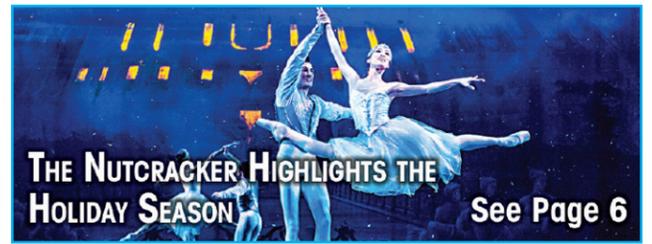




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BIXBY BREEZE

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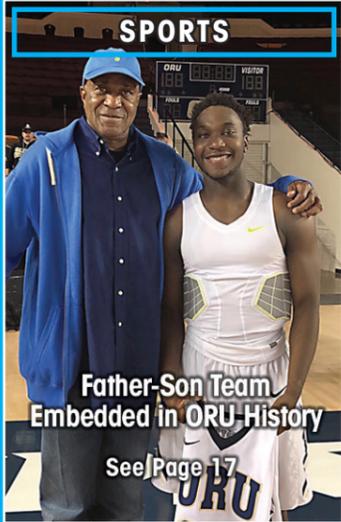
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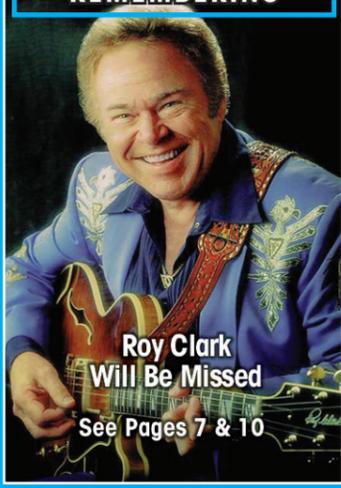
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Orthopedic Physician Dr. Wendy Emerson Offers Expertise to Champion Bixby Spartans

By **LESA L. JONES**
Contributing Writer

Football fans have seen Dr. Wendy Emerson on the sidelines treating players at Bixby Spartan and Coweta Tigers games and working with players on the Fortuna Tulsa Women's Soccer Team.

Now, following the merger of Central States Orthopedics and Eastern Oklahoma Orthopedics, even those who play Fantasy Football can benefit from her sports medicine expertise through her work at Advanced Orthopedics of Oklahoma, 12800 S. Memorial Dr., in Bixby.

"I've learned over time, the term athlete is defined by the person," Emerson said.

Like many of the players she treats, Emerson spent much of her formative years playing competitive sports, namely basketball and softball.

"Thankfully, I avoided any serious injuries, but to see my teammates have injuries piqued my interest and definitely got me into that frame of mind as to what exactly is happening in the body and how to treat those injuries," Emerson said.

Born in Vancouver, British Columbia, the future physician, her parents and five siblings moved to Flower Mound, Texas in 1977. She later earned an academic scholarship from Oral Roberts University where she studied Pre-Med Health and Exercise Science.

After graduating from ORU in 2000, she spent a year in Dallas working in a sports science lab performing fitness testing on amateur and professional athletes including players from the NBA's Dallas Mavericks and the NHL's Dallas Stars.

Following her acceptance into the University of Texas Medical Branch in Galveston, Texas, she developed a passion for the field of orthopedic surgery. Later, she earned a residency position at the University of Washington in Seattle.



Bixby Breeze photo

WORKING THE SIDELINES: Dr. Wendy Emerson is at the ready to treat Bixby football players during the recent state championship game in Owasso, where the Spartans defeated Stillwater to again become Oklahoma state football champions.

"For five years, braving (and yes, even enjoying) grey days and drizzle, I learned from and was mentored by top orthopaedic educators, each day expanding my knowledge and honing my skills in all things bone, joint, muscle, ligament, and tendon," Emerson said.

It was in Seattle that the doctor learned the art of treating each patient as an individual and to value their unique concerns.

"With my background as an athlete and my love for sports, I decided that I would like to become a specialist in Sports Medicine," she said.

At the end of her residency, Emerson entered a one-year subspecialty fellowship at TRIA Orthopedic Center in Minneapolis, Minnesota. There she was taught how to perfect the intricacies of minimally invasive, arthroscopic surgical techniques.

On weekends she had the opportunity to cover a variety of sporting events such as Minnesota Timberwolves and Lynx basketball, Minnesota Twins baseball, the NFL Combine, college and high school football, pond hockey tournaments and, running events.



Bixby Breeze photo

AT THE OFFICE: Dr. Emerson accepts patients at her Advanced Orthopedics of Oklahoma office, located at 12800 S. Memorial Dr. in Bixby.

Upon completion of her medical training, Emerson chose to move back to Tulsa to start her practice and to be closer to family and friends.

As an Orthopedic physician, Emerson has the knowledge and experience to treat those on the field or those working in an office.

And while Emerson's specialty is sports medicine, if someone has a torn rotator cuff from an incident on the job or in the backyard, whatever he or she is doing, it is the arthroscopic surgery part of that training that is used to address

the injury. So while it's not necessarily a sports injury per se, it falls under that guise she says.

"I think it's particularly rewarding to have someone who has not been able to participate in their sport, or their exercise, or their job," Emerson said. "For me to be able to help them accomplish that goal is particularly rewarding."

Whether they're a young student-athlete or someone who's just trying to get back to playing tennis on the weekends, it is Emerson's goal to help them.

Emerson enjoys helping her patients get back on the field of life.

KUDOS of the MONTH: The Salvation Army

Since 1865 The Salvation Army has worked year-round to help meet the needs of people throughout most of the world. During the Christmas season the Salvation Army becomes visible to many due to the people who volunteer at the its kettles to raise money for those in need.

In its mission, the Salvation Army assists 25 million Americans annually and serves 130 countries around the globe with over 1.5 million members consisting of officers, soldiers and adherents. Each year thousands of

children in greater Tulsa have a merrier Christmas because of Salvation Army programs such as the Angel Tree and the Annual Christmas Luncheon and Fashion Show, which was recently held at the Tulsa Renaissance Hotel with Jackie Poe as the Honorary Chair. (A photo from the Fashion Show appears on page 9.)

Salvation Army programs help in areas such as support for adults, children and families; adult rehabilitation services; and disaster services. For more information, visit salarmytulsa.org.



GTR Newspapers photo

BELL RINGERS: Rotary Club of Tulsa members Linda Bradshaw, left, and Wayne Bradshaw volunteer at a Salvation Army kettle at the Walmart at 67th Street and Memorial Drive in Tulsa. With them is a happy donor.



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Castle of Muskogee Filled With Holiday Lights and Fun

The Castle of Muskogee offers holiday entertainment for the whole family. Visitors can take a leisurely drive through the Castleton Village, which is filled with thousands of holiday lights and displays. The drive through is free, and donations are gratefully accepted.

Outside The Castle, guests may enjoy an old-fashioned hayride or the festive Castle Train, both of which provide a unique experience through the Castle displays. Also in the Village area, pony rides are available for the little ones. For a taller vantage point, Cletus the Camel will provide rides around the Village area.

Once inside The Castle, guests may warm up and enjoy a variety of family holiday activities, such as crafting ornaments in Santa's workshop, making candles, face painting and more. Visitors may also purchase items from The Christmas Shoppe or the Castle Gift Shop holiday displays or holiday keepsakes. Rudolph's Cafe is open for a light supper or snack, hot chocolate and treats. Visitors can enjoy complimentary holiday movies as well. Visit okcastle.com for a schedule of nightly activities.

In nearby Honor Heights Park, the "Garden of Lights" attracts thousands of visitors. The celebration includes a drive-through display of more than a million lights exhibited throughout the park. Christmas lights are placed on trees, bushes and structures throughout the park to enhance the natural beauty of the gardens, waterfalls and ponds. Gates open at 6 p.m. nightly, and the event is free on Mondays, and \$5 per vehicle Tuesday through Sunday.

Drive through the lights at both locations. The Castle drive-through is complimentary, however we do appreciate donations. Honor Heights has a fee of \$5 with (cards and cash accepted). If you would like information on a season pass, please contact the parks department. Both drive-through events are open nightly from Thanksgiving through New Year's Eve, 6 to 10 p.m.

The Castle's additional events are open every night from Dec. 14 through Dec. 31. Check the calendar at okcastle.com for a schedule of each night's activities.

Tractor-drawn Hayrides: This ride starts in the parking lot of The Castle and travels through the village on a different route from the car drive-through. Hayrides depart every half hour. Cost is \$5 per person, children 12 and under are free per paid adult. Offered Friday, Saturday and Sunday.

Castle Train: Enjoy the lights with a tour from the conductor himself! \$5 per passenger. Kids under 1 are free. Offered nightly through Dec 31.

Pony rides: A holiday favorite! \$5 per child every Friday, Saturday and Sunday.

Gift Shops – A wide assortment of holiday merchandise, inflatables and more.

Rudolph's Cafe: Offering soups, sandwiches, cookies, hot chocolate, and more.

Chalice Hall: Holiday movies for the whole family are available as is a warm fireplace.

Christmas Merchants: Find unique and handcrafted items from a variety of craftspeople.

Visit with Saint Nicholas: Saint Nicholas will be at the Castle on select evenings from 6 to 9 p.m. There is no cost to talk to him, and pictures will be available for donations.

For more information visit okcastle.com or cityofmuskogee.com.



HOLIDAY CASTLE: Visitors find fun and comfort while visiting the Castle of Muskogee during the holiday season.



GIZMO THE ELF: Gizmo spends much of his time in the Castle entertaining visitors.

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The Greater Tulsa Reporter Newspapers consist of the *Union Boundary*, the *Jenks District Gazette*, the *Midtown Monitor*, the *Owasso Rambler*, the *Broken Arrow Express* and the *Bixby Breeze*. The papers target news coverage to school district areas. The papers also have common pages of information of interest to all readers in the Greater Tulsa area.

The *Union Boundary*, the *Jenks District Gazette*, the *Owasso Rambler*, the *Broken Arrow Express* and the *Bixby Breeze* are distributed monthly to nearly every home in the Union, Jenks, Owasso, Broken Arrow and Bixby school districts. The *Midtown Monitor* is distributed to selected neighborhoods in the Tulsa school district. All six papers are distributed to news stands and other outlets in more than 700 locations throughout the Greater Tulsa area.

All advertising published in any or all of the GTR Newspapers is subject to the applicable rate card, copies of which are available at the GTR Newspapers office or from the account representative listed in the above newspaper credits.



CIVICS

Stock the Station Food Drive Helps Those in Need

Here at the City of Tulsa we are committed to making an amazing difference in our community, especially for at-risk Tulsans who have fallen on hard times this holiday season.

From Tulsa's Mayor



By G.T. BYNUM
Mayor of Tulsa

I invite you to join me in our citywide Stock the Station Food Drive, which is in full swing now through Dec. 19.

It's so heart-breaking to know that one in four children go to bed hungry at night, and more than 600,000 Oklahomans cannot always count on their next meal. That's why we need your help to not only spread the word about our annual Stock the Station Food Drive but give from your heart to a family in need.

The Community Food Bank of Eastern Oklahoma (CFBEO) will be the recipient of food and donations collected during the food drive and will deliver goods to 130 Partner Programs located in Tulsa.

So, how can you contribute to

this worthy cause during the holidays? Tulsa residents can drop-off their non-perishable food items at any Tulsa Fire Station, Tulsa Police Station of Tulsa City-County Regional Library.

Additionally, you can donate by visiting www.okfoodbank.org. Simply click the "Donate Now" button, then select Stock the Station from the drop-down menu so that funds will be earmarked for the citywide food drive. Amazingly, the Community Food Bank can turn \$1 into four meals for Tulsa families.

Also, the George Kaiser Family Foundation will generously match donations – up to \$150,000 – for the citywide food drive.

Eileen Bradshaw, CFBEO Executive Director tells me she greatly appreciates how our community always comes together to provide food for our fellow Tulsans in need. She says the help is needed and so appreciated.



DONATION DESTINATION: Tulsa residents can drop-off their non-perishable food items at any Tulsa Fire Station, Tulsa Police Station of Tulsa City-County Regional Library. This photo is from the 2017 Food Drive.

Please join me in extending a helping hand up to our neighbors in need to make this holiday season brighter for them and their loved ones. By joining together and giving from our hearts, we can make a tremendous difference in our community to ensure families who have fallen on hard times won't go hungry during the holidays.

Also, see the following list for ways you can help ease the hunger pains of our neighbors. Tul-

sans always amaze me with their generosity. Thank you in advance for whatever you can do to help us with our Stock the Station Food Drive. Together we can help touch the hearts of hurting families and transform lives.

Items Needed for the Food Drive include: Staples such as canned meats, canned fruits, canned and boxed meals, like soup, macaroni and cheese, baby cereal and formula, peanut butter, jelly, canned

or dried beans and peas, 100 percent fruit juice (canned, plastic or boxed), pasta, rice and cereal. However, please note the Food Bank cannot accept food that is homemade, home-canned, previously opened or un-labeled. Products must be in their original packaging. Other items that will not be accepted include: perishable foods, alcohol, medicine, sodas, rust and dented cans or outdated products.

Methods Vary in Tulsa County Construction Projects

The citizens of Tulsa County understand that from time to time the county, school districts, and cities need to rebuild, restore, or construct new facilities to better serve the public.

Whether it's a large project such as the BOK Arena or a smaller community project, it will be an expensive, yet necessary endeavor.

Once the voters approve funding of the facilities, it then falls to the leaders and their management staffs to move forward with all the construction details and to complete the process at or below the cost promised to the taxpayers.

One of the first steps in this process, is to decide which of the two construction management methods allowed by Oklahoma law will be used. The choice is between: the construction manager at risk (CMAR) method or the traditional design-bid-build method.

When the project is estimated to have a high cost, many city, county, and school leaders choose the CMAR

method. There are several advantages to the CMAR approach:

The project can normally be completed faster as it facilitates better coordination between the construction manager, architects, engineers, and the entity responsible for the completion of the project;

This collaborative approach creates enhanced synergies throughout the process, and

Transparency is enhanced because all costs and fees are in the open, which diminishes adversarial relationships between components working on the project

while at the same time eliminating bid shopping.

From Tulsa County



By COMMISSIONER RON PETERS

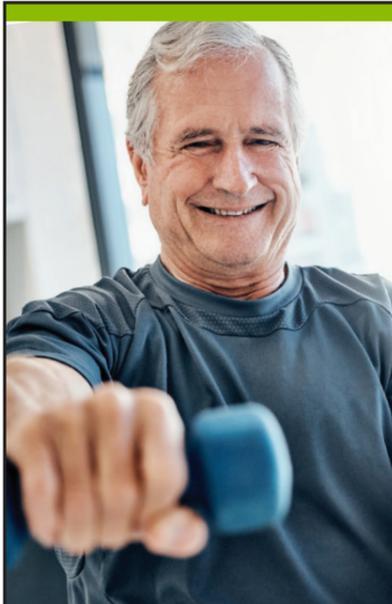
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VARIETY

All-Female Cast Inducted Into OK Music HOF

By **TERRELL LESTER**
Editor at Large

A child star from an innocent era and a chanteuse launched from the saloon circuit of Tulsa were among the 10-member, all-female class ushered into the Oklahoma Music Hall of Fame in November.

Six of the honorees were in attendance during a ceremony at the Oklahoma History Center in Oklahoma City. Family members of the four posthumous inductees also were present, along with an impressive array of previously honored Hall of Famers.

All but one of the newly minted state musical legends were born in Oklahoma.

This year marked the first all-female class for the Hall of Fame, which held its first induction ceremony in 1997.

One of the most sought-after luminaries in a room aglow with stars was Gayla Peevey, who scored as a 10-year-old with a Christmas novelty song that is continuing to command air play and holiday popularity into its 65th year.

The daughter of the late Tulsa performer Gus Hardin, Toni Jones of Sapulpa, accepted the accolades for her mother during the induction luncheon.

Gus Hardin, born Carolyn Ann Blankenship in Tulsa in 1945, became the city's foremost female rock and blues headliner by the end of the 1960s.

Leon Russell once called her voice "a combination of Tammy Wynette, Otis Redding, and a truck driver."

She married keyboardist Steve Hardin and retained his surname after their divorce. It was another Tulsa musical giant, Tony Twist, who applied the appellation "Gus" when she was just a teenager.

By the time she signed a contract with the RCA recording company in the early 1980s, she was widely and lovingly known simply as Gus.

RCA inserted Gus into its country lineup, despite her development and reputation as Tulsa's blues-soul-rock queen.

The move paid off for Gus and for the label. In 1983, Billboard and Cashbox each saluted Gus with New Country Artist recognition. In 1984, she was hailed as Top New Female Vocalist by the Academy of Country Music.

She hit the Top 10 country charts twice, in 1983 with "After the Last Goodbye" and in 1985 with "All Tangled Up in Love," a duet with Earl Thomas Conley.

RCA released three studio albums by Gus, and a fourth album, by the Rainy Day label, was



COURTESY PHOTO
GUS HARDIN

pressed on the fifth anniversary of her death.

Gus died in an automobile accident in Mayes County on Feb. 17, 1996, at the age of 50.

Peevey has been a California resident since shortly after her ascent to stardom in her pre-teen years.

Born in Oklahoma City in 1943, she began singing and performing in local productions while still in elementary school. As a 9-year-old, she was joining future rockabilly queen Wanda Jackson on stage.

That brought young Gayla to the attention of Columbia Records, who signed her to a recording contract. The next year, Columbia presented the novelty tune "I Want a Hippopotamus for Christmas" to Gayla.

The resulting single was an immediate holiday hit. She performed the song on the popular television program "The Ed Sullivan Show." Capturing the spirit of the moment, an Oklahoma City TV and radio station, WKY, and the Oklahoma City Times newspaper launched a fundraiser to purchase a hippo for the Oklahoma City Zoo.

Donations arrived from around the state and around the nation. In just a matter of weeks, a 3-year-old, 700-pound hippo, Matilda, arrived in Oklahoma City and was presented by Gayla to the zoo on Christmas Eve 1953.

Matilda enjoyed the next 45 years at the zoo while becoming a celebrity in her own right.

Gayla continued to record with Columbia over the next five years, and teamed with another child star, Jimmy Boyd, on a single.

The Peevey family moved to California, Gayla said, hoping to deter her entry into show business.

"They just wanted me to be a normal kid," she said with a smile.

"Most people move to California to get into show business. I went there to get out of it. It's so funny, but it's the truth," she said.



JODY MILLER AND FRIEND: Jody Miller, 2018 inductee in the Oklahoma Music Hall of Fame, is joined by supporter Jim Davenport during the Nov. 27 ceremony in Oklahoma City.

The transition did not work as smoothly as the Peeveys expected. Gayla picked up a guitar, began to write songs and continued to sing.

In 1959, she signed with Joy Records and recorded nine singles, all under the name of Jamie Horton and released over a four-year stretch.

Gayla made her exit from the music world after her final single in 1962.

She graduated from San Diego State University before entering the teaching profession. She eventually owned and operated an advertising firm before retirement.

Still, her hippopotamus recording has kept her name in a prominent international position, for at least one month every year.

She answers calls from around the world as Christmas approaches, satisfying requests from radio stations from Australia to Ireland, all eager to talk about a novelty song recorded 65 years ago.

"New generations have been introduced to it," she said. "And they think it's a new song."

Gayla Peevey might be considered a "one-hit wonder," but that one hit has produced a lifetime of memories for a youngster from Oklahoma.

"Even though I've lived in California for a long time, I've always felt like Oklahoma was my home," she said.

The other 2018 inductees:

Molly Bee
Born in Oklahoma City, died in



THREE GREATS: Wanda Jackson is flanked by 2018 inductee Susie McEntire, left, and Jana Jae during the Oklahoma Music Hall of Fame ceremony in Oklahoma City Nov. 27.

2009 at age of 69. Early recognition came in 1952 with her recording of "I Saw Mommy Kissing Santa Claus." Was a regular on "The Tennessee Ernie Ford Show" television show in the 1950s and 1960s. Appeared in four movies.

Kellie Coffey
Born in Moore, graduated from University of Oklahoma. In 2003, was named Top New Female Vocalist by Academy of Country Music. Her 2002 debut "When You Lie Next to Me" landed in the Top 10, spent 33 weeks on the charts.

Lorrie Collins
Born near Sapulpa, died in August 2018 at age of 76. She and younger brother Larry formed rockabilly duo The Collins Kids in the 1950s, recording for Columbia Records and touring with Johnny Cash. Scored hits with "Hop, Skip and Jump" and "Hoy Hoy."

Gail Davies
Born in Broken Bow. Country music's first female record producer. She sang with Neil Young, Hoyt Axton and Roger Miller, and recorded five Top 10 country singles, including "I'll Be There (If You Ever Want Me)."

Katrina Elam
Born in Bray, Stephens County. Country singer/songwriter/actor. Toured with Keith Urban and Rascal Flatts. Penned songs for Carrie Underwood, Reba McEntire, Eli Young Band. Appeared in 2010 film "Pure Country 2: The Gift."



OPRY MEETS OPERA: The Grand Ole Opry met the Metropolitan Opera during the Nov. 27 Oklahoma Music Hall of Fame ceremony in Oklahoma City. Norma Jean, left, member of the Grand Ole Opry, visited with Leona Mitchell, who for 18 years was the leading spinto soprano with the Metropolitan Opera in New York City. Norma Jean, born in Wellston, was inducted into the Oklahoma Music Hall of Fame in 2013. Leona Mitchell, born in Enid, was inducted in 2001.

Susie McEntire
Born in Chockie, Atoka County. Toured and sang with sister Reba McEntire in 1980s. Released debut solo album in 1993, scoring hits on Christian country charts. Turned out 11 albums over the next 20 years. Inducted into Christian Music Hall of Fame, 2011.

Jody Miller
Only one of the 10 inductees not born in Oklahoma. Born in Phoenix, reared in Blanchard where she still resides. Pop, country, Christian singer. Recorded first album for Capitol Records in 1964. Responding to Roger Miller's "King of the Road" hit, she scored with "Queen of the House" in 1965, peaking at No. 5 on Billboard. In 1966, the song earned her a Grammy for Best Female Country Vocal Performance. Inducted into Country Gospel Music Association Hall of Fame, 1999.

Evelyn LaRue Pittman
Born in McAlester, died in 1992 at age of 82. Author/teacher/composer. Studied at Juilliard School of Music. Noted for her opera "Freedom Child" about Martin Luther King Jr.

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Holiday Shows Shine at Local Venues

December is all about downtime, right? Well, maybe not. If you are in the clutches of hectic holiday planning, perhaps soon you can set aside the “must-dos” and let the fun begin.

For me, having worked at the Tulsa Performing Arts Center for many years, the Christmas season centered on two shows: “The Nutcracker” and “A Christmas Carol.” They are hallowed holiday traditions for good reasons.

The current version of Tulsa Ballet’s “The Nutcracker” has been enjoyed by local audiences since 2003. Using the framework of the well-known story and incorporating Tulsa’s Art Deco heritage, Tulsa Ballet Artistic Director Marcello Angelini transformed the tale into a glossy, romantic ballet set in Paris and Versailles. The production involves 130 children, ages 6 to 14, from 13 local communities, in addition to 39 professional dancers. Along with the exceptional dancing of Tulsa Ballet, you can look forward to hearing Tulsa Symphony Orchestra perform the Tchaikovsky “Nutcracker” score.

American Theatre Company’s “A Christmas Carol,” staged in the PAC’s Williams Theatre, is well-suited for children as well as adults. The ghost story, large cast, music and intimate theater setting will keep a young person’s attention. Actor Karl Krause has appeared in the role of Ebenezer Scrooge for at least three decades. He is remarkable, but he’s only one reason you should consider attending a performance. The show is a beautiful, happy holiday package, wrapped and delivered on stage just for you. Both “A Christmas Carol” and “The Nutcracker” have performances at the Tulsa PAC through Dec. 23.

Before we welcome 2019, take in multi-Grammy winner Michael McDonald’s “Season of Peace” concert at the Hard Rock, Dec. 20. The former front man for the Doobie Brothers will entertain with Christmas tunes as the centerpiece for his show. The American alternative rock band Third Eye Blind appears Dec. 28 at the Hard Rock’s Joint, and traditional country music artist Jon Pardi lands in Catoosa on Dec. 29 for a Hard Rock gig. Come January at The Joint, The Four Tops revisit 50 years of Motown hits, Jan. 4,

and Emmy Award-winning comic David Spade entertains on Jan. 19. Singing Christmas-themed coun-

try music tunes on Dec. 29 at the Broken Arrow Performing Arts Center is the group Home Free. You might have seen this ensemble on television’s “Sing Off” competition. Their superb a cappella harmonies and showmanship will make a great evening.

River Spirit Casino’s lineup includes the English rock band Bad Company, Dec. 28, and comedian Ron

White on New Year’s Eve, followed by Sinbad, Jan. 12. Boys II Men stops at River Spirit on Jan. 19.

Earlier in January at the Tulsa PAC, Tulsa Symphony Orchestra performs Prokofiev’s gorgeous “Romeo and Juliet.” Music by Mozart also will be included on the Jan. 5 Symphony program. I’m putting that concert on my “must-do” list.

If you didn’t see “Book of Mormon” when it was in town last, now is your chance, Jan. 8-13. Tickets for someone could make a thoughtful gift. The show is presented by Celebrity Attractions and welcomed by the Tulsa PAC Trust. The musical won nine Tony Awards, including “Best Musical.” “Book of Mormon” takes pot-shots at almost everything — not just the Mormon church. From page to stage via the ingenious, irreverent minds of its “South Park” creators, the material is not suited for children. Among many elements, including language, the hilarious musical number “Spooky Mormon Hell Dream” would be too much for a young mind to process! Outrageous and funny, “Book of Mormon” has a message and a heart.

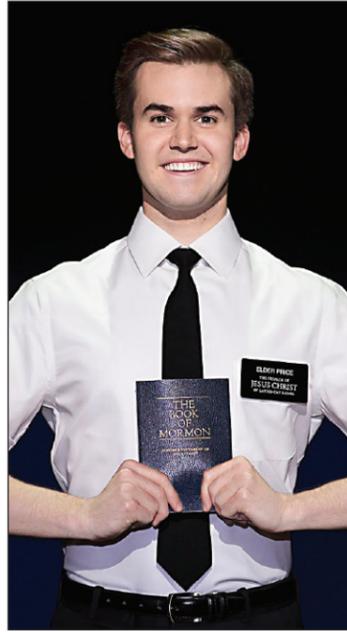
My husband and I travel to hear great jazz, and we were thrilled when we learned that a jazz “listening room” was opening in downtown Tulsa. Duet features our excellent local jazz artists and hosts well-known musicians. Check out Duet and its many offerings. Blues, Latin music, comedy and more also can be enjoyed in this cool basement setting. Isn’t it fabulous when thoughtful entrepreneurs transform an old building into something useful and new?

That was done years ago with

Show Buzz



By NANCY HERMANN



THE BOOK OF MORMON: The winner of nine Tony Awards, including “Best Musical,” returns to the Tulsa PAC Jan. 8-13.



DAVID SPADE: The Emmy Award-winning comic and veteran of “Saturday Night Live” appears at the Hard Rock Jan. 19.



A CHRISTMAS CAROL: The ghosts of Christmases past, present and future transform a miserly man into a giving spirit in Charles Dickens’ tale playing through Dec. 23.



THE NUTCRACKER: Performing through Dec. 23, 130 children from 13 local communities join 39 professional dancers for Tulsa Ballet’s holiday classic



MOTOWN: Revisiting 50 years of Motown’s greatest hits, The Four Tops, kick off the new year at the Hard Rock’s The Joint, Jan. 4.

should feel fortunate. Celebrating its 10th anniversary, the BOK Center brought some outstanding shows. Remember U2 and Justin Timberlake in the same week? The programming across Tulsa’s many venues has been

phenomenal. Hats off to all the programming people, marketing staffs, sponsors and stage production crews who make possible this high-quality entertainment. I can’t wait to see what the new year brings. Cheers!

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Candy Castle

Roy Clark: Master Entertainer, Prominent Tulsan

"We loved this time we spent with you, to share a song and a laugh or two, may your pleasures be many, your troubles be few."
 - Closing song from Hee Haw

Writing this column has, for the most part, been a labor of love for me. It's an opportunity for me to dive deeply into a subject about which I'm passionate. I find each month to be a fascinating journey

through Tulsa's rich musical history, and I'm grateful to have this platform. I'm also grateful for you, the reader, for your willingness to take that journey with me.

It's not surprising. Music is one of our city's most valuable assets and is widely loved by Tulsans. We love our music scene. We love the history and notoriety. We love the musicians and their songs. Unfortunately, and at the risk of plagiarizing Hallmark, grief is the price we pay for love.

I was reminded of that in March, when we lost Red Dirt Legend Brandon Jenkins. I was reminded again in September with the passing of Jimmy Markham. And the latest reminder of the inescapable link between love and grief: in November, the great Roy Clark took his ear-to-ear smile and incomparable flat-picking skills to the great hereafter.

His passing came just days from the two-year anniversary of the day we lost Leon Russell, Nov. 13, 2016. Before this column gets any more depressing, let me segue to the event held at Cain's Ballroom a month later, which paid tribute to the master of space and time.

With a lineup that included Tulsa Sound pioneers like Don White, Jamie Oldaker and Jimmy

Markham sharing the stage with current carriers of the torch like Paul Benjamin, John Fullbright and Wink Burcham, the Dec. 15, 2016 concert billed as, "A Tribute to Leon," was a multi-generational celebration featuring the best sound Tulsa has to offer.

John Fullbright showed he had the chops handle the heavy lifting required to play keyboard for a Leon Russell tribute. Jimmy Markham channeled his own early days of playing gigs with Russell as a teenager. And Roy Clark took it all in from the best seat in the house.

It was the ever-vigilant lens of photographer Phil Clarkin that captured the super-picking, Hall of Fame musician sitting in a chair on stage, just out of sight of the audience. The 83-year-old stayed for the whole show.

Without Clarkin's photograph, I wouldn't have known that he was there; that he was there; that he was there, enjoying the show, paying respects and being supportive. When Clarkin recently reposted the photo on Instagram, I realized how fitting it was as a tribute.

Roy Clark was always there. He was always one of us; always supportive and always a positive force in the Tulsa community. It's just that he didn't have to be center stage.

Whether it was bringing pro baseball back to Tulsa when the Oilers moved to New Orleans, raising money for Children's Medical Center, or donating gui-



LEGENDARY TULSAN: Roy Clark sits side stage at Cain's Ballroom during the Leon Russell Tribute concert on Dec. 15, 2016. Clark, a Tulsa resident since 1976, died from complications associated with pneumonia in November. The 24-year host of Hee Haw and Country Music Hall of Famer was 85.

Searching for The Sound



By BRYAN CANTRELL

one of us that night, paying respects and being supportive. When Clarkin recently reposted the photo on Instagram, I realized how fitting it was as a tribute.

Roy Clark was always there. He was always one of us; always supportive and always a positive force in the Tulsa community. It's just that he didn't have to be center stage.

Whether it was bringing pro baseball back to Tulsa when the Oilers moved to New Orleans, raising money for Children's Medical Center, or donating gui-

tars to his namesake school in the Union District, Clark was a pillar of the Tulsa community from the day he bought his home here more than four decades ago.

He believed that such actions were not extraordinary, but were simply, "paying part of your human dues."

Roy Clark's dues were paid in full, and Tulsa will continue to benefit from his philanthropy. Most importantly, the pickin' and grinnin' will live on.

Legends never die. For more about Clarks life, legacy and impact on our community, see Bob Lewis' article on page 10.

For holiday gift ideas that support our local music scene, see the sidebar. To find the next legendary Tulsa musician, get out there and keep searching, keep listening.

The Gift of Local Music

The holiday season is a time to reflect and give thanks. If, like me, you're thankful for the music scene we enjoy here in Tulsa, consider expressing that gratitude by giving the gift of music this year.

Here are a few gift ideas that support local musicians, and those who support them:

Red Dirt Rangers Blue Door Nights

The two-disc live recording from The Blue Door in Oklahoma City is proof that this band, now in its fourth decade, is still the gold standard for Red Dirt music. Featuring guests John Fullbright and Terry "Buffalo" Ware, this is a must-have for Red Dirt fan. Available at cdba-by.com.

Desi & Cody Yes, This Is Killing Us

The married duo describe their second album, released in October, as a "dark comedy." Featuring jazzy horns, impressive harmonies and an appropriately seductive cover of Chris Isaak's Wicked Game, the CD is available at hortonrecords.com.

Annie Oakley Words We Mean

This is the debut full-length album for the Oklahoma City-based indie-folk trio. Consisting of twin sisters Sophia and Grace Babb on rhythm and lead guitars and vocals, with Nia Personette

on violin and third-part harmony, Annie Oakley has been playing sold-out shows throughout the midwest. This album, three years in the making, shows remarkable artistic range. Expect to hear more out of these three. Words We Mean is available at hortonrecords.com

Eric Himan Contenders

Award-winning Tulsa-based singer/songwriter, Eric Himan released his tenth album, Contenders on Nov. 27. With elements of pop, soul, rock, R&B, and even a bit of a latin feel, the album was fully funded through his listeners via the crowd-sourcing website, PledgeMusic. Contenders is available at erichiman.com.

Phil Clarkin Photography

As far as I know, Clarkin has not released an album. He has, however, been a valuable asset to the Tulsa music scene and is, therefore, deserving of a mention in this sidebar. Visit philclarkinphotography.com and find your favorite musician, venue or Tulsa landmark and order a print on metal, canvas, wood or paper. Clarkin capture Tulsa like nobody else and his photos are sure to please any proud Tulsan.

Happy Holidays to all you music lovers, and thank you for taking this journey with me. I look forward to more searching in 2019.

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"Promoting Patriotism through the Preservation of Military History"

Author Remembers His Mentor, Mary Carolyn Cole

Most of us can identify a teacher or a friend or a relative who when growing up was key to our career choices. My mentor was my mother's older sister, who was one of the main reasons I became an architect. She's been gone for more than 25 years but this article is her story and some things I remember about her.

As a small child in 1915, she was running happily across the yard when her parents' yard man/driver called out, "There goes a cute Tot!" Tot became her nickname used only by family and close friends. Her real name was Mary Caroline, (always Mary Caroline, never just Mary) she was the eldest of the three daughters of wealthy Tulsans Audrey and CC Cole.

Tot attended Lee Elementary School and as soon as it opened. Holland Hall, which at the time was a private girls school, located a block from her parent's house at the northwest corner of 22nd and Main Streets across from Harweldan. Cole's backyard extended a third of the way into what is now Veteran's Park. Tot's father taught her to play tennis and eventually built a backyard tennis court (one of Tulsa's earliest) for his three daughters! Tot became an excellent tennis player regularly playing and winning in local tournaments such as the annual contest sponsored by the Tulsa Tribune newspaper.

As a young teenager, Tot regularly heard about the conflicts between the architectural firm of Rush Endicott and Rush and the artist Ada Robinson who was in charge of the design of the Cole's church, Boston Avenue Methodist, where CC Cole chaired the Building Committee. The architects resented being under the authority of a female artist with no architectural credentials frequently using the catch line "She's a mere woman."

After high school graduation, Tot went by train to the east coast along with the accoutrement of a wealthy young lady to attend Smith College. Shortly after her first year, the Great Depression of the 1930's began and the Cole's lost all their money. Tot stayed at Smith by waiting tables and receiving help from scholarships. She earned a degree in "Ancient History" in four years and descended the outdoor steps at Smith in a toga as part of a line of grad-

uates holding a long chain of ivy.

Returning to Tulsa and the home the Coles had lost but were permitted to occupy by their bank, times were tough. The Cole girls rented the tennis court to make spending

money. Among frequent players were the Cameron brothers, the father and uncles to GTR publisher Forrest Cameron. Forrest's Uncle Babe Cameron eventually went on to become a member of the University of Tulsa Sports Hall of Fame as a tennis star.

Tot, with help from her parents, secured a summer intern job with the leading Tulsa architect, Donald McCormick. In the fall

she enrolled in the School of Architecture of Oklahoma A&M, today called OSU. The seed planted by the long ago discussions she overheard about Boston Avenue Methodist Church was starting to sprout.

At OSU, on the first day of classes, her professor refused her admittance to his class, saying he wouldn't lecture to a woman. Tot enlisted the help of the school dean to be seated, but was told not to open her mouth in class. A year later she won a full scholarship to the Cornell School of Architecture in Ithaca, New York, the only female student enrolled there. While at Cornell, her serious boyfriend was killed in a plane crash. She never got over his death and never married.

Tot frequently carpoled home to Tulsa with Buddy Barnard who became another well-known Tulsa architect. He was in her class and more importantly had a Model T Ford which for college students in the 1930's was a very big deal.

Tot's first job after graduation was as a designer for a carriage trade architectural firm in Kansas City. Tennis was popular among the men in the firm. Tot routinely won her games with stakes of dinner as the prize.

During the World War II years, Tot worked at the Ammunition Depot Plant in McAlistier, Oklahoma followed by employment with Holway Engineering which was involved in the creation of Grand Lake and the Grand River Dam. By the end of the war and the return to normalcy in the late 1940's she went to work for Tulsa architect Joe Koberling. She received her architectural license in 1945 becoming the first licensed



Courtesy photos

OVERCOMING THE ODDS: Mary Carolyn Cole was one of the first licensed female architects in the nation. She received her degree from the Cornell School of Architecture in Ithaca, New York.

female architect in Oklahoma, Arkansas and Missouri. She was quietly making plans to go in business for herself and hadn't told her boss when Joe came by her desk to wish her luck and to say goodbye.

Tot's first office was in the second floor garage apartment where she also lived at her parent's Maple Ridge home. She eventually bought a bungalow on 21st street adjacent to Veterans Park. She added a vaulted glue-lam great room which enclosed a large elm tree in a bed of charcoal at its base and reaching outside using holes cut in the wood roof deck above for its branches. The room served as her office, living room and conference/dining room. At the north end was a huge fireplace where she kept a fire burning even on hot summer days.

Trees were almost a signature of a Tot Cole design. She could position a house on a lot and save almost every native tree. Not only were her designs appealing, but they frequently included barrier free access and her trademark wide Dutch doors. Tot's idea of a contract was a handshake. She was known for her glib comments and never intentionally chased work (she considered this unprofessional). Most of her projects with only a few exceptions were residential. Female architects were still limited in corporate America. She did design several restaurants, a manufacturing plant and three Tulsa fire stations featuring butterfly roofs.

Because of her years promoting and producing barrier free design, Tot received FAIA designation, the highest acknowledgement the American Institute of Architects provides.



HOME OFFICE: Mary Carolyn Cole in her long-time office near Veterans Park in Tulsa. The facility included a large elm tree and a fireplace in which she kept a fire burning year-round.

When I was in middle school, it was an exciting day when my aunt Tot pulled into the driveway. She always drove a large Oldsmobile convertible, usually with the top down. Hanging out the back would be one of a long line of her English bulldogs (over the years, their names included Honey Finn, Big John, Maggie, Beauregard, and Micky Finn). I would accompany her to a job site to help by holding on one end of a tape measure. A special treat would be a weekend with her at her cabin at the lake. Early in the 1950's Tot bought lakefront land from the Holways and built one of the first cabins on Grand Lake. My interesting aunt was like having your own personal Auntie Mame.

In the 1950's bootleg era of Tulsa, Tot would make runs to Mexico with her close friend artist Claude Montgomery and return with a car trunk full of straw clad gallon

jugs of rum, her preferred drink of choice. As a young boy she gave me my first tennis racket and lesson. Her ball control was so good that she could keep me running across the court while she barely moved.

When I was in college I met my longtime business partner Steve Olsen when he worked for Tot as a summer intern. In those days architectural students were required to work one summer for a licensed architect. Of course I was really proud when my time came to work for her as a summer intern. I think she was very pleased when Steve and I opened our partnership years later.

After several years of debilitating strokes which eventually left her bedfast, Tot died at the age of 78 in 1991. Whenever I drive by one of her handsome projects I remember her and her generous, colorful personality.

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The Salvation Army's Annual Women's Auxiliary Luncheon and Fashion Show a Successful Event

Just like Santa Claus and little red kettles, The Salvation Army Women's Auxiliary's Annual Christmas Luncheon and Fashion Show is a tradition during the holidays. The 66th annual luncheon was held Dec. 4 at the Renaissance Tulsa Hotel and Conference Center in Tulsa. The 2018 theme was "I'll Be Home for Christmas" and a silent auction was held. Civic leader Jackie Poe served as the honorary chair.

The Tulsa Salvation Army Women's Auxiliary raises more than \$150,000 each year to support the services of The Salvation Army in the Tulsa metropolitan area.

This year's fashion show included models from area media companies including KJRH, KOTV, KTUL, Fox 23, Tulsa World, Tulsa People and Greater Tulsa Reporter (GTR) Newspapers. The Master of Ceremonies was Shae Rozzi, and the models were Michelle Linn, Cori Dunken, Ashley Izbicki, Kim Jackson, Morgan Phillips, Forrest Cameron, Lori Fullbright, Rich Lentz, Sarah Lorenzen, Nelie Jones, Braden Wholey, Gitzel Puente and Clay Looney.

The fashions were provided by Donna's Fashions, located in the Shops of Seville, 101st Street and Yale Avenue.



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GTR Newspapers photo

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Roy Clark Made an Indelible Mark on Tulsa

Roy Linwood Clark: April 15, 1933 – Nov. 15, 2018

By **BOB LEWIS**
Contributing Editor

On Nov 15, Tulsa lost one of its best known and most beloved citizens.

I am sure reams of newspaper copy and hours of radio and TV time will highlight Roy Clark's musical skills, his introduction of country music to the Soviet Union and the vast number of awards and halls of fame inductions he received. But the man I had the pleasure of knowing and working with was much more than all of these professional laurels put together.

I will never forget the time in 1975 when I served as vice president of a local public relations agency that came up with what some people called the hair-brained idea of having Clark host a charity golf tournament to benefit our client, Children's Medical Center. In our minds, this event made perfect sense since Roy and his wife, Barbara, had just become Tulsa residents and we reasoned this would

be a great way for him to cement his new hometown roots.

As it turned out the event had an even deeper meaning to him.

At a news conference before the launch of the Roy Clark Celebrity Golf Classic he told of his struggling pre-fame life and of having a child who needed specialized medical care that he simply could not afford. So, he did what he had to do and turned to a charity facility for help.

With his eyes moist, he told reporters he got on his knees and told God if he ever had a chance to repay the gift he had been given, he would do so. This tournament allowed him to make good on that promise.

Joining him for the inaugural event at Cedar Ridge Country Club were a raft of notables, including showbusiness legends Bob Hope and Jerry Lewis along with George "Goober" Lindsey, Minnie Pearl and Jimmy Dean. Chill Wills had a friend bring in an authentic Western stagecoach and then traveled

Tulsa city streets in it to help promote the event.

To call Roy Clark's career legendary would be an understatement. Known as "superpicker" because of his musicianship, he was a Grammy, CMA and ACM award-winning artist who is in the Grand Ole Opry and Country Music Hall of Fame. He co-hosted "Hee Haw," a country music variety show, for 24 years and helped it become the longest-running syndicated show in television history. He was the pioneer who turned Branson, Missouri, into the live music capitol of the world (the Ozark town today boasts more seats than Broadway).

Not so well known, perhaps, was the impact he made on his adopted hometown that ranged from helping save professional baseball (a sport he loved all his life) to his support of education that is reflected in Union Public Schools naming an elementary school in his honor.

Over the years, I had the privilege of working with a number of celebrities. I cherish those memo-



ries, but can honestly say none of these people had the warmth and genuine sincerity of Roy Clark. He was a blessing to all of us who

knew and worked with him and to the community he was so proud to call home.

He will be greatly missed.

Fresh Skin Spa Offers Complete Menu of Services

By **KAYLEY FORSHEY**
Contributing Writer

In a growing area on 11th Street, just one mile from downtown Tulsa, is a sweet boutique spa with an inviting water-blue storefront. Owners and life-long best friends Astasha Blystone and

Laura Walker moved into their unique spa two years ago and say they have enjoyed being a part of this thriving area of Midtown.

Both Astasha and Laura have been interested in skin care and beauty since they were little girls, influenced by their mothers and grandmothers. Both ladies

received their esthetics training in Tulsa at the Cosmetology Education Center and have been practicing skin care specialists in town since receiving their licenses.

Astasha says, "Laura is like my sister. We've been best friends since second grade. She is the one that got us started in this business; it was our dream to have our own place together. So here we are. We love it here and everyone that comes in does too, so that makes us feel really good!"

Fresh Skin Spa is a boutique spa with a relaxing atmosphere that offers a complete menu of services including many anti-aging treatments such as chemical peels, microdermabrasion, and specialized enzyme treatments. Other services include eyebrow and lash tinting, waxing, and skincare recommendations.

When clients arrive, they are greeted by soft pinks, greens, and blues throughout the spa, ambient music and chic furnishings. The spa operates by appointment so that each client is taken care of



WELCOMING VISITORS: Laura Walker, left, and Astasha Blystone at their Fresh Skin Spa located at 1416 E. 11th St. in Tulsa.

upon entry and throughout their visit without interruption.

"We very much want our clients to feel they are getting an individualized treatment. We welcome them like our friends and our family. That's the vibe we like here. Also, we are very focused on not

only having beautiful skin, but healthy skin," said Astasha.

Fresh Skin Spa using a medical grade skin care line that is considered the top rated in the industry, according to Astasha. To achieve the best results, Astasha and Laura recommend using this product line at home as well. Products are available for purchase in the spa and in their on-line store at freshskinspatulsa.com.

"They don't have all the added harmful chemicals and fragrances. It's a very results-oriented line so it's very easy to stand behind and promote. We've seen amazing results," said Astasha.

At Fresh Skin Spa's recommendation, most clients are seen monthly to address anti-aging, acne, rosacea, hyperpigmentation, or sun damage. Astasha explains that it is important to have a deeper level of exfoliation every 4-6 weeks in order to assist the skin to be it's healthiest.

In addition to skin care, Fresh Skin Spa hosts spa parties for celebrations, girl's nights, or office parties. With the holiday season in full swing, Fresh Skin Spa offers gift certificates in any amount and special holiday services including: Get That Glow Facial \$75; Extra Radiant Facial \$95; and the Ultimate Radiance Facial \$125.

Appointments can be made online at freshskinspatulsa.com or by contacting Astasha Blystone at 918-688-8207 or Laura Walker at 918-527-3750. Their website also features before and after pictures and more thorough descriptions of their products and services.

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HEALTH & WELLNESS

St. John Physician Honored by Mayo Clinic

By SUZANNE FERGUSON
Mayo Clinic

C. Terrence Dolan, M.D., co-founder and director of Pathology Laboratories at St. John Medical Center in Tulsa, part of Ascension Oklahoma, was a recipient of the 2018 Mayo Clinic Distinguished Alumni Award presented recently in Rochester, Minnesota. The award was established to acknowledge and show appreciation for exceptional contributions of Mayo Clinic alumni to the field of medicine. The award was established in 1981 by the Mayo Clinic Board of Trustees. Dr. Dolan is also a clinical pro-

fessor of pathology at The University of Oklahoma College of Medicine, and president of Regional Medical Laboratory Inc., in Tulsa. He worked at Mayo Clinic's Rochester, Minnesota campus in the Department of Microbiology and Immunology early in his career. Dr. Dolan also completed a residency in clinical and anatomic pathology, and training in microbiology at Mayo Clinic School of Graduate Medical Education. "Dr. Dolan is a trailblazer in realizing the potential of data analytics in patient care and laboratory medicine," Mayo Clinic reported. "He helped introduce automation and computer technology to the labo-



Courtesy Mayo Clinic
C. TERRENCE DOLAN, M.D.

ratory setting. He helped develop the initial computer-based laboratory information system, PathNet laboratory information system, which is used by more than one-third of U.S. hospitals and clinical laboratories worldwide." The Mayo Clinic is a non-profit academic medical center based in Rochester, Minnesota, focused on integrated clinical practice, education, and research. It employs more than 4,500 physicians and scientists and 58,400 administrative and allied health staff. The practice specializes in treating difficult cases through tertiary care. It spends over \$660 million a year on research and employs

over 3,000 full-time research personnel. In addition to Rochester, the Mayo Clinic is located in Jacksonville, Florida and Phoenix, Arizona. In addition, Mayo Clinic partially owns and operates the Mayo Clinic Health System, which consists of more than 70 hospitals and clinics across Minnesota, Iowa, and Wisconsin, with an employment of more than 17,000 people. Mayo Clinic also operates the Mayo Clinic College of Medicine and Science, a non-profit college dedicated to training medical and allied health professionals at Mayo Hospitals in Minnesota, Arizona and Florida.

Four CTCA Physicians Earn Additional Credentials

Cancer Treatment Centers of America (CTCA) in Tulsa announces that four physicians and clinicians earned additional credentials in 2018.

Dr. Kendal Hervert, Pulmonologist, earned the designation of Fellow from the American College of Chest Physicians and of the American College of Osteopathic Internists.

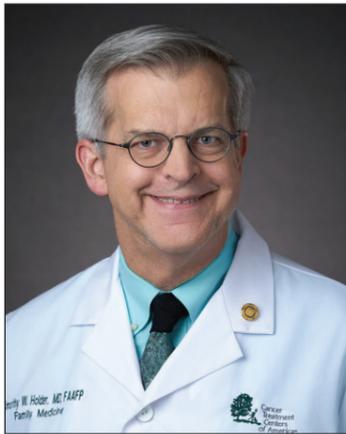
Dr. Tim Holder, Medical Director of Supportive Care and Survivorship, earned a Master of Science degree in Palliative Care from the University of Colorado (Anschutz Medical Campus).

Stacy Newberry, Registered Nurse, completed advanced practice training and earned a Master of Science in Nursing from the University of South Alabama.

Dr. Kevin Tulipana, Director of Hospital Medicine and Vice Chief of Staff, earned a Master of Science degree in bioethics from The University of Mary in Bismark,



DR. KENDAL HERVERT



DR. TIM HOLDER



STACY NEWBERRY, RN



DR. KEVIN TULIPANA

North Dakota. "Our physicians and clinicians are experts in their field, and I am honored to work with such an incredibly talented group of individuals who continually seek to better themselves for the benefit of our

patients," said Jay Foley, CTCA in Tulsa CEO and president. "These major accomplishments take time and commitment, and I applaud their efforts and acknowledge their dedication in obtaining these notable recognitions."

OSUCHS Receives Grant for Rural Areas

The Tulsa-based Oklahoma State University Center for Health Sciences has received a \$2 million, five-year grant from the federal Health Resources and Services Administration to establish a five-year program that will improve health care in rural Oklahoma communities.

The OSU Primary care Enhancement and Training for Excellence's, "PETE's Champions" project will collaborate with the Osteopathic Medical Education Consortium of Oklahoma (OMECO) to provide leadership, health care transformation and community education training to primary care physicians working in rural, medically underserved communities.

The project will be carried out in four community-based primary

care sites with high rates of poverty and deaths by heart disease, cancer and opioid overdose. OSU-CHS will support trained fellows to enact transformative health care projects in their primary care sites. The program will train at least four fellows each year during the five-year grant period. Sites selected are: Choctaw Nation Health Services Authority in Tahlequah, Tahlequah Medical Group in Tahlequah, AllianceHealth in Durant, and Chickasaw Nation Medical Center in Ada. "At OSU Center for Health Sciences, we are mission driven to train the next generation of primary care physicians to serve in rural and underserved areas of Oklahoma. This new grant provides additional funding for continuing education and training for physicians practicing

in rural communities. We are pleased to be able to offer this training to these selected doctors where they live and work," said Dr. Kayse M. Shrum, president of OSU-CHS, and Dean, OSU College of Osteopathic Medicine.

Lesley VanVolkinburg, executive director of OMECO, and Denna Wheeler, Ph.D., Krista Shumacher, Ph.D., and Chad Landgraf, all from the OSU Center for Rural Health, collaborated to write the grant for the PETE's Champions project. The OSU Center for Rural Health is dedicated to supporting rural practitioners, hospitals and clinics to ensure Oklahoma's rural residents have access to quality health care. The Center for Rural Health is part of the OSU Center for Health Sciences.

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EDUCATION

Entrepreneur Larry Wofford Serves as TU Business Dean

The University of Tulsa selected Dr. Larry Wofford, Davis D. Bovaired Chair of Entrepreneurial Studies, to serve as dean of the Collins College of Business at the beginning of this past fall semester. He will serve for up to two years. Wofford succeeded Gale Sullenberger, who served as dean since 1999.

Wofford earned both his BSBA in economics and MBA degrees from TU and served as professor of finance and real estate at TU from 1974 to 1987. He started running his first business while still a student at TU, and over the span of his career as an accomplished entrepreneur, operated automotive facilities and founded Tulsa's Route 66 Harley-Davidson dealership. He returned to TU in 2007 to help develop the college's entrepreneurship programs.

"Larry's extensive professional experience and tenure at TU proves invaluable to the Collins College of Business and to the university as we further embrace a culture of

innovation and bolster partnerships with the business community. As a respected member of the business faculty, he helped launch the college's entrepreneurship programs and has served as chair of the Department of Management and Marketing for the past three years. I appreciate working with him as part of the university's leadership," said Provost Janet Levit. "Gale Sullenberger did an outstanding job as dean, and I am grateful for his years of service and dedication."

"It is an honor to lead the Collins College of Business," said Wofford. "Gale Sullenberger did a remarkable job as dean and has created high expectations. Our faculty and staff are dedicated to providing innovative and effective education opportunities for the next generation of business leaders. My job will be to provide these exceptional professionals the resources and environment they need to make a real difference in the lives of our students."

Wofford also earned a Master of

Liberal Studies from the University of Oklahoma, a Ph.D. degree in Finance and Real Estate from the University of Texas at Austin and a Postgraduate Diploma in Strategy and Innovation from the University of Oxford. He has published extensive research, served on numerous editorial boards and as editor of the Journal of Real Estate Research. He published two leading textbooks in real estate and real estate investments. Wofford is a founder and past president of the American Real Estate Society and the International Real Estate Society. He currently serves on the corporate board of directors of Cancer Treatment Centers of America Global.

Upon his retirement from TU, Dr. Sullenberger said, "In the 19 years I have had the privilege of serving as dean of the Collins College of Business, I have had the opportunity to work with many wonderful faculty, staff and alumni. During this period, TU became nationally recognized as an out-



LARRY WOFFORD

standing small private university with one of the most beautiful college campuses in the country. The Collins College of Business was transformed by the support of its donors and alumni and by the

Embrace the Future capital campaign into a Top 50 private business school. The CCB has a bright future with Larry Wofford's leadership. I am looking forward to the next chapter of the CCB story."

Study at TU Examines Preparedness of Firefighters

The University of Tulsa is collaborating with the Tulsa Fire Department (TFD) to study the physical readiness of firefighters – a topic that is relevant both locally and nationally. All Tulsa firefighters and those at stations staffed 24/7 around the country must complete an annual Physical Ability Test (PAT) to determine if they're capable of undergoing the rigors of job-specific duties. But, little evidence suggests passing a PAT guarantees a firefighter is physically fit for the job.

The University of Tulsa Oxley College of Health Sciences has re-

ceived a three-year, \$114,000 health research grant from the Oklahoma Center for the Advancement of Science and Technology to investigate the validity of the PAT as an indicator of physical readiness in firefighters. Results of this project, conducted with the help of national experts, will directly benefit the City of Tulsa, TFD and other fire departments and communities across the country by providing valuable insight into the effectiveness and relevance of TFD's current PAT. This information will support new standards to reduce overall casualty rates (fire-

fighters and fire victims) and the number of workers' compensation claims that are filed.

TU research team

Roger Kollock, PhD, ATC, CSCS, Assistant Professor of Athletic Training / Exercise & Sports Science, The University of Tulsa

Davis Hale, PhD, CSCS, Assistant Professor of Athletic Training / Exercise & Sports Science, The University of Tulsa

Local and national contributors

Robert B. Ellis, chief of health and safety, Tulsa Fire Department



Will Peveler, PhD, professor of exercise science, Liberty University – Lynchburg, Virginia

Gabriel Sanders, PhD, CSCS, associate professor exercise science, Northern Kentucky University – Highland Heights, Kentucky.



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CASCIA NS TO PERFORM AT CARNEGIE HALL: Four Cascia Hall students were selected for the 2019 High School Honors Performance Series at Carnegie Hall. Sophomore Travis Guillory and senior Joseph Barbour will be members of the Carnegie Hall Honors Concert Choir. Junior Camryn Hurley will be a member of the Carnegie Hall Honors Women's Choir, and junior Margaret Barbour will be a violinist in the Carnegie Hall Honors Orchestra. Cascia's Choral Director Candy Coonfield. From left are Travis Guillory, Joseph Barbour, Margaret Barbour and Camryn Hurley.

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Part-Time Classes Offer Something for All

In addition to providing exciting courses for high school students and award-winning business and industry training opportunities, Tulsa Tech also offers hundreds of part-time classes that allow students to pursue their individual career goals or simply explore a variety of interests. A wide assortment of class subjects includes everything from Sewing and Quilting to Machining.

Whether it's earning hours towards a HVAC Journeyman apprenticeship, Child Development Associate (CDA) Credential, becoming a Certified Medication Aid (CMA) or learning to make sushi from an award winning chef, Tulsa Tech invites all individuals to explore its Part-Time Class Catalog to find the classes that fit their interests.

Although most part-time classes average 30 hours in length, according to Russell Parker, director of Adult Career Development, there are classes available to meet a variety of student schedules.

"The majority of our classes are offered Monday through Thursday, and usually last from 6 p.m. until 9 p.m.," Parker said. "But we also have classes where students receive a certification in a single session of eight hours or less."

Part-time classes have been a staple of Tulsa Tech since 1965, and

since that time, have not only increased, but also evolved to keep pace with today's workplace training needs and to reflect individual student interests related to current technologies.

"Anyone can propose a class on any subject to be offered through ACD. Once the proposal is received it goes through a research and needs analysis process," Parker explained. "It all depends on the demand, and meeting workforce needs in the Tulsa Metro Area. We have started residential and commercial electrician classes that are designed to help students enter the workforce as a Journeyman Apprentice while also earning hours that count towards their journeyman's license. We have also added to our health care offerings to address the needs within in our community."

Other courses are not just industry-driven, but provide students with more flexibility in completing their individual career objectives. Tulsa Tech offers classes that train students to go into a field they are passionate about either for themselves or in the existing workforce such as floral design, taxidermy, upholstery, just to name a few of the many options available.

All of Tulsa Tech's part-time classes are taught by certified

instructors who have not only worked in industry but also have years of valuable experience.

"It doesn't matter if the class is related to maintaining your credentials, like Insurance CE, or simply an interest in a new hobby like sewing, our instructors have a professional background with experience related to each subject," Parker said.

Anyone interested in how Tulsa Tech can further their interests or future goals is encouraged to explore the opportunities part-time classes can provide. From Education and Creative Arts to healthcare certification and manufacturing, subjects are available to interest just about anyone. Each of the classes are designed with students in mind.

Make this the year that you earn an industry recognized credential, upgrade your skills, or learn something new just for the fun of it!

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News From Tulsa Tech



By **DR. STEVE TIGER**
Superintendent

Tulsa Street School President Invited to Speak in Greenland

The deputy minister of education, culture and church for the country of Greenland, Dr. Lone Moeller invited the president and CEO of Street School, Dr. Lori McGinnis-Madland, to speak at a symposium attended by 90 top-ranking education officials in Nuuk, Greenland. Because Street School is recognized nationally as a leader in increasing graduation rates for at-risk youth they wanted to learn more about Street School's methodology and systems.

In September 2017, Moeller

and Doris Jakobsen-Jensen, the then minister of education for Greenland visited Street School under the auspices of the U.S. Department of State's International Visitor Leadership Program and hosted by the Tulsa Global Alliance.

Bob Lieser, vice president of programs and interim director of the Tulsa Global Alliance said, "We are thrilled at the follow-up between our recent visitors from Greenland and Street School. It is a very rare and generous opportunity for the Government of

Greenland to fund this reciprocal exchange."

"Touring Street School was inspiring to us," said Moeller. "I wanted Lori to come to Greenland and share information about the many aspects of Street School that we may someday replicate in our education system here."

Greenland's current school system allows students to receive a diploma after tenth grade. Data shows that when students do graduate, they are not furthering their education or developing trade skills.



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BIXBY NEWS

Utica Park Clinic Expands with Bixby Location

Grand Opening Held in November

Utica Park Clinic (UPC) now offers same-day appointments and walk-in care in family medicine, internal medicine and gynecology at its brand new Bixby location.

To celebrate the grand opening, a ribbon-cutting ceremony with the Bixby Metro Chamber of Commerce was held on Nov. 19 at the new facility.

Utica Park Clinic in Bixby features the services of Dr. Scott Fowler, family medicine; Dr. Amy Hurlburt, internal medicine & gynecology; and Aimee Musgrove, APRN-CNP, family medicine.

Dr. Fowler and Musgrove began welcoming new patients on Nov. 12 and Dr. Hurlburt joined them on Dec. 3. The clinic is managed by Cheryl Barnett.

"Utica Park Clinic health care providers are committed to providing the best care possible," said UPC CEO Jim Kaltenbacher. "They can assist with acute or chronic illnesses and help patients get healthy and stay healthy with a plan of care created specifically for them."

The newest medical facility in Bixby is located at 12620 S. Memorial Dr. New patients are welcome and most insurance plans are accepted. For more information or to schedule at an appointment, call 918-574-0150.



RIBBON CUTTING: Among those at the Nov. 19 ribbon cutting is Kevin Gross, Hillcrest HealthCare System CEO, who is holding the scissors. Also pictured, though not necessarily in order, are Carolina Morris, Utica Park Clinic (UPC) director of business relations; Verda Weston UPC director of population health; Dr. Jeffery Galles, UPC chief medical officer; Dr. Scott Fowler, UPC Bixby physician; Kim Blackketter, UPC director of physician services; Bennett Geister, CEO, Hillcrest Hospital South; Cheryl Barnett, UPC Bixby clinic manager; Ryan Oss, UPC administrative director; Aimee Musgrove, APRN-CNP, UPC Bixby nurse practitioner; Craig Beers, UPC administrative director; Jim Kaltenbacher, UPC CEO (brown suit, holding ribbon); Brandon Mudd, UPC CFO; Tonya Holley, Hillcrest HealthCare System physician liaison; and Teesa Shouse, Hillcrest HealthCare System director of physician relations.

About Utica Park Clinic

Utica Park Clinic, a service of Hillcrest HealthCare System, is

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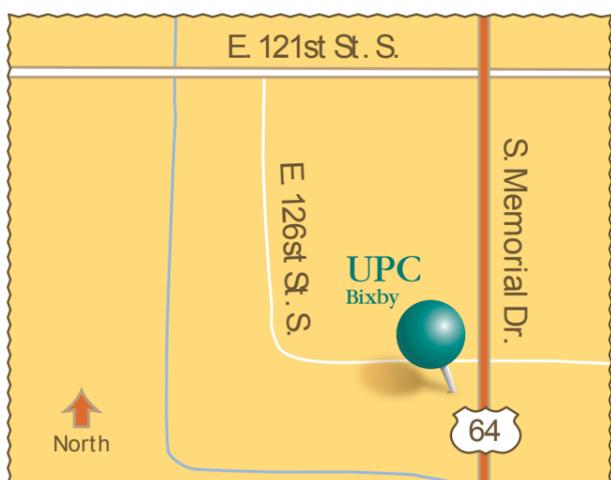
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SPORTS

Determined Spartans Capture 4th Gold Ball

Bixby Impressive in 34-13 Win Over Stillwater

By **RON HOLT**
Contributing Writer

The 2018 Bixby Spartan football team "Finished The Chase."

Tied 13-all at halftime, Bixby's focused defense dominated the second half and the Spartan offense scored 21 second half points in handing previously unbeaten Stillwater a 34-13 setback in the Class 6A-II State Championship game on a stormy Friday night/Saturday morning at Owasso Stadium. Nov.30 and into Dec. 1

Bixby, which ended the season at 12-1, captured its fourth gold ball in the past five seasons. Stillwater closed out its historic season at 12-1.

The game was marred by a 25-minute weather delay at the start and a two-hour, 15-minute delay with 7:05 remaining in the game. It ended early Saturday morning. Bixby wasn't affected by the lengthy delay as the Spartans returned to the field in dominating fashion to secure the victory.

"Our kids came back out with their ears pinned back after the lengthy break," Bixby's head coach Loren Montgomery said. "In a two-hour weather delay, you just try to relax. Right before we came out we watched our highlight video again."

"In the second half we were able to not get behind the chains. It seemed like in the first half we were behind the chains a lot. Their

defense causes confusion," said Montgomery. "Our defense is tough, the second half they played lights out."

"This is a big one for our kids, our coaches and our community. I'm really proud of everyone."

Stillwater used a one-yard touchdown run by talented sophomore tailback Qwontrel Walker to cap off an impressive drive for a 6-0 lead - after the extra point failed - with 4:21 left in the opening stanza.

Bixby's offense answered the challenge with a drive that ended on junior Braden Roller's 12-yard touchdown burst to the corner of the end zone. Reis Vernon's point-after kick hit the right upright and bounced away, trying the game at 6-6.

Senior Cade Cavender, who finished his impressive career in brilliant fashion, entered the game in the wildcat formation, which is normally a short-yardage offense, to start the second quarter. Cavender, however, broke through the line, burst outside and out-ran the Pioneers for a 60-yard touchdown on the first play of the second quarter. Vernon's point-after gave BHS a 13-6 lead at the 11:40 mark.

"That's usually our package to get short-yardage but it turned into big gains tonight," said Cavender, who rushed for a career-high 222 yards on 17 carries and three touchdowns. "The line did a great job, they did all the work ... I had the easy part."



Photo by DAVID STACY

CELEBRATION TIME: The Bixby Spartans celebrate their 34-13 state championship victory over Stillwater in the early morning of Dec. 1.

"We didn't want those delays to get in our heads, so we tried to stay focused during the lengthy delay. We figured out at the end of the first quarter what they were going to do, and we shut them down," he added. "We controlled the game in the second half."

"This is awesome, especially getting to play in three in a row ... that's special."

Stillwater relied on a blocked punt by junior Clay Hatfield to set up a game-tying six-yard TD run by Walker, making it a 13-all game with 2:56 left until halftime.

Bixby's defense was dominating in the second half, limiting Still-

water's high-scoring offense to four first downs while the offense produced on the ground.

"That was something you can't even put into words, shutting them out in the second half," said active junior linebacker Brody Sartin. "That's what we worked for during the summer. I'll never forget that moment. We talked at halftime about fixing some things and what we did we did well and came away with what we wanted tonight."

Senior linebacker Ryan Kerr added, "The second drive they had they did pretty well, and the running back broke a few tackles.

But, after that we knew what they were doing. The second half was lights out for our defense."

Bixby took the lead for good with 8:50 showing in the third quarter when Cavender ran in from four yards out and Vernon kicked the conversion for a 20-13 lead. A one-yard run by Cavender with 8:39 left in the game gave the Spartans a 27-13 lead and some breathing room. That's when the lengthy weather delay began.

Key plays by seniors ended the game on a positive note after returning to the field following the

(Continued on page 19)

Watch

OKLAHOMA SPORTS SCENE

Sport Scene is hosted by, from left, Tulsa Public Schools Athletic Director Gil Cloud, local and national TV sportscaster Chris Lincoln, and Tulsa sports legend J.V. Haney.

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Fuqua Father-Son Team Embedded in ORU History

R.J. Fuqua Hopes To Return to Lineup

By **GLENN HIBDON**
GTR Sports Writer

High above the Mabee Center floor hangs a small banner bearing a special number. Perhaps its significance is lost in time to many, but a young man sits beneath the rafters today recalling where he would be without the man who wore "24."

Richard Fuqua was a silky smooth point guard for Oral Roberts University five decades ago and his number is one of just three retired by the Golden Eagles. He was the school's greatest scorer and remains a legend among ORU faithful. Son R.J. is now a sophomore for the Eagles and using the skills his father taught him to overcome troubled times.

The young Fuqua underwent hip surgery in October and is expected to miss the entire 2018-19 season.

"He is a great dad and we're pretty close," said Fuqua, who started 21 of 27 games as a freshman at ORU. "He's always there for me and I never had a time I couldn't talk to him about anything. He makes sure I'm doing well and he told me that school is bigger than basketball. He also told me to go out and do what I love to do."

Just like his dad, R.J. loves basketball and he's currently trying to find his way back to the court. His career was put on hold when it was discovered the ball of his femur fitting into the hip socket was larger than normal.

"They scoped my hip socket so it (the ball) would fit better and not cause pain," Fuqua said. "At first it was demoralizing (missing the season), but I figured over time it's better than playing hurt. After games my body got really stiff and it hurt to move. I still feel pain from the surgery because it takes ligaments time to heal."

Since he now will probably miss the rest of the seas as a redshirt, R.J. should have more time to spend with his father, who is retired and living in Tulsa.

"Growing up I watched football games with him and we loved all sports," said R.J. "We watched tennis and boxing and everything you can think of. He doesn't like coaching, but he did coach my AAU team. He doesn't like crowds either, but he comes to my games at ORU."

Richard Fuqua does know a thing or two about the Mabee Center and playing for what was then the Titans. He suited up for 111 games at ORU, scoring 3,004 points and being selected All-America in 1972. Richard finished second in the nation in scoring, averaging 35.9 points a game as a junior and 27.1 for his career.

Fuqua worked at the Salvation Army, the Comanche Apartments and the Juvenile Detention Center in Tulsa before retiring.

"We don't compare (on the court). He was taller (6-4) and a scorer," said the 5-11 R.J. "I haven't gotten to his level. I'm working on my game daily like he did. He always

talks about me being a complete player and I ask him about what I did wrong after games. He's all about counter moves and not having just one. If somebody stops it, you go another way. Dad also told me to keep having confidence. If I miss a shot, the next one will go in."

In addition, father instructed son to "play hard on both sides of the ball" and that's R.J.'s plan. Thus far, ORU coach Paul Mills says Fuqua is achieving the goal.

"R.J. is a sponge and wants to improve each time he's on the court," Mills said. "He is developing as a leader, but what sets him apart from other players is his grit and determination. He wants to make the team better at the point guard position and he's done a good job as a communicator to assist the team."

At Booker T. Washington, Fuqua was named All-State as a senior, scoring 32 points in the Hornets' upset of unbeaten Union in the 6A state tournament semifinals. As a freshman at ORU, he tied the school record for steals in a game with nine in his first time out, finishing the season averaging 8.0 points, 2.9 assists and 2.7 rebounds.

His primary purpose now is to regain and surpass the form that produced those totals and that's where his father's work ethic comes in.

"I rehab every day," said Fuqua. "I'm riding the bike, doing hip bridges and body weight squats. I'm using my knees to bend down and up, but not too far. I don't know if I will come back this season, but I travel with the team and go and watch practice. During games I want to be there with my teammates. I can help them from the bench. I can see everything. It's a whole different perspective."

"It's never about me and my personal goals. I'm getting my body stronger so I can come back and help the team win. It's pushing me to work on my game, shooting and dribbling. My dad doesn't work out with me anymore since he had a stroke, but he tells me when I'm floating backwards on my jump shot. He said you should always go straight up and down. He tells me I need to be smarter with the ball. Sometimes I'm careless and I need to take care of the ball."

The foundation for R.J.'s game, and his determination to succeed, was set with the AAU Tulsa Bulldogs. As a fourth grader, his father began coaching the team and it proved to be a dividend.

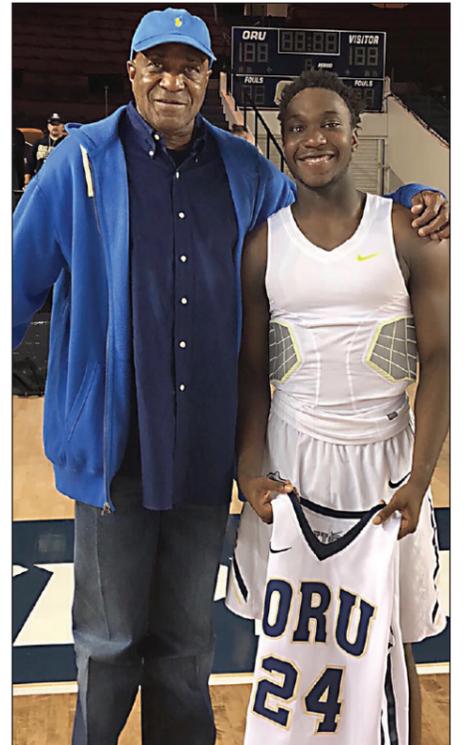
"He took me to the gym every day, but he always gave me a choice," R.J. said. "He told me if I didn't want to do it I could stop. I didn't stop and we lost a lot of games that first year, but later we did become third in the nation. Ever since, I've been playing on winning teams."

"Since I can remember my mom (Gaysha) has come to all my games. She loves basketball as much as me and my dad. She



Courtesy ORU Athletics

ALL AMERICAN: Richard Fuqua goes up for a basket in the Mabee Center in the 1970's where he was an All-American and led his team to the "Great 8" in the NCAA Tournament.



Courtesy ORU Athletics

FATHER AND SON: Richard Fuqua with his son R.J. recently at the Mabee Center.

tells me to listen to what he says because he knows more than I do. We used to get into arguments because I thought I knew more, but I would go back and watch film and see that he was right. I made a bad pass or passed up open shots. I missed a lot of shots last year, but if I'm open now I'm going to take them. And get my teammates involved too."

Although the future is uncertain for R.J. Fuqua, he can look back at his father's influence and know he's cheering for him, win or lose. And when R.J. takes the floor in his number 12 jersey, he can look upward and realize, symbolically, when it comes to matching his dad's glory, he's only halfway there.

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Regent and Bishop Kelley Runners Win Championships

By MIKE MOGUIN
GTR Sports Writer

A senior became a four-time state champion and a freshman got started on what she hopes to be a similar journey.

Regent Preparatory School senior Ellie Gilbreath won her fourth state championship with a time of 11:37 at the Class 2A meet on Oct. 20 in Shawnee. Her sophomore teammate, Natalie Cleveland was just 41 seconds behind her in a runner-up finish. The Rams took fourth as a team with 134 points.

One week later in Edmond, Bishop Kelley freshman Ella Eureste and her team captured the Class 5A state championships. Eureste took top individual honors, winning with a time of 19:40.6, edging Guthrie's Mercy Dement (20:06.5) by nearly 26 seconds.

The Lady Comets won the team championship with 133 points. Guthrie was second with 90.

Other Kelley runners were sisters Tess (20:12, fourth place) and Sarah Crosley (20:34, sixth), Alexandra Borovich (20:44, 10th) and Addison Gehring (21:09, 14th).

Gilbreath became the sixth runner in Oklahoma history to win the state title all four years in high school.

She joined Cheyenne Walden, Sand Springs (2013-16), Brooke Edsall, Lomega (2001-04), Jessie Gordan, Plainview (1998-2001), Amanda Jordan, OKC Bishop McGuiness (1997-2000) and Natalie Gray, Cascia Hall (1990-93).

"It felt amazing," Gilbreath said. "Ever since my freshman year, when I won, this has been my goal. So, it was just a lot of fun being able to do this and accomplish it."

Gilbreath managed to stay healthy the whole season, she said, and never missed training.

"I was just really determined to win," Gilbreath added. "That helped, too."

"I was in the lead pretty much most of my races this season. Sometimes it's kind of hard because I'll be tired, and I'll look back and no one is even close. But I just try to keep going and get a good time even if no one is pushing me. At state, no one was near me."

Winning four state titles is not the only accomplishment Gilbreath has made in running. She broke three OSSAA state records in track last spring.

She won the 3200-meter run with a time of 11:00.52, breaking the old mark of 11:21.96, which stood for 12 years. The other two records

came in the 800-meter run and the 1600-meter run, where she won respectively with times of 2:16.40 and 5:13.60. The old marks were 2:17.38 and 5:14.71.

"That was so cool," she said. "I honestly did not expect that time at all. But it just felt really good. I had planned on hopefully breaking the record, because I had run faster than that before, but I had never really been able to do like my best performances at state, so I was really happy that I finally did it."

Gilbreath hopes to break her own record again in the spring.

As of mid-November, she was leaning toward Oklahoma State for college. She had other official visits planned, she said.

It was special for Regent Prep to have runners finish 1 and 2, Gilbreath said.

"I think it just shows that we have some talented athletes," she added. "The program is growing, and the coaching is good. This was like our first year to have a full team on cross country. So, it will definitely help the program keep going and it's getting stronger every year."

Gilbreath believes Cleveland can win it next year.

Winning as a freshman was a thrill for Eureste, but she said it doesn't



Courtesy photo

ELLIE GILBREATH: Regent Prep's Ellie Gilbreath wins her fourth state cross country championship.



Courtesy photo

ELLA EURESTE: Bishop Kelley runner Ella Eureste wins a state cross country title as a freshman.

compare to winning as a team. "The many months of hard work came together, and it was a special experience that can never be taken away."

"I really think the key to winning is the girls' cross country program, which is really different than other high school cross country teams," Eureste said. "We all are so close because of the hours we have spent together. We are not just teammates; we really are family. We do all of our workouts together, which is a bonding experience every prac-

and it makes us rely on each other, so we work out as a unit to finish the workout."

Eureste said winning the next three years is definitely a huge goal she sees herself striving for," Eureste said.

"However, I will never take winning a race for granted, because I know there is always someone out there that is working just as hard as me. I'm always looking for ways to improve my stride, form, and times to push myself to the next level," she added.



MARK BENNETT

GOLDEN GLOVES: The Oklahoma Golden Gloves State Championship will take place Jan. 26 and 27 at the Greenwood Cultural Center. Tulsa boxer and 2018 State and Regional Golden Gloves' super heavyweight division winner Jeremiah Milton, above, will be among the fighters competing.



Courtesy photo

BMX DEMONSTRATION: Riders displayed their skill as part of the announcement of the MidAmerica Industrial Park groundbreaking on a new BMX track in Pryor on Nov 26. 200 local 4th and 5th grade students watched the action.



HARRY LENTZ for GTR Newspapers

TWO FOR TULSA: Tulsa's DaQuan Jeffries goes up for a basket in the Hurricane's 74-71 win over Oklahoma State in Tulsa Dec. 5. Tulsa went on to defeat Kansas State three nights later, 47-46.



Courtesy Tulsa Oilers

ROOKIE OF THE MONTH: Tulsa Oilers' goaltender Evan Fitzpatrick is the Howies Hockey Tape ECHL Rookie of the Month for November. He is a St. Louis Blues second-round selection.



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GTR 2018 COMPOSITE FOOTBALL SCHEDULE

DATE	VISITOR	HOME	DATE	VISITOR	HOME	DATE	VISITOR	HOME	DATE	VISITOR	HOME
Aug. 24	Union 10	Broken Arrow 33	Sept. 15	Arkansas State 29	Tulsa 20	Oct. 5	McLain 6	Oologah 38	Oct. 25	Broken Arrow 56	Edmond Memorial 0
	Jenks 28	Bixby 14		Pittsburg State 45	NSU 7		Westville 0	Holland Hall 45	Oct. 26	Owasso 31	Moore 43
	Bentonville West 40	Owasso 56	Sept. 20	Trinity Vally C.C. 27	NEO 34		Wyandotte 13	Metro Christian 47		Southmoore 7	Union 65
	Cascia Hall 44	Gravette 7		Tulsa 17	Temple 31		Skiatook 41	Memorial 19		Jenks 49	Edmond Santa Fe 8
	Hale 18	Webster 12		East Central 6	Memorial 48		East Central 41	Pryor 28		Shawnee 7	Bixby 41
	Lincoln Christian 50	Inola 0		Hilldale 50	Central 20		Bishop Kelley 34	Durant 7		BTW 27	Ponca City 7
	Victory Christian 52	McLain 6		Jenks 13	Broken Arrow 28		Webster 7	Lincoln Christian 56		Rogers 12	East Central 48
	Okla. Union 7	NOAH 28	Sept. 21	Bartlesville 6	BTW 43		Vinita 24	Cascia Hall 29		Coweta 21	Bishop Kelley 35
	Metro 28	NOAH 28		Owasso 0	Union 21		Lighthouse Christian 36	Tulsa NOAH 39		Edison 27	Durant 14
Aug. 25	BTW 28	Broken Bow 22		Bixby 45	Sapulpa 0	Oct. 6	Summit Christian 56	South Coffeyville 22		Hale 12	Ada 53
Aug. 30	Missouri State 17	North Little Rock 29		Checota 63	Webster 0		Iowa State 48	OSU 42		Wagoner 46	McLain 6
	Emporia State 34	OSU 58		McLain 12	Bristow 51		Texas 48	OU 45		Memorial 13	Tahlequah 38
	Arkansas Baptist 0	NSU 7		Rejoice Christian 42	Okla. Union 19		Alabama 65	Arkansas 31		Central 20	Fort Gibson 49
Aug. 31	Owasso 31	NEO 47		Stigler 13	Lincoln Christian 51		NEO 28	Blinn College 56		Cascia Hall 33	Sequoya 0
	Lake Ridge 30	Fayetteville 45		Bishop Kelley 49	Hale 6	Oct. 12	South Florida 25	TU 24		Lincoln Christian 51	Idabel 13
	Mansfield Legacy 14	Union 36		Adair 20	Metro Christian 19		Edmond Santa Fe	Broken Arrow		Webster 0	Seminole 61
	Mansfield Timberview 33	Jenks 35		Dewey 8	Victory Christian 71		Union 55	Moore 12		Holland Hall 36	Spiro 33
	Mansfield 6	Bixby 36		Talequah 43	Rogers 0		Edmond Memorial 0	Jenks 35		Metro Christian 56	Kansas 26
	East Central 50	Broken Arrow 28		Verdigris 14	Cascia Hall 35		Southmoore 13	Owasso 27		Kiefer 23	Victory Christian 42
	Holland Hall 20	Hale 0		Pocola 0	Holland Hall 38		Bartlesville 6	Bixby 65	Oct. 27	Rejoice Christian 62	Afton 16
	Bishop Kelley 14	Cascia Hall 23		Glenpool 10	Edison 29		BTW 20	Coweta 3		Vanderbilt 45	Arkansas 31
	Rejoice Christian 21	BTW 24		OCPH 8	NOAH 62		Glenpool 0	Bishop Kelley 38		Tulane 24	TU 17
	Central 8	Crossings Christian 20	Sept. 22	Texas Tech 41	OSU 17		Edison 54	Hale 6		Kansas State 14	OU 51
	Jones 19	Memorial 37		Army 21	Oklahoma 28 (OT)		Skiatook 35	Rogers 0	Nov. 1	Texas 35	OSU 38
	Edison 13	Lincoln Christian 34		Arkansas 3	Auburn 34		East Central 12	Collinsville 49		NEO 49	Cisco College 12
	Rogers 7	Sapulpa 34		NSU 16	Missouri Western 66		Memorial 14	Claremore 34		Enid 0	Broken Arrow 76
Sept. 1	Florida Atlantic 14	Victory Christian 37		NEO 24	Kilgore 31		Miami 27	Claremore 34		Edmond North 20	Union 51
	Eastern Illinois 20	OU 63	Sept. 28	Edmond North 0	Owasso 48		Central 6	Broken Bow 51		Jenks 28	Westmoore 17
	Central Arkansas 27	Arkansas 55		Enid 9	Jenks 70		Webster 35	Okmulgee 28		Pryor 44	Memorial 24
Sept. 6	NSU 10	Tulsa 38		Union 44	Mustang 3		Cascia Hall 0	Beggs 70	Nov. 2	Collinsville 57	Rogers 0
Sept. 7	Union 10	Central Missouri 62		BTW 7	Bixby 21		Lincoln Christian 54	Roland 18		Stigler 53	Webster 13
	Broken Arrow 47	Jenks 27		Collinsville 54	Memorial 6		Victory Christian 42	Beggs 70		Owasso 41	Putnam City North 7
	Edison 7	Owasso 20		Idabel 70	Webster 12		Metro Christian 51	Chelsea 7	Nov. 2	Page 21	BTW 48
	Central 8	Memorial 18		Broken Arrow 63	Norman 7		Holland Hall 41	Sequoya 14		Bixby 51	Muskogee 7
	Bishop McGuinness 24	McLain 20		Victory Christian 63	Morris 16		Rejoice Christian 61	Quapaw 13		East Central 7	Skiatook 13
	Rogers 10	Bishop Kelley 21		Central 32	Muldrow 24		Ole Miss 37	Arkansas 33		Durant 48	Hale 0
	Lincoln Christian 21	Okmulgee 26		Metro Christian 45	Chouteau-Mazie 0	Oct. 13	OSU 12	Kansas State 31		Ada 27	Edison 37
	Stillwell 6	Vian 13		Cascia Hall 25	Jay 10		Lindenwood 38	NSU 14		Bishop Kelley 49	McAlester 7
	Kiefer 8	East Central 51		Rogers 6	Pryor 36		Tyler J.C. 35	NEO 40		McLain 16	Grove 58
	Victory Christian 31	Rejoice Christian 38		Edison 20	Bishop Kelley 31	Oct. 18	Broken Arrow 56	Yukon 3		Sallisaw 53	Central 24
	Oklahoma Christian 30	Verdigris 15		Claremore 35	East Central 7		Mustang 10	Owasso 35		Inola 13	Cascia Hall 47
	NOAH 6	Morris 14		Hale 0	Glenpool 66		Commerce 38	Rejoice Christian 56		Checotah 19	Lincoln Christian 55
Sept. 8	UCLA 21	OU 49		Lincoln Christian 31	Seminole 50		Muskogee 26	BTW 47		Panama 6	Holland Hall 34
	Arkansas 27	Colorado State 34		NOAH 48	Grant 14		Bixby 35	Page 0		Salina 27	Metro Christian 55
	South Alabama 13	OSU 55	Sept. 29	Arkansas 17	Texas A&M 24		McAlester 37	Edison 57	Nov. 3	Colcord 14	Rejoice Christian 64
	Tulsa 21	Texas 28		Baylor 33	OU 66		Hale 6	Coweta 49		OSU 31	Baylor 35
	Georgia Military 10	NEO 14		OSU 48	Kansas 28		Tahlequah 41	East Central 22		OU 51	Texas Tech 46
Sept. 13	Stillwell	Union		Nebraska-Kearney 49	NSU 7		Bishop Kelley 20	Ada 0		Connecticut 19	TU 49
	Skiatook 41	Hale 6		Navarro College 9	NEO 10		McLain 6	Catoosa 46	Nov. 10	Central Oklahoma 62	NSU 0
	NOAH 49	Webster 13		TU 26	Houston 41		Okmulgee 14	Lincoln Christian 56		TU 21	Memphis 47
Sept. 14	Claremore 23	Edison 21	Oct. 4	Owasso 38	Norman North 7		Locust Grove 20	Cascia Hall 14		LSU 24	Arkansas 17
	Cascia Hall 7	Millwood 38		Coweta 18	Edison 49		Vian 14	Holland Hall 15		OSU 47	OU 48
	Rejoice Christian 61	Haskell 28	Oct. 5	Westmoore 10	Broken Arrow 69		Nowata 0	Metro Christian 47		NSU 0	Fort Hays St. 58
	Rogers 7	McLain 34		Jenks 48	Yukon 17		Sperry 51	Victory Christian 27	Nov. 17	West Virginia 41	OSU 45
	Metro Christian 37	Holland Hall 14		Putnam City North 7	Union 52t		Union 56	Norman North 7		Kansas 40	OU 55
	Putnam City 0	Bixby 64		Bixby 57	Ponca City 20		Norman 20	Jenks 42		Arkansas 6	Mississippi State 52
	Memorial 13	Bishop Kelley 45		Poteau 35	Central 6		Rogers 7	Memorial 37		TU 29	Navy 37
	Sapulpa 49	East Central 12		McAlester 49	Hale 0	Oct. 20	OU 52	TCU 27	Nov. 23	Arkansas 0	Missouri 38
Sept. 15	OU 37	Iowa State 27		Rogers 0	Claremore 47		TU 0	Arkansas 23		OU 59	West Virginia 56
	Boise State 21	OSU 44		Shawnee 0	BTW 54		NSU 19	Missouri Southern 24	Nov. 24	OSU 24	TCU 41
	North Texas 44	Arkansas 17		Haskell 20	Victory Christian 51		NEO 34	New Mex. Military 27		SMU 24	TU 27

Bixby Spartans Down Stillwater for State Crown

(Continued from page 16)

delay. It began with an impressive pass interception by Clayton Barbour, who stepped in front of a pass from Pioneer quarterback Gunnar Gundy to end a serious SHS threat.

"It felt great. I knew they were going to throw it there and I baited him and was able to make the interception," Barbour said of the crucial pass theft. "They are a tough team, they run a lot and use their tight ends very well.

"It was just about overcoming obstacles and I think we came out on top and did the best we could.

The second half we knew we had to come out and hit them hard. We solved what they were doing. We just stayed focused on the game and played hard.

"I could never picture this way to end my senior year. It's a blessing to be able to play on this team and play for a great community," Barbour added.

Following the interception, Cavender found daylight again, this time running 77 yards to set up a seven-yard touchdown scamper to the left end zone by junior Brennan Presley with 1:07 left to ice the victory.

Stillwater, which entered the game averaging 43.7 points per game, was limited to 207 total offensive yards, including 67 passing yards. The Pioneers, who had two turnovers, averaged 3.8 yards rushing per attempt.

"We were really prepared ... we had been practicing for two weeks so we knew what they were going to do," said senior linebacker/offensive tackle Noah West, who played at less than 100 percent much of the season. "We tried to do things better after their earlier drive.

"It was tough to overcome adver-

sity like that during the season, but everyone helped keep my spirits up," West said of a foot injury he battled though during the season to finish his career playing his best football.

NOTABLES — Bixby finished with 366 yards of total offense and relied on 281 yards rushing to offset Stillwater's unorthodox defensive alignment, which limited passing opportunities for BHS. Spartan sophomore quarterback Mason Williams was 14-of-20 passing for 85 yards. ... Walker led Stillwater's offensive effort with 145 yards rushing on 31 attempts

and two touchdowns. Gundy was 9-of-20 passing for 67 yards and one interception. In last year's 41-14 loss to Bixby in the state quarterfinals, Gundy was 9-of-20 passing for 70 yards. Anthony Bland led SHS in receiving with six grabs for 44 yards. ... Brennan Presley topped Bixby's receiving unit with nine catches for 48 yards. ... Since Class 6A split into two divisions in 2014, Bixby has played in every championship game, winning four and ending as runner-up to Tulsa Washington in 2017. This was Stillwater's first trip to the state finals since 1977.



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THE ECONOMY

Stava Building Corp. Welcomes New Leadership

Tulsa Company Celebrates Thirty Years

Stava Building Corporation welcomes two new owners to the established Tulsa company. Curt Hellen and LouAnn Smith will join as president and vice president, respectively. John Stava, CEO and founder, will remain active and involved in the day-to-day activities of the corporation.

Stava, who founded the company in 1988, said, "The company is in great shape. It's important that Stava Building continues to grow and develop. I feel that it is in great hands with Curt and LouAnn, and is poised to take the next step forward with their leadership."

Both Hellen and Smith come to Stava Building with extensive construction and professional experience throughout Oklahoma.

Curt Hellen joins the team with 22 years of experience in construction. He received his undergraduate degree in construction management from Oklahoma State University and his Masters of Business Administration from the University of Dallas. "I'm extremely excited for the opportunity to join Stava Building as its president," Hellen said. "It's a company that has been a force, yet somewhat of a hidden gem, in the Oklahoma construction industry for a number of years and will only continue to grow. Some of his more notable proj-



SANDY AND JOHN STAVA: John Stava, with his wife Sandy, founded Stava Corporation 30 years ago and will continue his role as the company's Chief Executive Officer. The photos were taken at the recent 30th anniversary party at Tulsa's Summit Club.



LOUANN SMITH AND CURT HELLEN: Joining the Stava Corporation management team are LouAnn Smith as vice president and Curt Hellen as president.

ect involvements have included the Tulsa Zoo Lost Kingdom, Northeastern State Multipurpose Arena, Yale Village at 91st Street and Yale Avenue, Zarrow Pointe, and numerous healthcare, educational and private developments.

LouAnn Smith has held various positions in her 21-year career in the construction industry. Her

degree from Oklahoma State is in marketing, but she was immediately attracted to the construction industry after graduation. Her experience is in operations, as well as marketing and business development. "I am absolutely honored to join such an established and energetic team. The future of Stava is exciting," she said.

This year marks 30 years of busi-

ness for Stava Building Corporation. As a general contractor with design/build capability, SBC provides turnkey projects with a commitment to customer service through quality, timing, and total responsibility of cost. This three-pronged approach to customer service has been the key to SBC's success in the region for the past 26 years.

Its core services include Con-

struction Management, General Construction and Design-Build. Stava is a Tulsa-based company, with notable projects located all over the Oklahoma. Having a customer relationship focused company has led them to developments and projects located in Texas, New Mexico, Kansas, Mississippi, Colorado, Nebraska and Arkansas.

Edward Jones

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Season's Greetings

During this holiday season,
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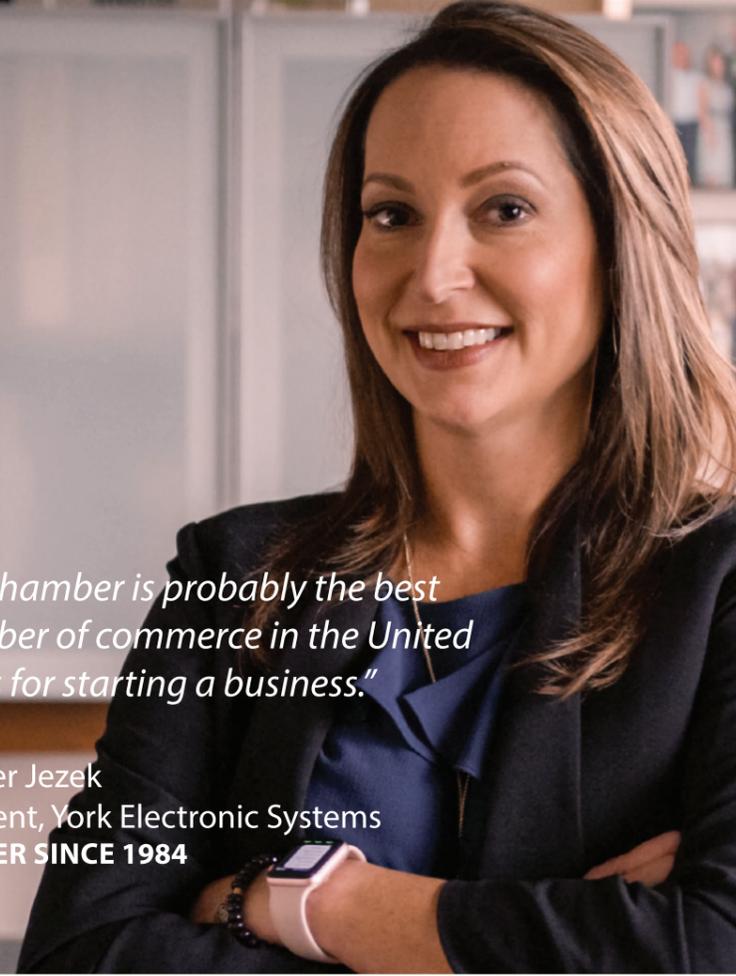
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Kitchen 66 Celebrates Launch Program Graduation of Six New Food Businesses

Kitchen 66, a program of the Lobeck Taylor Family Foundation, celebrated the graduation of the Fall 2018 Launch Program class Dec. 11 at the Mother Road Market. The class included six new Tulsa-based food businesses, featuring concepts ranging from a chocolatier to a healthy meal prep delivery service. The Launch Program combines a four-month comprehensive curriculum with practical experience and sales opportunities. The six groups of new food entrepreneurs also gained access to Kitchen 66's community of mentors and fellow business owners in the Tulsa food industry.



GTR Newspapers photo

KITCHEN 66 GRADUATE: Kitchen 66 Launch Program graduate Kalee Kallam and her company Mae'd focus on helping busy people on-the-go achieve healthy diets with their pre-portioned meals. With her is a friend who helped during the launch.

The graduates are:
 Alex Barclay and Tory Sumrall of District Chocolate, a chocolate company that believes chocolate should be pure, decadent and approachable. District Chocolate uses highly technical methods coupled with real ingredients to create intensely flavorful bars, educating customers in the process.
 Kathy Campbell, PharmD of Dr. Kathy Health, a business that assists individuals by providing convenient and delicious meals that support overall health.
 Mark Gaway of Gaway Grocery, a grocery concept that embod-

ies traditional Lebanese food items. Judyth Gulden of Wilson & Gulden, a fine foods shop specializing in cheesecake and catering.
 Kalee Kallam of Mae'd, a meal prep and delivery service that helps provide busy individuals with perfectly portioned, well-balanced healthy meals to support fitness and health.
 Kimberly Long of Big House Dessert Company & Big House Chow Line, a company featuring sweet Southern desserts and dishes

that also works as a second chance employer for women. Applications for the Spring 2019 Launch Program are now available at www.kitchen66tulsa.com. The deadline to apply is Jan. 28.
About Kitchen 66
 Kitchen 66 is a program of the Lobeck Taylor Family Foundation. It is Tulsa's kickstart kitchen, decreasing barriers for food entrepreneurs in Tulsa by offering access to affordable commercial



Courtesy photo

TEAM KITCHEN 66: Director of Food Innovation Adele Weaver, Program Director Robbie Wing, and Sales & Distribution Coordinator Rachael Reagan are at the ready to help food entrepreneurs at Kitchen 66.

kitchen space, business training programs like the Launch Program, and sales and distribution opportunities through platforms like the Kitchen 66 Takeover Cafe and Kitchen 66 General Store at Mother Road Market. Since 2016,

Kitchen 66 has served over 125 food entrepreneurs, including immigrants from over 10 different countries and over 50 percent women-owned businesses. To learn more about Kitchen 66, visit www.kitchen66tulsa.com.

America's 2019 Energy Watch List Revealed



At the beginning of 2018, my column, "America's 2018 Energy Watchlist," presented the "moving parts" which I believed would be the main focus regarding energy issues and policies: At that time among the moving parts were President Trump and the Republican led Congress, OPEC and the supporting non-OPEC countries, jobs, investments in the oil and gas sector, ipos/mergers and acquisitions, LNG/natural gas, and supply/demand, among other areas of my daily focus.



MARK A. STANSBERRY

Here are important parts of my 2019 Energy Watchlist:
• President Trump, a Republican led US Senate, and a Democrat led House of Representatives
 A lot has been implemented and eliminated over the past two years. President Trump's plans have included development of regulatory and legislative initiatives: rescinding Obama's executive actions and regulations that were outdated and lifting moratoriums on energy production in federal areas. In 2019, because of the divided federal government, I don't envision any comprehensive energy legislation.

• Oil:
 Crude oil production in the U.S. reached record proportions in 2018, according to the Energy Information Administration (EIA). Production in October, 2018, was 11.4 million barrels per day (b/d). This is a substantial increase from the 9.4 million b/d of 2017. EIA is projecting 12.1 million b/d in 2019.
• LNG/Natural Gas
 In 2019, investments will continue in the building of our nation's LNG infrastructure. Natural gas is leading the transition for the U.S. as a net exporter primarily due to the LNG efforts in the Gulf Coast region. The EIA forecasts a wide range in prices for natural gas of \$2.06/MMBtu and \$4.94/MMBtu in 2019.
• Cybersecurity and the Digital Transformation
 Cybersecurity efforts will continue in the energy industry. Look for more private/public partnering in cybersecurity initiatives. It is projected that there will be a major increase in investments in the U.S. oil and gas industry in data management and analytics.

• Infrastructure
 There is a great need for the nation's energy infrastructure. Look for more investments and projects beginning in 2019. However, it is projected that the U.S. House will not make all the necessary efforts to address the environmental laws that are standing in the way of developmental progress.
• Geopolitical/Trade
 Again, geopolitical tensions along with cooperation will be at the forefront. Also, OPEC and Non-OPEC countries, Russia, Peoples Republic of China, jobs, IPOs/M&A, offshore drilling, energy education, regulations/taxes, environmental, transportation, weather, power generation, coal, nuclear, wind/solar, media... will continue to be of focus. National Energy Talk (NET)-National Energy Talk, an Energy Advocate Initiative, was launched July 31, 2017 in Elk City, Oklahoma and meetings have been held in Tulsa, Edmond and Oklahoma City along with presentations in Houston, Denver and other cities. In 2019, NET will continue

its efforts as a platform engaging a national energy dialogue. Go to Facebook: National Energy Talk to support/learn more about NET.
 Mark A. Stansberry, is Chairman of The GTD Group, an award-winning author and Energy Advocate. For more information, see Facebook: National Energy Talk.

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Maura Guten Named President and CEO of Child Abuse Network

Maura Guten has been named as President and Chief Executive Officer of the Child Abuse Network. The local nonprofit provides collaborative services to child abuse victims and their families in Tulsa County and surrounding areas.



MAURA GUTEN

Child Abuse Network President of the Board of Directors Tim Neuman said, "I am excited to welcome Maura Guten as the next president and CEO of the Child Abuse Network. After a thorough and thoughtful search, the board of directors unanimously agreed that Maura is the type of proven leader and community advocate equipped to build upon CAN's long-standing history of providing collaborative intervention services for abused and neglected children. In our 30th year of service, CAN remains committed to improving how the Tulsa community responds to child abuse and ensuring that children are not further victimized by the systems intended to protect them. With Maura's energy, direction and passion for our mission, we are excited and hopeful for the next thirty."

Guten has worked in the nonprofit sector for over 15 years and previously served as the Executive Director for Tulsa Court Appointed Special Advocates (CASA). She is a graduate of Bishop Kelley High School and the University of Tulsa. She began her career as a social worker in inner-city St. Louis and has worked extensively with at-risk children, individuals with disabilities and survivors of sexual assault. She was sworn in as a Court Appointed Special Advocate for abused and neglected children in 2001 and has spent many years volunteering at Saint Francis Children's Hospital and the Laura Dester Children's Center. She is a sustaining member of the Junior League of Tulsa, a graduate of Leadership Tulsa Class 56, serves on the board of directors for the Oklahoma State CASA Association and chairs the Legislative Advocacy Committee for the Child Protection Coalition.

"There is no better cause to fight

for than this. It is truly an honor to join CAN at such an important moment in the organization's history. I have long admired CAN's foundational strength, its culture of providing collaborative intervention services under one roof, its child-focused approach and its rich legacy of service to the Tulsa community. I look forward to working with the board, staff, partner agencies and community stakeholders to tackle the many exciting opportunities and challenges we face and, in doing so, look forward to continuing the tradition of providing hope and healing to children impacted by abuse and neglect," said Guten.

CAN is one of the nine partner agencies comprising the Tulsa County District Attorney's Task Force on Crimes Against Children.

About the Child Abuse Network

The Child Abuse Network provides collaborative intervention services to child abuse victims, so that they are encouraged to embrace a future driven by hope. CAN serves as a partner in the multidisciplinary team that serves children of reported child abuse. The result is a collaborative and non-duplicated multidisciplinary team approach to investigate abuse and protect children in crisis. Visit www.childabusenetwork.org to learn more about CAN's unique, comprehensive approach to child abuse intervention.

BUSINESS & PEOPLE NOTES

Mayor G.T. Bynum announced that **Amy Brown** will serve as **Tulsa's deputy mayor** beginning Jan. 14, 2019.



BROWN

The deputy mayor serves as the acting mayor in the mayor's absence and coordinates policy matters on behalf of the City of Tulsa.

"Amy Brown has one of the best minds I've encountered in public service at any level. I've worked with her for years, both on the city council and now in the mayor's office," Mayor Bynum said. "She has proven herself as an adept manager and leader and will make a great deputy mayor."

Brown will be replacing Michael Junk who recently accepted the chief of staff position for Governor-elect Kevin Stitt.

Prior to her role as deputy mayor, Brown served as the deputy chief of staff and veterans liaison for Mayor Bynum. Brown has worked for the City of Tulsa in various capacities. She served as a mayoral aide for former Mayor Kathy Taylor in 2009 and served as a Tulsa City Council aide from 2011-2014.

Brown will continue to serve as veterans liaison and oversee the Administration and Public Safety Support Divisions as she did in her prior role.

"I'm honored by the privilege and responsibility of serving the citizens of Tulsa in this new role," Brown said.

Brown holds a Juris Doctorate and Bachelor of Arts in Political Science from the University of Tulsa and is an active volunteer for Family & Children Services and Junior League of Tulsa.

Gateway Mortgage Group

has announced **Steven Patrick** as its new chief risk officer. In this role, Patrick will provide executive oversight to the company's credit and risk management teams. His responsibilities will span all efforts in enterprise risk management, compliance and quantitative analytics.



PATRICK

"Steve has a tremendous amount of experience in mortgage finance, credit and risk arena," said Stephen Curry, CEO of Gateway. "We are happy to welcome Steve into the Gateway family and we know he will be a valuable addition to the executive leadership team."

Most recently, Patrick was managing director with Everett Advisory Partners where he counseled clients on implementing risk-reducing strategies, capital raises and solutions to complex funding problems. Prior to Everett Advisory Partners, he held many different roles with Federal Home Loan Bank of Chicago. Patrick was involved in a variety of initiatives where he developed strategies to mitigate risk while building the mortgage program, which purchased mortgage loans in secondary markets; he also advised banks on liquidity strategies. He has worked extensively in the financial services industry since 1987, starting at Merrill Lynch before moving to Bank of America. He is a graduate of Carleton College and received his MBA from The University of Chicago Booth School of Business.

Mayor G.T. Bynum has named **Christina da Silva** as deputy chief of staff beginning Jan. 14, 2019.



DA SILVA

"Over the last two years, Christina da Silva has proven herself to be uniquely thoughtful in her work and passionately committed to those historically overlooked in our city," Mayor G.T. Bynum said. "I am excited for her to take that work to the next level in a new capacity as my Deputy Chief of Staff."

da Silva currently serves as director of community development and policy for Mayor Bynum and leads the New Tulsans Initiative, which involves implementing the comprehensive roadmap for building a more equitable Tulsa while fostering connections between all immigrants and long-term residents.

"I'm beyond thrilled to work in this new role and look forward to helping guide policy that will build a stronger and more equitable workforce here at the city," da Silva said.

In her new role, da Silva will continue to oversee the New Tulsans Initiative and provide strategic planning and project management services at a larger scale for the Mayor's Office. Education and community engagement will be two areas of focus.

da Silva holds a Bachelor of Arts in Spanish Language & Literature and German Language & Literature from Western Washington University. She is currently pursuing a Master of Science in Human Development and Family Science at OSU-Tulsa where she is a Graduate Research Assistant.

Ascension's St. John Medical Center

in Tulsa has named **Tammy Bark, RN, MBA**, chief nursing officer. In her role, Bark will oversee the nursing practice for the Tulsa medical center.



BARK

Bark joins St. John from Providence St. Joseph Health in Eureka, California where she served as area vice president and chief nursing officer for St. Joseph Hospital, Redwood Memorial Hospital, General Hospital, and North Coast Surgical Center.

"Tammy's experience and accomplishments are significant in the areas of quality and safety, patient and provider experience, nurse recruitment and retention, and operational excellence," said Jeffrey D. Nowlin, president and chief operating officer for St. John Medical Center. "We're pleased to welcome her to the medical center and to further our mission to care for the most vulnerable."

Bark began her nursing career at the bedside, serving as an emergency department nurse. She has served many director positions including areas of emergency services, critical care, geropsychiatric unit, quality and risk management, and as chief nursing officer of a 500-bed acute care hospital.

The Cox Business Center, managed by SMG and owned by the City of Tulsa, announces **Angie Teel, CMP**, as assistant general manager.



TEEL

Teel joins the venue from the St. Charles Convention Center where she has acted as a director since 2011. She has more than 10 years of venue management experience and is a Certified Meeting Professional (CMP).

In her new role, Teel will coordinate daily activities in the downtown venue with various departments and work to continuously improve the reputation and award-winning standards of the Convention Center and interject best industry practices into the day-to-day operations.

"I'm looking forward to getting to know the entire team and Tulsa better, and to contribute to the outstanding impact the venue has on the city and everyone who steps inside," said Teel.

Teel studied international business at Missouri State University before beginning her career in events.

Mark VanLoh, CEO of Tulsa International Airport

and R.L. Jones, Jr. Airport since February 2017, submitted his resignation to the Tulsa Airports Improvement Trust Board, citing his pending acceptance of a position in Jacksonville, Florida.



VANLOH

VanLoh became Tulsa Airports CEO in February 2017 after a national search was undertaken by the Airports' Board of Trustees. Since his arrival, he has led numerous initiatives that have resulted in an increase in airport revenue, airline service, and facility improvements.

Tulsa Airports Improvement Trust Chair, Jeff Stava, praised VanLoh on his accomplishments while serving as CEO of Tulsa's air transportation system. Stava said, "Mark has been a tremendous resource for our airports and our City during his time in Tulsa. His leadership has created a streamlined organization with an improved financial footing that is prepared to serve the Tulsa region for years to come. We wish him all the best in his new position."

The Trust has already begun the search process to identify his successor.

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Tulsa's Holiday Tradition Still Alive at Hamlet

Locally-Owned Business Serving Tulsa Since 1986

By **KAYLEY FORSHEY**
Contributing Writer

Only the best for your family and guests. That's Hamlet's mission in providing quality honey kissed hams for Tulsa families year round and especially during the holiday season.

The Hamlet was established in 1986 and is now growing a family legacy and long-time Tulsa tradition. According to owner Shannon Hester, people have been lining up for specially made honey kissed hams from the beginning, making it part of their holiday tradition to spend the short wait making friends and building community.

The Hamlet has two locations: the ham shop, also

known as Hamlet Hams, is located at 1660 E. 71st St., and the cafe, known as The Hamlet, is at 9107 S. Sheridan Rd.

When Hester bought the Hamlet in 1995, the whole family got involved. "We've always been a family business. Everybody in the back is family or friends. It's all family owned and run, always has been," Hester said.

She took over for her father, Gordon Pendergraft, and has been working to provide quality honey-kissed hams for Tulsa residents.

"We purchase our hams from the world's largest provider to ensure that we get the quality that we deserve and the public deserves," Hester said.

This locally owned business

prides itself on its honey-kissed hams, which are different from honey-baked or honey-glazed. According to Hester, Hamlet hams are injected with honey during the curing process. This means that the honey is not only placed on top, but also immersed inside the ham, ensuring that every bite is juicy and flavorful, Hester explained.

"Our quality speaks for itself. Our customer service speaks for itself. If you have an issue, we make it right. If there's ever a complaint, we stand 100 percent stand behind and guarantee our product," Hester said.

Ordering a honey kissed ham can be done by visiting Hamlet in store, on the website at hamlethams.com or by calling 918-496-2242.



BEST IN HAMS: Hamlet owner Shannon Hester, left and Crystal Anglin display one of the Hamlet's "honey kissed hams." The Hamlet is a locally owned family business that has been serving the Tulsa area since 1986.

Tulsa Police, Rotary Combine Efforts to 'Shop with a Cop'

Tulsa FOP Lodge 93 partnered with the Rotary Club of Tulsa to host Shop with a Cop in early December at the Target store at 1701 S. Yale Ave in Tulsa. A few dozen students from Celia Clinton Elementary School were selected to participate in the program.

The students shopped with officers to choose presents for their family, and at the same time, a Rotary Club member shopped for gifts for the child, making sure their whole family will have presents under the Christmas tree.

"This was an opportunity to give

back to children in our community and help spread a little joy this holiday season," Tulsa FOP Lodge 93 Second Vice-President Marcie Brannon said. "It's not only a positive experience for the kids but also very rewarding for the officers to see the joy on their faces."

Money donated by Tulsa FOP Lodge 93 and the Rotary Club of Tulsa makes this annual event possible.

About Tulsa FOP Lodge 93

Tulsa FOP Lodge 93, founded

in 1937, represents 1,100 active and retired Tulsa Police Officers. It is the first lodge in Oklahoma and the first lodge west of the Mississippi River. Its mission is to advocate for members rights' and give them a voice, even when they are not allowed to speak up for themselves.

Lodge 93 is also active in the community and is the biggest FOP donor in the nation to the Special Olympics. The lodge was honored to receive the 2017 Oklahoma Special Olympics Sympar Award.



Courtesy TINA MILLER

WORKING FOR CHILDREN: Members of the Tulsa FOP Lodge 93 with Celia Clinton student Akeila Harris and Rotary Club of Tulsa member Jeff Hassell at the Shop with a Cop event at the 1701 S. Yale Ave. Target store in early December.

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FAITH

Thrift Store Supports Loaves & Fishes Ministry

By K.J. WEBB
Contributing Writer

Tulsa's Loaves & Fishes food ministry was established in 1983 by Milo and Marian Reno to help feed the poor. Milo had also long dreamed of opening a thrift store to supplement finances for the Loaves & Fishes food ministry, and as a way to reach out and serve more in need in the community.

The dream of a thrift store was realized in May 2016, when the Renos, along with Steve Worden and Al Ponce, officially opened Turning Point Thrift Store, a 501(c)3 organization, located at 11403-C E. 19th St. in Tulsa in the building next to Loaves & Fishes. The Turning Point Thrift Store serves a three-fold purpose: to meet the immediate need of Loaves & Fishes guests, provide a source of affordable items to the community, and raise additional income so Loaves & Fishes food ministry can serve more people. The Turning Point Thrift Store collects donated items from the community and resells them to raise revenue for the ministry and advance its mission.

The Loaves & Fishes mission is to feed the spirit, soul and body of those in need. "Loaves & Fishes gives food to the hungry, water to the thirsty, and speaks the Gospel to everyone who enters our doors," says Worden, "While we temporarily satisfy people's basic needs, our true purpose is to

provide them with the permanent answer to their problems: Jesus Christ. In John 6:35, Jesus declares, "I am the bread of life. He who comes to me will never go hungry, and he who believes in me will never be thirsty."

Worden says the staff's hope is that every person who steps through the Loaves & Fishes doors is saved, healed, and delivered. "We pray for healing from sickness and disease, and command debt and financial pressures to dissolve." According to Worden, many people leave positively changed, built up in faith, and trusting God for their life circumstances to improve.

The Loaves & Fishes food ministry, and Turning Point Thrift Store rely heavily on volunteers. Worden says, "Building a volunteer base can be difficult at times. We are always in need of volunteers, even if they can come for just two hours a week or month. We encourage families to come and serve together."

He adds, "With more people helping, we can be open more days of the week, and sort through the donations and merchandise. It is important to keep good inventory rotating on the shelves and presented in a pleasing manner to our customers." Worden has an insider's understanding of the importance of merchandising, as he comes from a retail background of over 30 years, primarily in the retail drug industry.



TURNING POINT: The Turning Point Thrift Store is located at 11403-C E. 19th St. next to the Loaves & Fishes Ministry.



STEVE WORDEN: Worden manages the Turning Point Thrift Store, which serves to accept donated items in support of the Loaves & Fishes Ministry.

Worden, who volunteered for Loaves & Fishes for 10 years, prior to joining the ministry team, has witnessed many lives transformed through its work. He said, "Lives are transformed every week that the Loaves & Fishes doors are open. The Turning Point Thrift Store is proud to be a part of this because we help provide finances for this to be possible. The ministry helps the working poor, elderly and disabled. We are here to partner with our guests to help them through a difficult financial time

due to unemployment, sickness or even transportation problems. It is not uncommon to help someone, or a family four or five times and not see them again because they have successfully overcome their difficulties."

Worden says the goal for the thrift store is to raise enough money to help purchase a larger building for the Loaves & Fishes food ministry. "With the thrift store and donations by ministry partners we could purchase a building which will enable us to

combine our operations into one location, enabling us to serve more in need."

For more information, see www.loavesandfishes.net, www.facebook.com/turningpointstore, contact Steve Worden at 918-234-8574 ext. 5, or email steve@loavesandfishes.net

The Turning Point Thrift Store is open every Wednesday through Saturday from 10 a.m. until 3 p.m. Donations are accepted Tuesday through Saturday from 10 a.m. until 3 p.m.

Holiday a Time to Remember the Reason for the Season

By JIM STOVALL
Contributing Writer

During the holiday season, we all eagerly and reluctantly try to get into the holiday spirit. This, too often involves eating, drinking, and spending too much as we over-commit all of our time, energy, and resources. The holidays can be a magical time if we will remember what they're all about, why we're celebrating, and regain a bit of perspective.

To this end, I would like to offer a few holiday hints.

Remember the reason for the season. Our family celebrates the holiday on Christmas Eve with a wonderful meal and gift exchange. Before the food is served, my father reads the traditional Christmas story from the New Testament. Although I've heard him read this countless times, I always look forward to it as it sets the tone for our celebration. Find a similar tradition for your family, and you will get the holidays off on the right foot.

Do not overschedule your time. There are more parties, concerts, and activities than any one person can possibly survive with any degree of sanity. Pick the ones that make sense for you and your family, and politely decline the other invitations. Next year, you may

be able to enjoy some of the events you missed this year. It's far better to enjoy one celebration in the true spirit of the season than endure a countless number of commitments.

Do not overspend. If you think of your most favorite and enduring holiday memories, few of them involve spending a lot of money or having a lot of money spent on a gift for you. The lasting and meaningful holiday experiences involve time, love, and tradition, not maxed-out credit cards. Overspending is a sure way to miss the reason for the season while getting your new year off to a dismal start when the credit card bills come rolling in.

Avoid eating and drinking too much. Many jobs have been lost and careers short-circuited by over-indulging during the office holiday

party. And those extra desserts you're consuming now will invariably become the catalyst for another annual series of new year's weight-loss resolutions.

Do something for someone else. As in most things, if you're going to get all you can out of the holidays, you must remember it's not about you. The best greetings, gifts, and acts of kindness are often the unexpected and anonymous ones. There are many families that could have a wonderful celebration with your excess food, decorations, and gifts.

I hope you and your family experience the best of the holiday season, and the coming year brings you peace, joy, and success.

As you go through your day today, plan your holiday and celebrate.

Today's the day!

Reason for the Season



Jim Stovall is the president of Narrative Television Network as well as a published author of many books, including *The Ultimate Gift*. He is also a columnist and motivational speaker. He may be reached

at 5840 S. Memorial Drive, Suite 312, Tulsa, OK 74145-9082; by email at Jim@JimStovall.com; on Twitter at www.twitter.com/stovalauthor; or on Facebook at www.facebook.com/jimstovallauthor.

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Bohannon Family Business Celebrates 25th Anniversary

B&B Liquor Warehouse Now Boasts Three Locations

By LESAL L. JONES
Contributing Writer

Joe and Sara Bohannon, owners of B&B Liquor Warehouse, bought their first store when they needed a supplemental income for their family of four.

Now, together with their son Brian Bohannon and their daughter-in-law Dixie Bohannon, the family business has three locations and is celebrating its 25th anniversary.

Quite the entrepreneurs, the couple had no previous experience in the spirits business. Joe had an engineering degree from Oklahoma State University and 16 years of experience in the oil and gas industry and was starting a new consulting business.

At the same time, he and Sara were looking for some kind of opportunity for Sara that would provide consistent support for the family and put her business degree to use.

"We needed a regular income because we had teenage children," Sara said. "And so we decided a small business would give us a steady income until he got established and I could run a small business."

Before starting B&B Liquor, the couple purchased Ajax Liquor and owned it for 17 years until they sold it in 1993.

"We wanted a business with the fewest number of employees," Joe said. "So when we were looking at businesses, we looked at liquor stores and hardware stores because they could be run with the fewest number of employees."

Sara says at that time liquor

stores were pretty simple to run.

"When it gets delivered you pay for it, then when somebody buys it and they pay for it," she said. "Before credit cards everything was great, there was very little book-keeping involved."

"And, everybody who comes into the store buys something!" Joe said with a laugh.

Initially, the couple worked together and learned all about the business. When the oil bust occurred, his consulting opportunities were diminished and the Bohannon's put even more sweat equity into the store.

By the time Joe was 48 years old, they had enough employees to run the Ajax Liquor Store, and so Joe earned his law license and became a practicing attorney. Likewise, Sara became his legal assistant with plans to eventually sell the store.

However, their son Brian had other ideas.

While attending the University of Tulsa College of Law, Brian needed a job and started working at the family business.

"A year into law school he said, 'We've got to get out of this little store and into a big store.' So that's why we're here," Sara said with a laugh.

They built and opened their first store, B&B Liquor Warehouse at 7002 S. Mingo Road, in Tulsa, 25 years ago this month with Sara Bohannon as the owner. After one year, they were so successful they added an additional 1,200 feet onto the building until they ran out of real estate space at that location.

In 2009, the Oklahoma State



B&B SMILES: The Bohannon family is all smiles as they celebrate the 25th year anniversary of B&B Liquor Warehouse, which they opened in 1993 near 71st Street and Mingo Road in Tulsa. From left are Sara, Brian, Dixie and Joe Bohannon.

laws changed allowing a husband and wife to own two stores. Then, the Bohannon's built B&B South at 2828 E. 91st St.

Next, Dixie Bohannon, wife of General Manager Brian Bohannon, bought B&B Broken Arrow located at 1000 N. Elm Place.

Though each store is owned by a Bohannon family member, Dixie says each store is run separately and has its own distinct personality and flair.

"For us, it's family first, but each of us has our own view of how things should be run," Dixie said. She says they all provide a

sounding board to each other when they have new ideas.

They also say the most challenging aspect of the family working together is leaving work at the store when they are together for family gatherings.

Sara says it's sometimes hard separating business from family.

"When you're in business for yourself, it's a 24-hour, seven-days-a-week business," she said.

However, their family bond and business acumen help each of them relate to the other person's job, more so than most.

"You don't feel so tied down

to the business," Sara said. "You know you can count on and depend on each other."

At 82, Joe is still a practicing attorney and Brian has his law license but doesn't practice. Their legal backgrounds have been pivotal in the family's success in navigating the complicated liquor laws that have taken effect since they bought that first store.

"Their legal minds are a god-send," Dixie said.

In celebration of their 25th anniversary, each of the stores will offer a number of giveaways to their loyal customers.

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THE BIXBY EDUCATIONAL ENDOWMENT FOUNDATION OFFERS EDUCATIONAL BEEF



BEEF GIFT: The Bixby Educational Endowment Foundation recently awarded \$82,000 in teacher grants to teachers across Bixby's campuses. In the photo above, Bixby High School art teacher Julie Jankowski holds a gift check. With Jankowski are, from left, BEEF member Tracy Roberson, High School Principal Terry Adams, BEEF President Terri Paxton, Superintendent Rob Miller and BEEF member Barbara Mullins.

Supporters of the Bixby Educational Endowment Foundation (BEEF) are big believers in education and opportunity. Working with educators, community leaders, caring citizens, and through the efforts of many, more than \$1,617,000 in teacher grants and scholarships have been awarded by BEEF since the inception of the foundation.

In the 2017-2018 school year, more than \$167,000 was awarded to teachers and graduating seniors.

BEEF grants support innovative educational projects which would not otherwise be possible with the level of state funding available to Bixby public school students. Contributions promote excellence in all areas of learning including reading, science, math, art, music and technology.

BEEF is the proud recipient of the Oklahoma Foundation for Excellence "2005 Medal for Excellence," and received a Local Education Foundation Outstanding Program Award for its scholarship and mentoring programs and for the Century Campaign fundraiser.

As a foundation, BEEF helps make a difference in the educational lives and futures of young people, and success is directly related to the support received from the Bixby public.

2018 Century Club Campaign

Bixby citizens are invited to be a part of the annual Century Club campaign by donating \$100 to support teacher grants and student scholarships through BEEF. Mabrey Bank (formerly Citizens Security Bank) will match these donations, up to \$15,000. With community support, BEEF has met this challenge for 32 years.

All levels of gifts are appreciated, and memorial contributions are welcomed. BEEF is a 501(c)3 charitable organization, governed by a volunteer board of directors. Administration expenses are less than one percent of the annual gross receipts. Tax-deductible contribution is a wonderful opportunity to invest in the future of Bixby children.

Century Club donations may be mailed to Bixby Educational Endowment Foundation, 109 N. Armstrong, Bixby, OK 74008



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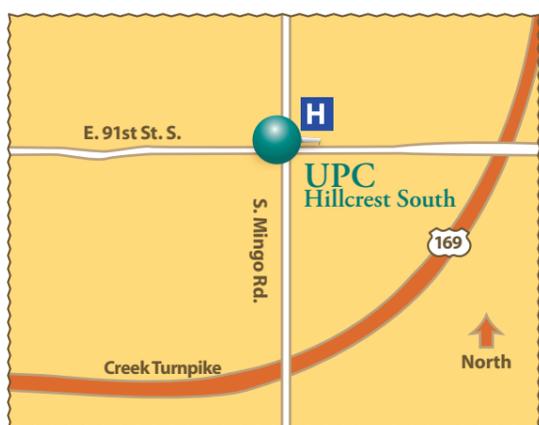
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