

Exchange

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February 20, 2019 : Vol. XL : #8

Shelbyville

Every Mailbox, Every Wednesday



What Can Stem Cells Do For You?

Are you considering knee, hip, shoulder, ankle, or wrist surgery or just having severe pain?



...it's amazing how much better my knee is. I had problems since mid-February, couldn't bend it couldn't, couldn't maintain my regular activity at home and I hated it. I'm an active person, and I'm used to getting out and doing what I want to do and was unable to because I was in pain. And the injection went smooth as silk. They came in then within 15 minutes I was in and out of the Doctors office. Each day it has gradually gotten more flexible, I can actually see a knee cap, where I couldn't before from all of the fluid and inflammation around my knee. And it just feels better every day. And for anybody that's thinking about it, I would. In my opinion it is well worth having it done.

Carolyn Richardson

Then Come To Our Free Lecture On How Stem Cells Can Prevent Surgery!

February 25th & 27th at 6:00 P.M.

February 25th at: Holiday Inn Express, Tullahoma

February 27th at our office: 1940 N. Jackson St., Tullahoma

Call 931-393-2401 Now!

Limited to the First 15 Guests



Tullahoma Chiropractic and Medical Center is hosting a **FREE** Advanced Stem Cell Protocol lecture. Grab a seat and a snack and learn how this stem cell injection and Cold K-Laser treatment can help you get back on track.

Lose 20 lbs. in 40 Days!



Now Only \$399
Normally \$599

Call For a **FREE** Weight Loss Consultation!
Limited to the first 20 callers



Dr. Joseph Kanan

Spinal Decompression Certified
26 Years Experience
K Laser Certified
Published Author

Call 931-393-2401 Now

Tullahoma Chiropractic & Medical Center

Check Us Out
On Facebook!

1940 N. Jackson St. (Next to Ruby Tuesday) • Tullahoma, TN 37388

tennstem.com

FARMERS
home
FURNITURE

Come visit our Shelbyville Location

ALL MATTRESS SETS ON SALE

MAX
YOUR Tax
Refund

Mattress
Event

NO CREDIT NEEDED*
EASY financing



REGISTER TO

Win
*See back for full details
A MATTRESS SET OR YOUR PURCHASE

going on now

FREE

PAIR OF MEMORY FOAM PILLOWS

*with any mattress set purchase of \$499 or more

\$79
VALUE



HURRY!
Offer ends 2/19/19



Smart Payment
as low as
\$48
per month

or SALE \$799
SECTIONAL



12-PIECE ACCESSORY PACKAGE SALE \$299
Includes: • Cocktail Table • 2 End Tables • 2 Lamps
• 2 Candle Holders • Picture Frame • Bowl • 3 Spheres

SILVERTON

Beautiful, clean line transitional sectional makes a great conversation addition to any room with three lovely correlating throw pillows. The straight edge stitching on the seat cushions, pillow backs and arms add to the overall appeal. Matching rug available



Smart Payment
as low as
\$40
per month

or SALE \$649
SOFA

BRAXTON

Bring comfort into your home with this traditional group. Features include accent nailheads, reversible seat and back cushions, heavily padded outside arms and outside backs. Matching loveseat, chair, tables, lamps and rug available

\$599
queen size set

Kensington II
Memory Foam

INCLUDES:
• 10" Gel Infused Memory Foam Mattress
• 9" Foundation
OTHER SIZES AVAILABLE

SOVA BED
this mattress is adjustable base friendly

You'll pay no interest **2020** til **2020**
HURRY! Offer ends 2/19/19



QUEEN BED SALE \$399

Smart Payment
as low as
\$54
per month

OR **SALE \$899**
4-PIECE PACKAGE

SANDY CREEK

The whitewashed Driftwood look is wonderfully easy on the eyes. 4-Piece Package Includes: • Queen Bed with Rails • Dresser • Mirror • Nightstand; King Bed \$699; Chest available

4-PIECE PACKAGE



4 COLOR OPTIONS

HOLDS MOST 65" TVs

ARIANA CHERRY FINISH

ARIANA BLACK FINISH

LUNA GRAPHITE FINISH

LUNA DRIFTWOOD FINISH

SALE \$299

ARIANA OR LUNA TV STAND

- Sturdy Construction
- Adjustable Shelves
- 60" W x 36" H x 16" D
- Optional Fireplace Insert Available

MADE IN THE USA

Visit our store located at **108 Lane Parkway • 931-684-8041**

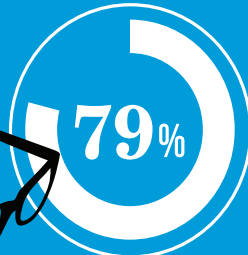
*Credit Terms: The following are the credit terms applicable to those items for which a monthly payment is advertised. Payment plan assumes optional credit life, property insurance, 10% down payment and amount equal to sales tax. Monthly payment terms are subject to credit approval. Payment amounts reflect various lengths of contract varying from 6 months to 24 months. We also offer, subject to credit approval, other credit terms, some of which require no down payment. If you already have an outstanding balance with us from prior purchase, credit terms may differ from those shown as a result of consolidating your new purchase with that outstanding balance. Finance options are subject to credit approval and a minimum credit rating score. A minimum down payment equal to sales tax is required. 12 Months No Interest Minimum \$699 purchase required. Finance charges and optional insurance charges will accrue from date of purchase, but finance charges will be rebated if the amount financed and any earned insurance charges are paid in full within 12 months of the purchase date. Buyer will not be eligible for finance charge rebate if any monthly payment is over 30 days late. Finance charges will vary by state as noted. Alabama 27.99%; Florida 22.99%; Georgia 24.99%; Kentucky 29.99%; North Carolina 23.89%; South Carolina 24%; Tennessee 21.4%. Terms do not apply to prior purchases. All items in limited quantity & subject to prior sale. Allow up to 8 weeks for special orders. Descriptive, typographical or pictorial errors are subject to correction. Eligibility for Mattress Drawing: Open to residents of the United States who are 18 years of age or greater except employees of Warehouse Home Furnishings Distributors, Inc., its subsidiaries and their immediate family (immediate family is defined as: Employee's mother, father, spouse, children, brother, sister, or brother's or sister's spouse or children), and Warehouse Home Furnishings Distributors, Inc. affiliates, subsidiaries, or advertising agencies. Odds of winning are estimated at 84 out of 55,000 company wide. A purchase will not increase the chances of winning. 84 Mattress Sets will be given away company wide and winners will be selected from 233 stores. Each of the 84 winners will be given the option of selecting a mattress or their mattress purchase that would have taken place from 2/11/19 - 3/9/19. Retail mattress value equals up to \$1399 and excludes Leggett & Platt® adjustable bases. Registrant does not have to be present to win. Registration ends at closing on 3/9/19. The winner's name will not be used for publicity purposes unless consent is given by the winner by signing a Release of Liability, Acceptance form for Farmers Home Furniture. Winners are solely responsible for reporting and payment of any applicable federal, state, local and other taxes imposed as a result of winning the contest prize. Winner will be selected on 3/29/19 and notified by a store manager the week of 4/1/19. For a list of winners please mail the corporate office at Farmers Home Furniture C/O Advertising Department, 1851 Telfair Street, Dublin, GA 31021. Some exclusions may apply. Contact store for full details. Sale ends 2/23/19.

FARMERS
home
FURNITURE
for Your Life
YOUR
EMPLOYEE OWNED
www.farmershomefurniture.com

It's all in the numbers.



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of households **read** Exchange.



of households regularly **purchase** from ads in Exchange.



Exchange

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Exchange931.com



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14,432
Manchester

12,576
Tullahoma

15,732
Shelbyville

15,014
Winchester

14,947
Fayetteville

Hitting mailboxes every week!

85,796

Exchange media group

Make Connections.

Percentages from our Circulation Verification Council 2017 Audit.
Unique visitors and readers derived from Google Analytics. Trailing 12 Months from April 11, 2016.



New Starting Rates \$ 14⁴⁰/hr

General Production

Starting at \$14.40/hr + Shift Differential

This full-time production position is for Tyson Foods' Shelbyville, Tennessee location. The successful candidate will be responsible for entry-level labor while maintaining a safe work environment and adhering to Tyson Foods policies and procedures.

REQUIREMENTS:

- Must be 18 years or older
- Must be able to stand for long periods and tolerate repetitive motions, including lifting, pushing, pulling, bending & stooping.

NOW HIRING

For Assistance with your on-line application to **Tyson Foods, Inc.**

you can visit the local **Employment Offices** in

- Murfreesboro • Tullahoma • Lewisburg

Or the local **Workforce Solutions Offices** in

- Tullahoma • McMinnville • Shelbyville
- Lynchburg • Decherd

Maintenance Generalist

Shelbyville Plant

Starting at \$16.84/hr +

These full time maintenance positions are for Tyson Foods' Shelbyville, TN location. These positions are located on multiple shifts. The successful candidate will be responsible for troubleshooting, maintaining and repairing all equipment and company assets, while maintaining a safe work environment and adhering to Tyson Foods' policies and procedures.

REQUIREMENTS:

- Must be 18 years or older
- Must have a minimum of 1 year of industrial maintenance experience, or currently enrolled in an industrial maintenance course, or recently completed an industrial maintenance course.

CONTACT: To apply for these opportunities and view all current opportunities with Tyson Foods, please visit our website www.tysonfoodscareers.com

www.tyson.com

Tyson Foods is an Equal Opportunity/Affirmative Action Employer. All qualified applicants will be considered without regard to race, national origin, color, religion, age, genetics, sex, sexual orientation, gender identity, disability or veteran status.

KENMORE WHIRLPOOL WASHER AND DRYER SET, heavy-duty, super capacity, looks and works good, \$350. In Tullahoma. (931)841-1566.

CUSTOM SPEAKER CASES for sale, a pair of used speaker cases, black fabric on two sides, measures 48"Hx12-1/2"Wx22"D, \$25. (931)434-6264.

SINGER SEWING MACHINE, drops down into the table, works great, just stopped using it, looks good, one leg need to be tightened, comes with thread and bobbins, \$100. (931)398-0736.

ETHAN ALLEN DINING ROOM TABLE, 6' 6" extends to 8' 6", Colonial cherry wood, 10 chairs, excellent condition, \$500. Fayetteville. (949)510-7094.

JUMBO STORAGE BAGS, new condition. 9 jumbo collapsible fabric storage bags, approximately 30x19x11, 4 black and 5 khaki color, can store several blankets and comforters in each, only one has been used, paid over \$180, will sell all for \$85. (478)973-6482.



TWO LAMPS, 2 golden basket lamps, 26hx10d, off white shades, made by Uttermost, \$75 for both. (478)973-6482.

FLORAL SOFA AND LOVESEAT, roll arms, slip-cover style, like new, covered 98% of the time, reduced, \$500 cash only. (615)310-0619.

CORNER CHINA CABINET for sale, oak provincial, \$225. (931)607-6274.

BEAUTIFUL SOLID CHERRY DARK STAIN HUTCH, 48"x79" high, glass doors on top, wood doors on bottom, \$399. (931)636-2283.

WICKER CAPISTRANO GARDEN ARMCHAIR, brand new, for the garden or inside of house, table/cushions included, \$220. auvilleg@gmail.com.

SAMSUNG GALAXY S8 PLUS for sale, 64 GB, original and unlocked, \$350. Interested buyers contact me at, jessecooper@gmail.com.

NEED TO SELL YOUR OLD APPLIANCE! Place an ad with the Exchange. Fayetteville, (931)433-9737; or visit our website, www.Exchange931.com.

ELECTRIC STOVE, white, \$100. (931)308-2741.

COFFEE TABLE, glass top with metal base, brand new, oval, 48x24x18, \$70. (931)967-4439; or, (931)636-5578.

Home Goods

OLD SINGER TREADLE TYPE SEWING MACHINE for sale, modified with Singer electric motor, \$150. (931)723-7836, leave message.

FOR SALE, ART CRAFT SEWING MACHINE, in cabinet with knee press, \$20; table top Singer sewing machine, foot pedal, \$15. (931)723-7839.

SPHERE GLOBE, delightful brass armillary nautical sphere globe, 10", great table decor for any room, \$20. (615)849-5012.

EIGHT PIECE SETTING OF DIANE FINE CHINA, 41 pieces including cake plate, \$100. (931)433-9298.

OVAL GLASS COFFEE TABLE, in good condition, \$40 negotiable. (615)477-5082.

ANTIQUE GRECIAN LAMP, rare antique, brass/copper, 17" tall, 4 globe lights, 3 Grecian ladies, must see, price firm, \$450. (615)310-0619.

FROSTED GLASS SHOWER DOORS, sliding doors, silver trim and tracks, \$90 or best offer. Winchester. (615)310-0619.

POSTUREPEDIC PILLOWS, two Sealy Optimum memory foam Optigel bed pillows, new in box, \$85 at store, \$25 each. (615)849-5012.

PEPPER SAUCE, deluxe hot sauce making kit by Grow and Make. It includes 6 bottles and ingredients, \$15. (615)849-5012.

MIKASA FINE IVORY for sale, 51 pieces, 8 piece setting with candle holders, Margarite pattern, \$125. Shelbyville area. (949)300-6635.

GLASS DOOR WOOD STOVE for sale, \$250. Fayetteville area. (910)581-0318.

THROW PILLOW, 16x16 decorative, navy throw pillow, little deep red trim on front, \$3. (615)849-5012.

INFRA/STAT PROPANE HEATER, 20,000 BTU's, like new, \$250. (931)728-2259.

GLASSES, State of Mine Rocks glass set (2), Emblem of state of Tennessee on one and Tennessee on other, \$5. (615)849-5012.

Jobs

JOB POSITION for Class A CDL driver, local Sod Farm, please apply in person at 888 Ardmore Highway, Taft, TN.

Medical billing trainees needed! Train at home for a career as a medical office professional at CTI! 1-833-766-4511. AskCTI.com. HS diploma required. nani

ATTENTION DRIVERS, \$1,000 SIGN-ON BONUS. Thompson Transport is hiring OTR Drivers with a clean driving record. Home every weekend. Great benefit package. Please call our Fleet Manager, Eddie Boyd at, (931)469-0458, for more information.

HELP WANTED. Bites of Europe is now taking applications for dishwashers and wait staff, Monday through Saturday, 10a.m.-6p.m. Must be 18 years or older. Apply in person. 1306 Hillsboro Boulevard, Manchester, TN 37355.

OTR TRUCK DRIVER NEEDED, home on weekends, two years experience, good pay. Must have Class A CDL. (931)993-0489.

CNA FULL-TIME, sign-on bonus, state-licensed. Lynchburg Nursing Center. Email, Michelle_Jennings@LCCA.com, 40 Nursing Home Rd., Lynchburg.

PERSONAL ASSISTANT NEEDED. Full or part-time. CPR/First aid certification and background check required. Duties include bathing, feeding, light cleaning, and laundry. Pay up to \$15/hour based on experience. Must be able to push and pull. Contact wife Della at, (931)954-5444.

VETERINARIAN TECH/KENNEL HELP. Looking to hire full-time tech/kennel worker, must be able to work weekends. Please apply in person, Monday-Friday, 7a.m.-5p.m. Starting pay is \$10/hr. 1012 Memorial Parkway Northwest, Huntsville AL 35801.

CUSTOMER SERVICE POSITION-sales and construction experience. Project Leader position-construction and leadership experience, drug testing, background check, tobacco and vape free. (931)924-5565; email resume: joseph@josephsremodelingsolutions.com.



VISITING ANGELS-CAREGIVERS WANTED. Join our compassionate, reliable team! Two years caregiving experience required. Flexible scheduling. Accepting applications 1404 North Main, Shelbyville; or, apply online anytime, visitingangels.com. Care services include: Bathing/Hygiene Assistance/Meal Preparation/Housekeeping/Errands/Shopping/Medication Reminders/Companionship. (931)488-6863.

RELIABLE CARRIERS IN MANCHESTER, TN NOW HIRING, LOCAL, DEDICATED, OTR DRIVERS. Competitive Pay Structure, Flexible Dispatch, Consistent Home Time, No Touch Freight, Excellent Insurance/401K, Bonus Programs/Incentives, Vacation/Holiday Pay, 2 years experience required. Call Will, (931)728-9995; (800)728-9995; or APPLY ONLINE, www.reliablecarriersontime.net.

WANTED, PART-TIME and FULL-TIME DUMP TRUCK DRIVERS with B Class CDL. Call, (931)625-1434.

Avon - earn extra \$\$ Sell online or in person from home or work. Free website included. No inventory required. For more information, call: 844-613-2230. sapa

OTR DRIVERS NEEDED, 1-year experience, clean driving record. Call, (931)434-3210.

SLITTER OPERATOR/SHIPPER, position may require a variety of tasks included but not limited to operating a slitting machine, packaging, computer scaling, creating the invoice and mailing labels. May be required to lift up to 50 lbs. Apply in person at 2340 North Jackson Street, Tullahoma, TN. (931)455-0658, for directions only.

FULL-TIME TRUCK DRIVER NEEDED for local deliveries, load/unload building materials, valid drivers license, clean MVR-no DUIs, must pass DOT physical/drug test, must be 21 or older, no CDL required. Apply in person in upstairs office, Hazel Green Building Supply, 15409 Hwy. 231/431 N, Hazel Green, AL. (256)828-2779.

Avon - earn extra \$\$ Sell online or in person from home or work. Free website included. No inventory required. For more information, call: 855-812-5674. nani

PHYSICIAN OFFICE SEEKING reliable friendly self-motivated individual to help with front desk, Monday-Friday, 8a.m.-5p.m. Please send resume to: P. O. Box 627, Tullahoma, TN 37388; or fax, (931)723-1456.

OFFSET PRINTING PRESS OPERATORS: Super Web Press, AB Dicks, 2/color Ryobi, 2/color jet. Experience preferred. Apply in person, 2340 North Jackson Street, Tullahoma, TN 37388. (931)455-0658, for directions only.

HAIR STYLIST NEEDED at Walk In Hair Care in Winchester. Call Judi, (931)308-5700.

LPN NEEDED, full-time or part-time for PDN, Tullahoma area. Ask for Beverly. (931)455-7121.

Extraordinary Craftsmanship Custom Design

- Interior & Exterior Railing
- Driveway & Pedestrian Gates
- Pool & Yard Fences
- Guard Railing
- Residential & Light Commercial

575 Lynchburg Hwy., Mulberry, TN 37359
Mike Thomas, owner
Call today for FREE estimate! 931-993-9710
www.southernironworks.com

Sell Your Phone Exchange931.com

Lung Cancer?
Asbestos exposure in industrial, construction, manufacturing jobs, or the military may be the cause. Family in the home were also exposed.
Call 1-866-795-3684 or email cancer@breakinginjurynews.com.
\$30 billion is set aside for asbestos victims with cancer. Valuable settlement monies may not require filing a lawsuit.

Your Best Smile Starts Here

Zoom! Whitening advertisement featuring Pam A. Chamberland, D.D.S. and chamberlanddentistry.com



16' STRATOS BOAT, fishing boat, hardly used, totally refurbished...

2000 DURHAM VISION RV, 46,000 miles, just serviced, \$15,000.

OLD MOTORCYCLES WANTED. We buy any old running or not running motorcycles...



2006, 27' ZINGER RV, excellent condition, sleeps 6, full bath, kitchen, dining, new TV...

CHAPARREL BOAT, 2000 SL, 1998 inboard/outboard, trailer, new tires, rebuilt engine...

Rentals Bedford County

MOVE-IN SPECIAL, \$99 security deposit (approved applicants must move in no later than 2/28/19).

Rentals Coffee County

HOUSE FOR RENT, 2 bedrooms, one bath, large carport and storage building, dogs under 30lbs. allowed.

MANCHESTER, HILLS CHAPEL APARTMENTS now accepting applications for 1 and 2 bedrooms, pet friendly up to 30lbs., background check required.

MOBILE HOMES FOR RENT, 2BD, 3BD, 4BD mobile homes with large yards, nice quiet country setting in Manchester.

THREE BEDROOM, ONE BATH HOUSE for rent, no pets, references a must, \$850/month, \$850/deposit, 409 East Lauderdale St., Tullahoma. (931)247-5333.

HOUSES, APARTMENTS AND MOBILE HOMES for rent, 1BD, 2BD and 3BD, \$80-\$175 weekly, pets extra. Tullahoma. (931)454-2234.

ROOMS FOR RENT on ranch, washer/dryer/stove/refrigerator included, fishing lake and free horses to ride, \$150 per week. Manchester. (270)207-0692.

Rentals Franklin County

TWO BEDROOM, ONE BATH DUPLEXES for rent, in Decherd and Estill Springs. No pets. Call for information, (931)691-1407.

BEST VALUE STORAGE, Best rates around! 5' x 10' - \$25/month; 10' x 10' - \$38; 10' x 15' - \$45; 10' x 20' - \$55; 10' x 25' - \$65; 10' x 30' - \$75. Three convenient locations to serve you. Rigsby Rentals, (931)967-1693.

ELK RIVER CABINS taking applications, 1-bedroom cabins located on Elk River below Woods Reservoir Dam, fully furnished, includes water, electric. Full-time rentals, private area, no fee application. Also, mobile homes available. (931)580-4116.

2BD UPSTAIRS STUDIO APARTMENT for rent, furnished, Lynchburg Road, Winchester, \$350 month, \$200 deposit, no pets. (931)308-6596.

Rentals Lincoln County

TWO BRAND NEW STRIP MALL SPACES for lease, 1,000 sq.ft. strip mall retail spaces, located at 910 Huntsville Highway, Fayetteville, TN. Lease for \$1 per sq.ft. High traffic area. (931)276-2600.

FOR RENT, LARGE 2 BEDROOM MOBILE HOME, 6 Plainville Drive, Park City area, \$450/month, \$450 deposit. (931)652-9609.

Services Automotive

BLACKWELL TOWING. Serving Fayetteville and surrounding areas. (931)675-2755.

LEARN COLLISION REPAIR. Enroll today-Tennessee College of Applied Technology-Shelbyville. Open house-December 3, 2018/January 7, 2019/February 4, 2019, 3p.m-6p.m. Win a Turkey. Information, (931)685-5013, ext.121.

Now Hiring Nutritional Services Employees for the Dietary Department advertisement for Tennova Healthcare - Shelbyville, TN

Services Cleaning

CLEARLY WINDOWS CLEARLY CLEAN Commercial / Residential 931.247.2091

Spring Cleaning Services advertisement with logo

14 years experience in commercial and residential, free estimates, references upon request. (931)575-8276.

EXCELLENT CLEANERS, TWO WOMEN specializing in all types of housecleaning, residential and commercial, offices, move-in, move-out, clean windows, decks. Free estimates, bonded and insured. Excellent references. (931)636-4889.

Services Health and Beauty

Suffering from an addiction to alcohol, opiates, prescription pain killers or other drugs? There is hope! Call today to speak with someone who cares. Call now 1-855-866-0913. cadnet

JUST LAUNCHED! Come check us out at Bullydogscbd.com. Local Veteran owned online alternative health aide store, if we don't have what you are looking for, contact us! (931)409-0152.

Visiting Angels advertisement with photo of caregivers

Services Home Improvement

GAUDET CONCRETE CONSTRUCTION. Concrete Work - Patios, Driveways, Garages, Stamped Color Concrete. Remodeling-Kitchen, Bath, anything inside or out. Free Estimates. (931)308-5898. Check out my FB page, Gaudet Concrete Construction.

JOHNNY SYLVESTER MASONRY, stone, brick, block, concrete, specializing in stone work and masonry repair. 40 years in business. (931)659-6400.

GIFFORD BROTHERS CONCRETE. Nothing too big or small. Free estimates. 46 years experience. Dale Gifford, (931)703-0925.

HOLDER REMODELING, DECKS, AND PAINTING. Bret Holder, (931)227-6752; or, Fred Holder, (931)433-2686.

W.W.HOME IMPROVEMENTS: Sheetrock, roof repair, porches, garages, decks, pressure washing, swing sets, fences, home remodeling. No job too big or small, 20 years experience. (931)273-0044; (931)728-6882.

Witness the Majesty of England advertisement featuring a castle and go today logo

JUNK-OUT 931-409-5298 Junk Removal/Dumpster Rental Demolition

JUNK REMOVAL 15 YD, ROLL-OFF DUMPSTER RENTALS and building demolition, full-service junk removal, free estimates. No job too big or small. (931)409-5298.

Eagle Door Service logo

GARAGE DOOR SPECIALIST, repair, installation, spring replacement and openers, 31 years experience, licensed and insured. www.eagledoorservice.com. Call Rick today. (931)227-7227.

HANDYMAN-CARPENTER, floors, tile, carpet, small repairs, decks, porches. No job too small, quality work, local references, free estimates. Mike, (931)312-9251.

WORK WANTED: BRICK, block, rock, or storm cellars. No job too big or small. (931)732-5301; (256)374-8158.

AFS FOUNDATION & WATERPROOFING SPECIALISTS A Bayless Company

DON'T LIVE WITH A WET BASEMENT. Living with a wet basement can be miserable. Cleaning up water and dealing with the results such as mold, mildew and damage is tiring and expensive. Call us for a permanent fix. 10% Off Any New Job. Up to \$300 Value. Mention Exchange for COUPON. Call for FREE INSPECTION, (931)283-0703.

M and T PLUMBING, electric, carpentry, remodeling, roofing. From the top of your house to the underneath, all in between. You break it, we fix it by the book! References available. Free estimates. (931)455-6029.

HALL CONCRETE CONSTRUCTION, licensed, insured, commercial and residential, 3rd generation concrete specialist. "WE SHOW UP," and we beat all competitor's written bids. Call Will Hall, (931)222-9123.

SOUTHERN IRON WORKS, 575 Lynchburg Highway, Mulberry, TN. Ornamental iron railing, gates, fencing, mailboxes. Mike Thomas, (931)993-9710; www.southernironworks.com

Better than sleeping on clouds. Adjustable Base with Mattress Norman Furniture advertisement

Yard Sales Exchange931.com

Cash in on Free Listings



Place two free ads over the phone each week or list unlimited free ads online.
Free Ads placed over the phone must contain single items listed below \$1,000. Animals and services are excluded from free ads over the phone.

Call 684-1285 or go online Exchange931.com

Exchange931.com

Join Our Team



We have grown and need to fill multiple positions.

We are looking for people who like building trusting relationships and would be passionate about helping our customers grow.

Do you have these skills? If so, join our team to grow your income.

- | | | |
|--|--|---|
| <input type="checkbox"/> Good Communicator | <input type="checkbox"/> Detail Oriented | <input type="checkbox"/> High energy |
| <input type="checkbox"/> Team player | <input type="checkbox"/> Creative ideas | <input type="checkbox"/> Self-motivated |
| <input type="checkbox"/> Disciplined | <input type="checkbox"/> Self-motivated | <input type="checkbox"/> Coachable |

NOW HIRING

Outside Sales
Customer Service
Inside Sales

Apply online with the link below.
 Click on "Join our Team"

www.exchange-inc.com

Benefits We Provide

PTO (paid time off)
 15 Days per year for 0-23 Months receive
 20 Days per year for 24-59 Months receive
 25 days per year for 60+ Months receive

Holiday Offs
 We observe 7 paid holidays.
 New Year's Day
 Memorial Day
 July 4th
 Labor Day
 Thanksgiving Day and the
 Day after Thanksgiving Day
 Christmas Day
**We give all team members a paid day off
 for their Birthday!**

Health Insurance
 Full-time employees may participate in a medical insurance plan offered through the company.

401(k) Retirement Plan
 You may participate in a 401(k) plan. After your first year of employment, the company will match 100% of your contribution of 3% of your income and 50% of your contribution of 4% and 5% of your income.

Savings Plan
 You can have money deducted from your pay check each week that goes into a savings plan which earns 2.6% interest per annum.



Exchange

Telephone
931-433-9737 931-968-1144
931-455-1360 931-359-1994
931-728-3273 931-684-1285

Website
www.Exchange931.com

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Founder
Bill Thomas
1940-2010

Publisher / CEO
Will Thomas

Director of Sales
Katie McNabb

Business Development Leader
Sissy Smith

Business Development Team
Lance Carter
Julia Eads
Sharlee Hobbs
Marisa Thornton

Account Managers
Andrea McCoy
Sarah Ray
Sandra Thomas

National Accounts
Bob Barger

Digital Strategist
Ginger Jones

Circulation Manager
Greta Painter

Accounting
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THIS and THAT THRIFT STORE, 204 North Porter, behind Bates Foods, Winchester, Tuesday-Saturday, noon-5p.m. Rada cutlery; used furniture; jewelry; glassware; all size clothing; and more. Donations welcome. Debit/Credit cards accepted. (931)307-3836.

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1992 1800 SL CHAPARRAL PROJECT BOAT for sale, mechanically sound, interior seats/cushions stored, new replacement carpet, ski locker door, cover/captains chair, 3.0 liter engines runs A1, trailer in A1 condition, \$1,300. (615)308-9685.

Lung cancer? And age 60+? You and your family may be entitled to significant cash award. No risk. No money out of pocket. For information call 855-677-0507. sapa

A place for Mom has helped over a million families find senior living. Our trusted local advisors help find solutions to your unique needs at no cost to you! Call, 844-432-3281. sapa

ESTATE SUPER CAPACITY WASHER for sale, runs, \$50. (931)588-6866.

FOR SALE BY OWNER, approximately 40 acres with 87 mobile home sites, 45 mobile homes, 10 cabins on the Elk River, 14 RV sites with 12 sites approved for cabins, office and bath house. Some owner financing to qualified buyer. Call for more information, (931)580-4116.

MEN'S 2X, Tommie Bahama, silk, \$125. (931)652-0749.

TRAIL SADDLE, Tucker Endurance 159, medium tree 16-1/2", trail stirrups, used with gaited horse, good condition, \$800. (931)247-5182.

16" TIRES for sale, 265-70x16; 245-75x16 - 6ply - 8 ply; 235-85x16, 10 ply; 235-60x16 Michelin; 235-60x16 Bridgestone; 235-70x16; 225-60x16; 215-60x16; 205-55x16. \$250 plus. (931)703-1130.

PRATER'S OUTDOOR FURNACES. Central Boiler's Classic Edge Certified Outdoor Wood Furnace as low as \$6,990. Don't Wait! Call today, (931)235-8311.

OLD COUNTRY AND WESTERN CD'S for sale, most are brand new, \$50 for all. (931)581-3355.

EIGHT PIECE SETTING OF DIANE FINE CHINA, 41 pieces including cake plate, \$100. (931)433-9298.

IPHONE 7 PLUS 128 GB for sale, original and unlocked, \$400. Interested buyers contact me at, jessecycooper@gmail.com.

23 PUREBRED ANGUS COWS, one registered Angus bull, five 330lb. calves, three newborn calves, \$26,000 or sell groups of 6 or more. (931)937-8922; (931)227-6597.

Cross country moving, long distance moving company, out of state move \$799 long distance movers. Get free quote on your long distance move, 1-800-511-2181. cadnet

SINGER SEWING MACHINE, drops down into the table, works great, just stopped using it, looks good, one leg need to be tightened, comes with thread and bobbins, \$100. (931)398-0736.



TWO LAMPS, 2 golden basket lamps, 26hx10d, off white shades, made by Uttermost, \$75 for both. (478)973-6482.

FOUR YEAR OLD purebred black Angus bull for sale, good herd bull. Lewisburg area. (931)364-3670; (931)703-9894.

2008 NISSAN QUEST, loaded, Blue Book-\$6,300, asking \$3,950 or best offer; 2006 Chevy Trailblazer, black, clean, Blue Book-\$5,000, asking \$3,650 or best offer; 2006 Chrysler Town and Country, loaded, Blue Book-\$4,700, asking \$3,250 or best offer. (931)222-9879.

NINJA FOODI PRESSURE COOKER, new, never used, family size pot, XL basket, 6.5 quart, with cookbook, \$150. (931)993-3972.

TASCO WORLDCLASS RIFLE SCOPE for sale, 3-12x40 scope with lens cover, \$125. (931)273-6257.

WANT TO BUY, 1950's Fender telecaster and stratocaster. (931)273-8987.

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Your word ad will reach over 84,000 homes on Wednesday and thousands of users on our website www.Exchange931.com. **Any single item priced under \$1,000 is FREE* to advertise.** *excludes Animals

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- Coffee County
- Franklin County
- Lincoln County
- Marshall County
- Moore County

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- 2) Place online www.Exchange931.com
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