

## Light Up the Pines decorating contest returns

It will soon look a lot like Christmas in Ocean Pines. The community's annual 'Light Up the Pines' house decorating contest is back for a bright seasonal show of lights.

The contest, which is sponsored by Choptank Electric, is free to enter and open to any resident within the community limits of Ocean Pines who registers by emailing their name and address to [info@oceanpines.org](mailto:info@oceanpines.org) or calling 410-641-7717 ext. 3006 by the deadline, Friday, December 7 at 5 p.m.

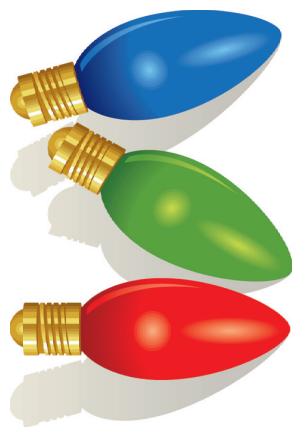
Lights and decorations should be visible when Ocean Pines Marketing and Public Relations Director Denise Sawyer swings by to photograph the homes on Friday, December 7 from 6 p.m. to 8 p.m. This year, contestants will be able to submit a photo for the contest if they choose to do so. The Marketing and PR Department will verify that the photo is an accurate capture of the contestant's home.

Entries will be judged by residents and non-residents on social media. Voters would have to like/follow the Ocean Pines Association's Facebook page, look for the "Light up the Pines 2018" photo album, find your favorite home displays in the photo album and give your thumbs-up. The three photos with the most 'Facebook Likes' by midnight of December 21 will be named the first, second and third place winners.

Ocean Pines Association will also organize the entries in an online map for those looking to enjoy a festive drive through the community. The map will be made available on Saturday, December 8 at 9 a.m. on [www.oceanpines.org](http://www.oceanpines.org).

Voting is to take place from Monday, December 10 to Friday, December 21 on Facebook. Those new to the contest as well as previous contestants are en-

*please see **lights** on page 15*



**Thank you -** Star Charities volunteer Barb Peletier paid a visit to Showell Elementary School Kiwanis K Kids to thank them for the beautiful decorations they made for the charity's Holiday Tree. Pictured (L-R) **Barb Peletier**, Showell K-Kids President **Brooklynn Paul**, Secretary **Azy Birch** and teacher advisor **Evy Collins**.

Dec. 1 from 8-11am  
Food, Fun, Photos & Festivities!  
FREE (3 year-olds & under); \$5 (ages 4-10)  
\$7 (ages 11 & older); OPEN TO PUBLIC



**BREAKFAST WITH SANTA**  
at the Ocean Pines Community Center



# Community Calendar NOVEMBER

## Capital Ringers to perform

A Holiday Handbell Concert will be held on Saturday, December 8, at 7 p.m., at the Community Church at Ocean Pines located 11227 Race Track Road in Berlin.

Linda S. Simms, founder and Artistic Director will lead 14 highly talented ringers who will perform Christmas and holiday favorites on handbells.

Selections will include “Christmas Eve/ Sarajevo,” “Wizards in Winter,” “Away in a Manger,” “Jolly Old Saint Nicholas” and many more.

Capital Ringers currently owns the largest set of handbells and hand chimes on the Delmarva Peninsula. The ensemble performs on six octaves (73 bells) of handbells, five octaves (61 bells) of Whitechapel Handbells (made in London), and five and half octaves (67 chimes) of hand chimes.

A freewill offering will be collected at intermission. For more information, call 302-632-1043. Or see us at [www.capital-ringers.org](http://www.capital-ringers.org)

## Yard sale scheduled

The Bishopville Volunteer Fire Department will hold an indoor yard sale on Saturday, December 1 from 7 a.m. to noon. Breakfast sandwiches and other foods and beverages available. Tables are \$15 for one or \$25 for two. Call 443-880-6966 to reserve a table. Set up is Friday 6 p.m. to 8 p.m. Fresh Sausage will be ready for pickup on Saturday from 7 a.m. to noon.

## AYCE breakfast scheduled

The Grace Parker All You Can Eat Breakfast will be held on Wednesday, December 5, 7 a.m. to noon at First Presbyterian Church of Ocean City located at 13th St. and Phila. Ave. Eggs any style, pancakes, buckwheat pancakes, sausage, ham, biscuits, hash brown potatoes, grits, coffee, tea. The cost is \$8 and carry-out \$7. Milk, soda, orange juice available. A Christmas Bazaar will be held during the breakfast featuring baked goods, hand-made items, jewelry, cards and much more! For more information call 410-289-9340 and please leave a message.

## Ireland RnR Tours to host ribbon cutting, open house

Ireland RnR Tours, a local veteran-owned small business, and the



Greater Ocean City Chamber of Commerce are jointly hosting a Ribbon Cutting Ceremony and Open House, welcome at 1:30 p.m. and ribbon cutting at 2 p.m. on Friday, November 30 at the Greater Ocean City Chamber of Commerce Eunice Q. Sorin Visitor & Conference Center located at 12320 Ocean Gateway, to launch Ireland RnR Tours’ three new Ireland small group boutique tour packages: the Ireland RnR Golf Tour, the Ireland RnR Women Wellness Retreat, and the Ireland RnR Educational Gourmet Food Experience Tour.

Ireland RnR tours are for U. S. college alumni classes, golfers, gourmet organic food enthusiasts and chefs, knitters, professional business women, Irish American clubs, fraternal organizations, 55+ communities, travel groups, garden clubs, and other groups whose members have always had a strong desire to vacation in Ireland. An Ireland RnR tour delivers:

- an intimate, relaxing travel experience, with full exposure to an entire range of Ireland’s beautiful towns, villages, scenery, traditions, entertainment, and culture;
- an educational experience with Irish history and Irish genealogy talks by experts in those fields,

-intimate escorted sightseeing day trips conducted by very friendly, knowledgeable, entertaining, local bus drivers and tour guides; and,

- rich, fulfilling opportunities to renew old friendships and make new friends, and excellent value and full disclosure on the total tour package price, with no additional costs, VAT taxes, surcharges, and fees hidden in the small print.

Local Delmarva residents who are interested in learning more about Ireland RnR tours are invited. Refreshments will be served. For more information, contact Ireland RnR Tours at 877-224-5535.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



The Grand Ole Opry, one of the longest-lived and most popular showcases for western music, began broadcasting live from Nashville, TN on this day in 1925. The showcase was originally named the Barn Dance.

The Grand Ole Opry aired on Saturday nights and featured folk music, fiddling, and the relatively new genre of country-western music. It was the launching ground for many of America’s most-loved musicians. The singing cowboy Gene Autry got his first big break on the National Barn Dance.

The four-and-a-half-hour Grand Ole Opry program became one of the most popular broadcasts in the South, helping to make country-western an enduring part of the popular American musical landscape.

## Monday

**Ocean Pines Poker Club**  
Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928.

**Sweet Adelines**  
The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

## Monday/Tuesday

**Sanctioned Duplicate Bridge**  
Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795.

## Tuesday

**Families Anonymous**  
From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

## Tuesday/Thursday

**Poker Players** wanted for Gentlemen's Poker in North Gate area Ocean Pines.Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m.on Pinehurst Rd.Ocean Pines. Call 410-208-0063 for more information.

## Wednesday

**Kiwanis Club Meeting**  
Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m.

**Elks Bingo**  
Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

**Rotary Club**  
Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

**Square Dancing**  
The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

**AL-Anon/OP-West OC-Berlin**  
Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

**Thursday**  
**Story Time**  
Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

**Beach Singles**  
Beach Singles 45 for Happy Hour at Harpoon Hanna’s at 4 p.m. Call Arlene at 302-436-9577 or Kate at 410-524-0649 for more activities. BeachSingles.org.

**Legion Bingo**  
American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

**Gamblers Anonymous**  
Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

**Friday**  
**Knights of Columbus Bingo**  
Bingo will be held behind St. Luke’s Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

**First Saturday**  
**Creative Writing Forum**  
Every first Saturday of the month at 10 a.m. at the Berlin Library. Novice and established writers gather to share their fiction, non-fiction, and creative writing projects. Program includes critiques and appreciation, market leads, and writing exercises.





**Guest speaker** - The Republican Women of Worcester County held their annual dinner meeting on November 15, 2018 at the Ocean Pines Yacht Club. The guest speaker was Jody Rushton, President of the National Federation of Republican Women. **Jody Rushton** is seen on the left with **Beth Rodier**, president of the Republican Women of Worcester County on the right.

## PRMC restricts young visitor visitation

Peninsula Regional Medical Center (PRMC) is asking members of the community, as it does every year, to please remember the important role they play in protecting both patients and other visitors and hospital staff from contracting or spreading viruses

prior to entry. Children with upper respiratory infections or other symptoms of RSV will not be permitted to visit.

Infants are most vulnerable and RSV is, in fact, the leading cause of babies under the age of 12 months being admitted to American hospitals. It's easily spread through touching, hugging, on toys, clothing and bedding. Precautions include regular hand hygiene, avoiding crowds of young children and by keeping toys, clothes, blankets and sheets clean.

"Everyone understands this may cause an inconvenience, but we must continuously safeguard everyone visiting here or staying with us for care," said Karen Mihalik, RN, Infection Preventionist. "That includes taking extra precautions to protect our young visitors themselves from possibly contracting or spreading a virus at Peninsula Regional. This is a common, yearly practice for us during the RSV season."

Symptoms include a cough that doesn't stop, fast or troubled breathing, a bluish color around the mouth or fingernails and a fever, especially above 100.4 degrees in infants

please see **restrictions** on page 15



including Respiratory Syncytial Virus or RSV.

The RSV season is upon us, and as a precautionary measure, PRMC is putting visitation restrictions in place for their young visitors under the age of 12 in certain select areas. For the immediate future, the Medical Center is not allowing children under the age of 12 to visit the PRMC Special Care Nursery and Pediatrics. Siblings under 12 may still visit PRMC's Mother/Baby and Labor and Delivery units, but only after a health screen is completed by nurses on those units

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# The Courier

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## 2012 Business of the Year

**The Courier** is published Wednesday morning by CMN Communications, Inc. Contents copyright 2018. News release items and calendar entries should reach us *Friday noon* prior to publication date. The advertising deadline is *Friday at 5 p.m.* Read **The Courier** online at delmarvacourier.com

One way to improve curb appeal and set a property apart from others is to add decorative effects to walkways, patios and driveways. Although many homeowners turn to materials such as pavers, flagstone or brick for these purposes, a versatile and often cost-effective idea is to rely on stamped concrete. Stamped concrete, often called textured or imprinted concrete, is textured, patterned or embossed to mimic the look of other materials, notably brick, slate, flagstone, stone, tile, and wood. Stamped concrete can be used on patios, sidewalks, driveways, pool decks, and even interior flooring. The concrete is poured and then patterned using special tools. Installing stamped concrete is best left to concrete design specialists with extensive experience in this difficult craft.



## Jr. Auxiliary donation

The Atlantic General Hospital Junior Auxiliary Group (JAG) recently held a Tacos and Tiaras FUNdraiser at the Marlin Club in Ocean City where they donated funds towards the James G. and Nancy W. Barrett Scholarship Program.

The Junior Auxiliary Group's mission is to increase community awareness of Atlantic General Hospital and its associates through fun, fellowship, and family-oriented activities and fundraising. For more information on the group, their activities or to join

visit <http://www.agh.care/jag> or call Toni Keiser at 410-641-9678.

Above: Atlantic General Hospital Junior Auxiliary Group Executive Committee: **Rebecca Taylor, Dawn Hodge, Ashley Furbay, Bridgette Desaulniers, Susan Lloyd, and Jill Ferrante** and, **Colleen Wareing**, vice president of patient care services at AGH. Scholarship Recipients: **Michelle McGowan**, BSN, RN, community education clinical coordinator at AGH; **Heather Dennis**, LPN, med-surg at AGH; **Nancy Holland**, ICU tech at AGH. **Toni Keiser**, vice president of public relations at AGH.

## Great gift ideas for new parents

A baby's first holiday season is a special time. Baby Center states that slightly less than four million babies are born in the United States each year. In Canada, around 390,000 babies are born annually, according to data from Statistics Canada. That means there are millions of new par-

ents that are fitting for their new roles and responsibilities, as well as some gifts that pamper parents who are learning on the job just how tiring caring for a little one can be.

**Childhood journal:** A journal can be a keepsake that new parents cherish for years to come. They can record all of the things their child does through the years as well as all the off-the-cuff remarks made by children who are learning to speak. A journal is something a new parent may not think to purchase on his or her own.

**Subscription service:** Enroll new parents in a subscription service for streaming movies, free delivery, groceries, or any of the other myriad services now available. Newly minted parents spend a lot of time indoors until they develop a knack for taking their babies out on

time is often in short supply. While parents are tending to their newborns, other tasks may fall by the wayside. A cleaning service means new parents will have one less chore on their to-do lists

**Gift card to a spa:** Birthing and caring for a child is hard work. New moms and dads may enjoy an hour free from baby duty to relax and recharge at a spa for a massage or facial.

**Sleep aids:** Sleep is a rare commodity for new parents. White noise makers, instructional books or DVDs on sleep strategies, or other devices for helping baby (and parent) self soothe to enjoy a restful night's sleep can make for a perfect gift.

**Double-duty jewelry:** Designers now create necklaces that look fashionable but also double as teething toys for babies.

**Sanitizing wand:** Sanitizing wands get rid of germs without the need for harsh chemicals. This makes faster work of keeping bathrooms or kitchen surfaces germ-free.

**Free babysitting:** Of course, new parents will love complimentary babysitting, which allows new parents to get out of the house and unwind for a little bit.



ents out there who are looking forward to their first holiday season with their newborn children.

Come the holiday season, gift givers can offer new parents presents

routine trips. The convenience of services like Amazon Mom and streaming services like Netflix can make new parents' daily lives a little less complex.

**Cleaning service:** New parents find



## What's up?

Have you ever been asked, "What have you been up to lately" and not been able to come up with an answer that doesn't sound too humdrum.



### ***It's All About. . .***

By **Chip Bertino**

chipbertino@delmarvacourier.com

As simple as the question is, it stymies at times. I guess because I want to respond with something that's out-of-the-park fantastic. Most of the times I tip the ball foul.

It happened to me not long ago when I was talking with my mother. As is a mother's tendency, she's interested in what her son is doing. My response didn't do her proud. "Uh, uh, hmmm. What have I been up to," I stammered in response. That experience got me thinking that for the most part we go through our days routinely, not really giving thought to what we're doing because, well, we're involved in doing whatever it is we're doing. Whether we're going to the supermarket, folding laundry or making dinner, we just do it without much thought that, "Wow, this is really something! I can't wait to tell someone."

I mean really, do any of us really get so excited about cleaning the bathroom that we want to share the news with someone? Well, you may want to share the information with your significant other who hasn't attempted to clean the bathroom since, since never. Of course, I wouldn't know anything about that. [He wrote sardonically.]

What are the sorts of things we've done that would rise to the top of the list of answers when we're asked, "What have you been up to lately?" Let's see.

A number of years ago I went sky-diving and for months thereafter whenever I was asked what I had been up to, I told them about me jumping from an airplane, eleven thousand five hundred feet in the air. With each retelling the story became more colorful and fantastic. It was a great story and one I relished regaling enthralled listeners for a long time. In time my wife and children grew weary of hearing about my exploits high above the earth and held

an intervention in the living one evening making clear to me that if I told the story again I could find myself falling from the sky without benefit of a parachute. I don't think they meant it, but given my wife's Scottish temper and the fact my children are part Sicilian, I felt it best not to press the issue. If you'd like me to recount my story, please get permission first from my wife, in writing.

Let's see, what else is a good, "What have you been up to," response material? Probably a recent big purchase like a house or car or boat would be good. The announcement of a pregnancy would rank high. Sharing the details of your latest proctologist visit should be left at the bottom of the list. No pun intended.

Just over six years ago I achieved platinum status when it comes to answering this particular question. I joined the ranks of grandparent. And there's nothing better than that. Having grandchildren alleviates me from having to respond about myself. All I have to do is start talking about my grandchildren and I'm home free. Talking about the antics of grandchildren is a universal conversation. And their antics don't even have to be too terribly interesting.

"My granddaughter learned to sit up." "My grandson is sleeping through the night." "My granddaughter just started Kindergarten." See what I mean. I throw out a response like that and whoever I'm talking with is immediately impressed, and I didn't have to do anything. However, I've learned to be careful because when talking with another grandparent, the conversation can easily become a competition of whose grandchild is doing more, better and faster. In reality such conversations end in a draw because let's face it, no grandparent is ever going to give ground that someone else's grandchild is doing more, is better or faster. Just as true is the fact that each grandparent will take away from the conversation that indeed that their grandchild is tops.

So, the next time we meet, ask me about my grandchildren. We'll have a wonderful conversation.



### **Ocean Pines**

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*A program of Worcester County Commission on Aging*



# Review of *The Night Circus*

By **Jean Marx**

Le Cirque des Rêves (i.e., the Circus of Dreams) only operates at night, and it's completely bedecked in black and white and hues of gray. Countless tents arrive unannounced, and as the circus is set up each evening, a black-and-white-spiraled pathway connects each of the tents. Then as dawn breaks the following day, the circus closes up and appears lifeless until darkness descends again the following evening.

The back story for this inventive novel starts in February 1873 when the magician, Hector Bowen, known by his stage name, Prospero the Enchanter, receives an unexpected visit from a 5-year-old girl who has a note pinned to her coat. Hector needs only to see her large, bright eyes to know that he is her father. The girl's name is Celia. Her mother drops the girl off to her father because the mother is dying. Even at the age of five, Celia possesses the ability to control her mind, such as in re-assembling broken dishes. Hector begins working with his daughter to advance and hone her skills, and it matters little to him whether Celia is a willing participant or not. He is much more interested in developing her skills as a magician than he is in being a father. He soon engages in a gentleman's bet with a rival, a man referred to in the book as "the man in the grey suit." This man in the grey suit has a male protégé named Marco Alisdair who is similar

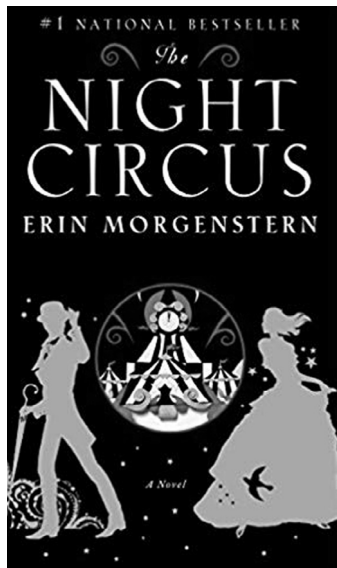
in age to Celia and also holds promise in developing masterful magician skills. The two children have no idea that their mentors have pitted them against each other in a contest where only one can be left standing to win.

The owner of the circus, Mr. Chandresh Lefèvre, begins to assemble his performers of Le Cirque des Rêves in February 1885, when he hosts a series of elaborate dinner parties. His guests include Friedrich Thiessen (an extremely talented clock maker), Ana Padva (a former prima ballerina), Lainie and Tara Burgess (former dancers and actresses who are sisters), and Tsukiko (a contortionist who we later learn

won the previous contest that Celia and Marco are now engaged in). Friedrich Thiessen becomes so enchanted with the circus that he designs an enormous clock that not only tells the time but also comes together as pieces of a puzzle, with such pieces including a silver dragon, a tiny princess, a game of chess being played and jugglers. He also forms a group of circus followers who call themselves rêveurs; these followers traverse the globe as the circus makes its way to international cities, and they distinguish themselves by wearing a red scarf. Each evening the circus kicks off when 12 fire performers shoot a lit arrow into a central firepit to create a bonfire that powers the circus.

As the children become young

*please see circus on page 15*



**Leaf learning** - Savanna Akins' Kindergarten class at Ocean City Elementary School read the story, "Leaf Man" as part of an informational unit on main topic and key details. Students used the key details from the text to create characters from the story using leaves.

## Hidden ways you can benefit from having hobbies

Finding time for hobbies can be difficult. Commitments to work and family take up the bulk of many people's free time, making it hard to squeeze in a favorite hobby. But hobbies can benefit people in some interesting ways. Understanding those hidden benefits may compel some people to make more time for their favorite downtime activities.

Hobbies can improve your efficiency. Penciling more activities into your day planner may not seem like something that will help you create more time for hobbies, but it just might. For example, if you know you have a softball game or choir practice at night, then you might waste less time surfing the internet or talking around the water cooler during the workday. In a 2017 study conducted for the staffing firm OfficeTeam, researchers found that the average office employee

spends about five hours per week on his or her mobile phone doing things that have nothing to do with the job. That's five hours you could be working, opening up more time for hobbies before or after work.

Hobbies can foster social connections. In his 2000 book, "Bowling Alone," political scientist Robert Putnam described a reduction in in-person social intercourse that once enriched Americans' social lives. By making more time for hobbies, particularly those that promote interaction with other adults, men and women can foster social connections that otherwise might never blossom.

Hobbies can provide health benefits. The American Institute of Stress notes that some hobbies can help people reduce their stress. The AIS notes that some 56 million women in the United States now knit or crochet. That marks a 51 percent increase over the last decade. That revival is attributed to the stress-reducing properties of knitting and crocheting. Men and women coping with stress need not learn how to wield a sewing needle to alleviate their stress. Activities that promote slowing down and induce a relaxation re-



*please see hobby on page 15*

## STEVEN W. RAKOW

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**Best wishes - Allen Brodsky** recently celebrated his 90<sup>th</sup> birthday with his wife **Phyllis**. Photo by Anna Foutlz.

## Art League sponsors trip

The Art League of Ocean City is sponsoring a bus trip to Longwood Gardens in Kennett Square, PA. on Tuesday, December 18. Proceeds from the trip will benefit the programs of the Art League.

This season, Longwood Christmas pays homage to the Christmas tree with an imaginative display featuring traditional favorites and inspiring new twists.

The bus will depart the Ocean City Center for the Arts, 502 94<sup>th</sup> St., bay-side in Ocean City at 8:30 a.m. and return at 8 p.m. The cost per person is \$70. Guests may bring their own lunch or lunch at one of the cafes at the Gardens. Tickets may be booked online at [artleagueofoceancity.org](http://artleagueofoceancity.org) or by calling 410-524-9433.

## Santa to visit thrift shop

The Atlantic General Hospital Auxiliary Thrift Shop is having holiday shopping sales and a visit from Santa and Mrs. Claus. On November 30 and December 1, there will be sales on jewelry, Christmas and holiday decorations, Longaberger baskets, Corningware, toys, American Girl dolls, Barbie dolls, and games.

On December 1, Santa and Mrs. Claus will be making an appearance at the thrift shop from 11 a.m. to 2 p.m.

## Wor-Wic spring registration open

Wor-Wic Community College is currently accepting registrations for credit classes that are being offered during the spring term, which begins on Friday, January 11. Early registration is encouraged for the best selection of classes. The payment deadline is Thursday, December 13.

Admission, registration and financial aid services are available Monday through Thursday from 8 a.m. to 6 p.m., and Fridays from 8 a.m. to 4:30 p.m.

Wor-Wic offers traditional classes on campus, as well as a variety of online, hybrid and virtual classes, and a variety of session lengths.

In addition to the regular 14-week spring term that begins January 11, Wor-Wic offers a three-week session, a seven-week session and a 10-week ses-

sion that also begin January 11, as well as a second 10-week session that begins February 5 and a second seven-week session beginning March 1.

For more information or a credit class schedule, visit [www.worwic.edu](http://www.worwic.edu) or call 410-334-2895.

## Yard sale scheduled

The Bishopville Volunteer Fire Department will hold an indoor yard sale on Saturday, December 1 from 7 a.m. to noon. Breakfast sandwiches and other foods and beverages available. Tables are \$15 for one or \$25 for two. Call 443-880-6966 to reserve a table. Set up is Friday 6 p.m. to 8 p.m. Fresh sausage will be ready for pickup on Saturday from 7 a.m. to noon.

# D.A. Kozma Jewelers

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MD #2294



The Showell Elementary School PTA would like to extend a big **THANK YOU** to all those who made a contribution towards our annual Fall Festival fundraiser! We appreciate you!

**"The Great Pumpkin" Sponsors**



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**Donation** - Star Charities donated \$250 to Achilles of Maryland at their tree decorating on November 19 in White Horse Park. Jeremy Goetzinger, founder of the Achilles of Maryland/ Eastern Shore received the check for his chapter. (L-R) Star Charities **Mary Evans**, Jeremy Goetzinger and Star Charities **Barbara Peletier**. Photo by Anna Foulz.



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## Where people spend most

Who hasn't tallied up monthly bills or looked at a credit card statement and pondered if they are spending a little too much? The average person also may wonder how their expenditures compare to other people around the country and what they need to do to enjoy financial freedom in retirement.

According to the U.S. Bureau of Labor Statistics, the average American household spends just about \$57,000 each year between necessities and luxuries.

So how are people allocating their funds? The results may surprise you and indicate where it is possible to trim some fat and save big bucks.

Across North America, housing is the largest line item in people's budgets. Various sources suggest that housing and shelter needs account for anywhere from 30 to 40 percent of most household budgets. By making housing decisions based

please see **tally** page 15

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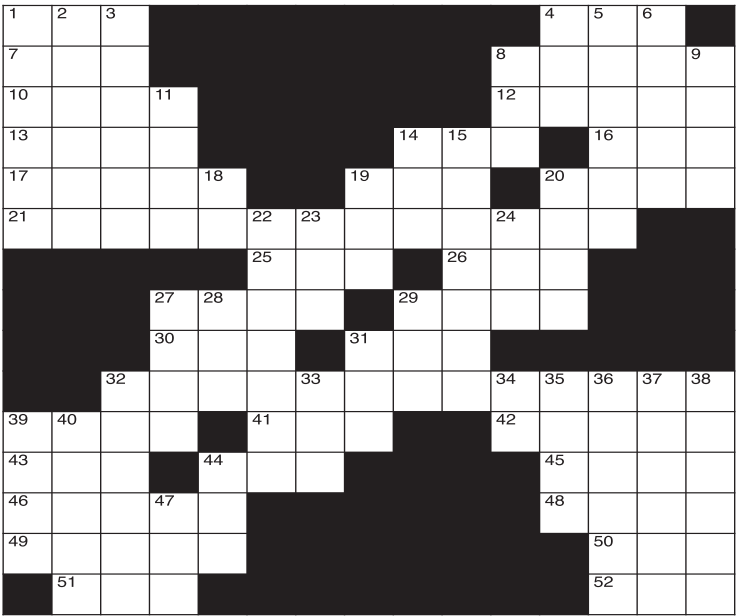
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CLUES ACROSS

1. Scottish lawyer (abbr.)

4. \_\_\_\_-bo: exercise system

7. When you hope to get there

8. Jewish spiritual leader

10. Long, pointed tooth

12. Hillsides

13. Scandinavian god

14. Keyboard key

16. Indian title of respect

17. The end

19. Shaft horsepower (abbr.)

20. Domesticated animals

21. The gridiron

25. Disfigure

26. Central processing unit

27. Get in \_\_\_\_: fight

29. Jacob \_\_\_, US journalist
30. One point north of due west

31. He said, \_\_\_ said

32. Where people live

39. Sheep noises

41. The ocean

42. Packers' QB Rodgers

43. One who buys and sells at the same time

44. Place to get cash

45. Dog's name

46. Aviation enthusiast

48. Plant of the lily family

49. Larval crustaceans

50. Brooklyn hoopster

51. Military force ready to move quickly (abbr.)

52. Make an effort

CLUES DOWN

1. Set back

2. Flat

3. Place to gamble

4. Dark liquid

5. Mortified

6. Famed movie critic

8. Corpuscle count (abbr.)

9. Egyptian goddess

11. Type of garment

14. Extremely high frequency

15. More peppery

18. The big game (abbr.)

19. Single Lens Reflex

20. In addition

22. In the company of

23. Order's partner

24. Upon
27. Dazzles

28. Baseball stat

29. The 17th letter of the Greek alphabet

31. Helps little firms

32. Arrested

33. Haw's partner

34. Expresses surprise

35. Stumblebums

36. Align relative to points on a compass

37. LA ballplayer

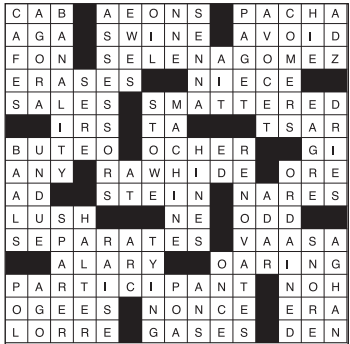
38. Showing disapproval toward

39. "Diamonds & Rust" singer

40. Protects the wearer's body

44. Yes vote

47. British Air Aces



Answers for November 21

For the Love of Travel

Traveling to Singapore

By Kelly Marx

A little-known fact about this southeastern Asia's city-state is that it is one of only three in the world, including Vatican City and Monaco. Other interesting facts are that it does not have a capital, but it does have 63 other islands in addition to the main one. It is among the 20 smallest countries in the world. While the United States is approximately 15,000 times bigger, Singapore is home to the largest fountain in the world. There are four official languages: English, Mandarin Chinese, Tamil, and Malay, so you have options of how to order your Singapore Sling at the bar. The Singapore Sling, a gin-based cocktail mixed with brandy, triple sec, liqueur, pineapple juice, and lime juice, was developed around 1915. Singapore shares many similarities with Hong Kong, as both were former British colonies.

I met three Singaporean students (Dionne, Yusra, and Brandon) when I studied in Sweden in 2015. Other international students and Swedish students alike would continually be surprised that the three of them didn't look the same and all could speak English. There continue to be misconceptions about Singapore. When asked how she would describe Singapore in one sentence, Yusra said, "Singapore is a diverse and cosmopolitan society where people from different cultures can come together and still feel as one." She also added that it's "ridiculously humid." I can confirm the humidity of Singapore is unmatched.

The main ethnic group of Singapore is Chinese, making up approximately 75% of the country's population. A significantly smaller group is the Eurasians. While their population ranges from only 15,000-30,000 people, this group features prominently in the country's media and entertainment industries. They are of mixed lineage and most are of Portuguese, British, or Dutch ancestry. Singapore's third largest ethnic group are the Indians. More than half of the Indians in Singapore practice Hinduism. I had the amazing fortune of witnessing the Hindu festival of Thaipusam, which took place in Little

India, during my visit to Singapore in February of this year. Thaipusam centers around expressing gratitude to Lord Murugan, one of the sons of Shiva. After viewing the festival, Westerners typically don't remember why the occasion is celebrated, but how. Many pilgrims choose to be pierced with symbolic spears through the cheeks and tongue. Others choose to pull large carts which are attached to them through metal hooks that pierce their backs. Still others carry kavadis, elaborately decorated arches that are carried above the heads and which are also attached through metal hooks through the carriers' skin.



Kavadi carriers are expected to dance throughout the ritual march.

The original settlers of Singapore are Malay. The Malays are the second largest ethnic group in Singapore today. A majority of the Malays are Muslim. Singapore prides itself as being diverse and multicultural. Dionne described it as a "melting pot of people and amazing cuisines." All of these cultures translate to a world-renowned culinary scene. One of my favorite things about my trip to Singapore was trying different street food from different cultures, embodying the multicultural nature of the country. More than half of the population speaks English so it is easier there than in most countries to ask the food vendors questions about what's in each dish. Brandon recommends every vis-

please see **travel** on page 15





**Water wheel power** - Nadia Smith and Avery Weber, fourth graders from Melanie Biscoe's class at Ocean City Elementary School, recently traveled to Furnace Town. They participated in STEM activities while there. They were given materials to make a water wheel like was once used to power the water wheel at Furnace Town.

## Keep your natural tree fresh this Christmas

Natural Christmas tree aficionados love the authenticity such trees provide during the holiday season. Natural trees also provide a unique aroma that can make holiday celebrations feel more homey.

When purchasing natural trees, holiday celebrants, especially those who like to buy their trees in early De-

cember, may be concerned about keeping their trees fresh throughout the holiday season. The following tips can help trees last until the final present is unwrapped and the last of the eggnog has been consumed.

Buy a freshly cut tree. Whenever possible, celebrants should cut their own trees. This ensures that the tree they bring home is fresh, increasing the chances it will remain so throughout the season. If it is not possible to cut your own tree, the National Fire Protection Association notes that fresh trees should have green needles that do not come off when touched. Trees that appear to be dried out or those that shed needles when touched should be avoided.

Protect trees on the way home. The Tree Care Industry Association advises consumers to protect their Christmas trees as they transport them home. Wrap the tree in a plastic wrap so it makes it home damage-free. A damaged tree might not make it through the holiday season.

Cut pre-cut trees before leaving the lot. Pre-cut trees can make it through the holiday season looking their best, but buyers should request that employees cut as much as two inches off the bottom of the tree before leaving

Tides for Ocean City (Fishing Pier)				
Day		High /Low	Tide Time	Sunrise Sunset
Th	29	Low	6:02 AM	6:57 AM
	29	High	12:20 PM	4:41 PM
	29	Low	6:57 PM	
F	30	High	12:56 AM	6:58 AM
	30	Low	7:08 AM	4:41 PM
	30	High	1:24 PM	
	30	Low	7:55 PM	
Sa	1	High	2:04 AM	6:59 AM
	1	Low	8:15 AM	4:40 PM
	1	High	2:28 PM	
	1	Low	8:52 PM	
Su	2	High	3:10 AM	6:59 AM
	2	Low	9:21 AM	4:40 PM
	2	High	3:28 PM	
	2	Low	9:46 PM	
M	3	High	4:07 AM	7:00 AM
	3	Low	10:25 AM	4:40 PM
	3	High	4:23 PM	
	3	Low	10:37 PM	
Tu	4	High	4:57 AM	7:01 AM
	4	Low	11:22 AM	4:40 PM
	4	High	5:12 PM	
	4	Low	11:23 PM	
W	5	High	5:43 AM	7:02 AM
	5	Low	12:12 PM	4:40 PM
	5	High	5:58 PM	

Please see **tree** on page 12

## Burns earns certification

Jim Burns, DO, CWSP, physician with the Peninsula Wound & Hyperbaric Center at Peninsula Regional Medical Center (PRMC), was recently certified by the American Board of Wound Management (ABWM) as a Certified Wound Specialist Physician (CWSP). The CWSP designation validates



Dr. Jim Burns

that Dr. Burns possesses distinct knowledge, thereby offering a specialized level of care for persons with wounds. The certification is awarded to only an elite group of healthcare professionals involved in wound management.

Physicians earning the CWSP have passed a rigorous process and demonstrated to the ABWM the highest standard in wound care, essential in the development of a comprehensive wound management program. They are committed to improving the quality of care for their patients, while reducing the costs to do so, and pledge to be an on-site resource to educate and train colleagues involved in wound management. They also agree

to share best practice knowledge with other providers across the nation.

Dr. Burns has been practicing medicine in the Salisbury area for nearly 30 years. Prior to joining the Peninsula Wound & Hyperbaric Center in 2016, he spent eight years in emergency medicine; he then owned a successful occupational health and urgent care practice for two decades. In 2009, Dr. Burns sold the practice to become the Medical Director of Peninsula Regional Medical Center's Occupational Health Services division.

At PRMC, he leads a team of wound care specialists, who offer leading-edge treatments including hyperbaric oxygen therapy, negative pressure therapies, bioengineered tissues, and biosynthetics to reintroduce the body's innate ability to heal. Dr. Burns is also board-certified in Emergency Medicine.

The Peninsula Wound & Hyperbaric Center is a member of the Healogics network. The center collaborates with a network of academic medical centers, hospitals and thousands of professionals committed to advancing wound healing by creating, sharing, and activating wound prevention and care expertise.

## Reasons a mutt should be your next dog

"Mutt" and "mongrel" have long had negative connotations, but there is no need to turn one's nose at mixed breed dogs.

Dogs of any kind, regardless of lineage, can be cherished companions who offer years of tireless love and affection. In fact, mutts have gained steam as dogs of choice thanks to new, more trendy monikers, such as "designer dogs" or "cross-bred pups." In addition, many well-recognized pure breed dogs popular today were likely once amalgams of different breeds that were carefully crafted to acquire the desirable traits of popular breeds.

Many mixed-breed dogs are beautiful, well-behaved pets. The American Veterinary Medical Association states that 36.5 percent of American households have dogs. Many of those pooches are mixed-breed dogs. Here is a look at what can make mutts stand-out pets.

Healthy pup: Mixed-breed dogs may not be prone to genetic diseases specific to one particular breed and may be less likely to develop an inherited disorder. According to Dog Reference, something called "hybrid vigor" explains how a mutt's mixed ancestry makes it hardier and more robust. The av-



Please see **mutts** on page 12



# Chanukah foods steeped in tradition

Chanukah, which roughly translates to “dedication” or “induction,” is a Jewish holiday celebrated each year in November and/or December, de-



pend on the Jewish calendar. This year the holiday begins sund a y . Although it may not hold the same level of spiritual significance as some other holi-

days of the religion, Chanukah is a highly anticipated and popular holiday among people who practice Judaism. Two miracles are celebrated on Chanukah. One of them is a victory by a small number of Jews known as the Maccabees, who defeated the Greek army occupying the Holy Land. The other miracle occurred when the Mac-

cabees liberated their Temple from the Greeks. They only discovered a single night’s worth of oil to light the menorah. However, that oil managed to burn for eight days and nights.

Chanukah celebrations include various traditions that commemorate these miracles. Many celebrations focus around food and fun. It is common to find similar foods in Jewish households during the eight days of Chanukah. Here is a look at some of the more common foods and their significance.

Latkes: Latkes have different names among the sects of Judaism, but they are essentially fried potato pancakes. Different fried foods, like latkes, are eaten during Chanukah to honor the miracle of the oil that

please see **foods** on page 15

## mutts

from page 11

erage lifespan of a mutt is longer than that of most purebred canines. This does not replace the need for quality veterinary care, however.

Life-saving choice: Animal shelters are often bursting at the seams with mutts. Choosing to adopt a mixed-breed dog can reduce overpopulation and ensure that dogs will not be euthanized.

Affordability: Mutts are typically more affordable than pure breeds because a person is not paying for lineage, show titles and AKC registration. Some mutts actually may be free if a family is giving away puppies.

Unique qualities: No two mixed-breed dogs are the same, even among litter mates. That individuality can be an advantage.

Moderated traits: Many pure breed dogs were bred to serve specific purposes of the breed. A border collie, for example, is designed to herd and requires rigorous exercise to remain healthy both physically and mentally. Stripped of that primary job, a dog might be destructive or become depressed. Comprised of different breeds, a mutt may have a less intense drive to fulfill its breed standards, perhaps making it a more easygoing pet.

Trendy: Thanks to puggles and labradoodles, it is now chic to have a mutt.

Mixed-breed dogs can be the ideal puppy pets and can be a first stop in one’s search for a new canine pal.



## Seahawk community fills shelves

It’s the time of giving and the Stephen Decatur High School community has answered the call with over 2,000 pounds of canned goods collected during the annual Student Government Association food drive during American Education Week. Donations were given to Diakonia.

Lending a helping hand were students **Elizabeth Pivec, Paige O’Brien, Lily Clark, Connor Carpenter, Alexis Black, Grace Schwendeman and Kaitlyn Peters.**

## Service scheduled

A Dark Night Worship Service will be held Sunday, December 16 at 7 p.m. at Bethany United Methodist Church located at 8648 Stephen Decatur Highway in Berlin. A special service of prayers, scripture, and music will acknowledge that God is especially present with those who struggle. For more information contact Rev. Connie at 410 641-2186.

## tree

from page 11

the lot. Once trees are cut, sap begins to seal their base, making it hard for them to absorb water. By requesting that between one and two inches be removed from the bottom of the tree at the time of purchase, buyers are ensuring their trees will be able to absorb the water they will need to make it through the season when they get home.

Place the tree in water the moment you get home. To prevent the base of the tree from drying out, place it in water the moment you get home. Freshly cut trees may initially need the water in their tree stands filled in the morning and then again in the evening. As the season progresses, trees likely will not need their stands filled more than once per day.

Place the tree away from heat sources. Placing trees away from heat sources, such as radiators, fireplaces, heating vents, and lights, reduces the likelihood that trees will dry out and also reduces the risk of fire.

A few simple strategies can help holiday revelers ensure their Christmas trees make it through the holiday season unscathed.



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# Tradition a major component of Chanukah celebrations

Tradition is a major component of the Jewish faith, so it is no surprise that tradition plays such a central role during the celebration of Chanukah which begins sundown Sunday. Although some are quick to note Chanukah is not one of the major Jewish holidays, Chanukah is celebrated in a very public fashion.

Chanukah celebrants make the holiday more high profile by displaying their menorahs in prominent locations and participating in holiday meals.

Like other Jewish holidays, Chanukah is shrouded in tradition. Chanukah means “dedication” or “induction” in Hebrew.

The holiday begins on the 25th of Kislev and can occur in either November or December. Also known as the Festival of Lights, Chanukah includes menorah displays, traditional foods and games and songs.

Chanukah rose to prominence thanks in part to the story of faith and miracle behind its inception. Antiochus IV was a Greek sovereign in control of the region of Syria, Egypt and Palestine, where many Jews resided. Antiochus began to oppress the Jews, prohibiting the practice of the Jewish religion and desecrating the Jewish Temple. Opposition to Antiochus grew, and a group led by Mattathias the Hasmonean and his son, Judah Maccabee, took on the Syrian army. They were successful in their efforts to combat religious oppression, and the

Temple was subsequently rededicated. The Talmud states that, at the time of the rededication, there was very little oil left that had not been defiled by the Greeks. This posed a problem because oil was needed to burn the Temple menorah throughout the night every night. However, there was only enough left for one night’s illumination. Miraculously, that oil burned for eight nights, leading to the development of an eight-day festival to commemorate this miracle.

Because Chanukah is about the miracle of the oil and the lasting flame, oil and candles factor heavily in the holiday. A nine-armed menorah called the hanukiah is lit, and one candle is lit on each of the eight nights of the celebration. The last branch of the

candelabra holds the shamash (servant) candle. The organization Reform Judaism says the traditional song “Ma’oz Tzur (Rock of Ages)” is sung after the lighting of the candles each night and at other times throughout the holiday. Foods fried in oil, including latkes and jelly doughnuts, are consumed as well.

Celebrants play games with a dreidel, a German-based spinning top, and giving to charity is encouraged. Chanukah is one of the few times of the year when rabbis permit games of chance. The letters atop the dreidel stand for the first letter of each word in the Hebrew statement “Neis gadol hayah sham,” which translates to “A great miracle happened there,” and refers to the defeat of the Syrian army and the rededication of the Temple.



## Students inducted into PTK

Students from Worcester County recently inducted into the Alpha Nu Omicron chapter of Phi Theta Kappa at Wor-Wic Community College are shown, from left, **Alexander Apodaca**, **Matthew Cooper** and **Danee Glass** of Berlin and **Kacy Lynch** of Pocomoke City.



**Leadership** - Ocean City Elementary School second grade students celebrated Leadership Day through participation in the Jr. Achievement program. Business volunteers in the community worked alongside students helping them to gain a better understanding of community, businesses and government.



## Player of the Year

Worcester Prep senior **Colin Miller** won the Eastern Shore Independent Athletic Conference Player of the Year award and was voted MVP by his teammates for the WPS varsity golf team. He is a standout scholar athlete who excels in every sport WPS offers and chose to focus on golf, basketball, and tennis his senior year. Colin resides in Berlin with his parents, Randy and Paula Miller.

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## OC Christmas parade is Saturday

It's the most wonderful time of the year, and in Ocean City there is no exception! With holiday festivities filling up the calendar in December, Ocean City is adding to the holiday cheer with the 36th Annual Ocean City Christmas Parade marching along Coastal Highway on Saturday, December 1. The holiday parade starts at 11 a.m. on Old Landing Road and marches northbound in the southbound lanes of Coastal Highway to the judges' stand at 120th Street. The event will feature more than 60 units, including high school bands, antique cars, colorful holiday floats and more.

WBOC television anchors Chris Weimer and Bill Mich will be the Master of Ceremony, providing a play by play of the parade for spectators. Professional judges will review bands and other units in nine categories. "For 36 years, this parade has been an iconic event for Ocean City and we are happy to con-

tinue a custom that is loved by so many!" commented Ocean City Special Events Director, Frank Miller.

A post-parade reception will be hosted by the Carousel Hotel, bringing additional family fun for participants and patrons alike. Festivities at the hotel will begin immediately after the parade conclusion and will include half-priced ice skating, a DJ playing continuous holiday music and free photos with Santa and Mrs. Claus. In addition, complimentary winter refreshments will be available.

Spectators will not be permitted to watch the parade from the median area of Coastal Highway. Motorists are reminded that traffic pattern changes will begin approximately 8 a.m. and traffic congestion and delays should be expected. Also, due to the high volume of pedestrian traffic, everyone is reminded to Walk Smart by using cross walks and crossing with the traffic control signal.



### SDHS blood drive a success

Stephen Decatur High School senior **Tara Fischer** lends a helping hand to donor **Sarah Beesley** during the bi-annual Key Club blood drive. Over 100 donors were on hand during the Blood Bank of Delmarva visit to the school on November 9.

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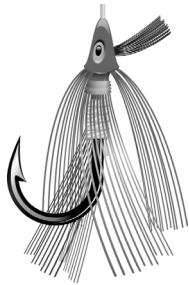
**hobby**

from page 6

sponse similar to knitting and crocheting can be equally beneficial.

Hobbies can increase quality time with your children. Parents with hobbies can double dip, using the time they would ordinarily spend with their children to teach them some of their favorite hobbies. Take kids along when you go fishing or teach them how to plant flowers and tend to a garden. This is a great way to increase quality time with your children while also affording you a chance to continue engaging in your favorite hobbies.

Hobbies can benefit people in ways they never imagined, making them worthwhile pursuits no matter how much or how little time you may have.

**tally**

from page 6

on areas with the most efficient cost of living, individuals can save considerably over the long run.

The second largest expenditure category is transportation. This accounts for the cost to finance or lease a vehicle and insure it, and it also includes urban dwellers who rely on public transportation or ride-share services to get around. Keeping transportation budgets in check can be great a way to save.

Food is the next largest expense. While everyone needs sustenance to stay alive, how that money is allocated can make a big difference in saving versus spending. The BLS says that

**travel**

from page 10

itor to Singapore try “chicken rice, roti prata, satay, chili crab, and nasi lemak,” all of which are “very popular and very stereotypically Singaporean.”

What comes to mind when most people picture Singapore is the Gardens by the Bay, featured in the recent movie “Crazy Rich Asians.” If you visit Singapore and don’t visit Gardens by the Bay, you probably didn’t actually go to Singapore. Gardens by the Bay, a nature park that comprises more than 100 hectares of land, is an example of Singapore’s signature policy of

**foods**

from page 12

burned for eight days. Other fried foods include jelly-filled doughnuts called “sufganiyot.”

Loukoumades: These deep-fried puffs dipped in honey or sugar are treats used to represent the cake eaten by the Maccabees.

Dairy: Dairy was not always included in Chanukah traditions, but cheese, blintzes and cheesecakes emerged to symbolize the story of Judith. Legend says Judith was a beautiful woman who saved her village from

**circus**

from page 6

adults, Celia and Marco meet. Celia is an illusionist who is hired by the circus. Marco is Chandresh’s assistant. The two are drawn to each other, and any time they come close to each other, an electric current of sorts is felt between them and magical things happen. They ultimately fall in love, and

food at home costs around \$4,000 annually, while spending on dining out amounts to around \$3,100, for a grand total of \$7,100 each year. Statistics Canada notes that Canadian households spent an average of \$8,784 in 2016 on food and that 26 percent of that spending was on dining out. Cutting back on dining out can be a great way to save money, as can becoming a more sale-conscious grocery shopper.

Healthcare, utilities and entertainment are the next most costly expenditures, respectively. But each of those items are considerably less expensive than the top three. Therefore, making changes to where one lives, how one gets around and how one eats can certainly add up to considerable savings.

reclaiming land. There are different parts of the grounds, including the outdoor gardens, OCBC Skyway, conservatories, and a children’s garden. Some sections of the garden are free and others cost up to \$28 Singapore dollars (approximately \$20 USD). Gardens by the Bay can serve as a metaphor for Singapore, how it embraces its past as a tropical area filled with nature but also fully embraces its current state which is increasingly modern and futuristic. The grandparents of Dionne, Yusra, and Brandon all yearn for the “old Singapore,” but Singapore doesn’t seem to be planning on slowing down any time soon.

attacking Babylonians. Judith was able to enter the enemy camp thanks to her beauty, charm and a basket of wine and cheese she brought along. She fed the enemy general, Holofernes, who consumed lots of salty cheese and wine and passed out. Judith killed the general, and the Babylonians left shortly thereafter.

Brisket and tongue: Although these foods are not tied to a particular Chanukah story, they have grown quite popular as traditional Chanukah meals. Beef brisket pairs well with potato latkes, and beef or veal tongue also may be served.

later they discover to their dismay that they are pitted against each other in this winner-take-all game. As time goes on, they also learn that they too, are part of the power source for the circus. As the book approaches the climax of who will win this competition, the circus is in trouble and is losing its power. The collective minds of Marco and Celia along with a diverse cast of circus friends and other acquaintances, must come together to decide their fate.

The author is Erin Morgenstern, and this is surprisingly the young author’s very first novel. She grew up in Massachusetts where she studied theater and studio art. Erin published this novel in 2011, and she indicates in the “About the Author” bio that film rights to the novel have already been optioned by Summit Entertainment. I know that I would be very interested in buying a ticket to see this movie, as I thoroughly enjoyed the book!

**lights**

from page 1

couraged to enter.

Winning entries will be published in the winter edition of the *Ocean Pines Report*, the community’s quarterly newsletter, and in the Christmas edition of the weekly email-newsletter.

All contest winners are invited to redeem their winnings at the Administration Building, located at 239 Ocean Parkway, from Monday, December 31 to Friday, January 11 during normal business hours.

The winners will be given a gift bag filled with goodies, including a gift certificate for a Choptank Electric Cooperative bill credit.

Choptank Electric, a Touchstone Energy Cooperative, is a not-for-profit, member-owned, electric distribution co-op located on Maryland’s Eastern Shore serving over 53,000 members.

For more information, contact Denise Sawyer, director of marketing and public relations for the Ocean Pines Association, at (410) 641-7717 ext. 3006 or dsawyer@oceanpines.org.

The contest is in no way sponsored, endorsed or administered by, or associated with, Facebook. Each entry will give the Association consent to advertise its home decorating on Facebook in respect to the “Light Up the Pines” annual decorating contest. This contest will be administered through the official Ocean Pines Association’s Facebook page.

Kugel: Potatoes are often baked, along with other hearty vegetables, into casseroles called “kugels.”

Challah: Challah is a leavened bread traditionally baked and served on the Sabbath and Jewish holidays. The braided white bread is both attractive to look at and tasty to eat.

Food plays a big role in many Chanukah traditions, as there are various delicious dishes steeped in historical significance.

**restrictions**

from page 3

under three months of age. Parents are encouraged to contact their pediatrician if concerned about possible symptoms of RSV.

“We welcome visitors and understand their importance in the recovery of friends and loved ones, but we will take all necessary steps to prevent the contracting or spreading of viruses,” added Mihalik. PRMC encourages our visitors under 12 to send a greeting using the Ecard option on our website at [www.peninsula.org](http://www.peninsula.org) or to use any of the personal correspondence options like Skype or Facetime while the RSV visitation restrictions are in place.

Peninsula Regional Medical Center expects these visitation changes to be in place through March, and will keep Delmarva residents updated on any changes in visitation during the current RSV season. Additional information on RSV may be obtained on the Centers for Disease Control and Prevention website at [www.cdc.gov](http://www.cdc.gov).





# Worcester County Veterans Memorial at Ocean Pines Foundation

**www.OPVETS.org**

## WREATHS ACROSS AMERICA

Please join the Worcester County Veterans Memorial Foundation in its initiative to cover the graves of all veterans at the Eastern Shore Veterans Cemetery at Hurlock Maryland.

Members of the Foundation will be taking part in the placing of wreaths at the cemetery on **Saturday, December 15, at 10 a.m.** There are more than 8,500 gravesites at the cemetery in Hurlock.

Last year only 2,500 graves were covered. Our initiative sponsored over 470 wreaths last year. We are hoping to cover over 500 this year. With your help we can! **Just \$15 sponsors a wreath.**

Fill out the form and mail to:  
Worcester County Veterans Memorial,  
P.O. Box 1576, Ocean Pines, MD 21811.  
*Make checks payable to Wreaths Across America.*

**ALL ORDERS MUST  
BE RECEIVED BY  
December 3**

**Volunteers are welcomed to join us at Hurlock**

Wreaths will be placed following a brief ceremony in the chapel at 10 a.m.

### SPONSOR A WREATH - \$15 for each wreath sponsored.

I would like to sponsor a wreath to be placed at Eastern Shore Veterans Cemetery at Hurlock, MD on December 15, 2018. Please enter my order for:

\_\_\_\_\_ WREATHS @ \$15.00 EA.      TOTAL ENCLOSED \$ \_\_\_\_\_

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_

