

AND COUNTRY CLUB







FRESH

MARKET

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WE ACCEPT EBT, FOOD STAMPS & WIC

FAX 718-518-0633 863-5650



Breakstone Sour Cream

3 Oz. Pkgs.



PHILADELPHIA CREAM CHEESE 8 Oz. Pkgs.





Not responsible for typographical errors. Some illustrations in this ad are for display purposes only and do not necessarily represent items on sale. Sale items limited 1 per family unless otherwise noted. Items & prices effective in this store only.

RIDAY, **AUG** 31 I'll Treat Your Family...Like Mine

In My High Quality Private Office

# ANXIETY ADDRESSED WITH COMPASSION

- Modern Techniques for ALL Procedures
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3875 East Tremont Ave. Throggs Neck, NY (Across from Rainbow)
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24 Hour Emergency Care Same Day Denture Repairs

50% OFF Dental X-Rays

\*With This Ad - Adult New Patients - Certain Restrictions Apply

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WANTEL

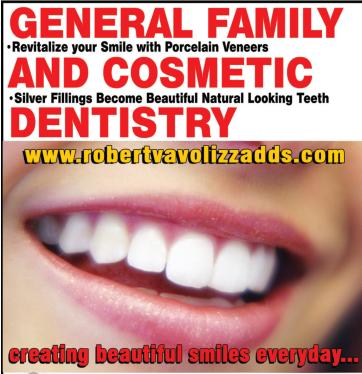
- · 48ft flatbeds
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- · Habla Espanol

718-430-6637

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**EXTENDED OFFICE HOURS:** Monday & Fri 9:00am-6:00pm Tuesday & Thursday 11:00am-8:00pm Saturday 9:00am-2:00pm

Se habla Espanol; Si parla Italiano

Serving the community for over 30 years!!!



Robert A. Vavolizza, DDS 3585 E. Tremont Ave.

We work with most insurance companies and offer Care Credit payment plan options with up to 1 year FREE financing.

# REE CONSULTATIO

Sofa to sell plus few extra items must see everything in good condition call 917-634-9555 1995 Tomos - Targa - Moped - 560 miles, \$800 917-859-7946

For Rent Pelham Bay 5/2 Bedrooms \$2000/MTH Coldwell Banker 917-756-5321

Moving sale! Furniture, Clothing 10-3pm. September 1-2. 277 Buttrick Ave between Miles and Harding.

Luxury rental Throggsneck/Pelham Bay Bedroom/2 Baths, Granite, Stainless Steel Cathedral Ceiling, Balconies, Laundry, easy commute NYC. \$2300. Owner. Text/Call (646) 784-5944

City Island one bedroom walk in apartment. Cable utilities included. Plenty of parking. Tree lined street, beach access, references a must. 2 month rent security. No Realtors \$1200 per month. 718-717-9815

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3BR/1.5 BATH DUPLEX IN THROGS NECK **HUGE RENOVATED 1,600SF** SS APPLIANCES, DISHWASHER, WATER VIEWS \$2,700 INCLUDES ALL UTILITIES. MOVE IN DEC 15TH

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Apartment for rent. 3 BR Pelham Bay Total Renovation No pets No washer/dryer immediate occupancy \$1875 call landlord 917.648.0427

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Rental country club renovated 3 bedroom second floor call owner 9174282387 2000.00 heat and water included

2 Bedroom Apt Country Club \$1700.00 plus utilities Must have credit income and references 718-843-3868



134 Pennyfield Avenue, Bronx, NY 10465



Choice Of Seafood, 2 Sides, Salad, Bread & Red or White Wine

# **SURF MENU**

Jumbo Shrimp Skewers, Large Pink Shrimp, Argentine Pink Shrimp, Breaded Shrimp, Crab Cake, Stuffed Flounder, Tuna Steaks





Chef Salad

\$13.95 Chicken

\$15.95 Steak or Shrimp Steak, Chicken or Seafood Tomatoes, Cucumber, Onion, Olives, Carrots

ordes, bread a out

Come and Enjoy A Cup of Coffee or Expresso and A Pastry, Cookie or Treat in our Internet Cafe!

OPEN 7 DAYS A WEEK - FREE DELIVERY \$10 Minimum

•BREAKFAST •LUNCH •DINNER •DAILY SPECIALS

# WELCOME BACK MARITIME STUDENTS! 5% OFF ANY PURCHASE With ID

# THIS WEEKS SPECIALS!

Pick-Up or Take-Out Orders Only!
All Specials Expire 9/7/18

Buy 3 Large Pies And Get 1



Includes 2 Liter Soda and 1 Order Of Garlic Knots

# **PARTY SPECIAL!**

(6) Large Pies and 1/2 Tray Garlic Knots



2 Large Pies, Order of Garlic Knots, 2 Liter Soda and 2 House Salads

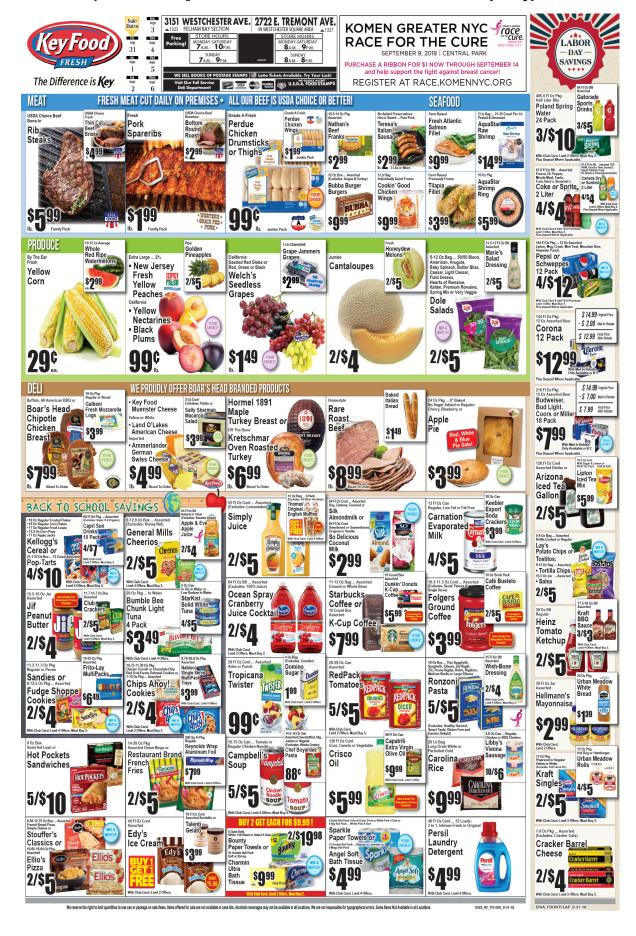


(4) 15 Inch Heros and Side Order Of Pasta -Choice Of Penne Vodka, Spaghetti w/Garlic & Oil

\$28



Any In House Catering
Order Includes An
Ice Sculpture At A 30% Discount
With 20 Or More People.
An Order Of 30 Or More People
The Ice Sculpture is FREE!





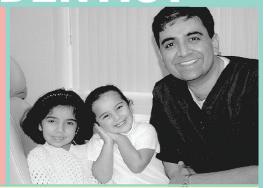
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WARM + FRIENDLY ENVIRONMENT

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TREATMENT ROOMS UNIQUELY DESIGNED FOR KIDS

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3875 EAST TREMONT AVENUE WWW.EASTTREMONTDENTAL.com
EAST TREMONT DENTAL ASSOCIATES

MOST INSURANCES ACCEPTED TOWARD TREATMENT

WEEKEND + EVENING APPTS. EMERGENCY TREATMENT CREDIT CARDS ACCEPTED

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# MARITIME COLLEGE ATHLETICS



#### HOME FOOTBALL GAMES

SEPTEMBER 7 - CHOWDER BOWL - 7pm SEPTEMBER 14 - HERO APPRECIATION DAY - 7pm SEPTEMBER 29 - COMMUNITY SERVICE DAY - 1pm OCTOBER 13 - HOMECOMING - 2pm NOVEMBER 3 - SENIOR DAY - 1pm

FULL SCHEDULE OF HOME GAMES AT MARITIMEATHLETICS.COM/SCHEDULE



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Kitchen & Bath Division

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# ossw

Across

l. Windshield cleaner

6. Involuntary twitch

11. Dieter's concern of (record)

14. Make 15. Nouveau

16. Bachelor's last words

17. Hash house, maybe

19. Meteorological phenomenon

20. Believer in Judaism 21. 1970 Beatles hit

23. Chartered

26. Yellow pigment

27. Sen. Kennedy

30. Crafts partner

31. The hunted

32. Lugs

34. Workout woe

36. It may be furrowed

39. Certain analyst

41. Bedroom furniture, perhaps

43. Hardly prohibitionists 44. Pencil leftover

46. Get straight A's, e.g.

47. Sound from the kennel 49. Uprising at Folsom

51. Trendy

52. Native Israeli

54. Lure into crime

56. Do this twice before cutting

58. Precipitates, in a way

62 Rankle

63. Licentious codger

66. It can lead to sudden death 67. Beethoven's "Fur \_\_\_"

68. Metric poetic feet

69. Possessive pronoun 70. Is offensive, in a way

71. Necklace securer

Down

1. Quipsters

2. Apropos of 3. Whitman output

4. Online marketing

5. Quit worrying

6. Many AARP members

7. Dickens protagonist

\_day in Hades . . . " "It'll be

9. It's about a foot

10. Personal counselor

11. Loaded

12. Clay-brick building 13. Minaret, for one

18. Revolutionary period?

22. Fridge forerunner

24. Microwave button

25. PC key

27. Spring event 28. Life of Riley

29. 2005 Chicago Cubs manager

31. Word with hour or cent

33. Hologram producers

35. Sister's attire 37. Round treat

38. Lash mark

40. Uncommon sense

42. Like some elements

45. Ornamental container

48. Skincare name

50. Roughly

52. Common surname

53. Eagle's home

54. Like some Poe tales

55. Use a stationary bike

57. Really annoy

59. Woodhouse of literature

60. Barkeep's records

61. Cutting sound

64. "For shame!"

65. Agreeable reply

21Kafcos.com

Kafcos Realty 718.518.910

SERVING THE BRONX & WESTCHESTER FOR 30 + YEAR





THROGS NECK- 31.75 WISSMAN AVE
2 FAMILY HOME, HUGE TRIPLEX INCLUDES
3 LG BEDROOMS, 2 FULL & 2 HALF BATHS,
A MASTER BEDROOM SUITE W OWN BATH
& WALKIN CLOSET, SLIDERS TO TERRACE
W/ WATER VIEWS. MAIN FLOOR IS IDEAL
FOR ENTERTAINING. OPEN FLOORPLAN LR,
KITCHEN & DINING ROOM WITH SLIDERS
TO TERRACE & WATER VIEWS, FINISHED
BASEMENT TOO, UNIT #2 IS A \$PACIOUS 1
BR DUPLEX, 2 CAR GARAGE \$899,000



**PELHAM BAY-1834 EDISON AVE** 

PELHAM BAY- 1834 EDISON AVE

OWN & FARN!

DETACHED 2 FAMILY TOTALLY RENOVATED &
TURN KEY IN PRIME PELHAM BAY LOCATION,
CONVENIENT TO ALL SPACIOUS 2 BEDROOMS
+ LARGE 1 BDR (CAN MAKE INTO 2 BDRS)
W/ CENTRAL A/C, HARDWOOD CABINETS
AND STAINLESS STEEL APPLIANCES, DOOR
TO DECK FROM BOTH UNITS, HARDWOOD
FLOORS THROUGHOUT, COMPLETELY
FINISHED BASEMENT MAINTENANCE FREE

YARD. \$759K



THROGS NECK- 825 REVERE AVE INCOME PRODUCER! DETACHED BRICK 2 FAMILY SET ON 50X100 PRIME THROGS NECK LOCATION. XTRA LARGE 3
BEDROOM OVER 3 BEDROOM. BOTH
WITH SLIDERS TO A DECK, PLUS
COMPLETELY FINISHED WALKIN, GARAGE,
WOOD FLOORS THROUGHOUT, A TURN KEY PROPERTY! \$1.050



OWN & EARN!
THROGS NECK- 833 REVERE AVE DETACHED BRICK 2 FAMILY, SPACIOUS 2 BEDROOM OVER 1 BEDROOM, HARDWOOD FLOORS, BEAUTIFULLY MAINTAINED HOME WITH MANY UPDATES \$649,000



COUNTRY CLUB: 1312 LOHENGRIN AVE CHARM & CHARACTER! 3 BEDROOM 2.5 BATH TUDOR SET ON 30X133 LOT. UPDATED KITCHEN & BATH, COMPLETELY FINISHED WALK IN, METICULOUSLY LANDSCAPED YARD. HURRY! \$639,000

\*ASK FOR MICHAEL



SILVER BEACH: 11 OAK AVENUE
WHY PAY RENT? CHARMING 1 BEDROOM
CO-OP W/ LARGE LIVING ROOM, KITCHEN
/ DINING ROOM, UPDATED BATH, FULL
BASEMENT, ENJOY A CAREFREE LIFESTYLE
WITH AMENITIES SUCH AS SECURITY WITH AMENITIES SUCH AS: SECURITY, ACCESS TO BEACH, COMMUNITY CENTER. PLAYGROUND & DELI ASKING \$249,000



**LOCUST POINT: 3176 GIEGERICH PLACE** LOCATION LOCATION LOCATION: 11 HIS
BEAUTIFULLY RENOVATED & RARE SPLIT
LEVEL HOME SITS ON A PRIME 40X100
CORNER PROPERTY. 3 BDRS, SPACIOUS LR,
KITCHEN DINING ROOM LEADS TO NICE
PATIO, HARDWOOD FLOORS THROUGHOUT, FINISHED WALKIN USED AS FR
WITH HALF BATH, INSIDE ACCESS TO 1
CAR GARAGE, CENTRAL A/C, \$515,000



1109 ELLSWORTH AVE SHOWS OFF LIKE A MODEL HOME! BRICK 1 FAMILY WITH 4 LEVELS! RENOVATED TO PERFECTION W LOTS OF ATTENTION TO DETAIL. 3 BRS, 1.5 BATHS, KIT/DIN LEADS TO LARGE DECK, WALK IN IS SPACIOUS IN LAW SUITE & FULL BASEMENT TOO! HURRY. \$625,000

**PELHAM BAY:** 1 BEDROOM \$1,300 ASK FOR EUGENE

**PELHAM BAY:** 2 BEDROOM \$1,900 ASK FOR EUGENE

THROGS NECK / COUNTRY CLUB: 1 BEDROOM W/G&E \$1,500 ASK FOR MICHAEL

THROGS NECK: 2 BEDROOM \$1,700 ASK FOR MICHAEL.



**Rosemarie Uvaro** Real Estate Sales Person

# BERKSHIRE HATHAWAY

**HomeServices** 

# Westchester Properties

**Diane Uvaro-Capone** 

Associate Real Estate Broker 2017 Five Star 484 White Plains Road | Eastchester, NY, 10709 Real Estate Agent





Voice mail: 718-518-0444 Email: deesrealestate@aol.com



SILVER BEACH GARDEN CO-OP
THIS 2 BEDROOM COOP UNIT IS A MUST SEE.
MAKE THIS TLC UNIT YOUR DREAM HOME AND
PALACE YOU CAN DESIGN THIS CO-OP TO FIT
YOUR NEEDS. LAYOUT FEATURES: EIK, LATE LR,
2 BEDROOMS AND FULL BATHROOM CLESS SONT
AND REAR YARD, ATTIC AND AS EXPANSION.
ENJOY THE MANY AND ENJOY THE THIS COMMUNITY
OFFERS SUC AS COMPORATION ON PREMISES,
SECURATED LAYOROUND, COMMUNITY CENTER
AND BEACH. ENJOY WALKING IN THE EVENINGS
AFTER DINNER DOWN THE TRAIL AND VIEW THE
STUNNING & AMAZING VIEWS OF THE MANHATTAN, STUNNING & AMAZING VIEWS OF THE MANHATTAN, WHITESTONE AND THROGGS NECK BRIDGES &

> SILVER BEACH GARDEN **WATERFRONT CO-OP**

WATER VIEWS. \$172,500 W/SHARES INCLUDED

LAYOUT FEATURES: KITCHEN WITH PLENTY OF CABINETS. LIVING ROOM PLUS FIREPLACE, DINING CABINETS, LIVING ROOM PLUS FIREPLACE, DINING ROOM, FAMILY ROOM & FULL BATH WITH JACUS I. OPEN & AIRY FLOW THROUGHOUT V. VANY EXTRAS SUCH AS CAC & HARDWOOD INCUS. 2ND LEVEL: MBR LARGE BEAUTLEVE W. W. VIEW, FULL BATH AND JACUSZI AND LAUNDRY. ENJOY THE STUNNING OF A UNING VIEWS OF THE MANHATTAN, WHITE STAR THROUGH WINDOW WHILE SIPPING COFFEE & HAVING BREAKFAST WITH VIEWS. THERE IS STILL MORE FN.107 ALSO ON YOUR SPECTACIJI AR 3 TIER MORE. ENJOY ALSO ON YOUR SPECTACULAR 3 TIER DECK FOR ENTERTAINING AND THE SUNSETS IN THE EVENING. \$675,000 WITH SHARES INCLUDED.

THROGGS NECK BRONX, NY 10465
THIS RARE FINDING IN THE THROGGS NECK AREA IS A MUST SEE. SET ON A LARGE 50X100 LOT WITH 2 CAR GARAGE WITH STORAGE AND WORKSHOP AREA, NICE SIZE YARD W/ LOVELY & ENCHANTING LANDSCAPING OF FLOWERS & TREES. MAKE THIS PALACE YOUR HOME- MOVE RIGHT IN. GREAT SIZE ROOMS. LAYOUT FEATURES: LARGE EIK, FDR, LR, FULL BATH, BEAUTIFUL FAMILY ROOM W/ SKYLIGHTS AND DOOR TO FABULOUS DECK W/ REFRESHING POOL FOR ENTERTAINING. 2ND LEVEL: 4 BEDROOM & FULL RENOVATED BATH. 3RD LEVEL: WALK UP ATTIC W/ OFFICE & PLENTY OF STORAGE, WHICH YOU CAN MAKE ADDITIONAL 5TH BEDROOM, PLUS LARGE BASEMENT CAN BE FINISHED INTO FAMILY ROOM THERE ARE SO MANY POSSIBILITIES, INTO FAMILY ROOM THERE ARE SO MANY POSSIBILITIES, LAYOUTS & STORAGE TO THIS HOME. GREAT LOCATION ACCESSIBLE TO STORE, BUS, TRAIN, SCHOOLS & HOUSE OF WORSHIP \$729,000

NEW ROCHELLE, NY 10805
THIS AIRY AND SPACIOUS CO-OP UNIT IS A MUST SEE. LAYOUT FEATURES: ENTRANCE FOYER WITH CLOSET, EIK, LARGE LIVING & DINING ROOM WE'H BRAND NEW LAMINATE WOOD FLOODS, BEDROOMS & FULL BATH. BRAND NEW ARIETS IN BDRS, PLENTY OF CLOSET CARE, SCOSETS, OUTDOOR PARKING SOLL LUNDRY ROOM, BEAUTIFUL UPDATED BBY. ACCESSIBLE TO PARK, BEAUTIFUL UPDATED NORTH 30 MINS. TO TRANSLAW WITHOUT IS BANK OWNED. REDUCED 169,900 - BANK WILL GIVE \$5000 CREDIT TO BUYERS AT CLOSING FOR UPGRADES/REPAIRS.

**EDGEWATER PARK CO-OP** THIS ENCHANTING CO-OP UNIT IS A MUST SEE. COZY, COMFORTABLE, AND CHARMING. LAYOUT FEATURES: EIK WITH GRANITE COUNTERS AND APPLIANCES. **DECORATIVE** STAINLESS STEEL APPLIANCES, DECORATIVE CHERRY CABINETS WITH BACK SPLASH, NICE SIZE LIVING ROOM WITH HI HATS 2 BEDROOMS AND FULL BATH W/JACUZZL PHOLAUNDRY ROOM AND MITSUBISHI PUT A CLISIZE DECK FOR RELAXING, FUEL AND SIPPING YOUR MORNING COURSE TO ELITREX FENCE. ENJOY THE MANY AWAYD THE OF THE COMMUNITY SUCH AS CORPORATION ON PREMISES, SECURITY, BEACH DI AVERDOUND TRACK DELI AND EXPRESS **STAINLESS** STEEL BEACH, PLAYGROUND, TRACK, DELI AND EXPRESS BUS PICK UP AND DROP OFF IN COMMUNITY.
MAKE THIS CO-OP YOUR DREAM HOME. MOVE IN CONDITION JUST TURN THE KEY \$285,000 W/ SHARES

THIS YOUNG CUSTOM BUILT (2011) CO-OP IS A MUST SEE WITH SPECTACULAR WATER VIEWS. LAYOUT FEATURES: KITCHEN W/ GRANITE COUNTERS & STAINLESS STEEL APPLIANCES & BEAUTIFUL GLASS BACK SPLASH, DR, LARGE LIVING ROOM W/ WATER VIEWS & STONE FIREPLACE MAKING A COZY & WADM ATMOSPHERE MAKING A COZY & WARM ATMOSPHERE THROUGHOUT THE HOME & FULL BATHROOM WITH ELEGANT TILES & BAMBOO FLOORS. 2ND LEVEL: MBR W/ VIEWS OF WATER AND BALCONY SO COZY AND RELAXING, 2 ADDITIONAL BR'S SO COZY AND RELAXING, 2 ADDITIONAL BR'S, FULL BATH & LAUNDRY ROOM. PLUS FRONT & BACKYARD W/ TREX DECK, NICE SIZE CRAWL SPACE FOR STORAGE, AND NEW FENCE. ENJOY THE MANY AMENITIES OF THE COMMUNITY SUCH AS CORPORATION ON PREMISES, SECURITY, BEACH, PLAYGROUND, TRACK, DELI & EXPRESS BUS PICK & DROP OFF IN COMMUNITY. COME STOP IN YOUR DREAMS HAVE BEEN ANSWERED. JUST TURN THE KEY. \$429,900 W/ SHARES INCLUDED

**EDGEWATER PARK CO-OP** 

WISHING OUR CUSTOMERS AND CLIENTS A HAPPY & SAFE LABOR DAY WEEKEND!

Many of our homes are receiving MULTIPLE OFFERS which IS **INCREASING THE SALES PRICE Take Advantage of this Amazing Time!** 



ummer SPECIAL **Call Now** For Special Commission

# List with Us!! We get Results!!

For a FREE Market Analysis I have buyers waiting for your home!





T CODDINGTON AVE.
OVATED TO PERFECTION E
TO EVERYTHING, 4 BDMS,
I, FINISHED ATTIC, FINISHED
MENT 2 CAR GARAGE PLUS
NG FOR 5 CARS. MUST SEEL

**UST LISTED 639K** 



SPENCER ESTATE AREA COUNTRY CLUB - 1 FAMILY BRICK BEAUTY. 3 BDRM, 1.5
BATHS, SPACIOUS LIVING ROOM, UPDATED KITCHEN, DINING
ROOM LEADS TO BEAUTIFUL DECK. NICE PRIVATE
BACKYARD, ABOVE GROUND POOL. FINISHED BASEMENT
WITH FIREPLACE, 2 CAR DRIVEWAY. CLOSE TO PELBAY PARK,
MAJOR HIGHWAYS & TRANSPORTATION. 629K

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3 BEDROOMS LIVING ROOM EAT IN KITCHEN, DINING ROOM UPDATED W/ PARKING \$2,100

1 BEDROOM PRIVATE HOUSE COUNTRY CLUB CLOSE TO PEL BAY PARK GAS AND ELECTRIC INCLUDED \$1,400 CREDIT CHECK, REFERENCES
REQUIRED

\$300.00 A MONTH LARGE GARAGE WITH DRIVEWAY FOR RENT CLOSE TO PELHAM BAY PARK

WISHING EVERYONE A SAFE & HAPPY LABOR DAY!!!

Philip Nott .ic. Real Estate Salesperson

Whether you are buying, renting, selling, or simply considering a move, we will be happy to speak with you.

# **3653 E TREMONT AVENUE**

Same Logation, new entrance DOWN THE DRIVEWAY!



SPENCER ESTATES **COUNTRY CLUB DETACHED 1 FAMILY** A MUST SEE!!

\$589,000

PRESENTED BY **MARIE & TERRY** 

## **FOR RENT:**

**MORRIS PARK** - 3 ROOMS, 1 BEDROOM \$1,500 GAS + ELECTRIC INCLUDED

We have a large selection of apartment listings! CLARAREALTY.COM

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718.823.5397

**3653 E TREMONT AVENUE** ACROSS THE STREET FROM THE POST OFFICE

# Nguyen's Realty Corp.

Laura D. Nguyen (Broker / Owner)

2589 St. Raymonds Ave Bronx, NY 10461 Phone:**718.430.0043** Cell:**646.529.2875** 

For Rent: Country Club Area (Spencer Drive)
Beautiful LARGE 3 Bedrooms, formal dining
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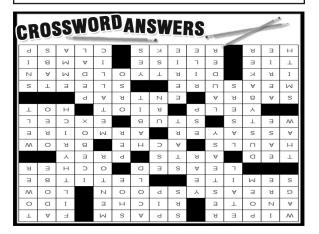


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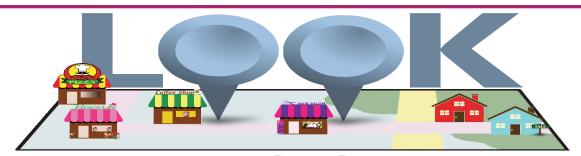
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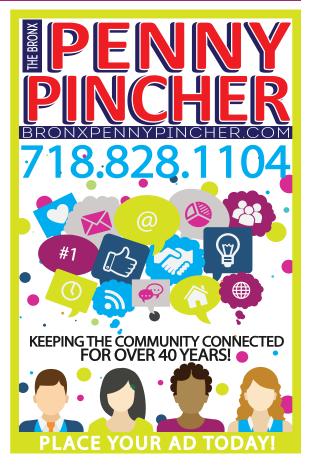
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27:00pm. Sept.10-11 @10:00am. Free of charge and all are welcome to join! www.BronxJewishCenter.org office@bronxjewishcenter.org 718-812-1701

THE NEW YORK PUBLIC LIBRARY PELHAM PARK-WAY-VAN NEST Barnes Ave Bronx, NY, 10462 718-829-5864 Sept 4- Family Story time @ 11am, Lego Club @ 3pm. Sept 5- Board Games @ 3pm. Sept 6-Baby Lapsit @ 10am Crafter noon @ 3pm Sept-7 Pre-K Open Play @ 10am Sept 8- Family Board Games @ 11am, Sept 11- Family Story time @ 11am, Kids Lego Club @ 3pm. Sept 12- Board Games @ 3pm. Sept 13- Baby Lapsit @ 10am Crafter noon @ 3pm. Sept 14- Pre-K Open Play @ 10am Family Board Games @ 11am. Sept 18- Family time @ 11am, Kids Lego Club @ 3pm. Sept 19- Board Games @ 3pm Sept 20-Baby Lapsit @ 10am, Crafter noon @ 3pm. Sept 20-Baby Lapsit @ 10am, Crafter noon @ 3pm. Sept 21-Pre-K Open Play @ 10am. Sept 22- Family Board Games @ 11am. Sept 21-Pre-K Open Play @ 10am. Sept 22- Family Board Games @ 3pm Baby Lapsit @ 10am, Crafter noon @ 3pm Sept 28-Pre-K Open Play @ 10am. Sept 29- NYPL -Open House at all Branches

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who wish to worship with us.Our goal is to provide a meaningful experience for all those through traditional yet modern services,Adult Education and other programs. even for those with no synagogue background. www.templehatikva.com RSVP by email at templehatikva @aol.com or 917-819-2456

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HIGH HOLY DAYS SERVICES AND DINNER ARE FREE FOR ALL! Cruger Avenue Synagogue invites all Bronx Jews to partake in commemorating the most important days on the Jewish calendar. Please join us on the High Holy Days as we stand together before the Almighty in prayer and celebration. We are proud to be Pelham Parkway's ONLY traditional orthodox synagogue to offer FREE community dinners and FREE services on Rosh Hashanah! Please join us on Sunday, September 9, and Monday, September 10, at 7 pm for prayer services, followed by a full Kosher dinner. Also, please participate in morning services, beginning on Monday, September 10, and Tuesday, September 11, at 9 am, conducted by a world-class Cantor. We FREELY await your presence at the Cruger Avenue Synagogue, 2222 Cruger Avenue, Bronx, NY 10467!

THE BRAHMA KUMARIS in the Bronx invites you to ioin in a Conversation, "Peace: Unlocking True Freedom," Saturday, September 1, 2018, 4:00 - 6:00pm, at 2705 Williamsbridge Road, Bronx, NY 10469. This event is one in a series of reflections on "Peace," being offered monthly around the country, in celebration of the Brahma Kumaris 40years of service in the USA. Please join us in exploring how maintaining a peaceful state of being liberates the soul from the cage of confusion, ill feelings and emotions, ensures our sense of inner freedom, and contributes to our sense of well-being. The program is offered free as a community service, is appropriate for all and open to all. We hope you are available and can join us. Please invite a friend. For RSVP bkbronx2.ny@gmail.com or 718-994-0765

ZION FAMILY MINISTRIES, INC. Our community Health Fair will be held on Saturday, September 8,

2ION FAMILY MINISTRIES, INC. Our community Health Fair will be held on Saturday, September 8, 2018 from 12-3 pm. It is an event free to the community. There will be Youth Rappers, Open Mike, Health Care Information, Blood Presssure and Blood Sugar Testing, Community Resources & Program Information, Free Giveaways and a Special Prayer Request Table. We will also be giving out free book bags to the first 100 kids (with their parents only), that come to participate in the event. For more information, call Elder Patricia Iriebi at 347.471.6936, 2429 East Tremont Avenue Bronx, NY 10461.

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# "Neighborhood Updates"



## Matthew Cruz

District Manager Bronx Community Board #10 3165 East Tremont Avenue Bronx, NY 10461 (718) 892-1161 Bx10@cb.nyc.gov

#### CITIZEN DISCOUNTS AT AREA **SENIOR** COLLEGES

Did you know that several of our City University schools such as Queens College, Lehman College, Hunter College and private institutions such as St. John's University are some of the many area schools that offer discounted tuition fees to adults. over 60-years-old? At my alma mater, CUNY Hunter College, a senior citizen that is over 60-years-old and is a resident of New York State can take college courses while only having to pay \$65 for the general fee at time of registration. If you or someone has interest, please feel free to contact me at my office at (718) 892-1161. I know exactly how difficult it might be to decide which courses you want to take and how to register. Please take advantage of this wonderful opportunity to take classes at some of New York City's best higher education institutions!

CITY CHARTER COMMISSION REVISION BRONX PUBLIC HEARING
As you know, the City of New York's governing document is the City Charter. At present time, there are two Charter Revision Commissions. The New York City Council empaneled the newest City Charter Revision Commission through legislation and it is set to have its Bronx Public Hearing on Wednesday, September 12 at 6 P.M. at Lehman College. Bronx Borough President Ruben Diaz, Jr. appointed former City Council Member James Vacca as our borough's representative. This is all of our opportunity to reform city government by recommending changes to the City Charter. You may also submit your ideas by visiting its website at www.charter2019.nyc. Please be sure to attend the public hearing on September 12. I will see you there!

HAPPY LABOR DAY!
Upon publication of this column, we will be a few days shy of Labor Day and the official start of the days sny of Labor Day and the official start of the school year for our students. I kindly ask that parents speak with their children's principals and teachers about capital needs in their schools. For example, Bronx Community Board #10 publishes a District Needs Statement annually to the Mayor of the City of New York. In this document, Bronx Community Board #10 can list which public schools need updated technology and/or an auditorium renovation. It is crucial that we improve the physical state of our schools as it only makes learning easier for students. Please feel free to contact my office with any information you have. You may also refer your children's teachers or principals to contact me directly. Happy Labor Day to all! Our office wishes students the best of luck for this upcoming school year.

# Lemon Squares



# Ingredients

1 cup unsalted butter

2 cups sifted all-purpose flour 1/2 cup sifted confectioners' sugar

2 cups white sugar

4 eggs

1 lemon

6 tablespoons lemon juice

1/2 teaspoon baking powder

1 1/2 cups chopped walnuts

1 tablespoon all-purpose flour

# Directions

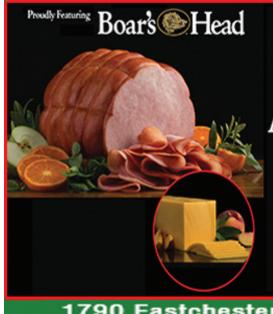
Preheat oven to 325 degrees F (160 degrees C). Grease a 9x13 inch pan. To make crust: In a large mixing bowl, beat together the butter, 2 cups of the flour, and confectioners' sugar until fluffy. Scrape mixture into the pan and smooth. Bake 15 minutes.

In a medium bowl, beat the eggs and sugar. Grate the rind of the lemon and add the rind, along with 6 tablespoons of lemon juice, to the egg mixture. Sprinkle 1 tablespoon of flour and the baking powder over the mixture. Fold in the nuts and mix until well blended. Pour the lemon mixture into the crust.

Bake for another 35 minutes, until filling is set. Let cool before cutting.



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CareCredit

OPEN MONDAY-SATURDAY



WWW.GUERRINODENTISTRY.COM

PER IMPLANT Reg. \$2000 per implant

Offer expires 2/23/18.

#### LET'S GET ACQUAINTED

exam, full set of x-rays, s consultation & **CLEANING\*** (reg \$525)

\*In absence of gum disease. New patients only. Offer expires 2/23/18.

## CHILD'S SPECIAL

exam, prophylaxis, bitewings & fluoride (reg \$395)

With this coupon. New patients only. Limit 1 per family. Not valid with other offers or prior services. Offer expires 2/23/18.

## **LIMITED TIME OFFER**

Zoom!°

2-hour in-office whitening with take-home custom-made bleaching trays, bleaching gel, desensitizing gel & carry case (reg \$750, now \$550)

Offer expires 2/23/18.

on invisalign for new patients who start ortho treatments · a new invisible way to straighten teetl (orthodontist in office)

(reg \$5700, now \$5200) Offer expires 2/23/18.



for any smile makeover dental procedure

Offer expires 2/23/18.





Center For Nursing & Rehabilitation

801 Co-Op City Boulevard Bronx, NY 10475 PHONE: 718.239.6555 FAX: 718.239.6553

Say Park Center provides high quality, skilled nursing care in a nurturing environment.

Our long standing records of excellence and ongoing initiatives to expand and improve our facilities and services have earned us an outstanding reputation in the community. Today, we have grown to become one of the most comprehensive, full service facilities of our kind in the area.

Our admissions office will be more than happy to answer any questions and help you decide if Bay Park Center is right for you or your loved one. Please feel free to contact us at 718-239-6555 to have any questions answered or schedule a tour. You can also find us on our website at www.bayparkcenterfornursing.com

# Programs and Treatments offered at Bay Park:

# **Special Services**

- IV Fluids
- IV Antibiotics
- · Diabetes Management
- Hospice/Palliative Care
- Respite Care

# **Respiratory Treatments**

- Oxygen Therapy
- Tracheostomy Care
- · Bi-Pap/C-PAP
- Suctioning

# **Skin/Ulcer Treatments**

- Negative Pressure Therapy (Wound Vac)
- Pressure Reducing Devices
- Nutrition and Hydration Interventions
- Ulcer Care
- Surgical Wound Care

# **Special Programs**

- Alzheimer's/Dementia Program
- Restorative Nursing Program
- Medical Model Adult Day Care
- Behavioral Health Unit

# **Rehabilitation Services**

- Intensive PT, OT & ST 6 days a week
- Short Wave Diathermy
- Therapeutic Ultrasound
- Electrical Stimulation
- Specialized Orthopedic & Neurological Interventions
- Cognitive Therapy
- Vestibular Rehabilitation