

## **Training exercises scheduled for Saturday**

The Maryland National Guard is conducting a routine training exercise on Saturday, November 3, with the Town of Ocean City and multiple local first responders in the downtown inlet parking lot.

The National Guard, in an effort to validate its response plans, sought the support of Ocean City to conduct this exercise over a year ago. Recognizing the value of testing local response, Ocean Emergency Management engaged and added additional responders to the scenario to ensure realism. As planning continued, additional federal agencies were brought in that would normally have response requirements in the plan.

These types of events are done on a predictable basis to help the National Guard synchronize with first responders from all levels of government.

The exercise occurs during the Guard's regular drill weekend, focused on decision-making, coordination and integration with allied agencies in a realistic training venue. Members of the public are welcome and encouraged to come out and see their community working together. The exercise will have over 1,000 National Guard, local, state, and federal first responders.

"It is critical for our teams to understand they don't work alone," said Maj. Gen. Linda Singh, the adjutant general of Maryland. "We rely on all partners from all levels of state and federal government. This exercise is a good example of what happens when local planners work together to focus their efforts on keeping our citizens safe."

## **Card, game party scheduled**

Enjoy a day of fun and friendships while overlooking the Ocean City skyline by joining the Women's Club Ocean Pines (WCOP) Card and Game Party on Thursday, November 1 from 10 a.m. to 2 p.m. at The Restaurant at Lighthouse Sound Restaurant located in Bishopville.

Organize a table to play a game or cards with your friends or let us know what you would like to play and we will find a group that needs a player. There will be munchies and beverages during play plus a lunch entree from a choice of three selections. Raffles will complete the day. The cost is \$30 per person payable to WCOP. This is a fundraiser to benefit the high school scholarship and community donations program.

For reservations, contact Kay Hickman on 410-600-0552, 443-397-6121 or [soonerkay@gmail.com](mailto:soonerkay@gmail.com).



## **Hernandez recognized**

Stephen Decatur High School senior **Michelle Hernandez** was named the Worcester County Youth Volunteer of the Year at the Volunteer Spirit of Worcester County Awards Dinner. Hernandez was also recognized at the recent Stephen Decatur High School Presidential Service Awards ceremony. Hernandez is a member of the volunteer group, Connections, and the National Honor Society. She is pictured with County Commissioner **Jim Bunting**.

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Mary Beth  
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# Community Calendar NOVEMBER

## Lifesaving station to host run, walk

The Ocean City Life-Saving Station Museum Society will hold its fifth Storm Warriors 5K run/walk on Saturday, November 10 on the Boardwalk starting at the Museum. Sign-in/registration is 8 a.m.; the race begins at 9. A 5K is 3.1 miles.

"This has proven to be a very popular event. Participation has grown every year," said Nancy Howard, event coordinator. "We hope that folks will come out to support the Museum. Get your day started with a brisk run or walk and then have the rest of the day to enjoy all that Ocean City and the area have to offer."

The Museum has been a staple in Ocean City since 1978. The mission of the Society is to inspire and support the interpretation and appreciation of the cultural and natural history of Ocean City, Maryland, the Worcester County coastal region, and equally, the historical role performed by the United States Life-Saving Service, and to preserve with subsequent mandate the 1891 structure that once served as the Ocean City Station.

Exhibits represent both the heroic deeds of the surfmen who staffed the station and the history of the area including the storm of 1933 that cut the inlet, the Boardwalk of Yesterday, Sands of the World, .Native Americans: First Contact On Lower Delmarva and Hook, Line, and History: The Story of Sport and Commercial Fishing in Ocean City, Maryland.

There also is an exhibit oriented toward children with interactive activities. The Society is responsible for designing and producing the exhibits as well as collecting artifacts that help visitors experience the mission of our Society. The proceeds from the 5k will go a long way toward enhancing the Museum.

Participants, runners and walkers will receive a t-shirt. There is a \$25 registration fee. OC Tri-Running, an organization that has done many of these events, is managing the race. During the race water will be provided to the runners/walkers. At the conclusion of the race there will be refreshments. It is possible to register the day of the event but t-shirts may not be available.

To register visit [www.octrirunning.com](http://www.octrirunning.com) Questions, call 443-235-4405.



**Harry Houdini**, the most celebrated magician and escape artist of the 20th century, died of peritonitis in a Detroit hospital. Twelve days before, Houdini had been talking to a group of students after a lecture in Montreal when he commented on the strength of his stomach muscles and their ability to withstand hard blows. Suddenly, one of the students punched Houdini twice in the stomach. The magician hadn't had time to prepare, and the blows ruptured his appendix. He fell ill on the train to Detroit, and, after performing one last time, was hospitalized. Doctors operated on him, but to no avail. The burst appendix poisoned his system, and on October 31 he died.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### Monday

#### Ocean Pines Poker Club

Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928.

#### Sweet Adelines

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

### Monday/Tuesday

#### Sanctioned Duplicate Bridge

Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795.

### Tuesday

#### Families Anonymous

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

### Tuesday/Thursday

**Poker Players** wanted for Gentlemen's Poker in North Gate area Ocean Pines. Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

### Wednesday

#### Kiwanis Club Meeting

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m.

#### Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

#### Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

### Square Dancing

The Pinestepers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

### AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

### Thursday

#### Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

#### Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577 or Kate at 410-524-0649 for more activities. BeachSingles.org.

#### Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

#### Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

### Friday

#### Knights of Columbus Bingo

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

### First Saturday

#### Creative Writing Forum

Every first Saturday of the month at 10 a.m. at the Berlin Library. Novice and established writers gather to share their fiction, non-fiction, and creative writing projects. Program includes critiques and appreciation, market leads, and writing exercises.

## Holistic Health Fair registration opens

A self-care revolution fueled by a growing number of holistic health practitioners from across the Delmarva Peninsula finds its way to Ocean Pines on Saturday, December 8 from 10 a.m. to 2 p.m., and the Recreation and Parks Department is seeking vendors for the Holiday Holistic Health Fair.

In the United States, about 38 percent of adults and approximately 12 percent of children are using some form of diverse medical and health care systems, practices and products that are not generally considered part of conventional medicine, according to

National Center for Health Statistics.

The Holistic Health Fair is open to the public and will be held at the Community Center. Area residents will get the opportunity to explore holistic and alternative approaches to overall health, healing and empowerment.

Businesses interested in participating in the event should contact Jarman at 410-641-7052 or [bjarman@oceanpines.org](mailto:bjarman@oceanpines.org). Vendor spaces are \$20.

For information about this and other recreation programs, call the Ocean Pines Recreation and Parks Department at 410-641-7052 or visit [OceanPines.org](http://OceanPines.org).

## Dueling pianos fundraiser scheduled

The Red Doors, A St. Paul's By-the-Sea Community Center presents a musical fundraiser, "Dueling Pianos" featuring local celebrities Shirley Toms Hailey and Elsworth Wheatley. Shirley and Elsworth will take audience requests for all of your favorite songs. Singing along is strongly suggested! The concert will occur between 6 p.m. and 8:30 p.m. on November 6. A half hour intermission with hors d'oeuvres is included. Cash Bar available. Tickets are \$25 for adults and \$15 for students. They are available at the Convention Center in Ocean City or online at [tickemaster.com](http://tickemaster.com).

## AYCE breakfast scheduled

The Grace Parker All You Can Eat Breakfast will be held on Wednesday, November 7, between 7 a.m. and noon at First Presbyterian Church of Ocean City located at 13th St. and Philadelphia. Ave. The menu includes eggs any style, pancakes, buckwheat pancakes, sausage, ham, biscuits, hash brown potatoes, grits, coffee, tea. The cost is \$8 and \$6 for carryout. Milk, soda and orange juice is also available. For more information call 410-289-9340 and please a message.



# The future of the Pines sports complex

Anyone who has visited the Manklin Meadows Racquet Sports Complex in Ocean Pines on any given morning will likely be greeted by a packed parking lot, full courts and plenty of people playing tennis, platform tennis and pickleball.

The facility, which includes eight Har-Tru soft tennis courts, two hard-surface tennis courts, six platform tennis courts and eight pickleball courts, is poised to establish itself as a premier racquet sports destination with the recent addition of Vernon Mummert and Terry Underkoffler to its staff.



Vernon Mummert and Terry Underkoffler

“I am really excited to see the growth coming to our beautiful racquet center and the team being put in place to help make that happen,” said Ocean Pines Recreation and Aquatics Director Colby Phillips, who oversees racquet sports operations.

Mummert, who joined Ocean Pines as the facility’s manager and head pro this past summer, brings to the position 40 years in college athletics and an impressive list of accomplishments in sports.

His college experience includes serving as an associate professor and department chair of PE, as a tennis and soccer coach at New Jersey’s Drew University and Wabash College in Indiana and 25 years as an athletic director. He also spent a number of his

summers as the tennis director/head pro at the Summit Tennis Club in New Jersey.

During his career, he coached Drew University tennis player Kim Schmidt

to a national championship win. She was later inducted into the school’s hall of fame.

At Summit Tennis Club, his junior, men’s and women’s teams won multiple championships. In 2008, while serving as athletic director at Wabash, he was selected by the National Association of College Athletic Directors as Athletic Director of the Year.

Although he has a strong tennis background, Mummert emphasized that he will be working with and promoting all three racquet sports. “I want to bring all three centers [tennis, platform tennis and pickleball] together,” he said.

*please see pines on page 4*

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# The Courier

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## 2012 Business of the Year

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Being overweight is a risk factor for diabetes, but the American Diabetes Association notes that many people diagnosed with type 2 diabetes are at a normal weight or



only moderately overweight. Maintaining a healthy weight and eating a nutritious diet are two great ways to reduce your risk for diabetes,

but even people who make such choices can still develop type 2 diabetes. For example, smokers may eat right and exercise, but their decision to light up can increase their risk for type 2 diabetes. That is because smoking raises levels of bad cholesterol in the blood and increases blood pressure. Each of those things increases a person's risk of developing diabetes. Genetics also plays a role in a person's risk of developing diabetes, regardless of the size of his or her waistline. According to the ADA, people whose mother, father, sister, or brother have or have had heart disease or diabetes are at a greater risk of developing diabetes than people with no such family history.

# Paradigm shift needed regarding geese

**Editor:**

I am an Ocean Pines homeowner of more than 30 years and have lived here full time since 2008. I have acquired three homes here over the years, all occupied by family.

I lived in many locations during my life and working career. When the time came that I could buy a vacation home that would eventually be used for retirement, I looked in many places. My husband liked woods and mountains and fireplaces, yet I wanted to be at or near the beach. Neither of us wanted to live in any of the pristine and lovely gated communities we visited over the years – they were all nice, but we were looking for something more natural, more in tune with nature.

One of the qualities that drew me to this community was the abundance of trees and water and waterfowl and other wildlife here in a sylvan setting where one could be near the shore. Remarkably, in Ocean Pines it was possible to reside in beauty and serenity equivalent to a nature preserve, and daily to walk and drive among trees and water, and observe all kinds of wildlife. A restorative place hidden away from the hustle and bustle of city life and demanding jobs. Each year, I never failed to marvel at all that exists in this beautiful place.

This year, my peace of mind and enjoyment of this community was shattered by the ill-conceived and poorly executed decision to massacre hundreds of geese families this spring. I was sickened by this tragedy, utterly shocked and appalled by what occurred. My trust in the OPA leadership and volunteer committees was severely damaged by the secret planning and decision making that occurred with no opportunity for broad community input - especially before taking such a harsh and irrevocable action that destroyed multiple geese families, creatures that I and many other residents had enjoyed having here so much.

I am sure that the persons responsible for the goose kill felt that they were making a hard decision that was necessary and unavoidable, and that they believed that the unannounced cover of darkness for the killing was appropriate to avoid chaos and controversy. To this, I say, "how sad, and how wrong."

Because of illness and family commitments, I was unable to attend the

open meetings that followed the goose kill. In reading all the news reports and comments, it was clear that a wide range of strong views existed about what happened. As I pondered the situation and waited for my emotions to subside, I resisted writing letters of outrage and disappointment many times in the months that have followed. But today I would like to go on record to express some alternate views that I hope will be accorded respect and consideration. They are as follows:

The flocks of geese around our ponds and grassy areas in OP are a benefit, not a nuisance. Geese are large and beautiful creatures who mostly mate for life and carefully nurture and guide their young. The sights of two goose parents protecting their newborn chicks and later leading adolescent goslings in processions with a watchful eye, is something wondrous to behold (and a good lesson for humans). It never failed to bring a smile to my face and a brief feeling of peace and good will as I made my way around the community.

The restorative power of nature and animals as an antidote for human stress and angst has been well documented in medical studies. Better than Prozac and pill popping and other self-medications, the ability to see and interact with nature is a natural healing resource that should be protected, not eradicated.

The various reports of pollution and other health concerns that were circulated as justifications for the killing of the geese flocks overstated the problem and ignored alternative solutions.

Using dogs to harass and chase away the geese won't solve the "perceived problem" that some have expressed. Furthermore, this action continues to interfere with my rights to enjoy the benefits that geese and other wildfowl have provided to me as a property owner. When I drive by South Pond now, instead of the pleasant sight of geese and ducklings bathing and eating and nesting, I am faced with blaring red signs "DO NOT FEED" and barren, sparsely populated shores intermittently being policed by man and dogs. The whole scene is jarring, and ugly, and unnecessary.

Here is what I propose instead: three simple, humane, and safe approaches as follows:

Be a better steward of life and

property by making a paradigm shift in the way that the geese are regarded and managed in Ocean Pines. Recognize that the geese are native creatures and should be here to stay, even in abundance. Understand that they provide substantial benefits to the quality of life here.

Manage the issue of goose droppings by using a combination of volunteer cleanups and paid custodial work efforts to clean up as needed in areas where humans gather and walk. This is not so difficult as it sounds and would be cheaper and immensely more humane than the ill-advised measures used so far.

Rather than forbid feeding, resume the time-honored activity of allowing people to see and feed the wildfowl. This activity is something amusing, positive and joyful for both adults and children in today's polarized and often angry, stressed out world. (One of my earliest and most pleasant childhood memories was being taken by my parents to feed the geese who gathered by a large body of water near National Airport in Washington.)

Speaking only for myself, but with hope and some confidence that there are others out there who will agree with me, I would be willing to have a small portion of my association dues be allocated to wildfowl cleanup (just as is done for people cleanup). If this action cannot receive sufficient public support to go forward as a regularly budgeted expense, I would be willing to contribute out of my own pocket to a true "conservation and environmental protection program" that uses a combination of contributed funds, part-time hired help, and common sense cleanup measures rather than a cruel and ineffective program of organized killing and harassment.

I would also be willing to participate in some type of VOLUNTEER program that would share the work of cleanup for specified areas. By breaking such yard and walkway efforts into small assigned areas and manageable tasks, OP residents could both enjoy proximity to nature and carry out truly purposeful conservation activity. Perhaps a few local business might also be induced to participate, as is done for some highway cleaning efforts.

What I am NOT willing to do is to continue to stand silent in dismay and disappointment while changes are



# It was thirty years ago?

This past Sunday my wife and I celebrated our thirtieth anniversary as parents. It was on that day thirty years ago when we became parents for the

Once baby and mother were settled I went to the local Ames department store and bought a bunch of Golden Books for children and a huge stuffed bear. Before returning to the hospital, I sat in my car writing for the first time my daughter's name in the front of each book: "Caden Christine Bertino." And then I wrote the date and "Love, Mommy and Daddy." When I returned



## It's All About. . .

By **Chip Bertino**

chipbertino@delmarvacourier.com

first time with the birth of our daughter. It's hard to get my head around the reality that so many years have passed since I held my first child for the first time.

Before getting too far along, I want the record to show, and I've been told many times that the record will show everything, that my wife and I were and are excellent parents. Admittedly my wife is better than me.

My wife and I purposely started our family at a young age so that we would still be young (youngish) when our children were grown and out of the house. At the time we made that decision, it seemed like that time, when our kids would be on their own, was so far in the future that it would be an eternity until that time came. It wasn't. It came much more quickly than either of us imaged. And now that time is in the rearview mirror. How I wish that weren't the case.

When our daughter arrived on the scene, at 9:11 a.m. to be exact, our lives were forever changed. My wife and I became a family. It was a painful, scary and emotional time. We arrived at the hospital at about 11:30 p.m. when my wife was in labor. The wave of contractions accelerated during the night. While sitting on a very uncomfortable bedside chair I watched as the medical staff tended to my wife. (Painful). I was in the delivery room. (Scary). As my newborn daughter was placed in my arms for the first time, she opened one eye and looked at me. (Emotional).



to my wife's room, she looked at me with an armful of books and an oversized bear under my arm and was about to say something, but instead she just smiled.

Later in the afternoon some family arrived to see the newest addition to the family. We brought our daughter home the next morning. We kept going into her room to watch her sleep. She was so beautiful (and still is). In the interest of full disclosure, I looked in on her for many years while she slept.

I remember going back to work after Caden was born and telling my co-workers about my daughter. It took me a couple times of saying "my daughter" before I was comfortable with the term.

When she learned to crawl and then walk, it was always magical to come home from work knowing she was waiting to greet me at the door. She would hold her arms up wanting me to pick her up. No coercion was necessary. It was the highlight of the day having her in my arms. She was then and is now a bright, warm star.

Time just flew by. She became a brother twice over. She started school. She wore make-up for the first time. She went on her first date. She learned to drive. She went to the prom. She entered college. She graduated. She met a man. She married. She had children.

And now thirty years later, what I wouldn't give to have placed in my arms again for the first time, my one and only little girl.



**Saturday, November 3**

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# Veterans Day program set

The Worcester County Veterans Memorial Foundation invites all to attend the annual ceremony to honor those who have selflessly served their country. The ceremony will be held Sunday, November 11, at 11 a.m. at the Worcester County Veterans Memorial, located between Cathell Road and Manklin Creek Road off Route 589.



Limited seating will be provided at a first come basis.

In the event of inclement weather, the ceremony will move to the Ocean Pines Community Center.

A receptacle will be available for your faded or torn flags. A flag retirement ceremony will be held Saturday morning, November 17 at the Memorial site.

## AARP to meet

The next meeting of the AARP is Monday November 5 in the Asateague Room of the Ocean Pines Community Center. The guest speaker will be from the Giles Group-Merrill Lynch. The meeting will begin at 10 a.m. For more information call Larry Walton at 443-831-1791.

### letter

from page 4

made in this community that affect me and others so negatively. Living here has not been the same since the goose kill. The prospects of ever getting back to the pleasant earlier times seem dim unless all involved can find a way to recognize that Ocean Pines waterfowl are one of the benefits of living here, not a nuisance, and deal with them accordingly.

I don't want to move away from Ocean Pines in disappointment and disgust – I want to live here and promote a better life for everyone and everything in the community. Persons who wish to work toward this end are invited to contact me with comments and suggestions via email at skoski43@aol.com.

**Susan Koski-Grafer**  
Ocean Pines



**Discussion** - The Germantown School Community Heritage Center (GSCHC) in Berlin held a debate October 26 for candidates seeking the District 38A seat currently held by Delegate Charles Otto. Both Charles Otto and candidate Dr. Kirkland Hall, Sr. were invited by GSCHC to debate issues just prior to the Nov. 6th General Election.

From left: Berlin Town Council members **Elroy Brittingham** and **Dean Burrell**, Social Media Coordinator **Judy Davis**, GSCHC President **Barbara Purnell**, **Dr. Kirkland Hall, Sr.**, moderator **Ivory Smith**, incumbent Delegate **Charles Otto**, and debate time-keeper **Karen Harris**. Photo by: Ted Page

### pin

from page 3

He said he's also looking to increase usage at the facility, especially by reaching younger players.

"We're trying to recruit and expand our membership and expand youth levels, especially in tennis but really in all three sports," he commented.

Mummert has already begun to hold private lessons and clinics for tennis, platform tennis and pickleball and participated in this summer's Ocean Pines 50th anniversary racquet sports tournament, which he said was a good example of how all three sports can work together to showcase the racquet complex's offerings.

"I want to enhance all of the programs here. They're all important to me," he said.

Mummert will be aided in this task by Terry Underkoffler, who has served as a tennis pro in Ocean Pines since the spring.

As a coach, Underkoffler has won several league titles as well as state, regional and national awards for coach of the year. His players have received all-state, all-American and national team recognition.

Underkoffler, who has worked in education since 1976, currently

teaches at Worcester Preparatory School in Berlin, where he also coaches men's tennis and soccer.

Even though his school year has started again, he said he plays Early Bird tennis in Ocean Pines and will continue to teach private lessons and to lead clinics and camps.

Plans for upcoming programs at the racquet complex are already underway, Mummert said, and he's working on setting up intra-club play for men's and women's doubles. He's also hoping to implement a hitting partner program in tennis and holding clinics for platform tennis and pickleball.

Underkoffler commented that he and Mummert are also coordinating with the United States Tennis Association to expand the racquet complex's audience and draw in players from outside of Ocean Pines.

Both agree that what Ocean Pines has to offer in terms of racquet sports is unparalleled in the region and that the enthusiasm people have for the community is contagious.

"Once you come into the Pines, you begin to like everything else about it," Underkoffler said.

Mummert, who moved to the community this spring to get back into teaching racquet sports, agrees. "I couldn't be happier here," he said.

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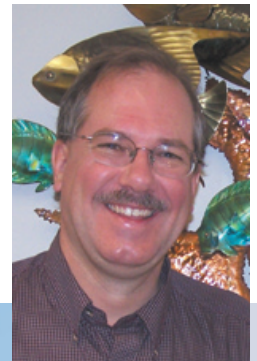
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## Marine veteran hires carving artist to raise money

Alex Mitchell, a Marine Veteran and resident of Ocean Pines, will be hosting a live chainsaw carving to honor veterans on Friday, November 9 at K-Coast Surf Shop on 36<sup>th</sup> Street in Ocean City. The event will start at 9 a.m. and the carving will take approximately six to seven hours to complete.

Carving artist, Anthony Marquez from XVII Carvings will be performing the carving. Marquez is a Marine Corps veteran. His last deployment was Sangin, Afghanistan in 2011. His Battalion lost 17 members on that tour. In 2016, Marquez made it his mission to provide chainsaw carvings for each family member who lost their son during that 2011 deployment. Since then, Marquez has been making customized carvings for individuals and performing live carvings all over the country. For more information on Marquez, please visit [www.xviicarvings.com](http://www.xviicarvings.com).

Mitchell has been struggling with mental illness his entire life. He understands first-hand the challenges veterans face on a daily basis. "I'm always trying to do things in the community and I'm excited to be someone who can bring people together for a good cause" says Mitchell.

When Mitchell found out that Marquez would be on the East Coast over Veterans Weekend he quickly hired him to perform a live carving in Ocean City. K-Coast Surf Shop offered their parking lot for the event

and the Worcester County Veterans Memorial in Ocean Pines agreed to purchase the carving.

Veteran artists will also be on-site selling their work. Each artist will donate one piece to the cause.



Sponsorship opportunities are available. All proceeds will benefit the Community Building Arts Work (CBAW), a charitable organization that builds healthy and connected communities where veterans and civilians share creative expression, mutual understanding, and support. For more information on CBAW. Please visit [www.communitybuildingartswork.org](http://www.communitybuildingartswork.org). For sponsorship opportunities, please contact Alex Mitchell at (443) 373-9552.



**Catch** - While at Shad's Landing for the school's outdoor educational science experience **Mason Edelmann** a fifth grader at Berlin Intermediate School, caught a bluegill.

## OPA Board to host town meeting on Thursday

Ocean Pines residents will get a chance to weigh in on current projects and community matters at an upcoming town hall meeting on Thursday, November 1 at 7:30 p.m. in the Community Center.

"To better answer questions from Members of the Ocean Pines Association, we are hoping that folks will take a moment to send them in advance of the meeting," said Jennifer Cropper-Rines, chairwoman of the Ocean Pines Communications Advisory Committee. "As the chair of the Ocean Pines Communications Advisory Committee, I'm so pleased to see the board using this committee as a conduit for information between the BOD and the Members."

Residents are encouraged to submit question/s and comment/s to the Ocean Pines Board of Directors and its Communications Advisory Committee in advance via email to [townhall@oceanpines.org](mailto:townhall@oceanpines.org).

Director Colette Horn, at the July 27 Regular Board Meeting, introduced a motion to accept the recommendation from the Ocean Pines Communications Advisory Committee to set a policy for the coming year of holding three Town Hall meetings for the purpose of updat-

ing and engaging in question and answer and discussion with the Membership on pending Board business and other topics of concern to the Membership.

"I am very pleased that my Board colleagues agreed with me and the Communications Advisory Committee that Town Hall Meetings provide an important and unique opportunity for us to interact directly with OPA members on topics of concern to us all," said Horn. "The Board hears from many members who provide public comments at our general board meetings and who email or call us directly. However, the Town Hall Meeting is our opportunity for face-to-face discussion with members in a public forum."

Those unable to attend the meeting may view it live at [www.OceanPines.org](http://www.OceanPines.org) or on Mediacom channel 78.

## MBS to hold fashion show



The Most Blessed Sacrament Catholic School's Holiday Fashion Show will be held November 29 from 5:30 p.m. to 8:30 p.m. Tickets include a seated dinner by Le Donne Cucina and a glass of wine. Enjoy an evening of fashion, shopping, raffles and holiday fun. Tickets are \$40 in advance or \$45 at the door. For more information call 410-208-1600 or visit [www.mostblessedsacramentschool.com](http://www.mostblessedsacramentschool.com).

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# Explaining All Saints Day and All Souls Day

Mystery and the macabre are often center stage in autumn, especially around Halloween. However, the day of tricks and treats often overshadows two important days in the Christian Church.

All Saints Day and All Souls Day are Christian religious observances, particularly among Roman Catholics.

All Saints Day is a Catholic Holy Day of Obligation that requires individuals to attend services. The day commemorates and is dedicated to all of the saints of the Church, or those who have attained heavenly entry. All Saints Day is celebrated on November 1 each year in Western churches, and on the first Sunday after Pentecost in Eastern churches.

All Souls Day follows All Saints Day on November 2 and is a solemn celebration in the Catholic Church that commemorates those who have died and are now waiting in Purgatory. All Souls Day is sometimes referred to as the Feast of All Souls. The idea of All Souls Day is not just to remember the

dead, but to utilize prayer to help the sins of the deceased be forgiven so they can be released from Purgatory and eventually welcomed into God's presence in heaven. The key distinction between All Saints' Day and All Souls Day is one day is for commemorating known saints and the deceased who have reached heaven, and the other is for honoring those who have not yet reached heaven.

All Souls Day also coincides with the Mexican holiday D'a de los Muertos, or Day of the Dead. This multi-day holiday focuses on gatherings of family and friends to pray for and remember friends and family members who have died and to support their spiritual journey.

People choose to celebrate these important religious holidays in different ways, from visiting and praying at cemeteries to attending mass to reflecting on the lives of the deceased with friends.



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Mary Beth

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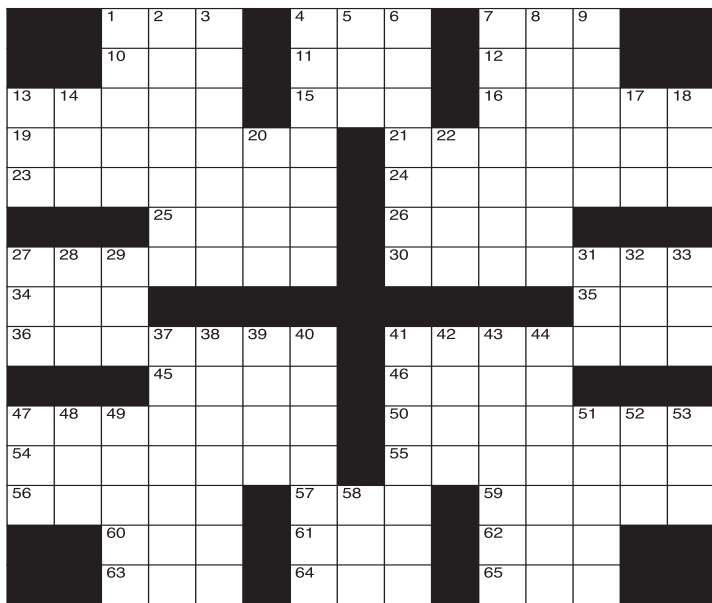
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By Authority: Friends of Mary Beth Carozza, Pat Schrawder, Treasurer





**CLUES ACROSS**

- 1. Expresses weights (abbr.)
- 4. Pounds per square inch
- 7. Central Time
- 10. One who speaks for others
- 11. Aussie TV station
- 12. Swiss river
- 13. A way to improve
- 15. Awesome!
- 16. Appeal to
- 19. Satisfy
- 21. The Emerald Isle
- 23. Quick passages
- 24. Love of humankind
- 25. Fleishy beak covering
- 26. Type of sword
- 27. Basketball stat
- 30. Makes unhappy
- 34. The Princess can feel it
- 35. Bar bill
- 36. Of one
- 41. Prom accessory
- 45. Jai \_\_\_, sport
- 46. Assist in wrongdoing
- 47. Small hill
- 50. Erases
- 54. Fill with motivation
- 55. Part of your face
- 56. Novelist Coelho
- 57. Francisco is one
- 59. Narrow space between two buildings
- 60. Soak
- 61. Proofreading mark
- 62. A baglike structure in a plant or animal
- 63. Time zone
- 64. Midway between northeast and east
- 65. Baseball stat

**CLUES DOWN**

- 1. Sharp mountain ridge
- 2. Types of lenses
- 3. Informs
- 4. Partial paralysis
- 5. Helps little firms
- 6. Alphabetical lists
- 7. Danced about
- 8. Set out
- 9. Trick's partner
- 13. Second sight
- 14. Disfigure
- 17. Comedienne Gasteyer
- 18. Tooth caregiver
- 20. Wrongful act
- 22. \_\_\_ Nui, Easter Island
- 27. Away from
- 28. Member of Congress (abbr.)
- 29. Car mechanics group
- 31. When you plan to get there.
- 32. Bother incessantly
- 33. One point east of due south
- 37. Small giveaways
- 38. "MASH" actor Gould
- 39. A type of habitat
- 40. Refined delicacy
- 41. Inflection of the voice
- 42. Follow orders
- 43. Discharge
- 44. Of the stars
- 47. Briefly place into
- 48. Present in all living cells (abbr.)
- 49. Take illegally by force
- 51. Genus of moth
- 52. Midway between east and southeast
- 53. Bashful
- 58. French river



Answers for October 24



# Crate training a good step for puppies

Properly training a young dog can lead to many years of well-mannered companionship. Dogs who are behaved and respond appropriately to commands may experience less stress, know their place in the family pack and avoid injury by staying out of danger.

Make the crate a positive experience from the start. Line it with blankets, place toys inside and offer treats when the puppy goes inside willingly.

Do not lock the puppy up and leave him alone the first time you use a crate. Gradually introduce the crate

Crate training is one component of acclimating a puppy to a new home and routine. Using a crate can simplify the process of housebreaking a puppy. The Humane Society of the United States says that crate training uses a dog's natural instincts as a den animal. The "den" serves as a place to sleep and hide from danger. In addition, because dogs do not like to soil their dens, the crate can be used in the initial stages of housebreaking.



PetMD, an animal health and wellness resource, says there are other good reasons to use a crate in the home. Crates provide a respite where a nervous pet can retreat if he or she needs some quiet time. A cozy crate can be an inviting den for sleeping through the night and prevent separation anxiety from forming in dogs that live in big homes.

The American Kennel Club says crate training is not cruel, provided that crates are used in a positive way. Many breeders and veterinarians recommend using crates for puppies. Rely on these guidelines when crating for the first time.

Select a well-ventilated crate that is large enough for the puppy to stand up, lie down and turn around. Too much room inside may encourage soiling in one end of the crate, which is what you are trying to avoid.

and stay nearby offering plenty of praise. Start with 10-minute intervals and build up.

Practice taking the puppy immediately outside for a potty break after he or she exits the crate. Soon the dog will associate the two activities.

The puppy should not be in the crate for the entire day. This can make him or her resent the crate and prevent the dog from getting the exercise it needs.

Keep practicing with the crate and have patience. After a few weeks, many dogs embrace their crates. When that happens, crates become a safe spot for well-behaved, well-loved dogs.



# How to prevent curious kids from accessing potential poisons

Poisonous substances can be deadly. Many substances found in a typical home can be characterized as poisonous. While adults may know to avoid ingesting potentially toxic substances, curious youngsters rarely do, making household poisons an especially significant threat to young children.



The American Academy of Pediatrics notes that roughly three million people swallow or have contact with a poisonous substance every year. Many of those people are under the age of five. Curiosity in youngsters is good, indicating that kids are interested in their surroundings and looking to learn how the world around them works. Nurturing that curiosity is important for kids' development. But it is also important that parents take steps to prevent curious kids from accessing any of the number of potentially poisonous substances found in a typical household.

Install safety latches or locks on cabinets and drawers. Safety latches or childproof locks can prevent curious youngsters from accessing cabinets, drawers and other areas where cleaning products, medicines and any substances that are toxic or potentially harmful may be stored. Latches and locks are an inexpensive way to prevent children from accessing harmful

chemicals, but parents should periodically check the locks to ensure they are all still working properly.

Store medications safely out of the reach of children. Young children may see their parents taking medication and mistakenly assume the pills are candy. Storing pills in locked cabinets, top dresser drawers and/or on the top shelves of medicine cabinets can keep curious youngsters intent on mimicking mom and dad from taking adult medications. Make sure medications also are stored in bottles with childproof caps just in resourceful youngsters manage to find pills or other medicines.

Take medicines out of kids' view. When taking pills or medicine, parents should try to do so when children are not looking. Parents also can turn their backs before taking pills so kids cannot see them.

Discard old medications. Many people do not finish their medications. Adults who do not intend to or need to finish their medications should dis-

card the pills once they stop taking them. Consult with prescription information papers to determine the safest way to dispose of unwanted and/or expired medications. Simply placing them in the garbage might not be safe, as curious kids may find old pills in bathroom or bedroom garbage cans and mistake them for candy. If necessary, parents can call their local police departments to see if they have a drug collection program.

Store lawn and garden items in locked sheds or on high shelves in the

garage. Items used to tend to lawns and gardens, such as fertilizers, some plants and gas cans, should be stored where children looking for their toys, tricycles or bicycles cannot find them. In addition, items that are not poisonous but are potentially harmful, such as pruning shears, should be stored beyond kids' reach.

Many substances around the house can be harmful to curious children. Taking measures to safeguard kids from such substances can ensure they are not poisoned.

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	1	High	2:44 PM	
	1	Low	9:18 PM	
F	2	High	3:20 AM	7:28 AM
	2	Low	9:28 AM	6:00 PM
	2	High	3:50 PM	
	2	Low	10:17 PM	
Sa	3	High	4:25 AM	7:29 AM
	3	Low	10:34 AM	5:59 PM
	3	High	4:50 PM	
	3	Low	11:12 PM	
Su	4	High	4:22 AM	6:30 AM
	4	Low	10:36 AM	4:58 PM
	4	High	4:44 PM	
	4	Low	11:03 PM	
M	5	High	5:13 AM	6:31 AM
	5	Low	11:33 AM	4:57 PM
	5	High	5:34 PM	
	5	Low	11:49 PM	
Tu	6	High	6:01 AM	6:32 AM
	6	Low	12:24 PM	4:56 PM
	6	High	6:20 PM	
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# Successfully switch auto insurance providers

Once drivers purchase an auto insurance policy, many simply let the policy renew each year. But with a little digging, drivers may be able to reduce their insurance costs considerably.

According to the Insurance Information Institute in New York, consumers should ask themselves if they are happy with the cost, service and coverage of their existing policies whenever it is time to renew. If they are, they should stick with their existing policies. However, if customers feel things can be better, then it is a perfect time to see what is available. Many driver advocates advise shopping for a new policy every two or

three years.

When it comes time to switch car insurance companies, follow these steps and remember to avoid gaps in the coverage.

Compare apples to apples. When shopping for new policies, consumers should compare the same features offered by various providers, including coverage types, deductibles and any limits. Keep a copy of your existing policy's declarations page so that all quotes can be accurately compared to the existing policy.

Research any cancellation fees. Before switching over, find out if there are any cancellation fees associated with an existing policy.

Eliminate coverage gaps. Eliminate gaps in coverage by ensuring a new policy begins the moment the existing one ends. This prevents potential financial ruin should a driver get into an accident without any insurance during a gap period.

Take note of any lifestyle changes. Be sure to list anything that can affect the cost of coverage, such as anti-theft devices on the vehicle, window etching or updated driving habits.

Explore union or group affiliations. Drivers who are members of particular clubs, professional organizations or something similar may be eligible for special policies with certain providers. Make a list of any affiliations and contact the organizers to see if they have relationships with auto insurance providers.

Law enforcement personnel or veterans may be eligible for certain discounts as well. Some insurance carriers only cover police officers or former military. It pays to look into these discounts.

Consider small companies. Just because they do not advertise as much as some of the more well-known providers does not mean small insur-

ance companies are not capable of providing sufficient, affordable coverage. There are plenty of reputable small companies that offer excellent rates to drivers willing to exercise their due diligence.

Check with the existing provider, too. Drivers can discuss their current rates and coverage with their existing insurance company, who may offer suggestions on reducing coverage or even offer lower prices in an effort to hang on to customers. Consider these possibilities before switching.

Shopping around for a new automotive insurance policy may help customers cut rates and increase coverage.

**The LORD will surely save me  
So we will play my songs on  
stringed instruments** Isaiah 38:20



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From left to right: **Marion Connolly** of the Stansell House campaign committee, **Laura and Buddy Jenkins**, **Alane Capen**, president of Coastal Hospice, and **Cam Bunting**, Coastal Hospice board member and member of Stansell House campaign committee.

## Foundation donates to Coastal Hospice

Ocean City business owners and local philanthropists Charles "Buddy" and Laura Jenkins provided a \$25,000 donation to Coastal Hospice on behalf of the Joan W. Jenkins Foundation.

The donation is dedicated to support the construction of the Macky and Pam Stansell House of Coastal Hospice at the Ocean, specifically the naming of the bereavement room of the new hospice residence set to open in early 2019.


"I decided to make this contribution to name the bereavement room in memory of the two children I lost," Jenkins said. "Grief counseling is critical to overcoming loss."

Coastal Hospice launched the "Put Your Name On It" fundraising cam-

paign in an effort to name rooms of the Stansell House. The residence will provide the dignity of hospice care with the comforts of home. Additional programs of the hospice house will include volunteer training, grief counseling and support groups open to the community.

"We are honored by Buddy and Laura Jenkins' decision to support the mission of Coastal Hospice and the Stansell House with their generous gift," said Coastal Hospice President Alane Capen. "The Stansell House will fill a significant gap in care for all of the Lower Shore. The "Put Your Name On It" campaign allows the community to share in the success of this important project."

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# PRMC services rank among top hospital

Peninsula Regional Medical Center (PRMC), a 288-bed hospital of the Peninsula Regional Health System in Salisbury, MD, was recognized in the 2019 Healthgrades Star Report national study with 36 clinical achievements for the care it provides to patients across cardiac, orthopedic, neurosciences, pulmonary, vascular, prostate surgery, critical care, labor and delivery and bariatric service lines.

The recognitions include seven Healthgrades Excellence Awards (orthopedics, neurosciences, stroke, pulmonary care, vascular surgery, prostate surgery and labor and delivery). They place those services or a service specialty within them among the top 5 or 10 percent of all hospitals in the United States.

Peninsula Regional Medical Center also received national recognition from Healthgrades as a Best 50 or Best 100 Hospital in America for care and outcomes. Peninsula Regional is the only recipient on the Delmarva Peninsula to be:

-One of America's 50 Best Hospitals for Vascular Surgery (5 years in a row/2015-2019)

-One of America's 100 Best Hospitals for Stroke Care (2 years in a row/2018 and 2019)

-One of America's 100 Best Hospitals for Prostate Surgery (2 years in a row/2018 and 2019)

Additionally, PRMC received 15 5-Star ratings across all nine services reviewed. That signifies those are performing better than expected when compared to the nearly 4,500 hospitals nationwide surveyed by Healthgrades in 32 of the most common inpatient procedures and conditions. Many of the 5-Star ratings have been achieved in multiple consecutive years at PRMC.

"Hospitals that have achieved the Healthgrades America's 50/100 Best Hospitals for vascular surgery, prostate surgery and stroke care have proven their dedication to quality care and exceptional

outcomes," said Brad Bowman, MD, Chief Medical Officer at Healthgrades. "Consumers should consider hospital quality when navigating their care journeys, and this recognition distinguishes Peninsula Regional Medical Center in the marketplace."

Also of note in the 2019 Healthgrades clinical achievement review is PRMC's recognition for 13 consecutive years with a 5-Star ranking for the treatment of pneumonia, and 9 consecutive years at 5 Stars for the performance of carotid procedures.

Peninsula Regional also holds the Healthgrades 2018 Distinguished Hospital Award for Clinical Excellence, placing it in the Top 5% of all United States hospitals for the overall care provided to its patients. It is the only hospital on Delmarva to receive that honor, and one of just nine in Maryland.

"Peninsula Regional's greatest asset is our team of employees, medical staff, and

volunteers. Our Healthgrades clinical successes are a direct result of their dedication and devotion to every patient and family member," said Steven Leonard, MBA, FACHE, President/CEO of the Peninsula Regional Health System and Peninsula Regional Medical Center. "Quality and safety remain at the heart of everything we do as an organization. To be placed among the nation's best hospitals, once again, by Healthgrades reinforces that we have assembled the finest healthcare team in the region that is committed to outstanding clinical outcomes and quality patient care."

PRMC, when compared to the other 4,500 American hospitals surveyed, is performing at or above the national average by receiving either 3 Stars or 5 Stars across all service lines measured by Healthgrades for the quality of care patients receive and the outcomes they experience. No 1-Star rankings were noted.

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# WAYNE ★ ★ ★ HARTMAN

*for* **STATE DELEGATE - 38C**

AUTHORITY: JAY KNERR, TREASURER

## **With Your Support We Can...**

- ▶ Reduce Spending
- ▶ Create Jobs By Eliminating Burdensome Regulations on Small Businesses & Farmers
- ▶ Combat The Heroin/Opioid Crisis
- ▶ Ensure Safe Communities
- ▶ Honor Our Military & Veterans
- ▶ Protect Our Children's Education
- ▶ Defend Our Constitutional Rights
- ▶ Free Market Solutions to Healthcare



*"Wayne is my choice to serve as Delegate in District 38C. Wayne's public service, strong work ethic and principled leadership make him the right choice for the Shore."*

*-Governor Larry Hogan*



Governor Larry Hogan  
 Wicomico County Sheriff Mike Lewis  
 Maryland Business for Responsive Government  
 Maryland REALTORS

### **ENDORSED BY:**

*Just to name a few*

As a **Small Business Owner** and **Ocean City Councilman**, Wayne has a unique perspective and record:

- ▶ *Proven track record of reducing TAXES and FEES*
- ▶ *Proven Leadership*
- ▶ *Focused On The Future*
- ▶ *Strong Constituent Service*

# VOTE:

**EARLY VOTING**  
October 25 - November 1 at Gull Creek

**ELECTION DAY**  
Tuesday, November 6

**[www.hartmanformaryland.com](http://www.hartmanformaryland.com)**

**Like us on Facebook: Hartman for State Delegate**

Authority: Friends of Wayne Hartman, Jay Knerr, Treasurer





# Vote **REPUBLICAN**

**Governor/Lt. Governor**  
Larry Hogan & Boyd Rutherford

**Comptroller**  
Anjali Reed Phukan

**Attorney General**  
Craig Wolf

**U. S. Senator**  
Tony Campbell

**Representative in Congress District 1**  
Andy Harris

**State Senator District 38**  
Mary Beth Carozza

**House of Delegates District 38A**  
Charles James Otto

**House of Delegates District 38C**  
Wayne Hartman

**County Commissioner District 1**  
Merrill W. Lockfaw Jr.

**County Commissioner District 3**  
Bud Church

**County Commissioner District 4**  
Theodore "Ted" Elder

**County Commissioner District 5**  
Chip Bertino

**County Commissioner District 6**  
Madison "Jim" Bunting

**County Commissioner District 7**  
Joseph M. Mitrecic

**State's Attorney**  
Kris Heiser

**Clerk of the Circuit Court**  
Susan Richardson Braniecki

**Register of Wills**  
Terri Delaney Westcott

**Judge of the Orphan's Court vote for 3**  
Mike Diffendal  
Linda Hess  
Cheryl Jacobs

**Sheriff**  
Matt Crisafulli

**Question 1 Constitutional Amendment** - Requiring Commercial Gaming Revenues that are for Public Education to Supplement Spending for Education in Public Schools. **VOTE FOR**

**Question 2 Constitutional Amendment** – Same day Registration and Voting at the Precinct Polling Place on Election Day. **VOTE AGAINST**

*Presented and supported by the Worcester County Republican Central Committee by the authority of Joseph Groves, Treasurer.*

