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March 6, 2019 : Vol. XL : #10

Lewisburg

Every Mailbox, Every Wednesday

## Tullahoma Chiropractic Helps With

Headaches • Neck/Back Pain • Lower Back Pain • Ruptured Disc  
Arm/Leg Pain • Shoulder Pain • Auto Accidents • Numbness • Sciatica

For The Week of March 6<sup>th</sup> - 15<sup>th</sup>, 2019

All New Patients Receive: Consultation, Exam & X-Rays  
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I've had issues with back pain ever since I can remember. I've tried to ignore the pain in my back. I wanted natural treatment rather than be put on harsh medications. I tried other things, but it didn't correct the cause of the pain. Since seeing Dr. Kanan I've regained feeling in my hands, my legs don't go numb, I've returned to yoga and my strength and flexibility are improving!

- Shalene S.



My name is Sergio Rojas. I came to Tullahoma Chiropractic. I came with a problem from my waist down the back of my leg. I have been coming two weeks and I have felt normal on this trip. My diagnosis was no problem. I've felt very good. Very well.

- Sergio



I had trouble moving comfortably and breathing normally for about a year! Ever since my adjustments I feel like new! I now have full movement without pain and more energy throughout the day. I finally feel relaxed and calm again! I definitely recommend Dr. Kanan he helped me tremendously!

-Justin R.



### Our "State of the Art" Class IV Laser Helps With

I had lower back pain for several years. Since coming to Tullahoma Chiropractic I am able to move again without pain! I am sleeping through the night and can do my daily activities without ANY problems. The staff is always cheerful, helpful and they have done everything to make sure I understand the treatment.

- Vickie

Lose 20 lbs.  
in 40 Days!



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Normally \$599

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**Dr. Joseph Kanan**  
Spinal Decompression Certified  
26 Years Experience  
K Laser Certified • Published Author

**Tullahoma Chiropractic** 931-393-2401

1940 N. Jackson St. (Next to Ruby Tuesday) • Tullahoma, TN 37388

[www.tullahomachiropracticcenter.com](http://www.tullahomachiropracticcenter.com) • Check Us Out On Facebook!

# Obituaries

**KETCHUM, PATRICIA "TRISH"** - 62, Chapel Hill, TN. February 27, 2019. Funeral service, 11 a.m., Saturday, March 2, 2019. Burial in Swanson Cemetery. LAWRENCE FUNERAL HOME, Chapel Hill, TN. (931)364-2233.

**ROBERTSON, NANCY** - 86, Lewisburg, TN. February 25, 2019. Celebration of Life service, 5 p.m., Saturday, March 2, 2019. LAWRENCE FUNERAL HOME, Chapel Hill, TN. (931)364-2233.

**SIMPSON, STEFAN RYAN** - 36, Rockvale, TN. February 27, 2019. Funeral service, 11 a.m., Tuesday, March 5, 2019. Burial in Cothran Cemetery. LAWRENCE FUNERAL HOME, Chapel Hill, TN. (931)364-2233.

**LYNCH, JAMES DWIGHT (BLUE)** - 60, Unionville, TN. February 28, 2019. Funeral service, 2:30 p.m., Tuesday, March 5, 2019. Burial in Swanson Cemetery. LAWRENCE FUNERAL HOME, Chapel Hill, TN. (931)364-2233.

## Announcements Bedford County

MULTIPLE VEHICLES TO BE SOLD. The following vehicles will be sold if unclaimed and bill not paid in full: 2006 Avanti TA1, 1ZVFT80NX55143041; 2015 Volkswagen Passat, 1VWAT7A31FC048463; 2013 Nissan Maxima, 1N4AA5AP4DC820389; 2017 Nissan Versa, 3N1CN7AP0HL859366; 2016 Ford F-350 SD, 1FTAW3DT6GEC679886; 1966 Lincoln Continental, 6489G445730; 2018 Dodge Durango, 1C4SDJCT8JC23799. Daniel's Auto Clinic.

MULTIPLE VEHICLES TO BE SOLD. The following vehicles will be sold if unclaimed and bill not paid in full: 1958 Chevrolet 3100, 3A58N106407; 1962 Buick Electra, 814009919; 1930 Ford Model A Truck, 32324; 1969 Chevrolet Camaro, 124379L500241; 1931 Ford Model A, A4310099; 1976 Ford WT9000, 908VC86497; 1967 Dodge Power Wagon Fire Truck, 238173779; 1947 Chevrolet 3100, 21EP-F1242; 1971 Plymouth Barracuda, BH23H1G100921. Daniel's Auto Clinic.

## Announcements Coffee County

NOTICE. Rollins & Sons is having a public auction to recover fees associated with the following vehicles: JT4RN81A8M0087036; 1G2WP5218WF308746; 1D7HA16K13J596870; 1G8ZS57N17F282893. March 15, 2019, 9a.m.

NOW ACCEPTING MOWING BIDS for Coffee County Fairgrounds. Contact Bobby at, (931)409-9502, or Crystal at, ccfairboard@gmail.com, for specifications. Deadline, 3/18/19.

CLOTHING GIVEAWAY at Fredonia Church of Christ on Matts Hollow Road, Manchester, first Saturday of each month, 9a.m.-11a.m. All size clothing.

THE AMERICAN LEGION is having a Pork Loin Dinner, Saturday, March 9, 5p.m.-7p.m. Come join us at, Veteran's Building, 130 Shelton Rd., Manchester. All are welcome. \$8/person. Proceeds go back to the community and support our veterans.



**MILLERS POND, MANCHESTER**, Exit 111 off I-24. Vendors and crafters event! May 11, rain date May 18. Headliners-Aprils Candy & more, Live band-Borderline, Greek Station, Holy Cow Shaved Ice & many more. Free admission, free parking. (931)723-3448.



**LANDSCAPING, LAWN CARE, GRADING, MULCHING, LANDSCAPE INSTALLATION, PRESSURE WASHING, HEDGE TRIMMING, SMALL TREE REMOVAL, LEAF CLEAN-UP, CONCRETE, SIDEWALKS, DRIVEWAYS, PORCH, PATIO, GARAGE, STEPS, CONCRETE WALLS, FOOTINGS. JOSE, (931)434-0885.**

LAKWOOD PARK PROPERTY owners meeting at the Community Center at Lakewood Park, March 9, 10a.m.

FREE CLOTHING for the family. The Clothes Closet, open the first and third Saturday each month, 10a.m.-12 noon, St. Paul's United Methodist Church, 30 Cat Creek Road, Manchester.

APPLIANCE REPAIR. We service and repair all major brands. Over 16 years experience. We buy used appliances. Appliance Barn. Call Today. (931)563-7777.

## Announcements Franklin County

THIS and THAT THRIFT STORE, 204 North Porter, behind Bates Foods, Winchester, Tuesday-Saturday, noon-5p.m. Rada cutlery; used furniture; jewelry; glassware; all size clothing; and more. Donations welcome. Debit/Credit cards accepted. (931)307-3836.

## Announcements Lincoln County

**PARK CITY FLEA MARKET AND AUCTION, AUCTIONS EVERY FRIDAY, 6P.M., 2748 HUNTSVILLE HIGHWAY, FAYETTEVILLE. FLEA MARKET EVERY FRIDAY, SATURDAY, SUNDAY, SPOTS \$7/DAY. WE BUY ESTATES, CONSIGNMENTS WELCOMED, VENDORS WANTED. (931)691-4081.**



**FAIRYTALE LEARNING CENTER OPEN HOUSE!** Come on by Fairy Tale Learning Center's open house! Open house is on Saturday, March 9, 10a.m.-12p.m. We are a daycare center located at 320 Ardmore Highway! We have spots for children 6wks - 5yrs! Pre-Register Now! (931)297-2405.

THANK YOU. The family of the late Helena Hockett would like to express our sincere thanks and appreciation to family and friends for all your prayers, food and flowers. Your kindness and sympathy continue to be a great comfort to us in our time of sorrow. The Hockett Family.

TWO TICKETS TO KELLY CLARKSON CONCERT for sale, great seats, Bridgestone Arena, Nashville, Friday, March 29, 7p.m., \$150 for both. (931)433-6386.

TENNESSEE HEMP GROWERS, I have greenhouse growing equipment, \$1,000 or best offer. Call for pictures or text. (256)716-7874.

\$50 STORAGE UNIT COUPON - Call today to rent a unit and tell the manager you want to use the Exchange coupon. Your Extended Attic. Fayetteville location, (931)433-5550; or Park City location, (931)273-9737.



**HUGE ABSOLUTE ANTIQUE/VINTAGE AUCTION, Wednesday, March 6, at the Park City Flea Market and Auction at 6p.m. Lillian Russell bedroom suite; Griswold; Fenton Tiger oak; crocks; pedal cars; and much more up for auction. (931)691-4081.**

FREE CLOTHING! All sizes-all ages: male, female, infants. Old Time Christian Outreach Center, 1992 Pulaski Highway 64 West, Fayetteville, at The Father's House Church, Tuesdays, 9a.m.-3p.m. (931)625-1326.

FREE CLOTHING, SHOES, HOUSEHOLD ITEMS, ETC. for the needy. The Mission at Gum Springs Baptist Church, located off Highway 64, 1 mile east of Jeff's Market, open every Thursday, 8a.m.-2p.m. Operated by Linda Martin.

PULL TABS FOR RONALD McDONALD HOUSE CHARITY, help the Lions Club of Fayetteville collect pull tabs from cans (soda/food/others). Please bring them to the Exchange, 404 Main Avenue South, Fayetteville.

REGENERATIVE TENNESSEE TOUR, April 22-29, eight days-fully guided. Visits to regenerative farms/eco forestry projects; explore community land trust; home stays with local families; meet change makers in an Appalachian coal mining community; visit/stay at historic Highlander Folk School. Contact for pricing/booking, regenerativeschool.org.

## Announcements Marshall County

YOU CAN ADVERTISE one item (no animals) for FREE in the Exchange if you are selling it for \$1,000 or less. Call us today, (931)359-1994.

YOU CAN ADVERTISE one item (no animals) for FREE in the Exchange if you are selling it for \$1,000 or less. Call us today, (931)359-1994.

## Announcements Out of Area

Generic Viagra and Cialis! 100 pills \$99. Free Shipping! 100% guaranteed. 24/7. Call now! 888-889-5515. cadnet

DIRECTV CHOICE, all-included package. Over 185 channels! Only \$45/month (for 24 mos.) Call now-get NFL Sunday Ticket free! Call 1-877-666-2821. Ask us how to bundle and save! sapa

Enjoy 100% guaranteed, delivered to-the-door Omaha Steaks! Save 75% plus get 4 free burgers. Order the Family Gourmet Feast - only \$49.99. Call 1-855-349-0656 mention code 55586TJC or visit www.omahasteaks.com/love13. cadnet

DIRECTV Select Package! Over 150 channels, only \$35/month (for 12 mos.). Order Now! Get a \$100 AT&T Visa rewards gift card (some restrictions apply). Call, 1-877-666-2821. sapa

## Antiques

4 QUEEN ANN CHAIRS, 1930's, very good condition, \$120. (931)408-0454.

TYPEWRITER DESK AND CHAIR, folds to hide typewriter, 3 drawers, text for picture, Coffee County, \$100 or best offer. (618)201-6460.

ANTIQUE WHITE TABLE, with oak seats, table has inlaid tile, \$150. Winchester. (414)940-3645.

OAK CHIFFEROBE, with beveled mirror, text for pictures, Coffee County, must pickup, \$100 or best offer. (618)201-6460.

DOLLS. Old dolls, see picture at www.Exchange931.com for details, both for \$50. Call or text. (931)581-5975.

## Automotive Accessories

FOUR 31-10.50x15 All TERRAIN TIRES for sale, like new, \$350. (931)703-1130.

51"Wx8'L TILT UTILITY TRAILER for sale, trailer has good 15" tires, wood floor, lights, jack, \$550. Manchester area. (931)723-4795.

FOUR JEEP CHEROKEE AND JEEP WRANGLER WHEELS AND TIRES for sale, like new, \$450. Will separate wheels and tires. (931)703-1130.

15" TIRES for sale, 31-10.50x15, nice, \$150; 235-75x15, \$150; 225-75x15, \$200; 215-70x15, \$200; 205-60x15, \$200; 195-60x15, \$200. (931)703-1130.

16" TIRES for sale, two 235-85x16, 10-ply, \$150; 265-70x16; 245-75x16 - 6ply - 8 ply; 235-85x16, 10 ply; 235-60x16 Michelin; 235-60x16 Bridgestone; 235-70x16; 225-60x16; 215-60x16; 205-55x16. \$250 plus. (931)703-1130.

FUEL TANK FOR TRUCK, with sending unit, came off of 1973 Ford pickup truck, good condition, \$150 or best offer. (931)728-4931.

17" AND 18" TIRES for sale, 285-70x17 Bridgestones, nice!!!; 255-65x18; 245-65x17; 265-70x17; 235-65x17; 245-75x17. (931)703-1130.

8' METAL HEAVY-DUTY RAMPS, works well with a side by side, like new, \$225. (931)247-4526.

# Sell Your Phone Exchange931.com

3RD ROW SEATS for a 2005-2009, Tahoe, GMC or Cadillac Escalade, \$300. (931)469-7227.

350 CHEVROLET ENGINE and 350 Turbo transmission, runs good, \$600. (931)205-7757.

5'X8' ALL STEEL TILT TRAILER for sale, new tires and rims, \$550. (931)409-0227.

AREA 8' HARDTOP BED COVER, red, waterproof, no scratches. Off an 8' bed, 1996 Ford truck, hydraulic life, \$350. (931)952-2338.

1929 MODEL A MOTOR for sale, \$200. McMinnville area. (931)304-3353.

RECEIVER TOW HITCH for sale, fits 1987-1997 Nissan hard body pickup, \$65. (931)294-5591.

FOUR 215-65x17 TIRES, Michelin tires and Mustang wheels, like new, will separate tires and wheels, \$400. (931)703-1130.

FOUR 20" CHROME WHEELS AND TIRES for a Toyota, nice!!! with lugs, \$450, will separate tires and wheels. (931)703-1130.

## Books, Movies & Music

IMAGE COLLECTION by National Geographic, \$5; The Reckoning by John Grisham, \$3; Bluestocking by Bud Willis (Tallahoma author), \$10; Daughter of Fortune by Isabel Allende, \$3; Stained Glass by William F. Buckley, Jr., \$3; Tennessee Music: It's People and Places by Peter Coats Zimmerman, \$3; The Shepherd of the Hills by Harold Bell Wright, \$3. The Book Shelf, Northgate Mall, Tullahoma. (931)273-8001.

Become a published author. We want to read your book! Dorrance Publishing-Trusted by authors since 1920. Book manuscript submissions currently being reviewed. Comprehensive services: Consultation, production, promotion and distribution. Call for your free author's guide 1-877-626-2213 or visit http://dorranceinfo.com/classified. cadnet

JIGSAW PUZZLE, Life's Little Tangles by Dona Gelsing, 1,000 pieces, 26-3/4x19-1/4, find the angel in the picture, \$5. (615)849-5012.

ENCORE DRUM SET for sale, text for picture, \$250. (931)625-1442.

DIRTY MINDS, the game of naughty clues, 2-6 players, \$1. (615)849-5012.

FOR SALE: 12-KARAOKE CD's, country, Elvis, Christmas, Rock, \$25 for all. 9 Hallmark ornaments, still in box, \$25 for all. Manchester. (931)728-0719.

MY WAR by Andy Rooney, \$3; The Mathematical Tourist (snapshot of modern mathematics) by Ivars Peterson, \$3; The Hermitage: Home of Andrew Jackson, \$2; The Ansel Adams Guide Book 1: Basic Techniques of Photography by John P. Schaefer, \$3. The Book Shelf, Northgate Mall, Tullahoma. (931)273-8001.

JIGSAW PUZZLE, Santa's Workshop by Betty Whiteaker, 550 pieces, 18x24 inches, \$1. (615)849-5012.

JIGSAW PUZZLE, 2011 Summer's Heritage by Thomas Kinkade, Painter of Light, 1,000 pieces, 27x20 inches, series 18, \$3. (615)849-5012.

## Building Supplies

OAK CROWN MOLDINGS, 3"x26' and 1-1/4"x140', also miscellaneous moldings, \$50. Cash only. (931)967-3070.

T&G DECK BOARDS, 48 - Number 1 quality, 16' kiln-dried decking, never used, stored inside, \$576. (931)425-6644.

MAHOGANY LUMBER for sale, approximately 20 pieces, \$3.50 per board foot, negotiable. Elora area. (931)625-1736.

## Cars / Trucks

2005 JEEP WRANGLER UNLIMITED, 4x4, 6-speed, cold A/C, new tires, like new soft top, 166K, \$7,750. (931)409-6107.

1994 CHEVY S10, 1996 motor, fuel injection, throttle body, 350 transmission, custom exhaust, headers, body is straight, \$3,200 firm. (931)224-5337.

WANTED GOOD USED CAR for less than \$1,200. (931)455-8385.

Cars/trucks wanted!!! All makes/models 2002-2018! Any condition. Running or not. Top \$\$\$ paid! Free towing! We're nationwide! Call now, 1-888-985-1806. cadnet



1996 FORD F-450 SUPER DUTY CHASSIS CAB. Diesel F450 Super Duty Power Stroke, has 3 toolboxes, I beam lift, approximately 270,000 miles, \$5,500. Was used for a monument setting truck for years, parked it a year ago December when I bought another one and don't need this one anymore, can't get it to start, diesel is not gelled, has new battery and fuel filter, buying as is! Everything worked when it was parked. This is a single cab. (931)703-8071.

A-1 donate your car for breast cancer! Help United Breast Foundation education, prevention and support programs. Fast free pickup - 24hr. response, tax deduction. 855-893-0604. cadnet

JUNK CARS AND TRUCKS wanted, running or not, top dollar paid. Call, (931)625-6130.

1996 GMC SONOMA, runs, \$500 or will trade for anything of equal value. (931)952-3238.

2008 NISSAN QUEST, loaded, Blue Book-\$6,300, asking \$3,950; 2004 Kia Sorento Ex SUV, loaded, sunroof, excellent condition, \$3,250; 2003 GMC Envoy XL, SUV, 4x4, loaded, sunroof, towing package, \$3,650. (931)222-9879.

WE BUY JUNK CARS AND TRUCKS. We also buy running vehicles. Will remove vehicles from your yard! (931)251-3005.

Cars/Trucks wanted!!! 2002 and newer! Any condition. Running or not. Competitive offer! Free towing! We're nationwide! Call now: 1-888-416-2330. nani

2015 NISSAN ALTIMA SL, \$8,295. Silver, gray leather seats, 39,000 miles, push button start, power/heated seats, chrome wheels and much more. (931)954-0012; or, (931)588-8802.

2005 DODGE GRAND CARAVAN, 112,750 miles, DVD, runs good, needs some maintenance, email or leave message, Taft, TN, \$1,200 firm. (931)307-9029.

2006 BMW 325ic, convertible, 2DR, black w/tan leather, automatic, CD/NAV/DVD, 95,000 miles, beautiful car! \$8,500. (931)625-0245.

2008 HONDA CRV, almost new Michelin tires, new battery, new brakes, 84,000 miles, tip top condition, \$8,500. (931)728-4928.

2008 HONDA CIVIC SEDAN LX, tan, 136,000 miles, good condition, \$4,800. (931)581-4385.

2005 HYUNDAI for sale, clean 4-door, runs great, \$2,500. (931)703-1130.

1993 FORD RANGER PICKUP, 2.4 motor, runs good, hydraulic clutch needs bleeding, new tires, \$1,200. (931)409-9354.

2002 JEEP GRAND CHEROKEE for sale, 4WD, one owner, power windows/doors, keyless entry, \$2,500 or best offer. (931)732-4921.

JUNK BATTERIES, buying junk lead acid batteries, car, truck, boat, ATV, etc. (931)607-9653, please leave message. Thank You!

2011 FORD FUSION for sale, black, 83,500 miles, garage kept, great condition, \$8,500; 2011 Ford Focus, red, 83,000 miles, good condition, \$5,500. (931)212-5786.

2004 DODGE GRAND CARAVAN, leather interior, all power, runs great, \$1,800. (931)205-7757.

# INSTANT REBATE

From February 15 - March 31

## Mastercraft TIRES

**Mastercraft LSR**

# \$40

**REBATE** On Set of Four Tires

**Mastercraft  
HSX, AXT and MXT**

# \$80

**REBATE** On Set of Four Tires

Courser HXT™

Courser AXT™

Avenger Touring LSR™

Courser HSX™

SRT Touring™



**FREE**  
**ALIGNMENT CHECK**  
With purchase of  
set of 4 tires!

## Marshall Farmers

**CO-OP**

AUTOMOTIVE & TIRE CARE

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615 South Ellington Parkway  
Lewisburg, TN 37091

Mon. - Fri. 7:00 A.M. - 5:00 P.M.  
Sat. 7:00 A.M. - NOON

## 931-364-7421

2304 Unionville Rd.  
Chapel Hill, TN 37034

Mon. - Fri. 7:00 A.M. - 4:30 P.M.  
Sat. 7:00 A.M. - NOON



# Now Hiring

## Nutritional Services Employees

Tennova Healthcare – Shelbyville, is looking to hire full-time and PRN

### Nutritional Services Employees for the Dietary Department

- Competitive Benefits
- Flexible Schedule
- Familiar with standard concepts, practices and procedures within a particular field.

Please submit your application and/or resume online at:  
[tennovamiddle.com/about/hospital-opportunities](http://tennovamiddle.com/about/hospital-opportunities)



2835 Hwy. 231 N. Shelbyville, TN 37160 **931-685-8380**



### A-1 Tree Service Trimming & Removal



**931-359-3113**

PRE-OWNED 2007 Lincoln Town Car Signature Limited Edition, loaded, new tires, 39K actual miles, STK#S064, TNDL#2248, \$8,900 plus TTL. (931)625-3434.

FOR SALE, 1988 CHEVY TRUCK, no motor, 5-speed transmission, \$700 or best offer; 350 engine, \$200 or best offer. (931)454-0472.

2013 FORD FIESTA, like new, (817 miles, no misprint), great little car! Automatic, \$6,750. Winchester. (901)487-2647.

1995 NISSAN SE, V6, 4x4, auto, cold A/C, loaded, like-new tires, fresh tune up, new brakes, rotors, road ready for anywhere, \$2,650 firm. (931)409-6107.

\$\$\$\$\$ CASH \$\$\$\$\$ FOR JUNK CARS, no title needed if over twelve years old. Same day pickup. (931)308-3537.

2014 CHEVROLET SONIC LT, maroon, 1.4 turbo hatchback, one owner, excellent condition, automatic, sunroof, power windows, doorlocks, backup camera, lots of extras, \$8,000. (931)625-4788.

1998 NISSAN FRONTIER, uses no oil, runs good, new tires, new clutch, new battery, call for more information. (931)222-9704.

Donate your car to veterans today! Help and support our veterans. Fast - free pick up. 100% tax deductible. Call 1-800-245-0398. nani

### Clothing and Accessories

NORDSTROM (HICKEY FREEMAN), all wool suit, size 40-42, gray, \$200 or best offer. (931)393-0470.

MEN'S TENNIS SHOES, New Balance Heritage, size 11-1/2, great condition, very comfortable, \$5. (615)849-5012.

NORDSTROM (HERTLING), 3 piece all wool suit, black, size 40-42, \$200 or best offer. (931)393-0470.

SWEAT AND ATHLETIC PANTS, men's size 3x, 5 pair, Danskin and Starter brand, 1 heavy pair sweats, \$25 for all. (931)273-6257.

WOMEN'S INDIAN RUBY RING, 6.30ct ruby, .14ctw round diamond accent, set in 10kt gold, women's size 7, \$250. Can text picture. (931)262-0080.

ASSORTED TOPS, \$2 each for ladies tops, assorted colors and styles, size large. (615)849-5012.

SIX PAIR LEVI'S, some are 50's and 52's, sizes range from 30-34, \$25 for all. (931)703-9073, leave message.

YOUTH BROWN BUNNY OUTFIT for sale, with feet and hand covers, size 10, \$10. (931)327-2165.

### Electronics

SHARP CASH REGISTER, Sharp XE-A21S, ready to use, all included keys, hard manual, CD, works as should, \$65. (931)409-7273.

WIRELESS LAPTOP PRINTER, Lexmark Z2420 Home and Student, WiFi, high quality printing, wireless or USB cable, new unopened box, \$20. (931)224-3910.

HP LAPTOP W10, 15", 320 hard drive, 4bm memory, charger included, Manchester, have Dell too, \$175. (931)728-3728.

WiiU 32 GB CONSOLE for sale, like new in box, two games included, Super Smashers, Splatoon, \$300. Manchester. (931)728-3728.

9" TABLET, open box to charge test, 8gb, but can add with sd card, Android OS, \$80. (931)728-3728.

DELL DESKTOP, W7, HOME, 3GB memory, 3.0GHZ intel, Manchester pickup, \$175. (931)728-3728.

MINOLTA 7000 MAXXUM 35mm CAMERA for sale, with 50mm lens, 28-135mm lens, 28-80mm lens, filters, flash, gadget bag, manual, \$175. (931)393-4960.

ACER LAPTOP XP 15", CD player, charger, great shape, Manchester pickup, \$85. (931)728-3728.

MINI IPAD, works perfectly, \$50. (931)222-9704.

XBOX ONE TRIALS FUSION CD, game disc, original box, Manchester pickup, \$15. (931)728-3728.

DIRECT TV CONTROLLER, TV or DVR, new in package, \$9. Manchester pick up. (931)728-3728.

7" ASUS MEMO TABLET, new in box, 16gb storage, Android 4.4.2. Memo pad 7, Manchester pickup, \$99. (931)728-3728.

VIRTUAL REALITY, art + Vision virtual reality headset with high definition earbuds, works with all smartphones, \$5. (615)849-5012.

SONY 5 DVD PLAYER with subwoofer and 5 speakers with mounting hardware, Shelbyville pickup, \$30. (740)701-2339.

VINTAGE EPSON FX-1050, MODEL P12P PRINTER for sale, used, Dot Matrix, powers up, replacement ribbon and manual included, \$25. (931)434-6264.

DISH TV \$59.99 for 190 channels, \$14.95 High Speed internet. Free installation, Smart HD DVR included, free Voice Remote. Some restrictions apply. Call, 1-855-419-7188. sapa

### Farm and Garden

ROPE HERBICIDE APPLICATOR, herbicide wand/applicator, \$10. (828)891-9238.

PRATER'S OUTDOOR FURNACES. Central Boiler's Classic Edge Certified Outdoor Wood Furnace as low as \$6,990. Don't Wait! Call today, (931)235-8311.



2018 GRAVELLY PRO-TURN 260 for sale, Kawasaki 25hp, 43 hours, 60" cut, with mulcher attachment, extra tires, excellent condition, \$8,100. (931)759-7605.

GARDEN TILLER for sale, front tine till, 5hp engine, used very little, good condition, \$250. (931)409-0227.

BERLON ROUND BALE SPEAR, Universal skid steer front loader mount, like new, \$500. (931)227-7352.

2155 JOHN DEERE DIESEL TRACTOR, new tires, good condition. (931)728-5490; or, (931)728-4277.

FOR SALE, 250 gallon fuel tank with stand, \$150; 300 gallon fuel tank on skid, with electric pump, \$250. (931)728-1056.

GENERAL AMERITEC TIRE 255/70/16, used tire with 6 lug chrome rim included, one only, Manchester pickup, \$40. (931)728-3728.

HARDWOOD SHAVINGS, average 65lbs., also cedar shavings. For barn stalls, dog houses, etc. (931)952-8185.



SHEEP-GOAT SWINE TRANSPORT BOX, new, 8'x66"x46", bolts to bed of utility trailer, cost \$2,700, asking \$700. (931)227-7352.

SADDLE BLANKET, Indian motif, excellent condition, \$15. (931)703-0773.

REAR TINE TILLER, \$250; 2 push mowers, \$50/each. (931)952-3238.

TENNESSEE HEMP GROWERS, I have greenhouse growing equipment, \$1,000 or best offer. Call for pictures or text. (256)716-7874.

# CORRECTION

Exchange Media Group takes full responsibility for a misprint on the Front Cover of the February 27<sup>th</sup> edition of the Lewisburg Exchange.

The FREE ALIGNMENT with purchase of set of 4 tires should read: **FREE ALIGNMENT CHECK with purchase of set of 4 tires.**

**We sincerely apologize for the inconvenience.**

TWO 100 GALLON OVAL galvanized water tanks, \$75 each. (931)581-5001.

6' BUSH HOG BRAND bushhog for sale, \$500. McMinnville area. (931)304-3353.

WEED BURNER, comes with 5# propane tank, \$25. (828)891-9238.

JOHN DEERE 64 hay rake for sale, with dolly wheel, good condition, \$1,600. (931)808-4757.

PRIEFERT SQUEEZE CHUTE for sale, S04 model, auto/manual, three years old, like new, \$2,500. (931)993-9676.

RANCH 3-RAIL VINYL FENCING, still in the plastic, approximately 1,500' of brand new Ranch 3-Rail Vinyl Fencing with 3 rail posts and caps. Great look for your ranch or farm! Cash only! (202)557-8655.

FOR SALE, TURNING PLOW, like new, \$250. Bush hog, 5', good shape, \$250. (931)728-9731.

CUSTOM BUILT AMISH 2 seat buggy with top, \$2,300. (931)581-5001.



LAKE AND POND FISH FOR STOCKING. Bass, Bluegill, Shell Cracker, Catfish, Grass Carp, Minnows and Other Species. Aerators and Fountains. We deliver! Call for prices! (615)977-0752.

ORCHARD GRASS HAY, HORSE QUALITY, FIRST CUT ORCHARD GRASS, SMALL SQUARE BALES, 50LBS. TIGHTLY BALED, \$5.50. CATTLE HAY AVAILABLE, CALL FOR MORE INFORMATION. (404)867-1746.

LARGE SHED WITH FULL INSULATION, TILED FLOOR, ELECTRICITY, REAR WINDOW, SKY LIGHT, FRONT AND REAR LOFTS AND FRONT PLATFORM. BUYER MUST MOVE SHED, 12X14, \$2,000. (931)434-5200.

SIX FOOT GRADER BLADE, \$425. Drag type disc, \$400. (931)247-0858.

YODER'S FENCING BIG OR SMALL. For all your fencing needs, free estimates! Call for price. (931)308-2289.

6' GRADER BLADE for sale, 3 pt. hitch, used very little, \$325. (931)937-8949.

CUSTOM CUTS PORTABLE SAWMILL SERVICE. Turn your logs into valuable lumber, at your place or mine! Belvidere, TN. (931)691-7953.

BRILLION 10' TANDEM CULTIPACKER, like new, nothing broken, missing or welded, \$900. (931)227-7352.

WANTED, FARMLAND TO RENT, up to \$200 per acre, cash rent. (931)655-0828.

STUMP BURNING STEEL BARREL, half a steel burn barrel, add wood and charcoal and light it, Shelbyville, \$10. (931)492-1611.

TWO WHEEL LAWN MOWER TRAILER, \$150. (931)607-7388.

BURN OR GRAIN BARRELS, 55 gallon steel barrels with removable lids in Shelbyville, TN, \$15. (931)492-1611.

### Farm Animals

36 COWS AND 26 CALVES for sale, Huntland area. (931)469-7798.

BALANCER/GELBVIEH BULLS. Ten balancer, one Gelbvieh bull. Solid EPD's, good dispositions, heifer or cow ready, 16 to 20 months old, \$2,000-\$2,500. Spring Hill, TN. (615)727-3399.

BLUE HEELER MINIATURE PUPPIES for sale, \$120 each, ready to go, no shots. Moses J. Yoder, 2720 Jacksboro Road, Morrison, TN 37357, at the upholstery shop.

MIXED HERITAGE BREED PIGS, multiple ages. Non GMO fed. See www.Exchange931.com for pictures. Call for further details. (931)625-2245.

REGISTERED ENGLISH SETTERS & BRITTANY'S for sale, broke dogs, shooting dogs, champion bloodline, Shadow Oak Bo and Hystest Sky Hawk. (931)607-1024; (931)668-9893.

WANT TO BUY: Goats, sheep, chickens and guineas. Call, (931)427-8477; (256)777-0065.

TWO PUREBRED ANGUS BULLS for sale, 17-18 months old. (931)247-4530.

### Farm Animal Accessories

ADULT WESTERN SADDLE, 17", light-weight, black, cordura with leather seat, cante and pommel, \$100. (931)247-5182. Call or text.

### Furniture and Appliances

COFFEE TABLE, glass top with metal base, brand new, oval, 48x24x18, \$69. (931)967-4439; or, (931)636-5578.

TWO LARGE VERTICAL MIRRORS, very nice, old, ornate bronze-gold frame, \$160/pair. Cash only, serious inquiries only. (407)383-6575.

CORNER CHINA CABINET for sale, oak provincial, \$200. (931)607-6274.

EXECUTIVE OFFICE DESK for sale, with custom glass top, very nice, \$325 or best offer. Call Terry after 11a.m., (931)580-7455.

GLASS DINING TABLE WITH CHAIRS, 55" round glass dining table with metal base, 4 chairs with cane lattice upper backs and upholstered seats. Chairs are very heavy and sturdy. The set is in excellent condition, \$450. (931)580-2622.

SPEED QUEEN HEAVY DUTY WASHER, excellent condition, white, no problems, just bought a set. You pick up in Manchester off Highway 53, \$200. (931)728-7722.

WHIRLPOOL WHITE TOP AND BOTTOM REFRIGERATOR. Whirlpool 30" self standing white stove, coil eyes, \$300 for both, will divide. (931)273-4106.

GE DOUBLE WALL OVEN. Black, GE double wall oven, has digital controls with delay cook function and self cleaning feature for the top oven, located in Tullahoma and will need to be picked up, \$400. Call Hope. (931)455-7531.

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Exchange media group



# New Starting Rates \$ 14<sup>40</sup>/hr

## General Production

Starting at \$14.40/hr + Shift Differential

This full-time production position is for Tyson Foods' Shelbyville, Tennessee location. The successful candidate will be responsible for entry-level labor while maintaining a safe work environment and adhering to Tyson Foods policies and procedures.

### REQUIREMENTS:

- Must be 18 years or older
- Must be able to stand for long periods and tolerate repetitive motions, including lifting, pushing, pulling, bending & stooping.

## NOW HIRING

For Assistance with your on-line application to **Tyson Foods, Inc.**

you can visit the local **Employment Offices** in

- Murfreesboro • Tullahoma • Lewisburg

Or the local **Workforce Solutions Offices** in

- Tullahoma • McMinnville • Shelbyville
- Lynchburg • Decherd

## Maintenance Generalist

Shelbyville Plant

Starting at \$16.84/hr +

These full time maintenance positions are for Tyson Foods' Shelbyville, TN location. These positions are located on multiple shifts. The successful candidate will be responsible for troubleshooting, maintaining and repairing all equipment and company assets, while maintaining a safe work environment and adhering to Tyson Foods' policies and procedures.

### REQUIREMENTS:

- Must be 18 years or older
- Must have a minimum of 1 year of industrial maintenance experience, or currently enrolled in an industrial maintenance course, or recently completed an industrial maintenance course.

**CONTACT: To apply for these opportunities and view all current opportunities with Tyson Foods, please visit our website [www.tysonfoodscareers.com](http://www.tysonfoodscareers.com)**

[www.tyson.com](http://www.tyson.com)

Tyson Foods is an Equal Opportunity/Affirmative Action Employer. All qualified applicants will be considered without regard to race, national origin, color, religion, age, genetics, sex, sexual orientation, gender identity, disability or veteran status.

QUEEN POSTER BED, CHERRY. American Drew Cherry Grove queen pediment poster bed, Stern and Foster boxsprings and mattress. Excellent condition, see pictures, [www.Exchange931.com](http://www.Exchange931.com), \$549.99 or best offer. Quilt extra if desired. (256)679-2502.

TWO TALL BAR STOOLS for sale, brand new, paid \$250 each, asking \$200 each. (931)684-5724.

SINGER SEWING MACHINE, drops down into the table, works great, just stopped using it, looks good, one leg need to be tightened, comes with thread and bobbins, \$100. (931)398-0736.

LOVESEAT, in good condition, no arms, velvet fabric, Tullahoma, only \$10. (931)841-4600.

REPRODUCTION FEDERALIST STYLE 2 DRAWER SIDEBBOARD, estate inheritance, excellent condition, solid hardwood, wide, fairly deep drawers, 35" x 20" x 29-1/2" \$70. (931)224-1020.

WHITE KITCHEN AIDE WASHER AND DRYER SET, \$275 for both, will divide. (931)273-4106.

FREE REMOVAL OF Appliances, working/or not, washers/dryers, stoves, refrigerators, central units, freezers, batteries, scrap metal, junk cars, trucks, etc. (931)625-6130.

TWO BABY BEDS, excellent condition, used at Nannie's for naps, one has changing table, bought at Babies R Us, includes top of the line mattresses, \$110 for one, \$95 for other. (931)247-5446.

ASHLEY DRESSER MIRROR, 41"x48", very heavy, good condition, FCFS, send message if interested, \$30. [auville@gmail.com](mailto:auville@gmail.com).

OAK TABLE with extra leaf, 6 oak chairs, 2 oak bar stools, good condition, \$250. (931)581-4385.

MAPLE HEXAGONAL COFFEE/SIDE TABLE, estate inheritance, excellent condition, solid hardrock maple with heavy glass fitted top, \$25. (931)224-1020.

WICKER CAPISTRANO GARDEN ARMCHAIR, brand new, for the garden or inside of house, table/chushions included, \$220. [auville@gmail.com](mailto:auville@gmail.com).

20,000 BTU GAS FIREPLACE, brand new, cherry mantel, \$700. (931)625-0202.

**LARRY'S USED FURNITURE for all your furniture needs. We buy/sell used furniture. A little bit of everything including furniture, tools, antiques. Come check us out. Call Larry, (931)962-1800; 9310 AEDC Road/Decherd Hwy.**

NICE QUEEN-SIZE BED for sale, \$200. (931)684-9771.

ASHLEY COCKTAIL TABLE WITH DRAWER, smoke and pet free home, very heavy, FCFS, send a message if interested, \$80. [auville@gmail.com](mailto:auville@gmail.com).

GIRLS' DAYBED, makes into king-size bed, bedding and pillows included, \$75. (931)808-5234.

ELECTRIC 30" GE built in oven, white, self cleaning, \$250. Antique rocker, \$175. Plasma, 60" LG TV, excellent picture, \$350. (931)581-5001.

KENMORE WASHER, 7 months old, \$300. Whirlpool dishwasher, only used a couple of times, excellent condition, \$50. (931)308-9566.

**APPLIANCE MAN-Sales, service, parts. 25 years experience, David Russell, owner. We sell used appliances! Monday-Friday, 9:30a.m.-5:30p.m., Saturday, 10a.m.-2p.m. (931)455-6844; (931)273-8880.**

FREE REMOVAL OF APPLIANCES, ETC. We will pickup your unwanted washers, dryers, refrigerators, freezers, ranges, riding mowers, cars, golf carts, motorcycles, travel trailers, scrap metal items you don't need. Free of charge. (931)841-1566.

TWIN ADJUSTABLE HOSPITAL BED, works great, almost new mattress, head and foot both move up/down, \$300. Pickup in Taft, TN. (407)860-2947.

ASHLEY LIVING ROOM FURNITURE, matching sofa, loveseat and recliner. Brown pleather fabric, very good condition, \$200. You pick up, Marion County, TN. (615)785-4355.

ROLL TOP DESK for sale; beige sectional couch; leather recliner; lift chair; and two bedroom sets. (931)607-1042.

NEED TO SELL YOUR OLD APPLIANCE! Place an ad with the Exchange, Fayetteville, (931)433-9737; or visit our website, [www.Exchange931.com](http://www.Exchange931.com).

ESP 20 MINUTE TANNING BED, face tanners, like new, original bulbs, works great, \$650 or best offer. (931)808-1066.

TWO PEDESTAL OAK DINING ROOM TABLE, 5'L, 2/18" leaves, 4/side chairs, 2/captain chairs-\$400; chest type coffee table-\$100; two small chairs-\$50 each. (520)250-4233.

THREE MIRRORS, oak trim-gold trim-white wicker-\$50 each; four drawer dresser-\$40; leather office chair-\$100; blue on oak platform glider/rocker-\$75; 50's kidney shaped glass top table-\$100. (520)250-4233.

CORNER CASE, red felt inlay, very pretty, 78" tall, \$125. (931)993-3972.

TABLE, pineapple pedestal, 64" with leaf, buttercream color, 4 chairs with pineapple carving on backs, \$300. Will send pictures. (931)581-1780.

**ROY LEWIS' ANTIQUES, LAWNMOWERS, U-HAUL. 12045 Tullahoma Highway, Tullahoma, TN. We carry a little bit of everything. Buy-sell-trade. We have zero turns! Looking for lawn mower trades. (931)841-2284.**

**SMITH APPLIANCE:** Washers; dryers; chest/upright freezers; stoves; refrigerators; side-by-side refrigerators; 110/220 air conditioners. Appliances \$85-up; six month warranty. New/used bed frames; boxsprings/mattresses; bedroom suites; dressers; chests; couches; chairs; bookshelves; odd tables; matching coffee table/end tables. New arrivals weekly. We can set up a whole house. 30 years in business. 8:30a.m.-5p.m., Monday-Friday; 8:30a.m.-3p.m., Saturday. Location Hwy. 64 East, Fayetteville, beside Tennessee Livestock Producers. (931)249-9257; (931)433-6638.

### Home Goods

LIGHTHOUSE COLLECTORS, assorted sizes of 3"x4" and 5"x4" polystone lighthouse figurines, set of book ends are included, \$15. (615)849-5012.

OCEAN ITEMS, tannish ceramic star fish and matching fish, very detailed, \$2. (615)849-5012.

ROUND SLAB CUTTING BOARD block, 15"x3" with feet, \$50. (931)649-3023.

18 CRYSTAL BELLS, various sizes, \$100. (706)254-2576.

SNOWMAN COLLECTORS, Kirklands Mr. and Mrs. Snowman tea light holder, set of 2, \$5. (615)849-5012.

GLASS PUNCH BOWL with 12 glass cups, \$35. (931)649-3023.

BURGUNDY ACCESSORIES, 16" shabby chic anchor candle holder with candle, 40"x20" rug, 4 clear candle holders with candles, \$15. (615)849-5012.

PAINTING OF WOODS WITH STREAM, original signed oil painting of woods with stream by Watkins, \$50. (931)434-6264.

AIRLINE OVERHEAD SUITCASE, Fifth Avenue, 21", navy and tweed, 2 rollers, listed online for \$69. Never used, asking \$25. (706)254-2576.

OLD QUILT, great condition, 84x99, one small flaw, Shelbyville pickup, \$90. (740)701-2339.

BEAGLE, cute beagle head to hang up to remind you of your special pet, \$3. (615)849-5012.

SCONCES WITH 10" PLATES for sale, used pair of sconces, \$25. (931)434-6264.

INFRA/STAT PROPANE HEATER, 20,000 BTU's, like new, \$235. (931)728-2259.

NAUTICAL ITEMS, beachy trinket box, polystone sailor girl, 4 piece lighthouse coasters, \$10. (615)849-5012.

STOVE MITTS, tan padded, 2 stove mitts for hot protection, great for grill use and deep frying, \$1. (615)849-5012.

NAUTICAL blue storage box shaped like boat with drawer and doors, canvas clock, navy and white, \$10. (615)849-5012.

CANNING AND PRESERVING BOOK, new, \$10. (931)792-1066.

REDECORATE, matching buffet lamp, picture frame, candle holder, 2 vases, burgandy and sage green, can send picture, \$25. (615)849-5012.

BREAD MAKER, Panasonic, SD-YD200, 2lb. loaf, \$55. (931)649-3023.

FIREPLACE TOOLS, solid brass fireplace tool set, stand, poker, broom, shovel, excellent condition, \$85. (931)649-3023.

CUSTOM-MADE CORNICE BOARD, 82" wide, beautiful, top grade fabric, lined, burgundy, green, tan, call/text for pictures, \$60. (931)581-1780.

BOATIE ITEMS, mounted small wood sailboat, green glass shell and starfish, black glass basket brushed with copper, \$5. (615)849-5012.

KIRBY VACUUM CLEANER, brand new, works great, with shampooer, \$350. Girls 14" pink and white bicycle with training wheels, \$50. (931)308-9566.

SNOWMAN COLLECTORS, Joy snowman candle holder set of three, 8.75" high, from Kirklands, still in box, \$5. (615)849-5012.

FOR SALE, Royal Doulton china, came from England, setting for 4, \$200; six hand painted plates, by Lena Liu, \$100. (931)409-0413.

OFF WHITE, full-size fitted sheet, cream color, good condition, \$2. (615)849-5012.

SEA SHELLS, 5 containers of sea shells, some are of the candle nature, some very pretty ones, \$2. (615)849-5012.

FULL CROSCILL COMFORTER, dust ruffle and pillow shams, like new, \$30. (931)433-9298.

BEACHY PICTURE FRAME, 7"x5" pretty yellow frame with ocean scenery and holds a 3"x5" picture, \$3. (615)849-5012.

20lb. PROPANE TANK, \$10. (828)891-9238.

BEACHY-BOATY, bathroom set for beach house or houseboat, 4 piece ceramic tray, toothbrush holder, cup, soap dispenser, \$5. (615)849-5012.

DECORATE BURGUNDY, wicker basket, 2 rose arrangements, small sailboat, boxed rose wall piece, 2 seashell candles, \$15. (615)849-5012.

FACTORY SINGER SEWING MACHINE for sale, works great, excellent condition, \$100. (931)937-8472.

DISHES for sale, 4 place setting, American Living, over \$200 new, as pretty as china but for everyday use, \$25. (931)425-6644.

LIGHTHOUSE FRAME, holds 2-1/2"x2-1/2" picture, art by Warren Kimble, would go great with lighthouse collection, \$4. (615)849-5012.

### Jobs

HAIR STYLIST NEEDED at Walk In Hair Care in Winchester. Call Judi, (931)308-5700.

**JOB POSITION for Class A CDL driver, local Sod Farm, please apply in person at 888 Ardmore Highway, Taft, TN.**

**CDL DRIVER NEEDED, regional run and OTR, home weekends, pay up to 55¢ per mile. Call Holt Trucking, (931)438-2920.**

HELP WANTED RESIDENTIAL CONSTRUCTION. Home builder and remodeling contractor. Must have own transportation, drivers license and hand tools. Serious inquiries only!! (931)455-0627.

**CARPENTER'S HELPER/LABORER WANTED.** Laborer wanted to help with some remodeling. Carpentry experience preferred. Must have a valid driver's license and transportation. \$8-\$10/hour. Call, (931)433-7938. "An Equal Opportunity Employer." 372 Shelbyville Highway, Fayetteville, TN.

RELIABLE CARRIERS IN MANCHESTER, TN NOW HIRING, LOCAL, DEDICATED, OTR DRIVERS. Competitive Pay Structure, Flexible Dispatch, Consistent Home Time, No Touch Freight, Excellent Insurance/401K, Bonus Programs/Incentives, Vacation/Holiday Pay, 2 years experience required. Call Will, (931)728-9995; (800)728-9995; or APPLY ONLINE, [www.reliablecarriersontime.net](http://www.reliablecarriersontime.net).

HELP WANTED: Concrete construction workers needed, more experience=more pay. DL a plus. Applicants must be able to report on time. Leadman capable applicants go to the head of the line. (615)406-0408. Russ.

LABORER. Wright Paving Contractors, Inc. is looking for laborers to work on the base and paving crews. Experience preferred. Salary based on experience. Benefits are available. \$10-\$15 per hour. Please contact Wright Paving at, (931)433-7938. Equal Employment Opportunity Employer. 372 Shelbyville Highway, Fayetteville, TN 37334.

DRIVERS, CDL-A: New OTR and short haul division openings! No forced dispatch! Brand new tractors! Run short haul out 1 week. Run OTR out 2 weeks, with option to stay out longer. 2yrs. Class-A (no flatbed experience required, we flatbed train). Call recruiting, Shelton Trucking, 888-250-2914.

Medical billing trainees needed! Train at home for a career as a medical office professional at CTI! 1-833-766-4511. AskCTI.com. HS diploma required. nani

**EXPERIENCED EQUIPMENT OPERATOR NEEDED. Wright Paving is seeking highly qualified and experienced Equipment Operators to work full-time in the Southern Middle Tennessee area. Pay will be based on experience. References requested/benefits are available. \$15-\$22 per hour. 372 Shelbyville Highway, Fayetteville, TN 37334. (931)433-7938.**

**\*\*Work from home\*\* Generate \$500 to \$1,000 daily helping me return phone calls. 1-800-794-7326. cadnet**

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AMERICAN DEVELOPMENT CORPORATION IS NOW HIRING CDL Drivers, 2 years previous driving experience preferred, Hazmat preferred but not required, some overnight runs, physical loading/unloading, salary plus mileage, excellent benefits package that includes medical, dental and vision insurance, bonus potential. Call, (888)542-8561, to schedule an appointment. EEO.

OFFSET PRINTING PRESS OPERATORS: Super Web Press, AB Dicks, 2/color Ryobi, 2/color jet. Experience preferred. Apply in person, 2340 North Jackson Street, Tullahoma, TN 37388. (931)455-0658, for directions only.

**PART-TIME HELP WANTED.** Cleaning service looking for dependable, responsible, hard working people. Must have reliable transportation. Must pass drug and background check. Serving Tullahoma, Winchester, Estill Springs areas. Contact **Lenka at, [lenkavetioe@gmail.com](mailto:lenkavetioe@gmail.com)**.



IS EXPANDING IN BEDFORD, COFFEE, AND LINCOLN COUNTIES. Skills Development Services, a non-profit agency working with adults with intellectual disabilities, has openings for new employees in our expanding programs in Bedford, Coffee, and Lincoln Counties. Full-time and part-time positions are available with rotating 12 hour shifts available. Training and background check will be provided by the agency. A good driving record and a current driver's license are required. Applicants need to be dependable, motivated, and able to work as part of a team. Duties include assistance with personal care, some household duties, and computer experience is helpful. Beginning salary starting is \$9.85 per hour. To schedule an interview, please contact your nearest local office using the contact information below. Bedford County, (931)684-6976; Coffee County, (931)393-3840; Lincoln County, (931)433-0913. COME GROW WITH US!

Avon - earn extra \$\$\$. Sell online or in person from home or work. Free website included. No inventory required. For more information, call: 855-812-5674. nani

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QUALITY INN of Tullahoma is taking applications for the following: **HEAD HOUSEKEEPER**-must have 3 years housekeeping experience with one year of hotel housekeeping and laundry experience, be responsible, dependable, able to delegate, be clean cut and have own transportation. **HOUSEKEEPER**-must be clean cut, have own transportation and experience helpful but we will train if needed. Must reply in person at 1410 North Jackson Street, Tullahoma, TN. 37388.

PREFERRED GLASS OF SHELBYVILLE is currently seeking a full-time office assistant. The ideal candidate will have excellent people skills both on the phone and in person. Will need to be a quick learner, excel at multi-tasking and be able to keep up in a fast paced working environment. QuickBooks experience preferred and glass knowledge and accounting experience are definitely a plus. Pay will be based on experience and current working knowledge. Preferred Glass does not offer health insurance benefits. Please bring a resume and apply in person at 836A North Jefferson Street, Shelbyville. NO CALLS PLEASE.

PREFERRED GLASS COMPANY OF SHELBYVILLE is seeking a full-time painter for both residential and commercial work. Multiple years of experience and references are a must! Ability to finish sheetrock a plus! We are also hiring full-time glaziers for residential and commercial work. Please stop by our office at 836A North Jefferson Street, Shelbyville to apply. NO CALLS PLEASE.

FULL-TIME TRUCK DRIVER NEEDED for local deliveries, load/unload building materials, valid drivers license, clean MVR-no DUIs, must pass DOT physical/drug test, must be 21 or older, no CDL required. Apply in person in upstairs office, Hazel Green Building Supply, 15409 Hwy. 231/431 N, Hazel Green, AL. (256)828-2779.

ATTENTION DRIVERS, \$1,000 SIGN-ON BONUS. Thompson Transport is hiring OTR Drivers with a clean driving record. Home every weekend. Great benefit package. Please call our Fleet Manager, Eddie Boyd at, (931)469-0458, for more information.

MECHANIC WANTED. Looking for a mechanic to work in a busy shop. Experience required. Salary based on experience. Must have a valid driver's license and transportation. Please contact Wright Paving Contractors, Inc. at, 931-433-7938. Equal Employment Opportunity Employer. \$15-\$22 per hour. 372 Shelbyville Highway, Fayetteville, TN 37334. (931)433-7938.

**Home Instead**  
SENIOR CARE  
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NO EXPERIENCE NEEDED! Home Instead Senior Care is looking for fantastic CARE-Givers to provide care to seniors in their homes. Must be 21 or older, have a valid drivers license, proof of car insurance and be compassionate! Flexible schedules- YOU tell US what you want to work. Call Lori at, (931)454-2202, to set up an interview.

Airlines are hiring - Get FAA approved hands on aviation training. Financial aid for qualified students - career placement assistance. Call Aviation Institute of Maintenance, 888-686-1704. nani

DRIVERS CDL-A, OTR: Sign on bonus! Flexible home time! 100% paid employee health insurance! Paid holidays & vacation! 2 years exp. 855-475-7697.

NOW HIRING, landscaping and lawn maintenance professionals, full-time, experienced, valid driver's license needed. Franklin and Coffee County area, serious inquiries only. (931)607-5629.

SLITTER OPERATOR/SHIPPER, position may require a variety of tasks included but not limited to operating a slitting machine, packaging, computer scaling, creating the invoice and mailing labels. May be required to lift up to 50 lbs. Apply in person at 2340 North Jackson Street, Tullahoma, TN. (931)455-0658, for directions only.

HELP WANTED. Bites of Europe is now taking applications for dishwashers and wait staff, Monday through Saturday, 10a.m.-6p.m. Must be 18 years or older. Apply in person. 1306 Hillsboro Boulevard, Manchester, TN 37355.

CUSTOMER SERVICE POSITION-sales and construction experience. Project Leader position-construction and leadership experience, drug testing, background check, tobacco and vape free. (931)924-5565; email [resume@josephsremodelingsolutions.com](mailto:resume@josephsremodelingsolutions.com).

LOOKING FOR MECHANIC AND GROUNDSMAN for Utility Tree Contractor. Must pass drug test and have valid driver's license. Lincoln County and surrounding counties. Matt, (731)845-6737; Ron, (731)845-6293.

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PUPPY FOUND, collared, black Lab mix found on Taylor Road, Sunday, seen on Rock Road, Saturday, call to ID. (931)728-6474.

**Lost and Found Franklin County**

PADDLE BOAT washed up from recent flooding. (931)247-0282.

**Lost and Found Lincoln County**

LOST DOG. Lost black and tan English Shepherd mix on Prince Lane, Fayetteville on February 19. If found call, (931)993-0340.

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**INSULATED SHOULDER HOLDER** for cokes, beer, etc. Holds 6 cans, great for outdoor activities, \$2. (615)849-5012.

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**RUSSIA MADE STRIPPER CLIPS** for sale, for SKS rifle, 7.62x39 ammo, 20 clips for \$5. (931)314-0365.

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**MARLIN 336 SC 35 caliber rifle** for sale, \$700; Browning high power pistol, 9mm, \$800. (931)308-2741.

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FOR SALE, forty - 1000 piece jigsaw puzzles, most like new, beautiful scenes, suitable for framing, \$3-\$5 each. Buy 3 get 1 free. Call Jack, (931)463-3564.

RUSSIA MADE STRIPPER CLIPS for sale, for SKS rifle, 7.62x39 ammo, 20 clips for \$5. (931)314-0365.

# Every Week People Are Searching for Items You No Longer Use. A Word Ad can turn those items into cash.

Your word ad will reach over 84,000 homes on Wednesday and thousands of users on our website [www.Exchange931.com](http://www.Exchange931.com). **Any single item priced under \$1,000 is FREE\* to advertise.** \*excludes Animals

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- Moore County

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## Three ways to place your word ad.

- 1) Call (931) 359-1994
- 2) Place online [www.Exchange931.com](http://www.Exchange931.com)
- 3) Drop off at our office 404 Main Ave S Fayetteville

Ads must be received by Monday at 9:30 a.m. for Wednesday's publication. All ads immediately go online at [www.Exchange931.com](http://www.Exchange931.com).

## Over 30,000 Word Ads Placed the Last 12 Months

Exchange



**Find a Job**  
**Exchange931.com**

# Are You Suffering from Numbness, Severe Neck, Lower Back or Arm/Leg Pain?

Have you been diagnosed with a Bulging, Herniated or Degenerative Disc?

**Limited To The First 15 Guests**



## Come To Our Free Lecture On How Decompression Can Prevent Surgery!

**March 18<sup>th</sup> & 20<sup>th</sup> at 6:00 P.M.**

**At our office: 1940 N. Jackson St., Tullahoma**

**Call Now! 931-393-2401**  
Limited to the First 15 Guests



Due to sever lower back pain, I haven't even been able to even do the dishes without taking a break to sit down. I didn't realize I had two bulging discs that were pressing against a nerve until I came to Tullahoma Chiropractic. The decompression therapy is wonderful. For the past 2 years, I haven't been able to walk for thirty minutes without being in pain and having to take a break. This week, I went shopping for 3 hours pain free! Decompression therapy has changed my life!

~ S. Rickman

### Who is a Candidate?

Our spinal decompression system has been found to relieve the pain associated with disc degeneration, herniated and bulging discs, facet syndrome, and sciatica. Spinal decompression is a great option because back surgery is so risky.

### The Solution:

Our method is a proven, comprehensive treatment program which includes computerized true disc decompression, cold laser therapy, and exercise rehabilitation to promote long term spinal health. Spinal decompression is considered by many doctors to be the most advanced and successful noninvasive treatment of serious back, neck, leg or arm pain. The method allows for a much higher success rate by increasing hydration and restoring health to your discs. This results in a more effective and lasting solution to your pain. There are no side effects and no recovery time is required. This gentle and relaxing treatment has proven to be effective even when drugs, epidurals, traditional chiropractic, physical therapy and surgery have failed.

### Sciatica and herniated discs are often misunderstood.

They can cause pain and numbness in the back, neck, legs and feet. This pain affects everything you do, from work to play, and ultimately your quality of life. We are here to tell you that there is hope. We have the technology and experience to help you find relief from sciatica and back pain. We have helped thousands of pain sufferers just like you. We offer only the most advanced non-surgical treatments.



**Dr. Joseph Kanan**  
Spinal Decompression Certified  
26 Years Experience  
K Laser Certified  
Published Author

## Before you consider surgery consider these points:

- Back surgery can cost \$50,000 to \$100,000 or more
- Recovery can be very painful and can take months or years
- Surgery may or may not relieve your pain
- Dependence on prescription drugs may occur after surgery
- Missed work can amount to \$1,000's in lost wages
- Outcomes may be uncertain, and surgery is not reversible

### Get Your Life Back Today!

"If you suffer from sciatica, severe back or neck pain, you can find relief! If you are serious about getting your life back and eliminating your back and neck pain, my staff and I are serious about helping you and proving how our technology and experience can help. We are extending this offer to the first 30 callers. These spaces fill up quickly, so call today to reserve your spot."

**Lose 20 lbs. in 40 Days!**

Now Only \$399  
Normally \$599

Call For a FREE Weight Loss Consultation!

Limited to the first 20 callers



**Call 931-393-2401 Now**

# Tullahoma Chiropractic & Medical Center

Check Us Out  
On Facebook!

1940 N. Jackson St. (Next to Ruby Tuesday) • Tullahoma, TN 37388

**tennstem.com**

## Calendar of Events

### Essential Oils For Spring

March 8 • 6:00 P.M.  
Lewisburg Recreation Center, Lewisburg  
For more info: 931-993-8787

### World of Outlaws Late Model Series at Duck River

March 8 • 7:00 P.M.  
Duck River Raceway Park, 1100 Haskins Chapel Road, Lewisburg

### Victory Fun Park Re-Opens For The Season

March 9 • 12:00 P.M.  
Victory Fun Park, Lewisburg  
For more info: 931-422-5450 or victoryfunpark.com

### Belfast Lions Club Chili Supper

March 9 • 5:00 P.M.  
450 Belfast Farmington Rd, Belfast  
For more info: 931-276-2255

### K-Pop Club

March 9 • 2:00 P.M.  
Marshall County Memorial Library - 310 Old Farmington Road, Lewisburg  
For more info: 931-359-3335

### Church On The Street

March 9 • 4:00 P.M.  
HOPETown, Connelly Dream Center, Lewisburg

### Red Cross Lifeguard Training

March 10 • 1:00 P.M.  
Lewisburg Recreation Center, Lewisburg  
For more info: 931-993-8787

### Run Club

March 10 • 2:00 P.M.  
Henry Horton State Park, Chapel Hill  
For more info: 931-364-222 or 931-364-7724

### Red Cross CPR Training

March 10 • 2:00 P.M.  
Lewisburg Recreation Center - 1551 Mooresville Hwy., Lewisburg  
For more info: 931-993-8787

### GSM March Madness

March 10 • 12:00 P.M.  
Grace Church of the Nazarene, 2302 Highland Avenue Columbia  
For more info: ray@columbiagrace.org

### Friends Of The Library Meeting

March 11 • 12:30 P.M.  
Marshall County Memorial Library, Lewisburg  
For more info: 931-359-3335

### Senior Center Needlework Group

March 11 • 2:00 P.M.  
Marshall County Senior Citizens Hardison Annex  
For more info: 931-359-1808

### Lewisburg Garden Club Meeting

March 12 • 1:30 P.M.  
Hardison Annex, Lewisburg

### Lewisburg City Council Meeting

March 12 • 6:00 P.M.  
131 E. Church St., Lewisburg

### Code Club For 4-8 Graders

March 12 • 4:00 P.M.  
Marshall County Memorial Library, Lewisburg

### Pickle Ball

March 13 • 6:00 P.M.  
Lewisburg Recreation Center, Lewisburg  
For more info: 931-359-2482

### Veterans Outreach Program

March 13 • 7:00 P.M.  
Church St., Church of Christ, Lewisburg  
For more info: 931-808-0676

### LaLeche League

March 14 • 10:30 A.M.  
First Presbyterian Church, Lewisburg  
For more info: 931-359-3918, 931-637-5810 or annamay1955@yahoo.com

### AYCE Fish Fry

March 15 • 4:00 P.M.  
St., John Church, Lewisburg

### Chili Cook Off & Silent Auction

March 16-17 • 4:00 P.M.  
United Methodist Church, Chapel Hill

To place your non-profit events on the calendar, email [events@exchange-inc.com](mailto:events@exchange-inc.com)

Deadline for events is Friday at 2:00 P.M.