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February 6, 2019 : Vol. XL : #6

Shelbyville

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Tullahoma Chiropractic Helps With

**Headaches • Neck/Back Pain • Lower Back Pain • Ruptured Disc
Arm/Leg Pain • Shoulder Pain • Auto Accidents • Numbness • Sciatica**

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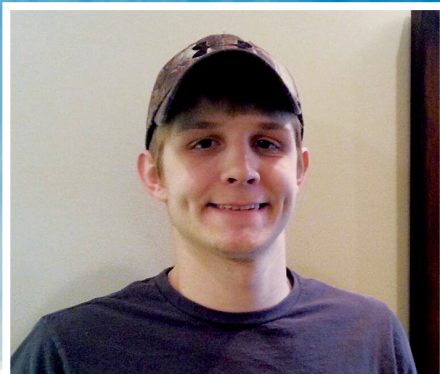
I've had issues with back pain ever since I can remember. I've tried to ignore the pain in my back. I wanted natural treatment rather than be put on harsh medications. I tried other things, but it didn't correct the cause of the pain. Since seeing Dr. Kanan I've regained feeling in my hands, my legs don't go numb, I've returned to yoga and my strength and flexibility are improving!

- Shalene S.



My name is Sergio Rojas. I came to Tullahoma Chiropractic. I came with a problem from my waist down the back of my leg. I have been coming two weeks and I have felt normal on this trip. My diagnosis was no problem. I've felt very good. Very well.

- Sergio



I had trouble moving comfortably and breathing normally for about a year! Ever since my adjustments I feel like new! I now have full movement without pain and more energy throughout the day. I finally feel relaxed and calm again! I definitely recommend Dr. Kanan he helped me tremendously!

-Justin R.



Our "State of the Art" Class IV Laser Helps With

I had lower back pain for several years. Since coming to Tullahoma Chiropractic I am able to move again without pain! I am sleeping through the night and can do my daily activities without ANY problems. The staff is always cheerful, helpful and they have done everything to make sure I understand the treatment.

- Vickie



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Obituaries

FLIPPO, MARTHA ODEAN BOYCE - 85, Shelbyville, TN. January 29, 2019. Funeral service, 2 p.m., Saturday, February 2, 2019. Burial in Pressgrove Cemetery. DOAK-HOWELL FUNERAL HOME, Shelbyville, TN. (931)684-5011.

MILLER, FREDIA M. - 88, Shelbyville, TN, formerly of Bradford, TN. February 1, 2019. Funeral service, 2 p.m., Monday, February 4, 2019. Burial in Bradford Cemetery. DOAK-HOWELL FUNERAL HOME, Shelbyville, TN. (931)684-5011.

Announcements Bedford County

MULTIPLE VEHICLES TO BE SOLD. The following vehicles will be sold if not claimed and bill paid in full: 2013 Land Rover, SALGS2EF6DA120783; 2004 Jaguar S-type, SAJEA01U04HNO6294; 2015 Mercedes GLK350, WDCGG8J1BFG414584; 2004 B M W 3 3 0 C I , WBABW534X4PL44903. Daniel's Auto Clinic.

MULTIPLE VEHICLES TO BE SOLD. The following vehicles will be sold if not claimed and bill paid in full: 2005 International 4400, 1HTMKAZN45H105510; 1955 Chevrolet Bel-Air, C55S219361; 1923 Ford Roadster, 46325; 1958 Ford Fairlane, H8RW107847; 1956 Chevrolet Sedan Delivery, D56N067570; 2013 Nissan Juke, JN8AF5MV8DT230464; 1989 Ziemman Chassis Trailer, Z156703; 1951 Chevrolet 3100, 8JPC6664. Daniel's Auto Clinic.

BEGINNERS' BEEKEEPING CLASS, 4 nights, Monday, March 11, Tuesday, March 12, Thursday, March 14, Friday, March 15, from 7:00p.m.-9:00p.m. each night at the Shelbyville Farm Bureau Building, 323 Bethany Lane. Sponsored by Duck River Beekeepers Association. The Association meets regularly the first Tuesday of each month between 7:00p.m.-9:00p.m. Registration fee: \$40. If you meet the qualifications, you can register for a chance to win one of five Hive Starter Kits (approximately \$150 each). Come early Monday to complete registration. Contact Debra McKill, (931)581-5415; or Ed Perryman, (931)684-4268, for additional information.

Announcements Coffee County

VALENTINE SPECIAL AT PATCH MANOR. Lunch, Tuesday, February 12, 11a.m.-2p.m. Reservations, (931)728-4430. Valentines Dinner, Thursday, February 14, 4:30p.m.-7:00p.m. Reservations only, (931)728-4430. No credit/debit.

FREE CLOTHING for the family. The Clothes Closet, open the first and third Saturday each month, 10a.m.-12 noon, St. Paul's United Methodist Church, 30 Cat Creek Road, Manchester.

CLOTHING GIVEAWAY at Fredonia Church of Christ on Matts Hollow Road, Manchester, first Saturday of each month, 9a.m.-11a.m. All size clothing.

CHICKEN AND DUMPLINGS DINNER, all you can eat and all the fixings, sponsored by the American Legion Riders, 130 Shelton Road, Manchester, on Saturday, February 9, 5p.m.-7p.m. All welcomed, \$8. (931)954-5319.

Announcements Franklin County

GRILL COOK IN COUNTRY RESTAURANT, must have some experience and pass drug test. (931)652-9428.

THIS and THAT THRIFT STORE, 204 North Porter, behind Bates Foods, Winchester, Tuesday-Saturday, noon-5p.m. Rada cutlery; used furniture; jewelry; glassware; all size clothing; and more. Donations welcome. Debit/Credit cards accepted. (931)307-3836.

Announcements Lincoln County

FREE CLOTHING, SHOES, HOUSEHOLD ITEMS, ETC. for the needy. The Mission at Gum Springs Baptist Church, located off Highway 64, 1 mile east of Jeff's Market, open every Thursday, 8a.m.-2p.m. Operated by Linda Martin.

PULL TABS FOR RONALD McDONALD HOUSE CHARITY, help the Lions Club of Fayetteville collect pull tabs from cans (soda/food/others). Please bring them to the Exchange, 404 Main Avenue South, Fayetteville.

GRILL COOK IN COUNTRY RESTAURANT, should have some experience and pass drug test. (931)652-9428.

LIVE BAND AND DANCE EVERY SATURDAY NIGHT, 6:30p.m.-9:30p.m. Country music. Admission \$6 per person. Kitchen open. Family atmosphere. No smoking. Open to the public. Everyone welcome. Proceeds support Veterans. American Legion Post #42, 2007 Wilson Parkway, Fayetteville. (931)433-4938.

IF YOU OR YOUR HOUSEHOLD EARNED less than \$66,000 in 2018, file your taxes for free at a partnering United Way of Metropolitan Nashville site or online. For locations or to file online, visit unitedwayfilefree.com.

SISSY'S ANTIQUES AND INTERIORS, will be closed on Mondays beginning January 21 till further notice. Our winter hours are Tuesday-Saturday, 10a.m.-5p.m.

\$50 STORAGE UNIT COUPON - Call today to rent a unit and tell the manager you want to use the Exchange coupon. Your Extended Attic. Fayetteville location, (931)433-5550; or Park City location, (931)273-9737.

FREE CLOTHING! All sizes-all ages: male, female, infants. Old Time Christian Outreach Center, 1992 Pulaski Highway 64 West, Fayetteville, at The Father's House Church, Tuesdays, 9a.m.-3p.m. (931)625-1326.

PARK CITY FLEA MARKET AND AUCTION, AUCTIONS EVERY FRIDAY, 6P.M., 2748 HUNTSVILLE HIGHWAY, FAYETTEVILLE. FLEA MARKET EVERY FRIDAY, SATURDAY, SUNDAY, SPOTS \$7/DAY. WE BUY ESTATES, CONSIGNMENTS WELCOMED, VENDORS WANTED. (931)691-4081.

Announcements Out of Area

Enjoy 100% guaranteed, delivered to-the-door Omaha Steaks! Makes a great Holiday gift! Save 75% plus get 4 free burgers. Order the Family Gourmet Feast - only \$49.99. Call 1-855-349-0656 mention code 55586TJC or visit www.omahasteaks.com/love13. cadnet

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DIRECTV Select Package! Over 150 channels, only \$35/month (for 12 mos.). Order Now! Get a \$100 AT&T Visa rewards gift card (some restrictions apply). Call, 1-877-666-2821. sapa

Generic Viagra and Cialis! 100 pills \$99. Free Shipping! 100% guaranteed. 24/7. Call now! 888-889-5515. cadnet

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Antiques

1935 RESTORED VICTORIAN STYLE TUB for sale, white with gold feet, \$1,400 or best offer. (931)308-7102.

ANTIQUE ROCKING BUTTER CHURN, late 1800's, with view window on top, \$450. (931)251-5589; or; (931)814-0141.

BEAUTIFUL VINTAGE ROCKING BABY CRADLE, wonderfully preserved walnut, mint working condition, very rare, new mattress, toile bumper pads, \$325. (931)684-9510.

ANTIQU BOTTLES, many \$1. The Shops at Main and McGrew, 100 S Main Street. Closed Mondays and Tuesdays. www.MainAndMcGrew.com (931)536-1626.

VICTORIAN CHAIRS, Carlton McLendon, ladies' green, gent's red velvet, mahogany wood, mint condition, \$450. Negotiable. (931)684-9510.

ANTIQU SPINNING WHEEL, stamped 1831, \$300. (931)251-5589; or, (931)814-0141.

VICTORIAN SOFA, Carlton McLendon beautiful tapestry velvet floral, mint condition, pictures available, \$750. Negotiable. (931)684-9510.

BUYER OF MILITARY WEAPONS, uniforms, etc. Civil war to Vietnam war items. (931)636-1794.

AMAZING ANTIQUES AND COLLECTIBLES! The Shops at Main and McGrew, 100 S. Main Street, Shelbyville. Closed Mondays and Tuesdays. (931)536-1626.

OLD POSTCARDS, most \$1. The Shops at Main and McGrew, 100 S Main Street, Shelbyville. Closed Mondays and Tuesdays. (931)536-1626.

Automotive Accessories

S.B. CHEVY PARTS for sale, 2 sets cylinder heads; 2 hydraulic lift cams, 1 pair valve covers, \$200 all of it, will separate. (931)247-2643.

NICE SET FOUR MICHELIN 17" TIRES, 75-80% tread life remaining, \$165 firm. Have 2 matching 17" black/chrome rims, \$75/both. (931)636-9571.

14" TIRES for sale, 225-70x14, \$200; 205-75x14, \$200; 185-60x14, \$200. (931)703-1130.

16" TIRES for sale, 265-70x16; 245-75x16 - 6ply - 8 ply; 235-85x16, 10 ply; 235-60x16 Michelin; 235-60x16 Bridgestone; 235-70x16; 225-60x16; 215-60x16; 205-55x16. \$250 plus. (931)703-1130.

5'X8' TILT ALL STEEL HEAVY-DUTY UTILITY TRAILER for sale, like new, 14" tires, good paint, lights, jack, Manchester area, \$650. (931)723-4795.

CARGO HAULER, 2 locks with keys, Sears brand, like new, \$75. (931)304-3353.

15" TIRES for sale, 31-10.50x15, nice, \$150; 235x75x15, \$150; 225-75x15, \$200; 215-70x15, \$200; 205-60x15, \$200; 195-60x15, \$200. (931)703-1130.

CD PLAYER from a 2005 Toyota Sienna, nothing wrong with it, \$65 or best offer, possible trades. goboy2017@gmail.com.

1965 AND 1966 FORD F-100 TRUCK BODY PARTS for sale, \$1,000 for all. (931)607-6274.

17" AND 18" TIRES for sale, 285-70x17 Bridgestones, nice!!!; 255-65x18; 245-65x17; 265-70x17; 235-65x17; 245-75x17. (931)703-1130.

FOUR 265-70x16, like new, \$300. Four 265-75x16, like new, \$300. Four 245-70x16 Michelin, 6 ply, like new, \$350. Four 245-75x16, 8 ply, like new, \$300. (931)703-1130.

16' FLATBED TRAILER for sale, two axles, bumper hitch, \$1,200 or best offer. Shelbyville area. (931)619-5592.

TWO 2-WHEEL TRAILERS for sale, both for \$175. Beechgrove area. (931)607-7388.

Books, Movies & Music

400 PAPERBACK BOOKS, mostly romance, plus 150 DVD's including some Blue-ray, \$225 or best offer. Elkton. (931)309-6899.

RECORDS, many \$1. The Shops at Main and McGrew, 100 S Main Street, Shelbyville. Closed Mondays and Tuesdays. (931)536-1626.

FIVE BOOKS by Christian Jaco: Ramses-The Son of the Light; Ramses-The Temple of a Million Years; Ramses-The Battle of Kadesh; Ramses-The Lady of Abu Simbel; Ramses- Under the Western Acacia, \$10/set of 5; Civil War Battlefields: Then and Now by James Campi, Jr., \$3; Ebola by William T. Close, M.D., \$1; Great Battles of the Civil War, by John MacDonald, \$5. The Book Shelf in Northgate Mall, Tullahoma. (931)273-8001.

HISTORY OF TENNESSEE ILLUSTRATED: General History, The Goodspeed Publishing Co., \$50; Surrender Value by John Bixton Hilton, \$3; Gardens of Alcatraz: Essays by John Hart, Russell A Beatty and Michael Boland \$3; Civil War Generals of Tennessee by Randy Bishop, \$10. The Book Shelf, Northgate Mall, Tullahoma. (931)273-8001.

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Building Supplies

WIRE, 37' of new #8, 3 strand with ground wire, sometimes you only need a little, \$45. (615)849-5012.

WHITE STANDARD TOILET, \$20. (931)625-1736.

CONCRETE BLOCKS, approximately 50-60, \$1.00 each. Mahogany lumber, quarter sawn, approximately 20 pieces, various lengths and widths, \$6/board foot. Elora area. (931)625-1736.

COMMERCIAL GRADE PEGBOARD, white, 2 full and 6 half sheets, \$20/full, \$10/half. (615)542-0689.

COLUMN for sale, 6'10" TALL, painted gray, \$25. Call view at Fayetteville Antique Mall on the Fayetteville Square.

IN-FLOOR HEAT, need additional heating? Install these electric, radiant heat panels below the floor or above the ceiling, covers 203 sq.ft., Thermostat controlled, 10 watts per sq.ft, 220v, never used, \$1,500. (931)425-6644.

Cars / Trucks

2005 NISSAN PATHFINDER, 9-passenger, super clean inside and out, new tires, runs like new!!!, \$4,450 or best offer. (931)703-1130, anytime.

WE BUY JUNK CARS AND TRUCKS. We also buy running vehicles. Will remove vehicles from your yard! (931)251-3005.

\$\$\$\$\$ CASH \$\$\$\$\$ FOR JUNK CARS, no title needed if over twelve years old. Same day pickup. (931)308-3537.

PRE-OWNED 2007 Lincoln Town Car Signature Limited Edition, loaded, new tires, 39K actual miles, STK#S064, TNDL#2248, \$8,900 plus TTL. (931)625-3434.

Sell Your Speakers Exchange931.com

JUNK CARS AND TRUCKS wanted, running or not, top dollar paid. Call, (931)625-6130.

1999 TOYOTA CAMRY, 200,000 miles, \$1,000. (931)732-5466.

JUNK BATTERIES, buying junk lead acid batteries, car, truck, boat, ATV, etc. (931)607-9653, please leave message. Thank You!

2001 MERCEDES for sale, 4-dr., 91,000 miles, new brakes, three new tires, sunroof, all leather, never had body work, \$6,000. (931)224-3267.

2006 BUICK TERRAZA VAN for sale, handicap accessible, electric ramp, 70,500 miles, all leather, very good condition, \$11,000. (931)270-8727.

2003 MAZDA PROTEGE for sale, for parts, \$300. (931)339-7355.

FOR SALE, 1988 CHEVY TRUCK, no motor, 5-speed transmission, \$700 or best offer; 350 engine, \$200 or best offer. (931)454-0472.



1991 CHEVROLET 1500 PICKUP, 120,000 miles on the odometer, motor is new and has 23,000 miles on it, LWB, has recently been serviced and has brand new tires, this is not our daily driver, \$2,000 or best offer. Phone calls only, no texts. (931)993-9372.

Cars/trucks wanted!!! All makes/models 2002-2018! Any condition. Running or not. Top \$\$\$ paid! Free towing! We're nationwide! Call now, 1-888-985-1806. cadnet

1994 FORD RANGER, runs, needs transmission, new windshield, see pics on www.exchange931.com. 108,082 miles, no holds, \$500. (931)212-3939.

2006 BMW 325ic, convertible, 2DR, black w/tan leather, automatic, CD/NAV/DVD, 95,000 miles, beautiful car! \$8,500. (931)625-0245.

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1990 TOYOTA CAMRY for sale, classic Toyota Camry, V6, new tires, battery, fuel pump, alternator, timing belt, very good condition, \$2,400 invested. Best offer. (931)455-0173.

2008 NISSAN QUEST MINIVAN, excellent condition, 172K, automatic V-6, \$4,600; 2006 Chevrolet Trailblazer, excellent condition, 169K, automatic V-6, \$4,200. (931)222-9879.

Cars/Trucks wanted!!! 2002 and newer! Any condition. Running or not. Competitive offer! Free towing! We're nationwide! Call now: 1-888-416-2330. nani

2003 CHEVY MALIBU for sale, low mileage, air and heat, power windows, runs good, \$2,250. Huntland area. (931)691-1020.

2004 FORD F150, 4x4, one owner, garage kept, senior citizen driven, looks brand new, only 33,000 odometer, highway driven, \$14,995. (931)242-0550.

2001 SATURN SC 3-DOOR, 4cyl. automatic, electrical drain on battery, engine runs, TN title, \$375. Text or leave message. (931)409-7273.

1988 MAZDA B2200 SE5, true mileage 59,060, new tires, new parts, runs great, 5-speed, interior looks good, serious inquiries only, \$3,500 or best offer. (256)975-0819.

2003 FORD EXPEDITION XLT, 135,000 miles, excellent condition, \$4,900 or best offer. (931)625-6044.

Clothing and Accessories

GEORGE DICKEL CARHARTT JACKET, men's medium cotton duck jacket, fleece lined, George Dickel embroidered logo, black/gray, \$75. Lee, (404)317-3872.

MARQUISE RING, 2.69 carat diamond, set in 14 carat yellow gold, 6 baguettes on each side, appraised for \$8,000, asking \$3,500. (931)304-3353.

COAT, black fake suede coat, size small, clean and good shape, \$5. (931)841-1660.

ANIMAL PRINT, night time summer pajamas by Secret Treasure, sleeveless top and bottom shorts, cute, size large, \$5. (615)849-5012.

HARLEY DAVIDSON LEATHER JACKET, size L, like new, \$125. (931)273-3296.

BODY SHAPER, beige, Shaper by Flexees, size 36B, onesie, fastener at bottom, get rid of the bulges, \$10. (615)849-5012.

FULL SLIP, off white dress slip, size medium. Camisole, size medium, half slip, size medium, \$1 each. (615)849-5012.

HARLEY DAVIDSON LEATHER JACKET, like new, size L, \$225. (931)273-3296.

BRAND NEW RING, never worn, Indian Ruby, 6.30 carat Ruby, .14 carat round diamond accent, 10 carat gold, \$250. (931)607-7735; or, (931)262-0080.

CARGO PANTS, men's new tan cargo pants, button pockets, size 36x32, Tullahoma area, \$5. (615)849-5012.

BODY SHAPER, black Shaper by Cabernet, size 36B, onesie with fastener at bottom, get rid of the bulges, \$10. (615)849-5012.

TRUCKLOAD OF GOOD USED CLOTHES, 5 racks full and 10 totes, boys'/girls' 10-12, men's XL, women's 12-3XL, \$350. (931)309-6899.

GEORGE DICKEL POLOS, black, medium, Outer Banks with white George Dickel logo, 3 pique knit, 1 microfiber, \$20. (404)317-3872, Lee.

Electronics

DELL DESKTOP, W7, HOME, 3GB memory, 3.0GHZ intel, Manchester pickup, \$175. (931)728-3728.

DISH TV \$59.99 for 190 channels, \$14.95 High Speed internet. Free installation, Smart HD DVR included, free Voice Remote. Some restrictions apply. Call, 1-855-419-7188. sapa

SMART WATCH for sale, never used, \$50; also, Acer tablet, used one time, \$50. Call, (931)625-8831, after 4p.m.

DIRECT TV CONTROLLER, TV or DVR, new in package, \$9. Manchester pickup. (931)728-3728.

7" ASUS MEMO TABLET, new in box, 16gb storage, Android 4.4.2. Memo pad 7, Manchester pickup, \$99. (931)728-3728.

SHARP CASH REGISTER, Sharp XE-A215, ready to use, all included keys, hard manual, CD, works as should, \$55. (931)409-7273.

XBOX ONE POWER SUPPLY BRICK, after market power supply, Manchester pickup, you get two, \$25. (931)728-3728.

WiiU 32 GB CONSOLE for sale, like new in box, two games included, Super Smashers, Splatoon, \$300. Manchester. (931)728-3728.

TWISTED AUDIO CABLE, 25', \$15. High Flex Audio type CMR C E7L, 500', \$50. (931)339-7588.

9" TABLET, open box to charge test, 8gb, but can add with sd card, Android OS, \$80. (931)728-3728.

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APPLE iMAC 21.5" COMPUTER, 2.7ghz core i5 (FE086LL/A) all in one desktop, 8GB memory, 1TB hard drive, Mac OS, Mojave version 10.14.2 (the newest OS system), late 2013 model, like new condition, has been reset to factory reset condition. \$575. (931)434-3111.

HP LAPTOP W10, 15". 320 hard drive, 4bm memory, charger included, Manchester, have Dell too, \$175. (931)728-3728.

VINTAGE EPSON FX-1050, MODEL P12P PRINTER for sale, used, Dot Matrix, powers up, replacement ribbon and manual included, \$25. (931)434-6264.

XBOX ONE TRIALS FUSION CD, game disc, original box, Manchester pickup, \$15. (931)728-3728.

Exercise Equipment

ELLIPTICAL EXERCISE MACHINE, good condition, \$25. (931)652-2536.

WESLO TREADMILL for sale, like new, used very little, \$175. Tullahoma area. (931)455-3562.

Farm and Garden

52 RED BELLY FORD TRACTOR, restored, \$2,500. (931)224-3351.

PRATER'S OUTDOOR FURNACES. Central Boiler's Classic Edge Certified Outdoor Wood Furnace as low as \$6,990. Don't Wait! Call today, (931)235-8311.

GENERAL AMERITEC TIRE 255/70/16, used tire with 6 lug chrome rim included, one only, Manchester pickup, \$40. (931)728-3728.

TWO WHEEL TRAILER, 5x8, wooden deck, tilts, \$100. (931)732-4351.

SOIL SAVER, 86 GALLON, RESIDENTIAL COMPOSTER, used, large capacity, takes apart for moving or storage, \$50. Ask for Lee. (404)317-3872.

JOHN DEERE 3 BOTTOM PLOW; wood stove, fireplace style with blower; 1979 Ford 1-ton truck with 12' bed, good tires, runs good; all organic compost, ideal for starting plants or seeds, by the bag or by the load; H Farmall tractor. Call for information, (931)635-3372.

ORCHARD GRASS HAY, HORSE QUALITY, FIRST CUT ORCHARD GRASS, SMALL SQUARE BALES, 50LBS. TIGHTLY BALED, \$5.50. CATTLE HAY AVAILABLE, CALL FOR MORE INFORMATION. (404)867-1746.

TRACTOR TIRE MOUNTED ON RIM, 2 new 15" tubeless turf tractor tires mounted on rims with 6 holes for 1/2" bolts on 6" bolt circle, \$400 for both. (931)455-4285; or, (931)247-8019.

BLACK METAL PATIO SET for sale, table and four chairs, never used, \$225; Char-griller charcoal grill, used once, \$120. (931)808-6223.

JOHN DEERE 64 hay rake for sale, with dolly wheel, good condition, \$1,600. (931)808-4757.

HI-RUN LAWN TRACTOR TIRES for sale, 2 ply nylon, size 20x8.00-8 with turf tread, used 2 seasons, very good shape, \$12 each. (931)962-4605.

BURN OR GRAIN BARRELS, 55 gallon steel barrels with removable lids in Shelbyville, TN, \$15. (931)492-1611.

CHEESE MAKING EQUIPMENT, everything you need, 2 presses, bucket full of tools and supplies, many stainless steel baskets/trays, \$200. (931)993-1488.

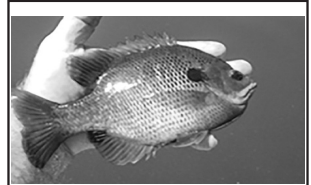
CUSTOM CUTS PORTABLE SAWMILL SERVICE. Turn your logs into valuable lumber, at your place or mine! Belvidere, TN. (931)691-7953.

MINI BARN, 10X16, wired and insulated, used for a kennel, 6 indoor/outdoor doggy doors, needs repair, Shelbyville, \$750. (931)703-8071.

SADDLE BLANKET, Indian motif, excellent condition, \$15. (931)703-0773.

STUMP BURNING STEEL BARREL, half a steel burn barrel, add wood and charcoal and light it, Shelbyville, \$10. (931)492-1611.

GARDEN TILLER for sale, 5hp, rear tines, forward/reverse gears, all works, \$300. (931)409-0227.



LAKE AND POND FISH FOR STOCKING. Bass, Bluegill, Shell Cracker, Catfish, Grass Carp, Minnows and Other Species. Aerators and Fountains. We deliver! Call for prices! (615)977-0752.

Farm Animals

REGISTERED ENGLISH SETTERS & BRITTANYS for sale, broke dogs, shooting dogs, champion bloodline, Shadow Oak Bo and Hystest Sky Hawk. (931)607-1024; (931)668-9893.

HEREFORD FREEZER BEEF STEERS, approximately 1400lbs., available in quarters, halves, or whole. Will be ready for pickup from processor mid-March. Call or text, (931)639-3133.

GREAT PYRENEES puppies for sale, \$125 each. Altamont, TN area. (931)692-3333.

WANT TO BUY: Goats, sheep, chickens and guineas. Call, (931)427-8477; (256)777-0065.

TURKEYS; DUCKS; DUCKLINGS; Old English Bantams; guineas; baby pullets. (931)703-9818.



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Nutritional Services Employees

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- Competitive Benefits
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2835 Hwy. 231 N. Shelbyville, TN 37160 **931-685-8380**

Farm Animal Accessories

WESTERN SHOW HAT, Eddie Bone black Western show hat, size 7-1/4, new in box, \$45. (931)703-0773.

SOLID WOOD COMPUTER DESK, excellent condition, \$200. Two drawer wooden filing cabinet, \$100. (931)205-2083.

Furniture and Appliances

CASTLE STAINLESS STEEL 6 burner commercial LP range, \$600. (817)357-9650.

TALL WOODEN DRESSER, \$50. (931)807-9817.

FOR SALE, 54" TV CONSOLE CABINET, \$25; Coleman patio furniture, glass table with three chairs, \$100. (931)434-2705.

LARGE OAK ENTERTAINMENT CENTER, 4'x4', 5 shelves, two doors, must see to appreciate, \$100. (931)723-7839.

FREE REMOVAL OF APPLIANCES, ETC. We will pickup your unwanted washers, dryers, refrigerators, freezers, ranges, riding mowers, cars, golf carts, motorcycles, travel trailers, scrap metal items you don't need. Free of charge. (931)841-1566.

GE PORTABLE DISHWASHER, bought September, 1, 2016 at Lowe's, has butcher block top, works great, putting in a built in dishwasher, \$75. Tullahoma area. (931)247-3440.

ENTERTAINMENT CENTER, great deal, only \$25. Five adjustable shelves, 49" x 48" x 19". (931)636-2283.

MAPLE DINING TABLE and 6 chairs with hutch to match, good condition, \$150. (931)967-8406.

WHIRLPOOL WASHER AND DRYER, good condition, \$200 each. Whirlpool electric stove, \$100. Antique wardrobe, \$200. (931)492-4154.

5' HEAVY DINING ROOM TABLE with leaf, \$50. Vintage electric iron with stand, \$45. Leave message if no answer, (931)841-0407.

COFFEE TABLE, glass top with metal base, brand new, oval, 48x24x18, \$80. (931)967-4439; or, (931)636-5578.

NEED TO SELL YOUR OLD APPLIANCE! Place an ad with the Exchange. Fayetteville, (931)433-9737; or visit our website, www.Exchange931.com.

PROFESSIONAL JUICER, Waring pro juice extractor, works great, very clean, \$65. (931)841-1660.

REPRODUCTION FEDERALIST STYLE 2 DRAWER SIDEBOARD, estate inheritance, excellent condition, solid hardwood, wide, fairly deep drawers, \$100. (931)224-1020.

WOODEN DIRECTORS CHAIR, great condition, \$25. (706)254-2576.

WHITE KENMORE WASHER AND DRYER for sale, \$245, will divide. (931)273-4106.

SAGE COLORED MICROFIBER SOFA and loveseat for sale, smoke free home, good condition, Manchester area, \$250 for both. (931)434-2637.

BLACK GLASS TOP STOVE for sale, \$195. (931)273-4106.

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\$139,900



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CraigWheeler.com

FULL-SIZE BED FROM Wayfair for sale, used 3 months, teal blue, headboard, mattress and frame, \$75. Manchester. (931)581-4137.

MAPLE HEXAGONAL 2 TIERED COFFEE/SIDE TABLE, estate inheritance, excellent condition, solid hardwood with heavy glass fitted top, \$60. (931)224-1020.

SMALL ELECTRIC SPACE HEATER, Estate inheritance, Holmes InstaFurnace, excellent condition, 1500 watt, 110V, ideal for feet warming, \$7.50. (931)224-1020.

SIX PIECE HEYWOOD WAKE-FIELD BLONDE WOOD, mid century bedroom suite, \$1,000 or best offer. (931)239-4568.

NICE 4 PIECE BEDROOM SET, poster bed with chest and night stand, in good condition, \$225. (931)962-0707.

APPLIANCE MAN-Sales, service, parts. 25 years experience, David Russell, owner. We sell used appliances! Monday-Friday, 9:30a.m.-5:30p.m., Saturday, 10a.m.-2p.m. (931)455-6844; (931)273-8880.

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GREAT BUY. Tan leather sofa with two built in recliners, excellent condition, \$210. Winchester area. Leave message, will text pictures, serious inquiries only. (931)307-9741.

OPTIMUS QUARTZ HEATER, 1,500 watt, hand held control, \$50. (931)808-6223.

SMOOTH TOP ELECTRIC STOVE, \$125; small deep freeze, \$40. (931)205-4451; (931)557-5121.

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Sale Price \$7,995

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Sale Price \$8,995

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2008 Toyota Tundra SR5



Sale Price \$9,995

V8, Runs Great, Minor Blemishes, 22" Wheels & Tires, Stk#P5962B

2011 Toyota Tacoma SR-5



Sale Price \$18,995

Double Cab, 4x4, Slick Truck! Stk#TJ340B

2010 Ford F-150



Sale Price \$23,995

Supercrew Platinum Edition, 39K Miles, Spotless! Stk#TJ313A



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- Filling in for Delivery Representatives when needed
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Salary:
Starting pay is \$600/week with potential for increase

Delivery Representative

Primary Responsibilities:

- Safely and efficiently delivering product to retail accounts
- Unloading, stocking, and rotating product in accounts
- Must have CDL to apply

Salary:
Combination of base salary plus commission

Evening Loader

Primary Responsibilities:

- Safely operating a forklift
- Accurately loading delivery trucks according to a predetermined load sheet
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RARE RUSSIAN COLLECTIBLE PLATES, four Russian collectible plates, "The Snow Maiden" collection, hand painted, raised edging, \$200. Winchester. (615)310-0619.

CHINESE REVERSE PAINTINGS for sale, three, antique wood frames, brass holders, must see, \$350. Picture on Exchange931.com. (615)310-0619.

GIBSON CHRISTMAS CHINA, 20 piece service for four, plus five piece serving set, in excellent condition, \$200 value, \$45. (931)434-6264.

CUSTOM-MADE CORNICE BOARD, 82" wide, beautiful, top grade fabric, lined, burgundy, green, tan, call/text for pictures, \$60. (931)581-1780.

STEP 2 MAILMASTER MAILBOX, used, spruce color, faded on top, mounts over 4x4 post, fully functional, \$25. Ask for Lee. (404)317-3872.

COLUMN for sale, 6'10" TALL, painted gray, \$25. Can view at Fayetteville Antique Mall on the Fayetteville Square.

HEIRLOOM DOLL, Lord of the Rings collectible porcelain doll, Galadriel, 23" with case, gold cape, crystal, original box, papers, \$200. (615)310-0619.

GLASS PUNCH BOWL with 12 glass cups, \$35. (931)649-3023.

BREAD MAKER, Panasonic, SD-YD200, 2lb. loaf, \$55. (931)649-3023.

ROUND SLAB CUTTING BOARD block, 15"x3" with feet, \$50. (931)649-3023.

USED SET OF KITCHEN CABINETS for sale, good condition, \$500. 250 gallon butane tank with regulator, \$250. (931)993-3865

TABLE LAMPS, 30" tall, lamps with shades, brass with coat of textured stone paint, \$10 for two. (615)849-5012.

18 CRYSTAL BELLS, various sizes, \$100. (706)254-2576.

CORNINGWARE, good condition, lots of pieces, \$150 for all. (931)685-9417.

FIREPLACE TOOLS, solid brass fireplace tool set, stand, poker, broom, shovel, excellent condition, \$85. (931)649-3023.

42" ROUND OAK TABLE with 4 ladderback cane chairs, \$125, cash only. Voicemail or text, (931)246-9529.

ZERO GRAVITY CHAIR, brand new, never used, still has plastic cover on it, \$25. (931)227-6721.

FROSTED GLASS SHOWER DOORS, sliding doors, silver trim and tracks, \$120 or best offer. Winchester. (615)310-0619.

Jobs

OTR TRUCK DRIVER NEEDED, home on weekends, two years experience, good pay. Must have Class A CDL. (931)993-0489.

PAYROLL/ACCOUNTS PAYABLE CLERK. Construction company in need of a payroll/accounts payable clerk, experience in Microsoft Word/Excel and other computer programs a plus. Send resume to Denard and Moore Construction. 2064 Fishing Ford Road, Belfast, TN 37019. (931)276-2600.

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UNITED GROCERY OUTLET of Decherd is currently recruiting for an experienced meat department manager and produce department manager. Offering competitive pay and benefits, along with a friendly working atmosphere. Visit our website, www.myugo.com to apply or call store manager at, (931)962-0227.

ATTENTION DRIVERS, \$1,000 SIGN-ON BONUS. Thompson Transport is hiring OTR Drivers with a clean driving record. Home every weekend. Great benefit package. Please call our Fleet Manager, Eddie Boyd at, (931)469-0458, for more information.

PHYSICIAN OFFICE SEEKING reliable friendly self-motivated individual to help with front desk, Monday-Friday, 8a.m.-5p.m. Please send resume to: P. O. Box 627, Tullahoma, TN 37388, or fax, (931)723-1456.

PERSONAL ASSISTANT NEEDED. Full or part-time. CPR/First aid certification and background check required. Duties include bathing, feeding, light cleaning, and laundry. Pay up to \$15/hour based on experience. Must be able to push and pull. Contact wife Della at, (931)954-5444.

OTR DRIVERS NEEDED, 1-year experience, clean driving record. Call, (931)434-3210.

Garage Sale Now Open

IS EXPANDING IN BEDFORD, COFFEE, AND LINCOLN COUNTIES. Skills Development Services, a non-profit agency working with adults with intellectual disabilities, has openings for new employees in our expanding programs in Bedford, Coffee, and Lincoln Counties. Full-time and part-time positions are available with a variety of hours and shifts available. Training and background check will be provided by the agency. A good driving record and a current driver's license are required. Applicants need to be dependable, motivated, and able to work as part of a team. Duties include assistance with personal care, some household duties, and computer experience is helpful. Beginning salary range is \$8.75 to \$10.00 per hour. To schedule an interview, please contact your nearest locale using the contact information below.
Bedford County, 931-684-6976, ext. 101; Coffee County, 931-393-3840, ext. 115; Lincoln County, 931-433-0913, ext. 102.
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NEW DEDICATED LANE OPENING UP! Looking for CDL-A driver with 1-year OTR experience in the last three years. Excellent home time and pay. (931)637-2387.

FOR SALE, dining room table, \$75; 4 dining chairs, \$5 each; mini refrigerator, \$75; glass top end table, \$15. (931)454-0472.

LARGE ROLLTOP DESK, in Winchester, excellent condition, really nice piece of furniture, \$250. (931)307-4929.

48" MODERN DINING ROOM TABLE for sale, glass top, wooden legs, with five chairs, \$300. Call for picture. (931)467-3371; (931)212-4437.

FOR SALE, WEBER GAS GRILL, no tank, \$30; pine dining table, w/six chairs, \$150, matching buffet, \$100, or both for \$200. (931)434-2705.

TRUCKLOAD MATTRESS SALE! Great deals going on now on brand new mattresses! All sizes available! King, Queen, Full, Twin, adjustable bases, financing available, 90 day same as cash, starting at \$100. Call me today! (931)954-8660.

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BEAUTIFUL SOLID CHERRY DARK STAIN HUTCH, 48"x79" high, glass doors on top, wood doors on bottom, \$499. (931)636-2283.

PINE FINISH FULL/QUEEN BED-ROOM SUITE, headboard with built-in bookcase, dresser with mirror, chest of drawers and night stand, used. Will text pictures upon request. \$500. (931)227-8821.

LARRY'S USED FURNITURE for all your furniture needs. We buy/sell used furniture. A little bit of everything including furniture, tools, antiques. Come check us out. Call Larry, (931)962-1800; 9310 AEDC Road/Decherd Hwy.

NATURAL GAS HEATER for sale, 28,000BTU, excellent condition, \$100. Fayetteville area. (931)433-2501.

FRIGIDAIRE HUMIDIFIER for sale, 50 pints, \$50. (931)723-4192.

SINGER SEWING MACHINE, drops down into the table, works great, just stopped using it, looks good, one leg need to be tightened, comes with thread and bobbins, \$100. (931)398-0736.

NINJA COFFEE POT for sale, \$40; also, recliner, \$100. Call, (931)227-8805.

FLORAL SOFA AND LOVESEAT, roll arms, slipcover style, like new, covered 98% of the time, reduced, \$500 cash only. (615)310-0619.

NATURAL GAS UNVENTED HEATER, 34,500 BTU, \$100; new Broan bathroom vent/fan/light, \$25. (931)455-8108; (931)581-1274.

WHITE WHIRLPOOL DRYER for sale, works good, \$50. Manchester area. (931)409-0227.

MAYTAG BRAVOS WASHER AND GAS DRYER, excellent condition, Manchester pickup required, \$625. (931)581-2906. Between 10a.m.-7p.m.

DRESSER, TELL CITY MAPLE, 19"x55", 8 drawers, large mirror, quality piece, excellent condition, \$250. (931) 273-6724; (931)728-7751.

FREE REMOVAL OF Appliances, working/or not, washers/dryers, stoves, refrigerators, central units, freezers, batteries, scrap metal, junk cars, trucks, etc. (931)625-6130.

FULL-SIZE BED, antique headboard and footboard, wooden rails, great for paint project, call/text for pictures, \$60. (931)455-8082.

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OLD SINGER TREADLE TYPE SEWING MACHINE for sale, modified with Singer electric motor, \$175. (931)723-7836.



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General Production

Starting at \$14.40/hr +
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This full-time production position is for Tyson Foods' Shelbyville, Tennessee location. The successful candidate will be responsible for entry-level labor while maintaining a safe work environment and adhering to Tyson Foods policies and procedures.

REQUIREMENTS:

- Must be 18 years or older
- Must be able to stand for long periods and tolerate repetitive motions, including lifting, pushing, pulling, bending & stooping.

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For Assistance with your on-line application to **Tyson Foods, Inc.**

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Maintenance Generalist Shelbyville Plant

Starting at \$16.84/hr +

These full time maintenance positions are for Tyson Foods' Shelbyville, TN location. These positions are located on multiple shifts. The successful candidate will be responsible for troubleshooting, maintaining and repairing all equipment and company assets, while maintaining a safe work environment and adhering to Tyson Foods' policies and procedures.

REQUIREMENTS:

- Must be 18 years or older
- Must have a minimum of 1 year of industrial maintenance experience, or currently enrolled in an industrial maintenance course, or recently completed an industrial maintenance course.

CONTACT: To apply for these opportunities and view all current opportunities with Tyson Foods, please visit our website www.tysonfoodscareers.com

www.tyson.com

Tyson Foods is an Equal Opportunity/Affirmative Action Employer. All qualified applicants will be considered without regard to race, national origin, color, religion, age, genetics, sex, sexual orientation, gender identity, disability or veteran status.

DOCK BUILDERS. Attention!! If you enjoy working outside, on the lake, building docks, installing dock accessories, boat lifts, dock ladders and have the opportunity to build the new Marina, by all means let us hear from you! We are covered up and need help NOW! Give us a call at, 967-5155 or stop in 5385 Lynchburg Road, Winchester. Have experience? Enjoy building things? Spring has sprung and the weather is perfect for being on the lake! Looking for 1 possibly 2 team members! Must be able to use basic hand tools, drills, saws, screw guns. Must have reliable transportation. (931)967-5155.

WANTED, PART-TIME and FULL-TIME DUMP TRUCK DRIVERS with B Class CDL. Call, (931)625-1434.

BITES OF EUROPE is now hiring servers. Must be at least 18 years of age and have or obtain your ABC Card upon employment. Please apply in person Monday through Saturday, 11a.m.-5p.m. at 1306 Hillsboro Blvd., Manchester, TN.

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PET PARADISE TAKING APPLICATIONS, apply in person, 201 South Anderson Street, Tullahoma. No phone calls, please. Must love dogs and pass drug test.

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MACHINE OPERATOR, background check, drug test, HSD, run manual machines, good mechanical skills. \$15/hr, medical provided, 1st shift. Apply at www.idesirecareer.com.

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IS EXPANDING IN BEDFORD, COFFEE, AND LINCOLN COUNTIES. Skills Development Services, a non-profit agency working with adults with intellectual disabilities, has openings for new employees in our expanding programs in Bedford, Coffee, and Lincoln Counties. Full-time and part-time positions are available with rotating 12 hour shifts available. Training and background check will be provided by the agency. A good driving record and a current driver's license are required. Applicants need to be dependable, motivated, and able to work as part of a team. Duties include assistance with personal care, some household duties, and computer experience is helpful. Beginning salary starting is \$9.85 per hour. To schedule an interview, please contact your nearest local office using the contact information below. Bedford County, (931)684-6976; Coffee County, (931)393-3840; Lincoln County, (931)433-0913. **COME GROW WITH US!**

FULL-TIME MAINTENANCE POSITION AVAILABLE at New Life. Please apply in person at 702 Hundred Oaks Street, Winchester.

HELP WANTED RESIDENTIAL CONSTRUCTION. Home builder and remodeling contractor. Must have own transportation, drivers license and hand tools. Serious inquiries only!! (931)455-0627.

Kids Stuff

TWO SMALL BOYS' BIKES, training wheels, \$15 and \$15; Little Tikes push me red car, \$15; baby bounce seat, \$10. Text for pictures, (615)542-0689.

RARE MONSTERS SCREAM FACTORY TOY, kids used playing piano, works fine, \$50. (931)728-3728.

MATTRESS SAFETY GUARD RAIL, excellent used condition, smoke and pet free home, porch pickup, \$15, cash only. (931)993-4229.

GIRL'S PINK TODDLER BED, "Frozen" theme, comes with brand new mattress cover, \$35. (931)227-6721.

V-TECH ALPHABET, works great, clean, nearly new, \$25. (931)841-1660.

KIDS' BICYCLE AND YOU SOLVE IT CRIMELAB, new Huffly 20b Rocket Bike, \$45. Unopened Crime lab play set, \$30. Take \$50 for both. goboy2017@gmail.com.



MEDICAL ASSISTANT TRAINING. Night Classes, April 8 - June 14, 5-9p.m., \$2,000 tuition, \$200 registration. Medical Response Institute, 1155 South College Road, Winchester. (931)240-0005; (931)259-7002.

BIONICLE LEGO, new in box, sealed, \$99. (931)728-3728.

LEGO DSi BLUE, no power cord but can order, \$40. (931)728-3728.

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LOST DIAMOND, \$500 reward for the return of a diamond lost inside Publix Grocery Store in Tullahoma. (931)455-8082.

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9MM CARBINE for sale, Hi point, ATI stock, 6 magazines, as new, \$600. Ask for Lee, (404)317-3872.

HEBEL 1894 WWI German flair gun for sale, \$250. Estill Springs area. (931)273-7106.

FOR SALE, H&R Handi-Rifle, 7mm, .08, with 2.8 10x44 scope, \$350; Marlin model 336CS, 30-30, very clean, \$450. (931)954-8494.

7X64MM AMMO, 32 boxes of Remington 140gr. core-lokt soft point factory ammo, \$15.85/box or \$480 for all. Not reloads. Lewisburg. (931)359-2800.

FLY FISHING EQUIPMENT for sale, includes fly rods, fly tying, more, \$5-\$10. (931)808-2135.

INGROUND POOL RAILS, taupe color, stair and step rails, stair rail has three nicks, \$100. Ask for Lee, (404)317-3872.

12 GAUGE H&R AUTO SHOTGUN for sale, with 4 chokes, mint condition, \$375. (931)636-7098.

TRI STAR 12 GAUGE semi auto shotgun, 3" magnum, 3 choke tubes, new condition, Hillsboro area, \$300. (931)247-5820.

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Exchange is a free circulation publication mailed through the USPS to residents in Lincoln, Coffee, Franklin, Marshall, Bedford and Moore Counties in Tennessee.

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WANT TO BUY: Pistols, rifles, shot guns, Colts, Smith & Wesson, Winchester, any age or condition. (813)469-0138.

RIFLE AND PISTOL BRASS, old, oddball, looking for any caliber except 9mm and .40. Small lots or large lots. (615)970-8657.

WANT TO BUY, 16 gauge double barrel shotgun; 410 double barrel shotgun. (931)247-0858.

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WANT TO BUY, Old Jack Daniel and Lem Motlow bottles and jugs. Top prices paid. (931)625-0632.

Wants to purchase minerals and other oil and gas interests. Send details to P.O. Box 13557, Denver, CO, 80201. cadnet

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Yard Sales Bedford County

BEDFORD BUILDS HABITAT GARAGE SALE, now open! Donations accepted every day, 1210 Madison Street, Shelbyville, TN.

Yard Sales Rutherford County

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Calendar of Events



to your Community Events Calendar

To place your
non-profit events on the
calendar, email

events@exchange-inc.com

Deadline for events is Friday at 2:00 P.M.

Financial Peace University

February 6 - April 3 • 6:30 P.M.

First Baptist Church

304 E Depot Street

For more info: fpu.com

Middle Tennessee Business Network

February 7 • 8:00 A.M.

Shelbyville-Bedford County Chamber of Commerce

100 North Cannon Blvd

For more info: Tom or Nakai Waynick (931)684-2111

Painting with Zeal - The Secluded Beach

February 7 • 5:30 P.M.

Shelbyville Recreation Center

220 Tulip Tree Road

For more info: (931)684-9780

Life Questions for Seniors

February 8 • 1:00 P.M.

Shelbyville Recreation Center

220 Tulip Tree Road

For more info: (931)684-9780

Date Night on the Square

February 8 • 4:00 P.M.

Up Town Shelbyville

1 Public Square

Scrap-N-Stuff- Valentine and Special Occasion Cards

February 8 • 5:30 P.M.

Shelbyville Recreation Center

220 Tulip Tree Road

For more info: (931)684-9780

Girl's Night Out Vinyasa and Vino

February 8 • 6:00 P.M.

203 East Depot Street

For more info: (931)581-8882 or studiobfitnessn.com

Stonewall Farm Mid-Winter Mixer

February 9 • 9:00 A.M.

2362 Highway 231 South, Shelbyville

For more info: (931)684-7323

Uptown Wedding Showcase

February 9 • 9:00 A.M.

Uptown Shelbyville, 1 Public Square

Christian Writers Group

February 9 • 10:00 A.M.

Edgemont Baptist Church, 150 Fairfield Pike

Painting with Cindy - "The Love Bug"

February 9 • 10:00 A.M.

Shelbyville Recreation Center

220 Tulip Tree Road

For more info: (931)684-9780

Essential Oils Class (All Ages)

February 9 • 11:00 A.M.

Shelbyville Bedford County Public Library

220 South Jefferson Street

For more info: (931)684-7323

New Bethel Friends Day w/Margie Singleton

February 10 • 10:45 A.M.

New Bethel Baptist Church, 1832 Highway 64, Shelbyville

February Membership Potluck

February 11 • 6:00 P.M.

The Fly Arts Center, 204 S. Main St., Shelbyville

Caregivers Appreciation Lunch

February 12 • 10:30 A.M.

Christ Lutheran Church, Shelbyville

For more info: (931)685-9039

Herb Fairies Book Club (Family)

February 12 • 11:00 A.M.

Shelbyville Bedford County Public Library

220 South Jefferson Street

For more info: (931)684-7323

Baseball Signups

February 12 • 6:00 P.M.

Shelbyville Recreation Center, 220 Tulip Tree Road, Shelbyville

For more info: (931)684-9780



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