

THE BRONX

PENNY PINCHER

BRONXPENNYPINCHER.COM
 3797 E TREMONT AVE. BRONX, NY 10465
 T: (718) 828-1104 | F: (718) 828-7974
January 17 - 23, 2019
Volume 3
 THROGGS NECK/PELHAM BAY
 AND COUNTRY CLUB




SPECIALS

2 LARGE REGULAR CHEESE PIES FOR \$19.99 (MON, TUES, WED)

2 LARGE REGULAR CHEESE PIES FOR \$19.99 OR
 2 LARGE PEPPERONI PIES FOR \$24.99 (SUNDAYS ONLY)

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TO:

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 PELHAM BAY
 (BY CROSBY AVENUE)**

ON:

JANUARY 28, 2019

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 CAN STILL FIND US AT:**

3797 EAST TREMONT AVE.



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718.828.1104

Candy Cane Cocoa

Ingredients

4 cups milk

3 (1 ounce) semisweet chocolate, chopped

4 peppermint candy canes, crushed

1 cup whipped cream

4 small peppermint candy canes



Directions

In a saucepan, heat milk until hot, but not boiling. Whisk in the chocolate and crushed peppermint candies until melted and smooth. Pour hot cocoa into four mugs, and garnish with whipped cream. Serve each with a candy cane stirring stick.

PRUZZO'S SUPERMARKET & GOURMET DELI

2937 WESTCHESTER AVENUE

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<p>(EXCLUDING PLUS VARIETIES) BARILLA PASTA 12-16 Oz. Boxes 4\$5 FOR 2</p>	<p>PROGRESSO VEGETABLE CLASSICS SOUPS 18-19 Oz. CANS 4\$5 FOR 2</p>	<p>BREAD, BLEACHED OR UNBLEACHED PILLSBURY ALL PURPOSE FLOUR 5 LB. BAGS 2\$49</p>	<p>GLADE SOLID AIR FRESHENER 6 Oz. CNTR. 99¢</p>
<p>EXCLUDING DECAF • CAFE BUSTELO • CAFE PILON 10 Oz. CANS 3\$99</p>	<p>BLEND; OR OCEAN SPRAY 100% CRANBERRY JUICE 60 Oz. BTL. 2\$5 FOR 2</p>	<p>CIDER; CLEAR OR COUNTRY STYLE KRASDALE APPLE JUICE 64 Oz. BTL. 2\$3 FOR 3</p>	<p>SIMPLY LEMONADE 52 Oz. BTL. 2\$99</p>
<p>ASSORTED VARIETIES (EXCLUDING DECAF & HAZELNUT) FOLGERS COFFEE 10.3-11.3 Oz. CNSTR. 2\$99</p>	<p>REGULAR SLICED POTATOES, SLICED CARROTS, SMALL WHOLE BEETS, CUT OR SLICED BEETS, SWEET PEAS, MIXED VEGETABLES, CREAM STYLE CORN, REGULAR OR NATURALS; CUT GREEN BEANS, OR WHOLE KERNEL LIBBY'S CORN 14.5-15.25 Oz. CANS 4\$3 FOR 3</p>	<p>HEINZ EASY SQUEEZE KETCHUP 20 Oz. BTL. 1\$99</p>	<p>CREAM OF RICE CEREAL 14 Oz. Box 2\$5</p>
<p>GLACIER FREEZE, LEMON LIME, ORANGE, OR FRUIT PUNCH GATORADE THIRST QUENCHER 64 Oz. BTL. 2\$5 FOR 2</p>	<p>ASSORTED VARIETIES DAWN DISH LIQUID 8 Oz. BTL. 99¢</p>	<p>*PLUS DEPOSIT: IN NY, CT, ME POLAND SPRING WATER 24 Pk. 16.9 Oz. BTL. 4\$99</p>	<p>CREAM OF RICE CEREAL 14 Oz. Box 2\$5</p>
<p>MARUCHAN INSTANT LUNCH 2.15-2.5 Oz. CUPS 2\$1 FOR 2</p>	<p>ALOE VERA OR SALUTTI ALOE VERA DRINK 1.5 LTR. BTL. 1\$99</p>	<p>9 LIVES CAT FOOD 4 Pk. 3.5 Oz. CANS 3\$4 FOR 3</p>	<p>CREAM OF RICE CEREAL 14 Oz. Box 2\$5</p>
<p>ASSORTED VARIETIES NABISCO OREO COOKIES 10.1-15.35 Oz. Pkg. 3\$49</p>	<p>PARKAY SPREAD 41-48 Oz. TUBS 2\$99</p>	<p>GLADE CANDLES 3.4 Oz. JAR 2\$99</p>	<p>CREAM OF RICE CEREAL 14 Oz. Box 2\$5</p>

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SALE STARTS FRIDAY, JAN 18 THRU JAN 24

THE BRONX
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718-828-1104

CLASSIFIED FORM

SUBMISSION DEADLINE: WEDNESDAY AT 11 AM
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COST OF AD \$ _____
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Holy Spirit, you who make me see everything and show me the way to reach my ideal. You who give me the divine gift to forgive and to forget the wrong that is done to me and you who are in all instances of my life with me, I in this short dialogue want to thank you for everything and confirm once more that I never want to be separated from you no matter how great material desires may be. I want to be with you and my loved ones. Persons must say this prayer for 3 consecutive days without asking your wish. After third day your wish will be granted no matter how difficult it may be. Promise to publish this dialogue as soon as your favor has been granted.
-G.P.

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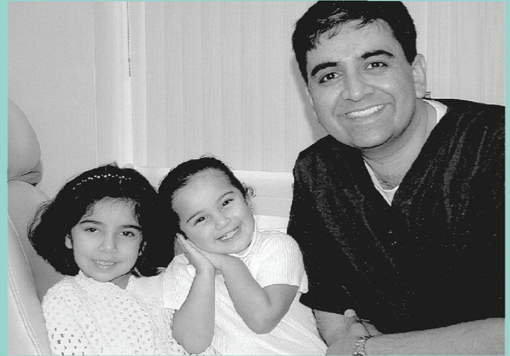
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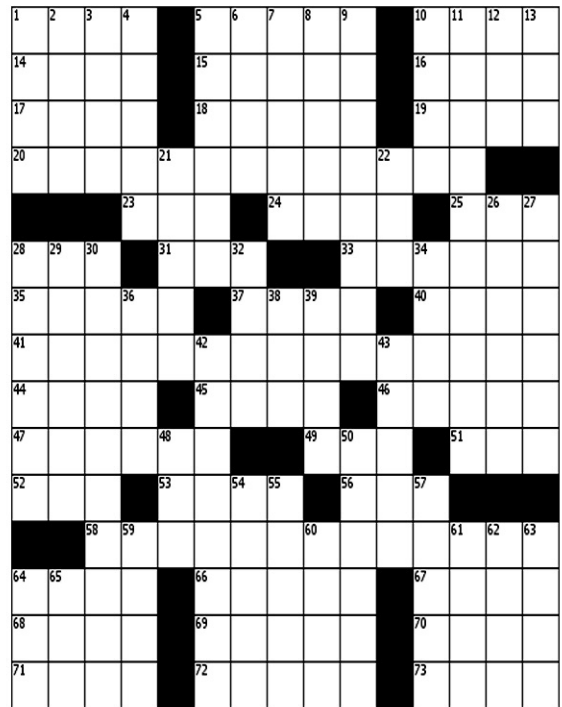
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CROSSWORD



Across

1. Revenue offset
5. Old Iranian rulers
10. Cook over hot coals
14. Barber's medium
15. Hayes of theater
16. S4 auto maker
17. Chicken ____
18. Arm bones
19. Person putting on airs
20. Victory lap preceder
23. Large playing marble
24. Filled (with)
25. Life insurance factor
28. Like a wet hen
31. Hwys.
33. Bush and Ashley
35. Of value
37. Darth Vader's son
40. USB connection
41. Becoming less proficient
44. Atahualpa, for one
45. On the peak
46. "Tomorrow" musical
47. Basket maker
49. Container for some breath mints
51. Gp. concerned with genealogy
52. Dust ruffle location
53. Talking bird
56. Bill, the Science Guy
58. Collection of lures
64. Pastural lows
66. ____ Saxon
67. Variety of agate
68. Ripped
69. Second showing
70. Traditional knowledge
71. Election action
72. "I'm game!"
73. She sheep

Down

1. "Blondie" creator Young
2. Sworn statement
3. Large or small
4. Plot of land
5. Exceedingly clever
6. Listen to
7. Rot-resistant wood
8. Alpine heroine
9. Cold symptom
10. Hispanic house
11. Stayed on
12. Hubbub
13. Adam gave up one
21. Singing Carpenter
22. Meadow
26. "Bad Education" actor Gael ____ Bernal
27. Bible book named after a woman
28. Hardheaded
29. Immediately
30. Unease
32. Opening for coins
34. Informed about
36. Perjuring witness
38. Family card game
39. Maintained
42. His monkey business on the Monkey Business got him in trouble
43. "Delta Dawn" singer Tucker
48. Double ens
50. Utter slowly and seriously
54. Phonetic alphabet number
55. Worked up
57. Paris's ____ de Médecine
59. Words after "hmmm"
60. Dejected
61. Understand, as a language
62. Instrument in a U-shaped frame
63. Former mates
64. "Punk'd" network
65. Tic-tac-toe winner

CENTURY 21

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EDGEWATER PARK CO-OP

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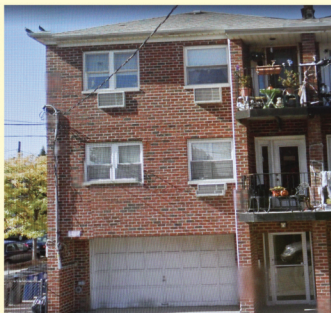
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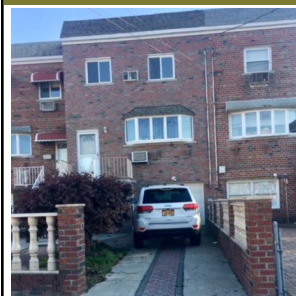
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AMVET LADIES AUXILIARY The Amvets Ladies Auxiliary #38 is pleased to announce that their twice-monthly Bingo games will resume now that heat has been restored at their Post. The games for the month of January will be on Monday, January 21st. As always, proceeds go to benefit Veteran's organizations and other worthwhile charities.

JEANNE JUGAN RESIDENCE Please consider donating NEW gift items to Jeanne Jugan Residence located at 2999 Schurz Ave Bronx, New York 10465. These items can be sold annually in our gift shop and Christmas Bazaar. We have a special need for brand new toys. Other items include costume jewelry, gift sets, electronic items specialty items, NEW tagged clothing, accessories and collectibles. We are unable to take VHS, used dish sets, loose glassware/ vases, books. If you have a question about a donation contact Joanne at the Home at 347-329-1800. Drop off week days if possible. PLEASE make sure packages are securely wrapped and labeled GIFT SHOP/JOANNE.

BRONX JEWISH CENTER HISTORY CLASS Starting Monday Jan 21st, the BJC is offering a Jewish History class to the community every Monday night starting at 7:00pm at 1969 Haight Avenue, Bronx NY 10461. Everything you wanted to learn about Jewish history but was afraid to ask. Join us for this easy to follow one hour class every Monday night taught by Rabbi Saadia Pewzner. Light refreshments served.

PSS CITY ISLAND CENTER Stop by picturesque City Island and enjoy the exciting programs offered at our center which is located at 116 City Island Ave. Monday through Friday from 9 am to 3 pm. Experience our exercise classes from gentle yoga stretch, balance class, arthritis workshop and tai chi as well as our vigorous fit for life and cardio fit. We also offer acrylic painting, calligraphy, canasta, health presentations, singing group, and parties! Lunch is served from 12-1, suggested donation \$2.00. We go on shopping trips every day; i.e. Shop Rite, Dollar Tree, Target, Kmart as well as theatre excursions, boat trips, special luncheons and more. It's free to become a member but you must be 60 years or above. For more information contact Patty @ 718-885-0727 or email pattis@pssusa.org for our monthly calendar.

THE EXPLORER'S CLUB: FIRE MAKING Saturday, January 19, 2019, 1:00 p.m.–2:30 p.m. To be an explorer, you need navigation skills, a sense of curiosity, survival skills, and environmental responsibility. Collect one stamp at each Explorer's Club program to earn a prize. Learn the basics of fire building with the Rangers to earn your survival skills stamp. Van Cortlandt Nature Center in Van Cortlandt Park. Cost is Free. Event Organizer: Urban Park Rangers, (718) 548-0912.

MLK DAY OF SERVICE Monday, January 21, 2019, 9:00 a.m.–12:00 p.m. Join NYC Parks Stewardship as we celebrate the legacy of Rev. Dr. Martin Luther King Jr.! MLK Day is a nationally-observed day of service where people all over the country come together to volunteer and improve their communities. Join us on January 21 as volunteers work citywide to make parks greener, cleaner, and healthier environments for all to enjoy! Come dressed in clothes that can get dirty, warm layers, durable boots or sneakers, and bring a water bottle. Volunteers under the age of 18 must be accompanied by a chaperone. Please note: Space is limited and registration is required. Event Organizer: Stewardship Team, (718) 392-5232, mary.hanchar@parks.nyc.gov

NORTHEAST BRONX SENIOR CENTER Located at 2968 Bruckner Blvd, in the basement of St. Benedict's Parish. Open Monday through Friday from 9am-4pm. Lunch is served daily at 12 noon. A voluntary contribution is appreciated. Daily social and cultural activities including bingo, dancing, glee club, exercise class, trips and much more. We have blood pressure screening once a week. A case worker is available to help seniors access entitlements and benefits. Registrations is required with no fee. Seniors must be at least 60 years old.

UNLOCKING YOUR PENCIL'S POTENTIAL Saturday, January 19, 2019, 11:30 a.m.–1:30 p.m. Participants will learn the following: •Art and the Basics of Shade •Perspective •Creating a 3D Effect. For young adults and adults of all ages. Poe Park Visitor Center in Poe Park, 2640 Grand Concourse, Bronx. Cost is Free. Contact Poe Visitor Ctr, 718.365.5516, Lucy.Aponte@parks.nyc.gov

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NYPL PELHAM BAY BRANCH STAY WELL EXERCISE on Tuesdays, January 15th, 22nd, 29th, 2019 from 10:30AM - 11:30AM. Join us for a fun exercise class for all ability levels! Volunteers trained by the Health Promotion Services unit of NYC's Department for the Aging will lead participants in a well-balanced series of exercises for all ability levels. No special clothing or equipment is necessary. Note: Those participating in the exercises must sign an activity release form. To find out more, visit us at 3060 Middletown Road, Bronx NY 10461 or call 718.792.6744.

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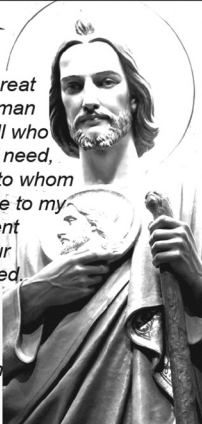
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COMMUNITY F.Y.I. ABOUT OUR NEIGHBORHOOD! NEWS

TO ALL NON-PROFIT ORGANIZATIONS
Do you have a Special Event that is of interest to the neighborhood?
**PRINT IT IN THE BRONX PENNY PINCHER
FREE OF CHARGE!**

The Bronx Penny Pincher will print your Community Events!
(NON-PROFIT ORGANIZATIONS ONLY)

**SEND YOUR COMMUNITY EVENTS TO:
COMMUNITY NEWS EDITOR
c/o Bronx Penny Pincher
3797 E. Tremont Avenue
Bronx, NY 10465
FAX: 718.828.7974**

EVENTS MUST BE FREE OF CHARGE!

All Copy Must Be Received By Monday, 2 Weeks Prior to Your Event, For That Thursday's Publication. The Bronx Penny Pincher Reserves the Right to Refuse Any Copy That is Not in The Best Interest to The Community Only.

The Bronx Penny Pincher will not be responsible for any four color discrepancies that may occur when electronic materials are printed. The Bronx Penny Pincher cannot be held accountable for any change that may occur in color quality or match.

REACH THOUSANDS OF READERS WITHOUT EVER LEAVING YOUR HOME. FAX YOUR CLASSIFIED ADS TO THE BRONX PENNY PINCHER AT 718-828-7974. VISA, MASTER CARD, AMERICAN EXPRESS AND DISCOVER ACCEPTED. PLEASE INCLUDE YOUR NAME AND PHONE NUMBER. DEADLINE IS WEDNESDAY AT 12 NOON.

"Neighborhood Updates"



Matthew Cruz
District Manager
Bronx Community Board #10
3165 East Tremont Avenue
Bronx, NY 10461
(718) 892-1161
Bx10@cb.nyc.gov

FERRY SERVICE IN THROGGS NECK!

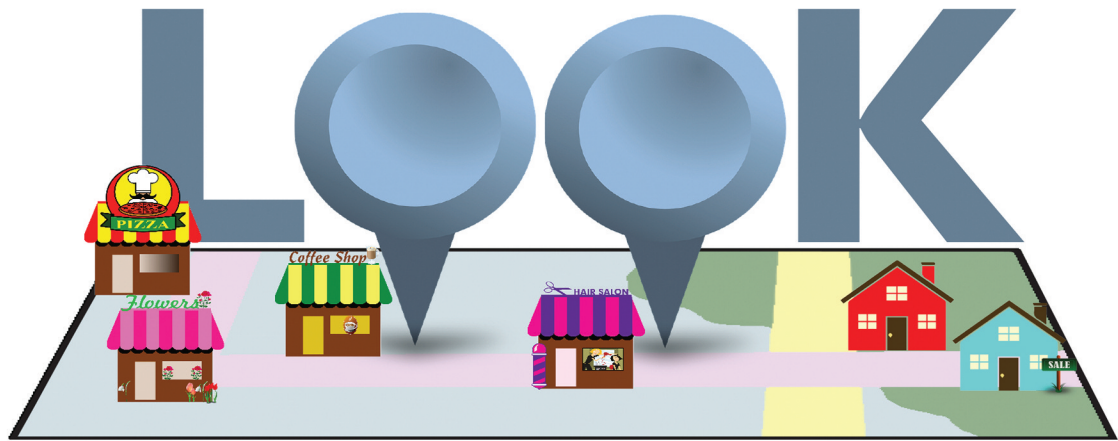
By now you have heard the great news. Mayor de Blasio proposed Ferry Service for Ferry Point Park in Throggs Neck. On behalf of Bronx Community Board #10, we thank the City of New York for what was a wish of ours for many years. It is slated to open in 2021. However, as community stakeholders and leaders, we must remain vigilant. Many residents deserve this vital means of transportation and the sooner the better. Our community has one of the longest commute times to Manhattan. Bronx Community Board #10 will monitor its implementation!

FREE SMOKE ALARM BATTERIES AT CB #10

The New York City Fire Department delivered smoke alarm batteries to my office. If you wish to have one, please visit us at 3165 East Tremont Avenue. Our office is opened Monday through Friday between the hours of 9 A.M. and 5 P.M. While you are in my office, please feel free to pose a comment, question or suggestion to myself or my staff. Please be sure to ask for information on any upcoming community events, neighborhood association meetings and/or Bronx Community Board #10 committee or Full Board meetings.

NOTIFY NYC

While Community Boards certainly do its part in disseminating information from the City, it is up to us as residents to register ourselves and our loved ones for instant notifications from our City during an emergency. Notify NYC, administered by NYC Emergency Management, is the City of New York's official source for information about City services and resources during emergencies. Notify NYC alerts you to public transit delays, vehicular collisions on highways and impending weather-related events that may affect school closures, City services or daily travel. If you wish to register, please call 3-1-1. If you wish to register online, please visit www.nyc.gov/notifynyc. You can also download the free "Notify NYC" mobile application on your smart phone and/or tablet.



We are all over **YOUR** neighborhood!
Pick up a Penny Pincher at these Amazing Locations!

Chase Bank

3528 E. Tremont Ave.

Crosby Pet

1626 Crosby Ave.

Crosstown Diner

2880 Bruckner Blvd.

Barino's Market

3244 Ampere Ave.

Bronx Pizzeria

3579 E. Tremont Ave.

Giordano's "Big G"

1554 Paulding Ave.

Key Food

3151 Westchester Ave.

Key Food

2722 E. Tremont Ave.

Pruzzo's Supermarket

2937 Westchester Ave.

Monte Grab&Go Market

1790 Eastchester Rd.

Ruane's Deli

2 Centre Edgewater Pk. Dr.

S&W Supermarket

4028 E. Tremont Ave.

Silver Beach Office

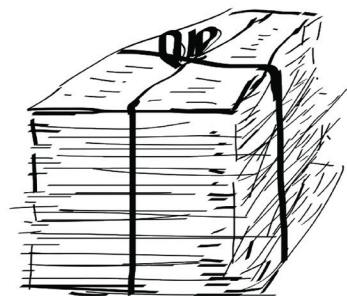
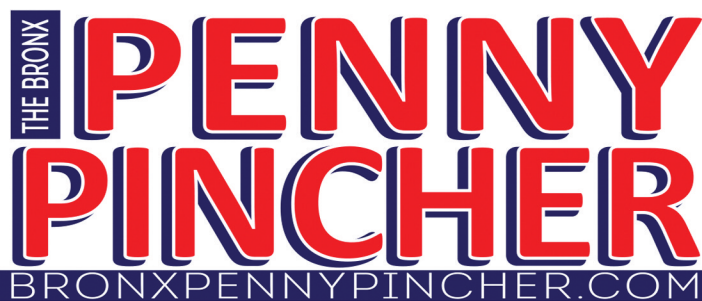
1 Plaza Place

Sweeney's Deli

3136 Miles Avenue

TJ Lizzy's Deli

3009 Harding Ave.





Sale Dates	Jan 7
	Jan 8
	Jan 9
	Jan 10

3151 WESTCHESTER AVE. 2722 E. TREMONT AVE.
 1231 PLHAM BAY SECTION IN WESTCHESTER SQUARE AREA 1327

Free Parking!	STOCKING HOURS MONDAY-SATURDAY 7 A.M. - 10 P.M. SUNDAY 7 A.M. - 9 P.M.	STOCKING HOURS MONDAY-SATURDAY 8 A.M. - 9 P.M. SUNDAY 8 A.M. - 8 P.M.	DELIVERY SERVICE AVAILABLE
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 Visit Our Full Service Deli Department!



MEAT FRESH MEAT CUT DAILY ON PREMISES • ALL OUR BEEF IS USDA CHOICE OR BETTER!

<p>USDA Choice Beef Shoulder or Sugardale Bacon</p> <p>Top Round London Broil</p> <p>\$2.99 lb.</p>	<p>USDA Choice Beef Boneless</p> <p>Bottom Round Roast</p> <p>\$2.99 lb.</p>	<p>14 Oz Pkg Assorted Sabrett Beef Franks</p> <p>\$3.99</p>	<p>Bone-In... Country Style or Fresh... Family Pack</p> <p>Pork Spareribs</p> <p>\$1.99 lb.</p>	<p>Boneless Center Cut Pork Chops</p> <p>\$2.99 lb.</p>	<p>Grade A Fresh California</p> <p>Perdue Chicken Drumsticks or Thighs</p> <p>\$1.99 lb.</p>	<p>2 1/2 Oz. Bag, 14-40 Count Per Lb. Case Pack</p> <p>AquaStar Raw Shrimp</p> <p>\$12.99</p>	<p>10 Oz Cont</p> <p>AquaStar Shrimp Ring</p> <p>\$5.99</p>
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PRODUCE

<p>Asparagus</p> <p>\$2.99 lb.</p>	<p>Fresh Broccoli Crowns</p> <p>99¢ lb.</p>	<p>Dry Flat Corn Fresh Blueberries</p> <p>\$2.99 lb.</p>	<p>4 Oz Cont Fresh Blackberries</p> <p>\$1.99 lb.</p>	<p>Ripe Golden Pineapples</p> <p>\$1.99 ea.</p>	<p>Tommy Atkins Mangoes</p> <p>99¢ ea.</p>	<p>4 Lb Bag Navel Oranges</p> <p>\$2.99</p>	<p>2 1/2 Lb Bag Select Apples</p> <p>\$2.99</p>	<p>8.4-14.4 Oz Bag Select Varieties Chopped or Premium</p> <p>Dole Salad Kits</p> <p>\$2.99</p>	<p>8 Oz Pkg Sliced Whole or Sliced</p> <p>Giorgio Portabella Mushroom Caps</p> <p>\$2.99</p>
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DELI WE PROUDLY OFFER BOAR'S HEAD BRANDED PRODUCTS

<p>Raised With No Antibiotics Ever 100% All Natural Traditional or Flavored</p> <p>Tyson Rotisserie Chickens</p> <p>\$6.99 ea.</p>	<p>Made From Pasteurized Cow Milk</p> <p>McCadam Muenster Cheese</p> <p>\$4.99 lb.</p>	<p>Imported From Italy</p> <p>Boar's Head Pecorino Romano</p> <p>\$5.99 lb.</p>	<p>10 Oz Cont Assorted</p> <p>Boar's Head Low Sodium Ham</p> <p>\$8.99 lb.</p>	<p>10 Oz Cont Assorted</p> <p>Boar's Head Hummus</p> <p>2/\$7</p>	<p>16.24 Oz Pkg Assorted (Excludes: Sun Dried Organic Bread)</p> <p>Kretschmar Low Sodium Turkey Breast</p> <p>\$3.99 lb.</p>	<p>Reduced Fat Swiss, Reduced Sodium Muenster or Yellow or White American</p> <p>Alpine Lace Cheese</p> <p>\$7.99 lb.</p>
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Playoff Headquarters!

<p>Store Prepared</p> <p>Chicken Wings or Assorted Breaded Chicken Tenders</p> <p>\$6.99 lb.</p>	<p>12 Oz Cont Pico De Gallo or Calabro Fresh Authentic Guacamole</p> <p>\$5.99</p>	<p>6.5-7.2 Oz Pkg Assorted</p> <p>Snack Factory Pretzel Crisps</p> <p>2/\$5</p>	<p>6.25-11.5 Oz Bag Assorted</p> <p>Doritos Tortilla Chips</p> <p>2/\$5</p>	<p>1.94-4.1 Oz Bag Assorted (Excludes: Raspberry & Lemon)</p> <p>Wise Potato Chips</p> <p>\$1.88 lb.</p>	<p>4 Lb Bag (Excludes: Cansister)</p> <p>Domino Sugar</p> <p>\$1.99</p>	<p>3 Fl Oz Btl Assorted</p> <p>Wish-Bone Dressing</p> <p>5/\$5</p>	<p>20 Lb Bag Parboiled</p> <p>Urban Meadow Rice</p> <p>\$8.99</p>
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<p>64 Fl Oz Btl Assorted Drinks or Snapple Iced Tea</p> <p>3/\$5</p>	<p>12 Oz Cont 7UP, A&W, Country Time, Sunny D, Fanta, Hawaiian Punch, Sprite, Diet Coke, Dr. Brown's or Canada Dry 2 Liter</p> <p>4/\$4</p>	<p>14.8 Fl Oz Pkg Assorted (Excludes: Sun Dried Organic Bread)</p> <p>Barilla Pasta</p> <p>5/\$5</p>	<p>16.5-14.4 Oz Can Assorted (Excludes: Sun Dried Organic Bread)</p> <p>Tutturoso Tomatoes</p> <p>5/\$5</p>
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<p>40.6 Fl Oz Pkg Nestle Pure Life Water 24 Pack</p> <p>3/\$10</p>	<p>180 Fl Oz Pkg All Day, Confemial IPA or Pilsner</p> <p>Founders 15 Pack</p> <p>\$17.99</p>	<p>22 Fl Oz Pkg 12 Oz Assorted Beer</p> <p>Corona or Heineken 6 Pack</p> <p>\$9.99</p>	<p>5 Oz Can In Water or Oil</p> <p>Chicken Of The Sea Solid White Tuna</p> <p>5/\$5</p>	<p>14.75 Oz Can Bumble Bee Pink Salmon</p> <p>\$2.99</p>	<p>15.5 Oz Can Red Kidney, Black, Pink, Small Red, Chick Pea, Roman, White, Dark Kidney or Pinto (Excludes: Low Sodium)</p> <p>Goya Beans</p> <p>5/\$4</p>	<p>8.5 Oz Can Original or Low Sodium</p> <p>Goya Tomato Sauce</p> <p>6/\$2</p>
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<p>14 Fl Oz Btl Assorted Non-Dairy Desserts, Gelato, Sorbet, Frozen Yogurt, Trinos or Haagen-Dazs Ice Cream</p> <p>3/\$10</p>	<p>6.25-5.0 Oz Pkg Assorted Entenmann's Full Line Sale!</p> <p>2/\$7</p>	<p>14.3 Oz Pkg Original</p> <p>Oreo Cookies</p> <p>2/\$5</p>	<p>15-16.3 Oz Jar Creamy, Crunchy or Creamy Honey Baked or Simply Ground: Original or Honey Roasted</p> <p>Peter Pan Peanut Butter</p> <p>2/\$4</p>	<p>18.5-19 Oz Can Assorted</p> <p>Progresso Rich & Hearty Soup</p> <p>3/\$4</p>	<p>14.8 Fl Oz Can Assorted (Excludes: White Bread)</p> <p>Chief Bayouville Pasta</p> <p>10/\$10</p>	<p>18.5-19 Oz Can Assorted</p> <p>Arm & Hammer Laundry Detergent</p> <p>\$5.99</p>
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We reserve the right to limit quantities to one can or package on sale items. Items offered for sale are not available in case lots. Alcoholic beverages may not be available in all locations. We are not responsible for typographical errors. Some Items Not Available in All Locations.

Time to redeem YOUR EARNED 10% OR 20% discount!

REDEMPTION PERIOD: 01/04/19 - 01/17/19

DISCOUNT MAY ONLY BE APPLIED TO ONE (1) FUTURE SHOPPING ORDER OF YOUR CHOICE EXCLUDES ITEMS PROHIBITED BY LAW SUCH AS MILK, BEER, TOBACCO, AND GIFT CARDS. YOUR DISCOUNT MUST BE RECEIVED BY JANUARY 17, 2019 FOR PARTICIPATION INFORMATION CONTACT YOUR LOCAL STORE.

Breakfast Savings!

52 Fl Oz Cont Assorted (Excludes: Organic)

Tree Ripe Orange Juice

2/\$5

Assorted 2.5-3 Oz Cont Conventer or Traditional

Dannon Light & Fit Greek or Full of the Bottom, Creamy or Full Cream or Traditional

Yogurt Drinks

10/\$10

1 Dozen Cris

Eggland's Best Large Brown Organic Eggs

\$3.99

64 Fl Oz Btl Assorted Almond, Cashew, Coconut or Silk

Soy Milk or Coconut Milk

2/\$6

15.5 Oz Medley Crunch Honey Nut Cereal

General Mills Cereal

2/\$5

14.8 Fl Oz Can Assorted (Excludes: White Bread)

Kellogg's Cereal

4/\$8

8.5-15.1 Oz Pkg Assorted (Excludes: Protein, High Fiber, Salted and Warm & Creamy)

Quaker Instant Oatmeal

2/\$5

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| SHELL STEAKS | | \$9.99 LB. |
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THIS IS INSANE
 6 lbs. Chicken (2)
 2 lbs. Italian Sausage
 1 lb. Chicken Cutlets
 2 lbs. CC Pork Chops
 2 lbs. Chuck Chop
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\$44.99

THE BEST OF EVERYTHING
 1 Top Round London Broil (1")
 1 lb. Veal Cutlets
 1½ lbs. Chicken Cutlets
 6 Pcs. CC Pork Chops
 1½ lbs. Sirloin Chop Meat
ALL THIS FOR
\$55.95

HERE'S THE BEEF
 2 lbs. London Broil
 2 lbs. Chuck Filet
 2 lbs. Beef Stew
 2 lbs. Sandwich Steak
 2 lbs. Chuck Chop
ALL THIS FOR
\$57.99

VARIETY PACK
 1 lb. Veal Cutlets
 2 lbs. Chicken Cutlets
 2 lbs. Spare Ribs
 2 lbs. CC Pork Chops
 2 lbs. Beef Stew
 2 lbs. Chuck Chop
ALL THIS FOR
\$59.99

CADILLAC PLAN
 2 lbs. Chuck Filet 2 lbs. Club Steak
 2 lbs. Sh. London Broil 2 lbs. Chicken Legs
 2 lbs. Chicken Cutlets 2 lbs. Chicken Breasts
 2 lbs. Sh. Lamb Chops 2 lbs. Chuck Chop
 2 lbs. Beef Stew 2 lbs. Sausage
 2 lbs. Shell Steak 2 lbs. CC Pork Chops
ALL THIS FOR **\$149.99**

COLD CUT FEAST
 1 LB. HORMEL HAM
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Bay Park



Center For Nursing & Rehabilitation



801 Co-Op City Boulevard

Bronx, NY 10475

PHONE: 718.239.6555

FAX: 718.239.6553

Bay Park Center provides high quality, skilled nursing care in a nurturing environment. Our long standing records of excellence and ongoing initiatives to expand and improve our facilities and services have earned us an outstanding reputation in the community. Today, we have grown to become one of the most comprehensive, full service facilities of our kind in the area.

Our admissions office will be more than happy to answer any questions and help you decide if Bay Park Center is right for you or your loved one. Please feel free to contact us at 718-239-6555 to have any questions answered or schedule a tour. You can also find us on our website at www.bayparkcenterfornursing.com

Programs and Treatments offered at Bay Park:

Special Services

- IV Fluids
- IV Antibiotics
- Diabetes Management
- Hospice/Palliative Care
- Respite Care

Respiratory Treatments

- Oxygen Therapy
- Tracheostomy Care
- Bi-Pap/C-PAP
- Suctioning

Skin/Ulcer Treatments

- Negative Pressure Therapy (Wound Vac)
- Pressure Reducing Devices
- Nutrition and Hydration Interventions
- Ulcer Care
- Surgical Wound Care

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- Alzheimer's/Dementia Program
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