

The Courier

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AARP set to meet

Next meeting for AARP will be June 1 at the Community Center in Ocean Pines. Social time will be at 9:30 a.m. and the meeting starts at 10 a.m. This month's speaker will be Steve Taylor from Worcester Youth & Family Counseling Services, Inc.

Dems to meet

The Democratic Club of Worcester County will host a special event on Wednesday, May 27 at Morley Hall at Seacrets between 5 p.m. and 7 p.m. Senator Jim Mathias will discuss significant legislation. Music will be provided at "The Yellow Dogs." All Worcester County Democrats are welcome.

Annual garden tour set

The Ocean Pines Garden Club will hold its annual garden tour and luncheon on Thursday, June 11, rain or shine. The tour of nine Ocean Pines gardens begins at 9 a.m. and will conclude at noon. This year's tour will feature local artists as well as local garden vendors. Registration for the tour will begin on the day of the tour at 9:00 a.m. at the Ocean Pines Yacht Club. For those interested in attending the luncheon following the tour, lunch will be served at the Yacht Club at 12:30 p.m. Deadline for luncheon reservations is June 4. There is a choice of one of the following entrees: grilled chicken, mozzarella and pesto panini with a side salad or strawberry spinach salad with marinated chicken topped with goat cheese and almonds or vegetable lasagna w/ side Caesar salad. A Chef's choice dessert and coffee, hot or iced tea is also included. There will be a cash bar. Tickets for the tour only are \$10. Tickets for the tour and luncheon are \$30. For more information or to make reservations, call 301-385-0839.

Thompson to hold meeting

Ocean Pines Association General Manager Bob Thompson will hold a town hall meeting on Wednesday, June 3 at 6 p.m. at the Ocean Pines Community Center. The meeting is open to the public.

Thompson will share project and community updates as well as address comments and questions posed by Ocean Pines residents and property owners, who are encouraged to participate and share feedback. Questions may be submitted in advance via email to info@oceanpines.org.



Anniversary celebration - The Worcester County Veterans Memorial at Ocean Pines Foundation celebrated its tenth anniversary Saturday with an event under the tent on the grounds of the memorial. Nearly 200 were in attendance. Above: **Denny Bowers, Bill Killinger, Marie Gilmore, Dan Stachurski, Sharyn O'Hare, George Reiswig and Bill Rakow.** See more photos on page 15. Photo by Joe Reynolds.

A cyclone worth checking out

By *Jean Marx*

Jolly Roger Amusement Park on 30th Street could write a book on how to jump start the summer season in Ocean City. Having turned a half century old last year, the company is showing no signs of slowing down. In fact, you might say that the company is revving up to set off on a new 50 years of adventure. This is exhibited by the fantastic new ride at the park – the Cyclone.

Beaming with pride, Dean Langrall, Jolly Roger's Director of Sales and Marketing, describes that the Cyclone is the first of its kind in the world. The Cyclone is being dubbed a "Cart Coaster" – basically a roller coaster for go-carts. Unlike regular roller coasters that have you strapped into a ride that is controlled and run on a pre-set track, you are in charge of the controls. This means you decide how fast or slow you want to take the turns in the five stories of figure-8 loops the Cyclone comprises. You can also experience the exhilaration of speeding

through the straight-away before entering into each end of the figure-8s.

The talented management team operates as a well-oiled machine. Construction began the day after Labor Day in 2014. At that time, the team had already come up with the design plans for the ride; it was to be constructed entirely of wood. Embedded throughout its five stories is 22,000 square board feet of lumber extending 1,500 feet long. The ride is situated on the right front side of the entrance to Speed World. Mr. Langrall says that nearly everyone who sees the ride for the first time has the same remark, "Wow, it's so big!" This author can attest that the ride is indeed a marvel to behold.

The ride opened to the public last month, and its popularity is mounting. In fact, word has quickly spread to amusement parks in Washington, DC and Philadelphia with representatives from the parks al-

please see **cyclone** on page 2

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cyclone
from page 1

passenger. It's another way Jolly Roger Amusements is truly demonstrating its commitment to family entertainment.

ready lining up visits to see the ride in action. Several bloggers called the OC Insiders on the www.ococean.com website are singing the praises of the ride including "Christy P" from North Ocean City who leads her comments off with "Fun fun fun.... And I'm almost 50. It's the closest thing to real racing there is ...". Fox News Online has also done a piece covering not only the ride's amazing engineering but also the ingenuity of the concept.

In responding to the question of Jolly Roger's plans for its next half century in business, Mr. Langrall enthusiastically reports, "We are going to expose people to extreme things that they don't normally find in an amusement park." Jolly Roger's Speed World is leading the pack with its history of cutting edge innovations. The first innovation was the introduction of real Formula One race cars. This was followed in short order by the ziplines that were added in 2010. To accommodate the Cyclone, the ziplines were shifted slightly in a way that perhaps now heightens the drama for the zipliners. Now as you're rocketing down the zipline, you'll look like you're aimed straight at the Cyclone.

Speaking of ingenuity, the design team also realized that the existing go-carts were best suited for their current uses on mainly flat ground. As a result, the team ordered 44 brand new go-carts that have more torque and speed capacity to climb the Cyclone's inclines. Adults are not the only ones who can experience all the fun the Cyclone has to offer. Half of the carts are double-seaters for kids to join in. The minimum height requirement for kids is 36 inches tall, and those who are taller than 58 inches and are at least 12 years old can actually be a driver. If you are over 58 inches tall and are at least 16 years old, you can even drive a

As you experience the ride for yourself and are careening around the turns, be sure to look out at the beautiful views that await you of both the ocean and the bay. Jolly Roger shows us how we can appreciate the beauty of our area and have a rousing great time in the process.

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Clean-up

On May 19 members of the Ocean City Power Squadron, a unit of the United States Power Squadrons, participated in the annual spring cleanup of Pintail Park in Ocean Pines. As part of a commitment to support our community, on land as well as the water, Pintail Park was adopted and has been maintained for the past several years by the Ocean City Power Squadron.

Members pictured are from left to right are: (1st Row) **Morton Brown, Raymond Calandra, Noreen Bergold, Jeanne Stiehl and Fredrick Stiehl** (2nd Row) **John Wyrwal, Marjorie Calandra, William Sewell, James Rorke and Stuart Glassman.** (3rd Row) **John Reese, Joleen Killinger, David McAllister, William Killinger, Anthony Smith.** (4th Row) **Stockett Harmon.**

Past, future will soar together

The U.S. Air Force will put the past and future of air power together at the 2015 Ocean City Air Show in the Air Force Heritage Flight on June 13 and 14.

The Heritage Flight program presents the evolution of U.S. Air Force air power by flying today's state-of-the-art fighter aircraft in close formation with vintage warbird fighter aircraft. The Heritage Flight at the Ocean City Air Show will feature America's newest super-fighter, the F-22 Raptor in formation with a vintage World War II era P-51 Mustang.

"There could not be a better way for the OC Air Show to celebrate the 70th Anniversary of VE Day and the end of World War II in Europe than to have a P-51 Mustang join the F-22 Raptor in the Heritage Flight," said Bryan Lilley, president of the

OC Air Show. "The P-51 was the F-22 Raptor of its day and was key in the allies achieving air superiority in



the skies over Europe."

The 2015 OC Air Show will be headlined by the U.S. Navy Blue Angels plus feature the European-based Breitling Jet Team and a full capabilities demonstration of the U.S. Air Force F-22 Raptor. Those interested can go to www.OCAirShow.com and sign up on the Volunteer page to join the team.

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2012 Business of the Year

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Emerald is the birthstone for the month of May. It is also the anniversary gemstone for the 20th and 35th years of marriage.



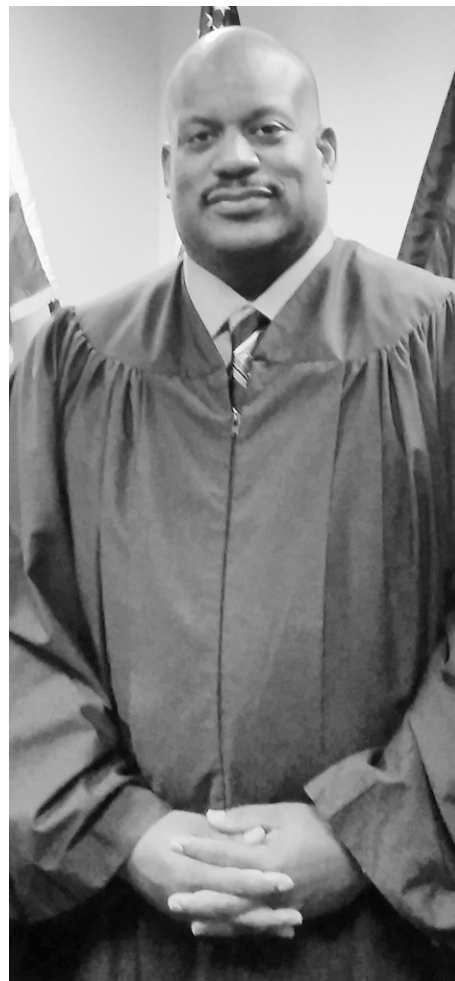
Emerald is one of the most highly-prized of all the gems. The name comes from the Greek "smaragdus" which means green stone. The most prized is pure grass green.

According to legend, the wearing of emerald not only cured a wide range of ailments, including low I.Q., poor eyesight and infertility, but also enabled the wearer to predict the future.

As part of the normal fashioning process, most emeralds are immersed in colorless oil or resin so small voids are not as noticeable.

Care should be taken to protect it from scratches, sharp blows, household chemicals, and extreme temperature changes. Do not use a home ultrasonic machine.

Emeralds are found mainly in Colombia, Brazil, Zambia and Zimbabwe.



John Dale Smack III

Smack named Chief Judge

John Dale Smack III of Snow Hill was recently appointed by Governor Larry Hogan as the Chief Judge for the Worcester County Orphans' Court. Smack, 48, is serving in his third term as an Orphans' Court Judge and, in the November 2014 general election, received the most votes of all the candidates for Orphans' Court Judge. He was recently elected President of the Maryland Association of Judges of the Orphans' Court. Last year the Chief Judge of the Maryland Court of Appeals appointed Judge Smack as a member of the Conference of Orphans' Court Judges and he continues to serve in that position.

Smack is a 27-year veteran of the Worcester County Sheriff's Office and serves as the Chief Deputy Sheriff. His community involvement includes being a current member of the board of directors for Shore Up, Inc., Diakonia, Citizens for Decent Housing and vice-president of St. Paul United Methodist Church Men's Ministry in Berlin. He is the past-president of the Worcester County Developmental Center.

Coastal Hospice to honor Hammond

Coastal Hospice & Palliative Care recently announced a major gift to its campaign to build Coastal Hospice at the Ocean. Humphreys Foundation, Inc. of Ocean City has invested \$300,000 to support the project.

The Community Room will be named for Edward H. Hammond, Jr., in commemoration of the gift. It will be integral to the outreach function of Coastal Hospice at the Ocean. The Community Room will be available to community groups in need of a meeting space, when it isn't in use for bereavement support groups.

The projected cost to build Coastal Hospice at the Ocean is \$5 million, and with the Humphreys Foundation, Inc. gift, the total raised towards the project to date is \$3.3 million.

"We are honored to be able to add Mr. Hammond's name to the hospice residence and outreach center," said Alane Capen, president of Coastal Hospice. "Mr. Hammond was known as a dedicated historian and supporter of the Berlin community. It's a privilege to have Dr. Humphreys' name on our library and now Mr. Hammond's on the Community Room."

Coastal Hospice at the Ocean will be a hospice residence and outreach center to be built in Berlin. It will address a growing and unmet need here: a residence for hospice care for patients who are not able to stay in their homes safely during their final days.

When built, Coastal Hospice at the Ocean will feature a home-like atmosphere for residents. It will also serve as headquarters for the hospice team that cares for 40 to 60 patients in their own homes each day in Worcester and Somerset counties. In addition, Coastal Hospice at the Ocean will offer palliative care clinics (to treat the physical, emotional and spiritual pain that comes with serious illness), and facilities for grief support and community education.

This is the Foundation's second gift to the campaign. In 2012, they made a pledge of \$100,000 to Coastal Hospice at the Ocean. Humphreys Foundation, Inc. was founded by Dr. Mary E. Humphreys and, until his death, Mr. Hammond served on the Board. The Foundation has generously supported local community

services. Dr. Humphreys mentored many women in the sciences in her years on the biology faculty of Mary Baldwin College, where she taught biology, botany and genetics. She returned to Berlin when she retired, in



Edward Hammond, Jr.

the 1960s, and was a well loved member of the community.

Founded in 1980, Coastal Hospice is a nonprofit health care organization that cares for individuals facing life-limiting conditions but who want to remain as active and engaged as possible. Coastal Hospice cares for patients in their home, nursing home, assisted living facility or at Coastal Hospice at the Lake. The organization serves Wicomico, Worcester, Dorchester and Somerset counties.

The Courier welcomes letters for publication. Preference is given to letters addressing community and county topics and have not appeared in another publication.



Letters must be signed and include a phone number where the author can be reached to verify authenticity. Letters are not corrected for spelling or grammar and can be no more than 300 words.

E-mail letters to:

thecourier@delmarvacourier.com

Is making me wait

There was a commercial once, a ketchup commercial I believe, that had a tagline that went something like, "Anticipation, is making me wait." Aside from the obvious statement in that phrase – if you're anticipating something, you're waiting for it – the line contains a little more. It illumi-

kernel.

My granddaughter focused hard as she watched, the machine's glow illuminating her intense blue eyes. Finally there was a kernel burst and a squeal of delight from the little girl beside me. She began fidgeting, excited to hear the chorus of pops that soon ensued. The tempo quickened. With each new burst and as the popcorn cascaded over the kettle into the basin underneath my granddaughter grew giddy with excitement. Admittedly, so did I.

Finally the pace of explosions slackened and the basin was filled. We went to the machine and opened the steam shrouded door. She reached in first to snatch a handful of warm flakes; sheer joy overcoming her. I filled her bag and mine as well and we returned to the family room to watch television.

We each got a snack and as an added bonus, my granddaughter was able to stall her bedtime by about 40 minutes. For you see, ever so clever,

the little girl slowed the pace of popcorn consumption to ensure that she could see the show we were watching to the end. She wasn't kidding anybody; not me, not her grandmother. We knew what she was doing and I think she knew we knew what she was doing. Nonetheless, it worked.

The whole process of making the popcorn took about 15 minutes, yet the anticipation, the waiting for the ketchup to pour out of the bottle so to speak, heightened the enjoyment. Unfortunately, my enjoyment was heightened beyond what was appropriate. I indulged in one too many helpings of popcorn. By the end of the evening I was reminded of another commercial tagline: "I can't believe I ate the whole thing."



It's All About. . .

By **Chip Bertino**

chipbertino@delmarvacourier.com

nates more than the characteristics of a product. It's a phrase that can be applied to experiences of many kinds and not just waiting for ketchup to pour from a bottle. It articulates the sensation of savoring a moment or experience.

On an evening not long ago my granddaughter and I made some popcorn; not in the microwave or on the stove top. We made it in a retro, movie theater type machine that was a gift for my last birthday. "Would you like some popcorn," I asked and before I finished the question, my granddaughter had sprung from the sofa and was headed to the machine in the other room.

In her own way, she helped with the preparations. Well, her contribution was pulling a popcorn bag from a little cabinet under the machine and then watching as I first warmed up the kettle and then measured and poured in the oil followed by the kernels.

Then we sat together on the sofa watching and waiting. With the exception of the glowing machine the room was dark. It was if we were in a movie theater just after the lights dimmed and before the first images flickered on the screen. The droning sound of the stirrer as it churned the kernels through the heated oil provided the soundtrack as we waited to hear the first burst of an exploding



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County offers summer camp programs

If you are a child, Worcester County Recreation & Parks (WCRP) is the place to be for fun and activities this summer. WCRP has partnered with some outstanding sports agencies to deliver 21 action-packed camps at the Worcester County Recreation Center in Snow Hill and other locations countywide.

Most camps are open to school-age children entering grades 1 through 8. Baseball camp is open to children ages 6 to 16 years old. Volleyball camp is open to children in grades kindergarten through 12, and Lacrosse camp is open to boys in grades 5 through 9.

WCRP will offer traditional sport camps designed to instill the fundamental skills of basketball, soccer, baseball, tennis, golf, flag football, field hockey, and track. Participants will take part in daily drills, modified games, and full game situations.

For children who would rather not limit their choice to just one sport, WCRP offers Sports Combo camps and Recreation Sports camps that will cover a wide range of traditional and non-traditional sports. Sports Combo camps include tra-

ditional sports, such as basketball, soccer, volleyball, and whiffle ball, as well as, additional activities, such as badminton and ping pong. Recreation Sports camps will offer a variety of recreation sport games, such as ultimate Frisbee, dodgeball, and kickball.

Two Day Camps will be offered for the first time this summer at Shad Landing and Frontier Town. For these camps, drop-off and pick-up will be at the camp location, no transportation will be provided.

This summer, WCRP has partnered up with other organizations to offer additional sports camps. Northern Worcester Athletic complex will host a Baseball Camp in partnership with Mid-Atlantic Shockers and a Boys Lacrosse Camp with Coach Kevin Gates. A Volleyball camp will be offered by the Delaware Volleyball Academy at the Worcester County Recreation Center.

Early Bird, Sunset, and both half-day and full-day camps are available to fit a variety of busy family schedules.

WCRP will also offer three sessions (2 weeks each) of swimming lesson for children ages 3 and up at the Shad Landing pool, located at the Pocomoke River State Park in Snow Hill. WCRP employees will work with all participants to ensure they are placed in the appropriate swim lesson level.

The action will begin on Monday, June 22, and run through the week of August 17. Financial aid is available for those who show a demonstrated need. Contact the Worcester County Department of Recreation & Parks for more information at (410) 632-2144. For a complete camp schedule and registration forms visit www.WorcesterRecand-Parks.org.



Scholarship awarded

Snow Hill High graduate Katie Cherrix was named the Jesse Klump Memorial Scholar at the school's Graduate Awards Night. The scholarship, valued at \$12,000, is given to a Snow Hill High senior who has demonstrated a high level of character and service to others. Left-to-right: **Katie Cherrix**; **Kim Klump**, president of the Jesse Klump Memorial Fund and **Tara Cuplin**, Snow Hill High School faculty.

School calendar adjusted

After Governor Larry Hogan signed Senate Bill 204, which moved the Presidential Primary to the fourth Tuesday in April, the Worcester County Board of Education approved a modified 2015-2016 school calendar. In addition to the Election Day change, the modified calendar represents adjustments to the first, second, and third marking periods.

"Because the school calendar had to be altered to comply with the regulation," said Chief Academic Officer Dr. John Quinn, "it affected the number of days in session for the months of November and April. In turn, it gave us the opportunity to balance the length of each marking

period. This will benefit our students and staff and will not impact holiday vacations or the projected last day of school."

The modified calendar remains at 183 school days and includes three inclement weather days which have been added to the end of the calendar. If these inclement weather days are not used, they will be subtracted from the end of the calendar. The last day of school is projected to be Friday, June 17, 2016.

Please visit www.worcesterk12.com for the approved 2015-2016 school calendar.

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County honors Friends of Developmental Center

The Commissioners and Volunteer Services Manager Kelly Brinkley recently recognized the Friends of the Worcester County Developmental Center (WCDC) in Newark with a County proclamation for the investment this group is making in improving the quality of life here in Worcester County. The Commissioners also presented the Friends with the prestigious President's Gold Volunteer Service Award for investing over 2,236 volunteer hours in 2014.

"Volunteers like the Friends of the WCDC are the lifeblood of our communities, and the services they provide are a critical component in the quality of life that sets Worcester County apart from other communities," Commission President Jim Bunting said. "Their contributions improve the lives of those around us."

The WCDC hosts diverse programs and services designed to empower individuals with intellectual disabilities, providing them with meaningful employment that leads to their success, independence, and overall feeling of self-worth. Thirty-one WCDC Friends support these initiatives and provide a valuable service to the WCDC and their clients by raising needed funds and hosting diverse programs. They actively engage clients with activities, such as birthday celebrations, the annual family picnic, and field trips to area attractions, including the Delmarva Shorebirds in Salisbury and Mar-Va Theater in Pocomoke. They organize a family support group, and host annual fundraising events, including an annual yard sale and selling Mothers Day flower arrangements.

Friends also purchased equipment and supplies for the WCDC enterprises, which has led to increased sales and higher wages for the clients. Several years ago the WCDC provided less than \$25,000 a year in salaries to their clients, but thanks in part to the efforts of the Friends this has grown, and by the end of this year the WCDC client payroll will have increased to \$100,000.

What does the increased payroll mean to the clients and the community? WCDC clients are able to use the money they earn to pay their bills, go out to dinner, and help support their families. One client, Charlene, works for the WCDC laundering linens for hotels and motels. WCDC Executive Director Jack Ferry

explained that on one Friday she collected her paycheck, and over the weekend she got her hair done, took her aunt out to dinner, and put money in the bank, all of which contribute to the economic health of Worcester County and allow WCDC clients to feel like the valued members of the community they are.

"The Friends of WCDC has been one of the keys to our success over the past two years," WCDC Executive Director Jack Ferry said. "Our clients have accomplished so much both vocationally and socially due to the dedication of this group of enthusiastic and energetic volunteers. Friends has done more to showcase the talents and abilities of the people we serve than we could ever have done by ourselves. I am very grateful to them for their hard work and for the love they show to our clients."

The presentation ceremony took place April 20, during National Volunteer Week, April 12-18. For information about volunteer opportunities in Worcester County, contact Kelly Brinkley at (410) 632-0090.

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Celebrate No Tobacco Day

May 31 is World No Tobacco Day. The World Health Organization (WHO) created the tobacco use prevention and cessation campaign in 1987 and since that time it has been observed around the world every year on May 31. World No Tobacco Day encourages individuals to be tobacco free for a 24 hour period.

The campaign also aims to bring attention to the prevalence and health dangers of tobacco use. For individuals thinking about quitting tobacco use, this may be the best day to do it. World No Tobacco Day may offer just the support you need by knowing that other tobacco users are also giving up tobacco for the day.

The Worcester County Health Department is committed to helping to

bacco users establish new behavior patterns that lead to a tobacco free lifestyle. Tobacco cessation aids (CHANTIX, gum, patch, lozenges) are available through a voucher program.

Join one of the free smoking cessation group classes currently available in Worcester County. Classes are held at the following locations:

Berlin Health Center, 9730 Healthway Drive, Tuesdays from 5-6 p.m., April 7-June 23, 2015.

Snow Hill Health Center, 6040 Public Landing Road, Snow Hill, Wednesdays from 5-6 p.m., April 8-June 24, 2015.

To further assist you in your attempt to quit, check out the quit tips listed below.

- Make a firm commitment to quit and set a date.
- Join a tobacco cessation class.
- Enlist some support.
- Drink lots of water.
- Munch on low-cal snacks.
- Chew on a toothpick or cinnamon stick.
- Throw out the ash tray and cigarettes.
- Vacuum the car.
- Wash your clothes.
- Air out the house.

-Become physically active- join one of the several physical activity and nutrition programs sponsored by the Worcester County Health Department such as the *Just Walk* and *Lifestyle Balance* programs.

For more information about quitting tobacco or to register for a smoking cessation class, please call the Worcester County Health Department at 410-632-0056 or go to www.worcesterhealth.org. Additional information about World No Tobacco Day can be found at www.who.int/tobacco/wntd/en/. This is a great opportunity to take your first step towards becoming a non-smoker.



Recognition

Larry Batis from the Ocean City Elks Lodge congratulates Showell Elementary's third graders, **Trista Harner** and **Hennessy Murphy**, for placing in the Drug Awareness Poster contest. Out of 67 entries, Trista received third place and Hennessy received second place.

Pines Tones set to perform

On Sunday, June 7, at 3 p.m., the Pine Tones Chorus will present their Spring Concert, "The Pine Tones Sing - In All Kinds of Weather" at the Community Church at Ocean Pines (Rte.589 & Beauchamp Rd). Tickets are \$10, payable at the door.

Fans of Barbra Streisand will recognize "On A Clear 'Day You Can See Forever" the title song of one of her movies. Bob Dylan's "Blowin' in the Wind" is included as well as "What A Wonderful World" a classic from Louie Armstrong.

June Todd is the Pine Tones Chorus director and Chris Engel is the group's accompanist. Other instruments will also support the performance with Tom Baione playing string bass and Ted Nichols on drums.

The Pine Tones Chorus includes sixty members from Ocean Pines, Ocean City, and nearby areas. The chorus has been entertaining local audiences in the Ocean Pines and Ocean City areas for more than thirty years. For additional information, phone the Chorus president,

Pat Beisler 410-208-2682, or June Todd, 410-289-7373.

Funding for Pine Tones Chorus activities comes from ticket sales as well as the Worcester County Arts Council, Maryland State Arts Council, the National Endowment for the Arts and the Ocean City Elks Club. These organizations are dedicated to cultivating a vibrant cultural community where the arts thrive.

Sunset Cruise scheduled

A Message of Hope Cancer Fund Sunset Cruise will be held Wednesday, June 17. Participants will sail on the *Judith M* out of Bahia Marina at Fishtales. The event takes place between 7 p.m. and 9 p.m. The cost is \$30 which includes appetizers, happy hour drink prices, and music by Randy Lee Ashcraft and Jimmy Rowbottom. For more information and tickets call Debbie Manoly at 410-991-2848.

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Gaddis named Best All Around

Stephen Decatur High School senior **Jake Gaddis** was named the Best All Around at the Senior Awards Banquet on May 18. Gaddis is the National Honor Society president, a two sport athlete, and he served as the Worcester County Student Page for the Maryland General Assembly this year. Gaddis will go on to attend Virginia Tech this fall..



Pet Drive

Ocean City Elementary School recently held their annual Worcester County Humane Society Care for Pets Drive. Each day during the Pet Drive, students hear about a dog or cat who needs to be adopted and are encouraged to find it in their hearts to donate supplies and spare change to help the many dogs and cats who call the shelter their home. This year OCES students, faculty and staff raised \$388.85 plus an entire table of supplies including cat and dog toys, treats, peanut butter, dog biscuits, Kongs, kitty litter, cat beds, scratching posts, canned pet food and much more. Pictured with some of the items donated are **Alexis Wilkinson**, Humane Society volunteer **Heather Bahrami**, **Kenai Floyd** and **Peyton Marohl**.

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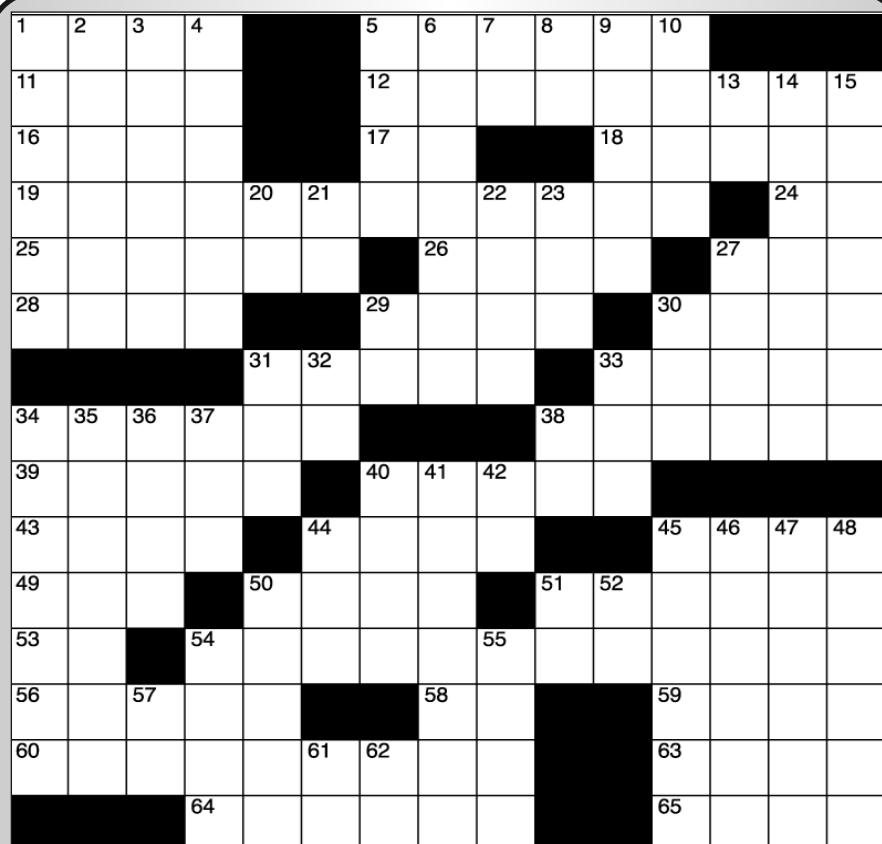
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ACROSS

- 1. Dried hemp leaves
- 5. Shuts
- 11. Golf shot
- 12. Emitting light
- 16. Maple genus
- 17. Integrated circuit
- 18. O'Reilly from "M.A.S.H."
- 19. SNL'S Olympia Rest. dish
- 24. Liberal degree
- 25. Short task trip
- 26. Must have something
- 27. Prefix for wrong
- 28. Student furniture piece
- 29. Semitic fertility god
- 30. Back talk
- 31. Lost brightness
- 33. Reconnaissance (Brit. military)
- 34. A narrative song
- 38. Men who cannot lose face
- 39. Bastard wing
- 40. 55121 MN
- 43. Young sheep
- 44. Fashioned
- 45. Short fight
- 49. Large payroll service Co.

- 50. Fantasy video game
- 51. Blind spot or lutea
- 53. 39th state
- 54. Dessert topping
- 56. Eyelashes
- 58. Touchdown
- 59. 2nd largest Spanish river
- 60. Made poisonous
- 63. Favorite old shade trees
- 64. Table linen
- 65. A measured portion of medicine

DOWN

- 1. Separated
- 2. 32-card game
- 3. Guides a vehicle
- 4. A brief run of luck
- 5. Baby bed
- 6. Manuscript gaps
- 7. Overdose
- 8. Yes in Spanish
- 9. Dog-_____: shabby & worn
- 10. Mark with an asterisk
- 13. Potato state
- 14. Cereal giant
- 15. Lawn, sedge & cereal
- 20. Tin

- 21. - ___, denotes past
- 22. Interpret written words
- 23. Jelly-like colloid
- 27. Speed of sound
- 29. Initials of "Jezebel" actress
- 30. Not wet
- 31. Supervises flying
- 32. In the year of Our Lord
- 33. Stood for election
- 34. A state of equilibrium
- 35. His magic lamp
- 36. Small sugar cube
- 37. Bachelor of Laws
- 38. Pa's partner
- 40. Wyatt ___, OK

- Corral
- 41. Device that makes 2 pieces compatible
- 42. NBC's parent Co.
- 44. Japanese apricot
- 45. Concrete leveling guide
- 46. Adobe dweller
- 47. Warning devices
- 48. Having many branches
- 50. ___ Vesh, "Star Wars"
- 51. Doc
- 52. Carrier's invention
- 54. German for Vienna
- 55. Contrary water movement
- 57. Roman 55
- 61. Out of print
- 62. Of I



Answers for May 20

For Art's Sake...

Love of *en plein aire*

By **Stasia Heubeck**

Ocean Pines artist, Kathy Gibson, loves to paint *en plein aire*, in the open air. Her painting of the trees along Route 611, called "Queue to Assateague," won first place in the Art League of Ocean City's 2014 *plein aire* event. Starting out as a realist, Kathy has explored abstract painting and expressionism, using various mediums. She is always drawing, keeping a sketch book in her purse.

Born and raised in Michigan, Kathy met her husband, Pete, in high school. After marriage, they became Marylanders, working in the D.C. area and raising their son and daughter. Kathy was a dental hygienist but found time to take art classes at the Torpedo Factory in Alexandria, VA, the largest collection of working artist studios in the U.S. She taught herself faux painting and started her own company, "Still Life," where she worked for residential and commercial clients, painting murals, marbleizing and producing decorative finishes.



Kathy Gibson

Becoming tired of the Washington Beltway and yearning for a change of scene, the Gibsons moved to Ocean Pines to be near the ocean and a more relaxed style of living. They became involved with the arts and joined the Art League of Ocean City. Pete pursued his talent for stained glass and Kathy continued her painting.

Traveling has been an enriching experience for Kathy. She has been to Europe, the American West and Brazil, but going to Amsterdam in the Netherlands and seeing the Rijksmuseum was her favorite trip. It touched on her Dutch ancestry and gave her the opportunity to see van Gogh, Rembrandt and Vermeer up close and personal. Some of her other favorite artists are: Titian, 16th Century Italian; Childe Hassam, American impressionist; Diebenkorn and de Kooning, both American abstract expressionists.

As she continues to paint almost every day, Kathy says, "Art is like breathing – you have to do it. Not a day goes by when I'm not thinking about the next project."



Countdown

Students in Mrs. Liz Engh's Kindergarten class used their observation skills and senses to find Signs of Spring on "E" is for Explore Day. The OCES Kindergarten classes are doing an ABC Countdown Journal for the last 26 days of school. Each day has an experience for the students that goes with the particular letter of the alphabet. Pictured from left to right are **Jackson Hess, Halle Marshall, Oscar Gurerrero, Robert Cantine and Anthony Ziman.**

Managing ways to deal with arthritis

By Dawn Denton, RN

Arthritis means joint inflammation. Inflammation is one of the body's natural reactions to disease or injury. Symptoms of joint inflammation include swelling, pain and stiffness. Tissue damage can occur if you have joint inflammation that lasts a while or that re-occurs. There are more than 100 types of arthritis. It's a condition that affects more than 46 million adults in the United States.

The two most common types of arthritis are osteoarthritis, which is the "wear and tear" arthritis, and rheumatoid arthritis is an inflammatory type of arthritis. This type happens when the body's immune system does not work properly.

The cause of arthritis is not known, it is likely there are many different causes. Researchers are examining the role of genetics (heredity) and lifestyle behaviors in the development of arthritis. Although the exact cause of arthritis may not be known, there are several risk factors for arthritis. Some risk factors are gender, age, obesity.

Osteoarthritis is also called degenerative joint disease or degenerative arthritis. Osteoarthritis results from overuse of joints but most commonly associates with aging. Osteoarthritis can be the caused by demanding sports

where joints may be injured or obesity, which puts increased weight on load bearing joints. Osteoarthritis affects about 33 million Americans and is the most common chronic joint condition.

Rheumatoid arthritis is an autoimmune disease, which means that the immune system attacks parts of the body. The joints are the main areas affected by this malfunction in the immune system, and research isn't clear why this is. Rheumatoid arthritis may cause pain and stiffness and swelling in hands, wrists, elbows, shoulders, knees, ankles,

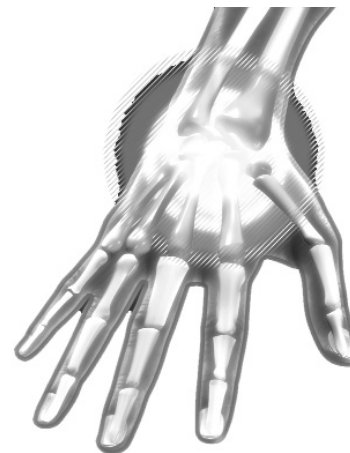
feet, jaw and neck. Over time, chronic inflammation can lead to severe joint damage and deformities. Sometimes the pain occurs in only one body part, but more commonly, rheumatoid arthritis pain occurs in combinations of several joints such as in the hands, knees and feet.

There is no treatment to stop arthritis from worsening, but there are

ways to improve joint function. One of these is physical therapy to increase flexibility and strengthen the muscles around the affected joints. The therapist may also apply heat or cold therapies such as heat packs or compresses to relieve pain. The therapist or your health-care provider can prescribe exercises to help with mobility. When osteoarthritis flares up, many people find relief with over-the-counter pain and anti-inflammatory medication, such as aspirin, ibuprofen, or acetaminophen.

Treatment options may be available. Getting a diagnostic workup and treatment plan from a healthcare provider is very important. Although it may not be possible to prevent arthritis, there are steps to take to reduce your risk of developing the disease and to slow or prevent permanent joint damage. These include maintaining a healthy weight, exercising and eating a healthy diet. Some dietary supplements have shown results in lessening the symptoms of arthritis. There are educational and exercise programs that help those with arthritis lead a more productive life.

For more information visit: <http://www.jointandarthritistrelief.com/common-types-arthritis.html>



Delmar celebrates local Kiwanis anniversary

Thirty-five years ago, the Kiwanis Club of Ocean Pines was formed and chartered under the sponsorship of the Kiwanis Club of Delmar, DE. When the Kiwanis Club of OP-OC recently celebrated its 35th anniversary members of the Delmar Club were there. Pictured are (L-R) Delmar Past President **Pete Overbaugh**, Rosalie Overbaugh, Delmar President **Ron Davenport**, **Mary Jane Davenport** and **Joan Lynch**.

Golf tourney set for tomorrow

Thursday, May 28 will be the 2nd Annual Worcester County Humane Society Golf Tournament, "Pars for Paws." The tournament will be at Eagles Landing Golf Course with a tee off at 12 p.m. Registration starts at 11 p.m. Entry fee is \$100 per player and includes a box lunch, and an awards ceremony at Harborside Bar and Grill which includes one orange crush and appetizers. All money raised goes to the care of the animals at the Worcester County Humane Society.

Players, donations and sponsors are needed to make this a success. The Humane Society is looking for individuals and businesses who would like to make a

monetary donation or would like to donate raffle prizes.

"By having generous sponsors, the money raised at the event goes directly for the care of our animals instead of paying for the event," says Sandy Summers, "Pars for Paws" chairwoman.

Last year the golf tournament raised over \$6,000 for the no-kill shelter located on 12230 Eagle's Nest Rd., Berlin. The shelter looks forward to even more success with this year's tournament.

If you have any questions about the tournament please call Sandy Summers 443-235-5647 or W.C.H.S. at 410-213-0146.

Tide and Sun Chart

* tide is for Ocean City Fishing Pier. Add two hours for Isle of Wight tide

DATE	HIGH TIDE	LOW TIDE	SUNRISE	SUNSET
Thur., May 28	4:09 a.m. 4:41 p.m.	10:19 a.m. 10:57 p.m.	5:40 a.m.	8:15 p.m.
Fri., May 29	14:57 a.m. 5:27 p.m.	11:04 a.m. 11:47 p.m.	5:40 a.m.	8:16 p.m.
Sat., May 30	5:43 a.m. 6:11 p.m.	11:49 a.m.	5:39 a.m.	8:16 p.m.
Sun., May 31	6:28 a.m. 6:54 p.m.	12:34 a.m. 12:32 p.m.	5:39 a.m.	8:17 p.m.
Mon., June 1	7:12 a.m. 7:37 p.m.	1:19 a.m. 1:15 p.m.	5:39 a.m.	8:17 p.m.
Tues., June 2	7:56 a.m. 8:21 p.m.	2:02 a.m. 1:58 p.m.	5:38 a.m.	8:19 p.m.
Wed., June 3	8:42 a.m. 9:05 p.m.	2:46 a.m. 2:42 p.m.	5:38 a.m.	8:19 p.m.

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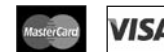


Singers wanted

Share the joy of song with the Delmarva Women's Barbershop Chorus. The group is looking for new members. The guest night will take place June 1 at 7 p.m. at the Ocean Pines Community Hall. For more information call 410-641-6876.



CLASSIFIEDS



Display Ads: \$15 per column inch **Deadline:** 5 p.m. Friday **Prepayment required.** **Cash or check accepted**
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ANNOUNCEMENTS

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The many uses for vinegar

Check your kitchen pantry and you will probably find a bottle of vinegar. While this substance can add much-needed tang to favorite recipes and even improve the leavening function of some baking ingredients, its power extends far beyond the kitchen.

Many are surprised upon learning how much vinegar can do. A sour-tasting liquid that contains acetic acid, vinegar can be used as a cleaning product and an influential ingredient in many recipes. Vinegar also is relatively inexpensive, making it a cost-effective home staple.

If you are ready to get more from that versatile vinegar in your kitchen pantry, explore the following ways to put it to use.

Cleaning

Vinegar is an effective cleaning fluid, perhaps best known for producing streak-free windows. Vinegar also can dissolve dirt from painted walls and remove grime from woodwork.

By boiling 1/4 cup of white distilled vinegar in the microwave with a cup of water, you can loosen splattered-on food and deodorize the appliance. Vinegar also can be used to deodorize garbage disposals, coffee makers and kitchen drains. It's an effective means to removing pet odors from carpeting as well.

Around the bathroom, use vinegar to remove soap scum film from shower doors and tile surfaces. Remove stubborn toilet bowl stains as well. Corrosion and hard water can clog showerheads, and by soaking the shower nozzle in vinegar overnight, you can dislodge any material.

You can rely on vinegar when cleaning up around your home office as well. Vinegar can help clean sticky scissor blades or remove ballpoint-pen marks from surfaces. A vinegar-and-water solution can be used to clean keyboards

and other electronic equipment. Apply with a damp cloth rather than spraying the solution directly onto the electronics.

Lawn and garden

Vinegar makes an effective weed deterrent and can kill grass that grows between the cracks on sidewalks and driveways.

Acid-loving plants, such as rhododendrons or azaleas, can benefit from a little vinegar mixed in when watering.

If you want to keep ants at bay, use vinegar when cleaning outdoor patio furniture or spray it around areas that are susceptible to ant infestations. You may find the ants steer clear of the smell.

Health and beauty

Some people say that vinegar can be used as an appetite suppressant. Using it on prepared foods may help you to eat less.

Vinegar is handy for relieving the pains associated with sunburns and jellyfish stings. Dot irritated areas with vinegar to relieve pain and itching.

Because vinegar can act as an antibacterial, gargling it can alleviate some throat ailments. Even if it can't prevent illness, a vinegar gargle can soothe throat soreness. Apple cider vinegar also may help soothe an upset stomach. Use two teaspoons of the vinegar to one cup of water.

Some people have used vinegar to soften skin and remove corns from feet. It also may dissolve warts. Be sure to check with a doctor before using vinegar to verify its safety with regard to your particular situation.

In addition to each of these uses, vinegar is handy in the laundry room, helping to remove stains and rinse detergents from fabrics more easily.

If you live in Ocean Pines, be sure to contact The Courier if you want the paper each week in your driveway.

Call
410-641-6695

Community Calendar

When submitting items for the calendar please include the event name, date, where held, time and a little about the event. Items being considered for the calendar need to be in by noon on Friday. E-mail to thecourier@delmarvacourier.com

Mondays

Ocean Pines Poker Club

Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928

Open every Monday through October: **Historic St. Martin's Church Museum.** 1-4 pm. 11413 Worcester Highway, Showell, MD. For more information, call 410-251-2849

Sweet Adelines

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

Mon. & Tues.

Sanctioned Duplicate Bridge

Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795

Mon., Wed. & Sat.

Church Thrift Shop

OC Baptist Church's Thrift Shop by Seaside Christian Academy behind White Marlin Mall open 10 a.m.-2 p.m. Mon. & Wed., 9 a.m. to 3 p.m. Sat. Call 410-251-6971.

Tuesdays

Families Anonymous

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Take off Pounds Sensibly Meeting.

Berlin group No. 331, Worcester County Health Center 9730 Healthway Dr., Berlin, 5:30-7:00 p.m. TOPS is a support and educational group promoting weight loss and healthy lifestyle. It meets weekly on Tuesdays. Info: jean-duck47@gmail.com

Tuesdays and Thursdays

Poker players wanted for Gentlemen's Poker in North Gate area Ocean Pines. Game played

every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

Wednesdays

Kiwanis Club Meeting

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m. October through April.

Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Delmarva Hand Dancing

Dancing at The Fenwick Inn in Ocean City from 5:30 to 9 p.m. Contact 302-934-7951 or info@delmarvahanddancing.com

Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Wed., Thurs. & Fri.

Church Thrift Shop

Stevenson United Methodist Church in Berlin is open Wed. - Fri. 10 a.m. - 2 p.m. Sale Fridays. Call 410-641-1137.

Wed., Thurs., Fri. & Sat.

Church Thrift Shop

The Shepherd's Nook at Community Church at Ocean Pines is

open 9 a.m. to 1 p.m. Call 410-641-5433.

Diakonia Thrift Shop

'Used to be Mine' offers clothing, furniture, household items and more. Proceeds benefit Diakonia shelter and pantry. Located at Rte. 611 and Sunset Ave. Open 10 - 4. Call 410-213-0243.

Thursdays

Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577, Kate at 410-524-0649 or Dianne at 302-541-4642.

Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Fridays

Knights of Columbus Bingo

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

Sundays

Sunday Night Serenity **Al-Anon Family Group** 7:30 p.m. at The Woodlands/Independent Living Apt. Bldg. 1135 Ocean Parkway-Ocean Pines, Md. 21811

Third Sunday

Sharing Sunday

Bring non-perishable groceries and paper goods to the Ocean Pines southside fire hall 1 -3 p.m. to benefit local food banks.

Third Monday

Democratic Women

The Democratic Women meet 9:30 a.m. for coffee followed by a meeting at 10 a.m. at the Ocean Pines Community Center. Guests and new members are welcome.

Third Tuesday

Widows & Widowers Social Club.

Group meets in Ocean Pines at 1 p.m. for luncheon meeting. Call 410-208-1398.

Third Wednesday

Survivors of Suicide Meeting

Starts at 6 p.m. at the Worcester County Health Department. 9730 Healthway Drive, Berlin. Open to anyone who has lost a friend or loved one to suicide. Quiet listening, caring people, no judgment. For more information, call 410-629-0164 or visit www.choosetoliveinmaryland.org.

Fourth Wednesday

Marine Corps League

First State Detachment Marine Corps League raises funds for a variety of charities and meets at 7 p.m. in VFW Post 8296, 66th St. Ocean City. Open to all fellow Marines and FMF Corpsmen. Visit www.firststatemarines.org.





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Veterans Memorial celebrates 10 years

A celebration was held last Saturday evening to commemorate the tenth anniversary of the Worcester County Veterans Memorial at Ocean Pines. Nearly 200 people were in attendance.



Photos courtesy of Joe Reynolds



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