

## New Ventures offers marketing mini-grant

Are you a small business owner looking for a marketing boost? New Ventures Maine is seeking applications from small businesses for its Marketing Mini-Grants Program. The application deadline is 11:59 p.m. on Friday, November 2.

New Ventures Maine's Marketing Mini-Grant Program aims to strengthen access to markets for micro-businesses by supporting the development of marketing tools, materials, and activities. Under the program, NVME awards cash mini-grants (up to \$500 each) to micro-enterprises for marketing projects via a competitive processes. The program is supported and partially funded by Norway Savings Bank.

A total of \$500 is available in the current November 2018 grant cycle for businesses in the western region that includes Androscoggin, Franklin, and Oxford Counties. Businesses eligible for the mini-grant employ five or fewer full-time equivalent employees and have gross annual sales under

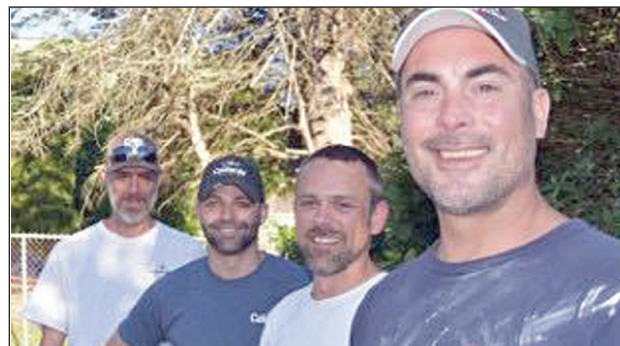


Recent mini-grant winner Sweet Life Kettle Corn of Farmington

\$250,000. Not-for-profit organizations or businesses are not eligible. A 25% match of the prize amount will be required. Mini-grants support business marketing and promotion, not the production of products or purchase of equipment, tools, furnishings, or other fixed assets.

Interested small business owners can apply for the marketing mini-grant online at [newventuresmaine.org](http://newventuresmaine.org).

If you prefer a paper application, contact Karleen Andrews, Microcenter-



Recent mini-grant winner Four Pines Painting of Poland

prise Specialist for NVME Western Region, at [karleen.andrews@maine.edu](mailto:karleen.andrews@maine.edu).

More information about the mini-grant pro-

gram and about the competitions in the other five regions of the state are also available at [newventuresmaine.org](http://newventuresmaine.org).

## Tightest Five comedy contest tonight



Portland's Kevin Neales will be the evening's featured comedian when Maine Event Comedy hosts the second preliminary round of its Tightest Five comedy contest on Thursday, October 18 at 7 p.m. at Bear Bones Beer. Of the ten hopefuls performing their best five minutes of original material, five will advance to the semifinal round on November 15. A comedy open-mic follows each round. The show is free and open to those ages 21 and older. Bear Bones Beer is located at 43 Lisbon Street in Lewiston.

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# Newsmakers, Names & Faces

## Community Credit Union supports local food pantries



Sharon Bazinet (l.) of Poland Community Food Pantry, with Russell Giasson of Community Credit Union

In 2018, Community Credit Union presented the Leeds Food Pantry, Poland Community Food Pantry, and High Street Food Pantry in Auburn with donations of \$250 each to help with their efforts to end hunger in their communities.

Throughout the year, the credit union conducts fundraisers to assist in the Maine Credit Union League's annual Campaign for Ending Hunger. At the end of each year, 100% of the money raised by each participating credit union is given back to that credit union to be distributed to local hunger relief organizations in their community.

In 2017, participating Maine credit unions raised a new record total of more than \$740,000 for the campaign. Since it began in 1990, the Maine Credit Union League's Campaign for Ending Hunger has raised a total of over \$8 million.

Community Credit Union is a member-owned, full-service financial institution that has been serving its members and the community since 1945. It has branches at 144 Pine Street in Lewiston, 40 Stanley Street in Auburn, and 1025 Auburn Road in Turner. For more information, see [www.communitycreditunion.com](http://www.communitycreditunion.com).



Jo Brackett (c.) of Leeds Food Pantry, with Jennifer Hogan and Matthew Shaw of Community Credit Union



Rose Stansfield (c.) of High Street Food Pantry in Auburn, with Jennifer Hogan and Matthew Shaw of Community Credit Union

## Local decorator participating in nationwide design event

Dawson Interiors, a local interior decorating and real estate staging company, is participating in a nationwide design event called the "One Room Challenge." Several hundred décor and design bloggers throughout the United States will do a one-room makeover over six weeks, culminating with a final reveal in November.

Better Homes and Gardens is the official media partner for the One Room Challenge. Dawson Interiors has joined as a guest participant and will makeover a boys' bedroom.

"Participating in the One Room Challenge has been a long term goal for me, so I'm excited for Dawson Interiors to be involved in this project," said company owner Laurel Libby. "I enjoy the challenge a strict deadline provides, and having the opportunity to customize many elements of this makeover. It's going to be a really special space."

Dawson Interiors will post weekly updates on their

blog each Thursday, with a final reveal of the space on November 8. Planning this makeover started with the creation of a visual mood board addressing each element of the décor, from a rug to the bed and furniture customization.

"This is a shared bedroom, and functionality is tied into every aspect of the design," said Libby. "The end result will be a whimsical, fun space that can grow and mature with the two boys who share the room."

Dawson Interiors LLC is a home decorating and real estate staging company based in Auburn. Founded by Laurel Libby, the company has a focus on transforming house into home through unique décor solutions.

Weekly updates on the One Room Challenge can be found on the Dawson Interiors Blog, via the company's website at [www.dawsoninteriorsmaine.com](http://www.dawsoninteriorsmaine.com).

To contact Libby directly, call 632-7619 or email [dawsoninteriorsmaine@gmail.com](mailto:dawsoninteriorsmaine@gmail.com).

## CDL training returns to Oxford Hills-Nezinscot Adult Ed.



Here (l. to r.) are Adult Education Director Tina Christophersen, course instructor Jerry Verrill, and Big Rig Shops owner Floyd Thayer.

Oxford Hills-Nezinscot Adult Education has announced that it will offer Commercial Driver's License Class A Truck Driver

Training this fall. Potential students need to have a CDL permit and pass a Department of Transportation drug screening and physical.

"Adult Ed and Big Rig Shops are excited to bring this training back to the region," said Oxford Hills-Nezinscot Adult Education Director Tina Christophersen. "We've gotten many calls asking about a CDL Class A program, so we're excited to say that it's back. Many regional employers are in need of truck drivers. What better way to get your license than through a training program that partners with a local employer that needs drivers?"

The program costs \$4,100. For more information or to enroll, contact Oxford Hills-Nezinscot Adult Education at 743-8842 or [adulded@msad17.org](mailto:adulded@msad17.org).

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## Governor's Address: Question 1 on November's Ballot is Bad Policy

Dear Maine Taxpayer,

There are so many bad policies rolled into Question 1 on November's ballot that it's hard to know where to begin. I'm going to highlight what I consider to be the most dangerous.

Question 1 attempts to create a "Universal Home Care Program" that purports to provide home-based assistance to people with disabilities and senior citizens.

In reality, it creates a new 3.8 percent tax on individuals and families. It will create a new, massive bureaucracy with no state oversight, and it will put people on wait lists. It will also violate patient confidentiality, and will it

hurt our economy.

This new tax will drive high-income earners out of the state. But don't be fooled. It won't just affect the wealthy. Hard-working couples will be hit too.

Maine will be the highest-taxed state for households with combined incomes over \$130,000. It will also tax other income, like rent, interest, and capital gains.

The Office of Tax Policy estimates that 58,355 Maine families will, on average, have a 30-percent tax increase in 2019 if Question 1 passes. Approximately 3,650 of those families include a school teacher.

Here are a few examples of how it will affect real taxpayers:

A teacher who makes



Governor Paul R. LePage

\$66,000 and a police officer who makes \$95,000, including overtime. When they file their state taxes, their combined income of \$161,000 will make them subject to the 3.8 percent tax. They will pay an extra \$1,150.

Another example is a couple who work as a sales manager, making \$125,000, and restaurant server, making \$30,000. Their combined income of \$155,000 will make them subject to the 3.8 percent tax. They'll pay an extra \$925.

A self-employed person running a small business with income of \$140,000 will also get hit. The amount above \$130,800 would be taxed at 3.8 percent. The self-employed person will pay an extra \$350.

Question 1 isn't just taxing the wealthy. It will hit hardworking Maine families.

The State Economist projects that Question 1 would cause Maine to miss out on up to 3,800 jobs and, by 2023, see a loss of \$1.4 to

\$2 billion of Mainer's total personal income.

We have worked hard to bring prosperity to Mainers, and now, when wages are rising, Question 1 will send us backward. But Question 1's bad policy isn't limited to taxes and our economy.

Question 1 will require the state to turn over the names and contact information of our seniors over 65 and any person with a disability who may receive in-home care to any union and any person who wants to run for the oversight board.

The goal of this colossal violation of privacy is to badger the person's caregivers - their friends and family members - into joining a union and paying dues.

A union won't im-

prove the working conditions of a mother who cares for her adult child with autism in their own home. It's their home! And she should NOT have to pay union dues for the privilege of caring for her own child.

Our seniors and people with disabilities deserve privacy, not exploitation.

Question 1's supporters are pushing a dangerous political agenda using vulnerable people who are dependent on the care of family and friends. They should be ashamed of themselves.

Thank You,  
Paul R. LePage  
Governor

## SeniorsPlus to host Open House in Norway

SeniorsPlus will host an Open House to celebrate the opening of its new office in Norway at 9 Marston Street. The event will take place on Friday, October 19 from 7:30 to 9:30 a.m. Staff will be on hand to meet guests and answer questions about the organization and its services,

including Meals on Wheels. A complimentary continental breakfast will be served. The event is free and open to the public. For more information, call 1-800-427-1241. Additional parking will be available at nearby Norway Brewing Company at 737 Main Street.

## First Auburn Seniors



At its October meeting, the group held a baked goods, flowers, fruit, and tomatoes auction to raise funds for future activities.

After their October meeting at the Auburn Senior Community Center in Pettengill Park, the First Auburn Senior Citizens group held a baked goods, flowers, fruit, and tomatoes auction to raise funds for future activities. Forty-two members attended the event. Attendance winners were Fran St. Pierre and Bea Brooks. Pot of Gold winners were Marge Gardner, Bea Brooks, and Jeanne Adams.

50-50 winners were Jane Morin, Diane Pippin, and Leroy Walker.

The group welcomes all Seniors 55 and older and usually meets the first and third Wednesday of each month, except on holidays and school storm cancellation days. For more information, call the Auburn Rec. Department at 333-6601, ext. 4 or group president Cindy Larrabee at 345-9533.

## Evergreen Subaru purchases Best Buy building in Auburn



The dealership plans to begin construction in the spring of 2019, with the hope of moving into the new building in early 2020.

Evergreen Subaru in Auburn has purchased the currently vacant Best Buy building on Turner Street, with a plan to convert it into a best-in-class Subaru store.

"We have definitely outgrown our current space," said Evergreen Subaru's Managing Owner,

Doug Weisz. "And, while we had been exploring creative expansion opportunities for our current property, repurposing and building out the empty Best Buy building provides the fastest and least disruptive means of growing our business."

Evergreen Subaru now begins working with architects and builders to construct a state-of-the-art space that will offer unique convenience and comfort features for both customers and employees alike. The dealership plans to begin construction in the spring of 2019, with the hope of moving into the new building in early 2020.

Regarding plans for its current building on 774 Center Street, Weisz said, "We're still in the early phases of exploring possibilities for our Center Street building. Whether we sell, lease or retain our current building for another use, our top priority right now is to focus on making our future dealership home into the best space it can be."

"Our Center street location allows us to make

a smooth, seamless transition," he added. "We get to buffer our staff and customers from the chaos of a construction site, then pull the wrapper off the new place and move in to a finished building. Once that's done, we can repurpose our Center Street store."

Last week, Evergreen Subaru shared the news with their 60 staff members by closing early and chartering a bus to take them on a surprise "field trip" to the Best Buy building for a tour and celebration of the future of Evergreen Subaru.

Evergreen Subaru was founded in 2006 and sells and services new and used Subarus, sells used vehicles of all makes, and rents new Subarus to the general public. For more information, visit [www.evergreensubaru.com](http://www.evergreensubaru.com).

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The new officers are (l. to r.) Dennis Gray, Secretary; Pat McCluskey, Chair; Patricia Vampatella, Vice Chair; and Larry Morin, Treasurer.

## SeniorsPlus elects new board member, officers

SeniorsPlus recently elected a new slate of officers to its Board of Directors at its annual meeting in Lewiston. They are Pat McCluskey of Peru, Chair; Pat Vampatella of New Gloucester, Vice Chair; Larry Morin of Lewiston, Treasurer; and Dennis Gray of Norway, Secretary.

In addition, Mell Hamlyn of Auburn joined the board. She is the Director of Finance and Human Resources at Connectivity Point in Auburn. Her previous volunteer service has



Mell Hamlyn joined the board.

included the Great Falls Balloon Festival, Androscoggin Home Care and Hospice, and St. Dominic Academy.

## Breakfast Club meeting features local birders



Steven Reed



Douglas Boyd

The next meeting of the Auburn-Lewiston Rotary Breakfast Club on Wednesday, October 24 at 7 a.m. will feature Stanton Bird Club members Steven Reed and Douglas Boyd. The club meets every Wednesday at the United Methodist Church, located at 439 Park Avenue in Auburn. The cost for breakfast is \$10. All are welcome to attend.

Reed is an active volunteer for the club as a tour leader and land steward on their Thorncrag and Woodbury properties. He leads walks for everyone from school children to scientists visiting the Gordon Institute at Bates College. In 1999, he did a North American "Big Year" birding, crossing the U.S. to Oregon,

then working his way south and over to Texas. Before wearing out his vehicle and putting a giant dent in his wallet, he listed 512 of our 700-plus species over eight months. He holds a Master's degree in Environmental Education.

Boyd is a co-leader with Steve and Judy Marden of the Stanton Bird Club walks that depart each week from Bates College during the spring bird migration in April and May. He feels fortunate to have had the opportunity to bird in several European countries, Iceland, Africa, Central and South America, the Caribbean, and many parts of the USA and Canada. He holds a Bachelor of Science degree in agriculture with a major in wildlife biology.

## Diabetes Education Forum

The Central Maine Endocrinology and Diabetes Center will present a Diabetes Education Forum on Thursday, November 1, from 1 to 5 p.m. at the Dempsey Center, located on the fifth floor at 29 Lowell Street in Lewiston. All community members are welcome to come explore how to thrive after a diabetes diagnosis. The forum will cover the following topics: Nutrition, through a Cook-

ing Matters Pop-Up Shopping Tour with a SNAP-Ed Nutrition Educator; Habit Change, with Mercedes Peralta, RN, CDE; Eye Health with Diabetes, with Sirius Hamzavi, MD; and Foot Care with Diabetes, with Christopher Sacco, DPM. Those attending will also learn how technology can help them better manage their diabetes. Seating is limited; please RSVP by calling 795-7520.

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## Lisbon Credit Union names Rock Star Award winner

Lisbon Credit Union has announced that the latest winner of its quarterly Rock Star Award recognizing an employee for outstanding service was Tracy Collins. In recognition of the honor, she received a trophy, a \$50 award, and a paid day off.

Collins started with the credit union 14 years ago and, within only one year of employment, was promoted to her current position of Financial Resolutions Officer at the Lisbon office. She has been employed with credit unions from the age of 18 and has gained working knowledge of all areas, making her uniquely qualified to help members with their finances.

Collins was nominated for the award by several employees. As the credit union's Financial Resolutions Officer, she interacts every day with members who are having financial difficulties. As one employee stated, "Tracy is very understanding and works with perseverance to help our members get caught up on their late payments with the utmost positive and courteous manner."

"I waited on two members in a row today who spoke very highly of Tra-



Tracy Collins

cy," said another employee. "They talked about how friendly and patient she is and how much they appreciate her working with them during difficult times."

Collins lives in Lewiston with her dog, Luna, with whom she loves to go walking whenever she can. In her spare time, she likes to do yard work and house

projects and enjoys spending time with her friends and family.

The Lisbon Credit Union's Employee Recognition Program was created at the end of 2014 to allow staff members to nominate each other for outstanding member service and various other factors. One winner is chosen every quarter.

## CMMC recognized for high-quality stroke care

Central Maine Medical Center has been recognized for providing advanced primary stroke care, earning certification from the Joint Commission after a rigorous unannounced inspection last month. The accreditation, which evaluates quality and safety in the hospital's delivery of critical services and patient care, recognizes CMMC's continuous commitment to improvement in delivering the highest standard of care.

Reviewers from the Joint Commission, the nation's oldest and largest standards-setting and accrediting body, noted points of excellence in CMMC care that included provider leadership and multidisciplinary efforts across the stroke care team. The hospital had among the top positive patient outcomes in the country, and the reviewers called CMMC's stroke care team "among the leading programs in the nation."

"This certification is a huge recognition of our spectacular stroke team, and a vote of confidence in the high quality of care and safety that Central Maine Medical Center offers all of our patients," said Dr. David Tupponce, President of the hospital and Executive Vice President of Central Maine Healthcare. "Stroke

is a serious problem, and we know that the right care immediately following signs of stroke, and attentive follow-up, can make all the difference. We're proud that our providers and entire care team are making that difference every day."

There are nearly 7 million stroke survivors in the United States, where stroke is the fifth leading cause of death. Central Maine Medical Center treats more than 200 stroke cases annually.

"We are continually working to improve and expand our high-quality care," said Dr. Hunter Sweet, DO. "We're thrilled with this honor confirming our commitment to our patients. Recently, a patient we saw with early signs of stroke had a complete recovery after being treated with a clot-busting agent. That's how we measure success."

Most stroke patients come into the hospital through the emergency room, where CMMC providers can quickly test and treat the condition. CMMC recently named a new Medical Director for Emergency Care. Dr. Michael Blake, who has been an emergency physician with CMMC for eight years, is nationally board certified in emergency medicine and has a deep background in public health

issues.

Successful patient outcomes often require teamwork and partnership, and stroke care is no different. A patient in Bridgton Hospital's emergency department was recently under observation for trans-ischemic attack, an early sign of stroke. When his condition worsened, the Bridgton Hospital team, in consultation with Central Maine Healthcare's partner, Massachusetts General Hospital, administered clot-busting drugs in under 10 minutes, stabilizing the patient, who recovered at Central Maine Medical Center under the stroke team's care.

"That episode of stroke could have been deadly, but quick action and partnership changed the course," said Tupponce. The federal Centers for Disease Control says that patients who are seen and treated quickly have better chances at positive outcomes.

The Joint Commission has accredited hospitals for more than 60 years and currently, more 4,000 hospitals nationwide maintain Joint Commission accreditation. CMMC's accreditation is an initial certification, and the hospital will have a recertification inspection every two years going forward.

## Optimist Club inducts new officers



Outgoing Optimist Club President Sabrina Best welcomes new club President Mamie Ney, Vice President Angela Snow, and Secretary Sheryl Mathews. The Lewiston-Auburn Optimist Club is a service club that participates in projects supporting kids in the community. For more information, call 783-5269 or visit [www.optimist.org](http://www.optimist.org).

## Youth Council encourages residents, visitors to share "City Positivity" through online form

The Lewiston Youth Advisory Council is continuing its "Shine on Lewiston" outreach initiative by providing an online submission form for residents and visitors to share "City Positivity" - good things that happen here and that the city has to offer - about Lewiston. This is a follow-up to LYAC's recent "Let's Get Down to Business... Shine on Lewiston" business interview series distributed through social media.

The online form provides a venue for community members or visitors to share their own "pride in

Lewiston" comments. The Youth Advisory Council believes this opportunity will shine a positive light on Lewiston and enhance its sense of community. The council will review entries and distribute them to the public via the press and social media. Please note that LYAC retains full discretion about what is appropriate for public distribution. The form can be accessed at [www.lewistonmaine.gov/positivity](http://www.lewistonmaine.gov/positivity).

The Youth Advisory Council suggests the following topics for input and encourages individuals to use

their voice to support their city or share a positive experience that occurred while visiting here: "Pay It Forward" Moments; "Why Did You Move Here?"; Thanking a Local Worker; Successes in Community Gardening; What's Possible in Lewiston; Meaningful Heritage Stories; Proud of My Student(s) Moments; Over the Moon Athletic Moments; Proud Parent-Grandparent Moments; Favorite Lewiston Arts Experiences; Great Places to Eat or Shop in Lewiston; Help from a Neighbor Stories; and Other.

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# What's Going On

## Tommy's seeks boughs for insulation, volunteers to help build shelters for feral cats



Tommy's has found that fir and blue spruce boughs provide the best insulation for the structures it builds and maintains to shelter feral cats.

One of the things the volunteers at Tommy's Feral Feline Friends do to help feral cats living in the wild is build shelters to protect them from the elements and

provide a place to eat free from the danger of predators. Tommy's has found that fir and blue spruce boughs provide the best insulation for these shelters,

and they desperately need an enormous supply as soon as possible to begin their winter preparations.

In addition to this much needed insulation, Tommy's is seeking additional volunteers this year to help build new shelters to replace the many that were lost through the Autumn Storm of 2017, the harsh winter of 2018, and recent vandalism. All building materials will be supplied.

It's been a difficult year for the feral cat colonies that Tommy's helps. If you have blue spruce or fir boughs you could donate, or would like to volunteer to help build shelters, contact Norm Blais at normblais39@yahoo.com.

## Triage Cancer presents free educational conference at Dempsey Center

Triage Cancer will present a free educational conference for cancer patients, survivors, caregivers, advocates, and oncology healthcare professionals on Saturday, October 27, from 9 a.m. to 4:30 p.m. at the Dempsey Center in Lewiston. This is an opportunity to learn about practical cancer survivorship issues, from beyond diagnosis to post-treatment survivorship. The conference will include sessions on:

Being an Empowered Patient and Advocate (Talking with Your Health Care Team; Advocacy Opportunities in the Cancer Community; How to Get More Involved in the Cancer Community);

Navigating Finances After Cancer (How to Rebuild Your Financial Health; Where to Access Finan-

cial Assistance; Thinking Creatively About Financial Resources);

Understanding Your Health Insurance Options (Health Insurance Terms You Need to Know; How to Choose Between Plans; COBRA, Medicare, and Medicaid; What to do When You Lose Coverage Through Your Employer)

Navigating Your Health Insurance Coverage, Clinical Trials, & Appeals (Making the Most of Your Health Insurance Coverage; Managing Medical Bills; Demystifying Clinical Trials; What to Do When an Insurance Company Says No);

Being Prepared: Estate Planning & Other Documents (What Documents Do You Need; Financial Decisions to Protect Your Family; Making

Sure Your Wishes are Honored; Wills, Trusts, and Powers of Attorney for Financial Affairs; Advance Health Care Directives and POLST)

Employment Issues: Working Through Treatment, Taking Time Off, Disability Insurance, and Returning to Work (How to Get Help Working Through Treatment or Returning to Work; How to Take Time Off and Get Paid; Looking for Work After a Cancer Diagnosis; Employment Rights as a Caregiver).

The Dempsey Center is located on the fifth floor at 29 Lowell Street in Lewiston. To register, see <http://trriagecancer.org/lewiston>.

For more information, email [info@trriagecancer.org](mailto:info@trriagecancer.org) or see [www.trriagecancer.org](http://www.trriagecancer.org).

## HR Thursdays spotlights Association Health Plans

The LA Metro Chamber of Commerce, Central Maine Human Resource Association, and Lewiston CareerCenter will present an HR Thursdays program called "Association Health Plans: An Opportunity for Lower Health Insurance Premiums for Maine Employers" on Thursday, October 25, from 12 to 1:30 p.m. The workshop will take place in the chamber's conference room at 415 Lisbon Street in Lewiston.

On October 12, 2017, the Trump administration issued Executive Order 13813 "Promoting Healthcare Choice and Competition Across the United States," which directed federal agencies to issue rules or guidance that would make it easier for small employers to band together to pur-

chase health insurance. As a result, the Department of Labor issued new rules on Association Health Plans in June of 2018. Come learn what the new rule changed, how it could work in Maine, and how this could provide new opportunities for Maine employers.

The presenter will be Joel Allumbaugh, President and CEO of National Worksite Benefit Group (NWBG), Inc., dba the Allumbaugh Agency. Founded in 2004, NWBG is a full-service employee benefits insurance agency specializing in patient-centered health plan strategies. Allumbaugh is a Visiting Senior Fellow at the Foundation for Government Accountability and is a past director of the Center for Health Reform Initiatives and the Maine Association of Health Un-

derwriters.

Allumbaugh hosted "Inside Maine Healthcare," a television program aired on the Time Warner Cable network, from 2010 to 2012. He has been published and cited in many state and national media outlets. His research and articles have been published by the Heritage Foundation, Health Affairs and Forbes. He has been appointed to multiple state committees and boards and currently serves on the Board of the Maine Guarantee Access Reinsurance Association and the Maine Health Data Organization

The workshop is \$25 for Chamber members, \$50 for non-members, and free for CMHRA members. For more information, call 783-2249. To register, see [www.LAMetroChamber.com](http://www.LAMetroChamber.com).

## Human rights educator to speak at Bates College

UNA-Maine, a chapter of the United Nations Association of the USA, will celebrate United Nations Day with a presentation by human rights educator Steve Wessler on Wednesday, October 24 at 7 p.m. at Pettingill Hall G52 on the Bates College campus in Lewiston. The event is co-sponsored by Bates College and the Holocaust and Human Rights Center of Maine.

The program is free and open to the public. Light refreshments will be provided. Free parking is available. For more information, email [info@unamaine.org](mailto:info@unamaine.org).

Wessler is an engaging speaker who focuses on reducing bias, harassment, and hate crimes through education, training, and advocacy. The program,

called "Reducing Anti-Immigrant and Anti-Muslim Bias in Maine," will present insights from his recent dialogues among refugees, recent immigrants, and long-time residents here in the state.

Wessler teaches at College of the Atlantic in Bar Harbor and George Mason University in Virginia. He is the author of "The Respectful School" and numerous articles focusing on hate crimes and their prevention. After graduating from Harvard College and Boston University of Law, he settled in Maine, where he eventually founded and, for more than ten years, directed a Center for Hate Prevention at USM. Prior to that, he led the Civil Rights Unit at the Maine Attorney

General's Office. He has facilitated conflict resolution in Northern Ireland and Kosovo as well as in the United States.

UNA-USA's mission is to educate, inspire, and mobilize Americans to support the UN's principles and its vital work of decreasing conflicts and creating a more sustainable and healthier world. Now an organization of 193 nations, the UN was formed at the end of World War II. This year marks the 70th anniversary of the Universal Declaration of Human Rights. The adoption of the UDHR by the UN General Assembly in 1948 was spearheaded by Eleanor Roosevelt, an early advocate for the predecessor organization of the UNA-USA.

## "Building a Marketing Plan" course at CMCC

The Center for Workforce & Professional Development at Central Maine Community College will present a course called "Building a Marketing Plan" that will meet from 2 to 5 p.m. on Tuesday, October 30, and Tuesday, November 27.

Whether in manufacturing, retail, hospitality or service, a good market-

ing plan is needed to get noticed by customers. This course is designed to help participants learn the keys to building, executing, and living with a marketing plan. In the first session, participants will develop the essentials of a marketing plan; a review between sessions will ensure that participants get to see the "proof in the pudding" in

the second session.

The cost of the class is \$139. Space is limited and advance registration is required; the deadline to register is Tuesday, October 23. For more information or to register, contact the Center for Workforce & Professional Development at 755-5280 or visit [www.cmcc.edu/ccs](http://www.cmcc.edu/ccs).



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## October programs at SeniorsPlus

SeniorsPlus has released its schedule of Education Center classes for October. Highlights are listed below. Unless otherwise noted, classes are free of charge and take place at 8 Falcon Road in Lewiston. SeniorsPlus is fully accessible and Hearing Assistive Equipment is available upon request. Please register for classes by calling 795-4010 or 1-800-427-1241. For a complete schedule, including ongoing fitness classes and other groups, visit [seniorsplus.org/education-center](http://seniorsplus.org/education-center).

**“Simple Activities for Seniors with Alzheimer’s.”** Thursday, October 25, 11 a.m. to noon. Instructor: Albert L’Etoile, Woodlands. This presentation will provide simple, easy activity ideas for caretakers and family members of seniors living with Alzheimer’s disease.

**“Vitamins, Herbals, and Supplements.”** Monday,

October 29, 2 to 3:30 p.m. Instructor: Pharmacist Elizabeth Clark of Walgreens. Learn about common vitamins and why they are important, as well as about the effectiveness and uses of herbal supplements, calcium, and probiotics. The session will also address safety using supplements with prescriptions and when to talk to your pharmacist or doctor.

**“Being Mortal.”** Thursday, November 1, 1:30 to 3 p.m. Angela Moore of Beacon Hospice presents this screening of the groundbreaking PBS special “Being Mortal,” based on the best-selling book by Atul Gawande, MD. “Being Mortal” explores the implications of coming to terms with one’s own mortality. Attendees will learn ways to approach these challenging conversations with loved ones and will be provided with resources to help develop their own wishes for

end of life care. If you are a patient, caregiver, or loved one, this is a must-see.

**“Medicare 101.”** Friday, November 2, 2 to 3:30 p.m. Instructor: Melissa McCarthy, UNE graduate student. Open enrollment is October 15 to December 7. Get the basics of Medicare in this introductory course. This presentation will be perfect for people new to Medicare or for anyone looking to brush up on their knowledge.

**“The Books of Harper Lee.”** Tuesdays, September 25 through November 6 (no class on 10/16), 9:30 to 11:30 a.m. Instructor: Laura Sturgis. Senior College members only; to register, call Senior College at 780-5960. This course will explore the books “To Kill a Mockingbird” and “Go Set a Watchman.” The instructor taught English at Edward Little High School for 15 years and enjoys sharing books with others.

## Mariners partner with Mixlr for radio broadcasts

The Maine Mariners have announced that all 72 regular season games during the 2018-19 season will be broadcast for free with streaming audio through the internet streaming service Mixlr. Fans can access the Mariners Radio Network at [Mixlr.com/MaineMariners](http://Mixlr.com/MaineMariners) or directly from the team website at [MarinersOfMaine.com/listen](http://MarinersOfMaine.com/listen).

The Mariners will broadcast additional content on Mixlr, including coach’s shows and other audio features leading up to and throughout the season.

Providing all the play-by-play action will be Media Relations and Broadcast Manager Michael Keeley, who joined the Mariners

front office in July. Keeley has been broadcasting hockey for nine years, including stints as the voice of NCAA DIII Oswego State (Oswego, NY), the NAHL’s Keystone Ice Miners (Connellsville, PA), and the NAHL’s Austin Bruins (Austin, MN).

Mixlr can be accessed on mobile and handheld devices via the Mixlr App on the Apple and Google Play stores or by visiting [MarinersOfMaine.com/listen](http://MarinersOfMaine.com/listen) in a web browser.

Fans can also watch video streams of all regular season games via ECHL.TV, a subscription-based service powered by Neulion. Along with the video, the choice of the “home” or “away” audio broadcast is available.

The Mariners first pre-season game against the Worcester Railers on Saturday, October 6 at 7 p.m. in Exeter, New Hampshire will be carried on Mixlr. The regular season kicks off on Saturday, October 13 at 6 p.m. against the Adirondack Thunder at Cross Insurance Arena.

The Mariners are members of the East Coast Hockey League, the premier AA hockey league in the United States. Single game tickets are on sale now at [www.MarinersOfMaine.com](http://www.MarinersOfMaine.com) or by calling the Trusted Choice Box office at 207-775-3458. Those interested in season tickets, group tickets, five game plans, or flex packs can call 833-GO-MAINE.

# What’s Going On

## Educate Maine receives national honor from NASBE

Educate Maine has been honored with the 2018 “Friend of Education” award by the National Association of State Boards of Education. This national award is given annually to an individual or organization whose contributions to education are significant and enduring.

In seven years, Educate Maine has established itself as a prominent and respected advocate for education and the economy. It champions college and career readiness, strives to increase educational attainment of the Maine workforce, believes in equity for all and life-long learning, and recognizes the need to have the business community and the educational community work closely together for the benefit of our students.

Educate Maine has been a part of commissions and committees formed to improve education in Maine and beyond. It is recognized by Maine’s Chamber of Commerce, department of education, state board of education, and other stakeholders as the “go-to” organization for data and robust analysis needs and for convening innovative ideas.

“I am so glad Educate Maine will be nationally recognized by NASBE as its 2018 Friend of Education,” said Martha Harris, a Maine state board member. “The organization has been an invaluable partner and a true friend of education on a number of state board initiatives. We are grateful they are such great champions of high-quality education for all Maine students.”

In the last three years, Educate Maine has established and expanded Project Login, which provides resources for educators, parents, and students in K-12 and higher educa-

tion and connects Mainers with careers in computing and informational technology. The organization has also brought TechHire - a national initiative that connects people with tech jobs through non-traditional pathways - to Maine. In partnership with Unum and the Maine Principals’ Association, Educate Maine administers the Education Leaders Experience, a year-long program that connects the business and education sectors and provides valuable opportunities for our upcoming leaders.

Partnering with the state board and department of education, Educate Maine has transformed Maine’s Teacher of the Year program by implementing a rigorous process for selecting semi-finalists, finalists, and the eventual choice for Maine Teacher of the Year. This program had well over 300 nominations in each of the past three years - a substantial increase from the handful of nominations it used to receive each year.

Educate Maine regularly collaborates with the Chamber of Commerce on research and initiatives. They annually publish an Education Indicators Report, and in 2017, they executed an ambitious plan to close the skills gap for Maine employers by doubling in three years the number of students enrolled in hands-on, skills-based technical education programs. This has resulted in policy changes in Maine’s legislative and executive branches. Career and technical education is now a major initiative in Maine, with an additional focus on expanding it to middle school.

Other research produced by Educate Maine and the Chamber of Commerce address funding for

public education, college and career readiness, early childhood education, and college affordability.

These efforts have all influenced policy in Maine, particularly with ESSA and the significant need for a skilled, educated labor force in the state. Pre-K for all is the goal, with funds being allocated across the state, especially in rural and high-poverty areas. Loan repayment plans also have been established to keep the best and brightest in Maine.

“Educate Maine demonstrates why on-the-ground partners are critical to the success of important statewide education initiatives,” said NASBE President and CEO Kristen Amundson. “NASBE is proud to honor such supportive, knowledgeable stakeholders working on behalf of Maine students.”

“We are thrilled to receive NASBE’s Friend of Education award this year,” said Educate Maine’s Executive Director Edmund Cervone. “We are proud of the work that we do with Maine businesses and educators to support teachers and students across our state. This is a great honor.”

The 2018 Friend of Education Award will be presented at NASBE’s national conference in Denver, Colorado.

NASBE is the only national organization giving voice and adding value to the nation’s state boards of education. A nonprofit organization founded in 1958, NASBE works to strengthen state leadership in educational policymaking, promote excellence in the education of all students, advocate equality of access to educational opportunity, and ensure continued citizen support for public education. For more information, see [www.nasbe.org](http://www.nasbe.org).



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### Out & About with Rachel Morin

## Senior College celebrates 20th anniversary

#### Story and photos by Rachel Morin

It was a joyous occasion when members of USM's Lewiston-Auburn Senior College gathered to celebrate their 20th Anniversary year. Brian Toy, Interim Dean at USM's Lewiston-Auburn College, welcomed and congratulated the group on its excellent history at the college. The presenters following were Anne Cardale

of USM-Portland, editor of Maine Senior College Network Newsletter, and Lucy Bisson, Chair of the Senior College Board of Directors.

A highlight of the occasion was the welcoming of the Korean Spirit and Promotion Project, who presented a program about King Sejong, the Great Everlasting Light of Korea, and then served delicacies from their Korean cuisine.

Board member Judy

Hierstein prepared a continuous slideshow featuring memorable photos gleaned from albums of senior college members of past years' classes, awards, events, instructors and students. This was a special part of the celebration.

The afternoon continued with attendees reminiscing over the past years and discussing plans for the future. They are always interested in "what's happen-

ing next." It is clear they are ardent supporters of Senior College and all it offers.

New members are always welcome. The guidelines are simple: if you are over 50 and enjoy learning

for the fun of it, meeting new friends, and selecting from a vast and interesting curriculum and opportunities to join special-interest groups in theater, dine-around, outdoor adventure, and cross

country skiing, this is for you. If interested, call 753-6610, leave your name and telephone number, and your call will be returned.



Liette Morin and Cynthia Peters



Brian Toy, Interim Dean of Lewiston-Auburn College



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Anne Cardale of USM-Portland is the editor of the Maine Senior College Network Newsletter for 17 senior colleges in the state.



Claire Bilodeau, Cindy Boyd, Pat and Phil Vampatella, and Sandie Crossley





Board members Claire Small, Crystal Ward, Mary Jane Beardsley, Anne Cardale, and Lucy Bisson, with guest presenter Anne Cardale



Ruth Linehan, Bonnie Ross, and Carol Seward



Lucy Bisson, Board Chair, Lewiston-Auburn Senior College



Richard and Nancy Duplisea



Bethel Shields, Grace and Hugh Keene



Kevin Regan and Dr. Charles Plummer

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## Fall Comedy Showcase

Friday, October 19, at 7:30 p.m.




Join Lewiston comedian Dawn Hartill as she hosts the Center's Fall Comedy Showcase with a night of stand-up comedy featuring Brian Brinegar, Ian Clark, Julie Poulin, and Leonard Kimble. Brian Brinegar won Maine's Best Comedian by the Portland Phoenix 3 Times! He was featured on the Comedy Time Network and has performed at the world famous Comedy Store in Los Angeles, the Ice House in Pasadena, and played the bartender in Toby Keith's "I Love This Bar" music video.

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# TWIN CITY NIGHTS

## Weekly Arts & Entertainment

### Rotary Breakfast, Lunch Clubs plan "End Polio Now" event



Rotary District 7790 Past Governor Al Feather and his wife, Sue, at last year's event. (Photo by Monica Millhime)

The local Rotary Breakfast and Lunch Clubs will partner to mark World Polio Day with an event to benefit Rotary's "End Polio Now" initiative on Wednesday, October 24. The event will take place from 5 to 8 p.m. at Gritty McDuff's in Auburn. At the event, Gritty's will donate 50 cents for every pint sold and there will be 50/50 raffles and auction items up for bid. Door prize donations are welcome. The event is open

to the public.

World Polio Day is observed in October to honor the birthday of Dr. Jonas Salk, who led the development of the first polio vaccine. Since 1988, Rotary International and the Partners Global Polio Eradication Initiative have formed collaborations with the World Health Organization, UNICEF, the U.S. Centers for Disease Control and Prevention, the Bill and Melinda Gates Foundation,

local health workers, and national governments to eradicate the paralyzing polio disease affecting 350,000 children. Their combined efforts helped reduce the number to only 15 new cases of the wild polio virus this year.

For more information about the event, contact Breakfast Club President Brian Dubois at 344-3230 or Lunch Club President Tom MacDonald at 420-0273 or find them on Facebook.

### Poland Historical Society plans Oak Hill Cemetery tour

Poland Historical Society will present a walking tour of Oak Hill Cemetery on Saturday, October 20, at 10 a.m. The cemetery is located on the grounds of the former Summit Spring Hotel, a turn-of-the-century grand hotel which ceased operations shortly after World War II. It is

surrounded by a nine-hole golf course and golf carts will be available if needed. Over many years, the cemetery had fallen into disrepair and was overgrown with shrubs and vegetation. Through the combined efforts of the new owner of the Summit Spring Golf Course and the

Town of Poland, the vegetation was removed and the picket fence and gate posts are under restoration. Following the tour, a reception with light refreshments will be held at the clubhouse. The event is free and open to the public. For more information, call 998-5268.

### Event celebrates new mountain bike trails at Neptune Woods

Join the Brunswick-Topsham Land Trust and the Six Rivers-New England Mountain Bike Association to celebrate the new mountain bike trails at Neptune Woods on Brunswick Landing on Sunday, October 21, from 10 a.m. to 12 p.m.

On that day, BTLT, 6R-NEMBA, Flight Deck Brewing, Center Street Cycles, Gorham Bike and Ski, Specialized Bikes, and other community supporters will come together for group rides, demos, tours, workshops, and a toast to the trails. All ages and experience levels are welcome to

attend.

Thanks to support from the Midcoast Regional Redevelopment Authority and Midcoast Hospital, over four miles of introductory-level trails were built on this 64-acre parcel of land on the former Naval Air Station.

From 10 a.m. to noon at Neptune Woods, there will be tours of the new trails, group rides for all experience levels and ages, and Center Street Cycles and Specialized Bicycles will be on site with 12 of their StumpJumper mountain bikes for attendees to try.

From noon to 2 p.m. at Flight Deck Brewing, there will be a social hour to toast the new trails and Gorham Bike and Ski will be on site offering bike repair and mechanics workshops. Flight Deck Brewing is located at 11 Atlantic Avenue in Brunswick.

To get to Neptune Woods, head east on Bath Road from downtown Brunswick toward Cooks Corner; turn right onto Admiral Fitch Avenue; turn left onto Forrestral Drive; and turn right onto Neptune Drive. Neptune Woods will be on your left, across from Coastal Landing.

### APL presents "Gold Rush" science program for kids

Auburn Public Library will host a special STEM program called "Gold Rush" on Saturday, October 20. Presented by Dr. Genia Sklute of High Touch High Tech Science of Maine, this program for kids ages 5 through 10 will take place

at 11 a.m. in the library's Maggie Trafton Room.

Those attending will learn about rocks and minerals in the crust layer of the earth's surface and how prospectors searched for them by "panning for gems." They will then have

an opportunity to pan for gems themselves. After the kids have found their gems, they will become geologists and do several geological tests on their gem stones for identification. For more information, call the library at 333-6640.



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## Maine Music Society's 2018-19 program schedule

The Maine Music Society has announced the program schedule for its 2018-19 performance season. The venue for all events will be the Gendron Franco Center in Lewiston.

The first event will be the 25<sup>th</sup> anniversary edition of the Battle of the Blends on Wednesday, November 3 at 7:30 p.m. Joining the Maine Music Society Chamber Singers to celebrate the milestone edition of this always sold-out event will be six accomplished vocal groups: the Crosstones of Bates College, Fermata Nowhere of Edward Little High School, the Meddiebempsters of Bowdoin College, None of the Above from Boston, the women's barbershop Royal River Chorus from Yarmouth, and Vocal Solution from Waterford. Also planned is a special surprise.

In conjunction with the season-opening Battle of the Blends concert, the society will conduct its first online silent auction beginning November 3. The bidding will close 10 days later on November 14. Proceeds will support the performances of

the MMS Chorale, Orchestra, and Chamber Singers. Maine Music Society is dedicated to bringing quality choral performances of various genres to the greater Lewiston-Auburn area. For more information about the auction, see [www.mainemusicociety.org](http://www.mainemusicociety.org).

On December 8 and 9, the MMS Chorale, directed by Artistic Director John Corrie, will present Christmas carols and Chanukah songs from around the world. The Chorale will perform favorites like "Silent Night," "Chanukah Oh Chanukah," and "O Holy Night," each sung in their original languages. Following tradition, the audience will be invited to join in for the singing for the finale.

The selection for this year's classical concert with the MMS Chorale and Orchestra on March 30 and 31 is Handel's "Judas Maccabaeus." The solos and choruses of this work dramatize the fight of the Maccabees against, and their eventual victory over, the occupying dynasty of Hellenist kings. The stun-

ning music includes famous choruses, most notably the "Hallelujah, Amen." If you like Handel's Messiah, you will want to attend this performance of this oratorio.

Rounding out the season on June 8 and 9 will be "The Big Chill: Songs from the Movie." The sounds of Motown will fill the air as the MMS chorale sings arrangements of songs from "The Big Chill" movie soundtrack. Even if you don't know the movie, you'll certainly know many of the songs, including classics like "I Heard It Through the Grapevine," "You Can't Always Get What You Want," "Second that Emotion," and "My Girl."

Individual tickets and season subscriptions, giving buyers a 20% discount and a free pass for an extra ticket for either the Heritage Holidays or Big Chill concert, are now on sale. Group rates of 10% off when 10 or more tickets are purchased at the same time are available. To buy tickets, call SmART Management at 333-3386 or see [www.mainemusicociety.com](http://www.mainemusicociety.com).

# Twin City Nights

## "Things My Mother Taught Me" opens at Public Theatre



Is an unfurnished two-bedroom apartment big enough to hold the love, laughter, wisdom, and worry of a young couple and their two sets of parents? Find out when the play opens Friday, October 19.

After the Art Walk on Friday, October 19, walk on over to the Public Theatre for opening night of the delightful romantic comedy "Things My Mother Taught Me" at 7:30 p.m. When a young couple takes the "next step" and moves into their first apartment together, both sets of parents "drop by" from 800 miles away to help them unpack! Is an unfurnished

two-bedroom apartment big enough to hold the love, laughter, wisdom, and worry of four parents? Funny and touching, this heartwarming play will make you laugh out loud and fall in love all over again.

Opening night will feature a free, pre-show beer sampling compliments of Baxter Brewing beginning at 6:30 in the theater lobby. The theater is located at 31

Maple Street in Lewiston. The play runs October 19 through 28, Thursdays through Saturdays at 7:30 p.m. and Sundays at 2 p.m., with an added matinee performance on Saturday, October 27 at 3 p.m. Tickets are \$20 for adults, \$17 each for those 18 and under. For more information or to buy tickets, call 782-3200 or see [thepublictheatre.org](http://thepublictheatre.org).

[www.TwinCityTimes.com](http://www.TwinCityTimes.com)



Join us on October 27, 2018!

## Free Conference in Lewiston, ME!

Event details: The Dempsey Center  
9AM - 4:30PM

Free sessions on navigating cancer survivorship, materials, CEUs, lunch, gift bags, prizes, & more!

Register: [tragecancer.org/conferences](http://tragecancer.org/conferences)



L/A Community Little Theatre Presents October 19-28

# Meredith Wilson's THE MUSIC MAN



Book, Music & Lyrics by **Meredith Wilson**

Story by **Meredith Wilson & Franklin Lacey**

Directed by **Nakesha "Kay" Warren**

Music Direction by **Paul Caron** | Choreography by **Jake Boyce**

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Thur., Oct. 25 @ 7:30 p.m. • Sun., Oct 21 & 28 @ 2 p.m.

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THE MUSIC MAN is presented through special arrangement with Music Theatre International (MTI).

# Twin City Nights

## Bailey Library hosts historian Chris Myers Asch



Asch will read from and discuss his new book "Chocolate City: A History of Race and Democracy in the Nation's Capital" on Tuesday, October 23.

Bailey Public Library in downtown Winthrop will host historian and author Chris Myers Asch on Tuesday, October 23 at 6:30 p.m. The event is part of the ongoing Winthrop Lakes Region Forum and is sponsored by the Winthrop Public Library Foundation. The event is free and open to the public. For more information, call 377-8673 or visit [www.baileylibrary.org](http://www.baileylibrary.org).

Asch will read from and discuss his new book "Chocolate City: A History of Race and Democracy in

the Nation's Capital" (University of North Carolina Press). The book recounts the history of local activism in Washington, D.C. and traces the city's transformations from a sparsely inhabited plantation society to a diverse metropolis, from a center of the slave trade to the nation's first black-majority city.

Chris Myers Asch teaches history at Colby College. He moved to Maine in 2013 from his hometown of Washington, D.C. when his wife became

rabbi of Temple Beth El in Augusta. A graduate of Duke University with a Ph.D. in American History from the University of North Carolina, he is an alumnus of Teach For America and an Echoing Green Fellow. He co-founded the Sunflower County Freedom Project in 1998, the U.S. Public Service Academy initiative in 2006, and the Capital Area New Mainers Project in 2017. He and his wife, Erica, have three children and live in Lowell.

## Fall music highlights at Bowdoin College

Here below are highlights from the Department of Music's fall event schedule. Unless otherwise noted, all events are free of charge and open to the public, with no tickets or reservations required. Parking on city streets is available on Park Row and Maine Street. Visitors may also park in the blue-designated visitor-staff parking lots. For more information or a complete schedule of events, see [www.bowdoin.edu/music](http://www.bowdoin.edu/music).

World Music Ensembles. Friday, October 19 at 7:30 p.m. Kanbar Auditorium, Studzinski Recital Hall. The Middle Eastern Ensemble and West African Music Ensemble present a joint concert.

Aries Trio. Saturday, October 27 at 7:30 p.m. Kanbar Auditorium, Studzinski Recital Hall. Artist in residence George Lopez welcomes Martha Aarons (flute) and Lev Polyakin (violin).

Maine Brass Guild. Saturday, November 3 at 7:30 p.m. Kanbar Auditorium, Studzinski Recital Hall. This group of professional brass players from across the state presents a program of orchestral transcriptions

and original works for brass ensemble.

Bernstein Songfest. Sunday, November 4 at 4 p.m. Kanbar Auditorium, Studzinski Recital Hall. The artists of Amethyst Chamber Ensemble join pianist and Beckwith Artist in Residence George Lopez to celebrate Bernstein's 100th. Two pianos, percussion, cello, and six vocal soloists interweave selections from his most beloved works with video clips and testimonials.

Igor Begelman, clarinet; Walter Gray, cello; and George Lopez, piano. Saturday, November 10 at 7:30 p.m. Kanbar Auditorium, Studzinski Recital Hall. Artist in residence George Lopez continues his Brahms series with a look at the duos for clarinet and cello, as well as a rousing performance of Brahms late Clarinet trio, Opus 114.

Bowdoin Chorus. Friday, November 16 at 7:30 p.m.; Saturday, November 17 at 3 p.m. Kanbar Auditorium, Studzinski Recital Hall. The chorus is joined by violinist Sage Kosky, double bassist Alyson Ciechowski, and pianist Sean Fleming for a "Christmas Jazz" program of toe-tapping holiday

music, including jubilant works by Praetorius, Schütz, Joubert, Distler, Biebl and Scott Joplin, along with vocal jazz arrangements of Christmas favorites.

St. Petersburg Men's Ensemble. Wednesday, December 12 at 7:30 p.m. Bowdoin Chapel. This independent group's repertoire encompasses various epochs and styles, including ancient Russian chants, Western European choral works, modern music, and popular melodies. Sponsored by the Departments of Music and Russian.

### What do you think?

We strongly encourage Letters to the Editor, Op/Eds, columns or any other submissions from our readers.

Agree with us or another columnist? Disagree? Write to us and let us know!

Email all submissions, including name, address and phone number, to [Editor@TwinCityTimes.com](mailto:Editor@TwinCityTimes.com).

## Fall Comedy Showcase brings laughs to Franco Center

Five of Maine's funniest up-and-coming comedians will perform a night of stand-up comedy on Friday, October 19 at 7:30 p.m. at the Dolard and Priscilla Gendron Franco Center at 46 Cedar Street in Lewiston. Join Lewiston comedian Dawn Hartill as she hosts the Center's Fall Comedy Showcase with a night of stand-up comedy featuring Brian Brinegar, Ian Clark, Julie Poulin, and Leonard Kimble.

Hartill is the 2016 winner of the Strand Cup Comedy Competition and was a finalist in the Last Comic Laughing Competition. She works for a local

bank and also works for Maine's Big Z.

Brian Brinegar was three times voted Maine's Best Comedian by the readers of the Portland Phoenix. He was featured on the Comedy Time Network and has performed at the world famous Comedy Store in Los Angeles, the Ice House in Pasadena, and played the bartender in Toby Keith's "I Love This Bar" music video.

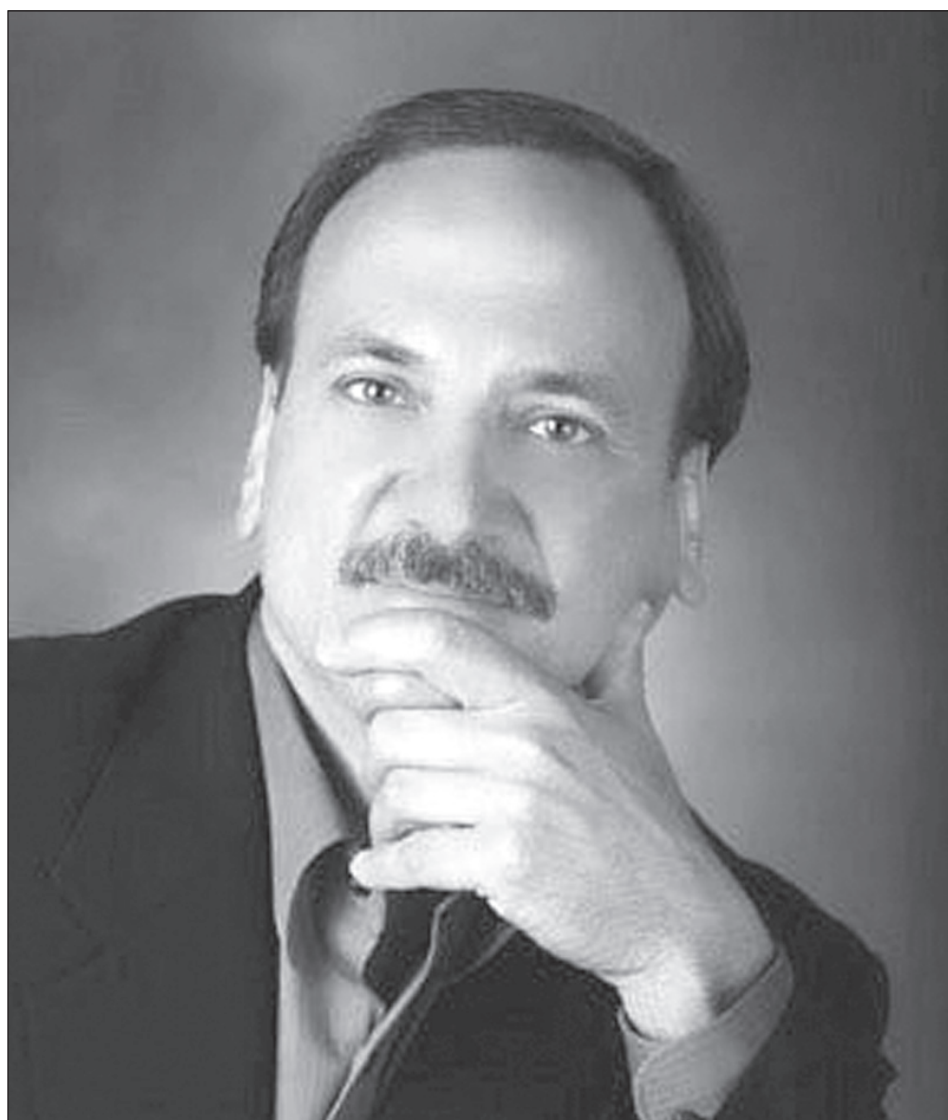
Ian Clark, a Central Maine native who graduated from Skowhegan High School, lives in Concord, New Hampshire. He was voted New Hampshire's Best New Comic in 2015

and has performed at Improv Boston, the Comedy Studio, Dick Doherty's Comedy Den, and Headliners Comedy Club.

Monmouth's Julie Poulin made it to the semi-finals of a recent contest in Portland. She's also part of the successful Mystery for Hire and Mainly Improv troupes. Leonard Kimble is a native of Chicago who now lives in Auburn with his family.

Box office hours are noon to 4 p.m. Monday through Friday. Tickets are \$10 and can be purchased at the door or in advance by calling 783-1585 or at [FrancoCenter.org](http://FrancoCenter.org).

## Antiques expert to speak at Androscoggin Historical Society



Daniel Buck Soules

A pair of Levis sold for \$100,000. What creates demand for certain antiques, and why does demand and value decline for others? On Tuesday, October 23, at 7 p.m., Daniel Buck Soules will visit Androscoggin Historical Society to address these questions in a program called "Unique Antiques."

These are not easy questions, says Soules. "The answers depend on what part of the country you're in and what you're buying, especially in this ever-changing market."

The Lisbon Falls resident, who lives in an early 19th-century farmhouse, has been an antiques appraiser and auctioneer for more than 40 years. For eleven years,

he appeared as an independent appraiser of decorative arts, silver, and collectibles on the PBS television show "Antiques Roadshow." For the past several years, he has lived and worked in Maine. His office is at 501 Lisbon Road (Route 196) in Lisbon.

Over the last 20 years, Soules has been involved with New England museums, organizations, and historical commissions, serving on their boards of directors or committees. Much of his work is helping clients with insurance and estate appraisals. He specializes in Americana of the 18th and 19th centuries, Shaker items, and 19th- and 20th-century paintings.

His career in the an-

tiques business began at age 12; he began auctioneering four years later. He graduated from the International Auction School in Deerfield, Mass. at the top of his class. He was employed by the Hancock Shaker Village in Massachusetts for about five years, serving as a cabinetmaker and interpreter, and he co-authored "Simple Gifts," a Shaker how-to book.

There is no charge for attending, but donations will be gratefully accepted. The Androscoggin Historical Society is on the third floor of the County Building at 2 Turner Street in Auburn. Please use the Court Street entrance, where an elevator is available.

**Thursday, Oct. 18**

La Rencontre. 11:25 a.m. Franco Center, 46 Cedar St., Lewiston. Following a meal of home-cooked beef stew, singing group Les Troubadours will perform. \$12. Reserve at 783-1585 or [boxoffice@francocenter.org](mailto:boxoffice@francocenter.org).

Great Falls Forum. Noon to 1 p.m. Callahan Hall, Lewiston Public Library. Dan Thayer, President, Thayer Corporation, discusses "How advanced cultivation techniques are changing agriculture." Free. Bring bag lunch. 513-3135.

College Night. 5:30 p.m. Andro. Community Room, Auburn Public Library. Following a panel discussion about the application process, reps from Maine colleges will be avail. to provide information about their schools. 333-6640, ext. 4.

Paint Night. 6 to 8 p.m. American Legion Post 31, 426 Washington St. North, Auburn. Painting an autumn forest, no experience necessary; refreshments, 50/50 raffle, cash bar. Pres. by the Ladies' Auxiliary. \$25 per person.

Discover Girl Scouts. 6 p.m. Elm Street School, 129 Elm St., Mechanic Falls. Girls in Kindergarten through Grade 3 and their caregivers are invited to come learn about Girl Scouts. 888-922-4763; [girlscoutsofmaine.org](http://girlscoutsofmaine.org).

Tightest Five Comedy Contest. 7 p.m. Bear Bones Beer, 43 Lisbon St., Lewiston. Ten contestants compete in this second preliminary round, Kevin Neales performs, and an open mic follows. Ages 21-plus. Free. 513 0742.

"Chills at the Mill." Tours depart from Baxter Brewing, 130 Mill St., Lewiston. Join Museum L-A for a spooky, behind-the-scenes tour of the Bates Mill. PG-13. \$10. Again 10/19. Space limited; reserve your time slot at 333-3881; [www.museumla.org](http://www.museumla.org).

**Friday, Oct. 19**

Open House. 7:30 to 9:30 a.m. SeniorsPlus, 9 Marston St., Norway. Join SeniorsPlus to celebrate the opening of its new office in Norway; refreshments. Additional parking at Norway Brewing Co. (737 Main St.). Free. 1-800-427-1241.

Autumn Night Out. 5 p.m. Poland Spring Resort, Poland. This Andro. Home Care & Hospice fundraiser features a 1920s theme; social hour, dinner, silent and live auctions. \$75 per person. 795-9404; [www.androscoggin.org](http://www.androscoggin.org).

Movie & Popcorn Night. 6 p.m. Unitarian Univ. Community Church, 69 Winthrop St., Augusta. "Frozen River" is the story of Ray Eddy, a working class mother in great need of money who is lured into the world of illegal immigrant smuggling. Free. Bring a

# Calendar

See more Calendar at [www.TwinCityTimes.com](http://www.TwinCityTimes.com)

snack to share if you wish.

Fall Comedy Showcase. 7:30 p.m. Gendron Franco Center, 46 Cedar St., Lewiston. Lewiston comedian Dawn Hartill hosts a night of stand-up comedy featuring Brian Brinegar, Ian Clark, Julie Poulin, and Leonard Kimble. \$10. 783-1585; [francocenter.org](http://francocenter.org).

Theater: "Things My Mother Taught Me." 7:30 p.m. The Public Theatre 31 Maple St., Lewiston. When a young couple moves into their first apartment, both sets of parents "drop in" to help them unpack. Again 10/20-21, 25-28 (Suns. at 2 p.m.). \$20/5. 782-3200; [thepublictheatre.org](http://thepublictheatre.org).

Theater: "The Music Man." 7:30 p.m. Great Falls Performing Arts Center, Academy St., Auburn. Community Little Theatre presents Meredith Willson's classic musical comedy. Again 10/20-21, 25-28 (Suns. at 2 p.m.). \$20/15/12. 783-0958; [www.laact.com](http://www.laact.com).

**Saturday, Oct. 20**

Centering Prayer Workshop. 9 a.m. to 2:30 p.m. St. Philip Church, 2365 Turner Rd., Auburn. Fr. D. Joseph Manship leads a workshop on the Catholic spiritual practice developed by Trappist monks; all welcome. \$25 adv., \$30 at door (incl. lunch). 210-1089; [ruth.h.oakley@gmail.com](mailto:ruth.h.oakley@gmail.com).

Oak Hill Cemetery Walking Tour. 10 a.m. On the grounds of Summit Spring Golf Course, 292 Summit Spring Rd., Poland. Pres. by Poland Historical Society; refreshments in course clubhouse will follow. Free. 998-5268.

Arts & Crafts Fair. 10 a.m. to 4 p.m. Augusta Armory, 179 Western Ave., Route 202. Start buying your holiday gift items from talented artisans selling one-of-a-kind hand-made products. Cont. 10/21. 946-7079.

Local History Program. 10 a.m. Andro. Community Room, Auburn Public Library. James Mayall recounts "Stories from Lewiston's Rum War." Pres. by the ME Franco-American Genealogical Society. Free.

"Gold Rush" Science Program. 11 a.m. Maggie Trafton Room, Auburn Public Library. Kids ages 5-10 are invited to join High-Touch HighTech Science of Maine to learn about the rocks and minerals found in the earth's crust. Free. 333-6640.

Concert: Midcoast Symphony Orchestra. 7 p.m. Gendron Franco Center, 46 Cedar St., Lewiston. Music by Berlioz, Delibes, and Milhaud, w. guest soloist Nathaniel Hackworth. Kids, students free; others

\$20. Cash or check only at door; adv. tix at 846-5378 or <http://www.midcoast-symphony.org>.

**Monday, Oct. 22**

Discover Girl Scouts. 6 p.m. Park Avenue Elementary School, 161 Park Ave., Auburn. Girls in Kindergarten through Grade 3 and their caregivers are invited to come learn about Girl Scouts. 888-922-4763; [girlscoutsofmaine.org](http://girlscoutsofmaine.org).

**Tuesday, Oct. 23**

Author Visit. 6:30 p.m. Bailey Public Library, 39 Bowdoin St., Winthrop. Historian and author Chris Myers Asch discusses his new book "Chocolate City: A History of Race and Democracy in the Nation's Capital." Free. 377-8673.

Andro. Historical Society Meeting. 7 p.m. County Building, Court St., Auburn. Antiques appraiser and auctioneer Daniel Buck Soules discusses the challenges of establishing values for "Unique Antiques." Free; donations welcome. 784-0586.

**Wednesday, Oct. 24**

Rotary Breakfast Club Meeting. 7 a.m. United Methodist Church, 439 Park Ave., Auburn. The speakers are Stanton Bird Club members Steven Reed and Douglas Boyd. All welcome; breakfast is \$10.

Forest Soil Management Workshop. 1 to 3 p.m. Topsham Public Library, 25 Foreside Rd., Topsham. This forum on best practices in logging and land use is presented by the Andro. Valley Soil and Water Conservation District. Free, but adv. registration required. 241-5377.

Rotary End Polio Now Event. 5 to 8 p.m. Gritty McDuff's, Auburn. Drink beer to help the Rotary Breakfast and Lunch Clubs raise funds to support Rotary's End Polio Now initiative; raffles, auctions, door prizes. Open to the public. 344-3230; 420-0273.

Human Rights Program. 7 p.m. Pettingill Hall G52, Bates College, Lewiston. Human rights educator Steve Wessler discusses "Reducing Anti-Immigrant and Anti-Muslim Bias in Maine." Free. Co-sponsored by the Holocaust and Human Rights Center of Maine. [info@unamaine.org](mailto:info@unamaine.org).

**Thursday, Oct. 25**

HR Thursdays Workshop. Noon to 1:30 p.m. Chamber of Commerce, 415 Lisbon St., Lewiston. Joel Allumbaugh discusses "Association Health Plans: An Opportunity for Lower Health Insurance Premiums for Maine Employers." \$50 (Chamber members \$25; CMHRA members free).

783-2249. Register at [www.LAMetroChamber.com](http://www.LAMetroChamber.com).

Theater: "Things My Mother Taught Me." 7:30 p.m. The Public Theatre 31 Maple St., Lewiston. When a young couple moves into their first apartment, both sets of parents "drop in" to help them unpack. Again 10/26-28. (Sun. at 2 p.m.) \$20/5. 782-3200; [thepublictheatre.org](http://thepublictheatre.org).

Theater: "The Music Man." 7:30 p.m. Great Falls Performing Arts Center, Academy St., Auburn. Community Little Theatre presents Meredith Willson's classic musical comedy. Again 10/26-28 (Sun. at 2 p.m.). \$20/15/12. 783-0958; [www.laact.com](http://www.laact.com).

**Friday, Oct. 26**

Costume Gala and Auction. 6 to 10 p.m. Le Club Calumet, 334 West River Rd., Augusta. Music, dancing, costume contest, silent and live auctions; proceeds benefit Monmouth Community Players. \$30 (\$50 per couple). [www.monmouthcommunityplayers.org](http://www.monmouthcommunityplayers.org).

**Saturday, Oct. 27**

Educational Conference 9 a.m. to 4:30 p.m. Dempsey Center, fifth floor, 29 Lowell St., Lewiston. Triage Cancer presents a day-long forum to learn about practical cancer survivorship issues. Free. For more info or to register, see <http://triagecancer.org/lewiston>.

Bean Supper 4:30 to 6 p.m. Sixth St. Congregational Church, 109 Sixth St., Auburn. Two kinds of beans, brown bread, coleslaw, red and brown hot dogs, American chop suey, desserts and beverages. Take-out avail.; all welcome. \$6/3 (kids ages 5- free).

Bean Supper. 5 p.m. United Methodist Church, 439 Park Ave., Auburn. Baked beans, casseroles, hot dogs, coleslaw, bread, beverages and pies; entertainment by the Park Avenue Pickers from 4:30 p.m. \$8/4 ( kids ages 5- free). 782-3972.

Bean Supper. 5 p.m. First Congregational Church, Rte. 115, Gray. Baked beans, casseroles, salads, homemade breads and desserts, beverages. \$8/4. 657-4279 (day of supper 657-3279).

Square & Round Dancing. 7 to 9:30 p.m. Oxford Hills Middle School, 100 Pine St., So. Paris. The Swingin' Bear host the Maine Federation of Square Dance Clubs' annual Halloween Dance; costume contest, 50/50 raffle. \$8 (free for non-dancers). 966-2327.

**Thursday, Nov. 1**

Diabetes Education Forum. 1 to 5 p.m. Dempsey Center, fifth floor, 29 Lowell St., Lewiston. The Central Maine Endocrinology and Diabetes Center invites all community members to come explore how to thrive

## FLAGSHIP CINEMAS

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First Man (PG-13).....	12:35	3:35	6:35	9:35
Bad Times At The El Royale (R).....	12:40	3:40	6:40	9:35
Smallfoot (PG).....	1:05	4:05	6:45	9:05
Goosebumps 2: Haunted Halloween (PG).....	1:20	4:20	7:10	9:15
Venom (PG-13).....	12:50	3:50	6:50	9:20
Night School (PG-13).....	1:10	4:10	7:05	9:30
A Star Is Born (R).....	12:30	3:30	6:30	9:25
The House With A Clock In Its Walls (PG).....	12:55	3:55		

after a diabetes diagnosis. Free. Please RSVP to 795-7520.

Financial Aid Night. 5:30 p.m. Teen Space, Auburn Public Library. Following an info session about college financial aid, a help session in completing the FAFSA will take place in the Computer Lab. Register for help session at 333-6640, ext. 4.

**Saturday, Nov. 3**

Battle of the Blends XXIII. 7:30 p.m. Franco Center, 46 Cedar St., Lewiston. Maine Music Society presents this showcase of seven singing groups from across New England. \$25 (kids 11- \$12), plus \$2 handling. 333-3386; [www.mainemusicsociety.org](http://www.mainemusicsociety.org).

**Monday, Nov. 5**

Book Discussion. 12:30 p.m. Local History Room, Auburn Public Library. The Auburn Page Turners discuss "Euphoria," by Lily King. Open to all; copies avail. through the library. Free. 333-6640, ext. 4.

**Friday, Nov. 9**

Author Readings. 6 to 8 p.m. Quiet City Books, 97 Lisbon St., Lewiston. Local writers read from their original works on the dual theme "Chaos-Order." Free. Light refreshments.

**Saturday, Nov. 10**

USMC Birthday Supper. 6 p.m. Marco's Restaurant, Lewiston. Hosted by Central ME Detachment 810; all Marines, FMF chaplains, corpsman, and anyone with a love for the Marine Corps is invited to attend. For more info, call Charlie Paul by Oct. 15 at 798-9548.

**Wednesday, Nov. 14**

Gallery Program. 6:30 p.m. Museum L-A, Bates Mill Complex, 35 Canal St., Lewiston. Susan Pinette, Director of Franco American Programs at the University of Maine, discusses the exhibit "Beau-frog: The Art of Peter Archambault." Free. 333-3881. [www.museumla.org](http://www.museumla.org).

**Monday, Jan. 7**

Book Discussion. 12:30 p.m. Local History Room, Auburn Public Library. The Auburn Page Turners discuss "A Fine Balance," by Rohinton Mistry. Open to all; copies avail. through the library. Free.

333-6640, ext. 4.

**Monday, Feb. 4**

Book Discussion. 12:30 p.m. Local History Room, Auburn Public Library. The Auburn Page Turners discuss "Future Home of the Living God," by Louise Erdrich. Open to all; copies avail. through the library. Free. 333-6640, ext. 4.

**Monday, Mar. 4**

Book Discussion. 12:30 p.m. Local History Room, Auburn Public Library. The Auburn Page Turners discuss "Evicted: Poverty and Profit in the American City," by Matthew Desmond. Open to all; copies avail. through the library. Free. 333-6640, ext. 4.

Send all items for **What's Going On** to [Editor@TwinCityTimes.com](mailto:Editor@TwinCityTimes.com). Deadline is **Friday by five.**

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# What's Going On

## CLT opens 79th season with "The Music Man"



Choreographer Jake Boyce leads the cast in preparation for opening night on Friday, October 19.

Community Little Theatre's first production of its 79th season will be Meredith Willson's classic musical comedy "The Music Man." Directed by Nakesha "Kay" Warren, the play opens Friday, October 19 and runs through Sunday, October 28.

Tickets are \$20 for adults, \$15 for seniors (62+), and \$12 for students (with a current ID). Reserved seats for the seven performances can be purchased by calling 783-0958, by visiting the box office at 30 Academy Street in Auburn, or 24/7 at LACLT.com.

New for this season, CLT will no longer offer preview performance for the

public on the Thursday evening before opening night. The company hopes that past loyal patrons and newcomers will invite friends and buy tickets for one or more of the seven scheduled performances.

A child-friendly story to be shared with every generation, Meredith Willson's six-time Tony Award-winning musical comedy has been entertaining audiences since 1957. The play follows fast-talking traveling salesman Professor Harold Hill as he cons the people of River City, Iowa into buying instruments and uniforms for a kids' band that he vows to organize - despite the fact that he doesn't know a

trombone from a treble clef. His plans to skip town with the cash are foiled when he falls for Marian, the librarian. Can she transform him into a respectable citizen by curtain's fall?

The cast includes Sean Wallace as "Professor Harold Hill," Emily Flynn as "Marian Paroo," Chris L'Hommedieu as "Marcellus Washburn," Jackie McDonald as "Mrs. Paroo," Mitchell Clyde Thomas as "Mayor George Shinn," Emily Thompson as "Zanetta Shinn," and Sue Caron as "Eulalie Mackecknie Shinn." Other key cast members are Andy Dolci as "Tommy Djilas," Greg Judd as "Charlie Cowell,"

Dashiell Legawiec as "Winthrop Paroo," Genevieve Vaillancourt as "Amaryllis," and Madeleine Vaillancourt as "Gracie Shinn."

Additional members of the large cast are Chip Groover, Carly Georgen, Lucy Poland, Bre Allard, and Debora Bishop. The Pick-A-Little Ladies are played by Jane Mitchell, Nancy Kenneally, and Charlotte Morin. The School Board-Barbershop Quartet are played by James McKinley, John Guy, Dan Burgess, and Dan Crawford.

The ensemble is rounded out by Hayden Thomas, Bailey Michaud, Brock Rancourt, Lyra Legawiec, Chantal Cyr, Joshua Allard, Marie Pittman, Maria Groover, Julia Groover, Maddi DuBois, Ansley Watson, Lauren Jorgensen, Heather Pape, Amy Cote, Makenzie Finnegan, Allyson Boilard, Margaret Brown, Peter Cyr, Connor Crawford, and Don Dostie.

The show's musical director is Paul G. Caron, the Choreographer-Assistant Director is Jake Boyce and the producer is Jackie McDonald. Aaron Louque is the stage manager and the production assistant is Sophie Wood. Richard Martin is the light designer, Tom Anderson is the sound director, Matthew Conklin is the technical assistant and light operator, Kat Carney is handling costumes, and Dan Burgess is in charge of props.

## This month at the WHA Rotating Art Gallery



"Chickadees," by Susan Boucher



"Iris," by Paul Boucher

The Woman's Hospital Association Rotating Art at Gallery at Central Maine Medical Center will feature works by artists Paul and Susan Boucher through the month of October. The gallery is located at the hospital's main entrance at 60 High Street in Lewiston. Works on display may be purchased through the WHA Gift Shop, adjacent to the main lobby. A percentage of sale proceeds benefits CMMC.

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