

March 2019

Vitality

YOUR MONTHLY GUIDE TO AGING WITH
GRACE, PURPOSE AND WELL-BEING

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ballroom dancing

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Seniors find zen
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On the cover: Ballroom dancing has much to offer older adults.

PHOTO BY DAVID DALTON — FOR MEDIANEWSGROUP



VITALITY

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SENIOR LIVING MACOMB COUNTY

Centerline Towers: 8033 10 Mile, Centerline, 48015

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Macomb County Seniors: 21885 Dunham, Clinton Twp, 48036

Pine Ridge Assisted Living: 36333 Garfield, Clinton Twp, 48036

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Clinton Twp Senior Center: 40730 Romeo Plank, Clinton Twp, 48038

Heritage Senior Place: 15430 18 Mile/Hayes, Clinton Twp, 48038

Eastpointe City Rec: 16435 8 Mile, Eastpointe, 48021

Fraser Senior Center: 34935 Hidden Pine, Fraser, 48026

Tucker Senior Center 26980 Ballard, Harrison Twp, 48045

Macomb Senior Center: 19925 23 Mile, Macomb Twp, 48042

Mt Clemens Library: 150 Cass, Mt. Clemens, 48043

New Baltimore Library: 36480 Main, New Baltimore, 48047

Romeo Park and Rec: 361 Morton, Romeo, 48065

Roseville Senior Center: 18185 Sycamore, Roseville, 48066

Roseville Library: 29777 Gratiot/Common, Roseville, 48066

Shelby Senior Center: 51670 Van Dyke, Shelby, 48316

Sunrise Assisted Living: 46471 Hayes, Shelby, 48315

Utica Senior Residence: 7650 Greeley, Shelby/Utica, 48317

St Clair Shores Library: 22500 11 Mile, St. Clair Shores, 48081

SCS Parks and Rec: 20000 Stephens, St. Clair Shores, 48080

Sterling Heights Senior Center: 40200 Utica, Sterling Heights, 48313

Henry Ford Medical: 3500 15 Mile Rd/Ryan Rd, Sterling Heights 48310

Andreas Rest: 12/Bunert, Warren 48088

Warren City Hall: 29500 Van Dyke between 12 & 13, Warren, 48093

Warren Community Center: 5460 Arden, Warren, 48092

OAKLAND COUNTY

Auburn Hills Senior Center: 1827 N. Squirrel, Auburn Hills, 48326

Orion Senior Center: 21 E. Church, Orion Charter Twp, 48362

OPC Rochester: Letica Rd, Rochester, 48307

Troy Senior Center: 3179 Liver-
nois, Troy, 48084

MONEY & SECURITY

Ask the Financial Doctor: Does Michigan tax Social Security benefits?

Q: I have about \$11,000 of medical expenses for 2018 that were not covered by my health insurance company. Can I deduct the \$11,000 on my income tax form?

A: There are two hurdles before you can deduct any medical dollars. First, the medical expenses must exceed the threshold of 7.5 percent of your adjusted gross income (AGI) and second, schedule A (itemized deductions) has to be greater than your standard deduction.



Richard Rysiewski

Q: Is the annual gift rule \$14,000 or \$15,000?

A: For 2017 it was \$14,000 and for 2018 it is \$15,000. You can gift up to \$15,000 annually to any person without triggering a gift tax. If you are married and your spouse is in agreement, you can double the annual gift to \$30,000. You do not get a deduction and the recipient does not declare the gift as taxable income.

Q: What is the surviving spousal Social Security benefit?

A: Assuming that the surviving spouse did not take any early Social Security benefit, the widow or widower at full retirement age (FRA) will receive 100 percent of the deceased's benefit. If a spouse passes away and was receiving \$1,200 per month then the surviving spouse will receive \$1,200 per month.

Q: What is the standard deduction and personal exemption amounts for the tax year 2018?

A: For 2018 the personal exemptions are eliminated. The standard deduction is \$12,000 (single filer), \$24,000 (joint filer) and \$18,000 (head of household). Additionally, you can add \$1,300 per person over age 65 or \$1,600 if unmarried and not a surviving spouse.

Q: How does Michigan tax Social Security benefits?

A: Michigan is a friendly state and does not tax Social Security benefits.

Q: My neighbor has deposited money in Ally bank and is earning 2.2 percent. I am considering depositing some money but I am worried about the safety of my principal. How safe is Ally bank?

A: Ally bank is federally insured (FDIC) up to \$250,000. Ally bank is the successor of GMAC bank. When GM filed for bankruptcy in 2009 all the depositors of GMAC bank never lost a penny and were automatically converted into Ally bank deposits.

Q: My husband passed away 5 years ago and I recently discovered three stock certificates titled only in his name. How do I change the ownership of the stock certificates?

A: To change the title of a stock certificate owned solely by a decedent, you have to go to probate court. If the property was jointly owned, send a letter of instructions together with a death certificate to the transfer agent to reissue new certificates.

Q: I have five IRAs and will be 71 in July, 2019. When do I have to take my first distribution? Do I have to take a distribution from each IRA?

A: You will be 70½ in 2019 and your first required minimum distribution (RMD) must be taken by 4/1/2020. A second RMD must be completed by 12/31/2020. Optionally, you could take your first RMD in 2019. The RMDs can be taken from one IRA or all the IRAs. If the total RMDs are \$10,000, you can take \$10,000 from one IRA or any combination of IRAs. If one of the IRAs is a decedent IRA then you must treat that IRA separate from the other IRAs. The RMD of a decedent IRA can only come from the decedent IRA.

Submit your tax and finance questions to Richard Rysiewski, Certified Financial Planner, at Richard Rysiewski, Financial Doctor, 3001 Hartford Lane, Shelby Twp., MI 48316 or call (248) 651-7710.

Brian J. Kurtz

AIP Financial Services, Inc.



Radio Show Host Since 1999 • Estate Planning Columnist Since 1994
Published Author of "Getting The Most Out of Your Savings Bonds" (June 2004)

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SOCIAL & WELL-BEING

Great books to heat up your spring

Local librarian recommends reads from several genres

By **Debra Kaszubski**
For *MediaNews Group*

There's nothing like curling up with a good book and a warm cup of coffee when it's cold outside. And

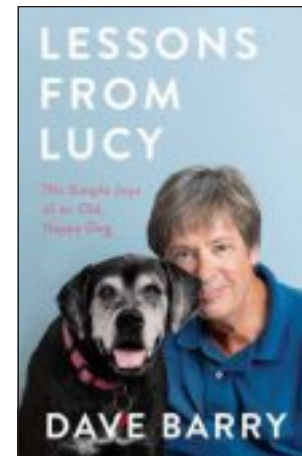
since it's still early spring in Michigan, chances are good it's still sweater weather.

Local librarian Mary Rapas from the Harrison Township Public Library offers some of her fa-

vorite fiction and non-fiction titles that should help brighten up spring for readers at least. Here's a few of her favorites, in no particular order:

• **"Motherless Brooklyn" – by Jonathan Lethem**

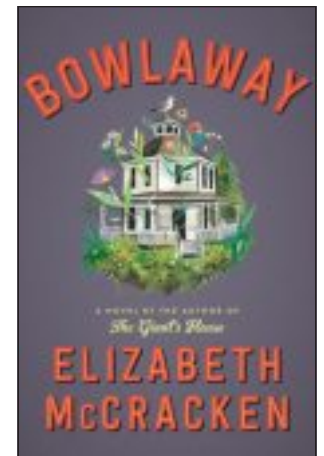
This unpredictable whodunit comes with a dose of humor, compassion, and suspense. Lionel Essrog is an orphan with Tourette's syndrome who is recruited with a few other orphans to work for Frank Minna, a small-time mobster. Minna becomes the world to them, so when he is murdered, Lionel attempts to find the killer. "You don't have to like jokes or appreciate word scrambles to enjoy this book, but if you do, you will love the author's skill in weaving together words in funny, surprising combinations," Rapas said. "This is an older title, but you can get ahead of the game by reading it before the movie



adaptation is released later this year."

• **"Lessons from Lucy: The Simple Joys of an Old, Happy Dog" –by Dave Barry**

If winter has given you the blues, take a look at this forthcoming book by Dave Barry. The Pulitzer Prize-winning humorist, made



famous for his newspaper columns and books with titles like 'I'll Mature When I'm Dead', has written a collection of seven simple lessons he learned about aging from his 7 year old rescue dog, Lucy. You don't have to be a dog lover to appreciate the gentle sentiments of this book, which also has Barry's trademark, off-the-hook

BOOKS » PAGE 22

ATTENTION ORGANIZATIONS GROUPS & CLUBS

Send in your information for meetings, seminars, events and press releases for our monthly calendar. Our next edition will run Thursday, April 11, 2019.

Deadline is April 3, 2019

To be included in our next edition please Email to:

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**VITALITY
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Email: Joe Gray

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Subject Line: Vitality Community Calendar

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MONEY & SECURITY

Are new windows a good investment and other real estate questions answered

Q: I just started to read your column a few months ago and I'm not sure if you have already answered this question. I'm buying a condo and am curious if there is any way to know if the association fee will increase?

A: Welcome, glad to have you as a reader. Not everyone goes through the same thing in life at the same time so questions do repeat and that's why I'm here. It's been a couple years since I covered this topic so here it is. Eventually all monthly association fees will go up. It's just a matter of when and if the fee will go up a little or a lot. In my opinion, what you can do is look at some obvious indicators such as the following: The association's financials; is there enough money in reserves or does it show them in the red? What is the condition of the roads and roofs? Do the exteriors have a lot of exposed wood that needs to be painted and replaced every few years or is the exterior mostly maintenance free with brick and siding? Is there a clubhouse and pool? How old is the development? While these items are not an extensive list of the factors that determine the monthly association fee they will give you a glimpse into the future. There are no guarantees with association fees except that they will go up.



Steve Meyers

Q: Our house needs new windows. We have gotten several bids from different companies with price differences of more than \$15,000. We probably will be selling in 5 years. Will one brand of windows get us more money for our house than another? We're not sure if we want to spend the extra money.

A: Windows can be a very personal thing. I am not a window expert and can only go by my own personal experience as a Realtor. The following is based on short term return on investment and not for someone planning to stay long term in their home. In my opinion and observation; Buyers when looking at homes, first are more interested in the age and condition of the windows than the brand. Appraisers are generally looking at the age and condition also. If the windows are in need of repair then the appraiser might lower the price of the property. If they're in good condition no adjustment in price.

If the windows are less than 5 years old sometimes the appraisers will bump the price up a little bit for the overall condition of the property, but nowhere near what you paid for the new windows; just a fraction. If you spend \$35,000 on windows versus \$20,000, you will not get \$15,000 more for your home. The more expensive windows may be more desirable for a Buyer and they may be willing to pay a little more for the property, but you will not see the cost recovered in the sale. I use to be a big fan of Glen Haege, America's Master Handyman (unfortunately he passed away). Glen use to say that "the best window is the one that is installed correctly" and "improperly installed; the most expensive window will make you unhappy."

Remember, windows are part of a home's physical deterioration/maintenance and have a lifecycle (life expectancy) just like roofs, furnaces, hot water heaters etc... Buyers expect that a house is going to be maintained. There are so many options available today to satisfy every homeowner's budget and taste. With all that said, that doesn't mean that you should install junk either just because it's cheaper. What if you end up staying longer than 5 years? Hmm...

▪ Market Update: January's update for Macomb County and Oakland County's housing market is no different than what we have been seeing; inventory down and prices up. Closed sales were down but pending sales were up. In Macomb County prices were up by more than 4 percent and Oakland County prices were up by less than 1 percent. Residential home/condo on market inventory was down. Macomb County's on market inventory was down by 8 percent and Oakland County's on market inventory was down by more than 7 percent. Average days on market have stayed about the same. Closed sales in Macomb County were down by almost 10 percent but Pending sales were up by almost 7 percent. Closed sales in Oakland County were down by almost 6 percent but Pending sales were up by almost 8 percent. (All comparisons are month to month, year to year.)

Steve Meyers is a Realtor at RE/MAX Metropolitan in Shelby Twp. and is a member of the RE/MAX Hall of Fame. Contact him with questions at 586-997-5480 or at Steve@AnswersToRealEstateQuestions.com You can also visit his website: www.AnswersToRealEstateQuestions.com.

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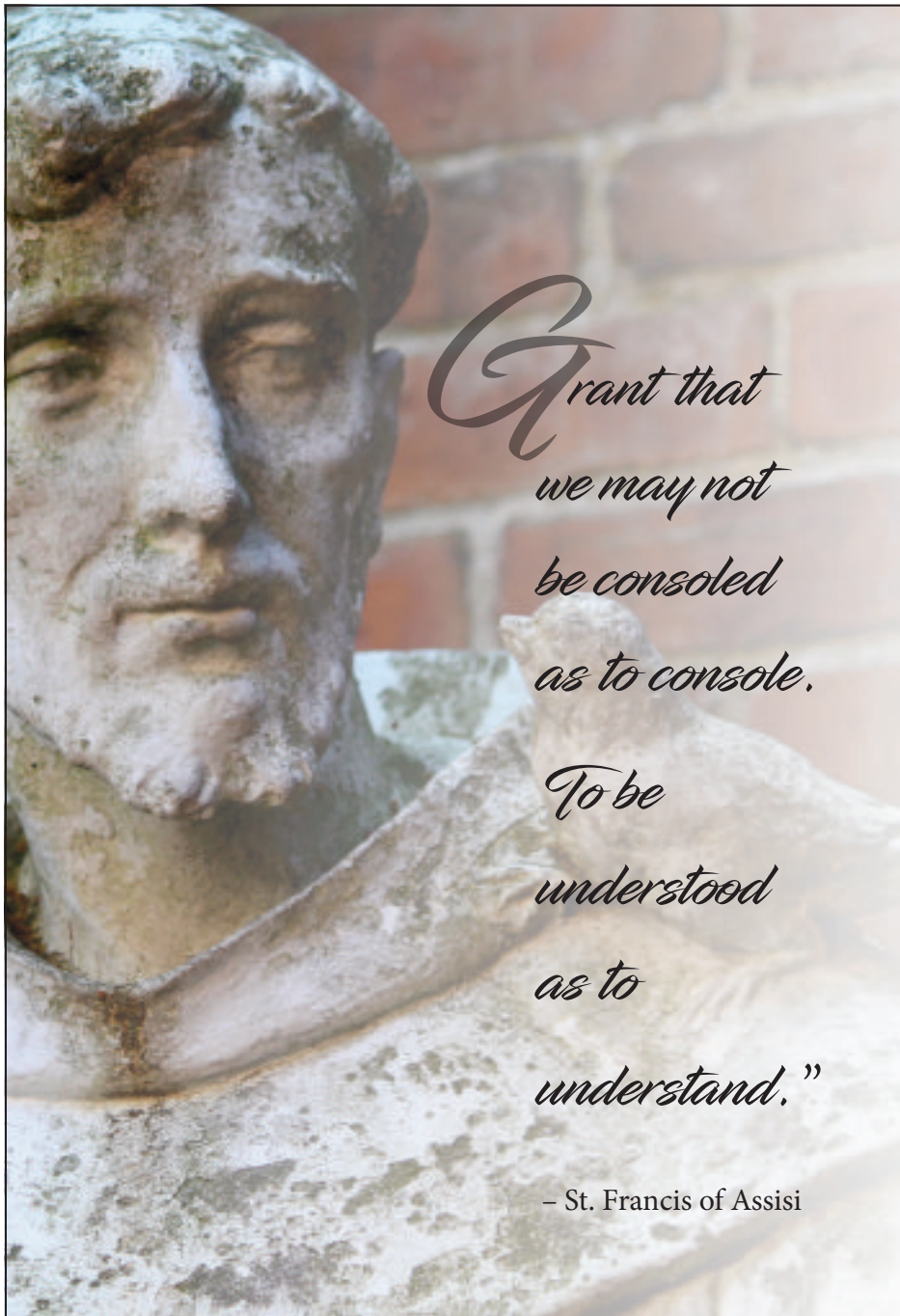
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***Please note NEW ADDRESS**

HEALTH & FITNESS

New wellness program encourages mindful aging

By Debra Kaszubski

For MediaNews Group

For some older adults, just a few small changes may be all they need to live happy and healthy through their senior years. The Aging Mastery Program (AMP) is a class designed to provide them with tools to achieve success.

AMP is a 10-week workshop offered through the Area Agency on Aging 1-B that encourages individuals to set personal goals around many aspects of their lives, including: exercise, nutrition, finances, medication management, advanced care planning, community engagement, and healthy relationships.

Participants create their own plan for aging well by developing attainable goals, sustainable behaviors, and strengthening ties to the community.

"The program philosophy is that small lifestyle changes can produce big results that will cultivate health

and longevity," said Jeannine Magowan, training coordinator for Wellness Programs at AAA 1-B.

The program incorporates evidence-informed materials, expert speakers, group discussion, peer support, and small rewards to achieve measurable improvements in the management of their health, economic security, and contributions to society.

"As life expectancy has increased over the years, the societal expectations of older adults have not changed much. People are less prepared for this increase in longevity," Magowan said. "This is where Aging Mastery becomes helpful to baby boomers and older adults. It guides them through this phase of life and provides them with the skills and tools."

Magowan said any older adult interested in learning to improve their health and well-being should attend the program.

Since AMP was developed in 2013 by the National Council on Aging,

more than 6,000 older adults nationwide have participated, according to a 2018 study published in "Healthcare."

Participants demonstrated improvements in healthy eating, exercise, and medication adherence, communication with healthcare providers, and social connectedness within their communities. Over 90 percent of those in early studies completed seven of the 10 sessions of the program.

The next 10-week session takes place April 24 at the Costick Activities Center in Farmington Hills. It meets every Wednesday from 10 to 11:30 a.m. There is no cost, but donations are accepted. Participants are encouraged to attend each session. Several more sessions will be scheduled throughout 2019 in Macomb, Oakland, and other counties, Magowan said.

To learn more or find other programs, call or email the Area Agency on Aging 1-B (toll free) at 1-833-262-2200 or email wellnessprograms@aaa1b.com.



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SOCIAL & WELL-BEING

650 Players present 'Magic of the Movies: From Screen to the Stage'

By Debra Kaszubski
For MediaNews Group

From Dorothy's harmonious march down the Yellow Brick Road to the ominous "Jaws" theme, music shapes the way we view and remember movies. Relive some of your favorite on-screen songs April 30 - May 4 during the 650 Players presentation of "Magic of the Movies: From Screen to the Stage."

The production will feature tunes from cinema both old and new. "It's a sprinkle of a bunch of generations of movies. It's different genres performed in a bunch of different ways," said Taylor Johnson, director of the 650 Players.

The 650 Players are the Rochester Older Persons Commission resident performance troupe. They put on two shows a year; one in the spring and the other in the fall. They've been putting on shows at the OPC since the

center expanded to its current building in 2003.

The show, which runs about an hour and 45 minutes, will feature songs from "Mary Poppins," "Mama Mia" and more. Classics by Frank Sinatra and others will be highlighted as well. There's singing, dancing, and acting.

"I think it will be nostalgic for the audience because some of the songs are really old, but there is a good mix of modern and old songs," said Dianne Bubnar, of the OPC.

There will be about 20 performers in the show, which will be the first show under Johnson's direction. An accomplished performer herself, Johnson holds a bachelor's degree in acting and master's degree in theater education.

Besides directing shows and developing theater workshops for the OPC, Johnson works as theater director at Hazel Park High School and as an instruc-



PHOTO PROVIDED BY THE ROCHESTER OLDER PERSONS COMMISSION

The 650 Players present "Magic of the Movies: From Screen to the Stage" April 30 - May 4. There are about 20 performers in the show, all ages 50 and older.

tor at the 4th Wall Theater Company. She's especially thrilled to

direct senior performers in her newest role at the OPC.

"There's nothing better than seeing people do what they love most and actively living their dream," she said. "All these people want to do is perform and they love being on stage and dancing. It's wonderful to support people doing something they love."

Oxford resident Sherry Resign is a member of the 650 Players who said she's excited to perform. "This is the first group I worked with since high school. There's just so much enthusiasm and I think that's obvious on stage," she said.

Tickets are on sale for the show, which is set for noon on April 30 and May 1-3 (includes lunch) and on May 4 at 1 p.m. Tickets cost \$15 for the lunch and performance or \$10 for the show only. The show is sponsored by Modetz Funeral Homes. The OPC is located at 650 Leticia Dr. in Rochester. Call 248-608-0251 for tickets.



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MONEY & SECURITY

Experts say plan ahead for long-term care expenses

By Debra Kaszubski
For MediaNews Group

Benjamin Franklin once said: "By failing to prepare, you are preparing to fail." That's good advice that applies to just about every aspect in life, especially when it comes to saving for retirement and other expenses as you age. But what about long-term care? Should you prepare if you need nursing home or assisted living care?

The cost of long-term care keeps going up and many Americans incorrectly believe that the government will cover most or all of it, according to a report by the Genworth Fi-

nancial (a provider of long-term care insurance, among other things).

For nursing home care, the costs could easily reach \$100,000 a year or higher. This is a 50 percent increase since 2004. Home health care is expensive as well, with a cost close to \$50,000 a year. Unfortunately, that doesn't mean you or your loved one would be covered round-the-clock with an aide. Rather, that's the median national price for 44 hours per week.

Seventy percent of people 65 and older will need some type of long-term care eventually. The question becomes, who will pay this hugely expensive bill?

Genworth found that two-thirds of respondents expected government programs to cover all or part of the cost. Medicare does not cover nursing home care except for limited stays after a hospital admission of three days or more. Medicare does not pay for in-home care if it's not skilled nursing care. An individual must have \$2,000 or less in assets (\$3,000 for a couple) before he or she can be eligible for Medicaid.

The best way to manage these costs is to prepare financially, even if you don't think you need it, according to Merrill Lynch Financial Advisor Melissa Spickler, who has an office in Bloom-

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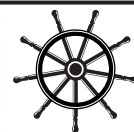
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field Hills.

People in their 50s should look into long-term care insurance, Spickler said, because the older you get the greater chance you might not be eligible for coverage. “The number one way to combat and offset these expenses going forward is to at least see if you qualify for long-term care (insurance),” she said.

Still, long-term care insurance is expensive, and many people may not qualify due to age or health. That’s why Spickler suggests clients save for three different buckets: a bucket for living expenses, a bucket for retirement, and a bucket for healthcare expenses. The healthcare expense bucket should be used for anything healthcare related, including long-term care.

Furthermore, she suggests older adults research the assisted living and skilled nursing home options in their communities so they have an idea of what’s nearby.

“Keep a notebook of prices and availability in your town in case you are rushed into something because you never know,” she said. “As uncomfortable as it is to talk about, you should write everything down. You don’t want to be depending on anyone else to answer the questions that are going to come up. It’s always better to be prepared.”



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HEALTH & FITNESS

Get moving: Try ballroom dancing to stay active

By **Debra Kaszubski**
For *MediaNews Group*

Andree Lux considers salsa dancing the gift she gives herself. Lux, 50, of Grosse Pointe, is a retired professional dancer and choreographer who still feels the need to move, so she takes ongoing dance lessons at Argentine Tango Detroit in Utica.

Lux is among a growing number of adults age 50 and older who are taking to the dance floor. “We know scientifically that dance has so many benefits. If you combine learning something new, music and the connection with another person, this is all essential for good health,” she said.

Ballroom dancing has

much to offer older adults. It builds strength and endurance, develops balance and helps stave off dementia. “There are so many benefits all around, but it also benefits your soul as well. You feel good and you’re happy,” said Amanda Accica, who owns Argentine Tango Detroit along with her husband Daniel Moreno.

In addition to providing physical exercise, dancing can offer other dividends including inter-generational, cultural and geographical connections. Dancing appears in The National Institute of Aging’s lists of activities that can help older adults stave off or combat osteoporosis, arthritis and even Alzheimer’s.

Ballroom, in particular has its benefits. Argentine Tango is a sensual style of dance involving a man and woman who express romance through their close, synchronized movement. It has been featured on the television show “Dancing With the Stars,” and in movies such as “Mr. & Mrs. Smith” and “True Lies.” Tango dancers need agility, flexibility and strength.

Rebekah Brown is hooked as well. The Fort Gratiot resident drives around 50 miles one way four days a week to attend lessons at the downtown Utica studio. “I just love it,” she said. “Before I came here six years ago I had never danced a day in my life.”

Accica said a large num-

ber of dancers at Argentine Tango Detroit are older adults who seek to learn to dance for any number of reasons. Sterling Heights resident Wayne Graham, for example, takes a salsa class so he can dance when he visits Aruba, he said. And St. Clair resident Joni Chung takes lessons because the style of dance is the most challenging to learn.

“I love to dance and I love tango. It’s romantic, smooth and beautiful. It’s also very hard,” she said.

Classes at Argentine Tango Detroit are geared for all levels, with sessions for beginning all the way to advanced dancers. Private lessons are offered as well.

Accica and Moreno are accomplished dancers, having earned the title of 2016



PHOTO BY DAVID DALTON — FOR MEDIATEWS GROUP

A large number of dancers at Argentine Tango Detroit are older adults who seek to learn to dance for any number of reasons.

USA Tango Champions. They’re hoping to attend the World Tango Championship in Buenos Aires this summer.

Argentine Tango Detroit is located at 7758 Auburn Road in Utica. Call 586-254-0560 or visit argentinetanogodetroit.com.



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Argentine Tango Detroit is at 7758 Auburn Road in Utica.



Private lessons are offered at Argentine Tango Detroit as well.



Instructor Yelena Murray dances with Sterling Heights resident Wayne Graham at Argentine Tango Detroit.

PHOTOS BY DAVID DALTON — FOR MEDIANEWS GROUP

Argentine Tango is a sensual style of dance involving a man and woman who express romance through their close, synchronized movement.

Life is unpredictable and full of ups and downs. So if you need to downsize, want to relocate to a warmer climate or are ready to move into a senior living community, chances are you don't want to wait.

Jennifer Avery understands. As manager of New Hope Homes, a real estate solutions company based in Oakland and Macomb counties, she works with people every day who need to sell their home quickly. It doesn't matter if the property is in need of major repairs or homeowners are trying to avoid foreclosure, New Hope Homes can help.

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Avery talks with homeowners about their goals before looking at the property. All offers are confidential with no obligation. Even if she is unable to purchase the home, she is happy to make referrals to others who can assist. "We care about people and want all deals to be a win-win situation," she said.

The advantage of a cash offer from a direct buyer is a smoother, faster transaction without the hassle of waiting for and negotiating with a potential buyer. Avery can also tailor the timeline of the transaction to best meet the needs of the seller.

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SOCIAL & WELL-BEING

Seniors find zen through coloring

By Debra Kaszubski

For MediaNews Group

When Donna Phinney starts to color she said her thoughts empty and her focus turns to what color pencil she should use next. "It's like all my worries of the day just fade away when I color," she said.

Phinney was one of many seniors enjoying almost a zen-like experience recently at the Shelby Township Senior Center during their weekly "Cookies and Coloring" session. The free class is open to members of the center, and includes coloring pages, color pencils and sugary treats. "It's so relaxing and it's good for you to keep your brain active," said Shelby Township resident Brenda Moran, who sat across from Phinney.

Coloring is simple — pretty much anyone can do it. And that's part of its appeal. But many adults haven't colored in decades, including Luda Bakunovich of Sterling Heights, who said she hasn't colored since kindergarten. "But here I am, coloring again," she laughed. "That's OK because I'm having so much fun and I'm out of the house, talking to people."

The adult coloring craze, which started about four or five years ago, seems to be going strong, with many adults participating in similar sessions at other facilities and community centers. Stores such as Barnes & Noble stock displays of books filled with coloring pages for adults.

Not since scrapbooking has a creative hobby generated so much buzz. And everyone seems to be jumping on the bandwagon. Crayola sells Color Escapes Adult Coloring Kits, Garden Edition, including 50 colored



JoAnne Schatke of Macomb Township had this page in a portfolio of completed colorings.

pencils, 12 watercolor color pencils, 12 coloring pages for less than \$12 on Amazon.

Although relaxing, there are other ways to describe the allure of adult coloring pages. Alex Perruzzi, vice president of gifts for Barnes & Noble, puts it this way: "People want to get away from the digital world and their crazy lives. Coloring is a great way to relax."

Sales of coloring books and art supplies continue to do well, he said. And as demand for adult coloring pages grows, publishers are coming forward with books that appeal to all sorts of interests.

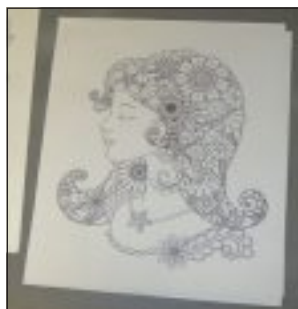
Some of the most popular titles, in no particular order, are:

- Christmas to Color
- Lost Ocean: An Inky Adventure and Coloring Book
- Mandala Meditation Coloring Book
- Secret Garden: An Inky Treasure Hunt and Coloring Book
- Animal Kingdom: Color Me, Draw Me (Millie Marotta Adult Coloring Book Series)
- Tropical World: A Coloring Book Adventure (Millie Marotta Adult Coloring Book Series)
- Color Me Calm: 100 Coloring Templates for Meditation and Relaxation
- Animorphia: An Extreme Coloring and Search Challenge
- Secret New York: Color Your Way to Calm



PHOTOS BY DEBRA KASZUBSKI / FOR MEDIATEWS GROUP

Nancy McNeely of Washington Township starts a spring themed coloring page.



The Shelby Township Senior Center provides free blank coloring pages and colored pencils to use for those who don't have supplies.

Cookies and Coloring takes place every Thursday at 10 a.m. at the Shelby Township Senior Center. Although coloring is free, you must be a member of the center to participate. Call 586-739-7540.

Next Avenue contributed to this report.



The Cookies and Coloring group meets weekly at the Shelby Township Senior Center.



Photos by Debra Kaszubski / For MediaNews Group
Donna Phinney of Shelby Township said she gets lost in thought when she colors.



Brenda Moran of Shelby Township colors because she said it's relaxing.



Macomb Township resident JoAnne Schatke shows her completed coloring pages.



One of Shelby Township resident Douglas Kann's many detailed colorings.



Douglas Kann of Shelby Township works on intricate coloring pages with a lot of detail. He said one page may take several days, but he enjoys working on them.

CAREER & EDUCATION

How to find a great part-time job in retirement

By **Debra Kaszubski**
For *MediaNews Group*

When Hal Fredericks retired from his job at Pfizer in 2007, he filled his time like many retirees. He went to the gym, traveled, and volunteered at an elementary school, food pantry, and a senior center. He loved what he was doing, but these activities weren't enough. "I love my wife dearly, but I don't think she would want to spend 24/7 with me," he said.

So Fredericks, of Rochester Hills, did what a growing number of retirees are doing lately, according to a recent study by Indeed.com. Almost nine years ago, he started driving a shuttle bus for the Rochester Older Persons Commission. He said he's loved every minute of it.

"I'm a mini bus driver and I dispatch three days a week. I work about 25 hours and it's the perfect amount of time," he said. "We pick up handicapped people and the elderly from

Rochester, Rochester Hills and Oakland Township and take them anywhere they want to go."

Fredericks drives wheelchair-bound and many other people to hair and doctor appointments, the store, the movies, the OPC, and many other places. It costs only \$2 each way for riders, so the lift is an affordable alternative for those in need. The mini bus does not leave the three communities served by the OPC.

"This is such a Godsend to so many people. It's a wonderful service and for me it's really rewarding," he said. "I like being on the road and I like talking to people and getting to know them."

Since so many older Americans are working longer, the website Indeed.com conducted a study last year to identify the most clicked-on second act jobs by Americans 62+ and the most heavily-searched part-time jobs.

The most frequent searches for part-time work were for driving jobs, including shuttle driver, like Fredericks. Also

popular were van and bus drivers. Even medical jobs such as telemedicine physician (doctors who provide clinical health remotely) were popular.

While healthcare jobs are always plentiful for those seeking part-time work, there are other sectors with plentiful part-time postings, according to Indeed, including:

- Retail jobs. Sale associate, cashier, merchandiser, retail assistant manager and ambassador
- Hospitality jobs. Bartender, event specialist, hostess, front desk agent and receptionist
- Teaching jobs. Teacher, tutor and instructor

Along with Indeed, the AARP lists jobs on their website. Like Indeed, there were a number of postings for retail and hospitality jobs. Call-center customer-service jobs are also popular options for retirees.

Next Avenue contributed to this report.

TIPS TO JUMP-START A PART-TIME JOB SEARCH

Here are five tips to help you jump-start your search for a part-time job in retirement:

- Reach out to your former employers and colleagues. That's one of the best ways to find interesting and lucrative part-time opportunities. They might have, or know about, an ideal part-time, consulting or project job. Or they could suggest other opportunities.
- Volunteer. Sometimes, unpaid volunteering can lead to a paid part-time position in retirement. Those who prove to a nonprofit that they have the right skills and attitude will be top of mind if a paid position becomes available.
- Search the 50+ job boards. Three worth a look: The AARP jobs board, Retirementjobs.com and Retired-brains.com.
- Use job boards that specialize in part-time, seasonal and flexible jobs. Coolworks.com is a great site for finding seasonal employment at places like the National Parks, ski resorts or fishing lodges. FlexJobs.com specializes in jobs that let you work remotely or on your own schedule (there is a monthly fee to gain full access to listings) and has useful articles including the recent post, Top 30 Companies for Work-From-Anywhere Remote Jobs in the U.S.



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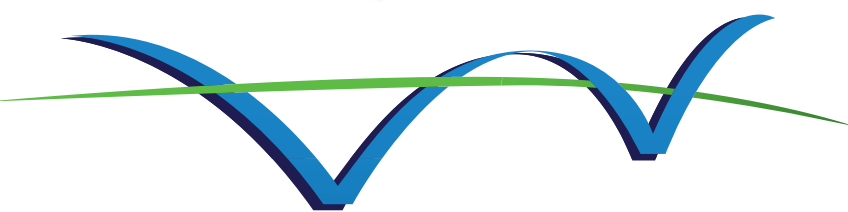
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Books

FROM PAGE 4

humor. “If you happen to be a dog or cat lover, come to the Harrison Township Public Library on Saturday, March 16 at 1pm, when the Humane Society of Macomb will visit the library to tell us about their jobs rescuing animals,” Rapas said.

• “Bowlaway”—by

Elizabeth McCracken

This is the sleeper hit of the spring. It’s a whimsical saga of a New England family, but it centers around an unlikely venue—a bowling alley. Bertha Truitt, who will become the family matriarch, is discovered unconscious in a cemetery with only a bowling ball and a few other items as her possessions. She ends up marrying the doctor who revived her, and then

she establishes a bowling alley in town. When she is killed in the Great Molasses Flood (which, believe it or not, was a real event in 1919), she leaves behind mysterious relatives, hidden wills, and strange treasures, all of which are revealed in this unconventional tale of a family.

• “Say You’re Sorry”—by Karen Rose

Start fresh with the first book of a new series about a sexy male FBI agent and a female radio personality who team up to find a serial killer. When she fights off an attacker, Daisy Dawson grabs a locket from his neck, which leads investigators to a cult. Gideon Reynolds, an FBI agent with a haunting past, had escaped from the same cult as a 13-year-old, and together he and Daisy attempt to track down the killer before the killer finds Daisy again and adds her to his list of victims. Fans of

romantic thrillers will find themselves eagerly waiting for the next installment of the series, Rapas said.

• “Before She Knew Him”—by Peter Swanson

When an artist named Hen and her husband move to the suburbs and visit their neighbors, Hen discovers something on a shelf that points the neighbors to an unsolved murder that Hen used to be obsessed with. No one believes her, and Hen begins to stalk the suspected killer with shattering consequences. This psychological thriller promises to keep you up reading long into the night.

• “The World According to Fanny Davis: My Life in the Detroit Numbers”—by Bridgett M. Davis

The ‘numbers’ in the title of this book refers to the pre-

lottery days of Detroit. Betting was a tough business dominated by outlaws, but one Detroit woman began her own secret business running numbers to support her family. This memoir, written by her daughter, is a tribute to a woman who created a loving and secure family life for her children despite the odds.

• “Lost Children Archive”—by Valeria Luiselli

The author’s experience as a translator gives this novel a powerful perspective as she relates the story of an unnamed New York family’s road trip across America. As the parents drive, a crisis unfolds both inside and outside their car windows, culminating in an urgent climax that will make you think about justice and equality in America today. This isn’t a quick read, but it is getting rave reviews as a timely, original retelling of the classic American Road Trip.

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SOCIAL & WELL-BEING

Play games for better health, experts say

By Debra Kaszubski
For MediaNews Group

Most people have fond memories from their childhood of playing their favorite board games or card games. But even well into adulthood, those same old

games can be just as fun and beneficial.

There are ample opportunities to play and learn card games at senior centers in Macomb and Oakland counties, with many offering the chance to play pinochle, bridge, and rummy.

Even Canasta, a popular card game in the 1950s, is making a comeback in popularity among seniors.

Card games are a great way to spend leisure time, especially for people who aren't as physically healthy as they used to be.

Andrew Budson, a cognitive behavioral neurologist and author of several books including, "Seven Steps to Managing Your Memory," said: "Many older adults have trouble with hips, knees, backs, shoulders and other joints. That may prevent you from skiing, hiking, golfing, or playing tennis, but it won't impair your ability to play a card game."

Many seniors have more free time and begin looking for new activities. "Older adults no longer have the work and other routines that provide built-in socialization like they did when they were younger. Having a regular card game once a week provides regular interpersonal interaction that, as social animals, we all need

and enjoy," Budson said.

But, what if card games aren't your thing? Can you achieve the same physical, psychological and social effects through other type of game play?

"Absolutely," said Dr. Alex Steinbock, a neurologist with McLaren Macomb. "If you look at the research and data, there's an approximately 15 percent reduction in the development or the diagnosis of dementia for people that play video games." That's right, video games, including the same online and gaming consoles (Nintendo Switch, Microsoft Xbox One, etc.) popular among children and teens.

"Studies show that video games are especially helpful because they're targeting different areas of the brain when stimulated," Steinbock said. "It's pretty much every lobe of the brain when you play a video game. Those could be the best."

Although Steinbock

doesn't have any specific video games in mind, he said anything that has bright colors, numbers and repetitive patterns are the best. And he suggests getting online and playing with others to help socially.

Playing cards, video games and board games is not only fun, it's also good for mental and emotional health. Getting involved in a game can help people take their mind off of other issues.

"A lot of research has recently shown that when people become lonely and isolated they do much worse in all aspects of life — but particularly the emotional aspects," Budson said. "Older adults — like all of us — do best when having frequent social interactions. Playing games with others is one way to engage in regular social activities."

Next Avenue contributed to this report.

Next Issue of Vitality

will be on

THURSDAY
April 11, 2019



B

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Calendar of activities, events and trips

To submit information for the calendar, email jgray@digitalfirstmedia.com.

March

March 15: The Luck of the Irish luncheon. Join us for a wearing of the green and an afternoon of good eats, friends, laughter and fun. Wear green. Doors open at 10 a.m. and lunch will be served at 11 a.m. Washington Center, 57880 Van Dyke, Washington. \$6; NR \$7.

March 15: The public is invited to the Friends of the Chesterfield Township Library Used Book Sale. Find a wide variety of books, DVDs and VHS tapes, and CDs to purchase. The Used Book Sale is set for Friday, March 15, from 10 a.m. - 4 p.m., and Saturday, March 16, from 10 a.m. - 3 p.m. The library is located at 50560 Patricia Street. Call 586-598-4900, or go to www.chelibrary.org.

March 17: Day Trip To Saganing & Soaring Eagle. Gaming time at both casinos. Receive up to \$60 casino money-food. Only \$49. Call 586-770-5899.

March 18: New Sci-Fi/Fantasy Book Club at the Eastpointe Memorial Library, 15875 Oak, at 6:30 p.m. "Children of Blood and

Bone" by Tomi Adeyemi. Book is available at the circulation desk. For more information, call 586-445-5096 or visit cityofeastpointe.com.

Mar. 19: Join us at the Mount Clemens Library on Tuesday, March 19 from 5 to 9 p.m. for an open work session on scrapbooking, card making or whatever inspires you. Work on your own projects or learn a new technique. This month we are featuring a free drop-in Cricut demonstration on cutting vinyl. Bring your favorite stainless steel or plastic tumbler and make a vinyl decal to decorate it! Pre-registration is requested. The library is located at 150 Cass Ave. Call 586-469-6200 or go to www.mtclib.org.

March 19: Do you have a new phone or device that you cannot figure out? Visit the Chesterfield Township Library on "Techie Tuesday", March 19, from 11 a.m. - 1 p.m., and the library will assist you. Learn how to download eBooks on your phone, work with your tablets, use Microsoft Office and Word, Internet basics, computer basics, social media, email, and more. Bring your questions. Pre-registration is not required, just drop by. The library

is located at 50560 Patricia Street. Call 586-598-4900 or go to www.chelibrary.org.

March 19: RHGS Program, The Dug Outs, Music of World War I at 6 p.m. at the Roseville Public Library at 29777 Gratiot Avenue, Roseville, Erin Auditorium. For more information, visit rosevillelibrary.org and or call 586-445-5407.

Mar. 19: Did you know that coloring can be an effective way to relieve stress? Join us at the Mount Clemens Library on Tuesday, March 19 from 5 to 9 p.m. to relax and unwind. Bring your own pencils and coloring pages or use ours; light refreshments will be provided. Pre-registration is requested. The library is located at 150 Cass Ave. Call 586-469-6200 or go to www.mtclib.org.

Mar. 20: Spring into coloring at the Mount Clemens Public Library! Join us for a fun and relaxing day of coloring on Wednesday, March 20 from 2 to 4 p.m. Supplies will be provided and pre-registration is not required. The library is located at 150 Cass Ave. Call 586-469-6200 or go to www.mtclib.org.

March 21: Book Club for Adults at the Eastpointe Memorial Li-

brary, 15875 Oak, at 6:30 p.m. "A piece of the World" by Christina Baker Kline. Book is available at the circulation desk. For more information, call 586-445-5096 or visit cityofeastpointe.com.

March 21: Adult Trivia Night at 6 p.m. at the Roseville Public Library at 29777 Gratiot Avenue, Roseville, Erin Auditorium. Registration required. Love trivia? Come and test your knowledge against others in 6 rounds of questions. But trivia is more fun with a team. Bring your friends and sign up a group of 4. Don't have a group? We'll place you in one. For more information, visit rosevillelibrary.org and or call 586-445-5407.

March 21: The nonfiction book discussion group "Real Reads" will meet on Thursday, March 21, from 6:30 - 7:45 p.m., at the Chesterfield Township Library. The group will discuss the book "The Girls of Atomic City: The Untold Story of the Women Who Helped Win World War II" by Denise Kiernan. The group always welcomes new people to join the discussion. Pre-registration is not required. Copies of the book are available for checkout at the library checkout desk. Pick up a copy and join the discussion. The

library is located at 50560 Patricia Street. Call 586-598-5900, or go to www.chelibrary.org.

March 23: Attend a public meeting to share input on features for a new library. The meeting is set for Saturday, March 23, from 10 a.m. - 11 a.m., at the Chesterfield Township Library. Residents of the township are invited to share suggestions for features to include in the new library site-specific design. In November 2018, the Library Board purchased 5.698 acres of vacant land for the purpose of building a new library. Pre-registration is required. The library is located at 50560 Patricia Street. Call 586-598-4900, or go to www.chelibrary.org.

March 25-27: Escanaba Island Resort. 2 night stay at the Beautiful Island Resort & Casino. Then, 1 night at Kewadin Sault Ste. Marie Hotel & Casino. Stops at other Kewadin Casinos. Receive at least 70 casino money - food and one breakfast buffet. First-timers receive an extra \$30 from island. Indoor pool at both. Only \$189. Call 586-770-5899.

March 25: One More Page Mystery Book Club at the Eastpointe Memorial Library, 15875 Oak, at 2 p.m. "Cooking the Books" by

Kerry Greenwood. Book is available at the circulation desk. For more information, call 586-445-5096 or visit cityofeastpointe.com.

March 25: Trivia Contest with hosts, Sandie and Dan Baker at the Eastpointe Memorial Library, 15875 Oak, at 6:30 p.m. Sign up as a team or register individually. Feel free to come and watch. For more information, call 586-445-5096 or visit cityofeastpointe.com.

March 25: Attend the "History @ the Library" program set for Monday, March 25, from 6:30 - 7:30 p.m., at the Chesterfield Township Library. Join us as we celebrate the 25th anniversary of the Chesterfield Township Library by learning about the exciting local history of our community with an emphasis on the history of the library. Pre-registration is required. The library is located at 50560 Patricia Street. Call 586-598-4900, or go to www.chelibrary.org.

March 26: Lunch & Learn, Hospice 101. A educational presentation on Hospice 101 will inform you on the basics you need to know when making the difficult decision. Sournthern Care

CALENDAR » PAGE 27

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of Warren, MI**



**Alexis, Jack,
Olivia & Brielle**

**Proud Grandparents are:
Ed & Cindy Golda
of Warren, MI**

Calendar

FROM PAGE 25

will bring a registered nurse to help with some of the medical questions you may have. Lunch will be served as we discuss these topics from 11:30 a.m. to 1:30 p.m. at the Washington Activity Center, 57880 Van Dyke, Washington. No Charge.

March 27: Purple Martins will be featured at the March 27 meeting of the Clarkston-Area Backyards Birders Club. Naturalist Penny Briscoe and her husband, Rick, have been Purple Martin "landlords" for 34 years. During that time they have hosted the same long-standing colony on Barton Lake just south of Vicksburg in Southwest Michigan. All meetings are held on the last Wednesday of the month, at 7 p.m., at The Gateway Lifestyle Shops at 7150 N. Main Street, Village of Clarkston. The Club meets indoors in the atrium of at The Gateway in cooler weather and in warmer months moves outdoors onto the patio overlooking the gardens and park-like setting. Meetings are open to residents of north Oakland County, no reservations required. Meetings are cost-free

and knowledge about birds is definitely not required.

March 28: "Slow Flow Yoga" is set for Thursday, March 28, from 6:30-7:30 p.m., at the Chesterfield Township Library. The program is appropriate for all experience levels. Please bring a mat to class, if possible. Each participant is required to complete a liability waiver. Preregistration is required. The library is located at 50560 Patricia Street. Call 586-598-4900, or go to www.chelibrary.org.

March 31: Spend the day at beautiful Firekeeper's. Receive at least \$25 casino money - food. This day is seafood-prime rib buffet. Only \$35 pp. Call 586-770-5899.

April

April 1: Drop-In Paper Napkin Flowers from noon to 4 p.m. at the Roseville Public Library at 29777 Gratiot Avenue, Roseville, Erin Auditorium. Drop in and freshen up on those folding techniques with a napkin flower craft! Perfect to compliment a table centerpiece. For more information, visit rosevillelibrary.org and or call 586-445-5407.

April 3: The trip is May 28 to June 1, but registration is due April. 3. Great Gatsby's Gold Coast. Join us on this 5-Day trip as we tour the castles of Long

Island's Gold Coast. We'll be stepping back into the 1920's as we visit several of the elegant homes immortalized by F. Scott Fitzgerald's "The Great Gatsby". While visiting these summer mansions, we'll get to gaze into the lives of the rich and famous families who owned them. Trip includes 4 nights lodging, 4 breakfasts, 2 lunches, 2 dinners, guided tours of 5 mansions, all taxes and meal gratuities, and motor coach transportation. Mansions visited include Oheka Castle, Hempstead House, Planting Fields's Coe Hall, Eagle's Nest (Vanderbilt Estate), and the Nassau County Museum of Art (the former Clayton Estate). We also will visit the grounds and museum at President Theodore Roosevelt's Summer Estate (Sagamore Hill National Historic Site). Cost is \$819 per person/ double occupancy. Call L'Anse Creuse Community Education for further information or to register 586-783-6330. Cancellation insurance available. Final payment due on or before Wednesday, April 3.

Apr 3: Do you know what you and your family would do in the event of an emergency affecting your neighborhood? Join the Macomb County Health Department (MCHD) and MCHD

Medical Reserve Corps at the Mount Clemens Public Library on Wednesday, April 3 from 11 a.m. to 12 p.m. and learn about emergency preparedness and response. During the presentation, you will learn about essential emergency preparedness topics including preparing an emergency kit, developing an emergency plan, and the role of the local health department in a public health emergency. Pre-registration is not required. The library is located at 150 Cass Ave. Call 586-469-6200 or go to www.mtclib.org.

April 4: Booked for the Evening, "Border Child" by Michael Stone at 6:30 p.m. at the Roseville Public Library at 29777 Gratiot Avenue, Roseville, Erin Auditorium. Everyone is welcome to join us for a lively discussion. Snacks will be served. No registration is required. For more information, visit rosevillelibrary.org and or call 586-445-5407.

April 4: Susan Silver will present an introduction to gemstones and the seven chakras, or energy centers of the body, on Thursday, April 4 at 6:30 p.m. at the Mount Clemens Public Library. Pre-registration is requested. The library is located at 150 Cass Ave. Call 586-469-6200 or go to www.mtclib.org.

Apr 6: Come join author Vicki Tapia at the Mount Clemens Library on Saturday, April 6 from 11 a.m to 12 p.m. Vicki Tapia will hold a reading and signing of her novel "Maggie: A Journey of Love, Loss and Survival." A timeless story of survival and courage inspired by her great-grandmother's life, much of Tapia's novel takes place in historic Mount Clemens. Pre-registration is not required. The library is located at 150 Cass Ave. Call 586-469-6200 or go to www.mtclib.org.

April 7: Day trip yo Saganing & Soaring Eagle. Gaming time at both casinos. Receive up to \$70 casino money-food. Only \$49 PP. Call 586-770-5899.

April 7-13: Savannah, GA; Jekyll & Simons Islands & Beaufort. Join Travel with Nance for \$777. 4 nites in Savannah area and 1 nite enroute each way. 3 full days of guided touring including Parris Island Marine Base & Museum & live show at the famous Savannah Theatre. 6 breakfasts & 4 dinners. Call 313-535-2921.

April 9: Adult Craft & Coloring Night at 5:30 p.m. at the Roseville Public Library at 29777 Gratiot Avenue, Roseville, Erin Auditorium. Join us for a social crafting evening. Work on your projects while enjoying the

company of other crafters. Bring whatever you would like to work on (scrapbooking, beading, knitting, sewing, etc.) Participants must bring their own supplies, but coloring and some beads will be provided. For adults. Registration required. For more information, visit rosevillelibrary.org and or call 586-445-5407.

April 11: Uplifting Musical—"Mamma Mia!" at The Bonstelle Theatre and Diner at Giovanni's Ristorante. First comes an early dinner at Giovanni's Ristorante. In business for more than four decades, Giovanni's atmosphere is reminiscent of old world charm. Next comes a performance of "Mamma Mia!" at the Bonstelle. The plot revolves around a young woman who wants to invite the father she's never known to her upcoming wedding. She discovers there are three possible choices. Without telling her mother, she invites all three. Featuring music made famous by ABBA, songs include "Dancing Queen", "Knowing Me, Knowing You", "The Winner Takes It All", "Mamma Mia", and "Take a Chance on Me". Make dining selection at time of reservation, chicken parmesan, lasagna, or fettuccine alfredo. All include

CALENDAR » PAGE 32



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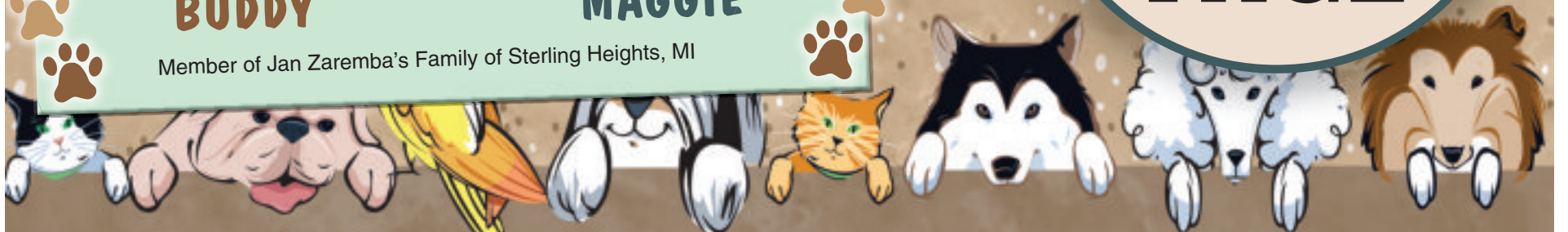


BUDDY

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MAGGIE



Poetry Corner

IT'S MY BED

Sad but true, it must be said
My dog pushed me off the bed.

Stretching out his little paws,
Not knowing that the bed
was small.

Perhaps woke him with my snore.
Didn't bother him at all.

Now I'm laying in a heap
Hoping Life-Line hears my beep.

By Mildred Siedzik
Clinton Township, MI



THE OTHER SIDE OF GRIEF

Grief can get you lost.
It can interrupt any rhythm you have in your life
and throw you off course.

It's a force-an uninvited visitor that
rushes in and feasts on one's life.

It is cruel, yet the cruelest part lies
in abandoned memories...

in stories that aren't shared...

where reminiscing about them are absent.

Grief is transcending and yet it can transcend
into improving oneself.

To live more courageously and with more
purpose.

Grief can get you lost... and it can allow you to
find yourself all over again.

By Jennifer Musztuk
Clawson, MI



MY MOTHER

She didn't have a washing 'chine

She had no gas to cook;

She didn't have a 'lectric iron

She seldom used a book

She didn't buy the bread we ate

She used a broom to sweep;

She canned the things my Daddy grew

She even made them "keep"

And then she took us by the hand

Me and my little brother—

And led us off to Sunday School

My loving red-haired Mother.

By Eleanor Steiner
(In memory of her mother)

Submitted By Donald Steiner
Oxford, MI



Do you have a creative side that you would like to share with your community readers? We are looking for original, unpublished poetry. This will be your time to shine in our Poetry Corner. Please keep poems to 300 words or less and print clearly. Next Issue will be April 11, 2019.

FIRST & LAST NAME: _____ PHONE NUMBER: _____

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CITY/STATE/ZIP: _____ NAME OF POEM: _____

MAIL TO: Vitality Poetry Corner
Dawn Emke
19176 Hall Rd, Suite 200
Clinton Twp, MI 48038

If you chose to submit your poem through email, please include your first and last name along with your phone number and the city, state you reside in. You will not be solicited and all information will be kept confidential.

Email: demke@digitalfirstmedia.com

Thank you for your interest in sharing your creativity. We look forward to reading your poems.

Poetry Corner

THE NEW SILENCE

It's different. Isn't it? This new kind of silence.
It's not like the companionable quiet as you
shared a meal.

Or the muted sounds of the tires on pavement as
you enjoyed the scenery while taking pleasure in a
road newly traveled.

It's not like the heavy silence that hung in the air
after angry words were spoken - before an
"I'm sorry" was said.

It's definitely not like the stillness of the night when
all that was heard was the rhythmic sound of sleep
ever close.

No. This is a new kind of silence. The new normal.
But don't let it deafen you to the sounds of the past.

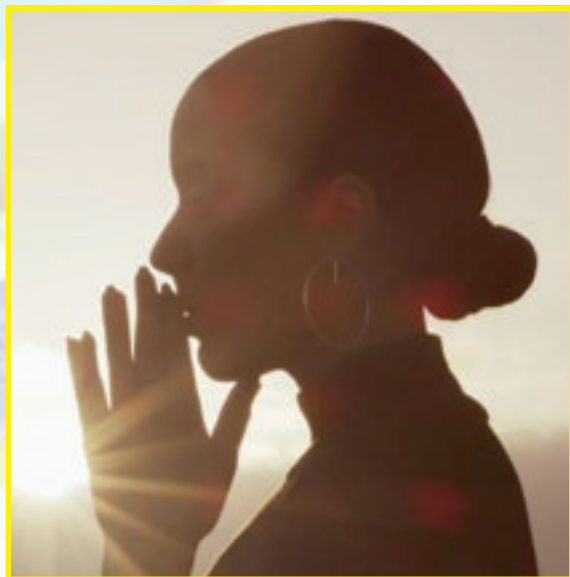
Think of and enjoy the music you shared as you
danced and sang the songs you together loved.

Think of those movie lines you delighted in and
recited to make each other laugh.

Think of the dreams that were dreamt; the dreams
that came true; the dreams only the
two of you knew.

Think often - remember always.
After a while, the silence will not be as loud.

By Karen Cooper
Chesterfield, MI



STEPPING INTO THE SPOTLIGHT

I wanted to be a stand-up comic you see
But I took a bad fall and injured my knee
As I stepped into the spotlight it did not
continue to be one piece
So I was kicked off the stage by those
nasty police

I guess I didn't realize that stepping into
the spotlight had another meaning
Other than destroying an electric
spotlight that was beaming
So now writing poems will continue to be
My main occupation without a flat fee
So the next time you desire to be
On stage and working for free
The term stepping into the spotlight is
not what you may think
And may even be terrible if you first had
a drink

So this poem does not desire to be
Written by one without a college degree
You are not required to read it tonight
Or consider it worthy to be in a spotlight

By Clifford Miller
Sterling Heights, MI



THE BENGALS

Where have the Bengals gone?
Gosh, I miss them so
That's what the fans called them
When I was just a boy

Let's not forget
Goslin, Gehring and Greenberg
Cochrane, Newhouser and Tebbetts
Bengals won in forty-five
Wonderful time to be alive

Briggs Stadium then
All painted in green
At Michigan and Trumbell
A sight to be seen

Rocky, Kell and the Gator
Tram and Sweet Lou
The Bird, Sparky and Spudge
Just to name a few

Many summers have passed
It doesn't seem the same
Morris, Parish and Leflore
Since they have played the game

We won in sixty-eight
Gibson, Horton, Feehan and McLain
Lolich, Northup and Kaline
Stanley played short
And was just great

Comerica now
It doesn't seem the same
I'll still take my grandson
Like my father took me
For the love of the game.

By John Cameron
Shelby Township, MI



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JULY 21, 2019	THE BOOK FEST
APR. 10, 2019	VERA BRADLEY - \$85
APR. 18, 2019	FRENCH COUNTRYSIDE DINNER: MYSTERY DINING \$68
PAYMENT DUE - MARCH 18	
MAY 10, 2019	TULIP TIME HOLLAND MI \$90
MAY 23, 2019	GOLD, DIAMONDS, DUMOUCHELLES \$69
JUN. 2, 2019	DANIEL O'DONNELL \$95
PAYMENT DUE - MARCH 25	
JUNE 5, 2019	MYSTERY TRIP \$65
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AUG. 6-8, 2019	TORONTO \$579
AUG. 16-18, 2019	WOODSTOCK: Age of Aquarius \$575
SEPT 19-25, 2019	NEW YORK CITY \$825
OCT. 4-13, 2019	WONDERS OF SPAIN \$3,750.
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Calendar

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Beverage, Salad, And Zeppolis (an Italian pastry) for dessert. Departs at 3:30 p.m., returns at 9:45 p.m. Cost is \$86. Call L'Anse Creuse Community Ed to register 586-783-6330.

April 11: Spring is in the Air Luncheon. Join us for a delicious luncheon and an afternoon of music, dancing and entertainment. Doors open at 10:30 a.m. and lunch will be served at 11:30 a.m. Romeo Center, 361 Morton Street, Romeo. \$6, NR\$7.

April 13: Spring "Easter Bonnet Theme" card party sponsored by: Daughters of Isabella Queen of the Skies, Circle 683 from 12:30-3:30 p.m. at the St. Thecla Activity Center, 20762 So. Nunneley, Clinton Twp. Lunch, dessert, door-affle, & table prizes. Donation \$8. Tickets available at the door. For more information, call 586-791-6177 or 586-791-9012.

April 13: The Sound Of Music at The Fox and lunch at Gilbert's Lodge. The beloved musical story of Maria and the von Trapp family will once again thrill audiences with its Tony, Grammy and Academy Award-winning Best

Score, including "My Favorite Things," "Edelweiss" and the title song. Our seats are on the Main Floor, Section F2, Rows NN, PP and QQ. The performance is at 2 p.m. Prior to the performance, we will dine at Gilbert's Lodge in St. Clair Shores. We will enjoy their famous unlimited pizza and antipasto salad buffet. Dessert will be a warm, bear claw chocolate chip cookie. Cost is \$78. Departure time, 10:15 a.m., approximate return, 5:15 p.m. Lunch will include coffee, tea and pop. Call L'Anse Creuse Community Ed to register 586-783-6330.

April 16: RHGS Program, Boom Town, Detroit in the Roaring 20s at 6 p.m. at the Roseville Public Library at 29777 Gratiot Avenue, Roseville, Erin Auditorium. Presented by Joel Stone, Senior Curator for the Detroit Historical Society From the dust and smoke of the nineteenth century, Detroit burst into the national spotlight in the early twentieth century. The automobile business was at full throttle, resulting in a city that grew faster than any other on the continent. Adding to the excitement, national Prohibition created a demand for alcohol that our Canadian neighbors gladly addressed. Rum running became the region's second larg-

est industry. Conventions loved Detroit, and so did organized crime. Boom town meets the Wild West. For more information, visit rosevillelibrary.org and or call 586-445-5407.

April 14-16: Mountaineer W. Virginia. 2 Night Stay At Beautiful Mountaineer Hotel & Casino. Stops at Hollywood Toledo & Wheeling Casinos. Receive at least \$105 Casino money - food. Indoor Pool. Only \$189 PP. Call 586-770-5899.

April 17: Consumers education - identity theft. This presentation is designed to educate you on how to reduce the risk of falling victim to the fastest growing crime in America and what to do if you become a victim. From 10:45 a.m. - noon. Romeo Center, 361 Morton Street. No Charge
April 22: Day Trip To Firekeeper's. Spend The Day at Beautiful Firekeeper's. Receive at least \$30 casino money - food. This day is seafood-prime rib buffet. \$35 PP. Call 586-770-5899.

April 20-24: Join MHL for a wonderful trip to Chicago, the Windy City. We are going by Motorcoach with four nights lodging, nine meals: 4 breakfasts, 1 luncheon and 4 dinners. We will visit the museum of science and industry, the John Hancock Observatory (now called World

Famous 360 Chicago) a guided tour of Chicago, an architectural luncheon cruise, etc. We are going to enjoy two diamond tours dinner parties with entertainment. On day four we are going to visit a Chicago area Casino for gaming. We are also going to visit the Chicago money museum. For more information or to make reservations, Contact Mary Ann at 586-530-6936.

April 26-30: Washington, DC. Join Travel with Nance for \$625. 4 nites hotel in DC/Virginia area. 2 days & 1 evening of guided touring, features Arlington Cemetery by tram, Mt. Vernon, new Bible Museum, stops at Lincoln, WWII, Korean, Vietnam & King Memorials. 3 breakfasts & 3 dinners. Call 313-535-2921.

April 28: Belle Isle & Detroit Institute of Arts. Join Travel with Nance for \$52. Visit the Aquarium, Conservatory, Dossin Great Lakes Museum and 1 hour narrated tour of the Island. Visit the DIA & receive a \$10 Gift Card towards lunch at CafeDIA. Call 313-535-2921.

April 28: Romantic Musical Fantasy at The Grosse Pointe Performing Arts Center - "Beauty and the Beast" And Brunch at Louis Chop House. The day begins with a brunch at Louis Chop House, which includes a wide array of both breakfast and luncheon items. Afterwards, we're off to see "Beauty And The Beast", a delightful romantic musical fantasy based on a classic French fairy tale. Departs at 11:15 a.m., returns at 5:15 p.m. Cost is \$62. Call L'Anse Creuse Community Ed to register 586-783-6330.

April 29-May 4: MHL presents Pigeon Forge and Smokey Mountains show trip. We will see a show each of the three nights we are in pigeon Forge and we will have dinner included. Cost is only \$606 double occupancy for five nights-six days. Call Mary Ann for all the details at 586-530-6936.

April 29-May 1: Kewadin - Sault St. Marie. 2 Nights At Kewadin Sault Ste. Marie Hotel & Casino. Stops At St. Ignace, Hessel & Bay Mills Casinos. Receive at least \$110 casino money-food. Receive breakfast buffet each day. indoor pool. Only \$170 pp. Call 586-770-5899.

April 30: Historical tour of Buhl Estate/Addison Oaks and lunch in the garden room. The roots of the Buhl Estate date back to 1927 when Lawrence and Cora Buhl, attracted to the region's rolling hills, wooded areas and pristine streams, began to acquire a series of farms with the intention of creating a refuge for their friends and family. Today, their impressive 27-room Tudor-



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2019 Motorcoach Tours

Washington, DC, April 26-30 - \$625. Tours of DC Memorials, Monuments, Mt. Vernon, Bible Museum, Arlington Cemetery, Smithsonian. 4 breakfasts, 4 dinners.

Belle Isle & Detroit Institute of Arts, April 28 and Sept 15 - \$52. Narrated Isle tour with stops at Aquarium, Conservatory, Dossin Great Lakes Museum & lunch at the DIA.

Holland Tulip Festival, May 4-5 - \$279. 1 nite hotel, Veldheers, DeKlomp & Delft. Live show of Sunshine Boys'. Saugatuck with boat ride. 1 lunch, 1 bkf, 1 dinner.

Cornwell Dinner Theatre in Turkeyville & tour Marshall @ \$85 ea (3 dates): May 15 for 'Midlife Crisis'; Aug 28 for 'The Marvelous Wonderettes'; Nov 20 for 'Santa Gets A Pink Slip'. Matinee performances with turkey buffet lunch, time at gift Shop & Bakery. Narrated Tour of Marshall, see the Honolulu House, National Inn, Governor's Mansion & Capitol Hill School House (drive by's)

Biltmore Estate, May 19-24 - \$579. 3 nites Asheville, NC & 1 nite each way. Full day at Biltmore Estate Guided tour of Asheville, Blue Ridge Parkway & Visitor Center, Folk Art Center. 8 meals.

Toledo Erie Canal, June 12 and Oct 3 - \$70. 1 hour Narrated, mule-drawn Erie Canal boat ride, National Museum of the Great Lakes & lunch at Bob Evans (choice of 4 entrees)

Detroit Fireworks, June 24 - \$110. Private room in St. Clair College, Riverside Drive in Windsor on River. Family style chicken dinner, 2 drink tickets, live entertainment, optional Casino visit

CHICAGO & LIPZZAN HORSES, June 28-July 1 - \$628. 3 nites LaQuinta Hotel downtown, 3 brk, dinner Historic Berghoff German Restaurant, city tour, architectural river cruise, Museum of Science & Industry, famous 'Airs Above the Ground' Lipzzan horse show (originally of Vienna, Austria)

Lancaster, PA show: 'Jesus', Aug 19-23 - \$595. 4 nites Lancaster area, live show at Sight and Sound Millennium Theatre for 'Jesus'. Live 'Ovation' show, tour of Philadelphia, Lancaster & Amish Country. 'Jacob's Choice' at the F/X Theatre. 4 brkfs, 4 dinner.

Labor Day Bridgewalk & Mackinac Island, Aug 31-Sept 2 - \$335. 2 nites hotel in St. Ignace. Round trip ferry to Mackinac Island, \$30 Casino incentives, 2 breakfasts & walk entire bridge.

New York, Sept 5-11 - \$793. 4 nites N.J. & 1 each way. Guided tours of NYC Central Park, Times Square, Rockefeller Center, New National 9/11 Museum, Ground Zero, Wall Street, Harbor cruise with stops at Ellis Island & Liberty Island (Statue of Liberty). 10 meals.

PLUS...Colorado Royal Gorge, Sept 21-29 - \$949; Cape Cod & Concord/Boston, Oct 6-12 - \$949; San Antonio, Padre Island & Gulf of Mexico, Oct 18-27 - \$959;

Pigeon Forge & Gatlinburg, Smoky Mts, TN, Nov 11-16 - \$609. Detroit Churches, Dec 6 - \$ TBA. Lunch, tour 4 churches: Trinity Lutheran, St. Albertus Roman Catholic, St. Charles Roman Catholic and Little Rock Missionary Baptist.

style mansion is the centerpiece of Addison Oaks County Park and a picturesque location for weddings, banquets and receptions. After the tour, you will dine in Addison Oak's beautiful Garden Room. The luncheon will include a pasta and salad buffet with chicken. The buffet will offer fresh pasta with two sauces, home-style breads and assorted

rolls, roasted vegetables, fresh tossed salad, potato salad, spinach with strawberry salad, and artichoke and mushroom salad. Coffee, tea, milk and dessert are also included. Cost is \$71. Departure time, 10 a.m., approximate return, 3 p.m. Call L'Anse Creuse Community Ed to register 586-783-6330.
May

May 4-5: Holland Tulip Festival. Join Travel with Nance for \$279. 1 nite hotel, Veldheers, DeKlomp & Delft. Live show of 'Sunshine Boys'. Saugatuck with boat ride. 1 breakfast, 1 lunch, 1 dinner. Call 3133-535-2921.

May 15: 1950's Era Musical— "The Marvelous Wonderettes" — at Meadowbrook Theatre and Lunch at Loccino's Wednesday.

First, this fun musical takes us back to the 1958 Springfield High School prom where we meet four girls whose hopes and dreams are as big as their crinoline slips. Then, 10 years later, we meet the girls again at their 10-year reunion, where the girls reunite. As we learn about the highs and lows of their lives over the past decade, the girls serenade us

with classic 1950's hits, including "Lollipop", "Dream Lover", and "Stupid Cupid". Before the performance we'll do lunch at Loccino's. Choose entrée at time of registration, wood grilled salmon salad, ravioli formaggio, linguini frutti di mare (shrimp, scallops, mussels, spinach and diced tomatoes tossed with linguini noodles in a light lemon

cream sauce), or chicken piccata. Includes mini pastry for dessert and beverage. Departs 11 a.m., returns 5 p.m. Cost is \$76. Call L'Anse Creuse Community Ed to register 586-783-6330.

May 15: Cornwell Dinner Theatre in Turkeyville and Marshall. Join Travel with Nance for \$85. Live matinee performance of 'Midlife

CALENDAR » PAGE 34



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LITTLE RIVER CASINO WITH STOPS TO SOARING EAGLE CASINO

APRIL 23-24-25, 2019
JUNE 9-10-11, 2019

\$189⁰⁰ p.p. dbl occ.

Includes 2 nights at the Little River Casino & Hotel, \$75.00 in freeplay, \$30.00 in food. Juice and Sweet rolls served on bus.

SOARING EAGLE OVERNIGHT WITH STOP TO SAGANING CASINO

MAY 19-20, 2019

\$149⁰⁰ p.p. dbl occ.

Includes 1 night at the Soaring Eagle Casino and Resort, stop to Saganing Eagles Casino, luggage handling, and \$100.00 in total rebates!!!! (\$70.00 freeplay and \$30.00 food) Juice and sweet rolls served on bus.

SUNDAY! FUNDAY! FIREKEEPERS DAY TRIP

APRIL 28, 2019
MAY 26, 2019

\$35⁰⁰ p.p.

Includes \$20.00 in freeplay and \$5.00 in food, Juice and sweet rolls served on bus. 8:00 am pickup from Meijers at 15 Mile and Utica Rd

FIREKEEPERS DAY TRIP

APRIL 15, 2019 (MONDAY)
MAY 15, 2019 (WEDNESDAY)

\$35⁰⁰ p.p.

Includes \$30.00 in freeplay and food. Juice and sweet rolls served on bus. Bus leaves from Meijers lot at 15 Mile and Utica Rd at 8:00 am.

ODAWA CASINO

with stops to Soaring Eagle and St Ignace Casino.

APRIL 7-8-9, 2019

\$189⁰⁰ p.p. dbl occ.

Includes 2 nights at the Odawa Hotel, \$115.00 in freeplay and \$25.00 in food, 2 continental breakfasts PLUS for every 75 points earned in one day, receive an additional \$5.00 in freeplay- up to \$20.00 per day from Odawa, Juice and sweet rolls served on bus.

TURTLE CREEK CASINO

with stops to Soaring Eagle and Leelanau Sands Casinos.

MAY 5-6-7, 2019

\$189⁰⁰ p.p. dbl occ.

Includes 2 nights at Turtle Creek Hotel and Casino, \$95.00 in freeplay and \$18.00 food. (earn up to \$20.00 more each day with points earned from Turtle Creek) Juice and sweet rolls served on bus)

BAY MILLS CASINO

with stops to St Ignace and Sault Ste Marie

JUNE 23-24-25, 2019

\$189⁰⁰ p.p. dbl occ.

Includes: 2 nights at the Bay Mills Casino, \$65.00 in freeplay and \$15.00 in food. FREE DRINKS WHILE PLAYING, stops to St Ignace and Sault Ste Marie, Juice and Sweet rolls served on bus. THIS ONE BOOKS FAST!

FIREKEEPERS AND GUN LAKE

JULY 14-15, 2019

\$145⁰⁰ p.p. dbl occ.

Includes overnight at the beautiful Firekeepers Casino & resort. \$50.00 in freeplay and \$25.00 in food. Stop at Gun lake on the way up. Juice and sweet rolls served on bus.

Contact: KATHY WIECZOREK (586) 566-0135

Calendar

FROM PAGE 33

Crisis', Turkey Buffet lunch, time at Gift Shop, Bakery, Deli & Fudge shop. Narrated tour of Marshall, see the Honolulu House, National Inn, Governor Mansion and Capitol Hill School-house. Call 313-535-2921.

May 19: Jersey Boys at the Historic Detroit Music Hall. Dinner & main floor seating. Your tour includes round trip transportation, an all-inclusive dinner prior to the performance at Traffic Jam & Snug Detroit, your ticket to the 7:30 p.m. performance (2-1/2 hour run time) main floor left center rows L-P seating, driver gratuity, and the accompaniment of a Parks & Recreation escort. Departure time is 3:45 pm from the Washington Activity Center, located in the Washington Twp. Municipal Building, 57900 Van Dyke. Approximate return time is 1 p.m. \$95 resident cost / \$98 non-resident cost.

May 19-24: Biltmore Estate. Join Travel with Nance for \$579. 3 nites Asheville, NC & 1 nite each way. Full day at Biltmore, guided tour of Asheville, Blue Ridge

Parkway & Visitor Center, Folk Art Center, Center, 8 meals. Call 313-535-2921.

Monthly events

▪ **Zumba Gold:** from 10:30-11:30 a.m. every Monday and Wednesday at the Washington Center, 57880 Van Dyke, Washington Twp. Cost depends on how many punches purchased. 4 punches \$23 resident, \$29 NR; 11 punches \$60 resident, \$66 NR. For more information, call 586-752-6543.

▪ **Line dancing:** Every Thursday at our Washington Activity Center (57900 Van Dyke, Washington) Intermediate/Advanced starts at 10:30 and Beginners starts at 11:30. Please call for more details 586-752-6543

▪ **Bingo:** Played from 1 to 2:30 p.m. Fridays at the Troy Community Center, 3179 Livernois.

▪ **Pickleball:** Played from 12:30 to 2:30 p.m. every Tuesday and Thursday at the Romeo Activity Center, 361 Morton St. Drop in to play or call 586-752-9601 for more information.

▪ **The Warren/Center Line Senior Connection:** invites adults ages 55 and older to join Macomb County's vibrant senior group. The group meets on the second Monday of the month at DeCarlo's Banquet

& Convention Center, 6015 E. 10 Mile Road in Warren, just east of Mound. Doors open at 5 p.m., and programs start at 6 p.m. Dues are \$10 per year, and members receive the following: free refreshments, coffee, soft drinks, juices, and snacks; music by a disc jockey and dancing; and information from guest speakers. Featured speakers throughout the year include officials from federal, state, county, and city governments; doctors of all specialties, from internal medicine and gerontologists to cancer specialists; elder law attorneys; and fraud prevention speakers. For more information, call 586-268-9452, 586-264-5657, or 586-755-6112.

▪ **Volunteers needed:** Volunteers are needed to help immigrants with conversational English during English workshops at the Troy Community Center. Neither educational qualifications nor experience is required, but volunteers should be natural-born Americans who speak the standard American dialect. Volunteers may sign up for one or both schedules, 1 to 3 p.m. Tuesdays and 10 a.m. to noon Saturdays. For more information, contact Ed Lee at 248-926-2288 or edlee@toee.org.

▪ **Euchre parties:** Disabled American Veterans 129 and Operation Yellow Ribbon hold euchre parties from 4 to 6 p.m. on the second Sundays and 7 to 9 p.m. on the fourth Thursdays of every month at 47326 Dequindre Road in Shelby Township. The cost is \$7 (plus quarters for euchre). Refreshments will be available. Reservations are needed one day in advance. Call 248-425-2722

or 248-953-4901 to register or for more information.

▪ **The Mi Stitchin' Time Crochet Group meets from 5:30 to 7 p.m.** every Tuesday at the Romeo District Library's Kezar Library, 107 Church St. For more information, call 586-752-2583.

▪ **Cards and games:** Widowed men and women of all ages are welcome to meet for cards and

games from 6 to 9 p.m. on the first Thursday of each month at Sts. John and Paul Catholic Church, 7777 28 Mile Road, in Washington Township and on the third Thursday of each month at St. Isidore Church, 18201 23 Mile Road, in Macomb. Cards and games will be provided. Bring a small snack to share and your own beverage. Call 586-781-5781 or 586-991-7374.

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SOUND OF MUSIC AT THE FOX THEATER!

Main floor seating to the 2:00pm matinee, lunch at the Polonia Restaurant in Hamtramck. Enjoy a combo plate filled with Polish specialties.

Saturday April 13, 2019 Only \$105.00.

UPPER PENINSULA GAMBLING ADVENTURE AT THE KEWADIN CASINOS!

2 Night stay at the Kewadin Casino Hotel located in Sault Ste. Marie, Michigan. Gambling stops at the Kewadin Casino St. Ignace, the Odawa Casino in Mackinaw City, Bay Mills Casino in Brimley. Total gambling comps are \$50 in free play, \$10 in dining dollars are the Kewadin Hotel, breakfast daily. Dinner included at the famous "Antler's" restaurant in downtown Sault Ste. Marie

Tuesday April 23 - 25, 2019

\$239.00 (Double Occupancy) \$309.00 (Single) Departs: 7:30am

LAS VEGAS 3 NIGHT GET-A-WAY!

Complimentary transportation to metro airport roundtrip. Non-stop airfare on Delta Airlines, transportation round-trip from McCarren airport to your hotel. 3 Nights at the Harrah's located on the strip!

Monday May 13 - Thursday May 16, 2019

\$559.00 (Double Occupancy), \$659.00 (Single)

THE JERSEY BOYS AT THE FISHER THEATER, WITH DINNER!

Come join us as we go back in time to Jersey as we hear the songs and remember a time when things were so different. Your package includes admission to the 2pm performance at the Fisher. Seating in the loge (mezzanine). Following the show, enjoy an included dinner at "El Barzon" an upscale Mexican/Italian Restaurant. Feast on delicious Italian & Mexican food with large portions and scrumptious food!

Sunday May 20, 2019 \$135.00 PER PERSON

4 NIGHT/5 DAY WASHINGTON D.C BY DELUXE MOTORCOACH!

Don't miss this terrific tour of Washington, D.C! Package includes: Roundtrip deluxe motor coach transportation, 4 nights lodging, 8 Meals: Including 4 breakfasts & 4 dinners!

Two Guided Tours of Washington, DC including the WWII Memorial, Capitol Hill, Embassy Row, the Korean War Veterans Memorial, the Vietnam Veterans Memorial, the Smithsonian, the Martin Luther King, Jr. National Memorial, the Lincoln Memorial & more! Enjoy an evening illuminated guided tour of the memorials and monuments. Also visit the brand new museum of the Bible! 430,000 square feet of biblical History all under one roof! Admission to George Washington's Mount Vernon Estate & Garden. Tram Ride through Arlington National Cemetery. Services of a professional local guides throughout.

Friday September 20 to Tuesday September 24, 2019. \$639.00 (Double) \$818.00 (Single)

7 NIGHT CANADA & NEW ENGLAND CRUISE!

Complimentary transportation to metro airport roundtrip, roundtrip airfare to Boston, 7 night cruise on the Serenade of the Seas. Ports of call include: Portland, Maine, Bar Harbor, Main, Saint John, NB (Bay of Fundy), Halifax, Nova Scotia. All port taxes and transportation.

Sunday October 6, 2019 Only \$1499.00 (Inside Cabin), 1599.00 (Outside Cabin), \$1949.00 (Balcony Cabin)

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2 NIGHT STAY AT THE BEAUTIFUL ISLAND RESORT & CASINO! STOPS AT KEWADIN CASINOS!! RECEIVE AT LEAST \$70.00 CASINO MONEY - FOOD!! FIRST TIMERS RECEIVE XTRA \$30.00 FROM ISLAND. INDOOR POOL.

ONLY \$189.00 PP!!

**DAY TRIP TO FIREKEEPER'S!
MARCH 31 AND
APRIL 22, 2019**

SPEND THE DAY AT BEAUTIFUL FIREKEEPER'S! RECEIVE AT LEAST \$25.00 CASINO MONEY - FOOD!! SUNDAY IS SEAFOOD-PRIME RIB BUFFET!!

ONLY \$35.00 PP!!

**DAY TRIP TO SAGANING &
SOARING EAGLE!
APRIL 7 AND MAY 5, 2019**

GAMING TIME AT BOTH CASINOS! RECEIVE UP TO \$70.00 CASINO MONEY-FOOD!! MAY 5 RECEIVE \$60.00

ONLY \$49.00 PP!

**MOUNTAINEER W.
VIRGINIA!
APRIL 14 - 16, 2019**

2 NIGHT STAY AT BEAUTIFUL MOUNTAINEER HOTEL & CASINO! STOPS AT HOLLYWOOD TOLEDO & WHEELING CASINOS! RECEIVE AT LEAST \$105.00 CASINO MONEY - FOOD! INDOOR POOL!

ONLY \$189.00 PP!

**KEWADIN - SAULT ST.
MARIE!
APRIL 29 - MAY 1, 2019**

2 NIGHTS AT KEWADIN SAULT STE. MARIE HOTEL & CASINO! STOPS AT ST. IGNACE, HESSEL & BAY MILLS CASINOS! RECEIVE AT LEAST \$110.00 CASINO MONEY-FOOD! RECEIVE BREAKFAST BUFFET EACH DAY. INDOOR POOL.

ONLY \$175.00 PP!!!

**RISING STAR - INDIANA!
MAY 22 - 24, 2019**

2 NIGHT STAY AT BEAUTIFUL RISING STAR HOTEL & CASINO! STOPS AT HOLLYWOOD TOLEDO, BELTERRA & MIAMI VALLEY CASINOS! RECEIVE AT LEAST \$150.00 CASINO MONEY - FOOD! THIS INCLUDES 2 BREAKFAST BUFFETS & 2 DINNER BUFFETS. INDOOR POOL.

ONLY \$185.00 PP!!

A \$50.00 non-refundable deposit is required per person. Total amount due 21 days prior to departure. Cancellation protection is available. Call for details. Must be purchased up front. All trips are non-refundable unless cancellation protection is purchased. Make Check or Money Order Payable to Connie Boudourakis 35225 Moravian, Sterling Heights, MI 48312

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CASINO DAY TRIPS

*All trips to Canada require Passport, Passport Card, or Enhanced Drivers License

Caesars Windsor! This trip is practically **FREE!** Receive \$15 in casino incentive. **3 different Departure dates to choose from: 3/19/19, 7/2/19, 7/16/19 The trip is either \$15 p/p OR \$5 when you purchase any other trip!**

Greektown Casino: Receive \$20 in coin. **Depart: Tues, March 26, 2019 - \$20 p/p**

Firekeepers Day Trip! Receive \$20 in coin & \$5 in food.

Depart: Tues, April 2, 2019 or Thurs, May 9, 2019 ... Either Date for \$32 p/p

Soaring Eagle Day! \$25 in Casino Incentive - **Depart: Mon. April 8, 2019 ... \$35 p/p**

Breakaway Bingo in Windsor, ON! Time to get your Bingo on. This all inclusive trip includestransportation, a double session of Bingo, and a lunch. Valid Enhanced Driver's license, passport, or passport card required.

Depart: Thurs, April 18, 2019 or Tues, April 23, 2019 for \$47 p/p

Jack Casino Day Trip in Cleveland! Receive \$25 in casino incentives

Depart: Mon, May 6, 2019 ... \$39 p/pCasino

Casino Overnights and Sightseeing

Petoskey Casino Overnighter Enjoy the ultimate gaming experience with slots, gaming tables, poker room and much more. 1 night at the 4 Star Holiday Inn Express by the Casino w/ Breakfast & Complimentary Limo & Bus shuttle service. Gaming stops at Soaring Eagle Casino in each direction. A hefty casino package up to \$120 in casino incentives based on points earned. **Depart: Sat, April 6, 2019 for \$139 p/p d.o.**

Vera Bradley Overnight! Only a few seats left! On this trip you'll enjoy VIP ticket to the Famous Vera Bradley Outlet Sale & entrance into the sale, exclusive check out & waiting room, AND a free gift. Also included is a Debrand Fine Chocolate Tour, Winery Tour (with tasting), Sechler's Pickle Factory Tour, and stop at Moose Lake Craft Village. Fabulous hotel stay at Don Hall's Guesthouse where a dinner and breakfast are also included.

Depart: Wed, April 10, 2019 for \$189 p/p d.o.

Kewadin Casino 3 Day! This trip is back by popular demand. Stay Two nights hotel right at Kewadin Casino hotel in Sault Ste Marie, with gaming stops at St. Ignace, Bay Mills, Hessel, and Soaring Eagle. Breakfast included every morning at hotel. Up to a whopping \$105 total in casino incentive, AND free drinks while gambling at Bay Mills

Depart: Mon, April 15, 2019 - Return: Wed, April 17, 2019 for \$179 p/p d.o.

Four Winds / Firekeepers Combo! Our most popular overnight trip. Enjoy 1 night stay in New Buffalo, MI at area hotel with hot breakfast included. Stops at Four Winds & Firekeepers Casino's in both directions and a whopping \$100 in incentive.

Depart: Mon, April 29, 2019 for \$139 p/p d.o

Holland Tulip Festival Overnight! Enjoy all there is to see in Holland, MI during the Tulip Time Festival. This tour's jam packed w/ enough events to satisfy even the most avid traveler. Trip includes transportation, overnight hotel stay in New Buffalo, MI with deluxe hot continental breakfast, 1 lunch, \$25 in casino incentive, visit to Volksparade, step on guided city tour, Windmill Island, optional Four Winds Casino Visit, & more!

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***LIMITED TIME ONLY. ONLY VALID FOR NEW CUSTOMERS. TERMS & CONDITIONS APPLY. PLEASE CALL FOR MORE DETAILS.**

Island Resort & Casino U.P. 3-Day! Spend 2 breathtaking nights at the Island Resort in Harris, MI while in the Upper Peninsula. Experience God's Country as you see the beauty of Northern MI. Your package starts with a visit to Kewadin Casino in St. Ignace with stops at Manistique and Odawa. Receive up to \$125 in casino incentives and meal discounts for lunch and dinner! **Depart: Sun, May 12, 2019 for \$189 p/p d.o**

Niagara Falls Overnight! Spend 1 night in Niagara Falls at the Holiday Inn Express located directly across from Falls view Casino! Visits to Fallsview Casino, the newly renovated Casino Niagara in Canada, and Seneca Casino in Niagara Falls, NY. Receive \$45 in casino incentives and breakfast buffet. Passport, Passport Card, or Enhanced License is required. **Depart: Mon, May 27, 2019 for \$169 p/p d.o.**

Atlantic City 4 Day!!! 3 nights lodging at the beautiful, 3-star, Bally's located right on the Boardwalk in Atlantic City. Receive \$50 back in free slot play & \$25 in food. **Departs: Mon, June 10, 2019 - Returns: Thurs, June 13, 2019 for \$369 p/p d.o.**

NEW! Rum Runners! Prohibition Tour! Go back in time to the Roaring 20's as costumed actors tell the story of prohibition and Windsor's connection to gangsters like Al Capone and the Purple Gang. Have lunch at a famous Speakeasy. An educational, comical, musical bus tour with great food, humor and music. Lunch includes a hot buffet lunch, tea and coffee. We visit several historic sites as our performers re-enact the fabled past of rum running on the Detroit River. Passport, Passport Card, or Enhanced Driver's License is required. **Depart: Thurs, June 6, 2019 for \$94 p/p**

NEW! Bavarian Belle & Frankenmuth Tour! Visit the historic Frankenmuth for a brand new tour. This tour gives you the best of Frankenmuth. You will enjoy a "Pretzel Rolling Experience", German Wine Tasting, Step-on-Guided Tour, (all-you-can-eat) Zehnder's Chicken Dinner, plenty of time for shopping, AND a Boat Cruise on the Bavarian Belle Riverboat with narrated tour. **Depart: Fri, June 14, 2019 for \$109 p/p**

Chicago Taste-Fest Overnight! Going to Chicago is truly an experience; the shopping, food, and so many things to do. Includes hotel stay Country Inn & Suites with continental breakfast, 1 strip of tickets for the Tastefest, AND free time to visit your own favorite spots; Shedd Aquarium, Sears Tower, Navy Pier, or the "Tastefest". **Depart: Thurs, July 11, 2019 for \$169 p/p d.o.**

ARK Encounter! Ark Encounter with Creation Museum - 3 Day Tour! We will start our trip at the beginning with a day at the Creation Museum. This state-of-the-art museum allows you to venture through biblical history, stunning exhibits, and much more. The second day we will continue with this adventure in faith by visiting the Ark Encounter. Be apart of the incredible story as you walk through the largest timber structure in the world, seeing and living the story of the Great Flood first hand. Before heading home we will take a guided tour through Cincinnati where we will see and hear the sights and history of the "Queen City". Included are all your admissions, 2 night stay at Rising Star Casino Hotel, 2 Breakfasts, 2 Dinners, 1 lunch, and \$20 in slot play. **Depart: Mon, Aug. 12 - Return: Wed, Aug. 14, 2019 - Early Booking Rate = \$339 p/p d.o.**

**Please call for a complete listing of our trips and departure locations! 313-292-6300
And don't forget to visit our BRAND NEW website with new features & more info than ever!**

BIG DADDY TOURS

AMISH COUNTRY OF OHIO WEDS-FRI, MAY 29-31, 2019



Trip Includes:

- 2 Nights at the lovely Carlisle Inn Walnut Creek Ohio.
- Experience Having Dinner at an Amish Home Prepared Just for Our Group.
- Family Style Dinner at Der Dutchman & Shopping.
- Countryside Tour with Step-On Guide. Fun Stops & Teachings of the Amish Way of Life.
- Visit The Rock & Roll Hall of Fame in Cleveland Ohio.
- Return Stop at Hardrock Casino in Cleveland & Receive \$20 FREE PLAY.
- Roundtrip Deluxe Transportation & Luggage Handling

NO EXTRA CHARGE FOR ALL THE FUN INCURRED!!!

Single \$499 pp Double \$389 pp

DETROIT THEN & NOW BY LAND & SEA! Monday, June 3, 2019



Explore the latest & greatest of Detroit's Downtown, New Center, Midtown, Mexican Town, Belle Isle & the Riverfront.

Trip Includes:

- Guided Knowledgeable Tour
- Lunch at Detroit Yacht Club
- Cruise the Detroit River aboard the Diamond Jack
- Transportation \$85 per person

Four Winds & Firekeepers Wednesday-Thursday • November 6-7th, 2019 \$65 in Casino Credit!

Trip Includes:

- Receive \$25 Four Winds
- Receive \$40 Firekeepers
- Overnight Stay at the fabulous Four Winds Casino/Resort in New Buffalo, Michigan.
- \$20 Food Credit
- Stops at Firekeepers both ways
- Luxury bus transportation with video entertainment (package subject to change)

\$254 Single pp Double \$179 pp

SUMMER SPECTACULAR FINGER LAKES & SENECA NY JULY 9-11, 2019



- 2 Nights 3 days of Fabulous Beauty in New York's most peaceful region!
- Deluxe Accommodations at Del Lago Resort & Casino in Waterloo, NY
- Includes Lunch & Cruise of Seneca Lake, Stop at the Finger Lakes famous winery, 2 dinners, 2 breakfasts, round trip baggage handling, transportation plus receive \$60 in free play per person.

\$589 pp/double occupancy

Rat Pack Lounge Thursday September 12, 2019 at Cornwell's Professional Dinner Theater



Your Trip Includes:

- Luxury motorcoach travel with video entertainment
- Buffet dinner of roast turkey, dressing, potatoes, gravy, rolls, vegetables, soup, salad, and more
- Three choices of desserts
- Broadway-style performance

\$89 pp

Frank, Dean & Sammy are up in Heaven, but God tells them they left some unfinished business back on earth. It seems Frank made an unfulfilled promise to the owner of the Rat Pack Lounge. Now he & the boys have 1 night to make things right. Enjoy the singing & savoring of the day!!

CAPE COD SPECTACULAR Poconos * Foxwood * Cape Cod * Finger Lakes 7 Days / 6 Nights Sun-Sat, October 6-12, 2019

Premium Lodgings:

- Day 1:** Stay at Mount Airy Casino & Resort, Mt Pocono, PA. Includes \$30 Casino Slot Play, Dinner & Breakfast
- Day 2:** Stay at Foxwoods Resort & Casino, Mashantucket, CT. Includes \$10 Casino Slot Play, Dinner & Breakfast
- Day 3-5:** Stay at Chatham Bars Inn Resort & Spa, MA. Includes Full Continental Breakfast each Morning
- Day 6:** Stay at del Lago Resort & Casino, Waterloo, NY. Includes \$30 Casino Slot Play, Dinner & Breakfast

4 Days of Fascinating Tours led by Professional Local Tour Guides:
Boston & Cambridge w/Concord & Lexington: Old Boston, George Washington's home travel Paul Revere's route, homes of Walden Pond.
Martha's Vineyard: Island w/white sand beaches, lighthouses, gorgeous bluffs, old fashioned ice cream parlors, America's oldest Carousel, villages of Chappaquidick and Oak Bluffs
Newport, Rhode Island: St. Mary's Church where John F. Kennedy married Jacqueline, film site of the original "Great Gatsby", Vanderbilt mansions, scenic Ocean Drive, Bannister's wharf.
Plymouth & Cape: Plymouth colonist sites, the beauty & bridges of Cape Cod

- Includes New England Buffet at Concord's Colonial Inn & Lunch on Martha's Vineyard

\$2449 Single \$1749 Double

PINK SHELL BEACH RESORT & SPA PINK SHELL RESORT 2020 SIGN UP EARLY! 15TH Anniversary Fun in the Sun Special. January 28 - February 11, 2020

Pink Shell sets the tour star standard of excellence on Florida's glorious Gulf Coast. It is located on Estero Island on Fort Myers Beach.

Your Trip Includes:

- 14 Nights of Luxurious Beach-View Accommodations
- Transportation to & from Airports
- Welcome Dinner & Farewell Dinner/3 Breakfasts

Amenities & Recreation Include:

- Full Kitchen w/Appliances, enclosed Lanai, soaking bathtub, walk-in showers & separate living areas.
- Free Wireless Internet, Cable TV/HBO/Phone
- Heated Tropical Lagoon Pools w/Waterfall
- Fitness Center, Safety boxes

Single \$4,399pp Double \$2,699pp

THE ARK ENCOUNTER Williamstown, Kentucky Tues-Thurs, May 14-16, 2019

WAIT LIST ONLY!
\$459 Single \$359 Double

MACKINAC ISLAND LILAC FESTIVAL Mon-Wed, June 10-12, 2019

WAIT LIST ONLY!
\$589 Single pp \$469 Double pp

ODAWA CASINO RESORT Join Us for our Annual Color Tour to Petoskey!

Sept. 25-27, 2019
Single \$359 pp Double \$269 pp

- Your Trip Includes:**
- 2 Overnight Stay at the Beautiful Holiday Inn Express Petoskey, MI
 - Full Breakfast at Krzyziak's in Bay City
 - Hot Continentals at Hotel
 - \$10 Pre-Load & \$10 Addt earned at Soaring Eagle plus \$5 Food
 - \$45 Slot Pre-Load received at Odawa Casino Petoskey (pkg subject to change)
 - Shopping & Touring Time Downtown Petoskey & Frankenmuth
 - Special Visit to Kilwin's Chocolate Factory!!

Single \$329 Double \$249

ZEHNDER'S 25TH ANNUAL RAGTIME FESTIVAL Thurs, April 19, 2018 Come celebrate with us with 25 best Ragtime Musicians plus pianist Bob Milne.

Your Trip Includes:

- Famous Frankenmuth Plated Chicken Dinner.
- Entertainment by the Annual Ragtime Festival Band.
- Shopping Downtown Frankenmuth.
- Luxury Bus Travel.

\$89 pp

SOARING EAGLE CASINO & SHIPSHEWANA FLEA MARKET Sun-Mon, April 7-8, 2019

Your Trip Includes:

- Gaming at Soaring Eagle Casino
- \$50 Slot Play Cash from Casino
- Admission to Flea Market
- \$30 Dining Card from Casino
- Deluxe Overnight Accommodations
- Luxury Bus Transportation
- Breakfast at Krzyziaks Included

Single \$232 pp Double \$179 pp

Mackinac Island Excursion! Thurs-Sun, Oct 24-27, 2019



Your Trip Includes:

- 3 Nights on Mackinac Island at The Grand Hotel
- Dancing to the Grand Hotel Orchestra
- 3 Full Breakfasts, 5-Course Dinners Every Night, Plus Luncheon
- "Somewhere in Time" Promenade
- Champagne Reception
- Breakfast at Krzyziak's Restaurant on the Ride Up-North
- Tea & Cookies 3 Afternoons
- Round-Trip Ferry & Horse-Drawn Taxi Ride
- Special Guided Carriage Tour of Island
- Free Golf at The Jewell Golf Course (\$15 Cart Fee Required)
- Luxury Bus Travel w/Entertainment
- Planned Tournaments/Games/Activities

Single \$1,196 Double \$908

KEWADIN CASINO TOUR Sault Ste. Marie, St. Ignace & Bay Mills Sat-Mon, April 27-29, 2019

Your Trip Includes:

- 2 Night Stay at Kewadin Casino Sault St Marie
- FREE \$60 Cash & Slot Play Combo from Casino
- \$10 FREE Food Coupons at Casino
- Breakfast at Krzyziak's Restaurant
- 2 Buffet Breakfasts at Hotel
- Celebrate Sat Mass at Authentic Indian Church

Single \$329 Double \$249

Little Rivers Casino Soaring Eagle Casino Tuesday-Wednesday June 25-26, 2019

Trip Includes:

- Enjoy exciting casino gambling at two of Northern Michigan's finest entertainment facilities! Enter the world of Las Vegas Style Gaming featuring: Blackjack • Bingo • Poker • Roulette • Keno • Hot Slots

- Receive up to \$60 CASINO CREDITS
- One night stay at the Little Rivers Casino Resort
- Breakfast buffet at Krzyziak's Restaurant
- Receive \$20 total in food coupons from casinos
- \$20 in free play Little Rivers/ \$40 Mt Pleasant/total
- Luxury bus travel with video entertainment (package subject to change)

Single \$229 Triple \$175 Double \$179 Quadruple \$169

FIREKEEPERS CASINO BATTLE CREEK April 2, 2019 • May 8, 2019 Wed, June 5, 2019 • Tues, July 23, 2019

Your Trip Includes:

- Your Trip Includes:
- \$20 Free Play from Casino
- \$5 towards Dining, Slot Play or Gift Shop from Casino
- Luxury Bus Travel

Hurry & book your trip. The \$25 from Casino offsets the \$35 cost for the trip!
\$35 pp

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