DO Consider Fostering

SHOALS–Have you ever thought about being a foster parent? Alabama currently has approximately 6000 children in foster care. In Lauderdale County alone there are over 140 children in foster care. Some simply need foster care for a matter of days. Others may need foster care until they are reunited with their biological family or plans are made for them to be adopted.

There is a great need for foster homes. If you can't do it on a full time basis, there is always a need for respite care for the foster families.

There will be an Orientation Meeting for foster and adoptive families on August 28 from 6-8pm at DHR at 424 Veterans Drive in Florence. Call 256-765-4023 to preregister for the class. This is an information-only class to answer any questions you may have about foster care.

The ten-week course plus CPR will be every Tuesday beginning September 4 from 6-9pm at DHR.

Aldi Adding **Products**

FLORENCE/MUSCLE SHOALS — As part of the company's aggressive growth initiative, ALDI is pleased to announce a new product expansion to deliver more of the fresh products customers want most. With an emphasis on fresh, organic and easyto-prepare options, 20% of products in Shoals area ALDI stores will be new compared to last year.

ALDI is in the midst of an accelerated growth plan with more than 1,800 stores across the country. They have

invested more than \$5 billion to remodel and expand their store count to 2,500 by the end

of 2022.

ALDI is making a \$7.25 million remodeling investment across north Alabama to make room for the new products. Seven out of eight north Alabama remodels have been completed.



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Converting transactions into relationships

For information about advertising in this spot, call 256-740-4701

256-764-6151

FCS's Launch

of **Distinction**

FLORENCE-The Florence City School

focused program serving as a catalyst for

system is implementing a comprehensive career pathway program called "Launch," which achieved a state Program of Distinction recognition earlier this year. Launch is a career-

launching student careers by allowing them to

experience specific work assimilations while in high school. This includes offering intern/ apprenticeship-based opportunities that simultaneously provide skill and work exposure with real world expectations. Elemence City

with real-world expectations. Florence City

Schools and student Launch participants are

seeing how the community can be positively

industry stakeholders work collectively.

complete a Career Inventory Launch

See LAUNCH... on Page 6

Junior-senior high school students first

with their reasons for the interest. A part of

impacted when a school system and business-

Application during the Spring semester for the following school year. This application lists the specific career occupation they desire along

this application process requires the students to

provide at least three character references which

PHIL CAMPBELL -- Finding a way forward into successful adult employment seems impossible for some young people. The Youth Success Program (YSP) at Northwest-Shoals Community

College (NW-SCC) has proven to be exactly the lifeline Hannah James of Spruce Pine, Alabama needed for her future.

Advanced homeschool classes through eleventh grade helped James make academically. headway the However, isolated experience and difficult subject matter left her burned out and ready for a change. Rather than continue homeschooling, James entered the Youth Success Program after learning of the free GED program offered through NW-SCC.

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See YOUTH... on Page 3



Division I Transition Begins for Athletics Football Lions Schedule BYU



FLORENCE The North of football Alabama program has signed a contract to play Brigham Young Young University (BYU) on November 21, 2020 in Provo,

Utah. It will be UNA's first game against a Football Bowl (FBS-Subdivision formerly Div. I) opponent since 1997

when the Lions, then NCAA Division II members, stunned Louisiana-Lafayette 48-42 in four overtimes in Lafayette.

North Alabama begins its transition to Division I Football Championship Subdivision (FCS - formerly Div-I-AA) this fall and will face six FCS opponents. In 2019 the Lions have a 12-game FCS schedule.

BYU will be the first FBS opponent of the transition for UNA.

See LIONS... on Page 17



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Courier Journal / August 15, 2018



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2013 55K MILES, GARAGE kept, showroom condition, new Pirelli tires, standard equipment, silver, black velour interior, sunroof, no personal checks, no payment plans, cash or certified check. Serious buyers only. \$13,200 256-303-9949.

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We accept most insurances

Shorts...

Continued from Page 1

Sledge Among 47 Banking School Grads

SHEFFIELD – Bank Independent Senior Relationship Banker, **Deanna Sledge**, was among 47 students from across the

state who recently graduated f r o m Alabama Banking School in M obile. S l e d g e serves the

financial **Sledge** needs of the

Shoals community from the Bank's Killen sales office.

The school is sponsored by the Alabama Bankers Association and administered by a 29-member faculty comprised of bankers and industry professionals.

Jason Windham, a member of Bank Independent's Leadership Team and President of the Bank's subsidiary Interstate Billing Service, is a longtime member of the Alabama Banking School faculty, and currently serves as the school's Director.

"I'm very proud of Deanna and her accomplishments," says Windham. "All of Bank Independent's participating students represent the Bank well, and Banking School equips them to better serve their customers and communities."

Students attended three week-long sessions during a two-year period to complete the program. At the conclusion of each session, students must successfully complete two final exams. While not in session, students are required to complete six extensive home study problems.

45th Waterloo Alumni Event

W A T E R L O O – T h e Waterloo High School 45th annual alumni banquet takes place Saturday, August 25 at the school. Social hour begins at 5pm and the dinner and program begin at 6pm. The cost is \$10. The Class of 1958 60th Reunion, 1968 50th Reunion,

Class of 1978 40th Reunion, and Class of 1993 25th Reunion will be recognized. All alumni, former

students, faculty, administration, support personnel, and their spouses, are invited.

A scholarship fund was established in the early years of the association. Each year every graduating senior from WHS who plans to attend college is provided with funds to assist with tuition, books, and other expenses. Funds are also provided for various school projects each year.

The Alumni Association is a 501(c) (3) nonprofit organization approved by the IRS. Donations to the association are needed and greatly appreciated.

greatly appreciated. Please call classmates and come join in the fun with them and friends from days gone by. For information, call Sylvia Orrick at 256-766-9248 or Bobby Robertson at 256-764-5764. BAMA DIRT: DRIVEWAY GRAVEL, CLEAN TOP SOIL, FILL DIRT and SOD. www. bamadirt.com 256-740-7406

TOYOTA: TACOMA PICKUP, 2007 \$4,750, 5-speed, 2 wheel drive, cold air, drives good, runs good, 423-237-8001

FORD: F-150 XLT LARIAT, 1991 \$1,500 OBO, looks good, needs tune up, 94,000 miles. 256-275-2276

4030 KUBOTA DIESEL TRAC-TOR 40 HP, with front end loader. 1700 hours. Turf tires, always hangered and used for cutting grass. Looks and runs excellent. One owner. Florence. \$13,900 obo. 256-762-7383.

CHEVROLET: LUMINA, 1994 4-DOOR sedan, fuel injection 3.1 liter V6 engine, air, loaded, 98,000 miles, \$12,500. Manuals. 256-366-1628.

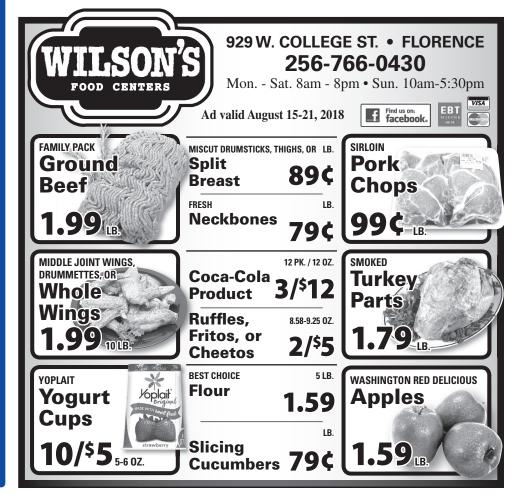
TRÄGER PRO SERIES 34 Grill For Sale. Purchased new in June and used 4 times. 3 year warranty. Includes additional accessories front shelf, two grill covers, and pellets. \$750 or best offer. Call 256-366-2912.

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Welcome Dr. Adam Isbell

Adam Isbell, MD was born and raised in The Shoals, attended University of Alabama School of Medicine (UAB), and completed residency at the University of Mississippi Medical Center in Jackson, MS.

He is board certified in Internal Medicine and has worked at Mississippi Baptist Medical Center for over 6 years.

He is joining Avalon **Medical Center and** currently accepting new patients.

Avalon Medical Center

2400 E. Avalon Avenue Muscle Shoals, AL 35661 256-386-0808 www.avalonmedicalshoals.com

Youth...

Continued from Page 1

James was nervous about entering the classroom environment because she knew that a structured school system would be a very different experience material step-by-step to from homeschooling. Her help me understand," uneasiness dissipated said James. "They also quickly upon meeting NW-SCC Adult Education

advisor Cynthia Scott on the NW-SCC Phil Campbell campus. James attended free GED preparation classes every weekday for several months before obtaining her CED

obtaining her GED. "The instructors helped so much by walking me through challenges in the welcomed me with open arms and made me feel instructors Gloria Butts, more comfortable meeting Kathy Hutcheson, and YSP new people."

Also, James worked with YSP Advisor, Cynthia Scott, to set goals, find her interests, and determine her next steps. "Mrs. Cynthia made me feel like I could talk to her about anything," said James. "From personal issues to college questions, I could come in and talk to her about it."

After completing her GED, James earned a financial incentive from YSP. She then enrolled at NW-SCC for her first college class at the age of 17. Through her successful participation in YSP, James received free tuition for Math 110 which she completed in May 2018.

When asked what she would say to someone about the NW-SCC Youth Success Program and the free Adult Education GED preparation classes, James replied enthusiastically, "I'd say. 'Go for it!' Come meet the instructors and advisors here and get to know them. They work at

your speed, on your time schedule, and they are so nice and welcoming." The Youth Success

Program (YSP) at NW-SCC serves out-of-school youths from ages 16-24 in Colbert, Franklin, Lauderdale, Lawrence, Marion, and Winston Counties. YSP identifies and assists those who have been unable to complete their education and who need guidance and assistance regardng their education and additional training toward

employment.

YSP offers services such as job skills/employment training, GED support, college enrollment assistance, tutoring and mentoring.

For more information about the Youth Success Program at NW-SCC, contact Sharon McBride by phone at 256-331-5262 or by email at mcbride@ nwscc.edu.







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August 18 & 19

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\$250 Monthly (Cash Only) Now Giving Sublocade Injections For Appointment Please Call 256-229-6262 or 256-702-0122	By Prescription Only \$999 30ct for 999 Darnes Health Care 221 N. Court Street	COMMUNITY NOTES may be submitted for non-profit, civic or church- related events and published free of charge. Community Notes must be submitted in writing by 3pm Friday for consideration in the following week's issue. As space is available in the Courier Journal. • Email to editor@courierjournal.net; • Look for "Submit News" on our website at www.courierjournal.net. • Fax to 256-760-9618; • Mail to 219 W. Tennessee St, Florence, AL 35630; or • Bring in person. All properly submitted Community Notes which are dated will be posted weekly at www.courierjournal.net. Visit our website for a complete list.
Locations in Lexington and Cherokee	www.courierjournal.net	Swamp John's Dinner at Lexington Senior Center on Tuesday, August 14, 4-7pm. Your choice of shrimp, fish, or chicken. Meal includes slaw, fries, dessert and drink. \$11 per plate.
AUGUST 1 HWY WIGGV [®] CENTRAL SAVE 3% ON	HEIGHTS	Jiles will be discussed at the 10am Wednesday, August 15 meeting at Coldwater Books, 105 W. Sixth Street, Tuscumbia. The book is a historical novel set in Texas in 1870. The book club meets the third Wednesday of each month at the store. For more information, call the store at 256-381-2525. Gospel Meeting at Shiloh Church of Christ, 2605 County Road 344, Florence, August 12-16. Speaker Matt Heupel,
BONELESS BEEF Bottom Round Roast Steak	FRESH PRODUCE CALIFORNIA Strawberries Strawberries 2/\$4 16/0Z. 16/0Z. 16/0Z. 1.89 LB.	Preacher, Woodlawn Church of Christ, Florence. Schedule: Sunday Bible Study 9am, Worship 9:45am, fellowship meal following morning worship, Evening worship 12:30pm. Monday-Thursday 7pm. For more information call 256-757- 2456. Gospel Meeting at Underwood
VALUE PLACK Split Fryer Breast Breast	RUSSET YELLOW Potatoes Onions LB. 89¢ 3 LB. BAG 1.69 MISSION PRIDE FIORA DOUBLE ROLL Bath 'Eissue Ional Peaches Ional Ional Ional Ional	Heights church of Christ, 151 County Road 457, Florence, August 12-17. Speakers: Tim Sutton and Lonnie Oldag. Sunday services: 9:30am, 10:30am and 7pm. Monday-Friday services: 7pm. Both men will speak each night with singing between speakers. Bring you Bible and study with us. For more information call 256-856-4333. Monthly Covered Dish Lunch and Program at the Zip City Community
	2/\$3 29.0Z. CAN 4.99 12 ROLL PK. FIORA PIGGLY WIGGLY	Center, 10511 Hwy 17, Florence, on Thursday, August 16 at 11:30am. Please bring a covered dish. Everyone is welcome. The "Grace Notes" will present the
Eckrich Sliced Bologna14 oz. bag1.29John Morrell Hot Dogs12 oz. pkg.1.09	3-Ply Paper Towels 4.89 6 ROLL PK. Spring Water 3.49 24'PACK 1/2 LITER BTLS PIGGLY WIGGLY ALL VARIETIES PIGGLY WIGGLY FAMILY SIZE	program. Florence Kiwanis Club Meets Fridays noon at Marriott Shoals Conference Center, 10 Hightower Place, Florence August Speakers: August 17 – Theresa Robertson, Executive Director, Colbert and
Gwaltney Sliced Bacon12 oz. pkg.3.19	Shredded Cheese 2/\$4 BOZ-BAG BOZ-BAG ALL FLAVORS	Lauderdale Attention Homes Fishing Days 2018 at Deibert Park, 6:30am–Noon. Bring your chairs, snacks, and tackle. No license required. Register at the sign in table before you fish. Thursday, August 16, End of summer fishing.
	Chicken & Powerade Dumplingsteet Sue 2 20	Friday, October 19, Fall fishing for geezers and friends. Catch and keep. Catch and share. Catch and release. Sponsored by: Florence Parks and Recreation/The Club. For more



and Recreation/The Club. For more information: 256-760-6420

Sons of Confederate Veterans, E. A. O'Neal Camp No. 478 will meet with a study of Southern and Confederate history on Thursday, August 16 at 6:30pm at Pope's Tavern & Museum, 203 Hermitage Drive in Florence. 256-764-4945. The public is invited.

Get Dirty at the Library - Gardening Series Spring isn't the only time to garden! Taylor Reeder of the Alabama Cooperative Extension System will be teaching this year's fall gardening series at the Florence Lauderdale Public Library.

Library. All events are on Thursdays at 11:30am.

August 16- Fall Pest Management August 23- Fall Vegetables August 30 - Cut Flowers September 6- Backyard Fruits

Corn, Blueberries and Summer Produce. are at The Farmers' Market at Killen Park Saturdays 8am-2pm. Locally grown and farm raised. See their Facebook page.

See NOTES... page 36



An exclusive listing of the better sales in the Shoals area.

To list your sale, fill out the form on page 6. WE MUST receive your ad by Friday prior to the Wednesday release date. (8 days before a Saturday sale)



FLORENCE: 305 N CEDAR St., Fri. 2PM-6PM, Sat. 7AM-2PM, <u>Architectural Yard Sale</u>: If you like to be creative, come see a unique variety of items to get you started! Exciting Sale started! Exciting Sale.

SHOALS: 2004 Street Sat. 7AM-MUSCLE ROSEDALE Street 2PM, Furniture, clothes, toys and household items. MAP ID # 1082

FLORENCE: 8055 CO RD 5 (2 mi N of Hwy 20) Thurs. - Sat 8am-5pm MOVED! 3 Familieselectric stove, doors, rockers, vintage corner shelf, electric scooter, trimmer, LOTS of misc., tools, clothes, keep adding stuff!

KILLEN: 379 WOODFERN DR. Fri. and Sat. 7am-? Cleaning Out! Name brand clothes, boys 6-7, baseball swing-away, hitting net, perennial plants, craft supplies, Halloween/Christmas wreaths, decor, mattresses, and much more! CHEAP!!!

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FLORENCE: GARAGE SALE, 214 Mauldin Ave. Rain or shine! Sat. Aug. 18, 6 a.m.-noon. 6th house on right behind Gray's Fur-niture. Several furniture pieces, lamps, home decor, housewares, jewelry, shoes, toys, and so much more!

FLORENCE: CHURCH INSIDE **YARD SALE**

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FRIDAY, AUG. 17TH 8 AM -5 PM SATURDAY, AUG. 18TH 7 AM -12 NOON LARGE VARIETY OF ITEMS

TUSCUMBIA: 2160 COUNTY FARM Rd, YARD SALE- Sat. Dining room suite, antique shelf, dishes, kitchenware, decor, pictures, Christmas decor, lots. 7 a.m. til.

FLORENCE: 2320 CO RD 219 Fri. and Sat. 7am-??, Furniture (including baby furniture), tools, lawn mowers, household items, toys, and lots more!!!

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YOGA WITH RANDY: This is a relaxing and restorative class. There are classes in Sheffield and Killen. Call/text 256-366-2261 to sign up for a class.



FORD: EXPLORER. 2015 \$24,500. XLT, (one owner), 4X4 3.5L V6 Tivct Engine, 6-speed automatic transmission, ruby red metallic, light stone leather seats tow package, 20,964 miles. Good condition. 256-764-2944.

GARMIN GPS \$35, SIZE 38 & 40 men's good clothing , 2 new digital TV antennas \$25 each, washing & drying Whirpool pair \$200. Florence. 256-767-1118.

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ON YOUR DEBT

Planning a **Budget for the Coming Year**

The school season has started back for most schools, and even though here in Alabama it still feels like Summer, the Fall season is fast approaching. It may seem strange to think of home finances at this time of the year, but this season actually provides several benefits when it comes to personal financial planning. I would like to talk about planning a budget for the coming year.

The "Back-to-School" season is a great time for working on a household budget plan to help get your finances under control. Back-to-School expenses usually only come up once per year, and they aren't something that most people consider when budget planning. While it is still fresh in your mind, go ahead and write down what you've had to spend for school supplies and clothes. Take that number and divide by 12 to get a good monthly average of school and clothing costs. These are expenses that usually stay hidden. Most months of the year the average person may not spend anything on new clothes, but you need to account for that expense if you're going to make a complete budget.

Now is also a good time to take account of any Summer spending. If you've been on vacation, then you can take a quick look back at what you've spent and work those expenses into your budget planning. That way there is an idea of how much you'll need to set aside in order to plan for a vacation next year. Furthermore, now is a great time to start planning your spending and saving for the 2018 Christmas season.

Many bankruptcy cases that I see result from unexpected expenses. Often these are things like medical bills or car accidents that strain a person's budget more than he or she can compensate. Inevitably this starts a snowball effect of missed payments that results in lawsuits or other potential repossessions. If you can make an effective household budget that accounts for expenses that may only come up once per year (like back-to-school, vacation, and Christmas spending) then you can budget savings to protect yourself from the unexpected. So take 30 minutes or so this weekend just to



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Dr. Almon and his wife Ashley now reside in the Shoals.



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excited to return to Florence and join Dr. William McClanahan and his team in serving the Shoals Community.

Dr. Almon was born and raised in Florence and graduated from Shoals Christian School in 2008. He completed his undergraduate work at the University of North Alabama, where he enjoyed playing football for the Lions. He recently graduated with honors from the University of Louisville School of Dentistry. Dr. Almon is committed to staying up to date on the latest dental advancements and techniques through continuing education and providing patient-centered care with a concentration on cosmetic and restorative dentistry for the entire family.

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go through your spending and start to put together a budget to which you can stick.

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Ask Dr. Webb



What is 'suffering' and why do people have to suffer? Can it be prevented?

Increasingly, more seniors appear to be suffering—and they tell me so. Why? What is suffering. Dr. Eric Cassell, in his book The Nature of Suffering and the Goals of Medicine, describes it as: any significant distress which has no end in <u>sighť</u>.

Dr. Robert Webb

Who suffers and why. Dr. A. Gawande, a general surgeon, writes in his *Being Mortal*, that modern medicine now causes more suffering than it relieves.

Physicians and business-modeled health care agencies are 'doing more' and 'promising more', resulting in more drugs, more surgery, more tests, all assuming that more is better; while forgetting the core goals of medicine-first, do no harm, and relieve suffering.

Everyone knows to never assume what someone else wants. Therefore, we must ask what are their goals: most tell me living longer is only acceptable if they can be comfortable and continue doing what they do now; otherwise, they are often "ready to go", because they want 'quality' more than 'quantity'.

Unfortunately, their kids can have trouble letting go.

Hank Dunn, in his Hard Choices for Loving People, says the 'kids'-and their physicians-are often not aware of the marginal benefit of many treatments: those who choose such life [or death]-prolonging treatments for failing patients do so primarily out of an inability to let go and not out of moral necessity or medical appropriateness.

He comments that family member guilt often underlies decisions demanding unnecessary care. And, sometimes it is easier to aggressively treat patients than confront the emotional and spiritual issues that are driving the choices; and physicians are trained to primarily provide those treatments rather than help families resolve difficult struggles.

Next time, I'll discuss what can be done to prevent this suffering



256-767-6699

Ask Dr. Webb is a bi-weekly article sponsored by Hospice of the Shoals as a community service to answer questions about hospice care and end of life issues. Please submit questions to hpatterson@hofts.org. or call 256-767-6699. Dr. Robert Webb has focused his practice on geriatrics and palliative care since 2003. He is the Medical Director at Hospice of the Shoals. 218718-11







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If I hired someone to do work at my home and the person wasn't licensed or bonded and that person gets injured while doing the job. Who is liable for his medical bills, financial compensation and things of that nature while off work? - Glenn, Tuscumbia, AL

> There are two separate areas of law that determine who is liable for an injury to an employee. One is the

law of workers compensation and the other is premises liability.

Workers compensation generally applies to employers who have five (5) or more employees. If a worker on the job is injured, they are entitled to workers compensation which includes medical bills and financial compensation. The other area of law is

premises liability law that is most easily thought of as who can be on someone else's property. For instance, a trespasser is someone who has no right to be on someone else's property but you can't willfully injure a trespasser. You just can't shoot somebody crossing your yard.

The next common type of person that can be on your property is a social guest known at law as licensee. A social guest is just a friend that has come over to watch TV. You can't willfully injure them and you must warn them of a dangerous condition that you know about but they wouldn't easily find out about until they were injured.

A person who you hire to work on your property is an invitee. You have to provide them with a safe place to do their work. For them to sue you successfully they would have to prove that you either willfully injured them or that you knew of a danger and you didn't warn them of it or that the place where they were to do their work wasn't in a reasonably safe condition. Under this type of law, if you hire someone to clean out your gutters and they put their own ladder up without your advice or assistance and fall off of it, you simply aren't liable for their injuries. If they get hurt and part of the fault they got hurt was that they weren't paying attention or didn't see something that was open and obvious, you're not responsible. I wouldn't hire five (5) or more people without

making sure that they had workers compensation insurance. Otherwise, for small jobs you're probably not going to be responsible unless there is some danger or hazard that you know about and don't tell them about.

Buckle up, drive safely and as always your referrals are appreciated! 256-764-0112

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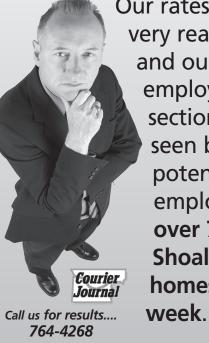
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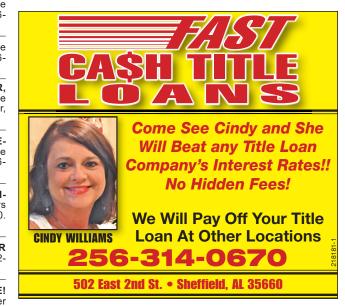
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A Lesson From An Old Fireman

Wild fires on the west coast have caused a tremendous amount of destruction in recent days. Sadly many people have lost almost all their belongings to them, and worst of all, some have even lost their lives. Certainly our hearts and prayers go out to them all!

My father-in-law who will soon be 88-years-old has been watching all these events through the news coverage with great interest. He is a retired farmer but has worn many hats throughout his life in the small town of Evergreen, North Carolina. One of those hats was the fire chief for the

local volunteer fire department. So, of special interest to him is how the fire fighters in California are going about trying to get the fires under control.

As he watched the film clips of numerous houses that have been turned into a heap of ashes, he reflected back to a fire-fighting story that stuck in his mind. Of course, it was nothing of the magnitude that California is now dealing with, but challenging none the less

He recalled a fire moving into a well-populated neighborhood where there was a long row of houses that were built fairly close together. In spite of the firemen's best efforts, they were unable to stop the flames from reaching the houses. One house went up in flames and the fire quickly jumped to the next house and then the next before they could get the fire contained. They knew that the way things were going that the fire would eventually pick off every house in the neighborhood one by one.

So, they came up with a plan to bulldoze one of the houses before fire reached it to allow them enough space and time to curb the advancing flames. The plan worked and thankfully many homes were spared. It is not a small decision to destroy someone's house deliberately, but they knew that it was worth it to save many others.

While thinking about his story, I thought of how this same scenario plays out in principle in our spiritual lives. The fire is like sin that encroaches upon our lives that will quickly destroy us if not contained. Further, it is never static, but will keep advancing as long as it is allowed to do so.

Sometimes the solution to quench the flames of sin can also be challenging. It may mean removing some friends (1 Corinthians 15:33). It may mean giving up certain things that we like (Mark 10:21, 22). But whatever it takes is worth it for the salvation of our souls and perhaps our decision will spare the souls of many others (Matthew 16:24f).

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Commentary

14

Provider Rationale is Unjustifiable

ermantown Reproductive Health Services in Germantown, Maryland worked.

was the facility where noted late-term abortionist Dr. LeRoy Carhart The abortion clinic was forced to close last year

when the Maryland Coalition for Life, a crisis pregnancy center operating across the parking lot, bought the abortion clinic. However, that closing was not enough to deter the 75 year-old Carhart. He has been an abortion advocate for several decades, and is one of only four doctors providing abortions at any stage of a pregnancy. He has been an outspoken proponent of late-term abortions for almost three decades.

The mild-mannered physician at one time



In A

Few

Words

Editor

reportedly provided abortions only on occasion. However, after a vindictive anti-abortion arsonist set fire to his family barn in 1991, killing two family pets and 21 horses, Carhart became determined not to "cede a victory to the antis," and he began performing abortions full time.

Legitimate debate can take place with regard to first trimester abortions with both sides claiming justifiable positions. However, it is unconscionable how we can callously and brutally sever the life of a viable, fullyformed infant in one room, while in the next building an entire medical department can

See RATIONALE... on Page 24

Comments do not necessarily represent those of the Courier staff, its advertisers, or its readers.

Tasteful Comedy for HCU

Courier Journal

FLORENCE Christian comedian Michael, Jr. will be taking the stage live at the Marriott Shoals Hotel and Conference Center on Saturday, August 18 for the 47th annual Heritage Event. Garrett and Briana Dean, a local husband-wife musical duo, will be kicking off the show.

Concert doors open at 7pm and the show will begin at approximately 7:15pm. Heritage Christian University hosts the Heritage Event annually and says this year will be especially remarkable as the university celebrates the inauguration of President Kirk Brothers and 50 years of business in the Shoals.

"The event will be a night of familyfriendly entertainment for all ages, "said Vice President of Advancement, Philip Goad. "Michael Jr.'s ability to provide humor will

See MICHAEL, JR... on Page 32

Career Center **Job Fair**

SHEFFIELD - The Sheffield Career Center will host a job fair for FreightCar America from 8am-noon August 18. The event is free and open to the public. The Career Center is located at 500 South Montgomery Ave. FreightCar hiring

experienced welders (minimum 1 year) who have August 18 GED.

August 18

Applications are available at the Career Center. Jobseekers are encouraged

See JOB FAIR... on Page 24



Rainbow of Disrespect

Editor:

Principles Violated



at Deibert Park is Thursday, August 16 from 6:30am-noon. Catch and keep. Catch and share. Catch and release. Bring your own tackle, chair, sunscreen, etc. Please sign in at the table before you go down to fish. Call 256-760-6420 for more information. And mark your calendars: The final fishing day for 2018 is Friday, October 19 - Same time and place.

LEAH FOX, SHELTER

DIRECTOR of the Florence-Lauderdale Animal Shelter (FLAS), will conduct an introduction and informational meeting for potential FLAS volunteers. The meeting will be held on Friday, August 17 at 5:30pm in the City Auditorium at 103 South Pine Street, Florence. This meeting is for anyone who has volunteered in the past and/or may be interested in volunteering now or in the future.

THE QUARTERLY MEETING OF THE COLBERT COUNTY HISTORICAL LANDMARKS

FOUNDATION takes place on Sunday, August 19 at 2pm at the Helen Keller Public Library at 511 N. Main St. in Tuscumbia. The program will be presented by Dr. Carolyn M. Barske Crawford, Director of the Muscle Shoals National Heritage Area. Her talk will focus on her recent work/study in Scotland, and will include an update on the activities and regional support provided by the MSNHA. Murphy has overseen several public history projects in Colbert County, including a docent manual, a collections manual, and an educator's resource packet for Belle Mont, and a National Register Nomination for FAME Recording Studio. The public is invited. Light refreshments will be served. For more information, call 256-383-4401 or 256-710-9081

members through court actions. These are normally done with thoughtful care to preserve the safety and welfare of the children involved. In the cases where children are sent to foster homes, those homes are carefully screened. The goal is to reunite the family if possible. The professionals involved in the foster care system and early childhood education and care are carefully screened and educated in child development by law because the developmental impact of negligence can be long lasting. None of these safeguards were



YOUR

Your Courier Journal welcomes tastefully presented letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. Letters must include name, address and phone number for verification. (Only name and town will be published.) Letters subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers or a majority of readers. Please submit typed or neatly written letters to: Editor-Courier Journal

by Mail or in Person 219 W. Tennessee St., Florence, AL 35630 e-mail: editor@courierjournal.net • FAX- 256-760-9618

House Republicans, led by South Carolina Congressman, Jeff Duncan, have introduced a bill that would prevent our embassies from flying flags other than Old Glory. The bill is called "the Old Glory Act."

The purpose of the bill is to stop the practice of the Obama administration of flying the rainbow flags celebrating homosexuality over embassies worldwide. Not only is this disrespectful to those who have bled and died to defend our flag, it is an abomination to celebrate a lifestyle that God has forbidden.

I urge all who read this to contact your representatives in Congress and tell them to support the bill.

Euell White Florence

The first human institution ordained by God as described in the Bible at the beginning of Genesis is the human family. The emotional bonds within each family are a microcosm of the spiritual love that binds societies and ultimately the universe together. That is the reason any sort of political attack on the family is met with a visceral reaction by most people.

Recent letters to the editor have referenced the separation of family

See LETTERS... on Page XX

Why on earth would Facebook's users require protection from Alex Jones? He's loud and redfaced and nuts, but it's not like he can pop out of the screen and grab us.

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Our Principles Were Violated

Continued from Page 14

put into place before the sudden and arbitrary policy of separating parents from even their very young children was put in place. These recent political actions violate ancient and basic spiritual principles. That is the basic reason that the emotional content of the outcry against these policies has been so strong. At a deep level humans understand that spiritual principles should be a foundation for any political action, and that ignoring this reality leads to social chaos.

Jacqueline Osborne Florence

I Didn't Join **Facebook to** "Feel Safe"

Editor:

Facebook and other social media services banned content from radio/Internet shock jock Alex Jones in early August. Surprising? No. Jones's number was due to come up. The big players in Internet media have spent the last few years attempting to appease the perpetually outraged (and therefore, unappeasable) by banning and blocking a continuous parade of Most Despised Persons of the Week

Wikipedia describes **INFOWARS** Jones's site (yes, in all-caps) as far right American "a conspiracy theorist and fake news website and media platform." He's embroiled continuously in litigation with plaintiffs ranging from the makers of Chobani yogurt to the

See LETTERS... on Page 24



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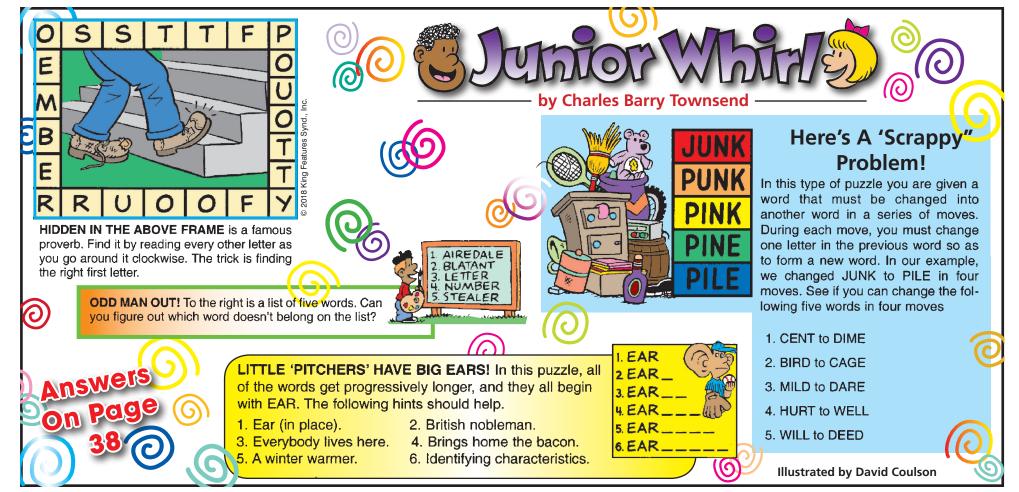
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Division I...

Continued from Page 1

The Lions have also signed a contract to

play the University of Memphis in 2022. Established in 1875, BYU has played varsity football since 1922 and over the past four decades the Cougars rank sixth among all FBS programs in total victories with 352. BYU captured the 1984 national championship and has earned 35 bowl invitations and won 23 conference titles during its football history.

Meanwhile the 2018 football Lions held their first full squad workout last week. Head football coach Chris Willis appeared pleased. Heat was a factor but that was to be expected.

"It's hot, but its fall camp and that's what you get," Willis said. "I think we have handled it pretty well and it helps when it comes to conditioning.

New Stadium Bag Policy

FLORENCE - The University of North Alabama is implementing a clear bag policy for all home football games at

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۲	SAT OCTOBER 13, 2018 6PM MISSISSIPPI COLLEGE HOMECOMING	FLORENCE, ALA. BRALY STADIUM
Js	SAT OCTOBER 20, 2018 2PM JACKSON STATE	JACKSON, MISS.
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Braly Stadium beginning this season. The policy will limit the size and types of bags that may be brought in by fans. The implementation of the policy is intended to enhance public safety while minimizing time spent searching bags at the gates.

The university strongly encourages all fans not to bring unauthorized types of bags, purses, backpacks, or similar to Braly Stadium.

Fans will only be able to carry bags that are clear plastic, vinyl, or PVC and do not exceed $12'' \times 12'' \times 6''$. Plastic tote bags with the official UNA logo will be available for sale at the ticket booth for \$5. Bags will also be sold at the UNA ticket office after Sept. 1. One-gallon clear plastic freezer bags (Ziploc bags or similar). Small clutch purses no larger than 4 1/2'' by 6 1/2'' with or without a handle or strap can be taken into the stadium in addition to the approved clear plastic bags. Seat cushions with no pockets. Small diaper

bags with the accompaniment of a child. Bags will be provided for All UNA Sportsmans Club Members.

Spectators also will be able to carry other items allowed into the stadium such as binoculars, cameras, and smart phones, but their cases will not be allowed. Working personnel, including accredited news media, will continue to enter the stadium through designated gates where they could be subject to screening and bag inspections of the same manner as in the past.

CLEAR BAG POLICY Frequenty Asked Questions: Why did UNA adopt this policy?

UNA continues to review its policies to enhance public safety and improve efficiencies as it relates to all home athletics venues. Limiting the size and style of bags carried into Braly Stadium will aid in maintaining a safe and secure environment, decrease the time waiting to enter the stadium, and improve the

overall game day experience. **How does this policy improve safety?** A clear bag is easily and quickly searched, thus allowing staff to be more

efficient and effective in checking bags that are brought into the stadium. This initiative also supports the Department of Homeland Security's "If You See Something, Say Something" campaign. Are other Universities and

Venues limiting bags?

Yes. More and more universities and athletic venues are adopting the NFL's Clear Bag Policy.

How does this expedite my entry?

It will make the stadium security team's job much easier, allowing staff to be more efficient and effective in checking bags at point of entry. There will be less time spent standing in lines at the stadium gates so fans can seated before kickoff. How many bags can each person

bring into the stadium?

Each ticketed guest can carry one large clear bag – either a one-gallon Ziploc-style bag or the $12'' \times 12'' \times 6''$ clear bag – plus a small clutch purse (4.5'' $\times 6.5''$). The small clutch must be carried into the venue outside the clear bag and is still subject to search.

What happens if I arrive at Braly Stadium and do not have a clear bag?

Bags that do not meet the criteria will not be admitted. The fans may return their bag to their car or purchase a clear

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See LIONS... on Page 27



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Medicare Minute "Medicare Part A and B"

Before we begin talking about Medicare Part B I would like to clear up something that was in last week's article concerning Medicare Part A. As I stated in the article Part A has a deductible of \$1,340 per benefit period. I also stated that if you paid into Medicare for 40 quarters that Part A was free to you. I was referring to the fact that you would not have to pay a premium to Medicare for Part A, not that it would exclude you from paying the deductible.

Medicare Part B is the part of Medicare that is billed when you receive services as an outpatient by a Medicare approved provider, such as your primary care physician (PCP) or specialist. Although a visit to your doctor is the primary way that you will use Medicare Part B, it also covers many other services. We will discuss the other services in next week's article.

If you are turning 65 in 2018, Medicare Part B will have a premium of \$134/mo. Because there is a premium attached to Medicare Part B this coverage is optional. This means you are not required to enroll in Medicare Part B. There are two important things to remember about Part B being optional. First, if you opt out of Part B you will have no coverage under Medicare for your outpatient services. Second, if you decide at a later date to enroll in Part B there can be a late enrollment penalty applied that will last as long as you live and have Part B. There are exceptions to the late enrollment penalty that we will discuss in future articles.

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-648-5710), stop by our office at 885 Florence Blvd (Four Lane Shopping Center) or email me at ikey@alabamahealthguidance. com. Alabama Health Guidance is an independent

insurance agency and is not affiliated with Medicare or any other government agency.



Ikey Fowler

Jeffrey DeFoor, M.D. joins Internal Medicine Associates and

Dr. Danny McFall, Dr. Ricky Irons, Dr. Robert Mann and Dr. Mitcheal Bowen

111

Dr. DeFoor grew up in Moulton, AL and went to medical school at University of Alabama-Birmingham. Dr. DeFoor is located at Internal Medicine Associates and follows his own patients at ECM Hospital. He's currently accepting new patients



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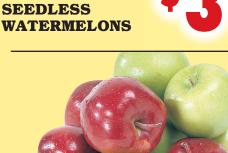
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Courier Journal /



August 15, 2018

Alabama's Largest Direct Mail Weekly





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Wrapping Up Loose Ends

In my last column, Other revealed Τ interesting facts about distinguished career: Yogi Berra. Berra was His No. 8 jersey was not just one of Major retired by the Yankees League Baseball's great in 1972 and the team characters, but one of honored him with a France.

its greatest players. As plaque in Monument reported in my latest Park in 1988. He was column, Berra was a named to Major League great patriot that served Baseball's All-Century his country well as a Team in a vote by fans member of the U.S. in 1999. Rival manager Navy during World Paul Richards said: War II, participating in "Berra was the toughest the D-Day invasion of man in the league in the game."

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interesting some facts about Berra's last three innings of a

> He was the first catcher to leave a finger outside his catcher's glove, a style most other catchers eventually emulated. In 1962, at the age of 37, Berra showed his superb physical endurance by catching an entire 22-inning game that lasted seven hours. His long- time manager Casey Stengel once said of Berra: "He could fall in a sewer and come up with a gold watch."

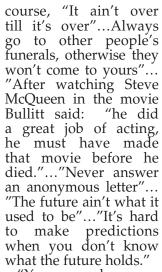
> Yogi and his wife Carmen had three sons. Two of them played professional sports. Dale played shortstop for the Pittsburgh Pirates, Houston Astros and New York Yankees(managed by Yogi in 1984-85.) Tim Berra played pro football for the Baltimore Colts in 1974. I would be amiss if I didn't include some of Yogi's famous quotes that have made us laugh for years.

The most famous, of

Courier

Journal

of the



"You can observe a lot by just watching" ... On a newly opened restaurant: "nobody goes there any more—it's too crowded."..."baseball is 90% mental and the other half is physical."... "in golf, 90% of all putts that come up short won't go in"...and finally Yogi said: "I really didn't say all those things I said."

Sporting News magazine listed Berra at No. 40 on their list of the 100 Greatest Baseball Players. His career as a soldier, baseball player, the most hilarious quotes of any sports figure ever will never be forgotten. Yogi Berra was one of a kind and his legacy will live forever.

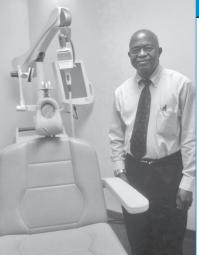
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Last week's winner is Brittany Haley of Muscle Shoals who correctly guessed "U.S. Post Office, Cherokee"

One entry per person. Winners will be announced each week in our paper and on our website. Winners can pick up their Gift Certificate at the Courier Journal office beginning Wednesdays after 12 Noon.



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Commentary

Rationale

Continued from Page 14

be scrambling to keep a premature baby alive with multi-million dollar rooms of technology and equipment. Carhart now practices his reprehensible third-trimester craft at AbortionClinics.org (ACO) in Bethesda, Maryland.

A pro-adoption group called Created Equal is among those bringing pressure to bear on Carhart and his associates in recent months.

result, As two а companies that specialize in the removal and disposal of the aborted babies have canceled contracts with Dr. Carhart's clinic.

If Carhart is to continue his method of mass extermination, someone has to remove the remains and legally incinerate them. A company called Bio-Haz Solutions signed a contract to pick up aborted baby remains in June.

The outrage has been constant. Bio Haz CEO, David Henritzy, responded by recording a voicemail in an effort to sooth the rage of concerned citizens.

The text of the message is below.

'To all who are concerned, first and foremost, we at Bio-Haz Solutions are against all abortions. However, we feel a reverential and moral responsibility with the goodness of God and His blessing that we take care of the souls of the children with no voice. No other company does what we do in a very reverent and respectful way for the lost souls of these children. We take responsibility of handling and managing how said containers are handled once they leave the facility of origin. All our vehicles carry holy water and place golden crosses on containers we pick up at aforementioned locations. We also carry the Holy bible to guide us in times of need. We cannot stop what is legal at this time with the current laws of our state and nation. We must focus and change the moral character of our country as well as contact congress for the changes we seek. Thank uou.

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Menu Home Show

Letters...

Courier Journal / August 15, 2018

I Didn't Join Facebook to "Feel Safe"

Continued from Page 15

families of Sandy Hook shooting victims. Definitely despised. So now it's his turñ.

The apparent end game is turning the Internet into the same bland, homogeneous goop we got from network TV circa the 1950s -- content without any rough edges that might spook advertisers. They're using pretty much the same justifications as movie and TV studios did with that era's McCarthyist blacklists. To paraphrase Henry Ford, you can have any color Internet you want, so long as it's beige. Facebook's statement on

Iones: "We believe in giving people a voice, but we also want everyone using Facebook to feel safe."

Really? Why on earth would Facebook's users require protection from Alex Jones? He's loud and red-faced and nuts, but it's not like he can pop out of the screen and grab us. We don't have to watch him. We don't have to press the play button, we don't have to turn the volume up from mute, and we can even block other users who try to push him at us.

Business note to Facebook: These "I don't feel safe" people will never feel safe enough to stop demanding that you reduce the content options other Facebook users enjoy. It's not about their actual safety. It's about their compulsion to run everyone else's lives.

Presumably, there are more people in the "other Facebook users" category than in the "make anything that might conceivably cause me mental discomfort go away" category. For now, anyway. Keep this kind of thing up and sooner or later people who want more out of social media than finger-painting and group rounds of "Michael Rowed the Boat Ashore" will leave Facebook and go looking for that mythical Wild West Internet the "Poor Me! What About My Feelz?" crowd is always whining about.

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ploads/2018/08/ henritzy.mp3

I read that piece and listened to the recording at the link above in utter Henritzy's amazement. logic in justifying his profit motives is well past twisted. It's reprehensible. Do his self-serving words ease his conscience?

So even though he and his company are against all abortions, someone is going to make money for transporting and disposal, so it may as well be his company. Is that because his service is more reverent? That defies logic. How again do the Bibles and holy water on the ride-along benefit the children that only hours before likely had a full life in front of them?

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enough for "live and let live" to work just fine. We choose our Facebook friends. We control what we share with them and we don't have to look at what they share with us unless we want to.

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Fortunately, we don't have to worry about the lost souls of those children; They are with God. We have to worry about our own souls for allowing such debauchery in the first place. And we also need to worry about Carhart and his

cohorts. Without a serious change of heart, those people are going to be in a tough spot at their death. We should always remember that just because something is légal doesn't make it right.

Job Fair...

Continued from Page 14

to bring a completed application to the job fair. Those needing assistance with this process can visit

the Sheffield Career Center prior to the job fair. For information, call Sherry Burdett at 256-383-5610, ext. 268, or send an email to sherry.burdett@ alcc.alabama.gov.

Alabama's Largest Direct Mail Weekly

DAVE Says by DAVE RAMSEY

SEPARATE EMERGENCY FUND?

Dear Dave,

I've going to be debt-free with a full emergency fund in pace by the end of the year. I'm going to get a dog after that, but I wanted to make sure I did it the right way and was in good financial shape before making that move. Is a separate emergency fund for pets a good idea? Scott

Dear Scott,

My wife and I love animals. We've had a least one dog the whole time we've been married. Still, I think a full emergency fund of three to six months of expenses will cover you and your pet.

You go through some expense as a pet owner, along with happy, wonderful times and heartbreaking no question you give that things, too. We lost our golden retriever recently, and I can tell you that was to help your sick dad? Come really hard on everyone. You love them like they're family, but you still have to use common sense sometimes, and remember that they're animals and not human beings. Part of that includes spending reasonable amounts of money on them — and in some unfortunate cases — doing things with the animal's best interest, not our own desires, in mind.

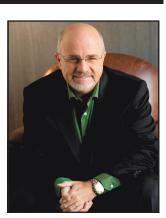
What is a reasonable That depends amount? on how stable you are financially. It's really a ratio question of expense to means. But no, I wouldn't recommend а second emergency fund just for pets. –Ďave

A BURDEN TO HELP?

Dear Dave,

Do you believe the adult child of a senior citizen, who is physically and mentally healthy but has neglected to plan for retirement, should be burdened providing with financial assistance to that parent? Robbie

Dear Robbie,



Based on the wording in our question, I can only believe you don't think the adult child should be "burdened" to provide this assistance. My guess is you're talking about is you're talking about one of your own parents. I understand that you might be aggravated with a parent who has been irresponsible with their money. But in my mind, there's a bigger question. How big is the burden?

I talked to a guy recently who was making \$1.5 million a year. He was questioning whether he should help his dad — an older man in poor health, who didn't handle his money well — by giving him \$1,000 a month. There's guy money. You're making millions, but you don't want on! But if you bring home \$2,000 a month, and your family is barely getting by, you're not morally required to financially take care of a parent who was irresponsible with their money.

It's all relative. Do you have the money? Can you provide this help without placing an undue burden on yourself and your family? If the answer is yes, you may be asking more about your own aggravation than any sort of moral obligation.

But no, you're not morally obligated to destroy your own life, or your family, to take care of a relative who didn't take care of themselves financially. –Dave

* Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 13 million listeners each week on 585 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey.









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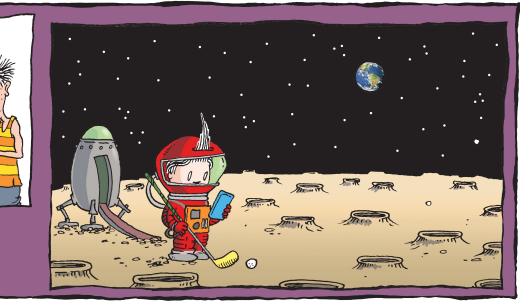
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WHAT DO YOU

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Courier Journal / August 15, 2018

BY MARK TATULLI



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Courier Journal

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surroundings. Helen is fine with other well behaved dogs and cats. She is a year old long hair dachshund mix and just wants to be a happy puppy. If you would like additional info on Helen please contact Casa Canine Pet Rescue at 256-320-8313 after 6pm.

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Photos/Illustrations: roarlions.com

Lions... **Continued from Page 17**

bag in order to transfer their belongings before entering the stadium. Transferring items to a venue-provided bag requires disposal of the non-approved bag, unless it fits into the clear bag.

Volleyball Also Enters First Season in Div I

Early-season

trips Jacksonville State, to Chattanooga, and Memphis highlight the University of North Alabama volleyball team's first year as a member of NCAA Division I. UNA will also have a home-andhome ASUN Conference schedule featuring eight home matches on the year.

The Lions and new head coach Bob White will open finish seventh in the prethe 2018 season at the Jax State Invitational on coaches poll. August 24. UNA will take on Little Rock (formerly Arkansas-Little Rock) at I and the ASUN, received 24 9am in Kennamer Hall. A points in the pre-season poll 2pm match against the host Gamecocks will wrap up play for the opening day. The Lions will conclude play at the event the following day with an 11:30am match against Mercer.

The following weekend, Division II and advance UNA will travel to the NCAA Tournament. Chattanooga to face Tennessee State, UNC-Asheville and the host the chattanooga to face the UNA soccer opens the season at 7pm August 17 at home against Alabama Mocs at the Chattanooga State and August 19 at 1pm Classic. September 7-8 will against Alabama A&M. feature a trip to Memphis Both are at the Bill Jones to participate in the Tiger Athletic Complex on Pine St.

Invitational. The Lions are set to take on Tennessee Tech and Louisiana Monroe before again closing out an event against the host school.

"Competing in our first year as a NCAA Division I program in the incrediblycompetitive ASUN should pave the way for very positive 2018 with a lot of promise for the future," While said.

After opening ASUN play on September 18 at Lipscomb, the Lions' home opener will be at 20m on September 23 at Flowers Hall against Kennesaw State. Although UNA will be unable to compete in NCAA post-season play, the Lions are eligible for the ASUN conference tournament.

UNA Soccer Opens Aug. 17

UNA's women's soccer team has been picked to season ASUN Conference

The Lions, set to begin their first season in Division points in the pre-season poll to rank seventh out of nine schools. Defending ASUN champion Florida Gulf Coast was picked first.

UNA returns 14 lettermen and seven starters from a team that 13-4-2 in 2017 in Division II and advanced to

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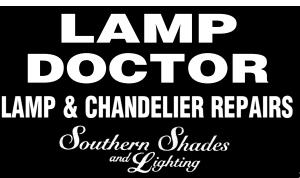
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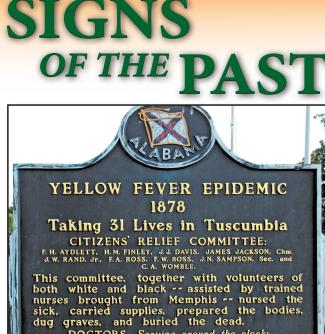
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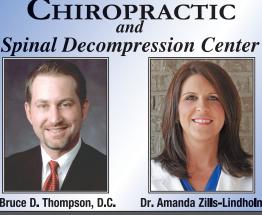
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Thanks to a vaccine developed during WWII, Yellow Fever is rare in the United States today but is still spread by mosquitoes in many foreign countries. The Yellow Fever virus caused flu-like symptoms and was fatal in about 15% of cases and was greatly feared. Serious epidemics broke out in 1855, 1867, 1873, and in 1878 and spread terror. Yellow Fever still can not be cured, only the symptoms can be treated. The reverse side of this marker presents the names of all 31 Tuscumbia victims.

~ Courtesy David Curott ~ author of "Signs of the Past" and "More Signs of the Past" www.thompsonchiropractic.com

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Michael, Jr...

Continued from Page 14

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Michael Jr. views laughter as the tangible evidence of hope. He has appeared on The Tonight Show, Jimmy Kimmel Live, and Comedy Central. He was featured in the motion picture film *War Room* and has been a keynote speaker for TED Talks. Michael won the GMA Dove Award for Comedian of the Year in 2016.

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Brothers Kirk of Henderson, Tennessee, was selected as Heritage Christian University's fourth president by the board of directors in December of 2017. Brothers began transitioning into the role in June of this year. The formal investiture will take place on the campus of HCU on August 18.

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Worship Congress Convenes in Shoals

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SHOALS-Tribe Quantum Worship Congress is an annual gathering of leaders of worship and intercession from around the nation. It will convene August 22-25 in the Shoals for four days of In the Shoals for four days of training and teaching with internationally-recognized guest speakers Chuck Pierce, Dr. Lance Wallnau, Ray Hughes, Dr. Patti Amsden, and James Nesbit.

Nesbit moved from the St. Louis Metro area to Florence just over two years ago and decided to change the base for Tribe Quantum's annual gathering to the Shoals. This was not only because Nesbit now resides locally, but also because of the rich and widely-regarded music history of the Shoals area.

"The music released from this city has touched the globe, and we believe and hope that the impact of this annual gathering will have a similar effect on a spiritual level," said Nesbit. "We are inviting participants to

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Nesbit is Overseer of Prepare the Way Ministries International. He is also a speaker, author, and psalmist. In 2011 he led a 51-day worship assignment, 40 days in Washington DC and eleven days in Philadelphia, that changed his life and launched him into the leadership of Tribe Quantum.

Annual gatherings of Tribe Quantum in Collinsville, IL and Oklahoma City, OK have seen as many as 700 in attendance. For the 2018 Tribe Quantum Worship Congress, with sessions at the Grace House non-denominational church church on Florence Blvd, and at Marriott Shoals Hotel & Spa, approximately 300 visitors and 200-300 from the surrounding area are

expected. While the Tribe Quantum Worship Congress plans to equip and mentor worship leaders and musicians to move with insight as they return to their own communities, Nesbit points out that the event is not solely for worship ministers and musicians.

"Tribe Quantum is a community of worship warriors who experiment with new sounds and expressions of prophetic worship, but everyone with a heart to worship is welcome," said Nesbit. "Just don't come expecting to hear your favorite contemporary praise and worship songs." Registrants will be participate in creating, writing, and releasing what he calls "spontaneous holy explosions of sound," and "the now sound of governmental worship, as well as the invisible realm, and the quantum dimension, and how these relate to the expanding of

today."

In addition to the musical aspects of the event, registrants will receive teaching in areas such as business and leadership from the renowned guest

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speakers. Night meetings will be open to the public, but registration is required for the day sessions. To learn more, visit jnesbit.com.

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Reasons Not To Buy

When marketing a home, my job as a REALTOR is to point out all of the reasons why a potential buyer should buy the home. Maybe it has a private screened porch, a magnificent kitchen or a stunning front entry door. Whatever the greatest features are, it is a lot of fun to walk through a home and find it's best characteristics.

But even the greatest features of a home can't overshadow deferred maintenance items. Something weird happens when a buyer shows up to tour a home. Most people believe a buyer looks at a property to see if they would buy it, but that's not the case. You see, the buyer decided long before they got there that it is a home they would consider buying. They were already interested in the style, the features and the benefits from what they saw online or in the newspaper ad. The truth about the showing is this: They are looking for a reason NOT to buy the home.

This is what makes a home stay on the list or get nixed the minute the buyer steps foot out of the car. Some sellers simply make this too easy by giving the buyer numerous reasons not to buy their home.

Here is a scenario: A potential buyer sees the home online, falls in love with all of the photos of the pool, the kitchen, the master bedroom suite and the fenced back yard and thinks It looks and sounds like the perfect fit.

Buyer calls REALTOR and schedules appointment.

Now let's fast forward to the showing. They walk up the sidewalk to the front door and immediately it begins. The door needs painting. The gutters and trim need pressure washing and are running over with leaves and sticks. The house is dirty. All of a sudden, this once excited buyer is not feeling so warm and fuzzy about the home. This once great prospect has now begun the mental checklist of why this home won't work for them.

Don't let things that you can control keep your home from selling. If the bedrooms are too small, that's one thing. But don't lose a buyer because they felt your home needed too much work. The truth is that when a buyer schedules an appointment to see a home it is to find a reason NOT to buy it. They've already found enough reasons to buy it or they wouldn't be there in the first place. -mr

Please feel free to send your questions. Rest assured I will only use your first name when I answer your questions. Email to: questions@mikerandallhomes.com or mail to:

Questions for Mike Randall Coldwell Banker Pinnacle Properties 2093 Florence Blvd, Florence, AL 35630

Mike Randall, REALTOR® Associate Broker | ABR, CRS 256.366.9779 | www.mikerandallhomes.com Coldwell Banker Pinnacle Properties 256.766.0069 Office 256.766.0926 Fax

HOUSE FOR RENT, 2 bdrm., laundry, living, dining and large kitchen. Carport. No Pets. 1208 Co. Rd. 24, Petersville. \$525 mo., \$525 deposit. 256-275-2252 or

3 BDRM. FLORENCE: **2** ba. house for rent. \$750 month, \$500 deposit. Fenced backyard, 2-car carport. 256-412-7008





1954 PINEY BEND RD Vina AL Beautiful Home and 8 Acres located one mile south of hwy 24 between Red Bay and Russelleville Al. New Quartz counter-tops, new roof extensive remodeling. Bathrooms, etc. Go to : Forsalebyown er.com and enter address 256-436-0184.

SHEFFIELD: 1510 AN-DREWS AVE. Apt. B. 2 bdrm. \$400 rent. Applianc-es, central heat/air, washer/ dryer connections. 256-764-3137.







Directions: From Wal-Mart in Moulton, Alabama go west on HWY-157 for 7.7 miles, turn right onto CR 150 and go 1.5 miles, turn right onto CR 151, go 8 tenths of a mile to property on the right. Watch for the Shane Albright Auction Signs!!! For Terms, List & Photos go to:

w.shanealbright.com 256-757-8898 bright 6508 Hwy 72, Killen, AL 35645

VUCTIONS AL LIC# 1569 TN LIC# 5431 Firm 112 256-275-2251

KNIGHT & HUMPHRIES, INC. FOR RENT:\$1195 2004 Saxton Ave (Florence) 3BR, 2BA

601 Candler Ave (Muscle Shoals) 3BR, 1BA\$895 261 Lewis St (Muscle Shoals) 2BR, 1BA \$695 3001 Hamilton Ave #B (Muscle Shoals) 1BR apt......\$425

COMMERCIAL PROPERTIES FOR RENT:

Office Space 615 Geneva Ave. (Muscle Shoals) \$275

NEW CONSTRUCTION: Call 256-349-0000

New Construction 2200 sq ft (Tuscumbia).....\$230's New Construction 2900 sq ft (Middle Rd/Florence) \$350's

Visit our website: www.rentshoals.com or Call us at 256-766-6992

Turn right onto County Road 52 and go 1.2 miles. Destination will be or the right. Look for our Holland signs!

TERMS & CONDITIONS: Personal Property: Cash or Check with proper identification the day of the sale. All items sold "as is" with no warranties expressed or implied.

*Note: Please make arrangements to remove your purchased property by the end of the sale. Real Estate: A non-refundable deposit of 15% will be required the day of the sale with closing within 30 days. The seller will furnish a **deed** and preliminary title search. <u>A 10% BUYERS PREMIUM</u> will be added to the final bid price to determine the total contract price on the real estate. All other expenses, including closing cost will be charged to the purchaser(s). The real estate is being sold "as is" with no warranties expressed or implied.

The home was built prior to 1978. However, the seller can neither confirm or deny the presence of lead based paint. Anyone interested in the home can have it inspected any time prior to the auction at their expense.

nformation contained herein believed to be correct but not guaranteed. Announcements made the day of the sale by Holland Realty & Auctions, Inc. supersede all written material

Auctioneers are acting as agents for the seller only. 2018



Barry L. Stewart. AL #1239, TN #2844, TN Firm #2445 1646 Lee St., Rogersville, AL 256-247-0700 • 1-800-647-4103 E-mail-holland@hollandrealty.com www.hollandrealty.com

MAA



Call Ty,

PLUS

WEEDEN

313

cabinets

6

Asking \$35,000. 256-762-8759

446-9982.

2013 16X80 SOUTHERN

HOMES manufactured home for sale, 3 bdrm./2 ba.

TUSCUMBIA: 3 bdrm, 2 ba

house on Colbert Heights Mountain. Full basement.

\$750mo/\$500 deposit. 256-

ACROSS FROM UNA, 2

ACRES,

POND, gated. 2 water me-ters, septic. Will divide, owner financing available.

HOME FOR RENT: MUS-

CLE SHOALS: 3 bdrm., 2

ell Graves preschool. \$975 mo. + \$975 deposit. 256-627-7551.

TOWN CREEK: 13461 HWY 101, Apt. 3. 2 bdrm.

\$350 rent. Appliances, cen-tral heat/air, washer/dryer connections. 256-764-3137.

custom

WE BUY

.com

256-349-0000

REAL ESTATE CLASS:

AUGUST 16th by

Sandra and Jay Johnson

Shoals School of Business

256-335-1614

MOULTON: 18747 HIGH-

WAY 157. Apt. 1. 2 bdrm. \$350 rent plus \$25 water.

Appliances, window air/heat,

washer/dryer connections. 256-764-3137.



FLORENCE: 626 E. MO-
BILE St. Apt A and B.
3bdrm/2bdrm, \$450/\$325SHEFFIELD: 1611 27TH
ST. 3 bdrm, 1.5 ba house.
\$475 rent/deposit. Appliancrent. Appliances, a/c. 256-764-3137. window

es, window a/c, gas heat, rear carport. 256-764-3137.

AUCTION SATURDAY, AUG. 25 • 10AM 107 ± ACRES • 2 TRACTS INVESTMENT OPPORTUNITY CR 79 • WEST LAUD. CO., AL

Directions: From Cox Creek Pkwy (133), go NW on Sav. Hwy (20) for 14.5 miles. Turn left (S) on CR 8 and go 4.4 miles. Turn right (N) on CR 79 and go 1/4 mile to property on left.

REAL ESTATE: This property lies between Brush Creek Rd (CR 8) and Lester Hollow Rd (CR 126) and fronts over 3/4 mile along CR 79 (gravel). The property was recently burned, sprayed, and planted in short leaf pines. Property will be offered in two tracts, consisting of 63± ac and 44± ac, and again as one unit consisting of 107± ac.

www.kingrealtyandauction.com SALE SITE: WATERLOO COMMUNITY CENTER

SELLERS: David E. and Mary Helen Bachofer

TERMS: 10% down, balance due in 30 days. Possession upon delivery of deed. Seller will furnish deed and owner's title insurance. Seller reserves the right to accept or reject any and all bids. No boundary survey has been performed on the property and acreages are not guaranteed.

All information contained in this ad is believed to be correct, but not guaranteed. Announcements made by Auction Company the day of sale supersede any printed material.





780 GARGIS HOLLOW RD. Home on 3 ACRES and WORKSHOP. One level, deck, patio. Living and din-ning room, granite, stainless steel appliances. Master BR and BA. : double sinks, tile shower, soaking tub. Call today: 256-436-0336 Laila Jager, Crye-Leike Realtors

FOR SALE BY OWNER: Sunset Point, Sheffield, 1,800 sq. ft., 3-4 bdrm., 2.5 ba., Beautiful open floor plan with sunroom, view of water, walking trails close to park, \$197,900 256-394-5180

FLORENCE RENTALS: 2 AND 4 bedrooms available. County Rd. 23 off of Cox Creek Pkwy. For more info. please call 256-766-1222.

FOR SALE: NORTH FLORENCE area, 221 W. Duncan Ave. 3 bedroom, 2 bath, study, large kitchen with granite and stainless steel, double garage, \$115,000. 256-335-6514.

OWNER FINANCING: North Florence, 2 bdrm., 1 ba., Completely renovated, near UNA, \$5,000 down, \$750 per month. K&H Inc., 256-349-0000



RETAIL OR OFFICE SPACES: 2624 & 2628 Hough Rd.- 1000' (\$900), 1500 (\$1,250 mo). 2410A Rosedale St.-1800' (\$1,500 mo). 3527 *Cloverdale Rd.*- 1100' (\$850 mo). 256-764-3137.

FLORENCE: CEDAR ARMS APTS. 1 bdrm, \$325 rent plus \$25 water. Appliances, central heat/air. 256-764-3137.

TUSCUMBIA AREA: 15 ACRES located at the end Emmette Holland Rd. Includes water, power and septic. \$115,000. 256-412-8956

HOUSE FOR SALE, 3 bedroom, 1,850 sq. ft. brick, 2 acres, barn and outbuilding. \$69,500. 256-247-2843 or 256-757-3378

ROGERSVILLE

LEXINGTON AREA - 32 acres fenced pasture land. Stocked spring fed fish-ing pond with 4 acres fenced for home/barn site. Dave Robertson, Quest Real Estate, 256-653-4036

TUSCUMBIA: FOR RENT, 2 bdrm., 1 ba. house with large yard and large work-shop. \$500, \$500 deposit. 256-335-9436.

FLORENCE: 2 BDRM., 1 ba. 75' X 150' corner lot, fenced back yard, 14'X14' deck, new flooring, new roof, new paint. 2031 St. Peter St.. \$49,500, 256-757-5159

NEW CONSTRUCTION: Baker Place Subdivision, Tuscumbia, starting at \$199,000. K&H Inc., 256-349-0000

FLORENCE: FOR RENT, 2 bedroom, 1.5 bath apart-ment, a short walk to UNA and downtown. 256-335-5290

CHEROKEE: SPACIOUS 2 BEDROOM home, large yard, close to plants and school. \$535. 213-884-7944

SHEFFIELD: 1013 14TH AVE. 2 bdrm house. \$450 rent/deposit. Appliances window a/c, gas heat, fenced yard. 256-764-3137.

1990 MOBILE HOME, 16X80, 3 bedroom, 2 bath, fully remodeled inside \$6,500 OBO. Located in Florence, AL. Must moved. 256-483-7659. Must be

TOWN CREEK: APART-MENTS IS accepting appli-cations for 1, 2 and 3 bdrm. Rent based on income. Equal Housing Opportunity. 256-685-3360

Cherry Hill Homes Family Apartments

Located on Florence Blvd. Rent based on income/utility allowances. Must pass background check and be able to obtain utility services.

Apply online: www.flohousing.org **Office: 452 Cherry Hill Homes** 256-760-5322





256-764-7688

REAL ESTATE AUCTION SATURDAY – AUGUST 18 – 1pm Auction Held On Site: 13244 Hwy 72, Cherokee, AL 35616

FLORENCE: 1718 NOR-RIS AVE. B3. 2 bdrm. \$400 Appliances, central rent. heat/air, washer/dryer con-nections. 256-764-3137

> FLORENCE: 306 CON-NOR. 3 bdrm house. \$500 Appliances, rent/deposit. central heat/air, washer/ dryer connection. 256-764-3137

OWNER FINANCING: SHEFFIELD, 4 bedrooms, 2 baths, New Roof, Paint and Flooring! \$5,000 down, \$750 per month. \$69,000 Call Daniel Skelton 256-487-3768

bedroom, 1 bath, duplex for rent. Washer and dryer hook 291 CO. RD. 262 FOR up. \$400 per month, \$300 SALE; 3 BR 1 Bath on deposit. 256-412-7008. 3.63 acres in Cloverdale. \$43,700. CALL 40.22

580-302-3048 OR 256-810-8955. BEAUTIFUL ONE ACRE

Co. Rd. 158. Laila Jager, 256-436-0336, Crye-Leike WOODED lots, River Drive, Tuscumbia city, \$29,500. 256-412-1779 or 256-627-Realtors. 2685 FLORENCE: FLORENCE: 515 E TOM-HEIGHTS BRICK, 3 bdrm., 1.5 ba., security deposit, \$400. Rent \$625. No Pets. BIGBEE St. Apt. 3. 1 bdrm.

\$275 rent plus \$25 water (256)784-2055 or 962-6066 Appliances. window air electric heat. 256-764-3137 NO DEPOSIT SPECIAL/ ba., 2 car carport, fenced backyard, Close to How-FLORENCE:

Den Lion's Efficiency Apartments. \$450 rent. Includes electric, cable, internet, water/sewer and garbage. 256-764-3137.

MESSAGE AND DATA RATES May Apply; Terms and Conditions and Privacy Policy: http://autoconx.com/

TUSCUMBIA: FOURTH AVE., 2 bed-room, 1 ba, hardwood ACREAGE FOR SALE: 37.4 Acres on Co. Rd. 266 floors. carport, fenced backyard in Cloverdale, \$115,000. 256-766-2094 or 256and basement. \$50,000. Call Charlotte Littrell, Cafe Realty, 256-810-9065 366-2980 GRESHAM HILLS HOUSES FAST www.shoalscashbuyer APARTMENTS 200 GRESHAM HILLS

COURT, FLORENCE BEHIND MARS HILL SCHOOL OFF COX **CREEK PARKWAY** ACCEPTING

APPLICATIONS SENIORS 62 AND OVER

1 Bedroom RENT BASED ON INCOME 256-767-2256



HOUSE FOR LEASE, 3 bdrm. 2 baths, den, \$500 per month, deposit. 10 minutes from UNA. 256-766-3953.

FLORENCE- 232 RIV-ERMONT RD By owner. 3 BR, 1.5 BA. brick rancher, 1,670 sq ft., double carport, deck, many new upgrades, new roof, storage building. Safe and convenient area. \$109,900.Hal 256-335-3021





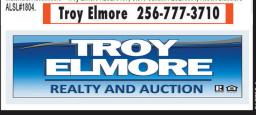


or More Info

8942 CURTIS RD

ATHENS, AL 35614

Terms for Sale: 10 % non-refundable earnest money required day of sale, balance due on or before 45 days at close. A 10% Buyers Premium will be added to final bid to determine ultimate final sales price. Taxes will be prorated. Possession given with deed. As in all auctions, this property is being offered in "as is where is" condition. The Auction Company or sellers make no warranty, either implied or expressed as to property condition or size. Buyer purchases property based solely on their own inspection and estimation of value. In all instances the Auctioneer is acting as agent for the seller. Announcements made day of sale take precedence over all printed materials. Auctioneers ~ Troy Elmore ALSL#5137, Steve Sandlin ALSL#5064, Robert Blackford



27.15+/- Acres Sold in Two Tracts or As a Whole

27+/- Acres of prime investment property with US Hwy road frontage near Barton Industrial Park. This land is mostly open and level and has potential for agricultural, commercial, or residential use. The property is offered in two tracts or as a whole.



TRACT 1: 10+/- acres with an extra nice 72' x 32' Mobile Home bought new in 2015 with 3 bedrooms and 2 baths. (The mobile home can be purchased separately.)

TRACT 2: 17+/- Acres.

DIRECTIONS: From Tuscumbia, go west on Hwy 72 towards Cherokee. Property is on the left just before the overpass in Barton area. Watch for signs.

Terms: 15% down day of sale with the rest due within 30 days. Seller will furnish deed and title policy. Property sold AS-IS. Couch Auction and Realty is agent of the Seller. Seller reserves the right to refuse any and all bids. All information is this ad is from sources believed to be correct but is not

guaranteed. All announcements made day of sale take precedence over any printed materia NO BUYERS PREMIUM.



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The **RED LINE** adds even more impact to the Shoals' most effective advertising forum mailing 70,000 papers weekly!



36



Undergraduate Degree: Auburn University, Auburn, Alabama Medical Degree: University of Alabama School of Medicine, MEDICAL ASSOCIATES Birmingham, Alabama OF THE SHOALS Residency: welcomes UAB Huntsville, **Family Medicine** Courtney Residency Program, Huntsville, Alabama Bowen, M.D. to their Medical Practice

Notes... Continued from page 4

White Oak Community Watch Group Meets the first Sunday of each month at 2pm, except when holidays fall the week before or after. Our goal is to make our community a safe place to live. Volunteers are needed. To join attend a meeting and fill out a form for a background check.

The NACOLG SENIORx Medication Assitance Program supplies free and low cost medications for anyone in Alabama with a disability or a chronic illness regardless of age that requires daily medication. Medicare recipients

may also be eligible. For more information contact NACOLG SENIORX today. There is no charge for this service. 1-800-AGELINE (1-800-243-5463) or

256-389-0530 Paula Pardue at 256-389-0529

This program is in partnership with the State of Alabama and alabama Department of Senior Services

Shoals Civic League, Inc. meets every Thursday at noon at the Clarion in Sheffield. If you are interested in being a part of a group of citizens who empower our community? Join us! The Shoals Civic League was created by two national civic clubs coming together to form a local 501(C)3 organization with all proceeds staying in the Shoals.

Florence Parks and Recreation **Department** is conducting registration for Flag Football now through August 19. The programs are open for boys and girls ages 5-12 years old. Registration fee is \$45. You may register at www.FPARD. сот For more information contact the Athletic Office at 256-760-6628.

Volunteers Needed - Keller Hospice LHC of Tuscumbia is currently seeking volunteers to serve the following counties: Colbert, Lauderdale, Lawrence, Franklin, Marion, and Winston Areas of need: Patient Volunteer,

Administrative Volunteer, Craft/Hobbies Volunteer, Community Outreach/Event Planning/Fundraising Volunteer.

For more information contact: Keller Hospice LHC of Tuscumbia, 256-314-1204 or email Barbara.Johnson@ LCHgroup.com.

Living Waters - arrive by boat or by land at the Joe Wheeler Lodge Gazebo Sundays at 7pm through August 26. Be inspired by... Music that lifts you, Speakers that move you, Words that encourage you. Bring a chair or arrive on foot or by boat leave rejuvenated for the week ahead. Sponsored by Rogersville UMC.

LifeSouth Community Blood Drives for August - Keller Center – Monday thru Friday 9am – 5pm, 1208 South Jackson Highway, Sheffield - 256-383-3535 ECM_Center – Monday thru, Friday

9am – 5pm, 205 Marengo St., Florence 256-765-7038 Wednesday, August 15, 9am - 3pm,

Foodland, 1161 Hwy 72, Killen Wednesday, August 15, 4–9pm, First Baptist Church of Killen, 504 JC Mauldin

Hwy, Killen Thursday, August 16, 2– 7pm, Mangas Tool and Die, 2721 Avalon Ave,

Muscle Shoals Friday, August 17, 11am – 7pm, Texas Roadhouse, 307 Cox Creek Pkwy, Florence

Saturday, August 18, 8:30am – 4:30pm, Watermelon Festival, 103 N Jackson Ave, Russellville

Sunday, August 19, 10am – 5pm, North Alabama Flea Market, 65 Market, 65 SportsPlex, Muscle Shoals

Monday, August 20, 11am – 7pm, Walmart, 517 Avalon Avenue, Muscle Shoals



Retirement Planning Tips for Single Women

Dear Savvy Senior,

What retirement planning tips can you recommend to single women? I'm 54 and divorced with a teenage daughter and very little saved for retirement.

Financially Behind

Dear Behind,

It's an unfortunate reality, but most single women - whether they're divorced, widowed or never married face much greater financial challenges in retirement than men. Why?

Because women earn less money – about 80 cents for every dollar that men make, on average, and they have shorter working careers than men due to raising children and/or caring for aging parents. And less money earned usually translates into less money saved and a lower Social Security benefit when you retire.

In addition, women live an average of five years longer than men, which requires their retirement income to stretch farther for living expenses and healthcare costs. And, according to some studies, women tend to be less knowledgeable and more intimidated about financial issues than men, which means they don't always handle their money as well as they should.

Because of these issues, it's very important that women educate themselves on financial matters and learn how to save more effectively. Listed below are some tips and resources that may help you.

Start Saving

If your employer offers a retirement plan, such as a 401K, you should contribute enough to at least capitalize on a company match, if available. And if you can swing it, contribute even more. By law, you can save as much as \$18,500 in a 401(k) in 2018, or \$24,500 to those 50 and older, due to the catch-up rule.

If you don't have a workplace plan, consider opening a Traditional or Roth IRA. Both are powerful tax-advantaged retirement savings accounts that let you contribute up to \$5,500 annually, or \$6,500 when you're over 50. And if you're self-employed, consider a SEP-IRA, SIMPLE-IRA and/or a solo 401(k), all of which can help reduce your taxable income while putting money away for retirement.

Also, if you have a high-deductible health insurance policy, you should consider opening a health savings account (see HSAsearch.com). This is an excellent tool that can be used to sock away funds pre-tax and use them before or after retirement to pay for medical expenses.

Find Your Number

It's also important to get a handle on how much you need to save for a comfortable retirement. You can do this through a number of free online calculators like ChooseToSave.org or FinancialMentor.com/calculator.

Pay Off Debt

If you have debt, you need to get it under control. If vou need some help with this, consider a nonprofit creditcounseling agency that provides free or low cost advice and solutions, and can help you set up a debt management plan. To locate an agency, use the National Foundation for Credit Counseling website at NFCC.org or call 800-388-2227

Find Help

To help you educate yourself on financial matters like retirement planning, saving and investing, health



All of Our Physicians are Currently ...

NGW Patients Dr. Bowen grew up in Alabama. She and her husband, Corey, are excited to be making their home in the Shoals.

Dr. Bowen is board certified in Family Medicine and is now seeing patients.

Like us on .7 Facebook Call to schedule an appointment: (256) 383-4447, ext. 124 www.MedShoals.com

Tuesday, August 21, 2–9pm, Essity, 1834-B Haley Drive, Cherokee Wednesday, August 22, 2–9pm, Essity, 1834- B Haley Drive, Cherokee

A grief support group entitled, "Getting Well Together" will meet at Shoney's in Muscle Shoals at 10am on the second Thursday of each month. This free support group is for anyone who would like to attend. This event is provided by Kindred Hospice of Florence. For more information, call 256-764-0873.

The Edith Newman Culver Memorial Museum is now Open for the 2018 season. The museum is located at 501 Main St., Waterloo, The hours are Sunday, 1-5pm. Admission is \$3 and children under 12, no charge.

Fourth Saturday Breakfast at the Zip City Community Center, 10511 Hwy 17, Florence, August 25 from 6-9am. Menu includes eggs, sausage, bacon, biscuits, gravies, grits, juice and coffee. Adults \$6, children 10 and under, \$3, Proceeds used for Center expenses. Everyone is welcome.

See NOTES... page 38

care, annuities and more, a top resource is the Women's Institute for a Secure Retirement at WiserWomen.org.

And to help you get up to speed on Social Security, visit SSA.gov/people/women. This web page, dedicated to women, provides helpful publications like "What Every Women Should Know," along with links to benefit calculators and your personal Social Security account to help you figure out your future earnings at different retirement ages.

You should also consider getting a financial assessment with a fee-only financial advisor. Costs for these services will vary from around \$150 to \$300 per hour, but this can be very beneficial to help you set-up a retirement plan you can follow. See NAPFA.org or GarrettPlanningNetwork. *com* to locate an advisor in your area.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.







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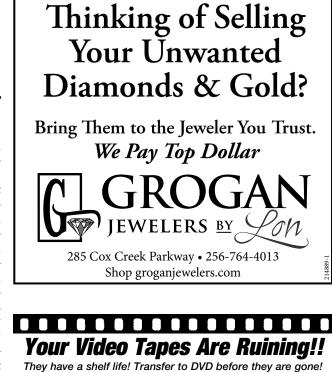
BEAUTIFUL Katie asked Bill to babysit their son so that she could go on a date with Thorne. A broken Steffy admitted to Liam that she saw him propose to Hope. Later, Steffy decided to focus on her career by empowering the women at Forrester Creations to know their worth in the workplace. Bill called Katie for some parenting advice when Will wouldn't listen. Bill interrupted Katie and Thorne's romantic evening by bringing Will home early. Wyatt gave Liam an earful after asking him to be his best man. Brooke was horrified to learn that Steffy was bringing Taylor to Hope's wedding. Steffy leaned on her father for support. Wait to See: Bridget returns for her half-sister's wedding.

DAYS OF OUR LIVES Abigail was upset to find Chad and Gabi sharing a moment together. Paul accused Sonny of having an affair with Will. Meanwhile, Will exposed Ted's scheme to Kate. Eve and Jennifer got into a showdown. Later, Eve encouraged Brady to forgive Vic-tor. An angry Kate forced Ted to choose between her and the money. Paul confronted Will over his lies. A scorned Gabi continued to manipulate Abigail and Chad. Jennifer was tempted to confess everything to Eric. Tripp was furious when Ciara invitedÊBen to move intoÊthe loft. Steve broke into Kayla's phone to get answers. Kayla reluctantly agreed to help Stefan. Števe has a surprise for Adrienne. Kate pulled a gun on Ted. Wait to See: Adrienne confronts. Bonnie for the first time.

GÉNERAL HOSPITAL Scott finally apologized. Jason had a theory. Elizabeth was horrified. Josslyn grew increasingly annoved. Kiki found herself on the edge. Alexis stated the facts and proceeded cautiously. Valentin was shocked. Sonny received an unexpected visitor. Sam was asked to do a favor. Franco was furious. Joss apologized to Sonny. Stella offered her condolences. Michael's emotions got the best of him. Jordan felt betrayed. Bobbie Elizabeth and voiced their concerns. Sonny took Julian aside. Alexis received some terrible news. Nina lost her temper. Drew grew suspicious after a series of coincidences involving Margaux. Wait to See: Mike has a scare. AND THE YOUNG THE **RESTLESS** Phyllis and Jack learned they were duped by Summer. Lily struggled to come to terms with her part in Hilary's

THE BOLD AND THE death, while Devon asked the judge to give his sister the harshest sentence. Meanwhile Cane bought airline tickets to Australia as his family prepared to flee the country. Sharon began having second thoughts about her en-gagement to Nick. Victoria worried about Nikki spilling their family's secrets to Nate. Phyllis chose Billy over her career. Kyle grew increasingly jealous of Bil-ly. Jack told Phyllis that he never got over her, but Phyllis still rejected him. Jack then agreed to take Ashley's side in the war against Kyle. Wait to See: Sharon opens up to a new friend.

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Same Ingredient in a Lower 20 mg Tablet

Sildenafil, the active ingredient in Viagra®, is now available in a generic 20mg tablet, and it is MUCH cheaper than Viagra®.

EX: Five 20mg tablets of Sildenafil is equivalent to one 100mg Viagra®

Must have prescription that is for Sildenafil 20 mg tablet.

60 of the

denafil

Note: This is the FDA approved generic of Revaltio® 20mg tablet. The FDA has not approved generic Viagra®, even though the active ingredient is identical, just in a different strength.

arnes Health Care 221 N. Court Street Historic Downtown Florence Pharmacy 256-764-3961

Hours: Monday - Saturday 8am-8pm



Community Notes...

Continued from page 36

Cloverdale Neighborhood Watch **Meeting** Monday, August 20 at 7pm at the Community Center.

Hospice is looking for Volunteers and donations for Hospice Promise Foundation. Contact Barbie Johnson, Volunteer Coordinator, 256-314-1204.

The Righteous Judgment of God

2 Thessalonians 1:5a "Which is a manifest token of the righteous judgment of God," Why would God give us the assurance of death, future in heaven or hell, coming judgment, and that by appointment; (see Heb 9:27 and Acts 17:31), things clearly stated in the word of God, and then make the assurance to be ready for this judgment so complex that no one could now certainly know that they were ready to meet him when they left this world? That is not fair and righteous judgment that God promised in Romans **2:5** and in Acts:17:31. The only fair way for God to judge us

in the world to come in righteousness, is for us to have the opportunity here and now to get that righteousness and be assured of it and therefore be ready when we meet him. Grace says God has done it all, and works says nothing is sure. Mixing the two just creates confusion, doubt, and worry and religions. (See imputed righteousness in Romans 3:21-25, versus works righteousness.)

Romans 10:1-4 notice the words here: "being ignorant of God's righteousness: and going about to establish their own righteousness," notice that: come on, read it! That is why no one on this earth has assurance of salvation who is trying to work their way to heaven and mix grace, faith and works together. See Phi. 3:9. To get to heaven, you must have God's righteousness and his righteousness is Jesus Christ, and God gives you that righteousness when you receive his Son by faith. That is why it is called a gift. (See Rom. 5:15-18.) Why continually search for scriptures to go to hell or lose something you never had, when the purpose and power of the Gospel is to save your soul? See Rom. 1:16&17; and notice again here the righteousness of God. Salvation is not a chance, but a choice. See 1Pet 2:3. 1 Peter 2:23 "Who, when he was reviled, reviled not again; when he suffered, he threatened not; but committed himself to him that judgeth righteously:" If you own a bible, or read this, you have no excuse for going to hell. Friend, ask Christ to bring you to God today. See 1Pet 3:18, and be ready when you stand before God. Quit playing with sin. James 1:15 "Then when lust hath conceived, it bringeth forth sin: and sin, when it is finished, bringeth forth death."

> Bill Bishop, Pastor **Beacon Baptist Church** Rogersville • 256-247-7733 1.2 miles north from red light on Hwy. 207 on left Sunday services at 10am and 11am and 6pm Visitors welcome!

Zip City Neighborhood Watch Meeting - August 19, 2pm at Zip City Community Center.

Alabama Advisory Committee on Child Support Guidelines and Enforcement is scheduled to meet on Friday, August 17 beginning at 10am at the Heflin-Torbert Judicial Building, located at 300 Dexter Avenue in Montgomery. The Supreme Court of Alabama appoints the members of the The Committee's role is Committee. to review and make recommendations to the Supreme Court concerning the Child-Support Guidelines and Schedule of Basic Child-Support Obligations. At this meeting, the Committee will continue reviewing and discussing the current Guidelines and Schedule. Individuals requiring special accommodations should call 334-954-5120.

The Florence-Lauderdale Animal Shelter will sponsor an introduction and informational meeting for potential FLAS volunteers on Friday, August 17 at 30pm in the City Auditorium located at 103 South Pine Street in Florence

Leah Fox, Shelter Director of (FLAS) said this meeting is for anyone who has volunteered in the past, and/or may be interested in volunteering now or in the future. Fox will discuss the various ways the public can assist the Shelter by volunteering. Examples of the Volunteer Assignments are dog walking, kennel assistance, cat habitat/kitten room, outreach and events, etc.

If you love puppies, dogs, kittens and cats, the Florence-Lauderdale Animal Shelter can use your help by becoming a volunteer! If you can't attend the meeting August 17, and you want to know how to become a volunteer, call director, Leah Fox at the shelter, 256-718-5170.

American Cancer Society Survivor and Caregiver Support Group September 16, 6pm at ECM East, Community Room, 2111 Cloyd Blvd, Florence

Everyone is invited to come and share their journey. Light refreshments.

The next meeting of the Shoals Democratic Club will be August 20 at our new location at 506 North Nashville Avenue in downtown, Sheffield! This is the Iron Working Building!

The descendants of Jackson Carroll Parker will have their annual Reunion Saturday, August 25 at noon at North Carolina Church of Christ activity building. Please bring a covered dish.

8th Annual David Zills Memorial Gospel Singing - a benefit for Welch College, "To put missionaries on the fields" on August 25, 6pm at South Highland Free Will Baptist Church, 704 State St., Muscle Shoals. Featuring these great artists: The Woodalls, Unity Four, Broken Vessels, The Crossties, with

guest emcee, Jerry Edgil. No admission charged. A love offering will be received with proceeds to benefit

Welch College. For more information contact, Chad Zills 256-412-7602.

Free Community CE Class Nurses, Social Workers "A Strategy for Success in Healthcare: Communicating with Difficult Personalities" Tuesday, August 28 at 11:30am at Mitchell-Hollingsworth Education Classroom. Light Lunch will be Provided.

Sponsored By: Hospice of North Alabama. 1.2 - CE Nurses. 1.0 CE -Social Workers

Please RSVP to ashley.burchell@ hospiceofnorthalabama.com or 256-810-0215 by noon on August 27.

7th Annual UNA Fan Fest sponsored by Coca-Cola, on Saturday, August 25, 10am-1pm at the UNA Softball Complex on Cox Creek Parkway in Florence. Meet our student-athletes and coaches, get autographs, bouncy house and slide.

Get your football, volleyball and soccer season tickets. Call 256-765-5466 www.roarlions.com

Annual North Alabama Christian Children's Home Benefit Motorcycle **Run** Saturday, August 25, 11am-1:30pm. Lunch and Silent Auction at the Home. Good food, event "T" shirts \$15 (early order shirts at http://nacch.com/support. html). 2 silent auctions - 12-12:25pm and 12:30-12:55pm.

Registration at Longshore Cycle Center, 913 Mitchell Blvd., Florence, 256-764-3038. Registration open 8:30am, Door prizes 9:15am, Escorted ride KSU 10:15am, Lunch at the Home 11:am(ish).

For details email foxace@aol.com or donwill55@yahoo.com Alternate rendezvous sites: 8:30am

Cracker Barrel Restaurant, Hwy 119 (I-65 Exit 246) Pelham or 9:30am EZ Mart, 1301 11th Ave (AL Hwy 13) Halleyville. Converge on the Festivities at the Home, 6372 County Road 63, Florence.

Ride at your own risk.

St. Michael's Church Picnic Labor Day Chicken Stew and BBQ - Monday, September 3 at St. Michael's Church, 2751 Co. Rd. 30 in St. Florian. Selling BBQ Pork, Ribs, Chicken half's and Chicken Church vitation at Com until

and Chicken Stew starting at 6am until sold out --- SO COME EARLY!!! BBQ Pork - \$9.50 per pound

\$40 per whole Boston butt

Chicken Stew - \$5 per quart, \$10 per half gallon, \$20 per gallon BBQ Chicken- \$5 per half chicken,

\$10 per whole chicken Children games at 9:30-11:30am! Bring your children, grandchildren and

enjoy family games and fun! Tickets 3 for \$1! All games are 1 ticket! Afternoon games start at 1-4pm and 6-

.7pm! Ice cream sold during all games! Come and have fun!!!

You are invited to join in a women's interdenominational Bible study on Thursday mornings from 9:30-11:30am beginning August 23. The 30-week study will take place in the book of Genesis and is meeting at Barton's Baptist Church at 12925 Hwy 72 in Cherokee. Nursery is provided. Women and children of all backgrounds, levels of Bible knowledge and ages are welcome. The children and youth ministry provides approved curriculum for infant –12th grade. A registration fee of \$35/adult, \$10/child covers all curriculum materials for the study. Scholarships are available. For more information or to register, call 256-627-3084, email shjames111@aol. com, or visit our website: colbertcounty.

Cypress Creek Indoor Range, in partnership with Air Evac Lifeteam, will hold a free Heartsaver CPR class on Monday, August 27 at 5:30pm.

In addition, participants can also register to be certified in CPR by the American Heart Association. There is a \$25 fee for this certification. (Additional registration required) Space is limited. Walk-ins cannot be taken. To reserve your seat, you can register on Eventbrite, our Facebook event or call 256-275-7586. Cypress Creek Indoor Range is the Shoals' only indoor shooting range, retail store, and training center.

The Muscle Shoals Library and the Oka Kapassa Festival will present a special community outreach program on Thursday, September 6, at 6pm at the Library, located at 1918 Avalon Ave. in Muscle Shoals. Demonstrations by the Chickasaw Dance Troope from Oklahoma and Cherokee storyteller Freeman Owle will be featured. This free event is co-sponsored by the Muscle Shoals National Heritage Area and the Alabama State Council on the Arts and Humanity. More info: www.okakapassa.org or 256-757-4438 or Colbert Tourism, 256-383-0783.

See NOTES... page 39

Twin States Bathtub Repair, LLC We Repair All Types of Tubs, Holes, Chips, Cracks. We Also Refinish Tubs & Ceramic Tile 662-386-2308 68 County Road 411 Lot 15 • Town Creek Randy Hannah randyhannah100@gmail.com Facebook: @twinstatesbathtubrepair **Counter Pros, LLC** Laminate Countertop **Fabrication & Installation** ~ Free Estimates ~ counterpros@att.net 256-767-1623 2261 Hwy 72 • Killen



• Dig boxes (various clothing) \$1.00 • School supplies and many other items 2/\$1.00

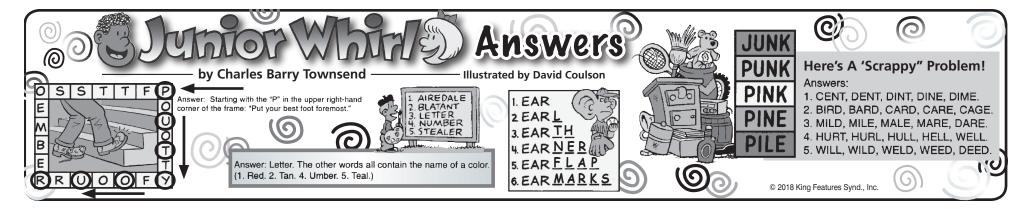
You Are Invited To A **Gospel Meeting**

East Florence Church of Christ 1800 Huntsville Road, Florence

August 19-24

Justin Roberson **Preaching**





Community Notes...

Continued from page 38

Have you ever thought about being a foster parent? Alabama currently has approximately 6000 children in foster care. In Lauderdale County alone there are over 140 children in foster care. Some simply need foster care for a matter of days. Others may need foster care until they are reunited with their biological family or plans are made for them to be adopted.

There will be an Orientation Meeting for foster and adoptive families on August 28 from 6-8pm at DHR, 424 Veterans Dr. Florence. If interested, call 256-765-4023 to pre-register for the class.

The 10 week course plus CPR, will be every Tuesday beginning September 4 from 6-9pm at DHR.

Labor Day Chicken Stew at Zip City Community Center on Monday, September 3 from 8am-until. \$22 per gallon, \$12 per half gallon, \$6 per quart. If you can help, please call 256-766-1569. Please bring your own container. Proceeds for Center expenses.

The Children's Museum of the Shoals and the Oka Kapassa Festival will host a community outreach program on Thursday, September 6, at 4pm for children at the Museum, located at 2810 Darby Dr. in Florence. The program will feature Chickasaw story-teller Amy Bleumel and Lyndon Alec (Alabama) demonstrating hoop dance. Free. Co-sponsored by the Alabama State Council on the Arts. More info: www.okakapassa.org or 256-757-4438 or Colbert Tourism, 256-383-0783.

A community outreach event in conjunction with the Oka Kapassa Festival, will be presented on Thursday, September 6, from 5:30 – 7:30pm at the Sheffield Library, 316 Montgomery Ave. Injunity, a contemporary Choctaw and Chickasaw ensemble highlighting the Native American flute will be featured. Micah Swimmer (Cherokee) will perform traditional dance and songs. The Trail of Tears Association will make a special presentation regarding the history of the Tuscumbia Landing site. This is a free event sponsored by the Oka Kapassa Festival, Alabama State Council on the Arts, the Muscle Shoals National Heritage Area and the City of Sheffield. More info: www.okakapassa.org or 256-757-4438 or Colbert Tourism, 256-383-0783.

Cloverdale Church of Christ Cemetery Fund - If you have family here, donations are needed for maintenance and upkeep. Mail to 13000 Hwy 157, Florence, AL 35633

Return to Cold Water Native American Festival will take place in Spring Park (South end of Main St.), Tuscumbia, on Friday and Saturday, September 7-8. The rich traditions of Native American culture will be celebrated through authentic demonstrations of arts, crafts and life skills, including dancing, drumming, Indian flute music, basket weaving, jewelry, story-telling, foods, more. Friday is "school day" and teachers must pre-register their student groups (grades 4-5). Saturday's events, 10 am until 6 pm, are geared to the public. Free. Additional community events are scheduled. Alabama 200 Bicentennial_Event, STS Top Twenty in Southeast. For complete schedule and more information: www.okakapassa.org or 256-757-4438 or Colbert Tourism at 256-383-0783.

Join The Fight For Alzheimer's First **Survivor** at the Alzheimer's Association Walk to End Alzheimer's®, people carry flowers representing their connection to Alzheimer's — a disease that currently has no cure. But what if one day there was a flower for Alzheimer's first súrvivor? What if there were millions of them? Help make that beautiful day happen by joining us for the world's largest

fundraiser to fight the disease. Register today at alz.org/walk. The Shoals Walk to End Alzheimer's at McFarland Park on September 16 at

Camp Liberty is expanding! Liberty Communications, LLC in Battlefield, AL in Cullman County is expanding its services and attractions

Camp Liberty provides a real military experience to teens from around the world through its Extreme Military Experiences. The one to five week programs are real world boot camp to advanced leadership programs.

With an onsite chapel, lodge and large party barn, the camp also hosts wedding, party, reunion, leadership and team building services.

Most exciting is this year's new attraction, The Haunting at Camp Liberty! From September 21 to October 28, Friday and Saturday nights, The Haunting at Camp Liberty will be a multi-acre interactive extreme military themed touch haunt that will be messy, scary fun!

Adding to the fun will be an escape room, vendors and food. Special events are planned,

beginning with the season opener. A Veterans Benefit Fundraiser will be held September 22, beginning at 7pm.

Active duty, veterans and first responders with proof of service always get 10% off of up to four haunt admissions.

The National Alliance on Mental Illness of Alabama (NAMI Alabama) will conduct the fourth NAMIWalks Alabama fundraiser on September 22 at the Wynton Blount Cultural Park, in Montgomery. Registration for the 5K Walk will begin at 8am and the Walk will begin at 9am. A short program will be held from 8:30am-9am with several guest speakers, warmup exercises, door prizes, and awards

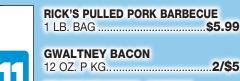
University of Alabama head football coach, Nick Saban, is serving as the

state Honorary Chairman. "The purpose of the 5K fundraiser is to support the education (including Crisis Intervention Team trainings (CIT), advocacy, and support programs of NAMI Alabama. NAMIWalks is a joint effort of NAMI, NAMI Alabama, and NAMI Alabama Affiliates. The goals is \$75,000 as we celebrate our theme, #StigmaFree. There is no registration fee for the Walk. Please visit www.namiwalks.org

or www.namialabama.org to serve as a sponsor or join a team.

Florence Civitan Club Golf ToFlorence Senior Center - The Club -Pigeon Forge & Smokey Mountains Show Trip October 29-November 2, 2018. \$555 due by August 22. This trip is open to the public. All ages. Soul of Motown, America's Hit Parade, Hatfield & McCoy Show, Smokey Mountain Opry, Historic downtown Gatlinburg, guided tour of The Great Smokey Mountains and visit the Titanic Museum. Call 256-760-6420 for more information.





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