

THE BRONX **PENNY PINCHER**
 BRONXPENNYPINCHER.COM
 3797 E TREMONT AVE. BRONX, NY 10465
 T: (718) 828-1104 | F: (718) 828-7974
January 10 - 16, 2019
Volume 2
 THROGGS NECK/PELHAM BAY
 AND COUNTRY CLUB



THE BRONX **PENNY PINCHER**
 BRONXPENNYPINCHER.COM
WE'RE MOVING!
 TO:
 3002 MIDDLETOWN ROAD
 PELHAM BAY (BY CROSBY AVENUE)
ON FEBRUARY 1, 2019

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3129 CONNELL PLACE BRONX, NY 10465



INGREDIENTS

4 bell peppers, halved
1 tbsp. vegetable oil
1 large onion, sliced
16 oz. cremini mushrooms, sliced
Kosher salt

Freshly ground black pepper
1 1/2 lb. sirloin steak, thinly sliced
2 tsp. Italian seasoning
16 slices provolone
Freshly chopped parsley, for garnish



CHEESESTEAK STUFFED PEPPERS

DIRECTIONS

1. Preheat oven to 325°. Place peppers in a large baking dish and bake until tender, 30 minutes.
2. Meanwhile, in a large skillet over medium-high heat, heat oil. Add onions and mushrooms and season with salt and pepper. Cook until soft, 6 minutes. Add steak and season with more salt and pepper. Cook, stirring occasionally, 3 minutes. Stir in Italian seasoning.
3. Add provolone to bottom of baked peppers and top with steak mixture. Top with another piece of provolone and broil until golden, 3 minutes.
4. Garnish with parsley before serving.



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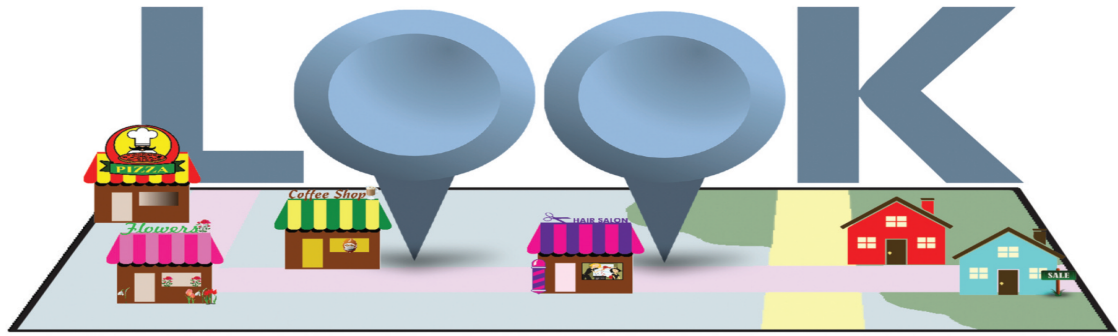
<p>EXTRA LONG GRAIN OR GOLD PARBOILED CAROLINA RICE 20 LB. BAG 9⁹⁹</p>	<p>BLUEBERRY, CHERRY, BLENDS OR OCEAN SPRAY CRANBERRY JUICE COCKTAIL 64 Oz. Btl. 2 \$5 FOR 5</p>	<p>THICK & HEARTY PENNE OR SPAGHETTI (12 Oz.); LARGE ELBOWS, MEDIUM SHELS, RICATONI, ROTINI, ZITI, RICATI, ZITI, PENNE RIGATE, THIN SPAGHETTI, ELBOW MACARONI, OR RONZONI SPAGHETTI 16 Oz. Boxes 99¢</p>	<p>COOKIES OR CRACKERS NABISCO CONVENIENCE PACKS 3.47-6.5 Oz. Boxes 2 \$3 FOR 3</p>
<p>CLEAR OR NATURAL STYLE APPLE & EVE APPLE JUICE 64 Oz. Btl. 1⁹⁹</p>	<p>BEEF RAVIOLI, MINI BEEF RAVIOLI, BEEFARONI, OR CHEF BOYARDEE SPAGHETTI & MEATBALLS 14.5-15 Oz. Cans 99¢</p>	<p>UNSALTED TOPS OR ORIGINAL NABISCO PREMIUM CRACKERS 16 Oz. Box 2⁹⁹</p>	
<p>PLAIN OR IODIZED SUPERIOR CRYSTAL SALT 26 Oz. Cnstr. 79¢</p>	<p>TIDE SIMPLY (24-25 Load) (37-40 Oz.); OXI BOOSTER OR REGULAR ERA 2X LIQUID DETERGENT 50 Oz. Btl. 2⁹⁹</p>	<p>BATHROOM, WHITE SCOTT 1000 TISSUE 15 ROLL PKG. 9⁹⁹</p>	
<p>SAN PELLEGRINO SPARKLING BEVERAGE 6 Pk. 11.2 Oz. Cans. 4⁴⁹</p>	<p>NESTLE PURE LIFE WATER BONUS PACK 28 Pk. 16.9 Oz. Btl. 3⁹⁹</p>	<p>KOOL-AID JAMMERS 10 Pk. 6 Oz. BRKPKS. 2⁴⁹</p>	
<p>KRASDALE PREMIUM ORANGE JUICE 25 Oz. Btl. 2 FOR \$5</p>	<p>GRANULATED DOMINO SUGAR 4 LB. BAG 1⁹⁹</p>	<p>HAWAIIAN PUNCH 128 Oz. Btl. 1⁹⁹</p>	<p>VEGETABLE, CANOLA, OR WESSON CORN OIL 1 GAL. Btl. 7⁹⁹</p>
<p>YOPLAIT GREEK YOGURT 5.3 Oz. Cup. 10 FOR \$10</p>	<p>KRASDALE ASSORTED JUNIOR POPS 20 Pk. 35 Oz. Boxes 2⁹⁹</p>	<p>FABULOSO LIQUID CLEANER 22 Oz. Btl. 3 FOR \$4</p>	<p>SUAVITEL FABRIC SOFTENER 50 Oz. Btl. 3⁴⁹</p>

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Sale items limited 1 per family unless otherwise noted. Items & prices effective in this store only.

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Key Food

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Monte Grab&Go Market

1790 Eastchester Rd.

Ruane's Deli

2 Centre Edgewater Pk. Dr.

S&W Supermarket

4028 E. Tremont Ave.

Silver Beach Office

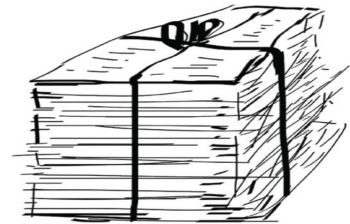
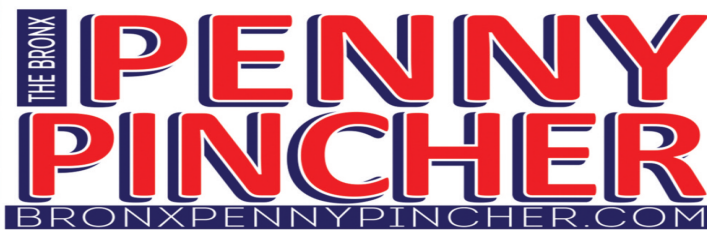
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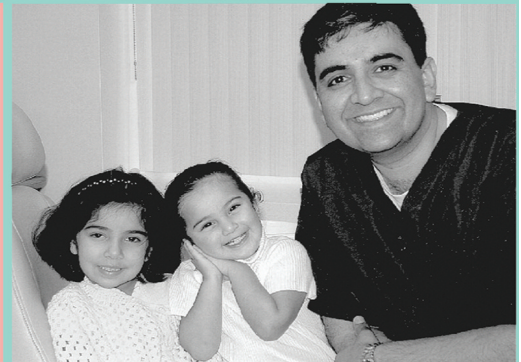
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ON:

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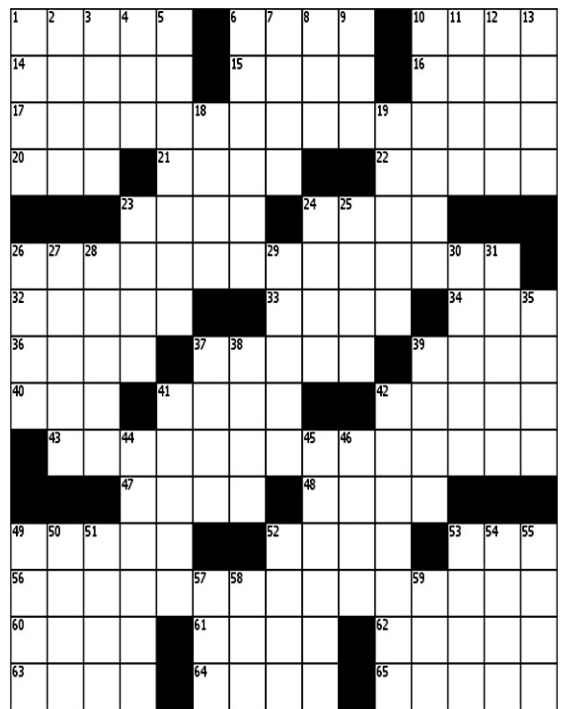
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Across

1. It could be a board member?
6. Midwife's action
10. Pre-storm status
14. Unrivaled
15. Garb for Galba
16. Featured instrument of "Peter and the Wolf"
17. Philip Roth book
20. Suited to the task
21. It's what you may be happy as
22. Election Day goals
23. Top-notch
24. Capricorn, symbolically
26. Certain sale-closing words
32. Samms and Peel
33. Unwonted
34. Remain extant
36. Prison sentences
37. Great deal
39. Geneticist's studies
40. Ship's dir., perhaps
41. Rat tail?
42. Utah mountain range
43. Memorable ballad
47. Klutz's remark
48. British corps.
49. Davidic song
52. Unoriginal one
53. Call to Bo Peep
56. Caesarian delivery?
60. Raison d'___
61. Significant stretches of time
62. Some things for one to do
63. Spray target, perhaps
64. Hardly a veteran
65. Heated conflict

Down

1. Multigenerational story, e.g.
2. Hoofbeat sound
3. Prefix follower
4. Abolish
5. Online journals
6. Typical introduction?
7. Wrestling hold
8. In the past
9. One close to you
10. Regain consciousness
11. "Take a Chance on Me" singers
12. Barbarian
13. Base fare
18. Yin go-with
19. Application
23. Collections of miscellany
24. Black fly
25. Fairy-tale monster
26. "Sommersby" star
27. One from the Gulf of Masirah
28. Urge forward
29. More than peeved
30. Many a pram pusher
31. Sister of Terpsichore
35. Hairy one of Genesis
37. "___ this way!"
38. Bidder's option
39. Archaeological sites
41. Type of boa or serpent
42. Prepare for a change?
44. Dawdled
45. Texas city on the Rio Grande
46. Road, for Caesar
49. "What a relief!"
50. Satisfy completely
51. River through Leeds
52. Way out there
53. Martial artist's pride
54. Doodles
55. "Not only that ..."
57. Badminton need
58. On the wagon
59. Begone beginning



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Real Estate
Sales Person

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Diane Uvaro-Capone
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EDGEWATER PARK, BRONX NY 10465

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SIGNED CONTRACT

CENTURY 21

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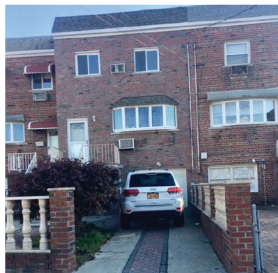
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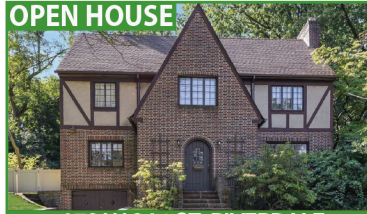
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 Furniture, etc. Limit 2 items Per Ad
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 \$4 Charge To Add Extra Items

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ADDITIONAL CHARGES
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 ALL CAPS \$5
 Centered \$5
 Ad Online \$10

PLEASE INCLUDE PAYMENT or CREDIT CARD INFORMATION WITH YOUR ORDER. ALL INFORMATION KEPT CONFIDENTIAL.

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 Name _____
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 Billing Zip Code _____ Telephone _____
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 Security Code _____ Exp. Date _____

COST OF AD \$ _____
EXTRA WORDS _____
 X .40¢ _____
ADD'L CHARGES _____
TOTAL _____
WEEK OF _____
OF WEEKS _____



COMMUNITY NEWS

ABOUT OUR NEIGHBORHOOD CALENDER OF EVENTS!

Do you have an event that is of interest to your neighborhood?
Excluding Yard & Garage Sales. We will print your event **free of charge**
— ALL NON- PROFIT ORGANIZATIONS WELCOME! —

COMMUNITY MEETING WITH NYPD: The NYPD officers serving your community invite you to a discussion of the public safety challenges in our neighborhood. With Neighborhood policing, the Neighborhood Coordination Officers (NCO's), and the Steady Sector Officers who work with them, have been given more time and opportunity to collaborate with residents in identifying and solving local quality of life conditions and crime concerns. The same officers are assigned to our community each day so these officers learn the neighborhood, its challenges, its potential, and the people who call it home. This is a new way of doing business for the NYPD, and we need your help to make it work. We want to hear from a broad range of voices about what it will take to make all the residents of our neighborhood feel safe and secure. Please join us for what we hope will be a productive discussion.

- Wednesday, January 16th, 2019. Meeting starts at 6:30 P.M. Doors open at 6:00 P.M for light refreshments.
- PS 105, 725 Brady Avenue, Bronx NY 10462.
- Your Sector "B" NCO Officers: Police Officer Butrint Mujaj, Police Officer Jonya McDowell.

BRONX COUNTY CHORUS announces membership auditions for spring 2019. The theme of this May's concert is, Disney, "Dedicated to Disney". It will have selections showcasing music throughout Disney history. Have you thought of joining or auditioning for a chorus? Now is the time to come and try Bronx County Chorus. This spring begins our 80th year so it is the oldest emicidal chorus in the Bronx. Members come from many Bronx and lower Westchester neighborhoods, including Co-op City, Parkchester and Throggs Neck. Come to conveniently located, First Lutheran Church of Throggs Neck, 3075 Baisley Avenue, Bronx 10461, on Monday evening, January 7th or January 13th or 14th. Chorus begins at 7:30 and if you are trying us out come earlier. By coming earlier, you will benefit by meeting the director, Mr. Miles Fellenberg, Assistant Director Chris Aquino and choral members. Requirements are first and foremost, the desire to join a chorus, having some choral or vocal experience and of course it's helpful to be able to read music. For more information, please visit Facebook or our website, <http://www.Bronxcountychorus.org>, or email Bronx County Chorus at: bronxcountychorus@gmail.com.

MARITIME COLLEGE COMMUNITY PROGRAMS WINTER 2019 SWIM AND EXERCISE CLASSES ARE NOW OPEN! Aquatic classes for 5 months-4 years and 5-14 years old. Zumba, Adult Lap Swim, Water Aerobics, Yoga, Bootcamp, Pilates and Family Fun Swim Nights available for teens and adults. Registration Deadline: Thursday, January 3, 2019 for exercise classes and Wednesday, January 16, 2019 for swim classes. Private and semi-private lessons are coming soon! Detailed course description and registration form can be found here <https://communityprograms.coursesform.com>. We can only accept online registrations with credit card payments. Mail-in and Drop-offs are no longer accepted. If you have any questions or concerns, please don't hesitate to contact us by e-mail at cprograms@sunymaritime.edu.

AMVET LADIES AUXILIARY The Amvets Ladies Auxiliary #38 is pleased to announce that their twice-monthly Bingo games will resume now that heat has been restored at their Post. The games for the month of January will be on Monday, January 7th and Monday, January 21st. As always, proceeds go to benefit Veteran's organizations and other worthwhile charities.

JEANNE JUGAN RESIDENCE Please consider donating NEW gift items to Jeanne Jugan Residence located at 2999 Schurz Ave Bronx, New York 10465. These items can be sold annually in our gift shop and Christmas Bazaar. We have a special need for brand new toys. Other items include costume jewelry, gift sets, electronic items specialty items, NEW tagged clothing, accessories and collectibles. We are unable to take VHS, used dish sets, loose glassware/ vases, books. If you have a question about a donation contact Joanne at the Home at 347-329-1800. Drop off week days if possible. PLEASE make sure packages are securely wrapped and labeled GIFT SHOP/JOANNE.

BRONX JEWISH CENTER HISTORY CLASS Starting Monday Jan 21st, the BJC is offering a Jewish History class to the community every Monday night starting at 7:00pm at 1969 Haight Avenue, Bronx NY 10461. Everything you wanted to learn about Jewish history but was afraid to ask. Join us for this easy to follow one hour class every Monday night taught by Rabbi Saadia Pewzner. Light refreshments served.

PSS CITY ISLAND CENTER Stop by picturesque City Island and enjoy the exciting programs offered at our center which is located at 116 City Island Ave. Monday through Friday from 9 am to 3 pm. Experience our exercise classes from gentle yoga stretch, balance class, arthritis workshop and tai chi as well as our vigorous fit for life and cardio fit. We also offer acrylic painting, calligraphy, canasta, health presentations, singing group, and parties! Lunch is served from 12-1, suggested donation \$2.00. We go on shopping trips every day; i.e. Shop Rite, Dollar Tree, Target, Kmart as well as theatre excursions, boat trips, special luncheons and more. It's free to become a member but you must be 60 years or above. For more information contact Patty @ 718.885.0727 or email pattis@pssusa.org for our monthly calendar.

NYPL PELHAM BAY BRANCH LinkedIn For Job Seekers on Thursday, January 10, 2019, 10:30am - 12:30 pm. Learn strategies and tips on how to utilize your LinkedIn account in your job search, including customizing your LinkedIn profile, strategies for determining LinkedIn groups to join, performing basic and advanced job search using LinkedIn, and more. Pre-registration is required. Register In-person, in advance - Please call 718-792-6744, or come in to register. | STAY WELL EXERCISE on Tuesdays, January 15th, 22nd, 29th, 2019 from 10:30AM - 11:30AM. Join us for a fun exercise class for all ability levels! Volunteers trained by the Health Promotion Services unit of NYC's Department for the Aging will lead participants in a well-balanced series of exercises for all ability levels. No special clothing or equipment is necessary. Note: Those participating in the exercises must sign an activity release form. To find out more about these events, visit us at 3060 Middletown Road, Bronx NY 10461 or call 718.792.6744.

MULCHFEST - JANUARY 4-13, 2019 Join NYC Parks and the New York City Department of Sanitation in the NYC holiday tradition of recycling your Christmas tree! Put on your boots and haul your tree to a Mulchfest location — we'll chip your tree into wood chips that we'll use to nourish trees and make NYC even greener. Join us on January 12-13, from 10:00am - 2:00pm, for Chipping Weekend to take home a tree-mento! We'll chip your tree and give you your very own bag of mulch to use in your backyard or to make a winter bed for a street tree. To participate, just look for a chipping site at this link: www.nycgovparks.org/highlights/festivals/mulchfest

"Neighborhood Updates"



Matthew Cruz
District Manager
Bronx Community Board #10
3165 East Tremont Avenue
Bronx, NY 10461
(718) 892-1161
Bx10@cb.nyc.gov

BRONX CB #10 PUBLIC HEARING ON BLONDELL COMMONS

The Blondell Commons application was recently disapproved by Bronx Community Board #11. While this project is physically in CB #11's district, Bronx Community Board #10 represents the overwhelming majority of the Westchester Square community which is why the Department of City Planning accepted our request to render an official opinion. Our public hearing will be on Thursday, January 17 at 7 P.M. at the Jeanne Jugan Residence located at 2999 Schurz Avenue in Throggs Neck. At this hearing, you may register to speak in favor or against. You also have the opportunity to e-mail your testimony to bx10@cb.nyc.gov by January 17 where it will be reflected as part of the official minutes of the public hearing. To learn more about the project and its specifics, please contact me at (718) 892-1161 or the Bronx Department of City Planning at (718) 220-8500. As you know, this small blurb is solely a means for public notification purposes as I am required as District Manager to publicize meetings through channels such as newspapers and our website. To be sure, CB #10 membership will render its official opinion on January 17.

OVERDOSE PREVENTION

In conjunction with the Throggs Neck Community Action Partnership and Bronx Community Board #10, the 45th Precinct is holding a free overdose prevention and naloxone training. Too many of our fellow Bronxites in our own communities are suffering from opioid addiction. This training will give us all a sense of just how to help someone in need and also recognize when they need urgent help by administering naloxone. At this training, you will receive a free naloxone kit. Our Deputy Inspector Carlos Ghonz, of the 45th Precinct, will be delivering the opening remarks. If you or someone you know needs immediate assistance, please contact (888) - NYC-WELL or 692-9355. If you are looking for any additional information, please feel free to contact me as well.

MULCHFEST

In addition to the DSNY's efforts, the NYC Parks Department is holding its annual "MulchFest" on January 12 and January 13 from 10 A.M. to 2 P.M. at the Metropolitan Oval at Metropolitan Avenue and Unionport Road in Parkchester. Those interested in recycling their Christmas tree at this location will receive your own bag of mulch. If you wish to only drop-off your Christmas tree for recycling, you are encouraged to bring it to the Pelham Bay Park parking lot at Middletown Road and Stadium Avenue also from now until January 13 from 10 A.M. to 2P.M.

PLEASE TAKE NOTE: Once your ad has been placed, there will be **NO REFUNDS**. **PLEASE:** Read your ad the first day it appears. If any error was made by The Bronx Penny Pincher on a **TELEPHONE NUMBER OR ADDRESS** the publisher will be happy to correct it **FREE OF CHARGE**. The Publisher is not responsible for typographical errors. However, the Publisher must be notified within 48 hours of THAT publication or the publisher will not assume responsibility. Please include your phone number and/or address in ad copy or the Publisher will not be responsible if either of the above is left out. **PLEASE WRITE LEGIBLY**. We will not be responsible for illegible handwriting.

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COMMUNITY NEWS

F.Y.I. ABOUT OUR NEIGHBORHOOD!
TO ALL NON-PROFIT ORGANIZATIONS
Do you have a Special Event that is of interest to the neighborhood?
PRINT IT IN THE BRONX PENNY PINCHER FREE OF CHARGE!

The Bronx Penny Pincher will print your Community Events!
(NON-PROFIT ORGANIZATIONS ONLY)

SEND YOUR COMMUNITY EVENTS TO:
COMMUNITY NEWS EDITOR
c/o Bronx Penny Pincher
3797 E. Tremont Avenue
Bronx, NY 10465
FAX: 718.828.7974

EVENTS MUST BE FREE OF CHARGE!

All Copy Must Be Received By Monday, 2 Weeks Prior to Your Event, For That Thursday's Publication. The Bronx Penny Pincher Reserves the Right to Refuse Any Copy That is Not in The Best Interest to The Community Only.

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Sale Dates	Jan 7
	Jan 8
	Jan 9
	Jan 10

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PRODUCE

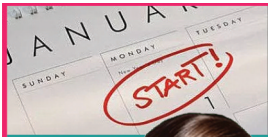
Asparagus \$2.99	Broccoli Crowns 99¢ lb.	Fresh Flat Coint Fresh Blueberries \$2.99	4 Oz Cont Fresh Blackberries \$1.99	Ripe Golden Pineapples \$1.99 ea.	Tommy Atkins Mangoes 99¢ ea.	4 Lb Bag California Navel Oranges \$2.99	2.1 Lb Bag New York State SnappDragon Apples \$2.99	8.4-14.4 Oz Bag Select Varieties Chopped or Premium Dole Salad Kits \$2.99	8 Oz Pkg Sliced Giorgio Portabella Mushroom Caps \$2.99
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Store Prepared Chicken Wings or Assorted Breaded Chicken Tenders \$6.99	12 Oz Cont Pico De Gallo or Calabao Fresh Authentic Guacamole \$5.99	Coliseum, Potato or Macaroni Salad \$2.49	6.25-11.5 Oz Bag Assorted Snack Factory Pretzel Crisps 2/\$5	1.75-4.5 Oz Bag Assorted Doritos Tortilla Chips 2/\$5	1.75-4.5 Oz Bag Assorted Rold Gold Pretzels 2/\$5	4.16-8.33 Oz Bag Assorted Domino Sugar \$1.99	5 Fl Oz Btl Assorted Wish-Bone Dressing 5/\$5	20 Lb Bag Urban Meadow Rice \$8.99	128 Fl Oz Cont Corn or Vegetable Crisco Oil \$5.99
84 Fl Oz Btl Assorted Drinks or Snapple Iced Tea 3/\$5	14.1 Oz Btl Assorted Canada Dry 2 Liter 4/\$4	14.1 Oz Btl Assorted Founders 15 Pack \$17.99	12.2 Fl Oz Pkg Assorted Corona or Heineken 6 Pack \$9.99	15-16.3 Oz Jar Assorted Chicken Of The Sea Solid White Tuna 5/\$5	5.0 Oz Can In Water or Oil Bumble Bee Pink Salmon \$2.99	14.75 Oz Can Goya Beans 5/\$4	15.5 Oz Can Red Kidney, Black, Pink, Small Red, Chick Pea, Roman, White, Dark Kidney or Pinto (Excludes: Low Sodium) Goya Tomato Sauce 6/\$2	8.5 Oz Can Original or Low Sodium Goya Tomato Sauce 6/\$2	128 Fl Oz Cont Assorted Prego Pasta Sauce 3/\$5
14 Fl Oz Btl Assorted Non-Dairy Desserts, Gelato, Sorbet, Frozen Yogurt, Trinos or Haagen-Dazs Ice Cream 3/\$10	6.25-5.0 Oz Pkg Assorted Entenmann's Full Line Sale! 2/\$7	14.3 Oz Pkg Original Rebelle (Strawberry, Raspberry, Lemon, Orange, Vanilla, Fudge Swirl, Cookies) 2/\$5	15-16.3 Oz Jar Assorted Oreo Cookies 2/\$5	15-16.3 Oz Jar Assorted Peter Pan Peanut Butter 2/\$4	18.5-19 Oz Can Assorted Progresso Rich & Hearty Soup 3/\$4	14.3 Oz Can Assorted Quaker Instant Oatmeal 2/\$5	18 Oz Cont Quaker or Old Fashioned (Excludes: Gluten Free) Quaker Oats 2/\$4	15 Oz Cont Quaker or Old Fashioned (Excludes: Gluten Free) Quaker Oats 2/\$4	15 Oz Cont Quaker or Old Fashioned (Excludes: Gluten Free) Quaker Oats 2/\$4
9-10 Oz Bag Assorted Lean Cuisine Favorites 5/\$5	9-10 Oz Bag Assorted Urban Meadow Vegetables 5/\$5	12-32 Oz Pkg Assorted Ore-Ida Potatoes 2/\$6	12-32 Oz Pkg Assorted Amy's Full Line Sale! 25% OFF!	12 Double Roll Pack... White or 18 Double Roll Pack... Comfort Plus Scott Bath Tissue or 6 Big Roll Pack Regular or Choose A Size Variants \$6.99	122.5-150 Fl Oz Cont Assorted Arm & Hammer Laundry Detergent \$5.99	15.28 Oz Can Chock full o' Nuts Coffee \$6.99	12 Count Box Chock full o' Nuts Coffee \$5.99	12 Count Box Chock full o' Nuts Coffee \$5.99	12 Count Box Chock full o' Nuts Coffee \$5.99



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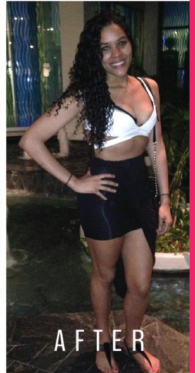
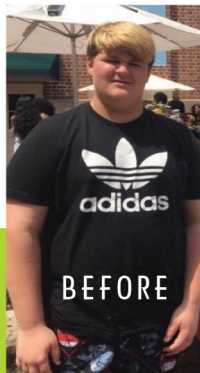
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11.45 AM - 12.30 PM	Family Zumba
12:00 PM - 12:45 PM	Ballet/Tap 6 Yrs
12:10 PM - 1.00PM	Basketball 5-6 Yrs
12:45 PM - 1:30PM	Ballet/Tap 7-12 Yrs
12.45 PM- 1.45 PM	Blood Pressure Screening
1.05 PM - 1.55 PM	Family Swim
1:10 PM - 2.00PM	Basketball 7-9 Yrs
2:10 PM - 3:00PM	Basketball 10-13Yr

11.00 AM-3.00 PM - Information table for Camp, Swim, Art, Sports Classes, Personal Training, Weight Loss Program, New American Welcome Center, and health and banking vendors.

For more information, please contact us at iyerb@ymcanyc.org or 212.912.2490.

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