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PENNY PINCHER

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August 9- 15, 2018
Volume 32
 THROGGS NECK/PELHAM BAY
 AND COUNTRY CLUB



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187268 C





134 Pennyfield Avenue, Bronx, NY 10465

**Check Out Our Website or Call
For Our Daily Specials!**

Monday & Tuesday Night **2 Dinners For \$25** Served from 5pm -8pm

- Meatloaf - Mashed, Baked or French Fries & Vegetable Of The Day
- Pork Chops - Mashed, Baked or French Fries & Vegetable Of The Day
- Pork Parmigiana - Pasta In Marinara Sauce
- Spaghetti and Meatballs • Sausage & Peppers
- Eggplant Parm - Pasta In Marinara Sauce
- Chicken Parm - Pasta In Marinara Sauce



WEDNESDAY NIGHT IS BBQ NIGHT

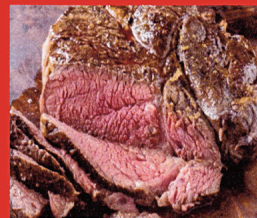


- 1/2 BBQ Chicken - \$12.95 • 1/2 Rack Baby Back Ribs - \$12.95
- COMBO - 1/2 BBQ Chicken & 1/2 Rack Baby Back Ribs - \$17.95 Per Person
- Shish-Ka-Bob Mix and Match Chicken, Beef, Pork Or Vegetable
Choice of 3 - \$12.95

All Above Served With 2 Sides - Mashed, Baked, French Fries, Corn On The Cob

THURSDAY NIGHT ENTREE SPECIALS - \$12.95

Choice Of: Roast Beef, Pepper Steak, Loin Of Pork,
Grilled Chicken or Eggplant Rollatini
Served With 2 Sides - Choice Of:
Baked Potato, Mashed or French Fries,
Rice, Pasta In Marinara Sauce, Vegetable Of The Day



FRIDAY FISH NIGHT ENTREE SPECIALS - \$13.95



Choice Of: Shrimp Fra Diavolo, Shrimp Parm, Broiled Tilapia, Fish Of The Day
Served With 2 Sides - Choice Of:
Linguini & Clam Sauce, Sauteed Mixed Vegetables, Roasted Potatoes, Rice

OPEN 7 DAYS A WEEK - FREE DELIVERY \$10 Minimum
•BREAKFAST •LUNCH •DINNER •DAILY SPECIALS

Lunch Specials - \$7.95

Monday Thru Friday 11am to 3pm

- Meatloaf Served with Potato and Vegetable
 - Chicken Parm served with Pasta
 - Eggplant Parm served with Pasta
 - Sausage & Peppers served with Pasta
 - Spaghetti & Meatballs
- Grilled Pork Chops served with Potato & Vegetable
 - Grilled Chicken Sandwich or Wrap served with French Fries, Lettuce, Tomato and Pickle
 - Buffalo Chicken Sandwich or Wrap served with French Fries, Lettuce, Tomato and Pickle
 - Chicken Bacon Ranch
 - Philly Cheese Steak
- Vegetable Wrap - Eggplant, Zucchini, Mushroom, Roasted Peppers
 - Chicken Cutlet Wrap

Burgers - \$7.95



Served with French Fries, Lettuce, Tomato and Pickle

Plain, Cheese, Bacon Cheese, Turkey, Veggie

2 SMALL PIES

\$20



2 LARGE PIES

+8 WINGS

\$22.95

**1 LARGE PIE
W/CHICKEN PARM
DINNER**

\$22

**1 LARGE PIE W/
2 - 15 INCH HEROS**

\$20

MUST BRING IN COUPON FOR DEALS

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FOR FREE --- PICK UP AND DELIVERY ONLY**



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2 BR APT FOR RENT COUNTRY CLUB UTILITIES NOT INCLUDED WALK IN \$1700. MUST COMPLETE CREDIT AND BACK-ROUND CHECK 718-850-8101

Multi-Family Garage Sale! Everything Must Go! Saturday & Sunday 1675 Pelham Parkway North

2 Family house in Throgs Neck. 3 bed 1 1/2 bath duplex plus studio. \$645,000. Call Emerald Properties Realty (347)500-4479

Yard Sale August 11th. 1626 Bogart Avenue. Rain Date August 12th - 10am-5pm

1 Bedroom apartment for rent. Throgs Neck, Country Club. \$1,500/ month- heat included. No-Brokers. 646-856-1633.

Studio: Pelham Pkwy North - Astor Ave and Wilson Ave. Newly renovated 1 room walk in - private house - bkr, all new appliances - room is small approx. 17 x 13 but "really nice" for one person. Small pet is ok - no smoking. Gas and Electric included. \$875 - 718-409-1884

Spacious apt on private cul-de-sac near West. Sq./PB. 3 bdr 2 bath. Laundry on premise. \$2300. Call/Text 646-784-5944.

For Rent Modern 3 bedroom Apartment in Throgs Neck \$2200. Close to Transportation and Stores. Smoking/Pets NO call 718-792-3282

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SHRIMP, SURF AND TURF
AND MORE



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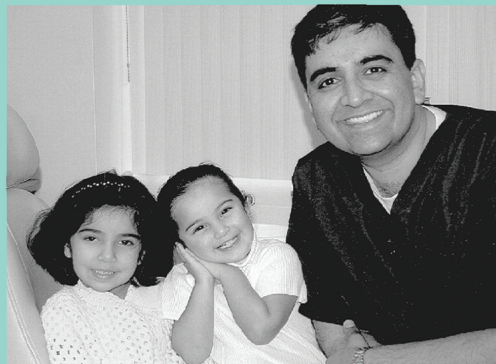
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THE BEST IN THE BRONX

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Search by Category

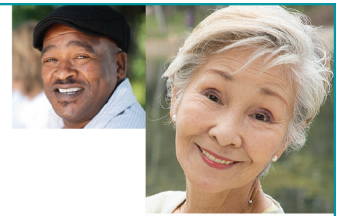
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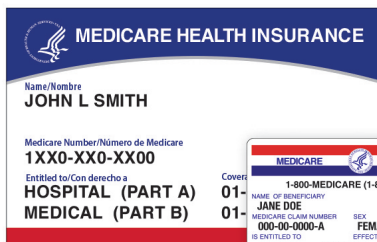


FIDELIS
LEGACY PLAN

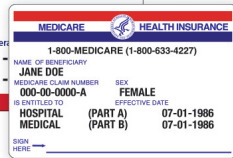


Medicare + Medicaid = More Benefits for You!

Medicare Card **NEW** ▾



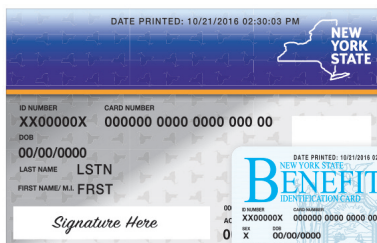
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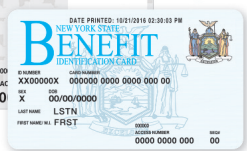
You may be eligible for additional money-saving benefits including:

- **Monthly Over-the-Counter (OTC) Card** (to pay for items like OTC medications, toothpaste, incontinence supplies, and more)
- **Transportation**
- **Flexible Spending Dollars**
- **Dental**
- **Care Management support**
- **Top-quality doctors and hospitals**
- **Discounts for hearing devices***

Medicaid/Common Benefit Identification Card (CBIC) **NEW** ▾



OR



This is not a complete listing of plans available in your service area. For a complete listing, contact the plan. The benefit information provided is a brief summary, not a complete description of benefits. For more information, contact the plan. Limitations, copayments, and restrictions may apply. Benefits, formulary, pharmacy network, premium and/or copayments/coinsurance may change on January 1 of each year. You must continue to pay your Medicare Part B premium. Out-of-network services may require more out-of-pocket expense than in-network services. Benefit restrictions apply. Fidelis Legacy Plan is an HMO plan with a Medicare contract. Enrollment in Fidelis Legacy Plan depends on contract renewal. *Fidelis Legacy Plan partners with TruHearing for discounted purchases of hearing devices.

Call us today! 1-800-860-8707 TTY: 711

Monday–Friday, 8:00 a.m.–8:00 p.m. from February 15–September 30

Monday–Sunday, 8:00 a.m.–8:00 p.m. from October 1–February 14

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<p>FRESH STACKS; BITS CHEESE; REDUCED FAT, HINT OF SALT, WHOLE WHEAT, OR ORIGINAL NABISCO RITZ CRACKERS 8.8-13.7 Oz. BOXES</p>  <p>3⁴⁹</p>	<p>SAUCE OR PUREE (29 Oz.); DICED, WHOLE PEELLED, OR HUNT'S CRUSHED TOMATOES 28 Oz. CAN</p>  <p>2³ FOR</p>	<p>HEINZ KETCHUP 38 Oz. BTL.</p>  <p>2⁹⁹</p>	<p>CRISPS GREEN (MAKES 20 QTS. 150.79 Oz.); HAY & HAY (MAKES 20 QTS. 48.67 Oz.); OR MAKES 28 QTS. LEMON LIPTON ICED TEA MIX 70.5 Oz. CNSTR.</p>  <p>4⁹⁹</p>
<p>QUICK OR OLD FASHIONED QUAKER OATS 18 Oz. CNSTR.</p>  <p>2⁹⁹</p>	<p>QUICK OR OLD FASHIONED QUAKER GRITS 24 Oz. CNSTR.</p>  <p>1⁶⁹</p>	<p>FROSTY FLAKES (15 Oz.), FROSTY FLAKES CINNAMON SUGAR (13.6 Oz.), CHOCOLATE FROSTY FLAKES (13.2 Oz.), CORN FLAKES (12.5 Oz.), ANNA JACKS (12.2 Oz.), OR KELLOGG'S FROSTY FRUIT LOOPS 12.2 Oz. BOXES</p>  <p>2⁹⁹</p>	<p>BATHROOM, WHITE SCOTT 1000 TISSUE 8 ROLL PKG.</p>  <p>5⁹⁹</p>
<p>SPRINKLED DONUT (12.4 Oz.), PEANUT BUTTER (12.5 Oz.), OR CRUNCH BERRIES (13 Oz.), OR ORIGINAL QUAKER CAP'N CRUNCH CEREAL 14 Oz. BOXES</p>  <p>2⁹⁹</p>	<p>ASSORTED VARIETIES FABULOSO LIQUID CLEANER 56 Oz. BTL.</p>  <p>2⁹⁹</p>	<p>9 LIVES CAT FOOD 4 Pk. 5.5 Oz. CANS</p>  <p>3⁵ FOR 5</p>	
<p>KRASDALE WHIPPED BUTTER 8 Oz. CNTR.</p>  <p>1⁹⁹</p>	<p>HAWAIIAN PUNCH RED 64 Oz. BTL.</p>  <p>3⁴ FOR</p>	<p>ASSORTED VARIETIES NABISCO CHIPS AHOY! COOKIES 7-13 Oz. PKG.</p>  <p>2⁹⁹</p>	
<p>SIMPLY ORANGE JUICE 52 Oz. BTL.</p>  <p>2 FOR \$6</p>	<p>EQUAL SUGAR SUBSTITUTE 115 Ct. Box.</p>  <p>2⁴⁹</p>	<p>MINUTE MAID DRINKS 59 Oz. CNTR.</p>  <p>3 FOR \$4</p>	

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Not responsible for typographical errors. Some illustrations in this ad are for display purposes only and do not necessarily represent items on sale.

Sale items limited 1 per family unless otherwise noted. Items & prices effective in this store only.

SALE STARTS FRIDAY, AUG 10 THRU AUG 16

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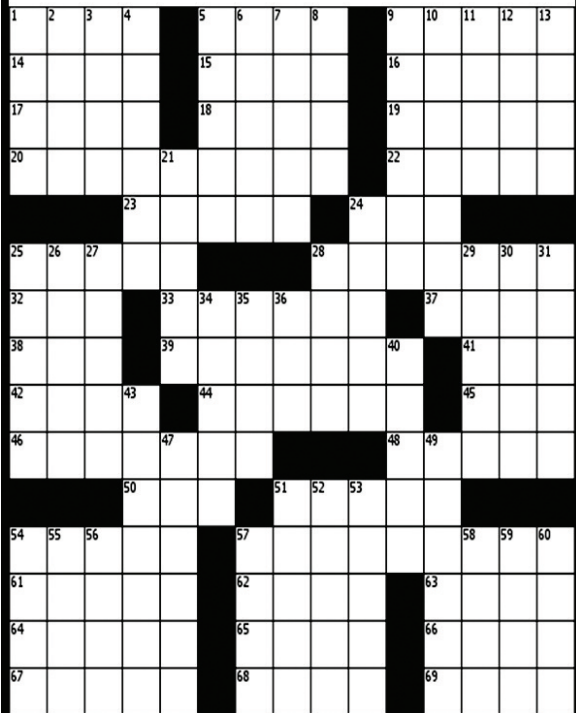
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CROSSWORD



Across

1. Diva's song
5. Tibetan monk
9. Fight site
14. Foam
15. Woe is me!
16. Remodelled
17. Is unwell
18. Tiresome person
19. Limber
20. Respiratory disease
22. Appraises
23. Bart Simpson's mom
24. Butter portion
25. ___ beam
28. Sewing guide
32. Computer key
33. Dictator
37. Precinct
38. Calculating
39. Meantime
41. Forty winks
42. Narrated
44. Walk cautiously
45. Apply frosting
46. More sugary
48. Counts calories
50. Miles ___ hour
51. Lustrous fabric
54. Chef's smock
57. Choosy
61. Slack
62. Above
63. Largest continent
64. Planet's path
65. Feathery plant
66. Lincoln's coin
67. Exams
68. Picnic pests
69. Ball holders

Down

1. Right away (abbr.)
2. Spoil
3. Not active
4. Take for granted
5. Toil
6. Accompanying
7. Scientist ___ Curie
8. Adrift
9. Biblical mount
10. Sailboat race
11. Correct copy
12. Cairo's river
13. Fruit drinks
21. ___ Gras (Shrove Tuesday)
24. Barbecue site
25. Continues
26. Permit
27. Current fashion
28. Red wine
29. Bert's friend
30. Respond
31. Neck parts
34. Computer key
35. Recipe direction
36. Vitality
40. Military doctor
43. Bank transaction
47. Principles
49. Unbroken
51. Lucky dice roll
52. Watchful
53. Shore birds
54. Doodles (2 wds.)
55. Skin opening
56. Steals from
57. Divan
58. Psychic's phrase (2 wds.)
59. Grape plant
60. Breaks bread

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**PELHAM BAY LARGE 4 FAM + FULL
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 1 THREE BED TWO BATH APT 2 CAR
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PELHAM BAY
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 \$1400 PER MONTH



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 FOR LAUNDRY USE OF YARD &
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BRONX MANOR
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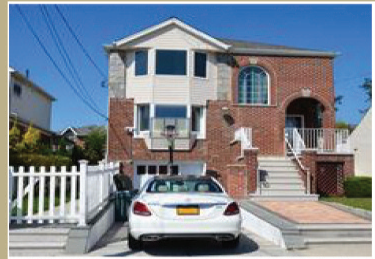
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THROGS NECK- 825 REVERE AVE
INCOME PRODUCER! DETACHED BRICK 3 FAMILY SET ON 50X100 PRIME THROGS NECK LOCATION. XTRA LARGE 3 BEDROOM OVER 3 BEDROOM. BOTH WITH SLIDERS TO A DECK, PLUS 1 BEDROOM WALKIN, GARAGE, WOOD FLOORS THROUGHOUT, A TURN KEY PROPERTY! **\$1,050**



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THROGS NECK- 833 REVERE AVE
 DETACHED BRICK 2 FAMILY, SPACIOUS 2 BEDROOM OVER 1 BEDROOM, HARDWOOD FLOORS, BEAUTIFULLY MAINTAINED HOME WITH MANY UPDATES **\$649,000**



LOCUST POINT: 3225 GIEGERICH PL.
 MAGNIFICENT HOME IN THIS PRIVATE WATERFRONT ENCLAVE. WITH OVER 3000SQ.FT OF LIVING SPACE, 4 BDRS, 3 BATHS, CHERRYWOOD KITCHEN W/SKYLIGHTS LEADS TO CHERRYWOOD SCREENED IN DECK, WALKIN IS IDEAL FOR IN LAWS, MANY SPECIAL TOUCHES!



IN CONTRACT
COUNTRY CLUB: 1312 LOHENGRIN AVE
 CHARM & CHARACTER! 3 BEDROOM 2.5 BATH TUDOR SET ON 30X133 LOT. UPDATED KITCHEN & BATH, COMPLETELY FINISHED WALK IN, METICULOUSLY LANDSCAPED YARD. HURRY! **\$639,000**
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IN CONTRACT
SILVER BEACH: 80 POPLAR
 WELCOME HOME TO THIS GATED COMMUNITY WITH PRIVATE BEACH AND PLAYGROUND. 3 BDR UPDATED RANCH STYLE WITH CUSTOM KITCHEN AND HARDWOOD FLOORS THROUGHOUT. FULL BASEMENT. ASKING **\$333,000**



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PELHAM BAY: 2870 WATERBURY AVE
 A SUPER CHOICE! 1 FAMILY, 3 BRs, 1.5 BATHS, GARAGE, HARDWOOD FLOORS THROUGHOUT, MANY UPDATES **\$469,000**



IN CONTRACT
LOCUST POINT: 3176 GIEGERICH PLACE
 LOCATION LOCATION LOCATION! THIS BEAUTIFULLY RENOVATED & RARE SPLIT LEVEL HOME SITS ON A PRIME 40X100 CORNER PROPERTY. 3 BDRS, SPACIOUS LR, KITCHEN DINING ROOM LEADS TO NICE PATIO, HARDWOOD FLOORS THROUGHOUT, FINISHED WALKIN USED AS FR WITH HALF BATH, INSIDE ACCESS TO 1 CAR GARAGE, CENTRAL A/C, **\$515,000**



IN CONTRACT
COUNTRY CLUB: 1109 ELLSWORTH AVE
 SHOWS OFF LIKE A MODEL HOME! BRICK 1 FAMILY WITH 4 LEVELS! RENOVATED TO PERFECTION W LOTS OF ATTENTION TO DETAIL. 3 BRs, 1.5 BATHS, KIT/DIN LEADS TO LARGE DECK, WALK IN IS SPACIOUS IN LAW SUITE & FULL BASEMENT TOO! HURRY. **\$625,000**

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THROGS NECK:
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SILVER BEACH GARDEN WATERFRONT CO-OP

LAYOUT FEATURES: KITCHEN WITH PLENTY OF CABINETS, LIVING ROOM PLUS FIREPLACE, DINING ROOM, FAMILY ROOM & FULL BATH WITH JACUZZI. OPEN & AIRY FLOW THROUGHOUT. EXTRAS SUCH AS CAC & HARDWOOD FLOORS. 2ND LEVEL: MBR LARGE BEAUTIFUL VIEW OF WATER AND 2 ADDITIONAL BR'S. W/ VIEW, FULL BATH AND JACUZZI. LAUNDRY. ENJOY THE STUNNING & AMAZING VIEWS OF THE MANHATTAN, WHITESTONE AND THROGGS NECK BRIDGES. LOOK OUT YOUR WINDOW WHILE SIPPING COFFEE & HAVING BREAKFAST WITH VIEWS. THERE IS STILL MORE. ENJOY ALSO ON YOUR SPECTACULAR 3 TIER DECK FOR ENTERTAINING AND THE SUNSETS IN THE EVENING. \$675,000 WITH SHARES INCLUDED.

THROGGS NECK BRONX, NY 10465

THIS RARE FINDING IN THE THROGGS NECK AREA IS A MUST SEE. SET ON A LARGE 50X100 LOT WITH 2 CAR GARAGE WITH STORAGE AND WORKSHOP AREA, NICE SIZE YARD W/ LOVELY & ENCHANTING LANDSCAPING OF FLOWERS & TREES. MAKE THIS PALACE YOUR HOME- MOVE RIGHT IN. GREAT SIZE ROOMS. LAYOUT FEATURES: LARGE EIK, FDR, LR, FULL BATH, BEAUTIFUL FAMILY ROOM W/ SKYLIGHTS AND DOOR TO FABULOUS DECK W/ REFRESHING POOL FOR ENTERTAINING. 2ND LEVEL: 4 BEDROOM & FULL RENOVATED BATH. 3RD LEVEL: WALK UP ATTIC W/ OFFICE & PLENTY OF STORAGE, WHICH YOU CAN MAKE ADDITIONAL 5TH BEDROOM, PLUS LARGE BASEMENT CAN BE FINISHED INTO FAMILY ROOM THERE ARE SO MANY POSSIBILITIES, LAYOUTS & STORAGE TO THIS HOME. GREAT LOCATION ACCESSIBLE TO STORE, BUS, TRAIN, SCHOOLS & HOUSE OF WORSHIP \$729,000

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EDGEWATER PARK CO-OP

THIS YOUNG CUSTOM BUILT (2011) CO-OP IS A MUST SEE WITH SPECTACULAR WATER VIEWS. LAYOUT FEATURES: KITCHEN W/ GRANITE COUNTERS & STAINLESS STEEL APPLIANCES & BEAUTIFUL GLASS BACK SPLASH, DR, LARGE LIVING ROOM W/ WATER VIEWS & STONE FIREPLACE MAKING A COZY & WARM ATMOSPHERE THROUGHOUT THE HOME & FULL BATHROOM WITH ELEGANT TILES & BAMBOO FLOORS. 2ND LEVEL: MBR W/ VIEWS OF WATER AND BALCONY SO COZY AND RELAXING, 2 ADDITIONAL BR'S, FULL BATH & LAUNDRY ROOM. PLUS FRONT & BACKYARD W/ TREX DECK, NICE SIZE CRAWL SPACE FOR STORAGE, AND NEW FENCE. ENJOY THE MANY AMENITIES OF THE COMMUNITY SUCH AS CORPORATION ON PREMISES, SECURITY, BEACH, PLAYGROUND, TRACK, DELI & EXPRESS BUS PICK & DROP OFF IN COMMUNITY. COME STOP IN YOUR DREAMS HAVE BEEN ANSWERED. JUST TURN THE KEY. \$429,900 W/ SHARES INCLUDED

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— ALL NON- PROFIT ORGANIZATIONS WELCOME! —

PELHAM PARKWAY NEIGHBORHOOD ASSOCIATION EYE GLASS DRIVE There is a tremendous need for recycled eyeglasses throughout the world. This year the Pelham Parkway Neighborhood Association is partnering with the Lions Club International to collect used eyeglasses for charity. We will have them cleaned, sterilized, and designate the prescription of used eyeglasses and collect, store and package them for distribution to needy groups and adults and children throughout the world. Help make a difference and improve peoples lives. Please check for any unused eyeglasses you may have. The following business locations in the community have graciously donated space for our collection boxes: Bronx House 990 Pelham Parkway South, Apple Bank 626 Pelham Parkway South, Pelham Parkway Vision 735 Lydig Avenue, Sterling Optical 2168 White Plains Road, Creston Optical 2168 White Plains Road, NY Eye Surgery Center 1101 Pelham Parkway North, Eye Care Unlimited 1086 Morris Park Avenue, St.Claire Of Assisi Church 1918 Paulding Avenue.

LIBERTY COCA-COLA BEVERAGES Liberty Coca-Cola Beverages announced Dear Future New York City, an ambitious, \$30,000 challenge to young New Yorkers to come up with ideas for expanding workforce opportunities for their peers. To participate in the Dear Future New York City challenge, young New Yorkers ages 18 to 24 can go to www.coke.com/dearfuturecommunity to submit their ideas on how to connect other young people in their community to businesses that can help them. There will also be opportunities to submit ideas in person at events later in the summer. After the program closes in mid-October, all submissions will be evaluated and an award of \$30,000 will be made to one change-making idea. The change maker behind the winning idea will be paired with local partners – including Liberty Coca-Cola Beverages, Coca-Cola Scholars, and community partners – who will mentor them and help turn their vision into reality.

NYPL MORRIS PARK BRANCH AUGUST 2018 Everything You Need to Know about Your iPad/iPhone Series Tuesdays, August 7, 14th, 21st @ 10AM-12PM, 'High School Math Live' for SPED and Math Teachers taking the CST Math Exam, students taking the Algebra or Geometry Regents, parents that want to help their children with the Algebra or Geometry Regents. Limit is 10. Every Friday in July and August 10AM to 2PM, Must sign up on www.eventbrite.com. Search CST Math Prep or ask Librarian. Freedomland Amusement Park 1960-1964: Come join us for an informative lecture on Freedomland U.S.A., find out the interesting history or go down memory lane. Saturday, August 18th, 2018 @2:30pm, Book Discussion: Lilac Girls by Martha Hall Kelly on August 14th & 18th Teen Programs: Clay Building & Sculpting (21st), Fuji Instax Photography (9th), Kung Fu & Tai Chi (28th), Chess Club (9th), Wii Gaming Tournament (3, 10, 31). Morris Park Branch, 985 Morris Park Ave Bronx, NY 10462 718.931.0636.

PELHAM BAY RED HAT DIVAS will sponsor a bus ride to the Sands Casino in Bethlehem Pa. (1 1/2 hr. ride) on Thursday, August 23, 2018. Bus departs 9:00am Ampere Avenue & Kennelworth Place, 9:15am 1007 Morris Park Avenue in front of Morris Park Bakery (between Colden and Paulding Avenues). The sands

has poker tables, blackjack, slots and much more. The casino building has over 25 designer outlets including Coach, Charming Charlie, Chico's, Tommy Hilfiger, Under Armour, Van Heusen and Corning. It has 12 restaurants, buffet and a food court. Coffee, tea, buttered rolls or French crueller will be served. Bus seating is according to date of payment. All Invited! For details call Fran Arico @ 718.828.5073.

TEMPLE HATIKVA BIRTHDAY CELEBRATION Please join Temple Hatikva next community free Shabbat service on Friday August 17, 2018 starting at 7:30pm. We will be having a special 8th Birthday Party after our sevice complete with birthday cake. We are located at 990 Pelham Parkway South, Bronx NY 10461. Temple Hatikva offers a warm welcome to the entire Jewish community, to all those at our traditonal yet modern services in Hebrew and English and a meaningful experience to all, from those with no synagogue background to observant. As always at Temple Hatikva worship will be followed by a free traditional Oneg Shabbat, a time to unwind and reflect with others while enjoying wine and refreshments. Community at large welcome. Please check our website at www.templehatikva.com or call us at 917-819-2456. All calls will be answered.

BRONX HOUSE EARLY CHILDHOOD EDUCATION PROGRAMS Exploring with My Grown-Up (Ages 18 months to 3 yrs.)—Great Drop-In Themed Classes for Your Little One & You. Step-Up Program for Children ages 2.9 and older—Two (2) half-day sessions available, 9:00am-12:00pm and 1:00pm-4:00pm. For more information call Natasha Khan 718-792-1800 ext. 264. Bronx House Early Childhood Pre-K for All Seats are still available for children born in 2014.

ORCHARD BEACH FREE COMMUNITY EVENTS Street Games: Saturday, August 11th 12p-4pm. Enjoy a day of nostalgia and old-fashioned fun with hula hoops, jumbo games, skelly and much more. Food trucks, music and activities for the whole family. Off the Boardwalk at Section 4. Silent Disco: Saturday, August 18th 6pm-9pm. Grab a pair of headphones and tune into a DJ spinning everything from Top 40 and 80s tunes to hip hop and R&B. Food trucks, off Boardwalk at Section 4. Drive-in Movie-Black Panther: Friday, August 25th (no entry after 8:15pm) at 7pm. Catch a big-screen blockbuster from the comfort of your car at the first-ever Drive-In Movie at Orchard Beach. Check out food trucks, games and fun activities before the movie. Please RSVP with link: <https://orchardbeach-drivein2018.eventbrite.com>.

THE BRAHMA KUMARIS in the Bronx invites you to join in a special occasion of Rhakshabandhan (Rakhi), "Everlasting Protection: Celebrating the Pure & Unending Love between Soul & Supreme Soul," on Sunday, August 12, 2018, 4:30- 6:30pm at the Astor Banquet Hall, 805 Astor Ave, Bronx 10467. It's an event in which we are reminded of, and will celebrate, the eternal bond of love and protection, we as souls have through our loving connection with God. In these days, more than ever, we all need to be reminded of how to tap into this experience of God's love and the protection that's promised through that love. The program is offered free as a community service. We hope you can join us. Please feel free to invite a friend. RSVP and information, please contact Carmen bkbronx2.ny@gmail.com or 718-994-0765

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"Neighborhood Updates"



Matthew Cruz

District Manager
Bronx Community Board #10
3165 East Tremont Avenue
Bronx, NY 10461
(718) 892-1161
Bx10@cb.nyc.gov

MOVIES IN THE PARK AT FERRY POINT PARK

Please join your neighbors for a viewing of the movie Black Panther on Friday, August 17 at Ferry Point Park. As you know, this is part of the New York City Department of Parks and Recreation's annual Movies in the Park event. You are welcomed to bring blankets, chairs and other items for your comfort. You should arrive before 8 P.M. to claim your spot. If you have any questions, please contact my office at (718) 892-1161.

NYC HPD HOMEOWNER REPAIR LOANS

For many people, including my own family, their property is their most prized asset. The cost of maintaining a home has certainly out-paced incomes. However, the City of New York can offer a helping hand. Owner-occupied one-to-four family homes may be eligible for low-interest home improvement loans. The New York City Department of Housing Preservation and Development partners with the Neighborhood Housing Services of New York City (NHS) to offer emergency repair loans, revolving loan funds (RLF) and home improvement program (HIP) loans. The loans range from \$5,000 to \$50,000 with interest rates between 2% and 5%. If you are a homeowner and are interested in applying or learning more about these programs, please contact NHS at (212) 519-2250 or the NYCHPD at homerehabloan@hpd.nyc.gov.

TAKING SUGGESTIONS

In my opinion, I would not be doing my job well if I did not listen. In previous columns, I have asked that you send in your suggestions to Bronx Community Board #10 for our upcoming District Needs statement. To be sure, we are still accepting suggestions on city programs and/or city capital projects where you, a member of the public, would like to see funding increased. Additionally, my office is accepting suggestions on resource fairs we should have in our communities. Resource fairs are always a great opportunity for residents to speak directly with city agency representatives. If you have a topic you would like to learn more about, please contact my office at (718) 892-1161 or via e-mail at bx10@cb.nyc.gov with your suggestions.

STAY TUNED

Mayor de Blasio's Advisory Commission on Property Tax Reform has chosen a date for its Bronx public hearing. Please save Thursday, October 11, 2018 open in your personal schedules so that you are able to voice your opinion. The time and location are still to be determined. When both are available, it will be printed in this column several times. Property tax matters are prevalent in Community Boards #10 and #11. Many of us should attend. Stay tuned.

PLEASE TAKE NOTE: Once your ad has been placed, there will be **NO REFUNDS**. PLEASE: Read your ad the first day it appears. If any error was made by The Bronx Penny Pincher on a TELEPHONE NUMBER OR ADDRESS the publisher will be happy to correct it **FREE OF CHARGE**. The Publisher is not responsible for typographical errors. However, the Publisher must be notified within 48 hours of THAT publication or the publisher will not assume responsibility. Please include your phone number and/or address in ad copy or the Publisher will not be responsible if either of the above is left out. **PLEASE WRITE LEGIBLY**. We will not be responsible for illegible handwriting.

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TO ALL NON-PROFIT ORGANIZATIONS

Do you have a Special Event that is of interest to the neighborhood?
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FREE OF CHARGE!**

The Bronx Penny Pincher will print your Community Events!
(NON-PROFIT ORGANIZATIONS ONLY)

SEND YOUR COMMUNITY EVENTS TO:

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c/o Bronx Penny Pincher
3797 E. Tremont Avenue
Bronx, NY 10465
FAX: 718.828.7974

EVENTS MUST BE FREE OF CHARGE!

All Copy Must Be Received By Monday, 2 Weeks Prior to Your Event, For That Thursday's Publication. The Bronx Penny Pincher Reserves the Right to Refuse Any Copy That is Not in The Best Interest to The Community Only.

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Oatmeal Pancakes II



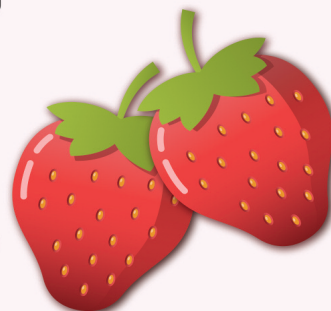
Ingredients

1/2 cup all-purpose flour
1/2 cup quick cooking oats
1 tablespoon white sugar 1 teaspoon baking powder
1/2 teaspoon baking soda
1/2 teaspoon salt
3/4 cup buttermilk 1 teaspoon vanilla extract
2 tablespoons vegetable oil
1 egg



Instructions

1. Place flour, oats, sugar, baking powder, baking soda, salt, buttermilk, vanilla, oil and egg in a food processor and puree until smooth.
2. Heat a lightly oiled griddle or frying pan over medium high heat. Pour or scoop the batter onto the griddle, using approximately 1/4 cup for each pancake. Brown on both sides and serve hot.





Sale Dates:
 8/13 - 8/16
 8/10 - 8/14
 8/11 - 8/15
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PRODUCE

Roma Tomatoes 1 1/2 Doz... 100% Roma Ripe 99c lb.	California Seedless Red Globe or Red, Green or Black Welch's Seedless Grapes 1 1/2 Doz... 100% Seedless Grapes \$2.99 lb.	16-12 Lb. Average Whole Red Ripe Watermelons By The Bin Fresh Yellow Corn 29c ea.	3 Lb. Bag Tropicana Easy Peel Mandarins Washington State Red Delicious Apples 99c lb.	8 Oz Pkg... Spinach or 5-12 Oz Bag... 50-50 Blend, American, Annapolis, Baby Spinach, Butter Lettuce, Field Greens, Hearts of Romaine, Italian, Premium Romaine, Spring Mix or Very Veggie 2.99 2/\$5
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Back to School Savings

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Programs and Treatments offered at Bay Park:

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- IV Fluids
- IV Antibiotics
- Diabetes Management
- Hospice/Palliative Care
- Respite Care

Respiratory Treatments

- Oxygen Therapy
- Tracheostomy Care
- Bi-Pap/C-PAP
- Suctioning

Skin/Ulcer Treatments

- Negative Pressure Therapy (Wound Vac)
- Pressure Reducing Devices
- Nutrition and Hydration Interventions
- Ulcer Care
- Surgical Wound Care

Special Programs

- Alzheimer's/Dementia Program
- Restorative Nursing Program
- Medical Model Adult Day Care
- Behavioral Health Unit

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