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## Holy Trinity Church hosts Lewiston/Auburn Greek Festival

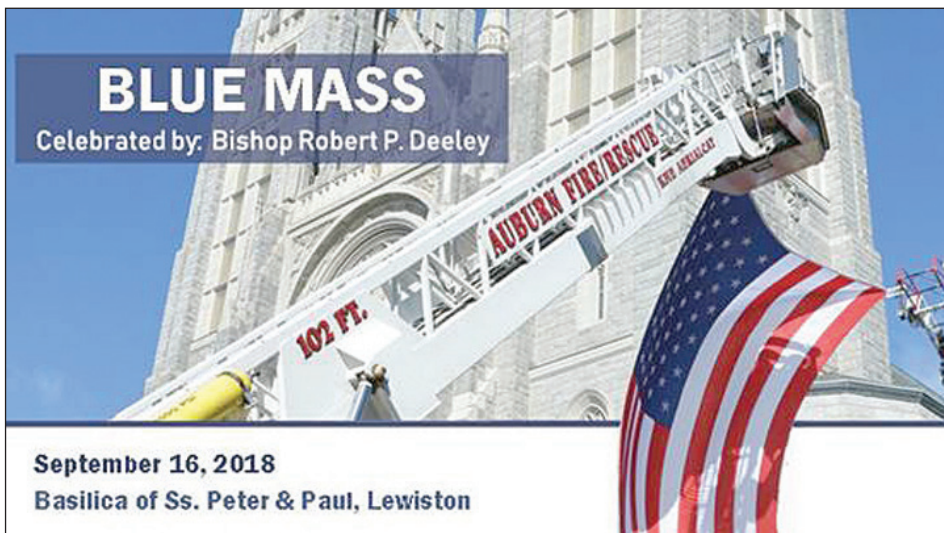


The Lewiston/Auburn Greek Festival was held at Holy Trinity Church in Lewiston on September 7 and 8. Serving up food at the grill was Auburn Mayor Jason Levesque, Attorney Jack Clifford, James Simones of Simones' Hot Dog Stand, Dr. John Carson and Dr. Carlo Gammaitoni. (TCT photo by Laurie A. Steele).



Congressman Bruce Poliquin stops by to visit Margery Mars and official "festival dog" Callie at the Lewiston Auburn Greek Festival. (TCT photo by Laurie A. Steele).

## Bishop to celebrate Blue Mass Sunday in Lewiston



Blue Mass in uniform. The Mass is planned and organized by diocesan officials and representatives from local, county, and state public safety agencies. Color guards, including a multi-jurisdictional honor guard, will be on hand, as will ladder trucks displaying the American flag. The Maine Public Safety Pipe and Drum Corps and the Maine State Police Pipe and Drum unit will perform before and after the Mass. A reception for all gathered will be held in the parish hall after the

Mass.

The Blue Mass, referring to the blue uniforms that firefighters, law enforcement and other first responders wear, dates back to 1934 and is a venerable tradition in many dioceses. The events of September 11, 2001, served as the impetus for the Diocese of Portland to institute the Blue Mass locally.

The basilica is located at 122 Ash Street in Lewiston. For more information, visit [www.portlanddiocese.org/BlueMass2018](http://www.portlanddiocese.org/BlueMass2018).

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Hundreds of active and retired local, state, and federal law enforcement officers, firefighters, and emergency personnel will be recognized for their faithful commitment and self-sacrifice at a Blue Mass to be celebrated by Bishop Robert P. Deeley at the Basilica of Saints Peter & Paul in Lewiston on Sunday, September 16 at 10:30 a.m. People of all faiths are welcome to attend and join in showing their gratitude to these dedicated heroes.

Senator Susan Collins, state senators and representatives, city councilors, gubernatorial candidates, and other dignitaries will join the bishop in honoring those who serve in this community. Blessings will

be bestowed upon all who contribute to the public health and safety of Maine, and prayers will be offered for those who have given their lives in the line of duty.

"We are well-served by those who protect us and serve us," said Bishop Deeley. "We need to pause to give them thanks. We do not need to wait until a disaster strikes to be grateful for the dedication of all those whose life work is the protection of the public. At the Blue Mass, our purpose is not only to thank them for their service to society, but also to thank God for that service, and to ask God's blessing on each of them."

All members of the public safety community are encouraged to attend the

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# Newsmakers, Names & Faces

## Resident Assistants at CMCC



Resident Assistants at Central Maine Community College are student leaders trained to assist and supervise the 250 students who live in the campus residence facilities. This year's RA's are (l. to r., from front) Emily Ayer, Stephanie Jones, Cody Dolloff, Tyler Tibbetts, Jared Rubin, Campbell Duncan, Javier Padilla, and Michael Smith.

## Rotary Club nominates Millhime for District Governor



Pictured here with nominee Monica Millhime (c.) are club president Tom MacDonald and past club president and Rotary District Governor Sylvia Plourde. (Photo courtesy of Jackie Majerus-Collins)

Members of the Lewiston-Auburn Rotary Lunch Club unanimously approved the nomination of immediate past president Monica Millhime for the Office of District Governor serving Maine and Quebec clubs during 2021-2022.

Millhime has been a Rotarian since 1994 and is a Paul Harris Fellow. She served as the President of the L-A Rotary Club for

the year 2017-2018. In July, she was awarded the 2018 Governor's Certificate of Recognition for her efforts. Under Millhime's leadership, membership grew by 25% while the club focused on serving children and students and establishing community and international connections. The club awarded grants to several non-profits and \$6,000 in community scholarships.

Millhime is an Employment and Training Business Specialist for Western Maine Community Action, covering five counties from her base at the Lewiston CareerCenter, where she develops and coordinates employer-driven projects with Work Ready and other on-the-job training programs. She resides in Durham with her best friend, fellow-Rotarian, and husband of 48 years, Jim.

## Dalton to run for District 6 seat on County Board

Shannon Dalton has announced her candidacy for the District 6 seat on the Androscoggin County Board of Commissioners. This seat covers Poland, Mechanic Falls, and part of Auburn.

In a prepared statement, Dalton says she enjoys a challenge and helping her community. This is reflected in her work as the practice manager for a small local business and her work towards completing her accounting degree, all the while raising two children with her husband on a small farm in Poland.

She has lived in Androscoggin County for the



Shannon Dalton past 14 years and feels passionate about helping to guide the county as it works with local governmental agencies on finding the balance that supports both workers and town budgets. She is committed to being a positive and thoughtful representative for the people of District 6.

For more information, find her on Facebook or contact her at 558-3019 or shannondalton00@gmail.com.

## Wade named Lawyer of the Year in "Medical Malpractice, Plaintiffs" category

Attorney Stephen B. Wade of Skelton Taintor & Abbott was recently selected as the 2019 Lawyer of the Year for the "Plaintiffs' Medical Malpractice" category in the State of Maine. Only a single lawyer in each practice area is honored as the lawyer of the year, making this accolade particularly significant. These lawyers are selected based on polls of other lawyers who practice in the same area.

Wade has previously been named Lawyer of the Year for "Product Liability Litigation" and "Insurance Law." In addition, he is also listed in the 2019 edition of Best Lawyers in America in the following practice areas: Medical Malpractice Law, Plaintiffs; Personal Injury Litigation, Plaintiffs and Defendants; Product Liability Litigation, Plaintiffs and Defendants; and Insurance Law.

Wade is a shareholder of the firm and has served as Skelton Taintor & Abbott's hiring partner and on the firm's management com-



Stephen B. Wade mittee. Having represented hundreds of individuals, each of whom has experienced a traumatic event that has resulted in their injury or in the death of a loved one, he has devoted his 30-year career to representing individuals who have been injured as a result of the negligence of others. He has received the preeminent AV-rating by Martindale-Hubbell and has also been honored on the New England Super Lawyers list. He sits on the Board of Governors of the International Society of Barristers.

He can be reached at Skelton Taintor & Abbott by calling 784-3200 or at www.STA-Law.com.

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# Governor's Address: Maine Will Be Restarting Our Program to Lower Your Health Insurance Costs

Dear Maine Taxpayer,

My administration passed a bill to lower health care costs in 2011, but Obamacare halted it in its tracks. The Trump administration is allowing us to implement the Maine Guaranteed Access Reinsurance Association again, and this will lower your health insurance premiums.

MGARA is known as Maine's "invisible high risk pool." It was one of the centerpieces of our 2011 healthcare-reform legislation. It had a proven track record of success, lowering individual health premiums by approximately 20 percent. In fact, it became a

national model.

In 2012 and 2013, MGARA collected about \$26 million in premiums and \$41 million in assessments, while paying out about \$66 million in re-insured health insurance claims. It kept premium increases about 20 percent lower than they otherwise would have been. That is money in your pocket.

The Affordable Care Act, also known as Obamacare, passed shortly after MGARA was implemented. There was substantial overlap between the federal and state programs, so MGARA's was suspended.

As we know, Obamacare is really the "Un-affordable" Care Act.



Governor Paul R. LePage

Here in Maine, as in many states, we have seen health insurance premium costs skyrocket. In the past two years alone, rates in Maine have gone up each year by more than 20 percent. This is unacceptable, as well as unaffordable.

Reinstating MGARA will allow us to provide much-needed premium relief to Mainers who do not qualify for subsidies, without changing the benefits provided in any way.

Last year, the Legislature enacted a bill authorizing the reactivation of the invisible high-risk pool.

Insurers are prohibited from denying individual health insurance coverage or charging higher rates based on medical conditions, claims experience or other health risk factors.

MGARA is called an "invisible" pool because it does not affect the status of the individual who receives insurance through it in any way - they receive exactly the same coverage for ex-

actly the same price from the same insurer.

MGARA is subsidized by a \$4 per-member-month assessment on Maine's entire health insurance market, so it has provided significant premium reductions in the individual market.

Industry experts predict that MGARA's reactivation in 2019 would lower premiums by approximately 9 percent. Anthem, which had left the exchange in 2018 and minimized its presence in the off-exchange market, had announced that it would come back to the exchange if MGARA was reactivated.

This would raise the number of carriers in Maine's exchange from two

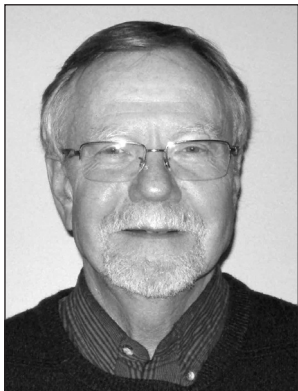
to three. All of this is good news for consumers.

Experts predict that some consumers will see the individual market premium fall by about 9 percent in 2019, the first year of MGARA's reactivation. We will also see the number of uninsured reduced by between 300 to 1,100 per year, all with no change in benefit coverage.

We want to ensure that Mainers have the most health insurance options at the lowest cost. It's the right thing to do.

Thank You,  
Paul R. LePage  
Governor

## Androscoggin Home Healthcare & Hospice welcomes new clinical staff



Jim Schneid, MD

Androscoggin Home Healthcare & Hospice has announced three new additions to its clinical staff.

Jim Schneid, MD, was hired as a per diem Staff Physician in Hospice. Dr. Schneid is a graduate of the University of Notre Dame and SUNY Upstate Medical Center and was a Resident in Family Practice with the SUNY Wilson Hospital Family Practice Program. He is certified by the American Board of Family Medicine in Hospice and Palliative Care. Schneid is a Clinical Associate Professor of Family Medicine at the University of New England's College of Osteopathic Medicine. He has served in academic appointments at Tufts Medical School and Dartmouth Medical School. An accomplished author and presenter, he resides in Winthrop.

Katharine Addicott,



Katharine Addicott, NP

NP, was hired as a per diem Nurse Practitioner at the Hospice House. Addicott is a graduate of Appalachian State University and the University of Southern Maine. She is certified as a Family Nurse Practitioner by the American Academy of Nurse Practitioners, as a Palliative Care Educator in the Pediatric Track by Harvard Medical School, and holds Advanced Certifications in Hospice and Palliative Care from the National Board for Certification of Hospice and Palliative Nurses. A Palliative Care Nurse Practitioner at Maine Medical Center's Palliative Care Program in Portland, she has an extensive background in public health nursing. She resides in South Portland.

Nancy Wright, NP, was hired as a Nurse Practitioner at the Hospice House. Wright is a graduate of Northeastern Uni-



Nancy Wright, NP

versity, Simmons College, and the Indiana University School of Nursing and holds a Doctorate in Nursing from Northeastern University. She has been a Family Nurse Practitioner at the CMMF/Bridgton Hospital Practice Group and has served as a nursing instructor at St. Joseph's College, the University Southern Maine, the University of New England's College of Osteopathic Medicine, and other New England colleges. She resides in Bridgton.

Androscoggin Home Healthcare & Hospice is the largest non-profit independent home health and hospice organization in the state. To learn more about employment and volunteer opportunities, call the Marketing and Development Office at 777-7704, ext. 1311 or see [www.androscoggin.org](http://www.androscoggin.org).

## CCFC financing supports Norway-Paris Fish and Game expansion

Community Concepts Finance Corporation recently provided financing to the Norway-Paris Fish & Game Association to purchase an additional 17 acres adjacent to their current location on Buckfield Road in South Paris. The fish and game association plans to create ATV trails in tandem with safety and educational course offerings, while long term goals include bringing archery to the new acreage.

Founded in 1970, the Norway-Paris Fish & Game Association dedicates itself to making the community a better place to live and recreate. The association has approximately 500 members who enjoy what is widely considered to be one of the state's most modern and safe fish and game shooting ranges. The grounds, which are welcoming to children and adults alike, are alcohol-free and provide 24-hour video surveillance.

In addition to its facilities, the association hosts several community events each year, including a fishing derby, recreation day, safety classes, and sporting competitions. The non-profit organization also provides college scholarships to local graduates, as well as tuition scholarships for children to attend a week of camp at the UMaine 4-H Camp in



Pictured here (l. to r.) are NPFG president Stephen Tobin, NPFG secretary Cindy Ouellette, and CCFC underwriter Natalie Beale.

Bryant Pond.

By adding another 17 acres of land, the association will continue to grow and provide more recreational opportunities for both youth and adults in the community. "This expansion is part of the association's history," said Norway-Paris Fish and Game president Stephen Tobin. "The land will be enjoyed for years to come."

Community Concepts Finance Corporation believes all individuals, families and communities can be financially secure and offers homebuyer, business, and economic development resources and services. The non-profit corporation is a part of Community Concepts, Inc. and is based in South Paris. To learn more, call 333-6419 or visit [www.ccfcmaine.org](http://www.ccfcmaine.org).

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Tri-County Mental Health Services has received an award of \$54,978 from the United Way of Greater Portland as part of the United Way's Thrive 2027 Initiative. The award will fund the pilot of a collaborative effort by Tri-County Mental Health Services, United Ambulance Services, and Bridgton Hospital to provide support to individuals who present at the hospital's Emergency Department because of an opioid overdose, receive medical treatment, but do not agree to enter recovery-oriented

treatment or for whom no such treatment is available or accessible.

In these cases, Emergency Department personnel will notify TCMHS staff, who will then coordinate the provision of services with United Ambulance Services. For one week post-discharge, a community paramedic and TCMHS Peer Recovery Coach will visit the discharged individual in his or her home. The paramedic will administer suboxone (buprenorphine and naloxone) to decrease the symp-

toms of opioid withdrawal and support recovery, check vitals, and ensure the patient is medically stable. The Peer Recovery Coach will perform a wide range of tasks to assist project participants in regaining control over their lives and over their recovery process.

The Peer Recovery Coach will apply knowledge and skills gained in his or her recovery, as well as the philosophy and values of the peer recovery coaching model as promoted by Maine Alliance for Addictions Recovery. Peer

Recovery Coaches will also gather data on outcomes, including when patients begin recovery treatment, to analyze and support project assessment. The proposed effort is a small, pilot project designed to develop a model for successful implementation on a larger scale.

The desired outcomes of the funded project are that those who participate will complete the pilot program, enter and maintain recovery, and sustain recovery going forward. The pilot is intended to result in the de-

velopment and implementation of a larger scale project that will have significant positive impact in treating opioid addiction in Maine's more rural regions.

The United Way of Greater Portland made 48 awards totaling more than \$3.7 million as part of its new THRIVE 2027 Initiative, which seeks to implement the following ten-year objectives: 1. Every child will have quality early learning experiences beginning at birth. 2. Individuals and families will have the education, employment oppor-

tunities, and resources to achieve financial stability. And 3. Children, adults, and communities will have resources and opportunities to achieve optimal health status.

Tri-County Mental Health Services' philosophy of building toward recovery and sensitivity to the traumatic experiences of consumers gives hope to individuals, families, and communities in Androscoggin, Northern Cumberland, Franklin, Oxford and York counties. For more information, visit [www.tcmhs.org](http://www.tcmhs.org).

*Olivia Mayo is a member of the Saint Dominic Academy  
Class of 2015.*

A member of Saint Dominic Academy's Class of 2015 will represent the State of Maine in front of viewers from across the nation this weekend. Minot native Olivia Mayo will compete for the title of Miss America 2019 at Boardwalk Hall in Atlantic City, New Jersey, on Sunday, September 9, at 9 p.m. on ABC.

Maine viewers can watch the competition on WMTW (Channel 8 in Portland) and WVII (Channel 7 in Bangor).

Though the competition is nearly a century old, Mayo will participate in an historic edition of Miss America: this year's event is called Miss America 2.0 and will be the first at which candidates will not be judged on outward appearance. The swimsuit portion of the competition has been eliminated and the choice of wardrobe is up to each woman so she can express her own individual style. Candidates will also advocate for social initiatives throughout the show.

"My personal social impact statement is 'Love Doesn't Hurt,'" said Mayo. "My goal is to raise funds

and awareness to put an end to domestic violence in Maine and nationwide.” Mayo has held several events for her platform, helping to raise money and open up discussions on how domestic violence is affecting Maine.

Since graduating from Saint Dominic Academy, Mayo has studied at the University of Southern Maine, majoring in communications and media studies with an ambition to pursue a career in television production. She was crowned Miss Maine on June 23 at the Freeport Performing Arts Center.

“Miss America has empowered me to become a role model, grow as a leader, and further my education,” said Mayo, who has earned thousands of dollars in scholarship money through the Miss America Program. “I want the opportunity to be an advocate for those in need and to raise awareness and funds for both my personal platform and Children’s Miracle Network Hospitals. I am capable of making a positive impact on my state, nation, and myself.”

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## Students in Manufacturing Technician Program celebrate course completion



*Pictured here (l. to r., from front) are instructor Scott Moran, Jose Sousa, Carlos Dengat, Dale O'Brien, Monica Millhime and Cher Tyra of WMCA, Pedro Simoes, Belmiro Santos, Michel Simba, Cristiano Luemba, Mpaka Lumbizimbizi, and Glody Lelo. A number of the graduates have been offered positions with area manufacturers. (Photo courtesy of Wendy Berube, NTI)*

Students completing a Manufacturing Technician Program jointly offered by Northeast Technical Institute (NTI), the Lewiston CareerCenter, and Western Maine Community Action (WMCA) celebrated their last day of classes recently with instructor Scott Moran and WMCA Employment & Training Specialists Cher Tyra and Monica Millhime.

The 11-week program prepares students for a variety of entry-level positions in the manufacturing industry. Students learn core competencies in bench-work, precision measurement, blue print reading, industrial safety, technical math, computer applications, lean

manufacturing, manufacturing concepts, workplace skills and communication, and leadership development. Upon successful completion of the classroom portion of the program, they then have the opportunity to select an area of concentration in the manufacturing industry.

Valued at over \$4,500, the training is provided at no cost for eligible participants. Students meeting the eligibility guidelines are supported by funds provided by the Competitive Skills Scholarship Program and the Workforce Innovation Opportunity Act.

“Being able to hire people with sound, basic skills is important, even in

a tight job market,” said WMCA Project Coordinator Patti Saarinen. “This training provides those skills and offers employers candidates who are ready to go.”

The next class is scheduled to begin on Monday, October 22. An orientation session will take place on Monday, October 1, from 1:30 to 3:30 p.m. at the Lewiston CareerCenter. The registration deadline is Friday, September 21.

To register, contact the Lewiston CareerCenter at 753-9001 or 1-800-741-2991. For more information, updates, and other training opportunities, find Western Maine Community Action on Facebook.

## Stanton Bird Club, APL receive sentiment from State Legislature



*From l.: APL Trustee Barbara Trafton, Maine House of Representatives member BettyAnn Sheats, and Stanton Bird Club President Jeri Maurer plan a series of programs at the library celebrating the International Year of the Bird and the Stanton Bird Club's 100th anniversary.*

The Stanton Bird Club and Auburn Public Library recently received a joint resolution from the Maine State Legislature recognizing 2018 as the International Year of the Bird and the centennial of the federal Migratory Bird Treaty Act.

With this designation by National Geographic and the National Audubon Society, the Year of the Bird marks the importance of the

Migratory Bird Treaty Act, called the most powerful bird protection law ever passed. By the early 1900s, the United States saw the extinction of several species of birds, leading to calls for regulation and the establishment of the Act in 1918, which forbade the killing of many native birds, disturbing any egg or nest, or capturing and transporting birds over state

lines. The Stanton Bird Club and Auburn Public Library will team up to offer programs throughout September and October as a part of the club's year-long celebration of its own 100th anniversary. Programs will include films and lectures on conservation and bird habitat protection. For more information, see [www.auburnpubliclibrary.org](http://www.auburnpubliclibrary.org)

## ReVision Energy employee-owner to address Rotary Club



*Jill McLaughlin*

The guest speaker at the next meeting of the Lewiston-Auburn Rotary Club on Thursday, September 20, from noon to 1 p.m. will be Jill McLaughlin of ReVision Energy. The event will take place at the Village Inn at 165 High Street in Auburn.

McLaughlin is an employee-owner of Revision Energy, where she works as a Marketing & Outreach Specialist. Revision Energy is an employee-owned, full-service renewable energy contractor that provides a full range of services, including engineering, design, and installation, for homes, businesses, municipal buildings and nonprofits.

Originally from New

Hampshire, McLaughlin moved to Portland this past fall from New York City, where she worked in book publishing and volunteered with local environmental activism groups.

Guests are welcome and no reservations are required. Lunch will be available at the restaurant. For more information, con-

tact Club President Thomas MacDonald at 333-4588, follow them on Facebook, or see [www.lewistonauburnrotary.org](http://www.lewistonauburnrotary.org).

Check TCT every week for updated Calendar listings!

## CMCC offers course on “Identity Theft & Protecting Your Money”

The Center for Workforce & Professional Development at Central Maine Community College will offer a course on “Identity Theft & Protecting Your Money” on Thursday, September 27, from 5:45 to 7:45 p.m.

The course is designed to teach participants how to best protect their name, money, and assets from identity thieves. Topics will

include types of identity theft, how personal information is obtained and used by identity thieves, real life scenarios, and alternative investment vehicles for income-producing assets. This course is recommended for those who utilize mobile devices for financial and sensitive information transfers, who use credit or debit cards at retail establishments, and for those

who want to be proactive in protecting their financial identity. The cost is \$20. The deadline to register is September 20. For more information or to register, contact Central Maine Community College's Center for Workforce & Professional Development at 755-5280, [workforcedevelopment@cmcc.edu](mailto:workforcedevelopment@cmcc.edu), or see [www.cmcc.edu/ccs](http://www.cmcc.edu/ccs).

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# What's Going On

## City of Auburn seeks holiday tree

The City of Auburn and the Auburn Public Services Department are seeking a beautiful local tree to install in Festival Plaza this holiday season.

Imagine your tree, glowing and decorated in gorgeous holiday lights, surrounded by hundreds of people who have gathered to see it light up downtown Auburn. This image could become a reality if your tree is located in Auburn;

is an evergreen - spruce or fir - at least 25 feet tall; and is relatively accessible, with no power lines or other obstructions nearby.

The selected tree will be removed and transported at no cost to the owner and will remain on display at Festival Plaza throughout the season. It will be illuminated on Saturday, November 24 for the Twin Cities Festival of Lights Holiday Parade, officially kicking

off the holiday season in beautiful downtown Auburn. The donor will be invited to the lighting ceremony and will be recognized through publicity and social media.

Submissions should be sent in as soon as possible and no later than October 26. To see if your tree "makes the cut," explain why it should be chosen at [www.auburnmaine.gov/pages/neighborhood/tree](http://www.auburnmaine.gov/pages/neighborhood/tree).

## Androscoggin Home Healthcare and Hospice seeks volunteers

Androscoggin Home Healthcare and Hospice is seeking volunteers for its hospice program, home visits, the Hospice House, and visits to nursing facilities. Volunteers provide companionship to patients, respite for family members, and help fulfilling special requests. AHCH also seeks Reiki volunteers, pet therapy volunteers, cosmetology and reflexology volunteers, and veterans to visit with other veterans.

An application and interview are required.

Ongoing training and support is provided. Volunteers are required to provide 2 to 4 hours of service each week for a year commitment.

Volunteer training opportunities will be offered at the following places and times: Lewiston Hospice - September 17 through October 8 from 9 a.m. to 12 p.m. at 15 Strawberry Avenue in Lewiston; Harrison Online Hospice - October 3 through 17 from 1 to 4 p.m. at Adult Education in Farmington; Farmington Online Hos-

pice - October 12 through 26 at Adult Education in Farmington; Lewiston Online Hospice - October 18 through November 1 from 4 to 7 p.m. at 15 Strawberry Avenue in Lewiston; and, Bereavement Training - October 18 through 26 from 1 to 4 p.m. at 15 Strawberry Avenue in Lewiston. Some meeting times may vary.

For more information, contact Kathy Baillargeon, Manager of Volunteer Resources, at 795-9586 or 1-800-482-7412, ext.1286.

## Chamber program focuses on retirement income

The LA Metro Chamber of Commerce will present "Seven Principles of Generating Retirement Income" on Wednesday, September 19, from 12 to 1 p.m. Taking place in the chamber's Community Conference Room at 415 Lisbon Street in Lewiston, the workshop will be presented by Ruben Gonzalez, Northeast Retirement Director, Janus, and Salvatore Bonetti, Financial Advisor, Baystate Financial.

This comprehensive presentation with workbook

will assist advisors with client conversations about generating income in retirement. Topics will include outspending one's savings, consolidating cash flow, dividing long-term investment plans into shorter time periods, pitfalls of investing solely for income, why taxes matter, maximizing Social Security benefits, and the role of guaranteed income solutions

This program is part of the chamber's Professional Development Series, for which it charges a registra-

tion fee of \$25 for members and \$50 for non-members. For more information or to register, call 783-2249 or visit [lametrochamber.com](http://lametrochamber.com).

Send all items for **What's Going On** to **Editor@TwinCityTimes.com**. Deadline is **Friday by five**.

## Kennebec Estuary Land Trust presents program on managing invasive plants



This crew is working to remove the invasive Asiatic bittersweet from Sewall Woods in Bath. (Photo by Cheri Brunault)

The Kennebec Estuary Land Trust (KELT) will present two free workshops on managing invasive plants on Sunday, September 16. Both programs will take place at KELT's Sewall Woods Preserve on Whiskeag Road in Bath and will provide those attending with the opportunity to observe and try out methods for treating a variety of invasive plants.

The morning program is designed for homeowners and will provide guidance on methods for treating invasive plants found in yards and woods. The afternoon program is designed for land managers and will provide information specific to those who manage invasive plants on woodlots, public lands, or other large landscapes.

The morning program for homeowners will take place from 9:30 a.m. to 12:30 p.m. At this program, manual and herbicide methods for removing invasive plants will be demonstrated and attendees will have a chance to try them out. From barberry to bittersweet, different methods work bet-

ter for different types of plants. KELT's Stewardship Coordinator Cheri Brunault and Bath's City Forester Kyle Rosenberg will introduce the plants, highlight which methods work best for which plants, and share information about other invasive plant management resources.

The afternoon program for land managers will take place from 1 to 4 p.m. and will be led by KELT's Stewardship Coordinator Cheri Brunault. This program will highlight manual and herbicide treatment methods that are best for a variety of invasive plants. Participants will be introduced to the plants and will have a chance to try the methods. The program will also provide guidance on landscape-scale invasive plant mapping, as well as information about coordinating volunteers for invasive management projects and grant resources that are available for this work. Participants will have the chance to share knowledge and ideas.

KELT's Sewall Woods Preserve is located on Whiskeag Road in

Bath. The parking area is just west of the intersection between Whiskeag Road and High Street. This is a light rain or shine event and registration is strongly encouraged at 442-8400 or [www.kennebecestuary.org](http://www.kennebecestuary.org).

This is the final part of a three-part series presented this summer by KELT and the Androscoggin Valley Soil and Water Conservation District to help local residents and land managers identify and control invasive plants. If you are interested in finding out more about invasive plants, the Maine Natural Areas Program has images and fact sheets for a variety of the invasive plants in Maine. These resources can be found at <https://www.maine.gov>.

The Kennebec Estuary Land Trust is a membership-supported organization dedicated to protecting the land, water, and wildlife of the Kennebec Estuary. It maintains nine preserves for public enjoyment and has protected 3,600+ acres of land since its founding in 1989. For more information, call 442-8400 or see [www.kennebecestuary.org](http://www.kennebecestuary.org).

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## “Walk to End Alzheimer’s” Saturday in Lewiston

The Alzheimer’s Association is inviting Lewiston-area residents to participate in the Lakes & Mountains Area Walk to End Alzheimer’s on Saturday, September 15 at 9:30 a.m. at Simard-Payne Memorial Park in Lewiston.

More than 400 participants will complete a 2.5-mile walk and learn about Alzheimer’s disease, advocacy opportunities, clinical studies enrollment, and support programs and services provided by the Alzheimer’s Association. Walk participants may also join in a meaningful tribute ceremony at 9 a.m. to honor those affected by Alzheimer’s disease.

“The Walk to End Alzheimer’s is a fun, family-friendly social event that helps raise awareness and funds to one day achieve our vision of a world without Alzheimer’s,” said Executive Director Laurie Trenchholm. “It is an uplifting and inspiring day that shows support for those living with Alzheimer’s and gives a strong message of hope to find answers about this disease and, ultimately, a cure.”

More than five million Americans live with Alzheimer’s disease, the sixth-leading cause of death

in the U.S. and the only disease among the top 10 causes that cannot be cured, prevented, or even slowed. Additionally, more than 15 million family members and friends provide care to people with Alzheimer’s and other dementias in the U.S. In Maine alone, there are 69,000 caregivers supporting more than 28,000 people living with the disease.

The park is located at 46 Beech Street in Lewiston. Sign-in starts at 8 a.m. To sign up as a Team Captain, join a team, or register to walk as an individual, visit [alz.org/walk](http://alz.org/walk).

## Skyline Farm hosts Benefit 5K Trail Run-Walk

Skyline Farm will hold its fifth annual Benefit 5K Trail Run-Walk on Sunday, September 16 at 10 a.m. The course will consist of one loop through the trails at Skyline Farm and the neighboring Yarmouth Water District land.

The first 50 registrants will receive a free t-shirt. The registration fee

is \$20 in advance or \$25 on race day. Race day registration will take place from 8 to 9:30 a.m. To register in advance, see [www.running-4free.com](http://www.running-4free.com).

Fleet Feet Sports has donated \$100 gift certificates for the top male and female finishers. Local pies will be awarded to the top male and female finishers in eight age categories.

Chances to win door prizes will be available for purchase; each first-time racer will receive one free door prize ticket.

Skyline Farm is a non-profit organization located at 95 The Lane in North Yarmouth. For more information about the event, contact Jennifer at 415-6830 or [info@skylinefarm.org](mailto:info@skylinefarm.org) or see [www.skylinefarm.org](http://www.skylinefarm.org).

## Order tickets Sep. 16 for NYCC’s Chicken Pie Supper

To better serve people at their annual Chicken Pie Supper on Friday, October 26, the North Yarmouth Congregational Church will host a limited number of people for two seatings at 4:30 and 6 p.m. “First-come, first-served” tickets for each time slot must be purchased on Sunday, September 16 from 1 to 3 p.m. or 5 to 7 p.m., either in person at the church, by phone at 829-3644 or 829-4597, or by email at [nyccchicken-pie@gmail.com](mailto:nyccchicken-pie@gmail.com).

To be fair, emails will only be accepted if they arrive between 1 and 3 p.m. and 5 and 7 p.m.

The cost is \$13 per plated meal. Payment must be made by cash or check (no credit cards) on September 16 or by Monday, September 24 at the latest. Tickets not paid for by September 24 will be released to the waiting list. This new format will provide guests with a safe,

sustainable, reliable experience that should last for years to come. The church is located at 3 Gray Road in North Yarmouth.

There will be a very limited supply of take-out meals that can be reserved on September 16, also on a first-come, first-served basis.

The church’s February Pie Sale, where people pre-order chicken pies for pick-up on February 8, will continue as in the past.

## CMCC offers course on “Diversity in the Workplace”

The Center for Workforce & Professional Development at Central Maine Community College will offer a course called “Diversity in the Workplace: Strategies for Success.” Classes for this hybrid course will take place Friday mornings from 9 to 11:55 a.m. from September 28 through November 30.

The course is designed to help business owners and

leaders effectively bridge cultural differences in the work environment. Developing these skills around cultural competency will enable leaders to attract, support, and retain talent from diverse backgrounds. Two facilitators from Maine Intercultural Communication Consultants will join the Center for Workforce and Professional Development in guiding participants through a series of practical frameworks and tools to help create a workplace where people - regardless of their cultures - thrive.

The cost is \$539. The deadline to register is September 21. For more information or to register, contact the Center for Workforce & Professional Development at 755-5280, [workforcedevelopment@cmcc.edu](mailto:workforcedevelopment@cmcc.edu), or visit [www.cmcc.edu/ccs](http://www.cmcc.edu/ccs).

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# What’s Going On

## CMHRA program addresses workplace safety

The Central Maine Human Resources Association will present a program for employers of all sizes about workplace safety on Tuesday, September 18, at 7:45 a.m. at the Carriage House in Lewiston. The presenter will be auditor Daniel Stevens of OSHA.

This session will provide an overview of requirements for OSHA postings and illness and injury recordkeeping and reporting, including serious event reporting. He’ll discuss what to do if you are notified of an OSHA complaint and briefly discuss resources for building or improving a safety and health program. If you have questions, feel free to submit them in advance to [rwebber@sta-law.com](mailto:rwebber@sta-law.com).

Sign-in will begin at 7:30 a.m. There will be time to network before and after the program. Registration online is preferred and available at [www.cmhra.org](http://www.cmhra.org).

Members of CMHRA attend free of charge; others simply pay \$25, which includes the program as well as a full breakfast. This program is sponsored by CGI Business Solutions. Sponsorships promote businesses who can assist companies with employees and aid in keeping costs down.

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# Out & About with Rachel Morin

## St. Philip's 50<sup>th</sup> Anniv. Mass planned for Sep. 22



Just one of several groups involved in the preparations for the event, the main planning committee includes (l. to r., from front) Lorraine Higgins, Louise Geoffroy, Richard Lee, Estelle Bouchard, committee chair Stephanie Thibodeau, Rachel Desgrosseilliers, and Lynne Rossignol. Absent from the photo are Sally Belisle, Karen Finley, and Roger and Joyce St. Pierre.

St. Philip Church of the Immaculate Heart of Mary Parish has been a beehive of activity these past few weeks as so many parishioners have been working to prepare for the church's special 50<sup>th</sup> Anniversary Mass on Saturday, September 22, at 4 p.m. A reception will follow in the parish hall.

When the Most Reverend Peter L. Gerety, then Bishop of the Roman Catholic Diocese of Portland, founded St. Philip Church in Auburn in September of 1968, he designated that part of the congregation at Sacred Heart Church of Auburn and part of the congregation at St. Joseph Church in Lewiston would become the founding members of the new church, with Rev.

Fr. Edmond J. Hache as the founding pastor. Rev. Hache was later elevated to the title of Monsignor.

Sacred Heart Church is now part of the Immaculate Heart of Mary Parish. Rev. Fr. Robert D. Lariviere

serves both churches as pastor. The Knights of Columbus group at Sacred Heart Church has volunteered to help manage traffic and parking at the upcoming anniversary celebration.



A roadside sign on Route 4 in Auburn welcomes parishioners and visitors to St. Philip Church.

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### Free information and resources on offer at Senior Expo

Need info on senior housing, home care, or hearing assistance? Trying to figure out how to stay healthy, stay active, or fund your future? The Southern Maine Senior Expo in Freeport is a great opportunity for older Mainers to learn about resources and find the information they need.

Maine Senior Guide is hosting the sixth annual Southern Maine Senior Expo at the Hilton Garden Inn at 5 Park Street in Freeport on Thursday, October 4, from 9 a.m. to 3 p.m. 42 exhibitor booths will offer information on everything from senior communities and insurance products to senior travel and legacy planning. Attendance is free, with no age limit or registration required.

Starting at 10 a.m., speakers will address such topics ranging from senior travel to joint replacement, Medicare options to critical conversations as part of the Successful Aging Fo-

rum. At 2 p.m., Dr. Marilyn Gugliucci will deliver a closing keynote address titled "AGE: Attitude, Grace & Energy!" Discussions about aging have been co-opted by the advertising industry, and she'll discuss what we can do to fight against the myths of decrepit aging. Refreshments and Dr. Gugliucci's address are sponsored by Maine Medical Partner's Orthopedic and Sports Medicine.

There will be free flu shots all day, speakers on the hour, Zumba Gold demos, and antique appraisals (\$5 per item) to benefit charity provided by former Antiques Road Show appraiser Dan Buck of Dan Buck Appraisals and Auctions.

Admission to the Senior Expo is free, with no registration required. For more information, including speaker and exhibitor listings and the complete schedule, visit [www.MaineSeniorGuide.com](http://www.MaineSeniorGuide.com).

### Optimist Clubs provide free pocket Constitutions

In conjunction with Constitution Day on September 17, the Lewiston-Auburn Optimist Club and the Tri-Town Optimist Club of Minot, Poland, and Mechanic Falls are making available to any interested schools or students free

pocket-sized Constitutions that can be used in the classroom or for home studies. Quantities are limited and will be given on a first-come, first-served basis. To order, contact any Optimist Club member or call 783-5269.



## Upcoming learning opportunities at Mechanic Falls - RSU 16 Adult Education

All classes are held at 129 Elm Street. They also offer courses in career exploration, as well as diploma classes and HiSET testing. Registration may be completed in person at 129 Elm Street, by calling 345-3217, by mailing at P.O. Box 129, Mechanic Falls ME 04256, or online at <http://mechanic-falls.maineadulted.org>.

**Chalk Painting.** Mondays, October 22 and 29, 6 to 8 p.m. Registration fee \$24. Bring a small piece of wooden furniture to this class, where Nathalie Roy will help you to create the vintage, cottage, antique or modern look you desire. No experience required! A supply list will be provided upon registration.

**Digital Photography.** Thursday, October 4, 6 to 8 p.m. Registration fee \$12. Learn the basics of your digital camera from photographer Shannon Dalton, including common settings and how to best take everyday snapshots. Tips and options on getting your photos processed will also be covered. Bring your fully charged camera, extra bat-

teries, and your instruction manual.

**Intro to Self-Employment.** Thursday, October 25, 6 to 8 p.m. Free, but you must sign up in advance. This two-hour workshop, presented by Karleen Andrews of New Ventures Maine, will help you decide if self-employment is right for you. The class covers entrepreneurship, pros and cons, ways to manage risk, elements of a business plan, important financial pieces, and steps needed for start-up.

**Medicare 101 with Seniors Plus.** Thursday, October 11, 6 to 8 p.m. Free, but you must sign up in advance. Part A, Part B, C and D? It can all be so confusing. If you are turning 65 soon, this class is for you! Join Kerri Faria as she helps you sort everything out in order to make informed decisions.

**Using Essential Oils.** Saturday, October 20, 9:30 to noon. Registration fee \$13, includes materials and supplies. Join us for a fun morning of healthy living as we learn about and create natural solutions for every-

day products using essential oils. Certified Holistic Wellness Coach Cheryl Horton will discuss uses for oils, quality, safety, and what to consider when choosing them. You'll create three products to take home with you.

**Hunter Safety.** October classes are available for both firearm and crossbow hunters. Call 345-3217 for more information or visit their website to register.

**College Transitions.** New session starts September 26 on Wednesday afternoons. Free. Are you thinking about going to college but want to brush up on your skills first? This 14-week session is designed to help you do just that.


**Computer Classes.** From computer basics to using Microsoft applications such as Word and Excel, they have a variety of computer classes designed to meet your personal and workforce needs. Need to get better at keyboarding? They can help with that too. New session are starting soon. Call or see their website for more information.

# What's Going On

## Androscoggin Readers Theater plans new season




Members of Androscoggin Readers Theater are well underway in planning their tenth season visiting local senior living housing and retirement facilities. Rehearsals started after the group enjoyed a recent luncheon at Davinci's Eatery. Comical skits to be performed are selected geared to the interests and activities of the residents they visit. Here (l. to r.) are group members Judy Webber, Joanne Sabourin, co-director Nancy Daniels, Joel Goodman, director Naomi York, Dick York, and Curt Webber. Absent from the photo are Linda Jackson-Washburn, Chris Lansley, Bob Gardner, and Faith Towle. (Photo by Rachel Morin)



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# TWIN CITY NIGHTS

## Weekly Arts & Entertainment

### "Everyday Maine" photography exhibit on display at HHRC

The Holocaust and Human Rights Center of Maine has unveiled a new exhibit called "Everyday Maine" that features over 190 photographs from 74 Maine photographers. Curated by Bruce Brown, the exhibit features a joyous collection of Maine's diversity across ability, economics, gender, geography, national origin, race, sexual orientation, and work.

"Our goal is to show that, in these times in our state, there is no 'us' and 'them,'" said Associate Director David Greenham, who has work featured in the show. "There's 'we.' We can come together in celebrating and respecting our differences."

Curator Bruce Brown and David Greenham recruited a strong group of Maine photographers to share photos for the exhibit. They include Melonie Bennett, Jeffrey Becton, Tonee Harbert, Sean

Alonzo Harris, Tanja Hollander, Michael Cullivan, Jocelyn Lee, Peter Ralston, Jack Montgomery, and Cig Harvey. The exhibit also features photographs by the late, renowned national photographers Berenice Abbott and Olive Pierce. Nearly half of the photographers in the exhibit are women.

"Part of the inspiration for this show was to have an opportunity to sense the kinds of diversity that many of us take for granted," said Greenham. "Our work at the HHRC takes us to every area of our large, mostly rural state, and we see how our diversity plays out in so many interesting ways. This exhibit reveals that diversity, but also celebrates all the qualities that make Maine so great. In the end, it's a very uplifting and inspirational look at Maine."

Everyday Maine will be on display through the end of December at the Holocaust and Human Rights

Center of Maine's Michael Klahr Center, located at 46 University Drive on the campus of the University of Maine at Augusta. The Michael Klahr Center is open to the public free of charge Monday through Friday from 8 a.m. to 4 p.m.

Michael Klahr was a hidden child who survived the Holocaust. The Michael Klahr Center is dedicated to permanent exhibits commemorating Michael and other Holocaust survivors, as well as rotating arts and culture exhibits highlighting contemporary and historical human rights issues.

In addition to exhibit space, the Michael Klahr Center features a large classroom and a small auditorium appropriate for hosting school and community groups. The Holocaust and Human Rights Center also provides free educational workshops to schools throughout Maine. For more information, visit [hhrc-maine.org](http://hhrc-maine.org).

### Franco-American Collection remembers A. Poulin, Jr.

The University of Southern Maine's Franco-American Collection will present a program on poet, translator, and editor A. Poulin, Jr. on Tuesday, September 18, from 4 to 5 p.m. Free and open to the public, the event will feature speakers George Blouin, Mary Rice-DeFossee, and Denis Ledoux and will take place in Room 170 at USM's Lewiston-Auburn College in Lewiston.

Poulin's distinguished poetry collections include "In Advent," "The Widow's Taboo: Poems After the Catawba," "A Nest of Sonnets," "A Mo-

mentary Order" and "Cave Dwellers." His translations included Rainier Maria Rilke's "Duino Elegies," "Sonnets to Orpheus" and "Complete French Poems," as well as Anne Hébert's "Selected Poems" and "Day Has No Equal But Night." He also co-edited several editions of the celebrated Houghton Mifflin anthology "Contemporary American Poetry."

For his poetry and translations, Poulin received both a creative writing fellowship and a translator's grant from the National Endowment for the Arts. He also received a poetry fellowship from the New

York Foundation for the Arts and two translation awards from Columbia University's Translation Center. In 1971, he joined the faculty of the College at Brockport, State University of New York, as a Professor of English. He was awarded an honorary doctorate of Humane Letters by the University of New England.

In 1976, Poulin founded BOA Editions as an independent, not-for-profit press devoted to publishing work by contemporary American and international authors. A mentor to numerous poets and scholars, he died in 1996.

### "This Is What Happened" returns to Celebration Barn Theater



Among those recounting true stories on the theme "Change" will be Nancy Hohman, Jenny Adams, Sally Jones, and Kelley McDaniel.

Celebration Barn Theater will present "This Is What Happened," an evening of true stories from the lives of local storytellers on the theme "Change," on Saturday, September 15 at 7:30 p.m. The program will be hosted by retired Oxford Hills Comprehensive High School teacher Sally Jones.

In "What Never Changed," Nancy Hohman will discuss her strong connection to animals, especially the horse, and how it has taken her to places she never expected; in "Reborn on the Fourth of July," David Richards will reveal how his love of fireworks nearly ended in tragedy, but instead led to

triumph on mountaintops; in "The Life and Times of Hebe Dotson," Jenny Adams will tell about learning her father's secret in the final stage of his life; in "Kelly and the Zip Line," Kelly McDaniel will share her experiences teaching, reading, and ultimately learning to fly; and in "Returning to Life," Janet Compton will speak about a rich and full life that eventually followed a devastating loss.

A resident of Norway, Sally Jones had a long career as a high school English and drama teacher before retiring from Oxford Hills Comprehensive High School. Since then, she

has remained active in the community, both on and off stage. This is the fifth season of "This is What Happened" and the third time it has been presented at Celebration Barn Theater.

Tickets are \$10. All tickets are general admission and members receive priority seating. Purchasing tickets in advance is strongly recommended. The lobby and concessions open at 6:30 p.m. Celebration Barn Theater is located just off Route 117 at 190 Stock Farm Road in South Paris. For more information or to purchase tickets, call the box office at 743-8452 or see [www.CelebrationBarn.com](http://www.CelebrationBarn.com).



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## Québec choir to perform at Franco Center



Also known as "The Voices of Quebec," Choeur en Supplément'Air is a 50-voice choir that presents French-language concerts across North America and Europe.

On Monday, September 17 at 7 p.m., the Gendron Franco Center will present a concert by Choeur en Supplément'Air, a 50-voice choir from Québec.

In addition to their annual concert in Canada, some 50 of the 400 choristers of group (also known as the Voices of Québec) perform annually on tours to different places in North America and even Europe. This year they will present five concerts in northern

New England. The purpose of these trips is to promote the French language by performing songs in French for their audiences and to help raise funds for the local venues in each community.

The theme of this New England concert tour is "Le Cinema, A travers ses plus belles chansons" ("The Cinema Through Its Most Beautiful Songs"). They will perform pieces from such well-known films as "The Sound of Music," "Les

Miserables," "My Fair Lady," and "The Pink Panther."

Tickets are \$18. Admission is free for students, but tickets are required; for student tickets, please contact the box office weekdays from 12 p.m. to 4 p.m. at 783-1585. All proceeds will benefit the Franco Center and its ongoing work to grow community in L/A and beyond. The Franco Center is located at 46 Cedar Street in Lewiston.

## Mariners single-game tickets go on sale

Individual game tickets for the Maine Mariner's first season in the East Coast Hockey League are now on sale. Seating options include ice row, center ice, and end sections. Tickets prices start as low as \$10 for kids. The regular season begins with the Mariners home opener on Saturday, October 13 against the Adirondack Thunder.

Fans can save money on tickets by purchasing in advance of game day, up until 11:59 p.m. the night before. In addition, a \$2 discount will be offered both in advance and on game day to all military members, seniors, or students with I.D at the Trusted Choice Box Office in the Cross Insurance Arena.

The box office will

have extended hours on game days and can be reached at 775-3458. Single-game tickets can also be purchased by visiting the Trusted Choice Box Office inside Cross Insurance Arena or online through Ticketmaster via MarinersOfMaine.com/tickets.

Full and half season ticket packages remain available, as do flex plans (10 vouchers for use at any game in any quantity) and five-game plans (a ticket to the five biggest promotions of the season, plus a Mariners hat and five free Subway foot-long sandwiches). Flex and five-game plans can be purchased online at MarinersOfMaine.com.

In addition, groups of 10 or more are eligible

for ticket discounts to all games. To purchase a season package or group tickets, contact the Mariners directly at 833-GO-MAINE.

The Mariners' seven Saturday home dates will feature a "Family Four Pack" option, which includes four tickets, four hot dogs, four drinks, four bags of chips, and four pucks, starting at \$72. The Family Four Pack will only be available for advance purchase online and through the Trusted Choice Box Office.

The Mariners join the ECHL, the premier AA hockey league in the United States, as the proud affiliate of the New York Rangers. For more information, call 833-GO-MAINE or see www.MarinersOfMaine.com.

# Twin City Nights

## Lewiston-Auburn chosen as host site for national program on immigration



A DOCUMENTARY FILM AND DISCUSSION SERIES ON OUR IMMIGRATION EXPERIENCE

As local and national debates on immigration continue, a group of community partners in Lewiston and Auburn will present a program series to encourage conversation, celebration, and understanding. Museum L-A applied for and was selected as one of 32 sites across 24 states to host the series. All events will be free and open to the public.

"Becoming American" will feature films, discussions, and a wide variety of events across the Twin Cities. The series will be presented by Museum L-A and a growing list of community partners, which currently includes the Cities of Auburn and Lewiston, Auburn and Lewiston Public Libraries, Bates College, Edward Little High School, the First Universalist Church of Auburn, the Gendron Franco Center, the Immigrant Legal Advocacy Project, L/A

Arts, Maine Immigrant and Refugee Services, the Maine Immigrant Resource Center, Tree Street Youth, and the YWCA of Central Maine.

The program will run from September to November, starting with a kickoff film event on Tuesday, September 11 at 6 p.m. at the Gendron Franco Center in Lewiston.

The series will include six film events, each featuring an hour-long film with a different story about immigration, from "Welcome to Shelbyville," a documentary that follows Somali refugees working in a Tennessee meat-packing plant, to "The Search for General Tso," a film that poses the question: "If Chinese Americans comprise only 1% of the U.S. population, why are there Chinese restaurants in almost every city across America?"

Each film screening

will be followed by a discussion moderated by one of two prominent local scholars, Reza Jelali of the University of Southern Maine and Andrew Baker of Bates College.

In addition to the six film events, there will be a wide range of programs including art shows, concerts, book discussions, lectures, and youth-led events to share immigration stories and experiences.

"Our goal for Becoming American is to get people talking with their neighbors," says Kate Webber, Director of Education & Outreach at Museum L-A. "We want this to reach everyone in the community, so we're bringing people together for big, fun events with music, food, theater, and art." The full event schedule will be available on the Museum L-A website.

Becoming American is a project of City Lore, in collaboration with the Immigration and Ethnic History Society and the International Coalition of the Sites of Conscience. The project has been made possible in part by a \$1,300 grant from the National Endowment for the Humanities: Exploring the Human Endeavor.

The group of community partners is seeking sponsors, volunteers, and additional partner organizations. For more information, contact Kate Webber at 333-3881 or kwebber@museumla.org.

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# Twin City Nights

***Humorist performs Chinese-style comedy at Bates College***



Former Fulbright Scholar Jesse Appell, a comedian who performs humor in the Xiangsheng style, as well as bilingual improv and Chinese-style stand-up, seeks to overcome cultural gaps by focusing on storytelling and character rather than surface differences and stereotypes. He will perform on Wednesday, September 19 at 7 p.m. at the college's Benjamin Mays Center, located at 95 Russell Street in Lewiston. The event is free and open to the public. For more information, see [nfaries@bates.edu](mailto:nfaries@bates.edu).

## Food for Thought luncheon presents “Inventing a University in Vietnam”



Retired from Bates College as Dean of Admissions and Financial Aid, Bill Hiss traveled to Vietnam last March to help create those offices at the new Fulbright University Vietnam. Taken almost 25 years ago, this photo shows him discussing American higher education with a class of high school juniors in Vietnam, some of who became the first students to attend college in the U.S.

When Ngan Dinh, a member of the Bates College Class of '02, asked Bill Hiss to help create the first liberal arts college in Vietnam, it was an irresistible invitation. Retired from Bates as Dean of Admissions and Financial Aid, Hiss traveled to Vietnam last March to help create those offices at the new Fulbright University Vietnam.

He will share his experiences at USM LAC Senior College's next Food

for Thought luncheon on Friday, September 14 at 12 p.m. The event will take place in Room 170 at USM's Lewiston-Auburn campus at 50 Westminster Street in Lewiston.


Hiss and his wife, Colleen, first met Ngan when she was in high school. Relationships between the USA and Vietnam had improved and students were being offered the opportunity to study at American colleges. Ngan was the first student from Vietnam to study at Bates. She then earned her Master's degree at the University of Chicago and her Doctorate at Cambridge University. Returning to Vietnam, she became a professor in a graduate Fulbright program in public policy. Today she serves as the founding Dean of the undergraduate college in the new university.

The government of Vietnam set aside 70 acres of land and, with further support, including funds from the United States, Fulbright University Vietnam will open this fall with 50 students, gradually expanding to 2000. What is it like to build a university “from scratch,” particularly in a country only two generations removed from a war zone?

There are now more than 25 Vietnamese student who have studied at Bates. The “Where It All Began” photo below shows Hiss speaking to then-high school junior Ngan's class about American higher education. Seed money from Bates helped establish VietAbroad, a program to disseminate information to high schools in Vietnam about international



See *Vietnam*, page 13


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**Thursday, September 13**  
La Rencontre. 11:25 a.m. Franco Center, 46 Cedar St., Lewiston. Following a meal of oven-fried chicken, master French-Canadian button accordionist Norman Gagnon and friends play traditional Québécois favorites. \$12. Reserve at 783-1585 or boxoffice@francocenter.org.

Rotary Club Lunch Meeting. Noon to 1 p.m. Village Inn, 165 High St., Auburn. The speaker is Maine Music Society Artistic Director John Corrie. Free; no reservations required. 333-4588; www.lewistonauburnrotary.org.

Ribbon Cutting & Grand Opening Celebration. 12:30 to 1:30 p.m. Mike's Runway Diner, Auburn-Lewiston Airport, 80 Airport Dr., Auburn. Come try samples of their Americana comfort food, served for breakfast and lunch. Pres. by the L-A Metro Chamber of Commerce.

**Friday, September 14**  
Senior College Luncheon. 12 p.m. Room 170, Lewiston-Auburn College. Retired Bates College Dean Bill Hiss discusses his efforts to help launch the first university in Vietnam. Lunch is \$8; reserve by noon on Sept. 12 at 753-6510.

Concert: The Katahdin Valley Boys. 2 and 7 p.m. Sawyer Memorial, 371 Sawyer Rd., Greene. One of Maine's most popular and respected bluegrass bands, this group has been thrilling audiences since combining their talents in 1998. Free. 946-5311; sawyer-foundation.com.

Theater: "Joseph and the Amazing Technicolor Dreamcoat." 7:30 p.m. Chocolate Church Arts Center, 804 Washington St., Bath. This enduring musical reimagines the Biblical story of Joseph and the coat of many colors. Again 9/15-16 (Sun. at 2 p.m.) \$12/15. 442-8455; www.chocolatechurcharts.org.

Community Concepts Annual Dinner & Concert. 8 p.m. Franco Center, 46 Cedar St., Lewiston. Noel Paul Stookey of the legendary Peter, Paul & Mary performs. \$35 (w/ 6 p.m. gourmet dinner and wine pairings \$85). 333-6431; Community-Concepts.org.

**Saturday, September 15**  
Walk to End Alzheimer's. 9:30 a.m. Sismard-Payne Memorial Park, Lewiston. Raise funds, walk the 2.5-mile circuit, and learn more about resources provided by the Alzheimer's Association. Sign-in at 8:00; ceremony at 9:00. Register to form or join at team at alz.org/walk.

Art Workshop. 10 a.m. to noon. Harlow Gallery, 100 Water St., Hallowell. This week's workshop is "Create and Take - Totes!" All ages (kids must be with an adult); \$15/20; all materi-

# Calendar

See more Calendar at [www.TwinCityTimes.com](http://www.TwinCityTimes.com)

als provided, including tote. Register at 622-3813; www.harlowgallery.org.

Electric Vehicle Expo. 12 to 4 p.m. Oxford Hills High School, So. Paris. This fun and informative event provides an opportunity to try different electric cars, talk to Maine EV drivers, and enjoy some good food. Free. 430-0142, nrcm.org/events.

"This Is What Happened." 7:30 p.m. Celebration Barn, 190 Stock Farm Rd. (just off Rte. #117), So. Paris. Local storytellers recount true stories on the theme "change." \$10. 743-8452; www.CelebrationBarn.com.

**Sunday, September 16**  
Invasive Plants Workshop. 9:30 to 12:30. Sewall Woods Preserve, Whiskeag Rd., Bath. The Kennebec Estuary Land Trust presents this workshop on managing invasive plants for homeowners; a separate event for land managers takes place from 1 to 4 p.m. Register at 442-8400, www.kennebecestuary.org.

Blue Mass. 10:30 a.m. Basilica of Saints Peter & Paul, 122 Ash St., Lewiston. This special mass honors active and retired law enforcement officers, firefighters, and emergency personnel, who are invited to attend in uniform. All welcome.

Benefit 5K Trail Run-Walk. 10 a.m. Skyline Farm, 95 The Lane, No. Yarmouth. Local pies go to the top male and female runners in eight age categories. \$20 in adv., \$25 on site. 415-6830. Register at www.running4free.com.

**Monday, September 17**  
Concert: Choeur en Supplément' Air. 7 p.m. Gendron Franco Center, 46 Cedar St., Lewiston. Also known as the Voices of Quebec, this 50-voice choir will perform French-language versions of well-known movie songs. \$18. Students free, but tix required at 783-1585. All proceeds support Franco Center.

**Tuesday, September 18**  
Central ME Human Resources Assoc. Workshop. 7:45 a.m. the Carriage House, Lewiston. Auditor Daniel Stevens of OSHA discusses workplace safety requirements. \$25 (members free), incl. breakfast. Register at www.cmhra.org.

"A. Poulin, Jr.: A Remembrance." 4 to 5 p.m. Room 170, Lewiston-Auburn College, Lewiston. USM's Franco-American Collection invites George

Blouin, Mary Rice-DeFosse, and Denis Ledoux to remember the distinguished poet and translator. Free.

**Wednesday, September 19**  
Professional Development Series. 12 to 1 p.m. L-A Metro Chamber of Commerce, 415 Lisbon St., Lewiston. Ruben Gonzalez of Janus and Salvatore Bonetti of Baystate Financial present "Seven Principles of Retirement Income." \$50 (members \$25). Register at 783-2249, lametrochamber.com.

Membership Meeting. 6 p.m. Holy Family Parish Hall, 607 Sabattus St., Lewiston. The Ladies of St. Anne Sodality present a chicken pot pie dinner. \$10. Purchase tix by 9/10 at 782-4516.

Comedy Program. 7 p.m. Benjamin Mays Center, Bates College, 95 Russell St., Lewiston. Comedian Jesse Appell performs humor in the Xiangsheng style, as well as bilingual improv and Chinese-style stand-up. Free. nfaries@bates.edu.

**Thursday, September 20**  
Rotary Club Lunch Meeting. Noon to 1 p.m. Village Inn, 165 High St., Auburn. The speaker is Jill McLaughlin, an employee-owner and Marketing & Outreach Specialist with Revision Energy. Free; no reservations required. 333-4588; www.lewistonauburnrotary.org.

**Saturday, September 22**  
Art Workshop. 10 a.m. to 1 p.m. Harlow Gallery, 100 Water St., Hallowell. This week's workshop is "Alcohol Ink," with visiting artist Jean Nitzel. Ages 18-plus; \$40/45; all materials provided. Register at 622-3813; www.harlowgallery.org.

RCAM Day at Boothby Orchards and Farm, Rte. 108, Livermore. Family events from 11 a.m. to 3 p.m., dinner with wine pairings (\$25 pp) from 5:30 to 7:30. 10% of proceeds goes to Rural Community Action Ministry. <http://rcam.net/special-events>.

Baked Bean Supper. 4:30 to 6 p.m. Sixth St. Congregational Church, 109 Sixth St., Auburn. Two kinds of beans, brown bread, coleslaw, red and brown hot dogs, American chop suey, desserts and beverages. Take-out available; all welcome. \$6 adults, \$3 kids 5 to 12, kids ages 5- free.

**Saturday, September 29**  
Art Workshop. 10 a.m.

to 1 p.m. Harlow Gallery, 100 Water St., Hallowell. This week's workshop is "Intro to Watercolor," with watercolorist Diane Dubreuil. Ages 16-plus; \$40/45; all materials provided. Register at 622-3813; www.harlowgallery.org.

Pig & Chicken BBQ. 11 a.m. to 3 p.m. Amvets Post #6, Rte. 100 (across from Hodgman's Frozen Custard), New Gloucester. BBQ pork or chicken, choice of two sides, rolls, dessert. \$12 (\$10 military/veterans), \$5 kids 10 and under.

Concert: The Last Waltz. 7:30 p.m. Chocolate Church Arts Center, 804 Washington St., Bath. Local performers in character recreate The Band's legendary final performance in this 100-minute show. \$17 (\$15 in adv.). 442-8455; www.chocolatechurcharts.org.

**Monday, October 1**  
Book Discussion. 12:30 p.m. Local History Room, Auburn Public Library. The Auburn Page Turners discuss "The Orphanmaster," by Jean Zimmerman. Open to all; copies avail. through the library. Free. 333-6640, ext. 4.

**Thursday, October 4**  
Southern Maine Senior Expo. 9 a.m. to 3 p.m. Hilton Garden Inn, 5 Park St., Freeport. Exhibitors and speakers provide information on a wide range of services for Maine seniors. Free admission, parking. www.MaineSeniorGuide.com.

**Wednesday, October 17**  
Fall Mixer & Community Partner Awards. 5 p.m. Bates Mill Atrium, Lewiston. Safe Voices presents awards to local and state leaders for supporting victims and survivors of domestic violence; silent auction, catering, cash bar. \$25. Register at 795-6744, vstanton@safevoices.org.

**Monday, November 5**  
Book Discussion. 12:30 p.m. Local History Room, Auburn Public Library. The Auburn Page Turners discuss "Euphoria," by Lily King. Open to all; copies avail. through the library. Free. 333-6640, ext. 4.

**Monday, January 7**  
Book Discussion. 12:30 p.m. Local History Room, Auburn Public Library. The Auburn Page Turners discuss "A Fine Balance," by Rohinton Mistry. Open to all; copies avail. through the library. Free. 333-6640, ext. 4.

**Monday, February 4**  
Book Discussion. 12:30 p.m. Local History Room, Auburn Public Library. The Auburn Page Turners discuss "Future Home of the Living God," by Louise Erdrich. Open

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| Searching (PG-13)              | 12:55 | 3:55 | 6:55 | 9:15 |
| Crazy Rich Asians (PG-13)      | 12:40 | 3:40 | 6:40 | 9:20 |
| Christopher Robin (PG)         | 12:50 | 3:50 | 6:50 | 9:10 |
| God Bless The Broken Road (PG) | 12:35 |      | 6:35 |      |
| The Meg (PG-13)                |       | 3:35 |      | 9:10 |

to all; copies avail. through the library. Free. 333-6640, ext. 4.

**Monday, March 4**  
Book Discussion. 12:30 p.m. Local History Room, Auburn Public Library. The Auburn Page Turners discuss "Evicted: Poverty and Profit in the American City," by Matthew Desmond. Open to all; copies avail. through the library. Free. 333-6640, ext. 4.

**Bluegrass music at Sawyer Memorial**



One of Maine's most popular and respected bluegrass bands, the Katahdin Valley Boys have been thrilling audiences since combining their talents in 1998.

The Katahdin Valley Boys will perform bluegrass music at Sawyer Memorial in Greene on Friday, September 14 at 2 and 7 p.m. Both shows are open to the public free of charge.

One of Maine's most popular and respected bluegrass bands, the Katahdin Valley Boys have been thrilling audiences around Maine and northern New England since combining their talents in 1998. Each member brings many years of experience and profes-

**Vietnam**  
*Continued from page 12*

education. It now has 30,000 members.

The public is invited to attend. Doors will open at 11:30 a.m. If you wish to have lunch, the cost is \$8, and an advanced reservation is required. To reserve, call 753-6510 before noon on Wednesday, September 12. Food may also be purchased at the campus cafeteria.

sional showmanship to the band's hard driving, traditional bluegrass sound. Their repertoire features tight harmonies and smooth solos. The Maine Academy of Country Music recognized the Katahdin Valley Boys as "Bluegrass Band of the Year" in 2008, 2009, and 2011.

The Araxine Wilkins Sawyer Memorial is located at 371 Sawyer Road in Greene. For more information, call 946-5311 or see sawyer-foundation.com.





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# What's Going On

## NRCM brings Electric Vehicle Expo to So. Paris



*This fun and informative event provides an opportunity to get behind the wheel of different electric cars, talk to Maine EV drivers, and enjoy some good food.*

Interested in test driving an electric car or learning more about them? If so, join the Natural Resources Council of Maine and others as they celebrate Maine Drive Electric Week with an Electric Vehicle Expo on Saturday, September 15, from noon to 4 p.m. at Oxford Hills Comprehensive High School in South Paris.

Cars and trucks are the largest source of climate change pollution in Maine.

Plug-in electric cars help Mainers reduce climate-disrupting pollution while saving money they'd otherwise spend on gasoline. This fun and informative event will give participants an opportunity to get behind the wheel of different electric cars, talk to Maine EV drivers, and enjoy some good food.

Celebrating Western Maine's expanding EV Charging Network, the event will feature guest speakers as well as test

drives and rides of various electric car models, such as Bolts, Volts, and Leafs, that are both fun to drive and good for the environment. Electric bicycles will also be featured and refreshments will be available.

Drive Electric Week also features events in South Portland and elsewhere in Maine. For more information, contact Sophie at 430-0142, [sophie@nrcm.org](mailto:sophie@nrcm.org), or see [nrcm.org/events](http://nrcm.org/events).

## Harlow Gallery presents textile art exhibition

Now on display at the Harlow Gallery in Hallowell is "Tactile," a juried art exhibition that pays homage to the decorative, domestic, and utilitarian roots of textile art. Spanning both floors of the gallery, the exhibit will be on view through September 29.

Betsy Cook and Sally Wagley proposed, curated, and, with gallery staff, juried the show, which features works by 26 artists. The exhibition represents a wide range of techniques, emphasizing their application for the purpose of communication and expression. Tactile features works both large and small, two- and three- dimensional, representational and abstract, made of natural and synthetic materials, made by hand and by machine, and consisting solely of textiles and of mixed media.

The participating artists, listed alphabetically by town, are Ruth Le Grove of Augusta; Emily Werner of Bath; Susan Mills of Bowdoin; Jana Keith-Jennings of Brooklyn, NY; Wendy Rose and Catherine Worthington of Brunswick; Leia Scotton of Gorham; Betsy Cook, Ellen Freed, and Sally Wagley of Hallowell; Bruce Armstrong of Manchester; Debra Arter of Newcastle; Nelda Warkentin of Phillips; Elyse Grams, Maggie Muth,



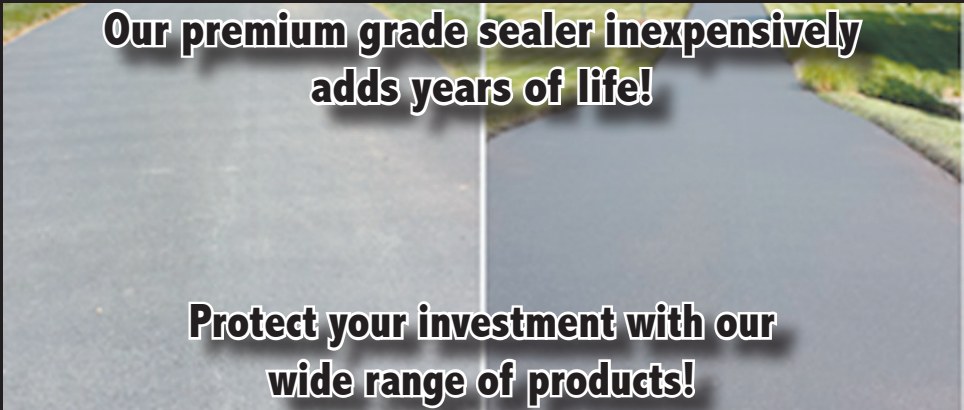
*"Selfie," by Elyse Grams*

and Emily Woodbury of Portland; Holly Dominie and Christine J. Higgins of Readfield; Ruthanne Harrison of Richmond; Tori Marsh of Rockland; Julie K. Gray of Saco; Elizabeth Hunter of South Portland; Julianne Carle of Topsham; CE Nilles of Waterville; Dianne Chicoine of West Gardiner; and Michelle McCutcheon of Winslow.

Now located at 100

Water Street, the Harlow is a membership-based 501(c)3 nonprofit dedicated to connecting and celebrating art, artists, and community in downtown Hallowell. Exhibitions are always free and open to the public. Hours are Wednesday through Saturday from noon to 6 p.m. and Sunday from noon to 4 p.m. For more information, call 622-3813 or see [harlow-gallery.org](http://harlow-gallery.org).

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