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November 22-28, 2018

Volume 47
 THROGGS NECK/PELHAM BAY
 AND COUNTRY CLUB



NEW
 REAL ESTATE LISTINGS

-SALES
 -RENTALS



INSIDE!

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11/23/2018

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Saturday 8:00AM-9:00PM • Sunday 8:00AM-7:00PM

174 ROUTE 52
CARMEL, NY 10512
845.228.0800

Monday-Friday 8:00AM-10:00PM

WWW.ELECTRICPARADISETANNING.COM

*1 per customer - Friday only

Cranberry Sweet Potato Casserole



Ingredients

- 1 (14 ounce) can whole-berry cranberry sauce
- 2 (29 ounce) cans Sweet Potatoes in Syrup, drained
- 1 1/2 cups slightly crushed cornflakes
- 3 tablespoons melted butter
- 2 tablespoons brown sugar
- 1/2 teaspoon pumpkin pie spice



Directions

Heat oven to 350 degrees F.
Spread cranberry sauce into the bottom of a 6-cup casserole dish.
Spoon sweet potato chunks over the top.
In a small bowl, stir together the cornflake crumbs, melted butter, brown sugar, and pumpkin spice. Scatter evenly over the top of the potatoes and bake for 30 minutes, or until golden brown.

Key Food
FRESH

The Difference is Key.

Sale Dates	Nov 26
Nov 23	Nov 27
Nov 24	Nov 28
Nov 25	Nov 29

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Farm Raised Fresh Atlantic Salmon Fillet

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\$1.99 lb. Family Pack

Farm Raised Fresh Atlantic Salmon Fillet

Tilapia Fillet

10 Oz Cont. AquaStar Raw Shrimp Ring

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\$5.99

2 1/2 lb Bag... 28-30 Count Per lb EasyPick AquaStar Raw Shrimp

\$14.99

Premium... Ecuadorian Regular or Cooking

Belinda Bananas

69¢

39¢ lb.

Seeded Red Globe or Red, Green or Black

Welch's Seedless Grapes

Red or Green Organically Grown Seedless Grapes

\$9.99

\$1.99 lb.

Fresh Large Pomegranates

2/\$5

Ripe Golden Pineapples

2/\$5

Fresh Blueberries

3/\$10

Fresh Raspberries or Blackberries

3/\$10

Tommy Atkins Mangos

99¢

8-14 Oz Bag Garden of Eatin' Classic, Angel Hair or Creamy Colelaw or Shredded Lettuce, Carrot or Red Cabbage

4/\$5

11 Oz. Canned Assorted Fresh Attitude Salads

\$4.99

Dole Salads

4/\$5

Golden Classic Italian Teriyaki or

Boar's Head EverRoast Chicken Breast

15.5 Oz Pig Chabaso Classic Baguette

\$1.99

\$7.99 lb.

100% Water Added

GlenRock Deli Ham

8 Oz Cont Assorted Vanilles Triple Hummus

\$1.99

\$4.99 lb. Sliced To Order

24 Oz Pig... 12 Count

Maple Glazed Donuts

Perdue Turkey Breast or Domestic Key Food Swiss Cheese

\$2.99

\$5.99 lb. Sliced To Order

Imported From Italy Store Cut

Pecorino Romano

15.5 Oz Jar Assorted Prego Pasta Sauce

3/\$5

10.5 Oz 12 & 6 Box Fresh Berry, Coconut Almond or Raspberry Assorted or Neusch or 10.5 Oz Box... Assorted

Kellogg's Special K Cereal

\$1.99

14.5-24 Oz Jar... Assorted

Prego Pasta Sauce

20 Fl Oz Squeeze BB Regular, Light or Olive Oil StarKist Solid White Tuna

4/\$5

\$2.99

15-16.3 Oz Jar Assorted

Skippy Peanut Butter

16 Fl Oz Can Campbell's Homestyle Soup

2/\$4

16 Fl Oz Can Assorted

Campbell's Homestyle Soup

20 Fl Oz Pig In Water Urban Meadow White Bread

\$1.29

2/\$4

20 Fl Oz Pig In Water

Urban Meadow White Bread

20 Fl Oz Pig In Water Bumble Bee Chunk Light Tuna 4 Pack

\$3.49

20 Fl Oz Pig In Water

Bumble Bee Chunk Light Tuna 4 Pack

14.75 Oz Can Premium Light Luigi Vitelli Imported Pasta

5/\$4

Assorted: 7.5 Oz Bag • Chelitos Snacks • Fritos Corn Chips

2/\$5

13-20 Oz Pig... Assorted Dress, Rib or Chips Any! (Packages Marked Family Size Only)

Nabisco Family Size Snacks

2/\$6

64 Fl Oz Btl... Assorted Dress, Rib or Chips Any! (Packages Marked Family Size Only)

Mott's Apple Juice

20 Fl Oz Pig In Water Bumble Bee Pink Salmon

2/\$5

20 Fl Oz Pig In Water

Bumble Bee Pink Salmon

12-16 Oz Pig... Assorted Corn, Cassia or Popcorn Plus Maizena

\$5.99

14.75 Oz Can Premium Light

Luigi Vitelli Imported Pasta

20 Oz... Assorted Canned Tomato Paste

4/\$5

20 Oz... Assorted Canned Tomato Paste

Hunt's Tomatoes or Tomato Sauce

11-12 Oz Box Post Cereal

2/\$5

40.5 Fl Oz Pig Half Liter Btl

Deer Park Spring Water 24 Pack

128 Fl Oz Cont Assorted Drinks or Arizona Iced Tea Gallon

2/\$5

128 Fl Oz Cont Assorted Drinks or Arizona Iced Tea Gallon

2/\$5

8 Regular Roll Pack or 8 Roll Pack Bounty Essentials or 8 Roll Pack... 2 Pkg Urban Meadow Paper Towels

\$4.99

8 Regular Roll Pack or 8 Roll Pack Bounty Essentials or 8 Roll Pack... 2 Pkg Urban Meadow Paper Towels

\$4.99

16 Fl Oz Btl Bragg Organic Apple Cider Vinegar

\$2.99

16 Fl Oz Btl Bragg Organic Apple Cider Vinegar

\$2.99

144 Fl Oz Pig... 17 Oz Assorted Light, Original, Meat, Mustard, Low Sodium Ranch

Pepsi or Schweppes 12 Pack

3/\$12

144 Fl Oz Pig... 17 Oz Assorted Light, Original, Meat, Mustard, Low Sodium Ranch

Pepsi or Schweppes 12 Pack

3/\$12

44 Fl Oz Pig... 17 Oz Assorted Light, Original, Meat, Mustard, Low Sodium Ranch

Pepsi or Schweppes 12 Pack

3/\$12

144 Fl Oz Pig... 12 Oz Assorted Beer Budweiser, Bud Light, Coors or Miller 12 Pack

\$10.99

144 Fl Oz Pig... 12 Oz Assorted Beer Budweiser, Bud Light, Coors or Miller 12 Pack

\$10.99

136-150 Fl Oz Btl... 72-96 Loads Assorted Tide Laundry Detergent

\$15.99

136-150 Fl Oz Btl... 72-96 Loads Assorted Tide Laundry Detergent

\$15.99

20 Roll Pack Marcal Bath Tissue

\$7.99

20 Roll Pack Marcal Bath Tissue

\$7.99

21-44 Count Pkg Jumbo Pack... Steps 1-6 Huggies Snug & Dry Diapers

\$7.49

21-44 Count Pkg Jumbo Pack... Steps 1-6 Huggies Snug & Dry Diapers

\$7.49

12 Count Box Assorted Maxwell House One Cup Coffee

\$2.99

48 Fl Oz Cont... Assorted (Excludes: Nutri-Grain)

Friendly's Ice Cream

9 Fl Oz Box... 3 Pack Assorted Non Dairy or Regular

Häagen-Dazs Ice Cream Bars

2/\$7

2/\$6

9 Fl Oz Box... 3 Pack Assorted Non Dairy or Regular

Häagen-Dazs Ice Cream Bars

2/\$7

16 Fl Oz Cont... Assorted (Excludes: Non Dairy Desserts)

Ben & Jerry's Ice Cream

2/\$6

16 Fl Oz Cont... Assorted (Excludes: Non Dairy Desserts)

Ben & Jerry's Ice Cream

2/\$6

14.28 Oz Pkg Assorted Onion Rings or Restaurant Brand French Fries

2/\$5

14.28 Oz Pkg Assorted Onion Rings or Restaurant Brand French Fries

2/\$5

15.1-19 Oz Pkg... Assorted Selections or Regular Hungry-Man Dinners

2/\$6

15.1-19 Oz Pkg... Assorted Selections or Regular Hungry-Man Dinners

2/\$6

23.2-26.8 Oz Box Assorted Eggo Waffles

\$3.99

We reserve the right to limit quantities to one can or package on sale items. Items offered for sale are not available in case lots. Alcoholic beverages may not be available in all locations. We are not responsible for typographical errors. Some items Not Available in all Locations.

Breakfast Savings!

52-59 Fl Oz Cont... Assorted Fritos & On-the Border or Florida's Natural Juice

2/\$5

6 Oz Cont... Assorted (Excludes: Greek)

La Yogurt Yogurt

39¢

Assorted: 5.3 Oz Cont. Creamers or Traditional Dannon Light & Fit Greek or Fruit on the Border, Greek's Greek Zero or Traditional Oikos Greek Yogurt or 7 Fl Oz Btl Dannon Light & Fit or Oikos Yogurt Drinks

10/\$10

BUY MORE SAVE MORE! BUY 3 GET EACH FOR \$1.99!

10.5 Oz 12 & 6 Box Fresh Berry, Coconut Almond or Raspberry Assorted or Neusch or 10.5 Oz Box... Assorted

Kellogg's Special K Cereal

\$1.99

11 Oz Strawberry or Blueberry Tiny Toast Assorted

2/\$5

11.25 Oz Corn Honeycomb • 11 Oz Assorted Poppies • 14.75 Oz Golden Crisp • 12 Oz Alpha Bits

Post Cereal

2/\$5

11.25 Oz Box Entenmann's Donuts

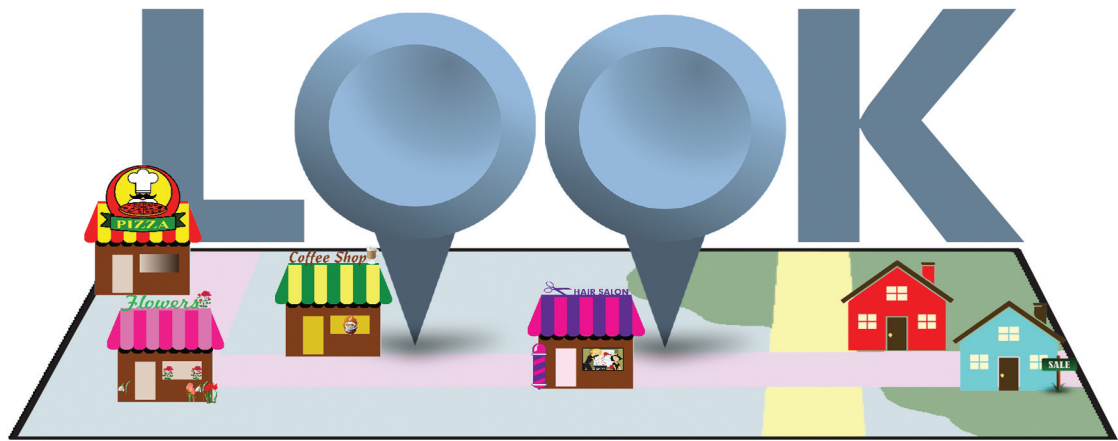
\$2.99

12 Count Box Assorted Maxwell House One Cup Coffee

\$6.99

24.5-30.6 Oz Cont Assorted (Excludes: Decaf) Maxwell House Coffee

\$6.99



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3151 Westchester Ave.

Key Food

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2937 Westchester Ave.

Monte Grab&Go Market

1790 Eastchester Rd.

Ruane's Deli

2 Centre Edgewater Pk. Dr.

S&W Supermarket

4028 E. Tremont Ave.

Silver Beach Office

1 Plaza Place

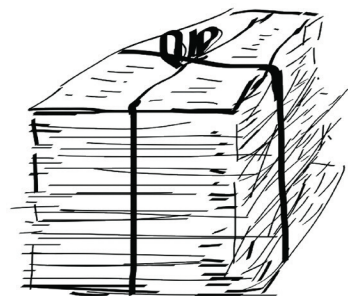
Sweeney's Deli

3136 Miles Avenue

TJ Lizzy's Deli

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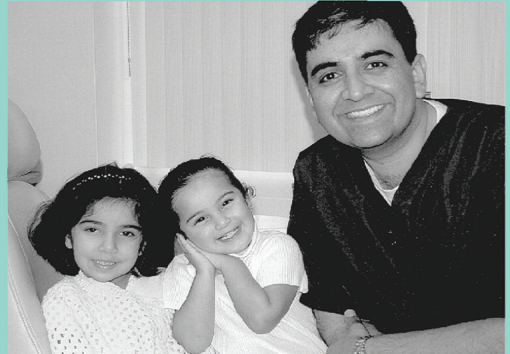
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1	2	3	4	5	6	7	8	9	10	11	12	13	
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65						66				67			

Across

1. Discarded piece
6. Beam
10. Pretenses
14. College town near Bangor
15. Quick or agile
16. Duel prelude, perhaps
17. Flash
20. Some meadow creatures
21. Tadpole cousins
22. WWII vessel
23. Grayish yellow
25. 23rd Greek letter
26. Flash
34. "You're ___ talk!"
35. Marking float
36. Marina ___ Rey, California
37. Problem for an oculist
38. Chorus member
40. Kind of iron
41. Curiosity victim
42. Editorial strikeout
43. Establish as the truth
44. Flash
48. Mother ptarmigan, e.g.
49. One of the Simpsons
50. Lean end of the neck
53. Word with "imagine" or "don't touch"
55. Employee of many scientists
59. Flash
62. It may be due
63. Jug handles
64. Sans support
65. Low sideless cart
66. Weapon with a blunt end
67. Uses a darning egg

Down

1. Unspecified
2. Unpleasant thing to eat
3. Travel randomly
4. Licorice-flavored liqueur
5. "Eldorado" poet
6. Beautiful sight to behold
7. Marketplace
8. Fleur-de-lis
9. Drink with crumpets
10. Cinders locale
11. Singer Laine
12. Place of Scarlett fever?
13. Lady Macbeth's bane
18. Feudal fellow
19. Like Rabelaisian writing
24. Dove noise
25. "This tastes horrible!"
26. Some pears
27. Ready to serve, as ale
28. Island of MacArthur's return
29. "Peer Gynt" creator
30. Astronaut Grissom
31. Bubblehead
32. Audacity
33. Aquafresh alternative
38. Vanilla, for one
39. More than most
40. Isosceles, for one
42. Zorro's first name
43. Letter afterthoughts
45. Friendly and talkative
46. Tick away
47. In the company of
50. Made time
51. Leave on the grill too long
52. Parks of history
53. Lobster pot
54. It's famous for its rapid transit
56. A very long period of time
57. Timer filler
58. Father of Fear and Panic
60. Turn right
61. Thanksgiving dinner veggie

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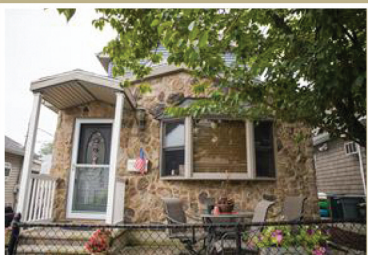
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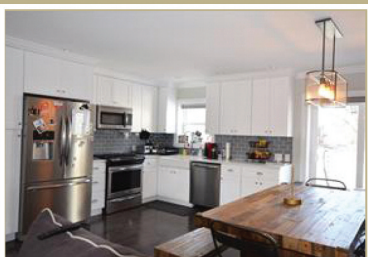
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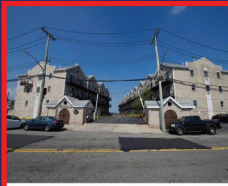
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Can you believe it! The Bronx Penny Pincher is turning 40 years old - That's right! The Penny Pincher will be celebrating it's 40th Anniversary this year and we are excited at what lies ahead for our next 40. We thank all of our advertisers for allowing us to grow their business and we promise more value and new deals moving forward. For those who have not worked with The Penny Pincher and are looking to get more customers and a stronger presence in your community, call us for a Penny Pincher 40th Anniversary marketing program.

THROGGS NECK



23,000
CIRCULATION

MORRIS PARK



16,000
CIRCULATION

ALLERTON



16,000
CIRCULATION

WESTCHESTER SQ/ PARKCHESTER



18,000
CIRCULATION

CITY ISLAND



4,000
CIRCULATION

WHERE WE'VE BEEN

The Bronx Penny Pincher is a neighborhood tradition that has been keeping the community connected for almost 40 years and counting! We are the **LARGEST** and most credible, home delivered, publication in the Bronx that is closely read by 78,400 local households. Our circulation is verified by The Circulation Verification Council, which gave The Bronx Penny Pincher a 98% **APPROVAL RATING** for our home delivery service. This means that we take those extra special steps to make sure that your ad reaches every household in our circulation region! 78,400 households easily translates to hundreds of thousands of consumers.

WHERE WE ARE GOING

- Our new **Website**: bronxpennypincher.com reaches over 5,000 local customers with your timely message, deals of the day, events calendar and so much more..
- Our new **Digital Edition**: generates over 129,000 page views each month.
- Our new **Weekly Newsletter**: goes to 8,000 subscribers each week.
- Our new **Custom Digital Marketing & Website Development**: group can support your business. (We can consult with you in person to discuss options)
- Our new **Sponsored Content**: Programs offer free editorial tailored to the needs of our advertiser.

CALL US NOW FOR OUR SPECIAL 40TH ANNIVERSARY ADVERTISING PROGRAMS

718-828-1104

BRONXPENNYPINCHER.COM

"Neighborhood Updates"



Matthew Cruz

District Manager
Bronx Community Board #10
3165 East Tremont Avenue
Bronx, NY 10461
(718) 892-1161
Bx10@cb.nyc.gov

PROGRAMMING NOTE

Bronx Community Board #10 had to cancel its Full Board meeting due to the unexpectedly strong snowstorm on Thursday, November 15. As you know, our voting matters are time sensitive. We are looking into scheduling a Full Board in one of the first two weeks of December. Many of you know, Bronx Community Board #10 adjourns for the month of December, but due to the postponement of our November meeting we have to meet. As always, we encourage all of our residents to attend our meeting, share your concerns and suggestions on how to strengthen our community's quality-of-life. The meeting date, location and time will be placed in this column, our website and on all CB #10 social media platforms. Lastly, on behalf of Bronx Community Board #10, have a safe and wonderful Thanksgiving.

HOME ENERGY ASSISTANCE PROGRAM (HEAP)

The NYS Home Energy Assistance Program Benefit (HEAP) is available! As you know, HEAP assists low-income people with their heating costs. Eligibility and benefits are based on income, household size, primary heating source and whether or not a household member is under six years of age or over 60. You may be eligible even if you own your home or pay for heat as part of your rent. To be sure, there are income guidelines. For example, a household size of four may not exceed a gross monthly income of \$4,598. A household size of one may not exceed a monthly gross income of \$2,391. If you think you are eligible and wish to apply, please visit 1932 Arthur Avenue, Ground Floor, Bronx, NY 10457 or contact my office so that we can schedule a time for you to pick-up an application.

NYC AGENCY WEBSITES

Calling 311 and visiting its website and retrieving the corresponding "service request number" when you file a complaint is extremely helpful for myself and my staff to track and resolve complaints with municipal agencies. However, I must bring to your attention that there are several city agencies that have websites that are becoming more user-friendly and more interactive where you can lodge a complaint, request or service on the actual website. I encourage all to visit agency websites such as the NYC Department of Transportation, Department of Health and Mental Hygiene, Department of Housing Preservation and Development and Department of Social Services. As always, my staff is available to help you navigate the respective websites as each has resources that can help homeowners, tenants, seniors, disabled persons and young people.

PLEASE TAKE NOTE: Once your ad has been placed, there will be **NO REFUNDS**. **PLEASE:** Read your ad the first day it appears. If any error was made by The Bronx Penny Pincher on a **TELEPHONE NUMBER OR ADDRESS** the publisher will be happy to correct it **FREE OF CHARGE**. The Publisher is not responsible for typographical errors. However, the Publisher must be notified within **48 hours** of THAT publication or the publisher will not assume responsibility. Please include your phone number and/or address in ad copy or the Publisher will not be responsible if either of the above is left out. **PLEASE WRITE LEGIBLY**. We will not be responsible for illegible handwriting.

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COMMUNITY F.Y.I. ABOUT OUR NEIGHBORHOOD! NEWS

TO ALL NON-PROFIT ORGANIZATIONS

Do you have a Special Event that is of interest to the neighborhood?
**PRINT IT IN THE BRONX PENNY PINCHER
FREE OF CHARGE!**

The Bronx Penny Pincher will print your Community Events!
(NON-PROFIT ORGANIZATIONS ONLY)

SEND YOUR COMMUNITY EVENTS TO:

**COMMUNITY NEWS EDITOR
c/o Bronx Penny Pincher
3797 E. Tremont Avenue
Bronx, NY 10465
FAX: 718.828.7974**

EVENTS MUST BE FREE OF CHARGE!

All Copy Must Be Received By Monday, 2 Weeks Prior to Your Event, For That Thursday's Publication. The Bronx Penny Pincher Reserves the Right to Refuse Any Copy That is Not in The Best Interest to The Community Only.

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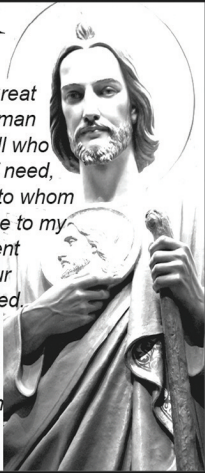
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COMMUNITY NEWS

ABOUT OUR NEIGHBORHOOD CALENDER OF EVENTS!

Do you have an event that is of interest to your neighborhood?
Excluding Yard & Garage Sales. We will print your event **free of charge**

– ALL NON- PROFIT ORGAINZATIONS WELCOME! –

BRONX ARTS ENSEMBLE FREE CONCERT: Pablo Zinger's Great Mexican Songbook, November 18th, 4:00PM-6:00PM at Our Lady of Mount Carmel Church located at 627 East 187th St Bronx, NY 10467. Pianist-Arranger Pablo Zinger leads great singers in the popular songs of Mexico. Zinger's "Great Mexican Songbook" will give an overview of the best of Mexican music, starting with such seminal composers as Manuel M. Ponce ("Estrellita"), Tata Nacho ("La borrachita"), and Agustín Lara ("Noche de ronda," "Granada," "Limosna"), as well as great female composers such as Consuelo Velázquez ("Bésame mucho") and María Grever ("Júrame"). Ranchera and huapango traditional styles of music will be represented by such classic favorites as "La malagueña," "Mi virgen ranchera," "Cucurrucú paloma," and "México lindo y querido." Not forgetting the great popular composer Armando Manzanero, who will be represented with "Esta tarde vi llover," "Somos novios," and "Adoro." Reserve your FREE tickets: www.bronxartsensemble.org/event/pablo-zingers-great-mexican-songbook/

CRUGER AVENUE SYNAGOGUE Post-Thanksgiving Thankful To Be A Jew Shabbat Dinner, in memory of the shlossim (30 day memorial) of the Pittsburgh 11. Please join us, along with several community leaders, for this very special Shabbat dinner. We honor the lives of these martyrs by coming together on Shabbos and giving thanks for who we are as we indulge in a post-Thanksgiving kosher turkey dinner with all the trimmings. Stand up and be counted as you bask in the glow of the Shabbat candles. Services begin at 4:30pm, dinner follows at 6pm. FREE for all. Friday, November 23 at the Cruger Avenue Synagogue, 2222 Cruger Avenue, Bronx, NY 10467 (synagogue-cruger1@gmail.com).

YOUNG ISRAEL OF PELHAM PARKWAY COMMUNITY EVENT will be hosting a free lecture and book signing by noted author and historian Michael Weinstein author of the book Ten Times Chai. Copies of the book will be available for purchase. Please join us on Sunday, November 25th starting at 11:30am. Young Israel of Pelham Parkway is located at 900 Pelham Parkway South Bronx NY 10461. Refreshments will be served.

HOLY FAMILY/BLESSED SACRAMENT & ST. JOHN VIANNEY is having our Christmas Flea Market on Sunday, December 16, 2018 from 8:00AM-4:00PM. We will have a variety of items for sale for the home, toys, etc. **VENDORS NEEDED!** For more information, please call Holy Family Church at 718.863.9156. Price per table is \$40 each. Everyone is welcome! Please come and support this parish activity.

R.A.I.N. MIDDLETOWN SENIOR CENTER Located at 3035 Middletown Rd. Bronx, NY 10461. We are open Monday through Friday 8am-4pm. Daily activities including computer lab, exercise class, bingo, tai chi, oil and acrylic painting, walking club, daily trips within the local area and monthly trips to various locations, and much more. We provide evidence-based

programs focusing on the prevention and management of many preventable chronic conditions among older adults. We serve lunch at 12pm daily. A voluntary contribution is appreciated for lunch. Registration is free, Seniors must be at least 60 years of age. A case worker is available to help seniors with all needs.

PSS CITY ISLAND CENTER Upcoming Special Events: November 21 & 22, Thursday & Friday, closed for Thanksgiving Holiday. Monday, November 26, Medicare Presentation, 12:30 PM. Stop by picturesque City Island and enjoy the exciting programs offered at our center which is located at 116 City Island Ave. Monday through Friday from 9am to 3pm. Experience our exercise classes from gentle yoga stretch, balance class, arthritis workshop and tai chi as well as our vigorous fit for life and cardio fit. We also offer acrylic painting, calligraphy, canasta, health presentations, nutritional information, and parties! Lunch is served from 12-1, suggested donation \$2.00. We go on shopping trips every day; i.e. Shop Rite, Dollar Tree, Target, Kmart as well as theatre excursions, boat trips, special luncheons and more. It's free to become a member but you must be 60 years or above. For more information contact Patty @ 718-885-0727 or email pattis@pssusa.org for our monthly calendar.

SUNY NORTH BRONX CAREER COUNSELING & OUTREACH CENTER Get work ready, register for our Microsoft Office Applications Computer Course (free if qualified). Refresh your administrative skills. Enrolling Now! Stop by to inquire about our High School Equivalency Preparation and computer based Pre-certifications: Pre-Home Health Aide, Pre-CNA, Security, Building Maintenance and Quickbooks. All our services are free for those who qualify and they are offered during the day and evening. SUNY North Bronx Outreach Center is located at 2901 White Plains Road, Bronx NY 10467. For more information, please contact us at 718.547.1001.

NORTHEAST BRONX SENIOR CENTER Located at 2968 Bruckner Blvd, in the basement of St. Benedict's Parish. Open Monday through Friday from 9am-4pm. Lunch is served daily at 12 noon. A voluntary contribution is appreciated. Daily social and cultural activities including bingo, dancing, glee club, exercise class, trips and much more. We have blood pressure screening once a week. A case worker is available to help seniors access entitlements and benefits. Registrations is required with no fee. Seniors must be at least 60 years old.

NYPL MORRIS PARK BRANCH ADULT EVENTS: Everything You Need to know About Your iPad/iPhone, Sewing w/ Cynthia & Susan, The Craft of War Writing, **TEEN EVENTS:** Clay Sculpting, Graphic Novel Club, Screen Printing, Fuji Instax Photography, Origami Race, Teen Jam Session, Super Smash Tournament. **KIDS PROGRAMS:** Toddler Playtime, Toddler Storytime, Bouncing Babies Storytime. For more information/schedule: Morris Park Branch, 985 Morris Park Avenue, 718.931.0636.

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FAX: 718.239.6553

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- Respite Care

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- Tracheostomy Care
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- Suctioning

Skin/Ulcer Treatments

- Negative Pressure Therapy (Wound Vac)
- Pressure Reducing Devices
- Nutrition and Hydration Interventions
- Ulcer Care
- Surgical Wound Care

Special Programs

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- Restorative Nursing Program
- Medical Model Adult Day Care
- Behavioral Health Unit

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- Specialized Orthopedic & Neurological Interventions
- Cognitive Therapy
- Vestibular Rehabilitation