

## Supplies for Teachers

Doctors and Teachers in Harmony

SHEFFIELD—Medical Associates of the Shoals, P.C., will soon take to the streets of Colbert County to deliver bags of classroom supplies to teachers. White cargo vans bearing the Doctors and Teachers in Harmony logo will make stops at all schools in Colbert County, starting with those in Muscle Shoals next week.

Those will be followed by Colbert county schools and Covenant Christian on October 9, Tuscumbia city schools October 10, and Sheffield city schools November 16.

Certified classroom instructors will receive a bag of items that teachers often pay for out of their own pockets. The bags will contain dry-erase markers, pens, hand sanitizer, highlighters, disinfecting wipes, tissues, Sticky-notes, colored paper, and more. Each teacher will have the opportunity to receive the supplies by simply signing a list indicating that they personally received their bag.

“Too often we hear about the amount of money teachers spend out of their own pockets for essential classroom supplies,” said Josh Vacik, M.D. “Studies show that better education leads to better health, which leads to better quality of life. As part of this community, we are more than happy to help our teachers provide the tools for achieving success.”

Medical Associates of the Shoals is a group of seven primary care physicians in Sheffield. In addition to their primary care practice, they own and manage Express Care of the Shoals, Urgent Care/Walk-in Clinic, and AtLast Medical Weight Loss.

## United Way's Goal is 850K

FLORENCE—The United Way of Northwest Alabama hosted its 2018 campaign kickoff last week on Mobile Plaza in Florence with nearly 400 volunteers helping to pack 1,000 homeless care kits.

The kits will be distributed by area law enforcement

See SHORTS... on Page 6



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Volume 134 Number 4

September 26, 2018

POSTAL PATRON

# Courier Journal

Verification of weekly circulation

Courier Journal Perma-Note

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## Triathlon to Team Magic

FLORENCE—One of the nation's largest full-service professional multisport event companies, Team Magic, will be the new owners of the Renaissance Man Triathlon here in the Shoals. They are adding it to their 15-plus professionally produced events across the southeastern region including races in Nashville, Chattanooga, Birmingham, Montgomery, and Gulf Shores. Team Magic is co-owned by Therese Bynum and Faye Yates. Bynum and Yates serve as race directors at all Team Magic events and have over 30 years of experience. Both are USA Triathlon Certified Race Directors and have served on regional and national committees.

The Renaissance Man Triathlon will now be called the Renaissance City Triathlon. With the addition of the sprint distance race they will be dropping “man” and replacing it with “city”. This will also be in line with Team Magic's other race names like “Music City Triathlon” in Nashville.

See TRIATHLON... on Page 2

...and with direct mail, total market coverage

PaperChain

CIRCULATION VERIFICATION COUNCIL

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## Someone Knows

*A Month Passes, A Birthday Celebrated, No Answers*

TUSCUMBIA – Family and friends of Gillus Carter, Jr., 30, affectionately known as ‘G,’ gathered in the parking lot of Chapel Hill Church of Christ in Tuscumbia on Sunday afternoon, September 16, one month after he was the victim of a hit-and-run there. The crowd of about 40 came together to celebrate the man they cherished as a father, son, nephew, husband, and friend by releasing balloons in his honor. Most wore white t-shirts with

See SOMEONE... on Pg 36

Balloons are released in honor of Gillus Carter, Jr. Sept. 16 in the Chapel Hill Church of Christ parking lot, exactly one month after he was the victim of a hit and run while helping a friend with his car.



Photos and article courtesy Justin Michael

## COMING FULL CIRCLE

*Christian Women's Job Corps Graduate Now the Local Coordinator*

By Trennis Henderson,  
WMU National Correspondent

When Margaret Roland talks about the life-changing impact that Christian



Margaret Roland  
Courtesy photo

Women's Job Corps can make, she's speaking from personal experience.

Roland is a CWJC site coordinator in Florence. She was previously a CWJC participant, seeking to gain practical skills to better equip her for life. In her role as a site coordinator, Roland was among more than 130 women and men who gathered for training and fellowship at Woman's Missionary Union's recent Christian Women's Job Corps/Christian Men's Job Corps National Meeting in Talladega, Alabama.

“I grew up in poverty,” Roland reflected

See CWJC... on Page 32

## Inside this Issue

- Artifact Show
- Dave Ramsey
- Soaps
- Ask Dr. Webb

- Knight's Korner
- SIGNS of the PAST
- Adopt-a-Friend

GAME DAY SCORE CARD 2018



- Village 1 at 100
- On Your Debt
- Medicare Minute
- Ask the Attorney

## Online Only:

- Mystery Photo
- Outdoors
- Pet Talk
- Web Poll



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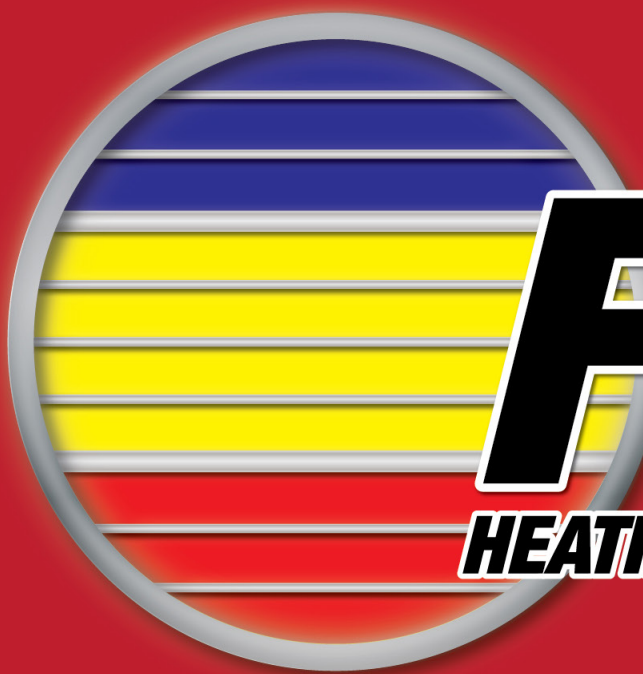
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## Triathlon...

Continued from Page 1

The 2019 Renaissance City Triathlon will take place Saturday, May 18 at McFarland Park. Just after sunrise athletes from all over the southeast region will begin charging the waters of the Tennessee River from the beach area at McFarland Park to compete in the Renaissance City Sprint & Olympic-Distance Triathlons.

This year will feature an additional sprint distance race that will attract even more athletes and beginners that may have been intimidated by the longer Olympic distance race the Renaissance Man Triathlon has been known for. The Olympic distance race will still be part of the event and provide the same scenic and challenging courses as in past years.

The races will feature unique courses showcasing the best of Florence. Triathletes will swim in the Tennessee River, bike a scenic loop up Savannah Highway and back via Gunwaleford Road, then finish it off with a run through downtown Florence's many historic locations.

The Renaissance Man Triathlon was created by husband and wife team, Bradley and Jordyn Dean in 2012 to create a multisport endurance event much like the events Team Magic produces across the South. Through some creative thinking and help from Florence Tourism and the Shoals community, it became a reality over five years ago. There will be a Bradley and Jordyn Legacy Award at the Renaissance City Triathlon's events going forward. The Deans are proud of what they have built and are excited to see the race continue and grow.

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28	30	31				

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facebook.com/KillenTimeAdventure



# Helen Keller Hospital

KELLER WELLCARE CENTER'S

## 24th Annual Heart Healthy Dining Out

Keller Wellcare Center will host the 24th Annual Heart Healthy Dining Out on October 2. This event will be held at the Marriott-Shoals Conference Center and begins at 5:30pm. Participants will have the opportunity to sample heart healthy items from a selection of local restaurants.



Tickets are \$10 each and can be purchased at the Keller Wellcare Center. Proceeds benefit local charities.

For more information, call 256-386-4747

Participating Restaurants

306 BBQ	Jack's Bistro	Renaissance Olive Oil
Alabama Bliss Bistro	La Hacienda	Sam's Club
Aunt Bea's Bakery & Bistro	Lenny's Sub Shop	Sweet Basil Café
Burger Depot/Butler Fit Foods	Logan's Roadhouse	Tazikis
City Hardware	LongHorn Steakhouse	Texas Roadhouse
George's Steak Pit	Marriott Shoals	Yogurt Mountain
Keller Café	Olive Garden	Yummie's Bakery
	Ray's At The Bank	

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## WILSON'S FOOD CENTERS

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1.99 LB.

**Neckbones**  
79¢ LB.

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1.99 LB.

**SIRLOIN**  
**Pork Chops**  
99¢ LB.

**Coca-Cola Products**  
3/\$12

**Doritos Chips**  
2/\$5

**MIS-CUT Split Breast**  
99¢ LB.

**GREEN GIANT**  
**Can Vegetables**  
4/\$3

**Peter Pan Peanut Butter**  
2/\$5

**Eggo Waffles, Pancakes, or Toaster Sticks**  
2/\$5

**SWEET, RED OR BLACK Plums**  
1.79 EA.

**VIETTI**  
**Pork BBQ**  
1.89





# Yard Sales

**An exclusive listing of the better sales in the Shoals area.**

To list your sale, fill out the form on page 6.

WE MUST receive your ad by Friday prior to the Wednesday release date. (8 days before a Saturday sale)

**SHEFFIELD: 115 KENTUCKY AVENUE** Fri. 7 a.m. to 2 p.m., Sat. 7 a.m. to 2 p.m., Yard Sale everything must go! Washer, bicycle, small dressers, clothing, small kitchen appliances, Al-Clad cookware, dishes, and odds and ends.

**4265 HAWK PRIDE MOUNTAIN Rd, Tuscumbia.** Fri. and Sat. 6am-? *Lots of misc. items!* Men/women's clothes, tools, estate items, **too much to list!**

**SHEFFIELD GARAGE/YARD SALE, 1311 31st St.** (Between Hatch Blvd. & Jackson Hwy.) **Sat. Daylight - until?** "Rain or Shine" Furniture, Kitchen items, Christmas decor, Linens, Towels, Glassware, Books, Gardening...

**MUSCLE SHOALS: 113 ANDREA DR.** **SAT. 7AM-?? (if rain, no sale)** MISCELLANEOUS ITEMS.

**FLORENCE: 1705 BROADWAY BLVD.** Fri., Sept. 28 and Sat., Sept 29, 7am-1pm **YARD SALE!**

**KILLEN MOVING SALE: 220 Lake St.,** (Emerald Beach area) Sat. 7 am-noon, "NO EARLY SALES"

**KILLEN: COMER ESTATE SALE, 4494 Co. Rd 34 Friday, Saturday & Sunday, 7am-3pm.** Furniture, Vintage Linens, Collectibles, Tools, Home Decor, Costume Jewelry and much more! No clothing or toys. **Map ID # 1369**

**KILLEN HUGE GARAGE SALE, 62 Ridgcrest Lane,** (Off Hwy 64) Fri. & Sat. 7 am-until? 3 Baby Cribs, Wooden High Chair, Changing Table, Large Wooden Desk, Chair & Ottoman, 5 Tables with chairs, Dishes, Kitchen items, Patio Set, clothes, Old Pottery Plates and more!

**HUGE SALE**

**KILLEN: 34 COUNTY ROAD 435** Sat. 6AM, MULTI-FAMILY YARD SALE! SATURDAY, 9/29/18. FURNITURE, ALL SIZE CLOTHES, KITCHEN WARE, HOME DECOR, GRILL, AND MORE! TURN LEFT BY COUSONS AND FOLLOW SIGNS! **MAP ID # 1412**

**MUSCLE SHOALS: 2302 KELLY Ave** Sat., Sept. 29, 6am-?, Tons of women's clothing-all sizes/seasons, shoes, misc. items.

**FLORENCE: HUGE YARD SALE, TWO HOUSES,** 3602 Cole Ave., (Off Veterans Dr.) Thurs., Fri. & Sat., 7 am-until?

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**DROP OFF DATES:** Mon. Oct. 8 • 1-6pm, Tues. Oct. 9 • Noon-8pm, Wed. Oct. 10 • 9am-Noon

To consign or volunteer, contact Kim at [Stylebykimberlee@gmail.com](mailto:Stylebykimberlee@gmail.com) or visit: [www.dejavuconsignmentllc.com](http://www.dejavuconsignmentllc.com)



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**YARD SALE - FRI./SAT.,** September 28th and 29th from 7:00 a.m. until - 3:00 p.m. Rain / Shine - 890 Water Street, Cherokee, AL

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## Helen Keller Hospital

KELLER WELLCARE CENTER'S

### 24th Annual Heart Healthy Dining Out

Keller Wellcare Center will host the 24th Annual Heart Healthy Dining Out on October 2. This event will be held at the Marriott-Shoals Conference Center and begins at 5:30pm. Participants will have the opportunity to sample heart healthy items from a selection of local restaurants.



Tickets are \$10 each and can be purchased at the Keller Wellcare Center. Proceeds benefit local charities.

**For more information, call 256-386-4747**

Participating Restaurants

306 BBQ	Jack's Bistro	Renaissance Olive Oil
Alabama Bliss Bistro	La Hacienda	Sam's Club
Aunt Bea's Bakery & Bistro	Lenny's Sub Shop	Sweet Basil Café
Burger Depot/Butler Fit Foods	Logan's Roadhouse	Tazikis
City Hardware	LongHorn Steakhouse	Texas Roadhouse
George's Steak Pit	Marriott Shoals	Yogurt Mountain
Keller Café	Olive Garden	Yummie's Bakery
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## NOTICE

Pursuant to the Alabama Self-Service Facility Act, Alabama Code 8-15-30 to 8-15-38, it is hereby given that on **October 5, 2018 at 9am**, contents of the following units will be sold at **Climate Guard Self Storage, 2803 Florence Blvd., Florence, AL 35630**. Tenants may satisfy their balance prior to the time of sale. The auction will be inside our facility at **Climate Guard Self Storage**.

Name	Unit #	Stored Items
<b>ROBERT BROWN</b>	C-3	Restaurant Kitchen appliances, Kitchen Stove, Stainless Steel Sink, Coffee Machine, Chairs, Filing Cabinet, Surveillance System, Food Prep Counter, Ice Cooler, Wall Mounted A/C, Appliance Dolly
<b>ROBERT BROWN</b>	C-23	4x Flat Screen Televisions, Deep Fryers, Several brand new Cast Iron Skillets of various sizes, 2x Large Coolers, Cash Drawer, Meat Slicer, Several Misc. Dishes, Pizza Pans & Warmer, Restaurant Chairs & Tables, Appliance Dolly, Slushy Machine
<b>Tony Couch-Auctioneer</b>		<b>Lic #657</b>

## Community Notes

**COMMUNITY NOTES** may be submitted for non-profit, civic or church-related events and published free of charge. Community Notes must be submitted in writing by 3pm Friday for consideration in the following week's issue. As space is available in the Courier Journal.

- Email to [editor@courierjournal.net](mailto:editor@courierjournal.net);
- Look for "Submit News" on our website at [www.courierjournal.net](http://www.courierjournal.net).
- Fax to 256-760-9618;
- Mail to 219 W. Tennessee St, Florence, AL 35630; or
- Bring in person.

All properly submitted Community Notes which are dated will be posted weekly at [www.courierjournal.net](http://www.courierjournal.net). Visit our website for a complete list.

Visit us at [www.courierjournal.net](http://www.courierjournal.net)



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**VALUE PACK**  
**Split Fryer Breast**  
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**Boneless Beef Chuck Steak** lb. **3.59**

**Seabest Frozen Tilapia Fillets** 16 oz. pkg. **3.99**

**Armour Hot Dogs** 12 oz. pkg. **99¢**

**Carolina Pride Sliced Bologna** 12 oz. pkg. **1.29**

**Cloverdale Farms Sausage Patties** 18 ct. box **3.99**

**John Morrell Sliced Bacon** 12 oz. pkg. **2.89**

**Carolina Pride Sliced Ham** 10 oz. pkg. **2.49**

**Kraft Cheese Singles** 16 oz. pkg. **2.99**

**PIGGLY WIGGLY**  
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4 LB. BAG  
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**PIGGLY WIGGLY 4 PACK, 10 CT. CANS**  
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**TOTINO'S Frozen Pizza** 10-10.3 OZ. BOX **2/\$3**

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**Sweet Potatoes**  
**59¢** LB.

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3 LB. BAG **1.59**

**PIGGLY WIGGLY**  
**Snack Crackers**  
**2/\$4** 14 OZ.

**VALU TIME**  
**Bleach**  
**1.59** 128 OZ. JUG

**PIGGLY WIGGLY**  
**Spring Water**  
**3.49** 24 PACK 1/2 LITER BTLs.

**LITTLE DEBBIE**  
**Oatmeal Raisin, Nutty Bars, Honey Buns**  
**4/\$5** BOX

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**ROMA SALAD**  
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LB. **1.29**

**FIORA**  
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**4.89** 6 ROLL PK.

**PIGGLY WIGGLY**  
**Ice Cream Sandwiches**  
**2/\$6** 12 PACK

**CASTLEBERRY'S**  
**Hot Dog Chili Sauce**  
**79¢** 10 OZ. CAN

**PIGGLY WIGGLY**  
**Medium Eggs**  
**79¢** DOZEN CTN.

**Gospel Meeting** - Center Star Church of Christ, Sunday, September 23-Wednesday, September 26. The guest speaker will be Joel Caudle. Services are Sunday, September 23 - 9am, 10am and 1pm and Monday-Wednesday, September 24-26 at 7pm. Please join us for this series of Bible-centered lessons.

**RSVP Luncheon** at Cloverdale Community Center Tuesday, September 25 at 11:30am. Wendell from Kindred will be the speaker.

**NAMI Shoals** will be meeting for its monthly Educational Meeting Tuesday, September 28 at 7pm at the NAMI Shoals office, 749 Thompson St., Suite A, Florence.

The speaker will be Adria Galloway, Program Manager, Sunrise Lodge, Russellville. The topic will be Steps to Get Into Sunrise Lodge and Substance Abuse Services.

The public is invited. Need directions or more information, call 256-765-2081.

**LifeSouth Community Blood Drives for August** - Keller Center - Monday thru Friday 9am - 5pm, 1208 South Jackson Highway, Sheffield - 256-383-3535  
ECM Center - Monday thru Friday 9am - 5pm, 205 Marengo St., Florence, 256-765-7038

Wednesday, September 26, 2-4pm, Firestone, 393 Denton Circle, Tuscumbia  
Thursday, September 27, 10am - 5pm, Shoals Hospital, 201 W Avalon Avenue, Muscle Shoals  
Friday, September 28, 7:30am - 4pm, Hackleburg High School, 189 Panther Rd, Hackleburg

Saturday, September 29, 8am - 2pm, Shady Grove United Methodist Church, 7525 River Road, Muscle Shoals  
Sunday, September 30, Noon - 6pm, Tractor Supply, 14001 Highway 43 Suite 14, Russellville

**Free Community CE Class Nurses, Social Workers** - "A Strategy for Success in Healthcare: Time Management" sponsored by Hospice of North Alabama 1.2 CE Nurses - 1.0 CE Social Workers. Thursday, September 27 - 11:30am at Mitchell-Hollingsworth. Light lunch will be provided.

Please RSVP to [ashley.burchell@hospiceofnorthalabama.com](mailto:ashley.burchell@hospiceofnorthalabama.com) or 256-764-6445 - by noon on September 26

**Submissions from the community are requested for "A Century of Quilts"**, the annual quilt exhibit to be held October 3-27 at Belle Mont Mansion, 1569 Cook Lane, Tuscumbia. Glenn Rikard, curator of the exhibit, will be at Belle Mont on Friday, September 28, 10am-2 pm, to accept loans of quilts to be included in this year's exhibit. Please bring the quilt(s) you wish to submit, and a brief written history (if known). If the history of the quilt is unknown, Rikard will help with identification of pattern and period of construction. For more information: Belle Mont Mansion 256-381-5052 or Glenn Rikard 256-412-4977 or [glennrikard2014@gmail.com](mailto:glennrikard2014@gmail.com).

**Gospel singing** - Friday September 28, 7pm at the Cloverdale Community Center with Heavenly Blessed, Jimmy Cox & Friends plus many more. Come and enjoy good singing, food and fellowship.

A grief support group entitled, "Getting Well Together" will meet at Shoney's in Muscle Shoals at 10am on the second Thursday of each month. This free support group is for anyone who would like to attend. This event is provided by Kindred Hospice of Florence. For more information, call 256-764-0873.

See NOTES... page 38





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Thomas-Killen, AL

There are three ways to begin your application. 1) you can go to your local district social security office; 2) you can contact SSA by telephone at 1-800-772-1213 or 3) you can apply online at ssa.gov. The first two forms you will have to complete will be the Application for disability benefits and the "DISABILITY REPORT – ADULT". The application itself is very basic, asking such questions as your name, address, date of birth, social security number, etc. The disability report appeal is the form that begins to tell SSA the information they will need to determine if you are eligible for benefits. One section will ask you to list the types of jobs that you have performed in the last 15 years. In my opinion the most critical part of this form is where you list the doctors, hospitals, counselors, etc. from which you have received treatment for your impairments. Make sure you provide the address as well as the name of your treating sources.

Please send the questions to: "Ask the Attorney," P. O. Box 38, Florence, Alabama 35631 or visit our website at: [www.mhatty.com](http://www.mhatty.com) facebook: McCutcheon and Hamner, P.C.

We will not print your full name in the article. We will not be able to return any written or preprinted items which are submitted.

No representation is made that the quality of legal services to be performed is greater than the quality legal services performed by other lawyers.



Thomas McCutcheon

Ask the Attorney is sponsored by local attorneys, McCutcheon & Hamner, PC, as a service to the residents of NW Alabama.

Another section of the disability report requests that you list the medications that you are currently taking along with the doctor who prescribes them, the reason for the medication and any side effects.

After these forms have been submitted, your case will be sent to Disability Determination Services for medical evaluation. You will receive additional forms such as a work history report, a pain questionnaire, an adult function report or activity of daily living report. Return these forms as quickly as possible because no further evaluation of your claim will be made without those completed forms. There are no perfect answers to the questions, simply answer truthfully and to the best of your ability.

The next step in the process will be the obtaining of your medical records. If you are able to obtain these records yourself and submit them to SSA it can help to speed up your case. The objective medical findings within your medical records will be the biggest factor used in determining if you are or are not disabled.

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# Steve Shelton, REALTOR® GRI ABR SRES SFR E-PRO AHWD CDPE COR

From time to time someone will ask me what all those letters mean after my name. Some REALTORS® call them their "alphabet soup". These designations and certification are descriptive of a lot of time and effort dedicated to become better prepared and outfitted to serve the buying and selling public. I attend classes and workshops on a regular basis to hone my skills. In addition to the normal required continuing education classes all of us must take - I am always looking for opportunity to expand my knowledge and ability to serve you. Although I have been a REALTOR® for more than a dozen years and have helped hundreds of buyers and hundreds of sellers, I still think that there is room to learn and improve.

We live in a marvelous age of technology and I refuse to stand still and be passed by. I want to be the best I can be today and even better tomorrow. For that reason, I have these designations and certifications (alphabet soup) after my name.

GRI - The Graduate, REALTOR® Institute (GRI) designation is a way to stand out to prospective home buyers and sellers as a REALTOR® who has gained in-depth market knowledge, increased proficiency in a broad array of subjects to enhance professionalism and business success. This designation allows me to be better able to serve and protect clients through an understanding of new technology, laws, and procedures.

ABR - The Accredited Buyer's Representative (ABR®) designation is for real estate buyer's agents who focus on working directly with buyer-clients at every stage of the home-buying process. This valuable real estate education elevates skills and knowledge in the home buying process. Ongoing specialized information, programs, and updates help keep me knowledgeable on the issues and trends facing home buyers.

SRES - The Seniors Real Estate Specialist® (SRES®) designation is for REALTORS® who want to be able to meet the special needs of maturing Americans when selling, buying, relocating, or refinancing residential or investment properties. By earning the SRES® designation, REALTORS® are prepared to approach mature clients with the best options and information for them to make life-changing decisions.

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The Making Of Many Books

Ecclesiastes 12:12 “And further, by these, my son, be admonished: of making many books there is no end; and much study is a weariness of the flesh.” Anyone can twist the scriptures or select certain passages or recreate or rewrite bibles, (over 200 out there), or write another book to clarify the last booboo they or God made. They are trying to prove that either God is wrong, they are right and everybody else is wrong and that their cult is the only bunch going to heaven, if anybody is. If you select and isolate scripture, and cannot rightly divide it, anyone can create their own monster cult. A lost man, even though memorized, has no chance of understanding the bible. See 2Peter 3:16. Why do you think that there are over 200 different cults and dogmas and religions? They all claim to have some kind of religion based book. Some like the Apostle Paul, some like the Peter. Well Peter said 1 Peter 1:18-19 “Forasmuch as ye know that ye were not redeemed with corruptible things, as silver and gold, from your vain conversation received by tradition from your fathers; But with the precious blood of Christ, as of a lamb without blemish and without spot.” The Apostle Paul said Romans 10:9-10 “That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved. For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation.” Romans 10:13 “For whosoever shall call upon the name of the Lord shall be saved”. Well, how about it, do you still like Peter or Paul?

When are you religious fakirs going to start telling your people the truth? Acts 4:12 “Neither is there salvation in any other: for there is none other name under heaven given among men, whereby we must be saved.” MUST BE SAVED. You and your church people must be saved. If you don't get saved, you will spend a fiery Christless eternity. Eternity in hell is a long time to be without water and to be wrong. Ask yourself and tell your folks, “If I can help God save my soul, WHY DID CHRIST DIE?” Christ tasted physical and spiritual death for every man. See Hebrews 2:9. Trust Christ and get born again. See Ephesians 1:12&13 & 1Peter 1:23 and get saved.

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STAN DEAN

E=MC2 Does Not Spell “GOD”?

Will Rogers once quipped, “We are all ignorant; we are just ignorant about different things.” I thought about this quote when I read an article published on MSNBC.com a while back titled, “Einstein’s ‘God’ Letter Fetches \$404,000.” No one would question the brilliance of Einstein as a physicist. Today, even his name has become synonymous with high intellect. However, this article revealed a great deficiency in his thinking concerning God.

It all revolved around a handwritten letter addressed to philosopher, Erik Gutkind in January, 1954. It was sold by Bloomsbury Auctions to an undiscovered collector for the whopping sum of \$404,000. But it was not only the sale price that raised eyebrows; it was also the content of the letter. Here is one of the quotes: “The word God is for me nothing more than the expression and product of human weaknesses, the Bible a collection of honorable but still primitive legends which are nevertheless pretty childish.”

When I read this it reminded me of the words of Paul speaking of some of the “great thinkers” of his day: “For the message of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written: ‘I will destroy the wisdom of the wise, and bring to nothing the understanding of the prudent.’ Where is the wise? Where is the scribe? Where is the disputer of this age? Has not God made foolish the wisdom of this world? For since, in the wisdom of God, the world through wisdom did not know God, it pleased God through the foolishness of the message preached to save those who believe” (1 Corinthians 1:18-21).

It is hard to comprehend that someone of Einstein's intelligence could weigh the evidence that abounds of God's existence and draw such a meaningless conclusion. Yet, he was not the first to do so and we know he was not the last.

In his letter to the Romans, Paul was very straightforward when talking about skeptics by pointing out that God had sufficiently revealed Himself through His creation. He penned, “For since the creation of the world His invisible attributes are clearly seen, being understood by the things that are made, even His eternal power and Godhead, so that they are without excuse...” (Romans 1:20).

However, before I finish, I have to say that mental brightness does not always equal spiritual darkness. For many among the wisest from the beginning of time have acknowledged Him and submitted to Him. Further, men and women (regardless of IQ) still wisely do! (cf. Proverbs 1:7).

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2008 DODGE NITRO	SILVER	1D8GU28K68W219706	1995 JEEP GRAND CHEROKEE	WHITE	1J4FT48S6Y134388
1996 DODGE RAM	GREEN	1B7HC16Y5TJ177610	2002 KIA SPORTAGE	SILVER	KNDJB723925169342
1996 DODGE RAM	SILVER	3B7HC13Y6TG13332	2000 LINCOLN LS	SILVER	1LNHM87A9Y9Y752776
2000 DODGE STRATUS	GREEN	1B3EJ46X6YN119749	1998 LINCOLN TOWN CAR	RED	1LNFM82W1WY688837
2004 DODGE STRATUS	WHITE	1B3L46X94N200927	2006 NISSAN ALTIMA	WHITE	1N4AL11D16C208033
2005 DODGE STRATUS	GRAY	4B3AG42GX5E038086	2015 NISSAN ALTIMA	BLACK	1N4AL3AP7FN317106
1998 FORD CROWN VICTORIA	GOLD	2FAFP74W7WX141869	2000 NISSAN MAXIMA	SILVER	JN1CA31A6YT200588
2000 FORD CROWN VICTORIA	GRAY	2FAFP73W0YX163491	2003 NISSAN MAXIMA	WHITE	JN1DA31A83T429349
2007 FORD CROWN VICTORIA	WHITE	2FAFP71W07X151634	2013 NISSAN ROGUE	WHITE	JN8AS5MT7DW035240
2001 FORD ECONOLINE	RED/MAROON	1FTRE14231HB13468	1999 NISSAN SENTRA	SILVER	3N1AB41D7XL090447
1998 FORD EXPEDITION	BLACK	1FMRU17L3WLC43595	2013 NISSAN VERSA	WHITE	3N1CN7AP8DL819482
2003 FORD EXPLORER	SILVER	1FMZU62K43ZB51867	2000 OLDS INTRIGUE	WHITE	1G3WS52H8YF135482
1979 FORD F150	WHITE	F15HUFC3185	2005 PONTIAC GRAND AM	WHITE	1G2NE52EX5M101757
1999 FORD F150	TAN	1FTZX1720XNB83459	2002 PONTIAC GRAND PRIX	MAROON	1G2WP52K52F143614
2001 FORD F150	TAN/BLUE	1FTZX17291NB74153	2004 PONTIAC GRAND PRIX	GRAY	2G2WS542X41339490
2005 FORD FIVE HUNDRED	WHITE	1FAFP24105G194831	1998 SAAB 93	BLACK	YS3DD78N8X7002104
2000 FORD FOCUS	BLACK	1FAFP34P0YW145388	2008 SATURN AURA	GRAY	1G8Z557X8F188772
2006 FORD FOCUS	WHITE	1FAFP34N36W121601	1990 TOYOTA CELICA	WHITE	JT2AT86F8L0028731
2008 FORD FOCUS	BLUE	1FAHP35N28W241965	2007 VOLKSWAGEN JETTA	WHITE	3VWGF71K07M180798
2013 FORD FOCUS	GRAY	1FADP3F26DL207140	1981 VOLKSWAGEN RABBIT	GREEN	VWVWG41056BK002248
2014 FORD FUSION	BLACK	3FA6P0H94ER389361			

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Historic Guest Op-Ed

Clowns Resurface at Sham Hearing

**Editor's Note:** In recognition of the Brett Kavanaugh character defamation circus sponsored by senate democrats, I thought it appropriate to recall when another execrable group of individuals could not let a pivotal political opportunity pass by. These are comments from Supreme Court nominee Clarence Thomas on October 11, 1991 to Sen. Joe Biden and the committee conducting the hearings on Anita Hill's accusations of sexual harassment.

“Senator, I would like to start by saying unequivocally, uncategorically, that I deny each and every single allegation against me today that suggested in any way that I had conversations of a sexual nature or about pornographic material with Anita Hill, that I ever attempted to date her, that I ever had any personal sexual interest in her, or that I in any way ever harassed her.

“A second, and I think more important point. I think that this today is a travesty. I think that it is disgusting. I think that this hearing should never occur in America. This is a case in which this sleaze, this dirt, was searched for by staffers of members of this committee, was then leaked to the media, and this committee and this body validated it and displayed it at

See SHAM... on Page 30

Comments do not necessarily represent those of the Courier Journal staff, its advertisers, or its readers.



CLARENCE THOMAS  
U.S. Supreme Court Justice

Courier Journal

THIS WEEK

in the Shoals  
September 26, 2018

Happening THIS WEEK



The Past 100 Years

Sheffield To Host Village 1 and World War I Nitrate Plant Centennial Program

THE VILLAGE – The city of Sheffield will celebrate northwest Alabama’s contributions to World War I at 10am on Saturday, September 29 at The Village School located at 206 Chickamauga Street in Sheffield. Numerous historical presentations on the project’s community impact, organizations, and the community’s patriotic contributions to World War I will

take place in the historic Village School Auditorium built by the U.S. Army Ordnance Corps. This program will begin promptly at 10am. Seating is first come, first served. There will be free Centennial birthday cake, free bottled water (while supplies last), Live Music, Historical Presentations, Antique

See 100 YEARS... on Page 26

THE CHILDREN'S MUSEUM SHOALS will have Superhero Day on September 29 from 10:30am-1:30pm sponsored by Listerhill. We will honor our superheroes ---our policemen, firemen, sheriff's dept, and the 115th. We have many activities planned for the day- Department trucks and cars, goodies for the children, snacks, and a photo booth. This outdoor event is free to the public, and admission to the museum will be half price for the entire day. CMS is open Wednesday-Saturday from 10am-5pm located at 2810 Darby Drive in Florence.

HISTORIAN WAYNE FLYNT will discuss "The Richness of Alabama Culture and Harper Lee" on Tuesday, October 2 at 6pm at Florence-Lauderdale Public Library, 350 N. Wood Ave. in Florence. The free presentation will feature two of Flynt's latest books, Alabama: The History of a Deep South State, Bicentennial Edition and Mockingbird Songs: My Friendship with Harper Lee. Both books will be available for purchase and signing. Flynt is a distinguished university professor emeritus at Auburn University and has published fourteen books.



Sept. 30

Artifact Show in Rogersville

ROGERSVILLE–Have you ever found an interesting-looking rock and thought that it was just more than a natural formation? Did it look like it might be an arrowhead or some type of ancient stone tool? Do you have a box of old Indian rocks that you picked up as a child or were given by a relative? Now is your chance to find out exactly what you have.

The Alabama chapter of the Central States Archaeological Society will be presenting the 2018 Rogersville Indian Artifact Show on September 30 at the scenic Joe Wheeler



See ARTIFACT... on Page 18

**FOOTBALL**  
**SAT. SEPT 29 • 5PM**  
**Campbell**  
**Buies Creek, NC**  
**Check [www.roarlions.com](http://www.roarlions.com) for complete schedule**  
**NewsTalkSports 97.1 WBCF**  
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**VOLLEYBALL**  
**Flowers Hall**  
**FRI. SEPT. 28 • 7PM**  
**Liberty**  
**SUN. SEPT. 30 • 1PM**  
**Florida Gulf Coast**  
**SOCCER**  
**Playing in Florida**

YOUR Letters

Your Courier Journal welcomes tastefully presented letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. **Letters must include name, address and phone number for verification.** (Only name and town will be published.) Letters subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers or a majority of readers. Please submit typed or neatly written letters to: Editor-Courier Journal

by Mail or in Person  
219 W. Tennessee St., Florence, AL 35630  
• e-mail: [editor@courierjournal.net](mailto:editor@courierjournal.net)  
• FAX- 256-760-9618

Address Jail Issues

Editor:

I have never been more embarrassed than when I saw Sheriff Singleton talking to some of the prisoners housed in this poor excuse for a jail. It would do me good to see all of the Lauderdale County Commissioners spend a few weeks there sleeping, eating, using the open showers, commodes, etc. I do not think they would like that. They would be in an atmosphere unlike what they have at home with family, watching whatever on television, and thoroughly enjoying the good life. So, how about you commissioners figure how to get out of this "MESS" before the State Prison Committee comes calling, and does a white glove inspection? Please consider the ones in there who suffer the consequences because of your not hearing them in their hour of desperation. When the next vote comes up and you have done the right

On the other hand, the Salvation Army has an entirely different positive image. A dramatic 85% of every donated dollar goes directly to needy recipients.



thing, people will probably say well done, and that it was way past time anyway.

Joe Fairer  
Muscle Shoals

Only Heaven Matters

Editor:

My brother was found dead at age 55 in 2011. Last night, I dreamed of him. He was walking along a path and found a wallet. He looked at the driver's license. "This man is dead," he said. "I can't give the wallet back to him, but I can

give it to his family." My brother was a wounded soul. He suffered a lot of abuse and oppression. Yet, at his core he was an honest person who admitted his faults. I never knew him to be dishonest. Doing the right thing on earth is what matters in heaven. In the end, heaven is all that matters. Being honest about whom you bring into this world is the most noble thing a person can do. Children do not ask to be born, but many have hell to pay when dishonesty and greed enter the picture. We find peace in giving back what doesn't belong to us, because nothing

See LETTERS... on Page 24





Helen Keller Hospital

# October 2018

## Calendar of Events

**OCTOBER IS BREAST CANCER AWARENESS MONTH!**

**Tuesday 2**

**Heart Healthy Dining Out**

5:30-7:30pm  
Marriott Conference Center

**Friday 5**

**Diabetes, Blood Pressure & Blood Sugar Screenings**

8am-11:30am • Main Lobby

Free. Sponsored by Keller Volunteer Services.

**Saturday 6**

**Babypalooza**

10am-1pm  
Marriott Conference Center

**Monday 8**

**Childbirth Classes**

6 pm • Education Dept. in the basement of the Hospital

To register, call 256-386-4030.

**Tuesday 9**

**\$5 Masquerade Jewelry Sale**

7am-7pm  
Wellcare Center in the Aerobic Room

Proceeds benefit HKH Volunteer Auxiliary

**Tuesday 9**

**Childbirth Classes**

6 pm • Education Dept. in the basement of the Hospital

To register, call 256-386-4030.

**Wed. - Thurs, 10-11**

**\$5 Masquerade Jewelry Sale**

7am-5pm  
Wellcare Center in the Aerobic Room

Proceeds benefit HKH Volunteer Auxiliary

**Thursday 18**

**Breastfeeding Class**

6 pm • Education Dept. in the basement of the Hospital

Call 256-386-4030 to register.

**Friday 19**

**Diabetes, Blood Pressure & Blood Sugar Screenings**

8am-11:30am • Main Lobby

Free. Sponsored by Keller Volunteer Services.

**Friday 19**

**Ed Borden Memorial Golf Tournament**

256-386-4747 for more information

**Saturday 20**

**Sibling Class**

10am  
Classes will meet on the 2nd floor in the OB Classroom

Call 256-386-4572 to register.

**Thursday 25**

**Healthy Valley Women Program**

12pm • Keller Wellcare Center

256-386-4747 for more information

**Tuesday 30**

**Profiles in Pink Party & Chili Cook-Off**

12-2pm  
HKH Campus  
Located at the Helen Keller Hospital back lawn, between the 1100-1120 Building.

**Wednesday 31**

**Have a Safe and Happy Halloween!**





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2018

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Mail or deliver your entry to: Courier Journal, 219 West Tennessee St., Florence, AL 35630 or Fax to: 256-760-9618 or enter online at [www.courierjournal.net](http://www.courierjournal.net)

Winners will be listed online Tuesday afternoon and in the FOLLOWING week's Courier Journal.

**WEEK OF SEPT. 29**  
**DEADLINE: 6 PM FRIDAY, SEPT. 28**

**WEEK 3 WINNER: BETTY MALONE, MUSCLE SHOALS**

**CHECK BOX BESIDE EACH WINNING TEAM**

\* game played at a neutral location

<input type="checkbox"/> SYRACUSE at CLEMSON	<input type="checkbox"/> STANFORD at NOTRE DAME
<input type="checkbox"/> TEXAS at KANSAS ST.	<input type="checkbox"/> S. CAROLINA at KENTUCKY
<input type="checkbox"/> FLORIDA STATE at LOUISVILLE	<input type="checkbox"/> OLE MISS. at LSU
<input type="checkbox"/> FLORIDA at MISSISSIPPI ST.	<input type="checkbox"/> N. ALABAMA at CAMPBELL UNIV.
<input type="checkbox"/> UCLA at COLORADO	
<input type="checkbox"/> TENNESSEE at GEORGIA	
<input type="checkbox"/> BYU at WASHINGTON	

**RULES:** You can only enter for yourself, not other people. Only one entry per person per week. Only one winner per week. Winners must present a photo I.D. when picking up their gift certificate(s). Check the box beside the appropriate picks for the first 11 games, then write in the exact score of the tie-breaker game. Person with the most correct picks receives a \$50 Gift Card from Legend's Steakhouse in Florence. No change will be returned for any unused portion of the card. Gratuity is not included. In event of a tie, the tie-breaker score will be utilized. Otherwise, it will not be considered. Closest tie-breaker score wins. Total points will be next tie breaking procedure, and a random drawing of finalists will be used to determine the winner if they are still tied after tie-breaking procedure. Person with the winning card for the week, who also picks every game correctly including tie-breaker, will also win \$50 from the Courier Journal and another \$50 Legends Gift Card. Judges decision is final. Mailed entries must be post-marked by deadline day. Hand-delivered, faxed or on-line entries must be submitted by exact time of deadline stated above. NO EXCEPTIONS. Winner is posted on website each Tuesday afternoon and in the paper delayed by one week. Employees and family of Courier Journal and Game Day Scorecard sponsors are ineligible to win. **NOTE: If you're faxing, first make a CLEAN COPY, then FAX THAT COPY. NEWSPRINT DOES NOT REPRODUCE CLEARLY ON A FAX. WE ARE NOT RESPONSIBLE FOR ILLEGIBLE COPIES.**

**TIE BREAKER GAME** Write Score HERE

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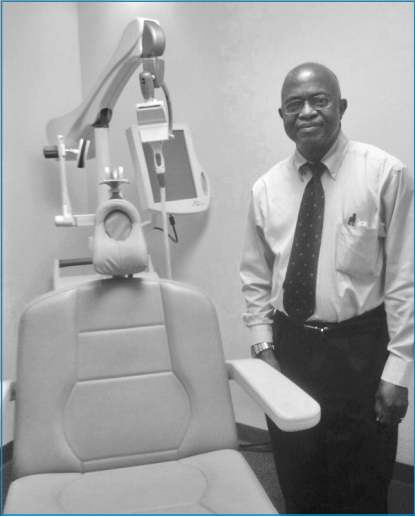
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# Artifacts...

Continued from Page 14

State Park Lodge from 8 a.m. - 3 p.m.

Some of the finest Indian Artifacts collected in the states of Alabama, Tennessee, Mississippi, Georgia, Florida and Kentucky will be on display. These impressive collections will represent artifacts from the Paleo, Archaic, Woodland and Mississippian time periods.

There is no admission charge to the public and there will be multiple collectors on hand to answer any questions you may have about their collections or any artifact that you bring in and would like information on. Noted Authenticator, Jerry Dickey, will be in attendance.

For more information on the show, please contact Rick Weems at 256-577-6122. For information on Joe Wheeler State Park Lodge, online go to [www.alapark.com/joewheeler](http://www.alapark.com/joewheeler) or call 1 800-544-5639 or 256-247-5461.

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*Available Items:* Coins, Comic Books, Sports Cards, Antique & Vintage items as well as other Collectibles. [www.bonanza.com/booths/t\\_witt](http://www.bonanza.com/booths/t_witt). If picked up locally, items will be priced lower than on website. Many more items on website! 256-436-2051

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**107 Gusmus Ave. • Muscle Shoals**  
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227388-1

# Northwest Alabama Leg Pain Specialists

*Treating the Causes of Leg Pain, not just the symptoms.*

Do you suffer from...

Restless Legs	Varicose Veins
Cramping	Aching
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Burning	Tingling
Itching	Heaviness
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Our team of experts, including a Board Certified Physician, specialize in the diagnosis and treatment of leg problems. We utilize the latest technology to get to the cause of the problem and develop a solution.

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Lb.



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Lb.



USDA Inspected Hormel Natural Choice BONELESS PORK CHOPS Family Pack

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Lb.



U.S. #1 RUSSET POTATOES

2/\$4

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\$1

Pillsbury Moist Supreme Yellow Frosting 15-16 Oz.

2/\$3

Food Club ICE CREAM Gallon

\$399

Mayfield ICE CREAM BARS 6 Pk.

2/\$4



Medium YELLOW ONIONS

2/\$3

3 Lbs.

Campbell's Tomato Or Chicken Noodle SOUP 10 Oz.

99¢

Food Club SALTINE CRACKERS 16 Oz.

\$119

Maxwell House COFFEE 25-30 Oz.

\$599

Wide Awake COFFEE 12 Oz. Bags Or K-CUPS 12 Ct.

\$499



Green CABBAGE

49¢

Lb.

Lay's VARIETY PACKS 18-20 Ct.

\$599

Food Club VEGETABLES All Varieties 14-15 Oz.

59¢

Food Club TOMATOES All Varieties 10-14 Oz.

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Food Club CHEESE Chunk, Cubes Or Shredded 5-8 Oz.

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225657-1



# MEAT



**Bryan**  
THE FLAVOR OF THE SOUTH  
SWEET HICKORY SMOKED BACON

**Bryan**  
**SLICED BACON**  
Regular Or Thick

**\$2.79**  
12 Oz.



**USDA Inspected Hormel Natural Choice BONELESS PORK SIRLOIN ROAST**

**\$1.99**  
Lb.

Sea Best  
**OCEAN PERCH FILLETS**  
1 Lb. **\$3.49**



**Bar S**  
NEW LOOK  
CLASSIC JUMBO FRANKS  
MADE WITH CHICKEN, PORK ADDED

**Bar S**  
**JUMBO FRANKS**

**\$1.29**  
16 Oz.



**USDA Inspected Hormel Natural Choice Fresh PORK NECK BONES**

**99¢**  
Lb.



**USDA Inspected Hormel Natural Choice BONELESS PORK CUTLETS**

**\$1.99**  
Lb.



**Bar S**  
NEW LOOK  
CLASSIC SOLOGNA  
MADE WITH CHICKEN, PORK ADDED

**Bar S**  
**SLICED BOLOGNA**  
Regular Or Thick

**\$1.49**  
16 Oz.



**Bar S**  
NEW LOOK  
THICK BOLOGNA  
MADE WITH CHICKEN, PORK ADDED

**\$1.49**  
16 Oz.



**USDA Grade A Springer Mountain Farms Fresh WHOLE FRYER CHICKEN**

**\$1.29**  
Lb.

Oscar Mayer  
**BASIC LUNCHABLES**  
3.2-3.5 Oz. **\$1.19**



**USDA Inspected Fresh Chicken LEG QUARTERS**  
(4/10 Lb. Bags)

**59¢**  
Lb.

Tennessee Pride  
**SAUSAGE**  
Sage, Mild Or Hot  
1 Lb. Roll **2/\$5**



**Bar S**  
NEW LOOK  
DELI STYLE SMOKED HAM  
MADE WITH CHICKEN, PORK ADDED

**Bar S**  
**HAM OR TURKEY**  
4x6 Lunchmeat

**\$2.39**  
14-16 Oz.



**Bar S**  
NEW LOOK  
DELI STYLE OVEN ROASTED TURKEY BREAST  
MADE WITH CHICKEN, PORK ADDED

**\$2.39**  
14-16 Oz.

**Bar S**  
**CORN DOGS**



**Bar S**  
NEW LOOK  
CLASSIC CORN DOGS  
MADE WITH CHICKEN, PORK ADDED

**\$3.99**  
2.34 Lb. Box

**Oscar Mayer**  
**Deli Fresh LUNCHMEAT**



**Oscar Mayer**  
Delifresh  
Brown Sugar BOLD  
Slow Roasted CURED ROAST BEEF

**\$2.79**  
7-9 Oz.

**Oscar Mayer**  
**HOT DOGS**  
Reg., Bun Length Or Jumbo



**Oscar Mayer**  
Classic Uncured WIENERS

**2/\$3**  
16 Oz.

**Cade's Cove**  
**BBQ**



**Cade's Cove**  
Pork BBQ  
Smoke House • Fully Cooked

**\$5.99**  
20-28 Oz.

**Hormel**  
**LITTLE SIZZLERS**



**Hormel**  
Little Sizzlers  
PORK SAUSAGE  
NET WT 12 OZ (340g)

**\$1.79**  
12 Oz.

# PRODUCE



**Green Giant**  
Baby Cut Carrots  
Sweet & Crunchy!

**Baby Cut CARROTS**  
1 Lb.

**99¢**



**Honey Crisp APPLES**  
Lb.

**\$1.99**

**Dole Spring Mix, Baby Spinach, Butter Bliss Or Field Greens SALAD MIX**



**Dole**  
SPRING MIX  
Butter Bliss

**2/\$5**

**Yellow Or Zucchini SQUASH**  
Lb.



**\$1.19**

**Cluster TOMATOES**  
Lb.



**\$1.49**

**AVOCADOS**  
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18-19 Oz.

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Food Club KETCHUP

24 Oz.

\$1



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All Varieties 16 Oz.

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20 Oz.

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24 Oz.

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16-20 Oz.

99¢



Food Club PANCAKE MIX

2 Lbs.

2/\$4



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45 Oz.

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Dr. Pepper, Sprite Or COCA-COLA

6 Pk. .5 Liters

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Dr. Pepper, Sprite Or COCA-COLA

12 Pk. Cans Or 8 Pk. 12 Oz. Btls.

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All Flavors 32 Oz.

79¢



Golden Flake POTATO CHIPS

5 Oz.

2/\$3



Golden Flake VARIETY PACKS

20 Ct.

\$5.99



Frito Lay Munchies CRACKERS

8 Ct.

2/\$4



Sun Drop, 7Up, A&W Or R.C. COLA

12 Pk. Cans

3/\$9



FROZEN

Green Giant VEGETABLES

8-10 Oz.

4/\$5



Idaho Frozen POTATOES

28 Oz. ....

2/\$4

Mayfield Select ICE CREAM

48 Oz. ....

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Swanson POT PIES

Chicken/Turkey 7 Oz.

89¢

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DAIRY

Blue Bonnet MARGARINE

1 Lb. 4 Stick

89¢



Food Club CREAM CHEESE

8 Oz. ....

4/\$5

Philadelphia CREAM CHEESE SPREADS

7-8 Oz. ....

2/\$5

Food Club CHEESE SINGLES

10-12 Oz. ....

2/\$4



<b>Crystal Springs SPRING WATER</b> Gallon <b>88¢</b> 	<b>Food Club SALSA OR PICANTE SAUCE</b> 15-16 Oz. <b>2/\$3</b> 	<b>Hershey's MINIATURES</b> 40 Oz. <b>\$8.99</b> 
<b>Food Club Hamburger DILL SLICES</b> 32 Oz. <b>2/\$3</b> 	<b>Food Club APPLE JUICE</b> 64 Oz. <b>\$1.78</b> 	<b>Planters Dry Roasted PEANUTS</b> 16 Oz. <b>2/\$6</b> 
<b>Food Club POPCORN</b> 3 Pk. <b>\$1</b> 	<b>Food Club BROWN RICE</b> 1 Lb. Bag <b>69¢</b> 	<b>Valu Time FOAM PLATES</b> 30 Ct. <b>\$1</b> 
<b>Simply Done BATH TISSUE</b> 6 Mega Or 12 Dbl. Rolls <b>\$4.99</b> 	<b>Gravy Train DOG FOOD</b> 14-15 Lbs. <b>\$6.99</b> 	<b>Dial BODY WASH</b> 16 Oz. <b>2/\$7</b> 

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<b>Coors Light Or Miller Lite BEER</b> 15 Pk. Pints <b>\$15.79</b> 	<b>Keystone Light Or Ice BEER</b> 30 Pk. Cans <b>\$17.99</b> 
<b>Budweiser Or Bud Light BEER</b> 24 Pk. 16 Oz. Cans <b>\$20.99</b> 	<b>Liberty Creek WINE</b> 1.5 Liters <b>\$7.49</b> 
<b>Coors Light Or Miller Lite BEER</b> 24 Pk. 12 Oz. Cans <b>\$20.99</b> 	

## DELI & BAKERY

<b>Deli Fresh Baked POTATO SALAD</b> <b>\$2.49</b> Lb. 	<b>Deli Fresh BAKED BEANS WITH PORK</b> <b>\$3.29</b> Lb. 
<b>Fresh FRIED CHICKEN</b> 2 Breast, 2 Legs, 2 Thighs & 2 Wings <b>\$6.99</b> 8 Pc. 	<b>All Varieties Holley Sweets CAKES</b> <b>\$4.99</b> 24 Oz. 

## SEAFOOD

<b>Fresh Rainforest TILAPIA FILLETs</b> <b>\$4.99</b> Lb. 	<b>Previously Frozen Argentine RED SHRIMP</b> <b>\$7.99</b> 16/20 Ct. Lb. 
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**SEPT. 26-OCT. 2, 2018**



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**FLORENCE** 1708 Darby Dr. • 7am-10pm • 256-767-2227  
**MUSCLE SHOALS** 3001 Woodward. • 7am-11pm • 256-381-7277  
3413 Woodward Ave. • 7am-11pm • 256-978-6093  
**SHEFFIELD** Foodland Plus • 106 Towne Plaza • 7am-10pm • 256-381-6552

**TUSCUMBIA** 103 West 1st Street • 7am-11pm • 256-383-9425  
**FORD CITY FOODLAND** River Road • 7am-10pm • 256-446-5842  
**ELGIN CROSSROADS** ELGIN Forest Plaza • 7am-11pm • 256-247-1958  
**ROGERSVILLE** Rogersville Shopping Ctr. • 7am-11pm • 256-247-1805



# Medicare Minute

## "Medicare Pre-AEP"

Each year anyone who is on Medicare and enrolled in a Medicare Advantage Plan (MA) or Prescription Drug Plan (PDP) has an open enrollment period to make changes in their plan if they wish. This open enrollment period is called the Annual Election Period (AEP). It extends from October 15th to December 7th. There is also a period from October 1st to October 14th that is commonly called Pre-AEP.

Pre-AEP is an important time for Medicare beneficiaries. Insurance companies who offer MAs or PDPs cannot release their plan information for 2019 until October 1st. You can use this time to review your current plan to see if there has been any significant changes in your premium or copays. It's also a good time to review the prescription drug coverage of your plan, especially if you have had changes in the drugs you are taking. If any new plans are coming into your county, this is the time they are announced so be on the lookout for those.

Pre-AEP can also be a confusing time. Although it's designed for you to gather information on any changes that are coming for 2019, you may get phone calls or letters from insurance companies or your local agent. Local agents, in particular, like to use Pre-AEP to reach out to their clients and do policy reviews for the next year. This is totally acceptable under Medicare rules. It is also acceptable for you to attend a meeting or seminar during Pre-AEP to hear the details of 2019 plans. The one thing you cannot do is officially sign up for a new plan until after October 15th.

The good news is if you're happy with the plan you are in you won't have to do a thing. You will automatically roll into the 2019 plan as long as it's still offered in your area. If you have any questions about Pre-AEP you can contact our office for more information.

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-648-5710), stop by our office at 885 Florence Blvd (Four Lane Shopping Center) or email me at [ikey@alabamahealthguidance.com](mailto:ikey@alabamahealthguidance.com). Alabama Health Guidance is an independent insurance agency and is not affiliated with Medicare or any other government agency.



Ikey Fowler

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(Four Lane Shopping Center)



**MINI COOPER CONVERTIBLE, 2005.** Very low miles. Must see and drive! Sacrifice, \$4,200. 256-673-1064.

**2010 TOYOTA FJ CRUISER,** automatic, excellent condition, no issues, \$17,400 256-415-9217

**BUYING USED CARS, TRUCKS, VANS. DRIVEABLE, GOOD CONDITION OR NEEDS REPAIR.** 256-810-8411.

**ENTERTAINMENT CENTER, BEIGE. FITS 42" TV.** Gave \$800, will take \$200. 256-389-9548 (Shoals)

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**2003 FORD E-350, 14 ft.** Box Van with Tommy Lift. High miles, runs good, Michelin Tires, \$3,000 OBO, 256-577-4816

**SEWING MACHINE REPAIR,** MOST makes & models. Free estimates. Ken's Sewing Center, 256-381-0161.

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**TROPHY ROCKS (20 LBS.)** at Coldwater Seed & Supply Co., 108 E. 6th St., Tusculumbia, AL 256-383-2038

**BUICK: LUCERNE CXL, 2007.** \$5,500. Very clean car, 118k miles, runs great, heated leather interior, cold A/C. Call 256-702-6979.

**BRADINGTON- YOUNG LEATHER SOFA** and ottoman, \$800. Cloth loveseat (light gold), \$100. 2 wingback accent chairs, \$150. Phone 256-760-8183 or 256-412-8329

**BAD CREDIT, SLOW CREDIT,** no credit, no problem! Call me, Matt South, for financing on your next vehicle. 256-810-0283.

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## 256-386-0808



In addition to our current responsibilities at Shoals Hospital, starting October 1, 2018, the physicians of Avalon Medical Group will now be caring for our patients at Helen Keller Hospital.



# Helen Keller Hospital



# Letters...

## Only Heaven Matters...

Continued from Page 14

on earth enters into heaven. Naked we come and naked we go by divine order.

God knows our soul is priceless, and that is all He wants.

As we mature in our love for Him and our fellowman, we need to focus on acquiring the things that are unseen verses accumulating things that are.

“The Truth will stand when the world is on fire,” my mother used to say.

“Help me to walk in the light as You are in the light,” she prayed. “And forgive me where I have failed You.”

Yes, Lord forgive us where we have failed You. -Amen

Joy Willow  
Florence

## Give to Where Money Works

To the Editor:

Extraordinary caution is necessary in disaster donations.

It is commonplace these days in the aftermath of natural disasters for charities to swarm the airways and printed media soliciting donations. It makes marketing sense to take advantage of the public giving mindset set in motion by wall to wall nonstop news coverage. The American Red Cross is infamous for this tactic, but it is hardly alone in the practice.

We the public would be better served if we examined closely the record of distribution of donated funds as cash direct disbursements to those in need. The Red Cross and the Salvation Army are in the forefront of assisting victims in disasters. How do they compare? CNN recently published an insightful revealing report that discloses that the American Red Cross actually dispenses only nine cents of every donated dollar to victims. The Red Cross CEO salary is currently reported at \$661,957. Fundraising work, overhead and salaries and benefits comprise 93% of every dollar! Furthermore, Red Cross officials have conceded that the sales pitch soliciting donations earmarked for the specific disaster at hand is simply a marketing ploy and that earmarking for a specific cause is NOT POSSIBLE! On the other hand, the Salvation Army has an entirely different positive image. A dramatic 85% of every donated dollar goes directly to needy recipients. At the same time, the Salvation Army CEO earns \$126,920 yearly!

So, use caution! Make

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**JOHN DEERE SELF- PRO-PELLED** push mower/mulcher. \$200. 256-252-5853. (Trinity)

**GREENVIEW MEMORIAL PARK SECTION 9,** lot 48-A, spaces 1 & 2, Florence, \$2,200 both, 256-648-0203

**TREE SERVICE BY SOUTH-ERN** Appeal Lawn Maintenance Services. Free estimates, 256-381-2306.

**HANDMADE AFGHANS ASK-ING \$10** for both, serious buyers leave message 256-217-0434.

**BELGIAN MALINOIS PUPPIES,** Great for personal protection or sport. 1st shots/ deformed. Parents on site. \$350 each. 256-275-1315.

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**WE BUY FURNITURE AND** appliances, refrigerators, stoves, washers, dryers, sofas + more! Call 256-275-2276.

**NORTH ALABAMA LAND CLEARING** LLC. Clean your property up and raise the value with a mulching machine. Dozer, tractor and bush hogging, drive-way, landscaping work, etc. Free estimates. Will travel. Call 256-810-7197.

**2018 JAYCO JAY FEATHER** RV, 23', couch slide, like new, sleeps 6, \$19,500 OBO. 256-383-8550 or 256-398-5410

**TYPIST / COMPUTER GURU** needed for 16 woman treatment facility. Star Christian volunteer preferred/\$Neg. Background check. 256-765-2100. Leave name and best time to return call.

**FORD: ESCAPE, 2016 \$13,000.** Power windows, door locks, 27K miles, cloth seats, blue tooth. 256-757-4427.

**FREE KITTENS TO A** good home, 256-221-3947.

**2001 DODGE DAKOTA, V8,** extended cab, utility topper with ladder rack, bedliner, Reese receiver, 187k miles, cold air, CD, WORK TRUCK READY! \$2,750 obo. 256-648-0584.

**2002 YAMAHA V-STAR 1100,** many extras, 22,000 miles, \$2,700. 256-415-5333

**WOODWORKING EQUIPMENT FOR SALE:** Commercial and hobby grade woodworking equipment for Sale. Woodmaster 718 Planer/Molder \$1,000; Powermatic upgraded table saw \$1,000; Delta 12" Radial Arm Saw \$100; Duct Collectors (2) \$100-\$150; Grizzly Hanging Air Filter \$65; 6' Craftsman Jointer \$100; Disk & Belt Sanders \$50 and other equipment. 256-757-1580

**•WOODS BATWING, 15' BUSH-HOG,** late model, extra big gear boxes, \$7,500 obo. •20'x8' wide tractor equipment bumper trailer, nice, \$2,400 obo. •No till grain seed deer plot drill, 6' wide and up, \$3,800 and up. Several to choose. 256-810-7238.

**1971 VOLKSWAGEN BEETLE, REBUILT** motor (2016) Driveable, \$5,700 OBO. Located at TNT Auto Clean 5939 Hwy 72, Killen, AL 35645. 256-483-2778 Kendall or 256-710-3026 Richard.

**ADAYS WORK MOBILE HOME** repair, flooring, leaks, Koolseal, underpinning, decks & more. Free estimates. Call 256-856-6213 or 256-389-3179

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**DECKS AND FENCES- FREE** estimates. Call me at 256-856-4662. References available.

**MANSELL ROOFING,** DISCOUNTS TO Veterans, and Seniors, all work guaranteed, Free estimates, 256-383-3218

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**FORD: TAURUS, 2005 \$3,695,** 4-door, all power, 132,257 miles, white with tan interior, V6, good car, runs great. 256-565-2948 (Hartselle, AL area)



**14' ALUMACRAFT FLAT BOT-TOM** boat. Completely restored with rebuilt 35hp Evinrude, 3 seats, new trolling motor, new wiring, 2 batteries, live well, 2 life jackets, and trailer.\$3,750 Firm 256-335-6003.

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Source for this editorial:  
CNN, News from Money;  
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**100 Years...**  
Continued from Page 14

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**CENTENNIAL PROGRAM SPEAKER LINE-UP**  
10am - Tom McKnight, (U.N.) "Military History Overview: A Veteran's Call for National Unity"  
10:25am - Arthur Graves, Lt. Col. USAF (Ret) "Local Veterans of World War I"  
11am - Scott Angle, PhD. "Nitrate History: Muscle Shoals has Fed the World"  
11:45am - Greg & Malinda Harrison, "A History of Village One"  
12:30pm - Major General Buddy Moore, "Competence, Courage, and Bravery of North Alabamians during Time of War"  
1:15pm - Laurence A. Lyons, PhD. "Wireless Technology and WWI"  
2pm - Marty T. Olliff, PhD. Director of The Wiregrass Archives "The Montgomery Cooperative Canning Club: A Case Study in Civilian Mobilization"  
2:45pm - Jim Brown, PhD. "German Nationalism - A Major Factor in WWI"  
3:30pm - Bob England, NWSCC Emeritus "The Treaty of Versailles and Serbian Victory in the Great War"

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Ask Dr. Webb



Dr. Robert Webb

Can a patient in hospice be taken to the ER, or admitted to hospital, if necessary? Some people have been told Medicare will not pay and want to know what to do if pain isn't controlled.

There are really two issues here.

1. Can hospice patients still go to the ER/hospital? Yes. The primary goal of Medicare for hospice patients is to help them to remain at home, and die there comfortably, with dignity. Therefore, a hospice is obligated to do whatever's necessary to achieve that, including continuous care by an RN during times of any symptom crisis.

The hospice cannot make a patient revoke hospice [give up their hospice service] just because they need to be in the hospital to control symptoms.

When symptoms can't be controlled, or some unrelated crisis occurs [such as falling and breaking a hip], a hospice should arrange for patients to be taken to the ER, stabilized and return home, or to be admitted. And these services are covered, either through the hospice benefit or under 'regular' Medicare.

2. How to control someone's pain? Hospice staff are responsible for controlling a patient's symptoms, whether it's pain, shortness of breath, etc.

Suggestions for pain: start with extended-release acetaminophen [Tylenol Arthritis] combined with non-drug options [such as rubbing a mentholated cream, like Bengay or Biofreeze, into the painful area]. If that doesn't help, adding much stronger drugs, like the narcotics morphine or methadone is usually successful. In our hospice, many patients requiring a narcotic are using methadone with good success—although more sedating, it has better pain relief and is less expensive than other narcotics.

Just because a drug didn't help one person, doesn't mean it won't work for someone else. Each of us is unique and often require a 'trial-and-error' approach until something is found to work!

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*A special kind of caring*  
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Ask Dr. Webb is a bi-weekly article sponsored by Hospice of the Shoals as a community service to answer questions about hospice care and end of life issues. Please submit questions to hpatterson@hofs.org. or call 256-767-6699. Dr. Robert Webb has focused his practice on geriatrics and palliative care since 2003. He is the Medical Director at Hospice of the Shoals.

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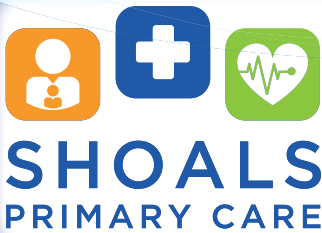
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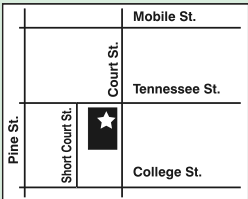
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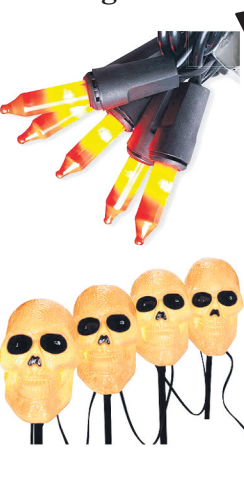
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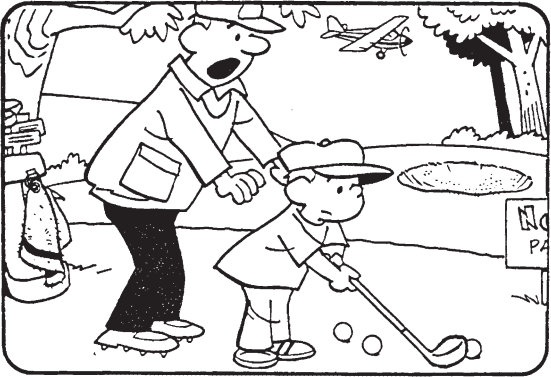
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a committee of the U.S. Senate, rather than hung from a tree.”

**Editor's Comments:**  
Anita Hill supposedly had “nothing to gain” by her accusations as is the claim with Dr. Christine Blasey Ford. Once headed for what would likely be a ho-hum government or teaching position, Hill used her lies to capitalize on premium speaking opportunities, movie deals, book deals, and so on. Her current estimated net worth is \$6.3 million.

Monetary issues aside, any accusers against prominent pro-life candidates receive instant sainthood status by abortion advocates - however inappropriate my wording. Hill is actually making recommendations to the current judiciary committee in the Kavanaugh case.

In a recent New York Times Op-Ed, Hill said that the senators failed her.

“In 1991 the Senate Judiciary Committee had an opportunity to demonstrate its appreciation for both

the seriousness of sexual harassment claims and the need for public confidence in the character of a nominee to the Supreme Court,” she wrote. “It failed on both counts.”

No, Ms. Hill, it didn't. The committee took both your claims and the nominee's character very seriously.

Hill's partisan accusations against Clarence Thomas in 1991 were a sham from the outset because he dared be a black conservative nominee. A true victim neither follows her abuser from job to job, nor keeps contact with him numerous times after she stops working with him. Despite a near supermajority in the senate, many democrats saw through the Anita Hill smoke screen as well. Clarence Thomas was confirmed 58-42.

With such glaring vagaries and inconsistencies in Ms. Ford's account, there is no reason her claims should be given any credence, either.

## Artifacts...

Continued from Page 14

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## Memories of Long Ago

With the major league baseball pennant races winding down, memories of my youth begin coming to mind. I grew up

a New York Yankees fan. And when my Deshler High School Class of 1961 headed to the Big Apple on our senior trip, I was elated. Luckily, the Yankees were playing at home so it was aboard the subway and on to Yankee Stadium, the "House That Ruth Built."

It's hard to put in words the excitement I felt when down below emerging from the dugout was Mickey Mantle, Yogi Berra, Whitey Ford, Bobby Richardson, "Moose" Skowron, Tony Kubek and Roger Maris. My heroes. In person. Can't forget that ever. The Yankees were playing the Cleveland Indians that day, whose most celebrated star was Jimmy Piersall, the subject of a popular movie starring Tony Perkins.

It was the first month of the '61 season and little did we know it would be the year that Mantle and Maris would stage their famous home run battle the entire year. It would be the year that Maris would hit 61 home runs to break Babe Ruth's single-season mark. Maris would hit No. 61 on the final day of the season.

Mantle was injured late in the season and wound up hitting 54 home runs. It was a day to remember for this wide-eyed 17-year old from Tuscumbia. The trip had some interesting side notes. While in New York, I saw undefeated heavyweight boxing champion Rocky Marciano, enjoyed singer Johnny Mathis at the famed Copacabana Club, saw the Rockettes at Radio City Music Hall and stood on top of the 86th floor observation tower at the Empire State building and saw the Statue of Liberty.

On the way up, we saw singer Neil Sedaka in Washington. But for a sports fanatic like me, nothing compared to seeing Mickey, Yogi, Whitey and other stars at famous Yankee Stadium.

E-mail comments and suggestions to: [jerryuknight@comcast.net](mailto:jerryuknight@comcast.net)

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# Christian Women's Job Corps...

Continued from Page 6

candidly. "By the time I was 13, my mother kicked me out of the house. That opened up the door to drugs and homelessness. I moved from friends to family. At the same time, I still was able to graduate high school."

Although she made a profession of faith in Christ at age 16, the Grant, Alabama native didn't understand the need to change her lifestyle to match her newfound faith. By age 19, Roland was pregnant and single with little hope for a stable or successful future.

Asking God to give her a reason to quit using drugs, Roland's pregnancy became that motivation. "God was like, 'Okay, here's your reason to stop.' That's when I quit doing the drugs. I wanted to be a better mother for my child than what I had growing up."

At the same time, Roland said she began visiting area churches as she started searching for God more on a deeper level. That led to a church member introducing her to Christian Women's Job Corps.

She went through the program twice at the CWJC site in Guntersville. Roland acknowledged that she still struggled a little bit. She eventually moved to Florence, got a job at an area hospital, and discovered that through her CWJC classes, mentoring and Bible studies she had gained the tools that she needed to succeed.

Working at the hospital as a phlebotomist for five years, "I was able to save up enough money to work on my credit to be able to buy a home," Roland explained. "Once I was able to sign the contract on my home is when I decided that I wanted to help other women overcome the same obstacles that I have. That's when God started putting Christian Women's Job Corps on my heart. That was in 2016 and now we are going into our second year of classes."

One of the primary goals

of Christian Women's Job Corps and Christian Men's Job Corps is to equip men and women for life and employment, said Lena Plunk, WMU's ministries consultant for mobilization and national CWJC/CMJC coordinator. "When we see CWJC/CMJC graduates continuing to move forward, we have accomplished this goal."

"When a CWJC/CMJC participant graduates from the program and gives back to the community, it is evidence of the impact the ministry has had in his or her life," she emphasized. "They are able to use what was once seen as a weakness in their life as a strength to empower others."

In Roland's case, Plunk affirmed that her desire is to serve women who have been in similar places that she has been. Her commitment to achieve that goal is a picture of the continual cycle of change that can happen in the lives of those this ministry serves.

"Her life has been changed and she now wants to share that change with others in hopes that their lives are also transformed through Christ," Plunk said. "This is a pattern that has the potential of being ongoing and reaching the lives of many other people for years to come."

According to Roland, one of the most inspiring aspects of the program is seeing what all gets poured into this ministry from the volunteers, the instructors, the mentors, the site coordinator – the work, the tears, the prayers. She said, "All of that has impacted me on another level. Having someone believe in me and not giving up on me as a participant has got me to where I am. It has strengthened my relationship with Jesus and just being able to be more successful."

"That same passion that was given to me is now what

I want to do for others," she declared. Although she readily admits that she feels unqualified to be in this role, Roland added, "The more I feel that way, the more I see that God does not call the qualified. He qualifies the called. Seeing that I can relate to the participants on a whole different level has given me the ability to keep going. However, it is still a challenge. I have to give things over to God daily."

As a site coordinator, Roland enlists church and community leaders to provide such resources as Bible study, mentoring, job readiness, computer skills, and more to benefit participants enrolled in the program. Many churches through several denominations are involved locally. The organization is currently conducting a needs assessment and reaching out to other groups and organizations to expand networking efforts in the community before starting CWJC's next session of classes.

What is the payoff as she invests her time and energy in women facing some of the same struggles she has overcome? "Seeing lives changed and seeing the ladies have hope. Knowing that they can do better and knowing there are people out there who want to see them succeed."

Roland encourages other individuals and churches to consider hosting Christian Women's Job Corps or Christian Men's Job Corps ministries. She said, "If your heart is in helping others, this is a ministry to get plugged into."

For more information, call Roland at 256-277-8668 or visit their new Facebook page, Christian Women's Job Corps of the Shoals.

Roland said it's simply a matter of being available to get out there and give a hand up to someone in need – just as someone did for her.

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**ACREAGE FOR SALE:** 37.4 Acres on Co. Rd. 266 in Cloverdale, \$100,000. 256-766-2094 or 256-366-2980

**3 BDRM, 2 BA,** 2-car garage. For rent or rent-to-own. By Shoals Community College. \$750 rent/\$1,000 deposit. 256-443-1602.

**CHEROKEE, 960 CROSS ST.,** 3 bedroom, 1 bath, carport, large lot, \$49,000. 256-360-2663

**37 S FRANKLIN STREET** Home for sale AS IS, Fire and smoke damage, 3 bedroom, 1 bathroom, extra lot with storage building included. \$20,000 or best offer Trish 256-740-2182

**Randall on Real Estate**  
News & Tips on the Shoals Market



## PRINCIPAL BASED NEGOTIATION

There was once a story about two chefs who were fighting over the last orange in the kitchen. They both needed an orange for their recipe. After bickering over it they decided to split the orange 50/50, and each take half.

One chef squeezed the juice from his half of the orange into his special sauce and threw the peel in the garbage. The other chef carefully grated the peel of his half into his cake mix and discarded the rest. Neither chef had quite enough of what they needed but would have to make it work.

Negotiating on position or "digging in" to one side can be detrimental to the outcome of what you're trying to achieve. Instead of negotiating on the "what", ask questions and find out the "why". Focus on principal, not position.

This is the main point of the book I'm currently reading: *Getting to Yes: Negotiating Agreement Without Giving In*, by Roger Fisher, William Ury, and Bruce Patton from the Harvard Negotiation Project.

Think of the two chefs mentioned above. What if they had discussed what it was that they needed from the orange? One needed only the juice, and the other chef needed only the peel. They both could have benefitted from the entire orange instead of only half.

Negotiation is a major part of a real estate transaction. First, you negotiate price. Then, who pays closing costs, possession dates, etc? Next, there will likely be negotiations on repairs once the home has been inspected. It will always help to ask questions when negotiating these terms. This will allow you to find out what is really important to each party.

Too many times a negotiation will fail to come to an agreement because someone thinks they have to "win".

If a buyer is not willing to meet your price, ask why. It could be that they are concerned about the age of your central unit. In this case, you might offer to pay for a two-year home warranty, which will give them piece of mind for the first couple of years.

Asking the right questions may allow you to benefit from the whole orange instead of only half. On the flip side, not asking "why" may leave you holding on to that house until the next offer comes along, which will most likely be less than the offer you have right now. -mr

*Please feel free to send your questions.*

Rest assured I will only use your first name when I answer your questions. Email to: questions@mikerandallhomes.com or mail to:

Questions for Mike Randall  
Coldwell Banker Pinnacle Properties  
2093 Florence Blvd, Florence, AL 35630  
Mike Randall, REALTOR®  
Associate Broker | ABR, CRS  
256.366.9779 | www.mikerandallhomes.com  
Coldwell Banker Pinnacle Properties  
256.766.0069 Office 256.766.0926 Fax

# Real

**HOUSE FOR RENT: SHEFFIELD:** 3108 12th Ave. 3 bdrm., 1 ba., screen sunporch, backyard privacy, appliances, central unit, basement rec. area. \$600 mo., \$600 deposit. 256-349-0300

**TOWN CREEK: APARTMENTS IS** accepting applications for 1, 2 and 3 bdrm. Rent based on income. Equal Housing Opportunity. 256-685-3360

**TUSCUMBIA. SALE OR RENT: Very Nice House.** 4 bdrm, 3.5 ba, \$1,200 per month or buy \$219,000. 256-446-9982.

**1611 27TH ST., SHEFFIELD.** House. 3 bdrm, 1.5 ba. \$475 rent/deposit. Appliances, window a/c, gas heat, rear carport. 256-764-3137.

**NORTH FLORENCE: FOR RENT** 1 and 2 bedroom Apartments. Appliances, Washer/Dryer connections. \$375-\$500 plus deposit. 256-762-7879.

**BARTON/CHEROKEE:** 1115 and 1075 Plantview Dr. 2 and 3 bdrm mobile homes. \$375/\$425 rent. Appliances, heat/air. 256-764-3137.

**FOR RENT - 2 bdrm, 2 ba.** house off Rose Trail, past Cherokee. \$425 monthly, 256-446-9982

**OPEN HOUSE: SUNDAY, 1-3 pm,** 3 bedroom, 2 bath, dining room, study, bonus room, large updated kitchen with granite countertops, stainless steel appliances, screened in porch, 2-car garage, fenced in backyard, new central unit. 221 West Duncan Ave. North Florence. \$115,000 OBO. 256-335-6514.

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**FLORENCE: 2031 ST. PETER ST.** FOR SALE BY OWNER: Reduced to \$45,900 from \$49,900. Adorable 2 bdrm, 1 ba house. Totally updated. Large, fenced corner lot. 256-757-5159.

**APARTMENT FOR RENT: TUSCUMBIA,** 1 or 2 bedroom, 107 Dickson St., from 7am-5pm text 256-627-0010.

**CO RD 23, FLORENCE** FSBO 4 bdrm. 2 ba. Cottage-style home on 9 acres. 256-284-3572

**HOME FOR RENT: 211** Madison Ave., Florence. 3 bedroom, 1 bath, \$600 month, \$500 deposit, 256-367-6304.

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## TIMBERLAND AUCTION

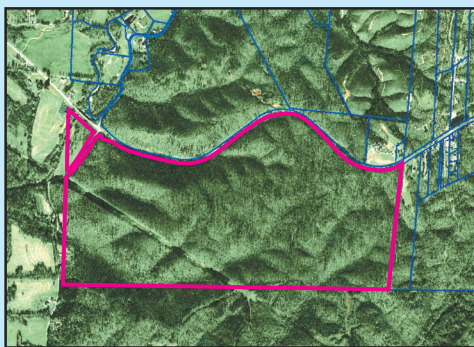
### Saturday – October 6 - 10am

On Site: Hwy 69, Lutts, TN 38471

425+/- Acres, Land and Timber Sold in One Tract

### Timber Specifics:

This 425+/- acre property contains 414 +/- acres of merchantable timber. This is a mature tract of timber with varying grades of logs. The predominate merchantable species are: White Oak, Chestnut Oak, Red Oak (different varieties), Post Oak, Poplar, Hickory, Ash, Maple, Black Cherry, Sweetgum, Shortleaf Pine, Loblolly Pine, Virginia Pine, and a few other miscellaneous species. Upper coastal plain soils should allow for winter logging of the tract. The tract is in a good location for hardwood and pine log markets in TN, AL, and MS.



\*Timber Volume Report is available upon request; Cruised 9/10/18.

**1 1/2 Mile Road Frontage:** From the NE corner of the property on Hwy 69, the timberland's road frontage continues for approximately 1.5 miles to the NW corner of the property just past Second Creek Road. This property is located in Wayne County, borders the AL/TN state line and Hardin County line.

Close to mills - City water available - Several springs on the property - Property adjoins the AL/TN line and Hardin County line - Last cut in 1958.

*Seller makes no guarantee as to the acreage. Buyer should make his own assessment of acreage.*

Financing available with Wayne County Bank.

Wayne County Bank's normal credit standards apply.

Member FDIC.

**DIRECTIONS:** From AL Hwy 20 at the TN State Line, go 2.1 miles to the NE corner of the property, watch for signs to the sale site.

For more information, call Tony Couch 256-740-9901 or Dickie Joe Bailey 256-856-1510

**TERMS:** 10% down day of sale with the rest due within 30 days. Seller will furnish deed and title policy. Property sold AS-IS. Couch Auction & Realty is agent of the Seller. Seller reserves the right to refuse any and all Bids. Please provide letter from bank upon registration. All information in this ad is from sources believed to be correct but is not guaranteed. All announcements made day of sale take precedence over any printed material. **NO BUYERS PREMIUM.**

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# Estate

**126 HOLT AVE., FLORENCE.** House. 3 bdrm. \$525 rent/deposit. Appliances, window air/gas heat, washer/dryer connections. 256-764-3137.

**FOR RENT: FURNISHED** 2 bedroom house near Weeden School. Utilities furnished, \$650 per month, plus deposit, no pets, 256-764-6109.

**800 SANNONER AVE. APTS.,** Florence. 1 and 2 bdrm, \$350/\$425 plus \$25 water. Appliances, window air/heat. 256-764-3137.

**13461 HWY 101, APT. 3.** Town Creek. 2 bdrm. \$350 rent. Appliances, central heat/air, washer/dryer connections. 256-764-3137.

**FLORENCE: 924 WEST IRVINE** 3 bedroom, 1 bath, \$495 month/\$475 deposit. Section 8 Welcome. (256)483-8570

**301 S ECLIPSE ST.,** Florence. House. 2 bdrm. \$425 rent/deposit. Appliances, window air/gas floor furnace, washer/dryer connections. 256-764-3137.

**HOUSE FOR RENT FLORENCE:** 3 bedroom, 2 bath, with Bonus Room! \$1,100 per month. Great neighborhood. Call K&H, Inc. 256-766-6992

**FLORENCE: FOR RENT, 1501** Hermitage Dr., 1 bedroom apartment \$350 month, \$250 deposit, 256-367-6304.

**FLORENCE: FOR RENT, 1** bedroom apartment near UNA. Newly decorated. All appliances furnished including washer and dryer. 256-381-4222, 256-710-9150.

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**TUSCUMBIA BRECKENRIDGE APARTMENTS**  
1 & 2 bedrooms available. Conveniently located, FREE Cable, furnished or unfurnished, swimming pool, cardio room, all one level, 107 Harrison Dr., Tuscumbia. We are not income based or Section 8 approved. 256-460-0563 or 256-383-1877  
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**1850 DARBY Dr., Florence.**

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Seniors 62 and over or mobility impaired.

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**RENT: 218 SEYMORE,** 3 bedroom, 2 bath, hardwood floors, central heat and air, \$800 monthly, \$600 deposit. 256-702-5105.

**WAREHOUSE: MUSCLE SHOALS, FOR Lease or Sale.** Up to 50,000 sq. ft., on approximately 3.78 acres. Call K&H, Inc. 256-349-0000

**RETAIL OR OFFICE SPACES:** 2624 & 2628 Hough Rd.- 1000' (\$900), 1500' (\$1,250 mo). 2410A Rosedale St.-1800' (\$1,500 mo). 3527 Cloverdale Rd.- 1100' (\$850 mo). 256-764-3137.

**2110 MULLINS HILL RD.,** Leighton. House. 3 bdrm. \$475 rent/deposit. Appliances, window air/electric heat, washer/dryer connections. 256-764-3137.

**OWNER FINANCING: NEW HOME!** Tuscumbia, 4 bedrooms, 2 baths, tile showers, hardwoods, etc. \$10,000 down, \$1,600 per month. K&H Inc. 256-349-0000

**HOME FOR RENT: 5790** LaGrange Rd., Leighton, 4 bedroom, 1.5 bath on large lot, All appliances included, references requested, \$500 per month, \$400 deposit. 256-412-5865.

**ATHENS: PROPERTIES FOR LEASE**  
► Highway 31 South ◀  
• 203 Hwy 31 South 1100 ± sq. ft.  
• 605C Hwy 31 South (beside Alfa) 1500 sq. ft.  
• 114 Hwy 31 South (beside Wittichen) 1050 ± sq. ft.  
• Restaurant, 2400 sq. ft. is ready to serve customers, West Limestone across Dollar General - needs leaser, \$1,800  
Call 256-874-0310.



**NEW CONSTRUCTION! CENTER STAR/** Killen. 3 Bdrm, 2 Full Ba., 1900+ sq ft, 2 car garage, back deck. Single story, craftsman ranch home. Custom cabinets, spacious open floor plan large kitchen, engineered wood floors, tiled baths. Generously sized master bdrm/ba with walk-in closet, 2 ample bdm for family, guests or offices. Large backyard perfect for family or shop. Plenty of natural light, energy efficient windows and doors. \$199,500 Call today! 256-762-9677.

**2002 MOBILE HOME FOR SALE:** 3 Bedroom, 2 bath, needs some repair; must be moved. Call 256-415-8897 after 5:30 pm for more info.

**HOME FOR RENT: 4105** Cloverdale Rd., 3 bedroom brick, 1.5 bath, central heat/air, \$750 month, \$600 deposit. 256-367-6304.

**FOR SALE BY OWNER:** 100' x 234' lot directly on Wilson Lake awaiting your dream home! 45 minutes from Madison and Decatur. 15 minutes to Florence. \$199,000. 256-757-5159.

**37 S FRANKLIN STREET** Home for sale AS IS: Fire and smoke damage. 3 bedroom, 1 bathroom. Extra lot with storage building included. \$20,000 or best offer. Deby 256-460-0427.

**1013 14TH AVE., SHEFFIELD.** House. 2 bdrm. \$450 rent/deposit. Appliances, window a/c, gas heat, fenced yard. 256-764-3137.

**233 N ROYAL AVE.,** Florence. House. 3 bdrm. \$475 rent/deposit. Appliances, window air/gas heat, washer/dryer connections. 256-764-3137.

**291 CO. RD. 262 FOR SALE;** 3 BR 1 Bath on 3.63 acres in Cloverdale. \$43,700. CALL 580-302-3048 OR 256-810-8955.

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Greg Bottom, AA2959, A MarkNet Alliance Member, Athens: (256) 232-7788  
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# ESTATE AUCTION

**10:AM SATURDAY SEPTEMBER 29th**  
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**3 Br - 2 Ba House & 2 Out Buildings**  
Also selling Personal Property Items



**DIRECTIONS:** From the Killen Alabama red light at County Road 63 & Hwy 72 go north on CR63 for one block, turn right onto J.C. Mauldin and go one block, turn left onto Poplar Street to auction on the right. Watch for the Shane Albright Auction Signs!

**Call Shane for more info or see more @**  
**www.shanealbright.com**

**256-757-8898**  
Office Address: 6508 Hwy 72, Killen, AL 35645  
AL LIC# 1569 TN LIC# 5431 Firm# 112

228236-1



No Buyer Fees! What U Bid is What U Pay!

—The Tom Isbell Estate—

# ESTATE AUCTION

**SATURDAY, OCTOBER 6 • 10AM**

**1311 Dover Avenue, Sheffield, AL**

**4 Bedroom, 2 Bath Brick House with Beauty Shop and 2 Car Garage**

**Also Selling: Furniture, Household Items, Tools, Personal Property & Much More!**

**NO BUYERS FEES!**

**www.ShaneAlbright.com**

This Brick home has four bedrooms, two baths and beauty shop with exterior entrance, large formal living room, nice size kitchen with oak cabinets, dining room den combo with gas log fireplace, screened patio area and a front porch. There is a playhouse and a storage building in the back yard and a gazebo with fish pond in the side yard. Last house on Dover Avenue only 2 blocks from Sheffield High School.

**Call Shane at 256-757-8898 for more information.**

6508 HWY 72, KILLEN, ALABAMA 35645  
AL PHONE 256-757-8898 TN PHONE 931-762-5134  
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# Real Estate

continued from the previous page.

**ZIP CITY HUNTERS' PARADISE!** **58.25 ACRES OF WOODED** land, just 10 miles from Cox Creek Pkwy. Excellent for building and having your own private get-a-way! Enjoy hunting, trail riding or whatever you'd like to do in your own nature's paradise. Natural spring on property. Septic tank on site and public water available. Lots of road frontage. \$2150 per acre Call Mike Randall, 256-366-9779, Coldwell Banker Pinnacle Properties.

**CHEROKEE: NICE 2 BDRM HOUSE.** Close to high school. \$25,000. 256-320-2232.

**TUSCUMBIA: ON THE CREEK.** 1/2-bdrm. apt., short/long term, large wooded backyard, porch swing, tile/hardwood. 256-483-7968.

**HOME FOR SALE: 8050** Old Hwy. 20, Leighton, 2 bedroom, 1 bath, gas heat, hardwood floors, needs repair. For more info. call 256-415-8897 after 5:30 pm.

**510 HIGH ST.,** Apt. A1., Florence. 2 bdrm. \$350 rent plus \$25 water. Appliances, central heat/air. 256-764-3137.

**1991 MOBILE HOME.** Needs work, as is, you move. \$2,000. 256-366-4719. (Killen)

**NEW HOMES FOR SALE TUSCUMBIA!** Tile showers, hardwoods, custom cabinets, garage and huge lots! Prices range from \$199K up to \$239K. K&H Inc. 256-349-0000

**FLORENCE RENTAL:** 3 bdrm house, brick, central heat/air. Quiet country living. Oakland area, west of Florence. \$675 per month plus deposit. (256)764-7498 / 366-7784.

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601 Candler Ave (Muscle Shoals) 3BR, 1BA .....\$795  
532 S. Richards St. (Florence) 3BR, 1BA.....\$675  
411 Roosevelt Ave #C (Muscle Shoals) 1BR apt .....\$425

### COMMERCIAL PROPERTIES FOR RENT:

Office Space 615 Geneva Ave. (Muscle Shoals) .....\$275

### HOUSES FOR SALE: CALL 256-349-000

135 Reid Ave (Tuscumbia) 3BR, 2BA (Appraised @ 85k) \$67K FIRM

### NEW CONSTRUCTION: Call 256-349-0000

New Construction 2200 sq ft (Tuscumbia).....\$230's

New Construction 1680 sq ft (Tuscumbia).....\$190's

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**Below L-R, Gillus Carter, Jr's widow, Katherine, daughter, Gia, and aunt, Tina Owens listen to comments at the recent balloon release.**



**Above, Gillus Carter Jr's stepson, Gabe Pentecost, and Carter's mother, Kay Claunch, at the balloon release in mid-September hope that someone saw or heard something that would help to bring 'Justice for G'.** *Photos: Justin Michael*

## Someone

Continued from Page 1

"Justice for G" stenciled in black—a demand that is becoming each one's life's mission.

His mother, Kay Claunch, stood by a floral arrangement and spoke to the crowd. "He was helping a neighbor work on a car in the parking lot. On August

the 31st, he lost his life due to the injuries he sustained." One of his aunts, Tami Scott, is a volunteer with the Locust Shores Volunteer Fire Department. She responded to the 911 call that came in at 9:37pm on August 16. She had the unfortunate task of identifying him that night, and then locating the spot where she and the other first responders cared for him. That is where the arrangement was placed during the recent balloon release.

Carter was a gifted mechanic who did not have any identification on him that night. He left his wife, five-year-old daughter, and 13-year-old stepson at home and rode with a friend the short distance to help them work on their car in the parking lot.

A truck and a Ford Mustang entered the parking lot and started spinning out, or "doing donuts." One of the vehicles struck Carter and both vehicles fled. Carter was taken by ambulance to Helen Keller Hospital, and then to Huntsville Hospital's Neuro Intensive Care Unit. Family and friends maintained a 24-hour vigil throughout the 15 days he was hospitalized.

Claunch wants the public to help bring 'Justice for G' by contacting investigators with any information they may have, no matter how insignificant it may seem.

"Nothing can take the place of my son, but any information could lead to justice. That is very much needed and appreciated."

Tuscumbia Police Department Investigator, Lt. Steve Higginbotham, said the investigation is very hot and they are actively pursuing any and all leads they receive to the end. Anyone with information may reach him at 256-383-3121. Tips may also be given anonymously to Shoals Area Crime Stoppers by calling 256-386-8685, texting to 274637 (CRIMES), or by messaging on their Facebook page.

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# Notes...

Continued from page 4

**5th Saturday Night Singing** at Second Baptist Church, Sheffield, 420 Frankfort Ave. on September 29 at 6:30pm. Featuring The Lovelace Family. Short Congregational singing during intermission. Everyone welcome.

**White Oak Community Watch Group Meets** the first Sunday of each month at 2pm, except when holidays fall the week before or after. Our goal is to make our community a safe place to live. Volunteers are needed. To join attend a meeting and fill out a form for a background check.

**The Children's Museum Shoals** will have Superhero Day on September 29 from 10:30am-1:30pm sponsored by Listerhill! We will honor our superheroes ---our policemen, firemen, sheriff's dept, and the 115th. We have many activities planned for the day. The departments are bringing trucks and cars and goodies for the children. We will also have snacks and a photo booth. This outdoor event is free to the public, and admission to the museum will be half price for the entire day.  
CMS is open Wednesday-Saturday from 10am-5pm located at 2810 Darby Drive Florence.

**Grace Bible Church Of The Shoals** 4660 Chisholm Rd, Florence, Friends & Homecoming Day, Sunday, September 30, 10:30am. Live Music - Free Meal  
Call 256-760-9700 for more information

**Freedom Baptist Church is having a Revival** Monday-Wednesday, October 1-3 at 6:30pm each night. The speaker will be Bro. Gary McGee. On Sunday September 30, we will have services at 11am, singing, and dinner. On Wednesday night we will have finger foods after services. Church is located on the corner of Spring Valley Road and Hwy 43 South in Tuscumbia.

**The "Hi Neighbors of the Shoals" meeting** will be Tuesday, October 2 10:30am at the Florence Public Library. This group welcomes all newcomers to the Shoals area. Contact Janice Hilborn, 256-577-8355, for further information.

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**TRACTOR - DEUTZ ALLIS** 6265 cab, 0079, model 1069, 70 HP, excellent condition, \$7,800. 256-335-2899.

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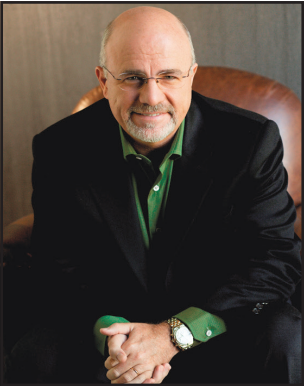
by DAVE RAMSEY

SELL PERSONAL CAR TO HELP PAY BUSINESS DEBT?

Dear Dave,  
My husband started his own one-man, small business as a handyman a little less than a year ago. He has netted \$17,000 in that time, but the business has about \$13,000 worth of debt. We've always kept personal finances and business separate, but what would you think about us selling one of our paid-for cars to help with the business debt?  
Robin

Dear Robin,  
There's nothing wrong with small beginnings. On top of that, you should always keep your business and personal finances separate. Aside from the debt, it sounds like he's off to a good start.  
I think you'll be able to pay off the debt from your future income. If your husband started his business less than a year ago, he has spent that time trying to get things off the ground and working with very little name recognition. If he's good at what he does, and he continues to work hard and market himself properly, he should be able to double what he made in the last year.  
To do that, however, he's going to have to spend some time in accountant mode. He needs to figure out the types of jobs he makes the most money on for the time he puts into them. I know a guy in our area who made more than \$100,000 as a handyman in the last year. I'm talking about \$100,000 in profit! His prices are higher than most in that line of work, but he's the best. He provides superb quality work, and he's always polite, on time, and on schedule.  
If your husband does the research and crunches some numbers, I think he can dial it in and make a lot more money than he's making now. Find that sweet spot, and he'll continue to grow the business!  
—Dave

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FORGIVE THE DEBT?

Dear Dave,  
Recently, I loaned some money to a good friend. He's going to help me with a big home project over the next few weekends, so do you think I should pay him for the work or forgive the debt?  
Marvin

Dear Marvin,  
First, I don't recommend loaning money to friends or family. Once in a while, things may work out and everyone ends up happy. But in most cases, it changes the dynamic of the relationship. The Bible says the borrower is a slave to the lender, and there's a lot of truth in that — financially and emotionally.  
The big question is whether you've already agreed to pay him for the work. Another consideration is how he views the situation. He may be looking at this as just helping a buddy, and he still owes the money.  
Ask him what his expectations are before you guys start the job. Just talk to him, and figure out what seems fair to you both. If you've already agreed on a certain amount, and the value of the work is close to what you loaned him, you might discuss the idea of paying back the debt that way.  
But in the future, if someone close to you really needs financial help — and you're not enabling bad behavior in the process — just make the money a gift.  
—Dave

*\*Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 13 million listeners each week on 585 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey.*

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