

The Courier

February
27
2019

Volume 19 Number 27

Pines to host second-chance prom

Whether your prom was a night to remember or one you'd rather forget, the Ocean Pines Recreation and Parks Department is giving you a chance to re-live this milestone event on Saturday, April 27 from 6 p.m. to 9 p.m. at the Ocean Pines Community Center.

"Holding a themed dance every season is a new goal for Recreation and Parks," said recreation programmer Katie Goetzinger. "We thought we'd start with a prom theme because everyone loves a reason to get dolled up."

Prom-goers ages 21 and older are encouraged to don their favorite formal attire and enjoy music, dancing, snacks and punch. Alcoholic beverages will not be provided but are permitted.

The evening will be capped off with the crowning of a prom king and queen.

"Anyone can be voted prom king and queen, so social clubs are encouraged to participate and vote for their favorite couple," Goetzinger said.

Tickets for this special event, which is open to the public, are \$20 per person. Pictures will be available for an additional \$5. Space is limited and guests are encouraged to purchase tickets early.

Tickets and information are available at the community center, located at 235 Ocean Parkway, or by calling the Recreation and Parks Department at 410-641-7052.

Information regarding additional recreational programs, including an online version of the Ocean Pines Activity Guide, is available at OceanPines.org.

Council seeks prevention honoree nominations

The Worcester County Drug and Alcohol Abuse Council is seeking nominations of individual adults, youth, or groups who have made outstanding contributions to drug and alcohol prevention or treatment. The awardees will be honored by Worcester County residents, elected officials, and Council members at the 28th Annual Drug and Alcohol Awards Reception and celebrating the 36th year of the Council's existence. This will be held on Thursday, April 11 at the Worcester Career and Technology High School beginning at 6 p.m.

Nominations of individuals or groups who have

please see nominations page 11



Supplies - Berlin Intermediate School received a donation of various school supplies from Worcester Youth & Family Counseling Services. Pictured (l to r) **Dr. David Gell**, assistant principal, **Tiffany Scott**, youth coordinator and **Steve Taylor**, executive director.

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SUNDAY ITALIAN SUPPER IS BACK! | 4-11PM \$14.99

Community Calendar **FEBRUARY**



Monday

Ocean Pines Poker Club

Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928.

Delmarva Chorus

The Delmarva Chorus meets every Monday evening at 7PM at the Ocean Pines Community Center in Ocean Pines, Md. Women of all ages are invited to sing with us. Please contact CAROL at 410-641-6876.

Monday/Tuesday

Sanctioned Duplicate Bridge

Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795.

Tuesday

Families Anonymous

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Tuesday/Thursday

Poker Players wanted for Gentlemen's Poker in North Gate area Ocean Pines. Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

Wednesday

Kiwanis Club Meeting

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m.

Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Second Wednesday

The Polish American Club of Delmarva meets at the Columbus Hall, behind St Luke's Church, 100th St & Coastal Hwy, Ocean City, from 2 p.m. to 4 p.m. the second Wednesday of the month. Come join us if you are of Polish or Slavic descent. No meetings.

June, July, August. Call Helen Sobkowiak 410-723-2639 or Maryann Lula 410-250-2548 for more information.

Thursday

Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577 or Kate at 410-524-0649 for more activities. BeachSingles.org.

Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Friday

Knights of Columbus Bingo

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

First Saturday

Creative Writing Forum

Every first Saturday of the month at 10 a.m. at the Berlin Library. Novice and established writers gather to share their fiction, non-fiction, and creative writing projects. Program includes critiques and appreciation, market leads, and writing exercises.



On this day in 1634 the first colonists to Maryland arrive at St. Clement's Island on Maryland's western shore and found the settlement of St. Mary's.

In 1632, King Charles I of England granted a charter to George Calvert, the first Lord Baltimore, yielding him proprietary rights to a region east of the Potomac River in exchange for a share of the income derived from the land. The territory was named Maryland in honor of Henrietta Maria, the queen consort of Charles I. Before settlement began, George Calvert died and was succeeded by his son Cecilius, who sought to establish Maryland as a haven for Roman Catholics persecuted in England. In March 1634, the first English settlers, a carefully selected group of Catholics and Protestants, arrived at St. Clement's Island aboard the "Ark" and the "Dove."

AARP to meet

The next AARP meeting is scheduled for Monday, March 4. The meeting starts at 10 a.m. Social time is 9:30 a.m. The meeting will be held at the Community Center in the Assateague Room. This month's guest speaker is Gary Nethen of New York Life. The topic will be overcoming retirement income challenges.

Garden tour seeks entries

The Ocean Pines Garden Club will present a Garden Tour on Thursday, June 13 from 9 a.m. to noon.

Whether a beginner or veteran gardener, if you are interested in showcasing your garden, large or small, the Garden Club wants to hear from you. Contact show director, Patti, at 410-973-1423 or plookner@gmail.com to discuss placing your garden/yard on the tour.

Versakats to perform

The Versakats, a local non-profit performance group will present its next dinner theater production "Back in The Bayou" on March 22 & 23 at the Clarion Hotel and Conference Center. Dinner starts at 6:30 p.m. followed by the musical comedy, including over 20 songs, at 7:30 p.m. Tickets are \$45 and benefit St. Jude Children's Research Hospital.

For more information, to request a flyer or to make a reservation, contact Pat Schrawder at 410-726-1234. Versakats, Inc. is a 501(c)3 and a portion of your ticket cost is tax deductible.

Beans, birds, beer on tap

The 2019 Beans, Birds, & Beer (BB&B) series is in full swing with the next trip scheduled for March 9 in Southern Delaware.

Locally based Delmarva Birding Weekends invites hundreds of nature enthusiasts to the shore for year-round birding including walks on private and public lands, boat cruises, and paddles for great looks at water-

fowl, eagles, songbirds, herons, egrets, baby pelicans, and even seals. The trips traverse some of the most pristine habitats on the East Coast in Delaware and Maryland.

The BB&B trip on Saturday, March 9 will start with coffee in Lewes, Delaware, followed by a jaunt around Cape Henlopen State Park to see Brown-headed Nuthatches, loons, scoters and other bay and sea ducks.

Lunch is on your own followed by the popular Lewes Boat tour out to the stone breakwaters and ice break-

ers in search of seals, waterfowl and seabirds including Great Cormorants, gannets, loons, scoters, eiders, and with luck, a Harlequin Duck or Razorbill. The boat features an enclosed cabin with window viewing and a top deck for open-air enthusiasts. The day will end at Irish Eyes in Lewes with a "tally rally" to aggregate the day's bird list.

In March, Delmarva Birding Weekends will launch the sign-ups for the spring weekend April 25-28 with trips all over the Lower Shore in

Maryland and Delaware. This will be followed by the Smith Island Pelican Tours to see the white newborn Brown Pelican "puff balls" near Smith Island, and Sunset Seabird Safaris to enjoy breeding herons, egrets, ibis, and oystercatchers in the bays behind Ocean City and Assateague.

You can now sign up for the March BB&B trip at www.DelmarvaBirding.com. Last fall, Maryland Governor Larry Hogan issued an acclaimed Transactional Tourism Award for the

please see birds on page 11



Donation - The Literacy Committee of the Republican Women of Worcester County (RWWC) made a donation to the Friends of the Worcester County Commission for Women's 'Baby's 1st Library' partnership with the Grace Center for Maternal and Women's Health.

Pictured are **Vanessa Alban**, RWWC Secretary, **Tamara White**, co-chair Worcester County Commission for Women and **Eloise Gordy**, president of Friends of the Worcester County Commission for Women.

Commissioners oppose offshore drilling, seismic testing

The Worcester County Commissioners took a strong stand against offshore drilling and seismic airgun blasting in the waters off the Delmarva Coast and specifically in the vicinity of Ocean City and Assateague Island State and National Parks.

In a letter to Acting Secretary of the Interior David Bernhardt, the Commissioners voiced this opposition and sought his support to remove the Mid-Atlantic Planning Area from consideration in the 2019-2024 Outer Continental Shelf Oil and Gas Leasing Program and to deny any seismic airgun surveys for oil and gas off the Delmarva coast.

"As elected leaders, entrusted by Worcester County citizens and visitors to protect sensitive natural resources and ensure the future prosperity of our communities, we strongly feel the risks associated with oil and gas development in the Mid-Atlantic Planning Area far outweigh any potential benefits," Commission President Diana Purnell said. "Our economy heavily depends on healthy waterways and beaches to support our robust tourism, real estate, and fishing industries. These industries are directly threatened by the proposed exploration and drilling for oil and gas off the Delmarva coast in the Mid-Atlantic

Planning Area."

The oil and gas industry has a poor history of accident prevention and remediation. The Bureau of Safety and Environmental Enforcement (BSEE) reported that between 2011-2017 the following safety incidents occurred in the U.S. offshore drilling industry: 13 deaths, 760 fires or explosions, 26 losses of well control, and 125 spills of 50 barrels of oil or more.

These statistics clearly demonstrate the inherent risks that come with offshore oil and gas development. Under-scoring this risk is the dearth of oil and gas in the Mid-Atlantic Planning Area. The Bureau of Ocean Energy Management estimates there are approximately 2.41 billion barrels of oil and 24.63 trillion cubic feet of natural gas in the Mid Atlantic Planning Area. At current U.S. consumption rates, that equals less than a four-month supply of oil and less than a year's worth of natural gas.

For these reasons, The Commissioners have requested that all areas in the Mid-Atlantic Planning Area be removed from consideration in the 2019-2024 Outer Continental Shelf Oil and Gas Leasing Program and that any seismic airgun surveys for oil and gas off the Delmarva Coast be denied.

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Seaside Christian Academy offers dual enrollment program

Julie DuChene and the Board of Directors of Seaside Christian Academy (SCA) announced plans to offer a cutting-edge dual enrollment program starting with the 2019-2020 school year. With Seaside's new high school program, students entering the eleventh grade will have access to online dual enrollment courses with Liberty University through SCA's partnership with Liberty University Online Academy (LUOA) as an Affiliate School. In addition, students may choose a robust diploma track that allows them to complete high school and an associate degree through Liberty University simultaneously.

DuChene identified some of the advantages of being an LUOA Affiliate, saying that "even regionally, availability of a blended learning program like the one offered by SCA are new. Seaside's high school will offer the benefits of a brick and mortar school, with the access to a broad array of online courses offered by a major university like Liberty."

With 140 Liberty University courses available through this innovative program, students will be able to choose coursework that prepares them to continue advanced degree programs

at a 4-year institution, receive an associate degree consistent with their career interests, or complete a certificate program in addition to their high school diploma; helping them to be strong competitors when entering the workforce.

Among the associate tracks offered are: business, criminal justice, information systems, paralegal, and education. Certificate program options range from business administration to application development.

"We've been developing a strong solution for students and families for several years and are excited to provide a unique, high-quality learning solution that will prepare students for success, and will position students and families to have a much more efficient and affordable college experience. It will be a big money-saver for students to be able to take dual enrollment courses during high school, or even graduate high school with an associate's degree that can cut two years from the traditional path to a bachelor's degree."

Contact SCA for additional details at: 410-213-7595 or info@seasidechristian.com.

Motorcoach tours offered

Take a trip with Worcester County Recreation & Parks (WCRP) this spring. WCRP will host four, diverse motorcoach trips this spring season, and you are invited.

On Tuesday, March 5, visit the Philadelphia Flower Show, the world's largest-running and largest indoor flower show. This year they are displaying the Flower Power. Through imaginative exhibits, guests will see ideas like community, healing, peace,

transformation, and hope brought to life in surprising and vibrant ways. The cost is \$75 per person, and includes motorcoach transportation plus admission to the flower show. For additional tickets, visit www.flowershow.com.

On Thursday, March 28, take in the sights at our nation's capital, Washington D.C. Enjoy time on your own by visiting one of the Smithsonian Museums, or walk around the Tidal Basin to view the monuments and the world famous cherry blossoms. The cost is \$80 per person and includes motorcoach transportation. This trip will be limited to 20 participants.

On Sunday, April 7, take yourself out to the ballgame at Camden Yards in Baltimore to watch the Orioles play the New York Yankees. Grab some popcorn, soda, and enjoy the fun, family-friendly atmosphere. Save the date as trip registrations have not opened yet.

please see *trips* on page 12



Above Pat Shrawder, Charles "Buddy" Jenkins and Emily Nock.

Jenkins honored with legacy award

The Lower Shore Land Trust (LSLT) hosted the inaugural Stephen N. Parker Conservation Legacy Award at the Atlantic Hotel, in Berlin, on February 15. The award ceremony luncheon was an opportunity to recognize an individual and/or organization that has displayed an enduring and distinct dedication to conserving the vital lands of the Lower Eastern Shore. The award was designed by Jordan Pippen of Steel and Glory in Berlin. Speakers included Dave Wilson, Jr. and Jim Rapp of Conservation Community Consulting. Pat Shrawder and Emily Nock presented Jenkins with recognition citations from the Governor of Maryland and the Maryland Senate and House of Delegates.

The award was given in memory of conservationist Stephen N. Parker to recognize a landowner or conservation practitioner for their contributions to private land conservation on the Lower Eastern Shore. Stephen N. Parker served on the Board of Directors of LSLT and the Maryland Coastal Bays Program and is remembered for his work as Director of the Virginia Coast Reserve with The Nature Conservancy as well as being a long-time board member of the Citizens for a Better Eastern Shore. Parker's background in business and nonprofits served to bring together economic development and conservation further preserving the health and productivity of large ecosystems while meeting the needs of human communities.

The nominee who received the 2019 Stephen N. Parker Conservation Legacy award was Charles "Buddy" Jenkins. Jenkins is known to have one of the most significant tracts of land in

Northern Worcester County, totaling over 2,000 acres of forest, prime agriculture and coastal wetlands. The land serves as an ecological anchor for the coastal bays. Through deed restrictions the Jenkins Family Trust has preserved the property from future development.

Diabetes courses offered

The Diabetes Education Program at Atlantic General Hospital will offer diabetes self-management education and support classes in March.

The series of four, two-hour sessions will address blood glucose monitoring, foot care, nutrition, exercise, and other self-management skills to help individuals better manage their diabetes. A family member is invited to attend.

The program is recognized by the American Diabetes Association (ADA) for quality education, and program staff includes a Registered Nurse (who has diabetes) and a Registered Dietitian, both of whom are Certified Diabetes Educators.

Advance registration and a referral from your primary care provider (which the program can obtain) are required.

Diabetes Self-Management is a Medicare benefit and the cost of the classes is covered by most insurances.

Classes will be held on the following Wednesdays, from 3 p.m. to 5 p.m.: March 6, 13, 20 and 27.

Classes will take place at the Burbage Regional Cancer Care Center located at 9707 Healthway Drive in Berlin.

Please call 410-208-9761 for more information and to register.

Letters sent to The Courier for publication consideration must be signed and include a telephone number where the author can be reached to verify authenticity, if necessary. Letters are not corrected for spelling or grammar and priority will be given to letters of 300 words or less. Letters must be received by Friday at 5 p.m. They can be e-mailed to:



thecourier@delmarvacourier.com

I'm ready for my discount

On an evening not long ago, I watched the 1955 movie "Marty" on Amazon Prime. If you're not familiar with the movie, it stars Ernest Borgnine as a 34-year old butcher who has



It's All About. . .
By **Chip Bertino**

chipbertino@delmarvacourier.com

been unsuccessful in love. He comes from an Italian family and lives with his widowed mother. Although the story portrays a day in the life of Marty who unexpectedly finds love at a dance he reluctantly attends, there's a side-story involving his mother's sister, Katerina. She lives with her recently married son, his wife and their newborn. The long and short of it is that the son asks Marty's mother to ask her sister to move in with her so the young couple can live alone.



I know, you're wondering why I'm writing all this. I'm getting to it. There's a scene when Marty's mother and her sister are somberly discussing how after their children are grown, their lives are for the most part over. The scene is poignant, and not a little bit comical. What struck me was that the older of the two women was only 56 years old. FIFTY-SIX YEARS OLD! The older sister is lamenting that her life is over and she has nothing to live for at just 56 years of age.

Even accounting for the fact that this movie was made more than 60 years ago, it's hard to understand anyone believing that when they are 56 years old, that life is, for intents and purposes, over.

How old is old? It's a matter of mindset. I've known people in their thirties who were old, already complaining that this hurts and that aches. Give me a break! It's people like these that remind me of the George Burns line that some people rehearse being old at a young age so that when they are old, they're a hit.

I know people in their seventies and eighties who are more like twenty-

some things than candidates for a rest home. Some of my good friends fall into this category, but you would never know it when you're in their company. Of course, age is relative. My six-year-old granddaughter thinks I'm really old. But what does she know? She thinks her mother, my daughter, is ancient.

So why is this a thing with me this week? Because in the mail arrived my official AARP card. I am now an official member of this organization. My wife and I enrolled in order to benefit from discounts in travel and accommodations, rental cars and other services. Despite this perk, it's still a little hard for me to reconcile that I have an active membership in an organization that my grandmother once belonged. She was a proud member, asking unabashedly for the AARP discount wherever she went, sometimes becoming contrary when no discount was offered.

I've not used my new membership to obtain a discount on anything. I'm of two thoughts on this. While I want to save money with the discounts, I'm not all that enthusiastic about admitting that I'm of a certain age. I suspect that any concerns I may harbor in this regard will disappear when a discount is realized.

Regardless of my age, being a recipient of a discount, no matter how small, makes me a little more spry. And who doesn't want to be spry at my age?

On a personal note. Last week Dave Stevens passed away. He lived in the Parke. He was active in our community, serving on the Ocean Pines Board of Directors for many years. Dave and I were part of a breakfast group that meets each Friday morning. He and I sat across from one another for many years. We didn't always agree on issues. He said things I thought were ridiculous and I know his eyes rolled at things I said. He was a good man who was married for many years to a lovely woman, Mary, who died a couple years ago. Dave made a contribution to our community and he will be missed.

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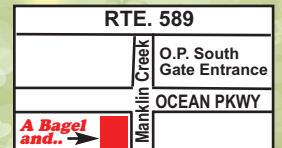
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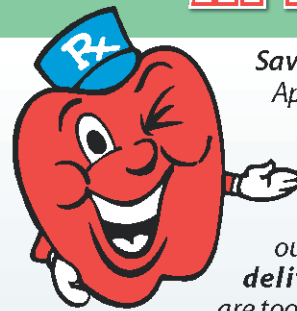
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OPA dumps on employees

Commentary by **Joe Reynolds**

After weeks of weeping, wailing and gnashing of teeth, on February 23rd the OPA Board of Directors passed a budget for the upcoming fiscal year. It calls for an assessment of \$986, an increase of \$35 per year. This is less than the \$127 per year increase announced a couple of weeks ago, an increase that brought fears of a financial apocalypse from some quarters, and the end of General Manager John Bailey's cameo stint managing our association.

Prior to the final budget vote, the Board spent perhaps two hours in discussion. Almost all that time was spent discussing something that will surely alienate OPA employees. As a practical matter, the Board of Directors dumped on the OPA employees to keep the assessment low. Here is the sad tale:



Some OPA employees were hired with a benefit package that included OPA paying 100% of their health care insurance. OPA now wishes to change those employment agreements so that the employee pays 20% of the health-care cost. In the abstract, this is not unreasonable. The reality, however, is that some employees will see a reduction in take-home pay of as much as \$3,000 a year in future budgets. For many OPA employees, this is a serious and large loss of take-home pay.

To make matters worse, the board even decided to eliminate all funds for possible employee merit pay increases this year.

Adding insult to injury, the total dollars involved in the health care de-

baile is only \$97,000. At an earlier meeting, the OPA Board of Directors voted to reduce the interest rate collected from association members who do not pay their assessments. This resulted in adding almost \$97,000 to the assessments, as initially reported on *OceanPinesForum.com*. In other words, OPA is dumping on employees while giving a big dollar break to association members who don't pay their assessments. In the last audited financial report, there were nearly \$1 million in unpaid assessments.

Implementation of an 80-20 split on health care costs for new hires is not unreasonable. If it takes just \$97,000 in a \$13 million budget to keep all current employees whole with their current health care programs, it is a relatively small cost to **DO THE RIGHT THING.**

OPA, Bailey part ways

The Ocean Pines Board of Directors have released the following statement on Tuesday, February 19:

The Board of Directors of Ocean Pines Association, Inc. and its General Manager John Bailey have mutually decided to part ways. Mr. Bailey intends to pursue other professional opportunities. The Board thanks Mr. Bailey for his hard work and dedication to Ocean Pines and wishes him well in the future.

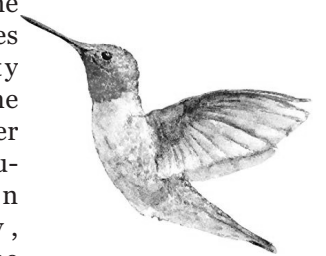
The Board will conduct a thorough search to identify a replacement for Mr. Bailey.

Lacrosse fundraiser scheduled

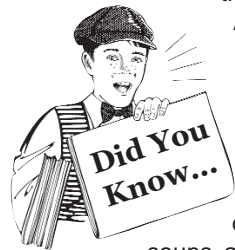
The Stephen Decatur High School boys' lacrosse team will hold a fundraiser on Wednesday, February 27 at DeNovo's Restaurant in Ocean Pines from 4 p.m. until close. DeNovo's is donating 20% of the evenings sales to the team. There will be a gift basket silent auction held at the event.

Garden club to meet

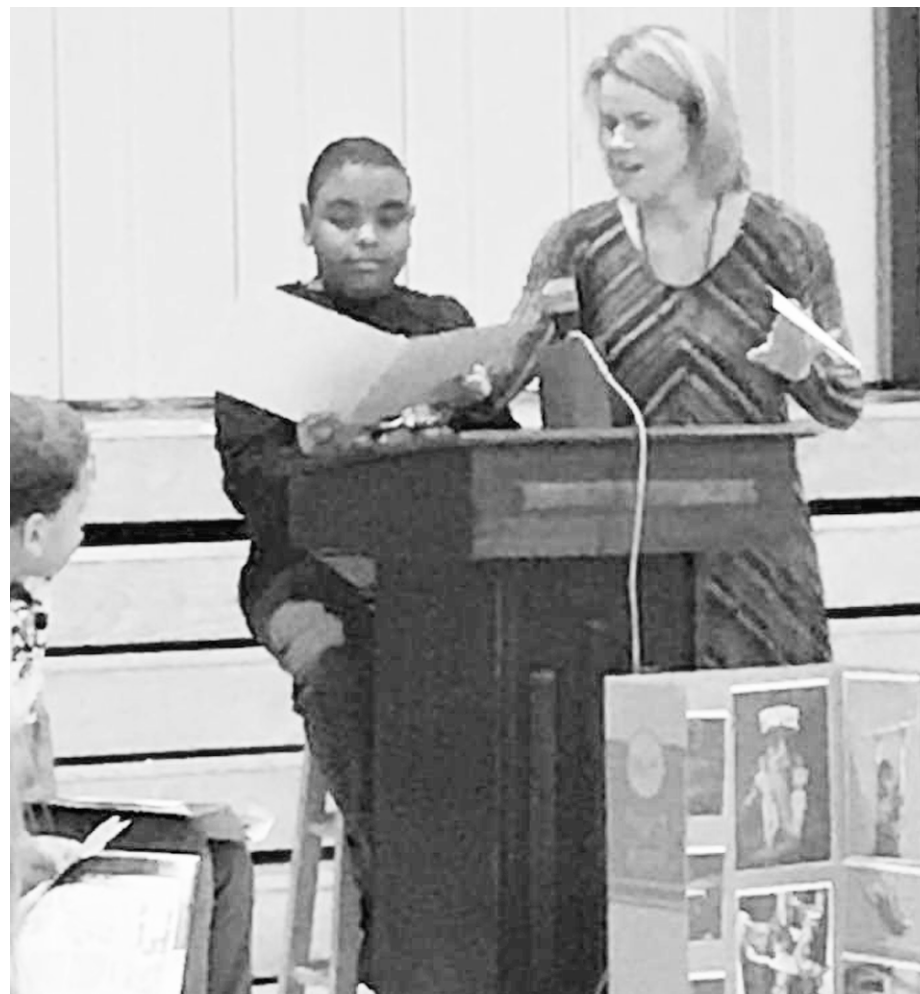
The next meeting of the Ocean Pines Garden Club (OPGC) will be Thursday, March 14 at 10 a.m. in the Ocean Pines Community Center. The guest speaker will be Maureen Kennedy, owner of the My Backyard store in Ocean Pines. Kennedy will speak on encouraging hummingbirds to visit your backyard. The OPGC meets the second Thursday of each month and welcomes visitors and new members.



According to Oldways, a nonprofit organization that helps people rediscover and embrace shared cultural eating traditions, traditional meals in Africa varied depending on where on the continent one might be. In Central Africa, Oldways notes that traditional meals were often based on hearty vegetable



soups and stews that were poured over boiled and mashed tubers or grains. In Eastern Africa, the main features of traditional meals were whole grains and vegetables such as cabbage, kale and maize. In places like Ethiopia and Somalia, flat-breads play a significant role in traditional meals. Meals were based on these breads and beans, such as lentils, fava beans and chickpeas, and served with spices. Beans were eaten throughout Africa, and Oldways notes that they were often pounded into a powder for bean pastes.



Poetry - Students from Carolyn Mitrecic's reading class at Berlin Intermediate School read poems to their families. Students selected a poem to read and added props to express the poem. Pictured above is fifth grader **Freddie Crosby**.

The Courier

Chip Bertino Publisher/Editor

Mary Adair Comptroller

Contributing Writers

Dan Collins, Ron Fisher, June Freeman, Douglas Hemmick, Jean Marx, Kelly Marx, and Bev Wisch

Robert B. Adair 1938-2007

P.O. Box 1326 Ocean Pines, MD 21811

410-641-6695 • fax: 410-641-6688

thecourier@delmarvacourier.com

www.delmarvacourier.com

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Wor-Wic publication receives top award

For the fourth year in a row, “Echoes & Visions,” the creative arts magazine at Wor-Wic Community College, won first place with special merit in its category of publications from junior/community colleges with a student enrollment of more than 2,501 in the American Scholastic Press Association’s (ASPA) 2018 Scholastic Yearbook and Magazine Awards.

“I’m so pleased that for the sixth year in a row, our student arts journal has received an award from this prestigious competition and that, for the second time, we have also received an award for the Most Outstanding Community College Literary Arts Magazine,” said Melissa Reddish, assistant professor of English and director of the honors program. “This is quite an honor for the editorial team. They should be extremely proud of the thirtieth anniversary issue.”

The rigorous selection process

began with a formal application that included information about the college and how the magazine is put together, along with what percentage of work was done by faculty, students and outside professionals.

The winners were chosen based on the results of an item-specific 1,000-point rubric that evaluated each publication on every aspect of its quality, from the published contents to design and copy editing.

The ASPA has been holding the contest annually since 1980. The contest is open to all schools around the country.

Submissions for “Echoes & Visions” are accepted from any current or former student. In addition to Reddish, faculty advisors include Dr. Allison S. Bartlett and Dr. Amy Oneal-Self, associate professors of English, and Dr. Elinor Cabbage, professor emeritus.



Kiwanis inducts new members

January ended with a bang when three new members were inducted into the Kiwanis Club of Greater Ocean Pines - Ocean City on the January 30. The club’s Membership Chair, Lynne McAllorum, has been working hard to let people know what Kiwanis is all about and share that they too can experience the fun and sense of accomplishment of being a Kiwanian.

Pictured (L-R) are new member **Tony Winter** who is a retired college professor and previously a Kiwanian in Shippensburg, PA, Tony’s sponsor **Ron Graybill**, **Ed Weeks** who works for the local Physical Therapy and Balance Center, **Lynne McAllorum**, **Tim Collins** who works for the local I.G. Burton dealership in Berlin and his sponsor **Dave Herr**.

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Annual Finnegan's Wake returns

Secrets' Morley Hall comes to life with a grand celebration of the "death" of Tim Finnegan at the 7th annual Finnegan's Wake to be held on Saturday, March 9, from 5 p.m. to 9 p.m.

The Friends of WCDC will hold this mock Irish wake as a fundraiser for adults with intellectual disabilities who attend the Worcester County Developmental Center. Morley Hall will echo with great music and lots of laughter as mourners and revelers alike raise one last glass in toast to the supposed passing of Tim Finnegan.

Whether it is from the lilt of their speech or their skill playing ancient instruments, the Irish are renowned for their musical ability. "Folk Heroes" will headline this year's entertainment and enthrall the audience with Celtic and folk songs both acoustic and electric. "Folk Heroes" have been entertaining and enlightening fans of authentic Irish music for almost a quarter of a century. Their style and multi-instrument musicianship have made them popular entertainers up and down Delmarva.

A wake must have at least a bagpipe, and this wake has much, much more. Area legends "The Ocean City Pipes and Drums" not only start the evening by leading the funeral procession but will also perform flawless sets of Highland and military marches that will make this the most unforgettable wake you have ever attended.

All this music is designed to stir you to action, and audience members will have a chance to become part of the show. While Tim Finnegan is lying in his coffin, you can tell him a joke. If you can raise him from the dead with laughter, you win a drink of your choosing.

Wealthy Irish used to hire professional mourners called Keeners to pay

respects to the departed. Anyone who wishes will have the opportunity to come forward and wail for Tim. If the judges deem your keening the best, judged on volume and feeling, you will win a cash prize.

The event is sponsored by The Robert Nock Insurance Agency, Cheers of Berlin Beer, Wine and Spirits and Gallagher insurance. Entertainment is sponsored by Apple Discount Drugs, Avery Hall Insurance Group, The Burbage Funeral Home, Malvern Collision Service, Vicky Tillery, Robin Dannelly and John Falcone.

Admission is \$20. Secrets will have traditional Irish dishes as well as their regular menu available and happy hour prices will be in effect at the bar.

There will also be a silent auction with wonderful items from fine jewelry to dining certificates.

All money raised goes to benefit the Friends of WCDC and their mission to support the clients of WCDC. WCDC provides employment opportunities, residential services and community based supports for adults with intellectual disabilities. For more information about the wake, call Cathy Gallagher at 570.956.4721. For more information about WCDC and its programs, call Jack Ferry at 410-632-2382.

Free resume workshop to be held

A resume workshop will be held on Thursday, February 28, from 4:30 p.m. to 6 p.m., in Room 103A of Fulton-Owen Hall at Wor-Wic Community College in Salisbury.

Participants will learn how to write an effective resume and receive tips for a successful job search.

This is a free event open to current students, alumni and community members. To reserve a seat, call career services at 410-334-2903.

*If you live in Ocean Pines, be sure to contact The Courier if you want the paper each week in your driveway.
Call 410-641-6695*



Authors' contest

The Eastern Shore Reading Council (ESRC) announced that eight Worcester Prep students earned finalist status in the 2019 Young Authors' Contest for short story or poetry. Each finalist finished in the top three in their respective category and grade level 2-12. All finalists, along with their families, teachers and school administrators, are invited to attend the Young Authors' Awards Reception at Salisbury University on March 5. The Eastern Shore Reading Council is a nonprofit organization with the mission to improve the level of literacy in the three counties on Maryland's lower Eastern Shore.

(L-R): Grade 3, Poetry: **Ellie Phillips**; Grade 3, Short Story: **Harper Hertrich** and **Ryan Shipp**; Grade 4, Poetry: **Gabriella Damouni** and **Henry Holt**; Grade 5, Short Story: **Caitlin Shimko**; Grade 6, Poetry: **Sydney Tingle**; and, Grade 10, Poetry: **Hannah Perdue**.

Seaside Prince and Princess Ball is Sunday

Seaside Christian Academy (SCA) invites the community to its annual Ball, a father-daughter, mother-son family event on March 3 at 2 p.m. and The Grand Hotel and Spa in Ocean City. The Seaside Ball has become well known and loved as a place for families to gather and enjoy an afternoon of dancing, food, community, and fun.

"Families look forward to an opportunity to dress up and spend this time together," said Jessica Pollmeier, president of the SCA Parent Teacher Fellowship group. This year's theme "A Walk Down the Red Carpet" celebrates SCA's twentieth anniversary. "We are thrilled to have the Grand Hotel and Spa as our host. In an additional show of support of our school community, they have offered a special block of rooms at a discounted price of \$79/night for families attending the Ball."

The menu includes a carving buffet with roast beef for adults and a special child-friendly buffet including chicken sliders for the young and young at heart. Music will be provided by DJ

Wax and live performances by Sarah Campbell for the mother-son dance and Ashley Foreman for the father-daughter dance. There will also be photo opportunities, door prizes, and auctions all to benefit SCA.

"It is so wonderful that the school provides this unique event for the entire community to come together and celebrate family and support our school," says Tierra Mumford, a Seaside parent.

Special thanks to our Signature Sponsor, Gateway Subaru, as well as additional sponsors Sunset Marina, Merry Sherwood Plantation, Burbage Funeral Home, Taylor Bank and Affordable Business Systems, who invite other area businesses to join them in supporting this fun and worthwhile event.

Sponsorships, tables and individual tickets are all available. Call 410-213-7595 to purchase tickets or for more information. To purchase tickets online, go to www.seasidechristianacademy.com/fundraisers or visit Seaside's Facebook page.

**The LORD will surely save me
So we will play my songs on
stringed instruments** Isaiah 38:20



We do that!

www.FellowshipAlliance.com
Church
Come join us this
Sunday 9:00AM
Showell Elementary School - Route 589
410-641-6000



Event success - In January, Ocean City Elementary School students in grades Pre-K to four participated in Kids Heart Challenge Fitness events raising \$30,856 for the American Heart Association. The money raised each year helps the American Heart Association research new methods to help heart and stroke patients.

Above are **Tracey Drocella** and some second-grade students take a quick break from jumping rope.

Boating classes scheduled

Semper Paratus meaning, “Always Ready” is the motto of the Coast Guard. Here in Ocean City the Coast Guard works 24 hours a day, seven days a week ensuring the safety of people and vessels.

Some interesting facts: The Coast Guard is the smallest branch of the military with only 42,000 active duty members. According to the US Coast Guard Boating Resource Center on an average day, the Coast Guard conducts 109 search and rescues, saves 10 lives, seizes 169 pounds of marijuana, and 306 pounds of cocaine worth \$9.5 million and investigates six vessel casualties.

The Coast Guard Auxiliary works hand-in-hand with active duty shipmates. During the summer months the Auxiliary is on the water in private vessels known as facilities assisting the Coast Guard with all special events such as the air show, fireworks, swimming events and even search and rescues if called upon. One of the main priorities of both the Coast Guard and the Auxiliary is boater education. Weather you operate a jet ski or a yacht knowledge of the navigation

rules on the water is required.

Safety on the water is every boater’s responsibility and knowing what to do-not only is an emergency but also when docking, anchoring, and passing another boat is-key to having fun and developing a culture of safety on the water. It is recommended that all boater’s take the safe boating class. This class is required for all Maryland boat operators born after July 1, 1972, and all boat operator’s in Virginia and New Jersey waters. A certificate is awarded upon completion of the course. The cost is \$15 for materials.

The next class is March 5, 6 and 7 between 6 p.m. and 9 p.m.

All classes are held at the Ocean Pies library. For more information or to register, please contact Barry Cohen at 410 935-4807 or email: CGAUXOC@Gmail.com

Upcoming classes are scheduled in 2019: April 23 to 25, June 4 to 6, July 9 to 11, September 3 to 5. The classes will run 6 p.m. to 9 p.m. Saturday classes will be offered May 11 and August 3. This classes will run from 8:30 a.m. to 4:30 p.m.

Wags and Whiskers Thirty-One Bingo event returns Saturday

On Saturday, March 2, Worcester County Humane Society (WCHS) will hold its second annual “Wags and Whiskers” Thirty-One Bags and More Bingo fundraiser. The event will be held at the American Legion Post 166 in Ocean City with doors opening at noon. The Bingo games will run from 1 p.m. to 4 p.m. Event goers must be 18 or older. All proceeds benefit the homeless dogs and cats at the no kill shelter.

Advance tickets are \$30 for 20 regular games for Thirty-One bags full of goodies and gift cards as well as some cash prizes. There will be two special Bingo games for an additional small fee. There will also be an opportunity to participate in a Chinese auction and raffle boards for additional items and prizes as well as food and beverage available for purchase.

“Whether a person comes alone

or brings a group of friends, the event offers a fun atmosphere of fellowship for all,” said Diana Snyder, Event Chair.

Tickets will be available at the door the day of the event for \$35.

Tickets can be purchased at the WCHS Thrift Store at 12703 Sunset Avenue Units 5 & 6 or by calling Diana at 443-987-2870. Advance tickets are also available for purchase at Worcester County Humane Society 12330 Eagles Nest Road, Berlin

Worcester County Humane Society is private, nonprofit, no kill animal shelter that depends on donations and fundraisers to help care for the many cats and dogs who call the shelter home until their forever families are found. Follow the shelter on Facebook and Instagram for available pets and updates on events.

THE WORCESTER COUNTY HOMELESS BOARD PRESENTS:

LOST in WOONSOCKET

A tale of hope, love and forgiveness

Sunday, March 10, 2019

at 5:00 pm

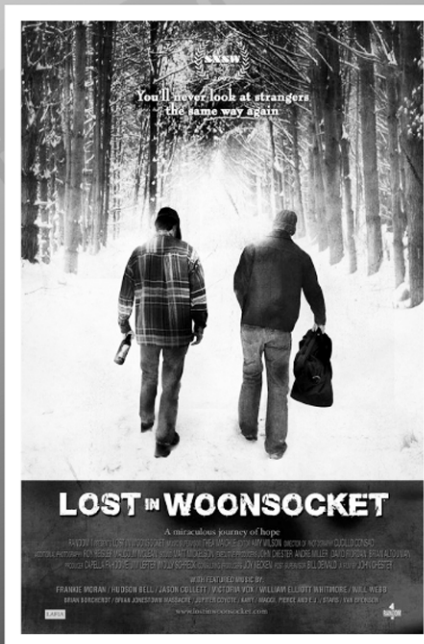
The Red Doors Community Center

10959 Worcester Highway, Berlin MD, 21811

Following the movie, join in a brief discussion about homelessness, addiction and stigma.

Light refreshments will be provided.

This event is **FREE** and opened to all.



Please call 410-632-3648 for more information.



For the Love of Travel

Two weeks in Cambodia

By **Kelly Marx**

I am preparing to be off from work in April for Khmer New Year. I will be combining one week off for the public holiday with my annual leave to give me two weeks traveling around my new home with my best friend from my old home. Planning any trip can be daunting, but knowing that the entire country of Cambodia is around the size of the state of Oklahoma assuaged me a bit. Here is our itinerary from April 13 to April 20.

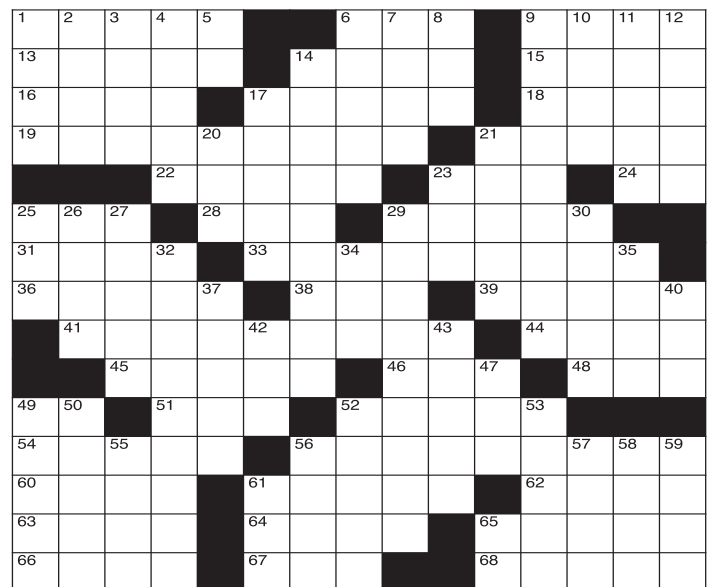
April 13: Carrie flies in to Phnom Penh International Airport on China Southern Airlines at 10:45 a.m. We will catch a bus from Phnom Penh to Sihanoukville to stay for the night. We will use the Mekong Express Bus Company, which has higher reviews than some other companies for a similar price. The price of the ticket is \$13 per person. The bus ride takes approximately five hours. We will miss the last ferry out, as the ferries stop at 5 p.m. We will stay in a hostel on Serendipity Road for the night so that we are close to the pier in the morning to catch our 9 a.m. ferry to Koh Rong Samloem. Sihanoukville itself requires no time to visit and is primarily used as a jumping off point. In recent years, there has been an increase in the number of ferry operators, which has resulted in more options and time offerings. Round-trip, we purchased our tickets for \$22 per person. We are taking the speed ferry with Buva Sea Cambodia. The slow ferries are cheaper, but not recommended as they do not operate professionally. The two main islands that you can access from Sihanoukville are Koh Rong and Koh Rong Samloem. Koh Rong is the bigger and more established island. It is firmly planted on the map for ex-pats taking a beach weekend out of the city and budget backpackers. Of the two islands, Koh Rong has more night life and is more developed. Koh Rong Samloem is a quieter alternative. We are staying at The Beach Island Resort in a bungalow for three nights for a total of \$66. There are budget-friendly options on Koh Rong Samloem, but fewer due to a smaller number of overall accommodation offerings.

April 17: We will catch the 7 a.m. ferry leaving Koh Rong Samloem for Sihanoukville. The ferry takes approximately 45 minutes. We will then take a Grab Tuk-Tuk to the airport from the ferry pier. We will fly from Sihanoukville to Siem Reap on Cambodia Angkor Air. The flight is one hour and ten minutes in duration and is \$63 per person, before baggage. As the road quality in Cambodia is very poor, if time is an issue, you are better off flying. Many stories about Siem Reap start out with a lament of, "Next time, we will fly." After arriving to our accommodation, Krousar Khmer's Home (\$27 total for two nights), we will go on a food tour. After the food tour, we will purchase our Angkor Wat tickets for the next day.

April 18: We will explore Angkor Wat, Bayon Temple, and Ta Prohm. A one-day ticket to Angkor Wat costs around \$35 per person. After exploring the temples, we will go back to the city and do some shopping. Siem Reap is home to many artisans and traditional art forms. One of these traditional art forms is shadow puppetry. We will go to a shadow puppet performance on this night.

April 19: We will travel from Siem Reap to Battambang by bus, using the Mekong Express Bus Company again. The ride is approximately three and half hours. The cost of the ticket is \$15 per person. In Battambang, we will take a bamboo train ride in the earlier part of the day and then go to the bat caves to watch the bat exodus at night. The old bamboo train was forced to move to make way for an actual train earlier this year. Now, the bamboo train is back up and running in a new location 20 kilometers from the city of Battambang. According to the *Phnom Penh Post*, the bamboo train was, "originally conceived as a logistical fix during the United Nations Transitional Authority of Cambodia period... the original "bamboo train" was a lorry system that operated on Cambodia's rarely used northern rail line." It has now become a major tourist draw and the number one reason that tourists travel to Battambang. The next day, we will go on a bike tour through the countryside, followed by an evening at the circus. There are no animals at this circus, only human performers. Phare Ponleu Selpak Circus trains performers and then puts on performances every night at 7 p.m. for \$14 for adults.

April 20: We will take a boat to Koh Rong Samloem. The boat ride takes approximately 45 minutes. We will then take a Grab Tuk-Tuk to the airport from the ferry pier. We will fly from Sihanoukville to Siem Reap on Cambodia Angkor Air. The flight is one hour and ten minutes in duration and is \$63 per person, before baggage. As the road quality in Cambodia is very poor, if time is an issue, you are better off flying. Many stories about Siem Reap start out with a lament of, "Next time, we will fly." After arriving to our accommodation, Krousar Khmer's Home (\$27 total for two nights), we will go on a food tour. After the food tour, we will purchase our Angkor Wat tickets for the next day.

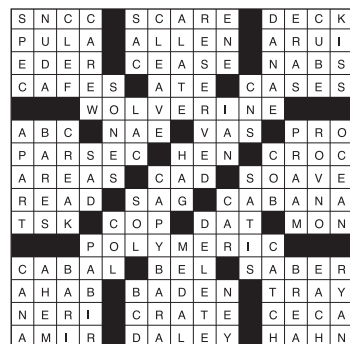


CLUES ACROSS

- 1. Iranian village
- 6. Duct
- 9. Holds potatoes
- 13. Plant of the goosefoot family
- 14. Spoken in Cameroon
- 15. Students' rights document (abbr.)
- 16. Skin lesion
- 17. Went over the airwaves
- 18. Nestle malt drink
- 19. Rockets' point guard
- 21. Developed the polio vaccine
- 22. Businessmen
- 23. Animals have it
- 24. Atomic number 58
- 25. Cycles/second
- 28. Japanese classical theater
- 29. Slow nocturnal primate
- 31. Used in a play
- 33. One that breaks apart
- 36. Yellow-fever mosquitos
- 38. Bag-like structure in a plant
- 39. Simple wooden shoe
- 41. Leeches
- 44. Tide
- 45. Fathers
- 46. Decay
- 48. Returned material authorization (abbr.)
- 49. The Golden State (abbr.)
- 51. Extinct flightless bird of New Zealand
- 52. Unique garments
- 54. True firs
- 56. One who's not on time
- 60. Angry speech
- 61. Young children
- 62. About aviation
- 63. This (Spanish)
- 64. Earns a perfect score
- 65. People of Ghana
- 66. Founding member of The Grateful Dead
- 67. Of she
- 68. Genus of lichens

CLUES DOWN

- 1. Variety of pear
- 2. Curved symmetrical structure
- 3. A demon in some cultures
- 4. Cricket frogs
- 5. Atomic #45
- 6. Abnormal bone joint
- 7. Cain and ___
- 8. Unhappy
- 9. Dogooder
- 10. Most babies need ___ when they eat
- 11. Abdominal pain suffered by babies
- 12. Monetary unit
- 14. Tendency to suffer from a particular condition
- 17. Genus of flowering plants
- 20. It comes up some days
- 21. Koran chapters
- 23. In support of
- 25. One who crunches numbers
- 26. A type of school
- 27. Pops
- 29. Tears
- 30. Not influenced by drugs
- 32. Forms a boundary
- 34. Touch quickly and gently
- 35. Stray
- 37. A period between solar and lunar eclipses
- 40. Third-party access
- 42. A very large body of water
- 43. Infections
- 47. It might be due to nerves
- 49. Hall of Fame ballplayer Rod
- 50. Belittle
- 52. Type of sword
- 53. Makes very wet
- 55. One-time Peruvian money
- 56. A shoe typically has one
- 57. Not nice
- 58. Sea eagle
- 59. Civil Rights figure Parks
- 61. Humbug
- 65. A precious metal (abbr.)



Answers for February 20

Music can impact emotions

Music is an integral part of the human experience. Songs have been sung for centuries, and music plays an integral role in many cultural ceremonies, rites of passage and other traditions. Love songs may be enjoyed on Valentine's Day and stir up strong romantic feelings that enhance the theme of the day. But why is music so impactful?



Researchers have had an interest in music and its impact on human emotion and perceptions for many years. Music of all genres and styles can be therapeutic and boost mood while bringing listeners pleasure and comfort. Sad music may intensify

grief. Music can evoke strong feelings and may influence how individuals perceive other people and things.

According to a recent study by researchers Nidhya Logeswaran and Joydeep Bhattacharya from the University of London, music affects how people see visual images. In an experiment, 30 subjects were presented with a series of happy or sad musical excerpts. After listening to the songs, the subjects were shown a photograph of a face. Some people were shown a happy face, the person was smiling, while others were exposed to a face with sad or neutral facial expressions. The participants were then asked to rate the emotional content of the face. Researchers found that happy music made happy faces seem that much more pleasant, while sad music exaggerated frowns. Similar effects were found with neutral faces.

These findings illustrate how music

*Please see **music** on page 16*

birds

from page 2

popular events.

"People love these trips," said guide and event co-organizer Jim Rapp. "Folks all over the East Coast are starting to realize just how much nature is still thriving on the Delmarva Peninsula."

Eagles, eiders, Purple Sandpipers, falcons and more than 25 species of duck, goose and swan are on full display in the mid-Atlantic for about four months a year. More than 120 species were tallied in 2019 during the winter birding weekend in January, including a Golden Eagle, razorbills, eiders, harlequin ducks and three seal species.

The best way to see these birds is to shed those winter blues, dust off the binoculars, and get outside. Seals are a huge draw for the Lewes Boat Tour with Harbor and Gray Seals traversing the ocean and inland waterways regularly. December through the end of March is a true Arctic experience on the peninsula.

Guided by fun-loving local birders with decades-long experience on the shore, the walking tours and boat trips accommodate visitors from the curious nature lover to fowl fanatics.

"Many folks have no idea how spectacular the winter birding is down here," said Rapp. "The sheer number of Bald Eagles and ducks is mind bog-

gling. We host the Beans, Birds, & Beers events to add a warm and tasty wrinkle to the fun."

The Delmarva Peninsula is one of the country's premier birding areas, thanks to an extensive variety of habitat protected by coastal parks, refuges, and wildlife management areas. More than 400 bird species have been recorded in the region and some Weekend tallies have topped 200 species.

"Delaware is teeming with bird species in winter," said Southern Delaware Tourism Director Scott Thomas. "And this is a great place to experience them."

If seeing so many bird species isn't enough, participants should feel even better knowing that they've helped Delmarva's birds by promoting birding and habitat conservation. Birders, both novice and experienced, make an important statement about the economic value of birds and their habitats through the money they spend in local hotels, restaurants, and shops.

Sponsors for the event include the Delmarva Almanac, the Boardwalk Hotel Group, Jolly Roger Amusement Park, Worcester County Tourism, and Southern Delaware Tourism. Event registration and sponsorship information can be found at <http://delmarvabirding.com/saturday-march-9-lewes/>.

Prevent prenatal infections

Protecting children begins the moment a mother learns she is pregnant. Illnesses can affect children in the womb, and expecting parents should be aware of conditions that can affect the health of the fetus, also known as prenatal infections.

The organization Group B Strep International says that approximately one in four pregnant women carry GBS, the leading cause of sepsis and meningitis in newborns according to the Centers for Disease Control and Prevention. GBS also can infect babies during pregnancy and the first few months of life. GBS as well as other conditions, such as cytomegalovirus, listeriosis and Zika virus, are serious health problems that can affect a fetus and expecting mothers.

Mothers can take various steps to protect themselves and their babies from infectious contagions. The American Academy of Pediatrics and the CDC offer these tips to expecting parents.

Wash hands often. The single best way to prevent contraction and spread of any illness is through hand-washing. Use warm water and soap to wash hands before and after certain activi-

nominations

from page 1

performed commendably and beyond the call of duty are currently being accepted at the Worcester County Health Department. Criteria for selection of honorees include: program impact on community, appropriateness of approach, and personal contribution to the program. Anyone who received an award in the past three years is not eligible. The deadline for nominations is March 15. Please call 410-632-1100 ext 1038 or e-mail jack.orris@maryland.gov to request a nomination form or to make a reservation.

Letters sent to The Courier for publication consideration must be signed and include a telephone number where the author can be reached to verify authenticity, if necessary. Letters are not corrected for spelling or grammar and priority will be given to letters of 300 words or less. Letters must be received by Friday at 5 p.m. They can be e-mailed to:

thecourier@delmarvacourier.com

ties, such as preparing foods, eating and using the restroom and after coming in contact with surfaces that may be germ-ridden.

Cook meat to proper temperatures. Use a food thermometer to make sure the internal temperature of meats,



poultry and fish are at the recommended levels for safety. Undercooked foods may contain harmful bacteria, such as listeria and E. coli.

Avoid unpasteurized dairy products. Feta, queso fresco, brie and other soft cheeses should be avoided unless the label specifically mentions pasteurization. Make sure yogurts and milks are pasteurized as well.

*Please see **prenatal** on page 12*

Tides for Ocean City (Fishing Pier)

Day	High /Low	Tide Time	Sunrise Sunset
Th 28	High	2:47 AM	6:34 AM
	Low	9:21 AM	5:52 PM
	High	3:05 PM	
	Low	9:11 PM	
F 1	High	3:49 AM	6:32 AM
	Low	10:24 AM	5:53 PM
	High	4:02 PM	
	Low	10:07 PM	
Sa 2	High	4:41 AM	6:31 AM
	Low	11:14 AM	5:54 PM
	High	4:50 PM	
	Low	10:59 PM	
Su 3	High	5:26 AM	6:30 AM
	Low	11:55 AM	5:55 PM
	High	5:33 PM	
	Low	11:44 PM	
M 4	High	6:06 AM	6:28 AM
	Low	12:30 PM	5:56 PM
	High	6:14 PM	
Tu 5	Low	12:25 AM	6:27 AM
	High	6:45 AM	5:57 PM
	Low	1:03 PM	
	High	6:54 PM	
W 6	Low	1:04 AM	6:25 AM
	High	7:22 AM	5:58 PM
	Low	1:36 PM	
	High	7:33 PM	

Watercolor artists focus of arts center

The public is invited to the free First Friday opening reception at the Ocean City Center for the Arts on 94th St. on March 1 from 5 p.m. to 7 p.m. with complimentary hors d'oeuvres.

The Delaware Watercolor Society displays the work of their members in a group show in the Thaler Gallery in March. A nonprofit organization headquartered in Rehoboth Beach, the Society has a membership of more than 80 artists from Maryland, Delaware, New Jersey, Washington, D.C., Pennsylvania, and Virginia, many of whom are award-winning and well-known throughout the art community.

"Come Together" is the theme of the Art League group show in the Galleria, featuring works depicting people from different walks of life, each a key part of our shared humanity. Angela Herbert-Hodges is the exhibit judge.

The First Friday event will also open the annual Shirley Hall Memorial Youth Art Show, showcasing the artwork of middle and high school students from public and private schools in Worcester County. The student art also will be on display for the weekend,

Saturday and Sunday, March 2 and 3, from 11 a.m. to 4 p.m.

For over 20 years, the Art League of Ocean City has presented the youth art show in cooperation with Worcester County schools. The purpose of the event is to promote creativity and allow local youth to present their artwork in a professional gallery setting. The student artwork on display will include original drawings, paintings, and photography.

The art show is named in memory of Shirley Hall, a former Art League board member, who was instrumental in originally developing and presenting the show. Hall's daughters, Betsy Hall-Harrison and Barbara Shade, are the show's judges, and Hall's son, Greg Hall of Towboat US, is the sponsor of the cash prizes.

Ian Postley of Bishopville occupies

Studio E in February. A working freelance illustrator and graphic designer, he attended Stephen Decatur High School and the Delaware College of Art & Design and was a 2013 Art League scholarship winner. Postley's illustrations have graced the program covers of the Ocean City Film Festival for the last three years. Postley

Ian Postley



strives in his personal artwork to honestly express his "fears of a dream worth living, a puzzle left undone, and struggles hushed."

B.L. Strang-Moya is a professional filmmaker from Worcester Co. and a graduate of Stephen Decatur High School and Towson University. Photo-

graphic stills captured from his films are on display in the Spotlight Gallery in March. The artistic director of the Ocean City Film Festival, Strang-Moya tells true and unique stories of the Lower Eastern Shore through his films that include "Joe KroArt's World Center" and "The Sign." He currently lives and works in Annapolis.

Kathy Huegel is March's artisan-in-residence. After 25 years of teaching art to middle school students in Wicomico County, Huegel now lives in South Bethany Beach where she "responds to the environment around me." Working in mixed media, she creates fashionable earrings of hand-painted paper.

All shows will be on display at the Arts Center until March 30.

On Saturday, March 2 at 1 p.m., Art League docent Cassie Wait will give a free gallery tour, discussing the art on the walls and answering questions. Admission is free.

More information is available at www.artleagueofoceancity.org or by calling 410-524-9433.

NASCAR and its fan history

Millions of racing enthusiasts tune in to watch their favorite NASCAR drivers every weekend. Whether filling the stands in person or watching on television, NASCAR fans are drawn to the action and the sport's storied history.

It is believed that what would ultimately evolve into car racing began during Prohibition times when "runners," or those who delivered moonshine, souped up their cars to evade federal tax agents. These runners took pride in evading the law and would hold informal races to determine who had the fastest car and greatest racing chops. Eventually the need for smuggling booze waned, and car racing became a more respectable sport.

On February 21, 1948, the National Association for Stock Car racing was officially incorporated, although the first official NASCAR race took place six days earlier. The sport would go on to be one of the most popular spectator activities in North America and is now a multi-billion dollar industry.

NASCAR owes its beginnings to mechanic and auto-repair shop owner

William "Bill" France, Sr. of Washington, D.C. France became interested in racing after relocating to Daytona Beach, Fla., which he discovered was a hotbed for racing enthusiasts. France involved himself in racing cars and promotion. France felt there should be a sanctioning body to govern the sport, so in 1947, he organized a meeting in Florida to discuss the future of stock car racing and conceived the notion of NASCAR with other members of the racing community.

As NASCAR amassed its legions of fans, it also helped solidify the star status of many drivers. Richard Petty, David Pearson, Dale Earnhardt Sr. (and later Junior), Jimmie Johnson, and Jeff Gordon are just a few of the notable drivers who have torn up tracks. In 1998, amid 50th anniversary celebrations, NASCAR put together a list of the organization's 50 Greatest Drivers. Living members of the group were honored during pre-race festivities for the 1998 Daytona 500.

NASCAR has built its reputation not only on quality races, but also

*please see **nascar** on page 16*

prenatal
from page 11

Skip raw sprouts. *Listeria* may be found on alfalfa, clover, radish, and mung bean sprouts unless they are thoroughly cooked.

Get tested for GBS. Doctors can swab you to see if you have this type of bacteria. If they learn you do, they will advise you on how to protect the baby during labor.

Stay away from Zika-prone areas. Avoid travel to areas of the world with

trips
from page 4

On Saturday, April 27, spend the day in New York City on your own. New York City offers so much from unique restaurants to shows. The trip allows for eight hours in the city, which gives each participant a full day of exploring and sightseeing.

"Each time I visit I see something new and exciting," Marketing Program Manager Brianna Goddard said. "The big apple is so much fun!"

Enjoy shopping at your favorite stores, visit the Statue of Liberty, see the Rockettes Spring Spectacular, tour

known Zika outbreaks. If a spouse or partner has traveled to these areas, exercise extreme caution during sexual intercourse, as the disease can be transmitted this way as well.

Leave cat care to others. Dirty cat litter may contain a parasite that causes toxoplasmosis. Let someone else clean and tend to the litter box for the duration of your pregnancy.

These are just a few tips to help keep your fetus safe. Expecting parents can discuss other ways with their physicians.

the Museum of Modern Art exhibit or the 9/11 Memorial, walk through the Central Park Zoo or across the Brooklyn bridge. The day is all yours, so grab a friend or multiple friends, and join us. The cost is \$70 per person, which includes motorcoach transportation.

As a reminder, all trips fill quickly. To reserve your spot(s), a \$35 deposit per person is required. All trips are first come, first serve. For additional information or to register visit www.worcesterrecandparks.org. For other questions, contact Goddard at 410-632-2144 ext. 2514 or bgoddard@co.worcester.md.us.

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Separating facts from fiction in regard to organ donation

Organ donation is overwhelmingly supported by the adult population of the United States. According to the U.S. Department of Health and Human Services, 95 percent of adults in the United States support organ donation. In spite of that, the DHHS notes that only 54 percent of U.S. adults are signed up as organ donors. That gap only highlights the need for education in regard to organ donation. Separating the facts and fiction surrounding organ donation might compel more people to sign up as donors, saving untold numbers of lives as a result.

People with medical conditions can still be organ donors. Many people mistakenly assume that an existing medical condition precludes them from being organ donors. However, the DHHS notes that very few medical conditions would pre-

vent people from becoming organ donors. Such conditions include HIV and active cancer. Transplant teams determine at the time of death if a donation is possible, so even prospective donors who have doubts can still sign up.

There is no age limit for organ donors. The health and condition of the organs, and not their age, is what matters. In fact, the DHHS notes that the oldest donor in the United States was 93 at the time of donation.

Religions do not prohibit organ donation. The DHHS notes that most major religion sup-

port organ donation, considering it a final act of love and generosity. Prospective donors who are uncertain if their religion supports organ donation can visit <https://www.organdonor.gov/about/donors/religion.html> for more information.

Celebrity status, race or financial well-being do not dictate who receives organs. In the United States, a nationwide computer system matches donated organs to recipients. Blood type, geographic location and time on the waiting list are just some of the factors used to match donated organs to recipients. Race, celebrity status or financial well-being are never considered.

Medical personnel will try to save organ donors' lives. Some people fear that signing up as a donor might compel medical personnel to abandon lifesaving methods if they become ill or injured. But that is not the case. Donation is not possible until all lifesaving methods have failed.

Organ donation is a selfless act that saves lives every day. Learn more at www.organdonor.gov.



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Reasons a mutt should be your next dog

“Mutt” and “mongrel” have long had negative connotations, but there is no need to turn one’s nose at mixed breed dogs.

Dogs of any kind, regardless of lineage, can be cherished companions who offer years of tireless love and affection. In fact, mutts have gained steam as dogs of choice thanks to new, more trendy monikers, such as “designer dogs” or “cross-bred pups.” In addition, many well-recognized pure breed dogs popular today were likely once amalgams of different breeds that were carefully crafted to acquire the desirable traits of popular breeds.

Many mixed-breed dogs are beautiful, well-behaved pets. The American Veterinary Medical Association states that 36.5 percent of American households have dogs. Many of those pooches are mixed-breed dogs. Here’s a look at what can make mutts stand-out pets.

Healthy pup: Mixed-breed dogs

may not be prone to genetic diseases specific to one particular breed and may be less likely to develop an inherited disorder. According to Dog Reference, something called “hybrid vigor” explains how a mutt’s mixed ancestry makes it hardier and more robust. The average lifespan of a mutt is longer than that of most purebred canines. This does not replace the need for quality veterinary care, however.

Life-saving choice: Animal shelters are often bursting at the seams with mutts. Choosing to adopt a mixed-breed dog can reduce overpopulation and ensure that dogs will not be euthanized.

Affordability: Mutts are typically more affordable than pure breeds because a person is not paying for lineage, show titles and AKC registration. Some mutts actually may be free if a family is giving away puppies.

Unique qualities: No two mixed-breed dogs are the same, even among

litter mates. That individuality can be an advantage.

Moderated traits: Many pure breed dogs were bred to serve specific purposes of the breed. A Border Collie, for example, is designed to herd and requires rigorous exercise to remain healthy both physically and mentally. Stripped of that primary job, a dog might be destructive or become depressed. Comprised of different breeds, a mutt may have a less intense drive to fulfill its breed standards, perhaps making it a more easygoing pet.

Trendy: Thanks to puggles and labradoodles, it is now chic to have a



mutt.

Mixed-breed dogs can be the ideal puppy pets and can be a first stop in one’s search for a new canine pal.

Entertaining in a pet-friendly home

Pet lovers often find their companion animals to be the center of their worlds. Data from the ASPCA says approximately 44 percent of all American households have a dog and 35 percent have a cat. Similarly, the Canadian Veterinary Medical Association, in partnership with Hill’s Science Diet, found that roughly 35 percent of Canadian households have a dog, while 38 percent have a cat.

Cats and dogs are cherished family members, earning gifts and premiere spots for lounging around the house. But even in pet-friendly homes, certain concessions may need to be made when entertaining. And do not forget about safety in regard to your pets, who may be frightened by the noise and commotion when guests arrive.

Party animals: Many animals are right at home during parties, while the sights, sounds and aromas may cause anxiety in others. For pets known to be a bit skittish, establish a safe haven for them away from the festivities. Keep the room as dark and quiet as possible, and include comfort items.

Know your guests. Some people enjoy playing with others’ pets, while others may be more hesitant around animals. Ask guests how they feel about pets and then

make accommodations based on their responses.

Pet behavior: If yours is a boisterous puppy who loves jumping up on others, or a cat that cannot resist napping on guests’ laps while seated on the couch, he or she may need to sit the party out. Pets that behave well and know how to stay quiet may be better suited to hang out during the festivities.

Clean up well. For guests who suffer from pet allergies, having animals around can be uncomfortable. Placing pets in another room and using a HEPA vacuum to go over carpets, upholstery and drapes may help tame the dander and fur that can trigger reactions among people who are allergic to pets

Food and escape routes: Pets may try to eat party food that can be toxic to them. Guests will need to throw away scraps instead of leaving them out where items can be consumed by curious pets. Also, advising guests to exercise caution when entering and exiting the house can prevent nervous pets from escaping into the neighborhood.

Pet owners need to consider their pets’ demeanors before entertaining guests at home.



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music
from page 11

can help improve physical and mental health when used in concert with other strategies. The American Music Therapy Association reports that music therapy programs can be used to manage stress, enhance memory and alleviate pain.

The right music can serve as a catalyst for romance. Men and women can increase feelings of affection in their romantic partners by playing love songs in the background while offering gifts and tokens of their love. If a proposal is planned for February, one can set the mood with a favorite song that

exemplifies the special relationship shared with a significant other. Those who may not be able to express their feelings verbally may find that music helps to convey those feelings.

Homecoming planned

A homecoming will be hosted by Showell United Methodist Church on Sunday, March 17 at 2 p.m. Courtland and Betty Cropper will be the guest speakers. Courtland is a former member of the Showell congregation. "Southern Gospel Band" will perform. A meal will follow. The church is located at 10115 Pitts Road in Showell.

Those unfamiliar with NASCAR may think that the NASCAR season never ends. However, there is a defined season. The race season, comprising 38 races, starts in February and ends in November. Races are conducted on privately owned race tracks, all of which are asphalt or concrete. Although NASCAR has southern roots, tracks were built in California and Las Vegas to tap into newer audiences.

NASCAR has been around for decades, and new stars and fans are made each year.



nascar
from page 12

through sponsorship. In the history of NASCAR, there have been only three naming rights partners: RJ Reynolds, Sprint/Nextel and Monster Energy, which took the reins in 2017.

Nonprofit course offered

The continuing education division at Wor-Wic Community College is offering a course called "Starting a Nonprofit 101," which will be held on three Fridays, March 15 through 29, from 5 to 7 p.m., in Room 204 of Fulton-Owen Hall at the college campus on the corner of Route 50 and Walston Switch Road in Salisbury.

The course will cover the basic concepts of how to incorporate, select a board of directors, write by-laws, obtain tax-exempt status, develop a budget, create a marketing plan and explore fundraising.

For more information about the course or to inquire about customized training for your business, contact Kerry Cleaver, director of continuing education and workforce development, at kcleaver@wor-wic.edu or 410-334-2815.



Pennies for pets - Berlin Intermediate School's sixth grade students are working together to donate needed supplies and to raise money to benefit the animals at the Worcester County Humane Society shelter. Students are competing in a Penny Race to raise money to be donated for the shelter's twentieth Annual Boardwalk' for Pets event on Saturday, April 20. Those interested in donating can do so through CrowdRise.

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