



# The Courier

March  
6  
2019

Volume 19 Number 28

## Garden tour seeks entries

The Ocean Pines Garden Club will present a Garden Tour on Thursday, June 13 from 9 a.m. to noon.

Whether a beginner or veteran gardener, if you are interested in showcasing your garden, large or small, the Garden Club wants to hear from you. Contact show director, Patti, at 410-973-1243 or plookner@gmail.com to discuss placing your garden/yard on the tour.

## Council seeks prevention honoree nominations

The Worcester County Drug and Alcohol Abuse Council is seeking nominations of individual adults, youth, or groups who have made outstanding contributions to drug and alcohol prevention or treatment. The awardees will be honored by Worcester County residents, elected officials, and Council members at the 28<sup>th</sup> Annual Drug and Alcohol Awards Reception and celebrating the 36<sup>th</sup> year of the Council's existence. This will be held on Thursday, April 11 at the Worcester Career and Technology High School beginning at 6 p.m.

Nominations of individuals or groups who have performed commendably and beyond the call of duty are currently being accepted at the Worcester County Health Department. Criteria for selection of honorees include: program impact on community, appropriateness of approach, and personal contribution to the program. Anyone who received an award in the past three years is not eligible. The deadline for nominations is March 15. Please call 410-632-1100 ext 1038 or e-mail jack.orris@maryland.gov to request a nomination form or to make a reservation.

## Diabetes courses offered

The Diabetes Education Program at Atlantic General Hospital will offer diabetes self-management education and support classes in March.

The series of four, two-hour sessions will address blood glucose monitoring, foot care, nutrition, exercise, and other self-management skills to help individuals better manage their diabetes. A family member is invited to attend.

The program is recognized by the American Diabetes Association (ADA) for quality education, and program staff includes a Registered Nurse (who has please see **course** page 11



**Supply run** - On February 16 the OC Jeep Club held its annual Worcester County Humane Society supply run. Over 30 Jeeps and club members, as a group, drove a large amount of supplies such as paper towels, cat food, dog food and cleaning supplies just to name a few, to the no kill shelter.

Shelter dog **Sasha** came out to thank participants and to coax them into some playtime. Sasha is 12 years old and is looking for an adoptive family or a foster home

**Summer Jr. Golf Camp**  
ages 5-14, \$130 per child  
June 24-27, July 8-11  
July 22-25 & August 5-8  
**OP Golf Club**  
100 Clubhouse Dr.,  
410-641-6057

**free! Family Fun Night BINGO** 235 Ocean Parkway,  
March 22, 6-8pm, Community Center 410-641-7052  
**free! Spring Flea Market**  
March 30, 8am-Noon,  
Community Center  
**OP Rec & Parks**

**new! Trampoline Class** 11144 Cathell Rd,  
starts April 8, 10:30-11am 410-641-5255  
12-week class  
**OP Aquatics**

**Ocean Pines Association, Inc.**  
www.oceanpines.org  
Ocean Pines, MD  
www.oceanpines.org



# Community Calendar

## MARCH



### Monday

#### Ocean Pines Poker Club

Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928.

#### Delmarva Chorus

The Delmarva Chorus meets every Monday evening at 7PM at the Ocean Pines Community Center in Ocean Pines, Md. Women of all ages are invited to sing with us. Please contact CAROL at 410-641-6876.

### Monday/Tuesday

#### Sanctioned Duplicate Bridge

Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795.

### Tuesday

#### Families Anonymous

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

### Tuesday/Thursday

**Poker Players** wanted for Gentlemen's Poker in North Gate area Ocean Pines. Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

### Wednesday

#### Kiwanis Club Meeting

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m.

#### Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

#### Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

#### Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

#### AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

### Second Wednesday

The Polish American Club of Delmarva meets at the Columbus Hall, behind St Luke's Church, 100th St & Coastal Hwy, Ocean City, from 2 p.m. to 4 p.m. the second Wednesday of the month. Come join us if you are of Polish or Slavic descent. No meetings.

June, July, August. Call Helen Sobkowiak 410-723-2639 or Maryann Lula 410-250-2548 for more information.

### Thursday

#### Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

#### Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577 or Kate at 410-524-0649 for more activities. BeachSingles.org.

#### Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

#### Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

### Friday

#### Knights of Columbus Bingo

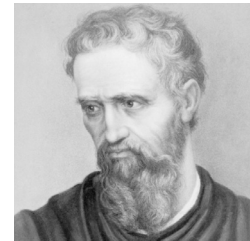
Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

### First Saturday

#### Creative Writing Forum

Every first Saturday of the month at 10 a.m. at the Berlin Library. Novice and established writers gather to share their fiction, non-fiction, and creative writing projects. Program includes critiques and appreciation, market leads, and writing exercises.

Michelangelo Buonarroti, the greatest of the Italian Renaissance artists, was born on this day in 1475 in the small village of Caprese. The son of a government administrator, he grew up in Florence, a center of the early Renaissance movement, and became an artist's apprentice at age 13. Demonstrating obvious talent, he was taken under the wing of Lorenzo de' Medici, the ruler of the Florentine republic and a great patron of the arts. For two years beginning in 1490, he lived in the Medici palace, where he was a student of the sculptor Bertoldo di Giovanni and studied the Medici art collection, which included ancient Roman statuary.



In 1508, he was called to Rome to paint the ceiling of the Sistine Chapel, the chief consecrated space in the Vatican. Michelangelo's epic ceiling frescoes, which took several years to complete, are among his most memorable works.

### Anglers to meet

The Ocean Pines Anglers Club will meet on Saturday, March 9, at 9:30 a.m. in the Ocean Pines library. The speaker will be Mike Vitak of Pines Point Provisions who will give a presentation on spring fishing and proper tackle. Trout fishing at Shad Landing will be discussed as well as fishing regulation updates. All are welcome.

### Fire Dept. to host Quarter Auction

The Ocean Pines Volunteer Fire Department (OPVFD) will host a Quarter Auction on Saturday, April 6. The event will take place at the Ocean Pines Yacht Club. Tickets are \$5 in advance and \$8 at the door. They can be purchased at the OPVFD South Station and the Ocean Pines Farmer's Market. Doors open at 5 p.m. Food and beverages will be available. You are invited to join the fun and raise a paddle in the air to show the OPVFD that you care.

### Grace Center to screen documentary

The Grace Center for Maternal and Women's Health will present free the full-length feature documentary "Resilience" at Stevenson United Methodist Church on Thursday, March 14 between 6 p.m. and 8:15 p.m. The film explores the impact of trauma and potential pathways to recovery for families and communities.

To learn more about the film and to reserve tickets, call the center at 443-513-4124. Babysitting services will be offered during the screening.

The church is located at 123 N. Main Street in Berlin.

### Sheriff's Office offers free CRASE training to public

The Worcester County Sheriff's Office is now offering free Civilian Response to Active Shooter Events (CRASE) training to the public.

The CRASE training is designed to increase your chances of surviving an active shooter event or other critical incident.

"The ultimate goal of this class is

to save lives," Worcester County Sheriff Matt Crisafulli said. "To meet that goal, this class is specifically designed to teach participants how to think differently should the unthinkable situation occur. Through real-world examples, videos, and hypothetical situations, participants will receive hands-on training in how to respond to an intruder, to identify where exits are located, and what to do if the exits are blocked."

The CRASE course is designed and built around the "Avoid, Deny, De-

fend" strategy developed by Advanced Law Enforcement Rapid Response Training (ALERRT) Center in 2004. This course will provide strategies, guidance, and a proven plan for surviving an active shooter event. Topics include the history and prevalence of active shooter events, civilian response options, medical issues, and considerations for conducting drills.

The CRASE course is an instructor led, question and answer session geared toward churches, businesses, and public organizations. To schedule

CRASE training for your organization or to learn more about the course, contact Chief Deputy Mark Titanski at mtitanski@co.worcester.md.us or 410-632-1111.

### Free naloxone training offered

Wor-Wic Community College will host two free naloxone training sessions on Friday, March 8, the first from 9 a.m. to 10 a.m. and the second

please see **training** on page 11





**Visit** - Berlin Intermediate School welcomed members of the Ocean City Pipes and Drums to Mrs. Adams' fourth grade music class. Students listened and learned about playing the bagpipes. Pictured (l to r) are **Grant Stephan, Jillian Donahue, Jean Feltes, Dr. Jon Andes, and Dr. Laurie Andes.**

## Diakonia gives help for today and hope for tomorrow

By **June Freeman**

Located in West Ocean City, Diakonia has been helping individuals and families for over forty-five years. It provides shelter, food, clothing and the resources to rebuild lives. They are the only comprehensive provider of emergency and transitional housing on the Lower Shore.

Originally, Diakonia was faith-based. After ten years it became a non-profit organization, although they have not forgotten their roots. The organization has evolved throughout the years and it has been difficult to change people's perception of Diakonia.

People have different ideas about the organization. Some think that it is a battered women's shelter and some think it is a place for drug rehabilitation. Providing service to men, women, and families in need, Diakonia's doors are open day and night. They work continually to accomplish their mission of finding and identifying safe and permanent housing for those who find themselves in dire circumstances.

A common misperception is that

homeless people are too lazy to work, have mental illness or are drug addicted. But the harsh reality is that often the causes are a result of poverty, lack of affordable housing, job loss, lack of health care, and losing one's home due to a catastrophic event. Re-



cently, Diakonia has seen an increase in seniors who have lost their homes.

Senior Vice Chairperson Beth Rodier said, "It tugs at your heart that people are trying, they are working, and they can't afford a place to live. They can't afford to put food on the table for their family. They have to decide what bill to pay. Do they pay for food, or electricity, or child care, or medical bills, or rent because they have X amount of dollars? It's not be-

*please see diakonia on page 11*

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## Historical Society to host dinner

The Worcester County Historical Society will hold its annual spring dinner meeting at the Pocomoke Community Center on Market Street, Friday, March 29. Dinner guests will learn about Worcester County's past while enjoying a meal of chicken and dumplings with all the fixings prepared by the Ladies Auxiliary.

Following the dinner Jefferson Moak, archivist and genealogist, will give a presentation concerning the 1877 Atlas of Wicomico, Somerset, and Worcester counties. He will discuss how cartographers obtained information for the maps and how the atlases were produced. This effort was the first time that a detailed map had been created for the three counties. The company, Lake, Griffing, and Stevenson, actually created six publications for Maryland, three of which were for the Eastern Shore.

Moak has studied extensively in the area of maps and atlases, beginning with the Free Library in Philadelphia. His experience includes the Philadelphia Bicentennial, the Historical Commission and the Philadelphia Archives. He has also worked with the National Archives. Later he began an interest in local history and was in-

strumental in getting the Chestnut Hill neighborhood in Germantown on the National Register. Describing his interest in genealogy Moak compared the research to putting together the pieces of a puzzle. He is a member of several historical organizations.

Doors will open for the event at 5 p.m. Friday evening and the dinner will begin at 6 p.m. Tickets are \$25 per person and can be purchased by sending a check to Robert Fisher, WCHS Treasurer, 230 South Washington St., Snow Hill, MD 21863. The deadline for reservations for the dinner, which is open to the public, is March 23.

## Free events encourage youth to get outdoors

The Maryland Department of Natural Resources will again offer opportunities for young people to experience fishing through 44 youth fishing rodeos in 15 counties statewide.

Events will be held locally at the Ocean Pines South Gate Pond on June 22 and July 21 and will be hosted by the Ocean Pines Anglers Club.

Youth fishing rodeos in the state connect 6,000 thousand young people

*please see youth on page 11*



**Reporting live** - Students in Corey Bristow's fourth grade class at Ocean City Elementary were "eyewitnesses" for different extreme weather events. Students wrote narratives of different extreme weather, as if they were experiencing the event. Students shared their narratives on a "News Broadcast" to practice their listening and speaking skills. Pictured is **Kennedy Kirby** reporting live from the scene where a family was stuck in their car in flooded waters.

## February wild horse census completed

The National Park Service has completed its February 2019 population census of the wild horses on Assateague Island. The total population of the Maryland herd is currently at 76 horses, including 21 stallions and 55 mares. Three aged mares, N6BK "Bessy Twister," N6H and X24M "Patty" are missing and presumed dead. The National Park Service collects fecal samples in the fall of each year to test for pregnancy hormones in selected mares.

There were four positives among the pregnancy test samples collected in November 2018 including: N2BHS-A "Gokey GoGo Bones," N2BHS-AL "Ms. Macky," N2BHS-I "Annie Laurie," and N2BHS-M "Susi Sole" (foaled in January). The testing cannot predict due date, only that the mares were at least 3 months pregnant at the time the samples were collected.

The National Park Service completes a full census of the horse popu-

lation in Maryland six times per year, in February, March, May, July, September, and November. Managed as a wildlife population, the Assateague horses are free to roam over approximately 27 miles of the barrier island



N9BFT-KP "Alexandria's Angel", N6BMT-FQ "Theodore", and N6BMT-F "Jojo" in February, 2019 (NPS photo)

and can be difficult to find at times. During each census, horses are identified by their distinguishing characteristics, mapped and counted. Individual horses that are not observed during multiple census periods are presumed dead. The purpose of the census is to monitor the overall population dynamics of the horse herd in support of the long-term fertility control program that was initiated in 1994.

## Obituary

### Walter Boge, 81

Walter Edward Boge, age 81, passed away on Tuesday, February 26, 2019 at Peninsula Regional Medical Center in Salisbury. Born in New York City, he was the son of the late Edward A. and Elizabeth Weis Boge. He is survived by his wife of 55 years, Lucille Dodson Boge and sons: William and his wife Libby of Manassas, VA; Matthew and his wife Ryan of Raleigh, NC; and Christopher and his partner Jon Parks of Millsboro, DE. He is also survived by four grandchildren, August, Alex, Jacob, and Lauren Boge, and one great-granddaughter, Olive Lemke. He was preceded in death by his brother Norman Boge.

Mr. Boge was a graduate of City College of New York (BCE), Syracuse University and Perdue University (MSE) and retired as Director of the US Army Topographical Engineering Center. An avid fisherman, he was a board member of the Anglers Club in Ocean Pines and was a fan of the Washington Redskins.

Cremation followed his death. A Celebration of Life is planned at a future date. A donation in his memory may be made to Diakonia, 12747 Old Bridge Rd, Ocean City, MD 21942. Letters of condolence may be sent via: [www.burbagefuneralhome.com](http://www.burbagefuneralhome.com). Arrangements are in the care of the Burbage Funeral Home in Berlin.





# A funeral

The late morning was broadly brushed in hues of gray that gripped firmly the chilled air. It was a day

of separation in a small community. One interesting detail was observing people who I know don't care for one another sitting side by side. Obviously, politics isn't the only endeavor that makes strange bedfellows.

I was in the third grade when I attended my first funeral. My friend Peter died after falling through the ice playing hockey on a not-so-frozen pond. I really didn't understand death at the time. What eight-year old does? My parents took my brother and me to the viewing at Wackerman Funeral Home. Peter was laid out in the suit he had worn not long before for First Eucharist. His soap box racing trophies and track ribbons surrounded the coffin. He just looked to be asleep. One of the jarring memories of that evening was seeing Peter's dad, a proud, strongly built Italian man who owned a moving company. His hands were big yet soft. Even at a young age, I knew he was broken, inside and out. How a father deals with the loss of one of his two children I don't know. I don't want to know. Several years later, my mother encountered Peter's mom at the supermarket. At that time, she was likely in her early forties, and pregnant. Not long after, Peter's family welcomed a baby boy, who was baptized with the middle name, Peter.

I was 19 at my grandfather's funeral, the first funeral of someone close to me. I was devastated and cried and cried and cried some more. It wasn't until I was much older that I better understood why I ached for so many years after his passing. He remains a very real presence in my life and his memory is kept alive through many, many stories and anecdotes I've shared about him with my children. Not long ago, one of my sons was relating to someone a story about his great-grandfather. It was a story based in truth, seasoned with embellishment. Gramps would have liked that. It's comforting to know that as long as Gramps is remembered and talked about, he will continue to be a presence in our family. He would have liked that. But then

again, he often felt much was all about him.

Through the years I've given thought to the arrangements for when my time comes. I've shared these plans with my family whose typical response is a collective eye roll. My desires are simple, if they really love me.

There's to be a cortege that should include at least six black horses, a New Orleans band performing "When the Saints Coming Marching In," and my family walking solemnly behind. At the celebration of life, each of my children is to eulogize me before the lights are dimmed for a film presentation of my life narrated posthumously by me. The finale will include a vocalist with the range of Aretha Franklin singing "Amazing Grace," a tear creasing her quivering cheek.

Not wanting to leave anything to chance, a few years ago, I asked my children to draft their eulogies so I would have the opportunity to offer suggestions. At first, they were not too thrilled. But once their minds focused on the task, they became a little too thrilled. So much so, that when they rehearsed their deliveries

at the Thanksgiving dinner table, it became a rather off-color, albeit hilarious, reading. But in keeping with the expected solemnity my celebration of life will likely demand, I really think their roles will be recast with more respectful and sympathetic mourners.

Getting older necessitates doing adult things older such as getting one's affairs in order. My wife and I have done this. While we were making decisions on powers of attorney and living wills, I had what was intended to be a serious conversation with my oldest son. I told him that because he lives nearby, he was my designated point person (after his mother) to make life decisions should I become incapacitated. Basically, it would be up to him to decide when to "pull the plug." Conversations like this are necessary but not easy so I wasn't sure how he'd respond to such a weighty responsibility. His response: "Who said we're going to plug it in to begin with?"

Yet another reason to recast.



## ***It's All About. . .***

By **Chip Bertino**

chipbertino@delmarvacourier.com

suited for a funeral. And that's where I was, sitting in a rear church pew paying my respects. There were quite a few people in attendance. Why would I comment on attendance? I don't know. Habit, I guess. Funeral attendance is a curious subject. Estimating the head count at a funeral or celebration of life or a viewing in some contorted way correlates to the deceased's popularity in life. I don't know if that's true but it sounds reasonable. It's equivalent to a Nielsen rating for the dead.

In my family, assessing turnout is one of two certain conversations following a send-off. The other is a discussion on how the corpse looked. My grandmother was an avid post-funeral commentator, the Howard Cosell of bereavement sans toupee. Pew numbers and the hairstyle, composure and make-up of the deceased were enthusiastic commentary fodder for my grandmother as she rode in the backseat to the cemetery.

There's a joke from way back about funeral attendance. Remembering a joke is beyond me but the gist of it is that funeral attendance can sometimes have less to do with the deceased's popularity than giving the public what it wants. My grandmother would have agreed and was at times motivated by such sentiment.

Some observations I've made through the years: My grandfather's funeral was packed. Popularity. My father-in-law's funeral was jammed. Popularity. There was hardly anyone at my father's funeral. Popularity.

As I listened to the priest's eulogy, I recognized many people in attendance, some of whom I share a long history while others I know in passing. There aren't many degrees



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# Diakonia reorganizes

The Board of Directors of Diakonia announced last week a leadership reorganization, accepting the resignation of Claudia Nagle as Executive Director effective immediately. The board, thanked Claudia for her years

## Performance scheduled

Dr. John Wesley Wright and award-winning vocalists from the music, theatre and dance department at Salisbury University will present "From Baroque to Broadway" on Monday, March 18, at 7 p.m., in Guerrieri Hall at Wor-Wic Community College in Salisbury.

According to Wright, the performance offers an eclectic program of songs from the classical, Broadway and African-American spiritual genres.

This event is sponsored by Wor-Wic's cultural diversity committee.

For more information, call 410-334-2850.

of service to Diakonia and wished her the best with future endeavors.

The board reorganized its Executive Committee that will now include Allyson Bernard-Church, chairperson; Beth Rodier, senior vice chairperson; Reid Tingle, vice chairperson-finance; Carol Parker Rose, vice chairperson-administration and Tracy Tilghman, vice chairperson-development.

A search is underway for a new executive director. In the interim, the executive leadership will support the staff in managing daily operations until such time as a new director is hired.

The board is confident the reorganization along with continued strategic review better supports Diakonia and its growth to support those in need in our community.

## Soccer youth, volunteer coaches needed

Kick off spring with Worcester County Recreation and Parks (WCRC) Youth Outdoor Soccer from April 7 to June 16 on Sundays at John Walter Smith Park in Snow Hill.

Children will practice basic soccer skills and compete against teams from other local towns. This program is open to ages three to Grade 8. Participants will be split into competing divisions based on their age (Age three-four, and grades K-1, 2-3, 4-5, and 6-8). The registration deadline for the spring season is Thursday, March 28.

The soccer program is \$35 per person to play, and \$30 for each additional child. Registrations received after the deadline will be charged an additional \$5 fee, and children may not be placed with their desired team or coach. Checks should be made payable to Worcester County and can be mailed to the Worcester county Department of Recreation and Parks or dropped off at the Recreation Center. Online registrations are now available. Visit [www.worcesterrecandparks.org](http://www.worcesterrecandparks.org)

*please see program on page 15*



**Essay winners** - Worcester Prep School third grader **Sarah Williams** placed second and third grader **Lexi Davis** placed third in the American Legion Auxiliary Americanism Essay Contest for students in Grades three to eight. This year's essay contest topic was, "How can we address and prevent Veteran homelessness in our communities?"

## Input sought on proposed migratory game bird hunting seasons

The Maryland Department of Natural Resources is now accepting public comment on the proposed 2019-2020 Migratory Game Bird Hunting Seasons. The comment period continues until noon on March 15.

Proposed season dates for all migratory game birds can be viewed on the department's website.

The seasons will be finalized in spring 2019, after the department reviews public input and obtains approval from the U.S. Fish and Wildlife Service.

"We appreciate the opportunity to present these season proposals for public comment well in advance of the 2019-2020 hunting season" Wildlife and Heritage Service Director Paul Peditto said. "Input from the waterfowl hunting community, as well as others who are invested in Maryland's role in migratory bird conservation, helps guide our decision making process as we work to protect these resources for future generations."

The department will host a public

meeting to review the proposed seasons at 7 p.m. on March 6 at Chesapeake College, Room 127 in the in Wye Mills Health Professions and Athletics Center.

Citizens may also comment online, by phone at 410-260-8540, by fax at 410-260-8596 or in writing to: Maryland Department of Natural Resources – Wildlife and Heritage Service, 580 Taylor Avenue, E-1, Annapolis, Maryland, 21401.

It's easy to underestimate the level of know-how required to be an automotive mechanic, and just how essential the job is. There are an estimated 30,000 parts on the average car, and data from the International



Organization of Motor Vehicle Manufacturers indicates around 74,705,000 cars were produced in 2018. Auto mechanics are in high

demand. Although many high schools offer adequate training to prepare individuals for a job in automotive mechanics, most mechanics are now expected to have completed an associate degree or certificate program in automotive training to keep up with ever-evolving vehicle technology. Students can enroll in a vocational education program, receive a certificate and then go on to employee training. Upon completion of that training, students can become master mechanics. Training and schooling typically takes two years. Salary.com reports that the average automotive mechanic salary in the United States was \$38,551 as of December 2018.

Letters sent to The Courier for publication consideration must be signed and include a telephone number where the author can be reached to verify authenticity, if necessary. Letters are not corrected for spelling or grammar and priority will be given to letters of 300 words or less. Letters must be received by Friday at 5 p.m. They can be e-mailed to:

**[thecourier@delmarvacourier.com](mailto:thecourier@delmarvacourier.com)**





**Making a difference** - Stephen Decatur Middle School has a Kiwanis sponsored student leadership club known as the Builders Club with over 20 members who are learning how to make a difference in their community. The club has two faculty co-advisors and a liaison from the parent Kiwanis Club of Greater Ocean Pines-Ocean City, Jackie Todd, who work with the students. On Wednesday February 27 the co-advisors spoke at the weekly Kiwanis Club meeting in the Ocean Pines Community Center. The students are involved with several projects among which are the OC Arts League "Empty Bowl Project" and an after school equine program at Autumn Grove Stables which partners with students where they spend an hour grooming ponies, mucking stalls, caring for/feeding the animals and learning about the sport. Students also are beginning to ride. Working with and around hoses has proven to lower stress and anxiety and build confidence, self-esteem, compassion, patience and trust for others with emotional issues. Pictured are (L-R) Faculty Co-advisors **Heather Hand, Anne Cook** and Kiwanis President **Dick Clagett**.

## Nonprofit course offered

The continuing education division at Wor-Wic Community College is offering a course called "Starting a Nonprofit 101," which will be held on three Fridays, March 15 through 29, from 5 to 7 p.m., in Room 204 of Fulton-Owen Hall at the college campus on the corner of Route 50 and Walston Switch Road in Salisbury.

The course will cover the basic concepts of how to incorporate, select a board of directors, write bylaws, obtain tax-exempt status, develop a budget, create a marketing plan and explore fundraising.

For more information about the course or to inquire about customized training for your business, contact Kerry Cleaver, director of continuing education and workforce development, at [kcleaver@worwic.edu](mailto:kcleaver@worwic.edu) or 410-334-2815.

# The 7th Annual Finnegan's Wake

*Saturday, March 9  
Seacrets - Morley Hall  
5 p.m. to 9 p.m.*

Sponsored by  
*Cheers of Berlin, Gallagher RPS  
Robert W. Nock Insurance Agency*

*Featuring*

*Ocean City  
Pipes & Drums  
Band*

*Folk Heroes*



Entertainment sponsored by  
*Apple Discount Drugs, Avery Hall Insurance,  
Burbage Funeral Home, Malvern Collision Service  
Vicki Tillery, Robin Dannelly & John Falcone*

**Happy Hour Drink Prices  
Irish Menu Silent Auction**

**\$20**

**Doors open at 4:30 p.m.**

**Donation**

All proceeds benefit 'Friends of WCDC'  
Worcester County Developmental Center  
*Providing opportunities for adults with intellectual disabilities  
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**For more information call Cathy at 570-956-4721**

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*and...*

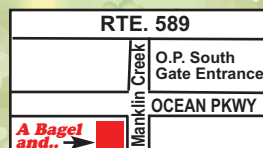
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## Boat safety classes offered

The Ocean City Power Squadron, a unit of the United States Power Squadrons, will present America's Boating Course. The boating course will be given at the Ocean Pines library beginning on March 11, 2019.

This is a nine-hour course and will be given on four consecutive days starting Monday, March 11 and continuing on March 12, 13, and 14. This includes a review and exam on the last day. On the first day there will be registration at 6 p.m. and

class will begin at 6:30 p.m. The course will meet from 6:30 p.m. to 9:30 p.m. each evening. There is a \$15 fee for the course and materials. Middle School and High School students are free.

Anyone born after July 1, 1972 must satisfactorily complete a safe boating class to operate a recreational vessel or personal watercraft in the State of Maryland. Successfully completing this class also satisfies the requirements for Delaware, Virginia and Pennsylvania.

This course covers basic boat handling, navigation, Federal and State regulations, rules of the road, aids to navigation, required equipment and much more.

For more information and early registration call 410-641-6535 or 410-641-8040.

## Narconon counseling available

Over the last several years drug overdoses have continued to increase. At this point, the Surgeon General has issued a statement for all communities to increase Narcan availability since research shows when communities increase education and availability, the number of overdose deaths decrease. For more information, visit: <https://www.narcononnewlifere-treat.org/blog/where-to-get-narcan.html>

Narconon can help you take steps to overcome addiction in your family. Call today for free screenings or referrals. 1-800-431-1754



**Getting together** - Members of the Ocean City-Berlin Optimist Club who worked on the 36th Annual Ocean City Boat Show in the Convention Center in February. Photo by Anna Foulz.

## Toddler gym and little all-stars registration open

Worcester County Recreation and Parks (WCRP) is offering Toddler Gym and Little All-Stars this spring at the Worcester County Recreation Center in Snow Hill, and registration is now open.

Toddler Gym provides those ages 18 months to five years old with opportunities to exercise, practice social interaction, and play stimulating games in a safe environment. A variety of age-appropriate games, exercises, songs, and group activities will be provided for parents and children to enjoy together to encourage young ones to explore their environment, enhance their learning through play, and meet new friends. This program will take place on Tuesdays, April 2 to June 5 from 10 a.m. to 11 a.m.

Little All-Stars is open to those ages two to five years old. This program will get children active while they learn the key elements involved in a variety of

sports and activities. Each class will focus on fundamental sports skills, including soccer, t-ball, basketball, volleyball, and more. This program will introduce and encourage skill development and team work, while also enhancing self confidence and social interaction. This program will take place on Fridays, April 5 to June 7, from 10 a.m. to 11 a.m.

Program costs are \$35 for participation in all 12 weeks, and \$30 for any additional child. Families are now asked to register online through [www.worcesterrecandparks.org](http://www.worcesterrecandparks.org).

For more information, contact Kelly Buchanan at 410-632-2144, ext. 2503 or [kbuchanan@co.worcester.md.us](mailto:kbuchanan@co.worcester.md.us). Learn more about the full lineup of sports programs and recreation activities at [www.worcesterrecandparks.org](http://www.worcesterrecandparks.org).

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a telephone number where the author can be reached to verify authenticity, if necessary. Letters are not corrected for spelling or grammar and priority will be given to letters of 300 words or less. Letters must be received by Friday at 5 p.m. They can be e-mailed to:

[thecourier@delmarvacourier.com](mailto:thecourier@delmarvacourier.com)



## New board members named

Coastal Hospice announces the organization's new board of directors for 2019, including two new members.

Stephen R. Farrow, formerly the board's vice chair, assumes the chair position from immediate past chair, Michael P. Dunn. Michael E. Shrader is now vice chair; Richard M. Laws is treasurer; and Byron Braniff is secretary.



**Andy Kim**

New members of the board include Parisa Gholamvand and Andy Kim, both of Salisbury. Gholamvand is a residential and commercial real estate agent with Coldwell Banker Residential Brokerage while Kim is a Certified Public Accountant and the principal at Kim and Associates, PA.



**Parisa Gholamvand**

They join returning board mem-

bers Colleen "Cam" Bunting, David "Buddy" Dykes, Roger L. Harrell, Madalaine Leszcz How, Barbara C. Long, Wiltssy Payero, Robert M. Purcell, Anthony S. Sarbanes, and Margaret M. Whitten.

### Adult fitness morning classes offered

Start the day off right with active adult fitness classes at the Worcester County Recreation Center (WCRC) in Snow Hill this spring.

Early Bird Morning Fitness is open to those ages 45 and older interested in increasing their activity and improving their fitness. Participants will feel more energized and empowered to maintain independent, active lifestyles. This class will involve walking, strength training, and exercise focusing on flexibility and coordination. Classes will take place Mondays, Wednesdays, and Fridays, April 1 and runs to June 21, from 9 a.m. to 9:40 a.m. The cost per person is \$45. For more info, contact Myro Small at 410-

*please see fitness page 15*

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Thursday, March 17

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3 p.m. to 8 p.m.

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# Astronomy & Spaceflight

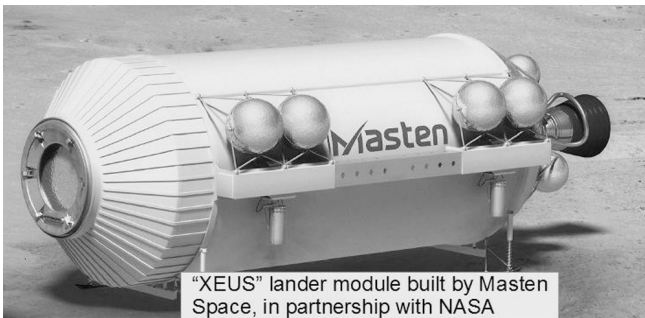
By Douglas Hemmick, Ph.D.



## Lunar missions on the horizon

The month of March marks the transition from winter to spring, and there are corresponding changes in the night skies. Over the course of the month the sun sets later, with an abrupt change occurring on March 10 when Daylight Saving time takes effect.

The topic for March features NASA's plans for developing robotic landers for lunar exploration. There are two special programs involved with this effort, Lunar Cargo Transportation and Landing by Soft Touchdown or "CATALYST" and "Commercial Lunar Payload Services" or "CLPS." These programs each involve collaborations between NASA and independent commercial ventures.



"XEUS" lander module built by Masten Space, in partnership with NASA

The CATALYST program is a partnership between NASA and three corporate partners - Astrobotic Technologies, Masten Space Systems, and Moon Express. Masten Space has already designed and built a lunar lander called "XEUS." This lander will carry payloads up to 5,000 pounds and will be propelled into space by rocket engines from United Launch Alliance. XEUS would initially carry unmanned cargo flights but could someday accommodate two astronauts.

The CLPS program is focused on delivering scientific experiments to the lunar surface, and includes the design of landers and rovers. In November 2018, nine corporate partners of CLPS were announced, allowing them to compete for \$2.6 billion in NASA contracts.

NASA is planning to schedule launches of small payloads of scientific instruments early next year and for mid-range loads in 2022. By gathering greater knowledge of lunar resources, NASA is paving the way for returning astronauts to the moon.

The new CLPS program has chosen a broad variety of capabilities among the nine companies selected. The three firms from the CATALYST program were obvious choices. The well-known firm Lockheed Martin, brings extensive rocketry experience. Several companies were selected having collaborative contracts with agencies

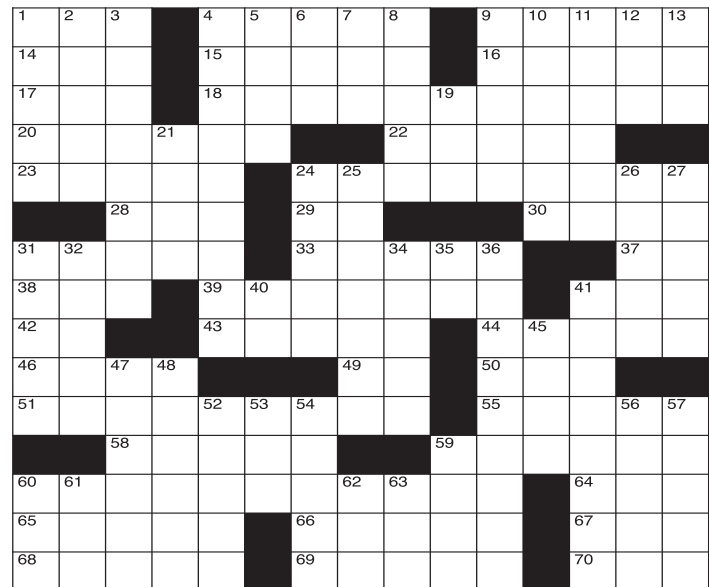
of other nations. The results are a network of enterprises having extensive capabilities in the CLPS program, competing for funding of their designs.

The simplest NASA experiment is placing "retroreflectors" onto the lunar surface. These devices act by "bouncing back" signals from approaching spacecraft, and require no power source. After a series of such retroreflectors are stationed on the moon, approaching spacecraft will have a reliable means to navigate to safe landing areas. NASA's deputy administrator for exploration, Steve Clarke said "We'd like to fly them [the retroreflectors] on every landed mission going forward."

A vital part of the mission will be the quest to find water ice on the moon. Earlier lunar observations have raised the anticipation of finding accessible ice formations in the polar regions and in subterranean caverns. If a sufficient source of water ice is found, this would offer several benefits, including drinking water, and even a source to provide rocket fuel.

The potential for producing rocket fuel depends upon conversion of water into its components, oxygen and hy-

please see *horizon* on page 15



### CLUES ACROSS

- 1. Public broadcaster
- 4. The media
- 9. Manila hemp
- 14. Not just "play"
- 15. Trailblazing German historian
- 16. Type of puzzle
- 17. Plant in the daisy family
- 18. Not young
- 20. Dennis is one
- 22. Revealed
- 23. But goodie
- 24. Absurd
- 28. Commercials
- 29. University of Dayton
- 30. Expression of annoyance
- 31. Stories
- 33. More critical
- 37. Of I
- 38. Time units (abbr.)
- 39. Arousing intense feeling
- 41. High schoolers' test
- 42. Trauma center
- 43. Astronomical period
- 44. Fights
- 46. Italian Lake
- 49. Rhenium
- 50. Baseball stat
- 51. State of consciousness
- 55. Some is dietary
- 58. Stringed instrument
- 59. \_\_\_ Kidman, actress
- 60. Orator
- 64. Ottoman military commander
- 65. Makes known
- 66. Type of font
- 67. Cool!
- 68. Short musical composition
- 69. Porticos
- 70. Not wet

### CLUES DOWN

- 1. The upper part of a duet
- 2. Carpenter's tool
- 3. Outrageous events
- 4. Procedures
- 5. Type of party
- 6. Between northeast and east
- 7. Sanskrit (abbr.)
- 8. NJ college \_\_\_ Hall
- 9. Sharp mountain ridge
- 10. Observed something remarkable
- 11. One who obeys
- 12. \_\_\_ de sac
- 13. Sign language
- 19. Predecessor to Protestantism
- 21. Right-hand man
- 24. \_\_\_ anglicus: sweating sickness
- 25. People who proof
- 26. Israeli Defence Forces sergeant
- 27. Remains as is
- 31. Receptacle
- 32. Archers' tool
- 34. Gets up
- 35. Unit of energy
- 36. Explains again
- 40. Pa's partner
- 41. Region bordering the sea
- 45. Type of acid
- 47. Lesotho capital
- 48. Gave a speech
- 52. Irregular as though nibbled away
- 53. Neither
- 54. Copyreads
- 56. Edward \_\_\_, British composer
- 57. Prepared
- 59. Launched Apollo
- 60. Relative biological effectiveness (abbr.)
- 61. Protects from weather
- 62. Feline
- 63. Equal



Answers for February 27



**diakonia**  
from page 3

cause they are not trying.”

Currently, forty-three people are guests at Diakonia and forty percent are children. Anyone who is able is required to work. For those who need to find a job, the dedicated staff helps them find work. There are situations where even with two people working, their wages are not enough; some of their working guests are paid wages but still remain at a 30% below poverty level. The staff works tirelessly to find affordable housing for people in these difficult situations.

*“We operate in the community that we do because the support is invaluable. I know that all communities are not like this.”*

It takes hard work, a lot of money, and caring to help people get their lives back together. Chairperson Allyson Bernard-Church stated, “We operate in the community that we do because the support is invaluable. I know that all communities are not like this.”

To help with the growing and changing needs, a variety of programs and initiatives were developed over the years. Started in 2009, Diakonia operates a 36,000 square foot thrift shop located in West Ocean City. The ‘It Used to Be Mine Thrift Shop’ provides both revenue and resources to help the guest and those who are transitioning to permanent housing. It also generates money for some of the things for which the shelter would otherwise not be able to fund. Volunteers run the shop which carries everything from furniture and clothing to board games and various household items.

The ‘homeless solutions’ program is designed to work with individuals and families. The shelter not only helps its guests find safe and affordable housing, but also continues to provide support so they can continue

**training**  
from page 2

from 10:15 a.m. to 11:15 a.m., in Room 207 of Fulton-Owen Hall on the college campus in Salisbury. Christina Bowie-Simpson from the Wicomico County Health Department will provide the training. Register before March 6 by contacting Penny S. Walters at [pwalters@worwic.edu](mailto:pwalters@worwic.edu) or 410-334-2900.

to be self-sufficient. There is also an emergency housing support program in place for veterans. Education programs, counseling, financial management and activities are a part of the support system.

The shelter’s food pantry program is a remarkable offering. It provides food assistance to hundreds of families every month. In 2018 alone, more than 3,000 households were served, 20,000 pounds of food was distributed and nearly 70,000 meals were pre-

pared by Diakonia. The help and generosity of local restaurants, grocery stores, volunteers, and individuals is incredible. Rodier commented, “When you start monetizing the amount of food, the size, and scope, it is pretty astounding. And nothing goes to waste. A few years ago, they teamed up with a few local farmers who raised pigs. When the shelter has food they cannot salvage, the farmers pick up the food and in return they award the shelter with a pig”.

Although the guests spend a short time at Diakonia, it is a life-changing event. People who had lost hope and had no place to go have found a safe haven in their darkest times.

*Editor’s note: For donating, volunteering, upcoming events, or more information, go to [diakoniaoc.org](http://diakoniaoc.org).*

**course**  
from page 1

diabetes) and a Registered Dietitian, both of whom are Certified Diabetes Educators.

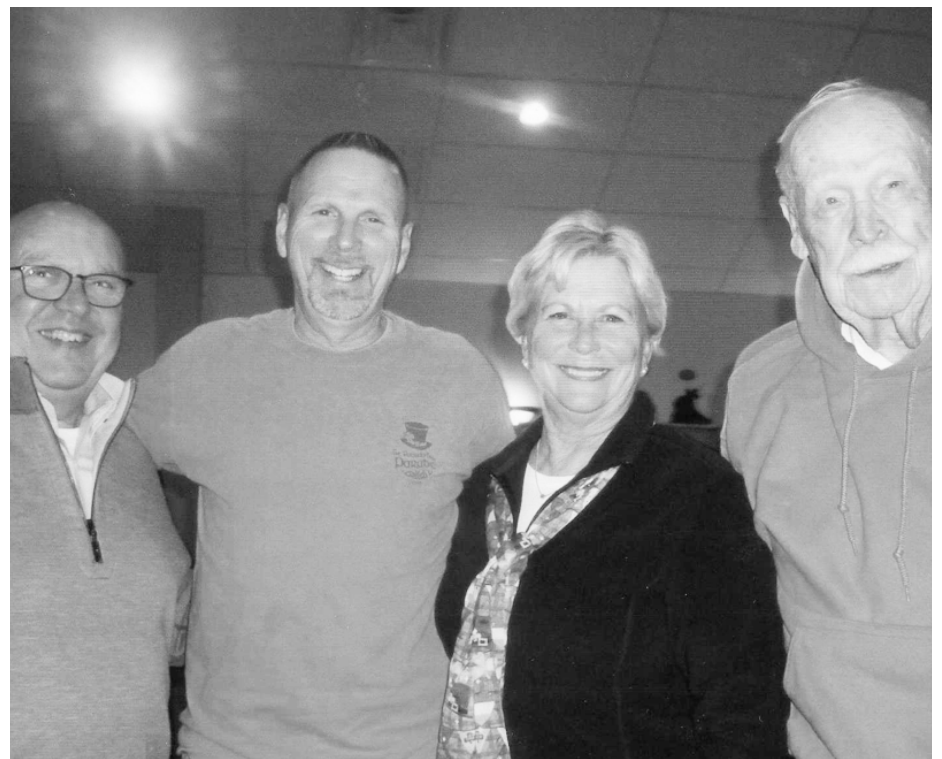
Advance registration and a referral from your primary care provider (which the program can obtain) are required.

Diabetes Self-Management is a Medicare benefit and the cost of the classes is covered by most insurances.

Classes will be held on the following Wednesdays, from 3 p.m. to 5 p.m.: March 6, 13, 20 and 27.

Classes will take place at the Burbage Regional Cancer Care Center located at 9707 Healthway Drive in Berlin.

Please call 410-208-9761 for more information and to register.



**Parade prep** - The Ocean City St. Patrick’s Day Parade and Festival will take place Saturday March 16. The parade marshals will be Michael and Fran Kelly. (L-R) Dennis Dare, Michael and Fran Kelly and Past Parade marshal John Staley. Any Girl Scout who would like to march in the parade, please call Anna Foultz at 410-641-7667 and receive a gift from McDonalds. Photo by Anna Foultz.

**youth**  
from page 4

with the Maryland outdoors each year. Events start in March and run through fall. Anyone 16 years of age and younger may participate.

“For a lot of kids participating in a fishing rodeo, it is their first real angling experience,” Fishing and Boating Services Director David Blazer said. “These events reflect a commitment across the state by the department, our partner organizations and many individuals to help youth develop a pas-

sion for fishing and for stewardship of our natural resources.”

To ensure participants have the opportunity to reel in a catch, the department helps raise and supply thousands of hybrid sunfish, channel catfish and rainbow trout for this year’s fishing rodeos.

Tides for Ocean City (Fishing Pier)				
Day		High /Low	Tide Time	Sunrise Sunset
Th	7	Low	1:42 AM	6:24 AM 5:59 PM
	7	High	7:59 AM	
	7	Low	2:10 PM	
	7	High	8:12 PM	
F	8	Low	2:21 AM	6:22 AM 6:00 PM
	8	High	8:36 AM	
	8	Low	2:44 PM	
	8	High	8:50 PM	
Sa	9	Low	3:00 AM	6:21 AM 6:01 PM
	9	High	9:13 AM	
	9	Low	3:20 PM	
	9	High	9:29 PM	
Su	10	Low	4:42 AM	7:19 AM 7:02 PM
	10	High	10:50 AM	
	10	Low	4:57 PM	
	10	High	11:09 PM	
M	11	Low	5:27 AM	7:18 AM 7:03 PM
	11	High	11:30 AM	
	11	Low	5:39 PM	
	11	High	11:52 PM	
Tu	12	Low	6:17 AM	7:16 AM 7:04 PM
	12	High	12:13 PM	
	12	Low	6:25 PM	
W	13	High	12:41 AM	7:15 AM 7:05 PM
	13	Low	7:13 AM	
	13	High	1:04 PM	
	13	Low	7:18 PM	

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## Storms of Assateague program offered

Assateague Island Alliance (AIA), the Friends Group of Assateague Island National Seashore (ASIS), will host the popular "Famous Storms of Assateague" program at Assateague Island Environmental Education Center on Saturday March 9. There will be refreshments at 10:30 a.m. prior to the program which begins at 11 a.m.

Discover how Mother Nature shaped the fate of Assateague Island National Seashore; eliminated plans for development, and led to the creation of the National Park. Presenter Christopher Seymour, a retired National Park Service Ranger who spent 20 years as a Naturalist/Park Interpreter at Assateague, will revisit three major storms of the last century and their impacts on the island: 1) The August 1933 storm that wiped out seven blocks of the southern part of Ocean City, created the inlet, and resulted in the jetty system that has been starving Assateague of sand for over 80 years; 2) The Ash Wednesday storm of 1962 that destroyed most (but not all) of the developer's houses on Assateague Is-

land; and 3) the 1992 Nor'easter, the effects of which caused the park to close for three months.

This program will be held at the Assateague Island Environmental Education Center (old visitor center) located at 7206 National Seashore Lane in Berlin. Overflow parking will be available next door at the Assateague Island Visitor Center.

### Free fishing derby scheduled

The Worcester County Recreation and Parks (WCRP) inaugural Fishing Derby will take place at Newtown Park pond on Saturday, May 18 from 9 a.m. to 11:30 a.m.

Youth ages 15 and under are invited to grab their bait and fishing rods and join WCRP.

This event is free to all participants. Families are asked to register online at [www.worcesterrecandparks.org](http://www.worcesterrecandparks.org). Trophies and awards will also be presented to the winners following the

*please see **derby** on page 15*

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## Adult basketball, co-ed volleyball, flag football leagues open

Registration is open for adult sports leagues at Worcester County Recreation and Parks (WCRP) this spring. Leagues include basketball, co-ed volleyball, and flag football and are open to those 18 and older. Space is limited, and early registration is encouraged.

The basketball league returns to the Worcester County Recreation Center (WCRC) on Thursdays, from April 11 to June 13 from 6:30 p.m. to 9:30 p.m. The cost is \$220 per team. A \$25 referee fee per game is also required. For more info, contact Program Manager Myro Small at 410-632-2144, ext. 2512 or msmall@co.worcester.md.us.

Co-ed volleyball also returns to the WCRC on Sundays, from March 24 to June 9, from 1 p.m. to 3 p.m. The cost is \$220 per team. The registration deadline is Friday, March 8. A coaches meeting will take place Tuesday, March 5 at the WCRC at 7 p.m. This league will consist

of teams with 2 women playing at all times. For more info, contact Program Manager Trudy Porch at 410-632-2144, ext. 2520 or tporch@co.worcester.md.us.

Adult flag football will take place at John Walter Smith Park next to the WCRC on Wednesdays, April 3 to June 5, beginning at 6:45 p.m. This league is eight weeks of games, plus playoffs. Teams will play 8 vs. 8, and may contain up to 15 players on a team roster. The cost to participate is \$330 per team, which includes referee fees. The registration deadline and coaches meeting will be held on Wednesday, March 27, at the WCRC. For more info, contact Program Manager Mike Hedlesky at 410-632-2144, ext. 2509 or mhedlesky@co.worcester.md.us.

Form your teams now, and register online at [www.worcesterrecandparks.org](http://www.worcesterrecandparks.org).



**Success** - Greg Czarnecki, manager of Carrabba's Italian Grill in West Ocean City, hosted a successful Girl Scout fundraiser on Saturday, February 23. The troop will receive the \$826 proceeds to be used to send girls to summer camp. (L-R) Troop #608 selling cookies **Karie Long, Ashley Alexander, Greg Czarnecki and Marena Vanoski**. Photo by Anna Foulz.

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There's a 'bit of the Irish' in all of us...

Being of German heritage I had a difficult time coming up with an Irish recipe, so I called on my daughter Wendy, an excellent cook who married into a large Irish family. I have been served these recipes at her home and they are delicious. Her family loves the corned beef and cabbage dinner, requesting it often during these cold months.

**Potato Leek Soup**

- 3 leeks, sliced
- 2T butter
- 6 large potatoes, cubed
- Vegetable Broth: 6 cups
- 6 cups water
- 1 cup of Half and Half or 1/2 cup sour cream
- Salt and pepper to taste

Sauté leeks in butter. When soft, add potatoes, broth and water. Bring to a boil, then reduce heat and sim-

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to register for any upcoming youth or adult program.

Volunteer coaches are needed to assist with the soccer program. Soccer teams cannot run successfully without volunteer coaches who donate their time to helping children improve their soccer skills. An orientation meeting will be held for all interested coaches on Thursday, April 4 at 6:00 p.m. at the Worcester County Recreation Center.

For more information, contact Program Manager Jacob Stephens at 410-632-2144, ext. 2506 or [jstephens@co.worcester.md.us](mailto:jstephens@co.worcester.md.us), or visit [www.WorcesterRecAndParks.org](http://www.WorcesterRecAndParks.org). While there, be sure to click the links to follow us on social media.

mer. Mash mixture or run through blender when potatoes are soft. Add Half and Half or sour cream and whisk through. Season with salt and pepper as needed.

**Corned Beef and Cabbage Dinner**

- Purchase corned beef with seasoning packet
- Cabbage
- Carrots



Place in crock pot with one cup water, then add seasoning packet. Cook a good 8-10 hours until very tender. Remove from juice and slice. In separate pot, boil cabbage that has been washed and soaked in salt water. Best served with garlic, mashed red potatoes. Delicious served with boiled sliced carrots too, as it adds both color and nutrition!

**Irish Nachoes**

Purchase frozen, cross cut French fries. Bake per package directions, then top with grated cheese, chopped bacon, green onions, chopped tomatoes and a dollop of sour cream. Microwave for 30 seconds to melt cheese. Yummy!

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632-2144, ext. 2512 or [msmall@co.worcester.md.us](mailto:msmall@co.worcester.md.us).

Stretch-Chi is open to those ages 45 and older. The program blends all the best parts of stretching, flexibility, and range of motion classes with the most effective exercises from the Tai Chi class. This class will take place in a quiet, low impact setting on Mondays and Wednesdays, April 1 through June 19, from 10 a.m. to 11 a.m. The cost per person is \$45. For more info, contact

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drogen. Such conversion is based on an electrolysis method, originally discovered in the 1800s. Large scale equipment on the moon would be needed to capture significant quantities of hydrogen needed for rocket fuel. Experiments are being conducted to find advanced technology to expedite the process.

NASA is currently using electrolysis in the International Space Station, producing oxygen to supplement breathable air.

NASA administrator Jim Bridenstine said "We believe there is a lot of amazing science that we can do on the surface of the moon. In fact, science that we can't do anywhere else." Typical instruments aboard the landers would be spectrometers, rock and ice drills and heating elements for analysis of lunar samples. NASA has requested specific proposals to identify instruments that could be completed and installed on board a launch capsule within the next year.

An additional interesting NASA proposal is to build another space station, one that would be orbiting the moon, known as the GATEWAY project. This space station would provide an outpost to help explore the moon, and to assist future missions to Mars.

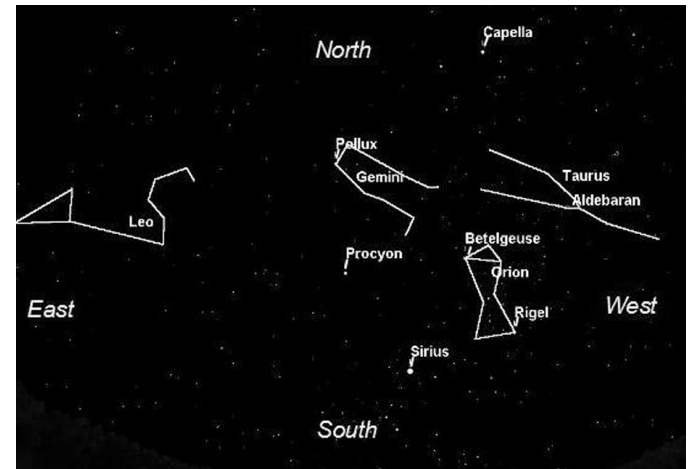
As the March sky grows dark at about 7 p.m. Orion appears prominently, well above the southern horizon. The great hunter will be surrounded by his usual companions, Taurus the Bull to the northwest, Gemini the Twins to the northeast,

Mike Hedlesky at 410-632-2144, ext. 2509 or [mhedlesky@co.worcester.md.us](mailto:mhedlesky@co.worcester.md.us).

Core Training is an evening fitness program open to those ages 18 and older that will get your heart racing and abs burning. Through the use of dumbbells, stability balls, and cardio you will begin to see a new core develop. This class will meet on Mondays and Wednesdays, April 22 to June 12, from 5:30-6:30 p.m. The cost per person is \$45. For more info, contact Myro Small at 410-632-2144, ext. 2512 or [mmsmall@co.worcester.md.us](mailto:mmsmall@co.worcester.md.us).

and the brilliant Sirius to the southeast. Leo the Lion is majestically anticipating the arrival of spring and becomes fully visible after about 8 p.m. in the eastern sky.

Daylight Saving time begins on



March 10, and this changes things a bit. Clocks should be set forward one hour, so all observation times will "jump" ahead.

Wishing good luck and clear skies to all stargazers.

**derby**  
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event.

Canoes and kayaks will be available to rent through the Pocomoke River Canoe Company.

Parents or guardians should be present to help their child with a fun day of fishing.

For more information, contact Jacob Stephens at 410-632-2144, ext. 2506 or [jstephens@co.worcester.md.us](mailto:jstephens@co.worcester.md.us). To view the full lineup of WCRP programs and activities, visit [www.worcester-recandparks.org](http://www.worcester-recandparks.org).

Yoga is for everyone ages 18 and older and is built on three main structures: exercise, breathing, and meditation. This program will meet once a week on Wednesdays, March 6 to April 10, from 6:45 p.m. to 7:45 p.m. The cost per person is \$30. For more info, contact Mike Hedlesky at 410-632-2144, ext. 2509 or [mhedlesky@co.worcester.md.us](mailto:mhedlesky@co.worcester.md.us).

For more information and to register, visit [www.worcesterrecandparks.org](http://www.worcesterrecandparks.org). While there, be sure to click the links to follow Worcester County Recreation and Parks on social media.



## Ocean Pines Chamber Community Connection

By Kerrie Bunting, Executive Director



### Just who are you, anyway?

So, I think after six months at this job, I have learned a lot about, not only the Pines business community, but Ocean Pines in general. For instance, I know that OP has wonderfully scenic hiking and biking trails. I know that if you can't find something to do here, you just aren't paying attention. And I know never to mention geese. Shhh. Another thing I've noticed? Several times a week, I will get phone calls from residents and visitors with questions better suited for the folks over at the Ocean Pines Association. The confusion is understandable but I figured I would help us all out by explaining who and what we are.

Ocean Pines, as a community, was established in 1968. The Ocean Pines Association, the community's Home Owners Association, soon followed. Then, in 1975, Ocean Pines Chamber of Commerce was founded to assist the ever growing business and non-profit communities in and around the Pines. As the Pines grows, so does each organization. The OPA has created a great variety of recreational venues and activities while maintaining all the infrastructure and residential needs. Meanwhile, the OP Chamber has established partnerships with almost 300 local businesses and non-profits in an effort to provide you, the OP residents, with trustworthy, quality services and products. Both organizations are non-profit, are managed by two different Board of Directors and we both are devoted to improving your community. But we each have very different missions.

This year, the Chamber is re-thinking our community role. We truly feel we need to connect better with local residents and visitors. Really prove our community support and dedication. Every year we host several events in the Pines. Business Expo (May 14), Flounder Tournament (August 3), Car Show (May 26). This year, we will be enhancing

these events to incorporate more community involvement and business variety. We want to be seen as not just an organization that helps local businesses but a community organization that is dedicated to the growth and improvement of the Lower Shore.

We enjoy a great symbiotic relationship with the OPA and thank them for spreading the word on all of our events and happenings to you, OP residents and visitors. We hope to see you soon at our upcoming events and love feedback on them. But, should you need a referral from a trusted source on a new landscaper or electrician, call the Chamber! If you want to know when the pool opens, that's for the OPA.