

The Courier

November
14
2018

Volume 19 Number 11

Annual Santa's Open Golf Tournament returns

Area golfers can enjoy golf, fun and holiday cheer at the 26th annual Santa's Open golf tournament to benefit Big Brothers Big Sisters of the Eastern Shore on Saturday, December 1 at Ocean Pines Golf Club.

The day will include golf as well as Mrs. Claus' Breakfast, Santa's Cheer Cart, Rudolph's Reception and contests. Registration will begin at 9 a.m. and the tournament will begin at 10 a.m. with a shotgun start. A reception and awards will follow at 3 p.m.

The fee per golfer is \$75 if registration is received by November 26 or \$85 at the door. The fee includes 18 holes of golf, breakfast, golfer gift and post-tournament reception. Each golfer is also asked to bring a new, unwrapped gift for children ages seven to 17.

Registration forms are available at OceanPines-Golf.org. Registration may also be completed by calling 410-543-2447.

Ocean Pines Golf Club is the only Robert Trent Jones championship course on Maryland's Eastern Shore. Nestled in the heart of the Ocean Pines community, it is open to the public year-round and offers annual memberships for individuals, families and juniors.

For more information about Ocean Pines Golf Club, contact John Malinowski, PGA director of golf at Ocean Pines Golf Club, at 410-641-6057 or jmalinowski@oceanpinesgolf.org.

Toy drive underway

The Kiwanis Club of Greater Ocean Pines Ocean City is collecting unwrapped toys for its annual toy drive. Toys can be dropped off at weekly Wednesday morning meetings between 7 a.m. and 9 a.m. in the Assateague Room of the Ocean Pines Community Center. The deadline is Wednesday December 5 at which time the toys will be delivered to Worcester GOLD in Snow Hill for distribution. For information call Dave Landis at 410-641-7330.



Senior class officers lead wild pack

In celebration of Homecoming and all of the spirited activities, the Stephen Decatur High School senior class officers led the class of 2019 in the annual themed pep rally walkout, which was "Welcome to the Jungle" this year.

Above: Stephen Decatur High School senior class officers **Hannah Johnson**, **Halle Friedman**, **Orre Omer** and President **Allison Jones**.



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Community Calendar

NOVEMBER

Camper playhouse to be raffled

Habitat for Humanity of Worcester County, Inc. (HFHWC) is hosting a “mini build” fundraiser. HFHWC has joined forces with the Bay Club/Carl Freeman Companies and Piney Island Construction to bring this creative project to fruition. Volunteers from the affiliate and both sponsors will build the playhouse to raffle off just in time for the holidays.

Based on the 1950s style stainless steel campers, and keeping in mind the timeless appeal of Assateague Island and neighboring coastal campgrounds, this colorful and fun playhouse is the perfect backyard addition for the family who loves the outdoors. The playhouse is designed for children ages three to 10 with a total of 64 square feet of usable space, including a rooftop deck. The camper design is a great way to inspire children to use their imaginations and dream of traveling.

“The ‘mini build’ fundraiser is a fun way for us to bring awareness to our affiliate and even more importantly, to raise additional funds for our upcoming single-family build in Bishopville,” said Andrea Bowland, executive director. “This is also a wonderful opportunity for someone to win the playhouse and make a child very happy this holiday season.”

The playhouse will be on display at the HFHWC ReStore after November 16, and will be featured on HFHWC’s float in the Berlin Christmas Parade on December 6.

Raffle tickets will be available at <http://habitatworcester.org/happy-camper-playhouse/> and on site at the ReStore, located at 9026 Worcester Highway in Berlin. Tickets are \$25 or two for \$40. The winner will be announced mid-December.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	
4 <small>Daylight Saving Time Ends</small>	5	6	7	8	9	10
11 <small>Veterans Day</small>	12	13	14	15	16	17
18	19	20	21	22 <small>Thanksgiving</small>	23	24
25	26	27	28	29	30	31



On this day in 1941, “Suspicion,” a romantic thriller starring Cary Grant and Joan Fontaine and directed by Alfred Hitchcock, made its debut. The film, which earned a Best Picture Academy Award nomination and a Best Actress Oscar for Fontaine, marked the first time that Grant, one of Hollywood’s quintessential leading men, and Hitchcock, one of the greatest directors in movie history, worked together. The two would later collaborate on “Notorious,” “To Catch a Thief” and “North by Northwest.”



Monday

Ocean Pines Poker Club
Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928.

Sweet Adelines
The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

Monday/Tuesday

Sanctioned Duplicate Bridge
Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795.

Tuesday

Families Anonymous
From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Tuesday/Thursday

Poker Players wanted for Gentlemen's Poker in North Gate area Ocean Pines. Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

Wednesday

Kiwanis Club Meeting
Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m.

Elks Bingo
Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Rotary Club
Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing
The Pinestepers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin
Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Thursday Story Time
Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles
Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577 or Kate at 410-524-0649 for more activities. BeachSingles.org.

Legion Bingo
American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous
Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Friday Knights of Columbus Bingo
Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

First Saturday Creative Writing Forum
Every first Saturday of the month at 10 a.m. at the Berlin Library. Novice and established writers gather to share their fiction, non-fiction, and creative writing projects. Program includes critiques and appreciation, market leads, and writing exercises.

OC film festival to return

After a successful two years, the Ocean City Film Festival is returning to the resort March 8 to 10, and festival organizers are now accepting entries to be screened. Hosted by the Art League of Ocean City, this festival is a regional affair that allows both community engagement and a networking outlet for artists.

The inaugural OC Film Festival was held in June 2017 and was the first of its kind in Ocean City, presenting over 100 films across four venues in four days. The three-day event moved to the off-season in 2018

to better accommodate traveling filmmakers and locals who wished to attend. The off-season date and the tradition of screening films across several venues in the resort will continue in 2019.

“Our festival stands to unite artists with their audiences and allow for an intimate and incredibly unique festival experience that can only be found in Ocean City, Maryland,” William Strang-Moya, Film Festival organizer, said. “Our third year will again feature over 100 films from a variety of filmmakers, whether they are locals or from the other side of the planet. If any extra-terrestrials care to submit, those are allowed, too.”

The Film Fest is accepting sub-

missions from filmmakers in the following categories: feature films, short horror, short documentary, youth short films, short animations, music videos, not-short-but-not-feature-length films, funny shorts, dramatic shorts, social commentary shorts, experimental films, and short “feel-good” films.

Interested filmmakers can submit their films online at filmfreeway.com/festival/oceancityfilmfestival. The entry fee is \$20 for general submissions, \$10 for students. All films must be submitted by December 1, but local filmmakers may be granted an extension by contacting Strang-Moya through the website.

More information about the Film Festival and advance tickets are available at OCMDfilmfestival.com. All those who enter an e-mail address on the website are automatically entered to win a two-night stay during the Film Festival at the Hilton Suites Ocean Front, 32nd St. The winner will be announced February 1st.

The 2019 event will feature at least three films commissioned by the Film Festival from filmmakers William Strang-Moya, Chelsea Thaler, and Nick Szpara. Ocean City native Thaler and Washington, D.C. producer Sperza are shooting their film in the resort in November.

please see **festival** on page 15



Jack Barnes with "King" listening to a student read

A man true to himself

By **June Freeman**

Jack Barnes and his wife Andrea moved full time into Ocean Pines in 2002, and he has been doing amazing things ever since. Jack and his then therapy dog named King spent six years volunteering at the Berlin Nursing Home and Rehab Center as well as Worcester County Developmental Center. His goal in volunteering has always been "to leave everyone with a smile." With 190 rooms, visiting the elderly was a daunting task. He and his handsome therapy collie would spend five to six hours a day bringing love and comfort to those who most needed it.

"You get so much more out of volunteering than you give. I sign in and walk down the halls. There are certain people you make sure you see. And if they're new, you get to know about them and their lives." He went on to explain that "in a nursing home you are sometimes dealing with people in life-challenging situations."

In an emotional moment, Jack recalled a woman named Daisey. She was very ill and found each day a struggle. Whenever King entered the room, her eyes lit up. Bringing her serenity and reassurance, King would walk to her bedside and affectionately rest his head on her frail body. With tears in her eyes, Daisey credited King for saving her life. Jack and King forged many bonds that would last for a lifetime, and beyond.

With a smile, Jack recalled attending a birthday party which a 100-year-old resident held at Captain's Galley in

Ocean City. And sometimes "amazing things happen" like when his collie strolled up to a woman with Alzheimer's and nuzzled her. Immediately she began talking. To his surprise, Jack was informed that the woman had not spoken for a year.

Jack and King brought joy not only to the elderly but also to the young. King worked as the first 'reading dog' in Showell Elementary School, along with a little assistance from his friend and trainer Jack. "I didn't expect much but Principal Paula Jones embraced the program. We worked with special education children, and I was trained by a great teacher, Elizabeth Scott," remarked Jack. Describing his technique in the classroom, he told about how he would explain to the children that King was not able to read. He then would ask for volunteers to read to King, and hands would fly into the air. King took his job seriously as he sat quietly listening with an intent look of interest as the confidence of the students grew. Not only was Jack "proud of seeing the students improve with their reading" but he was also proud of his gentle King who instinctively understood if someone was mentally challenged, sad, or sick.

There were lots of other spontaneous volunteer opportunities for Jack. There was the time when he received an unexpected call from a West Ocean City school. A man from the zoo was scheduled to bring his giant snake to a scheduled event but the

*please see **barnes** on page 15*

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2012 Business of the Year

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Antibiotics are not effective in preventing or treating the flu. Antibiotics are used when bacteria is the cause of illnesses and help kill bacteria or



stop them from reproducing, indicates Medline Plus. Influenza is a viral infection, meaning antibiotics will be useless against it. The

only times when antibiotics may be prescribed during a flu illness is if flu symptoms have contributed to secondary or tertiary illnesses, such as strep throat or ear infections. Requesting antibiotics without the presence of a bacterial infection will not help a person feel better faster, and taking antibiotics unnecessarily could compound the growing problem of antibiotic-resistant strains of bacteria.

Unofficial election results

Tuesday was election day. What follows are the unofficial results of local races.

State Senate District 38

Mary Beth Carozza (R) 25,206 (52.9%)
Jim Mathias (D) 22,421 (47%)

State Delegate 38C

Wayne Hartman (R) 14,948 (95.4%)
Ed Tinus (Write In) 0 (0%)
Other Write-Ins 722 (4.6%)

County Commissioners

District 1

Merrill Lockfaw (R) 1201 (46.6%)
Joshua Norstrom (D) 1376 (53.4%)

District 2

Diana Purnell (D) 1997 (96.4%)

District 3

Bud Church (R) 2395 (65.4%)
Zackery Tyndall 1263 (34.5%)

District 4

Theodore "Ted" Elder (R) 1640 (53.2%)
Virgil Shockley (D) 1433 (46.5%)

District 5

Chip Bertino (R) 2603 (62.8%)
Judy Butler (D) 1534 (37%)

District 6

Jim Bunting (R) 3241 (97.9%)

District 7

Joe Mitrecic (R) 2541 (97.4%)

State's Attorney

Kris Heiser (R) 18,077 (97%)

Clerk of the Circuit Court

Susan Braniecki (R) 18,298 (97.9%)

Register of Wills

Terri Westcott (R) 14,383 (64.3%)
Nicole Caudell (D) 7960 (35.6%)

Judge of the Orphans' Court

(top 3)
Mike Diffendal (R) 13601 (35.3%)
Linda Hess (R) 12763 (33.1%)
Cheryl Jacobs (R) 11,766 (30.5%)

Sheriff

Matt Crisafulli (R) 18,559 (97.7%)

Board of Education

District 1

Bill Buchanan 2106 (99%)

District 4

Bill Gordy 2596 (99.1%)

District 6

Eric Cropper 3149 (99%)

District 7

Todd Ferrante 2461 (98.8%)

Italian dinner to be held

An Italian Dinner and Auction hosted by Bethany United Methodist Church will be held Saturday, November 17 at 5 p.m. The church is located at 8648 Stephen Decatur Hwy (corner of Rte. 611 and Snug Harbor Road) in Berlin. The auction will include themed gift baskets, theater tickets and art work. The cost for adults is \$10 in advance/\$12 at the door. Ages five to 12: \$6. Age 4 and under: Free. For more information call 410-641-2186 or email Bethany21811@gmail.com.

RWWC to host dinner

The Republican Women of Worcester County will host their November Dinner Meeting on Thursday, November 15, at the Ocean Pines Yacht Club. The guest speaker will be Jody Rush-ton, president of the National Federation of Republican Women. Doors open at 5 p.m. The speaker will be on at 6 p.m. and dinner will be served at 7 p.m. To make your reservation and/or for more information, please contact Ann Lutz at annlutz60@gmail.com or at 410-208-9767.



Awards - Larry Walton, president of AARP of Ocean Pines and of the National Association of Retired Federal Employees, received recently two awards: The Maryland Senior Citizens Hall of Fame and the Geri Award for outstanding service. Photo by Anna Foulz.

My little girl turning sixteen

Author's Note: The past week has been hectic and I didn't have the opportunity to write a new column for this week. I found this one from a

time that I felt something deep inside me click into place. Fathers before me, and those after me, know what I'm talking about.



It's All About. . .

By **Chip Bertino**

chipbertino@delmarvacourier.com

while ago that I thought you could relate. My daughter is now married and has two school-age children. She and her family just moved to Alabama. How nice it would be to again celebrate her Sweet 16.

Absent my being able to conjure up magical powers that would allow me to roll back time, my daughter, my little girl, will turn 16 this week. Just like every other father I am helpless to do anything about it, relegated to watch from the sidelines.

It's easy to wonder how time went by so quickly. How did I go from holding a bright-eyed baby in my arms to watching a young woman climb into the driver's seat of my car learning to drive?

Sixteen years ago, I was excited and, honestly, scared about becoming a father for the first time. Would I be a good father? Would she come to hate me if I made her eat all her vegetables?

I think fathers worry more about this than mothers do. Mothers start being mothers from the time of conception. They have nine months of "mothering" experience before the baby is born. Fathers don't really become fathers until the moment the nurse gently places our babies in our arms. That's when fatherhood becomes very real.

I was in the delivery room when my little girl was born. I wasn't sure what to expect. Everyone in the room had a function to perform. Aside from giving support to my wife, my role was limited to waiting. Truthfully, I couldn't help thinking that I was pretty much in the way. It wasn't until I saw my little girl and more importantly when she looked at me for the first

My little girl, my only little girl, isn't little anymore. Her crooked tooth smile is no more thanks to braces. She talks about going to and graduating from college. She talks about moving away from home, living far from

where she has grown up. She talks about her future with a gleam in her eye that makes her father proud and wistful at the same time.

Long gone are the rainy Saturday afternoons when she would climb up on my lap and "force" me to watch "The Rescuers" over and over again. Gone are the days when she would wrap her little hand around my finger when we'd take a walk.

Where was I when all this change transpired? Despite the reality that she's gone from pigtails to style cuts, I



still harbor some of the same concerns I did before she was born, except in past tense. Did I go to enough of her softball games? Probably not. Did I go to all her school performances? I tried. Was I there for her when she needed someone to tell her to keep trying? Did I teach her how to think for herself? I think I succeeded on this last one.

Turning 16 is a milestone in a person's life. It's just one of many that all of us reach during our lifetimes. However, as my little girl reaches this milestone, I too am reaching a milestone in my life: the realization that I am no longer the father of a little girl.

Well, just for the record, regardless of how many milestones my daughter reaches, no matter how far away she moves when she leaves home, she will always be my little girl.

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Gratitude - Sand Castle Home Tour docents **Bebe Antonini, Teri Antonini, Nancy Fortney** and **Diane Purdy** share a table at afternoon tea on October 19 held by the Art League of Ocean City at the Ocean City Center for the Arts to thank the volunteers for their time and energy.

Pines holiday tree program returns

The most developed park in Ocean Pines, located near the center of the community, will soon look like a winter wonderland with uniquely decorated Christmas trees.

"White Horse Park will soon beat to the sounds of twelve drummers drumming, eleven pipers piping, ten lords a leaping and you know how the song finishes," said Denise Sawyer, marketing and public relations director for Ocean Pines Association. "Each year, we look to our community for holiday spirit in the form of creative Christmas tree decoration."

Businesses, local organizations,



neighborhood groups, clubs and residents are invited to sponsor a tree that ranges from eight to 10 feet. The cost is \$50.

The trees, which are decorated by the sponsors, will be on display at White Horse Park from November 23 until the end of the holiday season.

The Ocean Pines Recreation and Parks Department will have the trees available for decorating on Friday, November 16.

The "Hometown Christmas" Tree Sponsor Program culminates in an event for the whole family, set for Saturday, November 24, at 6:30 p.m., where guests can view the trees and enjoy live musical performances by local choirs, a visit from Santa, holiday refreshment, and so much more.

This event is open to the public. For more information, contact the Recreation and Parks Department at 410-641-7052.

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MSO to celebrate holiday season

The Mid-Atlantic Symphony's (MSO) holiday concerts will feature traditional seasonal favorites with a little extra pop. The Symphony is hosting its holiday concert, "Holiday Joy, Angelic Sisters!" on Thursday, December 6 at 7 p.m. at the Avalon Theatre in Easton, MD; on Saturday, December 8 at 7 p.m. at Cape Henlopen High School, 1250 Kings Highway, Lewes, DE; and on Sunday, December 9 at 3 p.m. at Ocean City Convention Center, 4001 Coastal Highway, Ocean City, MD. The Karpov sisters will combine opera, jazz and pop in a special way. The MSO's New Year's Eve Concert will be held on Monday, December 31 at 7 p.m. at Christ

please see mso on page 15

Commissioner **Chip Bertino** is
Engaged. Effective. Responsive.



Reelect
Commissioner Chip Bertino
District 5

Bertino for Commissioner; Susan Bertino, Treasurer

PRMC pediatric unit moves

Peninsula Regional Medical Center (PRMC) is opening a newly renovated six-bed Pediatric Unit in a familiar space: the fourth floor of the Medical Center's East Tower. The unit opened for patients on November 13 following a six-month renovation of the area. Pediatrics had been on the fourth floor of the East Tower for a number of years before moving to the Layfield Tower in 2008.

Pediatrics is relocating back upstairs from its current location on the first floor adjacent to the Robert T. Adkins, MD Emergency/Trauma Center. Taking occupancy of that ten-bed space will be a new and specialized Pediatric Emergency Unit with its own staff of specially trained providers and clinical team members.

As pediatric emergency cases increased, the dual space in the Layfield Tower could no longer accommodate both an emergency and a traditional pediatric unit. The move now reunites all Women's and Children's services on the fourth floor.

"With Pediatrics returning to a larger unit it will share with our Special Care Nursery, we will again have Labor & Delivery, Mother/Baby, Pediatrics and Special Care all on the same floor and a short walk from each other," said Diane Hitchens, Director of Women's and Children's Services at PRMC. "With care for moms, babies and children becoming even more specialized, this creates that

dedicated, consistent and quiet environment that is so important to the start of life and healing processes."

The 4 East unit will undergo a full renovation starting after the Pediatrics move-in, and will be complete by the year 2020.

Craft club to meet

The Pine'er Craft Club will hold its meeting on Thursday, November 15 at the Ocean Pines Community Center. The meeting will begin at 10 a.m. with refreshments at 9:45 a.m. This month's project is painted holiday pillow. The cost is \$5 which includes a pillow; \$3 if you bring your own. Everything needed to complete the project will be supplied. All are welcome.

Sausage sale offered

The Bishopville Volunteer Fire Dept Auxiliary will hold a fresh sage sausage fundraiser. The cost is \$20 for a five-pound package; either mild or hot. Call 443-735-7473 by November 15 to reserve your package. The sausage will be available for pickup on December 1 at the main station from 8 a.m. to noon.

Glass ornament fundraiser offered

The Bishopville Volunteer Fire Dept Auxiliary will hold a fundraiser to learn to blow your own glass ornament at Jeffrey Auxer Designs studio in Berlin on various dates in November and December. The cost is \$30 per person for one ornament. Call 443-880-4944 to reserve your space today. The dates available are November 27 and 28, December 4, 5, 11 and 12. All sessions begin at 6 p.m.



Littleton visits Kiwanis

What a wonderful time when Wayne Littleton, Respite Programs Director of Believe in Tomorrow's programs at the beach, a local organization providing children with life-threatening issues with a stay at the beach for respite while dealing with those issues. There are over 130 volunteers helping this effort. "Mr. Wayne," as the children call him, started working at the Children's House By the Sea in 2001. There are three local beach facilities available to visiting families.

Pictured are (L-R) President of the Kiwanis Club of Greater Ocean Pines - Ocean City **Dick Claggett** and **Wayne Littleton**.

Wor-Wic graduates listed

The following students completed their program requirements to graduate with a certificate of proficiency (CT), associate of applied science (AAS), associate of arts in teaching (AAT), associate of science (AS) or associate of arts (AA) degree from Wor-Wic Community College this past summer.

Berlin: Angela Lee Day, AS, Nursing; Alona Dubrovskaya, CT, Nursing; Jenna Enderle, CT, Nursing; Nicholas P. Fleming, CT, Criminal Justice; Michael Andrew Lennon Hamblin, CT, Criminal Justice; Kevin Patrick Lloyd, CT, Criminal Justice; Alexia N. Murcia, AA, Business; Carolyn Peabody,

AA, General Studies; Martez D. Purnell, AAS, Criminal Justice; Brian M. Rafer, AA, General Studies; Hailey M. Scott, CT, Nursing; Leann Weamer, AAS, Chemical Dependency Counseling; and Ashley E. Zlotorzynski, AAS, Chemical Dependency Counseling.

Bishopville: Rachel Erickson, CT, Nursing; Shakiyla Q. Gordon, AS, Nursing; Dylan Kerkovich, AAS, Criminal Justice; Damian S. Lockhart, AA, General Studies; and Edward Ruggerio, AAT, Education.

Newark: Sarah Ann Lewis, AS, Nursing.

please see **graduates** on page 15

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So we will play my songs on
stringed instruments Isaiah 38:20**



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Jammies - Ocean City Elementary (OCES) held its second annual Pajama Drive October 15 to November 2. Students were encouraged to bring in a new pair of pajamas to donate to the Pajama Program, a 501(c)3 non-profit organization that provides new, warm pajamas and books to children in need. At the end of the PJ Drive, OCES students, faculty and staff proudly collected 94 pairs of pajamas.

Pictured from left to right **Dixie Davis, Trevor Lehman, Hayden Yeager, Wyatt Scimegeour, Lewis Takacs and Jamari Sears.**

Strengthen, condition and tone at indoor pool

"Aqua Circus" may be better suited as the name of a new class that is set to begin at an indoor public pool in Ocean Pines.

Call it what you will, pool aerobics, aqua craze or water wacky workout, "Aqua Circuit" at the Sports Core Pool is a unique total-body workout that is ideal for those looking to burn calories without feeling a burn in their joints.

The instructor-guided Aqua Circuit classes will be offered November 13 through January 3 on Tuesdays and Thursdays from 7 a.m. to 7:45 a.m. and December 18 - January 31 on Tuesdays and Thursdays from 10 a.m. to 10:40 a.m. at 11144 Cathell Rd. in Ocean Pines.

The high-intensity class features a lineup of different exercises with a variety of equipment, including underwater trampolines and hydrobikes.

"The hydrobikes and trampolines have been some of our best purchases," said Colby Phillips, Ocean Pines aquatics and recreations director. "The workout you get in the water alone is a good one; adding these fun equipment pieces just adds to the intensity and the fun."

The cost per person is \$85 for Ocean Pines swim members, \$90 for Ocean Pines residents and \$95 for non-residents. The drop-in fee for the Aqua Circuit program is \$8 for Ocean Pines swim members, \$10 for Ocean

Pines residents and \$12 for non-residents per class.

please see pool page 15

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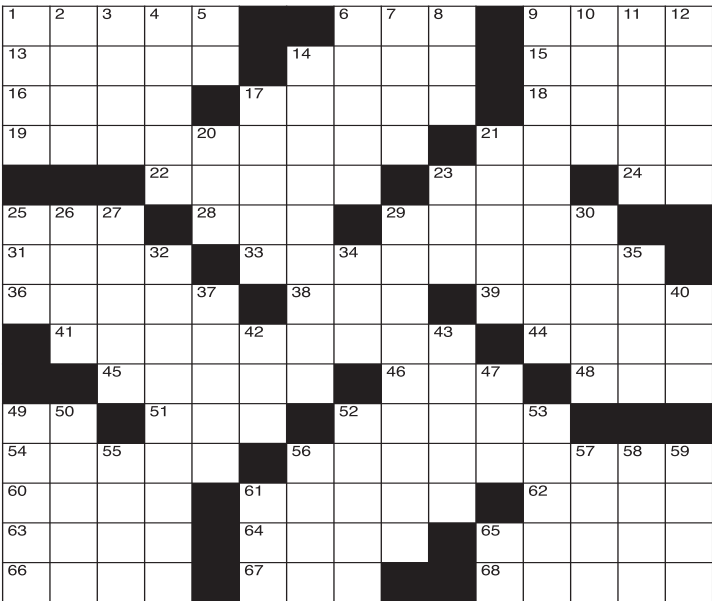
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CLUES ACROSS

1. Type of toast
6. Peter Griffin’s daughter
9. A group
13. Ancient Greek unit of weight
14. Small amounts
15. Ready and ____
16. Right
17. Asian antelope
18. Cambodian monetary unit
19. Type of leather
21. Secret clique
22. Cabbage and cole are two
23. Burmese ethnic group
24. Empire State
25. Be in debt
28. Italian monk’s title
29. Asian plants
31. Everyone has one
33. One who can’t sleep
36. “Glengarry, Glen Ross” playwright
38. Shock therapy
39. Cavalry sword
41. A must-have
44. Type of fabric
45. French composer
46. A type of pen
48. Snout
49. One of the six noble gases
51. Married woman
52. Register formally (Brit.)
54. Greek sorceress
56. Depository library
60. A tightknit group
61. Ancient units of measurement
62. He was Batman
63. Dry or withered
64. Margosa tree
65. Tables (Span.)
66. Large jug
67. Make a mistake
68. Puerto Rican genre of music “La ____”

CLUES DOWN

1. Insect drawn to flame
2. A Spanish river
3. Reduce (Brit. sp.)
4. Wish well
5. Robots are an example
6. Young women
7. The tip
8. Young women’s association
9. One who is suspicious
10. A child’s apron
11. Not dirty
12. Fightin’ Irish football coach
14. People from Taiwan
17. Harry Belafonte’s daughter
20. Santa’s helper
21. Cereal plants
23. Respectful address
25. Unit of electrical resistance
26. Used to managing without
27. Type of chair
29. London footballers
30. Vaccine developer
32. 10 meters
34. Type of story: ____ fi
35. Covering on birds’ beaks
37. Small freshwater fish
40. Confederate soldier
42. Female sibling
43. Belgian city
47. An electrically charged atom
49. A way to entertain
50. Regenerate
52. Highly flammable liquid
53. Mark
55. Not good
56. Eloquent Roman orator
57. Absence of difficulty
58. Kazakhstan district
59. Plateau
61. Midway between northeast and east
65. Military policeman

M	A	S	T		Y	E	S	E	S		S	P	A	N
E	B	L	A		A	R	I	L	S		A	L	A	E
S	B	I	C		P	A	R	E	R		T	E	R	R
S	A	T	E	S		S	U	P		J	I	B	E	D
					T	E	L	E	P	H	O	N	E	
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A	B	L	E	R		S	A	T		S	A	L	O	L
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S	R	O		P	A	R		S	A	G		S	M	A
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S	E	E	L		A	D	I	E	U		A	L	M	S
H	E	W	S		B	E	R	N	E		S	E	B	E

Answers for November 14



Too much wind

Last month I described for you the embarrassment of a rookie sailor learning not to go out when there is no wind. This month, I’d like to share with you what happens when the same rookie goes out with too much wind.

After our becalmed sortie on the Delaware River, Nancy and I hypothesized that sail boats sail better in wind and the logical corollary was that sail boats sail great in lots of wind. Therefore, we were delighted to find ourselves about to launch our little 16-foot yellow daysailer behind Sea Isle City, NJ, two weeks later with a steady 25 mph breeze. We were about to learn the meaning of small craft advisory.

There weren’t any other boats around so we could use the entire 75-yard-wide channel to maneuver. In fact, the only other soul that was out on that breezy Sunday afternoon was a young boy who was crabbing off the pier. The channel is bounded on the east by summer cottages packed close together with their bulk heads and floating docks for backyards. Each enjoyed a beautiful view of the setting sun over the South Jersey marshlands that made up the west bank of the channel.

Let me try to describe what happened. First, the word ‘reefing’ was not yet in our vocabulary. Reefing is the practice of reducing the sail size by lashing the lower section of the main-sail to the boom to match the power of the wind. Too much wind hitting too much sail can ‘knock you down.’

As we shoved off, the wind smashed us into the pilings. Then, we were swept down wind while I scrambled to get the sails set and the rudder upright we had the boom all the way out to spill wind. We got her turned around and onto a starboard tack. However, to keep her upright we had the boom all the way out to spill wind.

Moments later, we were on the East side of the channel and faced with a real tack. We didn’t make it. The wind was too strong for our seamanship and we smashed into a private

dock. Still too dumb to recognize our predicament and call it a day, we collected our thoughts and prepared to push off again.

The gentleman who owned the house came to our assistance. We’re not sure whether he was being the first Good Samaritan of the day or just a fan of slapstick. Anyway, we pushed off and immediately began to turn upside down. We discovered the problem just before we lost it. The little string that goes from the top of the mast to the back of the boom (‘topping lift’) was loose (‘never secured’). It was flying straight out in the wind from the top of the mast like a skinny pennant and had tangled in some fishing poles on a moored boat.

The guy on the dock yelled for us to throw him a knife and he’d cut us loose; but all we had was a pair of Nancy’s sewing scissors. Once again, our sailing acuity had provided us with another incredulous look from a bystander. This one was a man standing on his dock holding a pair of rusty scissors as the Force 5 wind turned our sixteen-foot daysailer into a cigarette boat.

The adventure continued on the next tack. We just couldn’t handle the conditions. After three unsuccessful attempts to come about by tacking the bow through the wind, I made a command decision to jibe the stern through the wind. It seemed like the only logical course of action despite the fact that the wind was over 20 knots, the boom was fully extended, we had failed at every maneuver so far and the Annapolis Sailing School had warned us about the difficulty of jibing. The decision was at least consistent. Our record remained perfectly blemished. We jibed, rolled ... and sank.

Immediately we began the process of recovery. Having never flipped a boat before, I was relying on remembering all those magazine articles and half-read text books. We first made sure we were okay and then we attended to the boat. It was lying on its

please see knots on page 11



WPS announces homecoming court

Worcester Preparatory School (WPS) hosted its Upper School Homecoming Dance on October 20.

Above: Freshman Prince **Vaughn Zender**, Princess **Faith Sens**, Sophomore Prince **Daniel Chen**, Princess **Arusa Islam** (Ocean City), Junior Prince **Gavin Carmody**, Princess **Jordan Campbell**, Senior Prince **Alec Dembeck**, Princess **Maria Deckmann**, Senior King **Cameron Hill**, Queen **Kendall Whaley**.

A tasty take on turkey just in time for Thanksgiving

Next week is Thanksgiving. Perhaps no day is more synonymous with a certain dish than Thanksgiving is with turkey. As tasty as turkey can be, this flavorful fowl does not find its way onto many families' dinner tables unless it is Thanksgiving Day.

Secret family turkey recipes may reign supreme in some households, but holiday hosts with no such re-

sources can consider this unique recipe for "Holiday Turkey" from Andrew Schloss "Cooking Slow" (Chronicle Books). By slow cooking the turkey, cooks can ensure it is evenly cooked

Holiday Turkey Makes 15 servings

- 1 fresh turkey, about 15 pounds, preferably free-range
- 1 tablespoon olive oil
- 1 quart apple cider
- 1 teaspoons dried poultry seasoning

Coarse sea salt and freshly ground black pepper

Remove the giblets from the turkey and discard (or save for another use). Rinse the turkey inside and out and pat dry with paper towels. Rub it all over with salt and pepper. Refrigerate, uncovered, for at least 12 hours and up to 24 hours. During that time, the surface of the turkey will become visibly dry and the skin will tighten; this encourages a nice crisp skin on the finished bird.

Remove the turkey from the refrigerator 1 hour before you plan to start roasting. Preheat the oven to 450 F.

knots
from page 10

left (port) side. I swam around and loosened the rope that pulls up the big sail ('main halyard') and the one you use to let the boom out ('main sheet'); then I swam around to other side.

According to the book I should have been able to stand on the centerboard and right the boat. Unfortunately, there was no centerboard. One of the many things I forgot to do when we were unceremoniously swept underway was to cleat off the centerboard in the down position. Therefore, when we flipped, gravity pulled it back into the upside-down hull.

At that moment it occurred to me that none of those really inspirational sailing magazine articles were pertinent but their ads were. As we drifted hanging on to the bottom of our 16-footer, Nancy declared, "We need a bigger boat."

Eventually, our yellow turtle washed up on the marsh side of the channel where it was fairly easy to right her. I simply picked the mast up out of the mud and stepped it to the vertical.

Bailing was a little bit trickier. The water was coming in over all sides ('gunwales') as fast as I bailed. It suddenly occurred to me that we were sitting on the bottom. We had sunk! Armed with this brilliant insight, I suspended bailing until the out going tide revealed all the gunwales.

Next came Good Samaritan number two. A cruiser with three fishermen who were returning from a deep-sea trip offered us a tow. They threw us a line which I tied to the handrail instead of a cleat. The captain revved his mighty engine and began to haul our still grounded day-sailer with its two-ton liquid cargo.

Unfortunately, handrails aren't made for this. It sounded like John Wayne breaking a chair in a barroom fight when the handrail let go. I felt bad, not for me, but for the fishermen. You see when the handrail broke, the tow line was under great tension. It snapped back to the fishing boat, rapped around the prop and turned the magnificent deep-sea cruiser into a raft.

In the prevailing breeze, they drifted into the mud about two hundred yards farther down wind. My last vision of them was one unhappy fisherman wading knee deep trying to unfoul his prop. "Sorry about that" was about all I could console from our own incapacitated situation.

Later in the day, a second cruiser stopped to give us assistance. Ever notice how 'real' sailors don't call them 'stink pots' when they're in trouble? By this time, we were afloat. I tied his line to a cleat and we were underway.

When we began an excessive serpentine motion while under tow, he yelled back to use the rudder to straighten her out. This simple request brought Nancy and me face to face with yet another embarrassment. One of the other things I forgot to do during our helter-skelter launch was to secure the catch that holds the rudder into the hinges ('pintles' into the 'gudgeons'). Therefore, when we flipped, the tiller and rudder assembly fell off the stern and sank to the bottom.

By the time we were mercifully dropped off at the launch ramp, I thought our embarrassment was over



for the day. Not so. The whole episode took place within site of the ramp. The young lad who was crabbing was still there and although he didn't catch anything, he assured us that he had had one of the most enjoyable days of his life. In fact, he could hardly contain himself.

The real rule number one had become clear: Don't sail where no one else is sailing. The tuition for the lesson was one broken spreader, one broken handrail, one lost tiller assembly and everything that wasn't tied down.

By the way, rule number one also applies to motorboats. There is usually a good reason why no one is boating in a particular area. Be careful. In the words of Clint Eastwood, "Do you feel lucky today?"

Tides for Ocean City (Fishing Pier)				
Day		High /Low	Tide Time	Sunrise Sunset
Th	15	High	12:30 AM	6:42 AM
	15	Low	6:36 AM	4:48 PM
	15	High	12:57 PM	
	15	Low	7:30 PM	
F	16	High	1:29 AM	6:43 AM
	16	Low	7:32 AM	4:47 PM
	16	High	1:53 PM	
	16	Low	8:18 PM	
Sa	17	High	2:27 AM	6:44 AM
	17	Low	8:29 AM	4:47 PM
	17	High	2:47 PM	
	17	Low	9:05 PM	
Su	18	High	3:20 AM	6:45 AM
	18	Low	9:24 AM	4:46 PM
	18	High	3:37 PM	
	18	Low	9:51 PM	
M	19	High	4:07 AM	6:46 AM
	19	Low	10:17 AM	4:45 PM
	19	High	4:24 PM	
	19	Low	10:35 PM	
Tu	20	High	4:52 AM	6:47 AM
	20	Low	11:08 AM	4:45 PM
	20	High	5:09 PM	
	20	Low	11:19 PM	
W	21	High	5:36 AM	6:48 AM
	21	Low	11:56 AM	4:44 PM
	21	High	5:53 PM	

Please see *turkey* on page 14



The Worcester County Veterans Memorial at Ocean Pines hosted again this year the Veterans Day Program on Sunday. Photos are courtesy of Joe Reynolds.



Joint Color Guard - American Legions: Post #123 Berlin, Post #166, ALR Chapter #166-Ocean City, Post #231-Berlin, Post #237 - Hebron; First State Detachment, Marine Corps League and Vietnam Veterans of America, Chapter #1091 - Ocean City.



Trish Harner, a seventh grader at Stephen Decatur Middle School sings the national anthem.





Champ - Meg Herrick won the 2018 Ocean Pines Ladies Golf Association Championship. The two-day tournament was held at Ocean Pines Golf Course.



New Officers

The Ocean City/Berlin Leo Club recently installed new officers for the 2018/2019 year. The Leo Club is a youth group sponsored by the Ocean City Lions Club and is based at Stephen Decatur High School in Berlin. Every year the Leos assist the OC Lions in raising awareness and funds for their many eyesight programs. including the National Lions Leader Dogs for the Blind program. The Leo Club is also involved with the Wounded Warriors Supply Drive and various food and clothing drives around the community.
Picture: left to right: Treasurer **Logan Townsend**, President: **Kennedy Duke**, Vice President **Samantha Short** and Secretary **Halle Friedman**.

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If you're experiencing chronic shoulder, hip, or knee pain, we invite you to schedule a consultation with Dr. Hooker by calling **410-629-0366**.

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turkey
from page 11

Put the turkey on a rack set in a large, flameproof roasting pan. Drizzle the oil over the top.

Roast for 1 hour. Reduce the oven temperature to 175 F. Pour the cider into the roasting pan and sprinkle the poultry seasoning in the liquid. Continue roasting until an instant-read thermometer inserted into the thickest part of a thigh (but not touching bone) registers to 170 F.

Transfer the turkey to a carving board, tent loosely with aluminum foil, and let rest for about 15 minutes (see tip). Meanwhile, skim the fat from the surface of the liquid in the pan. Put the roasting pan over two burners and bring the pan drippings to a boil over high heat. Cook until the juices reduce and thicken slightly, enough to coat a



spoon, about 10 minutes. Taste for seasoning. Carve the turkey and serve with cider pan juices.

Resting tip: Slow-roasted meats need far less resting time (pretty much none) than those that are traditionally roasted. The reason for resting meat that has been roasted at a high temperature is to allow juices that have collected in the cooler center time to migrate back into the dryer (hotter) exterior sections after it comes out of the oven. Because slow-roasted meats are cooked evenly and a

temperature that keeps most of the juices in place, a resting period is largely unnecessary. A brief resting time does allow the meat to become a little firmer as it cools, making it easier to carve.



Game day - St. Paul's Church on Third Street held a games day party to raise money for the church. Among the organizers were (L-R) **Amanda Cropper, Karen Cramer, Kay Ayres and Debbie Shuster.** Photo by Anna Foutlz.

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barnes

from page 3

man cancelled. Jack was asked to fill in with his therapy dog. When asked how it went, Jack smiled and replied, "Well the audience was expecting this huge snake and then we showed up. But it went just fine. Sometimes you just have to wing it a little bit." Since King's passing, rescue collie Tobi has been fulfilling therapy duties.

Jack's affinity for doing good and listening to people tends to put him in unlikely scenarios. It happened that he and his wife were eating at a local diner when their paths crossed with a young couple who had just moved into the Pines. When Jack found out the man had not found work, he talked to the man, discovered his area of talent, and found him a job.

But the story did not end there. Jack tried to re-contact the man to tell him about an additional offer for work. Jack did not remember the gentleman's exact address but he recalled the street, or so he thought. Jack and Andrea began their search by knocking on doors and happened upon a house "with a broken window taped with paper and generally a house that looked like it was going to fall down." An older woman answered the door and Jack learned that she was restricted to her couch and television due to serious hip and back injuries from an accident. Jack explained, "I found her by accident. So, what do you do? You just don't leave it." Not surprisingly, he managed to find enough good people to help fix doors, windows, install heating, and make sure the house would not collapse. And Andrea saw the woman through her much-needed hip surgery at John Hopkins.

And yes, he eventually managed to find the man for whom he was searching.

Jack noted that things in life are not always planned. They just happen. In 2004, Joe Reynolds, creator and manager of OceanPinesForum.com, asked him to host and produce an internet show. With nearly one hundred episodes, "Focus on the Pines" became an online success and can be found today on the website.

Family is the center and most important part of his life. Jack's family includes his beautiful and talented wife Andrea, their two sons and daughters-in-law, and five grandchildren. The other important thing on which Jack places a value is character. He explained, "Your character is so important. Be truthful, respectful of others, do things that you enjoy, and give back to the community."

And true to himself, Jack Barnes has done all this and more.

**pool**

from page 9

The Sports Core Pool also offers a new six-week Aqua Trampoline class on Wednesdays from 11 a.m. to 11:35 a.m., beginning Dec. 19. The trampolines allow folks to bounce into a new form of calorie-burning cardio fitness.

In addition, the facility's popular HydroRider Cycling program has availability in an upcoming Tuesday and Thursday class. Folks who are

looking for a user-friendly, in-water cycling workout can enroll in the class, which runs December 11 to January 24 from 6 p.m. to 6:45 p.m.

Registration for these programs, which are open to the public, may be completed by calling 410-641-5255 or visiting the Sports Core Pool.

Information about additional Ocean Pines aquatic programs, including an online version of the Ocean Pines Activity Guide, is available at OceanPines.org.

graduates

from page 8

Ocean City: Joshua B. Anderson, AAS, Business; Hannah C. Duckworth, AAT, Education; Brittany E. Gede, AS, Nursing; David D. Machado, AA, Business; and Lindsey Moore, CT, Nursing.

Pocomoke City: Tina M. Artis-Brown, AAS, Hotel-Motel-Restaurant Management; Heath Austin Cowger, CT, Criminal Justice; Alexandra R. D'Agostino, CT, Nursing; Brianna Sue

Jones, AAS, Office Technology; Austin A. McGee, CT, Criminal Justice; Phyllisse Nelson, CT, Criminal Justice; Lydia Annabelle Parsons, CT, Nursing; and Takiara L. Taylor, CT, Nursing.

Snow Hill: James Burke, CT, Emergency Medical Services; Rachel L. Carmean, CT, Nursing; Samantha M. Hunter, AS, Nursing; and Angel Smythers, AS, Nursing.

Stockton: Jamie M. Nock, AS, Nursing.

festival

from page 2

"Not only are we screening films, but the Film Festival has helped to create art," Rina Thaler, executive director of the Art League, said. "One of our goals is to inspire talent and give creators a venue to show their work."

The Town of Ocean City's Tourism Board and private individuals and companies have provided grants for the event. The Film Festival is also seeking additional sponsors. More information on sponsorship opportunities is available at OCMDfilmfestival.com or by calling the Art League at 410-524-9433.

The films that will be shown are not rated, and viewer discretion is advised.

The Ocean City Center for the Arts at 502 94th Street is the home of the Art League of Ocean City, a non-profit organization dedicated to bringing the visual arts to the community through education, exhibits, scholarship, programs and community art projects. Financial support comes primarily through membership dues from individuals and corporate sponsors. Funding for exhibits is also provided by the Community Foundation of the Eastern Shore, the Worcester County Arts Council, Maryland State Arts Council and the National Endowment for the Arts, organizations dedicated to cultivating a vibrant cultural community where the arts thrive. More information is available at 410-524-9433 or OCMDfilmfestival.com.

mso

from page 6

Church in Easton, MD featuring vocalist Jessica Renfro.

Hailed by the San Francisco Chronicle for her "elegant" soprano, both "incisive and tender," Suzanne Karpov is quickly distinguishing herself as one of the country's leading young sopranos. In the 2016-17 season, Karpov made her debut with Washington National Opera and has made various soprano soloist appearances since including recently her professional debut with American Bach Soloists in Handel's Messiah, a performance of Messiah at the Kennedy Center with the Washington National Opera Orchestra. Suzanne Karpov's sister Jessica Karpov is a famous song-writer for artists such as Kelly Clarkson, Britany Spears, and Demi Lovato.

Mezzo Soprano Jessica Renfro is

an accomplished concert artist, having performed with the Baltimore Symphony Orchestra, Richmond Symphony Orchestra, Delaware Symphony Orchestra, Buffalo Philharmonic, Bach in Baltimore Concert Series and the Bay-Atlantic Symphony in solo orchestral works including Handel's Messiah, the Mozart Requiem, and the Bach B Minor Mass.

The Mid-Atlantic Symphony Orchestra is supported in part by the Maryland State Arts Council, the Talbot County Arts Council, the Worcester County Arts Council, Sussex County, Delaware and the Community Foundation of the Eastern Shore, Inc. Tickets for these concerts and more of the MSO are available online at midatlanticsymphony.org or by telephone (888) 846-8600. For further information, visit midatlanticsymphony.org.

We Thank You !!



I thank you from the bottom of my heart. Our grassroots campaign team of family, friends, volunteers & supporters from all three counties share in this victory. I thank God and all of you for this opportunity to serve the people and to give my all to protect our Shore way of life.

Mary Beth Carozza



I want to sincerely thank the voters of Worcester and Wicomico Counties for their overwhelming support. It was the combined effort of family members, many volunteers and supporters. I am truly grateful and look forward to serving the community in Annapolis !

Wayne Hartman

OUR SIGN WARRIORS



We want to express our appreciation of the sign team for their many hours of work and dedication with signage and preparation at the polls! Trent was out breaking down signs at the polls so not shown in family photo above.

(Left: Trent Hartman, center Allan Beres and far right, Tony Carozza)

By Authority: Friends of Mary Beth Carozza, Pat Schrawder, Treasurer and

Friends of Wayne Hartman, Jay Knerr, Treasurer