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March 6, 2019: Vol. XL: #10

Manchester

Every Mailbox, Every Wednesday

# Tullahoma Chiropractic Help

Headaches • Neck/Back Pain • Lower Back Pain • Ruptured Disc Arm/Leg Pain • Shoulder Pain • Auto Accidents • Numbness • Sciatica

For The Week of March 6th - 15th, 2019

All New Patients Receive: Consultation, Exam & X-Rays (\$195 Value) Limited to First 25 Callers

Call 931-393-2401



I've had issues with back pain ever since I can remember. I've tried to ignore the pain in my back. I wanted natural treatment rather than be put on harsh medications. I tried other things, but it didn't correct the cause of the pain. Since seeing Dr. Kanan I've regained feeling in my hands, my legs don't go numb, I've returned to yoga and my strength and flexibility are improving!

- Shalene S.



My name is Sergio Rojas. I came to Tullahoma Chiropractic. I came with a problem from my waist down the back of my leg. I have been coming two weeks and I have felt normal on this trip. My diagnosis was no problem. I've felt very good. Very well.

- Sergio



I had trouble moving comfortably and breathing normally for about a year! Ever since my adjustments I feel like new! I now have full movement without pain and more energy throughout the day. I finally feel relaxed and calm again! I definitely recommend Dr. Kanan he helped me tremendously!

-Justin R.



#### Our "State of the Art" Class IV Laser Helps With

I had lower back pain for several years. Since coming to Tullahoma Chiropractic I am able to move again without pain! I am sleeping through the night and can do my daily activities without ANY problems. The staff is always cheerful, helpful and they have done everything to make sure I understand the treatment.

CHIROTHIN Now Only \$399 Normally \$599





**Spinal Decompression Certified 26 Years Experience** K Laser Certified • Published Author

#### Obituaries

CLUTTER-LAURENCE, CONNIE - 50, Manchester, TN. February 28, 2019. Memorial service, 3 p.m., Sunday, March MANCHESTER FUNERAL HOME, Manchester, TN. (931)728-3505.



FITE, **CAPTAIN** IR., AUGUSTA P. "A.P." - 92, Fayetteville, TN. Funeral service, 1 p.m., Tuesday, March 5, 2019 in the chapel of Lynchburg Funeral Home. Burial in Riverview Memorial Gardens. Mr. Fite passed away March 2, 2019. A native of Madison County, AL, Mr. Fite was the son of the late Augusta P. and Hazel Fugatt Fite and the husband of Erma Jean Fite, who died in 2018. He proudly served his country during the Korean War in the U. S. Army 24th Infantry. Mr. Fite was a retired employee of Genesco and the Fayetteville Fire Department. He enjoyed nature, feeding birds and animals, and taking care of his yard. Mr. Fite was a member of First Baptist Church of Fayetteville. He was a life member of the 24th Infantry Division Association. Survivors include his daughter, Cindy Sanders and husband, Matt of Fayetteville; sisters, Betty Rutledge of Fayetteville and Carolyn Fite of Winchester; and several other relatives and friends. In lieu of flowers, donations may be made to the Fayetteville Humane Society in honor of Mr. Fite. Visitation, 11 a.m. - 1 p.m., Tuesday, March 5, 2019 at LYNCHBURG FUNERAL HOME, Lynchburg,



HALE, NANCY DEE - 83, Manchester, TN. February 28, 2019. Funeral service, 2 p.m., Tuesday, March 5, 2019. Burial in Rose Hill Memorial Gardens. COFFEE COUNTY FUNERAL CHAPEL, Manchester, TN. (931)723-3330.

HILL, EVELYN ALEXANDER - 68, Whites Creek, TN. February 24, 2019. Funeral service, 12 (noon) Thursday February 28, 2019. Burial in Evergreen Cemetery. J. A. WELTON & SON FUNERAL HOME, Tullahoma, TN. (931)455-2723.

HOLMAN, DUON F. - 96, Manchester, TN. February 23, 2019. Funeral service, 4 p.m., Sunday, March 3, 2019. Burial in Newton Creek Cemetery. CENTRAL FUNERAL HOME, Manchester, TN. (931)723-7774.

ODLE, PHILLIP RAY - 70, Manchester, TN. February 28, 2019. CENTRAL FUNERAL HOME, Manchester, TN. (931)723-7774.

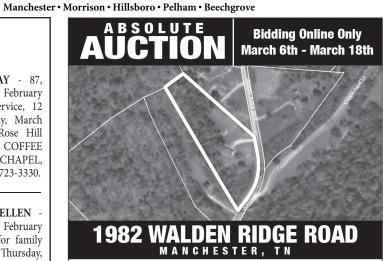
RINGER, BILLY RAY - 87, Manchester, TN. February 27, 2019. Funeral service, 12 p.m. (noon), Saturday, March 2, 2019. Burial in Rose Hill Memorial Gardens. COFFEE COUNTY FUNERAL CHAPEL, Manchester, TN. (931)723-3330.

ROBISON, LINDA ELLEN 62, Manchester, TN. February 28, 2019. Reception for family and friends, 6-8 p.m., Thursday, March 7, 2019. CENTRAL FUNERAL HOME, Manchester, TN. (931)723-7774.

THOMAS, MARY JEWELL - 78, Hillsboro, TN. Graveside service, 11 a.m., Wednesday, February 27, 2019 in Beans Creek Cemetery in Hillsboro. Mrs. Thomas passed away February 23, 2019 at her residence. A native of Coffee County, she was the daughter of the late Walter and Ezell Brown Walden. She was a member of Our Fathers House Church in Cowan and enjoyed attending church. She enjoyed singing in church, flower gardening, and going shopping. In addition to her parents, she was preceded in death by her son, Ricky Calvin Thomas; brother, Joe Walden; and sister, Elva Mae Money. Survivors include her husband, Pascal Thomas of Hillsboro; daughters, Diane McCormick and husband, Randy and Donna Sitz and husband, Tony, both of Hillsboro; brothers, Carl Walden and wife, Mary of Hillsboro and Charlie Walden and wife, Larrie of Houston, TX; sister, Brenda Perry and husband, Robert of Hillsboro; grandchildren, Samantha Thompson, Jessica Massingille, Craig Majors, and Danielle Hill; and great grandchildren, Lilly, Holt, Hope, Sadie, Piper, Zephyer, and Daxx. DAVES-CULBERTSON FUNERAL HOME, Tullahoma, TN. (931)455-3481.



Daves-Culbertson Funeral Home



# Rental Abandonment Property needs lots of love and stuff hauled away!

\*CASH SALE ONLY\*

3 BR, 2 BA, mobile home with block foundation and block piers sitting on 2.96+/- acres, minutes to Normandy Lake and on utility water. Home is in need of major repairs or simply removed. Tenants left a large amount of personal property inside and out. Roof leaks and home has visual proof of mold. Selling as is and like it sits.

Cash Sale. Closing is on or before Monday, April 1, 2019. That is 14 calendar days after sale ends. No exceptions. No extensions.

Online Bidding begins Wednesday, March 6th & ends Monday, March 18th at 1:00 PM.

Visit parksauction.com to register & bid.

AUCTIONEERS: KEITH STRAIN 615-456-7575 & VANDY VANMETER 615-542-5165

DIRECTIONS: I-24 to Exit 105 (Hwy. 41) go South on Hwy. 41/Murfreesboro Hwy. to right on Sixteenth Model Rd, left on Walden Ridge Rd, sale on right. TERMS: 20% down Tuesday, March 19, 2019, balance due by April 1, 2019. 10% Buyer's Premium added to bid to determine final sale price. TAXES: Prorated POSSESSION: With Deed

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FREE CLOTHING for the

family. The Clothes Closet,

open the first and third Satur-

day each month, 10a.m.-12 noon, St. Paul's United Methodist Church, 30 Cat Creek Road, Manchester.

THE AMERICAN LEGION is having a Pork Loin Dinner,

Saturday, March 9, 5p.m.-7p.m. Come join us at, Veteran's Building, 130 Shel-

ton Rd., Manchester. All are welcome. \$8/person. Proceeds

go back to the community and

NOW ACCEPTING MOW-

ING BIDS for Coffee County Fairgrounds. Contact Bobby at, (931)409-9502, or Crystal

at, ccfairboard@gmail.com, for

specifications. Deadline,

support our veterans.

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Memories

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**Announcements** 

Franklin County

THIS and THAT THRIFT

STORE, 204 North Porter,

behind Bates Foods,

Winchester, Tuesday-Saturday, noon-5p.m. Rada cutlery;

used furniture; jewelry; glassware; all size clothing;

and more. Donations welcome. Debit/Credit cards

**Announcements** 

**Lincoln County** 

PARK CITY FLEA MARKET

AND AUCTION, AUCTIONS EVERY FRIDAY, 6P.M., 2748 HUNTSVILLE HIGHWAY, FAYETTEVILLE. FLEA MAR-

KET EVERY FRIDAY,

SATURDAY, SUNDAY, SPOTS \$7/DAY. WE BUY

ESTATES, CONSIGNMENTS WELCOMED, VENDORS WANTED (221)(2014)

FAIRYTALE LEARNING

CENTER OPEN HOUSE!

Come on by Fairytale Learning

Center's open house! Open

house is on Saturday, March 9,

10a.m.-12p.m. We are a daycare center located at 320 Ardmore Highway! We have spots for children 6wks - 5yrs!

Pre-Register (931)297-2405.

WANTED. (931)691-4081.

accepted. (931)307-3836.

Call to schedule an appointment We honor any promotions offered in the middle TN area.

VAUGHN'S MONUMENTS
CONTACT VIRGIL OR ANITA
2430 Noah Rd., Beechgrove, TN (Take Hwy. 41N Approx. 12 miles.

Turn right on Noah Rd. Go 2.5 miles. Display on right.)

931-394-3220 • 931-409-3458 • 931-394-2469

REGENERATIVE TEN-NESSEE TOUR, April 22-29, eight days-fully guided. Visits to regenerative farms/eco forestry projects; explore community land trust; home stays with local families; meet change makers in an Appalachian coal mining community; visit/stay at historic High-lander Folk School. Contact for pricing/booking, regenerativeschool.org.

TENNESSEE GROWERS, I have greenhouse growing equipment, \$1,000 or best offer. Call for pictures or text. (256)716-7874.

THANK YOU. The family of the late Helena Hockett would like to express our sincere thanks and appreciation to family and friends for all your prayers, food and flowers. Your kindness and sympathy continue to be a great comfort to us in our time of sorrow. The Hockett Family.

FREE CLOTHING! All sizes-all ages: male, female, infants. Old Time Christian Outreach Center, 1992 Pulaski Highway 64 West, Fayetteville, at The Father's House Church, Tuesdays, (931)625-1326. 9a.m.-3p.m.



HUGE ABSOLUTE ANTIQUE/VINTAGE AUCTION, Wednesday, March 6, at the Park City Flea Market and Auction at 6p.m. Lillian Russell bedroom suite; Griswold; Fenton Tiger oak; crocks; pedal cars; and much more up for auction. (931)691-4081.

TWO TICKETS TO KELLY CLARKSON CONCERT for sale, great seats, Bridgestone Arena, Nashville, Friday, March 29, 7p.m., \$150 for both. (931)433-6386.

PULL TABS FOR RONALD MCDONALD HOUSE CHARITY, help the Lions Club of Fayetteville collect pull t a b s f r o m c a n s (soda/food/others). Please bring them to the Exchange, 404 Main Avenue South, Fayetteville.

STORAGE UNIT COUPON - Call today to rent a unit and tell the manager you want to use the Exchange coupon. Your Extended Attic. Fayetteville location, (931)433-5550; or Park City location, (931)273-9737.

FREE CLOTHING, SHOES, HOUSEHOLD ITEMS, ETC. for the needy. The Mission at Gum Springs Baptist Church, located off Highway 64, 1 mile east of Jeff's Market, open every Thursday, 8a.m.-2p.m. Operated by Linda Martin.

#### **Announcements** Out of Area

Generic Viagra and Cialis! 100 pills \$99. Free Shipping! 100% guaranteed. 24/7. Call now!

**Yard Sales** Exchange 931.com

Now!

#### Announcements **Bedford County**

MULTIPLE VEHICLES TO BE SOLD. The following vehicles will be sold if unclaimed and bill not paid in full: 1958 Chevrolet 3100, 3A58N106407; 1962 Buick Electra, 814009919; 1930 Ford Model A Truck, 32324; 1969 Chevrolet Camaro, 124379L500241; 1931 Ford Model A, A4310099; 1976 Ford WT9000, 908VC86497; 1967 Dodge Power Wagon Fire Truck, 2381737779; 1947; Chevrolet 3100, 21EP-F1242; 1971 Plymouth Barracuda, BH23H1G100921. Daniel's Auto Clinic.

MULTIPLE VEHICLES TO BE SOLD. The following vehicles will be sold if unclaimed and bill not paid in full: 2006 Avanti TA1, 1ZVFT80NX55143041; 2015 Volkswagen Passat, 1VWAT7A31FC048463; 2013 Maxima, Nissan 1N4AA5AP4DC820389; 2017 3N1CN7AP0HL859366; 2016 Ford F-350 SD, 1FTAW3DT6GEC67986; 1966 Continental, Lincoln 6489G445730; 2018 Dodge D u r a n g o , 1C4SDJCT8JC323799. Daniel's Auto Clinic.

#### Announcements Coffee County

CLOTHING GIVEAWAY at Fredonia Church of Christ on Matts Hollow Road, Manchester, first Saturday of each month, 9a.m.-11a.m. All size clothing.

HAVE YOU LOOKED AT **OUR WEBSITE LATELY?** Visit us at Exchange931.com and place an ad for FREE.

LAKEWOOD PARK PROP-ERTY owners meeting at the Community Center at Lakewood Park, March 9, 10a.m.

MILLERS POND, MANCHESTER, Exit 111 off I-24. Vendors and crafters event! May 11, rain date May 18. Headliners-Aprils Candy & more, Live band-Borderline, Greek Station, Holy Cow Shaved Ice & many more. Free admission, free parking. (931)723-3448.

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2013 Ford Escape SEL

2018 Kia Forte LX

2014 Volkswagen CC 2.0T R-Line 🗕 2014 Nissan Xterra X

2011 GMC Terrain SLE-2

**2012 Ford Taurus SEL** 

2008 Chevrolet Silverado 1500 LTZ

**2015 Buick Encore** 

2018 Hvundai Santa Fe

| 2016 Chevrolet Eauinox LT

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stanmcnabbcadillac.com

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Enjoy 100% guaranteed, delivered to-the-door Omaha Steaks! Save 75% plus get 4 free burgers. Order the Family Gourmet Feast - only \$49.99. Call 1-855-349-0656 mention code 55586TJC or visit www.omahasteaks.com/love13. cadnet

#### Antiques

TYPEWRITER DESK AND CHAIR, folds to hide typewriter, 3 drawers, text for picture, Coffee County, \$100 or best offer. (618)201-6460.

OAK CHIFFEROBE, with beveled mirror, text for pictures, Coffee County, must pickup, \$100 or best offer. (618)201-6460.

4 QUEEN ANN CHAIRS, 1930's, very good condition, \$120. (931)408-0454.

DOLLS. Old dolls, see picture at www.Exchange931.com for details, both for \$50. Call or text. (931)581-5975.

ANTIQUE WHITE TABLE, with oak seats, table has inlaid tile, \$150. Winchester. (414)940-3645.

#### **Automotive Accessories**

51"Wx8'L TILT UTILITY TRAILER for sale, trailer has good 15" tires, wood floor, lights, jack, \$550. Manchester area. (931)723-4795.

FOUR 215-65x17 TIRES, Michelin tires and Mustang wheels, like new, will separate tires and wheels, \$400. (931)703-1130.

TIRES for sale, 31-10.50x15, nice, \$150; 235-75x15, \$150; 225-75x15, \$200; 215-70x15, \$200; 205-60x15, \$200; 195-60x15, \$200. (931)703-1130.

FOUR 31-10.50x15 All TER-RAIN TIRES for sale, like new, \$350. (931)703-1130.

5'X8' ALL STEEL TILT TRAILER for sale, new tires rims, (931)409-0227.

RECEIVER TOW HITCH for sale, fits 1987-1997 Nissan hard body pickup, \$65. (931)294-5591.

17" AND 18" TIRES for sale, 285-70x17 Bridgestones, nice!!!; 255-65x18; 245-65x17; 265-70x17; 235-65x17; 265-70x17;245-75x17. (931)703-1130.

3RD ROW SEATS for a 2005-2009, Tahoe, GMC or Cadillac Escalade, \$300. (931)469-7227.

AREA 8' HARDTOP BED COVER, red, waterproof, no scratches. Off an 8' bed, 1996 Ford truck, hydraulic life, \$350. (931)952-2338.

16" TIRES for sale, two 235-85x16, 10-ply, \$150; 265-70x16; 245-75x16 - 6ply -8 ply; 235-85x16, 10 ply; 235-60x16 Michelin; 235-60x16 Bridgestone; 235-70x16; 225-60x16; 215-60x16; 205-55x16. \$250 plus. (931)703-1130.

350 CHEVROLET ENGINE and 350 Turbo transmission, runs good, \$600. (931)205-7757.

FUEL TANK FOR TRUCK, with sending unit, came off of 1973 Ford pickup truck, good condition, \$150 or best offer. (931)728-4931.

FOUR 20" CHROME WHEELS AND TIRES for a Toyota, nice!!! with lugs, \$450, will separate tires and wheels. (931)703-1130.

FOUR JEEP CHEROKEE AND JEEP WRANGLER WHEELS AND TIRES for sale, like new, \$450. Will separate wheels and tires. (931)703-1130.

METAL HEAVY-DUTY RAMPS, works well with a side by side, like new, \$225. (931)247-4526.

1929 MODEL A MOTOR for sale, \$200. McMinnville area. (931)304-3353.

#### **Books, Movies** & Music

DIRTY MINDS, the game of naughty clues, 2-6 players, \$1. (615)849-5012.

JIGSAW PUZZLE, Santa's Workshop by Betty Whiteaker, 550 pieces, 18x24 inches, \$1. (615)849-5012.

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JIGSAW PUZZLE, 2011 Summer's Heritage by Thomas Kinkade, Painter of Light, 1,000 pieces, 27x20 inches, series 18, \$3. (615)849-5012.

ENCORE DRUM SET for sale, text for picture, \$250. (931)625-1442.

JIGSAW PUZZLE, Life's Little Tangles by Dona Gelsinger, 1,000 pieces, 26-3/4x19-1/4, find the angel in the picture, \$5. (615)849-5012.

MY WAR by Andy Rooney, \$3; The Mathematical Tourist (snapshot of modern mathematics) by Ivars Peterson, \$3; The Hermitage: Home of Andrew Jackson, \$2; The Ansel Adams Guide Book 1: Basic Techniques of Photography by John P. Schaefer, \$3. The Book Shelf, Northgate Tullahoma. (931)273-8001.

FOR SALE: 12-KARAOKE CD's, country, Elvis, Christmas, Rock, \$25 for all. 9 Hallmark ornaments, still in box, \$25 for all. Manchester. (931)728-0719.

IMAGE COLLECTION by National Geographic, \$5: The Reckoning by John Grisham, \$3; Bluestocking by Bud Willis (Tullahoma author), \$10; Daughter of Fortune by Isabel Allende, \$3; Stained Glass by William F. Buckley, Jr., \$3; Tennessee Music: It's People and Places by Peter Coats Zimmerman, \$3; The Shepherd of the Hills by Harold Bell Wright, \$3. The Book Shelf, Northgate Mall, Tullahoma. (931)273-8001.

#### **Building** Supplies

T&G DECK BOARDS, 48 Number I quality, 16' kiln-dried decking, never used, stored inside, \$576. (931)425-6644.

OAK CROWN MOLDINGS, 3"x26' and 1-1/4"x140', also miscellaneous moldings, \$50. Cash only. (931)967-3070.

MAHOGANY LUMBER for sale, approximately 20 pieces, \$3.50 per board foot, negotiable. Elora area. (931)625-1736.

2007 Buick Lucerne CXL

2011 Kia Sportage EX

2013 Volkswagen Beetle 2.0T

2016 Hyundai Veloster

2016 Hyundai Sonata

#### **Cars / Trucks**

PRE-OWNED 2007 Lincoln Town Car Signature Limited Edition, loaded, new tires, 39K actual miles, STK#S064, TNDL#2248, \$8,900 plus TTL. (931)625-3434.

Donate your car to veterans today! Help and support our veterans. Fast - free pick up 100% tax deductible. Call 1-800-245-0398. nani

2011 FORD FUSION for sale, black, 83,500 miles, garage kept, great condition, \$8,500; 2011 Ford Focus, red, 83,000 miles, good condition, \$5,500. (931)212-5786.

1996 GMC SONOMA, runs, \$500 or will trade for anything of equal value. (931)952-3238.

2005 JEEP WRANGLER UNLIMITED, 4x4, 6-speed, cold A/C, new tires, like new soft top, 166K, \$7,750. (931)409-6107.

All prices are plus tax, tags and \$399 doc fee. Due to ad deadline, some vehicles may be sold

2016 Ford Taurus Limited

IUNK BATTERIES, buying junk lead acid batteries, car, truck, boat, ATV, etc. (931)607-9653, please leave message. Thank You!

2008 HONDA CRV, almost new Michelin tires, new battery, new brakes, 84,000 miles, tip top condition, \$8,500. (931)728-4928.

Cars/Trucks wanted!!! 2002 and newer! Any condition. Running or not. Competitive offer! Free towing! We're nationwide! Call now: 1-888-416-2330. nani

FOR SALE, 1988 CHEVY TRUCK, no motor, 5-speed transmission, \$700 or best offer; 350 engine, \$200 or best offer. (931)454-0472.

1998 NISSAN FRONTIER, uses no oil, runs good, new tires, new clutch, new battery, call for more information. (931)222-9704.

2005 HYUNDAI for sale, clean 4-door, runs great, \$2,500. (931)703-1130.

A-1 donate your car for breast cancer! Help United Breast Foundation education, prevention and support programs. Fast free pickup - 24hr. response, tax deduction. 855-893-0604. cadnet

2013 FORD FIESTA, like new, (817 miles, no misprint), great little car! Automatic, \$6,750. Winchester. (901)487-2647.

1995 NISSAN SE, V6, 4x4, auto, cold A/C, loaded, like-new tires, fresh tune up, new brakes, rotors, road ready for anywhere, \$2,650 firm. (931)409-6107.



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**5 Bedrooms** 

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1996 FORD F-450 SUPER DUTY CHASSIS CAB. Diesel F450 Super Duty Power Stroke, has 3 toolboxes, I beam lift, approximately 270,000 miles, \$5,500. Was used for a monument setting truck for years, parked it a year ago December when I bought another one and don't need this one anymore, can't get it to start, diesel is not gelled, has new battery and fuel filter, buying as is! Everything worked when it was parked. This is a single cab. (931)703-8071.

Cars/trucks wanted!!! All makes/models 2002-2018! Any condition. Running or not. Top \$\$\$ paid! Free towing! We're nationwide! Call now, 1-888-985-1806. cadnet

2008 HONDA CIVIC SEDAN LX, tan, 136,000 miles, good condition, \$4,800.

See website for details

www.pinkflamingoonlineauctions.com

2006 BMW 325ic, convertible, 2DR, black w/tan leather, automatic, CD/NAV/DVD, 95,000 miles, beautiful car! \$8,500. (931)625-0245.

2015 NISSAN ALTIMA SL, \$8,295. Silver, gray leather seats, 39,000 miles, push button start, power/heated seats, chrome wheels and much more. (931)954-0012; or, (931)588-8802.

WE BUY JUNK CARS AND TRUCKS. We also buy running vehicles. Will remove vehicles from your yard! (931)251-3005.

2002 JEEP GRAND CHERO-KEE for sale, 4WD, one owner, power windows/doors, keyless entry, \$2,500 or best offer. (931)732-4921.

JUNK CARS AND TRUCKS wanted, running or not, top dollar paid. Call, (931)625-6130. 1994 CHEVY S10, 1996 motor,

Pink 4

615-947-0500



\$\$\$\$\$ CASH \$\$\$\$ FOR JUNK CARS, no title needed if over twelve years old. Same day pickup. (931)308-3537.

2005 DODGE GRAND CARAVAN, 112,750 miles, DVD, runs good, needs some maintenance, email or leave message, Taft, TN, \$1,200 firm. (931)307-9029.

2014 CHEVROLET SONIC LT, maroon, 1.4 turbo hatchback, one owner, excellent condition, automatic, sunroof, power windows, doorlocks, backup camera, lots of extras, \$8,000. (931)625-4788.

FORD RANGER PICKUP, 2.4 motor, runs good, hydraulic clutch needs bleeding, new tires, \$1,200. (931)409-9354.

2008 NISSAN QUEST, loaded, Blue Book-\$6,300, asking \$3,950; 2004 Kia Sorento Ex SUV, loaded, sunroof, excellent condition, \$3,250; 2003 GMC Envoy XL, SUV, 4x4, loaded, sunroof, towing p a c k a g e, (931)222-9879. \$3,650.

#### Clothing and Accessories

WOMEN'S INDIAN RUBY RING, 6.30ct ruby, .14ctw round diamond accent, set in 10kt gold, women's size 7, \$250. Can text picture, (931)262-0080.

YOUTH BROWN BUNNY OUTFIT for sale, with feet and hand covers, size 10, \$10. (931)327-2165.

NORDSTROM (HERTLING), 3 piece all wool suit, black, size 40-42, \$200 or best offer. (931)393-0470.

MEN'S TENNIS SHOES, New Balance Heritage, size 11-1/2, great condition, very comfortable, \$5. (615)849-5012.

ASSORTED TOPS, \$2 each for ladies tops, assorted colors and styles, size (615)849-5012. large.

NORDSTROM (HICKEY FREEMAN), all wool suit, size 40-42, gray, \$200 or best offer. (931)393-0470.

SWEAT AND ATHLETIC PANTS, men's size 3x, 5 pair, Danskin and Starter brand, 1 heavy pair sweats, \$25 for all. (931)273-6257.

SIX PAIR LEVI'S, some are 505's and 527's, sizes range from 30-34, \$25 for all. (931)703-9073, leave message.

#### **Electronics**

DELL DESKTOP, W7, HOME, 3GB memory, 3.0GHZ intel, Manchester pickup, \$175. (931)728-3728.

DISH TV \$59.99 for 190 channels, \$14.95 High Speed internet. Free installation, Smart HD DVR included, free Voice Remote. Some restrictions apply. 1-855-419-7188. sapa

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SCONCES WITH 10" PLATES for sale, used pair of sconces, \$25. (931)434-6264.

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SNOWMAN COLLECTORS, Kirklands Mr. and Mrs. Snowman tea light holder, set of 2, \$5. (615)849-5012.

NAUTICAL ITEMS, beachy trinket box, polystone sailor girl, 4 piece lighthouse coasters, \$10. (615)849-5012.

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SNOWMAN COLLECTORS, Joy snowman candle holder set of three, 8.75" high, from Kirklands, still in box, \$5. (615)849-5012.

BOATIE ITEMS, mounted small wood sailboat, green glass shell and starfish, black glass basket brushed with copper, \$5. (615)849-5012.

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These full time maintenance positions are for Tyson Foods' Shelbyville, TN location. These positions are located on multiple shifts. The successful candidate will be responsible for troubleshooting, maintaining and repairing all equipment and company assets, while maintaining a safe work environment and adhering to Tyson Foods' policies and procedures.

#### **REQUIREMENTS:**

- Must be 18 years or older
- Must have a minimum of 1 year of industrial maintenance experience, or currently enrolled in an industrial maintenance course, or recently completed an industrial maintenance course.

CONTACT: To apply for these opportunities and view all current opportunities with Tyson Foods, please visit our website www.tysonfoodscareers.com

#### www.tyson.com

Tyson Foods is an Equal Opportunity/Affirmative Action Employer. All qualified applicants will be considered without regard to race, national origin, color, religion, age, genetics, sex, sexual orientation, gender identity, disability or veteran status.

PREFERRED GLASS OF SHELBYVILLE is currently seeking a full-time office assistant. The ideal candidate will have excellent people skills both on the phone and in person. Will need to be a quick learner, excel at multi-tasking and be able to keep up in a fast paced working environment. QuickBooks experience preferred and glass knowledge and accounting experience are definitely a plus. Pay will be based on experience and current working knowledge. Preferred Glass does not offer health insurance benefits. Please bring a resume and apply in person at 836A North Jefferson Street, Shelbyville. NO CALLS PLEASE.

AMERICAN DEVELOP-MENT CORPORATION IS NOW HIRING CDL Drivers, 2 years previous driving experience preferred, Hazmat preferred but not required, some overnight runs, physical loading/unloading, salary plus mileage, excellent benefits package that includes medical, dental and vision insurance, bonus potential. Call, (888)542-8561, to schedule an appointment. EEO.

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OFFSET PRINTING PRESS OPERATORS: Super Web Press, AB Dicks, 2/color Ryobi, 2/color jet. Experience preferred. Apply in person, 2340 North Jackson Street, Tullahoma, TN 37388. (931)455-0658, for directions only.

HAIR STYLIST NEEDED at Walk In Hair Care in Winchester. Call Judi, (931)308-5700.

MECHANIC WANTED. Looking for a mechanic to work in a busy shop. Experience required. Salary based on experience. Must have a valid driver's license and transportation. Please contact Wright Paving Contractors, Inc. at, 931-433-7938. Equal Employment Opportunity Employer. \$15-\$22 per hour. 372 Shelbyville Highway, Fayetteville, TN 37334. (931)433-7938.



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MEDICAL ASSISTANT TRAINING. Night Classes, April 8 - June 14, 5-9p.m., \$2,000 tuition, \$200 registration. Medical Response Institute, 1155 South College Road, Winchester. (931)240-0005; (931)259-7002.

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PUPPY FOUND, collared, black Lab mix found on Taylor Road, Sunday, seen on Rock Road, Saturday, call to ID. (931)728-6474.

#### **Lost and Found** Franklin County

PADDLE BOAT washed up from recent flooding. (931)247-0282.

#### **Lost and Found Lincoln County**

LOST DOG. Lost black and tan English Shepherd mix on Prince Lane, Fayetteville on February 19. If found call, (931)993-0340.

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#### **Real Estate** Franklin County

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**Lincoln County** 

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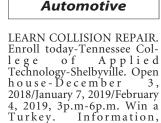
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Manchester, TN

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KASSAN POOL TABLE, excellent condition, with all accessories including 5 pool cues, rack and balls plus cover, broom and chalk. Appraised at \$1,800 will sell for \$1,200 and I move it within 100 miles. \$700 if you move it and know how. (901)921-9214. mtadcock@icloud.com.

Lung Cancer? Asbestos exposure in industrial, construction, manufacturing jobs, or military may be the cause. Family in the home were also exposed. Call 1-866-795-3684 or email cancer@breakinginjurynews.co m. \$30 billion is set aside for asbestos victims with cancer. Valuable settlement monies may not require filing a lawsuit. cadnet

2005 DODGE GRAND CARAVAN, 112,750 miles, DVD, runs good, needs some maintenance, email or leave message, Taft, TN, \$1,200 firm. (931)307-9029.

GE DOUBLE WALL OVEN. Black, GE double wall oven, has digital controls with delay cook function and self cleaning feature for the top oven, located in Tullahoma and will need to be picked up, \$400. Call Hope. (931)455-7531.

FIREPLACE TOOLS, solid brass fireplace tool set, stand, poker, broom, shovel, excellent condition, \$85. (931)649-3023.



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ROPE HERBICIDE APPLICATOR, herbicide wand/applicator, \$10. (828)891-9238.

LEGO DSi BLUE, no power cord but can order, \$40. (931)728-3728.

17" AND 18" TIRES for sale, 285-70x17 Bridgestones, nice!!!; 255-65x18; 245-65x17; 265-70x17; 235-65x17; 245-75x17. (931)703-1130.

PADDLE BOAT washed up from recent flooding. (931)247-0282.

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931-433-9737 931-968-1144 931-455-1360 931-359-1994 931-728-3273 931-684-1285

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ANTIQUE WHITE TABLE, with oak seats, table has inlaid tile, \$150. Winchester. (414)940-3645.



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20" FAN, Utilitech, 3 speed fan, model SFCI-500B, works great, \$20. (828)891-9238.

OCEAN ITEMS, tannish ceramic star fish and matching fish, very detailed, \$2. (615)849-5012.

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BLACK TOPSOIL: TILLED, no rocks/roots; also, red fill dirt. Creek gravel. Single axle. (931)205-4163; (931)433-1135.

ENCORE DRUM SET for sale, text for picture, \$250. (931)625-1442.

ASHLEY LIVING ROOM FURNITURE, matching sofa, loveseat and recliner. Brown pleather fabric, very good condition, \$200. You pick up, Marion County, TN. (615)785-4355.

MARLIN 336 SC 35 caliber rifle for sale, \$700; Browning high power pistol, 9mm, \$800.

9" TABLET, open box to charge test, 8gb, but can add with sd card, Android OS, \$80. (931)728-3728.

CANNING AND PRESERVING BOOK, new, \$10. (931)792-1066.

CLOTHING GIVEAWAY at Fredonia Church of Christ on Matts Hollow Road, Manchester, first Saturday of each month, 9a.m.-11a.m. All size clothing.

18 CRYSTAL BELLS, various sizes, \$100. (706)254-2576.

350 CHEVROLET ENGINE and 350 Turbo transmission, r u n s g o o d, (931)205-7757.

NEW PANASONIC DRILL in box, 2-15.5 volt batteries included in case, \$90. (931)728-3728.

J AND J LAWNCARE, all types of commercial and residential yard work including: mowing, trimming hedges, landscaping, pressure (931)993-7898. washing.

Cars/Trucks wanted!!! 2002 and newer! Any condition. Running or not. Competitive offer! Free towing! We're nationwide! Call now: 1-888-416-2330. nani

AREA 8' HARDTOP BED COVER, red, waterproof, no scratches. Off an 8' bed, 1996 Ford truck, hydraulic life, \$350. (931)952-2338.

WANT TO DO painting, house repairs, decks, wood flooring, plumbing and electrical. Tudor Construction. (931)703-8175.

ARPENTER' HELPER/LABORER |WANTED. Laborer wanted to help with some remodeling. Carpentry experience preferred. Must have a valid driver's license and transportation. \$8-\$10/hour. Call, (931)433-7938. "An Equal Opportunity Employer." 372 Shelbyville Highway, Fayetteville, TN.

TWO BRAND NEW STRIP MALL SPACES for lease, 1,000 sq.ft. strip mall retail spaces, located at 910 Huntsville Highway, Fayetteville, TN. Lease for \$1 per sq.ft. High traffic area. (931)276-2600.

TABLE, pineapple pedestal, with leaf, buttercream color, 4 chairs with pineapple carving on backs, \$300. Will send pictures. (931)581-1780.

DOLLS WITH DOLL BEDS for sale, beds made out of popsicle sticks and painted, doll included, \$8 each. (931)691-4661.

6' GRADER BLADE for sale, 3 pt. hitch, used very little, \$325. (931)937-8949.



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- 2) Place online www.Exchange931.com
- 3) Drop off at our office 404 Main Ave S Fayetteville

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**Come To Our Free Lecture On How Decompression Can Prevent Surgery!** 

March 18th & 20th at 6:00 P.M.

At our office: 1940 N. Jackson St., Tullahoma

Call Now! 931-393-2401
Limited to the First 15 Guests



Due to sever lower back pain, I haven't even been able to even do the dishes without taking a break to sit down. I didn't realize I had two bulging discs that were pressing against a nerve until I came to Tullahoma Chiropractic. The decompression therapy is wonderful. For the past 2 years, I haven't been able to walk for thirty minutes without being in pain and having to take a break. This week, I went shopping for 3 hours pain free! Decompression therapy has changed my life!

~ S. Rickman

#### Who is a Candidate?

Our spinal decompression system has been found to relieve the pain associated with disc degeneration, herniated and bulging discs, facet syndrome, and sciatica. Spinal decompression is a great option because back surgery is so risky.

#### The Solution:

Our method is a proven, comprehensive treatment program which includes computerized true disc decompression, cold laser therapy, and exercise rehabilitation to promote long term spinal health. Spinal decompression is considered by many doctors to be the most advanced and successful noninvasive treatment of serious back, neck, leg or arm pain. The method allows for a much higher success rate by increasing hydration and restoring health to your discs. This results in a more effective and lasting solution to your pain. There are no side effects and no recovery time is required. This gentle and relaxing treatment has proven to be effective even when drugs, epidurals, traditional chiropractic, physical therapy and surgery have failed.

#### Sciatica and herniated discs are often misunderstood.

They can cause pain and numbness in the back, neck, legs and feet. This pain affects everything you do, from work to play, and ultimately your quality of life. We are here to tell you that there is hope. We have the technology and experience to help you find relief from sciatica and back pain. We have helped thousands of pain sufferers just like you. We offer only the most advanced non-surgical treatments.

# Before you consider surgery consider these points:

- Back surgery can cost \$50,000 to \$100,000 or more
- Recovery can be very painful and can take months or years
- Surgery may or may not relieve your pain
- Dependence on prescription drugs may occur after surgery
- Missed work can amount to \$1,000's in lost wages
- Outcomes may be uncertain, and surgery is not reversible

#### **Get Your Life Back Today!**

"If you suffer from sciatica, severe back or neck pain, you can find relief! If you are serious about getting your life back and eliminating your back and neck pain, my staff and I are serious about helping you and proving how our technology and experience can help. We are extending this offer to the first 30 callers. These spaces fill up quickly, so call today to reserve your spot."

#### **Lose 20 lbs. in 40 Days!**

Call For a FREE Weight Loss Consultation!

Limited to the first 20 callers





**Dr. Joseph Kanan**Spinal Decompression Certifie
26 Years Experience
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1940 N. Jackson St. (Next to Ruby Tuesday) • Tullahoma, TN 37388

tennstem.com

#### Calendar of Events

"Walk for the Fallen" Vietnam Veterans Walk

Now - March 26 • 8:00 A.M.

The Manchester Parks and Recreation Department For more info: amorton@cityofmanchestertn.com or (931) 728-0273

**Financial Peace University** 

Now - April 18 • 7:00 P.M. Bell Springs United Methodist Church 9607 Mufreesboro Hwy., Manchester

Manchester Hope Outreach March Schedule

March 7 • 10:00 P.M. - 12:00 P.M.
March 14 • 4:00 P.M. - 6:00 P.M.
March 23 • 10:00 A.M. - 12:00 P.M.
1517 McArthur St., Manchester
For more info: 931-841-2045
We will be closed when schools are closed due to inclement weater

4<sup>th</sup> Annual Farmers Roll Up Their Sleeves To Save Lives Blood Drive

March 7 • 11:00 A.M. 1008 East End Rd., Manchester

Red Raider/Rockets 2019 Swimming Banquet

Trinity Baptist Church, 1513 McArthur Street, Manchester

Revival

March 7-9 • 7:00 p.m. - 9:00 p.m. Shady Grove Baptist Church, Morrison

Spring Open House

March 8 • 10:00 A.M. High Cotton Vintage Home Furnishings 213 N. Spring Street, Manchester

CHS Theater Shows Spring Musical

March 8-17 • 12:00 P.M. Manchester High School

Senior Center Breakfast March 9 • 7:00 A.M. Senior Citizens Center, Manchester

Spring Baseball Clinic

March 9 • 9:00 A.M.
Crethan Hansert Hitting Facility, Manchester

Wine Down: Yoga & Wine

March 9 • 4:00 P.M.
Beans Creek Winery, Manchester

American Legion Pork Loin Dinner

Veterans Building, 130 Shelton Rd., Manchester

Gift of An Empath - Understanding & Protecting Yourself March 9 • 7:00 P.M.

311 Hillsboro Blvd., Manchester

Kindergarten Orientation

March 12-19 • 3:15 P.M. • Westwood Elementary
March 19 • 3:15 P.M. • College St., Elementary School
For more info: 931-728-2316

Wednesday Nights at Wesley Heights Starting Alpha Program

March 13 • 5:15 p.m. 2101 E. Lincoln St., Tullahoma For more info: 931-455-3988

TWAW Coffee County Chapter Meeting

March 14 • 6:00 p.m. Temlar Shooting Sports, Tullahoma

Free Dinner

March 14 • 5:30 P.M. Fletcher Outreach Building Forest Mill Church of Christ

Application Day for Early HeadStart

March 15 • 9:00 A.M. - 2:00 P.M. 1200 Oakdale St., Manchester For more info: 931-607-4297

Plants & Pints

March 16 • 2:00 p.m. Harvest Local Foods, 101 N. Irwin St., Manchester

Annual Clean Up

March 16 • 9:00 A.M. Ragsdale Cemetery For more info: 931-728-4718

Outdoor Beginner Photography Workshop March 17 • 8:00 A.M. Burgess Falls State Park, Sparta

To place your non-profit

events on the calendar, email events@exchange-inc.com

Deadline for events is Friday at 2:00 P.M.