nominees do not have to be related to the arts, bust must be resi-

dents of Delmarva and 18 years of age or older. All nominees will be acknowledged in print, and five outstanding nominees will be selected to receive an award and public recognition at the awards ceremony on September 14.

Nominations must be received at the Arts Center by August 14 and may be delivered in person or mailed to the Art League of Ocean City, SHEro Awards, PO Box 3503, Ocean City, MD 21843. Award winners will be notified by September 1.

An official nomination form is available online at artleagueofoceancity.org/SHEro. Or by calling the Arts Center at 410-524-9433 or in person.

The September SHE show will feature a cross-section of female artists incorporating all facets of visual art and conceptual art forms, promising to be thought provoking and visually stimulating. A portion of the proceeds from the event will benefit the Rebecca & Leighton Moore Adolescent Behavorial Health Unit at PRMC.

More information is available at 410-524-9433 or www.artleagueofo-ceancity.org.

Burbage Cancer Center earns accreditation

The Commission on Cancer (CoC), a quality program of the American College of Surgeons (ACS) has granted three-year accreditation to the cancer program at the John H. 'Jack' Burbage, Jr. Regional Cancer Care Center. To earn voluntary CoC accreditation, a cancer program must meet 34 CoC quality care standards, be evaluated every three years through a survey process, and maintain levels of excellence in the delivery of comprehensive patientcentered care.

Because it is a CoC-accredited cancer center, the Burbage Regional Cancer Care Center takes a multidisciplinary approach to treating cancer as a complex group of diseases that requires consultation among surgeons, medical and radiation oncologists, diagnostic radiologists, pathologists, and other cancer specialists. This multidisciplinary partnership results in improved patient care.

"Creating a new program and bringing together the physician specialists, clinical and support team required for accreditation by the Commission on Cancer requires tremendous effort and community support. Atlantic General has created a very important program to ensure that the best cancer care is available right here in Berlin," stated Michael Franklin, president and CEO of AGH.

The CoC Accreditation Program provides the framework for the Burbage Regional Cancer Care Center to improve its quality of patient care through various cancer-related programs that focus on the full spectrum of cancer

please see **center** on page 15



Harmony - The Delmarva Chorus, under the direction of Carol Ludwig presented their annual "Coffee & Tea & Something 50's Harmony" recently at the Ocean Pines Community Center. Photo by Anna Foultz.

Mathias participates in Town Hall

Thousands of Eastern Shore residents concerned about the problem of escalating prescription drug prices joined Senator Jim Mathias and Delegate Sheree Sample-Hughes for a telephone town hall aimed at solving the problem.

Both lawmakers say they're committed to the creation of a Drug Cost Commission, which could make highcost prescription medication more affordable for Marylanders. Their July 23 discussion was sponsored by the Maryland Citizens' Health Initiative, AARP Maryland, and the State Innovation Exchange.

There were 2,274 people who joined the telephone town hall.

"We heard from people like Valerie, whose father pays more than \$500 per month for medication for his Parkinson's disease," said Senator Mathias. "We know that about a quarter of Americans simply cannot afford the drugs they need to stay healthy, and sometimes alive."

Delegate Sample-Hughes pledged to work toward making Maryland one of the leading states to address the prescription drug affordability.

"We will do everything we can to build on our past success by enacting the Drug Cost Commission to make high cost drugs more affordable for Marylanders," she said.

Finding ways to make prescription drugs more affordable for Marylanders is one of the top priorities of AARP Maryland, according to Tammy Bresnahan, Associate Director of Advocacy.

"Residents asked about their own

health care and access to life-saving medication," said Ian Pfeiffer, Director of the State Innovation Exchange, "and it was great to hear how our legislators are standing up for them."

Vincent DeMarco of the Maryland Citizens' Health Initiative thanked the legislators for their years of leadership on the issue of prescription drug affordability.

"During the tele-town hall, they both did a great job of addressing the concerns of Lower Shore residents facing skyrocketing drug prices and let them know what they have done and are going to do to alleviate this burden," he said.

Community feedback sought

Peninsula Regional Medical Center and the Wicomico County Health Department are conducting a survey to find out what people feel are the greatest health needs and issues in our community. By uncovering the greatest needs, Peninsula Regional and the health department can work to address and improve these health issues.

Everyone is encouraged to participate and share their perspective on what is most needed from a health perspective. The results will help guide Peninsula Regional's future plans for ways to improve the health of the community. To access the survey, as well as results of past community health needs assessments, visit www.peninsula.org/chna.

Pines to host anniversary cocktail party

The Ocean Pines 50th Anniversary Committee continues to ferment enthusiasm by offering area residents an opportunity to relive an Ocean Pines tradition with a cocktail party to celebrate the community's golden anniversary.

The party, sponsored by Atlantic General Hospital and Embrace Homes Loans, will take place at Ocean Pines Golf Club's Tern Grille, located at 100 Clubhouse Drive, on Saturday, August 11 from 4 p.m. to 7 p.m.

"Our committee of dedicated volunteers has put together a wonderful, fun and relaxing event," said Terri Mohr, 50th Anniversary Cocktail Party organizer. "We are looking forward to a few hours in a beautiful setting to connect with many of our neighbors in Ocean Pines while enjoying a signature cocktail."

Mohr said "Still Rockin," a local band, will perform live during the event. Entertainment will also include an exclusive tasting event by Spirits of Patriots, a Somerset County-based craft distillery, and an Ocean Pines history trivia game hosted by Worcester County Tourism Director Lisa Challenger.

Ocean Pines Golf Club, known for decades as a social hub of the community, a place where golfers and non-golfers alike gathered to enjoy drinks, dining and dancing, is a fitting location for the cocktail party.

"The event will be a neat mixture of infused entertainment and sweeping golf course views," said Denise Sawyer, marketing and public relations director of the Ocean Pines Association. "I believe this year's wave of excitement in Ocean

Fear is a reaction. Courage is a

decision.

AZQUOTES

Winston Churchill —

Pines is mounting and residents and nonresidents should definitely experience every moment of it."

Tickets are available for purchase at the Ocean Pines Community Center, located at 235 Ocean Parkway, and the Ocean Pines Administration Building, located at 239 Ocean Parkway, for \$30 per adult or \$50 per couple. They include one signature drink, appetizers and an anniversary souvenir shot glass for each attendee.

"We hope everyone will join us in celebrating 50 years of Ocean Pines' history with a look back at where the community started while also looking forward to an exciting future in the Pines," said Mohr.

For more information about the 50th Anniversary Cocktail Party, contact event chair Terri Mohr at terri.mohr@mchsi.com or 443-827-0546.



Reelect **Commissioner Chip Bertino Campaign Fundraiser**

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> Send cover letter and resume to Chip Bertino at chipbertino@delmarvacourier.com

EOE



Sunday, September 9, 2018 5 p.m.

Denovo's Trattoria Spaghetti Dinner

Spaghetti, meatballs, salad, bread, dessert Cash Bar

\$20/person in advance \$25/person at door

For tickets call Marie Gilmore at 410-726-2881

Mail checks payable to Bertino for Commissioner 98 Nottingham Lane, Ocean Pines, MD 21811

E-mail: OPMARIE@aol.com



CLUES ACROSS

- 1. The winners
- 7. A place to relax
- 10. Monies to pay debts
- 12. Horse mackerel
- 13. Type of steroid
- 14. Make dry
- 15. The Godfather's adopted son
- 16. Ivanovic and Gastever
- 17. Horror movie franchise
- 18. Grab

from

- 19. Iranian city
- 21. Yearly tonnage (abbr.) 22. One's illicit lover
- 27. Fake smarts (abbr.)
- 28. Where Jersey natives depart

CLUES DOWN

- 1. Dice game
- 2. Greek goddess of youth
- 3. Piers Anthony protagonist
- 4. One-thousandth of an inch
- 5. JFK Library architect
- 6. A type of corrosion (abbr.)
- 7. Beat up
- 8. Political action committees
- 9. Antidiuretic hormone
- 10. Of the desert
- 11. Oblivious of
- 12. Actress Lathan
- 14. Musical instrument
- 17. It's in a plant
- 18. One-time special prosecutor
- 20. Indigenous people of Brazil
- 23. Mothers
- 24. Mongolian desert



- 33. Doctor
- 34. Front feet
- 36. Insurance option
- 37. Some is "wicked"
- 38. Type of weaving
- 39. Religious woman
- 40. One point east of southeast 41. Prestigious literary prize

- 48. Computer manufacturer

- 25. Great Britain, Scotland and
- Northern Ireland
- 26. British air aces
- 29. A lover to Zeus
- 30. Frequently
- 31. Get together again 32. Gives a permanent post
- 35. Sun worshippers love one
- 36. Ammonia-producing process
- 38. 4th month of the Jewish
- calendar
- 40. New England river
- 41. Stores grain
- 42. Confess openly
- 43. Quarterbacks do it
- 44. Not good
- 45. Witness
- 46. Author Coulter
- 47. Type of screen

Answers for July 25

Eyes on the Skies Coathanger and North America nebula By Douglas Hemmick, Ph.D.

As August arrives, summertime is reaching its peak. While midday walks may be quite hot, the milder night temperatures should be fine for stargazing. The bright planets Venus

and Jupiter are again beginning the evening show, with Saturn and Mars being interesting targets, a bit later. The Northern Cross and the Summer Triangle still appear high overhead. For skywatching in the wee-hours, August offers the Perseid Meteor Shower, with its array of shooting stars.

This month's featured celestial targets, the

Coathanger asterism and the North America nebula, are located in the eastern and northeastern regions of the night skies – both are companions of the Summer Triangle.

For astronomers, the term asterism is defined as a configuration of stars arranged into some familiar pattern. Some asterisms will include only the brightest central stars within the larger, more elaborate pattern of a constellation. Well known examples include the Big Dipper asterism within Ursa Major constellation, and the Northern Cross asterism within Cygnus the Swan constellation. Some asterisms, like the Summer Triangle, may include members of more than one constellation. However, not all asterisms are large, bright and easily found. Some are seen only through telescopes or binoculars, and this is the case for the Coathanger.

The Coathanger asterism features an east-west line of six stars, as well as a 'hook-shaped' set of four stars just above. Archives of ancient astronomy records reveal that the Coathanger was first spotted by the Persian astronomer Al Sufi, as listed in a catalog from the year 964. In the 1920s, the Coathanger was also known as Brocchi's Cluster when American astronomer Dalmiro Brocchi included the formation in his sky mapping. Hobbyists may enjoy seeing the asterism's ten prominent stars clearly and distinctly.





be spotted.

The month's next feature, the North America nebula, is in the constellation Cygnus the Swan (the Northern Cross asterism) not far from the bright star Deneb. As the name suggests, this celestial cloud of gas and dust resembles the shape of the continent of North America, clearly displaying the contour of the Gulf of Mexico. This nebula was detected in 1786 by the famous astronomer William Herschel, and was later cataloged in detail by his son, John Herschel in 1833. While professional telescopes reveal a crimson hue, the low light levels of binoculars show the nebula as a hazy white patch.

The North America nebula is located about 3-degrees east of the star Deneb, the brightest star in Cygnus.

For stargazers enjoying the heavens, the evening begins at about 8:15 p.m., at sunset, with the planet Venus hovering over the western horizon and Jupiter in the southern quadrant a bit west of due south. The full vista of night stars arrives at about 9:15 p.m. Just as found last month, Saturn still appears closeby to the Sagittarius Tea Kettle. This month the planet Mars begins to show itself more plainly and appears to the west of Sagittarius after about 11:30 p.m..

August stargazing features the Perseid Meteor Shower. The

- 50. One type is dippin'
- 51. Bequeaths
- 49. Envelops

- 44. Tiny humans 45. Relish over

I Love to Cook! by Ber Wisch

I recently heard from a *Courier* reader with a recipe to share. Several months ago I had published a pineapple recipe and she thought we would all enjoy this one from the 1950s. I love hearing from my readers and am always interested in new recipes. Thank vou Marlene Michocki of Ocean Pines for the following recipe.

Snow Flake Cake (no baking time)

1 angel food cake (store bought or baked)

2 pkgs Knox Gelatin

4 T. cold water

1 -1 lb. can crushed pineapple,

- drained and save juice
 - Juice of one lemon
 - 1 cup hot water
 - 1 cup sugar

4 envelopes Dream Whip (Cool Whip works well too.)

7 oz. pkg. coconut

Dissolve gelatin in cold water. Add hot water and stir until blended. Add sugar, pineapple and lemon juice and mix well. Let chill until partially set (approx. 30 minutes). Add 2 pkgs. prepared Dream Whip to pineapple mixture.

Break cake into small pieces and cover bottom of baking dish. Alternate 2 layers with pineapple mixture and cake. Cover with other two pkgs. Dream Whip. Sprinkle with coconut.

Note: Reserve the juice of the crushed pineapple and use in place of the cold water. Add nuts to the mixture if so desired.

Chill before serving.

Do you have a fun recipe you would like to share? Let me know.

bevwisch@aol.com

skies

from page 10

constellation Perseus the Hero is described as the "radiant" of the shower, where the meteors will originate and move quickly outwards. The earliest time Perseus can be clearly seen is at at 1:30 a.m., halfway between the horizon and the zenith.

The Perseid shower reaches its peak of activity on the night of August 11 between the hours of 3 a.m. and 5 a.m. (technically the morning of August 12). Although the peak takes place in the wee hours of August 12, the shower may also be seen in the same early morning hours on the prior and subsequent days. Stargazers may



feel fortunate since there is no interference with moonlight this year. Under ideal conditions, as many as a dozen meteors per hour may be seen.

Fans of conjunctions will enjoy seeing the moon slide by four planets, this month. On August 14 and 17, the waxing crescent passes six degrees north of Venus and five degrees north of Jupiter, respectively. On August 21 and 23, the waxing gibbous moon passes two degrees north of Saturn and seven degrees north of Mars.

Wishing good luck and clear skies to all stargazers.

Arts center hosts First Friday event

New landscapes from Kevin Fitzgerald, a local painter whose credentials include artwork for the new Washington D.C. home of former President Barack Obama, are featured during August at the Ocean City Center for the Arts.

The public is invited to the free opening reception at the Arts Center on First Friday, August 3, from 5 p.m. to 7 p.m. to meet Fitzgerald and the other opening artists and enjoy complimentary hors d'oeuvres. The shows will run until September 1.

Kevin Fitzgerald has been painting for over 30 years. Born in Washington, D.C., he received his BFA in painting from the Maryland Institute College of Art in 1977, where he studied with Raoul Middleman, and an MFA from the George Washington University in 1982.

During his college years, he worked under Korczak Ziolkowski on the Crazy Horse Memorial in South Dakota, the largest sculptural project ever attempted.

Fitzgeralds's interest in landscape painting is rooted in the works of masters from the 15th to the 20th century and their relationships to current forms. "The landscape, both cultivated and wild, can serve as a reminder of the beauty and power that exists beyond our grasp," Fitzgerald said. "There is always something happening in the landscape before us, and something is always about to happen."

Fitzgerald's work hangs in private galleries and collections throughout the United States, Canada, Europe, and Asia. Deborah McLeod, director of the Chroma Projects in Charlottsville, VA, said, "Fitzgerald's paintings take the time that we don't allow ourselves. They do the hard work of patience, stillness and quietude for us."

Also opening on August 3 are works from Petra Bernstein in Studio E. Bernstein, who was born in Bavaria, Germany and currently lives in Salisbury, uses both digital photography and oil painting to capture the delicacy of nature on the Eastern Shore.

Joanne Guilfoil of Selbvville, De. occupies the Spotlight Gallery during August. Guilfoil taught art in all grades including university and retired as Professor Emeritus. Her publications include textbooks on

environmental design and fieldguide paintings of mid-Atlantic fish and reptiles in gouache.

Helen Prah of Ocean City is the artisan in residence during August. Prah wire-wraps gemstones in sterling silver and also creates waxcoated pine needle baskets inspired by her time in Arizona.

Author Fred Sponseller of Laurel, De. will be signing his new book, "Les Legumes from Space," during the First Friday reception. Local artists created the illustrations for the book, and their artwork will be on display and available for purchase at the Arts Center during the event.

The Beverly Bassford Memorial Art Show will continue in The Galleria for the Aug. 3 opening. The Galleria will be rehung for the Saturday, Aug. 11 Wet Paint Party & Sale at the Arts Center, the culmination of the week's "Artists Paint OC" event.

Admission is always free to the Ocean City Center for the Arts at 502 94th Street, home of the Art League of Ocean City, a non-profit organization dedicated to bringing the visual arts to the community through education, exhibits, scholarship, programs and community art projects.

More information is available at 410-524-9433 or www.artleagueofoceancity.org.

Tides for Ocean City (Fishing Pier)								
Day		High	Т	ide	Sunrise			
1		/Low	T	ime	Sur	nset		
		,						
Th	2	Low	5:54	AM	6:04	AM		
	2 2	High	12:01	PM	8:09	PM		
	2	Low	6:13	PM				
F	3	High	12:17	AM	6:04	AM		
Ľ	3	Low	6:38	AM	8:08	PM		
	3	High	12:48	PM	0:00	PM		
	3	Low	7:07	PM				
	3	LOW	/:0/	PM				
Sa	4	High	1:04	AM	6:05	AM		
	4	Low	7:26	AM	8:07	PM		
	4	High	1:42	PM				
	4	Low	8:05	PM				
Su	5	High	1:59	ΔM	6:06	ΔМ		
bu	5	Low	8:17	AM	8:06	PM		
	5	High	2:41	PM	0.00			
	5	Low	9:06	PM				
	0	To.	5.00					
М	6	High	3:00	AM	6:07	AM		
	6	Low	9:13	AM	8:05	PM		
	6	High	3:43	PM				
	6	Low	10:09	PM				
Τu	7	High	4:03	7 M	6:08	АМ		
Iu	7	Low	10:12		8:04	PM		
	7	High	4:43	PM	0:04	ЕM		
	7	Low	4:43 11:12	PM				
	/	LOW	11:12	rn				
W	8	High	5:03	AM	6:09	AM		
	8	Low	11:12	AM	8:03	PM		
	8	High	5:41	PM				

"In the Rear View Mirror" The original automotive hybrid

By Bruce Palmer

By its purest definition, a hybrid is a mixture. Two different things are brought together to form an entirely new and different entity. Today, when you hear hybrid in automotive terms you think of a vehicle which runs on either gas or electricity. But let's turn the calendar back to when a hybrid was an entirely different set of wheels.

Hybrid was one of the terms used to describe the vehicle introduced by

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Ford in November '56 for the coming much more than a car. Sales were model year. Promising the best of both worlds, it combined a car and pickup, bridging the gap for people who wanted a car and needed a truck but simply couldn't afford both.

the

Enter: Ranchero.

To America this all-new 1957 model was revolutionary, though Ford already had a lot of experience with the concept. As the tale goes, 25 years earlier the wife of a farmer in the land "down under" had written a letter to

asking if they could

on Monday." An idea was born.

utility" or "ute" for short. Built on a

car chassis with a typical coupe pas-

senger compartment the trunk was re-

placed by a pickup bed. So while the

chassis gave a slightly cramped, yet

smoother, car-like ride it could haul

The LORD will surely save me

So we will play my songs on

We do that!

stringed instruments Isaiah 38:20

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strong.

build a car to take to church on Sun-Ford dealerships. By this point, the day that could then double as a truck coupe-base had been replaced by the in order to "take (their) pigs to market entry level Ranch Wagon (two-door station wagon) as the vehicle's main By 1934 the idea was real: a coupe platform.

A few little things got in the way of

the "ute" coming to America (ie: WW

II). It took until December of '56 be-

fore a car-truck hybrid arrived in U.S.

Early ads proclaimed Ranchero as "More than a Car, More than a Truck" and the vehicle was an immediate hit with both the automotive press and car-buyers. While it didn't offer the clearance and ruggedness of the basic Ford truck, Ranchero actually boasted a higher cargo capacity (by 50 pounds) and a lower, more-convenient loadheight. Sales topped 21,000 in a shortened first sales year, though they would drop back to the 10-15,000 range over 1958 and '59.

As times and needs changed, Ford adapted Ranchero to keep it relevant. First, came a major downsizing for its fourth model year. The initial design had been based on the full size Ford car-body but headquarters watched how Rancheros were being used and decided the vehicle should be more practical: smaller and lighter than a full size Ford. So when they introduced their first-ever compact car Falcon for 1960, Ranchero downsized with it, dropping load capacity to only 750 pounds. But with up to 30mpg and prices starting under \$2,000, sales rebounded to stav around 20,000 for each of the next seven model years.

1967 brought another major body change as Ford again shuffled their line-up and moved Ranchero to parallel the recently-introduced mid-sized Fairlane model (up-scaling the following year to Fairlane's new top-of-theline Torino.) Ranchero options began to proliferate with GTs that offered beefier, muscle car engines...and even a "squire" version, sporting fake wood (ala the popular squire station wagons of the day).

Sales began an upswing, reaching a peak of over 45,000 in the 1973 model year alone. Load capacities were back up to a half-ton and the interior creature comfort-level began to earn the car-truck hybrid a nickname as the "contractor's Cadillac." But geo-political issues were about to change the rules.

The oil embargo of 1973-74 arrived and with it an overnight demand for smaller, more efficient cars AND pickups. Those who needed full-size pickups continued to buy them but Ranchero sales suffered as smaller trucks arrived, both imported and domestic. Rather than to downsize the Ranchero again, Ford debuted its own little truck, importing compact Mazda

please see auto on page 15



DeNovo's Ice Cream Bar

Serving Ice Cream Floats Sundaes Italian Ices Gelatis

Open daily



Youth golf tourney, fundraiser set

Worcester County Recreation & this year's tournament. Promote your Parks (WCRP) will host the 6th annual Tee Off for Youth Golf Tournament and Fundraiser on Friday, October 5, 2018, at the Ocean City Golf Club. Tournament proceeds will

go to the WCRP Youth Scholarship Fund to benefit county youth.

"The tournament benefits our under-privileged families throughout

the county," WCRP Director Tom Perlozzo said. "It provides scholarships to participate in many recreation programs year round. Have fun "IN" our tournament and help future generations!"

Join WCRP for a wonderful day of golf. Check-in and lunch begin at 11:30 a.m. A shotgun start will begin at 1 p.m. Forms to register your 4-man scramble are available on the WCRP website or at the Worcester County Recreation Center in Snow Hill. The cost to participate is \$75 per golfer. The registration deadline is Friday, September 28.

Sponsors, auction baskets, volunteers, and donations are needed to run

heat

from page 4

Recognize distress signals. Heat stress, exhaustion and heat stroke progress as symptoms worsen. Nausea, weakness, elevated body tem-

> perature, clammy skin, confusion, and delirium are some of the symptoms of heat-related illnesses.

Find ways to stay cool. Not everyone has air conditioning. On espe-

cially warm days, going to public places with air conditioning, such as libraries, can help. Be sure to check on the elderly or others who may have difficulty finding cool places to spend their day.

Days in the sun are meant to be fun, but hot days also require extreme caution.

company by signing up to be a sponsor. Options include dinner sponsorship, lunch sponsorship, beverage cart sponsorship, tee sign(s) sponsorship, or other donation sponsorships.

For more information, call (410) 632-2144 to speak with either WCRP Director Tom Perlozzo at ext. 2505 or Recreation Program and Marketing Supervisor Kelly Rados at ext. 2502. Or email them at either tperlozzo@co.worcester.md.us or krados@co.worcester.md.us.

Community alert signals to sound

Saturday, August 4, Worcester County emergency alert signals will sound from area fire sirens. A steady alert tone will sound at 10 a.m. for approximately one minute.

The signals are tested the first Saturday of each month. In the event of an actual emergency, the sirens would be used as additional means to warn the surrounding communities of imminent danger and the need to tune to either radio, television or the internet for information.





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About Pets

Potential threats to pets in your yard

owners with outdoor space often let their pets get some exercise and play

time in their backyards. While it is important for pets like dogs and even some cats to get some time outdoors, pet owners should recognize the potential threats to pet health looming in their lawns and gardens.

Mulch: According to the Pet Poison Helpline, mulch made from cocoa beans can pose a threat

to pets. This type of mulch is made of discarded hulls or shells of the cocoa bean. These byproducts of chocolate production contain varying concentrations of the toxins theobromine and caffeine. When ingested in high con-

Pets love to roam free, and home- centrations, these toxins can cause vomiting, diarrhea, hyperactivity, abnormal heart rhythm, seizures, and, in

> some instances, death. The amount of these toxins present in a given batch of this type of mulch may not be readily known. so homeowners should avoid applying it. Slug and

snail baits: The PPH notes that the active ingredient in slug and snail baits is metaldehyde, which is highly poisonous to cats and dogs. Symptoms of distress, including restlessness, vomiting, seizures, and high body temperature, can appear as soon as one hour after these baits are ingested. The baits are typically available in pellet, granular, powder, and liquid form, but each should be avoided by pet owners who allow their pets to play in their yards.

Compost: Compost is a great and natural way to enrich soil. But compost piles should be cordoned off so curious pets cannot access them. As the organic matter within compost piles decomposes, mold can begin to grow. If ingested by pets, moldy materials inside compost piles can make pets sick in as little as 30 minutes. Pets who have ingested moldy compost may appear agitated, pant, drool, or vomit, and some may even suffer from tremors or seizures.

Flowers/plants: Of course, some flowers and plants can pose a threat to pets as well. Before planting new plants and/or flowers in their gardens, homeowners should inquire at their local gardening center or speak with their veterinarians to confirm if the plants or flowers are safe to ingest. If not, do not plant them or plant them in raised garden beds that cannot be accessed by curious pets.

Fertilizers: Certain types of fertilizer also may be harmful to pets. According to the PPH, fertilizers that contain blood meal, bone meal, feather meal, and iron can be dangerous to dogs. When ingested in large doses, such products can form a concretion in the stomach, which can obstruct the gastrointestinal tract and cause severe pancreatitis. Fertilizers that are high in iron also can contribute to iron poisoning if ingested by pets.



center

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care including prevention, early diagnosis, cancer staging, optimal treatrehabilitation, ment, life-long follow-up for recurrent disease, and end-of-life care. When patients receive care at a CoC facility, they also have access to information on clinical trials and new treatments, genetic counseling, and patient centered services including psycho-social support, a patient navigation process, and a survivorship care plan that documents the care each patient receives and seeks to improve cancer survivors' quality of life.

Like all CoC-accredited facilities, the Burbage Regional Cancer Care Center maintains a cancer registry and contributes data to the National Cancer Data Base (NCDB), a joint program of the CoC and American Cancer Society. This nationwide oncology outcomes database is the largest clinical disease registry in the world. Data on all types of cancer are tracked and analyzed through the NCDB and used to explore trends in cancer care. CoC-

events

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highly acclaimed "Live at the Linda" (2007) and "I've Got the House to Myself" (2002). His most recent release is "Fly On The Wall" (2014).

Grier will perform twice at the Berlin Peach Festival, which runs from 11 a.m. to 4 p.m. on Saturday, August 4 on the grounds of the Calvin B. Taylor House Museum located at 208 North Main Street. Rain date is Sunday, August 5. Admission is free.

For more information, contact Susan Taylor at 410-641-1019 or email at taylorhousemuseum@verizon.net.

family

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smelly sneaker contest with celebrity judges at 2 p.m. Children will be able to win prizes and play with their families at activity stations such as limbo, sack race, three-legged race, egg relay, shoe distance kick, corn hole toss, football toss, and more.

Shoes designed by local community members will be entered into a decorating contest and available in a silent auction throughout the day. Live music will be provided by students of the AMP Studio in Salisbury.

Kicks 4 Kids supports Coastal Kids Supportive Care, the pediatric program of Coastal Hospice. Coastal Kids offers specialized medical attention for children with serious illness and provides comprehensive treatment for the relief of discomfort, symptoms and stress. The goal of care is to improve the quality of life for both the child and the family.

accredited cancer centers, in turn, have access to information derived from this type of data analysis, which is used to create national, regional, and state benchmark reports. These reports help CoC facilities with their quality improvement efforts.

The American Cancer Society estimates that more than 1.7 million cases of cancer will be diagnosed in 2018. There are currently more than 1,500 CoC-accredited cancer programs in the U.S. and Puerto Rico. CoC-accredited facilities diagnose and/or treat more than 70 percent of all newly diagnosed patients with cancer. When cancer patients choose to seek care locally at a CoC-accredited cancer center, they are gaining access to comprehensive, state-of-the-art cancer care close to home. The CoC provides the public with information on

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stroke

causes of death and disability in our country, and I am proud to say that our citizens and our many visitors can feel safe knowing that we adhere to the highest standards of care in stroke," stated Dr. Preeti Yonker, medical director of the AGH Stroke Center.

This achievement will allow Atlantic General Hospital to continue to provide effective stroke care to more than four thousand community members each year through preventive education, acute care, and rehabilitation services. "This designation allows for the most up-to-date care for our stroke patients, and helps them on their road to recovery after having a stroke. Atlantic General Hospital continues to give the most timely and effective care for the treatment of stroke with the help of this designation," stated Scott Rose, director of the AGH Stroke Center.

the resources, services, and cancer treatment experience for each CoC-accredited cancer program through the CoC Hospital Locator at www.facs.org/search/cancer-programs.

Established in 1922 by the American College of Surgeons, the CoC is a consortium of professional organiza-

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auto

pickups to the U.S. market as the Ford "Courier" by 1975.

When the Torino nameplate was retired after '76, Ranchero's structure changed one last time to the allnew Ford LTD II for 1977 but the sales drop continued and the last Rancheros rolled off the lines in '79. This coupe utility's time had come and gone but sales of "Utes" continue strong abroad even today (in fact the very first ute from Ford remains on display in an Australian

saved

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giogram that revealed Morris did have a ruptured aneurysm.

"It's very serious," Dr. Shakur explained. "One-third of people with a ruptured aneurysm don't even make it to the hospital. Of those who survive, half have neurological deficits. It has to be treated within the first 24 hours."

A brain aneurysm is a weak spot in a vein or artery that can gradually fill up like a balloon. It can occur for many reasons, including family history and high blood pressure. Morris had both. His mother has two small aneurysms and he has struggled to control his blood pressure.

When an aneurysm bursts, the consequences can be devastating, much like a stroke, it can be instantly deadly, or can cause physical and cognitive problems.

On Wednesday morning, Dr. Shakur performed Peninsula Regional's first coil embolization of the rupture. Rather than opening his skull to repair the damage, she snaked a tiny catheter wire through an artery in his groin and sealed off the affected area, ensuring there were no clots that could further cause problems.

Peninsula Regional has the only hybrid OR in the region that combines medical imaging and surgical equipment to allow for minimally invasive brain surgery, with scans during the procedure. The closest comparable fations dedicated to improving patient outcomes and quality of life for cancer patients through standard-setting, prevention, research, education, and the monitoring of comprehensive, quality care. Its membership includes Fellows of the American College of Surgeons. For more information, visit: www.facs.org/cancer.

museum). So, don't be surprised if the Ranchero one day returns in an updated form that still can carry either church-goers OR livestock. Now THAT's a hybrid.



cility is in Philadelphia. It opened in February of this year, and it was fortunate for Morris, who did not have to be transferred to a distant hospital for this timely treatment.

"He's very lucky," Dr. Shakur said. "He is doing very well."

In fact, Morris suffered no longlasting damage from the burst aneurysm. The effect that will stay with him is acquired wisdom.

"I knew I had high blood pressure," he said. "I wasn't listening to my doctor; I didn't take my medicine."

Morris says that has all changed – the aneurysm was a serious wake-up call. He is taking medicine to control his high blood pressure and has quit his two-pack-a-day smoking habit. He still has long road to recovery. As a construction worker, he needs to be able to be active. He is being carefully monitored. The ruptured aneurysm can cause vascular spasms that can result in a stroke, especially in the weeks after the event.

"All I can do is hope and keep pushing forward," Morris said. "But I have come a long way from when I came in here."

Morris said he is grateful to Dr. Shakur, a Salisbury native who recently returned home after her medical education at Johns Hopkins and a fellowship in neurosurgery at the University of Chicago. "I can't thank her enough for saving me," he said. "The world needs more people like her."

