

Pines water systems to be flushed

The Water and Wastewater Division of Public Works will begin its semi-annual program for flushing waterlines in the Ocean Pines area.

The purpose of this program is to remove any accumulated sediment from the lines and to ensure the hydrants are operational. Below are the proposed dates for the flushing of the waterlines, and please be advised that these dates are subject to change.

-Week of October 8 - Sections 2, 3, 7, River Run, and Showell Elementary

-Week of October 15 - Sections 1, 4, 5, 6, 8, and Harbor Village

-Week of October 22 - Sections 12, 14a, 14b, 14c, 14d, and Mumfords Landing

-Week of October 29 - Sections 9, 11, 13, Village Square, Manklin Creek area, Pennington Commons, and Cathell Road Extension

-Week of November 5 - Sections 10, 15a, 15b, 16, 17 and Bay Point Plantation

Please be aware that, even on dates the water lines in your section are not being flushed, it is still possible to experience discolored water. If area residents notice that their water becomes cloudy during these times, please allow the water to run for a few minutes until it becomes clear. For more information, call the Water and Wastewater Division at (410) 641-5251.

PRMC offers free flu shots

Peninsula Regional Medical Center's Drive-Thru Flu Clinic is returning for a 24th season on Friday, October 12 at Arthur W. Perdue (Shorebirds) Stadium at the intersection of Route 50 and Hobbs Road in Salisbury from 8 a.m. to 6 p.m. Vaccinations will be administered to individuals 13 years of age or older (13-17 please bring a parent or legal guardian to sign consent). A physician's order is not necessary. For the first time in its history, flu shots at the Drive-Thru Clinic will be free.

Flu vaccinations are encouraged for persons over the age of 65, people with heart or lung disorders, immunosuppressant diseases or diabetes. Participants are encouraged to wear a short-sleeved shirt that will provide easy access to the upper arm.



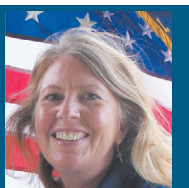
Hats on - Ocean City Elementary School held its annual Heavenly Hats Spirit Day on Wednesday, September 26. For a \$1 donation, students and teachers had the privilege of wearing their favorite hats to school to positively impact the lives of those suffering from cancer. Ocean City Elementary's Heavenly Hats Spirit Day raised \$628.70. Since 2001, the Heavenly Hats Foundation has donated more than 3,200,000 hats to hundreds of hospitals and clinics across the country. These special hats will provide warmth, comfort, courage, strength and a lot of smiles to Hat Heroes near and far.

Above are Nurse **Allyson McCabe** and fourth grader **Liam Cannon**.

***Supports 100% retiree
state income tax exemption***

By authority: Friends of Mary Beth Carozza; Pat Schrawder, Treasurer

Mary Beth
CAROZZA
FOR STATE SENATE



Community Calendar

OCTOBER

Anglers to meet

The Ocean Pines Anglers Club will meet on Saturday, October 13 at 9:30 a.m. in the Ocean Pines library. The topic of the meeting will be “Fishing Regulations and Improving Your Catch.” Speakers will be Ken Thompson on rockfish; Local fishing editor Ron Fisher on tautog and a surprise local flounder expert. Learn the techniques and bait selection from these local experts. A Coastal Bays report card will also be reviewed. All are welcome.

Boat club to meet

The Ocean Pines Boat Club will hold a general meeting on Wednesday, October 17 in the Ocean Pines Community Center. A National Park Ranger from Assateague will discuss the evolution of the ponies on Assateague. The social before the meeting starts at 6:30 p.m. The meeting starts at 7 p.m. All are welcome.

Fall Festival to return

Most Blessed Sacrament Catholic School, located at 11242 Racetrack Road, will host its Fall Festival on October 19 between 3 p.m. to 6 p.m. There will be rides, games, vendors and delicious baked goods and hot food for sale. Wristbands are \$25 for all games and rides. Free parking will be available. All proceeds benefit the Home and School Association. For more information call (410) 208-1600.

Pet blessing scheduled

In honor of St. Francis of Assisi, who loved all animals and whose feast day was October 4, the Church of the Holy Spirit in Ocean City will hold a Blessing of the Animals ceremony on October 21, at 11:30 a.m. in the church parking lot.

The church is located at Coastal Highway and 100th St. Pets should be on leashes or otherwise under their owners’ control. Any size, shape or type of pet is welcome. You may also bring a photo of a departed pet, or a stuffed animal that means a lot to you.

Call the church at 410-723-1973 for further information.

Historical Society dinner planned

The Worcester County Historical Society is planning its annual fall dinner for Sunday, October 21, at 2 p.m. at the Dunes Manor Hotel, 28th Street, Ocean City.

This year’s speaker will be Gordon E. Katz, an award-winning author, who will speak on “The Story of the George Washington Hotel in Ocean City. The Facts and the Rumors.” The talk will be accompanied by a PowerPoint presentation outlining some of the hotel’s history. Having been constructed in 1931, it was the last major hotel built before World War II. One

rumor is that it was built by the Mafia. With five guestroom floors it was the largest and tallest of the earliest hotels. A cocktail lounge was on the sixth floor.

Several years ago, Katz published a book telling about the early history of Ocean City from 1875 to 1890. This book received two prestigious awards: an Award of Merit from the American Association for State and Local History and the Tee O’Connor Professional Award from the Lower Eastern Shore Heritage Council. He is presently working on a sequel to that publication, which continues the story of both Ocean City and the surrounding areas of Eastern Worcester

County from 1890 through the storm of 1933 that created the inlet.

The menu for the Historical Society’s dinner will include Maryland crab soup, French Style Chicken, scalloped potatoes, autumn vegetable medley and dessert. Coffee and tea are included.

Tickets are \$25 per person and can be purchased by sending a check to Robert Fisher, WCHS Treasurer, 230 South Washington St., Snow Hill, MD 21863. To guarantee seating, those who plan to attend are encouraged to make their reservations by Friday, October 12. The dinner is open to the public.

Dueling pianos fundraiser scheduled

The Red Doors, A St. Paul’s By-the-Sea Community Center presents a musical fundraiser, “Dueling Pianos” featuring local celebrities Shirley Toms Hailey and Elsworth Wheatley. Shirley and Elsworth will take audience requests for all of your favorite songs. Singing along is strongly suggested! The concert will occur between 6 p.m. and 8:30 p.m. on November 6. A half hour intermission with hors d’oeuvres is included. Cash Bar available. Tickets are \$25 for adults and \$15 for students. They are available at the Convention Center in Ocean City or online at tickemaster.com.



October 10, 1973 - Vice President Spiro T. Agnew resigned amid charges of income tax evasion on illegal payments allegedly received while he was governor of Maryland and after he became Vice President. He was later given a \$10,000 fine and sentenced to serve three years probation.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Craft club to meet

The next meeting of the Pine’er Craft Club will be Thursday, October 18 at the Ocean Pines Community Center. The meeting will begin with refreshments at 9:45 a.m. and the business meeting at 10 a.m. The meeting is open to the public.

Monday

Ocean Pines Poker Club

Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928.

Sweet Adelines

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

Monday/Tuesday

Sanctioned Duplicate Bridge

Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795.

Tuesday

Families Anonymous

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Tuesday/Thursday

Poker Players wanted for Gentlemen’s Poker in North Gate area Ocean Pines. Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

Wednesday

Kiwanis Club Meeting

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m.

Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Thursday

Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna’s at 4 p.m. Call Arlene at 302-436-9577 or Kate at 410-524-0649 for more activities. BeachSingles.org.

Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Friday

Knights of Columbus Bingo

Bingo will be held behind St. Luke’s Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

First Saturday

Creative Writing Forum

Every first Saturday of the month at 10 a.m. at the Berlin Library. Novice and established writers gather to share their fiction, non-fiction, and creative writing projects. Program includes critiques and appreciation, market leads, and writing exercises.

Platform tennis holds Catch A Lift fundraiser

By **June Freeman**

Ocean Pines Platform Tennis Association (OPPTA) hosted a fundraising tournament on Saturday, September 29 and raised over \$8,500 for wounded veterans Catch A Lift (CAL). This nonprofit organization was founded in 2010 with the purpose of helping post-9/11 combat wounded veterans throughout the United States to recover both physically and mentally. CAL was founded in memory of Chris Coffland who was killed by a roadside bomb in Afghanistan in 2009. Chris's sister Lynn Coffland founded the organization; his father Dave Coffland, resident of Ocean Pines, is still active and committed to helping raise funds for Catch A Lift's mission towards "changing bodies, healing minds, and saving lives."

Sixty-four players from five surrounding states gathered together to support this worthy cause. The camaradery, respect for the cause, and genuine caring was inspiring. Dave and Toni Coffland, parents of Chris Coffland, stayed all day and witnessed this tribute to their son. Co-chair of the fundraising tournament Sue Walter stated, "There are so many worthy causes that it's sometimes difficult to decide which one is more deserving than another. But being a patriot, loving this county, and our flag, I feel that any man or woman who puts their life on hold, let alone is willing to give their life for me and the United States - a veteran and especially a wounded veteran - will always be my first choice to volunteer for raising money and awareness in their honor."

Sunshine, a cool breeze, and seventy-degree weather made for a good day. Chairperson Mike Petito stated, "I am overjoyed and very proud at the outcome of this incredible event. The play was fantastic and our volunteers made this tournament a huge success." Talent, speed, and high level of play made for exciting matches which lasted throughout the day. Men's first place winners of the main draw were

Brian Phoebus and Reed Hagmann and second place winners were Lindsey Hargrave and Russ Taylor. Women's first place winners of the main draw were Laurie Hissey and Tracy Wing and second place winners were Susan Stipa and Dottie Hart.



Left to right. **Brian Phoebus, Reed Hagmann** (men's first place winners), **Laurie Hissey, Tracy Wing** (women's first place winners)

Vital to the success of this event was generosity of the many sponsors. A total of seventy-five businesses and individuals donated to Catch A Lift organization. Over a week after the fundraising tournament has ended, to the delight of all, generous donations are still streaming in. The top donors included Celeste Rault, Chesapeake Utilities, Delmarva Power, Pohanka of Salisbury, Inc., Sharp Energy, and New Wave.

Also, critical to the success of the CAL fundraising tournament was the dedication and commitment of the many volunteers and players. Mike Petito explained, "I first started planning the tournament in April. First meeting with the OPPTA for permission, then getting volunteers to form a committee. The hardest part was going door-to-door with my wife to the many businesses in Ocean Pines, Ocean City, and West Ocean City for donations. Sue Walter my second chair did a fantastic job with paperwork and soliciting online. And Vin and Susan Morris worked very hard to organize the play."

President of platform tennis Jim Freeman summed it when stating, "The platform tennis family is an amazing and fantastic group of people. They love their sport and they are always ready to step up for an honorable and deserving cause like Catch A Lift."

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2012 Business of the Year

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Leaf spot is a term used to describe various diseases that affect the foliage of ornamentals and shade trees. According to the Missouri Botanical Garden, the majority of instances of



leaf spot are caused by fungi, though some are the result of bacteria. While leaf spot can contribute to some defoliation in a plant, the

Missouri Botanical Garden notes that established plants can tolerate near-complete defoliation if it occurs late in the season or less frequently than every year. However, small trees or those that are newly planted are more vulnerable to damage resulting from defoliation than established trees. Damage from leaf spot tends to occur in the spring, when wet weather and wind splashes and blows spores from fungi onto newly emerging leaves. The spores then germinate in the wet leaves, ultimately infecting them.

Blues benefit helps Coastal Hospice

Editor:

The 8th annual Blues on the Bay to benefit the Macky and Pam Stansell House of Coastal Hospice at the Ocean was especially meaningful as it was held just months before the house opens to patients in early 2019. This event also marked the launch of our “Put Your Name On It” campaign.

The Stansell House will serve our most vulnerable hospice patients. They will receive quality care with the comforts of home and picturesque views of the Ocean City skyline and the Isle of Wight Bay. Events such as Blues on the Bay have been integral in the effort to raise funds and awareness about this critical new hospice facility for the Lower Shore.

A total of 200 people came to the event at Macky’s Bayside Bar & Grill on September 19 to support the Stansell House. We shared a first in a series of videos about the house and launched the “Put Your Name On It” campaign, which extends room-naming opportunities to the community and unveils new images of the project, a new web page – StansellHouse.org and feature profiles of supporters.

This year’s event raised more than \$29,000 for the capital campaign. With the help of dedicated committee and board members, Coastal Hospice has raised \$6.2 million, or approximately 75 percent of the amount needed to finish the project. A total of 2,100 individuals have donated to the campaign. The next phase of the campaign invites the public to contribute to the rooms of the Stansell House to leave a legacy for future generations to be served by this state-of-the-art hospice residence and community outreach center in Ocean Pines. This vital new facility will be home for terminally ill patients, as well as a base for palliative care, counseling, grief support and community wellness programs.

We would like to thank all who supported the house by attending Blues on the Bay. We are also ever grateful for Macky and Pam Stansell who open the doors of their restaurant every year as hosts of this annual event. The Stansells continue to show their commitment to Coastal Hospice and the vision of the new hospice home, now named after them to honor their generosity.

Alane K. Capen
President, Coastal Hospice



New officers - Attendees at the Kiwanis Club installation of officers luncheon at Lighthouse Sound on September 26, included (left to right): **Dick Clagett**, new president, his wife **Suzann**, **Roy Foreman**, **Barbara Peletier**, “Kiwanian of the Year,” **Rev. David Herr**, **Barbara** and **Tom Southwell** and **Carolyn Dryzga**.

Ocean Pines announces budget process, schedule

Ocean Pines General Manager John Bailey announced last week that the Ocean Pines Association (OPA) will host several meetings, work sessions and public hearings during the next five months to discuss the Association’s budget outlook for Fiscal Year 2019-2020 (FY19-20) and to solicit savings, reform and revenue ideas from staff and residents.

“In preparing for FY19-20, OPA invites members of the Association to get involved,” said Denise Sawyer, marketing and public relations director for OPA. “Mr. Bailey, along with the Ocean Pines Budget & Finance Committee and Ocean Pines Board of Directors, is working to ensure the budget represents a collaborative process and reflects input from residents throughout the community.”

Throughout the budget process, the Association and its members will hear directly from directors of each department within Ocean Pines, appointed advisory committee members and elected Board members to identify fiscally responsible solutions that will build upon the success of the current fiscal year.

“There are a total of ten meeting opportunities for Member Comment, plus the respective committees are being involved in the budget development process,” said Bailey.

The Association’s budget for FY19-20, which would go into effect May 1, must be adopted by the Board of Directors by the end of February. The Board, with the recommendation from the Ocean Pines Budget & Finance Committee and General Manager John Bailey, will review the proposed budget and is expected to vote on a final budget at the Regular Board Meeting on Saturday, February 16 at 9 a.m. in the Community Center.

The below events have been scheduled to promote membership participation and ensure the membership has the opportunity to become familiar with the budget process.

-Sept 28 – Oct 20: Board meets to adopt Budget Guidance and provide to GM

-Sept – Dec: GM works with staff to develop DRAFT Budget (staff to share drafts with respective committees along the way).

Oct 5: 1st Draft due

Nov 2: 2nd Draft due

Nov 30: 3rd Draft due – prior to Nov 10, the committees need to provide final input

Dec 3-21: Finalize and prepare for distribution

Jan 2, 2019: GM provides PROPOSED Budget to the B&F (copy to

please see opa on page 15

Sock drawer, yes. Garbage, no.

Not being able to find what you're looking for can be the peskiest of experiences; uncomfortable like a strand of hair upon your cheek that resists being brushed away.

Recently I misplaced a store receipt. Usually such a loss is no big deal except in this instance it was a receipt I wanted to keep. The first thought that came to mind when realizing it was missing was that I had left it in my car. I have a habit of placing receipts in the flip-out compartment located just under the stereo console on the dash. It had to be there. It wasn't.

Okay, I was not yet alarmed. It was probably in my wallet, placed where most people keep their folding money. Rarely is cash a tenant of my wallet. I put everything else, from credit cards to business cards to coupons, in the fold most people place bills. Hopefully too I had placed the receipt. I hadn't.

Although not frantic, I was becoming a little more concerned. What I was doing and where was I when I last had the receipt? I was at my desk jotting down some notes. That's it! It was under my computer monitor next to the paper clip holder adjacent to the combination clock/calendar/thermometer subscription gift

I received many years ago from the History Channel Club. So confident was I in my conclusion I waited until the following morning to prove myself correct. The next day what I found was disappointment and no receipt.

What was I wearing when I last had the receipt? Certainly it must be jammed in a jacket pocket or stuffed in the pocket of a pair of jeans which had hopefully not yet been washed. To the closet I went to search my blazers. Nothing! Overturning the laundry basket on the bedroom floor I checked the various pockets of my jeans. No receipt. But I did find my missing pocket knife, a five dollar bill and a Phillips head screw. Before you wonder too long about why there was a screw in my pocket, I have no idea.

Now what? Where could that receipt be? There was only one thing left to do: go through the trash. And so I did. Coffee grounds. Orange peels.

food wrappers. I dug down, examining all that I found. Each newly found wad of paper gave me fleeting hope before quickly being smashed upon the rocks of despair. A fast food restaurant paper cup, not quite empty when discarded, had overturned, spilling soda residue that made much of the bottom contents of the trash bag simultaneously moist and sticky. When I was done scavenging the garbage I could provide, for anyone interested, archeological evidence of the living and eating habits of a family in the early twenty first century. What I could not provide was the whereabouts of an elusive receipt. Somewhat disappointed I washed my hands of the potato peels adhered to my un-



comfortably sticky hands.

Much to my chagrin I concluded that the receipt was lost, never to be found. I also decided I never again wanted to go through the garbage.

Several days later I was putting away clothes that my wife had laundered and folded. When I opened my sock drawer, the top drawer of my dresser, I found nestled between a pair of black socks and a pair of tan socks, the receipt for which I had been searching. The sock drawer? How it got there I have no idea. But there it was.

There's an old expression that says you find what you're looking for in the last place you look. There's obvious wisdom contained in that adage and a lesson to be learned. When looking for something lost, it's more prudent (and less sticky) to check the sock drawer before going through the garbage.

Flu Clinics

Wednesdays, Oct. 10 & 17, 2 – 6 p.m.

Atlantic General Hospital
(Please use Emergency Room Entrance)
9733 Healthway Dr. Berlin, MD

For more information
on the Atlantic
General Hospital Flu
Shot Clinics, contact
Atlantic General
Hospital at
410-641-9FLU (9358).

Thursday, Oct. 18, 3 – 6 p.m.

Atlantic General Primary Care
96 Atlantic Ave Ocean View, DE

Wednesday, Oct. 24, 1 – 4 p.m.

Atlantic General Women's Health
38394 Dupont Blvd. Unit H Selbyville, DE

Thursday, Oct. 25, 10 a.m. – 1 p.m.

Holy Savior Catholic Church
1705 Philadelphia Ave., Ocean City, MD

*The vaccine is made from
eggs. If you are allergic
to eggs, consult with your
health care provider.*

Ages 13 years and older
only.

*We appreciate your generosity. Donations made during
the Flu Clinics will help offset the cost of future Flu Clinics.*



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Cycling Worcester

Last Saturday, cyclists in the Sea Gull Century 100-mile tour descended en masse on the roads of Worcester. The na-



tionally-acclaimed Salisbury University bicycling event, which began and ended on the school campus, introduced visitors from across the country to the cycling trails and low-impact tourism opportunities on the Eastern Shore that support healthy lifestyles.

"The relatively flat terrain and scenic landscapes make this a popular destination for cyclists," Worcester County Tourism (WCT) Director Lisa Challenger said. "Our mild temperatures make peddling through small villages and towns just off the beaten path year round possible."

The Great Delmarva Bicycling Trail is ideal for experienced bikepackers interested in hammering out up to 2,500 miles by way of historic landmarks, farmlands, cypress swamps, marshes, and creeks to fishing villages, wildlife preserves, and ocean shores. This trail was developed by DLITE (Delmarva Low Impact Tourism Experiences).

In Worcester County, cyclists can explore the Beach and Beyond on the 100-mile scenic View Trail or ride any of four abbreviated loops, ranging from 25.5 to 41 miles. Ride secondary roads from the Maryland line in Pocomoke up through Berlin and Assateague Island National Seashore. Peddle to museums, attractions, parks, and main streets.

Stop by WCT in Snow Hill or visit www.visitworcester.org for your free copies of the Great Delmarva Bicycling Trail Map and the View Trail 100 Map, and download the GPS coordinates.

Opportunities abound for cycling families too, including biking Assateague Island, the Ocean City Boardwalk, and the mile-long mountain bike trail at New-town Park in Pocomoke.

"Our parks offer a wide variety of amenities for both active and passive pursuits that support healthy lifestyles," Worcester County Recreation and Parks (WCRP) Director Tom Perlozzo said. "We have over 800 acres of parkland that include walking, running, and biking trails. Our New-town Mountain Bike Trail was designed specifically with the 'beginner' cyclist in mind."

Cycling can be part of a healthy lifestyle. Learn more about WCRP activities that can help you and your family get up, get out and get active all year long by visiting <http://worcesterrecandparks.org/>.

Maryland law recognizes bicycles as vehicles. Bicyclists have the same rights of way and the same duty to obey all traffic signals, to be visible, using lights at night or all the time, to wear a properly-fitted helmet (a requirement for anyone under 16 and just good common sense for all), to signal at all turns, and to ride with, never against, traffic.

Motorists, safely share the road and avoid collisions with bicycles by expecting to see and exercising care around your less-visible roadway companions, particularly at intersections. Maintain a three-foot gap when passing cyclists. Stop for cyclists in crosswalks. Turning motorists, yield the right of way to bicyclists.

Learn more about Maryland's bicycle safety laws and bicycle safety programs at <http://www.mva.maryland.gov>.

Garden Club to meet

The Ocean Pines Garden Club (OPGC) meets the second Thursday of each month at the Ocean Pines Community Center. The next meeting will be Thursday, October 11 at 10 a.m. when the program will be a workshop on creating an arrangement or wreath using natural materials from the Ocean Pines area.

Anita Roberts and Barbara Ferger will offer design ideas to get you started. Please bring a container or wreath and any materials from your yard that you would be willing to share. Also, bring clippers, wire, flowers, twigs, pine cones, ribbon, and anything else you might have, that you think could be used in the creations. If you are not interested in doing a project, just come to observe.

The OPGC welcomes guests and potential new members to all its meetings.



Milestone - The Ocean City Center for the Arts reached a milestone on Sunday, September 30. **Autumn Faber** of Berlin, owner of Bleached Butterfly, was the 100,000th guest to walk through the doors of the Arts Center since it opened in 2013.



Donation - Showell Elementary School was the recipient of a monetary donation to buy books. The Literacy Committee of Republican Women of Worcester County (RWWC) donated \$300 to support students. Funds will be used to increase classroom libraries and support the 100 Book Challenge reading program. Above are (left to right), **Kate McCabe**, library media specialist, **Marge Matturo**, RWWC Literacy volunteer, **Diane Shorts**, school principal, and **Liz Mumford**, RWWC Literacy chair.



The great outdoors

- Grade 5 students from Berlin Intermediate School had a great experience at Shad Landing participating in the outdoor education program. One of the stations had the students participate in a simulation survival activity where they had to plan how and where to build a fire and identify plants that could be eaten and plants that were poisonous.

Pictured are **Maizy Jerns**, **Emily Blume**, **Joshua Smith** and **Aiya Hessain**.

Nature is alive and well at My Backyard

By **June Freeman**

"Every day I get out of bed, I can't wait to get here. It's not a job. It's a labor of love," said Maureen Kennedy who recently opened My Backyard store located inside the Manklin Creek Station in Ocean Pines.

From the moment one enters the door, it is clear that this is not just a job for Maureen. With a warm smile and cheerful greeting, she has a knack for figuring out what the customer is interested in, even before they do.

Gardening supplies, bird seeds and feeders, bird houses, wind chimes, fire pits, gourds, garden flags, local honey, and even specialty soaps designed to repel mosquitoes are just some of the items for sale. When asked what the best seller was, Maureen paused and replied, "That's the coolest part. We have such a variety that there is not just one thing. We have a really large variety of bird baths so they sell quickly." One of her personal favorites are the bat houses. She said some people don't like bats although she was surprised to see how many of her customers come in looking for a bat

house.

Maureen is always excited to see visitors enter her shop. She explained, "I treat them like they are my best friends." She recalled a time when one woman spotted the hummingbird feeder which was attached to the store's outside window. With wings beating, the hummingbirds hovered and flitted in and out of the feeder. The woman stared in fascination; the next day she returned to purchase the feeder. Later on that same day, the delighted buyer called the store to tell Maureen all about the beautiful magical hummingbirds that discovered her feeder. "When she called me, I couldn't help but smile and it made me feel real good," she remarked.

This is something I have always wanted to do," said Maureen. Her greatest inspiration has always been nature. She reminisced how her mother always had a garden of fresh vegetables. While working in Furnace Town she recalled groups of school children being brought into the gardens. "I was fortunate enough to be able to teach them about gardening



Maureen Kennedy

and help them understand that they couldn't just go to the store and buy food. You had to plan ahead for winter. I taught them about herbs and working together as a community. It was a lot of fun."

Maureen has spent the last twenty years planning this venture. She researched and found the perfect spot in

Ocean Pines, took classes to write a business plan, and spent endless hours selecting items for her store. Maureen explained, "I listened to myself and to what other people said they liked. I had to keep an open mind when buying. I learned just because I like it,

*please see **backyard** on page 15*

\$14 Million SAVED



When I was first sworn as Commissioner for the Ocean Pines District nearly four years ago, the projected construction cost of the new Showell Elementary School was approaching more than \$60 million.

THAT WAS UNACCEPTABLE!

By working with my fellow commissioners and the Board of Education the cost of this project was slashed by more than \$14 million thus saving Worcester County taxpayers millions of dollars in debt service!

THAT'S HOW GOVERNMENT IS EXPECTED TO WORK!

Thank you for giving me the opportunity to serve our community!

Chip Bertino

Reelect
Commissioner Chip Bertino
District 5

Bertino for Commissioner; Susan Bertino, Treasurer

Interesting facts about pumpkins

Halloween is not complete without jack-o'-lanterns, and jack-o'-lanterns can't be made without pumpkins. Plenty of people are familiar with pumpkins thanks to their connection to Halloween and, of course, pumpkin pie, but few may know some of the more interesting aspects of this Halloween staple.

Indigenous to the western hemisphere, pumpkins have been grown in North America for 5,000 years. But while they might be indigenous to the west, pumpkins can be grown in the eastern hemisphere as well. According to contributors to the online pumpkin resource Pumpkin Nook, pumpkins are more popular in southern China than northern China.

History.com notes that pumpkin seeds do not have a long planting season. Ideally, seeds should be planted between the last week of May and the middle of June. That gives pumpkin lovers precious little time to do their planting. Once seeds are planted, pumpkin lovers must wait somewhere between 90 and 120 days for the pumpkins to grow. That makes October a great and popular time to do some picking.

Pumpkin weigh-offs have become

popular events in many communities. At such events, growers of giant pumpkins bring their largest ones to be weighed. In 2016, Belgian Mathias Willemijns grew a pumpkin that is believed to be the biggest ever grown. That pumpkin weighed an eye-popping 2,624.6 pounds.

Pumpkins support heart health. Perhaps because they're most often associated with pumpkin pie and pumpkin-flavored beer, the health benefits of pumpkins might go unnoticed. But pumpkins are rich in antioxidants that can help prevent damage to the eye, and the potassium found in pumpkins can have a positive impact on blood pressure. Pumpkins also are a great source of beta-carotene, and some studies have linked diets rich in beta-carotene with a reduced risk of prostate cancer.

According to "Fruits & Veggies More Matters," a health initiative aiming to promote increased consumption of fruits and vegetables, pumpkins are fruits because they are products of the seed-bearing structures of flowering plants. Pumpkins are part of the gourd family, which means they're closely related to fruits such as cucumbers, honeydew melons and cantaloupes.



Spirit - Ocean City Elementary School (OCES) students enjoyed their annual "Mix and Match" Spirit Day on October 5. Pictured with OCES students is Principal **Dawn Rogers**.

Phipps to speak at FOPL meeting

The Friends of the Ocean Pines Library is pleased to have author Dana Phipps as its guest speaker on Monday, October 15, at its annual Membership meeting. The meeting will begin at 9:30 a.m. with coffee, followed by the membership meeting at 10 a.m.

Ms. Phipps is the author of "Murder in Ocean Pines," a mystery that takes place within the community. Ms. Phipps is a former teacher of spe-

cial and elementary education in Baltimore. She served as director and owner of a Sylvan Learning Center in Westminster, MD and also worked at Sheppard Pratt Hospital in Baltimore as an education specialist.

She is the author of two children's books, "Emily and Hurricane Isabelle" and "Emily and her Pouting Puffer Fish." "Murder in Ocean Pines" is her first mystery novel.

'Just Walk Worcester' to be launched

Worcester County Health Department will launch "Just Walk Worcester" on October 12. This new website will be an inclusive resource for finding places to walk and explore no matter where you are in the county. The site features maps of all local parks and trails as well as walking tips, helpful videos, and details about each area including the length of trails, if there are any fees and if the spot is pet friendly. Residents can view drone footage of each trail, allowing walkers to know the ins and outs of the path before they even lace

up their shoes.

"The Worcester County Health Department is excited to share an exciting new resource aimed at increasing physical activity and raising awareness around places to explore and walk in Worcester," said Crystal Bell, Chronic Disease and Tobacco Supervisor for Worcester Health Department. "This new website will make it easier for residents to locate trails and parks."

Just Walk Worcester also includes virtual tours of parks and other places to walk within the county led by health department staff and representatives from each park's local community. Residents are able to register for the Just Walk program directly through the website. Just Walk is a free, inventive based walking project where members receive support and prizes for logging their mileage.

For more information on Just Walk or Just Walk Worcester visit JustWalkWorcester.org or call 410-632-0056.

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at the
Kiwanis Club of Greater Ocean Pines-Ocean City**



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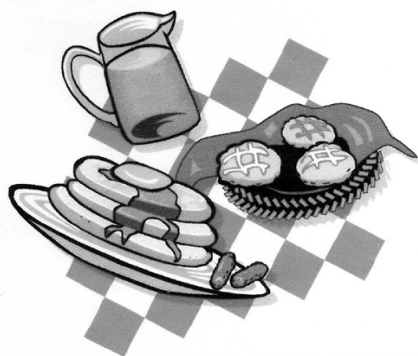
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FREE**



Proceeds to benefit the youth of our community

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as charitable contributions for federal income tax purposes.**

**The LORD will surely save me
So we will play my songs on
stringed instruments Isaiah 38:20**



We do that!

**www.FellowshipAlliance.com
Church
Come join us this
Sunday 9:00AM
Showell Elementary School - Route 589
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Declaration - The Worcester County Commissioners joined with Worcester County Fire Marshal Jeff McMahon to declare October as Fire Prevention Month and October 7-13 as Fire Prevention Week. Learn more about the 2018 National Fire Protection Association's "Look. Learn. Listen." campaign at www.nfpa.org or <http://www.nfpa.org>.

Bluebird Farms to hold ribbon cutting

Bluebird Farms, a family-owned Ocean Pines business that is committed to providing healthy produce, flowers, shrubs and trees to the local community, is will celebrate announce its fifth anniversary with a ribbon-cutting ceremony on Wednesday, October 17 from 5 p.m. to 7 p.m.

The farm, which is located at 11207 Race Track Road, is deeply rooted in the history of Worcester County.

"This property has been a produce stand for over 20 years and we are excited to keep the tradition going," said Nancie Corbett, owner of Bluebird Farms. "We strive to utilize as many local farms and businesses as possible to help the local economy thrive."

The public is invited to tour the property during the event to enjoy locally grown produce, annual flowers and perennial plants. The event will also feature family-fun activities, including pumpkin painting, arts and crafts, a bonfire, food and drinks.

"We are a depot for many local farms, producers and artisans including Peaches and Honey beekeepers, Goatopia, The Pallet Boyz, Cross Farms, The Wilde Hare Bakery, Home Canning Classics and services by Scotland Yards Landscaping, and unsold produce goes to Diakonia," said Corbett. "We're delighted to invite the public to see how much we've grown over the past five years."

Choptank appoints new board member

Donna Richardson West has been appointed to be the new Board of Director to represent Worcester County at Choptank Electric Cooperative. This seat was previously held by David W. Bruning, who retired from the board on September 25.

Ms. West graduated from Snow Hill High School in 1976 and attended Wor-Wic Community College.

An Eastern Shore native, Ms. West is embedded into the local Worcester County community. As daughter of Fay and Roger Richardson, she has worked on her family's farm her entire life and has seen all aspects of the business, where she provides support in

daily operations. She has been the Assistant Treasurer and Treasurer for Makemie Memorial Presbyterian Church since 2000, Campaign Treasurer for Senator Jim Mathias since 2006, and has been on the Board of Directors for Snow Hill Christian Nursery School from 2001-2004 and then again from 2013 to the present.

Engaged to Mr. Kenneth Lamberton Sr., she has three grown children and nine grandchildren. In her spare time, she likes spend time with her family, be on the water either boating or jet skiing, travel, and watch sporting events.

RWWC to meet

The Republican Women of Worcester County will host its October Luncheon Meeting on Thursday, October 25 at the Ropewalk Restaurant, at 82nd Street, Ocean City. The theme will be "Be Informed, the 2018 Election and RWWC." There will be discussion on the candidates, issues and constitutional questions that will be on the ballot. Cost is \$20 per person. Doors open at 10:30 a.m. and the meeting begins at 11 a.m. To make your reservation and/or for more information, please contact Ann Lutz at annlutz60@gmail.com or at 410-208-9767.

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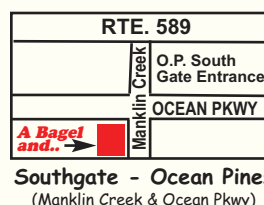
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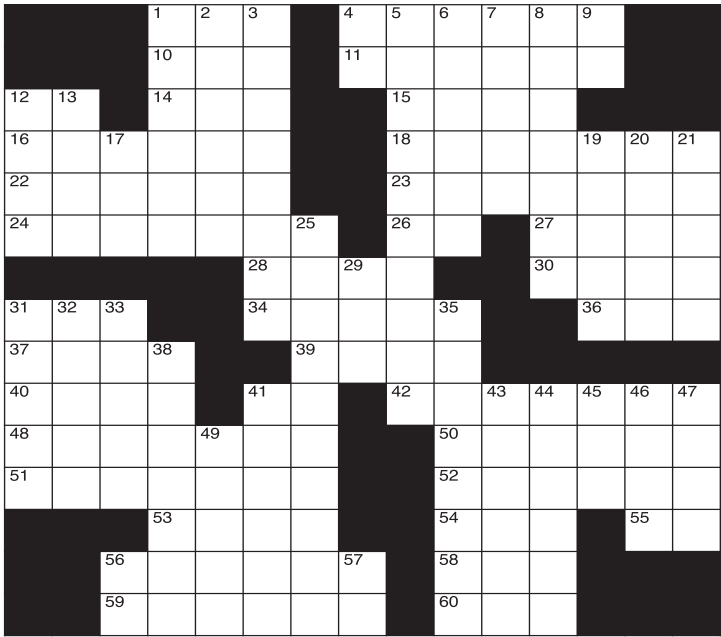
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CLUES ACROSS

1. Type of cleaner (abbr.)

4. Going out

10. ___ Jima, WWII battlefield

11. Closed

12. Air Force

14. Moved swiftly

15. Will not (obsolete)

16. Type of tank

18. Raise

22. Represent

23. Gives a new moniker

24. Adversary

26. Anno Domini

27. Lillian __, actress

28. Bunch of something

30. This (Spanish)

31. A guitarist uses one

34. Small stem bearing leaves
36. Soviet Socialist Republic

37. Actress Rooney

39. Dark brown or black

40. Matter

41. Atomic number 87 (abbr.)

42. Food company

48. Trips to see wildlife

50. Elderly

51. Famed chapel

52. Something to grab

53. City in Oklahoma

54. Muckraking journalist Tarbell

55. Thallium

56. Corroded

58. A Brooklyn NBAer

59. Most liberated

60. Google certification (abbr.)

CLUES DOWN

1. High moral behavior

2. Expects

3. Fanciful notions

4. Spanish be

5. All the people of approximately the same age

6. Berated

7. Trailblazing comedienne

8. Fabric edge

9. South Dakota

12. Amazon ID number

13. A wife (law)

17. Printing speed measurement

19. Wrong

20. Exams

21. Outlying suburb of London

25. Replaces
29. Prints money

31. Accumulate

32. New Zealand conifer

33. College teachers

35. A way of grating

38. Novice

41. Having limits

43. Shining with jewels or sequins

44. Existing at birth but not hereditary

45. ___ Caesar, comedian

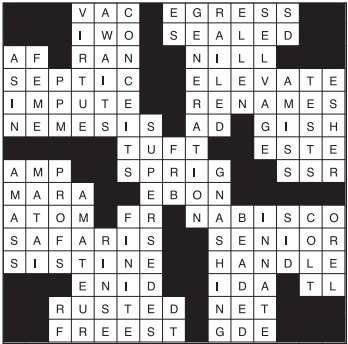
46. A young male horse under the age of four

47. Russian industrial city

49. Wash off

56. Radio frequency

57. Delirium tremens



Answers for October 3

Knots & Knots

A Mariner’s cure for the Existential Void

By **Dan Collins**

What is an existential void? At first, I thought it meant the exasperation of walking a constipated dog but I was pretty sure that couldn’t be right since I read the esoteric expression in that very pretentious New York newspaper.

I had no idea what an existential void was so it was onto the Internet! I lazily googled the acronym ‘ev’ and got back electron volt. Not right. Next, I spelled out ‘existential void’ and was informed that it is a “...pervading entity in the mind creating an overwhelm of meaninglessness...”

Meaninglessness, hopelessness, even desperation are the symptoms of

teen-foot daysailer. Nancy and I had taken it out twice, and since our number of launches equaled our number of dockings we thought we were ready to entertain like it was a yacht. So, we invited Nancy’s cousin, Paul, his wife, Carolyn, and their two children, Andrew, 4, and Stefanie, 6, for a nice Sunday afternoon sail on the Delaware River about 10 miles north of center city Philadelphia.

Since this was only the third time we got our little boat wet and the first time on the Delaware we were very cautious. We had two concerns: The wind seemed light and there were no sailboats among the hundred or so Sunday afternoon gas guzzlers. Undaunted by the lack of fellow ‘real’ sailors or a motor, we rigged our 16-footer while it sat on the trailer.

Our guests brought visitors. Carolyn’s parents, Roman and Helen, came to witness our nautical escapade. Roman, an ex-Merchant Marine who was sunk twice during WWII and who used to kayak on the Delaware River in his youth, took one look at the situation and suggested we keep the oars handy.

Not fully appreciating his wisdom, we loaded up and pushed off. I decided that the best course was up river because we had no motor. If we lost our light wind, I reasoned, we could Huck Finn it down the river. Well, about 50 yards up river, Roman called from the shore, “Try turning around and sailing back.” It seemed silly at the time but he did know more about the river than us, so we turned the boat around (I have since learned to call it ‘come about’).

Then the strangest thing happened. The boat continued to go up the river backwards! We were being washed up river by the incoming tide. The light wind was too light to overcome the current and, as I was discovering, the Delaware River is still tidal north of Philadelphia. I can still remember the look on Helen’s face as her grandchildren

ev but there is a non-pharmaceutical cure – sailing. Although not covered by universal health care but certainly expensive enough to be considered, sailing is therapeutic and can fill the void of a “self-determined agent.” Sailing has meaning and puts hopelessness and desperation in perspective.

I know. I’m a recovering existentialist. I used to think that people actually liked walking their dogs in the rain while carrying a little plastic bag. The recovery wasn’t easy and years of self-teaching experiences weren’t cheap. Consider lesson number one.

Our first sail boat was a used six-



please see *knots* on page 11

The most haunted places in North America

Learning about haunted places has become popular of late. From television programs to walking tours, interest in the paranormal, ghosts and hauntings has increased. With Halloween just a few weeks away, mysteries and the macabre take center stage.



Many people feel that lingering spirits may cling to hotel rooms, hospitals and old buildings. The following are some sites, courtesy of "Conde Nast," "Reader's Digest" and "National Geographic," that may prove pleasing to those who like a taste of the paranormal each October.

Howard Street Cemetery, Salem, Mass.: The Salem Witch Trials were a shocking part of American history. Many different people were accused of witchcraft and sorcery and executed for their alleged crimes. Howard Street

Cemetery, where Giles Corey, a convicted offender is buried, is said to host the paranormal.

Eastern State Penitentiary, Philadelphia, Pa.: This once strict enforcer of solitary confinement was built in 1829 and housed prisoners until 1970. Peals of disembodied laughter, pacing footsteps and shadowy figures have been reported on the premises.

Keg Mansion, Toronto, Ontario: The Keg Mansion was once the private residence of industrialist Hart Massey and his family. Legend states that, after the death of Massey's daughter Lillian, her maid was

so overcome with grief that she took her own life. A ghostly image of a maid hanging by her neck has frequently been reported at the property.

LaLaurie Mansion, New Orleans, La.: Marie Delphine LaLaurie was a Louisiana socialite who threw lavish parties. But she also had a dark and grisly side. When a fire broke out in the residence, police responded and discovered mutilated slaves in the attic. LaLaurie fled New Orleans, but it is believed the phantom screams of her victims can still be heard at night.

Hotel Monte Vista, Flagstaff, Az.: This hotel is purportedly home to various specters and paranormal guests. Room 210 was plagued by someone who hung raw meat from the chandelier. An infant's wretching cries have sent people scurrying. And two women who were thrown from the third floor now haunt and try to smother male guests in their sleep.

Fairmont Banff Springs Hotel, Banff, Alberta: This is the site of a number of terrifying ghost sightings, including an entire murdered family. Many believe a retired head bellman in uniform continues to haunt the hotel.

San Fernando Cathedral, San Antonio, Texas: This is the oldest church in Texas and is stunning to behold. But during the nighttime, visitors may feel

the hair on their necks stand on end. During renovations, workers unearthed bones, nails and military uniforms. Visitors report orbs and shadowy figures in photographs, as well as figures in hooded clothing.

RMS Queen Mary, Long Beach, Calif.: This luxury ship carried Hollywood celebrities before being repurposed into a World War II ship that transported troops. Eventually, the ship was permanently docked in California, and is reportedly haunted by those who died aboard, such as a young sailor crushed in the engine room.

Haunted places dot the globe and can make interesting travel locations for those who wish to discover what goes bump in the night.

knots

from page 10

drifted out of sight, backwards, stern first up the river. Roman just gave us a 'been there, done that' smile. I'm sure they had visions of us hailing a taxi in Trenton, N.J. I know I did.

About a mile up the river, Paul and I started rowing toward the Pennsylvania bank but we got nowhere. Trenton was only 15 miles away but getting closer. Finally, another boater gave us a tip, 'drop the sails.' What he meant to say was, 'drop the parachutes.' With the sails furled we were able to row ourselves into a quiet little marina. You've heard the expression 'any port in a storm.' How about: Any marina in a calm? The young fellow working the dock offered us the hospitality of a cleat while Paul hitched a ride back to the public launch area, got his car, came back and took the family home.

It was dusk when he returned to help me sail the boat back down the

Delaware. By then a mild wind had come and the tide had turned. So, without running lights or a motor, we snuck back to the dark and deserted public launch area where our lonely trailer waited in an empty parking lot. Believe it or not, it was a good day and a great learning experience.

So, Nancy and I conclude that lesson number one is don't sail in light wind. Next month I'll share with you what happens when a 16' daysailer tries to turn a Force 5 blow into an existential void.

Dan can be reached for comment at dancollins.oceanpines@gmail.com

Medicare open enrollment events offered

The Medicare open enrollment period is fast approaching. MAC, Inc., the Area Agency on Aging, is here to help you navigate the Medicare maze and pick out the prescription plan which best suits your needs.

MAC is offering a series of free Medicare open enrollment events throughout the Lower Shore, featuring one-on-one counseling with members of MAC's State Health Insurance Program (SHIP). Open enrollment events begin Oct. 16.

Participants should bring their Medicare card and all medications in their original containers; do not bring lists of medications.

Enrollment events will be available at MAC in Salisbury, from 9 a.m. to noon and from 1 p.m. to 3 p.m. on Fridays: October 19 and 26; November 9,

16 and 30; and December 7.

In addition, open enrollment will be held at MAC from 9 a.m. to noon on

Please see **enrollment** on page 12

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Tides for Ocean City (Fishing Pier)

Day		High /Low	Tide Time	Sunrise Sunset
Th	11	Low	3:24 AM	7:06 AM
	11	High	9:39 AM	6:28 PM
	11	Low	4:02 PM	
	11	High	10:00 PM	
F	12	Low	4:07 AM	7:06 AM
	12	High	10:24 AM	6:27 PM
	12	Low	4:50 PM	
	12	High	10:45 PM	
Sa	13	Low	4:51 AM	7:07 AM
	13	High	11:09 AM	6:25 PM
	13	Low	5:40 PM	
	13	High	11:30 PM	
Su	14	Low	5:37 AM	7:08 AM
	14	High	11:57 AM	6:24 PM
	14	Low	6:33 PM	
M	15	High	12:18 AM	7:09 AM
	15	Low	6:27 AM	6:23 PM
	15	High	12:47 PM	
	15	Low	7:27 PM	
Tu	16	High	1:11 AM	7:10 AM
	16	Low	7:21 AM	6:21 PM
	16	High	1:43 PM	
	16	Low	8:23 PM	
W	17	High	2:10 AM	7:11 AM
	17	Low	8:17 AM	6:20 PM
	17	High	2:43 PM	
	17	Low	9:18 PM	

October bus trips planned

Take a trip back in time, get a glimpse of the future, explore our nation's capital or enjoy a show with Ocean Pines as the Recreation and Parks Department takes the wheel for several bus trips in October.

On Saturday, October 13 explore a recreated 16th century English Tudor village at the Maryland Renaissance Festival in Crownsville. The bus will depart Ocean Pines at 8 a.m. and arrive at the festival at 10:30 a.m. It will depart at 4 p.m. for a 6:30 p.m. arrival back in Ocean Pines. The fee, which includes transportation only, is \$50 for adults and \$38 for children ages seven to 15. Tickets for the festival may be purchased at the gate or online at renfest.com.

For a modern performance, travel to Paradise, Pennsylvania's Rainbow Comedy Playhouse for "Love, Lies & the Lottery" on Sunday, October 21. The cost is \$90 per person and includes transportation, lunch buffet and the show.

Spend the day exploring Washington D.C. on your own on Friday, October 19. The bus will drop off

participants at the National Mall at approximately 10:30 a.m. and will head back to Ocean Pines at 4 p.m. The fee for transportation only is \$45.

NASA's Wallops Flight Facility will be the featured destination for a trip on Tuesday, October 23. Additional trips will be offered November 8 and December 4. The five-hour visit will include a close-up look at NASA's primary facility for suborbital missions as well as time for lunch and a drive-by of the launch pad area. The cost is \$45 per person, which includes the tour and transportation.

These trips are open to the public and buses will depart from the Ocean Pines Community Center. Reservations are required. Refunds will not be issued for cancellations unless vacant seats can be filled.

For more information or to register, call the Ocean Pines Recreation and Parks Department at 410-641-7052. Information regarding additional recreational programs, including an online version of the Ocean Pines Activity Guide, is available at OceanPines.org.



Furr Ball Drive - (L-R) Worcester Prep School (WPS) freshmen **Aidan Hammond** and **Brice Richins**, Worcester County Humane Society Representative **Matt Sweeney**, and WPS seniors **Liam Hammond** and **Cooper Richins** collected and donated athletic balls during their third Annual Furr Ball Drive to benefit the Worcester County Humane Society. Cooper Richins and Liam Hammond created the Furr Ball Drive initiative in tenth grade after meeting with volunteers from the Humane Society and determining a treat the homeless animals would enjoy.

enrollment

from page 11

Friday, November 2, and from 1 p.m. to 3 p.m. on Tuesday, November 20.

Other October open enrollment events, all from 1 p.m. to 3 p.m., include:

-Worcester County Library, Snow Hill branch, Tuesday, October 16.

-Dorchester County Public Library, Cambridge branch, Thursday, October 18;

-Somerset County Library, Princess Anne branch, Monday, October 22;

-Dorchester County public Library, Hurlock branch, Tuesday, October 23;

-Worcester County Library, Berlin Branch, Wednesday, October 24;

-Worcester County Library, Ocean Pines Branch, Monday, October 29; and

-Delmar VFW, Tuesday, October 30.

Open enrollment events in November, all from 1 p.m. to 3 p.m., include:

-Wicomico Public Library, Pittsville branch, Monday, November 5;

-Dorchester County Public Library, Cambridge, Tuesday, November 13;

-Somerset County Library, Princess Anne branch, Thursday, November 15;

-Corbin Memorial Library, Crisfield, Monday, November 19;

-Worcester County Library, Pocomoke City branch, Monday, No-

vember 26;

-Worcester County Library, Berlin branch, Tuesday, November 27.

In addition, during December, an open enrollment event will be held from 1 to 3 p.m. on Tuesday, December 4, at the Snow Hill branch of the Worcester County Library.

Registration will begin 30 minutes before the start of each enrollment event, and participants will be seen in the order of their arrival.

This is a free service. For more information, call 410-742-0505.

4H to host open house

University of Maryland Extension 4-H Youth Development Program is holding an informative Fall Fest Open House on Monday, October 15 from 6 p.m. to 8 p.m. at the UME office in Snow Hill, located at 305 Bank Street directly behind the public library. Worcester County 4-H staff and volunteer club leaders will be on hand to showcase many of the various aspects of the nation's largest youth development organization.

For more than 100 years, 4-H has stood behind the idea that youth are the single strongest catalyst for change. What began as a way to give rural youth new agricultural skills, today has grown into a global organization that teaches kids life skills. The Maryland 4-H Youth Development Program provides a supportive and inclusive setting for all youth, age five to 18 years of age, to reach their

fullest potential in a diverse society. Youth learn beneficial and cognitive life skills through community focused, research-based experiential education programs.

There are 4-H clubs throughout Worcester County welcoming new members. At the Fall Fest Open House, attendees can learn what each club has to offer a future 4-Her. All new members enrolling at the Open House will receive a 4-H gift and family handbook. 4-H enrollment is just \$10 annually.

The evening includes pumpkin decorating from 6 p.m. to 6:30 p.m. followed by a 30-minute presentation by the 4-H Staff. From 7 p.m. to 8 p.m., there is an opportunity to chat with club leaders and current 4-H members about their 4-H experience, while enjoying some complimentary refreshments.

Please register in advance by calling the Extension office at 410-632-1972 or email Kelly at kcarrol@umd.edu.



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Veterans Memorial benefits from BJ's memberships

BJ's Wholesale Club is once again partnering with the Ocean Pines Association to bring a special membership offer, effective October 12 through 26, to benefit the Worcester County Veterans Memorial at Ocean Pines Foundation.

\$5 of each membership fee to the foundation. The offer, which is available to new and renewing members, is not available for purchase online or at any BJ's location. Current EZ Renewal members are not eligible.

With this offer, an annual BJ's Inner Circle Membership is \$40 and a BJ's Perks Rewards Membership is \$80.

In addition, 13 months will be added to the expiration date of a current BJ's membership, regardless of when the membership was last renewed. Current members who are enrolled in BJ's auto-renewal program are not eligible for the Ocean Pines offer.

This special promotion is only offered through Ocean Pines two times a year. BJ's Wholesale Club, in part-

nership with the Association, donated \$345 to the Worcester County Veter-

ans Memorial at Ocean Pines as a part of its spring 2018 membership offer.

Julie Malinowski, marketing coordinator for the Ocean Pines Association, recently presented a check to Marie Gilmore, president of the Worcester County Veterans Memorial Foundation.

The donation helps fund the Foundation's Educational Outreach program, which enables more than 500 Worcester County fifth-graders to visit the memorial site in Ocean Pines and learn about the branches of the serv-

ice, flag history and the sacrifices veterans have made to protect our freedoms.

BJ's membership applications are available at the Ocean Pines Association administration building.

Applications must be returned with payment by October 26. They may be dropped off at the administration building or mailed to Ocean Pines Association, Attn: Denise Sawyer, 239 Ocean Parkway, Ocean Pines, MD 21811.



Marie Gilmore receives check from Julie Malinowski

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How to recognize skin and food allergies in dogs

Allergies can affect anyone, even the family dog.

According to the American Kennel Club, various types of allergies can affect dogs. Skin allergies and food allergies can be very unpleasant. And just like their owners, dogs may be vulnerable to environmental allergens like dust, pollen and mold.

Learning about allergies and how to recognize them in dogs can help pet owners ensure their four-legged friends live as happily and as comfortably as possible.

Skin allergies. The most common type of allergic reactions in dogs, skin allergies, also referred to as "allergic dermatitis," are caused by flea allergy

dermatitis, food allergies or environmental allergies. Flea allergy dermatitis is an allergic reaction to flea bites. Dogs may be allergic to flea saliva, which can make them very itchy, particularly at the base of their tails. As dogs scratch their itches, their skin can become red and inflamed and may scab over.

The AKC notes that itchy skin may also be a byproduct of food allergies or sensitivities to certain foods. In such instances, the most common places dogs will itch are their ears and paws. Itchiness also may be accompanied by gastrointestinal issues.

Dogs that only seem to itch their skin during certain times of the year may be dealing with skin allergies re-

sulting from environmental allergens like dust, pollen and mold. The ears and paws are the most commonly affected areas in these instances, though dogs also may feel itchiness in other areas, such as their wrists, ankles, muzzle, underarms, groin, around their eyes, and in between their toes.

Food allergies and sensitivities. The AKC notes that food allergies may not be as common as people think. In many instances, food sensitivities are to blame for many symptoms dogs exhibit. If the veterinarian suspects a dog has a food sensitivity, he or she will work with dog owners to identify the ingredient that is causing a reaction. Both food allergies and food sensitivities can

trigger gastrointestinal problems like diarrhea and/or vomiting. Skin conditions like hives and facial swelling may be indicative of an allergy. Itchiness, poor skin and coat, and chronic ear or foot infections are among the symptoms of food sensitivities noted by the AKC.

Diagnosing allergies in dogs can be complicated. Veterinarians may first try to rule out other conditions that may be causing symptoms in your dog. If the vet suspects an allergy, he or she may try to confirm this by utilizing an elimination diet that restricts what the dog eats for 12 weeks. Learn more about dogs and allergies at www.akc.org.

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Smoking cessation classes offered

Leaves are changing and autumn is in the air; it is a great time to breathe better and stop smoking. The Worcester County Health Department's free fall smoking cessation classes begin in October. Worcester Health is committed to helping smokers establish new behavior patterns that lead to a tobacco free lifestyle. With the smoking cessation class, Chantix, gum, patch, lozenges and other aids to help individuals quit tobacco are available through a voucher program.

Join one of the smoking cessation classes available throughout Worcester County starting this month:

-From 2 p.m. to 3 p.m., Mondays (October 22-January 7) at the Snow Hill Health Center, 6040 Public Landing Rd.

-From 4 p.m. to 5 p.m., Wednesdays (October 24-January 9) at the Berlin Health Center, 9730 Healthway Dr.

-From 5 p.m. to 6 p.m., Thursdays

backyard

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doesn't mean that everyone would pick the same thing."

A person she definitely could not do without is her husband Butch. Maureen described Butch as her "best friend and biggest cheerleader." One can sometimes find him standing in the background while putting up unique and decorative fences in the store, taking photos, fixing things, delivering products, and whatever else needs tending.

Maureen's motto is "follow your goal and never give up on a dream no matter how old you are." And living proof of this was the opening of My Backyard.

opa

from page 4

Board) and PROPOSED Budget published by press release, website, mass email attachment, with weekly articles on sections thereof

Jan 5*: GM introduces PROPOSED Budget at the Board meeting

Jan 7*, 8*, 9*: B&F Budget Work Sessions with the GM

Jan 12*: Treasurer & GM host Hearing on the PROPOSED Budget AND B&F meeting post Budget Hearing with the GM (to consider any other revisions to budget based upon membership input from the Budget Hearing).

Jan 14: GM distributes RECOMMENDED Budget to the Board &

Jan 14*, 15*, 16*: Board conducts Work Sessions on the Budget.

(October 25-January 10) at the Pocomoke Health Center, 400 Walnut St.

Professionally trained instructors can help participants break the smoking addiction. The smoking cessation course consists of seven sessions covering stress management, weight control, assertive communication, how to develop a quit plan, relapse prevention, and physical activity.

Vouchers are available for nicotine replacement therapy such as the patch, gum, or lozenges. Vouchers are also available to help offset the cost of Chantix for individuals meeting specific program requirements.

For more information or to register, call 410-632-0056.

Annual dinner returns

The Bishopville Volunteer Fire Department Auxiliary will hold its annual Chicken & Dumpling Dinner at the main fire station this Sunday, October 14. Between noon and 5 p.m. The cost is \$12 for adults and \$6 for children under age 11. The event will occur at 10709 Bishopville Rd. Carry-outs and bake table available. Call 443-880-6966 to preorder your carryout.

Sausage sale scheduled

The Bishopville Vol Fire Department Auxiliary will sell fresh ground sage flavored sausage, hot or mild, in five-pound packages. The cost is \$20. Orders must be placed by November 15. Call 443-735-7473 or email wandagrays294@yahoo.com. Pickup is Saturday, December 1 at the Bishopville Fire House.

Jan 17-24: GM makes any changes to RECOMMENDED Budget based on Board input

Jan 25: GM publishes RECOMMENDED Budget by same methods as done on Jan 2 above

Feb 2*: Board conducts Hearing on the RECOMMENDED Budget

Feb 5: Treasurer & GM provide BOD with any final recommendations

Feb 7-14: Board provides GM with any potential motions to amend, so that the GM can calculate the impact any amendment may have on the assessment calculation

Feb 16*: Board hears final comments on the budget; Board considers any motions to amend and votes to adopt FINAL Budget

* Denotes opportunity for Member Comment

Arts Council to exhibit clay creations

During the month of October, the Worcester County Arts Council will present an exhibit showcasing clay, ceramics, and stoneware artwork created by members of the Clay Guild of the Eastern Shore. The exhibit features artwork by the following artists and members of the Clay Guild: Mary Back, Karen Bearman, Marie Cavallaro, Sarah Halcott, Robert Johnson, Florence Kasden, Joy Maxwell, Vicki Noonan, Patricia Rose, Ernie Satchell, Paula Smith and Dott and Bob Truitt.

A variety of techniques, glazes, and firing methods are represented amongst the selected pieces of artwork that range from whimsical and functional stoneware to more contemporary in shape and composition.

The opening to the public reception will be held on Friday, October 12, from 5 p.m. to 8 p.m. Visitors will get an opportunity to meet the artists and enjoy complimentary refreshments.

Uses for fallen leaves

By the time autumn hits full swing, many trees will have shed their leaves for the season, and the last vestiges of red, yellow and orange magic will have faded to brown. Raking, blowing and collecting leaves becomes the primary chores of lawn and yard maintenance, and presents most homeowners with large piles of gathered leaves to tend to.

It is impossible to count just how many leaves fall to the ground each year, or just how many pounds of leaves get collected curbside, but the numbers are substantial. Cleaning up leaves is considerable work, but not all of those leaves need to be carted away. In fact, there are several different uses of leaves that can be beneficial.

Spread leaves as a protective mulch to cover tender perennials or root crops/bulbs in the ground. The leaves will form a natural insulating cover that keeps the soil and the plants within a bit warmer over winter.

Create a pile of leaves that will break down and form a crumbly, compost-like material called leaf mold. Even though leaf mold may sound like a blight, it is actually a good amendment to garden soil, improving its structure and ability to hold water. Leaf mold also attracts beneficial organisms that are vital in healthy soil.

Brown leaves can be added to green materials in compost piles to improve the health of the compost

Exhibits will be on display through October 31.

The Clay Guild of the Eastern Shore was founded in 2005. Their mission is to bring together ceramic artists



and hobbyists on the lower Eastern Shore. Their objectives are to promote the ceramic arts and enrich their members through clay workshops, exhibitions, and lectures and to provide a forum by which artists can exchange ideas and solve technical problems as related to the ceramic arts. For more information about the Guild, visit their website: www.claygildeasternshore.com.

being formed. According to the healthy living resource Care2, the ideal ratio is 75 percent brown to 25 percent green materials in compost. Turn compost piles regularly to aerate them.

Store dried, mulched leaves in a dry spot so they can be used in the spring as a weed barrier for spring plantings. They will keep weeds at bay and help retain soil moisture to ensure small sprouts have the resources to grow.

Use shredded leaves as a lawn supplement. Pass a lawn mower over leaves left on the lawn to break them down into pieces too small to rake. This will help keep the lawn healthy throughout the winter without blocking out needed sunlight.

Bag dried leaves and pack them tightly together in cold areas of the home, such as basements or garages. They can act as added insulation. Bags of leaves also can be placed around planting containers to protect them from frost.

Gather a few of the best-looking leaves and preserve them. Use an iron on a low setting and press leaves between two pieces of waxed paper until the waxed paper seals together. Or use clear contact paper to achieve the same effect.

Fallen leaves can be used in many different ways throughout the year.

Star cluster



Editor's note: Avid Courier reader Jack Barnes sent me this MGM Studios promotional picture. It was taken circa 1943 to celebrate the studio's 20th anniversary. Can you identify the stars? -CB

1st Row: James Stewart, Margaret Sullivan, Lucille Ball, Hedy Lamarr, Katharine Hepburn, Louis B. Mayer, Greer Garson, Irene Dunne, Susan Peters, Ginny Simms, Lionel Barrymore

2nd Row: Harry James, Brian Donlevy, Red Skelton, Mickey Rooney, William Powell, Wallace Beery, Spencer Tracy, Walter Pidgeon, Robert Taylor, Pierre Aumont, Lewis Stone, Gene Kelly, Jackie Jenkins

3rd Row: Tommy Dorsey, George Murphy, Jean Rogers, James Craig, Donna Reed, Van Johnson, Fay Bainter, Marsha Hunt, Ruth Hussey, Marjorie Main, Robert Benchley

4th Row: Dame May Whitty, Reginald Owen, Keenan Wynn, Diana Lewis, Marilyn Maxwell, Esther Williams, Ann Richards, Marta Linden, Lee Bowman, Richard Carlson, Mary Astor

5th Row: Blanche Ring, Sara Haden, Fay Holden, Bert Lahr, Frances Gifford, June Allyson, Richard Whorf, Frances Rafferty, Spring Byington, Connie Gilchrist, Gladys Cooper

6th Row: Ben Blue, Chill Wills, Keye Luke, Barry Nelson, Desi Arnaz, Henry O'Neill, Bob Crosby, Rags Ragland

Volunteer fair scheduled

Atlantic General Hospital Auxiliary has announced that a Volunteer Recruitment Fair will be held at the new John H. 'Jack' Burbage, Jr. Regional Cancer Care Center on Tuesday, October 30 from 10 a.m. to noon.

The Auxiliary is looking for volunteers for the AGH Thrift Shop, the John H. 'Jack' Burbage, Jr. Regional Cancer Care Center, and the Emergency Department.

For more information, call Joyce in the AGH Auxiliary office at 410-629-6859 or apply online at www.atlantic-general.org/auxiliary. No RSVP necessary.

Dems Women's Club to meet

The Democratic Women's Club of Worcester county will meet Monday, October 15 in the Assateague Room of the Ocean Pines Community Center. The guest speakers are Susan Buyer and Toby Perkins, founders of the Indivisible Project. Coffee is available 9:30 a.m. The meeting starts at 10 a.m. Visitors are welcome.

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