The Courier

October 3 2018

Volume 19 Number 5

SES to host fall festival

Showell Elementary will host its annual PTA sponsored Fall Festival on Saturday, October 27, on school grounds from 10 a.m. to 2 p.m. The family friendly event is open to the public. Tickets will be sold on site for activities, hay and fire truck rides, games, raffle baskets and 50/50.

The fun-filled festival will include a variety of activities such as a dunk tank, fortune teller, hay and fire truck rides. There will be many carnival games, a moon bounce, balloon animals, face painting and the infamous haunted hallway. There will be food, baked goods and snow cones for sale. You must be present to win 50/50 raffle only; raffle basket winners will be contacted via phone.

Proceeds from the festival will be used by Showell Elementary School's PTA to help fund school-sponsored activities or needs such as positive behavior incentives, visiting assembly's, recreational equipment plus more.

Come casual or dressed in your favorite costume and enjoy the festivities. Showell Elementary is located at 11318 Showell School Road and Route 589 in Berlin. For more information please email showellschoolpta@gmail.com.

Garden Club to meet

The Ocean Pines Garden Club (OPGC) meets the second Thursday of each month at the Ocean Pines Community Center. The next meeting will be Thursday, October 11 at 10 a.m. when the program will be a workshop on creating an arrangement or wreath using natural materials from the Ocean Pines area.

Anita Roberts and Barbara Ferger will offer design ideas to get you started. Please bring a container or wreath and any materials from your yard that you would be willing to share. Also, bring clippers, wire, flowers, twigs, pine cones, ribbon, and anything else you might have, that you think could be used in the creations. If you are not interested in doing a project, just come to observe.

The OPGC welcomes guests and potential new members to all its meetings.



Pinwheels for Peace

In honor of International Day of Peace on September 21, lower school art teacher Rebecca Tittermary and her students decorated more than 200 pinwheels to display around campus to commemorate the occasion. Pinwheels for Peace is a global project to help students make a public visual statement about their feelings of war, peace, tolerance, cooperation, harmony, and unity.

Above: Worcester Prep School fifth grader Livi Owens.

Supports 100% retiree state income tax exemption





Community Calendar OCTOBER

October bus trips planned

Take a trip back in time, get a glimpse of the future, explore our nation's capital or enjoy a show with Ocean Pines as the Recreation and Parks Department takes the wheel for several bus trips in October.

On Saturday, October 13 explore a recreated 16th century English Tudor village at the Maryland Renaissance Festival in Crownsville. The bus will depart Ocean Pines at 8 a.m. and arrive at the festival at 10:30 a.m. It will depart at 4 p.m. for a 6:30 p.m. arrival back in Ocean Pines. The fee, which includes transportation only, is \$50 for adults and \$38 for children ages seven to 15. Tickets for the festival may be purchased at the gate or online at rennfest.com.

For a modern performance, travel to Paradise, Pennsylvania's Rainbow Comedy Playhouse for "Love, Lies & the Lottery" on Sunday, October 21. The cost is \$90 per person and includes transportation, lunch buffet and the show.

Spend the day exploring Washington D.C. on your own on Friday, October 19. The bus will drop off participants at the National Mall at approximately 10:30 a.m. and will head back to Ocean Pines at 4 p.m. The fee for transportation only is \$45.

NASA's Wallops Flight Facility will be the featured destination for a trip on Tuesday, October 23. Additional trips will be offered November 8 and December 4. The five-hour visit will include a close-up look at NASA's primary facility for suborbital missions as well as time for lunch and a drive-by of the launch pad area. The cost is \$45 per person, which includes the tour and transportation.

These trips are open to the public and buses will depart from the Ocean Pines Community Center. Reservations are required. Refunds will not be issued for cancelations unless vacant seats can be filled.

For more information or to register, call the Ocean Pines Recreation and Parks Department at 410-641-7052. Information regarding additional recreational programs, including an online version of the Ocean Pines Activity Guide, is available at OceanPines.org.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8 Columbus Day	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31 Halloween			

Phipps to speak at FOPL meeting

The Friends of the Ocean Pines Library is pleased to have author Dana Phipps as its guest speaker on Monday, October 15, at its annual Membership meeting. The meeting will begin at 9:30 a.m. with coffee, followed by the membership meeting at 10 a.m.

Ms. Phipps is the author of "Murder in Ocean Pines," a mystery that takes place within the community.

She is the author of two children's books, "Emily and Hurricane Isabelle" and "Emily and her Pouting Puffer Fish." "Murder in Ocean Pines" is her first mystery novel.

Monday

Ocean Pines Poker Club

Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928.

Sweet Adelines

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

Monday/Tuesday

Sanctioned Duplicate Bridge

Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795

Tuesday

Families Anonymous

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Tuesday/Thursday_

Poker Players wanted for Gentalmen's Poker in North Gate area Ocean Pines.Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m.on Pinehurst Rd.Ocean Pines. Call 410-208-0063 for more information.

Wednesday

Kiwanis Club Meeting

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m.

Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Thursday_

Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577 or Kate at 410-524-0649 for more activities. BeachSingles.org.

Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Friday

Knights of Columbus Bingo

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

First Saturday

Creative Writing Forum

Every first Saturday of the month at 10 a.m. at the Berlin Library. Novice and established writers gather to share their fiction, non-fiction, and creative writing projects. Program includes critiques and appreciation, market leads, and writing exercises.

MSO celebrates new season

The only professional symphony orchestra on Maryland's Eastern Shore, the Mid-Atlantic Symphony Orchestra (MSO), is celebrating a new season, offering concerts from Ocean City, MD to Wye Mills, MD and returning this year to Lewes, DE and Washington, DC. A number of star performers will be featured throughout the year. Violinist Stefan Jackiw will be featured in September's opening concerts at the French Embassy in Washington, DC, Wye Mills, and Ocean City. He will be playing the timeless Beethoven "Violin Concerto,"

followed by Dvorak's lush "Symphony No. 7," and complemented along with a piece by one of France's foremost living composers Regis Campo, who will come to present his masterwork.

Highlights throughout the year include the November concerts in Easton, Ocean View and Ocean Pines, featuring Mozart's "Sinfonia Concertante" with the duo Kurt Nikkanen, Concertmaster of New York City Ballet on violin, and Jonathan Carney, Concertmaster of the Baltimore Symphony on viola. The holiday concerts in Easton, Lewes and Ocean City will feature the Karpov sisters, combining Opera, Jazz and Pop in a special way. On New Year's Eve in Easton, Mezzo-Soprano Jessica Renfro and a few

other vocalists will ring in the new year in a highly energetic concert. Guest conductor Andrews Sill, will conduct Schubert's moving "Symphony No. 4," and the first performance by the MSO's brand new Young Artist Competition winner in Easton, Ocean View and Ocean Pines in March. Finally, in April, the rising star Irish pianist Michael McHale will be featured by the MSO in Ravel's "Piano Concerto in G major, and for the grand finale the MSO will be joined by an amazing lineup of vocalists, featuring the Southern Delaware Chorale Society and the Carter Legacy Singers in Beethoven's most epic "Symphony No. 9." Performances will be held in Wye Mills and Ocean City.

According to Maestro Julien Benichou, "This year's season includes an amazing lineup of both musical selections and artists. Our 20th season was such a blast for all of us, and we are so excited to share and grow with our patrons as we enter our 21st season. Beginning and ending with Beethoven, this is a season for lovers of great masterworks, that will also feature star performers."

Season subscriptions and individual tickets for the 2018 – 2019 season of the MSO are available online at midatlanticsymphony.org or by telephone (888) 846-8600. For further information, visit midatlanticsymphony.org.

Students will take water safety course

fourth-graders will soon partake in a unique field-learning experience with the help of the Ocean Pines Aquatics Department at the year-round indoor Sports Core Pool.

than 300 fourth-grade students to the Sports Core Indoor Pool," Ocean Pines Aquatics Program Supervisor Julie Winterling. "We hope these kids come away from the program with practical knowledge that will help them stay safe and keep family and friends safe in, on and around the water."

Area students ages nine to ten will participate in the safety

course, which includes lessons on survival swimming skills, tips on how to safely assist distressed swimmers, elements of first aid and all aspects of beach safety from rip currents to aquatic wildlife.

Senior staff members of Ocean Pines Aquatics, in conjunction with Ocean City Beach Patrol and Ocean Pines Fire Department, will teach hundreds of students from Ocean City Elementary, Berlin Intermediate and Buckingham Elementary schools beginning Tuesday, October 2 from noon to 2 p.m. on Tuesdays, Wednesdays and Thursdays.

Data from Centers for Disease Control and Prevention, National Center for Injury Prevention and Control shows that every day, about ten people die from unintentional drowning. Of these, two are children aged 14 or younger.

Winterling said last year, two students learned to swim during the program. "Ocean Pines Aquatics launched the program last year with fourthgrade students from Berlin Intermediate School as the first participants."

According to the U.S. Census Bureau, Worcester County has a total area of 695 square miles, of which 468 square miles are land and 227 square miles are water.

"The importance of this program for the youth of our seaside commu-

Worcester County Public School nity cannot be stressed enough," said Winterling. "Ocean Pines Aquatics is proud to take an active role in educating our children in all elements of water safety."

The safety program is funded by "We are excited to welcome more the school district and is a newly



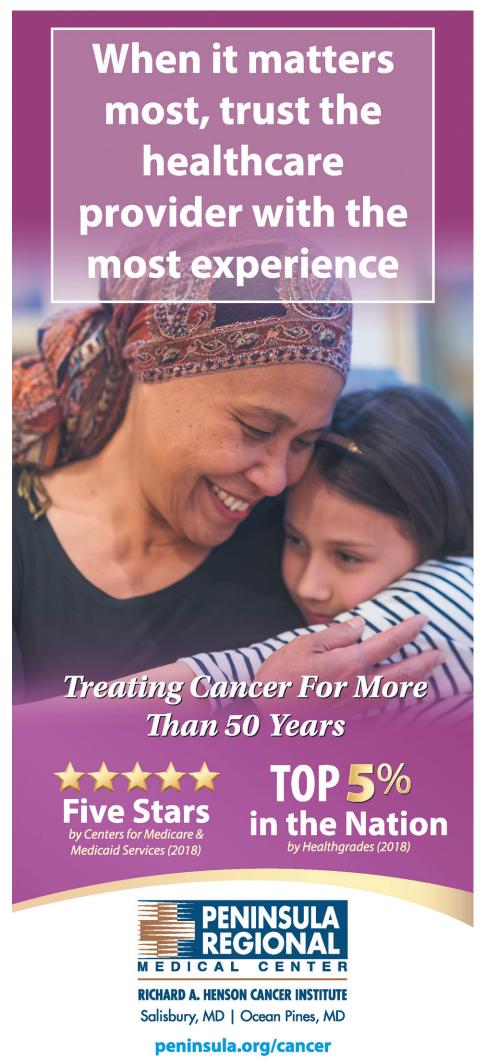
launched partnership between the Ocean Pines Aquatics Department and Worcester County Public Schools.

Free 'Echoes & Visions' reading

The public is invited to attend a free "Echoes & Visions" reading on Friday, October 12, at 7 p.m., in Room 302 of the Hazel Center at Wor-Wic Community College in Salisbury.

James Allen Hall will be the keynote author. His works include a book of poetry, "Now You're the Enemy," as well as a collection of lyric essays, "I Liked You Before I Knew You So Well." He has received fellowships from the National Endowment for the Arts and the New York Foundation of the Arts, as well as being a past resident of the University of Arizona Poetry Center. Hall is an associate professor of English and director of the Rose O'Neill Literary House at Washington College in Chestertown.

Current and former Wor-Wic students whose work has been featured in the 30th anniversary issue of "Echoes & Visions" will read selections of their work. Contact Melissa Reddish, assistant professor of English and director of the honors program, at mreddish@worwic.edu or 410-334-2859 for more information.





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2012 Business of the Year

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The style of beer most widely consumed during Oktoberfest celebrations can be traced to a time before refrigeration was available. According to the online beer resource BeerAdvocate.com, brewing beer in the sum-



ing in summer, so many brewers would cease brewing beer in spring and begin again in the fall when temperatures dropped. As a result, the beers available for Oktoberfest celebrations were the Marzen style of beer, or those brewed in the month of March, shortly before brewing ceased for the season. These Marzen beers were kept in cold storage throughout the spring and summer or brewed at a higher gravity so they would keep and be available for consumption during Oktoberfest celebrations. Such brewing restrictions were no longer necessary after refrigeration became commonplace and made it possible to brew beer year-round, but there is still a strong chance that steins being hoisted during this year's Oktoberfest celebrations will be filled with Marzen-style

Scout recruitment event planned

Girl Scouts of the Chesapeake Bay invites all girls in kindergarten to twelfth grades and adults to join Girl Scouts. For information about Girl Scouts programs, joining, or volunteering please stop by the Girl Scouts Office, 1346 Belmont Avenue, Suite 601, Salisbury, Maryland on Wednesday, October 10 anytime from 4 p.m. to 7 p.m. To learn more about Girl Scouts contact us at 1-800-374-9811 or go to www.gsbc.org.

The Girl Scout Leadership Experience is a collection of engaging, challenging, and fun activities like earning badges, going on awesome trips, exploring science, getting outdoors, and doing community service projects. At Girl Scouts, girls will get to lead her own adventure and team up with other girls in an all-girl environment to choose the exciting, hands-on activities that interest her most. The idea is to learn by doing. Scouts will be inspired to discover their talents and passions in a safe and supportive allgirl setting. Along the way, she'll gain important skills in four areas that form the foundation of the Girl Scout Leadership Experience: STEM (science, technology, engineering, and math); Outdoors, Life Skills, and Entrepreneurship.

For more information about meetings or to join contact us at 1-800-374-9811 or go to www.gscb.org.

'Walk Maryland Day' to be celebrated

In celebration of Walk Maryland Day on October 10 Assateague Island State Park, Atlantic General Hospital, Pocomoke River State Park, Taylor Bank, Town of Snow Hill, Worcester County Department of Social Services, Worcester County Government, and the Worcester County Health Department are partnering to sponsor community walks throughout Worcester County. These free walks will be held at the following locations and times:Byrd Park (Snow Hill)-Registration check in will be held at 4:30 p.m. and the walk will begin at 5 pm. Participants will meet in the parking lot next to M&T Bank, West Market Street and will walk through Byrd Park. Berlin- Participants will have two options to walk through Berlin's iconic downtown. Both walks will begin at

please see **walk** on page 15



Donation - Ocean Pines platform tennis held a tournament to raise funds for veterans Catch A Lift organization. Above left to right are: **Mike Petito**, **Toni Coffland**, **Dave Coffland** and **Sue Walter**.

Museum to celebrate anniversary

The Ocean City Museum will celebrate its 40th anniversary with a beach themed party, Surfin' the Seventies, at Fager's Island on Saturday, October 20.

"We chose the theme because the seventies were a seminal time for Ocean City," said Museum Society President Nancy Howard." So much was going on the condo boom, the

founding of many iconic businesses, Fager's being one of them, and, of course, surfing was very big."

"DJ Batman" will provide music for the bash that begins at 1 p.m. The casual atmosphere will make it easy for guests to relive this exciting time. "We expect

that partygoers will celebrate and reminisce about the 1970s," said John Fager.

In 1891, the present museum was built as a Life-Saving Service station. The surfmen stationed at Ocean City became an integral part of the newly developing town. The Coast Guard used the building until 1964.

The building was used by the city for various government departments but fell into a state of disrepair. In 1977 the building was scheduled for demolition. A group of concerned citizens formed the Ocean City Museum Society and with the generosity of the mayor and city council the building was saved by moving it to its present location. It opened as a museum in winter 1978.

An Ocean City Spirit Award will be presented during the party. The award will be presented to someone who has acted to preserve the history of Ocean City. Rules for the Spirit Award can be found on the website. There also will

be a 50/50. Guests are encouraged to bring photos of the period; there will be a 'memories' board where they can post their memories of the seaside resort.

The Museum Society is a nonprofit

that is dedicated to inspiring and supporting the interpretation and appreciation of the cultural and natural history of Ocean City, and the Worcester County coastal region. This society is responsible for funding many of the Museum's public programs and exhibits.

Tickets for the event can be purchased at www.eventbrite.com; www.ocmuseum.org or mail a check to OC Museum at 603, Ocean City, MD 21843.For additional information and updates check out the Museum's Facebook page.

Her name is Calypso

Publisher's Note: This week I yield my space to my daughter Caden Terlizzi. -Chip Bertino

By Caden Terlizzi

I really hate saying good bye. Even as a military wife, I have yet to get used to it. This past weekend was my most difficult adieu yet. I cried. I choked on sentences. And stumbled over words as I handed the keys of my car over to her new owner. Yes, you read correctly. I had to part ways with my beloved car, a car that has been with my family since my father drove her

home from the dealership sixteen years ago.

"It's forty-five degrees Fahrenheit, Outback temperature," my Dad would say to no one in particular as he drove my brother and I the half mile to the bus stop. The

temperature reading was a new feature to us and it came standard in our 2002 Subaru Outback. So excited was my father about this car that he purchased an Indiana Jones-style hat and matching jacket to fully embrace what I am sure he thought was the Outback lifestyle. To his pre-teen kids tucked in the back seat his ensemble was met with side eyed glances and a palm to the face.

Some men are "leg men," but my Dad was and is a Subaru man. He loved that car and would not let anyone drive it, to include our "I've never had so much as a traffic violation" mother. When it came time to learn how to drive my brother and I were to use my mother's enormous Honda Odyssey van to not only practice in, but ultimately take our driver's test in. It was like trying to parallel park the Queen Mary or as my uncle says, "like driving a Greyhound through a keyhole."

In that car we delivered countless newspapers, hauled the boat to and from the ramp, traveled to after-school activities, and took road trips to Philadelphia, all with my father at the helm. That is, until that sunny Tuesday in July when it was handed down to me. My father had purchased a new Outback.

There I sat for the first time in the

driver's seat. I ran my hands over the steering wheel, excited to be off on my first drive as my father went over a few details. I was to make monthly payments to him until I reached the agreed upon purchase price. His "Outback hat and coat" were not included in the deal. Shaking hands over our agreement my father remarked, "It would not surprise me if my grand-children were brought home in this car." She would not only go on to deliver my two babies home safely from the hospital, she would carry me and my new family across our beautiful na-

tion endless times as we marched to the Army's orders.

Her name would be Calypso after Jacques Cousteau's famous research vessel and we were inseparable. She once took on a brand new, fully loaded 2012 Toyota Tundra and came away with not

even a scratch as the Tundra limped home. Though I must note that when you, the driver, back into your fatherin-law's new, "I haven't even made a payment on it" Toyota Tundra you are never permitted to forget it. Never. Interestingly, Calypso also had a sort of gravitational pull towards the reflective poles marking the end of my father-in-law's long driveway. After several posts required replacement and my CDL licensed father-in-law gave me mandated driving lessons, my husband was kind enough to install a back-up camera in the car, much to everyone's relief.

As I listened, but did not hear my husband and Calypso's new owner negotiating a price, I sat one last time in her driver's seat. Memories abounded: the door handle on the driver's side, worn down by my father's hand, the now subtle stain in the passenger seat from when I tried to change my daughter's diaper at a truck stop in New Mexico, and, a few spare pine needles from our family Christmas tree missed by the vacuum cleaner. All wonderful memories. I was going to miss her.

It was time. Her new owner, a Subaru man himself, stood patiently waiting. "She has a lot of good miles left in her," I assured him, "and her name is Calypso."

Catering? Only DeNovo's will do!

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Hot entrees.
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Celtic Festival returns

Festival will be held at Furnace Town this Saturday and Sunday from 11 p.m. to 5 p.m.

The festival will open with an original musical show based on "Marshall Muskrat and the Chesapeake Pirates" by Jeanne du Nord. The show opens with an overture, has six songs, and a happy ending.

The Somerset Country Dancers will dance on the new Furnace Town Stage recently completed by the Worcester County Eagle Scouts.

The opening ceremonies will be led by a parade by the Ocean City Pipe and Drum Band.

The flags, carried by the Snow Hill High School ROTC, will be taken to the top of the Furnace Ramp and set by the cadets. The flags, from the Seven Celtic Nations symbolize Scotland. Ireland, Wales, the Isles of Man, Cornwall, Brittany, and the Spanish provinces of Asturias and Galitzia. Many of the early settlers from these countries came to Furnace Town.

Iona and Moch Pryderi, top performers among Celtic musical groups, will perform on the Main Stage and will be joined by "Pickin' and Grinnin'."

Around the grounds, re-enactment groups will be re-creating the lifestyles of the people of long-ago.

The clans will be on hand for honoring and dispensing information



Sullivan joins Wor-Wic

Wor-Wic Community College recently welcomed Stephen Sullivan of Berlin as financial aid grant coordinator. He has 13 years of related experience, including working in higher education and the insurance industry. Sullivan holds a bachelor's degree from Mount St. Mary's University in Emmitsburg and a master of business administration from Strayer University in Washington, D.C.

The 29th annual Chesapeake Celtic about genealogy and traditions. On the athletic field, giant Highland athletes will be hurling cabers and even hay stacks. On another field, warriors of old will be flailing historic martial arts weapons.

> Costumed artisans from Furnace Town will make brooms, horseshoes, woven goods, even printed material.

> Hear storytelling and the role of the Irish in domesticating the bees, even the story of St. Modomnoc.

> For more information go to www.celticfest.net.

Chamber seeks award nominations

The Ocean Pines Chamber of Commerce is seeking annual award nominations including Business of the Year, Citizen of the Year, Non-Profit of the Year and Ambassador of the Year. Awards will be presented on November 8 at the Ocean Pines Chamber Annual Awards Installation Celebration.

The Ocean Pines Chamber of Commerce will host its annual Award and Installation Celebration on November 8 at the Ocean Pines Yacht Club. The Chamber seeks nominations for local leaders, organizations and businesses that have gone above and beyond in 2018, showing a true commitment to the success of the Ocean Pines community. The awards

Business of the Year which recognizing a business who demonstrates vision, leadership, and partnership in the community and serves as a positive role model and mentor for other businesses and community members.

Citizen of the Year which recognizes an individual who has performed outstanding service or made exceptional voluntary contributions to the community and exemplifies strong community values and ethics.

Ambassador of the Year which recognizes an individual who unselfishly donates their time and talent by actively serving as an ambassador for the Ocean Pines Chamber and who has positively impacted the chamber in growing and supporting members.

Non-Profit of the Year which recognizes an active 501-C3 organization that has made a notable impact on the quality of life for those who live and work in the area.

please see pines on page 15



Front Row: Mateus Costa, Jason Witte, Linda D. Matheus, Sharon Sorrentino, WCAC President, Carol Rose, Anna Mullis, WCAC Executive Director, Brad Ross, Diane Joy Laird, and Debra Howard. Back Row: Senator James Mathias.

Paint Berlin winners announced

Thirty-eight artists from five states painted in downtown Berlin and surrounding areas from September 19 and competed for cash prizes in the Worcester County Arts Council's annual plein air event.

Completed artwork in this competition was judged by accomplished artist, Brad Hudson.

First place and a \$1,000 prize were awarded to Brad Ross from Easton, MD for his oil painting titled "St. Paul's." Second place and \$500 went to Linda Davison Mathues of East Quogue, NY for "Assateague," (pastel painting), and third prize of \$250 went to Debra Howard of Crisfield for "The Line for the Beer Truck," (oil painting).

Honorable mention award of \$100 was given to Cheltenham, PA resident, Mateus Costa for the "Closing Act," (oil). In addition, Mateus Costa's oil painting, "Cross-stitching on Main Street" was selected by the judge, Doris Glovier, as a winner in the quick draw competition.

Maryland Legislators' Choice award was presented to Jason Witte. Artists' Choice award was given to Brad Ross, and the Arts Council's Board of Directors award went to Diane Joy Laird.

Pines to host health fair

Atlantic General Hospital (AGH) and Peninsula Regional Medical Center (PRMC) are teaming up with the Ocean Pines Association to offer a free health fair for area residents and

The 8th annual Ocean Pines Community Health Fair, which is open to the public, will be held from 8 a.m. to noon on Saturday, October 6, at the Ocean Pines Community Center.

"Ocean Pines, AGH and PRMC are passionate about promoting healthy lifestyles and are working to engage Ocean Pines residents and guests in conversations about common health concerns," said Ocean Pines Marketing and Public Relations Director Denise Sawyer. "Healthcare can sometimes be overwhelming and confusing. Medical practitioners will provide important information, including tips on preventative measures."

Atlantic General Hospital (AGH) will provide various health-related screenings including glucose testing and cholesterol testing for total and HDL (a 12- hour fast is required), carotid, blood pressure and bone density screenings. Other information specialists will be there from the Sleep Lab, Endoscopy Center, Wound Care Center, Diabetes Education, Nutrition, Women's Diagnostic Services, and Regional Cancer Care Center. Chesapeake Hearing Centers, a partner of AGH, will be providing hearing screenings.

Peninsula Regional Health System, with locations throughout Delmarva, will offer a full complement of screen-

please see fair on page 15



Hats on - Students in Danielle Marshall's first grade class at Ocean City Elementary School supported the Heavenly Hats Foundation by making a \$1 donation to wear their favorite hat to school for the day. Heavenly Hats helps cancer patients in need of headwear. Back row from left to right: **Misael Rodriguez-Guerrero, Dylan Ward** and **Ja'Kye Irving**. Front row from left to right: **Jackson Pusey** and **Veronica Randall**.

Positive grades for Coastal Bays

The Maryland Coastal Bays Program recently unveiled the 2017 Coastal Bays Report Card, a snapshot assessment on the health and resiliency of the coastal bays surrounding Ocean City and Assateague Island. The bays' collective health received a "B-," its highest grade ever reported. Nutrient reductions have shown a positive trend in many locations since 1999.

Maryland's Coastal Bays are a unique ecological treasure in the landscape of the Eastern Shore. They make up one of the richest, most diverse estuaries on the East Coast. For more than a century, agriculture, fishing, forestry, hunting, and more recently, tourism have sustained ways of life built on the land and water resources in this coastal community.

The ongoing effort to preserve and protect our five coastal bays and the St. Martin River is showing signs of success thanks to our engaged communities and partners.

The Report Card is a scientific collaborative effort among the Maryland Coastal Bays Program, University of Maryland Center for Environmental Science, Maryland Department of Natural Resources, Virginia Institute of Marine Science

and the National Park Service.

The marked improvement in the coastal bay's health, just as in Chesapeake Bay, is the result of the combined work and dedicated stewardship of many Marylanders.

The Chesapeake Bay Report Card out July 2017, was issued by in partnership with University of Maryland Center for Environmental Science, which used data from the department and counterparts in Virginia. While the overall grade of "C" has remained steady since 2012, this marks the first year that experts have seen what they call a "statistically significant" positive trend for the entire bay.

Fall Festival to return

Most Blessed Sacrament Catholic School, located at 11242 Racetrack Road, will host its Fall Festival on October 19 between 3 p.m. to 6 p.m. There will be rides, games, vendors and delicious baked goods and hot food for sale. Wristbands are \$25 for all games and rides. Free parking will be available. All proceeds benefit the Home and School Association. For more information call (410) 208-1600.

Reelect Commissioner

Chip Bertino

District 5

Dear Friends & Neighbors,

For nearly 30 years Ocean Pines has been our home. Susan and I raised our three children in Ocean Pines. Our children attended and graduated from our exceptional local public schools. We cheered our



children and their friends through countless school plays, seasonal concerts and sporting events. Susan was a Sunday School teacher for 18 years and was a volunteer softball and soccer coach with Ocean Pines Parks and Recreation for many years. We started a business. This is our home. This is our community.

Our community gave me a great gift when it elected me County Commissioner. It's been an honor to serve. Each and every day the concerns of my constituents and the welfare of our district have been my priority.

Being engaged, responsive and effective is my philosophy to serve the best interests of our community. My Town Meetings have been a forum to inform residents of what's going on throughout the county and account for how our tax dollars are spent.

I am a **consistent fiscal conservative** who believes government must demonstrate a need for each taxpayer dollar spent. I have voted accordingly. I am a passionate **personal property rights advocate**. I have voted accordingly. I believe government should not compete in the private sector. That is why I voted to discontinue the county's wholesale and retail liquor operations. This decision **saved taxpayers millions of dollars**.

I believe in cultivating strong relationships with local, state and federal officials. Such relationships proved invaluable when the Commissioners worked with the Board of Education to save taxpayers millions of dollars in construction costs for the new Showell Elementary School.

It has been a pleasure and privilege to serve on your behalf. This November I ask for your vote. Together we will continue to ensure a bright future for our community and our county.

Chip Pertus

Thank you.

ReElectBertino@aol.com
Call me at 410-251-2082

Bertino for Commissioner; Susan Bertino, Treasurer

The history of Columbus Day

Columbus Day celebrates the landing of Christopher Columbus in the New World in 1492. Though it did not become an official holiday in the United States until 1937, Columbus Day was celebrated in various places

throughout the country as early as the 1700s.

Established as a federal holiday in 1937, Columbus Day commemorates the explorer's arrival in the New World on October 12, 1492. Though Italian. Columbus had difficulty securing financial support for his exploration, ultimately being backed by King Ferdinand and Queen Isabella of Spain. Despite sailing for Spain, Colum-

bus is still a revered figure among Italian-Americans, many of whom see Columbus Day as a time to celebrate both the famed explorer and their own heritage.

Upon departing on his voyage, Columbus intended to sail west to the spice islands of Asia. But that route never materialized, and upon landing in the Bahamas, Columbus became the first European to explore the Americas in centuries.

In spite of landing in the Bahamas, Columbus still thought his voyage was on course for China and the spice is-



lands of Asia, and soon after landing in the Bahamas, Columbus spotted an island he believed was China. But the island Columbus sighted was, in fact, Cuba, which the expedition discovered shortly before it found Hispaniola, an island in the Caribbean Sea that would



Todd Ferrante, chair of the AGH Foundation; Jack Burbage, AGH Campaign for the Future co-chair; Hugh Cropper I.V., chair of the Board of Trustees at AGH; Gary Sauter, Pat Sauter; Aimee Sauter Delaney; Michelle Fager, AGH Campaign for the Future cochair; Michael Franklin, president and CEO of AGH; Tammy Patrick, AGH Foundation development officer; Toni Kesier, vice president of public relations at Atlantic General

Sauter Family makes donation

Gary and Pat Sauter donated a generous \$10,000 towards the Atlantic General Campaign for the Future this September in honor of their daughter Aimee.

Aimee Sauter Delaney has been battling stage IV colorectal cancer and is currently in remission. Throughout her journey battling cancer, Aimee has been treated at the University of Maryland Greenebaum Cancer Center in

"We are grateful that Burbage Regional Cancer Care Center is now affiliated with the University of Maryland Cancer Center," stated Gary. "There is no longer any need to cross the bridge for first rate cancer care. Our family is proud to support the John H. 'Jack' Burbage, Jr. Regional Cancer Care Center and the Atlantic General Hospital Campaign for the Future.

Helping injured or abandoned pets and wildlife

The animal kingdom includes wild animals and domesticated pets. Human compassion often does not distinguish between "wild" and "domestic" if an animal is hurt, lost or in need. It is human nature to want to help an animal that is suffering, whether the animal lives in its natural environment or inside a home as a companion.

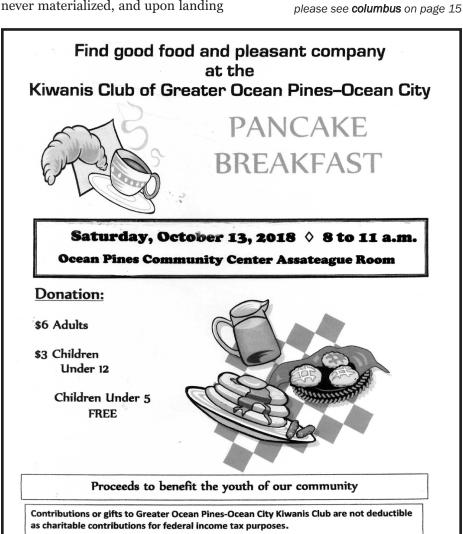
How to approach an animal in need depends on whether that animal is wild or domesticated. The Humane Society of the United States notes that it is important to be sensible and not risk personal safety when approaching a wounded animal.

Wild animals. Animals that are stressed or injured can become defensive and aggressive. Even if you are intending to help them, the animal may not understand this. As a result, it is always best to seek the advice and assistance of a professional wildlife/animal control organization before approaching or touching a wild animal. Professional wildlife rehabbers understand what various species of animals need, what is appropriate behavior and how they can be assisted and returned to their natural environments as soon as possible. Even wellmeaning individuals without such knowledge may end up doing more harm than good.

Veterinarians also may be able to

please see wildlife on page 15









What is the NAMI Family Support Group Program?

NAMI Family Support Groups, offered by NAMI Affiliates in communities across the country, are free, confidential and safe groups of families helping other families who live with mental health challenges. In NAMI Family Support Groups, families join a caring group of individuals helping one another by utilizing their collective lived experiences and learned wisdom. Family member can achieve a renewed sense of hope for their loved one living with mental health challenges.

NAMI's Family Support Group Program is offered the second Tuesday, each month from 6:30-8:00 PM. The group meets at Atlantic General Hospital in conference room 1 next to the cafeteria.



Participant Perspectives

"Before coming to the support group, we had never spoken about mental illness to neighbors, friends and often not even to our relatives."

"NAMI Family Support Group really works and it makes the group experience even better."

"I just attended my first NAMI Family Support Group and the facilitators and the group experience was just the kind of support I was seeking at this time."

Contact us to find out more about NAMI Family Support Groups!



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About NAMI

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI {Affiliate Name} is an affiliate of NAMI {State}. NAMI {Affiliate Name} and dedicated volunteer members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.

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57 58 59	
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60 61	

CLUES ACROSS

- 1. Humbug
- Meaningless talk
- 10. Conceit
- Not studied
- 12. Megabyte
- 14. When born (abbr.)
- 15. Placed on a golf ball stand
- 16. Melekeok is the capital
- 18. Mischievous 21. Mason's mortars
- 23. Spain's former monetary unit
- 25. Small fries
- 27. Article
- 28. Capital of Yemen
- 29. Type of Theater companies
- 31. Plastic, paper or shopping 32. Electronic countermeasures
- Language along the lower Yenisei River

- 37. Institute legal proceedings against
- 38. Beam
- 39. Old World buffalo
- 40. Latch onto
- 42. Physical therapy
- 43. Conditions of balance
- 48. Half pro
- 50. Resounded
- 52. Sales event
- 53. Separates seating areas
- 54. N.M. Pueblo people
- 55. Bridge building degree
- 56. Fullback
- 57. Peyote
- 60. Rests on one's knees
- 61. Having negative qualities

CLUES DOWN

- 1. Besmear
- Genus dasvprocta
- 3. A male ferret
- 4. Unit of volume (abbr.)
- 5. Italian hors d'oeuvres
- 6. N.W. German city & port
- 7. Signal sounds
- 8. Adult females
- 9. -__, denotes past 12. Gas usage measurement
- 13. Fishhook point
- 17. Mauna ___, Hawaiian volcano 19. In a way, thrusts
- 20. Grimm brothers birthplace
- 22. Withered; dry
- 24. Genus salvia
- About senator
- Livestock enclosure

- 32. Work units
- 33. Hebrew name meaning dog
- 34. A tumor composed of muscle tissue
- 36. Satisfy to excess
- 41. Third mast
- 42. A horse's strut
- 44. Tree producing gum (Arabic)
- 45. Armour carried on the arm
- 46. Winged goddess of the dawn
- 47. Ego
- 49. Hesitancy
- 51. Young woman of society
- 55. Founder of Babism
- 57. Mark (abbr.)
- 58. Jeans maker's initials

Answers for September 26

Eyes on the Skies **Three Cepheus** companions





The celestial targets for October are located in the northern quadrant of the sky, near Ursa Minor (the Little Dipper) and Polaris, the North Star. The constellation Cepheus the King takes central focus, featuring an important type of star called a Cepheid variable, as well as an open cluster, and a spiral galaxy.

The variable star Delta Cephei, in the constellation Cepheus, is the wellknown prototype of a category called Cepheid variables. The British amateur astronomer John Goodricke discovered Delta Cephei's changing brightness in 1784.

To be classed as a Cepheid variable means that the star is pulsating in both physical size and brightness. These changes are slow, as the variations take place gradually over periods from a few days to over 50 days. Such gradual changes differ from the star Algol, as discussed last month. Algol, the demon star, stays perfectly constant for many days, then shows a sudden dimming, lasting

about two hours. Delta Cephei has a period of 5.36 days. During this time its brightness changes from magnitude 3.5 (brightest) to 4.4 (dimmest) and back again.

Astronomers have found a well-defined mathematical relationship between the Cepheid variable's luminosity and pulsation cycle. This relationship allows Cepheids to be used as a new distance-measuring tool for star clusters and galaxies, both near and far. The publication in 1912 of Henrietta Leavitt's studies of Cepheid variables was the key to this discovery, sometimes called Leavitt's Law. This important milestone has become the "yardstick to the universe" used by Edwin Hubble and others to make groundbreaking discoveries of distant galaxies and the expanding universe.

Readers may note that the stick diagram of the constellation Cepheus resembles a house-shape, with the variable star Delta Cephei located near the bottom eastern corner. Binoculars

are optional and in dark sky conditions the star should be visible to the naked eye even at its dimmest. Delta Cephei is located 980 light-years away.

The month's next two targets are the star cluster-NGC 6939 and the spiral galaxy-NGC 6946. The NGC designation refers to the "New General Catalog" of celestial objects, an expanded reference system. Both of these attractions are located near the bottom western corner of Cepheus. They were discovered by astronomer William Herschel in 1798.

The open star cluster NGC 6939



contains 80 to 100 stars, and is located about 3,900 light years from Earth. It is estimated to be about 1.2 billion years old.

The spiral galaxy NGC 6946 is located about one-half-degree to the southeast from NGC 6939. Using a medium power telescope increases the chances of spotting both of these two targets.

NGC 6946 is also known as the Fireworks Galaxy, due to the prolific number of supernovae forming there. Astronomers have discovered ten supernovae within this galaxy, during the last 100 years. For comparison, the Milky Way averages one supernova per century. The most recent supernova discovery in NGC 6946 was made on May 5, 2017 by the amateur astronomer, Patrick Wiggins, in Utah. The discovery has been confirmed by additional observations worldwide.

During the first week in October, Venus is making its farewell for 2018.

please see eyes on page 11



Williams joins Wor-Wic

Wor-Wic Community College recently welcomed Kristin Williams of Salisbury as financial aid analyst.

She has 12 years of experience in banking and also works part time as a bookkeeper. Williams holds an associate degree in accounting from Wor-Wic and a bachelor's degree from Salisbury Univer-

eves from page 10

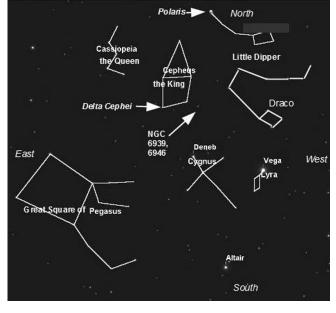
The bright planet, which has graced the western sky since February, is now approaching its conjunction with the Sun. This final glimpse may be a challenge, since the planet is very close to the western horizon. Look for Venus just at sunset at about 6:45 p.m. Easier to spot is the bright planet Jupiter, which hovers somewhat higher above the western horizon. Towards the southeastern region of the sky, look for the glowing planet Mars, with its faint red hue.

When the sky becomes fully dark at around 7:30 p.m., the Great Square of Pegasus is high above the eastern horizon. Sports fans may claim that its large square shape celebrates the "championship season," presenting the figure of a

baseball diamond in the sky.

Northwards from Pegasus are Cepheus the King and the Wshaped Cassiopeia the Oueen.

As a special early evening challenge, the planets Mercury and Jupiter come into conjunction on October 29th, with Mercury located just three degrees south of the king of planets. Try to spot the dim, elusive planet Mercury sometime between 6:00 and 6:20 PM, using binoculars.



October offers stargazers two meteor events. Draco the Dragon's meteor event will peak the entire evening of October 8 to 9. The larger display occurs October 21 to 23 in the constellation Orion. It is best viewed after 4 a.m., when the moon has set.

Wishing clear skies to all stargazers.



Fight the flu with these strategies

Influenza can rear its head any time of the year, but is known to be a particularly bad thorn in one's side during times of year when the weather

is cold. According to WebMD, anywhere from 5 to 20 percent of the population will get the flu in an average year and it can take three to seven days for a regular case of the illness to go away, with some effects lingering for up to two weeks.

No one wants to get the flu, which is marked

by fever, aches and pains, congestion, fatigue, and other symptoms. As a result, people do all they can to help prevent the flu, or at the very least shorten its duration.

The best way to stave off the flu is to get a flu vaccination each year. The Centers for Disease Control and Prevention says the vaccine is carefully curated to treat against the flu strains that research suggests will be the most common each flu season. Getting vaccinated by the end of October is recommended.

Steer clear of sick individuals and

Tides for Ocean City (Fishing Pier)							
Day		High /Low	Tide Time	Sunrise Sunset			
		/ LOW	111116	bullbec			
Th	4	High	3:31 AM	6:59 AM			
	4	Low	9:40 AM	6:39 PM			
	4	High	4:08 PM				
	4	Low	10:37 PM				
F	5	High	4:36 AM	7:00 AM			
	5	Low	10:45 AM	6:37 PM			
	5	High	5:09 PM				
	5	Low	11:35 PM				
Sa	6	High	5:35 AM	7:01 AM			
	6	Low	11:47 AM	6:36 PM			
	6	High	6:04 PM				
Su	7	Low	12:27 AM	7:02 AM			
	7	High	6:28 AM	6:34 PM			
	7	Low	12:44 PM				
	7	High	6:55 PM				
М	8	Low	1:14 AM	7:03 AM			
	8	High	7:18 AM	6:33 PM			
	8	Low	1:37 PM				
	8	High	7:43 PM				
Tu	9	Low	1:59 AM	7:04 AM			
	9	High	8:06 AM	6:31 PM			
	9	Low	2:27 PM				
	9	High	8:30 PM				
W	10	Low	2:42 AM	7:05 AM			
	10	High	8:53 AM	6:30 PM			
	10	Low	3:14 PM				
	10	High	9:15 PM				

make a concerted effort to avoid germs and the spread of germs. Diligently washing hands and avoiding touching your nose, eyes and mouth can help



you avoid and spread germs. In addition, repeatedly clean and disinfect surfaces that may be contaminated with the flu virus.

You might want to consider prophylactic treatment with an antiviral

Please see flu on page 12

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Route 589 to close for road work

Monday, October 8 along Route 589 at Turville Creek, just south of Gum Point Road in Ocean Pines.

Crews with the Maryland Department of Transportation State Highway Administration (MDOT SHA) will work to complete "significant slope repair, which will require a complete clo-

A road closure is scheduled for sure and detour of Route 589 for up to eight weeks," according to MDOT SHA District Community Liaison Bob Rager.

> Signage will direct motorists to use routes 50, 113 and 90. Access to businesses within the project area will be maintained during construction, but delays should be expected.

flu from page 11

medication. In 2000, the U.S. Food and Drug Administration approved the use of oseltamivir phosphate, which is known by the brand name Tamiflu, as a flu preventative. However, many people only reach for the drug when symptoms already have set in. Instead, it can be especially helpful in preventing the flu when someone in the household has already contracted the illness. The results of several clinical studies show that Tamiflu, when taken once daily, is up to 92 percent effective in preventing influenza illness in adolescents, adults and the elderly.

Drink plenty of liquids during flu season to keep the body well hydrated

so the immune system can be in top form. Fruit juices, water, broth-based soups, and sports drinks can help keep the respiratory system from forming thick mucus that can become laden with bacteria. Should a fever set in, fluids help prevent dehydration.

It also can be wise to take zinc supplements during cold and flu season. Neil Schachter, MD, medical director of the respiratory care department at Mount Sinai Medical Center and the author of "The Good Doctor's Guide to Colds & Flu," says zinc may boost immunity, which can shorten the duration or severity of the flu.

The flu can quickly escalate and cause serious symptoms. Prevention and early treatment are essential during cold and flu season.



No Bully Zone - Research shows that the key to eliminating bullying is in empowering people to stand up and speak up for themselves and others when confronted with bullying. The goal at Ocean City Elementary is to directly teach the students the strategies they need to demonstrate positive leadership as bystanders - to stand up and speak up to bullies. At their annual Stand Up, Speak Up assembly on September 24, fourth grade students presented a skit teaching strategies for dealing with bullying situations. The skit was presented to the entire school and students had the opportunity to sing and dance to the Stand up Speak Up song. Pictured are fourth grade students (left to right) Front: Ben Busko, Niki Chen, Mya Lanouette, Paige Dupont Middle Row: Reed James, Harper Jerns, Lain Patchett Top Row: Avi Bouzaglo, Ronin Brooks and Anthony Ziman.

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Annual Doggie Swim raises money

Dogs and their human companions splashed and played while raising money for the Worcester County Humane Society at the Ocean Pines Doggie Swim held Saturday, September 22 from 10 at the Mumford's Landing Pool.

The proceeds from this year's event totaled \$645, which was donated to the shelter. Hosted by the Ocean Pines Aquatics Department for the past several years, the annual swim gives dogs the chance to use the pool before it closes for the season.

Fundraising event is Sunday

Foundation will host a new event, Nashville Boots & Diamonds, on Sunday, October 7.

There is still time to buy admission tickets to the event in support of the Atlantic General Campaign for the Future. This event will celebrate the "Future" of Atlantic General Hospital in support of the \$10 million "Campaign for the Future" that will allow the hospital to complete \$35,000,000 in capital projects. This is the largest campaign since the hospital's incep-

The event will take place at the Smokey Hollow Estate - Barn Venue

The Atlantic General Hospital located at 37632 Lake Ridge Drive in Selbyville, Delaware from 4:30 p.m. to 8:00 p.m. An authentic Nashville style BBQ will be served with open bar and live entertainment by Jimmy Charles Trio. An Ocean City native, Charles made an appearance on "American Idol" and "Nashville Star" that brought him to his country music career living in "Music City, USA.".

The dress code for the event is "Country Glam." Additional details of Nashville Boots & Diamonds including attire descriptions can be found on the e b s i t atwww.atlanticgeneral.org/nbd.

I Love to Cook! Bev Wisch

Things I love about fall:

Watching the leaves turn beautiful

Pumpkin and gourds for decora-

The crisp cool air after a hot sum-

Warmth from the fireplace on a chilly morning

Baking my favorite Fall desserts Enjoying the fragrances of Fall spices coming from my kitchen

Pumpkin Pie

3/4 cup sugar

½ t. salt

1 t. cinnamon

½ t. ginger

1/4 t. cloves

1 15 oz. can pumpkin

1 12 oz. can evaporated milk

1 unbaked pie shell

Mix sugar, salt, cinnamon ginger and cloves in small bowl. Beat eggs in large bowl. Stir in pumpkin and sugar spice mixture. Gradually add evaporated milk. Pour into unbaked pie

Bake in preheated 425-degree oven for 15 minutes. Reduce temperature to 350 degrees and Bake 40 to 50 minutes until a knife comes out clean when inserted in center. Cool on wire rack for two hours. Serve immediately or refrigerate. Top with whip cream and sprinkle of chopped pecans.

<u>Homemade Applesauce</u>

6 or 8 apples (mixture of red and granny smith)

Slice unpeeled apples and chop in

food processor or Ninja. Place in pot on top of stove. Add sugar, cinnamon and nutmeg to taste. Add juice of one lemon and ½ cup water. Cook for about 25 minutes on

low. Let cool and refrigerate. Great side dish for any Fall dish.

> Happy Fall, bevwisch@aol.com

What is America's oldest cemetery?

Many images are symbolic of Halloween. Witches riding broomsticks and ghosts gallivanting about haunted mansions are two such images. Cemeteries also play a prominent role in setting the Halloween scene.

Halloween fans and history buffs may wonder where the oldest cemetery in the United States happens to be. That distinction belongs to the Myles Standish Burial Ground. Located on a residential street in Duxbury, Massachusetts, the Myles Standish Burial Ground is actually the nation's oldest maintained ceme-

please see cemetary on page 14

Tidbit...

The most popular electric car model of 2018 is the BAIC EC-Series. Manufactured in China, the BAIC EC-Series sold more than 15,000 units in January and February of 2018, unseating the Nissan Leaf as the most popular electric car across the globe. However, the Leaf remains popular, as electric car buyers made it the second most popular electric car model in the world in the first few months of 2018. The Leaf also remains the best-selling electric car in the world since it was first introduced in 2010, a function of its performance as well as its widespread availability. For electric car buyers with some money to spend, the third most popular model of 2018, the Tesla Model S, might do the job. Starting at around \$75,000, the Model S can accelerate from zero to 60 miles per hour in less than three seconds and its 100 kWh battery allows it to run 315 miles before needing to be recharged.



cemetary

from page 13

tery, a designation bestowed upon it by the American Cemetery Association in 1976.

The cemetery is named after Myles Standish, the military leader of the Plymouth Colony. In fact, many voyagers from the Mayflower are buried in this ground, which began serving as a cemetery in 1638. Standish, who died in 1656, is among those laid to rest here. Exhumations in the late nineteenth century confirmed the site was home to Standish's remains, and a memorial to him that is



still standing today was subsequently built over his gravesite.

While it became a historic burial ground, the site was actually first used as Duxbury's premier meeting house. Its use as cemetery lasted from 1638 to 1789. In fact, many of the burial markers were obscured for much of the nineteenth century. But an economic downturn sparked by the town's loss of its shipbuilding industry led the town to rediscover its history. As a result, the Myles Standish Burial Ground became a focal point of efforts to attract tourists interested in colonial history. The ground continues to attract tourists today and is a mustsee for Halloween and history enthusiasts alike



Anniversary — Seaside Christian Academy recently celebrated its twentieth anniversary. Students, teachers, parents, community members came together to recognize the milestone.

RECT

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from page 8

house and stabilize an injured or sick wild animal for a small period of time before it can be transferred to a proper facility.

It can be challenging to determine whether baby animals have been abandoned or they are lost and need help. Visit www.humanesociety.org/animals/resources/tips/injured_orphaned_wildlife.html to learn more about helping baby animals.

Stray or injured pets. Always put your safety first when approaching a lost or injured pet. Again, even docile pets may act out of sorts if in pain or frightened. If the pet acts or even looks threatening, do not approach it and animal control instead. Otherwise, exercise caution and approach the animal slowly while speaking in a reassuring tone.

Some people take animals home before attempting to find their owners, while others drive directly to a local animal shelter or veterinarian. Either option can work if the authorities are notified promptly.

The Red Bank Veterinary Hospital says lost animals have a greater chance of being reunited with their owners if they are kept in the county in which they were found. Always contact your local police department and animal control officer if you find a lost or injured pet. Also, spread the word on social media if you think that might be effective.

Helping animals in need is rewarding, but it must be done safely and smartly.

pines

from page 6

The Ocean Pines Chamber is also accepting nominations for its Board of Directors. Our Directors meet monthly to discuss the best way to assist the Ocean Pines Community at large in areas such as growth, legislation, fun events and enticing new businesses to locate here.

Not ready for the full Board experience yet? Become a Chamber Ambassador. These awesome volunteers serve as the Chambers welcoming committee to new businesses and organizations and assist with all ribbon cuttings and business after hour events.

All nominations must be received by 5 p.m. on October 12, 2018.

Nominations may be submitted on line at http://www.oceanpineschamber.org/call-for-nominations or via email to Kerrie@oceanpineschamber.org.

Nominations and supporting documents may also be mailed to: Ocean Pines Chamber of Commerce, Attn: Annual Awards, 11031 Cathell Road, Ocean Pines, MD 21811

Tickets for the Annual Award and Installation Dinner are now available online at http://www.oceanpineschamber.org/events/details/2018-awards-installation-celebration-10596. Tickets may also be purchased at the Chamber Office or by calling the Chamber at 410-641-5306.

Please direct any questions to Kerrie Bunting at 410-641-5306 or via email to Kerrie@oceanpineschamber.org.

walk

from page 4

Taylor Bank with registration and check-in for the first walk at 4 p.m. and that walk will begin at 4:30 p.m. Residents will have another opportunity later in the day to participate in a second group walk with registration beginning at 4:30 p.m. and the walk at 5 p.m. Assateague State Park will be onsite with the *Scales and Tails* display. Pocomoke- There will be two walk opportunities in Pocomoke, both at Cypress Park. The first walk will be held at the park wilderness trail, registration will begin at 4 pm and the walk will start at 4:30 p.m. A second walk will start with registration at 4:30 p.m. and the walk at 5 p.m. and individuals will participate in a ranger-led walking tour. "These free walking events are a great opportunity to participate in physical activity and explore county parks and trails with friends, co-workers, family members, and other community residents," said Mimi Dean, Director of Prevention Services at the Worcester County Health Department. Pre-registration is encouraged for the walks and participants can register by calling 410-632-1100 or by visiting Worcesterhealth.org.



Recognition - Trauma Services at PRMC was recently presented with the American Trauma Society Maryland Chapter 2018 Distinguished Service Award. Left to right: Sarah Arnett, director of Emergency & Trauma Services at PRMC; Doug Walters, PRMC EMS Nurse Liaison; Kari Cheezum, PRMC Trauma Program Manager; Tonya Paige, PRMC Trauma Registrar and Cathy Hampshire, PRMC Trauma Registrar.

columbus

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become the first European colony founded by Columbus on his voyage.

Though Columbus returned to Spain a hero in 1493, it would not be until his third journey that the explorer would realize he had not, in fact, reached Asia but instead had discovered a continent previously unknown to Europeans.

The first celebration of Columbus Day in the United States took place in New York in 1792. The event, organized by the now-infamous Tammany Hall, commemorated the 300th an-

niversary of the explorer's discovery. That initial event inspired both Italian and Catholic communities in the United States to organize ceremonies and parades in Columbus' honor, traditions that continue today in various cities, including New York.

By 1937, the Knights of Columbus,

By 1937, the Knights of Columbus, a fraternal organization of considerable influence, successfully lobbied President Franklin D. Roosevelt to proclaim Columbus Day a national holiday. Columbus Day was originally observed on October 12, but in 1971 the holiday was switched to the second Monday of October.

fair

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ings. Skin cancer screenings will be performed on Peninsula Regional's Wagner Wellness Van outside of the community center. Inside, Peninsula Regional will offer blood pressure checks, stroke risk assessment, pulse oximetry, bone density, falls assessment and body mass index screening.

Peninsula Regional will also have information on its comprehensive cardiac and pulmonary rehabilitation program, community support groups, Family Lab services, Lifeline medical emergency alert system, the Delmarva Health Pavilion Ocean Pines and the new Richard A. Henson Cancer Institute Ocean Pines.

This year's health fair will feature a door prize, a popular attraction for all who attend. Guests will register as they arrive and enter the door prize drawing. Merchandise from AGH, PRMC and the Ocean Pines Association will be used as a door prize.

The Ocean Pines Aquatics Department will be in attendance to showcase its exciting lineup of water aerobics classes that could be beneficial for patients in the recovery stage.

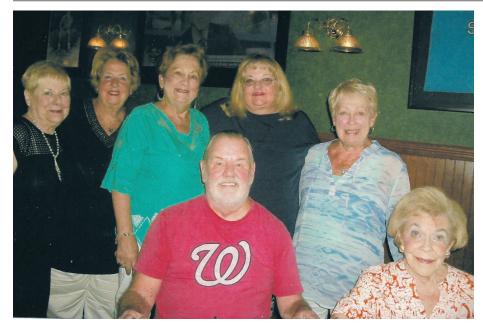
Over the past few years, Ocean Pines Aquatics has steadily increased the number of aquatic fitness equipment, such as water trampolines, bikes, balance boards, an elliptical machine and a treadmill in addition to several different types of water weights.

Ocean Pines Aquatics staff members are also in the process of obtaining certification for medically-based aquatics training, which will be introduced soon at the Sports Core Pool. The training will enable them to work with patients undergoing treatment for cancer, Parkinson's disease and more as well as pre- and post-rehabilitative therapy.

Resident Chef Maggie Haren will feature a variety of healthy recipes through interactive cooking demonstrations. Haren is a popular member of the Ocean Pines Farmers & Artisans Market, which is located at White Horse Park each Saturday from 8 a.m. – 1 p.m.

This year AGH will be offering free flu shots for participants over the age of 13 from 8 a.m. to noon during the event.

For area residents, this is an opportunity to take advantage of free health services right in your back yard. For those a little farther afield, it's still a great opportunity to get a snapshot of your health and pick up some valuable tips along the way. All are welcome to attend, even those who are visiting the area. It promises to be a fun, informative experience.



A helping hand - The Ocean Pines Thursday Pinochle Club met but needed a substitute. Tomas Wallace, sitting front stepped in. Left to right: Carol Hewett, Jayne Collinge, Marlene Rossing, Vicky Wallace, director of the Pinochle Club, Peggy Graybill and Dory McHugh.

Henry headlines art shows

Patrick Henry of Berlin is the featured artist during October with a one-man show at the Ocean City Center for the Arts. The public is invited to the free First Friday opening reception on October 5 from 5 p.m. to 7 p.m. with live jazz performed by The New York Connection and complimentary beverages sponsored by PKS Investments.

Henry's exhibition, entitled "Patterns: of Man, of Nature, of Art," features all-new paintings, many focusing on the very personal local scenes and flavors that identify his work.

Henry is a son of Maryland's Eastern Shore. Born in 1952 to Samuel and Marigold Henry, he was one of seven children in the close, spiritual family. From early on, Henry enjoyed exploring the fields around his family's home on Sinepuxent Road, outside Ocean City. After studying art at the University of Maryland Eastern Shore, Henry began to depict the seashores, farmlands, and laborers of this Maryland community. Today, he is one of the area's most recognized painters, creating images that are a tribute to a way of life that may only exist on his canvasses.

The Galleria will feature an allmedia abstract group show by members of the Art League of Ocean City.

Watercolorist Jill Kohut occupies Studio E in October. A signature member of the National Watercolor Society and lifetime achievement award recipient from the Pennsylvania Watercolor Society, she is also an educator, teaching drawing, painting, photography and graphic design to students of all ages.

More information is available at 410-524-9433 or www.artleagueofoceancity.org.



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