



How much are you paying for home insurance? Could this estimate below be yours? Let us help you save money.

Total Estimated Annual Premium

Only \$687.00 *

		Limits
	Dwelling (Replacement Cost 125%)	\$371,000
	Other structures	37,100
	Personal Property	74,200
	Loss of use	37,100
	Personal Liability	500,000
- 1	Medical Payments	5,000
*	Sewer Line Coverage	10,000
	Animal Liability (Pet Endorsement)	50,000

*This quote was based on a home with 1401 Square feet and home owner with excellent credit. Quotes will vary based on the individual consumer situation.



John Cerini NYS Licensed Broker

Coverage

www.CapitalShieldAgency.com

GARLIC BUTTER PIZZA PULL APART BREAD



INGREDIENTS

1 Pane Di Casa Vienna or Sourdough loaf of bread, unsliced 2/3 cup butter melted 4 cloves garlic crushed (or 1 tablespoon minced garlic) 1/3 cup pizza sauce 1/4 red onion finely chopped 1 large ripe tomato, finely chopped 3-1/2 ounces | 100 grams mini pepperoni slices Fresh basil leaves finely shredded

3/4 cup shredded mozzarella cheese 1 tablespoon dried Italian herbs or Italian seasoning

INSTRUCTIONS

1. Preheat oven to 176°C | 350°F degrees.

2. In a small bowl, combine the melted butter and crushed garlic. Mix well to combine. 3. Place the loaf of bread on a chopping board. Using a sharp bread knife, cut the bread diagonally in rows across the top, down to 1-inches (2 cm) above the base in depth. (Be careful not to cut through to the base of the loaf.) Holding the bread firmly and gently over the top, cut through in rows in the other direction to create diamond shaped wedges.

4. Transfer to a baking sheet / tray lined with aluminium foil, or parchment paper.

5. Drizzle half of the garlic butter in between each wedge, followed by the pizza sauce.

6. Follow with the onions, tomatoes, pepperoni slices, basil, and cheese.

7. Drizzle the remaining garlic butter over the top of bread and top with the Italian herbs.

8. Cover with foil and bake for 15 – 20 minutes, or until cheese has started to melted.

9. Uncover and bake for a further 10 minutes, or until bread is crunchy and the cheese has melted all the way through.

10. Remove and allow to cool slightly before serving.







Bronx Plastic Surgery Plastic & Reconstructive Surgery

Robert D. Goldstein M.D., F.A.C.S. & Heather A. Erhard M.D., F.A.C.S.

We are committed to enhancing and restoring your natural beauty with the latest surgical advancements and plastic surgery techniques. We also provide the latest options and techniques in reconstructive surgery. Experience the youthful, life changing effects

•BOARD CERTIFIED PLASTIC SURGEONS • of cosmetic surgery!

BREAST PROCEDURES • BODY PROCEDURES • FACE PROCEDURES



BREAST AUGMENTATION \$6,500 Including Implants, Facility Fee and Anesthesia.

TUMMY TUCK Including Implants, Facility Fee and Anesthesia.

\$6,800

SUMMER **BOTOX SPECIAL**

> **\$12** PER UNIT

FINANC

CALL US NOW 917.791.3062 SE HABLA ESPAÑOL

2425 Eastchester Road Bronx NY 10469 www.BronxPlasticSurgery.com drgoldstein@bronxplasticsurgery.com drerhard@bronxplasticsurgery.com

I'll Treat Your Family...Like Mine **In My High Quality Private Office** ADDRESSED TH COMPASSION

- Modern Techniques for ALL **Procedures**
- Nitrous Oxide + Sedation Available
- Pediatric Specialist on Staff



SELECTED AS ONE OF AMERICA'S TOP DENTISTS BY THE CONSUMERS RESEARCH COUNCIL

Robert E. Steinberger, D.D.S. I DENI 3875 East Tremont Ave. Throggs Neck, NY (Across from Rainbow) WWW.EASTTREMONTDENTAL.COM 24 Hour Emergency Care Dental X-Ravs Exam & Cleaning Same Day Denture Repairs Patients - Certain Restrict



www.uwds.com

(888) 631-2132





 •1/2 BBQ Chicken - \$12.95
 •1/2 Rack Baby Back Ribs - \$12.95
 •<u>COMBO</u> - 1/2 BBQ Chicken & 1/2 Rack Baby Back Ribs - \$17.95 Per Person
 •Shish-Ka-Bob Mix and Match Chicken, Beef, Pork Or Vegetable Choice of 3 - \$12.95

All Above Served With 2 Sides - Mashed, Baked, French Fries, Corn On The Cob

THURSDAY NIGHT ENTREE SPECIALS - \$12.95

Choice Of: Roast Beef, Pepper Steak, Loin Of Pork, Grilled Chicken or Eggplant Rollatini Served With 2 Sides - Choice Of: Baked Potato, Mashed or French Fries, Rice, Pasta In Marinara Sauce, Vegetable Of The Day



FRIDAY FISH NIGHT ENTREE SPECIALS - \$13.95



Choice Of: Shrimp Fra Diavolo, Shrimp Parm, Broiled Tilapia, Fish Of The Day Served With 2 Sides - Choice Of:

Linguini & Clam Sauce, Sauteed Mixed Vegetables, Roasted Potatoes, Rice

OPEN 7 DAYS A WEEK - FREE DELIVERY \$10 Minimum •BREAKFAST •LUNCH •DINNER •DAILY SPECIALS



for 30 or more people.





CARS/TRUCKS WANTED !! !We buy 2002-2018 Cars/Trucks, Running or Not! Nationwide Free Pickup! Call 1-888-416-2208. AIRLINES ARE HIRING - Get FAA approved hands on Aviation training. Financial aid for qualified students - Career placement assistance. CALL Aviation Institute of Maintenance 1-866-296-7094. Over \$10K in debt? Be debt free in 24-48 months. Pay a fraction of what you owe. A+ BBB rated. Call National Debt Relief 1-855-403-3654. Reverse Mortgage: Homeowners age 62+ tun your home equity into tax-free cash! Speak with an expert today and receive a free booklet. Call 1-844-223-6053 OXYGEN - Anytime. Anywhere. No tanks to refill. No deliveries. Only 4.8 pounds and FAA approved for air travel! May be covered by Medicare. Call for FREE info kit: 1-855-839-1738 DENTAL INSURANCE. Call Physicians Mutual Insurance Company for details. NOT just a discount plan, REAL coverage for 350 procedures. 855-434-9221 or http://www.dental50plus.com/44 VIAGRA & CIALIS! 60 pills for \$99. 100 pills for \$150 FREE shipping. Money back guaranteed! Call now Save 1-800-870-8711 FDA-Registered Hearing Aids. 100% Risk-Free! 45-Day Home Trial. Comfort Fit. Crisp Clear Sound. If you decide to keep it, PAY ONLY \$299 per aid. FREE Shipping. Call Hearing Help Express 1-844-730-5923 Lung Cancer? And Age 60+? You And Your Family May Be Entitled To Significant Cash Award. Call 1-855-389-9805 for Information. No Risk. No Money Out Of Pocket. Start Saving BIG on Medications! Up to 90% Savings from 90DAYMEDS! Over 3500 Medications Available! Prescriptions R eq'd. Pharmacy Checker Approved. CALL Today for Your FREE Quote. 855-398-4181 Call Empire Today to schedule a FREE in-home estimate on Carpeting & Flooring. Call Today! 1-800-724-4133 Replacement Windows by Anderson, Pella & Alside. \$199 Installed. White vinyl tilt-in. Family owned 40 years. BBB A+ rating. Free quotes, no salesman (no gimmicks). Call Rich @ 866- 272-7533 Custom windows and patio doors. BUY A LAKE! 35 acres- \$149,900 5 ac lake, gorgeous views, old barns & sheds! Quiet twn rd, G'teed buildable. Fin avail. Call 888-650-8166 or go to NewYorkLandandLAkes.com for video and photos. FARM LIQUIDATION! 42 ACRES -ABUTS STATE LAND- \$69,900 3 hrs NY City. Big Views, woods, pond, meadows! Twn rd, utils. Owner terms! 888-701-1864 NewYorkLandandLakes.com CHEAP AIRLINE FLIGHTS! We get deals like no other agency. Call today to learn more. Call Now 1-866-827-6938 Sleep Apnea Patients- If you have Medicare coverage, call Verus Healthcare to qualify for CPAP supplies for little or no cost in minutes. Home Delivery, Healthy Sleep Guide and More FREE!! Our customer care agents await your call. 1-888-689-4341 Earthlink High Speed Internet. As low as \$14.95/ month (for the first 3 months) Reliable High Speed Fiber Optic Technology. Stream Videos, Music and More! Call Earthlink today 1-866- 586-9798 HERO MILES - to find out more about how you can help our service members, veterans and their families in their time of need, visit the Fisher House website at www.fisherhouse.org Spectrum Triple Play! TV, Internet & Voice for \$29.99ea. 60 MB per second speed. No contract or commitment. More channels. Faster In-ternet. Unlimited Voice. Call 1-888-383-5155 DONATE YOUR CAR TO CHARITY. Receive maximum value of write off for your taxes. Running or not! All conditions accepted. Free pickup. Call for details.1-855-587-1166 UNABLE TO WORK DUE TO INJURY OR ILLNESS? Call Bill Gordon & Assoc., Social Security Disability Attorneys! FREE Evaluation. Local Attorneys Nationwide 1-800-919-8208 [Mail: 2420 N St NW, Washington DC. Office: Broward Co. FL (TX/NM Bar.)] NEW AUTHORS WANTED! Page Publishing will help you self-publish your own book. FREE author submission kit! Limited offer! Why wait? Call now: 1-877-635-3893 A PLACE FOR MOM. The nation's largest senior living referral service. Contact our trusted, local experts today! Our service is FREE/no obligation. CALL 1- 844-258-8586 DISH TV - Over 190 Channels Now ONLY \$59.99/mo! 2yr price guarantee, FREE Installation! Save HUNDREDS over Cable and DI-RECTV. Add Internet as low as \$14.95/mo! 1-800-871-1312 HOTELS FOR HEROES - to find out more about how you can help our service members, veterans and their families in their time of need, visit the Fisher House website at www.fisherhouse.org VACATION HOME, CAMP OR LAND FOR SALE OR RENT? Advertise with us! We connect you with nearly 3-million consumers (plus more online!) with a statewide classified ad. Advertise your property for just \$489 for a 25-word ad, zoned ads start at \$229. Visit AdNetworkNY.com or call 1-877-275-2726.



PENN	Y CLASSIF	IED FORM					
DINCLIE	SUBMISSION DEADLIN	IE: WEDNESDAY AT 11 AM					
FINCAE	🗙 SUBMIT YOUR C	LASSIFIED ONLINE					
BRONXPENNYPINCHER.C		NNYPINCHER.COM					
	65 or FAX: 71	B.828.7974					
718-828-1104	<u>40 YEARS</u> #1	IN THE BRONX					
	R, INDICATE PUNCTUATION & S	ARLY (ONE WORD PER BOX) PECIAL INSTRUCTIONS.					
LIMIT 51 WORDS. NO REFUN The BXI	IDS OR CHANGES ONCE AN AD IS PP Will Not Be Responsible for	S PLACED. Do not abbreviate. Errors.					
1.	2.	3.					
4.	5.	6.					
7.	8.	9.					
10.	11.	12.					
13.	14.	15.					
16.	17.	18.					
	20.	21.					
19.							
22.	23.	24.					
25.	26.	27.					
28.	29.	30.					
31.	32.	33.					
34.	35.	36.					
37.	38.	39.					
40.	41.	42.					
43.	44.	45.					
46.	47.	48.					
	50.	51.					
□ REAL ESTATE* □ COMM		DISE ADDITIONAL CHARGES					
		LE <u>Bold Type</u> \$3					
Limit: 1 House, Apartment, Runs 1 Business Garage or Lot Per Ad \$30.00	Week Only Furniture, etc. Limit 2 iter 10 WORDS \$20 for 10 Words - 40¢ Each A	dditional Word					
Runs 1 Week Only 40¢ Each A	Additional word \$4 Charge To Add Extra CICICN AN CAD OD	BOAT ALL CAPS \$3					
40¢ Each Additional word *REAL ESTATE AGENTS Please Call For Rate Info! Runs 1 Week Only	OR MOVING SALE	LE Centered \$5					
Please Call For Rate Info! Runs 1 Week Only 718-828-1104 \$25 for 10 WORDS.	/. NO MULTIPLE DATES. One Car or Boat Per 10¢ Each Additional Word \$20 for 10 Words - 40¢ Each A						
PLEASE INCLUDE PAYMENT OF CREDIT	CARD INFORMATION WITH YOUR ORDER. KEPT CONFIDENTIAL.	COST OF AD \$					
	REFT CONFIDENTIAL.	EXTRA WORDS					
Name		X .40¢					
Billing Address		ADD'L CHARGES					
	phone						
Credit Card #							
Security Code	Exp. Date	# OF WEEKS					





LOCUST POINT: 3225 GIEGERICH PL. MAGNIFICENT HOME IN THIS PRIVATE WATERFRONT ENCLAVE. WITH OVER 3000SQ FT OF LIVING SPACE, 4 BDRS, 3 BATHS, CHERRYWOOD KITCHEN W/SKYLIGHTS LEADS TO CHERRYWOOD SCREENED IN DECK, WALKIN IS IDEAL FOR IN LAWS, MANY SPECIAL TOUCHES! \$799,000



COUNTRY CLUB: 3163 FAIRMOUNT AVE 1 FAMILY RANCH, 2 BEDROOMS, LR, KIT/DIN PLUS SPACIOUS WALK IN IS AN IDEAL IN LAW SUITE, TOTALLY RENOVATED WITHIN PAST 10 YEARS, GARAGE. \$465,000 *ASK FOR MICHAEL MUSANO*



COUNTRY CLUB: 1109 ELLSWORTH AVE SHOWS OFF LIKE A MODEL HOME! BRICK 1 FAMILY WITH 4 LEVELS! RENOVATED TO PERFECTION W LOTS OF ATTENTION TO DETAIL. 3 BRS, 1.5 BATHS, KIT/DIN LEADS TO LARGE DECK, WALK IN IS SPACIOUS IN LAW SUITE & FULL BASEMENT TOO! HURRY. \$625,000



COUNTRY CLUB: 1312 LOHENGRIN AVE CHARM & CHARACTER! 3 BEDROOM 2.5 BATH TUDOR SET ON 30X133 LOT. UPDATED KITCHEN & BATH, COMPLETELY FINISHED WALK IN, METICULOUSLY LANDSCAPED YARD. HURRY! \$639,000 *ASK FOR MICHAEL



SILVER BEACH: 80 POPLAR WELCOME HOME TO THIS GATED COMMUNITY WITH PRIVATE BEACH AND PLAYGROUND. 3 BDR UPDATED RANCH STYLE WITH CUSTOM KITCHEN AND HARDWOOD FLOORS THROUGHOUT. FULL BASEMENT. ASKING \$333,000



PELHAM BAY: 2870 WATERBURY AVE A SUPER CHOICE! 1 FAMILY, 3 BRS, 1.5 BATHS, GARAGE, HARDWOOD FLOORS THROUGHOUT, MANY UPDATES \$469,000





PELHAM BAY: 2701 WATERBURY AVE BRICK 3 FAMILY! 3 BEDROOM OVER 2 BEDROOM OVER 2 BEDROOM, 2 CAR DRIVEWAY, BEAUTIFULLY RENOVATED AND VERY LOW MAINTENANCE PROPERTY, FULLY RENTED. NO LEASES! \$769,000 *ASK FOR TERESA*



THROGS NECK: 3 BEDROOM \$1,950 ASK FOR EUGENE 917.407.4808

MORRIS PARK: 2 BEDROOM \$1,700 ASK FOR EUGENE 917.407.4808

Equal Housing Lender Wells Fargo Home Mortgage is a division of Wells Fargo Bank, N.A. © 1999 - 2018 Wells Fargo. All rights reserved. NMLSR ID 399801 Each office is independently owned and operated.

Financing available through Anna Simolacaj 914.285.1455 NMLSR ID: 439780







PELHAM BAY/BUHRE AVE LARGE 3 BEDROOMS / 2 BATHS APT TERRACE YARD COIN OP LAUNDRY \$2,500 PER MONTH



PELHAM BAY ONE BEDROOM / ONE BATH Walk-in \$1,350 PER Month



THROGGS NECK 3 BEDROOMS / 1 BATH FIRST FLOOR W/ PARKING SPACE \$2,100 PER MO.

FREE MARKET ANALYSIS!







LOOKING FOR THE BEST DEALS IN THE BRONX? GO TO: WWW.BESTINTHEBRONX.COM



Keuword Search

Home Browse Listings Coupons & Deals About Us Advertise

BRAND NEW DIRECTORY FOR:

we've made it easy to search and find all of the best local businesses in your neighborhood!

Search by Category

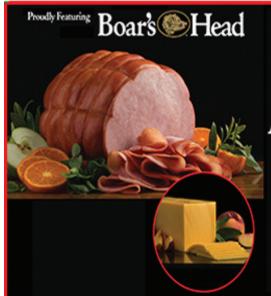
BEST IN THE BRONX

ACCOUNTING AUTOMOTIVE BEAUTY & SPA COMPUTERS CONSTRUCTION DENTAL CARE DOCTORS EDUCATION ENTERTAINMENT FOOD FITNESS FLOWERS HEATING & OIL INSURANCE LANDSCAPERS RESTAURANT TRAVEL REAL ESTATE





Largest Deli and Buffet Selection in the Bronx Serving Breakfast and Lunch Buffet From 6am - 7pm Monday Through Saturday



Get a FREE ½ lb Boar's Head American Cheese with purchase of any 1 lb order of Boar's Head sliced deli meat.

1790 Eastchester Rd. Bronx NY 10461 718-684-2774 •718-684-2745 •718-684-2776



Text Your Order to **347-852-7480** ORDER ONLINE: montegrabandgomarket.com Valid with This Coupon Minimum \$10 Purchase



Minimum \$100 Order



TREE CUTTING, PRUNING. Specializing in large tree removal. **UNBEATABLE PRICES.** Lawn Cutting, Yard Clear-Outs Insured. Free Estimates. 347-939-1757

Micolosi wood floor specialist: sanding, installations, repairs, bleaching, pickling, staining, reliable, insured. 19 years of experience. For estimates call 718-843-2400; 347-728-3890

FURNITURE SALE, MIRRORED COCKTAIL TA-BLES, CEILING FANS KITCHEN AND DINING ROOM TABLE / CHAIRS, MEDIA CABINET, FIREPLACES & MORE! CASH ONLY! CALL MIKE 646 647 5420

HAROLD S. ENTES, ESQ "YOUR NEIGHBORHOOD ATTORNEY" 1960 WILLIAMSBRIDGE ROAD REAL ESTATE CLOSING BANKRUPTCY (CHAPTER 7 & 13) STOP FORECLOSURE, EVICTION & GARNISHMENTS DIVORCE * CHANGE OF NAME * WILLS LANDLORD/TENANT CALL US (718) 828-3070

2008 Cadillac DTS Black Cherry, mint condition one owner, 31,000 miles asking \$7,700 Call for Appt. 718-597-0877

Multi-family yard sale. 1268 Edison Ave 8/4 & 8/5 10am-6pm

Pelham Bay. Large One bedroom. Close to trains, stores. Excellent credit necessary. 347-922-4023

For sale bedroom set w/ king size bed \$600kitchen set, like new \$350- 917-662-8514



Garage sale Saturday 8/4 R/D Sunday 8/5 moving everything must go, antique furniture, household, toys, etc.. 3078 Coddington Ave. Between Hollywood and bruckner 8-2

Bronx Pelham Bay, from 1 to 3 bedrooms, near train - all shopping nearby - suitable for 2 working people. Good credit, no pets. 646-322-9550 no Brokers

In Home Moving Sale- 269 Davis Ave. Bronx 10465 Sat 8/4 & Sun 8/5/2018 10:00am -5:00pm Everything must go!

Large 1 bedroom apartment for rent. Completely renovated. 1st floor. Heat & hot water included. \$1,600. Pelham Parkway area. Near to buses & train. No smoking. No pets. Call 718-644-3210

Must see spacious 2 bedroom apt in Throggs Neck. \$2000. 646-784-5944 or 718-597-9717

For Rent Country Club one Bedroom Apartment. Hardwood floors,small porch. Call 917-747-7665 Front Desk Position (Bronx)Looking to fill a Front Desk Position. We are looking for professional, responsible, hard-working individual who is able to multitask and must be fluent in Spanish. If you are interested, please email resume to: chirothroggsneck@aol.com

ThrogsNeck PH Large Modern 3-Bedroom, 1+1/2-bath Apt, Hardwood Floors, plenty of Closets, All Utilities Separate, \$2.200 Owner 212-748-9583

New one bedroom apartment. 4 large closets. private house, no pets, smoking no. \$1,600 718-812-1172

For rent 1 family duplex home in Country Club. 3 bedrooms, 2 bathrooms, finished basement and large driveway. \$3400 negotiable. Call (917)447-3306

CROSSWORDANSWERS										N				
S	A	Т	S		Я	Э	И	0	T	-	L	Э	Э	=
к	S	A	Т		Э	Ν	0	T	A		Э	С	Ι	Я
Г	A	Э	d		Я	0	T	Π	T		S	Ν	В	\cap
∃	С	N	A	AV.	0	٦	٦	A		S	Ν	A	Э	S
			D	Э	S	A	Э		Т	И	Π	Я		
Я	Э	٦	A	Р				S	Я	Э	S	A	Я	Э
∃	8	A		S	T	Я	Э	S	Э	D		Э	Э	1
^	0	Ν			R	Э	^	Э	И			Ъ	S	A
∃	D	0		Ζ	0	С	Ι	٦	Ι	S		Ъ	A	Я
Г	A	Ι	Т	Ι	N	Ι				d	S	A	٦	С
		Т	A	Э	S		S	Э	D	Ι	A			
S	D	A	Э	Я		D	Э	Я	Э	Т	N	Ω	A	S
1	Э	Я	Н		С	0	Λ	A	н		Э	Я	Ι	T
С	Ι	Я	Э		A	Я	A	٦	С		Я	Э	S	\cap
A	Λ	Ι	D		S	T	Э	В	A		A	d	A	Ζ

TANNY JOSEN DDS PEDIATRIC DENTIST

WARM + FRIENDLY ENVIRONMENT

ADVANCED TRAINING IN CHILDRENS DENTISTRY

TREATMENT ROOMS UNIQUELY DESIGNED FOR KIDS

• SEDATION SERVICES AVAILABLE



CALL FOR APPOINTMENT: Creating Happy Smiles Daily! Creating Happy Smiles Daily! 3875 East Tremont Avenue WWW-EASTFTREMONTDENT/AL.com

EAST TREMONT DENTAL ASSOCIATES

MOST INSURANCES ACCEPTED TOWARD TREATMENT

WEEKEND + EVENING APPTS. EMERGENCY TREATMENT CREDIT CARDS ACCEPTED

Outdoor parking Available Throggs Neck - on a safe, quiet block & neighborhood. \$100 Call Rich 914-494-4160

> Bronx Tree Experts LTD Tree Trimming & Removal 718-450-9292

MOST CASH PAID FOR ANTIQUES, COL-LECTIBLES, ARTWORK, COMICS, SPORTS CARDS, JEWELRY, GOLD, SILVER, WATCHES, COINS, CAMERAS, RECORDS, ETC. PLEASE CALL AARON 917-923-6580

> D & P FLOOR SERVICE HARDWOOD FLOORS SANDED AND REFINISHED. FREE ESTIMATES CALL (718) 733-7963

Mover! Short and long moving. Very good rates. Call MO 646-764-2699

T & C CONTRACTING: KITCHEN, BATHROOM, TILES, FINISHED BASEMENTS, PAINTING, PLUMBING, MASONRY, CARPENTRY, FREE ESTIMATES FULL INSURED & LICENSED ASK FOR TONY - 914-906-8730

Home Improvement General Repairs, Plumbing, Carpentry Painting, Electricity, Ceramic Flooring 917-892-1831 2 Family house with finished basement, 2 car garage with additional parking in Throggs Neck, close to all transportation. \$565,000. Call Crystal 347-241-1554

"UNWANTED FURNITURE REMOVED" People need used, usable furniture bedroom, kitchen, dining room, dishes, etc. Call 718-892-3941 FREE REMOVAL

1 Adult Male Looking for a reasonably priced studio or 1 bedroom in Throggs Neck only excellent credit. Willing to help Land Lord with garbage/snow removal call Rocky 917-882-4976

Connecticut investment property, huge brick detached 3-fam house with (4)(3)(3) bedrooms 4 garages. All seperate utilities, in quite, near all location. Asking \$365k call 914-906-5489



We are a neighborhood tradition

"Neighborhood Updates"



DISTRICT NEEDS

Each year the City of New York requires each Community Board to submit a list of capital and expense requests in its respective district for review. For example, Bronx Community Board #10 can suggest to the city to renovate an existing park, create a new park or increase funding to the City Department of Transportation for road repair. Please be advised that this process is now open. If you are a Bronx Community Board #10 resident that wishes to suggest an item to be placed on our Fiscal Year 19 District Needs Statement please contact me directly at (718) 892-1161 or via e-mail at bx10@cb.nyc.gov. Requests are prioritized. If your request does not make it to our final list in October, my office will still have it on record for future District Needs Statements. To be clear, our list to the City of New York is a recommendation to the City for what we feel the community needs in terms of municipal services. To date, we have not received many requests. This is the time we have to add input to the city budget process.

FREE TENNIS LESSONS AT PELHAM BAY PARK

While the warm weather is still with us, take your child to Pelham Bay Park for free tennis lessons offered by the City Parks Foundation. If you have a child between the ages of 6 and 17, free tennis lessons are being held every Tuesday and Thursday from 1 P.M. to 4 P.M. at Bruckner Boulevard and Middletown Road in Pelham Bay Park. Please feel free to call my office if you or someone needs any assistance in finding recreation programs for yourself or a child.

"PARKNYC"

You may have noticed blue signs under our municipal parking metered signage on our local streets and throughout the city during your travels. The six-digit code on the blue sign tells you your zone where you now have the ability to pay the muni meter through your smart phone by downloading the ParkNYC application. No longer do you have to feed the meter, but I will caution motorists that you can only pay once at each zone. Please download the application to your smart phone as this will save much needed time during your commute. PLEASE TAKE NOTE: Once your ad has been placed, there will be NO REFUNDS. PLEASE: Read your ad the first day it appears. If any error was made by The Bronx Penny Pincher on a TELE-PHONE NUMBER OR ADDRESS the publisher will be happy to correct it FREE OF CHARGE. The Publisher is not responsible for typographical errors. However, the Publisher must be notified within 48 hours of THAT publication or the publisher will not assume responsibility. Please include your phone number and/or address in ad copy or the Publisher will not be responsible if either of the above is left out. PLEASE WRITE LEGIBLY. We will not be responsible for illegible handwriting.

The Bronx Penny Pincher will not be liable for any direct, indirect or consequential damages arising out of the use of companies printed in this edition or on the website nor is The Bronx Penny Pincher responsible for the work ethic or business practices of said companies.



The Bronx Penny Pincher will not be responsible for any four color discrepancies that may occur when electronic materials are printed. The Bronx Penny Pincher cannot be held accountable for any change that may occur in color quality or match.



We are all over **YOUR** neighborhood! Pick up a Penny Pincher at these Amazing Locations!

Chase Bank Giordano's "Big G" 3528 E. Tremont Ave.

Crosby Pet Key Food 1626 Crosby Ave.

Crosstown Diner Key Food 2880 Bruckner Blvd.

Barino's Market 3244 Ampere Ave.

3579 E. Tremont Ave.

1554 Paulding Ave.

3151 Westchester Ave.

2722 E. Tremont Ave.

Pruzzo's Supermarket 2937 Westchester Ave.

Bronx Pizzeria Monte Grab&Go Market TJ Lizzy's Deli 1790 Eastchester Rd.

Ruane's Deli 2 Centre Edgewater Pk. Dr. S&W Supermarket 4028 E. Tremont Ave.

Silver Beach Office 1 Plaza Place

Sweeney's Deli 3136 Miles Avenue

3009 Harding Ave.





PELHAM PARKWAY **NEIGHBORHOOD** ASSOCIATION EYE GLASS DRIVE There is a tremendous need for recycled eyeglasses throughout the world. This year the Pelham Parkway Neighborhood Association is partnering with the Lions Club International to collect used eyeglasses for charity. We will have them cleaned, sterilized, and designate the prescription of used eyeglasses and collect, store and package them for distribution to needy groups and adults and children throughout the world. Help make a difference and improve peoples lives. Please check for any unused eyeglasses you may have. The following business locations in the community have graciously donated space for our collection boxes: Bronx House 990 Pelham Parkway South, Apple Bank 626 Pelham Parkway South, Pelham Parkway Vision 735 Lydig Avenue, Sterling Optical 2168 White Plains Road, Creston Optical 2168 White Plains Road, NY Eye Surgery Center 1101 Pelham Parkway North, Eye Care Unlimited 1086 Morris Park Avenue, St.Claire Of Assisi Church 1918 Paulding Avenue.

SOUL SAVING MISSION Pentecostal Church Hosting "Praise In The Park." Join us at Crotona Park Ampitheatre (by the lake). 559 Claremont Pkwy, Bronx, NY 10457 on Saturday, July 28, 2018 from 12:00pm - 5:00pm. Program from 2:00pm - 5:00pm For more information: 914-355-6195.

COMMUNITY ENGAGEMENT GRANTS The 2019 Community Engagement Grants application available NOW. Bronx-based individual artists, artist collectives and arts organizations can apply for funds to support community-based arts and culture projects. The First How To Apply Session is on July 27th @ 11:00 AM at the Bronx Library Center, located at 310 E Kingsbridge Rd, Bronx, NY 10458. Visit website for more info: http://www.bronxarts.org/

PELHAM ART CENTER announces technology upgrades to the PAC Media Lab! Complete with 10 upgraded iMacs running the latest version of macOS High Sierra and the complete Adobe Creative Suite, including Photoshop, Premiere, Illustrator, InDesign and more. These computers are available for use for all media arts classes at the PAC Media Lab including animation, digital photography, video game design, coding, and more. This Media Lab upgrade is made possible by a generous donation from Horace Mann High School. Pelham Art Center, 155 Fifth Avenue Pelham, NY 10803, (914) 738-2525 NYPL MORRIS PARK BRANCH JULY EVENTS: Everything You Need to Know About Your Smartphone/Tablet, Tuesdays, July 24th & 31st @ 10AM-12PM. Bring your smartphone/iPhone or tablet/iPad and learn everything from settings, tak-**Programs:** Mondays-Hand Sewing, 1st Tuesday-Jewelry Making, Wednesdays-Computer help, Saturdays-Art Recycled Crocheting Plarn | **Teen Programs:** Wii Gaming, Clay Building and Sculpting, Fuji Instax Photography, Stop Motion Animation, Chess Club | July Film Series: "The Glass Castle" on July 27th @1PM. All programs are FREE. Come in for a calendar of events: 985 Morris Park Avenue Bronx, NY 10462, 718.931.0636.

AMVETS LADIES AUXILIARY The Ladies Auxiliary #38 is sponsoring a combination Bingo and Barbecue "under the tent" at their post 1440 Shore Drive (off Lafayette Avenue) on Sunday, July 22 at 3:00pm. In addition to a variety of barbecue offerings, there will be Bingo games with prizes for those wanting to participate. For advance reservations at \$30, call Maria at 914.523.4404 or AnnMarie at 914.953.7556. Admission at the door will be \$35. Proceeds from the event will go to The Veterans K-9 Corps, Inc., an organization which supplies dogs to veterans needing them. HELP KEEP PELHAM BAY PARK CLEAN AND GREEN! Pelham Bay Park is an exciting place. At 2,772 acres, it's the largest park in New York City more than three times the size of Central Park. Pelham's amenities include a 13-mile coastline, salt marshes, shady forests and sunny meadows, a 19th century historic house, the Hunter Island Marine Zoology and Geology Sanctuary, bridle trails, golf courses, bike paths and Orchard Beach, the only public beach in the Bronx. Our goal is to help conserve this remarkable green space and preserve its natural beauty for everyone to enjoy. I am currently planning our project schedules for the fall calendar and looking for groups to join us. Perhaps your team would like to join us and help beautify and care for the park. Our volunteers plant trees, remove invasive plants, maintain the park's nature trails, and host special events and programs. We are available to discuss a custom project for your organiza-tion. Dates are available for September, October and 2018. November Let's Lynne.Corry@parks.nyc.gov

THE PELHAM BAY RED HAT DIVAS TRIP to the Microtel Inn by Wyndham (5 minutes to casino) on Wednesday, July 25th - 26th. Bus departs 9:00am corner of Morris Park and Colden Avenues, 9:30am Ampere Avenue and Kennelworth Place. Microtel has free breakfast, shuttle service to casino, Wi Fi, elevator, handicap rooms and is a smoke free hotel. Single, double, triple and 4 in a room available. Casino return of \$15.00 play money and \$15.00 for food or shopping each day totaling \$60.00 per person. All Invited! Call: Fran Arico @ 718/828-5073

LIBERTY COCA-COLA BEVERAGES Liberty Coca-Cola Beverages announced Dear Future New York City, an ambitious, \$30,000 challenge to young New Yorkers to come up with ideas for expanding workforce opportunities for their peers. To participate in the Dear Future New York City challenge, young New Yorkers ages 18 to 24 can go to www.coke.com/dearfuturecommunity to submit their ideas on how to connect other young people in their community to businesses that can help them. There will also be opportunities to submit ideas in person at events later in the summer. After the program closes in mid-October, all submissions will be evaluated and an award of \$30,000 will be made to one change-making idea. The change maker behind the winning idea will be paired with local partners - including Liberty Coca-Cola Beverages, Coca-Cola Scholars, and community partners - who will mentor them and help turn their vision into reality.

HAVE AN EVENT OR COMMUNITY NEWS? SUBMIT YOUR NON PROFIT EVENTS, NEWS ETC. TO BXPP@AOL.COM AND DON'T FORGET TO VISIT OUR NEW COMMUNITY GROUP AT WWW.FACEBOOK.COM/GROUPS/BXCOMMUNITYNEWS



We reserve the right to limit quantities to one can or package on sale items. Items offered for sale are not available in case lots. Abcoholic beverages may not be available in all locations. We are not responsible for typographical errors. Some Items Not Available in all Locations.



BREAKFAST



LUNCH



DINNER



LATE NITE







Serving the Bronx since before most of you were born



Free Delivery order on line www.crosstowndiner.com or call

718 597 FOOD or visit us

2880 Bruckner Blvd. corner of Tremont Ave





BEFORE

AFTER

FOR

WEIGHT

LOSS

PER DAY

Vida Activa & Saludable POR DIA INDOS LOSE ONE POUND

Control your appetite

• Control Cravings

· Replace surgeries to lose weight

CALL TODAY! 1-800-998-642 WE ACCEPT **ALL INSURANCE** FOR SPANISH 631.721.8210

WW.PORTIONCONTROLLER.COM

Bayp Center For Nursing & Rehabilitation 801 Co-Op City Boulevard Bronx, NY 10475 PHONE: 718.239.6555 FAX: 718.239.6555 FAX: 718.239.6555 FAX: 718.239.6553

we have grown to become one of the most comprehensive, full service facilities of our kind in the area.

Our admissions office will be more than happy to answer any questions and help you decide if Bay Park Center is right for you or your loved one. Please feel free to contact us at 718-239-6555 to have any questions answered or schedule a tour. You can also find us on our website at www.bayparkcenterfornursing.com

Programs and Treatments offered at Bay Park:

Special Services

- IV Fluids
- IV Antibiotics
- Diabetes Management
- Hospice/Palliative Care
- Respite Care

Respiratory Treatments

- Oxygen Therapy
- Tracheostomy Care
- Bi-Pap/C-PAP
- Suctioning

Skin/Ulcer Treatments

- Negative Pressure Therapy
 (Wound Vac)
- Pressure Reducing Devices
- Nutrition and Hydration Interventions
- Ulcer Care
- Surgical Wound Care

Special Programs

- Alzheimer's/Dementia Program
- Restorative Nursing Program
- Medical Model Adult Day Care
- Behavioral Health Unit

Rehabilitation Services

- Intensive PT, OT & ST 6 days a week
- Short Wave Diathermy
- Therapeutic Ultrasound
- Electrical Stimulation
- Specialized Orthopedic & Neurological Interventions
- Cognitive Therapy
- Vestibular Rehabilitation

Freedom Stairlifts LLC





Stairlifts[®]. ^{\$}250 discount will be applied to new orders. Please mention this ad when calling. Expires 7/10/18

Indoor/Outdoor · Stairlifts · Wheelchair Lifts · Ramps

We are the only company to offer you a Buy Back* First Year 30% Second Year 20% Third Year 10% * On new straight stairlifts only. First and

Second year subject to \$295 removal fee.



Check out our 5-star reviews online...



10% BUYBACK ON PRE-OWNED STAIRLIFTS 4-YEARS-OLD OR NEWER

Prompt, Same Day Installation is Available!

Call Noel: 347-707-0524 www.freedomstairlift.com