

Pines Players seeks actors

The Ocean Pines Players (OPP), the local amateur community theater group that has been entertaining audiences for more than 40 years, is searching for women and men looking for a break from the normal summer-time routine, to perform on the Boardwalk in July and August. In a first-of-a-kind teaming, the group has joined with the Ocean City Lifesaving Museum to produce a 30-minute show providing an entertaining and rare historical look at Ocean City's past.

Performances will be every Monday at 10 a.m. in July and August on the famous Ocean City Boardwalk near the museum. Depending on the number of actors who sign OPP hopes to perform two plays, one each on alternating weeks, with separate casts.

The first under consideration is "Petticoat Regime." That production will tell the story of the feisty and remarkable women who were largely responsible for turning Ocean City from a sleepy fishing village into one of the most vibrant and busiest ocean resorts in America. At one point in the city's history, 1926, there were 32 hotels in Ocean City and 30 of them were owned by women.

The other production in planning is "Bundle Up and Bathe." It is the story of how modern society overcame its fear of the ocean (and visible skin) and learned to love the beach.

Needed for these productions are several women with acting ranges from 35 to 70, and a couple of men of any age. First-time performers are welcome and encouraged, especially since there will be hardly any lines to memorize.

As with all OPP productions, actors are not paid. They do it for the enjoyment of participating in the theater. However, for these productions, all cast members will receive free parking at the Ocean City inlet parking lot. "Join us for a short, super fun summertime break from your normal routine. What could be better," said Karen McClure, OPP president.

If interested, or for further information, call Karen McClure at 703-727-0528.

Crab cake dinner offered

A Maryland Crab Cake Dinner will be held at Stevenson United Methodist Church between 4 p.m. and 6:30 p.m. on April 12. The cost is \$12 for a platter that include the crab cake sandwich, green beans, baked potato and Cole slaw or \$8 for just the sandwich. Carry-outs are available. There will also be a bake sale table. The church is located at 123 North Main Street in Berlin.



Serving - Volunteers **Kathy Bohs, Bernice Brennan, Bette Bohlman, Jan Page** and **Bonnie Kirschbaum** served soup to guests at the Empty Bowl Project soup dinner on March 29, a benefit for the Art League of Ocean City and Diakonia.



EASTER in Ocean Pines, Maryland

Breakfast with the Easter Bunny April 13 * 8:00 am-11:00 am, Community Center
Decorate Your Own Easter Bonnet April 14 * 1:00 pm-3:00 pm, Community Center
Easter Egg-Stravaganza Dive & Pool Party April 19 * 11:00 am, Sports Core Pool
Easter/Spring Celebration & Easter Egg Hunt April 20 * 11:00 am, White Horse Park
Easter Brunch April 21 * 10:00 am - 2:00pm, Ocean Pines Yacht Club



Community Calendar

APRIL

Monday

Ocean Pines Poker Club

Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928.

Delmarva Chorus

The Delmarva Chorus meets every Monday evening at 7PM at the Ocean Pines Community Center in Ocean Pines, Md. Women of all ages are invited to sing with us. Please contact CAROL at 410-641-6876.

Monday/Tuesday

Sanctioned Duplicate Bridge

Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795.

Tuesday

Families Anonymous

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Tuesday/Thursday

Poker Players wanted for Gentlemen's Poker in North Gate area Ocean Pines. Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

Wednesday

Kiwanis Club Meeting

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m.

Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Second Wednesday

The Polish American Club of Delmarva meets at the Columbus Hall, behind St Luke's Church, 100th St & Coastal Hwy, Ocean City, from 2 p.m. to 4 p.m. the second Wednesday of the month. Come join us if you are of Polish or Slavic descent. No meetings. June, July, August. Call Helen Sobkowiak 410-723-2639 or Maryann Lula 410-250-2548 for more information.

Thursday

Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577 or Kate at 410-524-0649 for more activities. BeachSingles.org.

Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Friday

Knights of Columbus Bingo

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

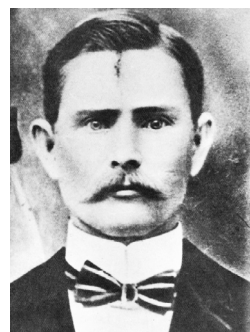
First Saturday

Creative Writing Forum

Every first Saturday of the month at 10 a.m. at the Berlin Library. Novice and established writers gather to share their fiction, non-fiction, and creative writing projects. Program includes critiques and appreciation, market leads, and writing exercises.

formers who will take the audience back to March 8, 1950, when the radio comedy was first broadcast. Appropriate for this time of year, the radio play is a humorous look at trying to prepare income tax returns before computers, and when a tax-deductible stamp was three cents.

It was in this show that the indomitable Gracie explained why one permanent wave cost \$110. "Gracie, who gave you that



On this day in 1882, one of America's most famous criminals, Jesse James, was shot to death by fellow gang member Bob Ford, who betrayed James for reward money. For 16 years, Jesse and his brother, Frank, committed robberies and murders throughout the Midwest. Detective magazines and pulp novels glamorized the James gang, turning them into mythical Robin Hoods who were driven to crime by unethical landowners and bankers. In reality, Jesse James was a ruthless killer who stole only for himself.

Workplace discrimination laws course set

The continuing education division at Wor-Wic Community College is offering a course called "Workplace Discrimination Laws," which will be held on four Fridays, April 5 through 26, from 2 p.m. to 4 p.m., in Room 103A of Fulton-Owen Hall at the college campus on the corner of Route 50 and Walston Switch Road in Salisbury.

The course will cover relevant federal, state and local laws regarding civil rights, age discrimination and disabilities, as well as how different generations in the workplace interact.

For more information about the course or to inquire about customized training for your business, contact Kerry Cleaver, director of continuing education and workforce development, at kcleaver@worwic.edu or 410-334-2815.

Tortoise, Hare Dare scheduled

The 22nd annual "Tortoise & Hare Dare" 5K walk/run will be held at 9 a.m., on Saturday, April 6, with a rain date of April 13, at Pocomoke River State Park-Shad Landing in Snow Hill. Registration begins at 8:30 a.m. This is a free event and is pet friendly and will be led by Smokey Bear. The first 100 runners/walkers to check-in on the day of the event will receive a free commemorative T-shirt. There is no cost to take part in the Tortoise and the Hare Dare. The Worcester County Health Department, Worcester County Department of Recreation & Parks, and Pocomoke River State Park all co-sponsor the 5k.

"The 22nd Annual Tortoise and Hare Dare 5k is a fantastic opportunity to start your spring with physical activity and exploration of Worcester County's beautiful Shad Landing," said Mimi Dean, Director of Prevention Services for

please see tortiose on page 15

Radio Airwaves performs classic shows

Radio Airwaves, the local amateur performance group known for recreating productions of well-known old-time radio shows, is returning to the broadcast stage with performances planned for April 11 to entertain residents of Gull Greek.

Two shows are in rehearsal.

The first is a George Burns and Gracie Allen standard titled "Income Tax Problems," with a cast of six per-

wave," exasperated George asks. "Muriel Roberts, the hairdresser. And



when I waved back, I drove right into a telephone pole," Gracie responds.

The second play, "My Favorite Husband," was aired April 30, 1950, with a cast of five, starring Lucille Ball and George Denning as Liz and George

Cooper, a married couple "who live together and like it." In this episode, Liz's plot to trick George into helping her with the spring-cleaning backfires in hilarious ways.

Radio Airwaves has been performing in Ocean City/Berlin since 2004. It is an amateur group that looks to preserve the rich heritage of old-time radio. For more information about the performance, or to learn about joining the group or booking Radio Airwaves, contact Karen McClure at 703-727-0528.



Bag Ladies - The Republican Women of Worcester County (RWWC) held a fundraiser at the Ocean Pines Community Flea Market on Saturday. The “Bag Lady” and her helpers were selling over 100 new and gently used handbags and accessories, that were generously donated by members of RWWC.

Park Quest registration kicks off

The Maryland Department of Natural Resources opens registration April 3 for Park Quest, the family-based outdoor adventure program in state parks throughout Maryland. This year’s theme is “Off the Beaten Path — Arts, Activities and Adventures in Maryland State Parks.”

Park Quest aims to engage families in outdoor activities to experience Maryland’s vast cultural, historical and natural resources on public lands and parks.

Through this annual program, 1,000 qualifying teams, usually families, will get an opportunity to complete outdoor excursions in at least 20 different sites from May 1 through October 31.

“We have prepared fun and challenging adventures for families to pursue in our beautiful parks around the state,” Maryland Natural Resources Secretary Jeannie Haddaway-Riccio said. “To all our guests, as you explore and discover our rich culture, history and nature, I hope you will also find a lifetime of wonderful memories.”

From “Blending with Nature” at Herrington Manor State Park in Western Maryland to “Oyster Wars of the Chesapeake” at Janes Island State Park on the Eastern Shore, each planned adventure provides a unique

challenge that offers education, entertainment and exercise for the whole family.

Teams must include at least one member 16 years of age or younger and at least one adult, with a maximum of 10 participants per team. Cost to participate in the program is \$10 per team, which is then provided with a Park Quest passport booklet.

Registration is first-come, first-served and will remain open until 1,000 team slots are filled. Families who miss the registration process may still participate in Park Quest, by accessing the Park Quest worksheets on the Maryland Park Service website and paying the appropriate day-use service charges at certain participating state parks.

Another affordable option is the Maryland Park Service Annual Passport, which provides unlimited day-use access to all 75 state parks through the calendar year.

Teams can take advantage of cabin and campsite reservations and spend a night or two under the stars as they explore the state’s network of parks.

Registration and more information for this year’s program can be accessed at the Park Quest webpage, <http://dnr.maryland.gov/parkquest/Pages/Home.aspx>.

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Tenebrae service planned

St. John Neumann Roman Catholic Church in Ocean Pines will hold a Tenebrae service on Sunday, April 14 beginning at 5 p.m. This service provides an opportunity for the Christian community to meditate and reflect on the darkness of our Lord Jesus Christ's Passion. Traditionally, a Tenebrae service takes place in a darkened church lit only by candlelight. Each meditation revolves around Christ's suffering from the Last Supper to the Crucifixion. The Tenebrae service at St. John Neumann will present periods of meditation and music to commemorate these events. After each period a candle will be extinguished. The church is left in near total darkness. Those attending will depart in contemplative silence.

This somber yet beautiful service recalls the emotions of sorrow, agony, humiliation and pain that Jesus experienced on the road to Calvary. The service, entitled "Lamentations of the Lamb," will be officiated by Rev. Joseph MPR Cocucci, pastor of the church. The St. John Neumann adult choir, along with instrumental accompaniment and readers of Sacred

Scripture, will lead the one-hour experience.

There is no fee to attend but a free will offering will be accepted at the door. The church is located at 11211 Beauchamp Road off of Route 589 and the parking is plentiful.

Breast health event scheduled

Atlantic General Hospital, in partnership with Susan G. Komen Maryland, will offer a free breast health dinner and discussion event for area women on April 11.

The three-hour "Hope in Bloom" event will address early detection, treatment and survivorship with area experts and survivors. Presentations will be given by Roopa Gupta, M.D., medical oncologist and hematologist, and Manoj Jain, M.D., radiation oncologist, who will touch on the latest in breast cancer treatment, in addition to a keynote address by breast cancer survivor Darlene Jackson-Bowen, Ph.D., PA. A panel of survivors will

*please see **health** on page 15*



Blood donation - Whenever the Blood Bank of DelMarVa holds a blood drive in Ocean Pines, the Kiwanis Club of Ocean Pines - Ocean City mans the canteen where donors are provided with snacks and drinks to consume before leaving.

(L-R) Kiwanians **Suzanne Foley** and **Kitty Wrench** with two donors during the recent drive.

Art grants available

The Worcester County Arts Council Grants Review Committee is seeking applicants for local art projects to be held in Worcester County between July 1 and December 31. Proposed project must be sponsored or presented by a not-for-profit, tax-exempt organization and be open to the public. Grant amount requested must be matched one-for-one by organization funds.

Applications must be received no later than 2 p.m. on April 15 at the Arts Council's office located at 6 Jefferson Street in Berlin.

Application forms and guidelines are available on the Arts Council's website: www.worcestercountyardartsCouncil.org

The Worcester County Arts Council's Community Arts Development Grants program is designed to assist local community-based groups produce and present arts activities in Worcester County and is funded and supported by the Maryland State Arts Council. Last fiscal year the Worcester County Arts Council awarded grants in a total amount of \$35,000 to various local non-profit organizations.

For further information or assistance, please call Anna Mullis, Executive Director at: 410-641-0809 or e-mail: anna@worcestercountyardartsCouncil.org.

Diabetes education event scheduled


Peninsula Regional Nutrition & Diabetes Education invites anyone interested in learning more about diabetes to attend a free education event, "Diabetes Myth Busters" on Monday, April 8. Jorge Vivar Aguirre, MD, an endocrinologist with Peninsula Regional Endocrinology and Diabetes in Salisbury, will keynote the session that will look into some popular misconceptions about diabetes and how making the right choices can improve life with diabetes.

The event begins at 5:30 p.m. with exhibits from companies involved in diabetes care and services until 6:45 p.m. Dr. Vivar Aguirre's presentation will begin at 7:00 p.m. and last approximately one hour. The program will be held in Hallowell Conference Center on the Peninsula Regional Medical Center campus – enter through the Hanna Outpatient Center entrance and take the elevator to the ground floor. Free parking will be provided in the Visitor Parking Garage. An RSVP is required; please call Peninsula Regional Nutrition & Diabetes Education at 410-543-7061. There is no cost to attend.

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It's All About 'The Birthday Boy'

Publisher's Note: *The following column was submitted by my children a number of years ago.*

By The Council of Three

We, the Council of Three have accepted the challenge. "How hard could it be with such a rich subject as me?" was the proclamation exclaimed by our father just the other night, when he was found eavesdropping on our council meeting. You see, just a few days prior to that we were approached by our father to write a collaborative column about, well in his words about "yours truly" and pertaining to a particular day. Believe us when we say that we love our father a great deal, but he is indeed a challenge and rather high maintenance, especially when it comes to this day.

It is that time yet again when our family gathers together in celebration; a time when we will travel great distances and come bearing gifts with our stories to share around the dinner table as we partake in this joyous occasion. Some of you may be confused as to what we could be talking about, but the third of April is (as referred to by "one"), "the most important day of the year." It is a day date that has been drilled into our heads since we were born. It's not a religious holiday or a major sporting event; it is a day to celebrate the world's great fortune of being blessed with yet another year of our father's life; his birthday.

This week our family will celebrate our father's 44th birthday, a day that we have been reminded of since April 4th of last year when he began the countdown all over again.

The day begins with the three of us aroused out of bed at an early hour, lining up in birth order so that when our father emerges from his bedroom he is greeted with a groggy, "never knew the sun was up at this hour," rendition of "Happy Birthday." After his morning serenade, while rubbing his hands together, he announces with boyish enthusiasm, "Let the festivities begin!"

Throughout the day we are required, sorry, we mean we insist upon sharing stories of how great our father is and why we're so happy to have him in our lives. Protocol states that a red carpet is to be unrolled wherever he walks and a drum roll played upon his entrance into a room. These details however, are still under negotiation.

Dinner is the time we gather to roast, um...we mean, toast our father's health and further exchange anecdotes having

to do with "the man of the hour." The meal itself is usually one that requires days of preparation and months of planning. The idea of what to serve is provided by Dad just moments after finishing his birthday meal the previous year.

There are no excuses to blowing off this celebration, all must offer acknowledgment. Failure to do so will result in a lawsuit drafted by the seemingly "neglected" birthday boy who claims "emotional distress." As if the lawsuit were not enough, a year's supply of snide remarks that begin with, "remember my birthday when...?" are also included.

Amazingly enough the gift does not seem to matter that much to him (that does not mean it is to be overlooked), instead he'd rather spend his day surrounded by his family, friends and those afraid of possibly being sued.

So here's to you Pop on your special day! A time when your family gathers together in your name to celebrate the day that eclipses your previous birthdays, regarding them as "mere speed bumps" to your big event. Now if you will excuse us we have some last minute revisions to attend to as you sit listing possible wish ideas while practicing blowing out your candles; all 44 of them.

Wife's note: One might read the above and believe that the Council of Three may be taking this opportunity to exaggerate in order to poke fun at their father. The column, after all, does lend itself to such. However, I can attest to the accuracy and truth of this column. After almost 22 years of marriage the art of Chip's Birthday Celebration (capitalization intended) has been honed to near perfection.

The house is scrubbed from top to bottom. Fresh paint is applied, silver is polished, menus carefully made (and revised), invitations issued and this year an actual kitchen remodel was done in order to facilitate hors d'oeuvres and beverages in a timelier manner. Several variations of the Birthday Celebration have been tried; the surprise party (he found out by being nosey), the family party, the office party, the party that wasn't even his...well you get the idea. Chip will have everyone know however, that he doesn't do all this for himself. It is of course, for the enjoyment of the rest of us.

Editor's note: *The Council of Three is comprised of Caden, Matthew and Nicholas, Chip's three "loving" offspring.*


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 Easter Bunny photo ops from 10:30am until 3:30pm.

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It's time to realize change is needed

Editor:

Considering the recent failure of the U.S. Senate to pass Sen. Ben Sasse's proposed legislation that would require that a baby born alive



after an attempted abortion be given the same medical care as any other living, breathing human being. I

have to ask where we are as a nation.

I ask myself how it can be that one may be fined thousands of dollars, and even incarcerated, for molesting or disturbing the eggs of a Bald or Golden Eagle (Bald and Golden Eagle Protection Act 16 U.S.C. 668-668d), while at the same time abortion (which certainly molests, disturbs and then kills a human life) is perfectly legal and is even celebrated by many citizens of our country.

I wonder about the attitude of so many elites in our government and intelligentsia who seem to think

work is nice, but not really essential, so if your job goes away because of minimum wage laws, or government regulations concerning the environment or health care, etc., why worry? The government will provide food stamps and housing vouchers and an unemployment check. And those who disagree with this idea, who believe work is better than welfare and want to promote policies that encourage work over welfare, are labeled as mean, and heartless, and racist.

I am sick, just sick, about the heroin epidemic and the path of death and destruction it is cutting through so many families and neighborhoods and our society in general. There has always been addiction to various substances, but not on this level. How did we get here? Why do people place so little value on themselves?

May I posit, for the sake of argument, that perhaps one of the causes of these societal ills is our embrace of the theory of evolution and the denial of the truth of the Creator God. When we choose, for whatever reason, to deny that humans are the in-

tentional creations of a loving God, created with purpose (to worship, to work, to serve) then what we have done is dehumanize and convey the message that human life in and of itself has no intrinsic value, it has only the value placed on it by other humans.

When we place more value on the life contained within a bird's egg than we do on the life contained within a human womb, what are we saying? If you're inconvenient, you're expendable? I will care for you for only so long as it benefits me? Think about what this means for you when you are old, and frail, and ill.

When we don't acknowledge that one of the characteristics God gave humans is the desire to work and

produce, then we are stealing some of a person's humanity. We are saying, in effect, you're not important, you have nothing to contribute, we don't need you.

When we do not acknowledge that we were created to worship, then we fail to realize that the focus of our worship, if not God, will be something material that will never satisfy. From this arises addictions, not just to drugs, but to anything that satisfies that need to worship - power, wealth, fame, alcohol, on and on.

We have believed the lie for so long. Are we open minded enough to admit the possibility that what we've been doing is not working?

Carol Frazier
Ocean Pines

Safe boating courses offered

Know the rules of the water. The majority of recreational boating accidents in Ocean City and surrounding waters occur due to boaters being unfamiliar with the local waters and running aground. But every year there are serious accidents that happen because boaters are unfamiliar with basic boating rules and regulations. These



are the rules of the water of which every boater must be aware and follow. Understanding buoys, who has the right of way, sea conditions and of course boater etiquette are all important boating skills.

The most likely group of people to be involved in an accident are men over the age of 50 who have not taken a boat safety class. The second age group involved in accidents is men over the age of 40 who have not taken a boat safety class. In 81% of recre-

ational boating fatalities, the operator did not have a nationally approved boater education certificate. The Maryland Safe Boating Class is required for all boat operators born after July 1, 1972, and highly recommended for all boaters.

The next class is being offered April 23, 24, and 25 between 6 p.m. and 9 p.m. at the Ocean Pines library. The cost is \$15.

All classes are taught by US Coast Guard Auxiliary

trained instructors. For more information or to register, please contact Barry Cohen at 410 935-4807 or email: CGAUXOC@Gmail.com

During 2019, the Auxiliary will hold additional classes as follows: June 4 to 6, July 9 to 11 and, September 3 to 5. These classes will run between 6 p.m. and 9 p.m.

One day classes will be offered on the following Saturdays: May 11 and August 3. These classes will run from 8:30 a.m. to 4:30 p.m.

The open road is maintaining its allure for vacationing families. According to AAA Travel, which conducted a survey 1,005 adults living in the continental United



States, 64 percent of families who planned to vacation in 2018 were intending to travel by car to reach their destinations. While the open road beckons, familiar roads might

not be as alluring to families as the roads less traveled. AAA found that 73 percent of families planning vacations in 2018 were hoping to visit a destination they had not previously visited. Rest and relaxation also ranked high on the list of things families wanted out of their vacations. Among families planning getaways in 2018, 61 percent indicated they were choosing destinations with attractions such as beaches and mountains, while 56 percent admitted finding a destination that promoted relaxation was important to them.

Interim GM named

The Ocean Pines Association (OPA) has a new general manager, at least temporarily. During a special emergency meeting Saturday, the board of directors named John Viola as the community's interim general manager.

While making the motion for the appointment, director Steve Tuttle made clear the position was unpaid and that Viola would not be a "full time" general manager but would work with the management team put in place following the departure of the previous general manager John Bailey last month.

Viola is currently chair of the organization's Budget and Finance Committee.

-Chip Bertino

**The
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DAR holds conference

The Maryland State Society of the Daughters of the American Revolution (DAR) recently held its 114th State Conference in Ellicott City. Chapter Regents and State committee chairmen reported on their accomplishments in 2018. Maryland American Legion Post Commanders and nurses nursing our Veterans were honored. The keynote speaker was Present General, Ann Turner Dillon, National Society Daughters of the American Revolution. Attending from General Levin Winder Chapter were Regent Gail Weldin, Pat Arata, and Barbara May.

The DAR is a women's service organization dedicated to promoting patriotism, preserving American history, and securing America's future through better education. For more information, visit www.dar.org.

Above: State Historic Preservation Co-Chairs **Pat Arata** and **Barbara May** and General Levin Winder Chapter members, Maryland State Regent, **Maureen Dougherty Tip-ton**, Chapter Regent **Gail Weldin**.

ReStore to hold recruitment night

Habitat for Humanity of Worcester County will hold a ReStore Volunteer Recruitment night on April 11 at 5:30 p.m. at the ReStore in Berlin. Attendees will be entered into a drawing to win a \$50 ReStore shopping spree.

The ReStore is an independently owned reuse store operated by Habitat for Humanity of Worcester County. The store accepts donations and sells home improvement items, furniture, and other household items to the public at a fraction of the retail price. The funds are then put to work in the community.

Proceeds are used to help build strength, stability, self-reliance and shelter for deserving families. ReStores strive to keep operating costs as low as possible to maximize the amount of money that goes directly to benefit the community, and volunteers are one of the ways to achieve this.

"By giving their time, ReStore volunteers support projects that benefit families in Worcester

County," says ReStore Manager Justin Cannon. "Volunteers also have a lot of fun and get to use their skills, talents and energy toward making the ReStore a great shopping experience."

The Habitat ReStore offers a multitude of volunteer opportunities geared toward individual interests and skills. Typical volunteer ReStore duties include creating decorative displays, customer service, cashiering, stocking shelves, furniture up-cycling, pricing and inventory, merchandising, donation pick-ups, greeting customers, and customer service.

The ReStore is located at 9026 Worcester Highway in Berlin. The store is open Wednesday to Saturday, 10 a.m. to 5 p.m., and various volunteer shifts are available. For more information about volunteering at the ReStore, go to www.habitatworcester.org/ReStore or email volunteer@habitatworcester.org.

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DNR seeks anglers' assistance

As spring fishing season begins in earnest, the Maryland Department of Natural Resources asks anglers to help track scientific data by using the mobile-friendly Volunteer Angler Survey.

Anglers of all ages can become citizen scientists by recording some basic information from their catch such as species, location and size directly to survey on their smartphone.

"The data received from our anglers in these surveys is a tremendous asset to the department," said Fishing and Boating Services Director David Blazer. "Our biologists use this information to develop, plan and implement management strategies."

Volunteer surveys have been an important part of fisheries manage-

ment in Maryland for decades.

Since launching several new mobile-friendly volunteer angler surveys within the past year, the department has seen survey participation grow in some instances by more than 80 percent.

Currently the artificial reef initiative, blue crab, freshwater fisheries, muskie, shad and striped bass programs have upgraded to mobile-friendly methods.

Participants in the Volunteer Angler Survey are eligible to win quarterly prizes. More information is available on the volunteer angler survey webpage, <http://dnr.maryland.gov/Fisheries/Pages/survey/index.aspx>



Presentation - In celebration of Women's History Month in March, the Democratic Women's Club's (DWC) **Linda Linzey** gave a presentation to the DWC on the significant contributions made by women throughout our history. Linzey's discussion focused on the 2019 National Women's History Alliance Theme, "Visionary Women, Champions of Peace and Nonviolence."

Nine-week CERT training offered

Ocean City and Worcester County Emergency Services personnel are teaming up to offer a community-wide training course to residents. The Community Emergency Response Team (CERT) basic training program will be offered for approximately nine weeks in the spring at the Ocean City Public Safety Building.

Designed as a grassroots initiative, the CERT program educates community volunteers about disaster preparedness for the hazards that may impact their area. CERT is specifically structured to allow local and state program managers to have the flexibility to form their programs in the way that best suits their community by training participants in basic disaster response skills. CERT volunteers are trained to respond safely, responsibly, and effectively to emergency situations, but they can also support their community in non-emergency events as well.

"The program began in 1993 and has since impacted communities across the country, in all 50 states with over 2,700 local CERT programs nationwide and 600,000 individuals trained in the program," Ocean City Emergency Services Director Joseph Theobald said. "CERT offers a consistent, nationwide approach to volunteer training and organization that professional responders can rely on during disaster situations, allowing them to focus on more complex tasks. Through CERT, the capabilities to prepare for, respond to, and recover from disasters is built and enhanced."

Most sessions will take place on Thursdays, beginning April 11, with Disaster Preparedness. Session II will include disaster fire safety/suppression. Session III is Disaster Medical Operations I, which will include the ABCs and Check, Call, Care for emergencies; rescue breathing and choking for the conscious and unconscious; Adult CPR and Automatic External Defibrillator (AED); and primary and secondary surveys. Session IV is Disaster Medical Operations II, where participants will learn basic triage information, controlling bleeding and wound care, splinting, burns, fractures, sprains and strains, and sudden illnesses, hypothermia and frostbite. Session V is light search and rescue/hazmat.

Session VI on May 16 will include organization, disaster psychology, and a program wrap up, with CERT Team well-being and working with survivors' trauma, utilities hazards, precautions and safe operations, practical application discussion, and take-home review materials.

Session VII and VIII will be combined for Practical Work Stations and take place on Saturday, May 18, from 8:30 a.m. to 1 p.m. at the Worcester County Fire Training Center on Central Site Lane in Newark and include a decontamination unit demonstration, practical work stations with simulated disaster scenarios, and communications and inner operability.

please see **cert** on page 15

Land Trust kicks off Spring

The Lower Shore Land Trust (LSLT) welcomes the public to kick off spring with Snow Hill's First Friday. LSLT will open its doors at 4:30 p.m. on Friday, April 5 for an evening of fun with hands-on crafts, exhibits and a special guest. Juggling extraordinaire and Guinness World Record Title Holder Cascading Carlos will put on a show for the whole family.

Visitors of all ages are invited to make their own Monarch Seed Ball, learn about upcoming pollinator events, and hang around for some plant giveaways. Drinks and light refreshments will be available. This free event is sure to entertain the whole family.

Come out and learn more about LSLT's upcoming events, including the Delmarva Pollinator Festival & 12th Annual Native Plant Sale on Saturday,

May 4. This family-friendly event on the Pocomoke River will include education displays, local vendors, food, live music, workshops, and native plant sale!

During the First Friday event guests can stroll the streets of Snow Hill and enjoy the local art galleries and unique shops. Special First Friday offers around town include: light refreshments, wine tastings, local musicians, street vendors, and more. For more information on this or future Lower Shore Land Trust First Friday events, please contact Josh Hastings at 443-234-5587 or jhastings@lowershore-landtrust.org.



If you live in Ocean Pines, be sure to contact The Courier if you want the paper each week in your driveway. Call 410-641-6695

Letters sent to The Courier for publication consideration must be signed and include a telephone number where the author can be reached to verify authenticity, if necessary. Letters are not corrected for spelling or grammar and priority will be given to letters of 300 words or less. Letters must be received by Friday at 5 p.m. They can be e-mailed to:

thecourier@delmarvacourier.com



Reading Day - Worcester County Commissioner Chip Bertino visited Ocean City Elementary School to help celebrate National Read Across America Day. Commissioner Bertino read a Dr. Seuss story with Maria Graham's and Hillary Haines' second grade classes. Read Across America Day is a nationwide reading celebration that takes place annually on March 2, Dr. Seuss's birthday.

Golf kick-off event scheduled

The LPGA Amateur Golf Association Eastern Shore will hold its 2019 Kick Off Event and celebrate its 23rd year of operation on the Eastern Shore. The event will take place at Bear Trap Dunes on Sunday, April 14 at 11 a.m. The day will include a buffet lunch and 9-holes of golf or a golf clinic, and prizes. All ladies are welcome to join us; however, pre-registration is required to attend. We will also be drawing for a free membership for new members.

In 2018, the Executive Women's Golf Association (EWGA) aligned with the LPGA Foundation to become the LPGA Amateur Golf Association (LPGA Amateurs).

The mission of the LPGA Amateurs is to provide a welcoming golf community for all women. The LPGA Amateur Golf Association transcends geographic boundaries. With Chapters in over 110 cities (and growing) in the US and internationally, we bring together and connect women who share a passion for golf.

For more information or to sign up

If you live in Ocean Pines, be sure to contact The Courier if you want the paper each week in your driveway.

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for the event (by April 7) visit our website: www.lpgaamateursshore.com

For more information, please email Diane Heath, MemberRecruitLPGAA-amateursEASH@gmail.com

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Astronomy & Spaceflight

By Douglas Hemmick, Ph.D.



Neutrino Astronomy

The topic for April is the detection of “neutrino” particles from celestial sources. Astronomy fans may be aware of alternative techniques used in observations – among these are infrared, gamma and x-ray methods. Neutrinos represent the newest, most sophisticated form of astronomy. In November, 2013 the ICE CUBE Neutrino Observatory in Antarctica announced its first successful detections. This south pole observatory is ushering in an exciting new era.

The Ice Cube observatory is located at the Amundsen-Scott South Pole Station, in Antarctica, and was completed in 2010. Detection of neutrino particles is done quite differently than using conventional telescopes. A series of 86 tunnels were drilled down into the ice. Long cables were lowered into the drill holes, each one containing 60 basketball -size sensors. These sensors, known as Digital Optical Modules or DOMs, form a vast array for detecting neutrinos in a large area. The full range stretches from 0.9 to 1.5 miles deep and contains more than 5,000 DOMs. The total volume of the sensors is about one cubic kilometer.

In September 2017, Ice Cube detected neutrinos from a “blazar” galaxy. The object, known as TXS-0506+056, is about 4 billion light years from Earth. Blazars are very powerful forms of the more well-known “quasars” and in particular the “jet” of a blazar happens to be aligned in the direction of Earth. Blazars are among the most energetic phenomena in the universe and viewing a blazar has been described to be like staring down the barrel of a gun.

The Ice Cube Observatory is designed to bring new understanding of high energy sources such as blazars as well as galactic supernovae, and gamma-ray bursts. Coinciding with Ice

Cube’s detection of neutrinos from the blazar, several detectors around the globe found that gamma rays were also being emitted from the same blazar source.

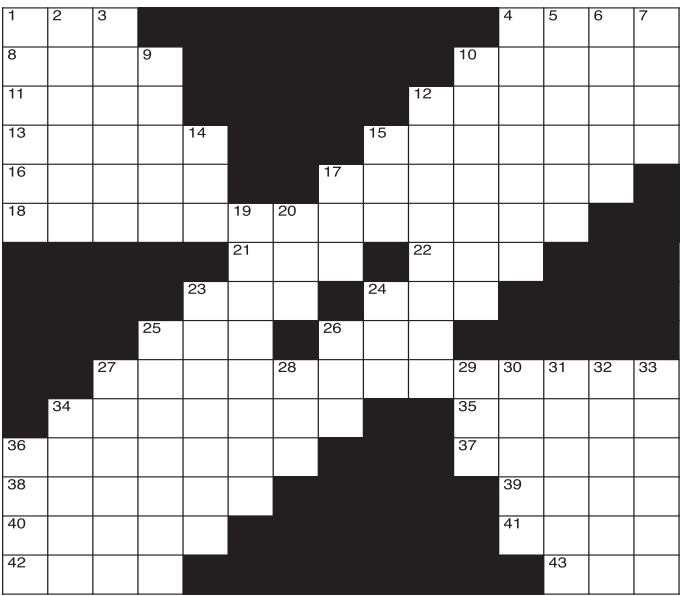
While stargazers might imagine that a giant black hole would simply swallow all nearby material including light, this is not the case for quasars



and blazars Tremendous heating is occurring at the edge of the black hole, where there is a “vortex” of gaseous material rapidly swirling and falling inwards. This creates out-flowing “jets” of radiation produced from the vortex. These energetic jets serve as “beacons” that can be detected far across the cosmos.

TXS 0506+056 is a high energy blazar located relatively near the right shoulder of the constellation Orion. Stargazers should not expect to spot this faint object with its apparent magnitude of 15. This blazar was initially discovered as a radio source in 1983, and is now recognized as the first known source of high energy astrophysical neutrinos. Past astronomical neutrino measurements have included the everyday and the extraordinary - as neutrinos that originated in the sun were observed as well as those from the detonation of supernova 1987A. In both these cases, the neutrinos identified were of much lower energy than those from the blazar.

please see **space** on page 11



CLUES ACROSS

1. Defense Department

4. Diminutive hoopster Webb

8. Cools

10. Chili con ____

11. Quantitative fact

12. Enliven

13. A woman of refinement

15. Where royalty live

16. Beverage made of oatmeal

17. Replaced

18. UK’s largest city

21. Obamacare

22. When you expect to get there

23. Deutschland

24. Consumed
25. Paddle

26. A way to consume

27. “Walter White”

34. The opera has one

35. Honk

36. Disorganization

37. Secret political clique

38. Recounted again

39. Converts to leather

40. Consisting of a single element or component

41. Therefore

42. Clownish

43. The habitat of wild animals

CLUES DOWN

1. Dreary

2. Book page size

3. Become less lively

4. Grassy plain

5. Attached a figure to

6. Hungry

7. NY-based department store

9. Pedestal

10. Single-celled animal

12. National capital

14. China’s chairman

15. Al Bundy’s wife

17. Acid in all living cells

19. Told

20. Displays heartbeat
23. Softly

24. Swiss river

25. Small chapel

26. Electronic countermeasures

27. Asian nation

28. Neither

29. Peacock network

30. List of candidates

31. Medieval garment

32. Type of juice

33. “Coach” actor

34. Puerto Rican dance music La ____

36. Texas politician Ted

E	L	B	O	W		B	L	O	C		R	O	C	K
S	W	A	S	H		R	E	P	A	R	A	B	L	E
P	E	R	S	O	N	I	F	I	C	A	T	I	O	N
Y	I	N		E	A	T		T	R	I	E	D		
			E	B	N		S	U	E	T				
	S	O	D	S			A	S	L	E	E	P		
M	E	A	N			F	L	E	Y		P	A	C	
A	C	N	E		B	L	U	E	S		C	E	C	A
O	C	T		E	R	I	N				R	E	A	D
	M	A	R	O	O	N		C	A	T	S			
		E	L	A	N		S	A	C					
	O	S	M	I	C		A	A	R		B	D	L	
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Answers for March 27

Harbor Day at the Docks to return

Worcester County Recreation and Parks (WCRP) is bringing back Harbor Day at the Docks. All are invited, residents and visitors alike, for the return of this long-anticipated, family-friendly maritime heritage festival on Saturday, October 19, from 10 a.m. to 5 p.m.

Harbor Day at the Docks celebrates the rich history, culture, and heritage that highlights the sport and commercial fishing industries. Highlights of the day will include seafood cooking demonstrations, crab picking contests, live music, local fisherman displays, nautical artisans, educational exhibits, food, fun kids' activities, and blessing of the fleet.

This free event will take place along Sunset Avenue in the West Ocean City commercial harbor. A complimentary shuttle service will be available for convenient parking from the West Ocean City Park N' Ride.

Sponsorship opportunities and vendor space are available. For more information, visit www.harbordayoc.com,

visit the social media pages @harbordayoc, or contact WCRP Marketing Program Manager Brianna Goddard at 410-632-2144, ext. 2514 or bgoddard@co.worcester.md.us.

Register now for credit classes

Wor-Wic Community College is currently accepting registrations for credit classes that are being offered this summer and fall. Early registration is encouraged for the best selection of classes. The first summer session begins May 13, the second summer session begins May 28 and fall classes begin September 4.

Admission, registration and financial aid services are available Monday through Thursday from 8 a.m. to 6 p.m., and Fridays from 8 a.m. to 4:30 p.m.

For more information or a credit class schedule, visit www.worwic.edu or call 410-334-2895.



Honored - At the annual Women's History Month Luncheon March 26 held at the Clarion Hotel, The Worcester County Commission for Women (WCCW) honored Linda Dearing of Ocean Pines for her work with the McGuffey Bookworm project and her work against domestic violence. The luncheon coincides with Women's History Month and the National Women's History Alliance. In its 24th year, the luncheon is held each March and honors women in Worcester County who have made an impact on their community and future leaders of tomorrow from Worcester County Public Schools.

Above: **Tamara White**, co-chair, WCCW; **Linda Dearing**, honoree; **Liz Mumford**, co-chair, WCCW.

space
from page 10

For readers wondering how astronomers can observe neutrinos, which are about the size of tiny electrons of an atom, the following is a brief technical summary. The basic mechanism is the so-called "Cherenkov radiation" which produces a flash of light emitted due to exceeding the speed of light. This occurs when a medium, like glass or ice, slows down the speed of light, allowing high-speed particles such as muon neutrinos to travel relatively faster. Some sources have compared this effect to a jet airplane crossing the sound barrier, producing a high intensity "boom" of sound waves. The bluish light of Cherenkov flashes are observed and recorded by Ice Cube's Digital Optical Modules for analysis of their speed and direction.

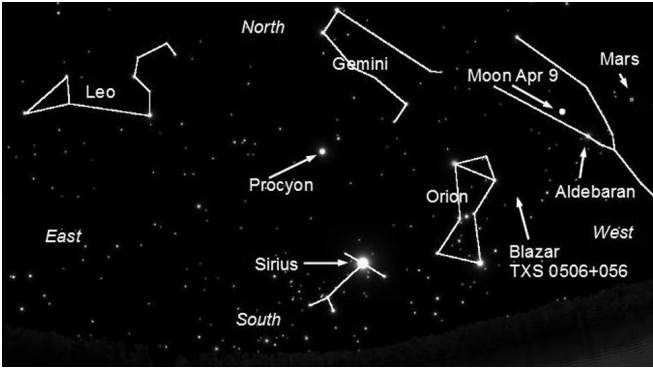
April is a good time to view Leo the Lion, heralding springtime. As the sky becomes dark around 8:30 p.m., this constellation is already well above the eastern horizon. Leo resembles a reclining lion, with the characteristic backward question mark representing the head and mane, and an elongated triangle delineating the hind legs.

Orion the Hunter is beginning to leave the stage this month, as he gives way to springtime stars. The great hunter is fully visible until about 9:45 p.m.

On April 9, from about 8:45 p.m. to 9:30 p.m., the moon, Mars and the star Aldebaran, will form a small triangle in the sky, above the north-western horizon.

April 20 is the anniversary of the 1972 moon landing by Apollo 16. Astronauts spent about three days exploring the lunar surface, and covered 16 miles in their moon rover

Wishing good luck and clear skies to all stargazers.



Bertino to host town meeting

Worcester County Commissioner Chip Bertino will host a town meeting on Saturday, May 4 at 10 a.m. at the Ocean Pines library. He will discuss issues and developments impacting the Ocean Pines district and the county. Commissioner Bertino's guest speakers include Worcester County Sheriff Matthew Crisafulli, Worcester County State's Attorney Kris Heiser and Lynne Barton, principal of Stephen Decatur Middle School.

Sheriff Crisafulli will discuss his views on law enforcement efforts within the county and his tenure since taking office last December.

Mrs. Heiser will share develop-

ments and initiatives in her office since being sworn in in January.

Ms. Barton will present her experiences and perspectives as principal of the county's largest middle school.

Commissioner Jim Bunting will join the meeting as well.

Tides for Ocean City (Fishing Pier)				
Day		High /Low	Tide Time	Sunrise Sunset
Th	4	Low	1:39 AM	6:41 AM
	4	High	7:50 AM	7:26 PM
	4	Low	1:59 PM	
	4	High	8:04 PM	
F	5	Low	2:19 AM	6:39 AM
	5	High	8:28 AM	7:27 PM
	5	Low	2:34 PM	
	5	High	8:43 PM	
Sa	6	Low	2:58 AM	6:38 AM
	6	High	9:06 AM	7:28 PM
	6	Low	3:09 PM	
	6	High	9:22 PM	
Su	7	Low	3:39 AM	6:36 AM
	7	High	9:45 AM	7:29 PM
	7	Low	3:47 PM	
	7	High	10:02 PM	
M	8	Low	4:22 AM	6:35 AM
	8	High	10:25 AM	7:30 PM
	8	Low	4:26 PM	
	8	High	10:44 PM	
Tu	9	Low	5:09 AM	6:33 AM
	9	High	11:07 AM	7:31 PM
	9	Low	5:10 PM	
	9	High	11:29 PM	
W	10	Low	6:00 AM	6:32 AM
	10	High	11:53 AM	7:32 PM
	10	Low	6:00 PM	

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thecourier@delmarvacourier.com

Fire company to host fundraisers

The Bishopville Volunteer Fire Department Auxiliary will host the following fundraisers.

The Chicken and Dumplings dinner will be held Saturday, April 13 between 5 p.m. and 7 p.m. The cost is \$12 for adults, \$6 for children ages 11 and under. In addition to the chicken and dumplings, on the menu will be coleslaw, green beans and sweet potatoes. Water, tea & coffee included. Bottled water, soda, and baked goods will be sold separately.

The Crab Cake Platter will be held Sunday, May 19 between 11 a.m. and 1 p.m. The cost is \$12.00. Platters must be pre-ordered. Only 100 platters will be available.

Included is one crab cake on a roll, coleslaw, baked beans, water or soda.

Both events will be hosted at the Bishopville Volunteer Fire Station on Main Street in Bishopville. Call or text Tina at 443-880-6966 for information.

Pitch, Hit, and Run competition offered

Worcester County Recreation and Parks (WCRP) is offering Pitch, Hit, and Run, a one-day skills competition that is open to boys and girls, ages seven to fourteen at fields 4 and 6 at Newtown Park in Pocomoke on Saturday, April 6 from 11 a.m. to 1 p.m.

Participants may stop in at any time for their skills assessments on pitching, hitting, and running. The assessment will take approximately five minutes per individual.

Winners of the event will be re-

quired to provide a birth certificate to verify age before moving on to sectionals, with hopes to move on to partake at a big league ball park. Pre-registration is recommended at www.pitchhitrun.com.

For more information, contact Jacob Stephens at 410-632-2144, ext. 2506 or jstephens@co.worcester.md.us. To learn more about upcoming WCRP youth programs, visit www.worcester-recandparks.org.

AGH targets Mobile Integrated Health

In late February, the safe seniors outreach planning team at Atlantic General Hospital hosted a meeting to review best practice models associated with the care of high-risk patients in their homes, using EMS personnel, pharmacists and providers who partner with local hospitals and health departments. Termed mobile integrated health, or MIH, such programs are designed to deliver the right care and resources in the right place, with the right partners – key tenets

*please see **agh** on page 15*



(L to R) Alicia Walker, MaryAnn Rutzler, Danaya Arzadon (all sixth-graders) and Amanda Nicasto (eighth-grader) cut fabric for costumes.

MBS presents 'The Lion King, Jr.'

Disney's "The Lion King Jr." will be performed by actors in grades five through eight at Most Blessed Sacrament Catholic School (MBS) on April 5 and 6 at 7 p.m. Admission is \$5 for this 60-minute musical based on the Broadway production, directed by Julie Taymor, and the 1994 Disney film. The MBS cast of 30 students is led by Mrs. Jackie Selba, MBS drama teacher.

As part of the arts integration initiative at MBS, students participate in the musicals each year.

"Each year, as the director of the elementary play, I was drawn to "The Lion King, Jr." This year, with an older, experienced ensemble, I decided to take the wildebeest by the horns and

produce "The Lion King, Jr." Performing in a play teaches a variety of theatrical and 21st century skills, from acting and design, to creativity and collaboration. From the audition process to the final performance, students learn many life lessons. I like to encourage all students in my classes to audition for the play, to have their chance to be in the spotlight for just a little bit. They may want to work backstage but given a bit of encouragement are willing to take on a role. That little nudge might be all they need," says Selba.

MBS offers opportunities for students in grades three-eight to participate in two different plays each year.

AGH receives top quality award

The Maryland Patient Safety Center has named Atlantic General Hospital the recipient of the 2019 Minogue Award for Patient Safety Innovation for their success in decreasing hospital-acquired C-diff infections while also reducing isolation time.

C-diff, or Clostridium difficile, is a common but dangerous infection that can result from antibiotic use. According to the CDC, "when a person takes antibiotics, good bacteria that prevent against infections are destroyed for several months. During this time, patients can get sick from C-diff."

In 2016, the Centers for Medicare and Medicaid Services charged all US hospitals with the goal of reducing their hospital acquired C-diff rates by 20 percent. To address this, Atlantic General had implemented evidence-based practices to reduce C-diff infec-

tions, but realized they needed to take further action to reduce the incidence of C-diff.

So, they set a goal for innovation: to reduce the incidence of C-diff while also reducing the amount of time spent in isolation, increasing patient satisfaction and health outcomes, and reducing cost.

The Interdisciplinary Infection Prevention committee at the hospital identified that liberal use of contact isolation, which is a quarantine of patients with C-diff or those with a history of the infection, causes patient dissatisfaction and even leads to less interaction with their healthcare providers. Atlantic General Hospital is focused on the right isolation for the right patients at the right time.

The team began by addressing the

please see award on page 15

Glamour Day offers pampering, beauty services

Worcester County Recreation and Parks (WCRP) is hosting its inaugural event, Glamour Day at the Worcester County Recreation Center in Snow Hill on Saturday, April 13, from 10 a.m. to 1 p.m.

Participants will spend time getting pampered, as hair stylists, makeup artists, and manicurists from Delaware Learning Institute of Cosmetology provide beauty services.

This event is open to students in grades pre-K through sixth. Families should register online at www.worcesterrecandparks.org to reserve desired appointment times. Participants will have their photos taken, and props will be included. Photos will be emailed to the address provided during registration.

A parent or guardian is required to stay with each child. Drinks and snacks will be provided.

For more information, contact Trudy Porch or Kelly Buchanan at 410-632-2144. To view other upcoming events, visit WCRP at www.worcester-recandparks.org.

Pines plans to use drone to locate missing persons

The Ocean Pines Police Department can now put an eye in the sky when surveying the area for reported missing residents.

An officer who doubles as a drone-certified pilot used a newly purchased drone on Thursday, March 28 to assist with the search of a missing 79-year-old woman. That's one of many uses Chief Dave Massey sees for it.

"Now we also can utilize the technology to locate offenders who decide to flee from the police for criminal offenses," said Massey. "The bonus to our community is that through a grant from Governor's Office of Crime Control & Prevention of Maryland we were able to acquire the drone, it did not cost our residents any additional expense."

Massey said the police department had two separate incidents of missing persons recently within the same week.

"There's a large retirement population in Ocean Pines and the police department deals with its share of elderly residents with dementia who walk off and are reported missing," said Sawyer, marketing and public relations director for the Ocean Pines Association. "These residents need to be found quickly, which is capable with the help of the new unmanned aircraft system."

Sawyer said the drone has a transmission system with a 4.3-mile range, five vision sensors, and a 4K camera stabilized by a 3-axis mechanical gimbal.



"Ocean Pines Police are leveraging new technology, like the Mavic Pro Drone, to be even more responsive," said Sawyer. "This as we have seen an uptick in service calls in the largest residential community in the County."

The 2018 year-end Ocean Pines Police report, released Feb. 11, shows that there was a 10 percent increase in calls from 2017 to 2018 – from 12,277 calls in 2017 to 13,589 in 2018

– which represents the largest number of calls for service workload on record.

"Service calls can be a variety of incidents, such as criminal complaints, checking on the welfare of our residents, mental health checks, residential property checks and even assisting our local residents when they accidentally lock their vehicles," Massey said.



Ocean Pines has a state-certified, full-service police agency that operates 24 hours a day, seven days a week. All sworn officers attend 23 weeks of intensive police training at the Eastern Shore Criminal Justice Academy in Salisbury. Upon graduation, all officers are certified by the Maryland Police Training Commission.

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Assembly passes Hogan redistricting legislation

In a rebuke of status-quo partisan politics, the Maryland General Assembly on Monday sent Senate Bill 90 and Senate Bill 91 directly to Governor Larry Hogan's desk. The bills abruptly and unexpectedly end Maryland's distinction of having the most gerrymandered districts in America.

"Wait, what?" Governor Hogan asked upon coming into his office and seeing the bills on his desk. "Here I thought they were going to leave our legislation in a drawer, and they just



went and did the right thing. This is the most bipartisan, common sense solution to come out of the General Assembly in the 243-year history of our state. We are truly changing Maryland - and maps - for the better!"

Governor Hogan has been fighting for redistricting reform since before he became governor. He fulfilled a campaign promise by creating a bipartisan redistricting reform commission, and for four years in a row, he has introduced non-partisan redistricting reform legislation. It has never even been brought up for a vote on the floor until now.



Speaker - Melody Clarke, Senior Regional Coordinator for Heritage Action for America, was the guest speaker at the Republican Women of Worcester County's (RWWC) March 28 luncheon meeting that was held at the Dunes Manor Hotel in Ocean City. Standing, left to right, are **Beth Rodier**, RWWC president and guest speaker **Melody Clarke**.

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PRMC offers safer, more customizable CT scans

Patients and clinicians at Peninsula Regional Medical Center's (PRMC) Robert T. Adkins, MD Emergency/Trauma Center now have access to the latest in dynamic Cat Scan (CT) technology with the recent installation of a new Canon Aquilion ONE/GENESIS edition. PRMC is the first hospital on Delmarva to install the premium CT technology, and one of just six in Maryland.

The Aquilion ONE is a small, lightweight system that uses less power and allows technologists to automatically set the optimal dose for every procedure and precisely tailor the scan for every patient.

The 320 rows of detectors enable PRMC's medical imaging professionals to perform both routine and advanced scans of the entire body, and to do that faster and with lower doses of radiation for a wide range of patient populations. That's important, because an average of 36,850 CT scans are performed an-

nually, including stroke and trauma patients, at PRMC.

"Precise, short, one-rotation scans allow us to lower the dose of contrast, reducing risk but still permitting the scanning of sensitive organs like the brain and heart," said Mary Lou Melhorn, Director of Medical Imaging at PRMC. "It also makes it possible to scan more dose-sensitive people, like pediatric, critically ill or trauma patients. Best, it does this very quickly with excellent image quality, which means our physicians are able to visualize and detect injuries and disease in less time."

Although smaller than a tradi-

tional CT, the system features a patient centric design. Its gantry (the opening) is flared, offering a calming, less tunnel-like, wide-open space for a better patient experience. Those benefits, combined with a reinforced table-the widest available-also makes imaging the bariatric population up to 694 pounds easier with increased patient comfort.

The Aquilion ONE system at PRMC offers patients a radiation dose reduction of 31% for body scan and 22% for brain scans compared to older systems.

agh
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of the Five Rights of Atlantic General Hospital's 2020 Strategic Vision.

In some areas of the country, as many as one out of every five calls to 911 are for non-urgent issues. This results in a strain on EMS crews and expensive treatment for patients who could be better cared for in a different environment. In our own communities, the reasons for calls determined to be non-urgent can range from a sore throat complaint to the worsening of a chronic condition that hasn't been properly managed outside the hospital setting to a lonely and scared senior's overpowering desire to talk to someone.

That's when an MIH unit can step in. Atlantic General's planning team

award
from page 12

over-prescribing of antibiotics, revising their screening efforts, standardizing their patient isolation policies, and providing family and patient education about the risk of C-diff.

"At first, decreasing the number of days a patient remains on contact isolation while attempting to decrease the rate of C-diff infections seems like an oxymoron. Quite frankly, it seems counterintuitive," said Nicole Morris BSN, CCRN, the manager of Infection Prevention at Atlantic General Hospital. "But, through a number of efforts we achieved that and more."

The winners were selected by a panel of independent judges who are

hosted members from the Region IV EMS office of the Maryland Institute of Emergency Medical Services Systems, Queen Anne's County where the first such program in the state was trialed, Worcester County EMS, Worcester Commission on Aging, Veterans Affairs (VA), local police departments, and Worcester County Health Department leadership.

"This senior outreach program has great potential and furthers AGH's 2020 Strategic Vision, improving the quality of life for our community members and visitors," said Donna Nordstrom, director of community health at Atlantic General. "The senior population is growing dramatically in our community, and they need our help. With a properly designed program, we can promote self-determination in each patient's effort to attain

leaders in the Maryland healthcare community. The two top awards will be presented at the 15th Annual Maryland Patient Safety Conference on April 5 at the Hilton Baltimore.

health
from page 4

also be held for discussion and a Q&A session. Atlantic General Hospital is co-hosting this event with Komen Maryland and the Residence Inn by Marriott.

Advance registration is required. Please visit www.agh.care/hope or call 410-629-6820 to register. Those interested are urged to sign up soon, as the event will only be available to the first 100 registrants.

The event will take place between 5 p.m. and 8 p.m. at the Residence Inn by Marriott located at 61st Street and the Bay in Ocean City. The "Hope in Bloom" breast health event is free of charge.

cert
from page 8

The final session, Session IX, will include testing and graduation on Wednesday, May 22, beginning at 6 p.m. at the Ocean City Town Hall in the Mayor and Council Chambers on 3rd Street and Baltimore Avenue.

To register for the training or to learn more, contact Amanda Lewis at 410.723.6616 or email alewis@oceancitymd.gov or visit www.ocmdemergency.com; or Worcester County Emergency Planner Tina Vickers at tvickers@co.worcester.md.us.

tortoise
from page 2

Worcester County Health Department. "Whether you walk or run the course, Tortoise and Hare Dare is a fun, accessible way to get outside and get moving."

After the walk, participants are encouraged to visit local health, recreation, and community exhibits. This is a great opportunity to enjoy the outdoors while getting some physical activity with friends, family, and other community residents. Pre-registration is encouraged and participants can register by calling 410-632-0056 or visiting WorcesterHealth.org.

optimum quality of life."

This will be done through assessment, care coordination services and connection to appropriate community resources.

"Our goal is to assure that vulnerable seniors are identified in the community setting through our partnerships, that home assessments are completed, and the appropriate services are wrapped around these individuals to improve their health and reduce risk of hospitalization," said Andi West-McCabe, director of practice transformation and emergency services at Atlantic General Hospital.

**The LORD will surely save me
So we will play my songs on
stringed instruments Isaiah 38:20**



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Lisa Lederach



...gone too soon



Lisa Lederach was a dear employee, co-worker and friend to all at DeNovo's. Lisa recently passed away suddenly leaving behind her beloved nine year-old twins. We at DeNovo's were lucky to have her as a dedicated member of our team. We will miss her dearly and will be holding a fundraiser at DeNovo's on Friday April 12, 2019, where 20% of the proceeds from 4 p.m. to closing will be donated to her children. In addition, there will be a silent auction where a variety of themed baskets will be displayed and 100% of the proceeds from auction will go to her children.

Tickets will be on sale for the entire day.

We are asking local businesses to consider donating gift certificates, merchandise, coupons, experiences, or any items relevant to your business that can be incorporated into these baskets for auction.

We would like to thank you for your contribution to Lisa's Fundraiser!