



The NewsHopper furnished FREE, because of the advertisers. Please let them know you appreciate it.

First Copy FREE, subsequent copies \$1 per copy.

Vol. 20 • Issue 03

Sat., January 19, 2019

NEWSHOPPER

FREE

PRST STD
U.S. Postage
PAID
Brainerd, MN
ZIP CODE 56401
Permit No. 681

PO Box 562, Ironton 56455 • By Appointment Only
218-772-0300 • 218-821-1393

email: hopper@crosbyironton.net
www.newshopper.net

WHAT'S INSIDE

OBITUARIES
PAGES 2 & 3

READER RIBBETS
PAGE 3

CLASSIFIEDS
PAGE 4

COMMUNITY EVENTS
PAGE 5

Over 200 families in Aitkin served by food ministry



It requires about forty volunteers to distribute food for Ruby's Pantry at the Journey North church in Aitkin.

By ANN SCHWARTZ

On a bright, mild morning in early January, car after car pulled into the parking lot of The Journey North Church in Aitkin. Spilling out were kids, grandmas, grandpas, moms and dads, toting cartons,

boxes and laundry baskets.

A feeling of excitement and anticipation was in the air as people lined up outside the church. The event? The second distribution of food with Ruby's Pantry in Aitkin. Ruby's Pantry is a non-prof-

it food ministry serving rural communities. There are no income qualifications – everyone may participate. For \$20 you get a share of food that equals an abundance of groceries. Goodwill and caring are also spread by the

volunteers.

Pastor Lynfield Hines explained that the Saturday morning chores began with unloading the truck at 6 a.m. It took an army of 40 volunteers to make it all run smoothly.

them and give them physical food and spiritual food. We're here to pray with people or offer counseling.

It was indeed a social gathering as friends greeted on another in the foyer of the church, step one. After hand-



A volunteer gives children pieces of candy while they wait.

"It's more than just food – we want to build relationships with people," said Heather Fountaine, a volunteer. "We want to get to know

ing in your registration form you were assigned a number and a loyalty card. Volunteer Sandy explained that after so

Continued on Page 3



SHIFT

INTEGRATIVE MEDICINE

Chiropractic • Acupuncture • Massage • NeuroMetabolic Care • Guided Weight Loss • Slim Laser • Magnesphere

Schedule your first appointment by January 31, 2019 and receive a
FREE Weight Loss & Slimming Consultation \$149 Value
Take It Off • Keep It Off • Get Healthy

Drs. Murray & Shannon Smith • www.askdrsmith.com
 23 West Main Street, Crosby • (218) 851-9626

CALL TODAY!

Lammers Appliance Repair

Appliance Service & Repair

Servicing all major appliances. Residential & Commercial

Jay Lammers 218-851-1455

Little Jim's

Auto Sales

<p>2007 Chevy Silverado</p> <p>Very Clean! \$3,900</p>	<p>2005 Ford F-150 XLT 4x4</p> <p>Hard to Find \$5,750</p>	<p>2003 GMC 3/4 Ton</p> <p>3/4 Ton! 4x4 4-door All NEW tires \$6,500</p>	<p>GMC 4x4</p> <p>Hard to Find \$3,450</p>	<p>2011 Ford Ranger</p> <p>two to choose from \$3,650</p>
<p>2005 Chevy Equinox LS</p> <p>AWD \$5,500</p>	<p>Chevrolet Colorado</p> <p>4x4 4 Door \$4,900</p>	<p>Jeep TJ Sport</p> <p>4.0L \$4,900</p>	<p>Chevy Suburban</p> <p>4x4 \$2,000</p>	<p>Ford F-150</p> <p>60k miles</p> <p>4x4 \$1,950</p>
<p>Cadillac</p> <p>70k miles</p> <p>one owner \$3,500</p>	<p>2010 Chevy Impala</p> <p>\$4,900</p>	<p>Mercury Sable</p> <p>86k miles</p> <p>\$2,250</p>	<p>PT Cruiser</p> <p>\$2,500</p>	<p>Ford Explorer</p> <p>\$1,650</p>

4 miles NW of Garrison on Hwy. 18 • 218-678-0045 office • 612-749-0193 cell • We Buy, Sell & Trade

Find More CUSTOMERS!

Contact Eric for details! 218-821-1393 or hopper@crosbyironton.net
www.newshopper.net

Coupon Special

Have your flyer printed, inserted in the NewsHopper and mailed for LESS than the price of direct mailing alone!

10.5¢

per sheet

*10.5¢ will get you a one-sided 8"x11" flyers printed and mailed to your choice of routes in the area.**

**This offer is restricted to areas covered by the NewsHopper and a minimum quantity of 2,000 inserts is required. Color and graphic design services are available for an additional charge. Offer expires 1-31-19.

UNCLAIMED FREIGHT NORTH

HOURS: Mon.-Sat. 9-5 • Hwy. 210 West, Aitkin • 218-927-6446

Get Your

Ice Fishing Gear Here!

TAX REFUND LAYAWAY AVAILABLE

PROPANE AVAILABLE including for Motor Homes!

SWEET DREAM PRICING!

Twin Set	Starting at	\$199⁹⁸
Full Set	Starting at	\$279⁹⁸
Queen Set	Starting at	\$329⁹⁸
King Set	Starting at	\$589⁹⁸

Relax & Check Out Our Recliners

TOOLS • GIFTS • HOUSEHOLD • LIVING ROOM • BEDROOM • DINING

OBITUARIES

MARY BRANDT



Mary Brandt, 62, of Deerwood died on Tuesday, January 8, 2019 at Bethany Good Samaritan Village in Brainerd. A Funeral Mass will be held 11:00 a.m. Saturday, January 19, 2019 at St. Joseph's Catholic Church in Crosby. Burial will be at the Bay Lake Cemetery. Visitation will be one hour prior to the services at the church on Saturday.

She was born on May 3, 1956 in Moses Lake, Washington to Dominic and Bertha (Benke) Gosciewski. Mary married Michael Brandt on

February 18, 1989 in Payallup, WA. She was a former employee of Ascensus in Brainerd. Mary was a member of St. Joseph's Catholic Church in Crosby.

Mary is survived by her husband, Michael; son, David Brandt of Staples; two brothers and sisters-in-law: Walter and Sue Gosciewski of Lacey, WA; and Victor and Eileen Gosciewski of Seattle; and sister, Patricia "Trish" Gosciewski of Lacey, WA.

Preceding Mary in death are her parents. Arrangements were with the Koop Funeral Home in Crosby.

HELEN ENBERG



Helen (Houwman) Enberg, 96, of Aitkin died Sunday, January 13, 2019 at Aitkin Health Services.

A private memorial service and interment will be held in the spring.

Helen was born February 22, 1922 to Holland immigrants Janka and Frank Houwman in Wessington Springs, SD. The Houwman family moved to the Hassman area of Aitkin in 1933. Helen married Donald Enberg in 1942. After Donald returned from serving in WW II, they lived south of Aitkin for their remaining years. Before she lost her sight, Helen enjoyed belonging to the neighborhood quilting club, baking, watching movies with her dear friend LuAnn, entertaining and most of

all, mowing her large yard with her John Deere riding mower until she was 94.

She is survived by her sons: Gary (Jackie) of Aitkin, Rodney of Motley; five grandchildren: Joseph Enberg, Christopher Enberg, Paul Enberg, Shae Gaulke, Jaron Enberg; 13 great-grandchildren; two great-great-grandchildren and sister Florence Beebe along with numerous nieces and nephews.

Helen was preceded in death by her mother, Janka; stepmother, Tina; father, Frank; husband, Donald; brothers: Andrew Houwman, Pete Houwman, William Houwman, Francis Houwman, sisters: Elizabeth Cartie and Jenny Cartie.

Arrangements were with the Sorensen-Root-Thompson Funeral Home and Cremation Service of Aitkin. Go to www.srtfuneral.com to sign the online guest register.

ARLEEN JOHNSON

Arleen Marie Johnson, 85, of Garrison died Tuesday, January 8, 2019 at Riverwood Health Care Center in Aitkin.

There will be no local services. Memorials are preferred to the local Humane Society.

She was born January 5, 1934 in Popple Grove, Mahnomen County, Minnesota to Alfred Henry and Lillie Marie (Sogaard) Reitan. She was a member of the Shepherd of the Lake Lutheran Church in Garrison. Arleen enjoyed gardening and loved her pets.

Arleen is survived by her daughter and son-in-law, Mary and Lee Newton; son and daughter-in-law, Kevin (Diane) Johnson; granddaughter, Leeann (Aaron) Newton; brother, Leo Reitan; and many special friends

She was preceded in death by her parents and brother, Ralph Reitan.

Arrangements were with the Sorensen-Root-Thompson Funeral Home and Cremation Service of Aitkin. Go to www.srtfuneral.com to sign the online guest register.

BETTY MINGUS



Betty Lou Mingus, 90, of Crosby died on Tuesday, January 8, 2019 at the Cuyuna Regional Medical Center in Crosby.

A Funeral Mass was Monday, January 14, 2019 at St. James Catholic Church in Aitkin. Burial was at the St. Thomas Cemetery in Aitkin.

She was born in Duluth on February 29, 1928 to James and Mary (Meyers) Bryant. Betty married Douglas Mingus on December 31, 1949 in Duluth. She was a member of St. James Catholic Church in Aitkin. Betty had a love for animals, entertaining and decorating the table for dinner.

She was known for being a baker and delivering hot crossed buns to people in the community.

Betty is survived by her husband, Douglas; two sons: David Mingus, Nashville, TN and Mark and Laurie Mingus, Thompson's Station, TN; daughter and son-in-law, Cynthia (Donald) Lent of Deerwood; sister-in-law, Shirley Bryant, Cloquet; five grandchildren: Megan Lent, Andrew Lent, Rachel (Joshua) Mingus Nienow, Ericka (Jonathan) Mingus Sugiyama, and Nathan (Malory) Mingus; two great-grandchildren: Brandon Lent and Deklan Mingus.

Preceding Betty in death are her parents and two brothers, Donald and Robert Bryant.

Arrangements were with the Koop Funeral Home of Crosby.

HURRY IN, BEFORE THEY ARE GONE!

50% OFF

ALL REMAINING SERTA ADJUSTABLE FOUNDATION FLOOR MODELS (some with massage and leather trim) AND SERTA BELLAGIO AND DREAMHAVEN MATTRESSES

Crosby Mattress
• 209 Minnesota Avenue North, Aitkin • 14370 Dellwood Drive, Baxter

www.crosbymattress.com

Sorensen-Root-Thompson
Aitkin, MN
218-927-2614

McGregor Funeral Home
McGregor, MN
218-768-3136

Traditional • Cremation • Memorials • Pre-Arranged Funerals

Directors: *Jerry Thompson*
Jason Brezinsky

www.srtfuneral.com

CHURCH DIRECTORY

* Indicates handicap accessible. NOTE: All times are Sunday morning (a.m.) unless indicated otherwise.

ALLIANCE
Aitkin* — New Life; Larry Burg & John Baker, pastors; Worship 10:15 am & 5:30 pm; Adult Sunday School 9 am; "Elevate" youth group for 7th-12th graders, Wed 6:15 pm; 112 - 1st Ave. SW 218-927-2823.

Garrison* — Pastor Michael H. Palkie; Worship 9; SS 10:30. McGregor/Big Sandy — Rev. S. DeMars, 426-3408; E. of Sather's Store; Worship 9:30; Children's Church 10 Onamia — Vineland Native American Chapel, Hwy. 169 north of casino; Worship 11; Pastor Boeringa 320-532-4449

ASSEMBLY OF GOD
Aitkin — Heritage Church, Rev. Hayden Loven ; Sunday Morning Service 10:45
Crosby — Interim Pastor Greg Kalyvas; Worship 10:30
Crosslake — Crossroads Christian, Rev. Gary Espeseth; SS at 9:30, Worship at 10:45
Hill City — Interim Pastor John Koppel, Staff Pastor Lisa Garrison; Worship 10; hillcityagchurh@gmail.com; 218-697-2662
Palisade — Pastor Ed Sornberger; SS 9; Worship 10; Kids Church; Small groups during the week 218-845-2726

BAPTIST
Aitkin - The Journey North, Pastor Lynfield Hines, 218-824-5617, Worship 9 and 10:30, thejourneynorth.com
Baxter - The Journey North, Pastor Mark Bjorlo, 218-824-5617, Worship Saturday 5, Sunday 9, 10:30, 11:45, thejourneynorth.com

Brainerd* - Faith Baptist Church, Pastor Chris Erickson, 218-829-3191; SS 9:00, Worship 10:30 and 6 p.m., Wed. Classes and Clubs 6:30 p.m.; fbcbraiernd.com

Brainerd - The Church On The Wise Road, Pastor Todd Stumbo 218-829-4673, Worship 11:00, SS 9:45 www.thechurchontheviseroad.org

Brainerd — Eagles Nest, Pastor Bob Stockland 218-829-4673, Worship 11, SS 9:45.
Breezy Point — Eagles Nest, Pastor Bob Stockland 218-562-5252, Worship 9:30, SS 9:30.

Crosby — Bible Baptist, Pastor G. Fisher; SS 9:45; Service 10:45 and 6 p.m., Bible Study and Our Kids for Christ Wed. 7 pm
Deerwood* — Pastor W. Skog; SS 9:30; Worship 10:30 and 6 pm; Wed. Service, 6:30 pm.

Glory* — Pastor Chris Meirose; 927-3678; SS 9:15; Worship 10:30 am.; Wed 6pm Glory Family night, KidMin grades kindergarten - 6, Mad4Christ grades 7-12.
Hill City — Pastor Lonnie Lee; 218-697-2645; Adult SS 9; Worship 10 am; Bible Study, Fri., 7 pm.

Isle — Pastor Nick Skogen; 676-3171; SS 9:30; Service 10:30; Bible Study, Wed., 7 p.m.
Opstead — 676-8859; SS 9:30; Worship, 10:30; Bible Study Wed., 7 p.m.

CATHOLIC
Aitkin — St. James, Fr. David Forsman, 218-927-6581; Mass Sat. 5 pm, Sun. 10 AM. Confession Sat. 10-10:45 am and 4-4:45 pm.
Brainerd — St. Andrew's, Fr. Daniel Weiske, Sat. 4:30; Sun. 10:00 and St. Mathias Sunday 8:00.

Brainerd — St. Francis, Fr. Anthony Wroblewski, Sat. 5:00; Sunday 7:30, 9:00, 11:15 and All Saints Saturday 4:00 and Sunday 10:30.
Cromwell/Wright — Immaculate Conception, Mass: Sat. 5 p.m.

Crosby — St. Joseph's, Mass: Sat. 4:30 pm; Sun 10:30.
Crosslake — Immaculate Heart, 218-692-3731; www.ihmstemiys.org; Mass: Sat. 4 pm; Sun. 8:30; Confession Sat. 3 pm.

Emily — St. Emily, Mass: Mon. & Wed. 8; Sun. 10:30; Confession 1st Sat. 11 or by appt. 218-763-2101.
Garrison — Our Lady of Fatima, Fr. Elias Gieske, Mass Sun. 8 am. Confession Sun 7:15-7:45 am.

Grand Rapids — St. Joseph's, Fr. Jerry Weiss, Mass: Sat. 5 pm; Sun. 8 & 10:30. 218-326-2483
Hillman — Holy Family; Sun. 10 to Mass Sat. 6:30 pm (only through Labor Day) w/ confession before or by appt.
McGregor — Holy Family, Fr. David Forsman, 218-927-6581; Mass Sun. 8 am. Confession 7:15-7:45 am.
Vineland — St. Therese, Mass Sun. 11; Holy Days 8:30.

CHURCH OF CHRIST
Baxter, Lakes Area — Nondenominational; 7001 Highland Scenic Road; Bible Study every Wed. 7 pm; Worship 10:30-11:30. 218-828-1362
Tamarack — Pastor Terry Banker, 608-475-1528, Worship 9:30; SS 10:45; Wed Youth 4 pm.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS
Aitkin — Co. Rd. 12, Chapel Ph. 218-927-4454; Kevin Haffner 218-792-5684; Sacrament Mtg. 10

COMMUNITY
Aitkin — Nondenominational; 927-2749; at 219-1st Ave. NE., Aitkin, Services Sun. 10, 218-927-6959
Brainerd - Community of Hope Church of the Nazarene- Pastor Dave McGaffey Sunday worship at 10:45, SS 9:30 -16549 Johnson Rd -church phone 218-829-9005

Glen — Pastor R. F. Stauter, 218-838-1981; Worship 9 May-Oct.
Grand Rapids — Solid Rock Church of God, Pastor Robert Kimberling; 218-326-0711; Sun. BS 9:30, Worship 10:30; Wed. BS 6:30 pm

Jacobson — Jacobson Community Church, Pastor George Collins, 218-252-5938, Sun. SS (All ages) 9:30, Worship 10:30; Family Time 2nd & 4th Sundays; Wed. BS 7 pm
Kimberly — Nature Ave. Rev. Rick Perry; Worship 9; Adult Bible Study & Sunday School 10:30; 218-927-6256.

McGregor — Amazing Grace Christian Church; Worship 10; 99 South 1st Street (at the McGregor United Methodist church [shared] in downtown McGregor) Pastor Joel Seibel.

McGregor — Victory Mission, Pastor J. Gould, 218-768-2160; Sun. 10; Wed. Bible Study, 7:30 pm.
Merrifield — Community Church of the Nazarene, Pastor Ron Christenson; Service 11 & 6 pm. Wed. Prayer Meeting, 7 p.m.; 218-829-7536.

Merrifield — Ossipee Community, SS 10; Service 11; Wed. Bible Study Prayer, 7:00 p.m.
Nisswa — Christ Community Church, Pastor Dave Uhrich; Service 10; Fellowship 9:30-10

Outing* - Narrows Community Church, Pastor Stanley Mikles, 218-792-5530 Worship 9:30; Children's Sunday School 9:30; Clothes Closet 8 am - noon 4th Saturday, 6297 Woods Bay NE, just north of Hwy. 6 bridge

Palisade/Waukenaw Twp. — Hilltop Chapel, Pastor B. Hite; Service 10 a.m.; Adult and Children's SS 9 a.m.; between Esquagama & Round Lake. Handicap Accessible.
Tamarack — Church of Christ, 218-768-3898; Service 9:30; SS 10:45.

CONGREGATIONAL
Aitkin — First (UCC) Rev. Susan Cline; Sun. 10; Comm. 1st Sun; Council Mtg. 2nd Sun. Spiritual fellowship, Sun. 9.

EPISCOPAL
Aitkin — St. John's, Holy Communion or Morning Prayer 9 *Brainerd - St. Paul's, Holy Communion Sunday 10

EVANGELICAL FREE
Baxter — Lakewood EFC, Pastor Brian Erickson; Worship at 9 & 10:45; Wed for all ages 6:45 pm
Crosslake — Interim Pastor Mark Holmen; Call for Service Times at 218-692-4141, email thelogchurch@crosslake.net

Isle — Pastor Kerry Johnston; Worship 9; SS 10:15; Wed. Youth Group 6 pm; Adult Prayer 6:30 pm
Malmö — Pastor Glenn Browning; SS 9:30; Fellowship 10; Worship 10:15
Wright — Pastor Ken Mitchell, 218-426-5115; SS 9:30; Worship, 10:30; Thu., Bible Study, 7 pm.

HEBREW/MESSIANIC
Glen — Beth Shalom Tabernacle of Truth, Rabi Frank Dell, for information 320-684-2804

LUTHERAN
Aitkin — Bethlehem (ELCA), Rev. Rebecca Hinz; Worship 9:30; Holy Comm. 1st & 3rd Sun each month.
Aitkin — First* (ELCA) Pastor Darrell Pedersen, Pastor Jordan Gades; worship Sat. 5pm, Sun. 10am (coffee fellowship at 9am); communion every Sat. and 1st & 3rd Sun.; contemporary service 2nd & 5th Sun.; staffed nursery

for Sun. service. Sun. service broadcast live on KKK (94.3FM) and on TV cable channel 181 at 9am on Wed.; community meal every Mon. & Thurs. 5pm; food shelf 2nd & 4th Thurs. each month 9:30am- 5pm.

Aitkin — St. John's (Missouri Synod), Pastor D. Becker; Worship Sun. 9, SS 10
Baxter — Christ Lutheran Church and Preschool (WELS). Pastor Bill Werth. Sunday Worship 9. Sunday School/ Adult Bible Class 10:15. 13815 Cherrywood Dr. in Baxter. (Corner of Inglewood and Cherrywood). 218-829-4105. www.christbaxter.com.

Baxter — Prince of Peace (LCMS); Communion every Sunday 9, Fellowship 10:15, Adult Bible Class & Sunday School 10:30 am 218-829-7092 www.pobpaxter.org
Beaver Township — Finnish EA, Hwy. 27, Worship 1st & 3rd Sun., 10:30.

Brainerd — Good Shepherd Free Lutheran Church, AFLC, Sunday School 9, Worship 10 coffee fellowship 11, Wednesday evening 7 pm adult Bible study. Located at 5878 Pine Beach Road, Brainerd, 218-824-3052, www.goodshepherdfreechurch.org

Brainerd - Laestadian Lutheran Church; 1501 So. 8th St. - Sunday Worship Services 11 am. (www.lchchurch.org)
Brainerd — Trinity Lutheran Church (ELCA) 1420 South 6th Street Brainerd — Pastor David P. Holte and Pastor Hans Anderson - Summer Sunday Worship Time is 9 a.m. and Wednesday evening at 6 p.m. — Phone: 218-829-5147 Website: www.trinitybrainerd.org Email: trinity@trinitybrainerd.org

Brainerd — Truth Lutheran Church (LCMC, Pastor James Walth, Corner of 5th and Kingwood, Worship 9
Breezy Point* — Eagles Nest, Pastor Jonathan Lemaster, 218-562-5252, Worship 10:30 a.m. SS 9:30 a.m.
Cedar Lake, Norwegian Lutheran — Third Sun 11, May - Oct. Cedarbrook — St. John's (ELCA); Worship 8:30; Holy Comm. 1st & 3rd Sun.

Crosby — Immanuel (LCMC, NALC) Rev. Paul Mattson; Sun. 9 & 10:30 worship; SS (Sept.-May) 10:40.
Crosby — Zion (LC-MS) Pastor Dean Stolz; Worship 8:30; SS 10; Bible Study Wed. 7 pm; handicap accessible. 218-546-6910

Crosslake — (ELCA), Indoor worship 8:30; Coffee Fellowship 9:30; outdoor worship 10. 218-692-3682.
Crosslake — Mission of the Cross (LCMS), Pastor Leslie Uhrinak; Worship 9:30 with every Sunday Communion, Fellowship 10:30, Adult Bible Class 11, 218-692-4228, www.missionofthecross.org

Deerwood — Salem (ELCA), Pastor Michael Briggs; Worship: 8:15 (traditional) & 10 (contemporary); Sunday School 9:15.

Garrison — Light of the Cross (ELCA), Pastor Juli Sutton-Deem; Worship 9 SS 9; 320-692-4773 or 877-406-9101.

Garrison — Shepherd of the Lake (LCMS), Rev. Tom Petersen. Worship 10 with Communion Every Sunday. Adult Bible Study 8:30am, Sunday School Sept-May, 8:30am. Fellowship 11am. 320-692-4581. www.shepherdofthelake.org.

Giese — Immanuel, Rev. R. Langhorst & Rev. R. Lovaas; Worship 9; SS 10; Holy Communion 1st Sun. of month 8:45.

Hill City — Trinity, (Missouri Synod), Pastor M. Eckert; Worship 9; Bible Study 10:15.
Hillman — Immanuel, (ELCA) Sun. Worship 9:30, SS 10. Located on the corner of Hwy. 27 and Co. Rd. 47. (Handicap accessible)

Iron Hub — Immanuel (LC-MS), Pastor Dean Stolz; Worship 10:30; 218-534-3069.
Isle — Faith (ELCA), Interim Pastor Rev. Henry French; Worship 9:30; handicap accessible.

Isle — Holden (ELCA), SS 9:30; Worship 10:30.
Isle — Trinity (Missouri Synod), Rev. Mark Maunula; Worship 8:30; Fellowship follows; SS 9:45; Adult Bible 10.
Jacobson — Carmel, Vicar Mark Wagner; SS 1st & 3rd Sun. 10, Service 11, fellowship follows.

Lake Shore — Living Savior Lutheran Church, 8327 Interlachen Rd.; Worship 9:00 Sunday mornings, followed by fellowship and Bible study. (Located on Co. Rd. #77 N)
Malmö — Bethesda (ELCA) Sun. Worship 9 (winter) 8:30 & 10 (summer); Fellowship after first service; Comm. 1st & 3rd Sun.

McGrath — Grace; Wed. potluck 5 pm, Bible study 6 p.m.; SS 10; Worship 11.

McGrath — Zion (ELCA), Pastor Elliott Malm; Worship 9; SS 9.
McGregor/Big Sandy Lake — Grace Lutheran Log Church (ELCA), Pastor Ericka Foss; Worship 9, Fellowship follows, SS 10.

McGregor — Our Savior's (Missouri Synod), Pastor Joshua C. Reinke; Worship 9; SS 10; Bible Study Tue. 9, Wed. 7 pm
Outing — Our Saviors ELCA; Pastor Michael Gustafson, Worship 9.

Palisade* — Bethel (ELCA), Rev. Wm. J. Sass; Worship 9:30; Wed. School classes 4:15 p.m.
Pequot Lakes* - Our Savior's Lutheran Church (ELCA) Rev. Peter Rosenkvist, Worship 9:00 a.m. SS 9:15 am. Adult Ed — 10:15 am. Wed. Worship 5:45 pm. Free Community Supper Wednesdays at 5: pm.

Rosburg — Bethesda (ELCA); Comm. 1st & 3rd Sunday each month.
Tamarack (AFLC) — Pastor Ron Staudinger; 1st, 3rd and 4th Sundays 10 am; 41163 Kestrel Ave 3.3 mi. South of Hwy 210

Thor — Zion, Pastor G. Salmonson; Worship 11; 1st and 3rd Sun. April through December.
Wright — Bethlehem, Worship; SS 9.

Wright — St. John's (Missouri Synod), Pastor Joshua Reinke; Worship 10:30; Bible Study and Sunday School Sun. 9:30; Lent services Wed. 5:30 pm.

PENTECOSTAL
Emily — Cornerstone Church; Pastor Earl Ready; Worship 10, 41536 Birchwood Drive, Emily; 218-763-2939.
Ironton — Iron Range Christian Center; Pastor Dwight Semler; 218-546-6523; meeting at Irondale Town Hall, Co. Rd. 12, (Deerwood Shortcut); Worship 10 & Wed. 7 pm.

Tamarack — Warriors of the Rainbow Ministry, Pastors Ken and Ron Fairbanks, Sat. 11. 218-768-3585

PRESBYTERIAN
Crosslake — Worship 10; Bible study on Wednesdays at 10; 14444 Daggett Pine Road; 218-692-4769
McGrath — Calvary, Pastor - Todd Oltmann; Worship 9.
McGregor/Round Lake — Pastor Talley; Worship Sat. 5 pm.
Tamarack — First, Rev. J. Yingling; Worship 11.

REFORMED
Crosby — Lifespring Church, a member of Fellowship of Independent Reformed Evangelicals, 9:30, 30 Hallett Ave NE 218-545-5433, www.visitlifespring.com

SEVENTH DAY ADVENTIST
Aitkin — Pastor Peter Emig; Worship Sat. 9:30 a.m., Bible Study 10:30 a.m.; Prayer Mtg. Wed. 5:30 p.m.; www.aitkinadventist.org; 423-805-0933

UNITARIAN UNIVERSALIST
Pequot Lakes — 28877 State Hwy 371, Pequot Lakes 10:30 1st and 4th Sundays. 218-330-3476

UNITED METHODIST
Aitkin — Pastor Dawn Houser; high school & adult SS 9; Worship 10:30; fellowship follows; handicapped accessible.
Crosby/Deerwood — Cascade, Reverend Dr. Genia Garrett ; Worship 9:45; fellowship follows.

Cutter — Pine Lake Chapel, Rev. Laurence Foote; Worship 9.
Cromwell — Pastor Tim Homstad; Worship 10; SS 9
Emily — Pastor Dawn Houser; Worship 8:45; fellowship follows; handicapped accessible.
Fleming — (Northern Lights Parish) SS 9:15; Worship 10:30; fellowship follows; handicapped accessible.

Hill City — Pastor Roger Lynn; Worship 10
McGregor — (Northern Lights Parish) Worship 8:45; fellowship follows; handicapped accessible.
Onamia — Pastor Rick & Judy Wilder; Worship 11; fellowship 10; 2 blks north of Post Office; handicap ramp; 320-532-3150; office: 218-546-7656; cell: 218-360-1947
WESLEYAN
Emily — Pastor Ryan Fish; Worship 9; Friendship Time 10; SS 10:30; Wed. Activities 6:30 p.m.; 218-763-HOPE.

We ask you to support these sponsors of the church directory:

To become a sponsor of the church directory contact Eric at 218-821-1393 or hopper@crosbyironton.net

Call **Jim Blakesley**
Appliance Service & Repair
218-927-2027
Toll free: 1-888-450-8845

NEWS HOPPER
www.NEWSHOPPER.NET
hopper@crosbyironton.net

OBITUARIES

RUBY WATTERS



Ruby Marie Watters, 92, of Duluth died Thursday, January 10, 2019 in her daughter's home.

Funeral Services will be held on Saturday, January 19 at 11 a.m. at the Glen Avon Presbyterian Church, 2105 Woodland Ave. in Duluth.

Visitation will be held one hour before at the church. Interment will be in Sunrise Cemetery. In lieu of flowers memorials are preferred to the Watters Family Athletic Scholarship fund at UMD.

Ruby grew up in Aitkin and married the love of her life, Laverne Watters, in 1942 in the town of Crosby. Together they moved to Duluth to start their lives together. She worked for St. Louis County for over 20 years in home care. She was also a very active girls' softball coach for many years. Ruby enjoyed volunteering for many

things, including the St. Louis County Election board. Ruby loved her family and enjoyed cooking for the family gatherings. She was a pillar in holding Holiday events for the family. She was an avid sports fan and supported the UMD basketball, football, and track athletes.

She is survived by her sons and daughters-in-law: Vern and Kate Watters, Patrick and Sandy Watters, Mike and Patti Watters, and Dan and Alice Watters, daughters and son-in-law: Linda Carlson, and Susan and Ron Jones; 18 grandchildren; 30 great-grandchildren; brother and sister-in-law, Ken and Shirley Wischmann, Deerwood; and sister, Elaine Wischmann, Aitkin.

She was preceded in death by her husband, Laverne; brothers, Harold and Wallace Wischmann; daughter-in-law, Terry Watters; and son-in-law, Marvin Carlson.

Arrangements were with the Bell Brothers Jarvi Dowd Funeral Home in Duluth.

Food ministry | Continued from Page 1



Volunteer Sandy explained the loyalty card system.

many punches you would be rewarded with an extra share.

On to the sanctuary -- a warm and dry and comfortable place to wait. Christian music played in the background and information about the church scrolled over the big screens. A volunteer went around giving candy to children and every so often, Pastor Hines took the microphone and told a joke and gave away prizes. Yours truly won mini muffins and a coffee mug.

As I waited for my number 153 to be called, I visited with several people I knew and some that I just met. I observed all ages: babies, toddlers, school-aged children, teens, young families, middle-aged and older adults. Many canes and walking sticks were apparent amongst the participants.

They called you in blocks of 10 and finally my number was called. My heart beat as

Ruby's Pantry locations

- Aitkin**, 1st Saturday, 9-10:30 a.m. Journey North Church 810 2nd St. NW
- Brainerd**, 2nd Tuesday 11 to 12:30 Brainerd Armory, 1115 Wright Street
- Little Falls**, 4th Monday, 4:30-6 p.m. 609 13th Ave NE Door #6
- Onamia**, 1st Monday 10:30-12, 806 West Kathio Street

I was ushered into a main room, where, luckily, a girl I know named Jasmine was my helper. She put my two cartons in a grocery cart and moved me along quickly, grabbing food items at a dizzying pace. I recognized many people I knew among the volunteers -- even a friend I used to walk to elementary school with in Brainerd back in the 60s.

I hardly had time to say hi but called out "thanks for volunteering" to as many people as I could.

Then, it was told to go get my car and given a paint stick with a number on it, along with some information about

the program and the church. Those of you who used to drive up to grocery stores and get your bags loaded off conveyor belts remember this system. Pulling around to the back of the church, cheerful "bag boys" took my number and loaded up my car. When I got home, it took three trips to bring all the bounty into the house.

Ruby's Pantry will be in Aitkin, at the Journey North church, at 810 2nd St. NW in Aitkin, on the first Saturday of each month from 9 to 10:30. Be sure to bring something to carry your groceries in and be prepared to stand for a while.



More helpers in the grocery room.

READER RIBBETS

Pat on the head

In a July 2018 meeting, the city administrator of Crosby patted the heads of the council and mayor commending them for maintaining their silence in reference to inaccurate stories circulating, making the situation very difficult. She stated the community should be extremely proud that the council and city officials have maintained silence and not responded.

BMS Case No 17-PA-0260 is not inaccurate in any means (read on www.newshopper.net).

The arbitrator did not con-

duct a biased, prejudiced investigation -- the police leadership did. The arbitrator did not lie, distort the truth, alter documents, interview their own officers like criminals -- the police leadership did. The arbitrator did not conduct flawed investigations or authorize an investigation simply to find their conclusions -- the police leadership did. The city did not bring false charges on a prominent citizen -- the police leadership did. The county did not fail when dismissing a third charge on the prominent cit-

izen -- the police leadership did. Citizens, business owners, did not bully, demean, detain, or intimidate -- the police leadership did. Their silence is the greatest lie of all and the community should not be proud, they should be angry for what the police leadership did. Instead of monetary compensation for the council and Mayor to do nothing and remain silent, pat them on the head -- they respond better.

**Kelly Avelsgard
Concerned Observer
Deerwood**

LEGAL NOTICES

(Published in NewsHopper Saturday, January 19, 26, February 2, 9 and 16, 2019)
REQUEST FOR BID - CONTRACTOR CROW WING COUNTY SOLID WASTE DEPARTMENT - MUNICIPAL SOLID WASTE LANDFILL BRAINERD, MINNESOTA

The Crow Wing County Solid Waste Department (County), located near Brainerd, Minnesota, is requesting sealed bids for construction associated with future development of their municipal solid waste landfill. The 2019 Landfill Construction Contract provides for the 2019 construction projects at the Crow Wing County Landfill, Brainerd, Minnesota. 2019 construction consists of: construction of Municipal Solid Waste (MSW) Landfill Cell 5, construction of Leachate Pretreatment Pond 5, excavation of future Demolition Landfill Phase III, partial closure of MSW Landfill Cells 1/2 and partial closure of Demolition Landfill Phase II. Construction of Cell 5 generally consists of excavation and final grading, subgrade preparation and lysimeter installation, low permeability liner placement, geomembrane liner placement, granular drainage layer placement, leachate collection system installation, leak detection and leachate pump and controls, electrical work, fencing, and finish site work. Construction of Pond 5 generally consists of excavation and

final grading, subgrade preparation and lysimeter installation, low permeability liner placement, secondary geomembrane liner placement, geocomposite placement, primary geomembrane liner placement, leak detection pump, aerators and controls, electrical work, fencing, and finish site work. Construction of Phase III generally consists of general excavation. Closure of Cells 1/2 generally consists of final intermediate grading (including waste regrading) and existing closure removal, buffer material placement, geomembrane liner placement, geocomposite drainage layer placement, rooting zone placement, topsoil placement and seeding, and finish site work. Partial Closure of Demolition Phase II generally consists of final intermediate grading, cover soil placement, and topsoil placement and seeding. In addition, miscellaneous site improvements are included as identified in the Contract Documents. Prequalification of Bidders will be required. Unless exempted by Owner, prospective Bidders shall submit to Engineer (prior to or at the pre-bid meeting at the latest) the information requested in the Bidder's Qualification Statement. Bidder's Qualification Statement is obtainable from Burns & McDonnell Engineering Company. **Bids received from Bidders who are not prequalified will not be opened.** A Pre-Bid meeting will be held on Tuesday, February 5, 2019, at 10:00

a.m. at the Crow Wing County Solid Waste Office (15728 State Highway 210, Brainerd, Minnesota 56401). Attendance is strongly recommended. Bids are due at the Crow Wing County Land Services office (Attn: 2019 Landfill RFP, 322 Laurel St., Suite 15, Brainerd, Minnesota 56401) no later than **2:00 pm CST on Tuesday, February 19, 2019**. Submittals received after that time will not be accepted. The County will review the bids and select a Contractor for contract negotiation. The Work shall be Substantially Completed on or before **November 1, 2019**, and completed and ready for final payment on or before **December 1, 2019**. Copies of the Bid Documents may be obtained for bidding purposes from www.questcdn.com for a fee of twenty-five dollars (\$25). These documents may be downloaded by selecting this project from the "Bid Documents" tab and by entering **Quest Project Number #6077980** on the "Search Projects" page. For assistance and free membership registration, contact QuestCDN at (952) 233-1632 or info@questcdn.com. Questions may be directed to Tonya Koller, Burns & McDonnell at (952) 656-3615 or tkoller@burnsmcd.com or Doug Morris, County Solid Waste Coordinator, at (218) 824-1290. All costs incurred by contractors choosing to participate in this bid process shall be borne by the proposing firms.

15.3

GUARANTEED NEXT DAY DELIVERY!*

***IN OUR COVERAGE AREA--** Major points included, but not limited to Brainerd and much of Central Minnesota Daily:
Twin Cities • Brainerd • Aitkin • Alexandria • Bemidji
Grand Rapids • Little Falls • Park Rapids • Wadena • St. Cloud
We Can Deliver It to You at:
Contractors Job Site, Door Step or Business
We provide Daily Freight delivery from the Twin Cities.

Give us a call • Fast service at an affordable price:
TCBX • 1748 SE 13th Street • Brainerd, MN 56401
1-888-829-8229 • www.tcbxtrucking.com
T(Twin) C(Cities) B(Brainerd Area) X(Express) • Established 1907

Authorized Platinum Star Service

Serving All Makes • Over 35 Years Experience

<p>Frigidaire White-Westinghouse Gibson Kelvinator Tappan Electrolux Asko</p>	<p>Maytag KitchenAid Amana Jenn-Air Roper Whirlpool Crosley</p>	<p>Amana Commercial Products Frigidaire Commercial Products Kelvinator Commercial Products Electrolux Commercial Products</p>
---	---	---

For more information call **Jim Blakesley**
jlblak@embarqmail.com

Appliance Service & Repair
Aitkin

218-927-2027

1-888-450-8845

Send the NEWSHOPPER Your Photos and Events!

Got an interesting photo and story to share? Just send it to hopper@crosbyironton.net, along with your name, city and a description of the photo. We also accept news and community events. And who knows, you may see your submission next week in the NEWSHOPPER!

Hoppers Helper's Service Directory

<p style="font-weight: bold; background-color: #333; color: white; padding: 2px;">APPLIANCE SALES & SERVICE</p> <p>Jim Blakesley Appliance Service & Repair 218-927-2027 • 1-888-450-8845 • Aitkin Washers, Dryers, Stoves, Refrigerators, Air Conditions, Septic Protectors, and MORE. Authorized Platinum Star Service.</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p style="font-size: 1.5em; font-weight: bold; text-align: center;">Lammers Appliance Repair</p> <p style="font-size: 0.8em;">Appliance Service & Repair Servicing all brands of appliances in Aitkin & surrounding areas.</p> <p style="font-weight: bold; text-align: right;">Jay Lammers 218-851-1455</p> </div>	<p style="font-weight: bold; background-color: #333; color: white; padding: 2px;">COMPUTERS</p> <p>Call Billy "Mac" (Billy Hoffs) 218-851-9990 or email bhoffs@mac.com All things Mac, from purchasing new or used, to teaching, to repairs "Friendly & Honest" I make house calls.™</p> <p style="font-weight: bold; background-color: #333; color: white; padding: 2px;">CONTRACTORS</p> <p>Radtke Remodeling & Construction Custom Built Homes • Remodeling • Garages New Additions • Pole Buildings • General Contracting • Insulation Dean Radtke, Aitkin. Lic. #20108758 www.radtkeremodelingconstruction.com 218-678-3403 • 218-839-6103 2018w39</p> <p style="font-weight: bold; background-color: #333; color: white; padding: 2px;">FLOORING</p> <p>Jeff Wiberg Hardwood Floors Serving All of Minnesota Installing • Sanding • Refinishing 20 Years Exp. Jeff Wiberg, Owner 218-330-2576</p>	<p style="font-weight: bold; background-color: #333; color: white; padding: 2px;">HEATING & AIR CONDITIONING</p> <p>Ken's Heating & Mobile Home Supply LP & Natural Gas • Nationally Certified Service Technician -- over 30 Years Experience Residential & Commercial • Mobile Home Heating and Air Conditioning • RV's/Supplies 218-821-6720 • Aitkin • kensheatingllc.com 2019</p> <p style="font-weight: bold; background-color: #333; color: white; padding: 2px;">INSURANCE</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p style="font-size: 1.5em; font-weight: bold; text-align: center;">SECURITY STATE INSURANCE</p> <p style="font-size: 0.8em; text-align: right;">2019 w6</p> <p>4 locations to serve you Aitkin 218-927-3712 • Onamia 320-532-3235 • Isle 320-676-3795 • Grand Marais 218-387-1540</p> </div>	<p style="font-weight: bold; background-color: #333; color: white; padding: 2px;">PAINTING</p> <p>Solution Painting • 612-387-4042 Free estimates interior / exterior / professional results. 2019w41</p> <p style="font-weight: bold; background-color: #333; color: white; padding: 2px;">PET CARE SERVICE</p> <p>Dogpatch • 218-927-4353 Expert Pet Grooming & Boarding Services. West of Aitkin on Cedar Brook Rd.</p> <p style="font-weight: bold; background-color: #333; color: white; padding: 2px;">SHOE REPAIR</p> <p>Harting Shoe Repair 509 Washington Street, Brainerd. Drop Stations: Crystal Cleaner Crosby 218-829-2496.™</p> <p style="font-weight: bold; background-color: #333; color: white; padding: 2px;">TREE SERVICES</p> <p>Kokesh Stump Tree Removal • 218-927-2745 2019w13</p>
---	--	---	---

SERVICE DIRECTORY RATES

5 lines for \$15.00 per week
4 lines for \$12.00 per week
3 lines for \$9.00 per week

COMMUNITY EVENTS

Ongoing Events:

AA - Aitkin - 322 1st Ave. NE 218-927-6240 Sun. Women's Meeting 5:30 pm, Tue. Open Meeting 8 pm, 2nd, 3rd & 4th Tues. Big Book Discussion Open Meeting 6:30 pm., Wed. Women's Meeting 6 pm, Thu. Sober Sailors Open 9 am.

AA Garrison: Monday Night AA (open) 7:30 PM and Wednesday 7:30 PM at Community Alliance Church, 9475 Jefferson St.

ALANON - 322 1st Ave NE, Aitkin 6:30 pm Thursday evenings.

ALANON Garrison: Wednesday 7:30 PM at Community Alliance Church, 9475 Jefferson St.

Aitkin Friends of the Library meet 4th Tue. each month, 1 pm, Aitkin Public Library.

Aitkin IOOF 164 meeting every 4th Monday at 2 pm

Aitkin Rebekah lodge. 151. Meets the 1 st and the 3rd Tuesday of each month. Come join us. We meet at the IOOF hall. 22 2nd st. Above the Napa auto parts store. The 1st tues. is a business meeting. The 3rd one is a social meeting

Aitkin Women of Today meet 2nd Mon. of month, 6:30 pm, Mille Lacs Energy Coop, info call 218-927-4558. Evening care is available and free. All are welcome!

Alzheimer's Support group meetings at ANGELS in McGregor meets the 1st Thurs. every month at 1 pm.

American Legion Aitkin Lee #86 & Unit 86, meets the 2nd Thurs. of each month at 7 p.m.

Art Club meets on the second and fourth Tuesdays at the Jaques Art Center in Aitkin, 1-3 pm

Blow-Hards, a lung disease support group, meets the 4th Thu. of each month, Kanabec Hospital in Mora. Contact Carol, 320-225-3646.

Care N Share Community Cafe Community Meal, Wednesdays Located in the fellowship hall in the Wesleyan Church on Highway #6 in Emily. Please call Sharon - 612 669-3295

Caregiver/Memory Loss Support Group. Meets the first Wed., 1-2 p.m. at Birchstreet Center, downtown Aitkin. 218-9271383.

Circles of Support meets every Tue., 6-8 pm If you are living paycheck to paycheck and are ready for a change, Circles may be right for you, call Brandi, 800-997-5723.

Clear Lake Grange meets second Tue. each month, 6 p.m. potluck, 7 p.m. meeting. Meets at the Aitkin Library Community Center. More info call Bonnie 218-927-3485 or Roxy 218-927-4558.

Clothes Closet offers free clothing to men and women in need. open the fourth Saturdays of each month from 8 a.m. - noon. Located at 6297 Woods Bay Drive NE, just north of the Hwy. 6 bridge in Outing. For more information

call 320-857-0182. Donations of clean, repair free clothing accepted that time also.

Co-dependants Anonymous meeting, 332 1st Ave. NE Aitkin. Wednesday evenings. 5:30.

Cooks Night Out - 3rd Wed of month, McGregor Comm. Ctr., 5:30 p.m., no restrictions, donations welcome.

Cuyuna Rock Gem & Mineral Club, meet 2nd Sat. each month, 2:30 at the lower level of the Franklin Arts Center at 1001 Kingwood St, Brainerd.

Dance every second Tuesday at Moose in Grand Rapids.

Dance at VFW in McGregor every 1st Monday of the month, except holidays which will be on the following Monday

Dance at Waukenabo the second and last Wednesday of the month.

Deerwood Lakes Lions meet the 2nd Monday of each month at the Heartwood Senior Living Complex. Social begins at 5:30pm followed by Dinner/Meeting at 6:00pm. We are very involved in community events and would love to have you join us. If you would like to come to a meeting and see what we do or going to be doing, please call Lion Nancy at 218-678-4165 and let me know by the Thursday before our meeting.

Dyed in the Wool Spinners meeting 1st Tuesday of the month 1-4 p.m. If you knit, crochet, spin, weave or do any other fiber arts please join us in the Club Room at the Security State Bank, 402 Minnesota Ave. N., Aitkin.

Emily Community Care N Share is serving meals on Wednesdays in the fellowship hall at the Wesleyan Church, Highway 6, Emily

Evergreen P.A.C. ATV Club meetings 1st Thu. each month, 7 pm, Jackson Hole, Lawler, open to public.

FASD Caregiver Support Group - For caregivers of individuals with a diagnosed or suspected Fetal Alcohol Spectrum Disorder (FASD). Meet with other caregivers (adults only please) for support, understanding, and networking. Meetings are 9 am the second Saturday of each month at Bethlehem Lutheran Church, 418 8th Ave. NE, Brainerd. For more information, please contact Sheila York at 218-820-5903 or syork@mofas.org

Friends of Rice Lake National Wildlife Refuge meet 3rd Wed. each month, at 1 pm. at the Visitor Center at 36289 State Hwy. 65, McGregor 218-768-2402

Food Addicts in Recovery Anonymous Meeting Tuesday evenings, 6:30 pm small conference room at Aitkin Library. No dues, fees or weigh ins. For more information call: 217-248-6434. www.foodaddicts.org

Food Shelf (Aitkin) Open every Wednesday,

10:30 am - 3 pm. 102 4th St. NW, Aitkin

Food Shelf (Aitkin) at First Lutheran Church open on 2nd and 4th Thurs, 9:30 am-5 pm, at 107 2nd St SE, Aitkin. Must register by 4:45 pm to be served.

Food Shelf (Aitkin) Emergency Food Shelf at St. James Catholic Church, Aitkin. Hours are Tuesday from 12 to 3 pm. To enter the food shelf go to the South side of the building, go to the 4th door and look for signs.

Food Shelf (Emily) First Wednesday of the month for produce and bakery only, 9:30 - 11:00 am. Third Wednesday distribution 9:30 - 11:00 am, followed by Thursday distribution 5:30 - 6:30 pm. Enter from south door.

Food Shelf (Garrison) Open Tue. & Thu. 1-5 pm, at 9541 Madison Street; Garrison. For emergency Food Shelf, call 320-692-5399 and leave a message.

Food Shelf (Hill City) Trinity Lutheran Church 3rd Saturday 8 am - Noon or by Appt.

Food Shelf (Jacobson) Carmel Lutheran Church 60346 240th Ave, 1st and 3rd Thursday, 4 - 6 pm

Food Shelf (McGregor) 45898 Hwy 65 2nd and 4th Wednesday of Month 9 am - Noon

Garrison Fire Auxiliary meets 2nd Thu. 7:30 pm, Garrison Fire Hall.

Garrison Thrift Store, Thurs.-Fri. 10-4, Sat. 11-4.

Gamblers Anonymous 7 pm Thursdays at the Heritage Church on College Drive in Brainerd. This is a closed meeting. Anyone who has a desire to stop gambling is welcome. For more info call 715-821-1749.

Heart to Heart Support Group, 4th Tue. of month, 2 pm, Kanabec Hospital, int. of Hwy. 65 & 23, Mora.

Jacobson Seniors meets every Thu., 10-2 pm at Jacobson Comm. Ctr. Potluck at noon. Beverage provided. All are welcome. For more info., 752-1515.

Marsh and Meadows Hunting Retriever Club, Mon. 5:30 pm in Pequot Lakes, for more info call Brett 651-270-5648 or facebook/Marsh and Meadows Hunting Retriever Club

McGrath City Council, first Thu. of the month, 6:30 pm at fire station hall.

McGrath Senior Center meets every Mon. 1-4 pm, cards & games, all are welcome.

McGregor Community Meal sponsored by ANGELS served at the Community Center on Highway 65 on the 3rd Wednesday of each month serving from 5:30 - 6:00 pm.

McGregor TOPS (Take Off Pounds Sensibly) meets Thu., 4 pm weigh in, 4:30 meeting, Minnewawa Sportsman's Club, Goshawk St. (Co. Rd. 6). 218-768-2340 for more info.

McGregor VFW hosts a dance the 1st Monday every month at 1pm.

MS Support Group, meets the 1st Thu. of the month at 7 pm, 606 NW 5th St, Brainerd, 218-824-5228.

Mental Illness meet Fri., 2:30, Community Presbyterian Church, 703 Pokegama Ave., room 105, Grand Rapids, Call Terrence at 218-327-1347.

North Central MN Farm & Antique Assn. meet 1st Wed. of month, Blackberry Town Hall. Info: Bruce 218-752-6592.

ORDER OF EASTERN STAR, Woodland Chapter #122 in Aitkin meets 2nd and 4th Tuesdays each month at 7PM, EXCEPT January, February and July which are dark. 4th Tuesday in June and 2nd Tuesday in August also are dark. Meetings are held on 2nd floor of the EyeCare Center 312 Minnesota Ave No. Aitkin, MN

Operation Minnesota Nice meets 3rd Monday each month at 6 pm at Trinity Lutheran Church, Hill City. For info call Tina Harcey at 218-697-8144. www.operationminnesotanic.com.

Overeaters Anonymous Open Meeting, Sat. 9:35am, Aitkin Library. Everyone welcome, especially newcomers. OA is a 12-step fellowship of people recovering from compulsive eating. OA is not a diet club. We are dedicated to helping individuals recovering from compulsive eating, anorexia, bulimia, food addiction and obesity. If you are struggling, you are not alone any more. For more info: OA.org, or call Cheryl, meeting contact, 770-576-5984.

Recovery Worship Service, Cascade United Methodist Church, Crosby/Deerwood, 1st Sat., 5 pm. Everyone is welcome.

Rosary is ongoing the fourth Tuesday of each month at 1 pm at the Big Fish, Garrison, contact Jean at 218-764-2665 for more info.

RSVP Bone Builders (Osteoporosis exercise program) Tue & Thu: 10-11 First Lutheran Church, Aitkin; 11:30-12:30 Blackrock Terrace, Aitkin; 12:45-1:45 Journey North Church, Aitkin; Wed: 10-11 Malmo Evangelical Free Church, Malmo & Fri: 10-11 Bethesda Lutheran Church, Malmo. Free of charge. Info call 218-927-1383.

Second Tuesday Card Party, Deerwood American Legion. Open to public, 1 pm social, card playing 1:30-3:30 pm. Cost \$3 per person. Refreshments.

Senior Dance at Deerwood Legion, 1-4 pm, 1st and 3rd Fri. each month.

TOPS Aitkin (Take Off Pounds Sensibly) Every Tues at East Entrance, First Lutheran Church, 101 2nd St SE, Aitkin Weigh in at 4:30pm and meeting at 5pm

TOPS Ironton (Take Off Pounds Sensibly) meet Monday, 4 pm weigh-in, 4:30 pm meeting at Immanuel Lutheran Church, Crosby. Call Mabel Semler 218-546-6523 for meeting location information.

Weight Watchers meets every Wednesday at 5:45 pm at the Deerwood VFW. Weigh in begins at 5:15 pm. For more information, call 218-820-9725.

White Pine Riders ATV Club meet 2nd Sat. each month (Feb. - Oct.) at McGrath Fire Hall, 10 am, open to public.

2019 January

19th - 2nd Annual Brandon Harwig Memorial Fishing Contest on Blackhook Lake. Sign-up at the Town Tavern in Ironton, \$20 entry fee. Limit 150 people.

24th - Happy Hour for Wild and Free Rehabilitation Program, 5 pm - 7 pm at Cuyuna Brewery Company in Crosby, \$15.00 gets you in the door. Light appetizers supplied by Iron Range Eatery Beer samples supplied by Cuyuna Brewing Company. Please RSVP by January 20 by calling 952-594-9273

26th - Brainerd Jaycees Fishing Extravaganza, noon - 3 p.m. Hole in the Day Bay Gull Lake

February

2nd - Scorpion Homecoming and the Cuyuna Lakes Chamber Fishing Contest on Serpent

Minnesotans fish free with kids Jan. 19-21

Take a Kid Ice Fishing Weekend is this Saturday, Jan. 19, through Monday, Jan. 21. During the weekend, Minnesota residents age 16 or older can fish or dark-house spear without an angling or

spear license if they take a child younger than 16 fishing or spearing. "This weekend is a way to encourage anglers to take a kid fishing," said Jeff Ledermann, education and skills

team supervisor with the Minnesota Department of Natural Resources. "Ice fishing is a great way to get outdoors in winter." Before heading out, anglers or spearers should check ice

conditions locally. Visit mndnr.gov/icesafety for ice safety guidelines and <http://bit.ly/TakeaKidIceFishingWeekend> for more information about taking kids fishing.

Mystic Lodge meets 1st & 3rd Tuesdays of the month at 7 pm except June, July & August meet only 1st Tuesday at 7 pm over the Eye Care Center in Aitkin. National Alliance on

Aitkin SnoDrifters snowmobile safety training

2019 Snowmobile Safety Training

Aitkin SnoDrifters will offer a snowmobile safety training certification course for ages 11-15 at the Aitkin SnoDrifters Clubhouse, 1070 Airpark Drive, Aitkin on Saturday, January 19, 9:00 a.m. - 1:00 p.m.

Certification is required by law for residents born after December 31, 1976.

Attendees must complete prior to coming to the field day certification course:

- **Online course.** Course registration can be found on the MN DNR website: <http://www.dnr.state.mn.us/safety/vehicle/snowmobile/index.html> (fee for course to MN DNR is \$24.95 and then an additional \$5.00 after field day to MN DNR)
- **Follow-up voucher.** After completion, please print a "youth follow-up voucher" to bring with to the field day. There is no cost for the field day.
- **Participate in the snowmobile field day,** Saturday, January 19 at the Aitkin SnoDrifters clubhouse
- Certificate becomes valid at age 12


Bring to the course:

- Youth follow-up voucher from online training
- Helmet and warm clothes for field certification (snowmobiles will be provided)

• Parent/Guardian to sign a release at beginning of class (parents do not need to stay)

Please register by emailing: aitkinsnodrifters@gmail.com with student's name, age and

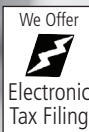
contact information. Class is limited to the first 30 registered students. Students must have the online portion completed to participate in the field day.



MORRIS-MORRIS
CERTIFIED PUBLIC ACCOUNTANTS

DALE MORRIS, CPA
DON MORRIS, CPA

214 - 1st Ave. NW • Aitkin, MN
218-927-4270
HOURS: Mon.-Fri. 8 am to 5 pm; or by appointment





HAPPY HOUR:
4 pm - 6 pm

1st St. & 1st Ave., Crosby • 218-546-6575

Saturday and Sunday
8 a.m. to 11:30 a.m.

Breakfast

**Country Fried Steak,
Potatoes and Eggs \$9.95**

CALL 218-546-6575 FOR TAKEOUT ORDERS!
OPEN 7 DAYS A WEEK • KITCHEN HOURS: 11 AM TO 9 PM
BAR HOURS: 10 AM TO CLOSE MON - FRI • 9 AM TO CLOSE SAT & SUN

ONE OF
MINNESOTA'S

LARGEST SELECTION

OF HYDRAULIC HOSE & FITTINGS
UP THRU 2" 4 WIRE

rileyautosupply.com

RILEY'S NAPA AUTO SUPPLY

AITKIN • 218-927-2153

HOSES ALSO AVAILABLE AT:
PALISADE COOP • PALISADE • 218-845-2333
D&S TRUCK REPAIR • MCGREGOR • 218-851-1555
NORD AUTO PARTS • GRAND RAPIDS • 218-327-1191
*SOME SIZES NOT AVAILABLE AT ALL LOCATIONS

Hoppers Helper's Service Directory

APPLIANCE SALES & SERVICE

Jim Blakesley Appliance Service & Repair
218-927-2027 • 1-888-450-8845 • Aitkin Washers, Dryers, Stoves, Refrigerators, Air Conditions, Septic Protectors, and MORE. Authorized Platinum Star Service.

Lammers Appliance Repair



Appliance Service & Repair
Servicing all brands of appliances in Aitkin & surrounding areas.

Jay Lammers
218-851-1455

COMPUTERS

Call Billy "Mac" (Billy Hoffs)
218-851-9990 or email bhoffs@mac.com
All things Mac, from purchasing new or used, to teaching, to repairs "Friendly & Honest" I make house calls

CONTRACTORS

Radtke Remodeling & Construction
Custom Built Homes • Remodeling • Garages New Additions • Pole Buildings • General Contracting • Insulation Dean Radtke, Aitkin. Lic. #20108758
www.radtkeremodelingconstruction.com
218-678-3403 • 218-839-6103

FLOORING

Jeff Wiberg Hardwood Floors Serving All of Minnesota Installing • Sanding • Refinishing 20 Years Exp. **Jeff Wiberg, Owner 218-330-2576**

HEATING & AIR CONDITIONING

Ken's Heating & Mobile Home Supply
LP & Natural Gas • Nationally Certified Service Technician - over 30 Years Experience Residential & Commercial • Mobile Home Heating and Air Conditioning • RV's/Supplies 218-821-6720 • Aitkin • kensheatingllc.com

INSURANCE

 **SECURITY STATE INSURANCE**

4 locations to serve you
Aitkin 218-927-3712 • Onamia 320-532-3235
• Isle 320-676-3795 • Grand Marais 218-387-1540

PAINTING

Solution Painting • 612-387-4042 Free estimates interior / exterior / professional results.

PET CARE SERVICE

Dogpatch • 218-927-4353 Expert Pet Grooming & Boarding Services. West of Aitkin on Cedar Brook Rd.

SHOE REPAIR

Harting Shoe Repair 509 Washington Street, Brainerd. Drop Stations: Crystal Cleaner Crosby 218-829-2496

TREE SERVICES

Kokesh Stump Tree Removal • 218-927-2745

SERVICE DIRECTORY RATES

5 lines for \$15.00 per week
4 lines for \$12.00 per week
3 lines for \$9.00 per week



Living Well

HEALTH IMPROVEMENT CLASSES

LEARN ABOUT FITNESS, NUTRITION
AND LIVING A HEALTHY LIFESTYLE

**THURSDAYS,
FEBRUARY 7
- MARCH 14**

**5:15 TO 6:15 P.M. AT
HEARTWOOD SENIOR LIVING
COMMUNITY CONFERENCE ROOM**

**Free but must commit to
participate all six weeks**

REGISTER AT
[www.cyunamed.org/
wellness/living-well](http://www.cyunamed.org/wellness/living-well)

FOR MORE INFORMATION
218-546-2616

SPONSORED BY

CRMC
CUYUNA REGIONAL
MEDICAL CENTER
Dedicated to You. Every Day.

HALLETT CENTER
of Crosby

Tell 'em you saw it in the NEWSHOPPER
Deadlines are Mondays at Noon

Grange awarded for community service

The Clear Lake Grange got a national award for their community service in Aitkin. Among their projects: Potholder project to benefit

children; senior citizens' bingo and card making at Aitkin Health Services; volunteering at the Aitkin County Fair; coordinating

the Outstanding Senior Citizen Award; Triad, Friends of the Library, Depot Museum, Age to Age, veterans' visits, quilts for the Ronald

McDonald House; Coats for Kids, bell-ringing for the Salvation Army and donating cash and items to food shelves.



Grange members and guests, from left: with the Grange cape, Bonnie Mikkelson, president of the Clear Lake Grange; John Crippen, Minneapolis, president of the state grange; Donna Appel, lecturer; Donna Champion, Loretto, MN, state grange secretary; Elaine Kinenitz, Clear Lake secretary; Pauline Moore, Clear Lake vice president and Roxy Appel Wigton, Clear Lake treasurer.

Ann Schwartz photo

Reasons holistic dentistry is gaining popularity

An emerging branch of dentistry – which dental professionals say is largely patient-driven – is called “holistic” or “holistic biological.” Holistic dentists believe that poor oral health leads to poor physical health. They perform traditional procedures, but consider the whole body — diet, lifestyle, emotional health—when treating teeth. They also focus on using what they consider to be safer materials.

“It’s the opposite of common dental culture, which is simply ‘drill and fill,’” says Dr. Nammy Patel, DDS (www.sfgreendentist.com), author of *Age With Style: Your Guide To A Youthful Smile & Healthy Living*. “Holistic dentistry is looking at and addressing the underlying causes for gum disease and cavities; for example, is it your diet, hormonal changes,

or acid reflux?”

“For many years in the dental profession, it was assumed that your oral health had only a tangential effect on your overall health. We now know better.”

Dr. Patel provides five reasons holistic dentistry is trending up as a treatment approach by patients:

Focus on the whole body and root cause

Holistic dentistry looks beyond symptoms to find root causes for dental issues while expanding methods of preventive care. “It’s a deeper look at a patient that offers them numerous benefits when considering diet and lifestyle and how it all connects with oral health,” Dr. Patel says.

Minimally-invasive treatments

“The focus is on helping patients avoid unnecessary,

painful and drawn-out procedures that can hurt overall well-being,” Dr. Patel says. “That doesn’t mean sacrificing high-tech treatments for disease. Laser treatments for gum disease and cleaning are one example of minimally-invasive. The latter does a great job of destroying bacteria that are the biggest danger to your oral health. Air abrasion and ozone therapy are effective other effective minimally-invasive procedures.

Biocompatible and non-toxic materials

Holistic dentists will remove amalgam (mercury) fillings or crowns and other appliances made from more natural substances. “A traditional approach to dentistry often uses mercury amalgam fillings or crowns and other harmful materials when treating dental issues,” Dr. Patel says. “Research has shown all kinds of health problems related to mercury, from thyroid issues to Alzheimer’s. Holistic dentistry will use non-toxic resins and materials fully compatible with the body.”

Alternatives to root canals.

Dr. Patel says holistic dentists are more likely to look at alternatives, such as herbs, laser therapy, or extractions. A key reason: “Research shows unless root canals are

completely sterilized and cleaned of all bacteria, the bacteria can get in the bloodstream can cause chronic health complications,” Dr. Patel says.

Balances cosmetics and function

“Missing, damaged, or crooked teeth can make you feel self-conscious and affect your quality of life,” Dr. Patel notes. “Holistic care takes a balanced approach to both form and function when developing a dental care plan. For example, if you’re worried about stained teeth, they’ll guide you first to healthy foods that alleviate the problem.”

“Holistic dentistry is committed to making sure you’re comfortable, making your teeth last a lifetime, and using the most natural materials available,” Dr. Patel says.

Dr. Nammy Patel, DDS (www.sfgreendentist.com) operates a practice called *Green Dentistry in San Francisco* and is the author of *Age With Style: Your Guide To A Youthful Smile & Healthy Living*. A graduate of the University of California’s School of Dentistry, she focuses on helping patients recognize the vital connection between dental health and whole body health.

ASSISTED LIVING
Rooms Available

**RIVERS
EDGE**

ASSISTED LIVING & ADULT DAY SERVICES

Outside
Patio and
Suites with
views of the
Ripple River

Family Owned & Operated

11 Minnesota Ave. S., Aitkin, MN • 218-429-5785
RiversEdgeAssistedLiving.com • info@RiversEdgeAssistedLiving.com

Why should
we have confidence
in Enbridge?

We’ve been moving oil in Minnesota since 1949.

Safety is a core value at Enbridge—it’s the very foundation of our business—and the safety and reliability of our operations will always be our top priority. In this spirit, and as part of our commitment to the people of Minnesota, we are replacing our Line 3 pipeline with the newest and most advanced pipeline technology. We are working hard to both minimize disruption to landowners and maximize related economic benefits to Minnesotans.

> Here are some ways we’re putting safety first:

Better than 99.999% safety record

Enbridge operates the world’s longest liquid petroleum pipeline system covering over 17,000 miles. In the past 10 years, Enbridge has moved more than 22 billion barrels of oil with a safe delivery record of better than 99.999%.

24/7/365 pipeline monitoring

Enbridge’s entire pipeline network is monitored 24/7/365 by a dedicated team of specially trained staff members at our state-of-the-art Control Center. We monitor our pipelines for potential leaks using multiple computerized systems. We constantly monitor pressure, temperature and other key data from thousands of points along our system to quickly identify and respond to unexpected changes.

Prevention is key

Enbridge focuses heavily on prevention to keep our pipeline network safe. Our multiple overlapping safety measures include high-tech internal inspection tools, remotely controlled isolation valves, cathodic protection, robust pipeline coatings, and a vigilant maintenance program.

ENBRIDGE
Life Takes Energy™

70
YEARS
Proudly
delivering
energy in
Minnesota.

Find out more at enbridge.com/line3us