

219 West Tennessee St. Florence, AL 35630 256-764-4268

Now Medical Associates is in Greenhill

SHEFFIELD —Medical Associates of the Shoals, P.C., has purchased the Greenhill Family Clinic, located at 351 Alabama Highway 64 north of Florence, near the Hwy. 64 and U.S. 43 intersection. The clinic was formerly owned and operated by **Steven E. Wampler, MD.**

"My partners and I are thrilled to be joining the great communities in Lauderdale County. We are proud to begin caring for patients alongside the well-known providers, **Heather Garrett, CRNP** and **Misty Robertson, CRNP**, said **Jeremy Thompson, MD, FAAFP**, a physician with Medical Associates. "We certainly welcome Dr. Wampler's patients and invite new patients to our new facility. Since I'm from nearby Lexington, I'm really looking forward to caring for folks I've known my whole life," Thompson added.

The clinic will be open from 8am-5pm Monday -Thursday, and 8am-noon on Friday.

The other physicians associated with Medical Associates of the Shoals, P.C. include **Courtney Bowen, MD**; **Brad McAnalley, MD, FACP**; **Jack McLendon, MD, FACP**; **Randy Pounders, MD, FACP**; **Brian Richards, DO**; and **Josh Vacik, MD, FACP**. To learn more, visit www.medshoals.com.

Foster Wins at Wilson



Foster

FLORENCE—Tyler Foster of Mars Hill Bible School recently won the Lauderdale County Spelling Bee hosted at Wilson School's Warrior Theatre. Foster's winning word was Protocol. Thirteen Lauderdale schools were represented by their respective Spelling Bee Champions.

Second place in the Lauderdale Bee went to **Wilkes Brewer** who represented Rogers.

Foster has won the MHBS spelling bee for five consecutive years, finishing as runner-up

See SHORTS... on Page 2



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Courier Journal

Verification of weekly circulation upon request

PaperChain CIRCULATION VERIFICATION COUNCIL PRINTED WITH SOY INK Northwest Alabama and beyond with

Married Before the Ashes Cooled



Bride-to-be, Laney Estay, gazes in disbelief at the smoldering remnants of Mary's Clothing and Bridal in 2002 as her wedding approaches in two days.

Courtesy photo

Bride Recounts an Anxious 48 Hours

By Laney Wroten for the Courier Journal

Before Promenade, online shopping, and *Say Yes to the Dress*, there was Mary's Clothing and Bridal in Leighton, Alabama. The 13,000 square foot playground was filled with everything from bridal and prom gowns to western wear. You were not considered "prom or bridal ready" until you had paraded in front of the full length mirrors and admired yourself wearing the myriad options Mary had to offer.

I should know. Every garment my sister and I ever needed for a special occasion came in a royal blue zip-up dress bag with Mary's Clothing and Bridal scrawled across it.

I always wanted a poofy princess dress with long sleeves for my wedding

day. I had tried just about everything Mary had to offer and being a size 24 at the time did not enhance my options. I finally found one dress that might have worked if it had had long sleeves. Because Mary was a master seamstress and close friend to my mom, she simply stated, "Well, honey, I can make you sleeves!" After that moment all was well.

The phone rang on the morning of February 28, 2002 with news from Mary. Her shop was on fire and everything was completely destroyed.

I was getting married in TWO DAYS!! Like any good southern belle, Mary Borden had already drawn on her inner Scarlett O'Hara. She had a plan. Mary had the wherewithal to save her design books, contacts, and Bridal Bibles, if

See ASHES... on Page 11

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TWO SPONSORSHIPS MEAN Meals for Many

FLORENCE – Meals on Wheels of the Shoals is pleased to announce two new Sustaining Sponsorships with First Southern Bank and University Auto Family for 2019. With this partnership Meals on Wheels of the Shoals will be able to continue

their 44-year history of delivering meals to the elderly homebound and disabled in the Shoals area of Lauderdale, Colbert, and Franklin counties. Meals on Wheels of the Shoals is a nonprofit organization

See MEALS... on Pg 6



L-R are Larry Collum and Dwight James, CAANW Executive Committee members, Dennis Morgan, President, and Adam McDaniel, Sr. Vice President, of First Southern Bank presenting a check to Community Action Executive Director, Tammy McDaniel; John Harris, CAANW Board President; and Gary Jarnigan, CAANW Executive Committee. Courtesy photo

Inside this Issue

- On Your Debt
- Soaps Updates
- Hocus Focus
- Mike Randall
- Coats' Ride



- Medicare Minute
- Savvy Senior
- Dave Ramsey
- Steve Shelton
- SIGNS of the PAST

- Ask the Attorney
- Lindsey Film Festival
- Adopt-a-Friend
- Lio
- Letters



Online Only:

- Web Poll
- Outdoors
- Pet Talk

Mystery Photo *Rosie's CANTINA* WIN MEALS FOR 2



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OCCASIONALLY YOU MAY SEE an ad duplicated and printed several times throughout the paper. This is done at the request of the advertiser. Each ad is paid for. Thank You for reading your Courier Journal.



\$50 Reward For safe return of cat.
 On February 8, my scared and very skittish cat escaped from his carrier at the Center Star Vet. He ran behind the building and then out into the field on the left. If anyone finds him, please call or text Mrs. Wilson at 256-412-0489. His brother and sister and I miss him so much!

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DODGE: DAKOTA, 1995 MOTOR not in truck, body in good shape, bedliner, aluminum toolbox, good tires, best offer. 256-308-0596.

HAVE YOU SEEN KIDSVILLE News! Yet? It's the Shoals' fun, family newspaper for parents, teachers and kids K-6th grade and IT'S FREE! Kidsville News! is delivered in the classrooms. Copies may also be obtained at any local library, several area merchants that cater to kids and the Courier Journal business office, 219 W. Tennessee St., Florence.

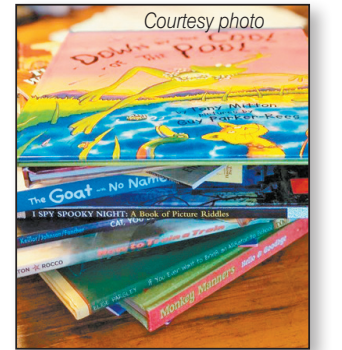
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Shorts... Foster Wins at Wilson

Continued from Page 1

the year before that as a third grader. This is the third time he has won the Lauderdale County Bee. He now advances to the State Bee in Alabaster.



League Reads with Elementary

SOME OF THE DONATED books are seen here including Monkey Manners, The Goat with No Name and How to Train a Train.

SHOALS - Junior League of the Shoals members will read to elementary students in more than ten local schools this week as part of Read Across the Shoals. JLS began this program three years ago to put a local spin on the nationally celebrated Read Across America Day, which takes place on March 2, Dr. Seuss's birthday.

Each year thousands of schools, libraries, and community centers across the nation participate in Read Across America Day, hosted by the National Education Association.

This year JLS is partnering with Books-A-Million and Bank Independent, whose sponsorships are allowing League to donate books to each classroom their members read in.

"Our members love this annual event and are excited about the opportunity to read in local schools and give books to hundreds of children," said **Lorie Johnson**, President-Elect of Junior League of the Shoals. We are very grateful that Bank Independent and Books-A-Million are partnering with us this year."

Florence Earns Forestry Honor

FLORENCE - The City of Florence has been named the 2019 Alabama Urban Forestry Community by the Alabama Urban Forestry Association.

Additionally, Florence has retained its status as a "Tree City USA" for the 32nd consecutive year by the National Arbor Day Foundation. These distinctions were earned through the combined

See SHORTS... on Page 3



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FLORENCE MEDICAL ASSOCIATES, LLC

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Florence Medical Associates, LLC Announces the Retirement of **John E. Bartmess, M.D.** Effective March 29

Records will be available upon request. Please Call 256-760-4544

Thank you for thirty-seven years of excellent care!

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ANNOUNCES THE ADDITION OF **NICHOLAS D. DARBY, M.D.** TO OUR PRACTICE BEGINNING JULY 15

Native of Florence, Dr. Darby is returning with his family to practice in Northwest Alabama upon completion of his medical training. Dr. Darby received his BS degree from Freed-Hardeman University and is a graduate of UAB School of Medicine. Currently, he is serving as a Chief Resident at Cahaba Family Medicine Residency Program in Centreville, Alabama. Dr. Darby will provide outpatient care at our Cox Creek Office, and will admit at North Alabama Medical Center.

HE IS ACCEPTING NEW PATIENTS BY APPOINTMENT
 PLEASE CALL 256-760-4544

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**HUGE SALE**  
**FLORENCE:**  
**Church Clean-out Sale**  
**SATURDAY, MAR. 2**  
 8 A.M. - 2:30 p.m.  
**First Baptist Church**  
**Florence.**  
 218 N. Wood Ave.  
 That says it all! Y'all come!  
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**Shorts...**

**Florence Earns Forestry Honor**

Continued from Page 2

efforts of the Florence Street, Electricity, Parks and Recreation Departments, the Florence Housing Authority, the Mayor and City Council, and the Florence Tree Commission and Urban Forestry Team.

A White Dogwood Tree was planted last week at 401 North Walnut Street to commemorate the lives of Danny Henson, John Johnson, Mary Charlene Lee, and Earline Wiginton. This memorial tree planting by the Florence Tree Commission was made possible from donations given to the Memorial Tree Fund.

**Secret Sisters with Writer's**

FLORENCE—The UNA Writer's Series welcomes the Secret Sisters to campus on Tuesday, March 19 for an informal talk on songwriting. They also will perform a few songs at 11am in the Performance Center at the Guillot University Center. A reception will follow at 12:30pm in the Loft.

The Secret Sisters are Laura Rogers and Lydia

See **SHORTS...** on Page 5



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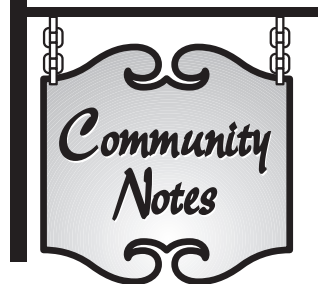
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**COMMUNITY NOTES** may be  
submitted for non-profit, civic or church-  
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charge. **Community Notes** must be  
submitted in writing by 3pm Friday for  
consideration in the following week's  
issue. As space is available in the  
Courier Journal.

- Email to [editor@courierjournal.net](mailto:editor@courierjournal.net);
- Look for "Submit News" on our  
website at [www.courierjournal.net](http://www.courierjournal.net).
- Fax to 256-760-9618;
- Mail to 219 W. Tennessee St,  
Florence, AL 35630; or
- Bring in person.

All properly submitted **Community  
Notes** which are dated will be posted  
weekly at [www.courierjournal.net](http://www.courierjournal.net). Visit  
our website for a complete list.

**Bicentennial Trolley Tours** take  
place every Saturday morning in March  
sponsored by the City of Tuscumbia  
Bicentennial Commission. All tours depart  
Coldwater Books at 10am. Saturday,  
March 1

**Rails to River Tour** - Learn why  
Tuscumbia is known as the First Frontier  
Railroad Town West of the Alleghenies  
during this interactive tour sharing the  
City's fascinating rail history. From  
mule-drawn trains to the new-fangled  
steam engine, the rail industry shaped  
Tuscumbia's early years. Includes tours of  
the Tuscumbia Depot & Tuscumbia  
Landing. Docents: Seth Armstrong & John  
McWilliams Ticket Price: \$10

To encourage both patients and the  
community at large to lead a more  
active lifestyle, the Shoals Community  
Clinic is offering the Walk Across Alabama  
walking challenge to help people set  
reachable goals for activity and good  
health. The kick-off for the 2019 Shoals  
Walk Across Alabama challenge will be  
Tuesday, February 26 from 4-6pm at  
the Highland Baptist Church Christian  
Life Center in North Florence. A free  
Yoga class will kick off the event followed  
by a group walk. Registration materials  
and refreshments will be on hand for  
participants. The goal for each participant  
is to walk at least a mile a week during the  
10-week challenge.

The Yoga class will be presented by  
Joanna Morrow who has been teaching  
for over 8 years.

This walking program is part of the  
clinic's Healthy Heart Project and will  
continue through May. Participants will  
be invited to free Nature Walks and  
Gardening sessions throughout the period  
of the challenge that will offer various ways  
to enjoy being active.

These walks are free to the public  
and appropriate for all ages. For more  
information contact the clinic at 256-760-  
4713.

**The Florence-Lauderdale Public  
Library Friends Bookstore's Half Price  
Sale** continues through the entire month  
of February. Bookstore volunteers are  
restocking every day, so even if you've  
already shopped, there are even more  
books, records, movies, and magazines  
on the shelves that you're sure to love.

**Divorce Care**, a special help  
seminar and support group for people  
experiencing divorce and separation, will  
be held on Sunday evenings at First  
Baptist Colbert Heights beginning March  
3 at 5pm. Contact the church at 256-383-  
8016 for more information.

**Introduction to GSA Schedules How  
to get on GSA Multiple Award Schedules**  
takes place Wednesday, February 27 from  
8:30-10:30am at the Shoals Chamber  
of Commerce, 20 Hightower Place in  
Florence. Presented by Mr. Joe Myers,  
Customer Service Director with the  
General Services Administration (GSA)  
Federal Acquisition Service (FAS)

GSA Schedules are fast, easy, and  
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services at volume discount pricing.

Topics that will be discussed include:

- GSA Multiple Award Schedules  
(MAS) and other GSA programs
- Determining if MAS is right for you
- Submitting an offer
- Competing after award
- Maintaining the contract

There is no cost to attend, but  
please RSVP for planning purposes. For  
additional information, please contact  
Phillip Marks at 256-765-4668, [pomarks@una.edu](mailto:pomarks@una.edu)  
or Lindsey Killen at 256-765-  
4721, [lkillen2@una.edu](mailto:lkillen2@una.edu)

See NOTES... page 7

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|                                                                             |                                                                                 | <p><b>LITTLE DEBBIE<br/>Oatmeal Pies, Nutty<br/>Bars, Honey Buns</b></p> <p><b>4/\$5</b> BOX</p> | <p><b>INDIAN RIVER<br/>Apple<br/>Juice</b></p> <p><b>1.19</b> 64 OZ. BTL</p>                                                     |
| <p><b>Boneless Beef Chuck Steak</b> lb. <b>3.59</b></p>                     |                                                                                 | <p><b>ARMOUR<br/>Chili with<br/>Beans</b></p> <p><b>2/\$3</b> 15 OZ. CAN</p>                     | <p><b>PIGGLY WIGGLY<br/>Cereal COCOA<br/>MARSHMALLOW &amp; STARS<br/>OR COCOA MUNCHIES</b></p> <p><b>2/\$4</b> 13.75 OZ. BOX</p> |
| <p><b>Seabest Frozen Tilapia Fillets</b> 16 oz. bag <b>3.99</b></p>         |                                                                                 | <p><b>EDWARDS FROZEN<br/>Pecan<br/>Pie</b></p> <p><b>4.99</b> 25 OZ.</p>                         | <p><b>BAMA<br/>Grape Jam<br/>or Jelly</b></p> <p><b>2/\$3</b> 30 OZ. JAR</p>                                                     |
| <p><b>Sugardale Hot Dogs</b> 12 oz. pkg. <b>89¢</b></p>                     |                                                                                 | <p><b>MISSION PRIDE<br/>Sliced<br/>Peaches</b></p> <p><b>1.69</b> 29 OZ. CAN</p>                 | <p><b>PIGGLY WIGGLY<br/>Sweetmilk or<br/>Buttermilk Biscuits</b></p> <p><b>2/\$4</b> 4 PACK 10 CT. CANS</p>                      |
| <p><b>Tennessee Pride Sausage</b> 16 oz. roll <b>2.59</b></p>               |                                                                                 |                                                                                                  |                                                                                                                                  |
| <p><b>Gwaltney Sliced Bacon</b> 12 oz. pkg. <b>3.29</b></p>                 |                                                                                 |                                                                                                  |                                                                                                                                  |
| <p><b>John Morrell Smoked or Polish Sausage</b> 7 oz. pkg. <b>1.09</b></p>  |                                                                                 |                                                                                                  |                                                                                                                                  |
| <p><b>Carolina Pride Sliced Ham (All Var.)</b> 10 oz. pkg. <b>2.49</b></p>  |                                                                                 |                                                                                                  |                                                                                                                                  |
| <p><b>Breaded Chicken Tenders Tray pk.</b> lb. <b>2.39</b></p>              |                                                                                 |                                                                                                  |                                                                                                                                  |

**ZESTA  
Crackers**  
16 OZ. BOX

**2/\$5**

**Pepsi and All Pepsi Products**

**3/\$4** 2 LITER BTL. **Your Choice** **3/\$12** 12 PACK, 12 OZ. CANS

**PIGGLY WIGGLY  
Bread or  
Buns**  
PKG. OR LOAF

**89¢**

**PIGGLY WIGGLY  
Soft  
Margarine** 45 OZ. TUB

**2/\$4**

**PIGGLY WIGGLY  
Medium  
Eggs** DOZEN CARTON

**99¢**

**PIGGLY WIGGLY  
Frozen Crinkle Cut  
French Fries** 2 LB. BAG

**2/\$5**

**PIGGLY WIGGLY  
Vegetable or  
Canola Cooking  
Oil** 48 OZ. BTL

**1.89**

**PIGGLY WIGGLY ALL VARIETIES  
Shredded  
Cheese** 8 OZ. BAG

**2/\$3**

**PIGGLY WIGGLY  
Ice Cream  
Sandwiches** 12 PACK

**2/\$6**

**ANGEL SOFT  
Bath Tissue**  
12 ROLL PK.

**4.99**

# Shorts...

## Secret Sisters with Writer's

Continued from Page 3

(Rogers) Slagle from Green Hill, Alabama. They have recorded three albums - "The Secret Sisters", "Put Your Needle Down", and "You Don't Own Me Anymore," which was nominated for a Grammy in 2017. They are currently working on their fourth album. They contributed, "Tomorrow Will Be Kinder" to *The Hunger Games*.

Their television appearances include *The Late Show With David Letterman*, *Hootenanny* on BBC Television, *The Late Show With Jay Leno*, and *The Tonight Show starring Jimmy Fallon*. They have been the opening act for **Bob Dylan**, **Jason Isbell** and the 400 Unit, and **Rosanne Cash**.

The Writer's Series has been endorsed by the Alabama Bicentennial Commission as an official Alabama 200 event. The UNA Writer's Series under the auspices of the English Department is celebrating its 35th year.

## LeBlanc & Carr Among Featured on Saturday

FLORENCE—Florence/Lauderdale Tourism and the Muscle Shoals National Heritage Area will host two music panels and a tour Saturday, March 2. The music panels and beginning of the Swampette Tour will take place at the Florence Lauderdale Tourism Visitor Center in McFarland Park. The panel discussions/Q&A's are free to the public and the Swampette Tour is \$40/person.

The Young Musicians of Muscle Shoals feature **Cadence Baker**, **Trey Nichols**, and **Bay Simpson**. They will have a discussion at 11am. Each one of these talented young people come from musical families and will detail their Muscle Shoals influence, and journey to get to this point and their future in music.

The Swampette Muscle Shoals Music Tour at 1pm is guided by **Judy Hood**, the wife of Swamper **David Hood**. The tour begins at the Visitor Center with a short introduction and then boards the trolley and tours Fame Studio, Muscle Shoals Sound Studio, and the Alabama Music Hall of Fame. Seats are limited and reservations are suggested. Tickets can be purchased by calling 256-740-4142.

A Q&A with legendary Muscle Shoals musicians **Lenny LeBlanc** and **Pete Carr** is at 2pm. Both played or sang on many of the greatest recordings coming out of the Shoals in addition to writing several timeless songs. In 1977, they formed LeBlanc & Carr and had a big hit with their song "Falling" the following year.

More SHORTS... on Page 9

**FORD: TAURUS, 2005 \$3,250.** White, 4 door, all power, V6, tan cloth interior, very good car. Runs well, good tires, 131k mi. 256-758-3994 (Hartselle Area)

**2012 BLACK HARLEY DAVIDSON** Sportster motorcycle, 1200 Custom 20-C, 2,400 miles, 931-231-9891 after 4:30 p.m or text, will return call.

**FLORENCE MONUMENT CO. GRANITE** and Bronze Memorials, we also cut death dates. 1950 Helton Dr., Florence. 256-766-5118

**YOGA WITH RANDY: MORN-ING** and Evening Yoga Classes. Killen, Sheffield and Petersville Locations, \$5 Call/text 256-366-2261



**\$2,500**

**Reward!**  
Lost Dog  
Australian Shepherd  
"Richard"

**2 YEAR OLD BLUE** Merle male, 45 lbs., microchipped, docked tail, blue collar, neutered. Lost on 1/14/19 from Co. Rd. 52 near the Limestone/Lauderdale County line, Anderson AL. No questions asked.  
**PLEASE CALL OR TEXT 901-500-5450.**

**SMALL GREY MALE DOG**, appx. 25 lbs. Stolen from Co. Rd. 9, Florence. Please call 256-766-6435



**\$50**

**Reward**  
For safe  
return of my cat.

On February 8, my scared and very skittish cat escaped from his carrier at the Center Star Vet. He ran behind the building and then out into the field on the left.

If anyone finds him, please call or text  
**Mrs. Wilson at 256-412-0489.**

His brother and sister and I miss him so much!

**CADILLAC: DTS, 2007 \$4,700** OBO. 4.6 DOHC OnStar equipped, Sirius radio, chrome hubcaps, full power, fully equipped, leather, blue, clean, 163,391 miles. 256-766-6593.

### Pit Bulls

**UKC PURPLE RIBBON REGISTERED**, Zulu Bloodline, 3 months old. Papers. \$500 ea. 256-476-4895.

**WE BUY JUNK AND repairable vehicles with titles.** Call Ron 256-275-6540

**SEWING MACHINE REPAIR**, MOST makes & models. Free estimates. Ken's Sewing Center, 256-381-0161.

**TRAILER FOR 16-19' BOATS**, heavy duty, 78" inside fenders. Surge brakes. \$300. 256-766-5209.

**CHEVROLET: SILVERADO, 1999 \$3,800.** extended cab. 256-324-8042

**2 MILITARY PLOTS, WITH** concrete vaults, in "Garden of Valor" at Greenview Memorial Cemetery. \$3,200 both. 256-483-7208

**HELPING HANDS CLEANING SERVICE** 15 years of Residential cleaning experience. Call Pam at 256-443-1602

**WANTED DEAD OR ALIVE!** Junk batteries, \$5 each. Ranger Battery Co. 426 Royal Avenue. 256-766-0473

**FORD: F-250, 2000 \$7,500.** 4 door. 7.3, 6 speed, 281k miles. 256-324-8042

**ROOFING - LEAKS REPAIRED**, chimneys flashed, valley repair. All work guaranteed. Free estimates. 256-383-3218

**GERMAN SHEPHERD PUPPIES**, 7 weeks old, black/tan, all shots & wormed, \$300, call or text, 256-762-0562

**CHEVROLET: TRACKER, 2001 \$1,500.** Rebuilt title. 256-324-8042

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Mill Creek White  
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**\$1,399<sup>99</sup>**  
King +\$150



3 Pc. Arie Linen  
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**Tax Sale Special**



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Bedroom  
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**Synergy Mattresses "Better Sleep or Your Money Back"**

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Like us on FB for Updates Across from Wendy's • Tuesday-Saturday 9am-6pm

**KIA: SOUL, 2016 \$11,000.** Pristine Condition! silver, 1 owner, 256-341-8331 or 256-616-2880.

**MR. BASEBALL: BUYING** SPORTS cards and memorabilia. 203-762-2407.

**I BUY JUNK AND** repairable cars, trucks, and vans. Paying cash. 256-633-8875.

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**GARAGE DOOR OPENER** MOTOR quit, I need it worked on, call me. 256-627-9073

**4 LADDER BACK CHAIRS**, \$100/all. 256-353-1373 or 256-318-4857. Decatur area.

**ROOFING - LEAKS REPAIRED**, chimneys flashed, valley repair. All work guaranteed. Free estimates. 256-383-3218

**WOOD AND CHAINLINK FENCING.** Free estimates. 256-640-2278. Call for specials.

**FORD: FUSION, 2010 \$6,950.** 6 speed manual. 79k miles. 256-324-8042

**\$\$-CASH-\$\$**

**NOW BUYING TIMBER AND** timberlands. 256-767-1546, 256-762-4237

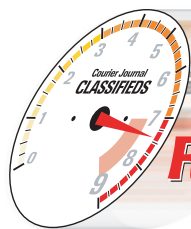
**LINCOLN: TOWN CAR, 2005** \$3,500. Runs great. 256-324-8042

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256725-1

Courier Journal

# Classifieds



## Sell It Fast with a RED LINE AD

only \$3 additional

Attract the most attention and sell your items red line fast when you choose to Red Line your Classified Ad. THE FIRST LINE OF YOUR AD APPEARS IN RED CAPS, catching the eye of your buyer faster than any other classified advertising in the Shoals Area!

**HOUSECLEANING** for your office or home. Call 555-1234 for a free estimate. 15 years experience, Insured, References available.

## TNValleyStuff.com

As an added bonus for our advertisers, all classified ads placed in the Courier Journal are also online at [TNValleyStuff.com](http://TNValleyStuff.com). This provides even greater impact than the 71,000 home circulation which the Courier Journal reaches every week.

- Private Party Rate** 3 LINES\* for 1 item Prepay - No REAL ESTATE, FIREWOOD, or TICKETS. Each additional line - \$1.25 - CASH DISCOUNT - 4 Weeks/3 LINES for 1 item \$13.50 - Each additional line - \$5.00 no credits..... **\$4<sup>50</sup>** Week
- Commercial Rate** 4 LINES\* Prepay - applies to all REAL ESTATE and anyone engaged in sale of goods/services on a recurring basis or for profit, licensed or not. 1 vehicle per ad. Each additional line - \$1.25 CASH DISCOUNT - 6 Weeks/4 lines \$35.00. Each additional line - \$7.50 ..... **\$7<sup>00</sup>** Week
- Employment** 5 LINES\* Prepay Each additional line - \$2.25 EMPLOYMENT - Looking for employment or Businesses looking for employees ..... **\$12<sup>50</sup>** Week
- Private Party Auto Rate** Up to 8 LINES\* for 4 weeks. Prepay Each additional line - \$2.00 ..... **\$15<sup>00</sup>**

\*one line is approx. 30 characters

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Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Phone \_\_\_\_\_

➔ **HOW MANY WEEKS?** Multiply the number of weeks - X - the cost of the ad.....

### YES! RED LINE MY AD!

RED LINE: Add \$3 per ad per week. Buy 5 weeks of RED LINE, get the 6th free (\$15 plus cost of ads). Only the top line of each classified ad can be red, 24 characters and spaces MAX. - 20 characters & spaces MAX for Real Estate ads.

#### MAILING ADDRESS:

Courier Journal, 219 W. Tennessee St., Florence, AL 35630

**Please Print Ad Clearly.** NOT RESPONSIBLE for illegible handwriting  
**Questions?** Call our office at 256-764-4268.

ADVANCE PAYMENT IS REQUIRED in cash, check or Credit/Debit Card.  
Phone-in Ads MUST be Charged to Credit/Debit Card! NO EXCEPTIONS! NO REFUNDS!

**DEADLINE: Friday 5pm**

## Online

ONLINE — at our Website...  
Go to [www.courierjournal.net](http://www.courierjournal.net) and click "Place a Classified"

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PHONE — 8AM-5PM Mon-Fri  
Charge to Credit/Debit Card  
by calling **256-764-4268**

## Fax

FAX — 24 HRS - Charge to Credit /  
Debit Card by faxing an ad to **256-760-9618**. Include exp. date. List how many weeks the ad is to run.

## Mail

MAIL — Mail your written ad to address at right. Include your phone number. We will call to finalize your ad. List how many weeks the ad is to run.

## Office

OFFICE — Drop by our office at your convenience 8-5 Monday-Friday and write/submit it there.



At left, David Brady, owner/CEO of University Auto Family, talks with Eva Graham, the Meals on Wheels of the Shoals coordinator.

Courtesy photo

## Meals...

Continued from Page 1

that assists elderly homebound, disabled, chronically ill members of the community, and anyone who is unable to prepare meals for themselves, with home delivered meals, safety checks, and wellness visits. They currently deliver approximately 4800 meals per month.

"As sustaining sponsors with United Way, First

Southern Bank and University Auto Family will provide the continual foundation for other contributors that may not be able to give regularly," said Community Action NW Alabama Executive Director, Tammy McDaniel.

For more information or to become involved with Meals on Wheels of the Shoals, you may call 256-766-4330.

### Tillman Infrastructure, LLC

proposes to build a 335-foot self-support Communications Tower at the approx. vicinity of **272 Goardsville Road, Lexington, Alabama 35648.**

Public comments regarding potential effects from this site on historic properties may be submitted within 30 days from the date of this publication to:

**Trileaf Corp, Jessica, j.cilento@trileaf.com, 1051 Winderley Place, Suite 201, Maitland, Florida 32751 407.660.7840**

Courier Journal

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**OFFICE HOURS:**  
Monday - Friday  
8:00am - 5:00pm

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### 219 W. Tennessee St.

Florence, AL 35630  
256-764-4268  
Fax: 256-760-9618

Your Courier Journal is published for total saturation, direct-mail delivery every Wednesday to 71,048 Shoals area and surrounding homes. It is Alabama's Largest Weekly-Mailed Direct, and enjoys a larger circulation than all local subscriber based newspapers combined.

**EDITORIAL POLICY:** Your Courier Journal accepts a variety of news releases, photos, stories, Letters to the Editor and upcoming community, church or civic events for publication as space permits. Please submit all materials in written form to:

**219 W. Tennessee St. Florence, AL 35630**  
or email to: [editor@courierjournal.net](mailto:editor@courierjournal.net)

well in advance of the planned event. The Editor reserves right to shorten, edit, reword or omit submissions as seen fit. All information submitted for publication becomes property of the Courier Journal. Information published does not necessarily reflect an opinion or endorsement by the Courier Journal, members of its management, or its staff. Advertisers are responsible for all content and claims in their advertising.

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DISPLAY ADS - 5 pm Thursday  
CLASSIFIED ADS - 5 pm Friday unless otherwise specified



# Notes...

Continued from page 4

**Fish Fry at East Colbert Church of Christ** Saturday, March 2, Noon-5pm. All you can eat. Adults and carry outs \$12 each. Children ages 5-11 \$6. 4 and under free. (All proceeds to mission work and benevolence.)

The new adoption fee for the animals remaining at the current **Florence Animal Shelter is \$25 per animal.** And if your new buddy is not spayed or neutered, we will help you take care of that at no extra charge! You can visit the Shelter at 702 E. College Street in Florence. Hours of operation are: Monday-Thursday 10am-5pm; Friday 10am-7pm; Saturday 11am-5pm.

There is a full house of potential best friends, and each of them would love to have their own forever home with you. The Shelter will soon be moving to a new building in the Florence Industrial Park, so the shelter needs to find homes for all their four-legged friends before the big move. You can adopt, foster, foster to adopt, or rescue any of the animals. Please visit us and adopt your new best friend before the move.

**Free garden supplies** to qualifying households with low-incomes living in Franklin, Colbert, and Lauderdale counties. Sign up until March 15. Call between 1-4pm, Monday-Friday only. 256-248-1921.

Sponsored by Community Action Northwest Alabama, TVA Retirees, BVI, and Southwire.

**Free Investment Classes** at TVA Community Credit Union, Wilson Dam Road Branch. Participants **MUST** Register. Contact John Ingwersen at jlingwersen@gmail.com.

**Classes:**  
Saturday, March 9, 10-11:30am - Understanding and Evaluating Mutual Funds

Seminars - Making Safe and Informed Investment Decisions:

Tuesday, February 26, 6:30-8:30pm

Tuesday, May 28, 6:30-8:30pm

Tuesday, October 22, 6:30-8:30pm

All classes and seminars are free and open to the general public.

Sponsored by: TVACCU, the Mutual Investment Club of Florence (MICF) and the Alabama/Emerald Coast Chapter of Better Investing.

See NOTES... page 36

## Shoals Discount MATTRESSES

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| King Mattresses .....        | start at <b>\$299.99</b> |
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BY HENRY BOLTIHOFF

Find at least six differences in details between panels.

Differences: 1. Mechanic's shirt is different. 2. Boy is frowning. 3. Woman's earring is different. 4. Sign on gas pump has moved. 5. Headlight is bigger. 6. Woman's skirt is longer.

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Cars are for parts only! VEHICLES MUST BE PAID FOR THE DAY OF SALE. No titles offered!  
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Saturday, March 30, 2019 • Sale Starts 9AM

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|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2007 BMW 335I<br>2002 BUICK LESABRE<br>1996 CADILLAC SEVILLE<br>2000 CHEVY CAVALIER<br>2012 CHEVY MALIBU<br>2016 CHEVY MALIBU<br>2003 CHEVY TRAILBLAZER<br>2003 CHEVY TRAILBLAZER<br>2005 CHRYSLER TOWN AND COUNTRY<br>2005 DODGE NEON<br>1997 FORD EXPEDITION<br>2000 FORD EXPLORER<br>2008 FORD FOCUS<br>2008 FORD FOCUS<br>2007 FORD FREESTAR<br>2004 FORD RANGER<br>2001 FORD TAURUS | GRAY<br>WHITE<br>GRAY<br>WHITE<br>SILVER<br>BLACK<br>GOLD<br>GRAY<br>WHITE<br>BLACK<br>GRAY<br>BLACK<br>GRAY<br>BLACK<br>RED<br>RED<br>SILVER<br>BLUE<br>RED | WBAVB73597PA17981<br>1G4HP54K424205559<br>1G6KS52Y6TU809652<br>1G1JC1246Y7266524<br>1G1ZB5E05CF196082<br>1G1ZB5ST1GF300152<br>1GNET16S036102256<br>1GNES16S036117598<br>1C4GP45R85B339612<br>1B3ES56C25D107082<br>1FMFU18L3VB21836<br>1FMZU72X6YZC44270<br>1FAHP35N98W188519<br>1FAHP35N88W164048<br>2FMZA52287A35003<br>1FTYR10U14PA28968<br>1FAPF55U41A224646 | 2001 FORD TAURUS<br>1996 FORD THUNDERBIRD<br>2003 GMC YUKON<br>1997 HONDA ACCORD<br>2008 HONDA ACCORD<br>2010 HONDA ACCORD<br>2006 HONDA PILOT<br>2018 JEEP RENEGADE<br>2006 MERCURY MARINER<br>2007 MITSUBISHI ECLIPSE<br>2003 NISSAN ALTIMA<br>2005 NISSAN ALTIMA<br>2006 NISSAN ALTIMA<br>2004 OLDS ALERO<br>1998 OLDS LSS<br>2007 SUZUKI SX4<br>2005 TOYOTA COROLLA | WHITE<br>WHITE<br>GRAY<br>PURPLE<br>GRAY<br>GRAY<br>SILVER<br>GRAY<br>LIGHT GREEN<br>BURNT ORANGE<br>MAROON<br>BLUE<br>BLUE<br>RED<br>TAN<br>BLACK<br>MAROON | 1FAPF55U01A297027<br>1FALP62W9TH168213<br>1GKEK13Z73R212785<br>1HGCD5604VA261429<br>1HGCS12898A016835<br>1HGCP2F73AA009765<br>5FNYP28476B041692<br>ZACCJABB3JPJ39157<br>4M2CU56106KJ08060<br>4A3AK24F27E023458<br>1N4AL11D63C293186<br>1N4AL11D65C193186<br>1N4AL11D66N334926<br>1G3NL52E64C212215<br>1G3AY52K3W4864095<br>JS2YB417X75101291<br>2T1BR32EX5C373987 |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

Simpson automotive does not make any warranties (expressed or implied) as to the mechanical condition, mileage, year, make, model or related paperwork of any vehicle. Simpson Automotive has provided as much information as possible for the buyer's convenience. We will not guarantee the accuracy of that information. Seller shall have the right to reject any bid that is unreasonably low. Seller expressly reserves a right to bid and purchase at the public auction.

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**Muscle Shoals Office**  
104 Physicians Drive  
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10-6 Sunday**

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While supplies last.

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**\$2.99** 12 Oz.



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**Bacon**  
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Hellmann's  
**Mayonnaise**  
30 Oz.  
**\$2.99**



Armour **Potted Meat** 3 Oz.  
Or **Vienna Sausage** 4.6 Oz.  
**2/\$1**



Piggly Wiggly  
**Chili Seasoning**  
1 Oz.  
**3/99¢**



Campbell's Chicken Noodle,  
Cream of Chicken Or Mushroom  
**Soup** 10.5-10.75 Oz.  
**99¢**



Del Monte Whole Kernel Corn,  
French Style Or Cut Green Beans  
**Vegetables** 14.5-15.25 Oz.  
**89¢**



Piggly Wiggly **Chili**  
With **Beans** 15 Oz.  
**\$1.29**



**Kool-Aid Bursts**  
Grape, Tropical  
Or Cherry 6 Pk.  
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Jiffy Pop  
**Popcorn**  
Buter 4.5 Oz.  
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12 Pk. Cans  
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**Coke Products**  
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**Yellow Onions**  
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## Shorts...

Continued from Page 5

### Satchel Speaks at Alpha Event

TUSCUMBIA—The Alpha Pi and the Alpha Delta Beta chapters of the Omega Psi Phi Fraternity, Inc. will have its annual Scholarship Banquet Friday, March 8 at the Roundhouse in Tuscumbia. The Banquet starts at 7pm. The program is held each year to assist the chapters in sponsoring scholarships for area high school seniors.

The speaker for this year's event is Dr. **Gale Satchel**, Superintendent of Colbert County Schools. Satchel spent eleven years as Federal Programs Director with Colbert County Schools and worked for eleven years as a high school guidance counselor at Dresher High and Lawrence County High Schools. She also spent five years with the University of Wisconsin as an academic counselor and admissions counselor. Dr. Satchel earned her Ed.S from the University of North Alabama and a doctorate from Nova Southeastern.

She has served on several not-for-profit boards including The Healing Place, Helen Keller Birthplace Foundation, and Camp Courage.

For more information contact any chapter member of Omega Psi Phi or call 256-757-1459.

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SPG admits patients to North Alabama Medical Center.

Visit [shoalspediatricgroup.com](http://shoalspediatricgroup.com) for more information.

**Shoals Pediatric Group**  
256-766-3983

### KNOW YOUR NEIGHBORS 2019 HOLY DAYS – March

2nd to the 20th – Baha'i 19 Day Fast

3rd – Transfiguration Sunday – Christian

5th – Shrove Tuesday – Christian

6th – Ash Wednesday Lent begins – Christian

11th – Clean Monday – Lent begins for Orthodox Christians

19th – St Joseph's Day – Christian

21st – Zoroastrian New Year; Baha'i New Year; Hola Hohalla Sikh; Magha Puja Day – Buddhist; Lord's Evening Meal – Jehovah's Witness Christian Purim – Jewish

25th – Annunciation of the Blessed Virgin Mary – Christian Birth of the prophet Zarathustra – Zoroastrian

Ad paid for as a public service by the Baha'is of the Shoals

## Shoals Primary Care

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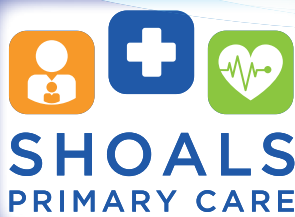
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## SHEFFIELD UTILITIES

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### Spring is Near! Call 811 before you dig!

**Information and Safety Tips from Sheffield Utilities for Public Awareness Program (Alabama Act 94-487 and Office of Pipeline Safety Part 192.616)**

#### What is Natural Gas?

Natural gas is made up of hydrocarbon gases, primarily methane, naturally occurring in rock formations deep below the earth's surface. The natural gas is withdrawn and transported to homes and businesses through an underground system of pipes.

#### Why use Natural Gas?

Natural gas is a fuel of choice because it is:

1. Efficient
2. Clean-burning (emits few pollutants)
3. Plentiful
4. Safe

#### Who uses Natural Gas?

- Residential users use natural gas in their homes to fuel furnaces, pool/spa heaters, gas lights, stoves, generators and space heaters.
- Commercial users use natural gas in businesses such as restaurants, hotels, and hospitals.
- Industrial users use natural gas for heating processes and as a fuel for the generation of steam.
- Electric utilities use natural gas to generate electricity.
- Natural gas pipeline companies use natural gas as a fuel to run compressor units.

#### Natural Gas Safety Precautions

Natural gas is colorless, odorless, lighter than air, and non-toxic.

Breathing natural gas is not harmful as long as there is an adequate supply of fresh air to breathe along with it. Natural gas by itself will not burn, but with the proper mixture of gas and air combined with an ignition source, combustion can occur.

An odorant that smells like rotten eggs is added to natural gas so that it can be detected. The odor is a warning that natural gas may be present and, if ignited, could result in personal injury or property damage. If the smell of gas is present inside your home or business (no matter how faint or strong),

#### Do Not:

1. Smoke or strike a match.
2. Operate an electric switch or appliance control.
3. Pull any plugs from outlets.
4. Use a flashlight or lighter.
5. Use a telephone or cell phone in the building.

If you SMELL A FAINT ODOR of natural gas INSIDE YOUR HOME OR BUSINESS, check to see if any appliances have been left on accidentally or if a pilot light has been extinguished, which would cause the odor (rotten eggs). If the odor persists, TAKE NO CHANCES, get out of the house immediately, and then call us from a nearby phone or neighbor.

If a STRONG OR PERSISTENT ODOR OF GAS is present IN YOUR HOME OR BUSINESS, OR IF YOU HEAR A HISSING SOUND of escaping natural gas, follow this procedure:

1. Get everyone out of the building immediately.
2. Leave the door open.
3. Use a neighbor's phone or cellular phone outside the building to call us.
4. If you SMELL OR DETECT NATURAL GAS OUTSIDE, call us.

Leaks from natural gas pipelines are extremely rare, however it is important that you know how to recognize the signs of a leak if one were to occur in your area. A strong odor, hissing sound, or dirt blowing up from a hole are signs of a leak. Move away from and upwind of the suspected leak before calling us. Do not light matches, smoke, use a cell phone or attempt to start any motor vehicles in the area of a possible gas leak.

#### Call Before You Dig

Whether you are building a home, installing a sprinkler system, or just planting a tree, we want you to be safe. No matter the size of the project, before you dig, grade, or excavate, the law requires you to call for all underground utilities to be located. Please contact the One-Call Center for more information on this free service. (Alabama One Call 811) If you are digging and expose a gas pipeline, call us. Proper attention to pipe that has been exposed can prevent problems later.

Phone Number: Sheffield Utilities 256-248-2745, or 256-389-2478  
Alabama One Call 811  
Or you can call 911 for Emergencies

**SEVERAL POSITIONS AVAILABLE**



**The Arc**

100 Lamar Avenue • Tuscumbia

If you love supporting individuals in having a quality of life - **"THIS CAREER IS FOR YOU"**

**POSITIONS AVAILABLE:**

3-11pm; 11pm-7am; 7am-7pm; 7pm-7am  
Residential is a 24-hour awake operation, includes holiday and weekends.

**REQUIREMENTS:** Enthusiastic, responsible, honest, hardworking, dependable, professional, and effective team player. High School Diploma / GED, Driver's License with good driver record, insurance guidelines must be 21 years of age, pass background, drug and TB screenings.

**DUTIES:** Assist with daily living skills, cooking, cleaning, hygiene (including bending, stooping, lifting, transfer, etc.), medication passes, community outings, etc. - This is not a sitter job.

**HOW TO APPLY:** Complete an application at:

**The Arc of the Shoals**

100 West Lamar Avenue (Old Lee Highway)  
Tuscumbia, AL 35674  
on Monday-Friday, 9am-2:30pm

**Must bring:** proof of education and current valid driver's license when applying.

EEOC and eVerify

269310-1

# EMPLOYMENT Opportunities



**Home Instead Senior Care** is seeking experienced, dependable, honest and hardworking **CAREGIVERS** in ALL areas of the Shoals. Days, Evenings, Overnights, and Weekend shifts available. Must want to work 24 to 40 hours per week, every week. Retirees and family caregivers encouraged to apply. Training provided. Must have good work ethic, love for older people, initiative, and ability to show respect in word and deed. Must have dependable transportation, dependable childcare, completely clean criminal background and pass drug test.

**Please come by our office** at 2703 Darby Drive, Florence AL 35630 for a paper application

or go to [www.homeinstead.com/200](http://www.homeinstead.com/200) click on CAREERS to apply online.

**MAINTENANCE**

A dependable handy/maintenance person needed for Oak Terrace Apartments. If you are interested call 256-263-8689 or come by during office hours Monday-Friday, 8:30 a.m.- 1:30 p.m. at 705 Shoemaker Drive, Tuscumbia, AL 35674.

**HOUSEKEEPER NEEDED.** APPLY IN person at Comfort Suites, 140 Matthew Paul Court, Florence. No phone calls, please.

**Drivers Wanted:**  
Rowe Machinery is now hiring OTR, Van, Heavy Haul, and CDL Hot Shot drivers.

Most drivers home on weekends. State of the art equipment, excellent pay, plus added company incentives. We offer a great benefits package. For more information about a career with Rowe Machinery contact Driver Recruiting at 1-800-833-9237

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**Quad Cities Taxi**

Is looking for **Taxicab Drivers, and Wheelchair Van Drivers.** Day and night shifts. Apply in person at 122 N. Royal Ave., Florence, between 8 am and 4 pm, Mon.- Fri. (No phone calls please)

**The Colbert County Commission** will be accepting applications for position of **County Administrator.**

Job description and applications are available at the **Alabama Career Center, 500 South Montgomery Ave., Sheffield.**

**Deadline for applications is March 15, 2019.**

Colbert County is and Equal Opportunity Employer.

269755-1

**Advertise Your Business With Us**

**Request for Qualifications for Engineering Design Services**

Colbert County, Alabama (the "County") seeks responses to this Request for Qualifications "RFQ" for engineering design services to be performed at certain locations within the County including, but not limited to, Colbert Alloys Park and Rose Trail Park. The County has applied for funding from the Land and Water Conservation Fund through the Alabama Department of Economic and Community Affairs (ADECA). The Selection of a firm to provide such engineering design services is with the aim of entering into a contract based on requirements stipulated and imposed by ADECA. Please call Kathy Polk, County Administrator, at 256-386-8500, or by email to [kpolk@colbertco.org](mailto:kpolk@colbertco.org) to receive pertinent RFQ documents, including instructions on the proper submission of proposals in response to this RFQ. Proposals will be accepted until 4:30 P.M. on February 28, 2019 and must comply with the terms of the RFQ to be considered.

269673-1

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**Free Estimates**

**TWO ADJACENT BURIAL PLOTS** for sale, Greenview Memorial Park, Lot 43, Block C, \$2,500 both. 256-577-6625.

**YORKIE-TZU PUPPIES. 2 MALES,** \$500 ea. 3 male Goldendoodles, \$600 ea. All CKC registered. 1 AKC Boxer puppy, brindle, female, \$500. All vet checked, shots up to date. 256-200-0310.

**ADAYS WORK MOBILE HOME** repair, flooring, leaks, Kool Seal, underpinning, decks & more. Free estimates. Call 256-856-6213 or 256-389-3179

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269673-1



**Welcomes Dr. Thomas Johnson and Karen Mann Brown, CRNP to the Shoals location. Now accepting new patients.**



**Dr. Thomas Johnson**

Board Certified Oncologist and Hematologist



**Karen Mann Brown CRNP**

Please call 256-760-0422 to schedule an appt.

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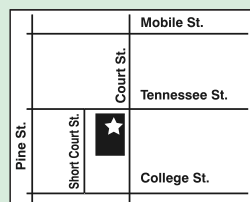


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No representation is made that the quality of legal services to be performed is greater than the quality of legal services to be performed by other lawyers. We are a Debt Relief Agency and Attorneys at Law who, where appropriate, help people file for relief under the Bankruptcy Code.

# Ashes...

Continued from Page 1

you will. She had already spoken to a designer in New York and was having my dress overnighed along with all my bridesmaids dresses and 14 tuxedos.

By the time I got to the smoldering shop, Mary's house was abuzz with her crew feverishly getting everything in order. I even consoled a few high school girls that their prom dress dilemmas would be solved if my wedding dress could magically appear overnight! I remember thinking how trivial we all were. Yes, we had lost our dresses, but Mary had lost her shop, her memories, her life's work! Her team never stopped. When my dress arrived, Mary's brother had constructed a box for me to stand on for my alterations that had to be completed in about 24 hours. They immediately began ripping out the sleeves, snipping, pinning and altering my dress on my body. My bridesmaids began filing in for their turn on the box, and they were amazed at how deft these fairy seamstresses worked. Ms. Faye Mann began working on my custom sleeves. She sewed each pearl by hand and used lace details to



make these sleeves even more beautiful than my original dress. While most brides spend the day before and day of their wedding being pampered at a salon and getting mani-pedis, I spent my time with some of the wisest women I had ever met. I laughed till my sides hurt. We cried about what we had all been through, and even giggled about what an incredible story this would one day be. I listened to their advice about love and marriage as the sewing machines purred. I even learned what true patience was as I stood on the box through hours of alterations and even a television interview. When I finally left Mary's on March 2, 2002 with my sister in tow, I knew everything was going to be okay. Mary's team was completing the final details and one last

steam press before my dress would be delivered to the church building in time for my wedding photos. The entire staff of Mary's came to my wedding to make sure every detail of not only my dress, but the entire bridal party looked like we walked out of a magazine.

When it was time for me to walk down the aisle to my groom, Rick, for the first time, his eyes filled with tears as he hugged and kissed me. He raved about how beautiful I looked. We were both exhausted and crying from the weight of the entire situation that had fallen upon us. With the help of Mary's fabulous team, I didn't have to walk down the aisle in a bed sheet. Instead, I walked down in a custom wedding gown made just for me... twice.

Mary's dream lives on today at a beautiful boutique in Moulton, Alabama,

where the sewing machines still hum, attention to detail is a must, and the southern hospitality the shop has always been known for surrounds every gown.

This Thursday will mark 17 years since the fire that almost consumed our dreams. Every time our anniversary rolls around, I feel the anxiety of that day rise around me. My eyes go blank, and my emotions seem to scatter. Then I remember the resilience of those women, those true Steel Magnolias, and I tell the story of my fairy tale wedding with all the sass and spunk I can muster because it is an incredible story. I will never forget you Mary Borden, Kim Patterson, Sandra Broadway, Jean Sanderson, and all the dedicated staff of Mary's Clothing and Bridal 2002.



Every dress and every tux in this photo at the Wroten wedding in 2002 had to be reordered and altered within 48 hours of the fire at Mary's Clothing and Bridal in Leighton. Courtesy photo

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## Oliver Church of Christ

### Invites you to our annual Friday Night Singing

March 8, 2019

7:00-8:30 pm

Fellowship Meal to follow

Please join us for a night of singing and fellowship



18270 Hwy. 72, Rogersville, AL 35652  
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## MICRO-NEEDLING VALENTINE SPECIAL...

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**Commentary**

# Any Pretense of Honesty is Gone

**H**ow otherwise intelligent people can continue to defend American media as impartial, trustworthy, and unbiased is nothing short of amazing.

With evidence piling up to the contrary, they must either be too blind to see the truth any longer or they believe the truth IS the prevailing narrative captured with each story.

There can be few other rational explanations when considering the audacious nature with which members of the national media tackle developing stories that they know will be polarizing.

The truth is they are influenced by emotions or feelings instead of facts. Therefore, they are jaded by what could be termed a pretext of cause. The story must get out quickly because the topic or the underlying issue is just too important.

Such is the case of Jussie Smollett, a black gay, relative no-name actor in a hip-hop network drama, *Empire*.

News surfaced on social media that he was accosted by two white assailants who tried to throw a noose around his neck and pour bleach on his head while, they were supposedly shouting anti-black and anti-gay slurs with pro-Trump phrases at 2am during the coldest temps Chicago has seen in generations.

See **PRETENSE...** on Page 33

*Comments do not necessarily represent those of the Courier Journal staff, its advertisers, or its readers.*

**In A Few Words**



**TOM MAGAZZU**  
Editor

# Courier Journal

in the *Shoals*

February 27, 2019

# THIS WEEK

*Happening*

**THIS WEEK**

## Festival Underway Thursday

Kick-Off Party at the Gold Room

FLORENCE – The 2019 George Lindsey UNA Film Festival official Kick-Off Party will be held Thursday, February 28 at 7pm at the Gold Record Room at 201 South Court Street in downtown Florence.

This special event announces and celebrates the films and filmmakers selected to participate at this year's festival.

Producer and screenwriter, Will Fetters, will

See **LINDSEY...** on Page 14



**WE SPEAK AUTISM - THE AUTISM SUPPORT GROUP** meets on the 4th Thursday of every month in the Florence-Lauderdale Public Library from 10am-noon. Refreshments will be served. Meeting dates are February 28, March 28, April 25, May 23, June 27, July 25, August 22, September 26, October 24. For more information, please contact Helene Lewis-Anderson at 256-633-7520 or heleneanderson3@aol.com

## The Coats' Trail Ride Turns 10



A small part of the crowd at a recent Coats' Trail Ride

SHOALS–The 10th Annual Coats' Farm Benefit Trail Ride and Auction takes place Saturday, March 2. Admission is free.

The Yard Sale Under the Tents runs Friday, March 1 and Saturday, March 2 from 7am until each day. They will accept good yard sale items, but no clothes please.

The trail ride begins Saturday at 9am.

Live entertainment by the Pioneer Drive Band begins at 10am. The silent auction runs from 10am-noon

See **RIDE...** on Page 16

**AN INFORMATION SESSION FOR POTENTIAL SMALL BUSINESS OWNERS** takes place on Thursday, February 28 from 5:30- 6:30pm at Fiddledee D1, 111 S. Main St. in Tuscumbia. The session will provide potential entrepreneurs insight into the steps for starting a new business and resources for business development. Available commercial sites and opportunities within business incubators will be discussed. The event is free. Light refreshments will be served. For more information, call 256-383-9797 or 256-577-4437. Sponsors include the City of Tuscumbia, Tuscumbia Retail Development, Inc. and the Small Business Development Center at UNA.

**THE WHITE OAK COMMUNITY WATCH GROUP** meets the first Sunday of each month at 2pm, except when holidays fall the week before or after. Our goal is to make our community a safe place to live. Volunteers are needed. To join attend a meeting and fill out a form for a background check.

Get your Season Tickets. Call 256-765-5466 or [www.roarlions.com](http://www.roarlions.com)

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Lipscomb

Women at 1pm  
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**BASEBALL**

**FEB. 26-27**  
Alabama

in Tuscaloosa  
On SEC Network

**MARCH 1-3**  
The Citadel  
in Charleston, SC

Check [www.roarlions.com](http://www.roarlions.com) for complete schedule

**SOFTBALL** **MARCH 1-2**  
TN State Tiger Classic in Nashville TV

## YOUR Letters

### Taxes & Traffic Laws

Editor:

I have returned from Florida to see interesting news and changes in the Shoals.

It's a little wetter than normal here. Politics is the same with an increase of Florence city sales taxes. More taxation, money to spend on projects such as an unneeded "roundabout."

In addition, it was obvious a traffic law must have been repealed, that is, having to turn on vehicle running lights when it is raining. This was evident not only with the large number of vehicles not having their lights on during the

heavy rains last week, but it was noted two police cars and one county pickup (Animal Enforcement) being operated without their lights on. Perhaps the City of Florence is adopting the "New Green Deal" by saving electricity in their vehicles, while having more sales tax money available for more "green" projects such as the "roundabout."

**John Lee**  
Florence

### Why Build a Wall?

Editor:

To prevent illegal aliens from coming

into the United States. Illegal means unlawful. We have legal means for people from other countries to come here. Our Forefathers came here legally. Border security is not only smart, it is a governmental responsibility.

Other countries have border walls. The Vatican has a strong high wall surrounding it. Governmental buildings and facilities have walls. There is a reason for the walls - to keep undesirables and unauthorized people out.

Try to enter other world countries without Passports, Visas, or necessary paper work. See what the results would be.

Read the Holy Bible and see which cities had walls. Read II Chronicles 32:14 "The Lord spoke to Manasseh and Manasseh knew that the Lord was God. After this, he built a wall outside the city of David on the west side of Gihon and he raised it to a very great height. Then he put military captains in all of the fortified cities of Judah."

See **LETTERS...** on Page 24

*The Border Wall between the U.S. and Mexico would cost about \$10 billion, the cost to the U.S. for care of the illegal aliens is close to \$180 billion. Do the math...*



by Mail or in Person  
219 W. Tennessee St., Florence, AL 35630  
• e-mail: [editor@courierjournal.net](mailto:editor@courierjournal.net)  
• FAX- 256-760-9618

# Helen Keller Hospital

# March 2019

# Calendar of Events

**Friday**

**1**

**Blood Pressure Health Screenings**

**8-11:30am**

**Main Lobby**

Free of charge!  
Sponsored by Keller Volunteer Services.

**Wednesday**

**6**

**Diabetes Self-Management Education**

**9am-12pm**

Physician referral required.

Call 256-386-4029 to register.

**Thurs. & Fri.**

**7&8**

**ACLS Provider Class**

**12-1pm**

Call 256-386-4030 for more information.

**Mon. & Tues.**

**11&12**

**Childbirth Classes**

**6-9pm in the Education Dept.**

**Tuesday**

**12**

**Party with a Purpose:**

**10am Grande Market, 12:15-1:30pm Lunch & Fashion Show**

Tickets are \$40 per person or \$320 for a table of eight.  
Call 256-386-4747 for more information or to purchase tickets.

**Wed. & Thurs.**

**13&14**

**Trauma Nursing Core Course**

**Friday**

**15**

**Blood Pressure Health Screenings**

**8-11:30am**

**Main Lobby**

Free of charge!  
Sponsored by Keller Volunteer Services.

**Tuesday**

**19**

**PALS Update**

**2:30pm**

Call 256-386-4030 for more information.

**Tuesday**

**20**



**Tuesday**

**20**

**PALS Provider**

**8am-3pm**

For registration and information, call 256-386-4030

**Tuesday**

**20**

**Free Medicare Education Class**

**3pm**

**Education Dept**

Hosted by Alabama Health Guidance

**Thursday**

**21**

**PALS Provider**

**8am-3pm**

For registration and information, call 256-386-4030

**Thursday**

**21**

**Newborn Care & Breastfeeding Class**

**6-9pm**

**Education Dept.**

**Friday**

**22**

**AHA Basic Life Support**

**Renewal:**

**7:30am & 9:30am**

**Provider:**

**12pm**

**Friday**

**29**

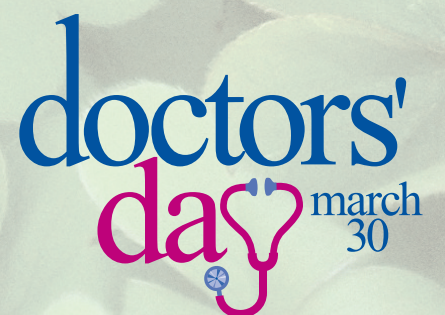
**ACLS Update Class**

**8am**

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**Saturday**

**30**



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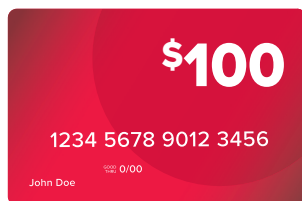


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# Lindsey...

Continued from Page 12

make a special guest appearance at this year's film festival. The Lindsey Festival Q&A with Will Fetters is also scheduled for Thursday, February 28 at 5:30pm in the Mane Room at 310 N. Pine St., Florence.

Fetters earned a 2019 Oscar nomination for his adapted screenplay "A Star is Born." His other screenplay projects include "Remember Me" and "The Lucky One."

Fetters is a 2003 graduate of the University of Delaware with a degree in Finance and Political Science. He splits his time between his native Delaware and Hollywood.

The event is free and open to the public.

The George Lindsey UNA film festival has selected finalists and winners in the 2019 festival screenplay competition.

The finalists in the **FEATURE SCREENPLAY** category are:

"Coverless Caroline Buxton's Lipstick Posse," by Kelly Jean Karam

"30 Day Notice," by Austin Parsons and Bri Palmer

"The Red Panther," by Bryant Hasheider

"The Flat Earth," by Kennedy Pope

"COunter INTELLIGENCE PROgram," by Mathew Nelson

The winner of the **FEATURE SCREENPLAY** category is,

"THE RED PANTHER," by Bryant Hasheider.

The finalists in the **SHORT SCREENPLAY** category are:

"Dogs of War," by Dan Goforth

"The Governor's Ball," by Marti Young

"South Tower," by Landon Lovette

The winner of the **SHORT SCREENPLAY** category is,

"DOGS OF WAR," by Dan Goforth.

Capping off the film festival is the 22nd Annual Awards Show on Saturday, March 2 at 6:30pm at the Mane Room at 310 N. Pine Street in Florence.

This Awards Show honors the films selected as winners in each category and the Best in Alabama prize.

Film categories include Professional Narrative Feature, Professional Narrative Short, Professional Documentary, Student Short Narrative, Student Documentary, Vanguard and Youth Films. In addition, a new award honoring the best UNA Senior Practicum film will be awarded at this year's festival.

Both events are free and open to the public.

See FILM... on Page 15



# Film...

Continued from Page 14

## New Film Debuts from Previously-Winning Director

A film entitled "Bleed American" is also making its premiere on March 1 at 9pm at Singin' River Live on E. College Street in Florence.

"Bleed American" is a story about a dysfunctional family on the lower fringes of middle-class Midwest America. It follows the events of their turbulent lives over the course of a

few days.

"Bleed American" is the sophomore feature film by director Tre Manchester. Manchester's previous film, "The Things We've Seen", screened at the 2017 Lindsey Film Festival where it won Best Professional Narrative.

For more information on the 2019 George Lindsey UNA Film Festival, go to [www.lindseyfilmfest.com](http://www.lindseyfilmfest.com), [lindseyfilmfest@una.edu](mailto:lindseyfilmfest@una.edu) or call 256-765-4592.

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## Ride...

Continued from Page 12

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## Rainy Day Thoughts

**STAN DEAN**

As I write these words it is pouring rain outside and it has been coming down pretty much all day. We have had an unusually rainy season, but that is all right with me. I must admit, I love to see it rain. Oh, I do not mean I want it to rain every day! I love to see the sunshine too! But there is both wonder and beauty in rain that cannot be denied.

When we read about rain in the Bible, we learn that God used it to fulfil His purpose in various ways. First of all, God created rain to be a blessing to His people. He promised His people of old, "If you walk in My statutes and keep my commandments, and perform them, then I will give you rain in its season, the land shall yield its produce, and the trees of the field shall yield their fruit" (Leviticus 26:3, 4).

Notice that the promise of rain in this text is conditional. In order to receive it as needed, the people had to faithfully follow God's ways. In fact, the Lord went on to make His point abundantly clear by adding: "If you do not obey Me... your land shall not yield its produce, nor shall the trees of the land yield their fruit" (vv. 14, 20).

That brings us to God's second use of rain which was a tool for punishment. Old Testament history reveals that Israel often did not heed God's words mentioned above. Hence, God did exactly as He said He would do. The Bible goes on to record the droughts that afflicted the Israelites due to their failure to keep God's will.

We also recall that God had already used rain as punishment long before Israel ever became a nation; not with drought, but by means of a flood. In the days of Noah, God sent a great rain for forty days and forty nights because "The wickedness of man was great in the earth, and every intent of the thoughts of his heart was only evil continually" (Genesis 6:5).

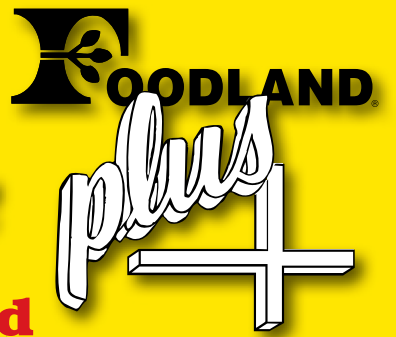
Finally, there is another way in which God uses rain still today that I want to bring to our attention. Jesus taught that "Our Father in heaven... sends rain on the just and the unjust" (Matthew 5:45). In telling us how to love everyone, He notes that God's love for everyone is demonstrated through the sending of rain on the evil as well as the good.

The practical lesson for you and me is that the blessing of rain should be a reminder of God's love for us all and His desire for us to follow Him!

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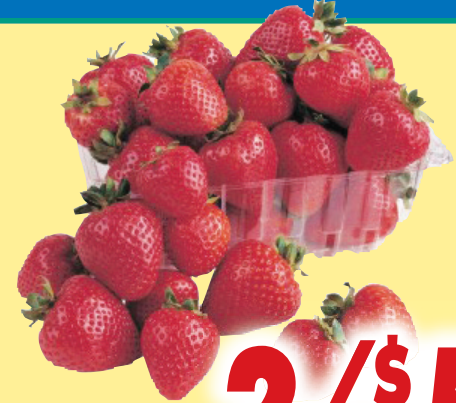
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AD GOOD FEB. 27-MARCH 5, 2019

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**Gwaltney SLICED BACON Applewood, Regular Or Brown Sugar**



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**USDA Inspected Fresh Grade A Springer Mountain Farms WHOLE FRYER**

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**2/\$3** 1 Lb.

**Oscar Mayer HOT DOGS Excludes Beef & Cheese**



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**2/\$6** 7-9 Oz.

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**2/\$3**

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**3/\$11**



**Mtn. Dew, Sunkist Or PEPSI**  
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**4/\$11**

**Mtn. Dew, Sunkist Or PEPSI**  
 12 Pk. 12 Oz. Cans



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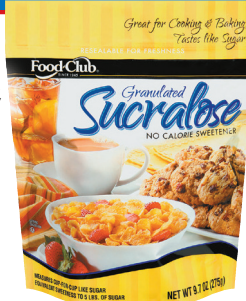
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# Balance Through Motion

I can't remember the last time I rode a bicycle, but I think I could still ride one without too much harm to myself or others. One thing I do remember about riding a bike is that a bike is easier to balance when it is moving than when it is standing still. Motion helps bring balance to the bike and to the rider. If you are not moving, then you better have a foot on the ground or your kickstand down or else you will have to concentrate to stay upright.



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Can you see that our task is simple and yet incredibly important? Each day should begin with a prayer on our lips for the wisdom to choose a proper course and the courage to take that path to its completion. That kind of life will never be stagnant. That type of person will catch others up in their momentum. The balance you achieve through motion will motivate your spouse, children, grandchildren, friends, associates at work and countless others

Isn't that how life works? Balance is hard to achieve without motion. Movement, whether mental, spiritual or physical helps us stay balanced. The unhappy man or woman should look about them and find a task to accomplish, a mountain to climb, a space to fill and fill it. As momma used to say, "An idle mind is the Devil's workshop." The way to have balance in life is to set a goal, choose a course and get moving in the pursuit of it. Everyone needs a reason to get out of bed in the morning.

to do likewise. You might be their training wheels to a life of balance. Think about the people who have had a profound impact on your life, and you will see that they achieved their balance through thoughtful motion. I would contend that service to others is the best way to start. "It is more blessed to give than to receive".



Make sure that the goal you set and the course you pursue is worthy of the expense of your time and effort. Too many people have motion without balance. Can you picture a bicycle speeding down a hill with the front wheel wobbling in every direction?

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**I** had a wreck in January and I had only had my car a couple of months. It was brand new and the damage was around \$10,000.00. They did not total my car but repaired it. Now, the insurance company wants to settle and I asked the adjuster about diminution in value and he said that wasn't a law.

David, Tuscumbia, AL

**I** am sure that certain insurance companies have contracts with their insureds that specify what they will and will not pay. If you are making a claim against your insurance company for collision or comprehensive damage to your own vehicle, the contract (that you haven't seen or read) between you and your insurance company will define what their obligation to pay is and is not.

If you are making a claim against someone else who negligently caused damage to your car and their insurance company is trying to tell you what the law is, don't believe them.

The law of damages in Alabama is simple and straight forward and exactly what you think it should be. If someone through carelessness or negligence damages property that you own, you are entitled by law to the value of the property prior to the damage.

Everyone reading this, if given the choice between two identical cars except that one had been wrecked and the other not, would choose the car had not been wrecked. We all know that if you trade in a car that has been previously damaged, it is worth less as a trade in.

What you are really looking at is an issue of evidence and proof. If you can by the testimony of an experienced car salesperson or automotive appraiser, provide competent evidence of how much less your car is worth in its wrecked, repaired condition then the Court should award that amount of money for the diminished value of your property.

*Buckle up, drive safely and as always, your referrals are appreciated! 256-764-0112*

Please send the questions to:

"Ask the Attorney,"  
P. O. Box 38, Florence, Alabama 35631  
or visit our website at: [www.mhatty.com](http://www.mhatty.com)

facebook: McCutcheon and Hamner, P.C.

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| NAME                 | UNIT#   |
|----------------------|---------|
| Jeff Gilbert         | 92      |
| Katie Orr            | 211     |
| Mark Weaver          | 127     |
| Crystal Lefan        | 23 R.P. |
| Brenda Butler        | 134     |
| Keith Williams       | 29      |
| Shelia Willis        | 162     |
| Jerry Hall           | 85 & 90 |
| Jazz Evans           | 128     |
| Amber Montoya        | 189     |
| Edward Armstead, Jr. | 27      |
| Keith Hunt           | 105     |

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## Letters...

### Why Build a Wall?

Continued from Page 12

The opposition to the wall is not about fairness to illegals or the wall itself, it is about opposing anything that President Trump tries to do to protect and secure our country. The Liberal Democrats would rather see the United States go down and fail rather than see President Trump succeed at anything.

The Border Wall between the U.S. and Mexico would cost about \$10 billion, the cost to the U.S. for care of the illegal aliens is close to \$180 billion. Do the math...

It is time for the United States citizens to stand up and demand protections for our borders.

**Lt. Col. Joe E. Medders**  
 U.S. Army Retired  
 Florence

### Dems Abetting Voter Fraud

Editor:

The National Bureau of Economic Research has done a study about voter identification and concluded that strict voter identification laws don't stop people from voting in U.S. elections.

The fact that such a study was deemed necessary is ridiculous. The notion that requiring identification at the polls somehow prevents citizens from voting is inane. The Democrats who make these silly claims are concerned with the illegals that they support being free to cross the borders to become Democrat voters. In fact, that is the primary reason they support open borders. Certainly, there are some uninformed and naive followers who truly believe their lies.

The truth is that voter identification is an important defense

against voter fraud. The Democrats who have been trying so hard to connect our President with Russian attempts to affect our elections, are guilty of abetting voter fraud by resisting security at our Southern Border.

**Euell White**  
 Florence

### Melson's Bill is Legal, Timely

Editor:

State Senator Tim Melson's effort to permit and authorize Bible literature classes in schools is legal and timely and should be taught to offset the government supported religion that is currently promoted in schools of every age group.

I am referring to the belief system (Religion) being passed off as science with no basis in true science. That religion is Evolution.

Article one of the AMENDMENTS OF THE CONSTITUTION still reads, "Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press, or the right of the people peaceable to assemble, and to petition the government for a redress of grievances."

Promoting or respecting a theory of evolution violates this, the free exercise of religion is protected and can be mentioned but not promoted or taught as fact. Even the religion (belief system) that believes in the freedom from religion is protected even though it is a redundancy to have a religion that believes in freedom from religion. Atheism is a religion that believes there is no God. It can also be mentioned, but not taught as fact.

It would be an improvement to put facts and common sense back in the schools, especially in the subjects of history and the sciences, as it was when I was in school many years ago.

**Jake Van Dyke**  
 Florence

### No Support for Secret Rapture

Dear Editor:

It is a shame that people believe and teach the secret rapture, for which there is no support in the scriptures.

2 Peter 3:10, "But the day of the Lord will come like a thief. The heavens will disappear with a roar; the elements will be destroyed by fire, and the earth and everything done in it will be laid bare." Matt. 24:30 "The people will mourn." Rev. 6:15-17, "They hid in caves and rocks of mountains, and called to the mountains and rocks to hide them from the face of the Father and the Lamb." Rev. 1:7, "Every eye will see him." Psa. 50:3, "He will

not keep silent."

Rev. 19:21, "A sword" Heb. 4:12, "His word, comes out of His mouth to kill sinners." Matt. 26:64, Rev. 1:7, "The High Priest and those who pierced Him will be raised to see Christ coming in the clouds of Heaven." Ps. 97:3, "Fire goes before him."

Ps. 97:5, Isa. 34:2-4, 2 Peter 4:10, Rev. 6:14; 16:20-21, The heavens disappear, mountains melt, elements

destroyed by fire. Heavens roll up like a scroll. Mountains and islands removed.

Matt. 16:27, Rev. 22:12, rom. 2:6-7, He brings the reword with Him, eternal life or death. Rev. 16:12-16, In the sixth plague, He tells us He is coming.

**Buddy Mauldin**  
 Muscle Shoals

See LETTERS... on Page 27



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# ON YOUR DEBT

## Will Filing Bankruptcy Affect Your Employment?



**B. Grant McNutt**  
Managing Attorney

One of the most common concerns my clients have is whether or not filing a bankruptcy case will affect their job. The short answer is this; no, filing a case should not have any impact.

The Bankruptcy Code at 11 U.S.C. §525 specifically prohibits employers from discriminating against any person who has filed for bankruptcy relief. Your employer would be breaking a federal law if they fire you or discriminate against you as a result of your bankruptcy.

### Protection Against Discriminatory Treatment

(a) Except as provided in the Perishable Agricultural Commodities Act, 1930, the Packers and Stockyards Act, 1921, and section 1 of the Act entitled "An Act making appropriations for the Department of Agriculture for the fiscal year ending June 30, 1944, and for other purposes," approved July 12, 1943, a governmental unit may not deny, revoke, suspend, or refuse to renew a license, permit, charter, franchise, or other similar grant to, condition such a grant to, discriminate with respect to such a grant against, deny employment to, terminate the employment of, or discriminate with respect to employment against, a person that is or has been a debtor under this title or a bankrupt or a debtor under the Bankruptcy Act, or another person with whom such bankrupt or debtor has been associated, solely because such bankrupt or debtor is or has been a debtor under this title or a bankrupt or debtor under the Bankruptcy Act, has been insolvent before the commencement of the case under this title, or during the case but before the debtor is granted or denied a discharge, or has not paid a debt that is dischargeable in the case under this title or that was discharged under the Bankruptcy Act.

(b) No private employer may terminate the employment of, or discriminate with respect to employment against, an individual who is or has been a debtor under this title, a debtor or bankrupt under the Bankruptcy Act, or an individual associated with such debtor or bankrupt, solely because such debtor or bankrupt—

(1) is or has been a debtor under this title or a debtor or bankrupt under the Bankruptcy Act;

(2) has been insolvent before the commencement of a case under this title or during the case but before the grant or denial of a discharge; or

(3) has not paid a debt that is dischargeable in a case under this title or that was discharged under the Bankruptcy Act.

### Will My Employer Find out About My Bankruptcy Case?

It is very unlikely that your employer would ever know that you've filed bankruptcy if you file a Chapter 7 case. Chapter 7 is the most common kind of case that is filed nationwide.

In Chapter 7, the court will require you to disclose where you are working and your income, but as long as you provide that information then there would be no reason for the court to ever contact your employer.

In Chapter 13 cases, it is not unusual for the employer's payroll department to find out that a person has filed bankruptcy. Chapter 13 cases allow you to consolidate your debts into a payment plan that is managed by the court.

In the majority of Chapter 13 cases, the person who files a Chapter 13 case will make payments on their case through a payroll deduction. The Bankruptcy Court or Trustee can send the necessary information to your payroll department and they will automatically deduct your Chapter 13 plan payments the same way they deduct your income taxes or health insurance.

A Payroll Deduction issued by a Chapter 13 Trustee is NOT a garnishment. It is a completely different legal document that orders the employer to deduct a set amount from your pay and remit it at least monthly to your Trustee.

### Bankruptcy is More Common than One Might Think

Bankruptcy is a common enough occurrence that, for most businesses, dealing with bankruptcy is just a part of regular day-to-day accounting. Any employer that withholds payroll taxes from your paycheck will have the capability of withholding a Chapter 13 payment. Furthermore, Chapter 13 cases that have a payroll deduction in place are statistically more likely to be successfully completed!

On another note, if you file a bankruptcy and have ANY kind of security clearance, we absolutely advise full disclosure to your Facilities Security Officer (FSO) at the time you file your Bankruptcy case. In many situations where a security clearance is involved and required for employment, we strongly recommend the filing of a Chapter 13 Debt Consolidation if at all possible.

### You Cannot Be Fired Solely for Filing Bankruptcy

The Bankruptcy Code states that no private or government employer can penalize you for filing any form of bankruptcy. Of course, employment laws vary from state to state.

However, your employer cannot terminate you solely for filing bankruptcy as this would be in violation of federal law, nor can your current employer penalize you in any way, to include salary reduction or demotion.

### Let Us Help You Through the Bankruptcy Process?

As you can see, bankruptcy laws are very complicated and if you owe any debt of any kind and are wondering how to deal with it, please contact us to schedule an appointment for a free initial consultation.

We can answer all your questions regarding Chapter 7 Bankruptcy, Chapter 13 Bankruptcy, stopping a foreclosure or wage garnishment, avoiding liens, stopping law suits, discharging medical debt, personal loans, payday loans, credit card debt, etc. We can alleviate your stress! We want to help and we can help you!

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# Soap Opera Preview

**THE BOLD AND THE BEAUTIFUL** Will put his parents on the hot seat by asking them a pointed question about their past. Wyatt and Sally told Eric that they were switching from Forrester Creations to Spencer Publications. Hope held Phoebe as if she were Beth. Zoe confronted Flo, who was now working as a bartender at the Bikini Bar. Flo admitted that she still was emotional over Reese involving her in switching the babies, and so she decided to stay in L.A. Liam convinced Hope that staying together and working through their grief was the right move. Bill made a last-minute change to the Spectra deal. Katie and Hope had a candid conversation only a few feet away from where Flo was tending bar. *Wait to See: Xander and Zoe share a romantic moment.*

Victor dropped a bomb on Marlena. *Wait to See: Tripp finds something unexpected in Claire's jewelry box.*

**GENERAL HOSPITAL** Curtis held vigil. Finn did his best to try to explain. Carly confided something important to Jason. Valentin met with Sasha. Peter accepted a surprising invitation. Lulu prepared to face Franco. Drew was sent a secret message. Ava wanted to share her big news. Jason avoided getting busted. Alexis had a therapy session. Ryan was furious. Liz was very concerned for Drew. Cameron was angry and confused. Max and Felicia had a new theory. Anna confronted Peter. Jason shared what he secretly knew. Nina kept Curtis company. Ava turned to Julian for advice. Curtis retrieved an important voicemail. *Wait to See: Lulu reconciles her memories.*

**DAYS OF OUR LIVES** Haley blasted JJ for his betrayal. Jennifer ripped into Eve and Jack for using Haley as a political pawn. Gabi turned to Brady for help. As Stefan protected Chloe from El Fideo's men, they inched closer. Marlena was shocked when John came to Leo's defense. Diana brokered an alliance with Victor. Sarah had a steamy dream about Eric. Meanwhile, Eric talked to Marlena about his feelings for Sarah. Rex puts Eric in an awkward position. Chloe interrupts a heated moment between Gabi and Stefan. Jack and Eve took advantage of Melinda's scandal. Sarah had a surprising reaction to Rex's proposal.

**THE YOUNG AND THE RESTLESS** An angry Summer confronted Kyle over Rey's interrogation, but Kyle insisted that he only defended her to the police. Summer then told Kyle she loved him and would support him through this difficult time. Phyllis tried to return her life to normal, but the case followed her to Jabot, where Billy publicly confronted her for rolling on Victoria. Phyllis defended herself to Billy and assured her other employees that her participation in the trial wouldn't have a negative impact on the company. Kerry offered to help Jack deal with the stress of the trial, which in turn made Jack realize they'd reached a turning point in their relationship. Arturo kept Kyle from visiting Lola. *Wait to See: Michael asks Mariah point blank who really found the video.*

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## Medicare Minute Medicare Part B Coverage

Medicare Part B is most used when you visit your primary care physician or specialist. But Medicare Part B is also used for many other medically necessary services. Medicare defines medically necessary as "healthcare services or supplies needed to diagnose or treat an illness, injury, condition or disease, or its symptoms and that meet accepted standards of medicine".

One of these other services covered by Part B is transportation by ambulance. Medicare covers and helps pay for ambulance services only if other types of transportation will endanger your health and will only cover and help pay for you to be transported to the nearest medical facility that's able to give you the care you need. If you choose to be transported to a facility farther away you may have to pay more.

Another service Part B covers is Durable Medical Equipment (DME). DME must be long lasting equipment that is used in your home for medical reasons and has an expected lifetime of at least 3 years. Medicare has a long list of equipment that falls under DME.

One of the most important benefits of Medicare Part B are the preventive services that it covers. These services include health care that is used to prevent illness or detect illness at an early stage.

Medicare.gov list 23 screenings and shots that fall under preventive services. They include things such as mammogram screenings, colorectal cancer screenings and flu shots.

Part B has an annual deductible of \$185 and a coinsurance of 20%. This means that if you have Original Medicare only, with no other supplemental coverage, you will owe the first \$185 filed on Part B each year and, after the deductible is met, you will be responsible for 20% of the cost of Part B services you receive.

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-648-5710), stop by our office at 885 Florence Blvd (Four Lane Shopping Center) or email me at [ikey@alabamahealthguidance.com](mailto:ikey@alabamahealthguidance.com). Alabama Health Guidance is an independent insurance agency and is not affiliated with Medicare or any other government agency.



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**Letters...**

Continued from Page 24

**Black Mold is Hard to 'Fix'**

To the Editor:

Black mold is a dangerous fungus which can produce toxic air extremely harmful to humans. Black mold may cause chronic coughing and sneezing, irritation to the eyes or mucus membranes of the nose and throat, rashes, chronic fatigue, persistent headaches, nausea, vomiting, and bleeding in the nose and lungs.

On August 8, 2018, the Muscle Shoals Post Office was closed due to extensive black mold contamination. Once a building is infested with black mold, it is almost impossible to totally eradicate every trace of this deadly fungus. In time, if it is exposed to moisture can regenerate, mushrooming from small spores into a huge lethal black mass. In truth, the only sure-fire solution to black mold inside of a building is to demolish the building.

I appeal to those in charge to tear down this building at once. Do it for the citizens of Muscle Shoals, before they walk blindly into a hazardous place. Do it for the innocent young children who often accompany those citizens, children who are particularly vulnerable to toxic substances. Do it for the diligent, hard-working postal employees, who deserve to work in a safe environment rather than a potential death trap. And finally, do it because a building can always be rebuilt, a post office can always be replaced, but a person's health can never be restored, and a human life can never be replaced.

William A. Davis  
 Muscle Shoals

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**DAVE Says**

by DAVE RAMSEY

**INSURANCE AND SAVINGS**

Dear Dave,  
 I just realized our insurance has a health savings account (HSA) option. We've considered dropping this insurance soon and going to a cheaper Christian medical sharing program. We've got about \$19,000 in debt between credit cards and a car payment, and we're on Baby Step 2 of your plan. Our thought was to fund the HSA for a period of time as a means of saving, cancel that policy, then go over to a medical sharing program we found that costs \$600 a month less. After that, we would start paying down debt again. What do you think?  
 Amy

Dear Amy,  
 There are two components to an HSA, the insurance component and the savings component. You don't have to participate in the savings component. The insurance component is



simply a large deductible, 100 percent coverage after the deductible, cheaper-premium health insurance plan. If I were in Baby Step 2, I would not do the savings component. I would only do the insurance component, or I'd do the medical sharing program.

I'm not sure why you'd need to jump back and forth if you're going to permanently move to a medical sharing program. I get the idea of saving money, but what you're talking about isn't something I'd recommend for someone who's in debt. I wouldn't fund a savings account of several thousand dollars only for medical when you're not even on Baby Step 3, which is saving an emergency fund of three to six months of expenses. That money needs to be used to pay off debt first.

It's not the end of the world if you don't fund the HSA portion of your current insurance plan. If you went with a medical sharing program, and just saved up a large emergency fund, the only thing you'd really lose out on is the tax deduction associated with an HSA.

Good question!  
 —Dave

\* Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including *The Total Money Makeover*. The *Dave Ramsey Show* is heard by more than 14 million listeners each week on 600 radio stations and multiple digital platforms. Follow Dave on the web at [daveramsey.com](http://daveramsey.com) and on Twitter at @DaveRamsey.

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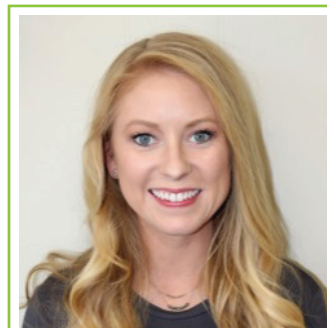
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## How to Slow Down Cognitive Aging

Dear Savvy Senior

Are there any proven strategies to preventing cognitive decline? I have a family history of dementia and worry about my own memory and cognitive abilities as I grow older. What can you tell me?

Almost 60

Dear Almost,

For most people, starting in their fifties and sixties, the brain's ability to remember names, multi-task or learn something new starts declining. While our genes (which we can't control) play a key role in determining our cognitive aging, our general health (which we do have some control over) plays a big factor too.

Here are some healthy lifestyle strategies – recommended by medical experts – that you can employ that can help stave off cognitive loss and maybe even build a stronger brain.

**Manage health problems:** Studies have shown that cognitive problems are related to health conditions, like diabetes, heart disease and even depression. So, if you have high blood pressure, high cholesterol or diabetes you need to treat them with lifestyle changes and medication (if necessary) and get them under control. And if you have a history of depression, you need to talk to your doctor about treatment options.

**Exercise:** Aerobic exercise increases blood flow to all parts of your body, including your brain, to keep the brain cells well nourished. So, choose an aerobic activity you enjoy like walking, cycling, dancing, swimming, etc., that elevates your heart rate and do it for at least 30 to 40 minutes three times a week.

**Eat healthy:** A heart-healthy diet, like the Mediterranean diet, will also help protect the brain. A Mediterranean diet includes relatively little red meat and emphasizes whole grains, fruits and vegetables, fish and shellfish, and nuts, olive oil and other healthy fats. Also keep processed foods and sweets to a minimum.

**Get some sleep:** Quality, restful sleep contributes to brain health too. Typically, adults should get between seven and nine hours of sleep daily. If you have persistent problems sleeping, you need to identify and address the problem. Medications, late-night exercise and alcohol can interfere with sleep quality and length, as can arthritis pain, sleep apnea and restless leg syndrome.

If you need help, make an appointment with a sleep specialist who will probably recommend an overnight diagnostic sleep test.

**Challenge your mind:** Some research suggests that mind challenging activities can help improve memory, and slow age-related mental decline. But, be aware that these activities consist of things you aren't accustomed to doing. In other words, crossword puzzles aren't enough to challenge your brain, if you're already a regular puzzle doer. Instead, you need to pick up a new skill like learning to dance, play a musical instrument, study a new language or do math problems – something that's challenging and a little outside your comfort zone.

Brain-training websites like *Lumosity.com* and *BrainHQ.com* are good mind exercising tools because they continually adapt to your skill level to keep you challenged.

Socializing and interacting with other people is another important way to stimulate the brain. So make a point to reach out and stay connected to friends, family and neighbors. Join a club, take a class or even volunteer – anything that enhances your social life.

**Don't smoke or drink excessively:** Smoking and excessive alcohol consumption both effect the brain in a negative way, so kick the habit if you smoke and, if you drink, do so only in moderation.

**Reduce stress:** Some stress is good for the brain, but too much can be toxic. There's growing evidence that things like mindfulness meditation, yoga and tai chi are all good ways to help reduce stress.

Send your senior questions to:  
Savvy Senior,  
P.O. Box 5443,  
Norman, OK 73070,  
or visit [SavvySenior.org](http://SavvySenior.org).  
Jim Miller is a contributor to the  
NBC Today show and author of  
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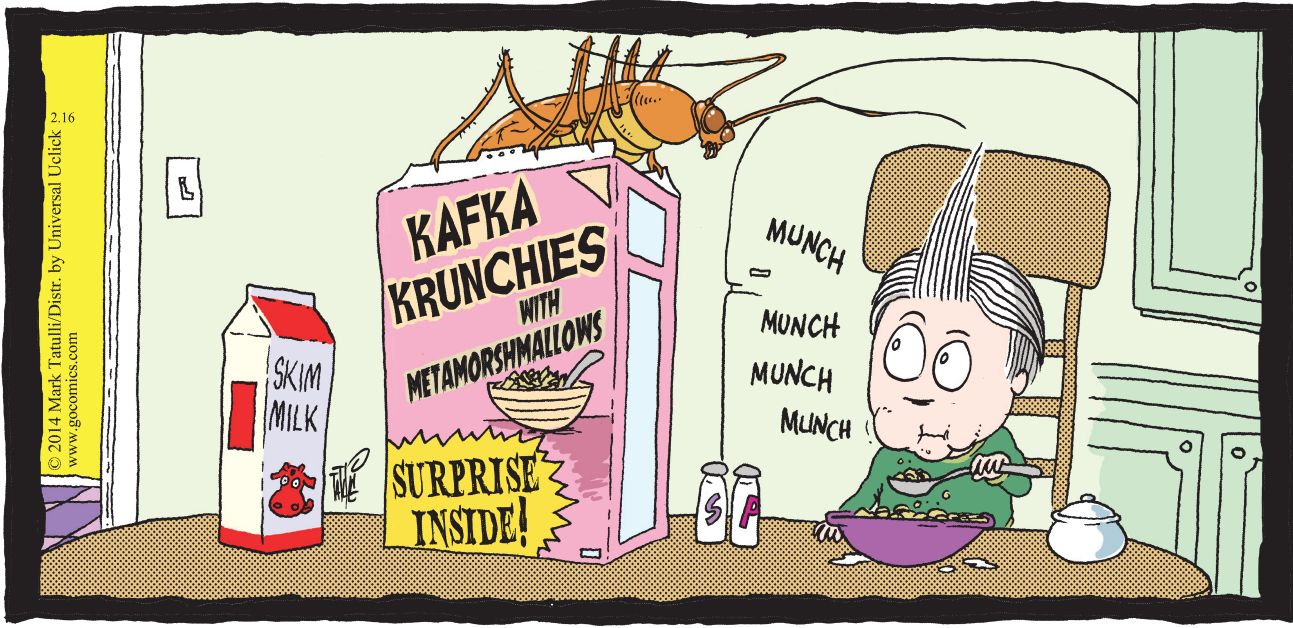
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BY MARK TATULLI



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**WAREHOUSE: MUSCLE SHOALS, FOR Lease or Sale.** Up to 50,000 sq. ft., on approximately 3.78 acres. Call K&H, Inc. 256-349-0000

**4.5 WOODED ACRES IN** Colbert Co., 3 bdrm., 3 ba., 1,900 sq. ft., Doublewide on concrete slab, 24'x26' wired shop. Selling due to health, \$69,000 OBO. 256-412-0234 after 4 pm.

**WANTING TO RENT TO Own** 3 bdrm. home outside Muscle Shoals area. Moving to area from Ohio. 740-320-4240.

**2 BDRM, 1 BA, 95% Owner Financing**, No Banks, Colbert Heights, Tusculmbia 256-263-8716, 256-383-5996.

**MAILING OVER 71,000 PAPERS** every week across the Shoals - When it comes to print advertising, We Mean Business!

**TUSCUMBIA: RENT TO OWN:** House, 130 Rose St., newly remodeled, central heat/air, 3 bdrm., 2 ba., \$3,000 down, \$730 month. 256-412-5448.

**2002 MOBILE HOME FOR SALE:** 3 Bedroom, 2 bath, needs some repair, must be moved. Call 256-415-8897 after 5 pm for more info.

**FOR RENT- SHEFFIELD** - 3108 12th Ave, Apt A, one bedroom, one bath, appliances, washer/dryer hook-up, 12'X36' deck. \$300 rent/ deposit. 256-349-0300.

**RETAIL/OFFICE SPACE** Muscle Shoals:  
2410A Rosedale Street 1800' Offices - \$1500 mo.  
2827A Avalon Avenue 7600' Offices & Warehouse - \$2500 mo.  
2831A Avalon Avenue 5000' Warehouse-\$1000 mo. 256-764-3137

**USED TIRES, LIKE NEW.** \$200 for set of 4. 18", 19", 20", 21", and 22". Single tires \$25 ea. St. Florian, 931-242-5690.

**QVC "COMFY" HOODED SWEATSHIRT**, in box, teal, \$30. 256-874-7630 text.

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256-978-5645 (Right next door to the Dollar General Store)

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**EVERYTHING MUST GO!**

It is with sad heart that we must announce the going out of business sale for Southern Heritage Gun & Pawn. Two of our founding members have had medical conditions arise that is forcing them to retire.

We would like to thank all of our customers for the last 1.5 years. It has been an honor working with you.

**Everything must be sold.** We will begin marking everything in the store down. This will not just include inventory but also displays, decorations, computers, software, printers, etc.

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# Real Estate

**MUSCLE SHOALS: CLEAN 2** bdrm., 1 ba., close to schools and everything. Available March 1st. \$750 per month, plus deposit, 710 Midland Ave., 256-412-5188

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**HOUSE FOR RENT, FLORENCE,** 915 Royal Ave, 3 bdrm., 2 ba., \$600 per month, \$600 deposit, 256-764-3137



**DEER/TURKEY HUNTING LAND!** 55 acres at \$2,200 obo per acre, Hardin County, Savannah, TN. Hardwoods, powerlines and food plots. 256-710-9020.

**NO DEPOSIT SPECIAL/WAC: LION'S DEN EFFICIENCY APTS.** \$450 rent/\$300 deposit. Includes electric, cable, internet, water/sewer and garbage. 256-764-3137.

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**Florence: Hough Road**  
2624 - 1500' \$1250 mo.  
2628 - 1000' \$ 900 mo.  
2630 - 2000' \$1500 mo.  
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**BANKHEAD FOREST LOT FOR SALE:** Owner financing available, \$10,000, 256-648-1365

**3 BEDROOM, 1.5 BATH** Apartment, Florence, Madison Square Townhome, F7, \$500 per month, \$300 deposit, 256-764-3137

**WATERLOO: 2 HOMES AND 5 acres +/-.** First home move-in ready. Remodeled 2 bdrm. 1 ba., kitchen, dining, living, laundry, and bonus rooms. Second home needs love. Storage buildings. View of lake. \$140,000. By appointment only, 662-212-3239.

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Call 256-764-3137 or come by our office at 707 N. Broadway Street in Florence for a list of available properties.

Madison Square, Tombigbee Court, Lions Den, Sannoner Square, and Cedar Arms in Florence. Colonial Gardens in Tusculumbia and Woodgate Apartments in Muscle Shoals.

**2 BDRM. 1 BA.,** Apartment for Rent, Florence, 1724 Norris Ave., A1, \$400 rent, \$300 deposit, 256-764-3137

**MESSAGE AND DATA RATES** May Apply; Terms and Conditions and Privacy Policy: http://autoconx.com/terms



## HOUSING INVENTORY

It's no secret that housing inventory in The Shoals is low. In fact, in some price ranges there is only a 2 month supply of available homes. That could mean a BIG opportunity for you if you're thinking of selling your home.

But don't wait too long! As we approach spring, more and more homes will be coming on the market and your home could be just another one for sale. Now could be the right time to get sold and moved before the wave of inventory begins hitting the market over the next 2-3 months.

And although I'm saying now is the time, there are two things to consider to ensure a successful sale this spring:

**1.) Don't overprice it!**  
This is one of the biggest mistakes I see. Have your REALTOR prepare a "Market Analysis" for you that will provide you with the information you need to effectively price a home to sell. Some agents such as myself also use an absorption rate analysis which can also be a good indicator of how long it might take to sell. Most importantly, remember that strategically positioning your home against competing homes can be a huge factor as well.

Even though inventory is low and you may be tempted to "start high" because of that, don't. Once buyers look at several homes in a particular price range, they will determine very easily which homes are priced effectively and which are overpriced. Trust me on this.

Pricing and positioning your home effectively will not only create value but will also create a sense of urgency.

**2.) Be ready to show!**  
Clean. Declutter. Depersonalize. I can't emphasize this enough. Start out front and walk to and through your home looking at it as objectively as possible. Make sure your flowerbeds are freshly mulched, your sidewalk is clean and your home feels clean and welcoming when a buyer walks in.

Positioning is not just about price. The same things that sold homes 5 years ago still sell homes today. Price, condition and location. It doesn't matter how effectively your home is priced if it shows terrible.

There aren't as many homes for a buyer to choose from right now and this could be to your advantage, but it still means your home has to be ready and show well!

If you're priced and positioned effectively in the market today AND your home is ready to show, I can assure you that you'll make a buyer's short list in no time. This doesn't mean that you should expect your home to sell in a week necessarily, but it certainly could. Call me if I can help! -mr

Please feel free to send your questions. Rest assured I will only use your first name when I answer your questions. Email to: questions@mikerandallhomes.com or mail to:

Questions for Mike Randall  
Coldwell Banker Pinnacle Properties  
2093 Florence Blvd, Florence, AL 35630

Mike Randall, REALTOR®  
Associate Broker | ABR, CRS  
256.366.9779 | www.mikerandallhomes.com  
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**NORTH FLORENCE: FOR RENT** 2 bedroom Apartments. Appliances, Washer/Dryer connections. \$450-\$550 plus deposit. 256-762-7879.

**FOR SALE FLORENCE:** 732 Riverview Dr., 3 bdrm., 2 ba. Appx. 2,200 sq. ft. New HVAC, needs some work. \$78,000. K&H inc. 256-349-0000

**APARTMENTS: 1 & 2** Bedrooms, Florence, 800 Sannooner Ave., \$350 Rent + \$25/Water, \$425 Rent + \$25/Water, \$300 deposit, 256-764-3137

**APARTMENT FOR RENT, SHEFFIELD,** 1110 26th St., #5A, 3 bdrm., 1 ba., \$425 rent, \$300 deposit, 256-764-3137

**FLORENCE, COMMERCIAL PROPERTY** FOR Rent, 3525 Cloverdale Rd., Formerly Beauty Shop with seven washing sinks, 7-10 Styling Stations, 2,000 ft., \$1,250 per month, 256-764-3137

**SHEFFIELD, 2 BDRM., 1** ba., Apartment for Rent, 907 N. Columbia Ave., #A, \$400 per month, \$300 deposit, 256-764-3137

**NEW HOMES FOR SALE TUSCUMBIA!** Tile showers, hardwoods, custom cabinets, garage and huge lots! Prices range from \$199K up to \$239K. K&H Inc. 256-349-0000

**HOUSE FOR SALE-COLBERT** Heights, 135 Pine Ridge Road 3 bdrm., 2 ba., 2.5 acres, \$135,000. 256-383-8265.

**40.22 ACRES, PLUS POND,** gated. 2 water meters, septic. Will divide, owner financing available. Co. Rd. 158. \$139,900.  
Laila Jager, Crye-Leike Realtors  
256-436-0336

**CHEROKEE, 960 CROSS ST.,** 3 bedroom, 1 bath, carport, large lot, \$49,000. 256-360-2663

**FLORENCE:** For rent: 2 and 3 bdrm houses. Appliances, washer/dryer connections, central heat/air. \$550-\$695 plus deposit. 256-764-3986.

**CASH FOR UNWANTED HOUSES** in any condition, even if you owe money. No fees, free evaluation. 256-274-1007

**3 BDRM. 1 BA.,** Apartment for Rent, Florence, 626 E. Mobile, Apt. A, \$450 rent, \$300 deposit, 256-764-3137

**15 ACRES IN TUSCUMBIA.** Great house site with power, water, and septic. Close to town. \$110,000. Call 256-412-8956.

**TUSCUMBIA - DUPLEX: FOR RENT:** 2 bdrm., 1 ba., new carpet, appliances, \$625 mo.; deposit \$600. No Smoking or Pets. 256-381-9298. leave message

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1850 DARBY Dr., Florence.

**1<sup>ST</sup> MONTH'S RENT FREE**

**Accepting Applications**

Seniors 62 and over or mobility impaired.

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**TOWN CREEK, APARTMENTS FOR RENT,** 13461 Hwy 101, 2 bdrm., 1 ba., \$350 Rent, \$300 deposit, 256-764-3137

**114 GRAND AVE RENT** To Own House in Muscle Shoals 1 bdrm., 1 ba. central heat/air newly remodeled \$2000 down. \$585 mo. 256-412-5448

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**APARTMENTS FOR RENT, DOWNTOWN** Florence, 106 E Tombigbee St., 1 & 2 bdrm., 1 ba., \$575-\$625 Rent, Balcony & Security gate, 256-764-3137

**OWNER FINANCING: 222 GARFIELD** Ave., Florence, 2 bdrms., 1 ba. New HVAC, plumbing, cabinets, appliances, windows, etc. \$79,900, or \$7,500 down and \$795 per month. K&H inc. 256-349-0000

**FLORENCE, APARTMENT FOR RENT,** 510 High St., Apt A4, 2 bdrm., 1 ba., \$350 Rent plus \$25/Water, \$300 deposit, 256-764-3137

**HOUSE FOR RENT, SHEFFIELD,** 207 1/2 Madison Ave., 3 bdrm., 1 ba., \$450 per month, \$450 deposit, 256-764-3137

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532 S. Richards St. (Florence) 3BR, 1BA..... \$675

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Warehouse space w/ living quarters/office (Tuscumbia).. \$1,275  
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**HOUSES FOR SALE: CALL 256-349-0000**

2025 CR 61 (Florence) 4BR, 2.5BA... (New Const)... **\$367,000**  
218 Howell St (Florence) 3BR, 1BA..... **\$39,000**

**NEW CONSTRUCTION: Call 256-349-0000**

New Construction 1650 sq ft (Blaze Dr. Florence) ..... **\$199,900**  
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SEE PAGE 6 for details.

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**TWO TWIN BEDS WITH frames,** \$200 each. One queen size bed, \$300. Just like new. 734-730-9799, Florence.

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**2002 HARLEY DAVIDSON SOFTAIL** Deuce. Beautiful red, exceptional condition, only 9,000 miles. Brand new whitewall tires. 1400 CC. New battery, recent tune-up. Must sell. \$6,000 OBO! 256-783-9326.

**HUSKY MALE, BLUE EYES,** black and white, 2 yrs. old, free to good home. Baileyton, 256-708-8785

**MANSELL ROOFING, DISCOUNTS TO** Veterans, and Seniors, all work guaranteed, Free estimates, 256-383-3218

## Public Notice

NOTICE OF SALE NOTICE IS HEREBY GIVEN that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property under The Self Service Storage Act. The undersigned will sell at public sale by competitive bidding on **Thursday the 28th day of February, 2019 at 10:00 AM on Lockerfox.com.** Said property is **iStorage Florence, 4121 Florence Blvd, Florence, AL, 35634 Lauderdale County**

**Joshua Frost 317 Misc HHG**

Purchases must be paid for at the time of purchase by cash only. All purchased items are sold as is, where is, and must be removed within 48 hours of the sale. Sale is subject to cancellation in the event of settlement between owner and obligated party. Dated this 20th day of February, 2019.

257948-1

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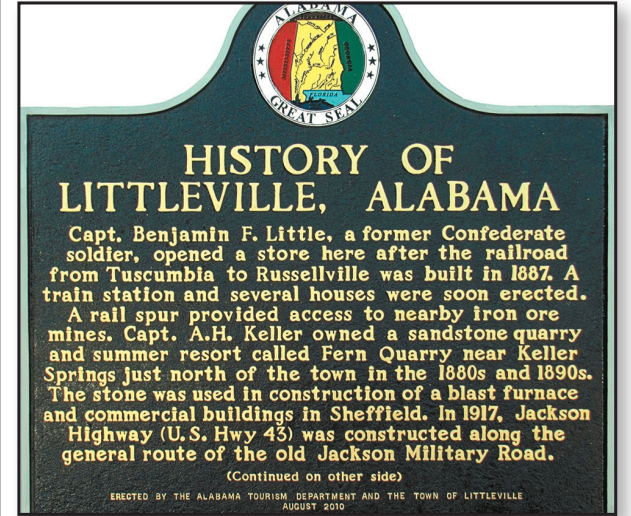
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258934-1

## SIGNS OF THE PAST



### HISTORICAL MARKER LOCATION:

Outside Littleville City Office on AL-17  
34.5953°N, 87.6729°W, Colbert County

Although near the southern border of Colbert County, Littleville is part of the Florence-Muscle Shoals Metropolitan Area. As of the 2010 census, the population of the town was 1,011 having grown from a population of 30 in 1910. Early on it was important because of nearby iron mines and later for Ligon Springs, a summer resort in the late 1800s.

~ Courtesy David Curott ~ author of "Signs of the Past" and "More Signs of the Past"

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**Joseph Tuminski 213**

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257947-1

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**NEVER USED LIFT CHAIR,** size medium, paid \$700, sell for \$600. Decatur, 256-565-6294.

Commentary

Pretense...

Continued from Page 12

In spite of some obvious questions that should have surfaced immediately, major entertainers, office holders, and news personalities ran with the assault story, many with the term 'alleged' nowhere in their vocabulary.

The major networks took their cue from a quickly inflaming social media so they would be able to own the news reports and could bask in the burgeoning

glow of social justice. The networks in the days and weeks after had a combined two and a half hours of reports on this hate crime and "modern-day attempted lynching," as one 2020 presidential hopeful described it.

Virtually everyone knows it is now a fabrication orchestrated by Smollett himself right down to a forged threatening letter supposedly sent beforehand. I have seen his recent arrest mentioned briefly on some major network websites, but I have yet to hear the first retraction. If anything, each network deflects blame in another direction. And who's kidding whom? We all know by now that truth and reputations mean nothing to many on the left. Keeping the issue of racism and bigotry from all Trump supporters front and center is all that matters.

This occurs on the heels of last month's disinformation and character assassination of Covington Catholic High School MAGA hat-wearing teens. That information was found to be a complete distortion of the truth - opposite of what the media reported as unequivocal fact.

How quickly we forget that two years ago in Chicago four black punks assaulted an innocent, defenseless, and mentally disabled white teenage boy. He was beaten, kicked, and made to drink from a toilet bowl before he was bound, gagged, and bloodied from cuts to his scalp all while the suspects shouted, "F— Trump" and "F— white people." The entire attack was streamed live on Facebook -- all against a mentally disabled kid.

What should have been the hate crime story of the year received less than one minute worth of network coverage combined that night. We shouldn't have

expected any more unless of course the colors were switched.

And even after this despicable crime took place, can you imagine the social hell that would have broken loose had identical retribution been paid the very next night against those same four dirt bags?

Whether their objective is to marginalize one group, further espouse racial, social, and economic division, sensationalize stories, or maintain an overt obsession with diversity, multiculturalism, and hating Trump, the current media antics are getting old.

However, it's what we have come to expect from the national media these days. Their stories are driven by agenda and their facts are untrustworthy. Network news is often less factual than the network daytime chatfests that air the following mornings.

I can't help but laugh every time the network talking heads assume the role of fact-check police after the President has an address or hosts a news conference.

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**Courier Journal ADOPT A FRIEND**  
The animals you see here are currently in local animal shelters or rescue facilities. Adoption fees vary and include having your new friend spayed or neutered, if necessary. Help us help these and other animals by adopting a new friend today.

**ALAYA** is a good girl! She is a sweetie pie that loves attention and cuddling. **HER PET OF THE WEEK ADOPTION FEE IS \$25** & includes her spay & rabies! To learn more, contact the Colbert shelter at 256-381-4073!

Meet **JJ** a 2.5 yr old female Bully mix. She's been spayed & is being treated for light heart worms. She's available for foster-to-adopt! She's a healthy, sweet and very friendly, girl! She would love to be your companion! Come by the shelter to meet our adoptable Pets! For more information call the Florence shelter at 256-760 6676!

I'm **ZEKE**, a male pit bull mix who was born June, 2017. I'm a very happy boy who does well with other dogs. I'm neutered, up to date on my vetting and micro chipped. Of course I would need a fenced in yard to play safely with my family. If you're interested in giving me my loving home, please call PAWS at 256-383-0690

**ADEL** is absolutely beautiful! She is gentle, super sweet and loves people. She has had bad experiences with other dogs and needs to be an only pet. **HER PET OF THE WEEK ADOPTION FEE IS \$25** & includes her spay & rabies! To learn more, contact the Colbert shelter at 256-381-4073!

Hi there, I'm **ACE**. I'm a sweet lovable lab mix boy. I was born 8/7/2017. I'm up to date on my vetting, neutered and microchipped. I do well in a crate. I'm a very high energy lad so will do great with children and other dogs. I can be exuberant at times. I'm a bit timid at first but would warm up to my family in no time. If you're interested in being my forever family, please call PAWS at 256-383-0690

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# Community Notes...

Continued from page 7

**Florence Parks & Recreation / The Club** is booking a second trip to Niagara Falls/Toronto Passport required. June 9-15, 2019, 7 days 6 nights, 10 meals. Deposit now is \$75. Final payment of \$689 by April 15. This trip is open to the public. Call The Club 256-760-6642 or email fdavis@florenceal.org

**The Florence Parks & Recreation Dept.** will be conducting online registration for Adult Softball through March 6. Register online now at www.fpard.com. We will be taking ream registration for Men, Men Church, and Co-ed Leagues. Team fee is \$400. For more information, contact Nicole Lambert at 256-760-6628.

**Shoals Habitat for Humanity** is accepting applications for our Affordable Homeownership Program. Learn more at www.shoalshabitat.org or call 256-760-9515. Shoals Habitat for Humanity is an Equal Housing Opportunity Lender.

**Florence Parks and Recreation/ The Club (Senior Center) presents 2019 travels to Branson Holiday Show Extravaganza.** Monday -Saturday, November 18-23. 6 days 5 nights. \$679 double occupancy. Deposit due now \$75. Final payment September 11. This trip is open to the general public. Call The Club 256-760-6642 or email fdavis@florenceal.org

**Florence Kiwanis Club** meets Fridays at noon in the Marriott Shoals Conference Center, 10 Hightower Place, Florence  
**Programs - March 2019**  
 March 1 - Curtis Vincent, Alabama Department of Transportation, North Region -Head Engineer - will talk about the roadway changes and updates for the Northwest area  
 March 8 - Pancake Day! Florence-Lauderdale Coliseum

**A special program of dulcimer music** will be provided by the North Mississippi Dulcimer Association from 10am-1pm on Saturday, March 2 at the Parkway Visitor Center located at milepost 266 near Tupelo. This program is free. For additional information, call 1-800-305-7417.

**Through the Back Door: The Music That Bridged the Bayou** - Luncheon with Storyteller Dolores Hydock at the Sheffield Public Library on March 5, 11:30am-1pm. Tickets are \$12, includes lunch. Tickets must be purchased by March 1. Sponsored by Friends of Sheffield Public Library.

**The monthly "Hi Neighbors of the Shoals" meeting** will be Tuesday, March 5 at 10:30am at the Florence Public Library. This group welcomes all newcomers to the Shoals area. Contact Janice Hilborn, 256-577-8355, for further information

**Government Contracting: An Introduction to doing Business with the Government** - Wednesday, March 6, 10am-12pm at Shoals Chamber of Commerce, 20 Hightower Pl, Florence. Services provided by the University of North Alabama Procurement Technical Assistance Center (UNA PTAC) will be discussed, with emphasis on the government contracting process - including the BidMatch delivery system. There is no cost to attend. For additional information please contact Phillip Marks at 256-765-4668, pomarks@una.edu or Lindsey Killen at 256-765-4721, lkillen2@una.edu.

**Clothes Give Away** - Thursday, March 7 from 8-10am at the Care Center, First Baptist Church, Killen.

**The Shoals Elks Lodge 2860** will be hosting their annual Fun Day In The Park on Saturday, March 9 from 9am-2pm at the Main Pavilion at Spring Park in Tusculmbia. This is for Shoals youth ages 4 - 13.

Registration is from 9-10:30am. Free T-shirts and armbands for the rides are available while supply lasts. There will be games, face painting, karaoke, and lunch provided. Children must be accompanied by a parent or guardian. For more information, call 256-810-2895.

**Shoals Area Wide Prayer Rally** Sunday, March 10, 6pm at UNA Norton Auditorium. Featuring Dr. Reginald W. Calvert, Evangelist from Birmingham. Music by Shoals Area Music Ministers and Praise Teams. Emphasizing the importance of prayer. Praying together for the Shoals.

**Osborn Hill Cemetery** will meet on Thursday, March 14 at the Littleville Town Hall at 6pm to elect officers for coming year. Donations are needed to help maintain the perpetual care now and in the future. Please make check payable to the Osborn Hill Cemetery Fund, c/o Mrs. Lana Duncan 2330 Colburn Mtn. Road Tusculmbia, AL 35674 or Valley State Bank in Russellville, AL 35674. We encourage everyone to come.

**The Florence Kiwanis Club** will host their 68th Annual Pancake Day Friday and Saturday, March 8 and 9.

Kiwanians serve pancakes and sausage Friday, March 8 from 6am-7pm and Saturday, March 9 from 6am-1pm. Advance tickets are \$8, or \$7 each for group sales of ten or more tickets. Tickets at the door are \$9 each. Children 12 and under are \$5.00 at the door. Tickets are available from any member of the Florence Kiwanis Club or at the door. For tickets call Beth Haddock at 256-810-5252, or any other Florence Kiwanis member.

"ALL YOU CAN EAT" 68th Annual Pancake Day will be held at Florence/Lauderdale Coliseum at 702 Veterans Drive, Florence. Information about Kiwanis Pancake Day and Florence Kiwanis Club is available at www.florencekiwanis.com.

**Fun for the whole family at Cruise in to the Beat Car Show** Saturday, March 9 from 10am-2pm at McNairy Central High School 493 High School Rd. in Selmer, Tennessee.

Live entertainment, Free Parking, Free general admission, Free games and entertainment for the kids. \$20 per vehicle to enter. Registration starts at 9am. For information visit us on Facebook: Cruise in to the Beat Car Show.

**The Lauderdale County Sports Hall of Fame** will hold its 20th induction banquet on Saturday, March 16 at 6:30 pm at the Florence Conference Center. This year's inductees include Ted Talley, Laurie Burns Franks, Roy Davis, Whitney Boddie, Jeff Bevis, Jim Fulmer, Josh Thigpen, Butch Morrison, Dana Long Terry, and Greg Brewer.

Tickets can be purchased at area high schools or by calling Steve Harrison at 256-810-3460 or Dennis Hargett at 256-762-9056. Tickets are \$35 each and tables of 8 can be reserved for the event.

**The NACOLG SENIORx Medication Assistance Program** supplies free and low cost medications for anyone in Alabama with a disability or a chronic illness regardless of age that requires daily medication. Medicare recipients may also be eligible. For more information contact NACOLG SENIORx today. There is no charge for this service.

1-800-AGELINE (1-800-243-5463) Or 256-389-0530, Paula Pardue 256-389-0529. This Program is in partnership with the State of Alabama and Alabama Department of Senior Services

**United Way of Northwest Alabama and the University of North Alabama** are partnering with Impact America's SaveFirst to offer free tax preparation services in Northwest Alabama. SaveFirst is an IRS-certified

tax preparation service designed to assist working families and individuals. SaveFirst provides tax preparation services for households that are earning up to \$55,000 with children, or up to \$20,000 without children. Last tax season SaveFirst helped 174 families in the Shoals area. SaveFirst

offers fast electronic filing and refund direct deposit as well as helping you claim the earned income credit and other credits you have earned. To make an appointment with SaveFirst, call 1-844-44-TAX-AL. Appointments are offered at two locations in the Shoals area.

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**Paul The Apostle To Follow**  
 The Apostle explains in: **1 Timothy 1:16** "Howbeit for this cause I obtained mercy, that in me first Jesus Christ might shew forth all longsuffering, for a pattern to them which should hereafter believe on him to life everlasting." His advice to his preacher friend Titus: **Titus 2:7** "In all things shewing thyself a pattern of good works: in doctrine shewing uncorruptness, gravity, sincerity." (My gospel) as the Apostle Paul calls it, came directly from Jesus Christ: **Romans 16:25** "Now to him that is of power to stablish you according to my gospel, and the preaching of Jesus Christ, according to the revelation of the mystery, which was kept secret since the world began," **Galatians 1:11-12** "But I certify you, brethren, that the gospel which was preached of me is not after man. For I neither received it of man, neither was I taught it, but by the revelation of Jesus Christ." The KJV is all truth, but must be rightly divided to obtain sound N.T. church doctrine. Confusion and uncertainty prevails when one decides to claim the whole bible applies today to the saved child of God. Shallow teaching occurs when one teaches only the ministry of Christ before the resurrection and nothing about Christ's teaching after the resurrection. There is a huge difference as the focus moves from Jew to Gentile. The Apostle Paul is the pattern for salvation and the messages and doctrine to the New Testament Church.  
 Paul describes himself in: **1 Corinthians 15:3** "For I delivered unto you first of all that which I also received, how that Christ died for our sins according to the scriptures;" **1 Timothy 1:15** "This is a faithful saying, and worthy of all acceptance, that Christ Jesus came into the world to save sinners; of whom I am chief." Don't worry about trying to be perfect, nobody is, but you must be forgiven. If God forgave the Apostle Paul, He can forgive you. No matter how bad you are or what you have done, ask Christ to forgive your sin and save you and come into your heart today. Only Christ can save you. No one has to go to hell, but you must be saved. Christ waits in heaven for your decision. Jesus said: **John 6:37** "All that the Father giveth me shall come to me; and him that cometh to me I will in no wise cast out." Receive Christ today.  
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