DESTINATION GEAUGA

{ Start of sugaring season in Geauga County }



"How Sweet It Is" Maple Driving Tour of NE Ohio March 2-3 and 9-10, 2019

Mark your calendars! The 2019 NE Ohio "How Sweet It Is" Maple Driving Tour hosted by Maple Producers of NE Ohio will be the first two weekends in March. 16 Maple Syrup producers across northeast Ohio will open their sugarhouses for you to visit. Some are larger operations and some operations fit in the backyard of the producer's home. See the latest technology at some sugar camps to production in the ways of our forefathers at others.

Visitors are encouraged to pick one or all of the stops over the two weekends! Many producers will offer "Tastes of Maple" for your enjoyment which will show the ways maple is used in cooking, baking and beverages. It's not just for pancakes! Learn all about this 100 % pure amazing, healthy sweetness. For a complete listing of stops, dates, times and a map of locations visit mpneoh. com; Maple Syrup Producers of NE Ohio's Facebook page; or Destination Geauga's event calendar. The tour is free, educational, and fun for the whole family!

SWEET MAPLE SUGARING FUN

Something for everyone in Geauga Park District's maple programming this spring

It's hands-on, educational, inspirational and celebrational – it's Geauga Park District's rich collection of FREE maple sugaring events at Swine Creek Reservation in Middlefield!

Fun in the park doesn't get much more family friendly than our FREE **Sap's-a-Risin'!** celebration, now in its 33rd year! Festivities on three Sundays – March 3, 10 and 17, all from noon to 4 p.m. – include sap-gathering in the sugarbush with a horse-drawn sap sled, sugar house tours, stations about historical maple sugaring with costumed interpreters, samples of fresh syrup and, in the toasty lodge, free maple treats, a large crackling fireplace and live music by The Real Deal String Band on March 3, Mr. Haney String Band on March 10, and The Geauga Park District presents a number of off-site maple sugaring offerings, too!

Seniors seeking a more personalized experience can register for **Elderberries: Geauga** County's Maple Sugaring Heritage, to be held at the Geauga Century Village Bond Building in Burton on Thursday, March 21, 11:30 a.m. to 2 p.m. This special monthly program is presented by Geauga Park District, the Geauga County Department on Aging and University Hospitals Geauga Medical Center, and this month's participants will enjoy a pancake lunch, followed by a mini sap bucket craft and tours of the Maple Museum of Geauga County. Plus, allow us to "tap" into your maple memories! Also, when you think of that sweet maple syrup, doesn't it just make you want to dance? Well we've got just the event – our **Tree Tap**per's Ball on Saturday, March 9, 7:30 to 10:30 p.m. at Parkman Community House! Now in its 31st year, this free old-fashioned square dance includes instruction in fun fashion and ripsnortin', old-time string band music by caller Lynn Frederick and the very talented Swine Creek Sapsuckers. Dress casually and be ready for a really good time with other couples and families equally excited for spring. Registration is required for Timbertots, Elderberries and the Tree Tapper's Ball at www.geaugaparkdistrict.org or 440-286-9516; registration for the Tree Tapper's Ball opens February 25. With questions, you may also call the number above. Swine Creek Reservation is located at 16004 Hayes Road in Middlefield.



Mar 1 – 31, (10am – 4pm) discARTed Recycled Art Exhibition

Geauga Park District presents a two-month exhibition of creative works of art transformed from discarded/found materials by community members and regional artisans. Discover the unexpected connection of discarded materials to finished artwork, as well as the cleverness of the transformation, each day during regular hours of 10 a.m. until 4:30 p.m. at The West Woods Nature Center. Be sure to vote for your favorite pieces!

Geauga Park District - The West Woods Nature Center | 440-286-9516 | www.geaugaparkdistrict.org

Mar 1 – 31, (11:30 am - 9:00 pm)

March Maple Menu at Warren's Spirited Kitchen

March Maple Menu; Celebrating Geauga County Maple syrup season by using local maple syrup in our cocktails and menu items. Reservations suggested; Warren's Spirited Kitchen, Burton 440.273.8100

Mar 1, 8, 15, 22, 29, (Fri., 4pm – 8pm) Cabin Fever Fridays at the Snö Châlet

When the weather is snowy, join us in our rustic hideaway – the Snö Châlet – for waffles and indoor/outdoor winter fun. Indulge in our featured authentic Belgian Woodpeckers on March 17.

For those youngest Nature lovers in your life, ages 3 to 5, **Timbertots: Maple Sugar Time!** is also scheduled for Tuesday, March 5, both 10 to 11 a.m. and 1 to 2 p.m., as well as Saturday, March 9, 10 to 11 a.m. Collecting sap with smaller-sized buckets and checking out why the sugarhouse is steaming are just a couple fun things we'll do to learn how maple syrup gets from tree to table!

Swine Creek Reservation is also a featured stop on two drive-it-yourself tours on March 3 and 10 from 10 a.m. to 5 p.m.: the Ohio Maple Producers' **Northeast Ohio Maple Madness Tour** and the Maple Producers of Northeast Ohio's **"How Sweet It Is" Drive-It-Yourself.** Tour maps with complete lists of participating sugar houses are available at ohiomaple.org and mpneoh.com.



Waffles, warm comfort food and espresso drinks while enjoying FREE snow tubing with tow lift (weather permitting), GIANT board games, WiFi, campfire s'mores, hiking and more. Adult supervision is required. Snö Châlet at Punderson State Park • 440-773-2520

Mar 1, 8, 15, 22, 29, (Fri., 5:30pm-7:30pm) Fish Fry Fridays

Open to public, your choice of Perch, Orange Roughy, Shrimp, Chicken Tenders French Fries or Home Fries, Salad or Cole Slaw, Bread, Coffee or Tea Other beverages available cash bar; Proceeds benefit the Ladies Auxiliary Charities; Also, TO GO ORDERS AVAILABLE CALL 440-286-9921 Chardon Eagles Ladies Auxiliary

Mar 1, 8, 15, (Fri., 6:30pm - 9:00pm) Winter Glow - An Exclusive Progressive Dinner Event

Kick off the Ice Wine Festival with a progressive dinner event the night before. The evening begins at 6:30 p.m. at Debonne Vineyards with delicious appetizers, soup or salad. Proceed to Grand River Cellars for a wonderful meal. Afterwards, finish off at South River Vineyards for a delicious dessert. Our wine maker will pair each of the courses with his choice of wines. Reservations required; menu to be announced. Seating is very limited and will sell out early. This is a prepaid, nonrefundable ticket event. Price to be determined which will include wine pairing with each course. Please check our website for updated information. 440-298-9838 | www. grandrivercellars.com

Mar 2 & 3; 9 & 10 (Sat. & Sun, 10am-4pm) Maple Sugarin –Open House Weekends

"How Sweet It Is" Maple Tour of NE Ohio. This drive-ityourself tour features sugarhouses across NE Ohio. Local maple producers welcome you with tours, wagon rides, pancakes, etc. Each stop has different activities. For details go to: Maple Producers of NE Ohio at mpneoh.com or call Destination Geauga 440.632.1538; DestinationGeauga.com

Mar 2 & 3, 9 & 10, (Sat-Sun, 9am-3pm) Waffle Weekends ~ Maple Madness Brunch

It's Maple Madness Tour season and time to switch from pancakes to WAFFLES! Join us at the Sno Chalet for a waffle brunch featuring authentic Belgian waffles served with real Geauga maple syrup and other yummy toppings. Our

'Continued on page H3 >

Kiwanis Maple Syrup Sales to Start



The Chardon Kiwanis is pleased to see the arrival of maple season in Northeast Ohio. There is no better time in Geauga County than maple season because of the wonderful events involving a sweet local product we have all become connoisseur of. The Kiwanis Club of Chardon is pleased to be part of this local tradition.

In the coming weeks, for yet another year, the Kiwanis Club of Chardon will gather at the kitchen of the Pilgrim Christian Church to bottle some of the sweet stuff produced at local sugarhouses, which is already flowing at some local sugarhouses. The syrup that will be bottled will be sold at the Heritage House on the square this spring.

The Heritage House on the square will be open starting with Tapping Sunday on March 3 and each Sunday following from 11 AM to 3:30 PM. In addition, the Heritage House will be open for maple sales on the traditional Easter Egg Hunt to be held on 4/21 starting at 9 AM. During the Maple Festival, which is 4/25to 4/28, maple sales will occur in both the Heritage House and festival tent located on Short Court.

Those that stop by can expect to



find maple syrup, maple barbeque and mustard, maple candy, maple spread, maple sugar, and various other sweets. One of the sweetest maple product, maple sugar cotton candy, will be returning for yet another year. As in previous years, all profits will support the scholarships that the club offers to graduates planning to attend college or trade as well various welfare projects that the club sponsors.

"Being able to enjoy something sweet while helping area youth pursue their further education is a great way to celebrate our great maple tradition," said Ken Kitchener, Chairperson of Maple Sales for 2019. "I encourage you to come out to the Heritage House to purchase something special and support our area students."

In addition, to Kiwanis maple sales, the Stir Booth will be open every Sunday for visitors to enjoy prior to the Maple Festival from 12:00 PM to 4:00 PM. If you would like to learn more about the activities of Kiwanis, please visit the website at www.KiwanisClubofChardon.org or call the Chardon Club at 440-413-1086.



15th Annual Grand River Valley Ice Wine Festival Saturday, March 2, 9, 16

While most people think the grape of March and will be featuring Ice harvest ends in the fall months, producers of Ice Wine are on a different schedule. These grape growers do not celebrate the end of harvest until the last frozen grape is picked from the vine. This season the Grand River Valley picked the frozen grapes a little later than in past years with a harvest in mid-January, this made some growers a little nervous. As with every crop, Mother Nature determines the harvest date and there is no crystal ball to make this process any easier. This year's Ice Wine Festival marks its 15th year of celebration and the Winegrowers of the Grand River Valley are already preparing for this exciting event.

All five of the participating wineries are within a 10-minute drive of each other. Patrons begin at the winery of their choice for this fun, progressive Ice Wine tasting throughout the Grand River Valley wine region. Participating wineries include Debonné Vineyards, Ferrante Winery & Ristorante, Grand River Cellars Winery & Restaurant, Laurello Vineyards, and St. Joseph Vineyards. Various activities such as special wine dinners, ice carving, specialty drinks, and local artisans are some of the reasons this event is such a draw.

"The energy of the crowd is always amazing for this event," states MaryJo Ferrante, from Ferrante Winery & Ristorante. "We draw visitors from all over the United States and it's fun to share this unique wine with them and see their reaction to it." Ferrante Winery & Restaurant is a full service restaurant that will be featuring a special Ice Wine pairing menu during the entire month

Wine Rockefeller as their appetizer for the event.

The festival features an ice wine sample from each winery paired with a specialty appetizer. "It is important to create the perfect pairing for this event in order to really capture the flavors of ice wine," remarks Doreen Pietryk from St. Joseph Vineyards. "A sweet wine such as this requires complimenting flavors in the food for a truly great food and wine experience." The wineries will prepare a variety of appetizers that showcase the versatility of the ice wine food pairing from sweet treats to savory and spicy dishes.

The wines featured at the festival are 'true' ice wines. This means the grapes are left on the vines at the end of the traditional harvest season and await Mother Nature to shift seasons from fall to winter. Once the temperature reaches 17 degrees or less and the grapes are frozen, they are picked and pressed immediately before they have a chance to thaw. Ice wine that can only be made in certain parts of the world. Not only is this wine unique, but Grand River Valley ice wines have garnered top awards in international wine competitions.

The event begins at noon and ends at 5 p.m. The cost is \$6 per person at each winery. In an effort to help the local food banks, the wineries are encouraging everyone to bring in canned food items for which they will receive \$1 off at each location. For more information about the Ice Wine Festival call 440-466-3485 or visit www. wggrv.com for details.





Geauga County Public Library

Maple sugaring is for everyone at Geauga Park District's



maple treats & live music in the lodge



MARCH 3, 10 & 17 Noon-4PM

Swine Creek Reservation, Middlefield Twp.

- Gather sap in the sugarbush with a horse-drawn sap sled
- Experience historical tapping with costumed characters

www.geaugaparkdistrict.org





geaugalibrary.net

Jumping the gulch: From wannabe writer to published author **Chardon Branch**

Wednesday, Mar. 6, 7 - 8:30 p.m.

Call (440) 285-7601 to register.

Each writer's path is unique. Local author Catherine Pomeroy shares how she threaded family history, Appalachian culture, roots music, law and travel to create her debut novel, The Gulch Jumpers. Catherine will also have books for sale and signing. Sponsored by Chardon Friends of the Library.

Composting 101 Geauga West Branch Tuesday, Mar. 12, 6 p.m.

Call (440) 729-4250 to register.

Composting is nature's way of recycling your trash to treasure! Much of what we throw away as trash at home can be composted into rich, healthy soil instead of piled into a landfill. Join us for this fun, informative, and free program to learn composting basics & benefits, different composting methods, and how to avoid common composting problems. Pre-purchased bins can be picked up at the workshop. Presented by Gail Prunty, Geauga Soil and Water Conservation District and Holly Carine, Geauga Trumbull Solid Waste District.

Geauga's wildlife: Past and present **Geauga West Branch** Tuesday, Mar. 26, 7 p.m.

Call (440) 729-4250 to register.

This program demonstrates how human conversions of the landscape from wilderness to farmland to partially reforested suburbia over the past 200 years have deeply affected the quantity and quality of habitat and thus determine the diversity and abundance of wildlife. A morphing map, timeline and animal figures provide an interactive investigation of Ohio's changing wildlife populations. This program addresses standards relating to changes in landscape over time, history, geography and economics.

Decorating on a dime **Middlefield Branch** Saturday, Mar. 23, 2 p.m.

Call (440) 632-1961 to register.

Representatives from Goodwill Industries of Greater Cleveland will demonstrate easy techniques for capturing a farmhouse style for less. Upcycle projects, thrift store finds and savvy shopping techniques will be shared in addition to kitchen-specific tips and ideas. Plus, learn tips on how to identify collectible pieces. Sponsored by Goodwill Industries of Cleveland.

MARCH EVENTS FROM PAGE H1

menu includes all of the yummy fixings to make your breakfast or brunch complete and gluten free/vegan options for those with dietary restrictions. You may even want to spend some time outdoors enjoying the weather or hanging out inside playing one of our giant board games. Maple products from Maple Valley Sugarbush and Cleveland's own Rising Star Coffee Roasters coffee will be available for purchase. Punderson State Park Snö Châlet | 440-773-2520. sno-chalet.com

Mar 2 & 3; 9 & 10, (Sat & Sun 10am - 5pm) "How Sweet It Is" Maple Driving Tour ; Maple Tour of NE Ohio

Hear the story and see pictures how we went from buckets and horses to a 900 tap operation on tubing with vacuum, reverse osmosis, wood fire arch and modern technology in a 1910 sugarhouse on a conserved farm. Enjoy the many free "Tastes of Maple" samples we have to offer so you can see how maple syrup is used in many dessert, meat, vegetable, salad, and beverage recipes. By reservation only we are offering a pancake breakfast with a flip of history in the farm's century home. Space is limited so call early to reserve your spot. 440-785-6877 Messenger Century Farm | 440-785-6877

Mar 2 & 3; 9 & 10; (Sat. & Sun. 10am - 5pm) Ma & Pa's Gather Sap with the Horses Maple Tour

Come see how it all happens at Ma & Pa's during their annual Maple Syrup Gathering two weekends in March. Horses go out at 12 Noon and 2:00 pm Saturdays and 2:00 pm ONLY on Sundays. FREE PANCAKES ALL DAY UNTIL RUN OUT! Check with Ma for the dates. Pa hitches up the horses again and takes you deep into the woods through the sugarbush to collect the sweet stuff and brings it back to the sugar shack to demonstrate how it is all done. Then sample some Maple Coffee and Maple Candy and various other maple treats in the log cabin. There is no charge for the tour and small buckets are provided for the children. To find out more information about the maple tours please call the store at: (440) 548-5521 www.maandpas.com

Mar 2 & 3, 9 & 10 (Sat.& Sun. 10am-5pm) Open House Weekends at Pichards Maple Pre

Open House Weekends at Richards Maple Products Over 100 years of maple excellence! Come visit our sugarhouse. We will have our famous "sap dogs" plus many samples. 440.286.4160 richardmapleproducts.com

Mar 2 & 3, 9 & 10 (Sat.& Sun. 10am-5pm) Salo Maple Products Open House

Offering maple coated nuts & maple candy. Samples of all products will be available.

. Salo Maple Products 440.759.9945

Mar 2 & 3, 9 & 10, 16 & 17, 23 & 24 (Sat. & Sun. 10am-8pm) Snö Dâys - Winter Weekends

Plan to spend the weekend at the Snö Châlet at Punderson this season for waffles and indoor/outdoor winter fun. Indulge in our featured authentic Belgian Waffles, warm comfort food and espresso drinks while enjoying FREE snow tubing with tow lift (weather permitting), GIANT board games, WiFi, campfire s'mores, hiking and more. Adult supervision is required. Follow us on Facebook and Instagram for updates or visit our website sno-chalet.com for more info and tubing availability. No outside food or beverage permitted inside the chalet. Snö Châlet at Punderson State Park • 440-773-2520

Mar 3, 10, 17, (Sun. Noon-4pm) Sap's-A-Risin' Sunday

Visit Geauga Park District's Sugarbush, Sugarhouse and Lodge for a walk through time and sweet taste of how the maple sugaring industry evolved from the Native American tradition to modern methods. Help gather with a sap sled; enjoy costumed interpreters; see sap being boiled in the sugarhouse and have a sample taste; warm up with entertainment and maple treats in the lodge. Geauga Park District - Swine Creek Reservation | 440-286-9516 | www.geaugaparkdistrict.org

Mar 3, 10, 17, 24, 31

Burton is Pancake Town USA Pancake breakfasts are served in different locations all around town. Maple syrup and candy making demonstrations at the Log Cabin on the square. Burton Chamber of Commerce 440.834.4204 burtonchamberofcommerce.org

Mar 3, 10, 17, 24, 31 (Sun. 9am-2pm) AVCE Pancako Breakfast at Centrus Villago M

AYCE Pancake Breakfast at Centruy Village Museum Our own maple syrup and ALL the pancakes you can eat. 440.834.1492 centuryvillagemuseum.org receive 20% off your total purchase during the donation drive. We welcome donations any time the store is open! Our hours are Monday-Friday 10-4 and Saturday 11-4. We are looking for: Gently used clothing and purses, col-

We are looking for: Gently used clothing and purses, collectables, furniture, home decor, seasonal items, housewares, kitchen items, books and DVDs. Special Hands Shoppe, 15910 W. High St., Middlefield, Ohio

Mar 23, 2019 (6:00 pm) Maple Murder Mystery

At Flavor of Geauga's Best Local Food Product Competition, contestants vie for the coveted top prize. They want it so bad they can taste it- and someone may even kill to win! Price of ticket, includes full course dinner, beverages and show. (cash bar available) EOUV Club | 440-632-1538 | geaugatheater.org

Mar 23 (Sat. 7pm) Nassau Night Sky Viewing

Observe the wonders of the night sky using this facility's giant research-grade telescope! If weather prevents sky viewing, join us for a planetarium presentation in the McCullough Science Center instead. Wheelchair/stroller accessible. Geauga Park District - Observatory Park | www.geaugaparkdistrict.org

Mar 23 & 24; 30 & 31 (Sat. & Sun. 11am-4pm) Invitational Student Art Show

Middlefield Historical Society hosts this annual juried show of artwork by students in grades 6-12 from Berkshire, Cardinal, Chardon and Newbury school districts. Exhibit area is entirely handicapped accessible. No admission fee, donations welcome! Middlefield Historical Society/The Depot | 440-632-0400 (leave message)

Mar 29 & 30 (Fri. 9am-7pm; Sat 7am-3pm) Geauga Small Business Expo

Over 40 local businesses and shops, offering local products and services. Buggy rides and Give-a-ways. Support your local merchants, meet new friends, bring your friends and spend the day. Think Local Home & Garden Show! Theheritagemarketplace.com

Mar 30 (Sat. 9am-5:30pm) March in Prune Out

We continue to offer the annual pruning class for our customers and local horticultural industry to share the labor of love. We will cover Apples, Grapes, Blueberries, Raspberries, and Peaches. Pears, Plums, and Cherries will not be specifically covered however you will learn what you need to know. This will be a hands-on get yourself dirty workshop! So dress accordingly. Bring your own pruners, loppers, or saws. Participation is expected and is a large part of the learn-as-you-lop-it fun!

To register or if you have questions please call the Geauga

DESTINATION: GEAUGA H3

CURIOUS ABOUT THE ARTS?

Sign up today for the inaugural season of **PULL BACK THE CURTAIN**, the new Fairmount Center Speaker Series.

This is YOUR opportunity to really "go behind the scenes" with local experts in the arts, musical theater and photography. Sign up today for your favorites! Come connect, think, drink (refreshments provided!) and grow through this engaging speaker series. Programs designed for adults, but family-friendly. Program location at Fairmount Center for the Arts.

Made possible due to the generous support of Toby and Melanie Maloney.

All programs are FREE and open to the community, but space is LIMITED for each program.



Get an insider's view of the stories behind the art of Dr. Seuss, Van Gogh and Monet as Felicia Zavarella Stadelman shares her insights through the eyes of an artist.

Vincent Van Gogh
Sunday, March 10, 3pm
Monet
Thursday, May 16, 7pm

Laugh and learn with Bill Rudman from the Musical Theatre Project as he shares some of the lessons that we all should learn from some of musical theatre's favorites.

► The Musical Theatre Project featuring Bill Rudman: All I Ever Needed to Know I Learned from Musical Theatre

For more information or to RSVP, call (440) 338-3171 or visit fairmountcenter.org or stop in at 8400 Fairmount Rd., Novelty.

County Extension Office at (440) 834-4656. Sages Apples | 4402863416 | www.sagesapples.com

Mar 30 (Sat. 7:30pm-8:30pm)

Skydance: Flight of the Woodcock!

A behind-the-bushes look at the courtship antics of one unique bird, the American Woodcock, highlighted by its amazing "sky dance" with "wing song" and careening descent – a true rite of spring! Nature's Not to Be Missed. Burton Wetland Preserve | 4402869516 | www.geaugaparkdistrict.org



Haas, Haas + Associates Congratulate UH Geauga Medical Center's





Mar 3, 10, 17, 24, 31 (Sun. Noon-4pm) Maple Stirs

Experience a classic Maple Stir at the new Heritage house Sugarhouse on Chardon Square, \$1.50 per stir. Maplefestival. com

Mar 5, 12, 19, 26 (Tues. 5:30pm-7pm) Spaghetti Dinner Tuesday's

Spaghetti and Meatballs, Salad, Garlic Bread, Coffee or Tea, also available with Alfredo Sauce, Other beverages available, Cash Bar; ALSO,TO GO ORDERS AVAILABLE, CALL 440-286-9921 Proceeds Benefit Ladies Auxiliary Chairities

Mar 8, 15, 22, 29 (Fri. 11:30 am - 9:30 pm) Lent Fish Fry Fridays at Warren's Spirited Kitchen

Please join us for Lenten Fish Fry Fridays. Reservations suggested. Warren's Spirited Kitchen, Burton 440.273.8100

Mar 2, 9, 16, 23, 30 (Sat. 9am-Noon) Geauga Fresh Farmer's Market

The Geauga Fresh Farmer's Market is a year-round market bringing you the freshest vendor-grown fruit and vegetables to the community. Throughout the season one can also find pasture-fed, non-gmo and conventionally raised beef, pork, lamb, chicken, turkey, pasture-raised eggs, herbs and spices. Small batch coffee, fresh baked goods, jam, jelly, local honey, maple syrup, prepared foods, value-added products & handcrafted soap. Lowe's Greenhouse | www.geaugafarmersmarket.com

Mar 9 (Sat. 7:30pm-10:30pm) Tree Tapper's Ball

Celebrate the maple season with our old-fashioned square dance. Novices needn't feel like saps; all dances are taught in fun fashion. The Swine Creek Sapsuckers will provide rip-snortin', old-time string band music for roof-raisin' entertainment. Dress casually. Registration is required and begins February 25; limit of eight per registering group. Parkman Community House www.geaugaparkdistrict.org

Mar 22 (Fri. 7:30pm-8:30pm) Art Stamp Monogram Workshop

Join artist Barbara Mikin to create a framed monogram print from recycled materials. Print may also be utilized for stationery, book covers, textiles, etc. Ages 14+. Refreshments served. Wheelchair/stroller accessible. Registration required. Geauga Park District - The West Woods Nature Center | 4402869516 | www.geaugaparkdistrict.org

Mar 23 (Sat. 11am-5pm) The Special Hands Shoppe's (MSI) Spring Cleaning Donation Event

Do you have unwanted items collecting dust in your home? Start the your Spring Cleaning right with less clutter and help our program in the process! Bring in your donations for a chance to win one of our special raffle baskets! Your will also

Mike Nunnally

Stefania Kopczak

Dean Sarris

Mike, Stefania, and **Dean** are true heroes to our UH Geauga Rehab at YMCA, and to an area gentleman and his family. This episode also truly demonstrates why our training in CPR and emergent situation is so important. Mike, Dean, and Stefania all demonstrated quick decision making, responses, teamwork and compassion during an emergency which involved lifesaving measures. On, Monday, January 7th 2019 these 3 team members in resuscitation efforts for a customer of the YMCA. Stefania quickly got the attention of two team members (Mike & Dean) when she noticed a man had fallen and was bleeding and unresponsive. It was found that the man was not breathing and no pulse was palpated. Mike helped with giving the man breathes. At the same time a Nurse that was present started the CPR cycles. While the CPR cycles were being administered, Dean went to locate the YMCA AED in case it was needed. Dean did apply the pads and administered the shocks in 2 cycles. When EMS arrived they continued the CPR efforts until the gentleman had a pulse. Mike assisted EMS in rapidly loading the person onto the gurney and he was transported to UH Geauga Medical Center. Without the heroic team efforts of the Rehab YMCA group there may have been a very different outcome for the gentleman. It is a pleasure to work with team members that consistently create a positive, solution-oriented atmosphere, as well as sincerely caring about people they interact with on a daily basis.



Michelle is a Diagnostic Imaging Nurse Coordinator at Geauga Medical Center. Michelle was the nurse assisting in an outpatient radiology procedure when she noticed a patient in distress. She alerted the other members of the care team and stopped the procedure. She acted quickly and called a Rapid Response to get the patient the extra hands and care she needed. The patient was brought to the ED and it was found that the patient was having a complication unrelated the biopsy that was being performed. Michelle demonstrated excellence in her nursing skills, and assessment and acted quickly. Her excellence in nursing and fast acting teamwork got the patient the care she needed just in time. We appreciate the efforts of Michelle with helping this patient. She is a great person to have a part of the UH Geauga team.

Michelle Szitas

Each Hero will receive a gift certificate courtesy of



UHgeauga.org



100 Seventh Ave. #135 Chardon, Ohio 44024 • 440-286-1263

haas-haas.com