

The Courier

August
29
2018

Volume 18 Number 52

Not too late to register at Wor-Wic

The student services office at Wor-Wic Community College is still accepting students for credit classes being offered this fall.

In addition to the regular 14-week fall term that begins September 5, Wor-Wic offers one 10-week session that also begins September 5, as well as a three-week session that begins September 6 and one seven-week session that begins September 7. A second 10-week session begins September 26 and a second seven-week session begins October 26.

Students interested in taking classes offered during the first 10-week and the 14-week sessions can register through September 4. Registration for the three-week session ends September 5, while registration for the first seven-week session ends September 6. Registration for the second 10-week session ends September 25 and registration for the second seven-week session continues through October 25.

Admission, registration and financial aid services are available Monday through Thursday from 8 a.m. to 6 p.m. and Friday from 8 a.m. to 4:30 p.m.

For more information or a credit class schedule, visit the college website at www.worwic.edu or call the college at 410-334-2895.

Fall season soccer programs kick off

The Ocean Pines Recreation and Parks Department has one striking goal this fall: to become Worcester County's "central defender" of youth soccer programs.

Six-week soccer programs, for boys and girls ages two to six, will be held at Somerset Park, located on Sloop Lane in Ocean Pines, starting in September.

"Youth soccer programs encourage friendships, motivate children to get physically active and teach lessons in teamwork," said Denise Sawyer, marketing and public relations director of the Ocean Pines Association. "It's an opportunity for the participants to have fun while playing

*please see **soccer** on page 15*



Pup of the Pines photo contest returns

Ocean Pines residents are encouraged to get their canine companions camera-ready for the fourth annual "Pup of the Pines" photo contest sponsored by the Ocean Pines Recreation and Parks Department. The contest runs through October 19.

Dogs will compete for the title "2019 Pup of the Pines" and a free 2019 Ocean Pines Dog Park registration. The winner will also be the official face of the dog park and will be featured in various Ocean Pines publications.

Eight finalists, selected from all contestants, will be on display at the Ocean Pines Halloween celebration on Saturday, October 27 from 1 p.m. to 4 p.m. in White Horse Park. Attendees at the event will be able to vote for their favorite. The winner will be announced at the Hometown Christmas Tree Lighting on Saturday, November 24.

The entry fee is \$5 per dog. Money raised from the contest will be used for upgrades and improvements to the dog park.

Official entry forms are available at the Ocean Pines Community Center, the Ocean Pines Administration Building and online at OceanPines.org.

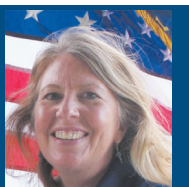
For more information, contact the Ocean Pines Recreation and Parks Department at 410-641-7052.

Above is **Bruce**, winner of the 2018 Pup of the Pines contest.

Raised on the Eastern Shore, she shares our "Shore" values

By Authority: Friends of Mary Beth Carozza,
Pat Schrawder, Treasurer

Mary Beth
CAROZZA FOR STATE SENATE



Community Calendar

AUGUST

Bob Dylan program scheduled

Think you know a lot about Bob Dylan? Or want to learn more? A discussion of the legendary singer-songwriter's career will be held on Monday, September 10, at the Ocean Pines library. The event starts at 2 p.m. in the library's large meeting room.

Dylan is world-famous for such 1960s anthems as "Blowin' in the Wind," "The Times They Are A'Changin'," and "Mr. Tambourine Man," but those classics represent only a small portion of his 60-year career. Like a rolling stone, Dylan has kept on going, exploring the many facets and styles of the musical universe.

"Bob Dylan: Beyond The '60s" picks up the troubadour's story following his 1966 motorcycle accident and subsequent hiatus. Frank DeLucco and Harry Burkett of the Ocean Pines Library will lead the discussion, touching on Dylan's country comeback, his groundbreaking Rolling Thunder Revue, his conversion to Christianity, his stint with The Traveling Wilburys, his multi-decade Never-Ending Tour, and his unlikely foray into the Great American Songbook. Dylan does Sinatra!

"We had a very successful program back in April, discussing Dylan's work of the 1960s, and it seemed logical to do a follow-up covering the rest of his career," said Burkett. "Of course, Dylan is still touring and going strong today."

And why was Dylan selected as a discussion topic? "Dylan winning the Nobel Prize for Literature in 2016 really brought him to the fore as an American poet," said DeLucco. "He has also been described as the last great American legend. Especially at this point in his career, it's appropriate to explore his relevance and the timelessness of his music."

For more information, call the Ocean Pines library at 410-208-4014.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Flea market scheduled

An outdoor flea market will be held Saturday, September 1, between 8 a.m. and 1 p.m. There will be more than 35 vendors. Breakfast, lunch and baked items will be offered. Bethany United Methodist Church is located at 8648 Stephen Decatur Hwy, Berlin (Rte. 611 and Snug Harbor Rd.) For information and table rental, contact Bethany Church at 410-641-2186.

Monday

Ocean Pines Poker Club
Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928.

Sweet Adelines
The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

Monday/Tuesday

Sanctioned Duplicate Bridge
Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795.

Tuesday

Families Anonymous
From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Tuesday/Thursday

Poker Players wanted for Gentlemen's Poker in North Gate area Ocean Pines. Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

Wednesday

Kiwanis Club Meeting
Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m.

Elks Bingo
Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Rotary Club
Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing
The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin
Wednesday Night Bayside Beginnings AL-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Thursday

Story Time
Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles
Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577 or Kate at 410-524-0649 for more activities. BeachSingles.org.

Legion Bingo
American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous
Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Friday

Knights of Columbus Bingo
Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

First Saturday

Creative Writing Forum
Every first Saturday of the month at 10 a.m. at the Berlin Library. Novice and established writers gather to share their fiction, non-fiction, and creative writing projects. Program includes critiques and appreciation, market leads, and writing exercises.

Safe boating course offered

This is the last chance this year to attend the Safe Boating Course given by the United States Coast Guard Auxiliary (USCGAUX).

More boats and faster boats are on the water, and with that we see more boating accidents. Boat safety is everyone's responsibility, and it is the mission of the USCGAUX to promote safe boating knowledge and skills while having fun on the water. This course is designed for those new



to boating and experienced boaters. Everyone taking this course will become a better and safer boater. In 88% of recreational boating fatalities, the operator did not have a nationally approved boater education certificate.

The Maryland Safe Boating Class and certificate are required for all boat operators born after 1 July 1972 and for all boater's operating in the state of Virginia.

This is a great chance to brush up on your general boating knowledge and get practical

boating insight and advice from certified Coast Guard Auxiliary Instructors. Besides the Maryland boating regulations, learn about safely navigating and piloting our local Ocean City waters, basic nautical knots, trailering a boat, safety equipment and maintenance.

This boat safety class will be taught at the Ocean Pines library. The course will run for three consecutive evenings September 11, 12, and 13 from 6 p.m. to 9 p.m.

Cost for the class is \$15 and includes all course materials. To register, or if you have questions, please contact: Barry Cohen at 410-935-4807 or by E mail at CGAUXOC@Gmail.com.

Stop smoking funding available

The Worcester County Health Department (WCHD) requests smoking cessation, education and enforcement proposals from county entities for grant funding through Cigarette Restitution Funds by way of the Maryland Department of Health. Community-based organizations, churches, private entities, non-profits, and workplaces are encouraged to apply.

"The goal is to partner with our community in health promotion and prevention efforts with the goal of re-

please see **smoking** on page 15

OPA survey seeks member input

The Ocean Pines Association is inviting all property owners to take part in its membership survey that is underway to identify community priorities and evaluate the quality of municipal services.

"Issues that impact the entire community require solutions that are not created in a vacuum," said John Bailey, general manager of the Ocean Pines Association. "One of the objectives of the survey is to explore ideas that can be used to develop strategies that will ensure value in our homes and strengthen our community for the long term."

Survey respondents will be asked to evaluate satisfaction levels for public safety such as the police and fire departments, street signs and lighting, speed limits, emergency response time and the conditions of the roads.

In addition, questions about the responsiveness of the Board of Directors, the physical appearance of the community and its amenities, and the level of importance for development projects throughout Ocean Pines are included.

"The results of the survey will help in guiding the Association as it explores options to ensure that Ocean Pines remains one of the premier communities on the Eastern Shore," said Bailey.

Surveys have been mailed to each Ocean Pines property owner by Del-

marva Printing and Design, a Salisbury-based printing and mailing company.

Property owners can drop off their completed survey in person at the Ocean Pines Police Department in the in the drop box marked "2018 Membership Survey" or mail it to 239 Ocean Parkway, Ocean Pines, MD 21811.

The Association assures property owners that the name and address provided on each completed survey will only be used to verify Ocean Pines property owner status and to prevent duplicate survey submissions.

The survey may also be completed online and is available at www.snapsurveys.com/wh/s.asp?k=153391503360. In addition, copies of the survey are available at the front desk of the Administrative Building.

If respondents have completed both an online survey and a paper survey, the paper survey will serve as the default survey when compiling responses.

"On behalf of the Board of Directors, the Strategic Planning Committee, the staff, and indeed all your fellow members, we thank you for assisting in this most valuable process," said Bailey.

The deadline for responses is Friday, September 7.

Pines flea market to return

Ocean Pines will once again become a haven for bargain hunters as the community's semi-annual Indoor/Outdoor Flea Market returns on Saturday, September 22 from 8 a.m. to noon at the Ocean Pines Community Center.

Admission is free for shoppers, who will find vendors selling used clothing, children's items, household items, collectibles and more.

Those interested in participating in the flea market as vendors may reserve indoor or outdoor spaces. An indoor space is \$15 for Ocean Pines residents and \$20 for non-residents and includes an 8-ft. table and a chair.

Outdoor spaces, located in the parking lot in front of the Ocean Pines Administration Building, are \$10 for all vendors. Outdoor vendors will need to provide their own tables and chairs.

Free event parking is available at the Ocean Pines Community Center, located at 235 Ocean Parkway.

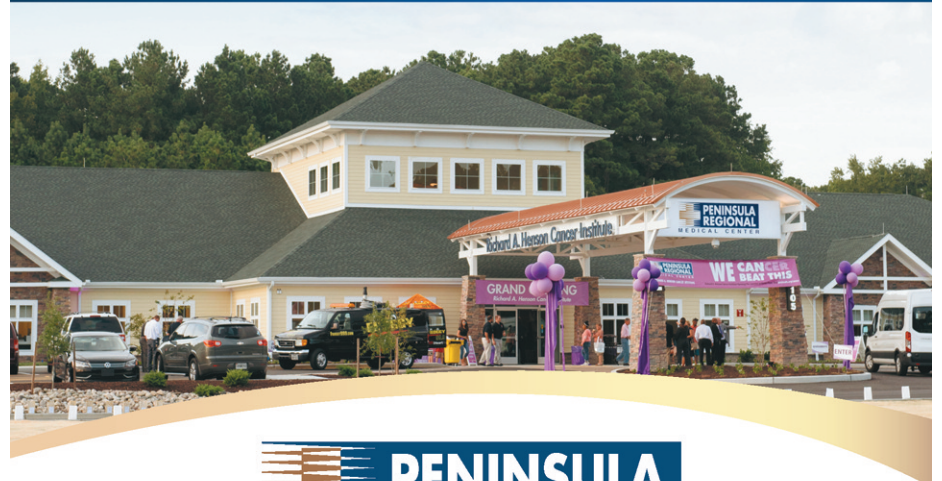
Shoppers may also stop by the Ocean Pines Farmers & Artisans Market for fresh produce, baked goods, artisan-crafted items and more. The market is held Saturdays from 8 a.m. to 1 p.m. year-round and Wednesdays from 3 p.m. to 7 p.m. April through September in White Horse Park, located next to the community center.

For more information about this event or to inquire about participating as a vendor, contact the Ocean Pines Recreation and Parks Department at 410-641-7052.

YOUR CANCER EXPERTS

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peninsula.org/cancer

The Courier

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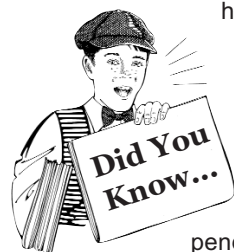
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2012 Business of the Year

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According to a study from the U.S. Bureau of Labor Statistics (BLS), housing is the greatest expense in dollar amount and as a share of total expenditures for households in which a person 55 and older is considered the primary owner or renter of the home. Total annual household expenditures, which were culled from the BLS' 2014 Consumer Expenditure Survey, totaled just over \$49,000.



These expenditures included food, housing, clothing, transportation, health care, and entertainment, among other expenses. The BLS study found that housing accounted for nearly one-third of annual household expenditures in households headed by people age 55 and older. In households headed by people between the ages of 65 and 74, housing expenses accounted for a slightly smaller percentage of overall annual expenditures, while housing accounted for 36.5 percent of overall expenditures in households headed by men and women age 75 and older. Such figures illustrate the need for men and women to account for housing expenses in their retirement planning.

Draper Media to acquire WRDE

Draper Media and SagamoreHill of Salisbury Licenses, LLC announced last week that they have entered into a purchase agreement for WRDE-LD, an NBC affiliate serving the Delmarva Peninsula as Coast TV.

"We're looking forward to bringing more local news, weather and community information to viewers here on Delmarva," says Molly Draper Russell, CEO of Draper Holdings Business Trust, parent company of Draper Media. "Coast TV's NBC lineup reinforces our commitment to serving the Delmarva Peninsula with the absolute best information, entertainment and sports programming available. Our family's history of service through free over-the-air broadcasting goes back more than half a century. Along with my sister and brothers we are proud to carry on the legacy of our late father, and company founder, Thomas H. Draper, who was fond of saying we have a moral obligation to serve Delmarva."

"WBOC is unquestionably one of the great stations in America," says Louis Wall, President of SagamoreHill Broadcasting Corporation. "Tom Draper built what all true broadcasters strive for, a well-resourced television station that could stand up against the competition in a market of any size. The union of Coast TV with WBOC will serve the viewers of the Delmarva Peninsula better than ever. We are delighted with this agreement and the prospects it holds for the station's future."

"I began my Delmarva broadcasting career at WBOC so, I am very pleased, and it seems fitting, that WRDE and I rejoin the WBOC family, says Bob Backman, president of WRDE-TV.

Draper Media, based in Salisbury, Maryland consists of WBOC-TV, FOX21, Telemundo Delmarva, Antenna TV, WBOC Digital, WBOC-FM, WAAI-FM, WTDK-FM, WCEM-FM and WCEM-AM with satellite offices in Cambridge, Maryland, Dover and Milton, Delaware. The transfer of ownership is expected to close in the fourth quarter of 2018 subject to approval by the Federal Communications Commission.



Home Instead Senior Care informs Kiwanis

Many senior citizens are faced with the possible need to leave their homes to receive the care they need. Home Instead Senior Care provides assistance to help seniors stay in their homes. (L-R) Recruitment and Retention Coordinator **Kathie Quinn**, Kiwanis President **Ralph Chinn** and Home Care Consultant **Leslie Zimmerman**.

Medicare open enrollment events scheduled

The Medicare open enrollment period is fast approaching. MAC, Inc., the Area Agency on Aging, is here to help you navigate the Medicare maze and pick out the prescription plan which best suits your needs.

MAC is offering a series of free Medicare open enrollment events throughout the Lower Shore, featuring one-on-one counseling with members of MAC's State Health Insurance Program (SHIP). Open enrollment events begin Oct. 16.

Participants should bring their Medicare card and all medications in their original containers; do not bring lists of medications.

Enrollment events will be available at MAC in Salisbury, from 9 a.m. to noon and from 1 p.m. to 3 p.m. on Fridays: October 19 and 26; November 9, 16 and 30; and December 7.

In addition, open enrollment will be held at MAC from 9 a.m. to noon on Friday, November 2, and from 1 p.m. to 3 p.m. on Tuesday, November 20.

Other October open enrollment events, all from 1 p.m. to 3 p.m., include:

- Worcester County Library, Snow Hill branch, Tuesday, October 16.
- Dorchester County Public Library, Cambridge branch, Thursday, October 18;
- Somerset County Library, Princess Anne branch, Monday, October 22;

-Dorchester County public Library, Hurlock branch, Tuesday, October 23;

-Worcester County Library, Berlin Branch, Wednesday, October 24;

-Worcester County Library, Ocean Pines Branch, Monday, October 29; and

-Delmar VFW, Tuesday, October 30.

Open enrollment events in November, all from 1 p.m. to 3 p.m., include:

-Wicomico Public Library, Pittsville branch, Monday, November 5;

-Dorchester County Public Library, Cambridge, Tuesday, November 13;

-Somerset County Library, Princess Anne branch, Thursday, November 15;

-Corbin Memorial Library, Crisfield, Monday, November 19;

-Worcester County Library, Pocomoke City branch, Monday, November 26;

-Worcester County Library, Berlin branch, Tuesday, November 27.

In addition, during December, an open enrollment event will be held from 1 to 3 p.m. on Tuesday, December 4, at the Snow Hill branch of the Worcester County Library.

Registration will begin 30 minutes before the start of each enrollment event, and participants will be seen in the order of their arrival.

This is a free service. For more information, call 410-742-0505.

MAC is a member agency of the United Way of the Lower Eastern Shore.

Summers of yesteryear

Well, another summer season is about to wrap up. Monday's Labor Day. Kids return to school. It's likely fewer family and friends will visit. Where'd the time go?

As many of you know I grew up in Philadelphia and attended Catholic

nypack Park, House of Good Shepherd, the big mansion on the corner of Verree Road and Rhawn Street. Finally, we'd get to the Tacony Palmyra Bridge. At the time the toll was only a nickel. The sound of the coin hitting the basket, the sight of the light changing from red to green and the sensation of traversing the bridge heightened the anticipation of arriving at the little house by the bay.

My father was a very slow driver, driving as if he were the last car in a

funeral procession. I'm not sure we ever reached the speed limit as we travelled south on Route 73. One of the landmarks we always identified from the backseat was the big Roger Wilco liquor store on the right. I wonder if that's still there. Along the way there was a sign in front of a restaurant that always made us laugh, "Eat here and get gas." There were fuel pumps out front but to us kids, this was the epitome of humor.

When we got to the end of Route 73, we continued on back roads through the Jersey Pine Barrens until we

reached Route 47, a two-lane road on which traffic moved slow. We didn't really notice because my father cruised at the breakneck speed of 40 mph.

After what seemed like an eternity, we turned right onto Bayshore Road. We were in the homestretch now. Once the road curved left and we passed through Del Haven, Villas was just ahead. My heart skipped a beat when the marshlands came into view because in the distance could be seen the chimney of my grandparents' house. A right onto Miami Avenue and then a right on Delaware Avenue and we were there! My brother and I bounded out of the car and ran up the driveway to our grandparents. It was the official start to summer!

And boy, what summer fun we would have. Boating. Fishing. Swimming. Cape May beach (before beach

tags were required). The Wildwood Boardwalk. Hunt's Pier. Mack's Pizza. Fiddling around with old outboard engines that never returned to life. What a paradise!

Why my mother packed so many clothes for us is a mystery because all we wore were bathing suits and baseball caps from dawn to dusk. My grandmother decreed that we had to wear T shirts at the dinner table. My grandfather did not allow us to wear our caps in the house. By mid-July my brother and I were tanned to a deep chocolate.

Like an early morning fog, about

the second week of August reality settled in that we'd soon be returning to Philly. And then the Sunday arrived when we'd climb reluctantly into the backseat of the family Oldsmobile for the long, slow journey to Philadelphia.

When our school friends talked about how they spent their summers, my brother and I knew their experiences paled in comparison to the adventures we enjoyed.

My mother gave my brother and me a great gift by insisting that we spend our summers at the shore with our grandparents. It has been gift



It's All About. . .

By **Chip Bertino**

chipbertino@delmarvacourier.com

grade school, St. Albert the Great to be exact. The end of the school year was usually the Friday of the second week of June. While most of my friends expected to spend their summers at camp or hanging around the neighborhood, my brother and I



spent summers at the greatest place of all, the New Jersey seashore with my grandparents who had a house on the beach.

That last day of school was a half day. My brother and I would excitedly rush home to find my mother already packing our suitcases. While she packed clothes, underwear and socks, my brother and I collected the "important items" to take with us: the transistor radios we got for Christmas, our toy boats, our Walkie Talkies, a camera and baseball cards among other things.

The following morning started as early as our parents would get up. Our suitcases and other things would be loaded into the trunk of the family Oldsmobile and my brother and I would jump into the backseat, excited about the summer yet to unfold. We would look out the window as familiar landmarks passed: Pen-

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Funds allocated for Rural Legacy Program

The Board of Public Works approved 16 Rural Legacy Program grants, totaling over \$25 million, that will provide dedicated state funding to permanently protect working farms and forests in designated areas across the state.

The board also approved the expansion of five rural legacy areas, including the Coastal Bays Rural Legacy Area in Worcester County (16,600 acres), Dividing Creek Rural Legacy Area in Somerset and Worcester counties (27,877 acres), Fair Hill Rural Legacy Area in Cecil County (4,700 acres), Manor Rural Legacy Area in Baltimore and Harford counties (7 acres), and Nanticoke Rural Legacy Area in Dorchester County (1,846 acres).

Working through local government and private land trust sponsors, the Maryland Department of Natural Resources acquires conservation easements from willing landowners to preserve large, contiguous tracts of open space that contain valuable agricultural, cultural, forestry or natural resources.

“Since taking office, we have invested over \$600 million in Program Open Space and other land conservation and preservation efforts, and this year we are proud to be fully funded all of these programs as part of our historic \$4 billion investment in Chesapeake Bay restoration efforts,” said Governor Larry Hogan. “Our Rural Legacy Program is a critical piece in our work to protect and preserve our land for the greatest benefit for our state and the people who live and work here, including establishing the Harriet Tubman Rural Legacy Area in Dorchester County, which will protect this culturally significant site for years to come.”

“The program works to conserve and maintain the rural character and countryside of our state now and for future generations,” Maryland Natural Resources Secretary Mark Belton said. “The influx of funding from the Hogan administration, the fifth most in the program’s 20-year history, will protect our state’s precious resources in perpetuity while providing for local resource-based industries, be it farming or forestry. By establishing new areas and expanding others we are benefiting our rural economy as well as our

environment.”

The Rural Legacy Program grants were reviewed by the Rural Legacy Advisory Committee and approved by the Rural Legacy Board, which is chaired by Secretary Mark Belton and includes Maryland Department of Agriculture Secretary Joseph Bartenfelder and Maryland Department of Planning Secretary Robert McCord.

Rural Legacy Areas are designed to protect working landscapes supporting a critical mass of resource-based economies, and are where properties who meet the Rural Legacy Program criteria are eligible to participate. There are 32 locally-designated rural legacy areas throughout the state.

Lifestyle Balance classes offered

Small changes often lead to major results and Worcester County Health Department’s free Lifestyle Balance program aims to help residents eat healthy, be active and lower their risk for type 2 diabetes with easy-to-follow tips and tools. New classes begin this September at the Atlantic Club in West Ocean City. Classes run from 5:30 to 6:30 p.m. every Tuesday beginning September 11 and ending on January 15.

“The goal of Lifestyle Balance is to give participants the tools and skills to make healthy lifestyle choices with physical activity and healthy eating, which can help prevent a variety of chronic diseases like diabetes,” said Mimi Dean, Director of Prevention Services at the Worcester County Health Department. “We are excited to provide the program at the Atlantic Club. The club offers an accessible location and has a long history of being great community partners for public health.”

Lifestyle Balance is facilitated by the Worcester County Health Department and is a year-long, evidence-based, healthy eating, physical activity, and weight loss program that has been proven effective in reducing the risk for type 2 diabetes and other chronic diseases like heart disease and stroke. Led by a registered dietitian and CDC trained staff, Lifestyle Balance classes initially meet weekly and focus on helping participants learn how to

*please see **classes** on page 15*



Kick-off - On Thursday, August 16, a kick-off celebration was held to welcome the first Project SEARCH interns to Atlantic General Hospital.

This is the first Project SEARCH program held on Maryland’s Eastern Shore and is a partnership among Atlantic General Hospital, Worcester County Board of Education, Maryland Department of Education’s Division of Rehabilitation Services, and Worcester County Development Center.

There will be five interns participating in this first year of the program, beginning in September. Each intern is finishing his or her last year of high school at a Worcester County Public School.

They will spend six hours per day at the hospital, rotating through three different work experiences during the school year. Onsite classroom training focused on employability and life skills will be provided by a teacher from Worcester County Public Schools. On top of that, there will be job coaches from Worcester County Development Center available to the interns as needed.

Above: Four of the five Project SEARCH interns with the Superintendent of Worcester County Public Schools, Lou Taylor, and president and CEO of AGH, Michael Franklin. Back Row from left: **Lou Taylor, Toni Dixon, and Michael Franklin.** Front Row from left: **Tyneish Gustus, Bradley Dornes and Deshawn Collick.**

Youth soccer, basketball leagues open

Registration is open for Worcester County Recreation and Parks (WCRP) Youth Outdoor Soccer League and Youth Instructional Basketball League. Both leagues are co-ed and kick-off September 8.

The soccer league is open to children ages three through eighth grade. Youth basketball is open to children in first through eighth grade, with teams to be divided into five age divisions. The age three to four division will play on Monday evenings and Saturday mornings. The K-first grade division will play on Wednesday nights and Saturday mornings. The grades two to three division will play on Monday evenings and Saturday late mornings. The grades four to five division will play on Monday evenings and Saturday early afternoon, and the grades six to eight division will play on Wednesday evenings and Saturday afternoons.

Teams from each town will be formed and travel to the three following locations: John Walter Smith Park in Snow Hill, Newtown Park in Pocomoke, and Northern Worcester Athletic Com-

plex in Berlin. The registration deadline for youth soccer is August 30. For more information about indoor soccer or to volunteer as a youth coach, contact Jacob Stephens at 410-632-2144 ex. 2506 or jstephens@co.worcester.md.us.

The basketball league will take place on Saturday mornings from 10 a.m. to noon, from September 8 to November 10 at the Worcester County Recreation Center in Snow Hill. The registration deadline for youth basketball is September 3. For more information about youth basketball or to volunteer as a youth coach, contact Myro Small at 410-632-2144 ex. 2512 or msmall@co.worcester.md.us.

The cost for each program is \$30 per player (\$25 for each additional child). Financial aid is available for those who have demonstrated need. Proof of eligibility is required. An additional \$5 will be applied to those who register after the deadline.

Visit www.WorcesterRecandParks.org for a complete list of youth programs or to sign up for email announcements.



Luncheon - Members of the Republican Women of Worcester County (RWWC) attended the Bay Club Tea at the Reynolds Tavern in Annapolis on Monday, August 20. Standing are First Lady of Maryland, **Yumi Hogan** and **Beth Rodier**, president of the RWWC and seated are RWWC members, **Liz Mumford** and **Sandy Zitzer**.



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Worcester resiliency projects receive funding

The Board of Public Works approved funding for six Coastal Resiliency Grant Program projects, selected through a competitive solicitation, to help Maryland's communities enhance their resiliency to the effects of climate change, erosion, flooding and extreme weather.

Projects awarded funding in Worcester County include combating recurrent flooding and sea level rise along Selsey Road and the Cape Isle of Wight community through a

natural shoreline stabilization and marsh restoration project to be built with local dredge material.

The Maryland Coastal Bays Program will address erosion and sea level rise at Tizzard Island through a comprehensive island resiliency plan and design that builds coastal resiliency and wildlife habitat on an island environment in Chincoteague Bay.

In year two of the program, the Maryland Department of Natural Resources will help design six shoreline restoration, stormwater and wetland enhancement projects in four jurisdictions across the state to demonstrate the protective benefits of nature-based solutions. These approved projects will comple-

ment six resiliency projects already underway.

"This first-of-its-kind program will utilize natural and nature-based designs to help our local partners become better prepared and more resilient to climate- and weather-related challenges, risks and threats like erosion, flooding and sea level rise," Maryland Natural Resources Secretary Mark Belton said. "Working with community associations,

church congregations, nonprofits and others, we seek to improve water quality, protect infrastructure while replacing hardened shorelines with dynamic living shorelines."

These design projects are part of a larger Resiliency through Restoration Initiative, which also supports restoration targeting, climate-resilient designs, monitoring, adaptive management, community outreach and education.

Suggestions for a successful fundraiser

Fundraisers help schools, political groups and charitable organizations stay afloat. Groups that do not offer products or services for sale must find other means to fund their operations, and fundraisers often fill that role.

Charities Aid Foundation says that the number of people worldwide donating money to nongovernmental organizations, or NGOs, increased from 1.2 billion in 2011 to 1.4 billion in 2014.

Fundraising involves more than putting a hand out and asking for money. Successful fundraisers have various things in common, regardless of the cause they are promoting.

1. Decide on a clearly expressed purpose. Individuals do not typically donate money without first being given a good reason to do so. Therefore, when beginning a fundraiser, organizers have to decide on the purpose of the event and spell out that purpose clearly. When sharing information about the fundraiser, include how the money will be allocated. Some charitable events have more than one objective, with a primary goal of raising money and additional desires to raise awareness and connect with new donors. When establishing a financial goal, organizers must come up with a final donation figure they hope to reach.

2. Know your audience. Understanding your goal is one factor, and knowing who you are reaching out to is another. If it is school fundraising, understand that these may be cash-strapped families without much

money to donate. In such instances, consider incentivizing donations by entering donors into raffles for family-friendly outings or coupons to area businesses. Identifying your target audience can help you plan effective strategies that reach that audience.

3. Advertise extensively and early. Donors may not take immediate action upon learning about a fundraiser, so plan to advertise extensively. Make sure the message gets heard and that



potential donors have time to fit their donations into their budgets. Reach prospective donors through all the avenues at your disposal, including social media platforms like Twitter and Facebook. Don not overlook more traditional methods of advertising, including flyers and newspaper advertisements that may resonate with older donors. A combination of various types of advertising can cover all of the bases, offers the charitable giving organization GiveForward.

4. Consider getting a sponsor. Individual donations can fuel fundraisers, but a widely recognizable sponsor can help propel prospective donors to action. Many corporations include charitable donations into their quarterly

please see fundraisers on page 15

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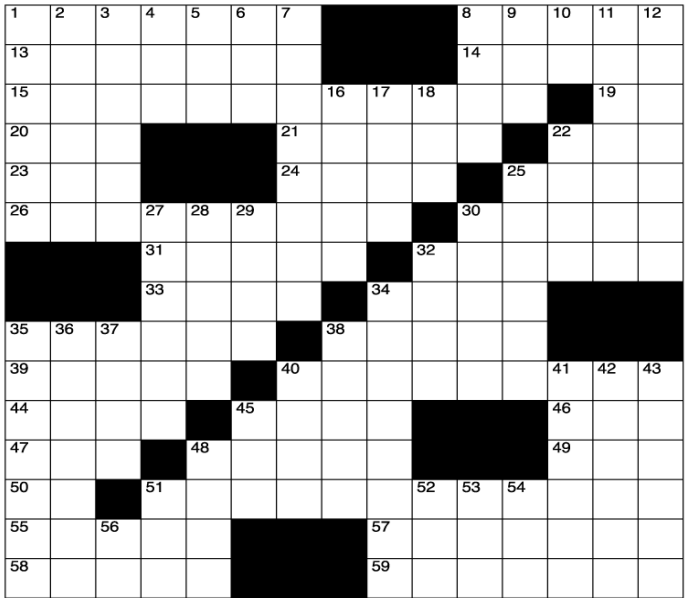
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CLUES ACROSS

1. One-time money in Spain

8. “Got _ _ of one”

13. Set a framework for

14. Cover with drops of water

15. One who does something for a living

19. Germanium

20. An enclosure for confining livestock

21. Locks a door

22. Buddy

23. Supplement with difficulty

24. Not moving

25. Islamic unit of weight

26. Warmers

30. Hindu queen

31. Border river near Bosnia and Herzegovina

32. Analyzed
33. Caps

34. Pastime

35. Contrary belief

38. Walking devices

39. Accustom to something unpleasant

40. Singing methods

44. Shouts of farewell

45. Hand (Spanish)

46. Small constellation

47. Cardinals are this

48. Gives a hoot

49. Chatter incessantly

50. Thallium

51. Making very hot

55. Hours (Spanish)

57. Remove completely

58. Eyeglasses

59. Rubbed clean

CLUES DOWN

1. Blues Traveler frontman

2. Found it!

3. Killed

4. A helper to Santa

5. Male fashion accessory

6. Autonomic nervous system

7. US Attorney General

8. Greek sophist

9. The world of the dead (Norse myth.)

10. Excessive and dangerous dose

11. One who receives a legacy

12. Brooded

16. Hindu warrior king

17. Used to anoint

18. One point east (clockwise) of due north

22. Connecting part of the brain stem

25. Most uncommon

27. Do-nothings
28. Emerge

29. Neat

30. Herb of tropical Asia

32. Reviews poorly

34. Waterproof overshoes

35. Fireplace floors

36. Surround

37. Regretted

38. One who whips

40. Ticket price

41. Calming

42. Citrus fruit

43. Drooped

45. An explorer’s necessity

48. Speak profanely

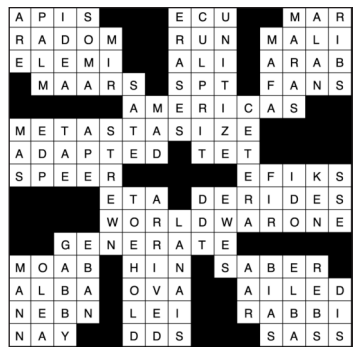
51. Pouch

52. A type of date (abbr.)

53. Away from

54. Large beer

56. Once more



Answers for August 22

For the Love of Travel

Big doings on the Big Island

By **Kelly Marx**

The Hawaiian Islands are made up of eight major islands. One of these is Hawaii, affectionately, albeit uncreatively, called “The Big Island,” (I bet you can guess why). The name of the island is more commonly used to refer to the entire state, so “The Big Island” is used instead.

The two hubs on “The Big Island” are Hilo and Kailua-Kona. Generally, people split their time between the two on their visit. In my case, I spent three nights in Hilo and three nights in Kailua-Kona, often simply referred to as Kona. During our visit in Hilo, Kilauea was actively erupting and each night the lava glow would light the sky orange and red. Because of the active eruptions, we were unable to visit most parts of Volcanoes National Park. We were able to hike in the Kahuku Unit of the park, which has remained

open. This section of the park is a one-hour drive south of the main entrance. From there, we headed to the Shaka Restaurant, named after the iconic Hawaiian hand gesture. This restaurant and bar claims the title of “The Most Southern Bar in the U.S.A.,” but I can neither confirm nor deny the claim.

After some food and drinks, we headed to the Papakolea Beach to sink our toes into the signature green sand. After all, green is the new black. Be prepared to take to embark on a long, arduous journey if you are unwilling to pay to have locals drive you in a Jeep or a truck. Usually, I am always on the look-out for a tourist trap, however, this was one of the few cases where I was glad to have just paid the money for the round-trip ride. If you are strapped for time and don’t plan on spending the majority of your day on one beach, I advise you to pay for and try to enjoy the dusty, bumpy ride. The beach is not one that I recommend sun-bathing on and spending a significant amount of time. The vast majority of the beach-goers are only there for the novelty of the green sand. The water is very rough here and there is

little space to spread beach blankets.

From here, head to Punalu’u Beach for a pristine black sand beach. This is a much better spot for enjoying the beach and plopping down in some beach chairs to do so. If you’ve properly prepared, dry off and bundle up in some warm clothes to head to the Mauna Kea Observatory. Be sure to acclimatize at the Visitor Station for at



least 30 minutes before driving straight to the top. Altitude sickness can occur because the summit is located at 13,796 feet. Drive to the summit in your four-wheel drive vehicle. It is not imperative to have a four-wheel drive vehicle to drive to the summit, however it is certainly the safest option. After watching the sun set above the clouds, head down to the visitor station for star-gazing. The star-gazing program is only held on Tuesday’s, Wednesday’s, Friday’s, and Saturday’s, so plan your visit accordingly.

The next day, get up early and start your day at the Hilo Farmer’s Market. The best day to go is Wednesday. Drink some delicious Kona coffee, grab some breakfast, and pick up some fresh produce to cook your dinner with. With a full belly, now it’s time to start chasing waterfalls. Start at Pe’epe’e Falls. From there, drive to Akaka Falls. You absolutely must stop for a roadside coconut on the way (use your reusable straw to save the Hawaiian sea turtles!). On a looped walk, you’ll also be able to see the 100-foot Kahuna Falls. After another drive and

please see **travel** on page 15

Ford's pardon of Nixon healed nation, sparked outrage

By **Chip Bertino**

August 28, 1974.

For most people this date holds little if any significance. However, what happened on this date put into motion a series of events that ultimately led to a decision that has been derided and heralded since.

Nearly 20 days since assuming office on August 9, 1974, the 38th president of the United States, Gerald R. Ford strode to the podium in the East Room of the White House and held his first press conference. Hoping to discuss substantive issues that faced his fledgling administration, Ford soon found that the one and only topic of interest of the press was whether he was considering a presidential pardon for Richard Nixon who had resigned from office following revelations about his participation in the Watergate cover-up.

Following the press conference, Ford was frustrated but realized that his administration and the country would not be able to move forward unless and until the fate of Nixon was resolved.

What should happen to Nixon had been the topic of heated conversations and debate ever since the Watergate scandal had surfaced in June 1972. As the only president to hold office without an electoral mandate, Ford had been in an unprecedented position since becoming vice president on December 6, 1973 following the resignation of Vice President Spiro Agnew. Ford was nominated by Nixon and confirmed by the Congress.

Ford had spent his political career in the House of Representatives rising to the position of Minority Leader before being nominated by Nixon. Throughout Watergate, especially as allegations against Nixon heated up, Ford walked a fine line between being supportive of the president and maintaining his integrity. He earned high marks in this regard from legislators, the press and the public.

However, on August 28, 1974, he realized that he would not be able to govern effectively if Nixon continued

to dominate the headlines and the attention of investigators. Something had to be done. Ford had concluded his speech after being sworn in as president by saying that the nation's long nightmare was over. But was it really? How could the country move forward emotionally and politically if Nixon were put on trial? If convicted, it was a given that Nixon would ap-



peal. The process would drag on for years and could interfere with domestic and foreign policy.

Just prior to Nixon's decision to resign, Chief of Staff Alexander Haig had discussed with then Vice President Ford a series of options that were still available to Nixon. He could ride it out, letting the impeachment process take a natural course. He could step aside temporarily under the terms of the 25th Amendment to the Constitution. He could delay resignation until later in the impeachment process. He could accept a censure vote from Congress. He could pardon himself and then resign.

Haig mentioned one last option with Ford that was considered most politically explosive: Nixon could agree to leave office on the promise of a presidential pardon from Ford.

Ford made clear to Haig that he would not recommend what action Nixon should ultimately take and that there was no real or implied understanding whatsoever that Nixon would receive a pardon if he were to resign.

Now that Nixon was out of office, the national debate had become preoccupied over whether a pardon should be granted. Only Ford could ultimately decide. He was well aware that there were positive and negative consequences to such a decision. The national psyche had been battered by

real and perceived government deceptions first with the Vietnam War and then Watergate. Ford understood that pardoning Nixon would spark an immediate outcry of presidential chicanery and could cost him the 1976 presidential election.

There was also the question of the former president's health. Reports from San Clemente, CA where Nixon was living, indicated that the former president was ill, emotionally, mentally and physically. Ford questioned whether the act of having to resign from office in disgrace was punishment enough, a life sentence as it were.

Ford instructed his staff to begin preparing arguments regarding what authority the president had to issue pardons and when. Could Nixon be pardoned only after he was indicted or

could he be pardoned prior to indictments being handed down?

For the next couple weeks, the Ford Administration wrestled with what to do while at the same time taking up the reins of government, shoring up confidence abroad and dealing with a flagging U.S. economy.

On September 3, presidential adviser Phil Buchen advised Ford that the president did have the authority to grant a pardon before an indictment

Please see **pardon** on page 15

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Worcester County students return to school on Tuesday, September 4. Watch out for school busses and children at bus stops.

Back-to-school ice breakers to ease first day fears

Parents and educators can sometimes underestimate children's anxiety over the dawn of a new school year. Many students feel nervous when wondering if their teachers will be nice or if they will make new friends. These worries may be compounded by the return to routine and the end of an enjoyable period of rest and relaxation.

In 2015, CNN polled campers at a summer day camp outside New York City. The campers were elementary school students who were asked about what they were most nervous about for the return to school. Homework, tests, competition, greater expectations, grades, and making new friends topped the list of fears.

To help students transition to the classroom with fewer worries, teachers and parents may want to initiate ice breakers and other stress-reducing interactions. Here are some ideas.

Buddy up. Many schools will give out classroom assignments a few days before the first day of school. Parents can investigate who is in their child's homeroom and initiate contact with the parents of one or more of those students. Collectively, parents can make a buddy plan for students to arrive to school together and enter the classroom as a team. Coordinate clothing colors or have students wear another unifying symbol. This may allay fears and make the first day of school more fun.

School selfie. Students can craft "school selfies" on a piece of paper using a smartphone image template. This selfie

illustration will give the class key facts about each student and present an interesting, creative and enjoyable way for students to get to know one another.

Student word search. Word searches are entertaining and educational tools that can be put to use in the classroom. Parents or teachers can create word searches featuring the first names of all the students in the class. Children often enjoy searching for their own names, and then they can help others, opening up lines of communication.

Word searches also can be customized for any subject. Therefore, if student names are not desired, the theme can be classroom items or school terms.

Personal introductions. Students may worry about teachers mispronouncing their names or using a full name instead of a nickname. Rather than a traditional roll call, teachers can encourage students to introduce themselves to classmates, using their preferential name and including a brief synopsis of their interests and what makes them unique.

Teachers also can initiate other ice-breakers by giving students a sheet with various questions, which students then have to complete by asking around among the other students. For example, "Who has a pet fish?" or "Find someone who has blue eyes."

The first day of school can be difficult for some children. Fun activities and some extra effort from parents and teachers can make the return to the classroom less stressful.

Strategies parents can use to motivate students

Students may need some time to adjust at the beginning of a new school year. Summer vacations typically lack the structure of the school year, and it might be unfair to expect kids to seamlessly slip back into their more regimented lives as students.

While some early school year sluggishness might be normal, that should wear off pretty quickly. If not, and students appear to be struggling to get motivated for their schoolwork, parents can try various strategies that should help reignite youngsters' passions for learning.

Make your home more school-friendly. Summer is a relaxing time of year when parents have a tendency to relax rules around the house. But come the school year, parents must make sure their homes are as conducive to studying as possible. Resist the urge to turn the television on each night so students are not distracted from their studies. Keep the home quiet so students are motivated to focus on their studies.

Encourage participation in extracurricular activities. Various studies have examined the relationship between extracurricular activities and academic performance. A 2002 study published in the journal *Sociology of Education* found that participation in extracurricular activities is associated with improved grade point average, increased college attendance and reduced absenteeism. The link between participation in extracurricular activities and improved academic performance is still in need of study, but such participation may help children acclimate to the structure of the school year more quickly than they might if they do not participate in such activities.

Encourage curious youngsters. Kids are curious, and fostering that curiosity can be a great way for parents to get their kids excited about learning. Whether it is during the school year and part of their curriculum or on summer break, encourage kids to engage in subjects that interest them. As kids learn more about the topics and subjects that interest them, they may develop a passion for learning that they can then take with them to the

classroom.

Express an interest in the subjects children are studying. Another way to



motivate students at the dawn of a new school year is to express an interest in the subjects they are studying. Ask questions about their studies and encourage them to share their thoughts and opinions. Engaging students about the subjects they are studying can motivate them to explore those subjects more deeply than they otherwise might.

Motivating kids to be excited about their schoolwork at the dawn of a new school year can sometimes be difficult. But parents can employ various strategies that can help their children readjust to life in the classroom and motivate them to perform to the best of their abilities.

How does classroom design impact learning?

Adults who think back to their time in the classroom may remember arrangements of rows of desks and industrial-looking seating. Classroom design was built around students facing the chalkboard, and teachers typically placed their desks at the front of the room to keep an eye on their students.

Such arrangements have steadily been on the way out as classroom environments are changed to promote learning. According to the education resource The Professional Learning Board, different classroom arrangements have their own benefits and

*please see **design** on page 14*



Anniversary - **Joan and Tim Mullen** of Ocean Pines celebrated their 65th anniversary as guests of **Jack and Teresa Salinardo, Glenn and George Philips and Steve and Kathleen Kevlin**, at Lighthouse Sound.

Artists Paint OC winners announced

Alison Menke of Silver Spring, Md. took top honors in this year's "Artists Paint OC" plein air event with her painting, "Color Rigging." Menke also won honorable mention in the Quick Draw competition on the Boardwalk on Sunday.

Fifty artists, popular regional artists as well as painters from around the country, painted from August 8 to 12 at picturesque spots around the resort of Ocean City. The event culminated with the Wet Paint Party & Sale on Saturday, when the artists brought their freshly-painted work indoors to hang on the walls of the Ocean City Center for the Arts and be judged and sold.

Kirk McBride, acclaimed local plein air artist, judged the work and awarded \$2,650 in cash prizes, including several themed awards. Besides Menke, other winners include: Thomas Bradshaw of Blackstone, VA., 2nd place; Crystal Moll of Baltimore, 3rd place; and honorable mentions Lisa BurgerLentz of Media, PA., Andree Tullier of Annapolis, and Carolyn Aberbach of Bethany Beach, DE.

Barbara Kern-Bush of Berlin, won Best Use of Light, sponsored by Royal Plus Electric. Mick McAndrews of Downingtown, PA. won Best Maritime, sponsored by TowboatUS. Dennis Young of New Castle, DE. won Best Hospitality, sponsored by the Ocean City Hotel-Motel-Restaurant Assn. Jill Glassman of Berlin, won Best Nocturne, sponsored by Worcester County Tourism.

Quick Draw winners also include: Barbara Kern-Bush of Berlin, 1st place;

Raymond Ewing of Swan Point, MD, 2nd place; and Jim Rehak of Seaford, DE, 3rd place. The Ocean City Development Corp. sponsored the Quick Draw event.

The plein air artwork will be on exhibit at the Ocean City Center for the Arts through the end of August.

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design

from page 12

drawbacks. But the liberty to alter classroom layouts means teachers can experiment with what works for their teaching styles and which arrangements benefit their students.

While rows may enable educators to see all students and keep them focused, students in the back may miss out and/or lose focus. Circle arrangements work well for class discussions, enabling all students to congregate around the teacher and participate in the conversation. "Circle time" is a frequent component of pre-school and early elementary school lessons because it directs focus on the teacher and feels more intimate than laying the room out in rows.

Group seating is another arrangement teachers may explore. Desks are arranged so they form small tables. Students can work collaboratively and discuss assignments. However, main-

taining focus may be challenging when students are facing other students and may be more likely to chit-chat among one another.

A study involving fourth graders in Germany investigated whether certain seating arrangements promoted greater student participation. Traditional rows and a semi-circular layout were studied. Children in the semicircle asked more questions, but in both layouts, children who occupied central seating locations asked more questions and participated more per lesson.

Another study conducted in 2015 and published in the journal *Building and Environment* found that changing some elements of classroom design can increase student

learning outcomes by 16 percent. Air quality, lighting and students' sense of ownership of their classroom impacted the students' abilities to learn more than seating arrangements, ad-



vises the study. Giving children choices, including flexible seating options, such as bean bag chairs, mats or cushions, standing desks, sofas, or in-

dividual workstations, can help students find arrangements that are best for them. Furthermore, teachers who rearrange furniture so that classrooms are cozy and inviting may see their students thrive.

Lighting also is an important factor, particularly when glare can impact the ability to see smartboards or personal tablets, which are now widely used in classrooms. Natural light is preferred in classroom environments. In fact, students in classrooms with big windows and daylight progress more quickly in reading and math than those in darkened rooms, according to a Hescong Mahone study cited in ScienceDirect. Overhead fluorescent lighting may interfere with student learning.

Educators are urged to see their classrooms from students' perspectives to evaluate how design may be impacting learning. A few easy changes can add up to big gains for students and teachers alike.

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pardon

from page 11

was handed down from the special prosecutor. There was a long history of precedents that had been upheld by the Supreme Court.

Key presidential advisers including Secretary of State Henry Kissinger and Haig believed a pardon was the right course of action. From an international perspective the curiosity of a former president on trial could damage the nation's image, especially since Nixon was well regarded abroad. Cold War tensions could heighten if the Soviet Union took advantage of the situation in an effort to broaden its interests.

There were also political ramifications should Ford issue the pardon. It was a mid-term election year and the Republican party was on the defensive from the effects of Watergate and Nixon's resignation. A pardon would

further damage GOP chances in the fall campaign. In his memoirs, Ford writes that he knew Republicans "would howl" but concluded "that the national interest overrode any political considerations."

Ford decided to issue the pardon, not based on any sympathy he had for Nixon personally or his state of health, but to move the country forward.



At 11 a.m. on Sunday, September 8, 1974, Ford announced from the Oval Office that he was issuing a

pardon to Nixon to close the door on Watergate and not prolong proceedings against Nixon: "...during this long period of delay and protracted litigation, ugly passions would again be aroused. And our people would again be polarized in their opinions. And the credibility of our free institutions of

government would again be challenged at home and abroad."

Public and Congressional reaction was swift and mean. Ford was accused of taking part in a secret pact with Nixon. Ford's standing in the Gallup poll dropped almost immediately from 71% to 49%. Ford had underestimated the vehemence against Nixon. He would suffer the consequences in the short term.

Ford took the unprecedented step of appearing before a Congressional hearing to address legislators' concerns about the pardon.

Over the next year 18 months the pardon outcry subsided as the country

travel

from page 10

hopefully another roadside stop (might I suggest pineapple this time?), finish off your chase at Rainbow Falls. From here, hop in the car and drive to the historic town of Honokaa. Choose one of the downtown eateries and enjoy a hearty lunch before heading to the Waipio Valley. Once you arrive, you are obligated to get some views from the Waipio Valley Lookout of the fertile valley, cliffs, and black sand beach below. After this, ditch your car and begin the walk down the steep (and I do mean, steep) paved road. Once you reach the end of the road, turn right and head for the sounds of the ocean. You'll likely have the entire beach to yourself, minus a few surfers.

After the grueling hike back up the road, head back to your accommodation and cook up your fresh loot from the farmer's market. In my next column, I'll include some more Hilo tips and move on to what to do in Kona.

classes

from page 6

make healthy food choices and how to fit physical activity into already busy lives. After the 16-week core program is finished, the group will continue to meet monthly for the remainder of one full year.

All participants receive their own personal lifestyle change coach who will assist them with goal setting, progress, and overcoming barriers. Program participants also receive incentives such as step counters, resistance bands, cookbooks, and more. To learn more about the program, determine if you qualify for participation, or to enroll, please call 410-632-0056.

celebrated the Bicentennial and faced economic debacles.

Whether as a result of the pardon or the state of the economy or just a feeling that a change was needed, voters did not elect Ford in 1976, opting instead for a fresh face, an outsider to Washington politics, Jimmy Carter.

Carter started his inaugural address by saying, "For myself and for our nation, I want to thank my predecessor for all he has done to heal our land."

On May 23, 2001, Gerald Ford was awarded the John F. Kennedy Profiles in Courage Award for his decision to pardon Nixon.

Winston Churchill once wrote, "among the deficiencies of hindsight is that while we know the consequences of what was done, we do not know the consequences of some other course that was not followed."

More than 40 years have passed since Ford pardoned Nixon. The consequences of that decision are known: Nixon never had to answer in a court of law for his role in Watergate; the country moved beyond the scandal; and, Ford lost in 1976.

Whether Ford's decision to pardon Nixon was correct will continue to be debated by historians and pundits.

fundraisers

from page 8

budgets, and such organizations often offer donate incentives such as event tickets and goodie bags that can compel private donors to make donations. Restaurants can offer gift cards and other stores may be able to donate products to hand out. A local celebrity can bring in the foot traffic needed to make the fundraiser successful.

5. Give out prizes. People may look forward to giving to a good cause, but walking away with something tangible in return also can elicit some good feelings. Budget for prizes and other take-aways. Make the fundraiser a fun atmosphere and give participants a chance to win items through contests or other small feats that will generate good will and enjoyment.

6. Enlist volunteers. A fundraiser is not a one-person job. Volunteers are the backbone of successful fundraising efforts, so make sure you have enough volunteers to plan and execute the fundraiser. Try to find volunteers from various walks of life so each person can bring their own unique and valuable experience to the table.

smoking

from page 2

ducing tobacco use and improving health outcomes, particularly certain cancer rates, within our county," said Becky Jones, Health Officer for Worcester County.

Projects may include public awareness, community outreach, education, recruitment and referral to tobacco cessation, advocacy, promotion of tobacco cessation among pregnant women, and other health related activities. Tobacco control may address the reduction of smoking, prevention of smoking, retailer education or environmental change strategies with a particular focus on youth, vaping and/or other electronic devices.

A mini-grant orientation session will be held at 2 p.m. on Thursday, August 30, at the Worcester County Health Department, 6040 Public Landing Road, Snow Hill.

Applications must be returned to the health department by September 21 no later than 4:30 p.m. A review team of local citizens will evaluate the applications and awards will be made after October 23 ranging from \$1,000-\$2,000. For more information or to request an application packet, please call Worcester County Health Department Prevention Services at 410-632-0056.

soccer

from page 1

with a sense of team and community."

Happy Cleats Soccer will allow children ages two to three the chance to burn off energy in a non-competitive environment and will focus on socialization, simple soccer fundamentals and fun. The program will be offered weekly from 5:30-6 p.m. on Tuesdays beginning September 4 for two-year-olds and on Thursdays beginning September 6 for three-year-olds. The cost is \$40 for Ocean Pines residents and \$50 for non-residents.

Pee Wee Soccer, for ages four to six, will start with basic soccer skills and progress to lightly competitive group games. It will be offered on Tuesdays from 6 p.m. to 6:45 p.m. beginning September 4. The cost is \$45 for Ocean Pines residents and \$55 for non-residents.

These programs are open to the public and registration (which is now underway) is required. For more information or to register, call the Ocean Pines Recreation and Parks Department at 410-641-7052.

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