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## Community Magazine

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MARCH 2019 # 127



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continued →

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196965

I drove away happy and for the next few days, every time I'd say 'Beethoven', I'd get beautiful classical music and if I said 'Beatles', I'd get one of their awesome songs. Well, yesterday, a car ran a red light and nearly smashed into my new truck, but luckily I swerved in time to avoid a wreck. I yelled out, "STUPID IDIOT" The radio replied, "Democrat or Republican" ? I love this truck!

A car's weakest part is the nut holding the steering wheel.

**Laughs and Lifts**  
Online @ LaughsandLifts.com

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Now in our 11<sup>th</sup> Year



**Published since 2008,  
We Are The Uplifting, Positive Alternative  
To Ordinary Media. We Are Your  
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Laughs and Lifts is the most unique and most loved monthly magazine in the Wiregrass Region, and is distributed Free in over 100 locations & online by subscription at [LaughsandLifts.com](http://LaughsandLifts.com)

Laughs and Lifts provides laughter in clean jokes & cartoons, witty and wise one liners, encouragement through uplifting articles based on God's word and teachings of Christ Jesus, and entertainment with Sudoku, Recipes, Puzzles & More.

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Contributors:  
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@LaughsandLifts

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# MOBILITY ISSUES?



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One day in a seminar class, they spent a great deal of time debating whether the glass was half full or half empty. After the class, a student was feeling pretty good about himself and what he was learning at university, so when he went home, he tried to continue the discussion with his family. With maximum drama, he took a 12-ounce glass from the cupboard and poured in 6 ounces of water. Then took it into the dining room and placed it in the middle of the table. He proudly asked his family, "Can anyone tell me whether this glass is half full or half empty." Without missing a beat, his grandmother replied, "Depends if you're drinking or pouring."

**Never let someone who has done nothing,  
tell you how to do anything.**



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### When Was She Born?

A man's daughter was working for the American Embassy in Australia when she was expecting



her first child. He was so happy when she texted him with the news. "I'm a grandfather!" he said to his coworkers. "When was she born?" somebody queried. *Recalling the date she told him*, He thought for a minute and said in a calm voice, "Tomorrow!"

### What Is A Malabar Giant Squirrel?

Found in eastern and southern India, the Malabar giant squirrel is a bright and multicolored squirrel. Also known as an Indian giant squirrel, they can grow to be as long as three feet.



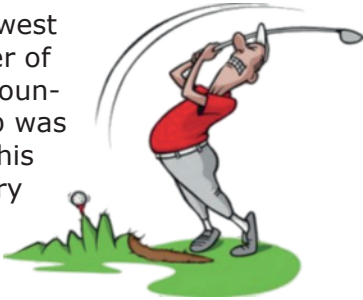
### WHY SOCIALISM WILL NEVER WORK!

1. You cannot legislate the poor into prosperity by legislating the wealthy out of prosperity.
2. What one person receives without working for, another person must work for without receiving.
3. The government cannot give to anybody anything that the government does not first take from somebody else.
4. You cannot multiply wealth by dividing it!
5. When half of the people get the idea that they do not have to work because the other half is going to take care of them, and when the other half gets the idea that it does no good to work because somebody else is going to get what they work for, that is the beginning of the end of any nation.

Mistakes don't make you a failure, but beating yourself up makes you feel like one.



The newest member of the country club was taking his initiatory round of golf with the club's offi-



cers. He was nervous about making a good impression. He teed up the ball, spread his feet apart, fixed his stance, and took a healthy swing. The golf club removed about a pound of turf, but left the ball intact. Terribly embarrassed, the man again planted his feet, took another healthy swing, and again, totally missed the ball. Although thoroughly exasperated, once again he spread his feet apart, fixed his stance, and took a vibrant swing---and for the third time missed. Whereupon he looked up and said, "Wow, this sure is a tough course."

Many of us are more like that golfer than we care to admit. We spend our time and energy blaming our problems on circumstances and conditions and cultural contexts, when we should be changing our stance.

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Last year I entered a marathon. The race started and immediately I was the last of the runners. It was embarrassing. The guy who was in front of me, second to last, was making fun of me. He said, "Hey buddy, how does it feel to be last?" I replied, "You really want to know?" Then I dropped out of the race.

### One Million Dollars

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"What is your wish?"

"That somebody would give me two million dollars."

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**Father...  
father in law  
Mother...  
mother in law  
Son...  
son in law  
Daughter...  
daughter in law  
Brother...  
brother in law  
Sister...  
sister in law**

**Wife... : ?????  
she is not in law..**

**she is the law**

**Husband... : ?????  
follow the law.**



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J.C., I've noticed that being young is beautiful, but being old is better... it's comfortable.

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Yesterday I saw an ad that said,

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stuck on full  
 I thought, "I can't turn that down."

Gladys, I've noticed that  
 The older we get, the  
 fewer things seem worth  
 waiting in line for.



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Helping people too much only makes them helpless.



## AGING WITH LOVE





I was having trouble with the idea of turning 30 and was oversensitive to any signs of advancing age. When I found a prominent gray hair right at the front, I pointed to my forehead. "Have you seen this?" I indignantly asked my husband. "What?" he asked. "The wrinkles?"





*He should be able to see better in a day or two.*



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*Nothing lasts forever.  
When you're in the throes  
of a bad patch,  
a minute can feel like a lifetime.  
It helps to remember that  
this too shall pass -  
it takes a rain shower  
to create a rainbow.*

The past is in your head, the future is in your hands.



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# Aunt T's Kitchen

## Chicken Cobbler

### Ingredients

- 6 tbs. melted butter, divided
- 4 cups cubed sourdough rolls
- 1/3 cup grated Parmesan cheese
- 2 tbs. chopped fresh parsley
- 2 med-size sweet onions, sliced
- 1 (8-oz) package sliced fresh mushrooms
- 1 cup white wine
- 1 (10 3/4-ounce) can cream of mushroom soup
- 1/2 cup drained and chopped jarred roasted red bell peppers
- 2 1/2 cups shredded cooked chicken



### How to Make It

#### Step 1

Toss 4 tablespoons melted butter with next 3 ingredients; set aside.

#### Step 2

Sauté onions in remaining 2 tablespoons butter in a large skillet over medium-high heat 15 minutes or until golden brown. Add mushrooms, and sauté 5 minutes.

#### Step 3

Stir in wine and next 3 ingredients; cook, stirring constantly, 5 minutes or until bubbly. Spoon mixture into a lightly greased 9-inch square baking dish; top evenly with bread mixture.

#### Step 4

Bake at 400° for 15 minutes or until golden brown

## Tarragon Chicken

### Ingredients

- 2 cans (10-3/4 ounces each) condensed cream of chicken soup, undiluted

# Chicken Casseroles

- 2 cups half-and-half cream
- 4 teaspoons dried tarragon
- 1/2 teaspoon pepper
- 1 package (16 ounces) linguine or spaghetti, cooked and drained
- 6 cups cubed cooked chicken
- 1/2 cup grated Parmesan cheese
- Paprika, optional



### How To make It

1. In a large bowl, combine soup, cream, tarragon and pepper. Stir in the linguine and chicken.
2. Transfer to an ungreased 4-qt. baking dish. Sprinkle with the cheese and paprika if desired. Bake, uncovered, at 350° for 30 minutes or until heated through.

## Pasta-Chicken-Broccoli Bake

### Ingredients

- 1/2 cup butter
- 1/2 cup chopped sweet onion
- 1/2 cup chopped red bell pepper
- 2 garlic cloves, minced
- 1/4 cup all-purpose flour
- 3 cups chicken broth
- 1 1/2 cups half-and-half
- 1/2 cup dry white wine
- 1 cup (4 oz.) freshly shredded Parmesan cheese
- 1/4 teaspoon salt
- 1/4 teaspoon ground red pepper
- 1 (20-oz.) package refrigerated cheese-and-spinach tortellini
- 4 cups chopped fresh broccoli
- 4 cups chopped cooked chicken
- 1/2 cup grated Parmesan cheese



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- 15 round buttery crackers, crushed
- 1/2 cup chopped pecans
- 3 tablespoons butter, melted

### How to Make It

#### Step 1

Preheat oven to 350°. Melt 1/2 cup butter in a Dutch oven over medium-high heat; add onion and next 2 ingredients, and sauté 5 to 6 minutes or until tender.

#### Step 2

Add flour, stirring until smooth. Cook, stirring constantly, 1 minute. Whisk in broth, half-and-half, and white wine. Reduce heat to medium, and cook, stirring constantly, 6 to 8 minutes or until thickened and bubbly.

#### Step 3

Remove from heat; add 1 cup cheese and next 2 ingredients, stirring until cheese melts. Stir in tortellini and next 2 ingredients. Spoon into a lightly greased 13- x 9-inch baking dish.

#### Step 4

Stir together 1/2 cup grated cheese and next 3 ingredients. Sprinkle over casserole. Bake at 350° for 40 to 45 minutes or until bubbly.

## Crunchy Chicken Casserole

### Ingredients

- 1 cup chopped celery
- 1 tablespoon butter
- 2 cups cubed cooked chicken
- 1-1/2 cups cooked rice
- 1 can (10-3/4 ounces) condensed cream of chicken soup, undiluted
- 3/4 cup mayonnaise
- 1 can (8 ounces) sliced water chestnuts; drained
- 1/2 cup sliced almonds
- 2 tablespoons chopped onion
- Salt and pepper to taste



### TOPPING:

- 1 tablespoon butter, melted
- 1/2 cup crushed cornflakes
- Sliced almonds, optional

### How to make It

1. In a skillet, saute celery in butter until tender.
2. Remove from the heat; add the next nine ingredients.
3. Spoon into an ungreased 2-1/2-qt. baking dish.
4. Combine melted butter and cornflakes; sprinkle on top of casserole.
5. Sprinkle with almonds if desired.
6. Bake, uncovered, at 350° for 30 minutes.

## Chicken Casserole

### Ingredients

- 1/2 cup chopped celery
- 1/4 cup chopped onion
- 2 tablespoons chopped green pepper
- 2 tablespoons butter
- 2 cups cubed cooked chicken
- 1 jar (4-1/2 ounces) sliced mushrooms, drained
- 6 pimiento-stuffed olives, sliced
- 1 can (10-3/4 ounces) condensed cream of chicken soup, undiluted
- 1 cup milk
- 5 cups cooked wide egg noodles



### TOPPING:

- 1/2 cup cornflake crumbs
- 1/4 cup shredded cheddar cheese
- 2 tablespoons butter, melted

### How To Make It

In a large skillet, saute the celery, onion and green pepper in butter. Remove from the heat; stir in the chicken, mushrooms, olives, soup, milk and noodles. Transfer to a 2-qt. baking dish. Cover and bake at 325° for 25 minutes. Meanwhile, combine topping ingredients. Sprinkle around edge of casserole; bake 5 minutes longer or until cheese is melted.

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becomes a goal. A goal broken down  
into steps becomes a plan. A plan  
backed by action makes your dream  
come true!*

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JANUARY 2019  
Page 15  
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# Medicaid Expansion in Alabama: Frequently Asked Questions

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## **How can we invest in Alabama's health care infrastructure?**

By expanding Medicaid, more than 340,000 individuals, most of whom are working, will be eligible to receive basic health insurance while at the same time creating thousands of jobs and generating billions of dollars in additional economic activity.

## **Isn't Medicaid spending already out of control?**

That is a common misconception. The total Medicaid budget has grown at an annual average rate of 2.9%. Compare that to the national rate of medical inflation which grew at a rate of 5.8% over the same time period. While the number of Medicaid enrollees has increased, the cost of providing their care has not, remaining among the lowest in the nation. Additionally, the Agency's administrative costs are among the lowest in the nation at only 3%.

Medicaid's General Fund need has fluctuated over the years because one-time money has replaced General Fund dollars. (i.e. BP oil spill and federal stimulus).

## **What is Medicaid expansion?**

Medicaid expansion is a way to provide health insurance to able-bodied adults who make too much money to qualify for the existing Medicaid program and not enough to purchase health insurance. Currently adults in a family of three cannot make more than \$320 a month and be eligible for Medicaid, and no childless, able-bodied adult can qualify.

## **Doesn't expansion mean additional types of coverage?**

No, expansion only increases the number of individuals eligible for coverage, not the benefits.

## **I have private insurance. Why should I care about Medicaid expansion?**

Many uninsured individuals depend on hospital emergency departments for care, the most expensive place to receive primary care. This ultimately drives up the cost of health care for everyone.

Investing in the health care infrastructure by expanding Medicaid protects your access to care. If a hospital closes, it won't matter what kind of health insurance you have. Without access, there is not care.

## **How does Medicaid expansion affect my community?**

Medicaid expansion will protect community hospitals and hundreds of jobs related to health care.

Expansion would prevent local citizens from traveling long distances to receive care.

Expanding Medicaid would protect community infrastructure by supporting local businesses.

Additionally, access to health care is a crucial factor when recruiting new industry to the area.

## **What does Medicaid expansion mean to my hospital?**

Without Medicaid, many providers (hospitals, doctors, pharmacists) could not survive, leaving every citizen in that area without access to health care.

Expansion would help retain employees and maintain medical services for your community.

Currently, 75% of all hospitals are operating in the red. 88% of all rural hospitals are operating in the red.

Medicaid expansion would reduce the number of uninsured patients and the amount of uncompensated care, helping hospitals keep their doors open.

## **Isn't Medicaid Expansion ObamaCare?**

While the Affordable Care Act provided a way for states to expand Medicaid, the federal government has shown that it will allow states flexibility in how they develop their programs. With an expanded population, Alabama business, health care and elected leaders can work together to design an effective plan to meet the unique needs of our state.

## **How would Alabama pay for Medicaid Expansion?**

We don't have all the answers right now, but we want to continue discussions on ways to make this a reality. However, in other states that have already expanded, there has been an uptick in economic activity, jobs created, and savings to their general fund budgets.

Two recent reports provide strong evidence for similar positive results if Alabama expands Medicaid. After considering state savings, the estimated first year investment for expansion is \$168 million, with a cost of less than \$25 million each year thereafter. Comparing \$2.7 billion in annual economic gain, \$25 million annual cost is a great deal!

Medicaid expansion could generate savings in several state-funded programs (for example, substance abuse programs, mental health care, and inpatient health care for prisoners).

Additionally, Alabama could access enhanced federal matching funds for current Medicaid beneficiaries that would now be eligible in the new expanded group (90% federal dollars as compared to 70%).

## **Would Medicaid Expansion help with the opioid crisis?**

Yes! Currently all seven of Alabama's congressional districts are ranked among the nation's top opioid prescribers, creating an epidemic touching all corners of the state. In expansion states, the newly insured now have access to opioid addiction treatment.

Enhanced federal funding has also provided states with additional resources to cover many adults who were previously incarcerated because of their addiction. This access to substance abuse and mental health treatment has led to fewer adults returning to prison in expansion states.

## **How would Medicaid expansion impact Alabama's infant mortality rate?**

Alabama has one of the highest infant mortality rates in the country at 7.4. This means that for every 1,000 births in Alabama more than 7 babies die. States that have expanded Medicaid continue to see significant decreases in infant mortality.

By expanding insurance coverage, more women will have access to primary and prenatal care which leads to healthier pregnancies and healthier babies.

## **Have other states benefited from expanding Medicaid?**

Yes! Expansion states have seen savings to their state budgets, new jobs created, and increased economic activity. They have also seen better health outcomes including lower infant mortality rates, early cancer detection, and increased care for mental health patients and those affected by the opioid crisis.

## **What will happen if we continue to do nothing?**

Alabama cannot afford to do nothing. State inaction on health care coverage for low-income adults—combined with deep federal funding cuts—have left hospitals with growing demand, but fewer resources to deal with that demand.

If we cannot find a way to invest in the infrastructure of Alabama and our hospitals, then our communities must face the reality that some hospitals may not be here in the future.





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line" without really  
realizing it.**

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many people are before  
us.

We can not move to the  
back of the line.

We can not step out of  
the line.

We can not avoid the  
line.

So while we wait in line

....

Make moments count.

Make priorities.

Make the time.

Make your gifts known.

Make a nobody feel like a somebody.

Make your voice heard.

Make the small things big.

Make someone smile.

Make the change.

Make love.

Make up.

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people that they are loved and that your faith  
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Solution on Page 30

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JENNY: "THAT'S A REALLY COOL TATTOO. DUDE!"

JIMMY: "THANKS, I GOT IT FROM MY DOCTOR."

JENNY: "YOUR DOCTOR?"

JIMMY: "YEAH... HE DOES THIS ON THE SIDE TO PAY THE BILLS  
AND ALSO HOLDS A PH.D. IN PSYCHOLOGY."

JENNY: "GREAT, SO NOT ONLY DOES HE GET INTO YOUR HEAD,  
BUT HE ALSO GETS UNDER YOUR SKIN!"

### JUST CALL ME HOFF

David Hasselhoff walked into a restaurant and asked for a table.

The hostess said: "It's a pleasure to serve you Mr. Hasselhoff."

"Just call me Hoff," said the actor.

"Sure," said the hostess. "No hassle."

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### Piano Tuner

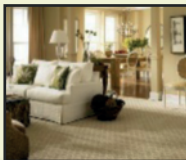
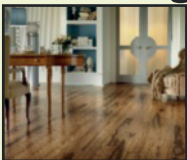
The doorbell rang and the lady of the house discovered a workman, complete with tool chest, on the front door. "Lady," he announced, "I'm the piano tuner."

The lady exclaimed, "Why, I didn't send for a piano tuner."

The man replied, "I know, but your neighbors did."

**"Cash me Outside" girl just signed a \$900,000 beauty deal. So, when you see me on Dr. Phil actin' a fool, Mind ya own business.**

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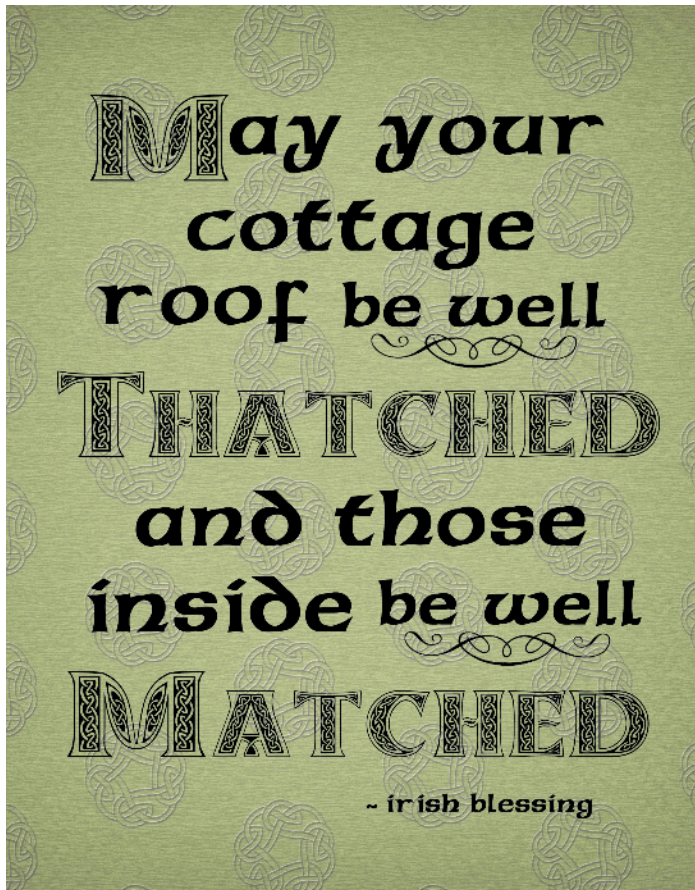
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## What's In The Container?

By Wallace Kennedy, Jr.

### What's In The Container?

When we think about containers, we visualize something that can be used to transport or hold something. Commonly they come in different forms: carton, box, crate, or cans.

Paul said: For God, who commanded the light to shine out of darkness, hath shined in our hearts, to give the light of the knowledge of the glory of God in the face of Jesus Christ. But we have this treasure in earthen vessels that the excellency of the power may be of God, and not of us. 2 Corinthians 4:6-7

The intended contents of the vessel is a heavenly treasure. "But we have this treasure in earthen vessels." A few verses later the treasure is specified. It is Christ Himself: "That the life of Jesus also may be manifested in our mortal flesh" (2 Corinthians 4:11). The will of God is that Christ would come to dwell in, and be expressed through, the earthen vessel of our humanity.

Treasure in the Greek means: the place in which good and precious things are collected and laid up. A receptacle, in which valuables are kept, storehouse, repository, a deposit, i.e. wealth (literally or figuratively):—treasure. Our bodies are earthen vessels, a "container" which God's Spirit lives. We sometimes judge the "containers" by the cover, branding, labels and so on. We have heard it said, not to judge a book by its cover.

I submit to you, let us not judge people (containers) by their: shapes, sizes, color, ethnic groups, nationality etc. Please understand, when God shows up in in our life while we remain in this earth, He will come in the form of a person. Be careful, the answer to our prayers may show up in a "container" that don't look like us or someone we don't even like.

May our Lord Jesus bless you and keep you in His care!



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## HUMAN NATURE

Some guy bought a new fridge for his house. To get rid of his old fridge, he put it in his front yard and hung a sign on it saying: "Free to good home. You want it, you take it."

For three days the fridge sat there without even one person looking twice at it. He eventually decided that people didn't trust this deal.

It looked too good to be true, so he changed the sign to read: "Fridge for sale - \$50."

The next day someone stole it.



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A man goes to a party and has too much to drink. His friends plead with him to let them take him home. He says no—he only lives a mile away. About five blocks from the party the police pull him over for weaving and ask him to get out of the car and walk the line. Just as he starts, the police radio blares out a notice of a robbery taking place in a house just a block away. The police tell the party animal to stay put, they will be right back—and they run down the street to the robbery.

The guy waits and waits and finally decides to drive home. When he gets there, he tells his wife he is going to bed, and to tell anyone who might come looking for him that he has the flu and has been in bed all day.

A few hours later the police knock on the door. They ask if Mr. X lives there and his wife says yes. They ask to see him and she replies that he is in bed with the flu and has been so all day. The police have his driver's license.

They ask to see his car and she asks why. They insist on seeing his car, so she takes them to the garage and opens the door where they find: the police car, lights still flashing.



Are you supposed to get an email that says "HAHAHA" after signing up for Match.com?

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# Transformation

Pastor Josh and Kayla Sims, Faith Christian Center, Ozark



2019 has started off great. I personally feel that 2019 is going to be a transformation type year. At our church we have seen God do some amazing things and we just finished a 10 day fast where we had the most people participate in the last 3 years. That is transformation. I believe as you have been reading these articles the past few months that God has been challenging you as well. Maybe it's in a relationship or your job, either way God is wanting to use you like never before.

**Matthew 11:28-30** says, "28 Come to Me, all you who labor and are heavy laden, and I will give you rest. 29 Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. 30 For My yoke is easy and My burden is light."

This seems like an odd scripture concerning being used by God however it is an area that people struggle with the most. Letting God be God.

**Proverbs 16:9** , " A man's heart plans his way, But the Lord directs his steps."

My prayer for you today is that you would allow God to be God.



## Faith Christian Center

Pastor Josh and Kayla Sims  
853 Lakeview Road in Ozark  
(Behind Gilland Ford).  
<https://faithozark.church>

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# Irish Blessings

May you have warm words  
on a cold evening,  
A full moon on a dark night,  
And the road downhill all the way  
to your door.

May you have food and raiment,  
A soft pillow for your head,  
May you be forty years in heaven  
Before the devil knows you're dead!

May you live to be  
a hundred years old  
with one extra year to repent.

May your pockets be heavy and your heart be light,  
May good luck pursue you each morning and night.

May the roof above us never fall in.  
And may the friends gathered below it never fall out.



One of the hardest pills to swallow is being a biological parent trying to discipline the YOU out of your child.

## Claybank Master Gardeners

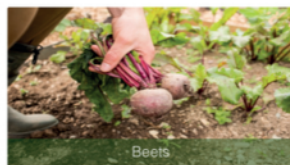
The Claybank Master Gardeners will greatly miss three recently passed founding members, Mary Grace Hood, an active volunteer and amazing gardener, Ann Garner, and Roberta Hyers, our long-time secretary. Many of us have wonderful plants growing in our yards that these generous friends grew and gave away. Volunteers to help maintain Mary Grace's wildflower gardens are working to keep it up.

Youngsters from grades 4 through 6 interested in plants and gardens and learning about horticulture can still become **Junior Master Gardeners**. The Dale County Extension Service has been offering 12 weekly after-school one-hour **Junior Master Gardener classes** at the **Ozark Dale County Library**, Thursdays at 4:00 to 5:00 through March 28th. They have been learning about plant growth and development, ecology, composting, insects, vegetables and herbs, and other related topics from local Master Gardeners. Lots of fun interactive and hands-on activities keep the youngsters engaged and learning. Call Miss Cheryl at the Library (334) 774-5480 for more information.

There are 16 plants that you can plant now here in the Wiregrass area of Lower Alabama, according to the SOW app from Alabama Extension Service. A few are: asparagus, beets, broccoli, carrots, celery, collards, kohlrabi, lettuce, mustard, onions, sweet peas, radishes and much more.



Asparagus



Beets

The Extension Service offers webinars with useful research-based information on a variety of gardening topics including insect control, fire ants, pollinator protection, snake identification, and much more. Go to <http://articles.extension.org/pages/73368>.

Claybank Master Gardeners meet at Ozark's Hoppergrass Restaurant at 11:00 AM on the third Thursday of each month. The March meeting will be on Thursday the 21st. Come buy your lunch, if you wish, and join us. Newcomers are always welcome! Call the Dale County Extension office for more information at (334) 774-2329.



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**The 45th**

**Annual Piney Woods Arts Festival.**

One of the oldest juried arts and crafts shows in the area, Piney Woods features original art and crafts by approximately 100 artists, a children's fun center, food and entertainment, a student art display and a Civil War Living Display.

The Weevil City Cruisers Car and Truck Show is Saturday only across campus from the arts festival. On Friday, April 12, the Piney Woods Arts Festival is partnering with 321 Films, which will present the Mountain Tales Film Festival, the first ever film festival in Coffee County.

**Admission to all events is free.**

**AOC** boarded a flight to DC. Despite having a Coach boarding pass, she sat in 1st Class. When the flight attendant checked her pass, she explained that AOC's seat was in Coach. Alexandria responded, "I'm Alexandria Ocasio-Cortez from the Bronx. I'm the youngest member of the House & I get whatever I want." Frustrated, the flight attendant got her supervisor who spoke to AOC & received the same response. Frustrated, she got the copilot who experienced the same. The copilot then got the pilot who walked over and whispered in her ear. AOC immediately got up & took her assigned seat. The crew was amazed & asked the captain what he said. The captain replied, "That's Alexandria Ocasio-Cortez. I just told her that 1st Class is going to Chicago & Coach was going to DC."

**IRISH BLESSING**

May the road  
 rise to meet you,  
 May the wind be  
 always at your back,  
 May the sun shine  
 warm upon your face,  
 The rains fall  
 soft upon your fields and,  
 Until we meet again,  
 May God hold you  
 in the palm of His hand.

# CONGRATULATIONS

**Margaret Skeen  
Of Ozark**

**Margaret Has  
Won \$100**

Margaret found the hidden items in the February edition of Laughs and Lifts and has until March 15th to claim the prize by calling and coming by with photo ID.

**Laughs and Lifts  
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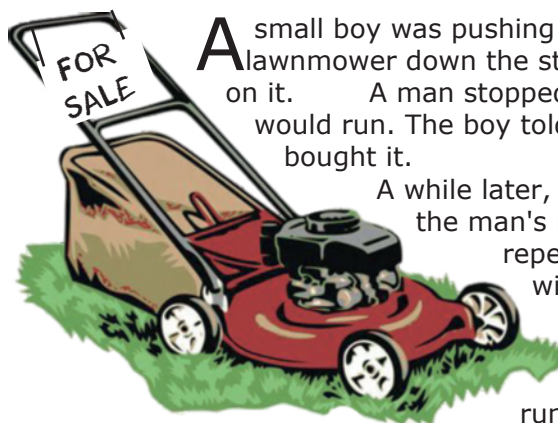
Thanks to everyone who entered, and thanks for reading

## 40 OLD-FASHIONED SKILLS THAT KIDS NEED TO KNOW TODAY!

- How to write a letter
- How to make a phone call
- How to take a message
- How to get to know an older person
- How to play with a baby
- How to sew on a button
- How to make a genuine apology
- How to read slowly
- How to hammer a nail
- How to shake hands
- How to introduce yourself
- How to take notice of needs around you
- How to make scrambled eggs
- How to balance a checkbook
- How to see a job through to completion
- How to write a thank-you note
- How to do laundry
- How to take care of a garden
- How to fix something instead of replace it
- How to plan a healthy meal
- How to hang a picture
- How to wash dishes
- How to make a budget
- How to wait and save for something
- How to check tire pressure
- How to ask questions to get to know someone better
- How to read a map
- How to find a book in the library
- How to seek counsel from someone more experienced
- How to care for a pet
- How to select a gift that the receiver will appreciate
- How to admit a mistake
- How to set the table
- How to iron a shirt
- How to give someone the benefit of the doubt
- How to weigh out the pro's and con's of a decision
- How to have good table manners
- How to read a recipe
- How to attend a concert or performance
- How to do something well, even if no one is watching
- How to be KIND!



<https://frugalfun4boys.com>



A small boy was pushing a gasoline-powered lawnmower down the street with a "For Sale" sign on it. A man stopped him asked if the mower would run. The boy told him it would, so the man bought it.

A while later, the boy was walking past the man's house and saw him pulling repeatedly on the starting rope with no success.

The man noticed the boy and said, "I thought you told me this mower would run!"

The boy replied, "Well you have to use some cuss words to make it start."

The Man responded, "Son, I'm a preacher; I don't know any cuss words!"

"You keep pulling on that starter rope and some'll come to you!"

when life gives you

*Monday*

dip it in glitter and

*Sparkle*

all day

**The plumber is at the door carrying your new kitchen faucet and basin. Let that sink in!**



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WITH BANNERS &  
YARD SIGNS**

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  - Home Health Aide
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**To apply, come by our office.**

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334-673-3895**



May there always be work  
for your hands to do.  
May your purse always hold  
a coin or two.  
May the sun always shine  
on your windowpane.  
May a rainbow be certain  
to follow each rain.  
May the hand of a friend  
always be near you.  
May God fill your heart with  
gladness to cheer you.

- An Irish Blessing

## Claybank Lodge #908 CHARITY PANCAKE DINNER

Friday, March 15<sup>th</sup>, 2019  
6:00 - 8:00 PM  
188 Claybank Ave.  
Ozark, Alabama



Adults & Children \$5.00

“Enjoy a Short Stack for a Tall Cause.”



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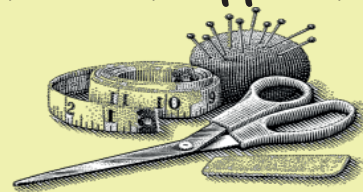


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MARCH 2019  
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Now in our 11<sup>th</sup> Year



**THE NATIONAL DAY OF PRAYER | MAY 2, 2019**

★ PRAY FOR AMERICA ★

**LOVE ONE ANOTHER**

LOVE ONE ANOTHER. JUST AS I HAVE LOVED YOU. JOHN 13:34

**National Day of Prayer**

Ozark Area Ministerial Association

Sponsored

Prayer Breakfast

Thursday May 2nd, 2019 at 6:30 am

\$7.00

Hosted by:

First United Methodist Church

Pick Up Tickets at Dale Baptist Association

4151 Andrews Ave. • 774.2713

A portion of the proceeds will go to a partial scholarship for a student involved in a Christian Activity Club in their school.

**FIND THE ICONS CONTEST RULES**

We have hidden the 8 MARCH icons pictured below in 8 ads.

Find all 8 icons & Enter for a chance to win **\$100 CASH!**

Mail or Email the names of the 8 business'

in which you found the Icons along with your N,A, & #  
T0: Parrish Publishing PO Box 681 Ozark, AL 36361

Email to Roger@laughsandlifts.com

subject or attn: line: **ICONS**

No phone calls please. Drawing will be held on the 20th of the month.

TO FIND OUT IF YOU HAVE WON, READ THE NEXT EDITION OF LAUGHS & LIFTS.

THE WINNER WILL BE NAMED AND POSTED THERE. THE WINNER WILL HAVE UNTIL THE 15TH OF THE MONTH TO CALL AND CLAIM THEIR PRIZE! PRIZES MUST BE PICKED UP IN PERSON BY THE WINNER BY THE LAST WEEK DAY OF THE MONTH!



**Bamboozable Answers**

- |                           |  |
|---------------------------|--|
| 1. You can count on it    | 1. Drawn to scale                        |
| 2. Foot in the door       | 2. Round of Applause                     |
| 3. No can do              | 3. Splitting Hairs                       |
| 4. Honest to goodness     | 4. They're all the same                  |
| 5. Way overpriced         | 5. There's no end to it                  |
| 6. Living on a shoestring | 6. Different strokes for different folks |

**“CLASSIFIED”**  
**TOP LEVEL**  
**CLEARANCE REQUIRED**

"I'VE JUST LEARNED ABOUT YOUR ILLNESS. I HOPE IT'S NOTHING TRIVIAL."



**"When business is good, it pays to advertise; When business is bad, you've got to advertise."**  
**- Henry Ford (1863-1947)**

**Good Times or Bad, We Are Your Best Advert Value.**

**Call Laughs and Lifts Today.**  
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# HOT BUY

SAVE 10% OFF LOWEST PRICE

OFFER EXPIRES MARCH 31, 2019

USE PROMO CODE **364FEB-MARUS**

**Free Setup**



**NEW 364 Tigro™**



Jumbo white barrel  
 Bold vivid stripes  
 Generous advertising area  
 Smooth hybrid ink

**BLACK HYBRID INK**

1 color imprint: 1-1/2" x 1/2"  
 Full color imprint: 2-1/4" x 1/4",  
 run charges 35¢ ea.  
 Minimum Qty: 250

<del>250</del>	500	1000	5000	
\$0.70	\$0.64	\$0.58	<del>\$0.52</del>	EA

**46¢ EA**

ASK US ABOUT FULL COLOR!

**Mention Promo Code: 364FEB-MARUS**

Good through 3/31/19. FREE setup values: 1 color \$15, full color \$45. Full color run charges apply 35¢ ea. Offer applies only to the style shown. Cannot be combined with any other offer. Standard production is five business days. FOB MA. All pricing in USD and subject to change. Complete product information available.

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Today, spend more time with people who bring out the best in you, not the stress in you.

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 Now in our 11<sup>th</sup> Year



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Happy St. Patrick's Day

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Friday & Saturday 3:30 - 9:00

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Change your clocks &  
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