

# Exchange

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January 23, 2019 : Vol. XL : #4

Shelbyville

Every Mailbox, Every Wednesday



## What Can Stem Cells Do For You?

Are you considering knee, hip, shoulder, ankle, or wrist surgery or just having severe pain?



I'm Pauline Mignogna from Winchester TN and I've been having problems with my knee. As far as the injections of the stem cell it was a breeze. And this is only my third week And I am moving around just like nothing ever happened to my knee. And I'm very proud and happy that I had this done.

### Then Come To Our Free Lecture On How Stem Cells Can Prevent Surgery!

**January 28<sup>th</sup> & 30<sup>th</sup> at 6:00 P.M.**

Jan. 28<sup>th</sup> at: Southern Middle Tennessee Entrepreneur Center  
414 Wilson Avenue, Tullahoma

Jan. 30<sup>th</sup> at our office: 1940 N. Jackson St., Tullahoma

**Call 931-393-2401 Now!**  
**Limited to the First 15 Guests**

Tullahoma Chiropractic and Medical Center is hosting a **FREE** Advanced Stem Cell Protocol lecture. Grab a seat and a snack and learn how this stem cell injection and Cold K-Laser treatment can help you get back on track.



Tullahoma Chiropractic and Medical Center is hosting a **FREE** Advanced Stem Cell Protocol lecture. Grab a seat and a snack and learn how this stem cell injection and Cold K-Laser treatment can help you get back on track.



**Dr. Joseph Kanan**  
Spinal Decompression Certified  
26 Years Experience  
K Laser Certified  
Published Author

**Call 931-393-2401 Now**  
**Tullahoma Chiropractic & Medical Center**  
Check Us Out On Facebook!

1940 N. Jackson St. (Next to Ruby Tuesday) • Tullahoma, TN 37388

**tennstem.com**

# ABSOLUTE AUCTION:

SATURDAY • JANUARY 26 • 10AM



**100 Deery Street, Shelbyville, TN  
7,200 Sq Ft Commercial Building  
Great Office Or Retail Space!**

The upstairs features a full bath with laundry hookups, two high-efficiency Trane HVAC units and an existing three-phase electrical service. Additionally, the building includes a 3,600 square foot unfinished basement with sewer, already plumbed for potential build-out, if desired. This commercial property is on a paved corner lot, two blocks from the Bedford County Court House.

**Real Estate:** A Buyer's Premium of 10% will be added to the final bid price to determine the final contract price. \$5,000 will be collected as earnest money and down payment day of sale. Closing within 30 days of sale date, and possession at closing with taxes prorated.

**Directions:** Take 231 South into Shelbyville, turn left onto the Highway 82 Bypass, then left onto East Depot Street. The property is on the left at the signal light where at Derry Street.

**Notices:** This ad serves as notice to any interested parties to conduct an assessment prior to the auction. Buyers are encouraged to make all inspections necessary and to use due diligence prior to the sale date • Property is as being sold in "as is" condition • No warranties are expressed or implied. Announcements made day of sale take precedence over previous advertising, any printed materials or any other written statements. • All information deemed reliable, but not guaranteed.

**REFERRING AGENT DARIN HASTY • CALL 931-224-4400**



Jimmy Simmons 931-703-3191 Chuck Gunn 931-607-5889  
Joey Simmons 931-607-7576 Josh Simmons 931-703-3549

**1404 N. MAIN STREET • SHELBYVILLE, TN 37160  
931-680-1680 • LICENSE #5154**

**HOME TEAM REALTY & AUCTION, LLC**

POWERED BY HERITAGE REALTY GROUP

FOR MORE DETAILS VISIT [AUCTIONZIP.COM](http://AUCTIONZIP.COM) OR  
[HOMETEAMREALTYANDAUCION.COM](http://HOMETEAMREALTYANDAUCION.COM)

## Sell Your Tractor Exchange931.com

### Announcements Bedford County

VEHICLE TO SELL. The following vehicle will be sold if not claimed and bill paid in full: 2000 BMW 740I, WBAGH8342YDP17165. Daniel's Auto Clinic.

### Announcements Coffee County

CLOTHING GIVEAWAY at Fredonia Church of Christ on Matts Hollow Road, Manchester, first Saturday of each month, 9a.m.-11a.m. All size clothing.

AARP VOLUNTEER TAX SERVICE for low income and senior citizens, Manchester, Monday and Wednesday, 8:30-noon, Monday-Coffee County Senior Center, call for appointment, (931)723-8288; Wednesday-Ada Wright Building, walk-ins. Beginning February 4.

FREE CLOTHING for the family. The Clothes Closet, open the first and third Saturday each month, 10a.m.-12 noon, St. Paul's United Methodist Church, 30 Cat Creek Road, Manchester.

NEED RECORDS? Don't pay \$20 for new reproductions. Original vinyl available starting at \$1. All types of music, Rock, Country, R&B, etc. (931)954-0235; or, Facebook A Blast to the Past. 2116 Woodbury Highway, Manchester, TN.

### Find A Pet at [www.Exchange931.com](http://www.Exchange931.com)

VALENTINE SPECIAL AT PATCH MANOR. Lunch, Tuesday, February 12, 11a.m.-2p.m. Reservations, (931)728-4430. Valentines Dinner, Thursday, February 14, 4:30p.m.-7:00p.m. Reservations only, (931)728-4430. No credit/debit.

### Announcements Franklin County

THIS and THAT THRIFT STORE, 204 North Porter, behind Bates Foods, Winchester, Tuesday - Saturday, noon-5p.m. Rada cutlery; used furniture; jewelry; glassware; all size clothing; and more. Donations welcome. Debit/Credit cards accepted. (931)307-3836.

MR. EARLE HAMMERS, will be 90 years old, Friday, January 25. Please help us celebrate his birthday by coming by the store on the square in Winchester, 11a.m.-1p.m. No gifts please.

### Announce Your Event

PLACE YOUR AD ON  
[www.Exchange931.com](http://www.Exchange931.com)

IN ACCORDANCE WITH THE STATE OF TENNESSEE ANNOTATED FOR STORAGE CONTENTS, THE FOLLOWING UNITS WILL BE SOLD ON SATURDAY, JANUARY 26, 2019 STARTING AT 8:30A.M. AT BEST VALUE STORAGE LOCATED AT THE FOLLOWING LOCATIONS. PROPERTY MANAGED BY RIGSBY PROPERTY MGMT., 15 VETERANS DRIVE, DECHERD, TN 37324. (931)967-1693 TO SATISFY STORAGE RENTAL DEBT. 8:30A.M., 107 WEST MAIN STREET, DECHERD, TN 37324. 1) UNIT #324, BELONGING TO CHASITY CAULK. 8:45A.M., 1391 DECHERD ESTILL RD. 1) UNIT #32, BELONGING TO JAYNE MEEK; 2) UNIT #33, BELONGING TO KASEY MAXWELL; 3) UNIT #35, BELONGING TO CHRISTINA MEEKS; 4) UNIT #37, BELONGING TO KENNETH LOWERY; 5) UNIT #67, BELONGING TO APRIL TAYLOR; 6) UNIT #143, BELONGING TO SARA TATE; 7) UNIT #147, BELONGING TO NATHAN ZANDI; 8) UNIT #154, BELONGING TO SHERRY LIMBAUGH; 9) UNIT #157, BELONGING TO ANDREW PRINCE; 10) UNIT #200, BELONGING TO TIFFANY CHEEK; 11) UNIT #23, BELONGING TO CLINT PAYNE.

### Announcements Lincoln County

PARK CITY FLEA MARKET AND AUCTION, auctions every Friday night, 6p.m., 2748 Huntsville Highway, Fayetteville. Lots of great merchandise! (931)691-4081.

## Obituaries

**GURTON, SPENCER** - 74, Shelbyville, TN. January 17, 2019. DOAK-HOWELL FUNERAL HOME, Shelbyville, TN. (931)684-5011.

**WEAVER, MARGARET LYNNE** - 67, Shelbyville, TN. January 12, 2019. Celebration of Life service, 1446 Hwy. 64W., Shelbyville, 2 p.m., Saturday, January 19, 2019. DOAK-HOWELL FUNERAL HOME, Shelbyville, TN. (931)684-5011.

PULL TABS FOR RONALD MCDONALD HOUSE CHARITY, help the Lions Club of Fayetteville collect pull tabs from cans (soda/food/others). Please bring them to the Exchange, 404 Main Avenue South, Fayetteville.

SISSY'S ANTIQUES AND INTERIORS, will be closed on Mondays beginning January 21 till further notice. Our winter hours are Tuesday-Saturday, 10a.m.-5p.m.

FOUR TICKETS TO HARLEM GLOBETROTTERS EVENT, Sunday, January 27, 3p.m., Von Braun Civic Center, Huntsville, \$30 each or four for \$100. (931)433-6386.

THE FAYETTEVILLE HOUSING AUTHORITY will be accepting bids for the removal and the replacement of shingles on 23 buildings on Elmwood Circle Drive in Fayetteville, TN. Scope of work may be picked up at the Fayetteville Housing Authority office at 1112 Locust Street in Fayetteville, TN. Or by email at [gpresley@fpunet.com](mailto:gpresley@fpunet.com). Deadline for bids to be returned will be February 4, 2019.

FREE CLOTHING, SHOES, HOUSEHOLD ITEMS, ETC. for the needy. The Mission at Gum Springs Baptist Church, located off Highway 64, 1 mile east of Jeff's Market, open every Thursday, 8a.m.-2p.m. Operated by Linda Martin.

\$50 STORAGE UNIT COUPON - Call today to rent a unit and tell the manager you want to use the Exchange coupon. Your Extended Attic. Fayetteville location, (931)433-5550; or Park City location, (931)273-9737.

**BLACK BALDY ANGUS COW.** Looking for information regarding the owner of a black Baldy Angus cow that was hit by a truck near the intersection of Howell Hill Road and Price Lane on the night of December 21, 2018. Please call. (931)433-7295.

HUGE COIN COLLECTION up for auction this Friday, January 25, Park City Auction, 6p.m., 2748 Huntsville Highway. Tons more. (931)691-4081.

FREE CLOTHING! All sizes-all ages: male, female, infants. Old Time Christian Outreach Center, 1992 Pulaski Highway 64 West, Fayetteville, at The Father's House Church, Tuesdays, 9a.m.-3p.m. (931)625-1326.

### Announcements Out of Area

Enjoy 100% guaranteed, delivered to-the-door Omaha Steaks! Makes a great Holiday gift! Save 75% plus get 4 free burgers. Order the Family Gourmet Feast - only \$49.99. Call 1-855-349-0656 mention code 55586TJC or visit [www.omahasteaks.com/love13](http://www.omahasteaks.com/love13). cadnet

DIRECTV CHOICE, all-included package. Over 185 channels! Only \$45/month (for 24 mos.) Call now-get NFL Sunday Ticket free! Call 1-877-666-2821. Ask us how to bundle and save! sapa

DIRECTV Select Package! Over 150 channels, only \$35/month (for 12 mos.). Order Now! Get a \$100 AT&T Visa rewards gift card (some restrictions apply). Call, 1-877-666-2821. sapa

Generic Viagra and Cialis! 100 pills \$99. Free Shipping! 100% guaranteed. 24/7. Call now! 888-889-5515. cadnet

### Antiques

ANTIQUA WARDROBE, \$200. (931)492-4154.

VICTORIAN PETTICOAT CHAIR, carved wood, tapestry fabric, serious inquiries only, \$225. (931)703-3754.

ANTIQUA SCHELLENBERG, TRIER UPRIGHT PIANO, good condition, has nice mellow sound. Lloyd soundboard, 2 back wheels are missing, \$400, negotiable. (931)732-4095.

ANTIQUA CHIFFEROBE and small matching dresser for sale, \$250; antique dining table, \$100. (931)247-0858.

VICTORIAN SOFA, Carlton McLendon beautiful tapestry velvet floral, mint condition, pictures available, \$750. Negotiable. (931)684-9510.

VICTORIAN CHAIRS, Carlton McLendon, ladies' green, gent's red velvet, mahogany wood, mint condition, \$450. Negotiable. (931)684-9510.

COLLECTION OF ANTIQUA CREAMERS Dealers welcome. (931)703-3754. \$3 each. See pictures on [exchange931.com](http://exchange931.com). (931)703-3754.

1894 SPITTIN' IMAGE DAISY BB GUN for sale, original box, \$150. (931)993-8455.

### Automotive Accessories

2005 CHEVROLET SILVERADO, Z71 4x4, used transmission for sale, \$450. (931)580-9596.

TWO METAL RAMPS for sale, can be used on porch or car, \$195. Winchester area. (931)636-0131.

THIRD ROW SEATS for 2005 Tahoe, tan, \$400 or best offer. (931)469-7227.

16" TIRES for sale, 265-70x16; 245-75x16 - 6ply - 8 ply; 235-85x16, 10 ply; 235-60x16 Michelin; 235-60x16 Bridgestone; 235-70x16; 225-60x16; 215-60x16; 205-55x16. \$250 plus. (931)703-1130.

USED TRANSMISSION for sale, fits 2005 GM Colorado truck, \$445. Shelbyville. (931)580-9596.

**Sell Your Animals**  
PLACE YOUR AD ON  
[www.Exchange931.com](http://www.Exchange931.com)

6'X8' UTILITY TRAILER for sale, made on pickup truck bed, good tires, pressure treated beam, floor, 3' sides, \$300. (931)588-2186.

6'x12' ENCLOSED V-NOSE TRAILER, like new, only used a few times, drop axles sits low, easy loading, spring assist ramp door, side door, roof vent, 24" aluminum tread plate stone guard, LED lights, light gray in color, \$2,299. (256)426-2088.

15" TIRES for sale, 31-10.50x15, nice, \$150; 235x75x15, \$150; 225-75x15, \$200; 215-70x15, \$200; 205-60x15, \$200; 195-60x15, \$200. (931)703-1130.

1 PR 375 HP CYLINDER HEADS, \$75. 1 PR 300 hp cylinder heads, \$100. One 300 hp cam, unknown, \$50. All small block Chevrolet. (931)247-2643.

14" TIRES for sale, 225-70x14, \$200; 205-75x14, \$200; 185-60x14, \$200. (931)703-1130.

17" AND 18" TIRES for sale, 285-70x17 Bridgestones, nice!!!; 255-65x18; 245-65x17; 265-70x17; 235-65x17; 245-75x17. (931)703-1130.

16' FLATBED TRAILER for sale, two axles, bumper hitch, \$1,200 or best offer. Shelbyville area. (931)619-5592.

5'x8' TILT TRAILER for sale, new spare tire, \$450. Tullahoma. (931)434-1978.

### Books, Movies & Music

Become a published author. We want to read your book! Dorrance Publishing-Trusted by authors since 1920. Book manuscript submissions currently being reviewed. Comprehensive services: Consultation, production, promotion and distribution. Call for your free author's guide 1-877-626-2213 or visit <http://dorranceinfo.com/classified.cadnet>

THE GREAT GAME OF BUSINESS: The Only Sensible Way to Run A Business by Jack Stack, \$3; Antique Blue and White Spode by Sydney B. Williams, \$3; The Cuckoo's Haiku by Michael J. Rosen, \$3; Love Without Limits by Nick and Kanee Vujicic, \$3; A 1934 Text on Plane Geometry by Strader and Rhoads, \$3. The Book Shelf in Northgate Mall, Tullahoma. (931)273-8001.

THE ART DETECTIVE by Phillip Mould, \$3; Final Judgment: The Missing Link in the JFK Assassination Conspiracy by Michael Collins Piper, \$8; The New Adventures of Sherlock Holmes edited by Martin H. Greenberg and Carol-Lynn R. Waugh, \$2; When Will Jesus Bring the Pork Chops? by George Carlin, \$2. The Book Shelf in Northgate Mall, Tullahoma. (931)273-8001.

DIRTY MINDS, the game of naughty clues, 2-6 players, \$5. (615)849-5012.

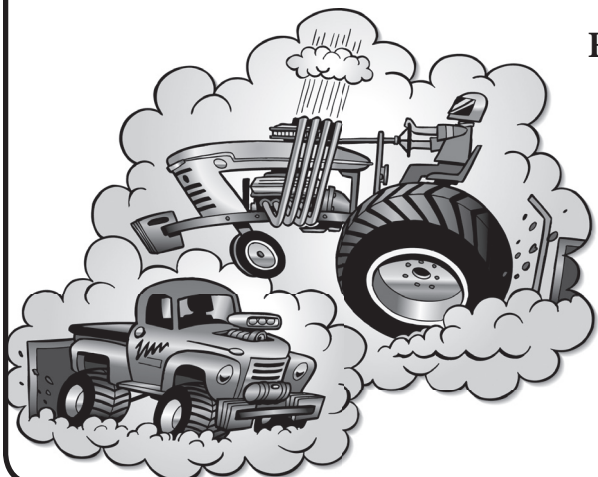
JIGSAW PUZZLE, Santa's Workshop by Betty Whiteaker, 550 pieces, 18x24 inches, \$7. (615)849-5012.

A BEKA BOOKS, grades 1-9, new and used with teacher's editions, no reasonable offer refused. (931)652-8159.

LOOKING FOR GOOD USED PIANO, want piano for elderly mother, can not be upright as space provided is for smaller type. Has played all her life, current piano can no longer be tuned and she misses her music. Can not afford a lot, thanks for your help. (931)954-0743.

JIGSAW PUZZLE, Life's Little Tangles by Dona Gelsinger, 1,000 pieces, 26.75x19.25, find the angel in the picture, \$10. (615)849-5012.

# Tractor & Truck Pull



February 1<sup>st</sup> & 2<sup>nd</sup>, 2019

Tennessee Miller Coliseum  
Murfreesboro, TN

Three Sessions!!!

Session #1 Friday 7:00 P.M. CST  
Session #2 Saturday 11:00 A.M. CST  
Session #3 Saturday 7:00 P.M. CST

Kids 10 and under free  
Session 1&2 - Adults \$15  
Session 3 - Adults \$20  
Tickets available online or at the Coliseum Box Office

Joe Wamble (731) 697-3424  
David Holbrook (615) 406-0382  
Melissa Holbrook (615) 809-6154  
[www.southernmotorsports.net](http://www.southernmotorsports.net)

## SERIOUS ILLNESS?

You May Qualify for a Living Benefit Loan

Have you been diagnosed with cancer or another serious medical condition? Do you have at least \$75,000 of life insurance?

Through our program you can borrow money from your life insurance and receive up to 50% of your policy's death benefit today.



Call today to see if you qualify.  
**1-855-632-0124**

AW18-1023



# JOIN OUR TEAM!

## Now Hiring

### Registered Nurses

CCU, Medical Acute, PCU,  
Surgery & Women's Center

### Sign On Bonus Available

**Tennova Healthcare Harton**  
1801 N. Jackson St. | Tullahoma  
**931-393-7847**  
Apply at [tennova.com](http://tennova.com)



EOE - Drug Free Workplace

JIGSAW PUZZLE, 2011 Summer's Heritage by Thomas Kinkade, Painter of Light, 1,000 pieces, 27x20 inches, series 18, \$10. (615)849-5012.

### Building Supplies

OLD BRICKS, approximately 1,000, \$.50 cents each; concrete blocks, approximately 50-60, \$1.00 each. Elora area. (931)625-1736.

WHITE STANDARD SIZE TOILET, \$20. (931)625-1736.

100 CONCRETE BLOCKS for sale, \$1/each. (931)652-2886.

RINNAI TANKLESS WATER HEATER, RUC981 Natural Gas, new sealed box, in Winchester, cash only, \$999. Text or leave message. (615)480-0037.

### Cars / Trucks

1983 FORD F250, does not run, selling for parts, \$700. (931)993-1414.

JUNK BATTERIES, buying junk lead acid batteries, car, truck, boat, ATV, etc. (931)607-9653, please leave message. Thank You!

1954 BUICK ROADMASTER for sale, model 76R, Riviera hardtop, 8 cylinder, 322cid/4BBL, Dynaflo automatic transmission, power steering, windows, brakes, original drivetrain and interior, new carpet, wire wheels and wide whitewalls, black exterior, black and red interior, \$11,500. (615)440-1948.

2003 FORD EXPEDITION for sale, garage kept, mint condition, loaded-sunroof, DVD player, leather, low mileage, lady owned and driven, \$5,500. (931)625-2443.

2013 HYUNDAI ELANTRA GLS, only 42k, still under factory warranty, one owner car, loaded, excellent condition, call for more details, serious buyers only, \$10,500. Estill Springs. (615)788-2413.

2001 CHEVY MALIBU, good condition, runs good, \$1,200. (931)205-7757.

Donate your car, fast free towing, 24hr response, tax deduction. United Breast Cancer Foundation, your donation can help save a life! (877)654-3662. cadnet

1993 F-150 XLT for sale, 129k miles, 5.0, 5 speed manual, short wheel base, very nice, \$5,000. (931)339-7500.

2012 JEEP WRANGLER SPORT, 6 cylinder automatic, hard top, automatic transmission, excellent condition inside and out, setup for towing, 34,000 miles, \$24,500. (931)581-3620.

PRE-OWNED 2007 Lincoln Town Car Signature Limited Edition, loaded, new tires, 39K actual miles, STK#S064, TNDL#2248, \$8,900 plus TTL. (931)625-3434.

\$\$\$\$ CASH \$\$\$\$ FOR JUNK CARS, no title needed if over twelve years old. Same day pickup. (931)308-3537.

1998 DODGE RAM 1500 for sale, black, 178k, 4x4, 5 speed manual, new 10 ply tires, goose-neck ball, toolbox, brush guard, \$4,900. (931)675-9222.

Cars/trucks wanted!!! All makes/models 2002-2018! Any condition. Running or not. Top \$\$\$ paid! Free towing! We're nationwide! Call now, 1-888-985-1806. cadnet

2006 CHEVROLET TRAILBLAZER, 169K, automatic, 4.2 V6 engine, excellent condition, well maintained, new tires, blue book \$5,000, asking \$4,200. (931)222-9879.

2006 BMW 325ic, convertible, 2DR, black w/tan leather, automatic, CD/NAV/DVD, 95,000 miles, beautiful car! \$8,500. (931)625-0245.

1994 FORD RANGER, runs, needs transmission, new windshield, see pics on [www.exchange931.com](http://www.exchange931.com). 108,082 miles, no holds, \$500. (931)212-3939.

2003 DODGE NEON, 4dr, damaged doors on driver's side, runs good, good motor and transmission, 34mpg, \$800. (931)364-7247.

WE BUY JUNK CARS AND TRUCKS. We also buy running vehicles. Will remove vehicles from your yard! (931)251-3005.

PRE-OWNED 2008 Cadillac DTS, loaded, extra clean inside and out, 67K actual miles, STK#T028, TNDL#2248, \$7,900 plus TTL. (931)625-3434.



2009 ACURA RL, 56,907 miles, all maintenance up to date, excellent condition, garage kept, \$14,500. (757)254-3954.

JUNK CARS AND TRUCKS wanted, running or not, top dollar paid. Call, (931)625-6130.

Cars/Trucks wanted!!! 2002 and newer! Any condition. Running or not. Competitive offer! Free towing! We're nationwide! Call now: 1-888-416-2330. nani

### Clothing and Accessories

NIKE SHOES, size 12, good condition, small nick on toe, pictures on website, \$40. (931)212-3939.

BYRNES AND BAKER THERMAL RIDING JACKET, size large, great condition, only worn once, \$60. (931)398-0736.

CERTAIN TRADING POST FRINGE DEERSKIN JACKET, like new, size 36, woman's jacket, might need cleaning, has been in closet, \$100. (931)398-0736.

5 PAIRS OF PANTS, all in very good condition, pictures on website, \$30 for all or \$5 each. (931)212-3939.

WESTERN COWBOY HAT, size 7-5/8, brown, originally \$175, new, never worn, \$80. (931)649-3023.

ASSORTED TOPS, ladies' tops, assorted colors and styles, size large, \$2 each. (615)849-5012.

MEN'S SWEAT AND ATHLETIC PANTS, size 3x, 5 pair, Danskin and Starter brands, \$25 for all. No texts. (931)273-6257.

MAUI JIM SUNGLASSES, paid \$200 new, style Makaha glass, black/neutral grey, very comfortable and light, \$75. (615)849-5012.

### Electronics

FOR SALE, PS3 games, \$9 each. Winchester area. (931)636-0131; (931)967-1022.

DELL DESKTOP, W7, HOME, 3GB memory, 3.0GHZ intel, Manchester pickup, \$175. (931)728-3728.

2 DISH NETWORK SATELLITE RECEIVERS WITH REMOTE, model DP301-DE01, DE04 black, Dish 311-DE01, DE04, DE06, great condition, Free! (931)433-2199.

MACBOOK PRO 2010 13", mid 2010, faster with 275 SSD drive, 4gb memory, Manchester, High Sierra, or fix yours, \$325. (931)728-3728.

FREE! SONY 42" LCD PROJECTION HD-TV, model #KDF-42WE655. Need to have lamp replaced. (931)433-2199.

HP LAPTOP W10, 15". 320 hard drive, 4bm memory, charger included, Manchester, have Dell too, \$175. (931)728-3728.

STAN MCNABB CHRYSLER DODGE JEEP RAM FIAT



# TAX TIME ON HIGHWAY 55

### PRE-OWNED

2012 Toyota Camry Hybrid XLE  
  
 Sale Price \$9,392  
 Stk# C0989A

2015 Ford Fiesta Titanium  
  
 Sale Price \$9,572  
 Stk# C0983A

2013 Dodge Journey SXT  
  
 Sale Price \$11,993  
 Stk# C0877A

2013 Nissan Rogue S  
  
 Sale Price \$12,090  
 Stk# C1021A

2016 Ford Fusion SE  
  
 Sale Price \$13,563  
 Stk# PU6912

2016 Kia Soul Base  
  
 Sale Price \$14,629  
 Stk# PU6974

2016 Toyota Camry SE  
  
 Sale Price \$15,371  
 Stk# PU6958

2016 Ford Escape SE  
  
 Sale Price \$15,429  
 Stk# PU6923A

2016 Toyota Corolla L  
  
 Sale Price \$15,656  
 Stk# PU6976

2017 Dodge Grand Caravan SXT  
  
 Sale Price \$16,326  
 Stk# PU6964

2018 Chevrolet Impala LT 1LT  
  
 Sale Price \$16,950  
 Stk# PU6949

2017 Chevy Equinox LT  
  
 Sale Price \$16,995  
 Stk# PU6961

2017 Nissan Sentra NISMO  
  
 Sale Price \$17,469  
 Stk# PU6927

2016 Mazda6 i Grand Touring  
  
 Sale Price \$17,899  
 Stk# PU6913

2014 Dodge Charger SXT Plus  
  
 Sale Price \$18,202  
 Stk# PU6934

2016 Jeep Cherokee Latitude  
  
 Sale Price \$18,396  
 Stk# C0578A

2016 GMC Terrain SLE-1  
  
 Sale Price \$18,438  
 Stk# PU6977

2015 Cadillac ATS 2.5L Luxury  
  
 Sale Price \$18,701  
 Stk# C0522A

931-928-1800  
  
 stanmcnabbdj.com  
 1200 East Carroll St., Tullahoma, TN

All prices are plus tax, tags and \$399 doc fee. Due to ad deadline, some vehicles may be sold.

MACBOOK PRO i5 CORE, 13" 4gb memory, 320hd, 2011, Manchester pickup, \$350. (931)728-3728.

XBOX ONE TRIALS FUSION CD, game disc, original box, Manchester pickup, \$15. (931)728-3728.

SAMSUNG GALAXY S7, 32gb memory, Antroid 6.0, 5.1 inch quad HD screen, Wifi, 4G LTE, with adapter and case, \$80. (931)607-3514.

7" ASUS MEMO TABLET, new in box, 16gb storage, Android 4.4.2. Memo pad 7, Manchester pickup, \$99. (931)728-3728.

XBOX ONE POWER SUPPLY BRICK, after market power supply, Manchester pickup, you get two, \$25. (931)728-3728.

DISH TV \$59.99 for 190 channels, \$14.95 High Speed internet. Free installation, Smart HD DVR included, free Voice Remote. Some restrictions apply. Call, 1-855-419-7188. sapa

THERMALTAKE RGB 700W POWER SUPPLY, never been used, still in box, 5 year product warranty from Thermaltake, \$60. jonathan.ac.thompson@gmail.com. Text, (931)954-2475.

9" TABLET, open box to charge test, 8gb, but can add with sd card, Android OS, \$80. (931)728-3728.

VIRTUAL REALITY, Art + Vision Virtual Reality headset with high definition earbuds, works with all Smartphones, exciting, \$10. (615)849-5012.

IF YOU BOUGHT A NEW TV, advertise your old one in the Exchange. One item selling for \$1,000 or less, can advertise in the Exchange at no charge. [www.exchange931.com](http://www.exchange931.com).

### Exercise Equipment

EXERCISE TAPE, VHS video by Tony Little. Abs, Hips and Thighs. Total Body, \$1. (615)849-5012.

KETO FUEL, burns fat, increases energy, 3 months supply, never opened, sell at cost, \$120. (931)364-3283.

BELL STATIONARY EXERCISE BIKE for sale, good condition, \$15. Tullahoma area. (931)434-1860.

PROFORM CROSSWALK 380 EXERCISER/TREADMILL, arms, handrail, accessory tray, key clip, \$200. (931)455-3942.

PILATES PRO CHAIR, new, never used, includes four workout videos and booklet, \$100. (931)703-0716.

EXERCISE TAPE, VHS, Abs of Steel, 2000 Platinum series, abdominal toning plus low-impact aerobics for weight loss, \$5. (615)849-5012.

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GOLD'S GYM TREADMILL in excellent condition, pickup in Chapel Hill, \$200. (931)364-3283.



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## WET BASEMENT SYMPTOMS:

- Damp and musty smells
- Wet and nasty basement walls
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- Standing water
- Damage to building materials, stored items and home furnishings

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EXERCISE TAPES, set of 3 VHS Taobo workout tapes for men and women by Billy Blanks, \$15. (615)849-5012.

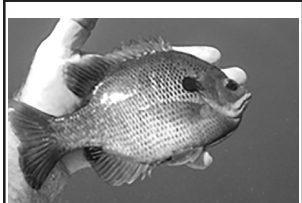
GOLD GYM 290C EXERCISE BIKE, good condition, \$65. (931)993-3972.

### Farm and Garden

CUSTOM CUTS PORTABLE SAWMILL SERVICE. Turn your logs into valuable lumber, at your place or mine! Belvidere, TN. (931)691-7953.

JOHN DEERE 64 hay rake for sale, with dolly wheel, good condition, \$1,600. (931)808-4757.

STUMP BURNING STEEL BARREL, half a steel burn barrel, add wood and charcoal and light it, Shelbyville, \$10. (931)492-1611.



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BURN OR GRAIN BARRELS, 55 gallon steel barrels with removable lids in Shelbyville, TN, \$15. (931)492-1611.

ORCHARD GRASS HAY, FIRST CUT ORCHARD GRASS, SMALL SQUARE BALES, 50LBS. TIGHTLY BALED, HORSE QUALITY, \$5.50. (404)867-1746.

FOR SALE, 1950? FORD TRACTOR, \$3,500; Befco cyclone mower; 6' scrapper blade; boxed flea market items. Belfast area. (931)276-2398.

HI-RUN LAWN TRACTOR TIRES for sale, 2 ply nylon, size 20x8.00-8 with turf tread, used 2 seasons, very good shape, \$15 each. (931)962-4605.

PRATER'S OUTDOOR FURNACES. Central Boiler's Classic Edge Certified Outdoor Wood Furnace as low as \$6,990. Don't Wait! Call today, (931)235-8311.

1962 MODEL D-17 ALLIS CHALMERS tractor for sale, 4 cylinder gas burner, front end loader, power steering, wheel weights, grill guard, 3 point hitch, runs good when parked, garage kept, needs to be restored, bought in 1964, selling for \$2,500 firm. Fayetteville area. (931)433-2501.

TRACTOR FOR SALE. 1995 model Ford New Holland tractor, with 4 remotes, 55hp, Farmhand front end loader with hay spear, bucket with joystick, and rear hay spear, less than 2,000 hours with almost new rear tires, very good condition, \$15,500. (931)967-9621.

### Farm Animals

1/4, 1/2 BEEF, approximate weight 1,250lbs., ready for packing house February 15. Leave message and phone number. (931)364-2686.

GREAT PYRENEES puppies for sale, \$125 each. Altamont, TN area. (931)692-3333.

WANT TO BUY: Goats, sheep, chickens and guineas. Call, (931)427-8477; (256)777-0065.

REGISTERED ENGLISH SETTERS & BRITTANYS for sale, broke dogs, shooting dogs, champion bloodline, Shadow Oak Bo and Hytest Sky Hawk. (931)607-1024; (931)668-9893.

MIXED HERITAGE BREED PIGS, call for price, multiple ages for sale, Contact Joe. (931)625-2245.

BALANCER/GELBIEH BULLS. Ten balancer, one Gelbvieh bull. Solid EPD's, good dispositions, heifer or cow ready. 16 to 20 months old, \$2,000-\$2,500. Spring Hill area. (615)727-3399.

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ORIGINAL BILLY COOK SADDLE, brown leather, with fancy carvings, made in Oklahoma, \$650. (931)565-3793.

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SHOW HARNESS for mules or horses, black, 2 pairs, \$650. (931)565-3793.

### Furniture and Appliances

CHERRY DESK for sale, 55"Hx60"W, will come out 2' from a wall, numerous compartments on top, slide-out shelves on bottom left, drawers on right, \$250. (931)434-3703.

BROAN VENT HOOD 30", WHITE, model CBD330WW under cabinet vent hood, LED lights, 250cfm, excellent condition, \$80. (931)625-9600.

KENMORE WHIRLPOOL DRYER, heavy-duty, super capacity, looks and works good, \$150. In Tullahoma. (931)841-1566.

TWO SOLID MAPLE END TABLES for sale, 24"x24", \$25 each or both for \$40. (931)596-2443.

GE PORTABLE DISHWASHER, bought September, 1, 2016 at Lowe's, has butcher block top, works great, putting in a built in dishwasher, \$75. Tullahoma area. (931)247-3440.

FURNITURE, tan leather sofa with 2 recliners from Halls Furniture. Will text picture, excellent condition, \$225. Winchester area. (931)307-9741.

THREE LIVING ROOM CHAIRS, different styles that compliment each other, \$50 each or best offer. (615)712-0050.

BROWN/TAN COUCH for sale, like new, clean, \$400, or will trade for good love seat. (931)967-4946.

MAYTAG BRAVOS WASHER AND GAS DRYER, excellent condition, Manchester pickup required, \$635. (931)581-2906. Between 10a.m.-7p.m.

FREE REFRIGERATOR, looks and works good, in Tullahoma, still plugged in, \$150. (931)841-1566.

BLACK GALLERY FRIGIDAIRE REFRIGERATOR, works well except water dispenser malfunctions, \$500 or best offer. (931)434-6160.

FLORAL SOFA AND LOVESEAT, roll arms, slipcover style, like new, covered 98% of the time, reduced, \$550 cash only. (615)310-0619.

APPLIANCE MAN-Sales, service, parts. 25 years experience, David Russell, owner. We sell used appliances! Monday-Friday, 9:30a.m.-5:30p.m., Saturday, 10a.m.-2p.m. (931)455-6844; (931)273-8880.

HOME COMFORT WOOD COOKSTOVE, gray and black, reservoir and 2 door food warmer, \$1,500. (931)565-3793.

KENMORE DISHWASHER, runs good, \$25. (931)691-0227.

NEW FRIGIDAIRE BLACK REFRIGERATOR for sale, no ice maker, never been used, nice unit, \$398 or best offer. (931)283-1856.

FREE QUEEN-SIZE MATTRESS, great condition. Tullahoma area. (931)408-0658.

OLD UPRIGHT PIANO for sale, that has been transformed into a desk or TV stand, \$450. (931)652-8159.

WHIRLPOOL STOVE, white, \$100; floral sofa, \$75. (931)492-4154.

NATURAL GAS HEATER for sale, 28,000BTU, excellent condition, \$100. Fayetteville area. (931)433-2501.

COUCH, LIKE NEW, PRISTINE, perfect condition, has nailhead detail on the arms, bun feet, 90 inches long with 68 inch seating. 3 removable/reversal bottom cushions, top cushions are attached, color is gold, no wear, \$200. (931)728-4738.

WHITE KENMORE WASHER AND DRYER for sale, \$250, will divide. (931)273-4106.

BLACK GLASS TOP STOVE for sale, \$200. (931)273-4106.

KENMORE WHIRLPOOL WASHER, heavy-duty, super capacity, looks and works good, \$175. Tullahoma. (931)841-1566.

FREE REMOVAL OF Appliances, working/or not, washers/dryers, stoves, refrigerators, central units, freezers, batteries, scrap metal, junk cars, trucks, etc. (931)625-6130.

DINING ROOM SET, seats 8, with china cabinet, \$300. Dining Room set, seats 6, claw feet, \$150. (615)712-0050.

SMITH APPLIANCE: Washers; dryers; chest/upright freezers; stoves; refrigerators; side-by-side refrigerators; 110/220 air conditioners. Appliances \$85-up; six month warranty. New/used bed frames; boxsprings/mattresses; bedroom suites; dressers; chests; couches; chairs; bookshelves; odd tables; matching coffee table/end tables. New arrivals weekly. We can set up a whole house. 30 years in business. 8:30 a.m. - 5 p.m., Monday - Friday; 8:30a.m.-3p.m., Saturday. Location Hwy. 64 East, Fayetteville, beside Tennessee Livestock Producers. (931)249-9257; (931)433-6638.

KENMORE WHIRLPOOL WASHER AND DRYER SET, heavy-duty, super capacity, looks and works good, \$350. In Tullahoma. (931)841-1566.

KINCAID 4 POSTER SOLID CHERRY BED, full or queen size, can adjust height, rails come with it, \$150. (931)434-8805.

FREE REMOVAL OF APPLIANCES, ETC. We will pickup your unwanted washers, dryers, refrigerators, freezers, ranges, riding mowers, cars, golf carts, motorcycles, travel trailers, scrap metal items you don't need. Free of charge. (931)841-1566.

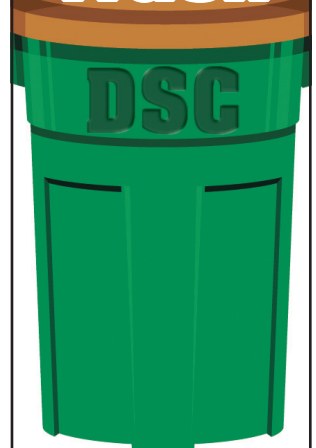
SOFA BED, 6' light brown, good condition, \$50. Two Franklin recliners, blue and pink, good condition, \$50 each. (931)636-2283.

LARRY'S USED FURNITURE for all your furniture needs. We buy/sell used furniture. A little bit of everything including furniture, tools, antiques. Come check us out. Call Larry, (931)962-1800; 9310 AEDC Road/Decherd Hwy.

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CURTIS COMMERCIAL COFFEE MAKER 3 BURNER, hot water dispenser and 2 pots, works great, must be hooked up to water line, \$150. (931)575-1449.

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HAIR SALON STUFF, still have shampoo sink with chair, dryer and 3 large mirrors, \$300. (931)212-3939.

MATCHING LOVESEAT AND SOFA, blue and white, checkered, good condition, \$50 each. (931)636-2283.

PINE FINISH FULL/QUEEN BEDROOM SUITE, headboard with built-in bookcase, dresser with mirror, chest of drawers and night stand, used. Will text pictures upon request. \$1,000 or best offer. (931)227-8821.

ELECTRIC FIRE PLACE HEATERS, heat-surge fireplace heaters, some work needed, solid wood Amish cabinets, \$30. (931)461-5875.

ROPER WASHER AND DRYER, good condition, \$150 for both. (931)212-7602.

SINGER SEWING MACHINE, drops down into the table, works great, just stopped using it, looks good, one leg need to be tightened, comes with thread and bobbins, \$100. (931)398-0736.

### Home Goods

NEW FOUR PRE-HUNG INTERIOR DOORS, 2 are 2/4, others are 2/6, \$25 each. (931)993-1414.

THREE SMALL WOODEN CHESTS. Two on the bottom-cloth covered, other can be stood on end, has hook for hanging clothes, \$20 for all. (931)273-6257.

DECOR, set of 4" gold beaded balls for clear bowls decor. Also could hang on tree, \$5. (615)849-5012.

PEPPER SAUCE, deluxe hot sauce making kit by Grow and Make. It includes 6 bottles and ingredients, \$20. (615)849-5012.

WICKER FURNITURE SET, two beige wooden wicker chairs with a small side table, good condition, \$30. (931)307-3671.

TWO ROLLING BREAD RACK FRAMES for sale, without plastic racks, \$20 for both. Winchester area. (831)241-1112.

CHARBROIL GAS GRILL, purchased from Walmart approximately one year ago, in good condition, \$25. (931)307-3671.

CHINESE REVERSE PAINTINGS for sale, three, antique wood frames, brass holders, must see, \$350. Picture on Exchange931.com. (615)310-0619.

TOWELS, 3 seafoam green bath towels, \$3. (615)849-5012.

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**BROYHILL FARM STYLE DINING SET, dark cherry with 2 leaves, 6 chairs with leather seats and hutch with 2 sliding glass doors, unit is in very good condition, purchased 3 years ago, \$1,500 or best offer. (406)529-9107.**

**GLASSES, State of Mine Rocks glass set (2), Emblem of state of Tennessee on one and Tennessee other, \$10. (615)849-5012.**

**NEW SELECT by CALPHALON 10 piece cooking set, still in box, brand new, \$100. Wife passed away. (931)467-3822.**

**RARE RUSSIAN COLLECTIBLE PLATES, four Russian collectible plates, "The Snow Maiden" collection, hand painted, raised edging, \$200. Winchester. (615)310-0619.**

**ZERO GRAVITY CHAIR, brand new, never used, still has plastic cover on it, \$25. (931)227-6721.**

**HEIRLOOM DOLL, Lord of the Rings collectible porcelain doll, Galadriel, 23" with case, gold cape, crystal, original box, papers, \$200. (615)310-0619.**

**FROSTED GLASS SHOWER DOORS, sliding doors, silver trim and tracks, \$120 or best offer. Winchester. (615)310-0619.**

**4 FOOT FLORAL ARRANGEMENT for sale, in large heavy ceramic vase, multicolored foliage, suitable for office or home, \$75. (931)461-4242.**

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**RESOLVE TO RELAX in the Dream Maker EZ Spa. Come home to comfort with the newly enhanced EZ Spa. 4-5 person "Flex-Seating", stainless steel massage jets, MoonGlo waterfall, digital controls, Easy Kleen filtration and super seal cover. Save \$802 today! The EZ Spa is featured at \$2,697 until January 31, 2019. Contact us to reserve yours today. Supplies limited. Clearwater Pool and Spa, (931) 408-9794.**

**SCONCES WITH 10" PLATES for sale, used pair of sconces, \$25. (931)434-6264.**

**PAINTING OF WOODS WITH STREAM, original signed oil painting of woods with stream by Watkins, \$50. (931)434-6264.**

**BOOKSHELF, black, approximately 6' tall and in good condition, \$10. (931)307-3671.**

**ANTIQUA GRECIAN LAMP, rare antique, brass/copper, 17" tall, 4 globe lights, 3 Grecian ladies, must see, price firm, \$500. (615)310-0619.**

**18 CRYSTAL BELLS, various sizes, \$100. (706)254-2576.**

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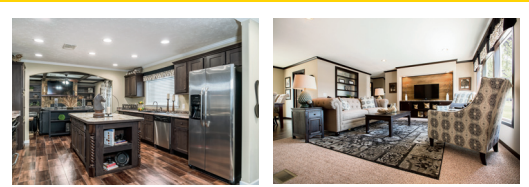
**UTILITY TREE CONTRACTOR HIRING FULL-TIME bucket operators, ground men, CDL drivers, climbers, giraffe, and skid steer operators for tree work. Must pass drug test and have valid driver's license. Call Matt, (731)845-6737; Ron, (731)845-6293.**

**HELP WANTED, Eaton ACE Hardware Manchester is seeking a sales person, experienced in plumbing, electric and hardware terminology and uses of materials a plus, we need you for 25 plus hours per week. We are a drug free workplace and screen before hiring. Come in person to Eaton ACE Hardware, 25 Woodbury Highway, Manchester for application and to speak to Jim.**

**BARBER OR COSMETOLOGIST NEEDED at Hair Changers, Shelbyville, TN. Call Becky, (931)684-6118.**

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**FOX RUN ESTATES CONDOMINIUM in Winchester is seeking bids for its annual lawn care contract. Business license and commercial liability insurance are required. Bids must be submitted by February 14, 2019. Call, (931)967-4527, to obtain detailed bid form.**

**NOW HIRING-TRUCK DRIVER. Must have CDL. Apply at Volunteer Welding, 502 South Polk Street, Tullahoma. You may contact us at, (931)454-2546.**



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**P R I N C E UTILITY-TULLAHOMA NOW HIRING LABORERS, previous experience in installing water lines a plus, must be able to pass drug test and must have valid drivers license, pay negotiable. Call Alan, (931)222-4301.**



**LUMBER HANDLER. Now Hiring full-time lumber handlers. Starting wage \$10. Benefits package includes: Health Insurance, Dental Insurance, Vision Insurance, employer paid and voluntary Life Insurance and AD&D, Voluntary Long Term Disability, 401(k) with employer match, and uniforms program. For more information please call, (931)469-7272; or visit our office to fill out an application, 100 Harless Drive, Huntland, TN 37345. <http://www.thompsonappalachian.com/>. Thompson Appalachian Hardwoods is an Equal Opportunity Employer, a TN Drug Free Workplace, and a Federal E-Verification Employer.**

**HAIR STYLIST NEEDED at Walk In Hair Care in Winchester. Call Judi, (931)308-5700.**

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**CLEANING COMPANY is needing part-time help in Coffee County area, must have reliable transportation. Call, (931)607-4677, for interview.**

**UNITED GROCERY OUTLET of Decherd is currently recruiting for an experienced meat department manager and produce department manager. Offering competitive pay and benefits, along with a friendly working atmosphere. Visit our website, [www.myugo.com](http://www.myugo.com) to apply or call store manager at, (931)962-0227.**

**INSULATION INSTALLERS WANTED. Manchester area. (931)728-3946.**

**EMIL'S RESTAURANT IS LOOKING FOR experienced wait staff and kitchen help. Part-time and full-time positions available. Apply in person Tuesday through Friday before 11 a.m. or after 1:30 p.m. at 210 East Lincoln Street. NO PHONE CALLS.**

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# New Starting Rates \$14<sup>40</sup>/hr

## General Production

Starting at \$14.40/hr + Shift Differential

This full-time production position is for Tyson Foods' Shelbyville, Tennessee location. The successful candidate will be responsible for entry-level labor while maintaining a safe work environment and adhering to Tyson Foods policies and procedures.

### REQUIREMENTS:

- Must be 18 years or older
- Must be able to stand for long periods and tolerate repetitive motions, including lifting, pushing, pulling, bending & stooping.

## NOW HIRING

For Assistance with your on-line application to **Tyson Foods, Inc.**

you can visit the local **Employment Offices** in

- Murfreesboro • Tullahoma • Lewisburg

Or the local **Workforce Solutions Offices** in

- Tullahoma • McMinnville • Shelbyville
- Lynchburg • Decherd

## Maintenance Generalist

Shelbyville Plant

Starting at \$16.84/hr +

These full time maintenance positions are for Tyson Foods' Shelbyville, TN location. These positions are located on multiple shifts. The successful candidate will be responsible for troubleshooting, maintaining and repairing all equipment and company assets, while maintaining a safe work environment and adhering to Tyson Foods' policies and procedures.

### REQUIREMENTS:

- Must be 18 years or older
- Must have a minimum of 1 year of industrial maintenance experience, or currently enrolled in an industrial maintenance course, or recently completed an industrial maintenance course.

**CONTACT: To apply for these opportunities and view all current opportunities with Tyson Foods, please visit our website [www.tysonfoodscareers.com](http://www.tysonfoodscareers.com)**

[www.tyson.com](http://www.tyson.com)

Tyson Foods is an Equal Opportunity/Affirmative Action Employer. All qualified applicants will be considered without regard to race, national origin, color, religion, age, genetics, sex, sexual orientation, gender identity, disability or veteran status.

### Kids Stuff



**MEDICAL ASSISTANT TRAINING.** Night Classes, April 1 - June 7, 5-9p.m., \$2,000 tuition, \$200 registration. Medical Response Institute, 1155 South College Road, Winchester. (931)240-0005; (931)259-7002.

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### Lost and Found Lincoln County

**LOST DOG!** She is a small Terrier dog. About 8 pounds, solid white with brown ears. She is wearing a green collar and one of her ears lays flat while one sticks up. She answers to Cotton or Sofia. Please contact, (931)625-5858; or, (931)438-4040.

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Recently diagnosed with lung cancer and 60+ years old? Call now! You and your family may be entitled to a significant cash award. Call, 877-648-6308, today. Free consultation. No risk. nani

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931-454-0001

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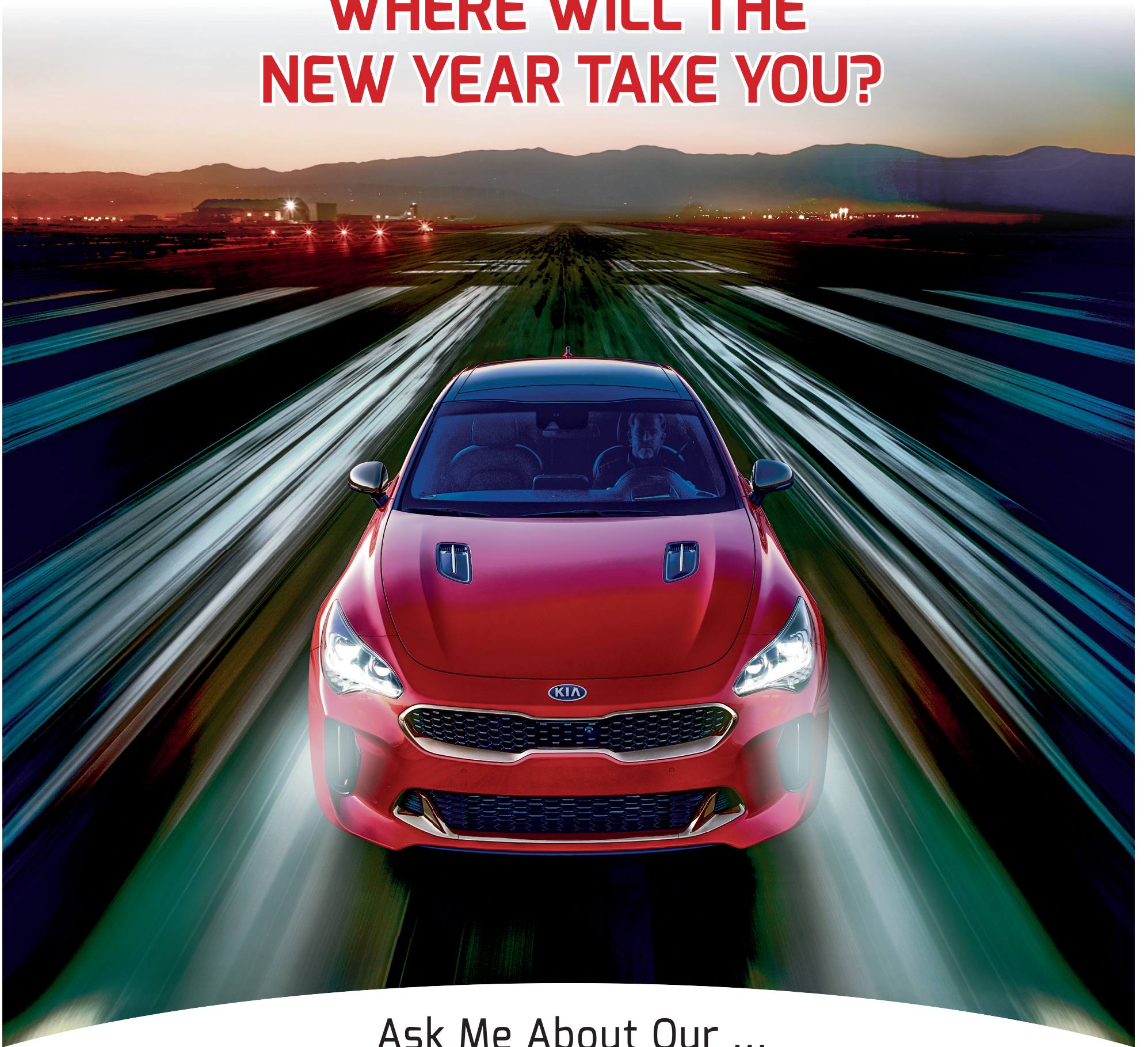
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2004 KTM 450 EXC DIRT BIKE, 4 stroke, e start motorcycle, woods ready, \$1,900. (931)808-4694.

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HOUSE FOR RENT, 2BD, 2BA, Hazel Green, stove, refrigerator, dishwasher, \$650 month, \$650 damage deposit. (256)990-7156; [www.facebook.com/doublesland](http://www.facebook.com/doublesland).

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MOBILE HOME for rent, 2BD, 1BA, Moore County, washer/dryer hookups, \$425 month, \$400 deposit. (931)408-4554.

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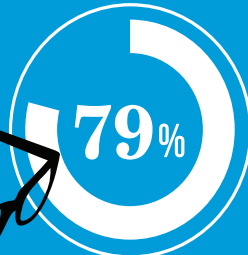
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Exchange will not knowingly accept any advertisement that is defamatory, promotes academic dishonesty, violates any federal, state or local laws or encourages discrimination against any individual or group on the basis of race, sex, sexual orientation, color, creed, religion, national origin or disability.

Exchange reserves the right to reject ads considered distasteful or defamatory.

All real estate advertised herein is subject to the Federal Fair Housing Act, which makes it illegal to advertise "any preference, limitation, or discrimination because of race, color, religion, sex, handicap, familial status, or national origin, or intention to make any such preference, limitation, or discrimination.

Exchange will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

Exchange contains word ads from regional and national Free Paper associations. Therefore, any discrepancies with national word ads shall not be the responsibility of Exchange.

## Lung Cancer?

Asbestos exposure in industrial, construction, manufacturing jobs, or the military may be the cause. Family in the home were also exposed. Call 1-866-795-3684 or email [cancer@breakinginjurynews.com](mailto:cancer@breakinginjurynews.com). \$30 billion is set aside for asbestos victims with cancer. Valuable settlement monies may not require filing a lawsuit.

Lung cancer? And age 60+? You and your family may be entitled to significant cash award. No risk. No money out of pocket. For information call 855-677-0507. sapa

PORCELAIN DOLL for sale, Melanie from "Gone With The Wind" with display case, original box and papers, \$250. (615)310-0619.

HAIR PIECE, natural tone hair, Christie Brinkley collection, light blonde, makes it appear more hair, cute on, \$10. (615)849-5012.

3 COOKERS FOR SALE, Magic Chef rice cooker, \$10. George Foreman grill, \$10. Crock pot, \$5. All works. (931)273-6257.

A place for Mom has helped over a million families find senior living. Our trusted local advisors help find solutions to your unique needs at no cost to you! Call, 844-432-3281. sapa

Sleep apnea patients - if you have Medicare coverage, call Verus Healthcare to qualify for CPAP supplies for little or no cost in minutes. Home delivery, healthy sleep guide, and more - free! Our customer care agents await your call. 1-844-545-9175. cadnet

DISH TV - \$59.99/month for 190 channels. \$100 gift card with qualifying service! Free premium channels (Showtime, Starz, and more) for 3 months. Voice remote included. Restrictions apply, call for details. Call 1-855-784-9695. sapa

ALASKA CRUISES, must book now for best prices. Hayes Travel, your Alaska experts. (931)273-1545.

Airline mechanic training - Get FAA technician certification. Approved for military benefits. Financial aid if qualified. Job placement assistance. Call Aviation Institute of Maintenance. (866)724-5403. sapa



FOUNDATION & WATERPROOFING SPECIALISTS  
A Bayless Company

**DON'T LIVE WITH A WET BASEMENT. Living with a wet basement can be miserable. Cleaning up water and dealing with the results such as mold, mildew and damage is tiring and expensive. Call us for a permanent fix. 10% Off Any New Job. Up to \$300 Value. Mention Exchange for COUPON. Call for FREE INSPECTION, (931)283-0703.**

Become a published author! We edit, print and distribute your work internationally. We do the work. You reap the rewards! Call for a free Author's Submission Kit, 866-951-7214. nani



The Family Gourmet Feast  
2 (5 oz.) Filet Mignons  
2 (5 oz.) Top Sirloins  
4 Boneless Chicken Breasts (1 lb. pkg.)  
2 (4 oz.) Boneless Pork Chops  
4 (3 oz.) Kielbasa Sausages  
4 (4 oz.) Omaha Steaks Burgers  
4 (3 oz.) Potatoes au Gratin  
4 (4 oz.) Caramel Apple Tartlets  
OS Seasoning Packet  
55586TJC | \$199.99\* separately  
Combo Price \$49.99  
Plus, 4 more Burgers FREE  
\*Savings shown over aggregated single item base price.  
Limit 2 pkgs. Free gifts must ship with #55586. Standard S&H will be added. Expires 2/28/19. ©2018 OCG | 18M1531 | Omaha Steaks, Inc.

Call 1-855-349-0656 ask for 55586TJC  
[www.OmahaSteaks.com/love13](http://www.OmahaSteaks.com/love13)

# Every Week People Are Searching for Items You No Longer Use. A Word Ad can turn those items into cash.

Your word ad will reach over 84,000 homes on Wednesday and thousands of users on our website [www.Exchange931.com](http://www.Exchange931.com). **Any single item priced under \$1,000 is FREE\* to advertise.** \*excludes Animals

**Who receives an Exchange? Virtually every home in the below counties.**

- Bedford County
- Coffee County
- Franklin County
- Lincoln County
- Marshall County
- Moore County

## 84,000+ HOMES

**Three ways to place your word ad.**

- 1) Call (931) 684-1285
- 2) Place online [www.Exchange931.com](http://www.Exchange931.com)
- 3) Drop off at our office 404 Main Ave S Fayetteville

Ads must be received by Monday at 9:30 a.m. for Wednesday's publication. All ads immediately go online at [www.Exchange931.com](http://www.Exchange931.com).

## Over 30,000 Word Ads Placed the Last 12 Months

Exchange



# Calendar of Events



## to your Community Events Calendar

To place your  
non-profit events on the  
calendar, email

[events@exchange-inc.com](mailto:events@exchange-inc.com)

Deadline for events is Friday at 2:00 P.M.

### Arthritis Foundation Walk with Ease Begins - Session 1

January 15 - February 15  
Mondays 11:15 A.M. • Tuesdays & Thursdays 10:30 A.M.  
Shelbyville Bedford County Public Library  
220 South Jefferson Street  
For more info: (931)684-9780

### Ribbon Cutting: Community Clinic of Shelbyville and Bedford County

January 24 • 11:30 A.M.  
200 Dover St. Suite 202 Shelbyville  
For more info: (931)684-6772

### Game Time

January 24 • 1:00 P.M.  
Shelbyville Recreation Center  
220 Tulip Tree Road  
For more info: (931)684-9780

### Birthday Bingo

January 25 • 1:00 P.M.  
Shelbyville Recreation Center  
220 Tulip Tree Road  
For more info: (931)684-9780

### Painting with Cindy - The Little Penguin

January 23 • 10:00 A.M.  
Shelbyville Recreation Center  
220 Tulip Tree Road,  
For more info: (931)684-9780

### Rebel North

January 26 • 7:00 P.M.  
The Pickin' Chicken, 104 Main Street, Wartrace  
For more info: (931)813-5050

### Youth Media Awards Party (All Ages)

January 28 • 10:00 A.M.  
Shelbyville Bedford County Public Library  
220 South Jefferson Street  
For more info: (931)684-7323

### Community-Wide Soup Kitchen

January 29 • 5:00 P.M.  
First United Methodist Church on the square  
Soup Kitchen each Tuesday

### Homeschool Book Club (8-12)

January 29 • 1:00 P.M.  
Shelbyville Bedford County Public Library  
220 South Jefferson Street  
For more info: (931)684-7323

### Wii Bowling for Seniors

January 30 • 2:00 A.M.  
Shelbyville Bedford County Public Library  
220 South Jefferson Street  
For more info: (931)684-9780

### Laughter Activities for Seniors

January 30 • 2:00 P.M.  
Shelbyville Recreation Center  
220 Tulip Tree Road  
For more info: (931)684-9780

### Game Time

January 31 • 1:00 P.M.  
Shelbyville Recreation Center  
220 Tulip Tree Road  
For more info: (931)684-9780

### Go Red for Women Luncheon

February 1 • 11:00 A.M.  
Lakewood Golf and Country Club  
1900 Country Club Drive  
For more info: 1-855-836-6682 or visit [Tennova.com](http://Tennova.com)

### Annual Awards Luncheon

February 5 • 11:30 A.M.  
Blue Ribbon Circle  
For more info: [whitney.collier@sbccchamber.com](mailto:whitney.collier@sbccchamber.com)

### Hustle & Hearth: Photography Workshop

February 9 • 10:00 A.M.  
Grace Valley Farm  
399 Knight Campground Road, Shelbyville

### Essential Oils Class (All Ages)

February 9 • 11:00 A.M.  
Shelbyville Bedford County Public Library  
220 South Jefferson Street  
For more info: (931)684-7323

# SLOW HEALING WOUND?



## 5 Common Reasons Your Wound Will Not Heal

1. Infection
2. Poor Circulation
3. Poor Nutrition
4. Uncontrolled Diabetes
5. Suboptimal Care

Don't wait for your wound to get worse!

Call the only Certified Wound Specialist in the area today!



**Wound Care NOW**

No appointment or referral is necessary.

[www.woundcarenow.net](http://www.woundcarenow.net)

Manchester  
482 Interstate Dr.  
931-450-1049

Tullahoma  
315 NW Atlantic St.  
931-841-3948

Murfreesboro  
925 S. Church St, Ste. C200  
615-410-3576

Lung cancer? Asbestos exposure in industrial, construction, manufacturing jobs, or military may be the cause. Family in the home were also exposed. Call 1-866-795-3684 or email [cancer@breakinginjurynews.com](mailto:cancer@breakinginjurynews.com). \$30 billion is set aside for asbestos victims with cancer. Valuable settlement monies may not require filing a lawsuit. sapa

DISH TV \$59.99 for 190 channels + \$14.95 high speed internet. Free installation, Smart HD DVR included, free Voice Remote. Some restrictions apply. 1-800-718-1593. nani

Save on your next prescription! World Health Link, price match guarantee! Prescriptions required, CIPA certified. Over 1500 medications available. Call today for a free price quote. 1-855-530-8993. Call Now! cadnet

HughesNet Satellite Internet - 25mbps starting at \$49.99/mo! Get more data. Free off-peak data. Fast download speeds. WiFi built in! Free standard installation for lease customers! Limited time, call, 1-866-770-8954. sapa

FOR SALE, 55 gallon drum, \$15. Fayetteville area. (931)492-1241.

Financial benefits for those facing serious illness. You may qualify for a living benefit loan today (up to 50 percent of your Life Insurance Policy Death Benefit). Free information. Call, 1-855-632-0124. nani

New authors wanted! Page Publishing will help you self-publish your own book. Free author submission kit! Limited offer! Why wait? Call now: 844-660-6943. sapa

Cash for cars: We buy any condition vehicle, 2002 and newer. Nationwide free pick up! Call now: 1-800-864-5960. nani

Save your home! Are you behind paying your mortgage? Denied a loan modification? Is the bank threatening foreclosure? Call Homeowner's Relief Line now! Free consultation. 844-359-4330. sapa

DISNEY, book Spring Break vacations now. Hayes Travel, your local Authorized Disney Cruise and Vacation Specialists. (931)273-1545.

VACATION CRUISE, PRIVATE INDIVIDUAL, good until August 19. Includes 6 days and nights in Ft. Lauderdale or Orlando, FL. Two nights aboard the Grand Celebration to Bahamas Island at Pelican Bay Hotel. Also 8 day rental car/unlimited mileage, \$100 gas reimbursement. Completely transferable, unable to use due to health. Paid \$1,700. Price is firm at \$800, cash only. Serious callers only. (931)813-1096.

Start saving big on medications! Up to 90% savings from 90daymeds! Over 3500 medications available! Prescriptions Req'd. Pharmacy checker approved. Call today for your free quote. 844-776-7620. cadnet

FOUR TICKETS to Country Music Hall of Fame, Nashville, TN, \$25/each. (931)433-6386.

Stay in your home longer with an American Standard walk-in bathtub. Receive up to \$1,500 off, including a free toilet, and a lifetime warranty on the tub and installation! Call us at, 1-844-374-0013. cadnet

New Year's Resolution: Earn your high school diploma at home! Free class ring upon graduation. Nationally accredited. Free brochure. 1 - 9 0 4 - 3 8 1 - 1 9 3 5 . [www.fcighighschool.org](http://www.fcighighschool.org). sapa

SMOKELESS ASH TRAY for sale, battery operated, \$9. (931)636-2896.

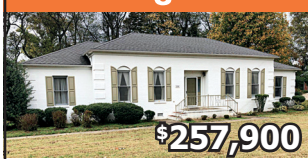
A place for Mom has helped over a million families find senior living. Our trusted, local advisors help find solutions to your unique needs at no cost to you. Call, 855-741-7459. nani

Make a connection. Real people, flirty chat. Meet singles right now! Call LiveLinks. Try it free. Call now: Call 1-877-737-9447, 18+. nani

CAMPING SUPPLIES for sale, all new, never been used, \$600/everything. Pictures at [Exchange931.com](http://Exchange931.com). (931)684-7289.

DirecTV & AT&T. 155 channels & 1000s of shows/movies On Demand (w/select package). AT&T internet 99 percent reliability. Unlimited texts to 120 countries w/AT&T wireless. Call 4 free quote, 1-855-781-1565. cadnet

## Stunning Home!



\$257,900

**CRAIG & WHEELER**  
REALTY & AUCTION, LLC  
TN License #14674

## 221 Megan Circle Shelbyville, TN 37160

Stunning 3 bedroom 2 bath brick home in wonderful area! Formal living room, separate den w/gas log fireplace & built-in bookcases, formal dining & eat-in kitchen, most appliances stay, entry foyer, screened-in porch, 2 car attached carport. MLS#1987476. Contact Ben Craig 931-639-0694

931-684-9112  
[CraigWheeler.com](http://CraigWheeler.com)

## Sell Your Animals



PLACE YOUR AD ON  
[www.Exchange931.com](http://www.Exchange931.com)

17" AND 18" TIRES for sale, 285-70x17 Bridgestones, nice!!!; 255-65x18; 245-65x17; 265-70x17; 235-65x17; 245-75x17. (931)703-1130.

EXTRA LARGE WIRE PET CRATE, brand new, never used, paid \$90 new, selling for \$65. (931)675-4817.

FOUR TICKETS TO HARLEM GLOBETROTTERS EVENT, Sunday, January 27, 3p.m., Von Braun Civic Center, Huntsville, \$30 each or four for \$100. (931)433-6386.

FALL CLEANUP TIME IS HERE, Outdoor home/lawn management, mulching leaf clean-up, pressure washing, gutter clean outs. Free estimates. Lincoln and surrounding counties. (931)625-2216.

Bathroom renovations. Easy, one day updates! We specialize in safe bathing. Grab bars, no slip flooring & seated showers. Call for a free in-home consultation: 877-661-6587. sapa



### OGLE TREE SERVICE.

We are a locally owned and operated full service tree service. We have some of the latest equipment available to fulfill our client's needs with quality work. We are licensed/insured, provide residential/commercial work, and offer free estimates. Our services include: tree trimming, tree removal, storm damage clean-up, wood chipping, lot clearing, and stump grinding. Call, (931)993-4722; [loganogle@yahoo.com](mailto:loganogle@yahoo.com).

HEIRLOOM DOLL, Lord of the Rings collectible porcelain doll, Galadriel, 23" with case, gold cape, crystal, original box, papers, \$200. (615)310-0619.

KETO FUEL, burns fat, increases energy, 3 months supply, never opened, sell at cost, \$120. (931)364-3283.

Lung cancer? And age 60+? You and your family may be entitled to significant cash award. Call, 866-428-1639, for information. No risk. No money out of pocket. cadnet

W . W . H O M E IMPROVEMENTS: Sheetrock, roof repair, porches, garages, decks, pressure washing, swing sets, fences, home remodeling. No job too big or small, 20 years experience. (931)273-0044; (931)728-6882.

3BD, 2BA HOME for rent, freshly painted, nice lot, Manchester, no pets, \$850/month plus deposit. (615)824-5525.

IF YOU BOUGHT A NEW TV, advertise your old one in the Exchange. One item selling for \$1,000 or less, can advertise in the Exchange at no charge. [www.exchange931.com](http://www.exchange931.com).

LARGE DOG CARRIER, excellent condition, \$60. (615)934-7058.

GIFFORD BROTHERS CONCRETE. Nothing too big or small. Free estimates. 46 years experience. Dale Gifford, (931)703-0925.

# Sell Your Speakers

## Exchange931.com