

August 2018

MARYE
MILLER

Vitality

YOUR MONTHLY GUIDE TO AGING WITH
GRACE, PURPOSE AND WELL-BEING



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Car show attracts over 150
restored classics

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On the cover: Stephen Tye of Rochester won the "Best in Show" award for his 1937 Jaguar at the Rochester Older Persons' Commission at the center's annual Classic and Muscle Car Show.

PHOTO BY DEBRA KASZUBSKI— FOR DIGITAL FIRST MEDIA

VITALITY

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Centerline Towers: 8033 10 Mile, Centerline, 48015
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Chesterfield Senior Center: 47275 Sugarbush, Chesterfield, 48047
Clinton-Macomb Library: 35891 S. Gratiot, Clinton Twp, 48035
Clinton Twp Senior Center: 40730 Romeo Plank, Clinton Twp, 48038
Eastpointe City Rec: 16435 8 Mile, Eastpointe, 48021
Fraser Senior Center: 34935 Hidden Pine, Fraser, 48026
Henry Ford Medical: 3500 15 Mile Rd/ Ryan Rd, Sterling Heights 48310
Heritage Senior Place: 15430 18 Mile/ Hayes, Clinton Twp, 48038
Macomb County Seniors: 21885 Dunham, Clinton Twp, 48036
Macomb Senior Center: 51210, Macomb Twp, 48042
Mt Clemens Library: 150 Cass, Mt. Clemens, 48043
New Baltimore Library: 36480 Main, New Baltimore, 48047
Owen Jax Rec Center: 8207 E 9 Mile, Warren, 48092
Pine Ridge Assisted Living: 36333 Garfield, Clinton Twp, 48036
Roseville Library: 29777 Gratiot/ Common, Roseville, 48066
Romeo Park and Rec: 361 Morton, Romeo, 48065
Roseville Senior Center: 18185 Sycamore, Roseville, 48066
SCS Parks and Rec: 20000 Stephens, St. Clair Shores, 48080
Shelby Senior Center: 51670 Van Dyke, Shelby, 48316
St Clair Shores Library: 22500 11 Mile, St. Clair Shores, 48081
Sterling Heights Senior Center: 40620 Utica, Sterling Heights, 48313
Sunrise Assisted Living: 46471 Hayes, Shelby, 48315
The Pantry: 34220 Van Dyke, Sterling Heights, 48312
Town Village Senior Living: 4500 Dobry Rd, Sterling Heights, 48314
Tucker Senior Center: 26980 Ballard, Harrison Twp, 48045
Utica Senior Residence: 7650 Greeley, Shelby/ Utica, 48317
Village of Warren Glenn: 2951 E 12 Mile Rd, Warren 48092
Washington Senior Activity: 57880 Van Dyke, Washington, 48094
Warren City Hall: 29500 Van Dyke (between 12 & 13 Mile Rd), Warren, 48093
Warren Community Center: 5460 Arden, Warren, 48092

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Avon Estates: 2889 Sandpiper, Rochester, 48309
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Orion Senior Center: 1335 Joslyn Rd, Lake Orion, 48362
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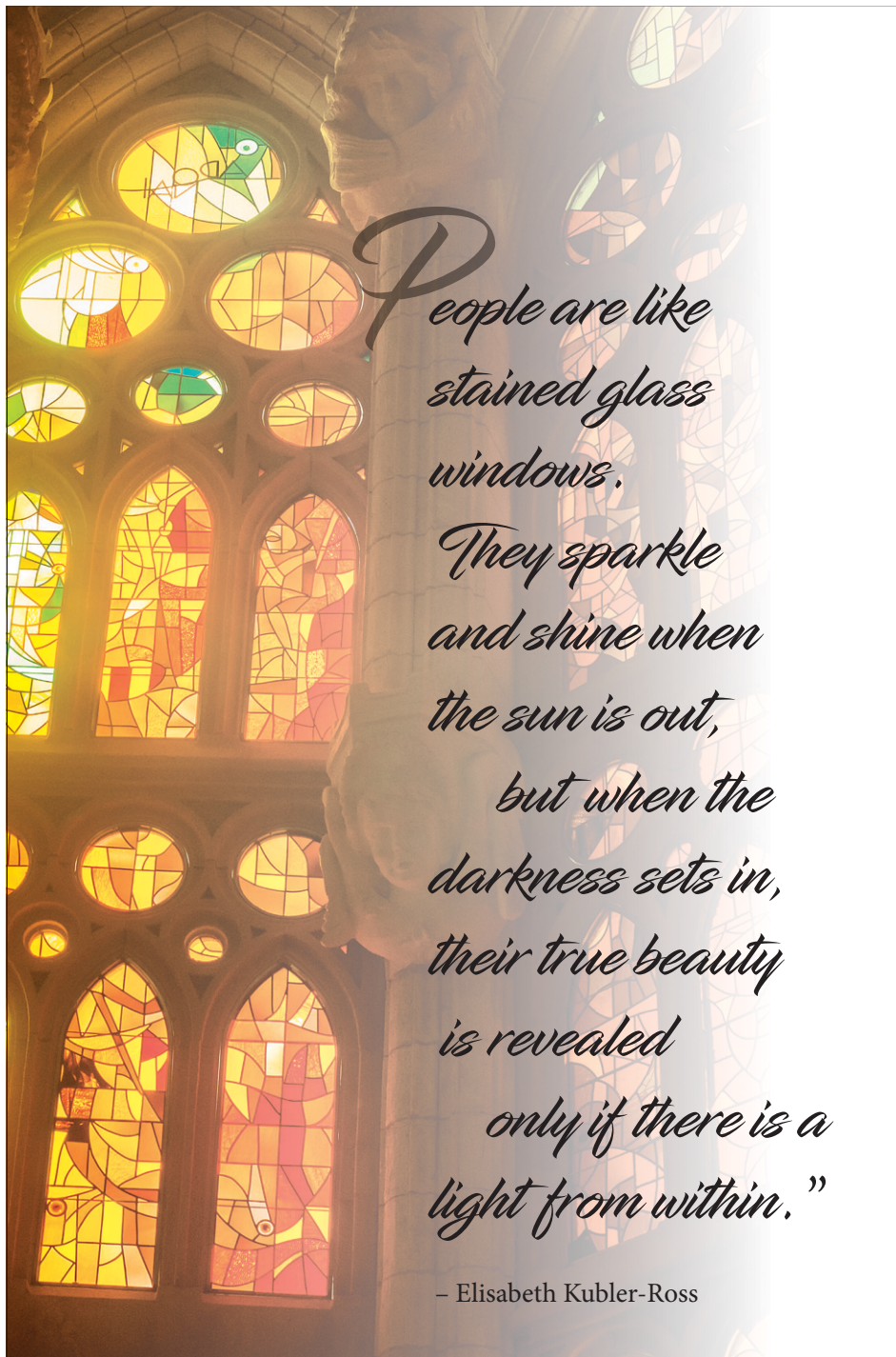
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HEALTH & FITNESS

Growing number of older adults diagnosed with epilepsy



DIGITAL FIRST MEDIA FILE

Epilepsy is a brain disorder that causes repeated seizures.

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Email: Joe Gray

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Subject Line: Vitality Community Calendar

By Debra Kaszubski

For Digital First Media

Once thought to be a childhood disease, a growing number of older adults are being diagnosed with epilepsy later in life.

“As we age, there is a higher risk for seizures. A lot of elderly people spontaneously develop seizures, and here’s the clincher: it’s difficult to recognize. People think maybe grandma has dementia or maybe she’s forgetting things, but actually grandma is having seizures,” said Dr. Nikesh Ardesnha, epileptologist and medical director of epilepsy services at McLaren Macomb.

Epilepsy is a brain disorder that causes repeated seizures. According to the Centers for Disease Control, about three million U.S. adults age 18 or older have epilepsy. Nearly one million of those adults are age 55 and older. As the population ages, it’s likely there will be more older adults with epilepsy in the coming years.

Stroke, head injuries, neurodegenerative disorders (Alzheimer’s disease), alcoholism and other types of substance abuse, and brain tumors are common risk factors. However, half of older adults don’t know the cause.

There are different types of seizures, but most peo-

“I had one lady who was in her kitchen, making a salad, and the next thing she remembers is being in the bedroom with a stick of celery in her hand.”

— Dr. Nikesh Ardesnha, epileptologist and medical director of epilepsy services at McLaren Macomb

ple tend to think of a grand mal seizure (tonic-clonic) in which a person falls to the ground, has muscle spasms, and loses consciousness. More often a person having a seizure won’t have such a dramatic reaction. They will stare into space, seem confused, wander, or make unusual movements. They might not be able to answer questions or talk. If this happens repeatedly, it could be epilepsy.

It’s common for older adults to suffer from epilepsy for years without knowing it. Memory problems, confusion, falls, dizziness or sensory changes like numbness are blamed on “getting older,” Ardesnha said.

“The most common signs are when somebody has memory loss, confusion, abnormal speech and abnormal movements. They don’t think it’s a seizure because it’s very subtle. I’ve had patients where it’s been going on for two to three years before it’s recognized,” he said.

For the patient suffering from undiagnosed epilepsy, they may not know that they’ve had a seizure, but rather they’d notice a block of time is missing. They might start an activity, for example, and then wake up in another room unaware of how they got there.

“I had one lady who was in her kitchen, making a salad, and the next thing she remembers is being in the bedroom with a stick of celery in her hand. There was another patient who ended up walking out of her apartment to the apartment next door and started banging on the door. She wasn’t aware until after the fact,” Ardesnha said.

Treatment varies, but includes medications, including some newer drugs that are safer with less side effects than some of the older treatments (such as phenobarbital). Devices such as nerve stimulators control seizures as well, and surgery is a treatment option for some.



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SOCIAL & WELL-BEING

Senior volunteer opportunities highlighted at Sept. 11 fair

By Debra Kaszubski
For Digital First Media

A variety of community organizations will highlight their volunteer opportunities next month during the National Day of Service Volunteer Recruitment Fair in Clinton Township.

The event, which provides potential volunteers

the chance to easily find multiple available volunteer opportunities in their area, will be held from 11 a.m. to 3 p.m. Sept. 11, at the Macomb Intermediate School District building, 44001 Garfield Road.

"Finding a volunteer opportunity that suits an individual's interests, abilities and availability can

be a time consuming process," said Trista Johnson, program coordinator for the Senior Companion Program and Retired & Senior Volunteer Program at Catholic Charities of Southeast Michigan. "This fair will be one-stop shopping to learn about a variety of choices. Each organization will appeal to different potential

volunteers."

Macomb Community Action, Catholic Charities of Southeast Michigan, The Retired & Senior Volunteer Program, The Senior Companion Program, Romeo/Washington/Bruce Parks and Recreation, Interfaith Volunteer Caregivers, United Way of Southeast Michigan, and CARE

of Southeast Michigan and others will be in attendance.

Volunteer opportunities include transporting homebound seniors, serving at food banks and thrift stores, pet therapy, assisting at hospitals and schools, being a companion, household chores, and much more.

Meals on Wheels and Macomb Emergency Food Program are in need of help as well.

Volunteer drivers deliver nutritious prepared meals to homebound seniors and others daily during lunch. Routes are completed in two hours.

Food delivery includes holiday and emergency food boxes made up of non-perishable items.

For information on the event, call the Macomb County Office of Senior Services at 586-469-5228 or email mcaseeniors@macomb.gov.org.



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MONEY & SECURITY

How to help your adult child without crippling your retirement savings

By Debra Kaszubski
For Digital First Media

According to a Pew Research survey, 61 percent of parents in the United States admit to helping out their adult child financially. The impact on retirement accounts is significant, with many spending more than they can afford.

"It's an issue. I think baby boomers in general are guilty of it," said Tom Pursel, senior vice president of investments at Merrill Lynch in Troy. "Being a baby boomer myself, I think we tend to be a little easier on our children."

For many parents, it's difficult to deny to their children. If you are faced with this situation, there are things you can and should do to protect your finances, Pursel said.



DIGITAL FIRST MEDIA FILE

Before giving away any money, have a clear understanding of your finances and retirement goals.

Before giving away any money, have a clear understanding of your finances and retirement goals. For example, do you have enough saved for any unexpected healthcare costs? Are your savings on track to support the lifestyle you want in retirement? Gener-

ally, people need to replace at least 70 percent of their pre-retirement income to sustain their lifestyle after they stop working.

"The very first question you have to ask yourself is if you can afford to help your adult child. Some people may even want to bud-

"The very first question you have to ask yourself is if you can afford to help your adult child."

— Tom Pursel, senior vice president of investments at Merrill Lynch in Troy

get this (helping their adult child) out." Pursel said.

Financial advisers suggest being transparent and honest about what you can and cannot afford. The great thing about having transparent financial conversations with your adult children is that your kids are likely entering a stage where they are managing finances for the first time.

Setting boundaries and

clarifying expectations is also key. Be specific about the level and duration of the support you'll provide. Do you intend to help with student loans or housing? Or maybe expenses like a cellphone plan or groceries?

Some parents like to establish an "independence fund," which is a one-time amount to help an adult child get started. Being upfront early about what the type, and amount, of assistance you intend to provide could prevent tension and hurt feelings down the road.

Consider bringing a third party into the equation. Whenever possible, working with a financial adviser can add objectivity to a potentially emotional conversation. By reviewing your financial plan with your adviser and your adult child,

you can help both understand what a loan's impact could have on your financial plan. It then allows them to reflect on whether they want to put you in that position.

Put it in writing and check in regularly. No matter how much or how little you decide to give your child, put the agreement in writing. This ensures that both of you have the same expectations and gives you the ability to refer back to the plan and timeline on a periodic basis.

"I think when you write it down and there's a contractual obligation, the adult child is going to honor it. It's a lot different than here's \$500 pay me back when you can," Pursel said.

Next Avenue contributed to this report.

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COLUMN

How to snag a home in a seller's market and other real estate tips

Q: We have listed our house for sale and I have a question about the deposit that a potential Buyer will put down. How much does it have to be?



Steve Meyers
Columnist

A: Well, there are several parts to this answer. What most people don't know is that in the State of Michigan, Real Estate Law does not require an Earnest Money Deposit for a Real Estate Purchase Agreement to be valid. However, what is normal practice is for a Buyer to give an Earnest Money Deposit with the offer that gets applied to what funds the Buyer has to bring to closing.

The reasoning for this is so Buyers don't just put offers in on properties and walk away for no good reason.

If the Seller is accepting an offer and taking the property off the market in good faith, they want protection that the Buyer is serious. Typically, Purchase Agreements are subject to contingencies such as; home inspections and unless it's a cash sale, mortgage approval which includes an appraisal. Now there are reasons when a Buyer is entitled to get their deposit back after an offer is accepted which includes; a dissatisfactory home inspection that can't be resolved, an appraisal below the agreed upon sales price that can't be worked out between Buyer and Seller, or a mortgage problem. If all the contin-

gencies have been satisfied and you're just waiting for closing and the Buyer reads their horoscope two days before closing and it says don't buy a house on a street named after a tree (the house is on Oak Street) and that's their reason for backing out, then the Buyer is going to forfeit their Earnest Money Deposit. As far as the dollar amount of the Earnest Money Deposit goes, that fluctuates with the sales price, type of financing or if it's a cash sale. Your Realtor will guide you through this matter.

Q: Is it common to have multiple offers on properties? I have put offers in on several properties and have been told that there were multiple offers, but none of my offers have been accepted.

A: Yes, it is common to have multiple offers on properties these days because of the low inventory. Most of the time, Buyer agents are notified that there are multiple offers.

However, the listing agents are not required to notify the Buyers agent

about multiple offers (what the Seller wants to do also comes into play). When there are multiple offers you should submit your highest and best offer; there is no second chance.

If you really want the property then you're going to have to step up to the plate with a very

strong offer.

Steve Meyers is a Realtor with RE/MAX in Shelby Twp. Contact him with questions at 586-997-5480 or at Steve@AnswersToRealEstateQuestions.com You can also visit his website: www.AnswersToRealEstateQuestions.com



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SOCIAL & WELL-BEING

Rochester Hills woman crowned Ms. Senior Michigan

By Debra Kaszubski
For Digital First Media

An Oakland County woman has been named Ms. Senior Michigan 2018.

Kim Whitney of Rochester Hills won the crown July 18 during the pageant at the Rochester Older Persons Commission (OPC).

The pageant is billed as a search for a gracious lady who best exemplifies the dignity, maturity and inner beauty of Michigan's senior citizens.

Six women from all over Michigan competed. As the hometown contestant, Whitney says there was a large crowd on hand to cheer her on as she competed.

Whitney will go on to represent the state at the Ms. Senior American pageant this October in Atlantic City. She will also appear at senior and community events, including the Romeo Peach Festival Parade on Sept. 3.

"I believe that as long as we're open to trying new things whether that be something as simple as reading a new genre of book, playing a musical instrument, or participating in a pageant, we will continue to grow no matter what our age," Whitney said in her Philosophy of Life statement, which she memorized.

The ladies were judged based on how they answered interview questions, their poise, and their statement. The talent segment gave the ladies a chance to showcase their skills as a musician, artist, or even homemaker, for example.

Whitney, who sang, Andrew Day's "Rise Up" for the

The pageant is billed as a search for a gracious lady who best exemplifies the dignity, maturity and inner beauty of Michigan's senior citizens. Six women from all over Michigan competed.

talent portion of the pageant, is a self-taught singer who performs with the 650 Players at the OPC and the Detroit Jazz Workshop.

"I just love to sing and people tell me I'm good," she said.

She also co-founded the Sing Out Detroit chorus in 2008.

"Her voice was spectacular," said Toni Sanchez-Murphy, president of the Ms. Senior Michigan Pageant and 2012 queen. "Her song inspired each one of us to rise up and do whatever it takes to do what whatever we need to do that day. She has a beautiful voice."

Whitney graduated with a degree in general studies from Oakland University in 1991.

She retired from her job at the Social Security Administration in Sterling Heights in 2012.

Whitney is married with two step-sons, and two grandchildren. She serves as a volunteer at the Rochester Hills Public Library.

As queen Whitney will serve as a champion for the advancement of older women and the LGBTQ community.



PHOTO COURTESY OF JUDY PASSON FOR MS. SENIOR MICHIGAN

Rochester Hills resident Kim Whitney was crowned Ms. Senior Michigan on July 18.

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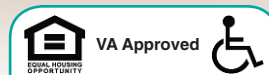
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HEALTH & FITNESS

Easy fitness tests to see if you're in good shape

To determine your fitness level, see if you can complete the following exercises

By Sara Schwartz

Next Avenue

Just what does it mean to be fit?

Fortunately, fitness has nothing to do with running an 8-minute mile or doing 20 push-ups on command. On the other hand, being in shape can't be measured purely by how much time you spend exercising.

Health professionals across the board — from cardiologists to physiologists and trainers — have loosely the same definition of “being in good shape:” The ability to do the things you enjoy doing without feeling limited.

In terms of specific benchmarks, it's difficult to predict what an individual should be able to do, said Jude Sullivan, senior clinical exercise physiologist at University of Wisconsin Health. “For my mom, it's: Can she sit in a chair, bend over and tie her shoes? For me, it's: Can I excel in my Taekwondo class? Both pack a punch, because they have a lot of meaning for each person.”

Experts agree that it's never too late to improve aerobic endurance, muscle strength and flexibility.

“A motivating goal might be to make activities of daily living easier, for example, walking up a flight of stairs or carrying the groceries,” said Megan Bowdon, clinical exercise physiologist and manager of Preventive Cardiology and Rehabilitation, Beaumont Hospital, Royal Oak. “Start small with short, 10-minute bouts of aerobic exercise, like walking. Add in light weight lifting and stretching. Listen to your body and discuss exercise with your physician



JASON SCHMITT — FOR DIGITAL FIRST MEDIA FILE

The Older Persons Commission Senior Center in Rochester hosted the Michigan Senior Olympics Winter Games Mixed Doubles Pickleball competition on Sunday, Feb. 11.

before starting an exercise routine.”

If you care for grandkids regularly, the question may be: Can you be engaged and active with them while they're at play, not just sitting on a bench watching?

While experts hesitate to quantify what being in shape means exactly, the baseline for being in bad shape should be pretty clear.

If you're 50 and unable to walk a block without panting, you're not in good shape, says Dr. Martha Gulati, cardiologist and editor-in-chief of CardioSmart.org, a patient education initiative from the American College of Cardiology.

Weight and Being in Shape

What's weight got to do with being in good shape? Not very much. While the benefits of being at a healthy weight abound, fitness is determined by how much activity you can do. “It's how well can you endure exercise, which is affected by your muscular strength and endurance, flexibility, body composition, age, gender and more,” Gulati said.

Easy Activities That Test Your Fitness

Celebrity trainer and fitness expert Joel Harper says

there are five elements to being in good shape: muscle strength, heart strength, flexibility, balance and coordination.

To help you assess your fitness level, Harper devised the following set of activities. See how many you can complete.

Each activity requires just a few minutes of your time and no equipment.

Keep in mind: This assessment isn't scientific, but it will help you identify what you can already do and what you should work on. (NOTE: To prevent injury, talk to your doctor before trying these exercises.)

- Stand up. Rise from a

chair without using your hands; a test of balance, coordination and muscle strength

- Take a walk. Walk briskly for three blocks, which is a test of cardiovascular ability. To ensure you are properly engaging your muscles, Harper recommends imagining you are walking on a sheet of glass, so you “float” rather than pound on the pavement.

- Pulse your arms. Hold your arms straight out to the side, palms up, at shoulder height and pulse the direction your palms are facing — facing down, facing forward and facing backward. This is a test of

muscle strength.

- Stay on your toes. Balance on your toes for 30 seconds without touching your heels to the ground; a test of balance

- Balance on one foot. Stand on your left foot and clap your hands 30 times, then switch feet and repeat; a test of balance

- Rise up, hands-free. Lie on your back on the floor and get up to a standing position without using your hands; a test of muscle strength and coordination

- Do yard work. Rake leaves or shovel snow for 20 minutes; a test of cardio and muscle strength

- Hold a plank. Hold yourself in upper push-up position (otherwise known as “plank position”) for 30 seconds; a test of muscle strength

- Bounce those knees. Get down on the floor on all fours with your palms on the floor directly below your shoulders and your knees on the floor directly below your hips. Keeping your upper body stationary, lift your knees so they are hovering off the ground, and bounce them upward 1 inch and back down to the hovering start position for 45 seconds without stopping. This is a test of cardio and muscle strength.

How to Score

If you can complete one to three exercises: Prioritize your workout efforts

If you can complete four to six exercises: Good job, but step it up

If you can complete seven to nine exercises: Bravo, keep up the good work

Debra Kaszubski, Vitality Special Writer, contributed to this report.

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SOCIAL & WELL-BEING

Transportation program connects seniors to Detroit's Eastern Market for Tuesday market

By Debra Kaszubski

Special to Digital First Media

Visiting Detroit's Eastern Market is a longtime tradition cherished by many shoppers who like the fresh produce, history, and upbeat atmosphere. But for some, the journey downtown, the walking and the crowds can make visiting the market a challenge.

Seniors in Macomb, Oakland and Wayne counties have enjoyed a free ride to Eastern Market due to a \$75,000 grant through Healthy Food Connect, a regional initiative of the Community Foundation for Southeast Michigan to increase healthy food access for children and seniors in the region.

The grant provides free bus transportation on Tuesdays throughout the summer, along with a \$10 voucher to buy produce. Buses pick up riders at community and senior centers, nursing homes and other facilities and bring them to Eastern Market for a few hours.

"The Tuesday market offers everything that the Saturday market does, but smaller," said Lonnie Thomas, Eastern Market manager. "It's all under one shed, it's calmer and it's not as crazy as the weekend market. They don't have to worry about traffic and parking, walking or crowds."

Eastern Market is the largest open-air flowerbed market in the United States. It's also the largest historic public market in the country.

Specialty businesses selling produce, meat, poultry, flowers, jam and more



PHOTO COURTESY OF KERRY-ANN HAMILTON

Seniors in Macomb, Oakland and Wayne counties have enjoyed a free ride to Eastern Market due to a \$75,000 grant through Healthy Food Connect, a regional initiative of the Community Foundation for Southeast Michigan to increase healthy food access for children and seniors in the region.

make up the more than 150 vendors. The market, which opened in the late 1800s, was added to the National Registry of Historic Places in 1987, according to the Detroit Historical Society.

Seniors visiting on Tuesdays get the chance to take in the history by attending a free historic tour. There's also free fitness classes, including stretches and low-impact Zumba.

"This is not just about

giving people access to fresh produce, which is important. It's about promoting a healthy lifestyle," Thomas said. "We are connecting seniors with natural and organic foods, and introducing them to local farmers. We want them to know how easy it is to come down and enjoy the Tuesday market."

The \$75,000 grant provided transportation for the summers of 2017 and 2018. Although there is no

grant in place yet for 2019, Thomas is confident the program will continue into the future.

"I'm very comfortable in saying that we will get this program supported again next year, even if it's through a different organization," she said.

Seniors interested in the program at Eastern Market should call Thomas at 313-399-5828 or email lthomas@easternmarket.org.

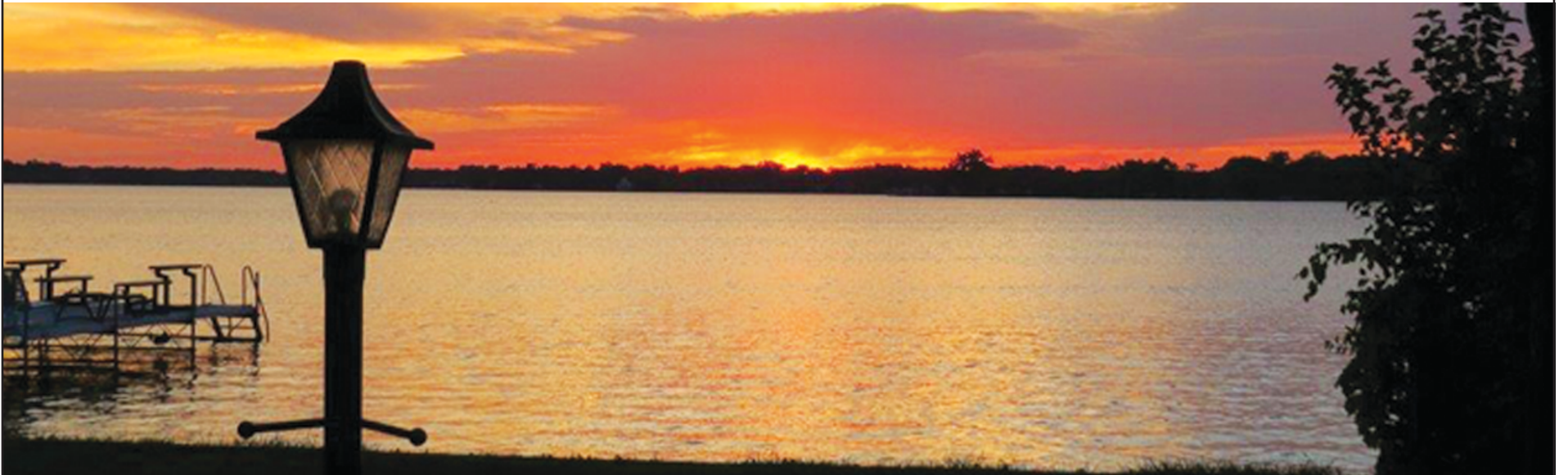
"The Tuesday market offers everything that the Saturday market does, but smaller. It's all under one shed, it's calmer and it's not as crazy as the weekend market. They don't have to worry about traffic and parking, walking or crowds."

— Lonnie Thomas, Eastern Market manager



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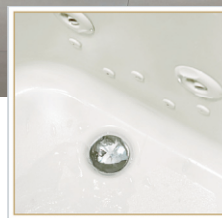
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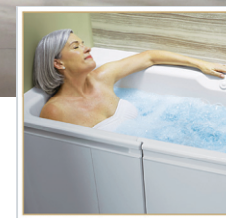
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Dr. Qaqui is a board certified Interventional Cardiologist. He completed his training at the Detroit Medical Center Heart Hospital, where he saw and treated some of the most complex and high risk patients in the country. He is also trained and efficient in the newest technology available to treat arterial disease. He received his Doctor of Medicine at the Medical University of the Americas, St Kitts & Nevis.

As an interventional cardiologist, Dr. Qaqui believes in the critical uniqueness of each individual patient that he sees. He strives to provide the best care for his patients through the use of non-surgical treatments that allow for a shorter recovery time. He specializes in minimally invasive procedures that rely on catheters and small incisions instead of traditional surgery. These procedures include balloon angioplasty to open blocked arteries, implantation of coronary stents to hold open previously blocked arteries and cardiac catheterizations.

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SOCIAL AND WELL-BEING

UNDER THE HOOD

Car show attracts over 150 restored classics

PHOTOS BY DEBRA KASZUBSKI

By Debra Kaszubski
For Digital First Media

Over 150 classic cars packed the parking lot at the Rochester Older Persons' Commission on July 28 during the center's annual Classic and Muscle Car Show. The event is sponsored each year by Comfort Keepers Home Care Specialists and offers local car lovers a chance to check out unique vintage rides up close. Prizes were also awarded to car show participants in various categories, including the "Best in Show" award, which went to Stephen Tye of Rochester for his restored 1937 Jaguar convertible.

The retired engineer made several variations to the car including changes to the engine, front end, dashboard and more. He welcomed admirers of his car to get up close and touch.

"This is not the type of car to sit on the trailer," he said. "I want to take it out, and I love the way it turns heads."

The event drew a crowd that overwhelmed nearby parking lots, and offered live entertainment, games and refreshments in addition to the car show. Toward the end of the three-hour show, car owners were encouraged to rev their engines.



Russ and Kathy Shelton in their 1965 Pontiac GTO convertible.



Wayne Strober of Rochester Hills brought his restored 1962 Corvette, which he called a "real ladies car."



This 1956 classic was on display among over 150 others spanning several decades.



Some owners popped the hoods of their classics to show the work they had completed on the engine.



A replica of the "Back to the Future" DeLorean was displayed as well.



Tom and Linda DeMarco brought their unique and fully restored 1954 GMC.



This Chevrolet Camaro was the official pace car of the 1969 Indianapolis 500.



This ornament sat atop a restored 1942 Packard.

COLUMN

Ask the Financial Doctor: Are campaign contributions tax deductible?

Q: Can I deduct political and campaign contributions on my taxes?

A: No, campaign contribution and gifts to political action groups are not deductible. In most cases, a donation to a 501(c)(4) organization is not deductible.



Richard Rysiewski
Columnist

If the cottage is in Michigan then you will owe Michigan tax. If the cottage is not in Michigan, make sure you subtract the gain from your MI taxable income. The gain should be lower than \$115,000 due

to the selling expenses and any adjusted cost-basis. The adjusted cost-basis is the original purchase price plus any buying expenses plus any improvements that you made during the 10 years of ownership.

Q: My uncle recently passed away and owned several U.S. savings bonds with a face value of \$35,000. These bonds are 37 years old. Are these bonds earning any interest?

A: No, these bonds have stopped earning interest after 30 years and need to be redeemed. The accumulated interest will be over \$25,000 and either the beneficiaries or your uncle's estate will have to pay the federal taxes on the interest income.

Q: My father passed away 7 months ago and was collecting Social Security benefits for the last five years. My mother has not received any survivor benefits from Social Security. Does my mother qualify for survivor benefits?

A: Yes, your mother qualifies for survivor benefits. Your mother should contact the Social Security office. If your mother is older than her full retirement age (FRA), she can retroactively go back up to 6 months. If your mother is younger than her FRA, there is no retroactive claiming.

Q: My parents set up a 529 plan for my children's college education. With the new tax law for 2018 can my parents fund the tuition for elementary or secondary school from the 529 plan?

A: Yes, grades 1 through 12 and even kindergarten can be funded from a 529 plan. The only restriction is a maximum of \$10,000 in tuition per child, per year.

Q: Has the IRS contracted with outside collection agencies to collect delinquent taxes?

A: The IRS has selected four outside collection agencies: the CBE group, ConServe, Performant Recovery and Pioneer Credit Recovery. No other collection agency is authorized to represent the IRS. Before you receive a phone call from these collection agencies, you will get an IRS letter indicating that your



PHOTO COURTESY OF METRO SERVICES

account was reassigned.

Q: I was cleaning my uncle's attic and found an old savings passbook from American Security and Trust with a \$2,543 balance entry. This bank does not exist anymore. How can I check if that account has any value?

A: Use the government site, research.fdic.gov/ bank, to find any bank. It turns out that Bank of America took over American Security and Trust. Call Bank of America if they have any information. Most likely, due to inactivity, the savings account was given to the state as unclaimed property. Each state has an unclaimed property

division that hold savings accounts, uncashed checks, dividends, insurance benefits and security deposits. Check online with your state for the unclaimed property. If the state is holding any assets, you can claim it with proper identification.

Q: What is the new threshold for estate taxes?

A: Beginning in 2018, the new threshold is \$11,180,000. If the assets of the estate are less than \$11,180,000 there are no estate taxes. The new threshold will have a yearly inflation adjustment.

Q: Can I deduct gambling losses on

my tax return?

A: You can deduct gambling losses only if you itemize by using schedule A. Additionally, the losses can only be taken to offset gambling winnings. The new tax law broadened the definition of gambling losses to include other expenses incurred in gambling activities, such as travel back and forth from a casino or track.

Q: What are the new rules for medical deductions for 2018 and 2019?

A: For 2018, the medical threshold is 7.5% of adjusted gross income (AGI) and for 2019, the threshold is 10%.

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COLUMN

What can we learn from the spirit of the 1960s?

By Alan Heeks

Next Avenue

Of all the extraordinary years that make up the 1960s, I've long believed that 1968 was the most remarkable and quintessential.

The 50th anniversary of '68 is a good time to consider those days, and how they can inspire us today.

In 1968, I was 19, in my second year at college, so it was a vivid time for me in all ways. What I still recall feeling back then was that 1968 was the best of times and the worst of times, to extremes rarely seen. And the historical facts of the year confirm this paradox. Here are a few of them:

- January: Tet offensive and major escalation of Vietnam War
- April: Martin Luther King Jr. assassinated
- May: French students and workers combine in protests which almost topple the government
- June: Robert Kennedy assassinated
- August: Soviet invasion to crush Czechoslovakia's liberal regime
- August: Chicago police brutally attack demonstrators outside the Democrat convention
- November: Richard Nixon wins presidential election to succeed Lyndon Johnson

For a while in 1968, anything looked possible including popular freedom sweeping out political establishments, international brotherhood and sisterhood and the convergence of pop music with social activism.

The 1960s: we didn't dream in vain

Looking back, you might think these were flimsy, hippie dreams that were killed off in Paris, Prague, and Chicago. I believe there were deep, widely-held ideals whose early buds

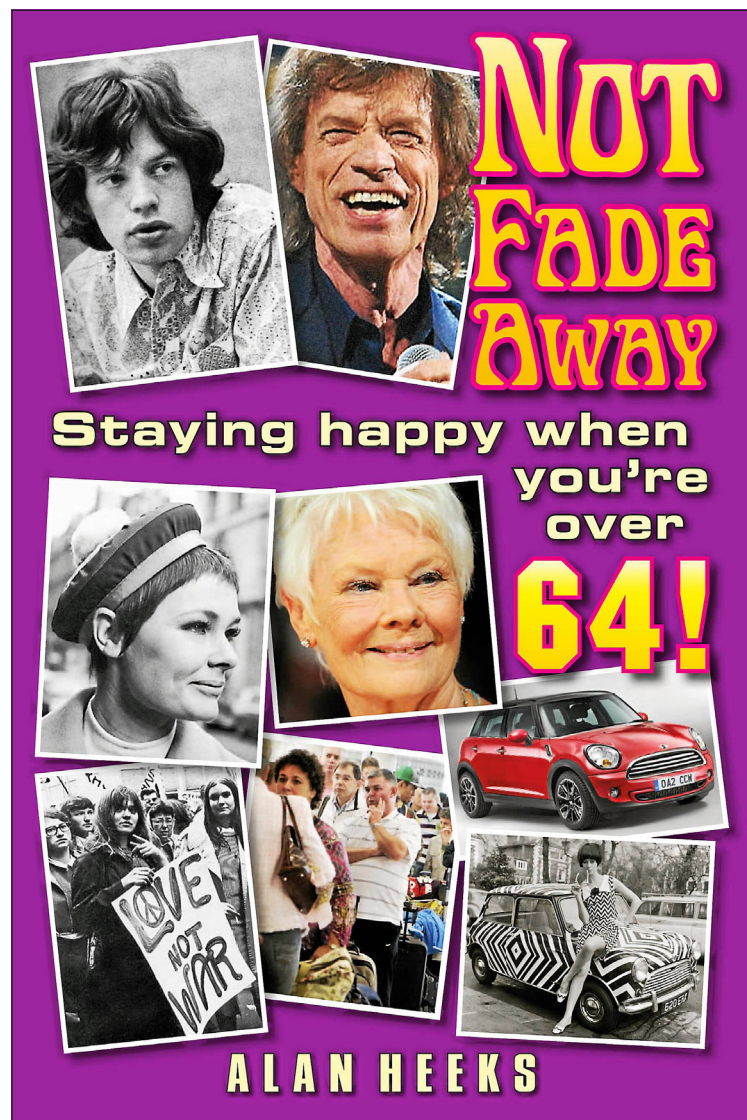


PHOTO COURTESY OF NEXT AVENUE

The cover from "Not Fade Away: Staying Happy When You're Over 64."

got frozen out in '68, but which started changes that have borne fruit on a large scale in the years since.

Recently, I've been reading histories of the '60s, which confirm my sense that your take on the decade depends heavily on the viewpoint you choose.

There was huge progress on many fronts: for example, sweeping away outdated laws, new affluence, sexual and personal freedom.

But it was an era of failed

dreams, too. One of the big missed opportunities was the response to the publication of *Silent Spring* by Rachel Carson in 1962: while the groundbreaking environmental book was a wake-up call for some, it deserved a bigger reaction. If governments had acted decisively then, the chronic issues we face today around pollution and climate change could be far less severe.

Recovering hope

So what can we learn from

the spirit of the Sixties that might help all of us today? It's important to remember that alongside the swinging, liberating sides of that decade, we lived with big fears and horrors.

The Cuban missile crisis of 1962 was probably the closest the world has come to a nuclear war, and we had to live with that overhanging possibility. The barbarity of the Vietnam war, Russian invasions and assassinations burst at you from TV screens. Yet the feel of those times was different from now. Here are my guesses at what we can learn for our current situation:

- I Feel Free: There was an underlying sense of potential for positive change, for individuals and societies. This is harder to feel now, yet we desperately need it. Processes like deep ecology and positive psychology can help us recover our hope.

- Get Up, Stand Up: A major feature of the Sixties was protest demonstrations, large-scale and repeated. We have sometimes seen them since, recently over gun control. In 2018, you can probably name a dozen issues that stir your passion — but there's alarmingly little collective action.

- I Can See Clearly Now: In the Sixties, the problems and possibilities were both being faced up to by many more people. It's probably true that the issues of today are more numerous and complex, but the extent of avoidance and denial in today's society is alarming.

- Dancing in the Streets: One of the exciting flavors of the Sixties was a sense of brotherhood and sisterhood, a trust that you could reach out to others and find shared joy, shared protest and collective possibilities. One of my current projects, *Seeding our Future*, explores future challenges and how we can grow through them: localization, face-to-face

contacts and community all look crucial for this.

- Respect: Remember that Aretha Franklin song? The ways that the music of the Sixties not only expressed, but actually shaped those times, and voiced and animated the passion for a change, were exceptional. Think of Dylan, Jefferson Airplane, Country Joe, The Who, The Stones and more. Surely music and media could express our hopes and spark us into action again?

Where are the elders?

The question of what we can learn from the 1960s is a useful one for all age groups, but especially for the boomers. Members of this generation are numerous, relatively healthy and affluent, and would be a real force for positive change if they could be mobilized.

I've been pondering this deeply for my recently published book, "Not Fade Away: Staying Happy When You're Over 64" which is a guide to creative aging for this generation. The boomers don't really have a role or a voice in our society, but potentially they could be the elders that society lacks.

The term "elder" is used with various meanings: I'm using it to describe the mature wisdom of the older generation, and in our ancestors. Traditional tribal cultures, such as the Native Americans, Celts, and Bedouin, had great wisdom, including the role of the elders.

We often think of tribes as led by one chief, but often the elders as a group had a powerful role.

It was their role to guide the tribe in a crisis, to dream dreams, uphold values and mentor the young. Clearly we live in a different kind of society than this, but the role of the elders is something we can learn from and update. And recapturing the spirit of the Sixties is a gift that the elders of today could embody.

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CALENDAR

August

Aug. 9: Algonac State Park
Come watch the ships go by with the Romeo Washington Parks and Rec for a leisurely day. Enjoy hot dogs and drinks (bring a dish to pass). Play games and cards. Watch the sights (bring your camera or binoculars). Depart from Romeo Center at 9:30 a.m. Depart from Washington Center at 9:45 a.m. Lunch at 11:30 a.m. Depart Park at 2 p.m. Approximate return at 3-3:30 p.m. Plenty of room under the bus to bring a chair or small cooler.

Resident, \$4; non-resident, \$5.

Aug. 9: Summer Musical Movie – “Grease” at the Roseville Public Library, 29777 Gratiot Ave., Erin Auditorium, at 2 p.m. Call 586-445-5407.

Aug. 11: Capital Tours is offering a day trip to Dexter Michigan! Trip includes a visit to Dexter Daze a large outdoor festival and admission to the 2pm show “Crazy for You”. Cost is \$69. Call 248-247-1121

Aug. 10: TTT is going to Sauder Village! Take time to enjoy life's simple pleasures...as we

visit Ohio's largest living history museum on a tour at Sauder Village. You'll start with a guided tour of Archbold. Afterward, you will have the day to explore Sauder Village at your own pace. To end on a great note we have included a Homemade dinner buffet at the Barn Restaurant before departing for home. Only \$79 p/p. Call 313-292-6300

Aug. 12: Day Trip To Firekeeper's. Spend the day at beautiful firekeepers. Receive \$ 25.00 casino money. This day is prime rib - seafood buffet. Only \$35

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Aug. 12-18: August 12-18 – “Nashville Show Trip” we will enjoy a guided tour of Nashville, the Grand Ole Opry and see a show there, we will visit Belle Meade Plantation with all it's unique Southern history, explore downtown Nashville and enjoy a Nashville Nightlife DINNER THEATER SHOW. Also on the agenda is a trip to the Grand Ole Opry behind the scenes tour where we will see costumes, famous instruments, go to the Country Music Hall of Fame. This evening we will have a dinner party with entertainment. En route home we will visit a casino for some free time and gaming. The cost is only \$870 for a double occupancy. If you have any questions or you would like to make a

reservation, please call Mary Ann at 586-530-6936.

Aug. 14-16: Holly's Happenings, two-night trip to Kewadin Casino, Sault Ste, Marie stopping in St. Ignace twice and Bay Mills. \$189pp dbl occ./\$249 single. Includes 2 nights at Sault Ste. Marie/shuttle, 2 breakfast buffets, \$105 in freeplay and food. Plus free meal at Bay Mills after 40 pts. Plus free drinks while gaming there. Departure Time: Tuesday 7:30 a.m. (boarding at 7 a.m.) Returning Time: approximately 8 p.m. Drop off/ Pick up: Riverland Shopping Center (Van Dyke & Riverland). For more info or reservations call or text Holly at 586-630-6204. Or email at hollykenge@yahoo.com.

Aug. 14: Drop-In Hedgehog Book Craft, at the Roseville Public Library, 29777 Gratiot Ave., Storyhour Room, from 2-4 p.m. This folded book hedgehog is the perfect pet. He prefers reading to eating, and makes no mess. This hedgehog can't wait to come home to your bookshelf. Join us in creating your very own hedgehog using a paperback book. Call 586-445-5407.

Aug. 16: Adult Open Craft & Coloring Night, at the Roseville Public Library, 29777 Gratiot Ave., Erin Auditorium, at 5:30 p.m. Register. Join us for a social crafting evening. Work on your projects while enjoying the company of other crafters. Bring whatever you would like to work on (scrapbooking, beading, knitting, sewing, etc.) Participants must bring their own supplies, but coloring and some beads will be provided. Call 586-445-5407.

Aug. 19: Day Trip To Saganing & Soaring Eagle. Gaming time at both casinos. Receive up to \$50 casino money-food. only \$ 38 PP. Call Tom & Connies Tours at 586-770-5899.

Aug. 20: Drop-In Computer Instruction at 6 p.m. at the Roseville Public Library, 29777 Gratiot Ave. in the Storyhour Room. Looking for help with the computer? Drop in at one of our one-on-one 30 minute computer help sessions. Bring your device and any cords needed to the lab. If you don't have a laptop, we have a laptop at the library to work with. Arrive at least 15 minutes prior to sessions and sign up at the Adult Information Desk. Call 586-445-5407.

Aug. 22: Capital Tours is offering a day trip to Put-in-Bay Ohio. Trip includes ferry boat to the island, a tour train with a guide with a full day of sightseeing. Lunch included. Cost is \$129.

Call 248-247-1121

Aug. 23: Science Fiction and Fantasy Book Club – “Red Rising” by Pierce Brown at 6:30 p.m. at the Roseville Public Library, 29777 Gratiot Ave., Erin Auditorium. Call 586-445-5407.

Aug. 25: The Single Way, a Christian singles group is holding a meeting and full BBQ dinner with outdoor games at 5 p.m. Cost is \$4 and includes dinner, snacks and beverages. Each adult should bring appetizer, salad or dessert to share. Reservations needed by Aug. 25. For more information on the location, call (586) 774-2119 between 8 a.m. and 9 p.m.

Aug. 26-28: Kewadin Sault Ste. Marie. 2 night stay at kewadin sault ste. marie hotel & casino. Stops at St. Ignace, Hessel & Bay Mills Casinos. Receive at least \$ 80 casino money - food. Receive 2 full breakfasts. indoor pool. Only \$185 pp. Call Tom & Connies Tours at 586-770-5899.

Aug. 26 - Aug. 30: TTT is running a 5 Day Wisconsin Dells w/ Rosewood! This tour has all the attractions that you should expect in a Wisconsin Dells tour & much more. A day has been added to include even more on what was already a great tour. You'll be staying 3 nights at Atlantis Waterpark right in Wisconsin Dells and 1 Night on the way home. Included we have all 4 Breakfasts, 4 Dinners (2 are Dinner shows and 1 is a Sunset Dinner cruise on the water), and 1 Lunch. Plus visits and tickets to the International Crane Foundation, Tommy Bartlett Show, “Lost Canyon” Horse and Wagon Ride, Circus World, House on the Rock, the famous “Original Duck Tour”, Delavan Walldog Mural Guided Tour, and much more surprises and treats. And even more. Rates as low as \$829 p/p d.o. Please call to book or for more info. 313-292-6300

September

Sept. 1-3: 61st Annual Labor Day Bridge Walk – Sept 1-3. Join Travel with Nance for \$334. 2 nites in St. Ignace, 2 breakfasts, ferry to Mackinac Island with ‘open’ return. Walk across the entire bridge as usual. Optional tour to Sault Ste Marie with cruise and lunch aboard. Call 313-535-2921

Sept. 1-3: Join TTT on a trip for the Labor Day 61st Annual Mackinaw Bridgewalk! Now staying at Kewadin Casino Hotel in Sault Ste. Marie! Includes Transportation, Soo Locks Lunch Cruise on St. Mary's River, and an opportunity to walk the bridge.

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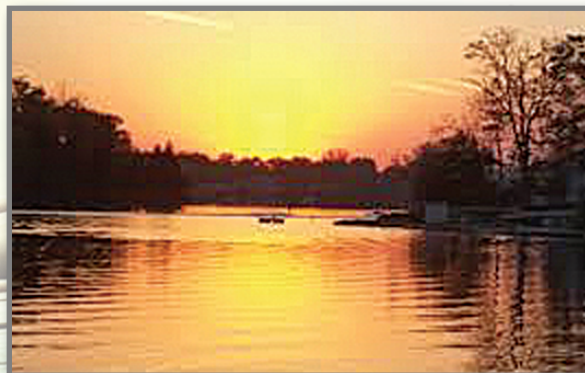
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Poetry Corner

A GOOD DAY

It's been a very good day.
 Everything didn't all go my way.
 My aches and pains didn't all leave.
 My ambitions were not all achieved.
 I had some laughs, but also some tears.
 Tried to act brave among my fears.
 My work was mixed with a little play.
 The sun shone between clouds of gray.
 Even though everything wasn't perfect as can be.
 Everything was alright to me.
 God gave us rough places in life;
 To perfect us by using our strife.
 So my imperfect day turns out to be
 A very good day indeed for me.

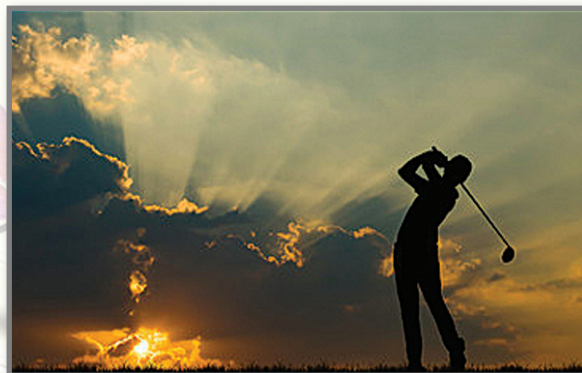
- by Wanda Harris
 Sterling Heights, MI



ODE TO A GOLFER

I know a man who loves a game,
 In case you don't know, golf is its name.
 He will play any course anywhere,
 Now all you players best beware.
 He hits the ball long and straight,
 Players behind him never wait.
 That ball just seems to fly on wings,
 And always lands right on the green.
 He putts with such confidence,
 All those lessons now make sense.
 He plays at a constant even pace,
 Eagles and birdies are common place.
 He is the envy of the crowd,
 When he plays, folks are wowed.
 If you happen to see him play some day,
 Don't let it intimidate you I pray.
 Just follow his form and you will see,
 You can be great, I guarantee.

- by Shirley Kolosick
 Sterling Heights, MI



TAYLOR AND TRACY

We have twin granddaughters
 Named Taylor and Tracy.
 One is quite reserve,
 The other is a little crazy.
 We travel the country
 From east to west.
 In all the confusion,
 Grandpa knows best.
 They are young ladies now
 And on their own.
 They'll never know
 How much I love them so.
 How I'll never forget,
 They were some of the best.
 The days we travel the country
 From east to west.

- by John Cameron
 Shelby Twp, MI



Do you have a creative side that you would like to share with your community readers? We are looking for original, unpublished poetry. This will be your time to shine in our Poetry Corner. Please keep poems to 300 words or less and print clearly. Next Issue will be September 13, 2018.

FIRST & LAST NAME: _____ PHONE NUMBER: _____

ADDRESS: _____

CITY/STATE/ZIP: _____ NAME OF POEM: _____

MAIL TO: Vitality Poetry Corner
 Dawn Emke
 19176 Hall Rd, Suite 200
 Clinton Twp, MI 48038

If you chose to submit your poem through email, please include your first and last name along with your phone number and the city, state you reside in. You will not be solicited and all information will be kept confidential.

Email: demke@digitalfirstmedia.com

Thank you for your interest in sharing your creativity. We look forward to reading your poems.

Poetry Corner

LIKE A LOVER

They say that I'm much too forgiving,
waiting quietly with open, welcome arms.

They say I invite only misery,
that you'll do me nothing but harm.

But I shun them and wait in the sunlight,
sea grass bidding - "Come hither on the breeze.
Come enjoy all I have, all I offer,
come play me and my sparkling blue seas."

For eons I have caused you to wonder
as my beauty captures men's souls.
My winking sands and sparkling waters
hypnotize as the sea lazily rolls.

But they were right, I was oh far too trusting.
You've violated all I hold dear.
You've spewed forth your oil and covered me,
accusations and excuses all that we hear.

Now my beautiful sand no more glitters
since your filth blankets me and I scream.
You've destroyed not just me in the process,
you've killed fish, birds and some men's dreams.

It will take me long to recover.
My faith in man like my companions now dead.
My beauty again may cause wonder
but my soul is dubious of what lies ahead.

They say Nature is far too forgiving.
Does man know the price being paid?
He has to learn by what he is doing,
he must stop killing the Earth God has made.

— by Karen Cooper
Chesterfield, MI



"SPEND THE TIME"

Spend the time with family members before it's too LATE.
Before we all know it, we will all be at Heaven's GATE.

Spend the time to write a dear friend a warm LETTER.
In time, you'll find your life will be BETTER.

Spend the time to kneel and PRAY.
Good things will start to come your WAY.

Spend the time to help someone in NEED.
The food Lord for one, will acknowledge your DEED.

Spend the time to renew your faith in what you BELIEVE.
In time on day, something good you will RECEIVE.

Spend the time on how you will live
not on how you will DIE.
Then if you live a Christian life, upon death, you will FLY.

Spend the time to pray, not for any easy life
but for one STRONGER.
After many years you will learn you will live LONGER.

Spend the time as we age and wonder
never for life's ZEST.
Because the future's last turn in the road
will turn out the BEST.

Spend the time to make a difference
in the lives of OTHERS.
Make all the people your friends,
your Sister and your BROTHERS.

Spend the time to live the best for your AGE.
For the Lord will always look at your last PAGE.

— by Frank Sinacola
(Formerly of Royal Oak)
"Reflections of his 94 Years"!



GETTING OLD

I can't believe how old people my age are
For instance while talking
to my friends at the bar

Those guys went to school with me
And we went together to Washington DC

But why do they look so old I thought
They look nothing like that former
classmate snap shot

I've got to find a cause for growing old
Yes I've got it-no more birthdays
I've just been told

And so my information will be
passed on to you
But you probably know it's not brand new
So after all this ballyhoo
Keep having those birthdays
yes quite a few

If you look older as the years fly by
And you look just like the other guy
Don't feel sorry for that wrinkled face
It proves you've been in a
hard work place

— by Clifford Miller
Sterling Heights, MI



Thank you for your interest in sharing your creativity. We look forward to reading your poems.

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We're giving you a chance to show off those special family members. Be a part of our photo page in Vitality. It's easy! Just fill out the form below and mail it to us along with your photo. Photos will not be returned. We must receive photos by September 5, 2018 to be included in our September issue.



LET ME TELL YOU ABOUT MY SPECIAL FRIEND!

Name(s) of Pets: _____

Member of the _____ Family.

Address: _____

Phone: _____

Mail to: Vitality Pet Page
Attn: Dawn Emke
19176 Hall Road, Suite 200
Clinton Twp, MI 48038

*Any photos received after photo page is full will be held and used in future issues.

ATTENTION PROUD GRANDPARENTS



We're giving you a chance to show off those Grandchildren & Great Grandchildren. Be a part of our photo page in Vitality. It's easy! Just fill out the form below and mail it to us along with your favorite photo. Photos will not be returned. We must receive your photo before September 5, 2018 for our September issue.

Name(s) Of Grandchildren: _____

Proud Grandparents are: _____

Address: _____

Phone: _____

*Any photos received after photo page is full will be held and used in future issues.

Mail to: Vitality, Grandparents Brag Page, Attn: Dawn
19176 Hall Road Suite 200, Clinton Township, MI 48038

*Please note NEW ADDRESS



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GRANDPARENTS BRAG PAGE



KALEB MICHAEL

*Proud Great Grandma is:
Norma Rea of Warren, MI*



TRISTAN KROTKIEWICZ

*Proud Great Grandpa is:
Gary LaDuke of Shelby Twp, MI*



**GILLIAN LOUISE &
MOLLY ELIZABETH**

*Proud Grandparents are:
Patricia Gates of Oak Park, MI
James Gates of Lebanon, IN*



**BRYNN LEIGH FIELDS
(4 MONTHS)**

*Proud Grandparents are: Michele & Bob Schaff of Warren, MI
Dawn & Al Merrelli of Warren, MI*



**BRAYDEN ANTHONY FIELDS
(4 YEARS)**



CHIMA

Member of the LaDuke – Krotkiewicz Family
of Warren, MI



"BELLA" OUR CHRISTMAS ORNAMENT

Member of Diane & Alan Pedlow's Family
of Shelby Twp, MI



CALLIE & SYLVESTER

Member of Jan Zaremba's Family
of Sterling Heights, MI

PET BRAG PAGE



Calendar

FROM PAGE 24

You will receive a total of \$50 in casino incentives along with 2 Breakfast Buffets, gambling stop at Kewadin in St. Ignace and plenty of time to participate in the fun of the 61st Annual

Bridgewalk! Be sure not to miss out on this once a year opportunity for less than anywhere else! For the low rate of \$299 p/p d.o. Call TTT at 313-292-6300 for more info.

Sept 8: TTT is going to the Jack Casino in Cleveland where you will receive \$25 in casino incentives for \$39 p/p. Call 313-292-6300.

Sept. 9: Day Trip To Firekeeper's. Spend the day at beautiful firekeepers. Receive \$ 25.00 casino money. This day is prime rib - seafood buffet. Only \$35 pp. Call Tom & Connies Tours at 586-770-5899.

Sept. 5-16: Mt. Rushmore, Badlands & the Black Hills -Sept 5-16. Join Travel with Nance for \$921. 8nites hotel (4 in SD),

Badlands, Mt Rushmore, Custer State Park, Borglum Historical Center, Crazy Horse Memorial Deadwood, Wall drug, Corn Palace, Journey Museum. 7 Breakfasts, 6 dinners. Call 313-535-2921

Sept. 12: Detroit Tigers Game! TTT is taking you out to the Ball Game. Tigers play the Houston Astros. Enjoy lower level seating, now safer than ever with the expanded safety net. Price includes transportation, a ticket to the game, hot dog, and a soda. Tickets are limited so please book early. All this for only \$49 p/p. Please call 313-292-6300. Space is limited.

Sept. 14: Capital Tours is offering a 7 day fully escorted sight-seeing tour to South Dakota & the Black Hills. Trip includes daily breakfast and 4 dinners. Cost is \$2,429 Call 248-247-1121

Sept. 16-18: Rising Star Indiana, 2 night stay at hotel and casino with stops at Hollywood Toledo and Hollywood Indiana. Receive at least \$135 in casino money, food, indoor pool. \$180 per person. Call Tom & Connies Tours at 586-770-5899.

Sept. 19: DAY TRIP "A Bit O'Bubble" at The Bavarian Inn. Includes chicken luncheon and the show and 3 hours at Eagles Landing Casino. \$10 play \$5 food + \$10 more after 100pts. \$85/person. Departure Time: 9am (boarding at 8:30a.m.) Returning Time approximately 8 p.m. Drop off/Pick up at Riverland Shopping Center (Van Dyke & Riverland). For more info or reservations call or text Holly @ 586-630-6204. Or email hollykenge@yahoo.com.

Sept. 19: Capital Tours is offering a day trip to Gun Lake Casino and a luncheon boat cruise on the Grand Lady. Package includes cruise, lunch, gaming at gun Lake and \$10 in play, \$10 in food. Only \$85.00 Call 248-247-1121

Sept. 20: TTT is running a Fall Colors MI Princess Boat Cruise Tour! Witness nature's

majesty for 2 hours aboard the old-fashioned Michigan Princess Riverboat on the Grand River in Lansing. While you sit back and relax enjoy a delectable all you can eat, hot luncheon buffet. Including gambling stop at Soaring Eagle Casino where you will receive up to \$20 in slot play & \$5 in food.

All this included for \$84 p/p. Call 313-292-6300.

Sept. 22: The Single Way, a Christian singles group is holding a meeting and full BBQ dinner with outdoor games at 5 p.m. Cost is \$4 and includes dinner, snacks and beverages. Reservations needed by Sept. 21. For more information on the location, call (586) 774-2119 between 8 a.m. and 9 p.m.

Sept. 23: TTT is running the Northern "4 Casino" Adventure! Visit the top casinos in Northern Michigan including Soaring Eagle, Kewadin (St. Ignace), Odawa, & Turtle Creek. Hotel stay at the beautiful all suites Mackinaw Beach & Bay Resort in Mackinaw City overlooking Lake Huron, with expanded continental breakfast! You will get a large casino package of up to \$112. All this for \$129 p/p d.o. Call 313-292-6300.

Sept. 23: Day Trip To Saganing & Soaring Eagle. Gaming time at both casinos. Receive up to \$50 casino money-food, only \$ 38 PP. Call Tom & Connies Tours at 586-770-5899.

Sept. 20-25: New York City. Join Travel with Nance for \$679. 3nites & 1nite each way. Guided tours of NYC, see Central Park, Rockefeller center, Times Square, Wall Street. Visit the new National 9/11 Memorial at Ground Zero. Harbor cruise including stops at Ellis Island and Liberty Island - home of the Statue of Liberty. 5 breakfasts and 3 dinners. Call 313-535-2921

Sept 25-27: Kewadin Sault Ste. Marie. 2 night stay at Kewadin Sault Ste. Marie Hotel & Casino! stops at St. Ignace, Hessel & Bay

Mills Casinos. Receive at least \$80.00 casino money - food. Receive 2 full breakfasts. Indoor pool. Only \$189.00 pp. Connie Tours at 586770-5899

Sept. 27: Join us as we visit Michigan's largest casino set in the tranquility of mother nature. This casino has it all with slot machines, table games, and more. Receive \$25 in casino incentive. \$44 p/p. Call TTT at 313-292-6300.

Sept. 28: Jld's 2018 Designers' Show House, Lunch And A Mystery Stop: You won't want to miss this trip. It's an opportunity to tour the Junior League of Detroit's (JLD) 2018 Designers' Show House. This year's Show House is the 18,000 square-foot Charles T. Fisher Mansion, located in the historic Boston-Edison District. Currently owned by award-winning TV actor Hill Harper (star of ABC's "The Good Doctor"), the mansion was built in 1922 by architect George D. Mason. After the tour, we'll do lunch on the mansion's grounds at the JLD's Show House Café. Attendees also will have time to stroll the mansion's gardens and shop at the JLD's boutique. The day ends with a brief MYSTERY STOP on the way home. Make

entrée selection at time of reservation: Chicken Caesar Wrap, Vegetarian Wrap, Chef Salad, or Chicken Walnut Salad. PLEASE NOTE: The Show House is NOT handicapped accessible. You can register for this trip now, as we have to commit to this trip by Aug. 27. Depart at 9 a.m. Approximate return: 2:45 p.m. Cost is \$78. For more information, call L'Anse Creuse Community Education 586-783-6330.

Sept. 30: Belle Isle Park & the D.I.A. Join Travel with Nance for \$51. Visit the Aquarium, Conservatory, Dossin Great Lakes Museum, narrated Belle Isle tour. Visit the Detroit Institute of Arts, \$10 Gift Card towards lunch at CafeDIA. Call 313-535-2921.

Sept. 25-27: Kewadin Sault Ste. Marie, 2 night stay at hotel

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HOLLYWOOD CASINO DAY TRIP!

Tuesday, October 2, 2018 Only \$39.00

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A DAY IN STRATFORD TO SEE "MUSIC MAN"

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Enjoy lunch and admission to the 2pm show. Seating is category "A".

MICHIGAN PRINCESS FALL LUNCH CRUISE & SOARING EAGLE CASINO!

Tuesday, October 16, 2018 Only \$85.00

Enjoy a fun-filled day on the Grand River in Lansing! This beautiful paddlewheel cruise will take you back to days of old as we stroll down the river with live entertainment and a hot Turkey lunch. Then on to Soaring Eagle for some gambling. Receive \$10 in play, plus \$5 in food, plus receive an additional \$10 in play once you reach 50 points on your card!

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and casino with stops at St. Ignace, Hessel and Bay Mills casinos. Receive at least \$80 in casino money, food, 2 full breakfasts, indoor pool. \$180 per person. Call Tom & Connies Tours at 586-770-5899.

Sept. 30-Oct. 6: Cape Cod, Newport & Boston. Join Travel with Nance for \$934. 4 nites on Cape & 2 nites enroute. Tour Bilt-

more & Rosecliffe in Newport, RI. Tour Plymouth with lobstering boat ride. Tour Boston, Old North Church, Fanuil Hall & JFK Library. 6 bkfs, 3 dinners (1 is lobster). Call 313-535-2921.

October
October 1-6: Travel with MHL to the breathtaking Smokey Mountains. This is a show trip.

We will attend a dinner show each night, Soul of Motown, the Smoky Mountain Opry Show and American's Hit Parade Dinner Show. There also will be a special MAGIC morning show. The price is only \$606 for five nights, six days double occupancy. Please contact Maryann at 586-530-6936 for more details.

Oct. 2: Hilarious Musical Com-

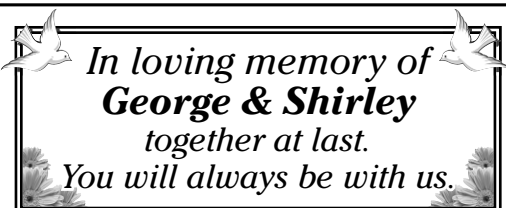
edy—"Nunsense Amen"—at Turkeyville U.S.A. First on today's agenda is time to stroll through Turkeyville's gift shops. Next comes Turkeyville's famous turkey lunch buffet featuring carved turkey and all the trimmings (slated for noon). Then comes the show—"Nunsense Amen", which is basically the original "Nunsense" show, but

with a twist. What's the twist? The twist is all the characters are portrayed by male musical comedy performers. We will be using a TOUR BUS for this trip. Bus snacks will be provided, and everyone gets a Turkeyville treat to take home. Also, we must commit to this trip by Sept. 10, so, if you want to attend, please register before then. Depart at

8:30 a.m. Approximate return at 6:15 p.m. Cost is \$101. For more information, call L'Anse Creuse Community Education 586-783-6330.

Oct. 2: Join TTT on a Kewadin Casino 3-Day Trip. Stay Two nights hotel right at Kewadin Casino hotel in Sault Ste Marie, with gaming stops at St. Ignace,

CALENDAR » PAGE 34



Go With **GEORGE** TRAVEL & TOURS



13915 HEATHERWOOD CT., STERLING HEIGHTS, MI 48313

FIREKEEPERS DAY TRIP SPECIAL

AUGUST 22, 2018

\$35⁰⁰
p.p.

Total of \$30.00 in free play and points. Juice and sweet rolls served on bus. 8:00am pickup from Meijers at 15 Mile and Utica Rd.

FIREKEEPERS OVERNIGHT WITH STOPS TO GUN LAKE CASINO

AUGUST 26-27, 2018

\$139⁰⁰
p.p. dbl occ

Includes 1 night at the Firekeepers Casino & Hotel \$50.00 in freeplay and \$20.00 in food. Luggage handling. Stop to Gun lake casino on the way up. Juice and Sweet rolls served on bus.

FIREKEEPERS SENIOR TUESDAYS!!

SEPTEMBER 4, 2018
OCTOBER 23, 2018

\$35⁰⁰
p.p.

Receive \$20.00 in freeplay and \$5.00 in points. Guests 55 and older will get an additional \$10.00 in freeplay simply by earning 55 points. Juice and sweet rolls served on bus. 8 am pickup from Meijers at 15 Mile and Utica Rd

ODAWA CASINO

with stops to Soaring Eagle and St Ignace Casino.

SEPTEMBER 9-10-11, 2018

\$189⁰⁰
p.p. dbl occ.

Includes 2 nights at the Odawa Hotel, \$115.00 in freeplay and \$25.00 in food, 2 continental breakfasts PLUS for every 75 points earned in one day, receive an additional \$5.00 in freeplay- up to \$20.00 per day from Odawa, Juice and sweet rolls served on bus.

LITTLE RIVER CASINO WITH STOPS TO SOARING EAGLE CASINO

SEPTEMBER 23-24-25, 2018
DEC 9-10-11, 2018

\$189⁰⁰
p.p. dbl occ

Includes 2 nights at the Little River Casino & Hotel, \$75.00 in freeplay, \$20.00 in food. Juice and Sweet rolls served on bus.

MOUNTAINEER CASINO W VIRGINIA

with stops to Hollywood Casino
Toledo and Wheeling Casino
OCTOBER 2-3-4, 2018

\$185⁰⁰
p.p. dbl occ.

Includes 2 nights at the Mountaineer Casino & Hotel, Stops at the Hollywood Casino and Wheeling Casino. Receive \$95.00 in freeplay and food. Sweet rolls and juice served on bus. Live horse racing at the Mountaineer nightly (post time 7:00 pm) Live Greyhound racing at Wheeling Casino (post time 1:00 pm)

TURTLE CREEK CASINO

with stops to Soaring Eagle and Leelanau Sands Casinos.

NOVEMBER 5-6-7, 2018
MAY 5-6-7, 2019

\$189⁰⁰
p.p. dbl occ

Includes 2 nights at Turtle Creek Hotel and Casino, \$95.00 in freeplay and \$18.00 food. (earn up to \$20.00 more each day with points earned from Turtle Creek) Juice and sweet rolls served on bus)

Pick up points now available at St. Pio 13 Mile & Kelly (overnight trips)

Contact: KATHY WIECZOREK (586) 566-0135

FUN, FANTASTIC & FABULOUS STEP ON BUS TOURS

CHECK OUT OUR \$35 ADVENTURES

AUG. 30 FUN AT THE BEACH -- Boardwalk. Nature areas. Birdwatching site. Lake St. Clair beach 10-4:30pm

AUG. 31 ARTS, BEATS & EATS - Royal Oak

SEPT. 13 CRANBROOK GARDENS & MUSEUMS

OCT. 24 BIRCH RUN SHOPPING at the outlet mall

DEC. 14 HOLIDAY LIGHTS IN THE "D" - DETROIT

Shop stores on Woodward. 4/4:30PM - 8:30/9PM return.

AUG. 13 Gilmore Car Museum & Kellogg Manor \$85

AUG. 16 Old New Detroit \$65

AUG. 21 Wine Trail Tour - \$85 pp

AUG. 28 Shishewana: Shopping/Dining \$85

SEPT. 5 Shots & Spirits - Adult drinks \$65 pp

SEPT. 14 Battlefields of Michigan \$72

SEPT. 18 Art Prize w/docents \$75

SEPT. 20 Nonsense A-Men: Turkeyville \$99 pp

SEPT. 21 Secrets of the Bricks: Boston-Edison Home \$75

OCT. 2-4 Fall Color Train Trip, U.P. \$485 pp

OCT. 15-20 Branson Shows & History \$647 pp

OCT. 22 March of the Big Heads of the Thanksgiving Day Parade \$68

OCT. 23 Hallowed Grounds of Historic Cemeteries \$49

NOV. 8 Fall Harvest Mystery Fine Dining - \$65

NOV. 19 Holiday Mystery Party \$46

NOV. 28 Holiday Show Frankenmuth \$98

DEC. 1 Civil War Christmas w/fine dining \$78

DEC. 13 The Great Gatsby Dinner Party - \$95

Feb. 10-16, 2019 NEW ORLEANS AND BILOXI \$669 pp

Admission to Mardi Gras World, Riverboat Cruise on the Mississippi and more! Includes motorcoach transportation, 6 nights lodging, 10 meals.

AUG 16-18, 2019 WOODSTOCK: Age of Aquarius \$575

CALL FOR DETAILS! 248-619-6692
Ask For Our East & West Side Pick-Ups

steponbustours@gmail.com • www.steponbustours.com

Calendar

FROM PAGE 33

Bay Mills. Hessel, and Soaring Eagle. Breakfast included every morning at hotel. Up to a whopping \$105 total in casino incentive, AND free drinks while gambling at Bay Mills. \$189 p/p. Please call TTT at 313-292-6300

Oct. 2: Capital Tours is offering a day trip to Hollywood Casino in Toledo. Package includes 5 hours at casino plus \$5 in play and a buffet for \$9.99. Only \$39 Call

248-247-1121

Oct. 2: Capital Tours is offering a day trip to the Toledo Zoo for anyone over 60. Package includes transportation and free admission to the zoo. Only \$39.00 Call 248-247-1121 for more information.

Oct 6: Four Winds Overnighter as we stay 1 night stay in New Buffalo, MI at Fairfield Inn & Suites Hotel with Full Hot & Cold Continental Breakfast included. Stops at Four Winds Casino and Firekeepers Casino in Battle Creek in both directions and a whopping \$100 in incentive. WOW! Please book early, this is

an all-time customer favorite trip and rooms are limited! \$139 p/p. Please call 313-292-6300

Oct. 6: Fall Fling In Northville! Shopping, Cider Mill, Lunch & Show At Genitti's Hole-in-the-wall. A day in Northville is always fun. First on the agenda is a visit to the cider mill where we will enjoy some apple cider and a donut. Next, we're off to Genitti's Hole-in-the-Wall for their famous seven-course Italian lunch, served family-style. Lunch includes Italian Wedding Soup, Pasta, Antipasto Salad, Baked Chicken, Italian Steak with Oven-Roasted Potatoes, Italian Sausage, and a Cannoli for Dessert. Beverages

and Garlic Breadsticks also are included. After lunch we'll enjoy an interactive Murder Mystery in Genitti's theatre. Before heading home, there will be time to visit some of Downtown Northville's unique shops. Depart at 9:30 a.m. Approximate return: 4 p.m. Cost is \$73. For more information, call L'Anse Creuse Community Education 586-783-6330.

Oct 8: TTT is running a Gun Lake Casino Day trip. Receive \$10 in slot play & \$10 in food. This is not just a casino, but a favorite destination with the biggest selection of games and unbeatable service. Gun Lake Casino features a \$165 million dollar facility with 83,000 sq.ft. of slot machines and gaming tables. You'll see, nothing else is like Gun Lake Casino. \$39 p/p Please call TTT at 313-292-6300

Oct. 11: Capital Tours is offering a day trip to see "Music Man" in Stratford. Package includes lunch and category "A" seating to the show. Only \$140.00 Call 248-247-1121

Oct 14: Niagara Falls Overnighter staying at Fallsview Hilton! Time for gambling at Fallsview Casino, the newly renovated Casino Niagara in Canada, and Seneca Casino in Niagara Falls, NY. Receive \$45 in casino incentives. Passport, Passport Card, or Enhanced License is required. \$169 p/p Please call TTT at 313-292-6300

Oct. 15-20: Branson, MO. Join Travel with Nance for \$659. 3 nites in Branson & 2 enroute. 7 shows: musical 'Samson', Blackwoods Show, Showboat Branson Belle, Entertainment & dinner cruise, Million Dollar Quartet, Down Home Country Show, Dutton family, AYO-Voices of Glory. 5 breakfasts, 3 dinners. Call 313-535-2921.

Oct. 16: Capital Tours is offering a day trip to the Soaring Eagle Casino with a full cruise on the Michigan Princess. Package includes a full lunch, plus 4 hours at the casino. Receive \$10 in play, \$5 in food, plus an additional \$5 in play once 50 points are reached! Only \$85.00 Call 248-247-1121

Oct 19: A TTT Favorite. Blissfield Murder Mystery Train. Just in time for Halloween jump aboard the 3 hr., fine dining and entertainment experience that awaits you. Be taken to Blissfield where you board a train for a 16 mile trip thru the countryside with the fall colors. Enjoy a delicious 3-course meal while actors perform a comical and interactive PG-13 murder mystery! Just when you think the fun is done, there is a surprise stop on the way home. Hint: Don't buy all your Halloween Candy just yet. \$99 p/p. Call TTT at 313-292-6300

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Motorcoach Tours

New York City, Sept 20-25 - \$679. 3 nites NJ & 1 each way. Touring of city plus Harbor Cruise stopping at Ellis Island, Liberty Island. See 9/11 Memorial. 5 breakfasts & 3 dinners

Mt. Rushmore, Badlands & the Black Hills, Sept 8-16 - \$921. 8 nites hotel (4 in SD). Badlands, Mt. Rushmore, Custer State Park, Crazy Horse Monument, Deadwood, Corn Palace. 14 meals

Belle Isle & the D.I.A., Sept 30 - \$51. Visit Aquarium, Conservatory, Dossin Great Lakes Museum, narrated Belle Isle tour. Visit the Detroit Institute of Arts. \$10 Gift Card towards lunch at CafeDIA.

Cape Cod, Newport & Boston, Sept 30-Oct 6, 2018 - \$934. 4 nites on Cape & 2 nites enroute. Tour Biltmore & Rosecliffe in Newport, RI. Tour Plymouth with lobstering cruise. Tour Boston, Old North Church, Fanuil Hall & JFK Library. 6 brkfs & 3 dinners (1 is lobster or vegetarian or steak).

Branson, MO, Oct 15-20 - \$659. 3 nites hotel in Branson, 1 enroute each way. 7 shows: musical 'Samson', Blackwoods Show, Showboat Belle entertainment & dinner cruise, Million Dollar Quartet, Down Home Country Show, Dutton Family, AYO-Voices of Glory. Total 3 dinners & 5 breakfasts.

Soaring Eagle Casino, Mt. Pleasant for 'Ronnie Milsap', Nov 5 - \$49. Live performance with reserved seating. Casino incentives: \$20 play & \$5 food coupon.

Lancaster Show Trip-'Jesus' show: Nov 12-16, \$595. Plus 'Songs of the Silver Screen' show, 'Amish Experience' at FX theatre. Tour of Lancaster & Philadelphia. 4 breakfasts/4 dinners

Cornwell Dinner Theatre in Turkeyville and Marshall, Nov 28 - \$84. Matinee performance of 'Christmas Again' with turkey buffet lunch, time at gift Shop & Bakery. Narrated Tour of Marshal, see the Honolulu House, National Inn, Governor's Mansion & Capitol Hill School House (drive by's)

Detroit Churches, Dec 6 - \$55. Tour 4 downtown churches, including lunch at Historic Trinity Lutheran church. The Sweetest Heart of Mary Roman Catholic, Fort Street Presbyterian & St. John's Episcopal church. Christmas gift & 'goodie bag' to all.

Florida: Orlando & Cocoa Beach, Feb 23-March 3, 2019 - \$839. 4 nites Orlando area & 2 nites enroute each way. Adm. to Holy Land Experience, Exploration Tower, Gatorland, Bok Tower Gardens. Visit Cocoa Beach Pier, Florida's Natural Grove House, Davidson Citrus Candy Factory, Jimmy Carter Presidential Library/Museum, FLA Museum of Nat'l Hist. Ocmulgee Visitor Center. 8 brkf / 6 dinners.



Travel Treasures & Tours

18385 Dix Toledo Rd, Brownstown, MI 48193

(313) 292-6300

Visit us at: www.traveltreasuresandtours.com

IF YOU ARE TRAVELING WITH ANY OTHER COMPANY, THEN YOU ARE PAYING TOO MUCH!!

This is just a small sample of our trips!

CASINO DAY TRIPS

*All trips to Canada require Passport, Passport Card, or Enhanced Drivers License

Caesars Windsor! This trip is practically **FREE!** Receive \$15 in casino incentive.

Buy any other trip and receive a Windsor trip for just \$5!

Depart: 11/13/18 **OR** 11/27/18 - \$15 p/p **OR** \$5 when you purchase any other trip!

Firekeepers Day Trip! Receive \$20 in coin & \$5 in food.

Depart: Wed. August 15, 2018 ... \$30 p/p **OR** Tues, Sept. 11, 2018 ... \$30 p/p

Hollywood Casino in Toledo! Receive \$10 in slot. Depart: Mon, Aug 20 ... \$25 p/p

Jack Casino Day Trip in Cleveland! Receive \$25 in casino incentives

Depart: Sat, September 8, 2018 ... \$39 p/p

NEW! Gateway Casino in Sarnia! Newly Renovated. Receive \$25 in slot.

Depart: Tues, September 25, 2018 for \$35 p/p - Proper ID needed to cross border.

Four Winds Casino Day Trip! Michigan's largest casino set in the tranquility of mother

nature. This casino has it all with slot machines, table games, & more. Receive \$25

in casino incentives. Depart: Thurs, Sept. 27, 2018 for \$44 p/p

Gun Lake Casino! \$10 slot play & \$10 food. Depart: Mon, October 8, 2018 ... \$39 p/p

Saganing Eagles Landing Casino! Up to \$25 in incentives.

Depart: Wed, October 17, 2018 ... \$39 p/p

Soaring Eagle Day Trip w/ "Ronnie Milsap" This is the last Soaring Eagle Bus Show.

\$25 in Casino Incentive & a ticket to the show. Depart: Mon. Nov. 5, 2018 ... \$39 p/p

Casino Overnights and Sightseeing Tours

Belterra Casino Overnight Trip! Now with a new Itinerary to get more back than ever AND includes stop for Horseracing! Spend 1 night at Belterra's beautiful casino hotel with visits to Rising Star Casino and Belterra Park Racetrack. Receive a breakfast buffet, lunch buffet, dinner buffet, \$55 in free play & luggage handling.

Depart: Thurs, Aug. 23, 2018 for \$129 p/p d.o.

61st Annual Mackinaw Bridgewalk! Now staying at Kewadin Casino Hotel in Sault Ste. Marie! Includes Transportation, Soo Locks Lunch Cruise on St. Mary's River, and an opportunity to walk the bridge. You will receive a total of \$50 in casino incentives along with 2 Breakfast Buffets, gambling stop at Kewadin in St. Ignace and plenty of time to participate in the fun of the 61st Annual Bridgewalk! Be sure not to miss out on this once a year opportunity for less than anywhere else! Depart: Sat, Sept. 1, 2018 Returning: Mon, September 3, 2018 for \$299 p/p d.o. - Labor Day!

Detroit Tigers Game! Come join us for Senior day when your Tigers play the Houston Astros. Enjoy lower level seating, now safer than ever with the expanded safety net. Price includes transportation, ticket to game, hot dog, and a soda. Tickets are limited so please book early. Only 1 date available - Depart: Wed, Sept. 12, 2018 for \$49 p/p

ATTENTION ALL GROUP LEADERS!

See why so many others have made the switch.

See the TTT difference! Call us to see how we can help you!

Little River Overnight! 1 night staying right at the beautiful Little River Casino Hotel with gambling stops at Soaring Eagle Casino in each direction. Receive up to \$80 in total casino incentive. Depart: Mon. September 17, 2018 \$144 p/p d.o.

Fall Colors MI Princess! 2 hours aboard the old-fashioned Michigan Princess Riverboat on the Grand River in Lansing. Enjoy a delectable all you can eat, hot luncheon buffet. Including gambling stop at Soaring Eagle Casino where you will receive up to \$20 in slot play & \$5 in food. Depart: Thurs, September 20, 2018 \$84 p/p

Northern "4 Casino" Adventure! Visit the top casinos in Northern Michigan including Soaring Eagle, Kewadin (St. Ignace), Odawa, & Turtle Creek. Hotel stay at the beautiful all suites Mackinaw Beach & Bay Resort in Mackinaw City overlooking Lake Huron, with expanded continental breakfast! You will get a large casino package of up to \$112. Depart: Sun, September 23, 2018 \$129 p/p d.o.

Kewadin Casino 3 Day! This trip is back by popular demand. Stay Two nights hotel right at Kewadin Casino hotel in Sault Ste Marie, with gaming stops at St. Ignace, Bay Mills, Hessel, and Soaring Eagle. Breakfast included every morning at hotel. Up to a whopping \$105 total in casino incentive, AND free drinks while gambling at Bay Mills. Depart: Tues, Oct 2 - Return: Thurs, Oct 3, 2018 for \$189 p/p d.o.

Four Winds // Firekeepers Combo! 1 night stay in New Buffalo, MI at area hotel with hot breakfast included. Stops at Four Winds & Firekeepers Casino's in both directions and a whopping \$100 in incentive. Depart: Sat, October 6, 2018 \$139 p/p d.o.

Niagara Falls Overnight(s)! Spend 1 night in Fallsview Hilton right next to Fallsview Casino! Time for gambling at Fallsview Casino, the newly renovated Casino Niagara in Canada, and Seneca Casino in Niagara Falls, NY. Receive \$45 in casino incentives. Passport, Passport Card, or Enhanced License is required.

Sun, October 14, 2018 for \$169 p/p d.o. Staying at Hilton Fallsview!

St. Pete Beach - 18 Day Winter Getaway! Get out of the Michigan cold and join us in Sunny Florida. Hotel stay located right on the beautiful sandy beaches of St. Pete Beach, the Dolphin Beach Resort is the perfect destination for your winter getaway. If you somehow tire of the beach, you're just a short distance from dining in fabulous restaurants and browsing unique shops. Voted Trip Advisor's No.#3 Beach in the U.S. in 2017, based on millions of reviews from travelers around the world: when you visit this magical expanse of sand, you'll understand why. Included are 2 hotel stays enroute in each direction, 4 breakfasts, and a load of free excursions, including but not limited to Red Barn Flea Market, John's Pass, Georgia Aquarium, Tour of Savannah, Tarpon Springs Sponge Docks, transportation for shopping, Hard Rock Casino visit, Derby Lane Greyhound Race-track, and much more. Please call for more details.

Depart: Sun, January 27, 2019 - Return: Thurs, February 14, 2019 for

Prices as low as \$2,099 p/p d.o. for an 18 Day Trip!

CALL US TODAY FOR A COMPLETE LIST OF TRIPS!

Please call for a complete listing of our trips and departure locations! 313-292-6300

BIG DADDY TOURS

Experience The Best...

Amish Country of Northern Indiana
Weds-Fri, September 5-7, 2018

Explore the Beauty of Both
Amish Country & Northern Indiana!

- 1 Night at the Lovely Essenhaus Inn, Middlebury, IN. Enjoy a day visit to Shipshawana Flea Market!!
- Fabulous Dinner Experience Prepared for Our Group at the Miller's Amish Home
- Continental Breakfast & Family Style Luncheon at the Famous Essenhaus & Time to Enjoy Shops Right on Property
- Countryside Tour with Step-On Guide, Fun Stops & Amish Teachings
- 1 Night at Firekeepers Casino Hotel
- \$40 Freeplay & \$10 Food from Casino
- Roundtrip Deluxe Transportation & Luggage Handling Included

\$489 Single pp \$369 Double pp

2019 Fall Special Cape Cod Pocono Mountains, Foxwoods Ct, & Finger Lakes New York
October 6-12, 2019

6 Nights of deluxe accommodations, round trip bus, 4 days of fully escorted private touring of Cape Cod visiting Plymouth, the upper cape, Martha's Vineyard, Boston & Cambridge with Concord & Lexington, an overnight in The Pocono Mountain, 1 night at Foxwoods Casino in Ct, 1 night in the gorgeous Finger Lakes region of New York, and lots more!

Full detailed brochure available soon!
Mark the dates & don't miss out!
\$1,599 per person

Niagara Falls Escape
Mon-Weds,
Oct 29-31, 2018

- Your Trip Includes:**
- 2 Nights at Upscale 4-Star Hilton Fallsview Hotel
 - 2 Breakfasts at the Hilton
 - Roundtrip Luxury Bus Transportation Fully Escorted
 - Niagara's Best Location & Next Door to Fallsview Casino
 - \$25 Pre-Load at Seneca Niagara Casino & Resort
 - Imax 3D Movie /Imax Theatre
 - Shopping & Free Time in Niagara Falls
 - Special Visit to Niagara on the Lake on the Way Home.

\$479 Single pp \$349 Double pp

Mackinac Island Excursion!

WAIT LIST ONLY!

Grand Experience Celebration
Monday-Thursday October 8-11

- Your Trip Includes:**
- 3 Nights at Mackinac Island Historic Grand Hotel
 - Dancing to Grand Hotel Orchestra, Feature Movies & Nightly Demitasse
 - Full Breakfasts each Morning, 5-Course Dinners Every Night
 - Grand Hotel History Lecture & Special Farewell Dinner
 - Champagne Reception before Banquet
 - Breakfast at Krzysiak's Restaurant on Ride Up
 - Tea & Cookies all 3 Afternoons
 - Round-Trip Boat Ferry & Horse-Drawn Taxi Rides
 - Special Guided Carriage Tour of the Island
 - Free Golf at The Jewell Golf Course (\$15 cart fee required)
 - Luxury Bus Travel & Entertainment



Planned
Tournaments/Games/Activities
Daily with Prizes Awarded
\$1,132 Single \$855 Double

LABOR DAY MACKINAC BRIDGE WALK

- Sun-Mon, September 2-3, 2018**
- Join the thousands of people who gather to walk across the 5 mile long Mackinac Bridge.
- Your Trip Includes:**
- 1 Night at Kewadin Casino
 - Breakfast Buffet at Krzysiak's Restaurant, Bay City
 - Visit to St. Ignace \$10 FREE PLAY/FREE DRINKS
 - Dinner at Kewadin Casino, Sault St Marie Hotel
 - 2 Full Breakfast Buffets
 - \$30 Pre-Load Total & \$10 Food pp
 - Lunch on Return Included
 - Luxury Bus Transportation
- \$289 Single pp \$239, Double pp**

SUMMER SPECTACULAR FINGER LAKES & SENECA NY

- JULY 9-11, 2019**
- 2 Nights 3 days of Fabulous Beauty in New York's most peaceful region!
 - Deluxe Accommodations at Del Lago Resort & Casino in Waterloo, NY
 - Includes Lunch & Cruise of Seneca Lake. Stop at the Finger Lakes famous winery, 2 dinners, 2 breakfasts, round trip baggage handling, transportation plus receive \$60 in free play per person.
- \$589 pp/double occupancy**

SPIRIT OF CHICAGO

Tuesday - Thurs
Sept. 18-20th 2018
Hosted By Big Daddy Tours

- Your Trip Includes:**
- Two nights at the Doubletree Guest Suites in Alsip/Chicago Illinois
 - Nighttime Dinner & Show at Tommy Gunn's Theatre downtown Chicago
 - Shopping at Chicago's famous Miracle Mile & Navy Pier
 - Full Breakfast each day at The Doubletree Hotel Conference Center
 - Elegant Luncheon Cruise aboard The Odyssey at Navy Pier
 - Enjoy a buffet lunch at Blue Chip Casino on way over & some gaming fun
 - Roundtrip luxury bus transportation & escort for your trip
 - Stop at Firekeepers on way home & receive \$20 free slot & \$5 food

\$619 Single pp \$459 Double pp



Presents Ronnie Milsap!!!!
Monday, November 5, 2018

Enjoy the Country Legend with 40 Number 1 hits & more than 35 million albums sold.

- Your Trip Includes:**
- Buffet Breakfast & Drinks at Krzysiak's in Bay City
 - Admission to the Ronnie Milsap Concert
 - Gambling at the Fabulous Soaring Eagle Casino
 - \$10 Pre-Load \$5 Food from Casino
 - Luxury Bus Transportation
- \$53 pp**

MACKINAC ISLAND LILAC FESTIVAL

Mon-Wed, June 10-12, 2019



- Your Trip Includes:**
- 1 Night Stay at Lilac Tree Hotel OR The Chippewa Waterfront Suites (Your Choice)
 - 1 Gala Buffet Luncheon at Grand Hotel / 2 Full Breakfasts
 - 1 Night at The Turtle Creek Casino & Resort Traverse City & \$30 Slot Play PP.
 - Carriage Tour on the Island
 - Round Trip Ferry
 - Free Time in Mackinac City for Shopping
 - Luxury Bus Travel w/Video Entertainment
 - Baggage Handling at the Ferry & Hotel

\$589 Single pp \$469 Double pp

FIREKEEPERS CASINO - BATTLE CREEK



Aug 14, 2018 • Sept 26, 2018
Nov 14, 2018

Your Trip Includes:

- Your Trip Includes:
- \$20 Free Play from Casino
- \$5 towards Dining, Slot Play or Gift Shop from Casino
- Luxury Bus Travel

Hurry & book your trip. The \$25 from Casino offsets the \$30 cost for the trip!
\$35 pp



Mon - Tues, October 22-23, 2018
\$65 in Casino Credit!

Your Trip Includes:

- Receive \$25 Four Winds
- Receive \$40 Firekeepers
- Overnight Stay at the Fabulous Four Winds Casino/Resort in New Buffalo, Michigan.
- \$20 Food Credit
- Stops at Firekeepers Both Ways
- Luxury Bus Transportation with Video Entertainment

\$254 Single pp \$179 Double pp

ODAWA Casino Resort



Annual Fall Color Tour to Petoskey!
Sun-Tues, Oct 14-16, 2018

- Trip Includes Luxury Bus Travel with:**
- Full Breakfast at Krzysiak's in Bay City & Not Continentals at Hotel
 - \$10 Pre-Load & \$10 Additional Earned Soaring Eagle Plus \$5 Food
 - \$45 Slot Pre-Load At Odawa Casino Petoskey (pkgs subject to change)
 - 2 Overnight Stay at Beautiful Holiday Inn Express Petoskey, MI
 - Shopping & Touring Time Downtown Petoskey & Frankenmuth, MI!!
 - Special Visit to the Kilwin's Chocolate Factory!!

\$369 Single pp \$249 Double pp

PINK SHELL BEACH RESORT & SPA

13th Anniversary Fun in the Sun Special!
January 29 - February 12, 2019

Pink Shell sets the four star standard of EXCELLENCE on Florida's glorious Gulf Coast. Located on Estero Island on Fort Myers Beach!



YOUR TRIP INCLUDES:

- 14 Nights Luxurious Beach-View Accommodations
- Round Trip Air Travel between Detroit & Florida
- Transportation to & from Airports
- Welcome Dinner & Farewell Dinner / 3 Breakfasts pp

AMENITIES & RECREATION INCLUDE:

- Full Kitchen/Washer Dryer/Enclosed Lanai/Soaking Bathtub/Walk-In Showers & Separate Living & Dining Areas.
- Free Internet Access & Cable TV/HBO/Phone
- Heated Tropical Lagoon Pools with Waterfall
- Fitness Center & Safety Boxes in Rooms

2 Bdrm Villa Sleeps up to 8

\$4,199 Single \$2,599 Double

HISTORICAL CHURCHES OF DETROIT

Tuesday, December 4, 2018

Your Day Includes:

- Tour St. Charles Borromeo Capuchin led Roman Catholic Church
- Enjoy a fabulous lunch in between church visits
- Visit Detroit's registered historical 1840's Mariner Church of Detroit
- Visit Historic Trinity Lutheran Church, a national historic sight with majestic structure build in 1931
- Tour of Saint John St. Luke United Church of Christ
- Luxury Bus Travel & a wealth of knowledge offered from our step on tour guide.

\$62 pp

THE ARK ENCOUNTER

Williamstown, Kentucky
Tues-Thurs, May 14-16, 2019

Features a Full-Size Noah's Ark built according to the dimensions given in the Bible. Spanning 510 ft long, 85 ft wide & 51 ft high, this modern engineering marvel amazes young & old.

Trip Includes:

- 2 Nights Stay at the Belterra Casino Resort Florence Indiana
- FREE \$10 from the Casino in Slot Play
- 2 Full Breakfast & 2 Dinners at Belterra
- Admissions & Visits to The Ark Encounter & Creation Museum
- Luxury Bus Transportation & Fully Escorted

\$459 Single \$359 Double

NUNSENSE BOULEVARD



At Cornwell's Professional Dinner Theater
Thurs, September 13, 2018

All characters portrayed by male musical comedy performers. This show is, to quote a critic, "no drag". You will laugh from the very beginning to the end!

- Your Trip Includes:**
- Luxury Motorcoach Travel with Video Entertainment
 - Buffet Dinner of Roast Turkey, Dressing, Potatoes, Gravy, Rolls, Vegetables, Soup, Salad & More!
 - 3 Choices of Desserts
 - Broadway-Style Performance
- \$89 pp**

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BIG DADDY TOURS

"Your Personal Touch People"

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It is with great sadness that we announce the loss of our escort Raylene to an unexpected death. Raylene had been a big part of escorting the busses that left from the Wal Mart pick up. She will be deeply missed by us and I am sure all of the Big Daddy Tours family of travelers. May she rest in peace. We love you Raylene! Big Daddy & Mary Ann

586-781-6330

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