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POSTAL PATRON

Volume 135 Number 19

March 6, 2019

Courier Journal

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Gardens for the Sowing

SHOALS—Community Action Agency of Northwest Alabama Gerald Williams Cooperative Garden Program offers free vegetable seeds, plants, and fertilizer to qualifying local residents wishing to grow their own gardens.

Sign up is available through March 26.

To participate in the program applicants must:

- reside in Lauderdale/Colbert or Franklin Counties
- income must not exceed a monthly gross. The maximum monthly household income can be:

- Single person – \$1,517
 - Two-persons – \$2,057
 - Three-persons – \$2,597
- For each additional person, add – \$540

Please call 256-248-1921 from 1-4 pm Monday-Friday for details.

White's Album Release Event

FLORENCE – Grammy Award winner and University of North Alabama alumnus '99, **John Paul White**, will host an album release show at the Shoals Theatre on Friday, April 12 at 8pm.

The event is being sponsored by UNA's Department of Entertainment Industry. It will serve as kick-off for White's latest album, *The Hurting Kind*. The event will also serve as a benefit concert for the John Paul White Entertainment Industry Endowed Scholarship.

"I'm an incredibly lucky person to be able to do what I love for a living," said White.

See **SHORTS...** on Page 2



Sophisticated Culture

SHOWCASING DRESS AND LIFEWAYS OF SOUTHEASTERN NATIVE AMERICANS

TUSCUMBIA—*Buckskin to Broadcloth: The Changing Tide of Trade & Culture* will be on display March 10 through May 10 at the Tennessee Valley Museum of Art, 511, N. Water St., Tuscumbia. The museum is open 9am-5pm Monday- Friday and 1-3pm on Sundays. Admission is \$5 for adults, \$3 for students. Admission on Sunday is free.

Buckskin to Broadcloth is an exhibition of typical 18th and 19th Century trade items including weapons, cookware, furs, fabrics, brass, silver, lace, glass beads and exquisite examples of Native American attire and adornment loaned to the Tennessee Valley

See **BUCKSKIN...** on Page 6



Alabama and beyond with direct mail, total market coverage

Our Bicentennial

ROGERSVILLE HOSTS STATE'S TRAVELING EXHIBIT

ROGERSVILLE—*Making Alabama*. A Bicentennial Traveling Exhibit presented by Alabama Humanities Foundation is on a 19-month tour of the state. That includes an exhibition stop in Rogersville at the Rogersville Town Hall March 8-31. The Grand Opening takes place Friday, March 8 at 1pm.

This impressive display blends artistic collages, interactive computer tablets, and an audio medley of song and spoken word to tell the story of Alabama – from becoming a territory to achieving statehood. It also conveys a message of hope in its presentation about the future.



BICENTENNIAL EXHIBIT HOURS:
Weekdays 8am- 5pm
Saturdays 11am-5pm
Sundays 1-5pm

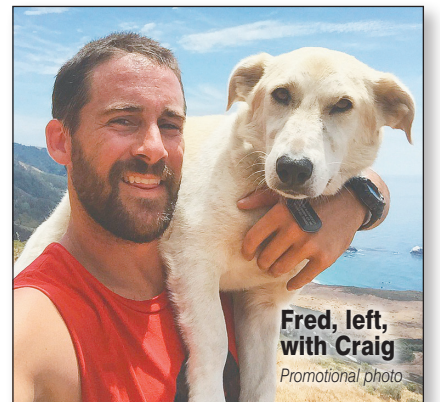
See **200...** on Page 6

Craig and Fred Coming to Sheffield

SHEFFIELD— The Sheffield Public Library and U.S. Marine, Sergeant Fred Grossi, a Purple Heart recipient, invite you to attend an evening with Craig and Fred on Thursday, March 14 at the Clarion Hotel in Sheffield.

It's the story that began in 2010 with the sergeant feeding a piece of beef jerky to a funny looking stray dog in a remote part of Afghanistan. Theirs is a poignant and inspiring tale of hope, resilience, and optimism, with a timeless message at its

See **CRAIG & FRED...** on Page 6



Fred, left, with Craig
Promotional photo

Inside this Issue



Bentley Automotive
Oakley Auto Sales
National Advance Auto Sales
North Alabama Auto Sales
Ray Miller Buick - GMC
EZ-Ride Auto Sales
Jeff Elledge Auto Sales



- Charlotte's Web
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- Computer Skeptic
- Savvy Senior
- Dave Ramsey
- SIGNS of the PAST



- Starry Night
- Pancakes!
- Ask the Atty
- Adopt-a-Friend
- Lio • Cat & Kids



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- Outdoors
- Pet Talk



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Shorts...

White's Album Release Event

Continued from Page 1

"I've seen the world. I've done things I didn't even have on my bucket list. I know that these things were made possible by my good friends, instructors, and co-conspirators at the University of North Alabama." The album will be available for purchase March 8 at the Shoals

Theatre Box Office or online at <https://www.theshoalstheatre.org/>

Shelter Seeks Volunteers

FLORENCE—The Florence-Lauderdale Animal Shelter would like to invite you to join its amazing team of volunteers who assist with the maintenance and overall preservation of the animals in our community. Dog walking, general cleaning, transportation, kennel assistance, cat/kitten room care, and event support are examples of ways you can help your community and support the healthy continuation of its animal population. Additionally, volunteers can provide care by fostering an animal or helping with other programs offered by the shelter such as "Doggy Day Out." If you are interested in becoming a member of the volunteer team, please contact the Volunteer Coordinator, Chapel King, at 256-648-0221, to arrange a schedule that will fit your needs and interests. The Florence-Lauderdale Animal Shelter encourages individuals and groups, and families to participate in the volunteer program. However, children under sixteen must be

accompanied by an adult family member.

The Florence-Lauderdale Animal Shelter is located at 702 E. College Street in Florence. Hours of operation are as follows: Monday-Thursday 10am-5pm; Friday, 10am-7pm; Saturday, 11am-5pm.



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Community Action Agency of Northwest Alabama's Gerald Williams Cooperative Garden Program

FREE vegetable seeds, plants and fertilizer are provided to help qualifying local residents wishing to grow their own gardens

Sign up Now - March 26

Participants in the program must:

- **Reside** in Lauderdale, Colbert or Franklin Counties
- Must not exceed **monthly gross** (prior to take-out, see below)

Maximum monthly incomes

Single person in household – \$1,517
Two-persons in household – \$2,057
Three-persons in household – \$2,597

For each additional person in the household add \$540 per month

ALL Residents Call 256-248-1921
1-4 pm • Monday-Friday

Deadline to Apply is March 26

The Cooperative Garden program is a partnership of the Community Action Agency of Northwest Alabama, TVA Retirees, Bicentennial Volunteers Inc. and many others.

ALABAMA

A BICENTENNIAL TRAVELING EXHIBIT

200

Rogersville Town Hall

March 8 – March 31

Grand Opening Friday, March 8 at 1pm

This exhibit features the history of the State of Alabama, Lauderdale County and the Town of Rogersville.

EXHIBIT HOURS:
Weekdays 8am-5pm,
Saturdays 11am-5pm,
Sundays 1-5pm

For more information or to make arrangements for group or class visits please call the **Rogersville Public Library** at 256-247-0151 Ask for Teresa



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2 Lbs. Fresh Tenders



2 Ribeye Steaks



2 Lbs. Bacon or Sausage





All Star Pack!!! \$69.99

- 2 lbs Fresh Ground Beef
- 2 lbs Beef Roast
- 2 lbs Boneless Pork Chops
- 2 lbs Boneless Pork Ribs
- 2 lbs Fresh Chicken Tenders
- 2 lbs Sliced Bacon
- 2 lbs O'Guire Sausage
- 1 lb American Sliced Cheese
- 2 Ribeye Steaks 8-10 oz.
- 1 Fresh Whole Chicken

Mike's Meat Market

ASK THE ATTORNEY



Thomas McCutcheon

Ask the Attorney is sponsored by local attorneys, McCutcheon & Hamner, PC, as a service to the residents of NW Alabama.

Q My wife had a car wreck in January. The insurance company for the guy who caused the wreck wants her to give a recorded statement over the phone telling them what happened. Should she do it?

Robert, Florence, AL

A The short answer is NO. While you are obligated to cooperate with your own insurance company and give your own insurance company a statement, this does NOT require you to give a recorded statement to the other driver's insurance company. In fact, you should never give a recorded statement until you have consulted with an experienced personal injury lawyer. Insurance companies' claims adjusters are professional negotiators with extensive experience. They are well trained to ask questions in a manner designed to hurt your claim.

Insurance adjusters are trained to save money for the insurance companies. If they can do that by making fault questionable or by establishing that your medical claims are unfounded or unrelated, they may avoid having to pay for the full extent of your injuries.

Usually the insurance adjuster taking the statement is not the insurance adjuster who handles the property damage and the adjuster that handles the property damage claim is not the one that handles the personal injury claim. The one who wants you to talk can be charming. The one who wants to pay you as little as possible won't be.

I also don't believe that these questions really can be answered accurately after an accident. Yet we all know that any inaccuracy will be used by the insurance company to make it appear as if you were lying. The problem is that the impressions left in memory after a sudden accident aren't accurate. There is no substitute for going to the scene with an attorney and foot looking at skid marks, scuff marks and debris left on the pavement as well as having a look at the distances involved. Only after you know the facts should you attempt to state the facts.

Buckle up, drive safely and as always, your referrals are appreciated! 256-764-0112

Please send the questions to:

"Ask the Attorney,"

P. O. Box 38, Florence, Alabama 35631

or visit our website at: www.mhatty.com

facebook: McCutcheon and Hamner, P.C.

We will not print your full name in the article. We will not be able to return any written or preprinted items which are submitted.

No representation is made that the quality of legal services to be performed is greater than the quality legal services performed by other lawyers.

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Cutting grass, clean flower beds, pressure washing, hauling away unwanted items. Free estimates. 256-710-0548

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I BUY JUNK AND repairable cars, trucks, and vans. Paying cash. 256-633-8875.

Ash Wednesday Service
Our Redeemer Lutheran Church
630 N. Poplar St., Florence

March 6
12pm: Lunch
1pm: Imposition of Ashes
5:45pm: Dinner
7pm: Divine Service

All go to the same place, all come from dust, and to dust all return.
Ecclesiastes 3:20

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You Are Invited To Our Friends/Family Day & Gospel Meeting

March 10-13

Shiloh Church of Christ
2605 County Road 344, Florence

Speaker: Phillip Hines
Preacher,
Hartselle Church of Christ
Hartselle, AL

Our Schedule:

- Sunday Bible Study at 9am
- Worship at 9:45am
- Fellowship Meal following morning worship
- Sunday Evening Worship at 12:30pm
- Monday - Wednesday at 7pm

For more information, please call 256-757-2456

Shiloh Church of Christ "Where Christ Is Magnified"

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THANK YOU for reading the Courier Journal!

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ROOFING - LEAKS REPAIRED, chimneys flashed, valley repair. All work guaranteed. Free estimates. 256-383-3218



COMMUNITY NOTES may be submitted for non-profit, civic or church-related events and published free of charge. Community Notes must be submitted in writing by 3pm Friday for consideration in the following week's issue. As space is available in the Courier Journal.

- Email to editor@courierjournal.net;
- Look for "Submit News" on our website at www.courierjournal.net.
- Fax to 256-760-9618;
- Mail to 219 W. Tennessee St, Florence, AL 35630; or
- Bring in person.

All properly submitted Community Notes which are dated will be posted weekly at www.courierjournal.net. Visit our website for a complete list.

Through the Back Door: The Music That Bridged the Bayou - Luncheon with Storyteller Dolores Hydock at the Sheffield Public Library on March 5, 11:30am-1pm. Tickets are \$12, includes lunch. Tickets must be purchased by March 1. Sponsored by Friends of Sheffield Public Library.

The monthly **"Hi Neighbors of the Shoals"** meeting will be Tuesday, March 5 at 10:30am at the Florence Public Library. This group welcomes all newcomers to the Shoals area. Contact Janice Hilborn, 256-577-8355, for further information

You Are Invited To Our Friends/ Family Day & Gospel Meeting at Shiloh Church of Christ, 2605 County Road 344, Florence March 10-13. The speaker is Phillip Hines, preacher at Hartselle Church of Christ in Hartselle, AL. Sunday Bible Study is at 9am followed at 9:45 by worship. A Fellowship Meal follows morning worship. Sunday Evening Worship at 12:30pm. Monday - Wednesday at 7pm. For more information, call 256-757-2456

Government Contracting: An Introduction to doing Business with the Government - Wednesday, March 6, 10am-12pm at Shoals Chamber of Commerce, 20 Hightower Pl, Florence. Services provided by the University of North Alabama Procurement Technical Assistance Center (UNA PTAC) will be discussed, with emphasis on the government contracting process - including the BidMatch delivery system. There is not cost to attend. For additional information please contact Phillip Marks at 256-765-4668, pomarks@una.edu or Lindsey Killen at 256-765-4721, lkillen2@una.edu.

Clothes Give Away - Thursday, March 7 from 8-10am at the Care Center, First Baptist Church, Killen.

The new adoption fee for the animals remaining at the current **Florence Animal Shelter is \$25 per animal.** And if your new buddy is not spayed or neutered, we will help you take care of that at no extra charge! You can visit the Shelter at 702 E. College Street in Florence. Hours of operation are: Monday-Thursday 10am-5pm; Friday 10am-7pm; Saturday 11am-5pm.

There is a full house of potential best friends, and each of them would love to have their own forever home with you. The Shelter will soon be moving to a new building in the Florence Industrial Park, so the shelter needs to find homes for all their four-legged friends before the big move. You can adopt, foster, foster to adopt, or rescue any of the animals. Please visit us and adopt your new best friend before the move.

Free garden supplies to qualifying households with low-incomes living in Franklin, Colbert, and Lauderdale counties.

Sign up until March 26. Call between 1-4pm, Monday-Friday only. 256-248-1921.

Sponsored by Community Action Northwest Alabama, TVA Retirees, BVI, and Southwire.

The **Florence Parks & Recreation Dept.** will be conducting online registration for Adult Softball through March 6. Register online now at www.fpard.com. We will be taking team registration for Men, Men Church, and Co-ed Leagues. Team fee is \$400. For more information, contact Nicole Lambert at 256-760-6628.

Northwest Alabama MS Warriors, a support group for those dealing with multiple sclerosis and their families, will meet at 5:30pm Thursday, March 7 at the Muscle Shoals Public Library, 1918 Avalon Avenue in Muscle Shoals. 256-356-8548

Florence Parks & Recreation / The Club is booking a second trip to Niagara Falls/Toronto Passport required. June 9-15, 2019, 7 days 6 nights, 10 meals. Deposit now is \$75. Final payment of \$689 by April 15. This trip is open to the public. Call The Club 256-760-6642 or email fdavis@florenceal.org

Free Investment Classes at TVA Community Credit Union, Wilson Dam Road Branch. Participants MUST Register. Contact John Ingwersen at jingwersen@gmail.com.

Classes: Saturday, March 9, 10-11:30am - Understanding and Evaluating Mutual Funds

Seminars - Making Safe and Informed Investment Decisions: Tuesday, May 28, 6:30-8:30pm Tuesday, October 22, 6:30-8:30pm

All classes and seminars are free and open to the general public.

Sponsored by: TVACCU, the Mutual Investment Club of Florence (MICF) and the Alabama/Emerald Coast Chapter of Better Investing.

Shoals Habitat for Humanity is accepting applications for our Affordable Homeownership Program. Learn more at www.shoalshabitat.org or call 256-760-9515. Shoals Habitat for Humanity is an Equal Housing Opportunity Lender.

Florence Parks and Recreation/ The Club (Senior Center) presents 2019 travels to **Branson Holiday Show Extravaganza.** Monday -Saturday, November 18-23. 6 days 5 nights. \$679 double occupancy. Deposit due now \$75. Final payment September 11. This trip is open to the general public. Call The Club 256-760-6642 or email fdavis@florenceal.org

Florence Kiwanis Club meets Fridays at noon in the Marriott Shoals Conference Center, 10 Hightower Place, Florence Programs - March 2019

March 8 - Pancake Day! Florence-Lauderdale Coliseum

Jay Stone Singers March 8 at 7pm at Muscle Shoals Church of God, 1700 Firestone Ave Muscle Shoals. A love offering will be accepted. More information, call 256-318-2610

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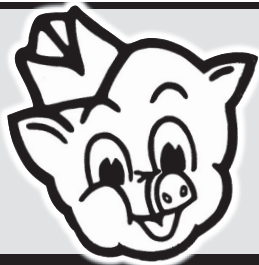
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Pork Ribs
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Frozen Crinkle Cut French Fries 2 LB. BAG **2/\$5**

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Medium Eggs DOZEN CARTON **99¢**

PIGGLY WIGGLY
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PIGGLY WIGGLY
Soft Margarine 45 OZ. TUB **2/\$4**

261205-1



Yard Sales

An exclusive listing of the better sales in the Shoals area.

To list your sale, fill out the form on page 6.

WE MUST receive your ad by Friday prior to the Wednesday release date. (8 days before a Saturday sale)

FLORENCE YARD SALE
2355 Parc Place (North Wood Ave, to Roberts LN., right on Parc Place)
Sat. & Sun. 8 am-noon
 Moving out of the U.S. Lots of small electrical items & much more!

FLORENCE:

Estate Sale

ESTATE SALE, SATURDAY 3/16, 8 a.m. - 4 p.m. Mars Hill area (address to be announced in next week's edition). Florence. Antique furniture, clocks, china, and glassware; household items, appliances, books, wildlife prints, lawn furniture, and many misc. items. Cash, preferred, or checks with ID.

CONCRETE, CONCRETE CONCRETE, ALL TYPES

•Site preparation -form, pour, finish •Concrete / Asphalt Removal •Poured footings, walls, slab curbs, driveways. Professional workmanship, competitive rates. **Free Estimates.** David 256-648-7828

BUYING SILVER COINS 1964 or before. Paying 90 cents each for dimes; quarters \$2.25; halves \$4.50. North Florence Coins, Seven Points Shopping Center 256-764-0008

VACUUM CLEANER REPAIR, MOST makes & models. Free estimates. Ken's Sewing & Vacuum Center, 256-381-0161.

Killen Time Deer Minerals are now in stock at Longrider Supply
 Florence 256-767-6068



FORD: F-150 XLT Crew Cab, 2016.

IMMACULATE, RUBY RED. ONE owner, 20,400 miles with remaining factory warranty. 4X2 with 2.7 ecoboost engine, great mpg, tow package, sun roof, rear air, 20 inch chrome rims with Michelin tires. All manuals, maintenance records, bed cover, tinted windows, navigation, XM radio, heated seats, etc. \$32,000. 256-349-3569 for more info.

SEWING MACHINE REPAIR, MOST makes & models. Free estimates. Ken's Sewing Center, 256-381-0161.

I BUY JUNK AND repairable cars, trucks, and vans. Paying cash. 256-633-8875.

FREE KITTEN AND CAT to a good inside home. 256-275-7699. (Florence)

BAMA DIRT: DRIVEWAY GRAVEL, CLEAN TOP SOIL, FILL DIRT and SOD. www.bamadirt.com 256-740-7406

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MARCH 16-17

At The Clarion Inn
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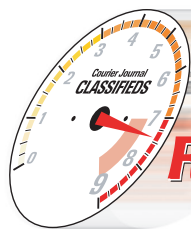
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200...

Continued from Page 1

The exhibit will travel to all 67 of Alabama's counties. Four exhibits have been built and they will travel the state concurrently. This will allow all counties to experience this historic event for more than just a few days.

Organizers say AHF was a natural choice for coordinating the traveling exhibit with decades of

experience through its partnership with the Smithsonian Institution's Museum on Main Street traveling exhibit.

"Just like not everyone has the opportunity to view a Smithsonian exhibit in Washington, not everyone can make it to Montgomery to see Alabama Department of Archives and History's unparalleled 'Voices' exhibit," said AHF Executive Director Armand DeKeyser. "What we are putting together gives them that opportunity."

Buckskin...

Continued from Page 1

Museum of Art by Doug Rodgers, retired University of Montevallo professor of history. Rodgers is an expert in the field of Native American studies and will present a gallery talk at 1:30 p.m. at the opening.

As trade increased Native American apparel and embellishments shifted from the furs, fibers, pearl and bone found in the natural world, to goods such as calico, linen, lace, fringe, silver, brass and glass. Buckskin to Broadcloth demonstrates how the Southeastern Native American artistically and creatively adapted European trade goods to create new clothing, styles, and original objects that

reflected their own rich culture.

The TVMA's Curator of Exhibitions and Director of Visual Arts Education, Mollie Schaefer-Thompson, has organized four workshops for the public during the exhibition. Embroidery workshops will be March 28-April 25. The embroidery workshop is \$15 and participants bring their own article of clothing to embellish. Workshops on April 11 and May 2 teach participants to use natural dyes to color fabric provided by the museum. The fee for the natural dyes workshop is \$20.

Buckskin to Broadcloth also includes admission to the Museum's permanent exhibitions.

The Tennessee Valley Museum of Art is on N. Water St. in Tuscumbia.



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Your Courier Journal is published for total saturation, direct-mail delivery every Wednesday to 71,048 Shoals area and surrounding homes. It is Alabama's Largest Weekly-Mailed Direct, and enjoys a larger circulation than all local subscriber based newspapers combined.

EDITORIAL POLICY: Your Courier Journal accepts a variety of news releases, photos, stories, Letters to the Editor and upcoming community, church or civic events for publication as space permits. Please submit all materials in written form to:

219 W. Tennessee St. Florence, AL 35630
or email to: editor@courierjournal.net

well in advance of the planned event. The Editor reserves right to shorten, edit, reword or omit submissions as seen fit. All information submitted for publication becomes property of the Courier Journal. Information published does not necessarily reflect an opinion or endorsement by the Courier Journal, members of its management, or its staff. Advertisers are responsible for all content and claims in their advertising.

Craig & Fred

Continued from Page 1

heart - It's not what happens in life, but how we respond to it. Craig and Fred's story is a shining example of the power of love to transform our hearts and our lives.

Doors open at 6pm on the 14th. Dinner will be served at 6:30pm. A donation of \$35 for tickets includes the meal and is available through The Sheffield Public Library. For more information, call 256-386-5633.

This program is presented by Friends of Sheffield Public Library.

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IN FLORENCE

FLORENCE—The Florence Kiwanis Club will host its All-You-Can-Eat 68th Annual Pancake Day Friday and Saturday, March 8 and 9 at Florence/Lauderdale Coliseum at 702 Veterans Drive in Florence. Kiwanians serve pancakes and sausage Friday, March 8 from 6am-7pm and Saturday, March 9 from 6am-1pm.

Advance tickets are \$8, or \$7 each for group sales of ten or more tickets. Tickets at the door are \$9 each. Children 12 and under are \$5 at the door.

Tickets are available from any member of the Florence Kiwanis Club or at the door. For tickets call Beth Haddock at 256-810-5252, or any other Florence Kiwanis member.

Information about Kiwanis Pancake Day and Florence Kiwanis Club is available at www.florencekiwanis.com.

IN TUSCUMBIA

TUSCUMBIA—The Tuscumbia Kiwanis Club is sponsoring its annual Pancake Day on Friday March 8 from 6:30am-1pm and on Saturday March 9, from 7-11am. Tickets are available from any Tuscumbia Kiwanis Club member or may be purchased at the door at the Tuscumbia Multi-Purpose Center.

Tickets are \$6each (\$5 each if 10 or more). The Kiwanis Club supports numerous programs in the community that assist children and youth.

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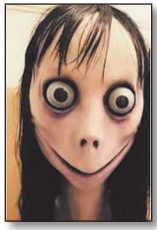


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THERE HAS BEEN A RESURGENCE of a story that emerged about a year ago concerning a really scary phenomenon called The Momo Challenge. It involves teenagers or young children receiving messages from a character known as "Momo" primarily through Youtube Kids or a texting app called WhatsApp. Momo entices them to complete a set of tasks that eventually result in Momo urging them to commit suicide. Is that horrible or what?



The Momo

SPOILER ALERT, it's mostly bogus. It appears to be little more than a modern day ghost story similar to the "The Hook Man" story from the days before

MOMO CHALLENGE

by "The Computer Skeptic"

the Internet was a thing. This story has just enough grains of truth to warrant some attention mainly because it has generated some "copycat" hoaxes based on the character.

The super creepy Momo looks like a character from the movie "Nightmare Before Christmas" — sort of half human, half doll, and 100% weird. The image used for Momo is actually a sculpture made by a Japanese special effects company modeled after a Japanese folk story character. The unnerving sculpture is on display at a Japanese "Horror

Art" gallery.

My research on YouTube reveals lots of videos from parents insisting that their child was contacted by the Momo. I have yet to find a story that is believable. Most of the videos seem to be parents trying to get attention or children re-telling the story they heard from friends. There are tons of TV news station interviews with parents claiming their child was a victim. There are tons of videos supposedly presenting evidence for the Momo challenge but all of them essentially reference the same

original hoax material. One of the telling things about many of these videos is the fact that they all have thousands or even millions of "views." That means these video producers (and TV stations) are making money from this hoax.

Lots of people are claiming what Momo is and what Momo does but finding someone who has first-hand interactions and concrete evidence of this thing is impossible to find. It appears that the phenomenon is mostly a product of bullies, pranksters, and opportunists latching onto a handy ghost story to torment vulnerable youngsters and inflame gullible parents in the name of Momo and Mo' Money.

Whether Momo is real or rumored is really beside the point. There is lots of terrible stuff to be found online and your children and grandchildren will be exposed to it if you aren't

careful. This thing should serve as a reminder for parents to know what their kids are doing online at all times. That iPad should not be used as a babysitter. Parents must take charge of their child's digital life and take an interest in their online interactions. It is vitally important that children know that they should not be trying to contact strangers online, regardless of the method. No child should ever be left alone with full access to the internet. There are even worse things out there than this silly Momo.

Jim Fisher owns Excel Computer Services in Florence. Reach him at www.ExcelAL.com



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Candidate must be able to setup press for daily newspaper printing, monitor and inspect quality of papers, maintain registration and proper ink density, perform general maintenance and other duties as required. Must be able to lift up to 50 lbs., be forklift certifiable and have mechanical experience or training. Prior experience with newspaper press and machine maintenance is preferred or other press printing experience will be considered.

Candidate must be able to work a flexible schedule including nights, days, and weekends; and work in a fast paced environment.

Mail or drop off application or resume at 219 West Tennessee Street, Florence, AL 35630, or email to Hollie.Colella@timesdaily.com.

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Actors from the London Stage

Photo: Robin Savage

UNA Welcomes Actors from the London Stage

FLORENCE. – The internationally acclaimed Actors from the London Stage touring theatre company will perform *King Lear* on March 15 and 16 at the University of North Alabama's George S. Lindsey Theatre. Doors will open at 6:30pm and the show will begin at 7pm.

Actors from the London Stage is one of the oldest established touring Shakespeare theater companies in the world. This program is truly unique. It is housed and workshoped in England with academic tours booked through the auspices of Shakespeare at Notre Dame, housed in the Marie P. DeBartolo Center for the Performing Arts

at the University of Notre Dame. Prior to the weekend performances, the company will spend five days providing workshops and other classroom activities to UNA students, including visits to Theater, English and Sociology classes. Additionally, they will give a pre-performance talk at the Florence-Lauderdale Public Library and perform *King Lear* at Limestone Correctional Facility as part of UNA's "Inside/Out Prison Exchange" program. Funding to host Actors from the London Stage is made possible in part by the Albert S. Johnston Endowment.

General admission tickets are \$10 and UNA student tickets are \$5. General admission tickets may be purchased in advance at the Kennedy-Douglass Center for the Arts, Cold Water Books, and the UNA bookstore.

UNA Student tickets may be purchased at the UNA bookstore. Any remaining tickets will be available at the box office at 6pm on the nights of the performance. For more information, contact Cynthia Burkhead at 256-765-4790, or at caburkhead@una.edu.

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A Real Heart Change

1 Samuel 16:7B "for the LORD seeth not as man seeth; for man looketh on the outward appearance, but the LORD looketh on the heart." **Romans 10:9-10** "That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved. For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation." **Romans 10:13** "For whosoever shall call upon the name of the Lord shall be saved." **2 Corinthians 5:17** "Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new" The Apostle Paul proclaimed: **2 Timothy 1:8** "Be not thou therefore ashamed of the testimony of our Lord, nor of me his prisoner: but be thou partaker of the afflictions of the gospel according to the power of God;" A testimony is an affirmation of a fact. What prompted me to choose this subject this week was that one of my grandsons was asked to give his testimony last week and found out he didn't have one. Being very concerned, he immediately asked the Lord Jesus Christ to forgive his sin and come into his heart and save his soul. He received Christ and called me and said he was never happier in his entire life. Now that's a testimony.

I wonder how many folks out there that tell what they have done, and can tell nothing about what God has done for them. What is your testimony? Shout it from the house tops. I wasn't saved until I was 21. I left home, religion and family and was branded as a heretic and an outcast. But through it all, the Lord has held my Blessed life and marriage together. I have 10 grandchildren and soon to be 8 great grandchildren. Soon I will leave this planet and go home to meet my blessed Lord who loved me and gave himself for me. I look forward to that meeting and the reunion with my deceased saved loved ones.

How about you? Do you have a testimony of what God's done for you? **2 Corinthians 13:5** "Examine yourselves, whether ye be in the faith; prove your own selves. Know ye not your own selves, how that Jesus Christ is in you, except ye be reprobates?" Is your church pew empty?

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SEE PAGE 6 FOR DETAILS

Commentary

Death for You, You, and You?

A very telling vote took place in the US Senate on February 25. The Senate voted 53-44 in favor of the Born-Alive Abortion Survivors Protection Act (S 311). It fell seven votes short of the 60 votes needed to end Democrat delay tactics. All 44 'no' votes were from Democrats. They voted against insuring that any infant who survives an attempted abortion is a legal person and will be treated with the same human dignity and respect as any baby born after an attempted live birth.

In A Few Words



TOM MAGAZZU
Editor

Some claim their no votes were in response to the Trump administration's recent reduction in Planned Parenthood funding. Political posturing is one thing, but it's sad that the lives of infants are part of the game.

Only three democrats joined Republicans as an affirmative voice for the most helpless.

Every 2020 Democratic presidential hopeful in the Senate voted against the bill, including Cory Booker, Sherrod Brown, Kirsten Gillibrand, Kamala Harris, Amy Klobuchar, Bernie Sanders, and Elizabeth Warren.

These are votes against living, breathing human beings who are completely separated from their mothers due to gross medical incompetence. Yet, 44 senate democrats are

See DEATH FOR YOU?... on Page 37

Comments do not necessarily represent those of the Courier Journal staff, its advertisers, or its readers.

Courier Journal

in the Shoals

March 6, 2019

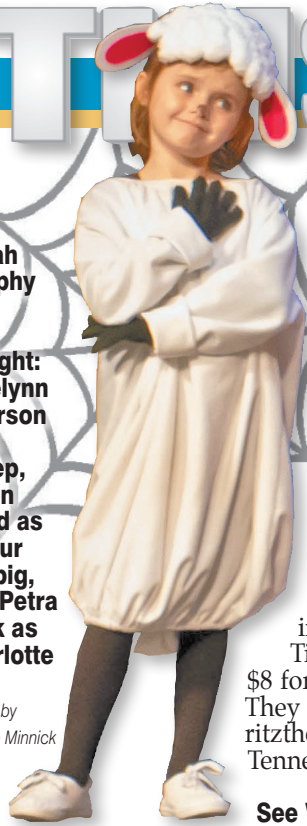
THIS WEEK

Happening THIS WEEK

Norah Murphy

At right: Katelynn Atterson as a sheep, Owen Hood as Wilbur the pig, and Petra Pack as Charlotte

photos by LeAnne Minnick



TIME OUT FOR THEATRE PRESENTS

Charlotte's Web

TUSCUMBIA— The Tennessee Valley Art Association's children's theatre program, Time Out for Theatre, will be presenting a public performance of the classic "Charlotte's Web" at 3pm on March 10 at the Ritz Theatre at 111 W. Third St. in Sheffield.

Tickets to the performance are \$8 for adults and \$7 for students. They will be available online at ritztheatre.ticketleap.com, at the Tennessee Valley Museum of Art,

See WEB... on Page 28



FLORENCE-LAUDERDALE PUBLIC LIBRARY will host Prelude to Freedom: Dred Scott in Florence, ca. 1822-ca. 1830 on Sunday, March 10 at 2pm. FLPL Local Historian Lee Freeman will discuss Dred Scott's roughly eight years in Florence. He will examine what we know and what we can surmise about his stay in Florence from actual records. Lee will talk about what we know about Capt. Peter Blow and his family, tracking them from Southampton Co., VA to Madison Co, AL to Florence, AL to St. Louis, MO. He will also briefly examine how Florentines have remembered Dred Scott from the late 1800s through 2018. For example, consider Judge Wood's 1876 speech, the historical marker on Pine St., and Dred's plaque on the Walk of Honor). Lee will also examine how the Dred Scott decision impacted Florence-Lauderdale on the eve of the Civil War. This event is co-sponsored by Project Say Something. For more information, call 256-764-6564, ext. 130.

One Show of Starry Night

FLORENCE – The University of North Alabama Opera presents *Starry Night* on Friday, March 8 at 7:30pm in Norton Auditorium.

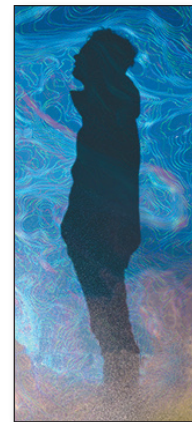
This event is only being performed in the Shoals for one night before moving to Huntsville.

The event will feature performances from the UNA Opera studio accompanied by live

music from the Huntsville Youth Orchestra and works from the UNA Film, Photography, and Fashion Merchandising Programs. It will be an enchanting evening of beautiful arias and art.

UNA Opera Director, Dr. Tiffany Bostic-Brown, believes

See STARRY... on Page 36



THE SHOALS ELKS LODGE 2860 will host its annual Fun Day in the Park on Saturday, March 9 from 9am-2pm at the Main Pavilion at Spring Park in Tusculumbia. This is for Shoals youth ages 4 - 13. Registration is from 9-10:30am. Free T-shirts and armbands for the rides are available while supply lasts. There will be games, face painting, karaoke, and lunch provided. Children must be accompanied by a parent or guardian. For more information, call 256-810-2895.

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YOUR Letters

Your Courier Journal welcomes tastefully presented letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. **Letters must include name, address and phone number for verification.** (Only name and town will be published.) Letters subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers or a majority of readers. Please submit typed or neatly written letters to: Editor-Courier Journal

by Mail or in Person
219 W. Tennessee St., Florence, AL 35630
• e-mail: editor@courierjournal.net
• FAX- 256-760-9618

Blessing of an Organ

Editor:

I have never been the recipient of a car, a house, or a life insurance policy, but I have received the gift of sight through cornea donors five times over. Without my donors, I would be blind.

You don't have to be rich to leave your organs, only willing.

Christ gave his life for our new heavenly bodies-(Read I Corinthians 15: 50). He gave us forgiveness of sin as salvation for a heavenly body.

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Please ask them to put a heart on your driver's license when you renew. No heart, no donor.

Thanks to everyone who helped me see again. I am more grateful than ever.

Joy Willow
Florence

Some children have been prescribed puberty blockers for gender transition under the California Healthy Youth Act... ”

Diverting Hwy. Money

Dear editor;

There is much talk about the gas tax, and with it much misinformation coming out of Montgomery.

Yes, the cost of road materials is up. However, according to my research there is almost zero effort being made to lower costs or increase efficiency. Good-ol-boy politics are hard at work while incentives to lower costs are not. To add insult to injury, there were at least two bills available for consideration in last year's legislative sessions dealing with funding for roads without raising

the gas tax. Neither passed.

The rumor is the state wants to raise taxes, but they know it is unpopular among the general public. I hate to suggest a created crisis, yet the unwillingness to invest in infrastructure is glaring. Not only are they not adding more funding to roads from the general fund, but they have taken 63+ million a year out of the highway fund for other things.

By continuing to divert this money out of the highway fund last year the legislature was proving their unwillingness to spend what they view as their money (remember they taxed

See LETTERS... on Page 28

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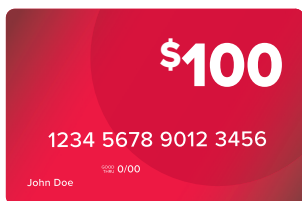


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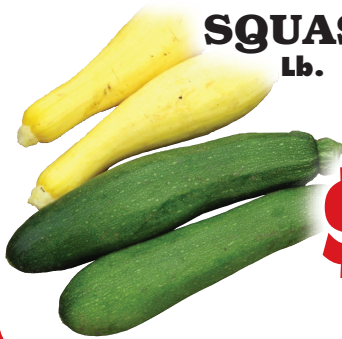
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Autos, Online Top Complaints

MONTGOMERY -- Attorney General Steve Marshall last week announced the top five categories of complaints from Alabama consumers received by his office's Consumer Interest Division over the last year.

They are complaints involving:

1. Automobiles
2. Online Purchases
3. Debt Collection
4. Cable and Satellite Services
5. Landlord/Tenant Issues

The total number of consumer complaints received in 2018 was 2,710.

"While National Consumer Protection Week is a time to remind everyone to be on guard against scams and fraud, my office is focused on consumer protection year-round," said Attorney General Steve Marshall. "My Consumer Interest Division staff works hard to help consumers resolve disputes with businesses as well as investigate incidences of fraud. Not every case necessarily involves illegal activity, however, my office is always available to assist consumers with questions about potential scams and unscrupulous business practices."

The state's consumer protection hotline is 1-800-392-5658 to take reports of fraudulent activity and to provide information and

tools to equip consumers to protect themselves. Alabamians may also file a complaint online at <http://ago.alabama.gov/ConsumerComplaint>.

The Attorney General's Consumer Interest Division cannot serve as an individual's private attorney or provide consumers with legal advice. However, in many instances, the Attorney General's Office has been

successful in mediating complaints to the mutual satisfaction and benefit of the consumer and the business. If circumstances warrant, the Attorney General may initiate legal action, either civil or criminal, to represent the interests of the State of Alabama and to enforce the various laws designed to protect consumers from con artists and unscrupulous practices by businesses.




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Cat & Kids
by Cathy Turner

Pegs of Connection

I gain life from spending time with people. Quality time – moments where we are sharing thoughts, or building forts, or studying scripture, or looking for waterfalls, or watching shows, or learning to do cartwheels, or crying over spilled milk. I love interaction. I understand that some people are totally worn out by in-depth engagement, but I thrive within connection.

Our granddaughter, Ruby, just turned four. I am so thankful for so many of you who prayed for her when she was born. Ruby was in heart failure

when she appeared. So, this birthday is an answer to all those prayers. She had a gymnastics class party with a dozen of her friends and cousins, and fifty-eleven grown-ups – mostly family from four different states. Blessed. But the best moment of the weekend for me was at a crowded dinner table at a steakhouse. Ruby and I were going tic-for-tac at putting pegs into the Lite Brite™ that I had given her for her birthday. Our family members were enjoying each other, but Ruby and I were in a bubble trying to create the pink and yellow butterfly that was on the Lite Brite™ box. Ruby had never seen this game where translucent pegs light up when you plug them into the game board. (She studied the board and pegs to figure out how that happened.) But I was leading her in where to put her pegs and how many were in each row. She, while looking at the box, was making sure that I was getting a pink peg when I was supposed to and a yellow peg when I was supposed to. While all the chatter and discussion was going on, she would put a peg in, then I would put a peg in. Back and forth, stopping only to check the rows and positions. Peg. Peg. It felt like chess game clicks. Peg. Peg. Wings. Body. Antennae. As my son says when we work a 1000 piece puzzle, “1000 victories.” And then Ruby and I got to the last peg. After she put it in she shouted with big eyes, “We did it!” I shouted, “We did

it!” High ten! Indeed we had done it – connected. The lighted butterfly got put in the window at the table, near her mom. And when the timed light would go out, Ruby would note it and ask her mom to push the power button to re-illuminate it. And each time it came back on, Ruby and I would look at each other, nod our heads, and again revel in our accomplishment. We were one in it – accomplishment. Shared success. Shared effort. Shared time – the basis of love and relationship.

like to see ‘Beautiful – The Carole King Musical’.” But our conversation went to other subjects. Later in the day, he called me and said, “I meant to say earlier that I would love to go to the show with you.” Oh boy, the tickets are already bought, because I love going to all kinds of shows. Does my husband want to see “Beautiful”? I don’t know really, but I do know that he wants to see me. Shared quality time. He knows how to connect with me and I love him.

How do you connect with your loved ones?

Email comments or suggestions to CatnKids1@gmail.com

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Medicare Minute

Medicare Part A & B Review

The past couple of weeks we have discussed Medicare Parts A & B in detail. These are the two parts of Medicare that are received through the federal government. This week let's review what we have discussed.

Although Medicare Part A and Part B are great programs that cover a lot of services there are some things Medicare does not cover. They include most dental care, eye exams related to prescribing glasses, dentures, acupuncture and hearing aids.

Medicare Part A is primarily used to cover your inpatient care. Part A has a \$1,364 deductible for each benefit period, meaning the deductible can be applied more than once in a calendar year. This deductible covers hospital services, including semi-private rooms, meals, general nursing, drugs as part of your inpatient treatment, and other hospital services and supplies. Part A is "free" to most Medicare beneficiaries. "Free" meaning you may not have to pay Medicare to have Part A. It does not excuse the deductibles and co-insurance.

In most cases Part B is used to cover your outpatient services. These include visits to your primary care physician and/or specialist. It also may cover transportation by ambulance, durable medical equipment, preventive services and mental health treatment. Part B also entitles you to an annual "Wellness" visit to a qualified provider. Most Medicare beneficiaries joining Medicare Part B for the first time in 2019 pay a monthly premium to Medicare of \$135.50. Part B has an annual deductible of \$185 and a coinsurance the beneficiary pays of 20%, after the deductible is met.

To cover the deductibles and coinsurance that Part A and Part B have you would need to look at some type of supplemental policy sold through private insurance companies. These include Medicare supplement plans or Medicare Advantage Plans. If you want to study Part A or Part B in more detail you can look at previous Medicare Minute articles or give our office a call and we'll be glad to discuss this with you.

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-648-5710), stop by our office at 885 Florence Blvd (Four Lane Shopping Center) or email me at ikew@alabamhealthguidance.com. Alabama Health Guidance is an independent insurance agency and is not affiliated with Medicare or any other government agency



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<p>24 OZ. SQUEEZE BTL. HUNT'S KETCHUP 79¢</p>	<p>8-10 OZ. - SELECT VARIETIES GERBER'S 2ND OR 3RD FOODS 99¢</p>
<p>18 OZ. - SELECT VARIETIES KRAFT BBQ SAUCE 79¢</p>	<p>15 OZ. CAN HORMEL CHILI W/BEANS 99¢</p>
<p>24.5-30.6 OZ. - SELECT VARIETIES MAXWELL HOUSE LARGE CAN COFFEE \$5.49</p>	<p>23.5-24 OZ. - SELECT VARIETIES PREGO PASTA SAUCE 3/\$5</p>

ALSO AT YOUR REQUEST - PICK-5 MEAT SALE CONTINUES DAILY!!!

<p>4 QUART - SELECT VARIETIES BLUE RIBBON ICE CREAM PAILS \$3.99</p>	<p>FLORIDA ORANGES \$2.29</p>	<p>VINE RIPE TOMATOES 59¢ LB.</p>	<p>8 OZ. BAG - SELECT VARIETIES KRAFT CHEESE SHREDS 3/\$5</p>
<p>7 OZ. - SELECT VARIETIES BANQUET FROZEN FRUIT PIES OR POT PIES 3/\$2</p>	<p>CHILEAN PEACHES 99¢ LB.</p>	<p>RED POTATOES \$2.29 5 LB. BAG</p>	<p>4 PACK - SELECT VARIETIES DANNON'S ACTIVIA YOGURT 2/\$4</p>

<p>16.9 OZ. BTLS. - 24 PACK NIAGARA DRINKING WATER 2/\$4</p>	<p>12 ROLL PKG. ESSENTIAL EVERYDAY BATHROOM TISSUE \$2.99</p>
---	--

CHECK OUT THIS WEEK'S SPECIALS

WHILE SUPPLIES LAST

<p>TENNESSEE PRIDE MILD OR HOT SAUSAGE 2/\$5</p>	<p>FAMILY PACK FRESH LARGE SPLIT CHICKEN BREAST \$1.39</p>	<p>TOP CHICK CHICKEN TENDERS \$5.99</p>
<p>ASSORTED VARIETIES - OSCAR MAYER FUN PACK LUNCHABLES 2/\$3</p>	<p>ASSORTED VARIETIES - OSCAR MAYER SLICED BACON \$4.99</p>	<p>ASSORTED VARIETIES - LAND O FROST SLICED HAM OR TURKEY \$3.99</p>
<p>ASSORTED VARIETIES GROUND BEEF \$1.99</p>	<p>ASSORTED VARIETIES GWALTNEY SLICED BOLOGNA OR ECKRICH FRANKS 2/\$3</p>	<p>FAMILY PACK FRESH BONELESS CENTER CUT PORK CHOPS \$1.99</p>

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Letters...

Diverting Hwy. Money

Continued from Page 14

us to get it) on roads. Yet they have no problem placing the blame on us by raising the gas tax. I find this a hard pill to swallow.

Many liberal and RINO politicians want to point to a single tax and say, "This one is low, let's raise it."

First, we are not the lowest tax on almost anything, and some of our taxes are high. When you put them together, we pay our fair share of taxes, especially if you calculate them by percentage of our income.

Polls are showing there is only 10-15% approval of raising the gas tax. I would like to emphasize that Alabamians are not unwilling to pay taxes. Rather, this is a trust issue. Some feel it's the government's turn to show they can actually be responsible with our money and regulations. "Luke 16:12 And if you have not been faithful in what is another man's, who will give you what is your own?" Maybe eventually they can earn our trust back. The people of Alabama want government to learn how to balance a budget. This is not because we don't want good roads. Rather it is because we want fiscal responsibility, cutting wasteful spending, and living within our means.

Zach Wahl
 Athens

What to Do With Money?

Editor:

The projects the city of Florence is able to

See LETTERS... on Page 30



\$50 Reward For safe return of my cat.

On February 8, my scared and very skittish cat escaped from his carrier at the Center Star Vet. He ran behind the building and then out into the field on the left.

If anyone finds him, please call or text Mrs. Wilson at 256-412-0489.

His brother and sister and I miss him so much!

Web...

Continued from Page 14

located at 511 N. Water St., Tuscumbia, or by calling 256-383-0533. Tickets are also available at the door.

This year's Time Out for Theatre production is directed by Laura Connolly and Andrew Maples.

"Charlotte's Web" is based on the children's novel by E. B. White and tells the story of a spider named Charlotte who writes messages in her web to save a runt pig named Wilbur from going to the slaughter.

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2003 GMC Yukon 4x4, LT, 223K Miles \$800 Down + \$65/week	2011 Chevy 1500 4:3 V6, Auto Trans, 205K Miles \$1,200 Down + \$75/week	2007 Chrysler PT Cruiser 118K Miles \$800 Down + \$50/week	2010 Hyundai Santa Fe 184K Miles \$1,200 Down + \$75/week
2004 Nissan Frontier 2WD, Supercharged, V6, Auto, 120K Miles \$1,200 Down + \$80/week	2015 Nissan Versa 5 Speed, 87K Miles \$1,200 Down + \$80/week	2006 Honda Odyssey Runs Great \$1,200 Down + \$53/week	2006 Lincoln Mark LT 124K Miles \$14,595 BANK FINANCE

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 MUSIC DIRECTOR AND CONDUCTOR OF HYSO: JOSEPH LEE
 ASSISTANT NORTON/LINDSEY THEATER DIRECTOR: ETHAN FRANKS
 COLLABORATIVE PIANIST: KAREN CANTRELL
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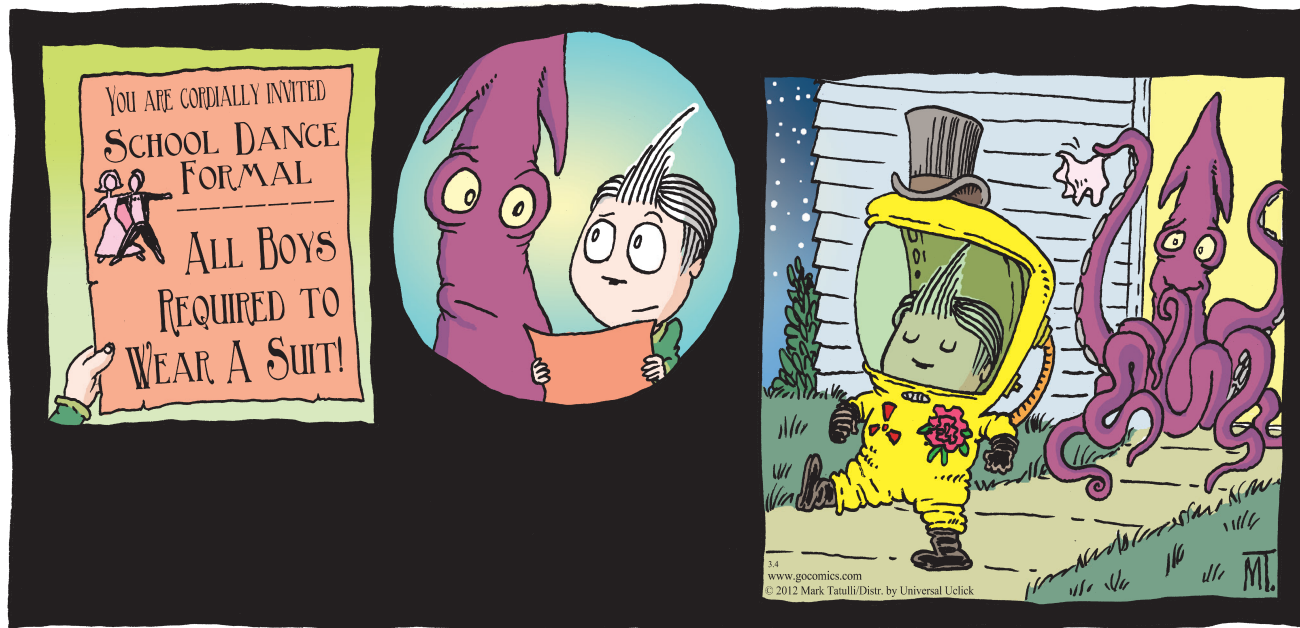


Karen Mann Brown CRNP

Please call 256-760-0422 to schedule an appt.
 202 EAST DR. HICKS BLVD. – FLORENCE

LiO

BY MARK TATULLI



The Colbert County Commission will be accepting applications for position of **County Administrator**.

Job description and applications are available at the **Alabama Career Center, 500 South Montgomery Ave., Sheffield.** Deadline for applications is March 15, 2019.

Colbert County is an Equal Opportunity Employer.

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260455-1

NOTICE

Pursuant to the Alabama Self-Service Facility Act, Alabama Code 8-15-30 to 8-15-38, it is hereby given that on **March 15 at 10am**, contents of the following units will be sold at *Climate Guard Self Storage, 2803 Florence Blvd., Florence, AL 35630*. Tenants may satisfy their balance prior to the time of sale. The auction will be inside our facility at *Climate Guard Self Storage*.

Name	Unit #	Stored Items
CHRISTOPHER HANEY	A-6	Computer Desk, Cabinet, Recliner, Sofa, Baby Stroller, Outdoor Chairs, Outdoor Table, Stereo Speakers
METORIA KING	B-37	Clothes, Misc. Totes, Small Bicycle
LISA CLEMMONS	B-47	Several Misc. Bags, Lamps, Backpack, Pillow, Clothes, Several Misc. Boxes
KEVIN GRAY	D-1	Two Chest of Drawers, Three Coolers, Sectional Sofa, Vacuum Cleaner, Washer & Dryer, Microwave, Coffee Table, Bar Stools
AMY KILLEN	380	Several Totes, Small Wooden Desk, Camera, Two Small Wooden Chests, Crib, Small Chairs, Clothes

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Letters...

What to Do With Money?

Continued from Page 28

consider now there will be increased Sales Tax Revenue are noteworthy. The much-discussed River Heritage project, continued downtown streetscaping (note the parking meters still remain), and various park and recreational improvements are now under consideration. Some of these have been discussed since the time of Mayor Frost.

Perhaps another "round-about?" Pay raises for city employees while perhaps merited, as it was encouraging to see the "leaf vacuum truck" make three trips through our subdivision this morning. Presumably, on a nice day the two employees had to get out of the shop. After the three loops, presumably they did not notice any errant leaves to pick up. Kind of makes you wonder how the city of Florence is spending their present finances.

John Lee
Florence

Check Child's Curriculum

Editor:

According to a *Daily Signal* article, children in California schools are being taught negotiating skills for consent to sex. In addition, they are being directed to local Planned Parenthood clinics for abortion, birth control, and sexually transmitted infections, without parental notice. Some children have been prescribed puberty blockers for gender transition under the California Healthy Youth Act.

Rebecca Friedrichs, a former California teacher, in an interview with the *Daily Signal* said, "Children are being instructed at school against the parents' will and behind their backs to do things that are ethically risky and life-altering." She said the new curriculum educates junior high and high school students on how to perform anal and oral sex. If I had children or grandchildren in public school, I would investigate to make sure this is not happening in Alabama.

Euell White
Florence

Dittos for Kiddos



Children's Consignment, LLC
Muscle Shoals, Alabama

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DATES & TIMES

Sat. Mar 2 9-6
 Sun. Mar. 3 1-5
 Mon. thru Fri.
 Mar. 4-8 10-6
 Sat. Mar. 9 9-4

Spring/Summer Sale
 North Alabama State Fairgrounds

www.dittosforkiddos.net

MidGard Self-Storage will hold a public sale to enforce a lien imposed on said property, as described below, pursuant to the Alabama Self-Service Facility Act, Alabama Code 8-15-30 to 8-15-38, on **MARCH 20, 2019 at 12:00 PM** located at **2708 W. Mall Drive, Florence, AL 35630**.

Management reserves the right to withdraw any unit from sale. Registered or motor vehicles are sold "As Is / Parts Only," no titles or registration.

Name	Unit #	Brief Description of Items
AMANDA BOWEN	0217	HOUSEHOLD ITEMS
WILLIAM DOXIE	0429	HOUSEHOLD ITEMS
GEORGE TUCKER, JR.	0604	HOUSEHOLD ITEMS
KIM WILSON	1815	HOUSEHOLD ITEMS

RIDDLE CARD

1. When does a boat show affection?
2. Why do lazy boys have to go to school?
3. If a poor man found a dollar in every pocket of his pants, what would he probably have?
4. Why is a coward like a leaky faucet?



SEE IF YOU CAN make this math expression correct by adding four plus signs between certain numbers:

1 2 3 4 5 6 7 = 100

A PASSWORD TO WORD POWER! Pictured below are two puzzle grids, each containing four words. Hints are given, and the words in Grid B contain the same letters as the corresponding words in Grid A.

1. They come with nails.
2. Mexican favorite.
3. Coarse file.
4. Found in classrooms.

P			
	A		
		S	
			S

GRID A

W			
	O		
		R	
			D

GRID B

1. A stinging pest.
2. A layer of paint.
3. Golfers love them.
4. What cars may do.

Junior Whirl

by Charles Barry Townsend

TIME
TIRE
TARE
CARE
CARD



Punch In for The Puzzle

In this type of puzzle you are given a word that must be changed into another word in a series of moves. During each move you must change one letter in the previous word so as to form a new word. In our example we changed TIME to CARD in four moves. See if you can change the following five words in four moves:

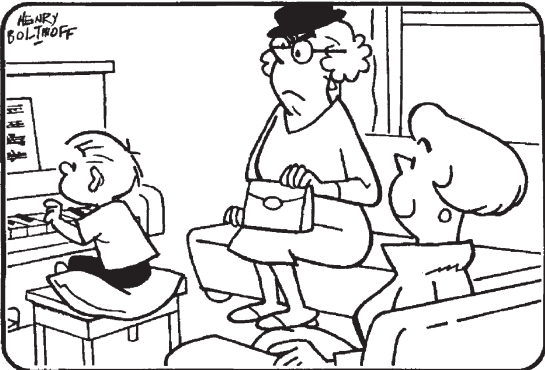
1. GOLD to MINE
2. FIRE to BALL
3. WORM to BAIT
4. HALF to PINT
5. PASS to WORD

Answers On Page 38

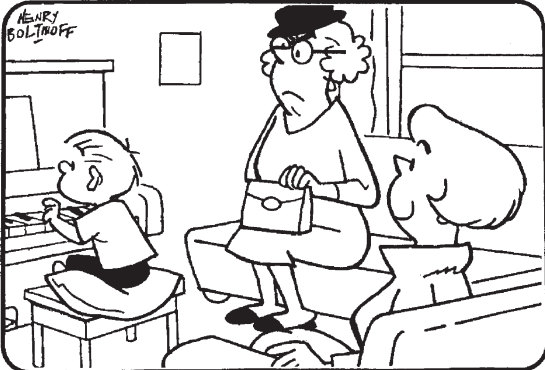
Illustrated by David Coulson

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Visitor's shoes are different. 2. Sheet on piano is blank. 3. Mom's hair is longer. 4. Picture is added to wall. 5. Window is lower. 6. Visitor's right hand is not visible.

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--	--	--

 <p>USDA SELECT BONELESS RIBEYE STEAKS \$7.48 Lb.</p>	 <p>USDA SELECT EYE OF ROUND ROAST \$2.98 LB.</p>	 <p>BONELESS PORK CHOPS \$1.88 Lb.</p>
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 <p>SEA BEST 1 LB. BAG TILAPIA FILLETS \$3.98</p>	 <p>12 OZ. ZEIGLER BACON \$2.99</p>	 <p>GRADE A FRESH SPLIT FRYER BREAST \$1.08 Lb.</p>
---	--	--

DAIRY SPECIALS

 <p>8 OZ. BORDEN CHEESE SHREDS OR BARS \$1.88</p>	 <p>16.3 OZ. PETER PAN PEANUT BUTTER 3/\$5</p>	 <p>48 OZ. WESSON VEGETABLE OR CANOLA OIL 2/\$4</p>	 <p>1/2 GALLON BLUE BELL ICE CREAM \$4.98</p>
---	---	--	--

FROZEN FOODS

 <p>4-6 OZ. YOPLAIT YOGURT 2/88¢</p>	 <p>24 OZ. CAN HUNT'S PASTA SAUCE 5/\$5</p>	 <p>16-18 OZ. HONEY COMB OR HONEY BUNCHES POST CEREALS 2/\$5</p>	 <p>12 OZ. EGGO WAFFLES \$1.88</p>
--	--	---	---

 <p>15 OZ. BOWL BLUE BONNET MARGARINE 99¢</p>	 <p>27 OZ. MARGARET HOLMES TURNIP GREENS OR COLLARD GREENS 2/\$3</p>	 <p>24 OZ. HUNT'S KETCHUP 98¢</p>	 <p>9-10 OZ. TOTINO'S PIZZAS 4/\$5</p>
---	---	--	---

PRODUCE SPECIALS


 <p>24 PACK NIAGARA WATER 4/\$9</p>	 <p>5 LB. BAG RUSSET POTATOES \$1.78</p>	 <p>FRESH FLORIDA STRAWBERRIES \$1.38 1 LB.</p>	 <p>6 PACK, 1/2 LITER BTL. COKE PRODUCTS 4/\$9</p>
---	---	--	---

 <p>30-35 OZ. COFFEE-MATE CREAMER \$4.88</p>	 <p>FRESH SNAP BEANS 98¢ LB.</p>	 <p>FRESH EXPRESS SHREDDED LETTUCE 2/\$3 8 OZ.</p>	 <p>12 PACK, 12 OZ. CANS OR 8 PACK, 12 OZ. BTL. COKE PRODUCTS 3/\$11</p>
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SIGNS OF THE PAST



Maj. Gen. George W. Goethals

In 1891, G. W. Goethals, in his role as supervisor of public works on the Tennessee River, reported directly to the Secretary of War. Later, he was Chief Engineer for the construction of the Panama Canal.

INDUCTED 2007
CITY OF FLORENCE WALK OF HONOR

HISTORICAL MARKER LOCATION:
Florence Walk of Honor (near Marriott Hotel)
34.8067°N, 87.6314°W

George W. Goethals was stationed in Florence about 3 years. When he left Florence in 1894, he served as Chief of Engineers in the First Army during the Spanish-American War. Then he was assigned to the US Army General Staff which brought him to the attention of President Theodore Roosevelt who appointed him Chief Engineer of the Panama Canal.

~ Courtesy David Curott ~ author of "Signs of the Past" and "More Signs of the Past"

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BOOKS FOR SCHOOL

Are you looking for books for your child's preschool or grade school? Why not put an ad on Craigslist or Freecycle? Ask for new or like new books from smoke-free homes. Get a bunch of interested parents or maybe the PTO group to help sort and stock. If there are duplicates, share with other libraries. You should check with a tax person to see if these are deductible and if a receipt

is needed. A receipt should be easy to print up using school letterhead.

Andrea in Mass

LEFTOVER ONION OR PEPPER

Many recipes don't use an entire onion or green pepper, and the unused portion has the potential to spoil before I need more. To prevent wasting food, I chop the whole vegetable

and put the unused part in a container in the freezer. Not only does this save money, but it also saves time because next time I need chopped onion or green pepper, it's already available in the freezer!

Mary Jane in Newark, OH

PLANT WATERING GLOBES

My grandmother gave me one of those lovely glass balls

that you put in a potted plant to keep it moist. I have many potted plants around my garden and buying all of those globes would get expensive fast. I found that in my larger pots, an old beer bottle worked just as well when tilted on an angle. Also, I find that the colored glass bottles are equally appealing.

Jennifer S. in Clearwater, FL

REMOVING COOKED ON FOOD

I have found an easy way to remove cooked on food from pots and pans. Simply put them in the sink to soak and add a little baking soda. I have used this on many things, and it requires absolutely no scrubbing. I am never without the largest box of baking soda that I can find.

Shelia P.

MY CASH STASH

For several years, I've accumulated a cash stash that I hide in a decorative tin. I put anywhere from \$1 to \$5 in the tin on a weekly basis. When I've accumulated enough money, I'll replace the ones and fives with ten and twenties. I call this my "cash stash" or "whatever fund."

Recently, when I needed birthday money for a niece and nephew, I took a couple twenties out of the "whatever fund." When a piece of furniture was delivered last fall, I paid the delivery charge from the stash. Paycheck smaller than usual? I can dip into the cash stash instead of the savings account to make it through the rest of the pay period.

I always have a certain amount of cash on hand because getting to an ATM isn't always feasible. Sometimes, a check or debit card just won't do. This way, I'm always prepared.

P.W.

TREAT YOURSELF TWICE

Like most people, I like to treat myself to a latte or even a restaurant meal. At first, I thought I needed to give up those nice things to save money. Then I came up with this idea. I allow myself to splurge on nice things that I really don't need, such as my latte or even a top that I really like. However, I take the same amount that I'm spending on the splurge and put it into savings. If I don't have enough cash to do both, I don't spend the money. It's forced me to look at my spending more carefully and I've built up a nice savings account.

Claudia

TIME TO REPLACE?

Growing up, I was always taught to repair and fix up anything that I could. We used everything until there was nothing left to clean or repair. We were told that it saved money and the environment. Recently, I had a revelation. I was trying to get a stain

out of a tablecloth. I tried everything I had and even went out and bought a special stain remover. Nothing worked. Finally I got fed up and decided to buy a new one. I found one on sale for less than I had spent on stain removers! Now if something needs special cleaning or repair, I consider how much time and money it'll take to bring it back. Then I compare that to the cost of replacing it. I'm willing to do the work, but if it's cheaper to replace it, that's what I'm going to do.

Toni

NEW CAR SHOPPING

If you're planning on buying a new car before summer vacation, now is the time to plan your strategy. We began this time last year by comparing models. We started online and then in dealers, making it clear that we weren't ready to buy. Once we had decided on a make and model, we found the dealers within a two-hour driving distance of us. Then we waited until the last week of the month and contacted each one of them by email, asking for their best delivered price. Once we got responses, we played the top two against each other. We got the deal we wanted without any high pressure tactics from salespeople. We're enjoying our new car and would never shop the old way again!

Rob

AUTO ACCIDENT CLAIMS

If you've been in an auto accident and then sold that car, you know that the car is worth less after it's been in an accident. This is true even if it's been repaired. Therefore, you should include an amount to cover that loss of value when you settle with the insurance company. You'll need to do it at the time of the accident, not when you sell your car. They'll deny it at first, but if you persist, most will come around.

Justine

See DOLLAR... page 37

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MidGard Self-Storage will hold a public sale to enforce a lien imposed on said property, as described below, pursuant to the Alabama Self-Service Facility Act, Alabama Code 8-15-30 to 8-15-38, at

10:00 AM on Wednesday, March 20, 2019, located at **414 Cox Blvd, Sheffield, AL 35660.**

Management reserves the right to withdraw any unit from sale. Registered or motor vehicles are sold "As Is / Parts Only," no titles or registration.

Name	Unit #	Brief Description of Items
MARK WOODS JR.	101	Shop Vac, Boxes, Fabrics, Drum
MARIANA MURRAY	224	Table, TV, Exercise Equipment
TERRENCE THOMPSON	235	Kids Train Table, Stool
STEPHANIE COTNER	352	Dresser, Mattress Set, Guitar, Totes
AUDREY FOUNTAIN	4126	Stereo Speakers, Pet Kennel, Boxes, Suitcase

Soap Opera Preview

THE BOLD AND THE BEAUTIFUL Wyatt and Flo reminisced about their past relationship. Zoe planned a romantic evening for Xander. Wyatt invited Flo, Liam and Hope to dinner at his house. Xander tried to get more information out of Zoe about Reese. Flo and Hope immediately recognized each other. Wyatt was stunned to learn that Flo lied to him about having children. Zoe and Xander expressed their love for one another. Steffy told her mother that Hope was pushing Liam away and back into her arms. Zoe panicked when she saw a photo of Flo and Hope together online. Wracked with guilt, Flo encouraged Hope to try to have another child. Meanwhile, Hope was blown away that Flo was Wyatt's high school girlfriend and Phoebe's birth mother. *Wait to See: Thomas returns from New York City.*

DAYS OF OUR LIVES Rafe confronted Ted about making a play for his wife. Tripp hid Haley at the loft. Rex pressed Eric to persuade Sarah to accept his marriage proposal. Chloe found evidence that someone may be watching her. Marlena confronted John about Leo's paternity secret. Will and Sonny broke into Diana's hotel room to look for ammunition against Leo. Rex confronted a man with a gun who appeared to be stalking Chloe. Sarah was torn about what to do about Rex's proposal. Stefan told Chloe that he had feelings for her. Brady pressured Gabi to team up with him to take down Stefan. Jennifer was upset to learn that Jack was running for mayor. John broke into Diana's safe. *Wait to See: Leo learns that John is his father.*

GENERAL HOSPITAL Jason was very troubled. Meanwhile, Laura felt hopeful. Liz waited and waited. Drew received an interesting text. Kristina got the attention she craved. Jason sought out Julian. Curtis had some heartbreaking news. Kevin asked for help. Kim got an alarming phone call. Cameron was put on the spot. Ava was stunned at what she had learned. Jason was desperate to find Carly. Lulu reconciled her memories. Sonny received an ominous message. Kevin had everything mapped out. Jason was too late. Julian put Alexis through the wringer. Sam told Kristina about her interaction with Daisy. Liz had some enormous issues to overcome. *Wait to See: Ava is a mess.*

THE YOUNG AND THE RESTLESS Lola was in need of a lifesaving liver donation. In court, Michael badgered Mariah with questions about Tessa, but Brittany stepped in so that Mariah could keep her secret. Phyllis then arrived, promising a disbelieving

Nick that she would do everything she could to protect his family. Summer learned that she was a potential match for Lola's organ donation. Knowing what leverage that held, Summer told Kyle she was too scared to go through with the surgery. Nick insisted that his relationship with Phyllis was truly over. *Wait to See: The Newman women await sentencing.*

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Public Sale
 February 23 - March 9
 Mondays-Saturdays..... 9am-6pm
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 March 2 Starts 25% Off
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Courier Journal ADOPT A FRIEND

The animals you see here are currently in local animal shelters or rescue facilities. Adoption fees vary and include having your new friend spayed or neutered, if necessary. Help us help these and other animals by adopting a new friend today.

ADDISON is an adorable petite young adult female, she is a cutie pie! Her Pet of the Week adoption fee is \$25 & includes her spay & rabies! To learn more, contact the Colbert shelter at 256-381-4073!



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Savvy SENIOR

How to Choose a Good Home Stair Lift

Dear Savvy Senior,
Can you recommend some good stair lift companies? I have a difficult time getting up and down the stairs anymore and am interested in purchasing a stair lift for my house but could use some help choosing one.

Arthritic Ann

Dear Ann,

A good home stair lift is an excellent solution for those with mobility challenges who have trouble with steps. A stair lift will carry you up and down the stairs in a safe seated position, providing easy access to the second story or basement level of your home.

To help you choose a quality stair lift that meets your needs and budget, here are a few shopping tips, along with some top-rated companies that make them.

Types of Lifts

There are two basic types of stair lifts that are sold today: straight and curved. The type you need will depend upon the design of your staircase.

A straight stair lift is one that travels in a straight line up a flight of stairs uninterrupted by landings, bends or curves, and costs between \$2,500 and \$5,000 installed. Curved lifts, however, are much more elaborate and will go around corners, bends and changes in direction. Curved lifts are also much more expensive, typically running between \$8,500 and \$15,000 or more depending on the complexity of the installation.

You also need to know that all stair lifts mount to the stair treads, not to the wall, so they are very sturdy and can be installed in almost any home.

If you are a large person, you may need to get a heavy-duty lift with a wider seat and bigger lifting capacity – all companies offer them. Or, if you're tall, find out about raising the seat height during installation.

Most stair lifts available today also have seats, armrests and footplates that fold up out of the way, and swivel seats that make getting into and out of the chair easier. They also come with standard safety features like seatbelts, breaking systems and footrest sensors, push-button or rocker-switch controls located on the armrest for easy operation, and "call send" controls which allow you to call or send the unit to the other end of the stairs. Make sure the lift you choose has all these features.

Depending on the company, you may also have the option of choosing between an electric (AC) and a battery powered (DC) stair lift. Battery powered units charge at the base station (some recharge anywhere on the track) are quieter, smoother and better than electric lifts, and will work even if there's a power failure in the home.

Where to Shop

While there are many companies that make and sell stair lifts, two of the best, based on reputation and customer satisfaction ratings, are Bruno (Bruno.com, 800-454-4355) and Stannah (Stannah-Stairlifts.com, 888-465-7652).

Unfortunately, original Medicare does not cover stair lifts nor do Medicare supplemental (Medigap) policies, but some Medicare Advantage plans may help pay. There are also many states that offer Medicaid waivers that will pay for lifts to those that qualify, and the VA offers cash grants to veterans with disabilities for home safety improvements.

To save some money, you may want to consider purchasing a used or refurbished model. Or, if you need a stair lift for only a short period of time, consider renting one. Most companies offer these options, and many offer financing programs too.

To get started, contact some stair lift companies who will put you in touch with a dealer in your area. All dealers provide free in-home assessments and estimates and can help you choose an appropriate lift.

Send your senior questions to:

Savvy Senior,
P.O. Box 5443,
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or visit SavvySenior.org.
Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



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DIRECTIONS: From Cox Creek Pkwy take Chisholm Road to Zip City Fire Department, then go 1.7 miles to property on left, take gravel road to the auction property.

TERMS: 20% down day of sale with the rest due within 30 days. Seller will furnish deed and title policy. Property sold AS-IS. Prospective buyer has the right to inspect up to 10 days before auction. Couch Auction & Realty is agent of the Seller. Seller reserves the right to refuse any and all bids. All information in this ad is from sources believed to be correct but is not guaranteed. Announcements made day of sale take precedence over any printed material. Sale is subject to Medicaid approval. **NO BUYERS PREMIUM.**

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Real

TOWNHOME FOR RENT-FLORENCE: MADISON Square Townhome 3 bdrm., 1.5 ba, \$500 rent, \$300 deposit. 256-764-3137.

FOR RENT, SHEFFIELD, 700 Alabama Ave., 2 bedroom, 1 bath home. \$600 rent/mo., \$600 deposit. Call Paul, 256-335-9782. Cypress Realty.

FOR SALE FLORENCE: 732 Riverview Dr., 3 bdrm., 2 ba. Appx. 2,200 sq. ft. New HVAC, needs some work. \$78,000. K&H inc. 256-349-0000

37 S FRANKLIN STREET \$10,000 Two lots with fire smoke damaged house unlivable- as is. Bobby 256-324-9921

FOR RENT- SHEFFIELD - 3108 12th Ave, Apt A, one bedroom, one bath, appliances, washer/dryer hook-up, 12'X36' deck. \$300 rent/deposit. 256-349-0300.

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TERMS & CONDITIONS: Personal Property: NO BUYERS PREMIUM!! Cash or Check with proper identification the day of the sale. All items sold "as is" with no warranties expressed or implied. Please make arrangements to remove all items bought the same day as the sale.

Real Estate: A non-refundable deposit of 15% will be required the day of the sale with closing within 30 days. The seller will furnish a deed and preliminary title search. **A 10% BUYERS PREMIUM** will be added to the final bid price to determine the total contract price on the real estate. All other expenses, including closing cost will be charged to the purchaser(s). The real estate is being sold "as is" with no warranties expressed or implied. The home was built before 1978. However, the seller can neither confirm or deny the presence of lead-based paint. Anyone interested in the home can have it inspected any time prior to the auction at their expense. Information contained herein believed to be correct but not guaranteed. Announcements made the day of the sale by Holland Realty & Auctions, Inc. supersede any printed material. **Agency Disclosure:** Auctioneers are acting as agents for the seller only. 2019

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APARTMENT FOR RENT: SHEFFIELD: 1110 26th Street Apt. 5A, 3 bdrm., 1 ba. Sheffield, \$425 rent, \$300 deposit. 256-764-3137.

APARTMENT FOR RENT: FLORENCE: Norris Apartments 2 bdrm., 1 ba. \$400 rent, \$300 deposit. 256-764-3137.

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Saturday, March 16

Auction #1 - 10:00 AM
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Auction #2 - 1:00 PM
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Starry...

Continued from Page 14

this collaboration is a great step to exposing how the arts can bring people together.
"Art has a way of speaking

in many different ways, and opera is an art that is scary to a lot of people. With *Starry Night* I wanted to include collaborations from films to fashion to make the opera part less scary and make it possible for people to connect more with the music," Bostic-Brown said.

The production showcases artistic UNA collaborations with projects inspired by the musical selections chosen and created specifically for this show. Photography and films will be running on projectors throughout the show. Additionally, fashion merchandising students have created apparel made of non-traditional materials which will be exhibited throughout the lobby.

According to School of the Arts Executive Director, Dr. Terrance Brown, the decision to work with the Huntsville Youth Orchestra was a progression of an already established relationship.

"We wanted UNA singers to have the unique experience to showcase their solo artistry with a group of young, extremely talented, orchestral players," Brown said. "Dr. Bostic-Brown and I have worked professionally with Maestro Lee for some time. His work with HYO has been monumental - it was a natural fit to bring UNA Opera and HYO together."

Tickets for *Starry Night* can be purchased at una.edu/music, by contacting the School of the Arts at 256-765-4559, or by stopping by the School of the Arts Box Office on 126 W. Tombigbee St. - Monday, Tuesday, Thursday, and Friday from 1-7pm.

Tickets are \$12 for adults in advance and \$15 at the door. \$5 dollar tickets are available for children 17 and under and UNA students.

For information about the UNA School of the Arts or any of its programs: una.edu/schoolofthearts.

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We're back in all local schools this week with a fun-packed **March Issue!**

A Special Thank You to our



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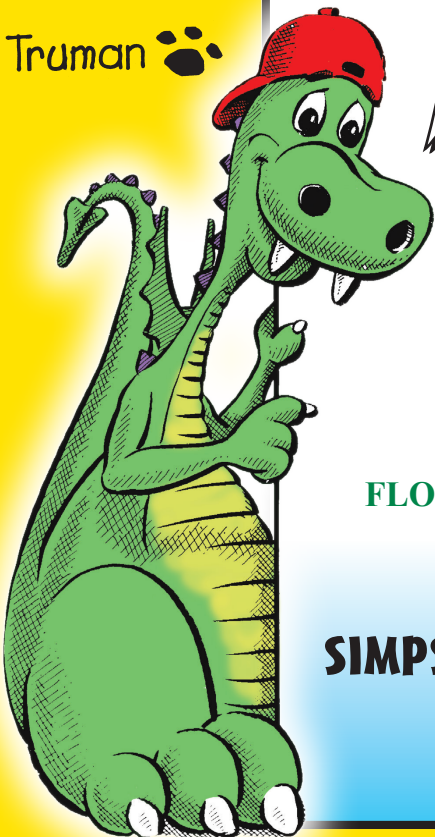
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We welcome your involvement. Call Tom at 256-740-4701 for more details.



Thank You!

Truman



THE DOLLAR
Stretcher
Continued from Page 32

BIKER FAMILY

My husband has two great bikes that he picked up for free. On both occasions, he found them sitting at the curb after the community yard sale. He was able to take them home and fix them up for not much money. He actually took one of the bikes to a local bike store for a tune up (might have been \$60 tops), and the repair guy offered him \$300 for the bike! It was a Schwinn model that the bike community is very fond of. Bought new, it probably was a \$600 bike! We kept the bike, and he loves riding it. We picked up my daughter's bike at a yard sale for less than \$25.

Now we go on bike rides together as a family. We have several trails paths in our area that we can't wait to ride this summer. It's a great, healthy, and cheap way to spend some quality family time.

Jennifer D.

BANKING ROULETTE

Over time, we managed to save some money for emergencies. We have some that we can get at quickly if our car needs fixing or the dishwasher breaks, but some of it is more for if one of us loses our jobs or we have a serious medical emergency. Naturally, we don't touch that unless it is absolutely necessary. We shop rates for both accounts. Nothing says that they have to be at a local bank. In fact, we've found that online banks often have better rates. It doesn't seem like a lot, but 1% more year after year does add up.

Marsha

STORING VEGGIES

If you cut your lettuce ahead of time, no matter what your method of storage, use a serrated, plastic knife. I got a long, sturdy one at Walmart several years ago for about \$2. If you use a regular knife, your lettuce will usually turn brown at the cut edges. This does not happen with the plastic knife. For storing my veggies and some fruits, I use fabric produce bags that I made (and sold). I use cotton with a loose weave and even lace for the more delicate items like mushrooms. I remove the produce from the original wrappers and store in fabric bags. Plastic makes it sweat and spoil more quickly, but the fabric allows air circulation. Paper bags work almost as well, but the fabric ones are more ecofriendly, as they are washable and reusable.

Marge

FINANCIAL FUN!

I used to think that saving money was hard to do and that saving would make my life miserable. However, I've turned saving into a pleasure

by making it a game. Some weeks, I challenge myself to see if I can save a set amount like \$20. Other times, I give myself a small reward once I hit a savings goal. I've also challenged my sister to a competition to see who could save the most in a month! I know it's a gimmick, but it is surprising how much I've saved over the last 18 months with my little games.

Dawn

GARAGE SALE GROUPINGS

Garage sale season is almost upon us. I've noticed in recent years that many people are selling their better items on eBay or Craigslist instead of putting them out in a garage sale. That's meant less really good stuff and fewer shoppers, too. I decided to look for things that I could buy cheap and group for sale. For instance, no one would put a single toy for sale on eBay, but if I buy five for cheap at a garage sale, I can sell them as a group on eBay. I made enough last year to pay for all the Christmas presents I bought, and I hope to do even better this year!

Jenn

Commentary

Death for You?

Continued from Page 14

refusing their constitutional right to life.

Of course, the national media ignores the fact that there are 44 democrats arguing in favor of the murder of an air-breathing human being and instead are considering it an 'Extreme Anti-Choice' attack by conservatives.

We all know about Virginia Gov. Ralph Northam's extreme position and New York's legislative body making abortion permissible until delivery. However, that vote last week spoke volumes about where we are as a society, and the moral divide between parties.

These self-appointed purveyors of death have easily dismissed life at birth when all of life's potential productivity is ahead. Anyone who is that devoid of character has the potential to do ANYTHING with complete personal justification.

Therefore, how can we be sure that they won't

be on the sordid side of legislation if they get the opportunity to vote against those in the winter of life.

This should have us all terrified of getting old.

If they deem us too senile to own a firearm and they come to 'get us' in our wheelchairs, we will be forced to reach for that big stick - about which Teddy Roosevelt spoke!



STAN DEAN

because I am thankful for a government of freedoms and protection that Americans enjoy. Further, I am thankful I can pay taxes because it means I have a job and income to support my family and myself.

Since finances have been a focus the last few days, I want to share a thought or two. I am by no means a financial guru, but I read a lot about monetary matters. When it comes to managing our finances, it seems that most households fall into one of three general categories.

The first category is what I will call the "Easy come, easy go." It does not seem to matter what their income level is, they are always running paycheck to paycheck. They tend to "live large" and rarely look down the road to prepare for tomorrow. Any money in the bank just means to them something needs to be bought whether they need it or not. Solomon described this category when he wrote, "[Their] riches certainly make for themselves wings; they fly away like an eagle toward heaven" (Proverbs 23:5).

The second category is the polar opposite of the first. I refer to the ones in this group as the "Never going to let you go" folks. They put their love and trust in the material things. Rather than possessing their possessions; their possessions possess them. In their monetary pursuit, they often lose their happiness. Paul described this category well when he wrote, "The love of money is the root of all kinds of evil, for which some have strayed from the faith in their greediness, and pierced themselves through with many sorrows" (1 Timothy 6:10).

Then, there is category number three. I call them the "It's not mine, but Thine" people. They know everything ultimately belongs to God (James 1:17). They see themselves simply as stewards of material things and strive to use them wisely (cf. 1 Corinthians 4:2). They use their possessions not only for their needs, but also to honor God by helping others (Ephesians 4:28).

Of these three, which is the one that best describes you?

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Management reserves the right to withdraw any unit from sale. Registered or motor vehicles are sold "As Is / Parts Only," no titles or registration.

Name	Unit #	Brief Description of Items
LASHAWN TUTTLE	G01-G19	Furniture, Appliances, Household Items
DAVID HILLS	C13	Ping Pong Table, Tool Box, Washer, Furniture
MICHAEL GIST	E28	Tools, Fishing Poles, Filing Cabinet
ANTHONY WATKINS	A43	Bed, TV, Boxes
DARLENE LIGGETT	H895	Box Spring, Electronics, Clothes

261382-1

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ANNOUNCES THE ADDITION OF NICHOLAS D. DARBY, M.D. TO OUR PRACTICE BEGINNING JULY 15

Native of Florence, Dr. Darby is returning with his family to practice in Northwest Alabama upon completion of his medical training. Dr. Darby received his BS degree from Freed-Hardeman University and is a graduate of UAB School of Medicine. Currently, he is serving as a Chief Resident at Cahaba Family Medicine Residency Program in Centreville, Alabama. Dr. Darby will provide outpatient care at our Cox Creek Office, and will admit at North Alabama Medical Center.

HE IS ACCEPTING NEW PATIENTS BY APPOINTMENT PLEASE CALL 256-760-4544

261376-1

260449-1

259754-1

Community Notes...

Continued from page 4

The Florence Kiwanis Club will host their 68th Annual Pancake Day Friday and Saturday, March 8 and 9.

Kiwanians serve pancakes and sausage Friday, March 8 from 6am-7pm and Saturday, March 9 from 6am-1pm.

Advance tickets are \$8, or \$7 each for group sales of ten or more tickets. Tickets at the door are \$9 each. Children 12 and under are \$5.00 at the door.

Tickets are available from any member of the Florence Kiwanis Club or at the door. For tickets call Beth Haddock at 256-810-5252, or any other Florence

Kiwanis member.

"ALL YOU CAN EAT" 68th Annual Pancake Day will be held at Florence/Lauderdale Coliseum at 702 Veterans Drive, Florence. Information about Kiwanis Pancake Day and Florence Kiwanis Club is available at www.florencekiwanis.com.

NAMI Shoals Family Support Group for families with adults and/or children who have brain disorders and the NAMI Connection Recovery Support Group for people who have been diagnosed with a brain disorder and are in recovery meet

Tuesday, March 12 at 7pm at the NAMI Shoals office, 749 Thompson St., Suite A, Florence. Need directions or more information, call 256-765-2081.

Families helping families! You are not alone!

Tuscumbia Bicentennial Trolley Tours continue every Saturday in March sponsored by the City of Tuscumbia Bicentennial Commission. All tours depart Coldwater Books at 10am.

Saturday, March 9
We Rocked the World: Exploring the Musical Heritage of the Shoals - even record a song yourself! Docent: Johnny Belew Ticket Price: \$20

Saturday, March 16 Miracle Ride: Helen Keller in Living History - Learn the amazing story of Helen Keller, led by her great niece,

Keller Johnson Thompson. Includes a tour of Ivy Green, Keller's birthplace. Ticket Price: \$10

Fun for the whole family at Cruise in to the Beat Car Show Saturday, March 9 from 10am-2pm at McNairy Central High School 493 High School Rd. in Selmer, Tennessee.

Live entertainment, Free Parking, Free general admission, Free games and entertainment for the kids. \$20 per vehicle to enter. Registration starts at 9am. For information visit us on Facebook: Cruise in to the Beat Car Show.

Day by Day, a grief support group for bereaved parents/grandparents, meets Sunday, March 10 at 2pm at Woodmont Baptist East Campus, 2002 Darby Dr., Florence.

For information, email debbiec2414@aol.com or anita.watkins@comcast.net.

Shoals Area Wide Prayer Rally Sunday, March 10, 6pm at UNA Norton Auditorium. Featuring Dr. Reginald W. Calvert, Evangelist from Birmingham. Music by Shoals Area Music Ministers and Praise Teams.

Emphasizing the importance of prayer. Praying together for the Shoals.

Osborn Hill Cemetery will meet on Thursday, March 14 at the Littleville Town Hall at 6pm to elect officers for coming year. Donations are needed to help maintain the perpetual care now and in the future. Please make check payable to the Osborn Hill Cemetery Fund, c/o Mrs. Lana Duncan 2330 Colburn Mtn. Road Tuscumbia, AL 35674 or Valley State Bank in Russellville, AL 35674. We encourage everyone to come.

2019 Lauderdale County Soil and Water Conservation District's Annual Poster Contest and Annual Essay Contest is calling for entries.

This year's theme is: "Life in the Soil: Dig Deeper" Entry Deadline: 4pm March 15.

The Poster Contest is open to all public, private and homeschooled students in Lauderdale county grades K-12.

The Essay Contest is open to all public, private and homeschooled students in Lauderdale County grades 7-12.

For both contests, each entry MUST be accompanied by an Entry Form. They are available at our office, and on our FaceBook Page.

All entries MUST contain the title, "Life in the Soil: Dig Deeper", and adhere to that theme.

Entries MUST be the original work of the artist or writer listed on the entry form.

Our 1st place winning entries will automatically be submitted to an area contest, where the winners move up to a state level competition and then the state winners are submitted for national competition! The National Competition is for the Poster Contest only.

For more details on rules, guidelines and the contest itself, please call us or visit our Face Book page.

Lauderdale County Soil and Water Conservation District
2431 Darby Dr., Suite B Florence, AL 35630 256.764.5833 x3

FaceBook: Lauderdale County Conservation District@LauderdaleALSWCD

Greater Saint Paul AME Church at 129 N Cherokee Street in Florence is hosting its first The Blessed Dress Project March 16 starting at 9am at the church. We are currently accepting gently used/new dresses shoes or accessories. You may contact Gwendolyn Reeves, Coordinator, at 706-577-5659.

Sheffield Head Start Program located at 701 East 17th St., Sheffield is now taking applications for Pregnant Moms and children ages 6 weeks to 4 years for the upcoming 2019-2020 school year from 8am-2pm.

Parents must bring the following items: birth Certificate, Verification of Income for 2018 (W-2 form, Income Tax Return, Check Stub, Social Security Statement, Child Support, Unemployment, etc.) Medicaid or Insurance Card (if available), WIC, Food Stamps, College ID, Military ID, Proof of Kinship, IEP/IFSP. Services are provided at NO COST to parents.

Children with special needs and/or disabilities and homeless families are given priority selection. Call for an appointment today at 256-383-3577 ext. 102.

Rug Hooking Workshop - A beginner's class in rug-hooking will be conducted by

Anne Norvell at Belle Mont Mansion, 1569 Cook Lane in Tuscumbia on Saturday, March 16 from 10am-noon. To register, send advance payment of \$80, which includes all supplies needed to create a small mat featuring a spring theme. Deadline to register is March 11. A tour of Belle Mont, built circa 1828, will be included. For information: 256-381-5052 or 256-764-0392. www.bellemontmansion.org

The Lauderdale County Sports Hall of Fame will hold its 20th induction banquet on Saturday, March 16 at 6:30pm at the Florence Conference Center. This year's inductees include Ted Talley, Laurie Burns Franks, Roy Davis, Whitney Boddie, Jeff Bevis, Jim Fulmer, Josh Thigpen, Butch Morrison, Dana Long Terry, and Greg Brewer.

Tickets can be purchased at area high schools or by calling Steve Harrison at 256-810-3460 or Dennis Hargett at 256-762-9056. Tickets are \$35 each and tables of 8 can be reserved for the event.

North Alabama Dance Club invites you to NADC's Monthly DANCE We Welcome Everyone To This Event- Bring Friends - Saturday, March 16, 7-10pm, Mitchell Hollingsworth Activity Center, 805 Flagg Circle, Florence.

Music provided by DJ. A Dance lesson will be taught about 8pm. Ballroom, Social & Line Dancing. Admission: Members: Adult \$6. Student \$4. Guests: Adult \$8, Driving 50 miles One way \$4.

Light snacks, ice & ice water will be

furnished. All Members & Guests are welcome to bring drinks and/or snacks of their choice.

Dress: Wear Green - St.Patricks Day!
For more information, contact Suzy at 256-740-1661 or any member of NADC: suzyfromal@comcast.net; www.facebook.com/northalabamadanceclub/events

The UNA Writer's Series welcomes the Secret Sisters to campus on Tuesday, March 19 for an informal talk on songwriting and to perform a few songs at 11am in the Performance Center at the Guillot University Center. A reception will follow at 12:30pm in the Lot.

The Secret Sisters are Laura Rogers and Lydia (Rogers) Slagle from Green Hill, Alabama. They have recorded three albums - "The Secret Sisters", "Put Your Needle Down", and "You Don't Own Me Anymore," which was nominated for a Grammy in 2017. They are currently working on their fourth album. They contributed, "Tomorrow Will Be Kinder" to "The Hunger Games".

Their television appearances include: "The Late Show With David Letterman", "Hootenanny" on BBC Television, "The Late Show With Jay Leno", and "The Tonight Show Starring Jimmy Fallon". They have been the opening act for Bob Dylan, Jason Isbell and the 400 Unit, and Rosanne Cash.

The Writer's Series has been endorsed by the Alabama Bicentennial Commission as an official "Alabama 200" event. The UNA Writer's Series, under the auspices of the English Department, is celebrating its 35th year.

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Mystery Photo



of the week!



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One entry per person. Winners will be announced each week in our paper and on our website. Winners can pick up their Gift Certificate at the Courier Journal office beginning Wednesdays after 12 Noon.

Junior Whirl

Answers

by Charles Barry Townsend Illustrated by David Coulson

RIDDLE CARD

1. When does a boat show affection?
2. Why do lazy boys have to go to school?
3. If a poor man found a dollar in every pocket of his pants, what would he probably have?
4. Why is a coward like a leaky faucet?

Answers: 1. When it hugs the shore. 2. Because the school won't come to them. 3. Somebody else's pants. 4. Because they both run.

P	A	W	S
T	A	C	O
R	A	S	P
K	I	D	S

GRID A

W	A	S	P
C	O	A	T
P	A	R	S
S	K	I	D

GRID B

Punch In for The Puzzle

Answers:

1. GOLD, MOLD, MILD, MILE, MINE.
2. FIRE, FILE, BILE, BILL, BALL.
3. WORM, WARM, WART, WAIT, BAIT.
4. HALF, HALT, HILT, HINT, PINT.
5. PASS, PARS, WARS, WARD, WORD.

SEE IF YOU CAN make this math expression correct by adding four plus signs between certain numbers:

1 2 3 4 5 6 7 = 100

Answers: 1 + 2 + 34 + 56 + 7 = 100 or 1 + 23 + 4 + 5 + 67 = 100.

DAVE Says

by DAVE RAMSEY

INVESTIGATE YOUR OPTIONS



Dear Dave, I'm single and a firefighter, and we have a pension plus a 457(b) retirement plan. I'm not contributing to the 457(b) right now, because I'm following your plan and in Baby Step 2, which is paying off debt. Our retirement plan is managed by a big life insurance company, but I know you don't like the idea of using insurance companies when it comes to investing. Can you give me a little guidance?

Dustin

Dear Dustin, I'd max out a Roth IRA, which would be \$6,000 a year in your case, before I did anything with the 457(b). That may not take you to

the level I recommend—which is putting 15 percent of your income toward retirement—so then I'd investigate the options offered by the insurance company that's managing your 457(b).

When you have a look at the options available to you within the 457(b), you'll need to pay special attention to two things—the fees, this is where they'll kill you, and the rates of return. If they are somehow accessing mutual funds, and you can get stock market-like rates of return—I'm talking about a 10 to 12 percent average over many years—then I'd put some in there.

Still, warning sirens in my head go off when I hear that a life insurance company is running a 457(b). Investing through a life insurance company is a bad idea 100 percent of the time. Now, is it a bad enough idea in this case to avoid it altogether? It may be an *okay* idea in this specific instance, but chances are it won't be anything you'll look at later and be blown away by great results.

That kind of thing just isn't going to happen when you wrap an insurance company, or life insurance, around investing. I mean, you don't go to a transmission shop to get your muffler fixed. It's just not what they do!

—Dave

* Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including *The Total Money Makeover*. The Dave Ramsey Show is heard by more than 14 million listeners each week on 600 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey.

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