

## Baltimore Chef Cooking up Success

By Stacy M. Brown

It's easy to think that personal chefs cater only to the rich, famous or those who might be on the fringes of wealth and celebrity.

However, many top-notch cooks, like Baltimore's Dorien Murphy, regularly answer the call to pack up his pots and pans, spices and all the groceries needed to make delicious meals for every-day folks.

With a solid 5-star rating on Thumbtack, an online service that matches customers with local professionals, Murphy counts as a chef and owner of the culinary business, Cheffin.

"My interest in cooking began at a very young age. At five years old, my passion for cooking was inspired by my parents," said Murphy, who attended Morgan State University and later earned a degree in culinary arts from Baltimore International Academy, Murphy.

After a start in the industry as a cook at the Elkridge Country Club in Baltimore where he said he honed his skills, Murphy now is making a name for himself, cooking for businesses and private clients in Baltimore, Washington, Philadelphia and New York.

"[My Parents] always playfully battled in the kitchen. Mom had the best sides while Dad made the best ribs and sauce," Murphy said.

"That passion was expounded upon as I watched prime-time Food Network programming." Emeril Lagasse, Bobby Flay, and G. Garvin are among Murphy's favorite chefs, he said.

Wow, he's thrilled with business, Murphy noted that the culinary industry has never been easy and he's had his share of challenges.

"Balancing my love for business and culinary arts was the initial challenge," Murphy said.

"The next challenge was centering the Cheffin values around health and creating menus that were uniquely wellness based that clients would buy into. The solution to both challenges was found through passion, perseverance and patience," he said.

When he's hired to cook for families in their homes or at other locations, Murphy readily informs his ultimately satisfied customers that he has a few favorite dish combinations that are inspired by the art of French and Italian cuisine that's delivered with an American flare.



*Chef Dorien Murphy started in the culinary industry as a cook at the Elkridge Country Club in Baltimore where he honed his skills, Murphy now is making a name for himself, cooking for businesses and private clients in Baltimore, Washington, Philadelphia and New York. (See article on page 1) Photo by Talia J. Brown*

*Continued on page 7*

# Local Tech Industry Leaders Assemble To Discuss The Future of Baltimore City

By Demetrius Dillard

“The Future Of Charm City” was a night of networking, collaboration and discussion with telecommunications giant AT&T and local tech hub Betamore that involved a panel of tech pioneers, creative entrepreneurs, community leaders and business executives who came together to discuss the future of technological innovation in Baltimore, and how the growing technology sector is affecting the region across different industries.

The event, presented by AT&T in conjunction with Betamore, was held on January 24, 2019 at the City Garage. Event attendees had the chance to get an up-close look at small cell equipment, which is paving the way for the next generation of mobile technology.

Panelists were Marc Blakeman, president of AT&T Mid-Atlantic (Maryland, Delaware, New Jersey, Pennsylvania, Virginia and Washington, D.C.); Bill Cole, president and CEO of the Baltimore Development Corporation; Ellen Hemmerly, Executive Director at bwtech at the University of Maryland Baltimore County Research and Technology Park; Greg Cangialosi, Chairman and Co-Founder of Betamore; Alysha January, influencer and blogger; and Heidi Klotzman, CEO of HeidnSeek Entertainment.

The panel discussion was moderated by Thiru Vignarajah, former Maryland deputy attorney general. He opened the discussion by highlighting the promise that Baltimore has despite its deplorable reputation.

“What we want to do tonight is to talk a little bit about how technology, in particular, is going to advance the future of Baltimore,” Vignarajah said.

“We talk a lot about what’s wrong with the city. What we’re going to do tonight is talk about what’s right, and what could set us on the path to becoming the 22nd-century city that Baltimore is destined to become.”

Moreover, the panelists shared their thoughts on the future of Baltimore’s purported burgeoning tech industry. Some of the topics discussed were how various sectors of the community will benefit from the expected technological advancements coming to the city, such



*The audience listens attentively to the Future of Charm City panel, who discussed the future of technological innovation in Baltimore. Photo: Andrea Stein*

as law enforcement, the transit system, education and job creation. Small-cell infrastructure was also a major point of emphasis.

Following the panel discussion was a brief Q&A session in which the audience asked questions concerning advancements in technology and the arts, in healthcare technology and small-cell technology’s impact on the city.

Small cells are small, unobtrusive equipment that can be placed onto existing infrastructure (light pole, building, etc.) and are vital components of the future of technology. According to the American Consumer Institute Center for Citizen Research, small-cell reforms and developments can lead to an estimated 6,427 jobs in Maryland along with a \$9 billion Maryland Gross State Product.

A recent report by Technically Baltimore notes that over the next 10 years, AT&T plans to install thousands of small cells across Maryland. Antenna systems installed on light poles and buildings could help usher in 5G technology - a term used to describe the next generation of blazingly fast mobile networks beyond the 4G LTE mobile networks of today - which is already starting to appear in various locations around Maryland, Blakeman said.

Blakeman said Baltimore is at the precipice of a cybersecurity break-

through, and expressed what importance that technological infrastructure will have for the city as 2020 approaches. He encouraged the audience to be ‘digitally responsible’ and that they have a role in building the infrastructural network that may revive Baltimore City.

“From AT&T’s perspective, there’s amazing things being done with technology today,” Blakeman said.

“This technology is only as good as the infrastructure that it rides on... So we’re really working on building up infrastructure here in Maryland and letting people know that we appreciate their help and making sure their voices get heard.”

Alysha January, also an activist passionate about creating equality, uses her social media platform to highlight small businesses in the city.

“I think it will definitely making people start thinking about how is this technology going to help change Baltimore

and help us go into a more positive direction,” January said, explaining what she thought to be the significance of the panel discussion. She said she hopes the discussion impels the community to think of ways to use forthcoming technological advancements to ensure that less fortunate youth have equal opportunities.

Jermaine Gibbs was one of the several dozen audience members who appeared to be intrigued by the informative panel discussion and Q&A thereafter.

“I definitely learned about different technologies and I had no clue that the cybersecurity industry was so big in this area,” said Gibbs, a freelance photographer.

“Learning of all the different things that are coming to Baltimore and different opportunities -- I’m hoping that these will create jobs, which will help take away some of the poverty, which will in turn take away some of the crime.”

## NOTICE

Any unsolicited manuscripts, editorial cartoons, etc., sent to *The Baltimore Times* become the property of *The Baltimore Times* and its Editorial Department, which reserves the right to accept or reject any or all such unsolicited material.

## The Baltimore Times

(USPS 5840) is published every Friday by *The Baltimore Times*, 2513 N. Charles Street, Baltimore, MD 21218. Subscriptions by mail \$60 per year. Standard bulk postage paid at Baltimore, MD 21233. Postmaster send address changes to:

**The Baltimore Times**  
2513 N. Charles Street  
Baltimore, MD 21218

# New Year New Deal

New Year's resolutions are hard. But starting the new year with an amazing deal on the best entertainment experience? That's easy! Xfinity X1 gives you the quickest way to find your favorites on Netflix and Amazon Prime Video with just the sound of your voice. Plus, you can watch hit shows, top movies and live TV on the Xfinity Stream app with the most reliable Internet. So if you want to make 2019 your best year ever, get started today with the Xfinity New Year New Deal. **Simple. Easy. Awesome.**

NEW YEAR NEW DEAL

Internet | TV | Voice

**\$79<sup>99</sup>**  
/ month

for 2 years with 2-year agreement  
Equipment, taxes and other charges extra  
and subject to change. See details below.

DVR service  
**FREE for 1 year**

America's Best  
Internet Provider



Ask about Netflix, Prime Video and YouTube in **4K** on X1.  
ULTRA HD

Go to [xfinity.com](http://xfinity.com), call 1-800-xfinity, or visit an Xfinity Store today.

COMCAST

xfinity

Offer ends 2/3/19. Restrictions apply. Not available in all areas. New residential customers only. Limited to the Standard Triple Play with Performance Pro 150 Mbps Internet and Voice Unlimited services. Early termination fee applies if all Xfinity services (except for Xfinity Mobile) are cancelled during the agreement term. Equipment, installation, taxes and fees, including regulatory recovery fees, Broadcast TV Fee (up to \$10.00/mo.), Regional Sports Fee (up to \$8.25/mo.), and other applicable charges extra, and subject to change during and after agreement term or DVR promo. After term agreement or DVR promo, or if any service is cancelled or downgraded, regular rates apply. Comcast's service charge for DVR service is \$10.00 more/mo. (subject to change). Service limited to a single outlet. May not be combined with other offers. TV: Limited Basic service subscription required to receive other levels of service. Access to Netflix and Amazon Prime Video on Xfinity X1 requires an eligible set-top box with Xfinity TV and Internet service. Netflix and Prime Video streaming memberships required. Netflix and Prime Video use your Internet service and will count against any Xfinity data plan. Internet: Best Internet service provider claim based on download speeds measured by over 111 million tests taken by consumers at Speedtest.net. Actual speeds vary and are not guaranteed. Voice: If there is a power outage or network issue, calling, including calls to 911 may be unavailable. Limited 4K programming available. Requires Netflix premium package or Prime Video subscription, 4K capable TV Box and 4K capable television. NPA221133-0001 NED-AA-Q1-FastStart-V1



# Editorials/Letters

## Is Black History Month a 'minor' celebration?

This week, America will celebrate Black History Month for the 42nd time. Like its precursor, Negro History Month, whose 50-year shelf life from 1926 to 1976, perhaps - hopefully - Black History Month is nearing the end of its run as well. The term Black History Month was never suitable, appropriate or accurate to begin with. When Carter G. Woodson established Negro History Month in 1926, he was a visionary and staunch advocate in his attempt to uplift his people at a time when we were despised and held in the lowest regard. Dr. Woodson believed if the larger society knew "Negro" history, accomplishments and potential, we might be held in higher esteem. In Woodson's time, Negro was the only identification available for African Americans.

Fifty years later, during America's 1976 bi-centennial, President Gerald R. Ford acknowledged and signed into law, Black History Month, as an official national annual commemoration. Thanks largely to James Brown's major hit eight years earlier, "Say It Loud, I'm Black and I'm Proud," the term 'negro' had become anathema—'black' culture ruled the day.

Black as a description is cool. Black as a definition for a people is bad for two reasons.

First, defining our culture and history by a color is an affront to our heritage. Our heritage, our African legacy, goes back to the very beginning of human life on this planet, as we know it in the Fertile Crescent. Black History began in the American South with nameless, faceless, dark people in chains.

Why do we tolerate such a designation that does not speak to our proud ancestral origins? African Americans are who we are. We are probably the only group of Americans who don't know our familial or ancestral history beyond our own memories or the oral histories of our immediate past relatives.

Embracing 'black' as our history must end. Would indigenous Americans define their heritage as Redskin History? White History for Europeans? Yellow History for Asians? How about Beige and Brown History for Near and Middle Easterners? Sound absurd yet?

Second, and perhaps a more pernicious result of accepting black as a definition of who African Americans are, is it legitimizes Caucasians to identify as 'white.' Identifying as black and white in America is the BIGGEST hindrance to racial amelioration. Try as you may, it is nearly impossible to connect black to white. The shades of gray are too many to easily bridge. It is much easier, and more accurate, to go from chocolate to vanilla.

The artificial designations of black people and white people, creates a stark dichotomy that informs a wider chasm than actually exists between us. Being 'white' affords Caucasians the intrinsically racist rationalization that 'non-whites' are minorities or the minor people, a 'logical' justification for an us versus them mentality. African Americans are complicit. Political leaders, academicians, journalists, spiritual leaders— African American and Caucasian— all complacently accept this demeaning description of non-Caucasian people which encourages a WE are above THEM mindset among Caucasians, seen routinely and casually in private and public discourse, and across every media platform.

Black and white is fiction. There are no blacks or whites. Yet, these designations are official terms on official documents across our society, required indices on government, academic, employment and other documents and transactions.

Should we get rid of the 'white' designation and substitute the word with 'majorities' in all our discourse instead, ascribing the word to identify 'whites' as routinely as 'minorities' is ascribed to identify 'non-whites?' Sound absurd yet?

Observe African American History Month! Perhaps in another 50 years it will be American History Month and the plethora of races, cultures, ethnicities, religions and genders that comprise our country will all be acknowledged and celebrated.



## Letters to the Editor:

### Dear Editor:

I believe that the new "Democratic Socialist" members of the US Congress have their hearts and souls in the right place, but not their heads and minds. Like them, I too believe that our federal government should do more and spend more to help make the lives of our citizens better just like all of our traditional allies do. However, there has never been a truly "socialist" economy in the history of the world which was ever able to produce enough wealth to meet most of the survival needs of its citizens. It has never worked. So, it is foolish to call yourself a socialist. You are just giving conservatives a new insult and put-down to hurl at you.

A lot has been said about Alexandra Ocasio-Cortez's proposal to tax the income of those earning over \$10 million/year by 70%. The problem with this is that we need to start taxing WEALTH because that's where we can get enough revenue to pass a Canadian-style national health insurance program to cover and greatly help 99% of Americans (except for the richest 1%). That's where we can get the revenue for our President and Congress to declare a "War on Cancer" and begin to spend

enough to find cures for all forms and kinds of cancer so we can put an end to all of this suffering once and for all one day.

It is possible that we might have a much more equal and a truly "Socialist" society one day, if that is their desire. But that day is at least 1000-2000 years away.

We will have to evolve and transform spiritually, emotionally, and mentally into much more loving, caring, and altruistic human beings before we are ready for that. Right now, we are simply too individualistic, too selfish, too self-centered, too self-absorbed, too much "only into ourselves", too "full of ourselves" and too much into believing that we are "all that" for it to work. Because, as the philosopher Pierre Teilhard de Chardin observed, humankind is presently at the spiritual, emotional, and mental level of a 12 year-old child.

Sometimes I think it is more like a 7 year-old child. And, I include myself in that. I make mistakes every day of my life. So, I am not judging anyone else here.

**Stewart B. Epstein**  
Rochester, New York

By Regi Taylor



Last week America celebrated Martin Luther King Jr's Birthday, 50 years after his assassination. Now is a time when Dr. King's principles and philosophy are more than ever needed - and being more than ever challenged. During an MLK Day speech, former vice president, Joe Biden, commented that "it doesn't take much to awaken hate" in America. Did hate go to sleep?

Mr. Biden's comment is a recognition that in the last half century when African Americans made more strides toward full citizenship than we had in the previous 350 years since we arrived in chains in Jamestown, Virginia - exactly four centuries ago this year - that this country's racist power elite appeared to retreat from their blatant Apartheid system of racial control.

That appearance - or disappearance - is deceptive. Though the racist power elite may have seemed dormant they were re-

## *The Promised Land might be near, but is not quite*

grouping, not retreating. One need only closely scrutinize certain government and corporate policies affecting African Americans to see glaring systemic machinations that maintain the African American population at-large in a perpetual downtrodden status which is more effective than Jim Crow because the in-your-face racism has been replaced with the illusion of egalitarianism.

The following thumbnails identify critical social categories that demonstrate, despite outliers and celebrity examples, how far African Americans have yet to climb to reach that Promised Land envisioned by Dr. King.

### **Housing**

A 2018 report by the Urban Institute found that African American home ownership is lower now than it was prior to the passage of the Fair Housing Act in 1968 when it was legal for the government and the private sector to racially discriminate. According to the National Association of Real Estate Brokers home ownership among African Americans is currently 41.7% versus 72.2% for Caucasians. A study by Zillow Research finds this ownership gap is wider now than it was in 1900.

Forbes Magazine published a May 2018 article revealing that nationally African American mortgage applicants were denied 21% of the time versus an 8.1% denial rate for Caucasians. On the flip side, "using data from three waves of the U.S. Survey of Consumer Finance, our results suggest that black borrowers on average pay about 29 basis points more than comparable white borrowers," reports researchgate.net.

### **Education**

"At any given poverty level, districts that have a higher proportion of white students get substantially higher funding than districts that have more minority

students," according to Genentech data scientist, David Mosenkis. Based on data from the National Center for Education Statistics, high school graduation rates for Caucasian students is 88% versus 76% for African Americans, in direct correlation to funding levels.

Male Caucasian high school grads compared to African American males is 80% and 59%, respectively. College graduation rates are more stark. Caucasian students graduate at a 62% rate and African Americans at 38% respectively, according to a 2017 study by Inside Higher Ed.

Over 30 million Americans, nearly 10% of the population are illiterate according to a Concordia University study, adding that "literacy continues to be a mechanism of social control and oppression." On the 2015 National Assessment of Educational Progress 12th Grade Reading Level Assessment, 46% of Caucasian students scored proficient or better, while only 17% of African American students scored comparably.

### **Unemployment**

According to the U.S. Bureau of Labor Statistics, the unemployment rate of Caucasian versus African American workers in the 4th quarter of 2017 was 3.4% compared to 7.0%. Among 16 to 19 year-old workers, the overall unemployment rate was 12.3% for Caucasians versus 21.8% for African American young adults. Among male youth, 16 - 19 years old, the rate was 14.5% and 29%, respectively for Caucasians compared to African Americans.

### **Earnings**

The 2016 median household income for African Americans was \$38,555 compared to \$61,349 for Caucasian families according to the U.S. Census Bureau. A 2016 Pew Research Center study found that African American males earned only

73% of what Caucasian males with similar education and experience earned, the exact same gap that existed 35 years ago. The Economic Policy Institute released a study in 2017 that concluded one-in-12 Caucasians were earning poverty level wages compared with one-in-7 African Americans.

### **Incarceration**

According to the NAACP Criminal Justice Fact Sheet:

- \* In 2014, African Americans constituted 2.3 million, or 34%, of the total 6.8 million correctional population.
- \* African Americans are incarcerated at more than 5 times the rate of whites.
- \* The imprisonment rate for African American women is twice that of white women.
- \* Nationwide, African American children represent 32% of children who are arrested.

### **Police Shootings**

"Police violence disproportionately impacts young people, and the young people affected are disproportionately people of color," according to Anthony Bui of the David Geffen School of Medicine at UCLA, reported by NBC News. The report concluded that African-Americans die at the hands of police at a rate of 7.2 per million, while Caucasians are killed at a rate of 2.9 per million, a nearly 250% higher rate.

This snapshot of how African Americans are faring coupled with the "awakened hate" Joe Biden described, emboldened by Donald Trump's behavior and rhetoric, should be a blaring wake-up call to African Americans to continue the struggle fervently and be tirelessly vigilant.

The Promised Land might be near, but is not quite here.

### **The Baltimore Times**

Publisher  
Joy Bramble

Managing Editor  
Joy Bramble

Director of Special Projects  
Dena Wane

Dir., Promotions/Entertain. Columnist  
Eunice Moseley

Editorial Assistant  
Kathy Reeve

Administrative Assistant  
Ida C. Neal

Writers  
Ursula Battle  
Stacy Brown  
Demetrius Dillard  
Rosa "Rambling Rose" Pryor  
Imani Wright

Website

Jourdan Taylor  
Photographers  
Dennis Roberts  
Gar Roberts

*The Baltimore Times is a publication of The Baltimore Times/Times of Baltimore, Inc. No part of this publication may be reproduced without the written consent of the publisher*

Mailing Address  
The Baltimore Times  
2513 N. Charles Street  
Baltimore, MD 21218

Phone: 410-366-3900- Fax 410-243-1627  
www.baltimoretimes-online.com

*Want to comment on the editorials or any other story?*

*Please contact: The Baltimore Times*

*2513 N. Charles Street, Baltimore, MD 21218*

*Phone: 410-366-3900 Fax: 410-243-1627*

*email: btimes@btimes.com*

# Columbia, Maryland's Brynn Williams lands 'sweet role'

*Portrays Violet Beauregarde in Charlie and the Chocolate Factory*

*By Ursula V. Battle*

Brynn Williams fondly recalled the movie that her mother and grandparents would suggest she watch as a child.

"When I was a kid, I wasn't allowed to listen to the radio and what I watched was heavily monitored by my parents," said Williams reflecting back on her childhood. The original Charlie and The Chocolate Factory movie was always on. My mother watched it growing up and my grandparents were also big fans of the movie."

Williams laughed as she added, "My grandparents would always say 'Why don't we watch that chocolate movie?'"

Little did her mother or grandparents know at the time that the talents of the youngster would be her "golden ticket" to co-starring in a future adaptation of the beloved 1971 classic.

Williams is among the cast of Roald Dahl's Charlie and the Chocolate Factory, which played at the Hippodrome Theatre January 22, 2019 through Sunday, January 27, 2019. The production was a part of the 2018/19 CareFirst® BlueCross BlueShield Hippodrome Broadway Series.

Roald Dahl's Charlie and the Chocolate Factory tells the story of "Willy Wonka", world famous inventor of the "Everlasting Gobstopper", who has just made an astonishing announcement. His marvelous and mysterious factory is opening its gates...to a lucky few. That includes young "Charlie Bucket", a poor youngster whose life definitely needs sweetening and the bubble-gum popping "Violet Beauregarde."

Charlie and Violet, along with three other golden ticket winners embark on a mesmerizing, life-changing journey through Wonka's world of pure imagination. The production features the charming "Oompa-Loompas", incredible inventions, the great glass elevator, and more.

Williams, who portrays "Violet Beauregarde", talked about the high-energy character who loves to dance and pop gum.



*Brynn Williams plays "Violet Beauregarde" in Charlie and the Chocolate Factory which was performed at The Hippodrome Jan. 22, 2019 through January 27, 2019.*

"Violet is an Instagram celebrity from California," said Williams. "She got famous for chewing the same piece of gum for three years. She is a mixture of Beyonce and Tamar Braxton. She is super confident, and very much a daddy's girl."

With direction by three-time Tony Award winner Jack O'Brien, Roald Dahl's Charlie and the Chocolate Factory feature lyrics by Grammy and Tony Award winners Scott Wittman and Marc Shaiman. The hit Broadway musical includes songs from the original film, including Pure Imagination, The Candy Man, and I've Got a Golden Ticket.

"Charlie and the Chocolate Factory is a timeless story that bridges generations," said Williams.

"It's also a show about dreaming and the power of imagining."

Williams said there are many 'sweet dividends' to being in the show.

"One of the major perks is that there's always candy around," said Williams with a laugh. "There's always tremendous amounts of chocolate. Another great part of being a cast member in this show is the audience reaction, which is absolutely incredible. It's a nostalgic story, and the productions features songs from the original 1971 movie as well as brand new songs by Wittman and Shaiman."

She added, "We have a star-studded production team and cast who all come together to make this show the most fantastic experience. If you grew up with

Charlie and the Chocolate Factory, this is the show for you and your kids."

While her character "Violet Beauregarde", hails from California, the 26-year-old Williams grew up in Maryland.

"I am a native of Columbia, Maryland," said Williams. "My dad was in the Navy, and moved to Maryland. My parents loved Maryland so much that they never left."

Williams said her theatrical career began at a young age.

"My mother auditioned for a dinner theater," recalled Williams. "While she was there, the director told my mother they were looking for a little girl for a production and to bring her, if she knew of someone. My mother told the director that she had a daughter that had never done any acting, but was cute and well-behaved. I was six at the time. I was cast, and have been performing ever since. I fell in love with being on stage, singing, and dancing."

Williams has participated in shows at Tobys Dinner Theater in Columbia, Maryland which include Annie and Big River. Broadway credits include Spongebob Squarepants, Bye Birdie, How the Grinch Stole Christmas, In My Life, and Chitty Chitty Bang Bang. Off-Broadway credits include David Bowie's Lazarus, and Freedom Riders, while television and film credits include "Naked Brother's Band", "Between the Lions", and "Finky's Kitchen".

"I was involved with Toby's Dinner Theater and the Columbia Center for Theatrical Arts," said Williams. "I grew up under their wings as an actress. When I was eight, I started auditioning in New York, but whenever I got the chance, I came back to do shows at Toby's or with the summer camp."

She added, "I just finished doing my sixth Broadway show. My ultimate goal is to perform as long as I possibly can. I want to share what I know with the next generation of performers. That's the most beautiful thing about being in stage. With every person there is a chance to inspire someone. If I can give back and teach someone, I can use what I have for good."

# Baltimore Chef Cooking up Success

*Continued from page 1*

Among those are his Chilean Sea Bass with Rosemary Forbidden Rice, Corn Bisque, and Scorched Sweet Peppers.

“The Chilean Sea Bass is a warm and renewing dish. I love how hearty yet delicate the bass is. Its flakiness lends well in consuming complete bites of the corn bisque and forbidden rice,” Murphy said.

“The scorched sweet peppers add some smokiness to the dish where all other components are light in flavor. It is definitely one of my favorites for sure,” he said.

He also features “Chef Dorien’s Winter Salad,” which includes Poached Shrimp and Baby Kale with Shaved Fennel, Spiralized Red Beet, Kumato Tomato, and Maple Vinaigrette.

“The winter salad is a joy and refreshing like the first snowflake of the season upon your tongue. I love how robust and healthy baby kale is,” Murphy said. “It really holds well on the plate and bonds with the stab of your fork. Baby kale is lightly bitter, it pairs with the sweetness of the spiralized beet and maple vinaigrette.

“The beet compliments the salad with a subtle saccharine tartness. Its crunchy sweet texture helps balance the acidity and harsh licorice of the rice wine vinegar,” he said.

While historically, African Americans haven’t received much acclaim as top chefs, Murphy said that too is changing.

“I believe that African Americans are continuously emerging as tastemakers in the United States and America has become more accepting of the African American voice and image, and as such, it has become more aware of the value African American expression has in a Caucasian-dominated profession,” Murphy said.

“Black chefs have distinctive relationships with flavor and cooking that add tremendous value and variation to the culinary industry,” he said.

“It is very difficult to deny or prevent the progression of food and African American culture is an integral piece of this growth.”



*Chef Dorien Murphy*  
Photos by Talia J. Brown



*Chef Dorien Murphy's Tomato/Mozz/Balsamic Fig Croustini which features Poached Fig/Goat Cheese/Herb Bread Charcuterie and Crudite along with Italian Meats/Cheeses/Veg*



*Chilean Sea Bass*



*“Chef Dorien’s Winter Salad,” which includes Poached Shrimp and Baby Kale with Shaved Fennel, Spiralized Red Beet, Kumato Tomato, and Maple Vinaigrette*



## ATTENTION H.S. Seniors:

The MDDC Press Foundation is looking for an outstanding senior staff member from a high school newspaper (print or online) in Maryland, Delaware or D.C.

**Win a \$1,500 CASH SCHOLARSHIP!**

Apply at [mddcpress.com/about/hs-journo](http://mddcpress.com/about/hs-journo)  
Application Deadline: March 1, 2019

*Michael S. Powell*

**High School Journalist of the Year**

Enter To **WIN**  
**\$3,000**



Newspaper sponsored shopping survey. No purchase necessary.



Enter to win now, go to:  
**[www.pulsepoll.com](http://www.pulsepoll.com)**

## This is about real change...

Over the past two years we have undertaken a massive effort to transform Wells Fargo and that includes keeping our customers and stakeholders informed about our ongoing progress.

A central part of our transformation was a deep examination of our entire business, which uncovered additional areas where we had fallen down. While headlines about these issues are recent, the issues in question occurred in the past. They don't reflect the bank we are striving to become.

### This is about where our leadership is taking us

Across our organization, our leadership is focused on and committed to creating a better bank. New leaders are bringing outside perspectives to how we operate. This starts with our Board of Directors. Our new Board Chair, Betsy Duke, is a former Federal Reserve Governor. She joins seven independent directors named in just the past two years. We have filled key senior leadership roles with external talent, including our Chief Risk Officer, General Counsel and Head of Human Resources. And we have centralized key functions to improve our controls and increase visibility. We also launched a Stakeholder Advisory Council with seven external members to advise management on consumer perspectives, fair lending, environmental impact, and governance.

### This is about focusing on our customers

Our first priority is our customers and making sure we serve them to the very best of our abilities. We have implemented new efforts to make sure customers are 100% satisfied with all we do for them and created stronger mechanisms to resolve issues. All of this while we continue to help customers manage their finances in many ways including the ability to receive alerts that tell you when your balance is low. And to help the many customers impacted by natural disasters and the government shutdown, we are also waiving or reversing various fees.

### This is about our dedicated Team Members

We know our customers' experience is only as good as the dedicated Team Members serving them in our branches, on the phone and online. And while we've always had the best, we are doing more to support them and align their compensation with their personal goals of serving customers. This includes raising our minimum wage to \$15 per hour, aligning banker compensation with customer satisfaction and extending stock awards to 250,000 Team Members.

### This is about our ongoing pledge

While we have accomplished a lot, we are by no means done. Our pledge to you is to continue to focus on being the bank you expect and want to serve you. To learn more about how we've been improving, please visit [wellsfargo.com/progress](https://wellsfargo.com/progress)

## ...and this is our ongoing commitment to our customers

So that's what we're doing. And this is where we're going as we continue to build a better bank for all.

### This is innovation that puts customers in control

With offerings like *Control Tower*,<sup>SM</sup> *Overdraft Rewind*,<sup>®</sup> Low Balance Alerts and Financial Health Conversations, we're working to empower customers with the information and confidence they need to succeed financially. For example, with *Overdraft Rewind* we have proactively reversed millions of dollars of fees for our customers.

And with a wide range of email and text alerts available to our customers, we've helped people identify potential fraud, avoid potential fees and manage their accounts with greater assurance and control.

### This is building sustainable futures for our communities

We're committing \$200 billion in financing to sustainable businesses and projects by 2030, with more than 50% focused on clean and renewable energy.

### This is empowering homeownership for Americans

On average, Wells Fargo helped more than 1,000 families a day realize the dream of homeownership in 2018.

### This is our commitment to helping others every day

In 2018, Wells Fargo donated more than \$1 million a day to help over 10,000 non-profits keep reaching for a greater good. We also donated nearly \$10 million in support of disaster relief and waived more than \$33 million in fees for impacted customers. And we're helping government workers affected by the recent shutdown, proactively reversing various fees and extending deadlines for certain payments.

### This is our people making a difference

In late 2018, through our *Holiday Food Bank* campaign, we collected and donated more than 55 million meals to local food banks across the country and our Team Members volunteered over 9,000 hours. And on nearly every day for the past two decades, Wells Fargo volunteers have rolled up their sleeves to help build and improve more than one home per day through the *Wells Fargo Builds*<sup>SM</sup> program.

Best of all,  
This is just the beginning.

This is 



More than 8,120 homes have been built and improved through Wells Fargo Builds since 1997. Wells Fargo helps 1,074 families (per calendar day, on average) realize the dream of homeownership through our Retail and Correspondent lending channels. © 2019 Wells Fargo Bank, N.A. All rights reserved. Member FDIC.  Equal Housing Lender. NMLSR ID 399801.



## Diabetes Solutions Center Helps Blacks Afford Medication

BALTIMORE—Did you know that here in Maryland an estimated 623,000 people, or 12.6% of the population, now have diabetes? Of these, 156,000 of them have diabetes and simply do not know it. In addition, 1,634,000 people in Maryland or a staggering 36.9% of the population, have pre-diabetes.

American Diabetes Association estimates that over 30 million Americans are affected by diabetes and is the seventh leading cause of death in the United States. In our community, studies show that we are disproportionately affected by diabetes. The rates of diagnosed diabetes among African Americans is 12.7% compared to 7.4% of whites.

Diabetes is a dangerous and deadly illness if not monitored and controlled. Unchecked, it can result in heart disease, stroke, amputation, end-stage kidney disease, blindness and death. In fact, the Maryland Health Department's Annual Vital Statistics Report reports that diabetes was the sixth leading cause of death in 2017 where 33.2% of those were African Americans compared to 15.9% of whites.

When diabetes is diagnosed, it can be very expensive to treat. African Americans not only face the dilemma of increased diabetes diagnoses, but also face numerous of health care challenges when trying to manage diabetes for a better quality; such as cost for treatments, medications, limited supplies and access to primary care. In fact, people with diabetes have medical expenses about 2.3 times higher than those without it.

When it is hard to afford medication, people may be tempted to try to ration their insulin or not use it as often. That is unwise and even less so with diabetes, which requires lifestyle changes and vigilance with medications.

Eli Lilly and Company, a global

leader in diabetes care, understands these gaps, circumstances and burdens of costs in our community. They understand that there are gaps in health care for communities of color and working to help close it by reducing the cost of insulin. They have launched the Lilly Diabetes Solution Center and Helpline to help provide solutions to people who need help paying for their insulin, such as those with lower incomes, the uninsured, and people still paying their deductible in a high-deductible insurance plan. It is truly an innovative program with a multifaceted approach to helping diabetes sufferers afford necessary medications.

The Annapolis Times applauds Eli Lilly for this new effort and the work they have done to help patients access and afford treatments and get on the road to a healthier lifestyle.

Diabetes patients can call the center and representatives will work with them and develop a cost-savings plan based on the patient's economic and personal situations. The Lilly Diabetes Solution Center phone number is 1-833-808-1234. The call center is fully staffed by health care professionals such as nurses and pharmacists who have the expertise to assist patients.

As diabetes cases continue to increase, Lilly's program is providing help for people with immediate needs for insulin.

Our hats are off to Lilly for actively trying to help those with this disease. It is this sort of ground-breaking and compassionate thinking that can spur the entire health care industry to establish practices that get the most vulnerable the health care they need, keep more of us healthy and save money for patients in the long run.

# Don't give up. QUIT TODAY.



**There's a lot to lose when you continue to smoke. Don't give up. We can help.**

Visit [www.MyQuitKit.org](http://www.MyQuitKit.org) to sign up for FREE services, classes and support.

**Learn To Live**  
Anne Arundel County Department of Health

**410.222.7979**  
[www.MyQuitKit.org](http://www.MyQuitKit.org)

**Lilly Diabetes Solution Center Helpline**  
**833-808-1234**

**COST SAVINGS** **FREE CLINICS** **IMMEDIATE NEED**

# Catching Sounds Through a Lens: Ayo O.

By Imani Wj Wright

Musical artists often hear the world a little differently than others. At times, this attribute can be great, and at times it can be one of the most annoying things in the world. You may walk down the street to get a sandwich, and the wind that just blew past your ear could be the inspiration for your next musical project. On the other side of things, you may also be listening to the latest song that everyone loves, but you just can't seem to fully enjoy it due to that miniscule engineering mistake in bar four. Because I am a musical artist, I always imagined that the same would hold true for those who deal with visual art. They might not "hear" the world differently, but maybe the way they see it differs from us.

I had a chance to speak with 26-year old, Ayo O, photographer and founder of the African-orientated "One Tribe Magazine, in reference to the process of a visual artist, and their perception. Ayo gave me some insight, and talked about some personal experiences that many young creatives/entrepreneurs should take heed to.

Ayo stated: "For me personally, I think it's not as much the photography aspect that enables me to see the world differently but just the way I think creatively. As early as I can remember, I've always thought just a bit different than other kids. For example, how to solve problems in class, how to communicate etc. I think it is important to keep your creative juices flowing daily and just think differently, then it translates into how you perceive the world, and in turn how you capture the world with photography. I named my photography brand, "TribeVision" because I've always had a



Ayo O, photographer/ founder "One Tribe Magazine" Photos by Ayo O

vision that was different than others and it's what sets me apart. Especially for me, a music connoisseur, putting my own creative spin on a concert photo plus the different feelings each individual may have for a song or artist produces a work that is not only unique but offers another perception of that said song or artist."

When scrolling through some of Ayo's work, one of the first things that stands out is his star studded lineup of muses. Some of his action shots include images of music's most prominent names such as Drake, Miguel, and J.Cole.

Success stories tend to sometimes have some sort of misdirection or hurdle in the middle, so I asked Ayo if there were any obstacles during his high profile quests. "Ha! Misdirection is my middle name. Admittedly I've had to sneak into some concerts that I really, really wanted to get into, namely the Drake and J.Cole shows. I wouldn't advise this for anyone, but it was worth it. "They've been my favorite shots so far, not because of the photos but because of my personal triumph of being where I was

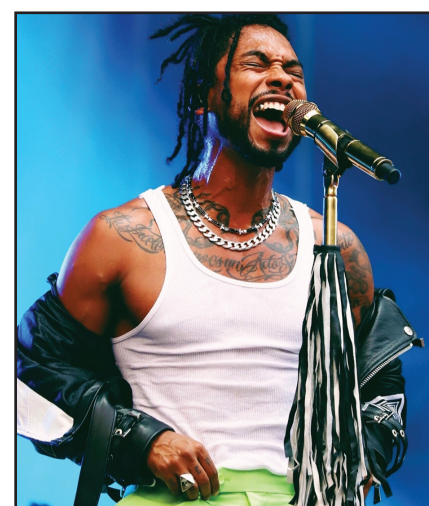


Drake

not supposed to be, chasing my personal dream. A major (but fun) hurdle is honestly just learning photography. Learning what your camera can do, what lenses fit your niche, and how to combine both in a cohesive manner." Ayo said.

Ayo has a very clean and crisp style of photography. The quality of his photos seem to capture every fine detail of the image. What amazes me most about Ayo's style is his ability to put you in the moment, so much so that you can feel the vibration of the speakers, and the roar of the crowd, simply from the image.

After conversing with two accredited Baltimore Times photographers, Madeline McQuillan, and Lukey Lenz, they also agreed that his style of work is QUITE polished. But, with popular photographers such as Gunner Stahl resurging grimy, gritty, and unedited film photography back into popularity, I asked Ayo his thoughts on the use of digital vs. film. Ayo responded: "I've only ever shot digital, but I've seen a lot of great film photography that offers a completely new element that digital



Miguel

can't. To me it offers a deeper look of the "feeling" of the frame and the subjects. I'm not sure if I'll pursue film but I'll never say never!"

Being an owner of an engaging, and fledgling magazine, I had to ask what his near future plans are. Ayo asserted: "I have so many ideas written down for 2019 and hopefully I do complete them but for now, I really want to not only shoot more shows but also shoot more "behind the scenes" shots for artist's music videos and song creation. I think that is an aspect that isn't really touched on enough. Seeing what the artist goes through while creating a song or video can be interesting for a fan or an up and coming artist. Besides I definitely actually would like to shoot a couple of weddings this year, so if you know anyone getting married, let me know! Ha."

Be sure to follow Ayo on Instagram @thattribeguy and One Tribe Magazine @onetribemag !



**Auto Insurance Program** from 

**AARP AUTO INSURANCE FROM THE HARTFORD**

TO SPEAK WITH AN AGENT AND REQUEST A FREE QUOTE CALL THE HARTFORD TO SEE HOW MUCH YOU COULD SAVE:

**1-877-579-9788**





**Do you or a loved one struggle on the stairs?**

**AN ACORN STAIRLIFT IS A PERFECT SOLUTION FOR:**

- ✓ Arthritis and COPD sufferers
- ✓ Those with mobility issues
- ✓ Anyone who struggles on the stairs



**ACORN STAIRLIFTS**

**\$250 OFF!**

THE PURCHASE OF A NEW STAIRLIFT!

CALL NOW FOR YOUR FREE INFORMATION KIT AND DVD!

**1-855-841-2971**

\*Not valid on previous purchases. Not valid with any other offers or discounts. Not valid on refurbished models. Only valid towards purchase of a NEW Acorn Stairlift directly from the manufacturer. \$250 discount will be applied to new orders. Please mention this ad when calling. AZ ROC 278722, CA 942619, MN LC670698, OK 50110, OR CCB 198506, RI 88, WA ACORNSI8940B, WV WV049654, MA HIC169936, NJ 13VH07752300, PA PA101967, CT ELV 0425003-R5.

# CLASSIFIEDS

## ANNOUNCEMENTS

Playmates or Soulmates you'll find them on MegaMates. Gay or Straight call in. **START CHATTING TODAY.** Always FREE to Listen & Reply to ads. 800-982-8665

Selling an Antique Car or Farm Equipment? Selling construction equipment? Advertise with us to reach up to 3.2 million homes each week. You choose the area. 800-450-6631

## AUTO'S WANTED

AMERICAN & FOREIGN CARS \$\$  
PAYING CASH \$\$ For Classic & Collector Cars 717-577-8206

[WANTED] CARS/TRUCKS WANTED!!!  
All Makes/Models 2002-2018! Any Condition. Running or Not. Competitive Offer! Free Towing! We're Nationwide! Call Now: 1-888-368-1016

CARS/TRUCKS WANTED!!! 2002 and Newer! Any Condition. Running or Not. Competitive Offer! Free Towing! We're Nationwide! Call Now: 1-888-416-2330.

## MISCELLANEOUS FOR SALE

Dish Network-Satellite Television Services. Now Over 190 channels for ONLY \$49.99/mo! HBO-FREE for one year, FREE Installation, FREE Streaming, FREE HD. Add Internet for \$14.95 a month. 1-800-219-1271

## HOME SERVICES

Call Empire Today® to schedule a FREE in-home estimate on Carpeting & Flooring. Call Today! 1-866-538-7163

## BUSINESS OPPORTUNITY

MAKE MONEY MAILING POSTCARDS!  
Easy Work, Guaranteed Legit Opportunity!  
[www.PostcardsToWealth.com](http://www.PostcardsToWealth.com)  
Receive Instant \$250 Payments Daily!  
[www.250PerDaySystem.com](http://www.250PerDaySystem.com)  
Homeworkers Urgently Needed!  
[www.LegitOnlineWork.com](http://www.LegitOnlineWork.com)

*This newspaper is not responsible for advertisements placed under Business Opportunities. Looking for a business Opportunity? Investigate before you Invest! Call 1-877-FTC-HELP*

CASH FOR CARS: We Buy Any Condition Vehicle, 2000 and Newer. Nation's Top Car Buyer! Free Towing From Anywhere! Call Now: 1- 800-864-5960.

INVENTORS - FREE INFORMATION PACKAGE Have your product idea developed affordably by the Research & Development pros and presented to manufacturers. Call 1-888-501-0236 for a Free Idea Starter Guide. Submit your idea for a free consultation.

DISH TV \$59.99 For 190 Channels + \$14.95 High Speed Internet. Free Installation, Smart HD DVR Included, Free Voice Remote. Some restrictions apply 1-800-718-1593

A PLACE FOR MOM has helped over a million families find senior living. Our trusted, local advisors help find solutions to your unique needs at no cost to you. Call 855-741-7459

BATHROOM RENOVATIONS. EASY, ONE DAY updates! We specialize in safe bathing. Grab bars, no slip flooring & seated showers. Call for a free in-home consultation: 888-912-4745

SAVE ON YOUR NEXT PRESCRIPTION! World Health Link. Price Match Guarantee! Prescriptions Required. CIPA Certified. Over 1500 medications available. CALL Today For A Free Price Quote. 1-866-293-9702 Call Now!

Spectrum Triple Play! TV, Internet & Voice for \$29.99 ea. 60 MB per second speed No contract or commitment. More Channels. Faster Internet. Unlimited Voice. Call 1-877-338-2315

Stay in your home longer with an American Standard Walk-In Bathtub. Receive up to \$1,500 off, including a free toilet, and a lifetime warranty on the tub and installation! Call us at 1-855-534-6198

BECOME A PUBLISHED AUTHOR! We edit, print and distribute your work internationally. We do the work... You reap the Rewards! Call for a FREE Author's submission Kit: 866-951-7214

ATTENTION OXYGEN THERAPY USERS! Inogen One G4 is capable of full 24/7 oxygen delivery. Only 2.8 pounds. FREE information kit. Call 877-929-9587

## MISCELLANEOUS

Make a Connection. Real People, Flirty Chat. Meet singles right now! Call LiveLinks. Try it FREE. Call NOW: Call 1-877-737-9447 18+

Financial Benefits for those facing serious illness. You may qualify for a Living Benefit Loan today (up to 50 percent of your Life Insurance Policy Death Benefit.) Free Information. CALL 1-855-632-0124

## BUSINESS TO BUSINESS

Have something to sell? GET 2 FREE WEEKS OF ADVERTISING when you purchase 2 weeks. Learn more at [macnetonline.com](http://macnetonline.com) or give us a call at 800-450-6631.

## HEALTH & FITNESS

VIAGRA and CIALIS USERS! 100 Generic Pills SPECIAL \$99.00 FREE Shipping! 100% guaranteed. 24/7 CALL NOW! 888-445-5928 Hablamos Espanol

## HEALTH & MEDICAL

VIAGRA & CIALIS! 60 pills for \$99. 100 pills for \$150 FREE shipping. Money back guaranteed! 1-800-503-7846

DENTAL INSURANCE. Call Physicians Mutual Insurance Company for details. NOT just a discount plan, REAL coverage for 350 procedures. 888-623-3036 or <http://www.dental50plus.com/58> Ad# 6118

Suffering from an ADDICTION to Alcohol, Opiates, Prescription PainKillers or other DRUGS? There is hope! Call Today to speak with someone who cares. Call NOW 1-855-399-8803

Suffering from an ADDICTION to Alcohol, Opiates, Prescription PainKillers or other DRUGS? There is hope! Call Today to speak with someone who cares. Call NOW 1-855-901-2049

Recently diagnosed with LUNG CANCER and 60+ years old? Call now! You and your family may be entitled to a SIGNIFICANT CASH AWARD. Call 877-648-6308 today.

## EDUCATION/CAREER TRAINING

HEALTHCARE CAREER TRAINING ONLINE. Start a New Career in Medical Billing & Coding. Medical Administrative Assistant. To learn more, call Ultimate Medical Academy. 855-629-5104

PHARMACY TECHNICIAN - ONLINE TRAINING AVAILABLE! Take the first step into a new career! Call now: 833-221-0660

AIRLINES ARE HIRING - Get FAA approved hands on Aviation training. Financial Aid for qualified students - Career placement assistance. CALL Aviation Institute of Maintenance 888-686-1704

## FINANCIAL

A PLACE FOR MOM has helped over a million families find senior living. Our trusted, local advisors help find solutions to your unique needs at no cost to you. 1-855-204-5180

## Is Winter A Pain In The Back?

# Six Tips For Year-Round Injury Prevention

News & Experts— The onset of winter weather means challenging conditions for outdoor activities and lurking dangers to our bodies— the back in particular.

Slipping on ice and shoveling snow cause many mishaps. And health professionals point out, cold weather alone makes the back vulnerable to injuries whether one is clearing the driveway, skiing, sledding, or working out. Muscles, tendons and ligaments in the back tighten and become less flexible, thus more prone to injury.

But while back problems may begin or become more pronounced in winter, Dr. Bradford Butler says there's a year-round prescription for protection, through prevention, and it starts with maintaining flexibility.

"Almost all spinal problems begin with a loss of flexibility," said Dr. Butler a chiropractor and author of *The Blueprint For Back Pain Relief: The Essential Guide To Non-Surgical Solutions*. "The less flexible we are, the more stress the back is under; therefore, the more likely you are to have injury and breakdown.

"Let's face it, very few people value prevention. If we did, as a country, we wouldn't have the world's most expensive health care system. For preventing back pain, maintenance care is always cheaper, faster, and longer-lasting than looking for a quick fix."

Dr. Butler shares a six-point prevention strategy:

- Focus on stretching and flexibility. "Our body is designed to move," Dr. Butler says. "Regular walking is a naturally occurring way to stay flexible. Yoga is a fantastic way to increase overall body flexibility, strength, and wellness."

- Change your work environment. Dr. Butler says sitting for extended periods at work may be the biggest cause of back problems. "Sitting accelerates the breakdown of all parts of the spine that can cause pain," he says. "Research suggests sitting is the worst position for your lower back. Get up and move around as much as possible. A standing desk is a good option."



- Exercise regularly. "This is key to preventing back pain," Dr. Butler says. "In addition to flexibility, strength that comes with consistent exercise is a main factor in avoiding injury."

- Target nutrition and weight loss. Maintaining a healthy weight is important in preventing back pain. "The heavier you are, the more stress is transferred to your spine, muscles, and joints," Dr. Butler says. "Eat a natural diet and avoid toxic and over processed foods. Healthy foods give your body the building blocks to heal and repair faster."

- Seek chiropractic maintenance. "Having regular chiropractic care is an effective and safe way to prevent back and neck problems," Dr. Butler says. "Chiropractic adjustment mobilizes the joints of the spinal segments, which prevents

degeneration, injury, and pain."

- Get massage treatments. "Massage therapists are experts in relaxing tense muscles or working out trigger points and breaking up scar tissue," Dr. Butler says. "Massage also helps you deal with stress, which leads to tension."

"The old saying 'An ounce of prevention is worth a pound of cure' couldn't be truer, especially when it comes to your back," Dr. Butler says. "Prevention is an investment, not an expense."

*Bradford Butler, a chiropractor and author of The Blueprint for Back Pain Relief: The Essential Guide to Nonsurgical Solutions is owner and director of Oakland Spine and Physical Therapy, which has three locations in northern New Jersey. For more information, visit: [www.drbradfordbutler.com](http://www.drbradfordbutler.com).*

## AARP Tax-Aide to Start Taking Appointments

Annapolis, MD (January 30, 2018) - Trained tax volunteers for AARP Tax-Aide will start taking appointments at six Anne Arundel County Senior Activity Centers starting Monday, February 4, 2018. Each center has designated days and times when volunteers will be available. Call your local senior activity center soon, because appointments will fill up quickly. Walk-ins are not accepted.

AARP Tax-Aide is a function under the AARP Foundation, which is the non-profit arm of AARP. AARP Tax-Aide assists people with preparing their taxes and getting both Federal and State taxes filed. You do not have to be an AARP member and there are no age or income restrictions to use this program.

Volunteers will be able to help with 2018 tax returns only. Volunteers are certified by the Internal Revenue Service (IRS). They help only with simple tax returns, which will be filed electronically. Volunteers do not do tax returns involving partnerships or corporations, self-employed persons, or rental properties.

If you are interested in using AARP Tax-Aide, please call the local senior activity center near you:

**Annapolis Senior Activity Center**  
119 S. Villa Road, Annapolis  
410-222-1818

**Arnold Senior Activity Center**  
44 Church Street, Arnold  
410-222-1922

**O'Malley Senior Activity Center**  
1275 Odenton Road, Odenton  
410-222-6227

**Pasadena Senior Activity Center**  
4103 Mountain Road, Pasadena  
410-222-0030

**Pascal Senior Activity Center**  
125 Dorsey Road, Glen Burnie  
410-222-6680

**South County Senior Activity Center**  
27 Stepney Lane, Edgewater  
410-222-1927

For more information, or for anyone needing accommodations, contact Taylor Sullivan at 410-222-0140 or email at [agsull144@aacounty.org](mailto:agsull144@aacounty.org). TTY users, please call via Maryland Relay 7-1-1.

# MARKETPLACE

Selling, buying, hiring?  
**ADVERTISE HERE!**

Call: 410-884-4600 or visit [www.placeanad.baltimoresun.com](http://www.placeanad.baltimoresun.com)

## Professional Services

To Place Your Ad Call 410-884-4600 Today!



Specializing in Concrete &  
Masonry Construction Since 1977

Driveways	Brick
Sidewalks	Stone
Patios	Stucco
Steps	Chimneys
Custom Design	Basements

(o) 410.663.1224

(c) 443.562.7589

MHIC #3802

[WWW.LSCMD.COM](http://WWW.LSCMD.COM)

## PAINTING SERVICE

### THE BEST QUALITY PAINTING

Interior/Exterior Starting at:  
Rooms - \$175 • Windows - \$35  
Work Done by Owners  
Licensed in MD for 30 years

**Chris & Mike Levero**  
Bonded & Insured  
**Free Estimates**

### FIVE STAR HOME SERVICE

**410-661-4050**  
**410-744-7799**

MHIC# 10138

[www.fivestarmaryland.com](http://www.fivestarmaryland.com)

ELDER CARE

ELDER CARE

ELDER CARE

ELDER CARE

FIND  
THE  
True You  
at  
SU



Salisbury University offers valuable knowledge and experience to prepare students for any goal in life. Our excellent academics come with an affordable price tag, too.

There is no better way to learn about SU than to visit!

Contact us at: 410-543-6161  
[admissions@salisbury.edu](mailto:admissions@salisbury.edu)  
[www.salisbury.edu](http://www.salisbury.edu)

Follow SU on Twitter @FlockToSU

**Salisbury**  
UNIVERSITY

*A Maryland University of National Distinction*

Annapolis Times Classifieds 1-800-884-8797

BUSINESS  
SERVICES

BUSINESS  
SERVICES

BUSINESS  
SERVICES

BUSINESS  
SERVICES

**AARP**

Auto Insurance  
Program from



**AARP AUTO INSURANCE  
FROM THE HARTFORD**

TO SPEAK WITH AN AGENT AND REQUEST A  
FREE QUOTE CALL THE HARTFORD TO SEE  
HOW MUCH YOU COULD SAVE:

**1-877-579-9788**





**ATTENTION H.S. Seniors:**  
The MDDC Press Foundation is looking for an outstanding senior staff member from a high school newspaper (print or online) in Maryland, Delaware or D.C.

**Win a \$1,500 CASH SCHOLARSHIP!**

Apply at [mddcpress.com/about/hs-journo](http://mddcpress.com/about/hs-journo)  
Application Deadline: March 1, 2019

*Michael S. Powell*

**High School Journalist of the Year**



Do you or a loved one  
**struggle** on the stairs?

**AN ACORN STAIRLIFT IS  
A PERFECT SOLUTION FOR:**

- ✓ Arthritis and COPD sufferers
- ✓ Those with mobility issues
- ✓ Anyone who struggles on the stairs

**\$250  
OFF!**

THE PURCHASE OF A  
NEW STAIRLIFT!

CALL NOW FOR YOUR FREE INFORMATION KIT AND DVD!

**1-855-841-2971**



**ACORN  
STAIRLIFTS**

\*Not valid on previous purchases. Not valid with any other offers or discounts. Not valid on refurbished models. Only valid towards purchase of a NEW Acorn Stairlift directly from the manufacturer. \$250 discount will be applied to new orders. Please mention this ad when calling. AZ ROC 278722, CA 942619, MN LC670698, OK 50110, OR CCB 198506, RI 88, WA ACORNIS18940B, WV WV049654, MA HIC169936, NJ 13VH0752300, PA PA101967, CT ELV 0425003-RS.

### VEHICLES WANTED

**DONATE AUTOS, TRUCKS,  
RV'S. LUTHERAN MISSION  
SOCIETY** Your donation helps local families with food, clothing, shelter, counseling, Tax deductible. MVA License #W1044.

410-636-0123 or [www.LutheranMissionSociety.org](http://www.LutheranMissionSociety.org)

### BUSINESS SERVICES

#### BULK ADVERTISING AT ITS BEST:

advertise in over 70 newspapers and reach millions of readers with ONE call. Broaden your reach and get results for pennies per reader. Call Wanda at 410-212-0616 or email [wsmith@mddcpress.com](mailto:wsmith@mddcpress.com).

**INCREASE YOUR FREQUENCY** with your Advertising Call one of MDDC's Multi-Media specialists to grow your business. Call Wanda at 410-212-0616 or email [wsmith@mddcpress.com](mailto:wsmith@mddcpress.com).

**INCREASE YOUR CUSTOMER BASE** and get great results by placing your ads in the MDDC - Classified Advertising network! Call today 410-212-0616 Ask for Multi-Media Specialist -Wanda & watch your results grow.

**INCREASE YOUR PRESENCE** by advertising on FACEBOOK; TWITTER AND GOGGLE-ADS; Call our Multi-Media Specialists to experience the success of social media advertising today ;CALL 410-212-0616

### BUSINESS SERVICES

**JOIN OTHER ADVERTISERS** of the MDDC Small Display Advertising Network. Grow your Revenue with a business size ad in this network; Let the Multi-Media Specialists help you increase your customer base; CALL TODAY 410-212-0616 - See your results NOW

**LET THE MULTI-MEDIA SPECIALISTS** of MDDC Advertising Network assist you in growing your business and increasing your customer base. Call today at 410-212-0616 and starting seeing results NOW.

[www.mddcpress.com](http://www.mddcpress.com)

#### PLACE A BUSINESS CARD AD IN THE REGIONAL SMALL DISPLAY 2X2/2X4 ADVERTISING NETWORK

- Let MDDC help you grow your business! Call TODAY at 410-212-0616 to increase your customer base and get results.

**PLACE YOUR AD ON  
FACEBOOK; TWITTER;** LinkedIn and Google Ads Words through MDDC's Social Media Ad Network; Call today to find out maximize your presence on Social Media; 410-212-0616; or email [WandaSmith@wsmith@mddcpress.com](mailto:WandaSmith@wsmith@mddcpress.com)

### HAULING

# 0001+11123 AAA ABC  
Attics, Bsmt, Garage, Yards.  
25 yrs of honest hauling.  
Same Day. Aim to satisfy.  
Call Mike: 410-446-1163.

#\* 4 ALL YOUR  
HAULING/TRASH NEEDS  
Attics, bsmts, yards & demos.  
Small to large. Free est.  
MIKE SUSSAN 410-294-8404.

### TREE SERVICES

**NEW BRANCH TREE  
SERVICE**  
Tree Trimming/Removal  
Stump Grinding  
Bush Hog Service  
Free Est., Lic. 1371, Insured  
410-272-7280 410-836-3060

### CAREER TRAINING

**AIRLINE MECHANIC  
TRAINING**  
Get FAA certification to fix planes. Financial Aid if qualified. Approved for military benefits. Call Aviation Institute of Maintenance 866-823-6729

### MISCELLANEOUS

**PLACE A BUSINESS CARD AD** in the Regional Small Display 2x2/2x4 Advertising Network - Reach 3.6 Million readers with just one call, one bill and one ad placement in 71 newspapers in Maryland, Delaware and DC TODAY! For just \$1450.00, Get the reach, Get the results and for Just Pennies on the Dollars Now..call 1-855-721-6332 x 6 or email [wsmith@mddcpress.com](mailto:wsmith@mddcpress.com)

#### SAVE LOADS OF MONEY WITH YOUR ADVERTISING BUDGETS;

CONNECT with the Multi-Media Specialists of the MDDC Advertising Networks; GET Bulk Advertising Opportunities NOW; CALL TODAY; With One Call; With One Ad Placement & One Bill; You'll Reach the Entire Mid-Atlantic Region; Call 410-212-0616

### WANTED TO BUY

**FREON R12 WANTED:** CERTIFIED BUYER will PAY CASH FOR R12 cylinders or cases of cans (312) 291-9169; [www.refrigerantfinders.com](http://www.refrigerantfinders.com)

**Choose  
a little!  
Choose  
a lot!**

Use classified  
ads in  
Baltimore  
Sun Media  
Group papers.

**Call  
410  
332  
6300**

**Lutheran  
Mission  
Society**

Alan Amrhine, Communications Director  
Lutheran Mission Society

**"MDDC has connected donors with the  
LMS Vehicle Donation Program  
for over six years! Great exposure,  
cost effective, and Wanda is so helpful."**

Call Wanda: 410-212-0616

[wsmith@mddcpress.com](mailto:wsmith@mddcpress.com)

Local touch, infinite reach.



Enter To **WIN**  
**\$3,000**



Newspaper sponsored shopping survey. No purchase necessary.



Enter to win now, go to:

[www.pulsepoll.com](http://www.pulsepoll.com)

**SELL IT  
FIND IT  
RENT IT  
BUY IT**

*...in The Annapolis Times  
Classifieds.*

**1-800-884-8797**

**SELL IT  
FIND IT  
RENT IT  
BUY IT**

In The  
Annapolis  
Times  
Classifieds

1-800-884-8797

**Choose  
a little!  
Choose  
a lot!**

CNG's  
classified allows  
you to design  
the market you  
want to reach.  
Convenience is  
yours. CNG  
classified accepts  
Mastercard  
or Visa by phone.

**LINK UP  
WITH  
YOUR  
MARKET**

Join the many  
who advertise  
in CNG's  
classifieds

*The sixth annual...*

# KINDNESS

*for*



# PAWS



**An animal welfare inspired art collection by local students.**



*Artwork will be viewable all week, but sales will only take place at the Name-Your-Donation Art Sale on Feb. 17. All proceeds from "Kindness For Paws" goes to support homeless pets at the Maryland SPCA.*

*Art Show Display*  
**Feb. 9-17, 2019**

**@ White Marsh Mall**  
**8200 Perry Hall Blvd, 21236**

**Name-your-donation art sale!**  
**Feb. 17 from 11 a.m.- 2 p.m.**

**MARYLAND SPCA**

