



# TWIN CITY TIMES

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FREE • Vol. XXI, No. 2

Your Hometown Newspaper Since 1999

Thursday, April 11, 2019 • FREE

## Out & About with Rachel Morin Tree Street Youth Center makes thank you visit to Schooner Estates

Story and photos by  
Rachel Morin

Julia Sleeper-Whiting, Executive Director of Tree Street Youth Center, recently arrived at Schooner Estates in the driver's seat of the "new" bus that the retirement community's owners generously donated to the center in January.

Tree Street Youth Center has already made multiple trips with the bus since they received it on January 29. There have been excursions to visit colleges, explore employment opportunities, and take field trips.

The teenagers of Tree Street Youth Center have benefitted greatly from the bus and wanted to show their appreciation, so on this day, they visited Schooner Estates to deliver a large thank you poster complete with photos. They also brought multiple thank you cards created by the younger students of the center featuring their original art work and touching, hand-written messages of thanks.

While at Schooner, the teenagers also wanted to spend some time mingling with the residents and learning about their life experiences. It didn't take



Tree Street Youth Center Director Julia Sleeper-Whiting has driven many large vehicles in the past, so she is at home behind the wheel of the center's new bus.

long before they fanned out amongst the residents to engage in lively conversations. Residents were pleased and impressed with the teenagers' eagerness to discuss what the residents did in life, including what work they did, what inter-

ests they had, and whether they still pursued these interests and hobbies.

Thoughts were expressed that return visits to learn even more about each other might be beneficial to both sides.

See more photos, page 6

## Maine State Museum exhibit portrays women's long struggle to vote



Pro-suffrage activists in a Portland parade, c. 1914 (from a personal collection on loan to the Maine State Museum)

Now on view at the Maine State Museum in Augusta is a new exhibit called "Women's Long Road - 100 Years to the Vote."

Through the people who lived the struggle, the museum's exhibition tells the story of the 100-year effort to expand voting rights to include women. Historical photographs, artifacts, and documents on display add dimension to those stories as they were played out in newspaper headlines, parades, cartoons, products, and petitions.

The work of Maine

activists, and the 'anti's' who were against opening the vote to women, are seen along with the passions of the national struggle. The exhibit also looks at women's lives generally over the century, as well as at voting issues that continue to be a vibrant part of public debate today. In fact, the exhibit will include a voting booth where visitors can cast their "ballot" about some of the current voting-related questions that are pointing the way to the next surge of enthusiasm in the examination of who can vote and what

voting means in America's form of representative democracy.

"As Maine prepares to celebrate its bicentennial in 2020, it's stunning to realize that, at our state's founding, only non-Indian male citizens ages 21 and older could vote," said Museum Director Bernard Fishman. "Even more surprising was that it took 100 years of petitions to the Maine Legislature, work by suffrage organizations large and small, and countless debates and demonstrations before most women finally received the vote in 1920.

"It's hard to believe that there was so much opposition to what we now see as such an obvious right. Surely that means we're making real progress after all."

"Women's Long Road - 100 Years to the Vote" will be on display at the museum through January 25, 2020. Related educational programs and events will be announced or available through the museum's website at [www.mainestatemuseum.org](http://www.mainestatemuseum.org).

The exhibit is also a project of Maine's Suffrage Centennial Collaborative, a diverse group of organizations that, through 2020, will feature a variety of programs about the centennial

See Vote, page 12

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# Newsmakers, Names & Faces

## Bates Chaplain visits State House



Reverend Brittany Longsdorf, the Multifaith Chaplain of Bates College, visited the State House in Augusta recently to offer the opening prayer before the start of the day's legislative session. Local clergy have offered blessings and inspiration to legislators at the beginning of the day since the first days of the Maine Legislature in 1820. Once the prayers are offered, they are entered into the official Senate Record. She is pictured here with Sen. Nate Libby (D-Lewiston).

## CMCC students named to All-Maine Academic Team

Four students from Central Maine Community College were among the twenty Maine community college students recently named to the All-Maine Academic Team in recognition of their outstanding academic achievement, leadership, and service. The honorees are Zakiya Sheikh of Lewiston, Tyler Hayes of Waldoboro, Rusty Vining of Auburn, and Benjamin

Creznic of Wilton. The award includes a \$500 scholarship from the Maine Community College System Board of Trustees. The All-Maine Academic Team is a program of Phi Theta Kappa, an international honor society for two-year colleges. Students are nominated and selected for the team by their college.

## Turner child collects birthday donations to support Barbara Bush Children's Hospital

When she was just a baby, Kyra Widdecombe of Turner was admitted to the Barbara Bush Children's Hospital after a bad fall. This year, Widdecombe dedicated her eighth birthday on March 18 to BBCH and the care that made her recovery possible. Instead of asking for gifts, Widdecombe asked her friends and family to contribute donations for the BBCH to support the outstanding medical care they provide to children in Maine.

"She's often trying to help other children," says Widdecombe's mother, Naomi. "She's excited to help other kids." Widdecombe raised a total of \$684 for BBCH and also collected toy donations for patients at the hospital.

Widdecombe used the My Miracle Birthday website platform to collect donations. The website allows the birthday donor to personalize their fundraising page and share with friends and family via email or social media.

Donations to the Barbara Bush Children's Hospital through the My Miracle Birthday program enhance the care provided at Maine's only children's hospital through the purchase of pediatric medical equipment and by providing financial support for specialized programs like Child Life.

Every dollar that Widdecombe raised to support the BBCH will be doubled, thanks to matching gift commitments from Saco and Biddeford Savings Institution and P&C Insurance.

The Barbara Bush Children's Hospital at



Kyra Widdecombe decided to dedicate her eighth birthday celebration to the hospital that helped her recover from a bad fall.

Maine Medical Center is committed to enhancing the lives of children through excellence in patient care, research, and education. With more than 100,000 annual patient visits, the hospital offers services in cancer treatment, cardiology, neonatal care, and numerous other pediatric specialties.

Designed with children in mind, Maine's only certified children's hospital features state-of-the-art hos-

pital equipment, specialty programs, and spacious play areas. From well-child visits to specialized medical and surgical treatment of complex, life-threatening illnesses and injuries, BBCH offers comprehensive inpatient and outpatient, family-centered care from an exceptional team of doctors, nurses, and other medical professionals. For more information, visit [www.bbch.org](http://www.bbch.org).

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# Governor's Address: Federal Approval for Maine Medicaid Expansion Brings Us Closer to Affordable Health Care Coverage for All

This week, the federal government approved Maine's State Plan Amendments to expand Medicaid - known as MaineCare - under the Affordable Care Act. This approval marks the end of a long-overdue effort to fulfill the will of Maine voters and to help tens of thousands of people access health care.

More than a year ago, Maine voters, including many of you reading this right now, voted overwhelmingly at the ballot box to expand Medicaid. Medicaid expansion is the law, and Maine people have waited long enough. That's why, on my first day in office, I issued an Executive Order

directing the Department of Health and Human Services to implement Medicaid expansion as swiftly as possible.

Since that time, we've already enrolled 18,129 Maine people in health care coverage under the Medicaid expansion program. Federal approval means the federal government will finance more than \$800 million in estimated costs for those who enroll from July 2, 2018 - the effective date of expansion - through state fiscal year 2021.

Those are Maine taxpayer funds that are finally returning to our state to support affordable health care coverage. The benefits of expansion - including the injection of hundreds of



Governor Janet Mills

millions of dollars of federal money into our state - will extend to rural hospitals, businesses, and our economy as a whole.

Medicaid expansion has the power to change the lives of many Maine people for the better, and even save lives. Now people can see a doctor, receive preventive care, afford critical prescription medications, and much

more. Now they can stay healthy, work, and care for and support their families.

Expanding Medicaid will also help our rural hospitals, many of which are the biggest employers in their communities, by walking them off the brink of financial collapse. And we're just getting started. In the coming months, my administration will work with partners across the state to ensure that people who qualify can enroll and receive the health care they need.

I hope that if you or your family are struggling with medical bills in this complicated health care system, you might explore whether you qualify for Medicaid, known as MaineCare, so that you

can receive the coverage you need. You can enroll by visiting MaineCare online at [www.maine.gov/mymaineconnection](http://www.maine.gov/mymaineconnection).

When my husband Stan had his medical issues and passed away four years ago, I learned an awful lot about the health care system in Maine. We were lucky: we had insurance. But dealing with co-pays, deductibles, and the high cost of prescription drugs is a challenge for everybody, and an even greater challenge, of course, if you're not fortunate enough to have health insurance.

Health care coverage should not be a luxury or a privilege reserved for well-to-do people. It is a

human right. And the fact that people don't have health insurance to stay healthy and work adds to our workforce needs.

My top priority as governor is to ensure affordable, accessible health care for all Mainers, including every small business, entrepreneur, and family across the state. Federal approval and funding for Medicaid expansion brings us one step closer to reaching that goal, but I won't rest until every eligible Maine person is able to access affordable health care.

*Thank You,  
Janet Mills  
Governor*

## Healthy Androscoggin welcomes new Advisory Board members



Pictured here (l. to r.) are Avery Dandreta, Hawo Abdille, and Pam Sirois.

Healthy Androscoggin recently welcomed three new members to its Advisory Board.

Hawo Abdille is a graduate of Lewiston High School and has a BA from University of Southern Maine. She has worked as a Home Visitor for Advocates for Children and also as a Community Builder for Community Concepts.

Avery Dandreta, J.D. is a real estate attorney with Skelton, Taintor & Abbott of Auburn. She has a BS from

the University of Vermont and a law degree from the University of Maine School of Law. She worked with refugee communities while attending law school and while working as a student attorney at the Lewiston District Court. She has a passion for local food and nutrition education. She resides in Freeport.

Pam Sirois, ANP is an Adult Nurse Practitioner who works for the Central Maine Medical Center Diabetes Center. Also previously employed at St. Mary's Diabetes Center, she is a graduate of the University of Maine at Orono and Simmons College in Boston. She has over 16

years of experience managing patients with diabetes and other chronic diseases. She is also a member of the school board of MSAD #52, which includes Turner, Greene, and Leeds. She resides in Greene with her husband and children.

Healthy Androscoggin is a comprehensive community health coalition serving Androscoggin County. They work to create a healthier community by supporting tobacco-free lifestyles, preventing substance misuse, supporting physically active communities, promoting healthy eating, and preventing childhood lead poisoning. For more information, contact them at 795-5990 or [info@healthyandroscoggin.org](mailto:info@healthyandroscoggin.org). Their annual report may be viewed at [www.healthyandroscoggin.org](http://www.healthyandroscoggin.org).

## National champions visit State House



The 2018-19 Central Maine Community College Women's Basketball Team, which recently won its second USCAA Division II national championship in three years, visited the State House recently, where they met with Gov. Janet Mills. They are pictured here with area legislators, including Rep. Bruce Bickford (R-Auburn), Sen. Ned Claxton (D-Auburn), Rep. Gina Melaragno (D-Auburn), Rep. Lester Ordway (R-Standish), and Rep. Betyann Sheats (D-Auburn).



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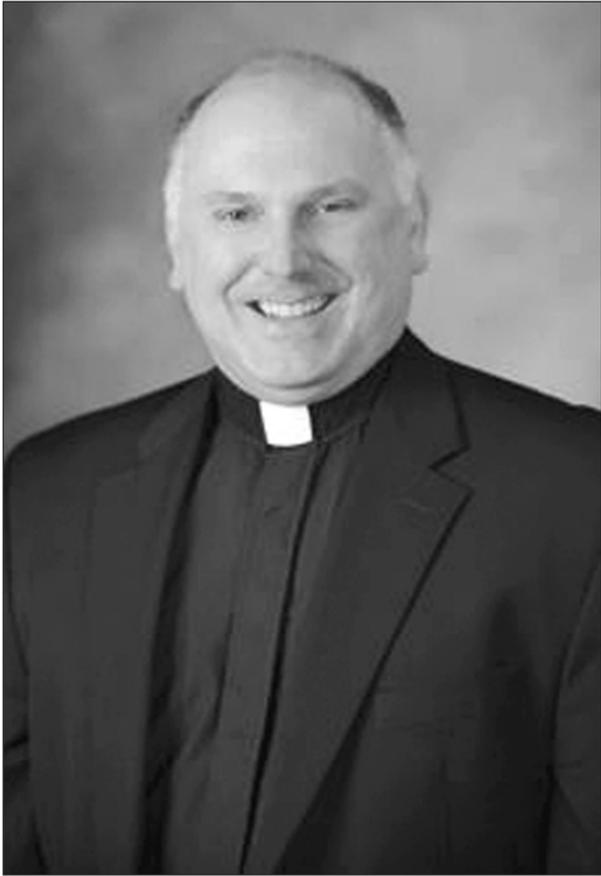
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## New pastor named for local parishes



Fr. Daniel P. Greenleaf, VG

Bishop Robert P. Deeley of the Roman Catholic Diocese of Portland has named Fr. Daniel P. Greenleaf, VG, the new pastor of Prince of Peace Parish (Basilica of Saints Peter and Paul, Holy Cross Church, and Holy Family Church) in Lewiston, Holy Trinity Parish in Lisbon Falls, and Our Lady of the Rosary Parish in Sabattus.

Fr. Greenleaf is currently the pastor of the Parish of the Holy Eucharist (Holy Martyrs of North

America Church, Falmouth; Sacred Heart Church, Yarmouth; St. Gregory Church, Gray; St. Jude Church, Freeport).

A graduate of Biddeford High School, he earned bachelor's degrees in accounting from the University of Southern Maine and in sacred theology from the Catholic University of America in Washington, D.C. He was ordained to the priesthood by Bishop Joseph J. Gerry, O.S.B., on May 13, 1995,

at St. Joseph Church in Biddeford.

His first assignment was as parochial vicar at St. John Parish in Bangor. He was named director of vocations for the Diocese of Portland in 1997. Two years later, in addition to his duties as director of vocations, Fr. Greenleaf was appointed chaplain and faculty member of St. Dominic Regional High School in Auburn. In 2002, he was named administrator of St. Joseph Parish in Lewiston. In 2004, he was appointed pastor of Holy Cross Parish in Lewiston.

In 2008, Fr. Greenleaf was assigned to studies at the University of St. Thomas Aquinas in Rome and received a License in Sacred Theology (S.T.L.) with a concentration in spirituality. From 2009 to 2012, he was part of the formation faculty at Theological College in Washington, D.C. In August of 2012, he was named pastor of the Parish of the Holy Eucharist and, in July of 2014, he also became director of seminarians for the Diocese of Portland, positions he still holds.

In addition, Fr. Greenleaf has served as a vicar general for the Diocese of Portland since August of 2017. A vicar general is appointed in a diocese to assist the bishop in the administration and pastoral care of the diocese, representing and acting in the place of the bishop in his absence.

## Guest Column: What We're Doing to Lower Prescription Drug Prices

By Sen. Ned Claxton

As a longtime family physician and now as your state senator, I am all too familiar with the struggle the rise in prescription drug prices has caused for too many in our community. As I talk to people around town, I hear about the very real, hard choices people are having to make between paying bills, buying groceries, or paying for their medication.

It's no surprise that these choices become a necessity when the price of insulin has more than doubled in recent years. One in four Americans struggles to pay for prescription medication, and one in ten goes without needed medication due to cost. It seems we are hearing every day now about another person who has died or suffered because they were not able to afford their medication. Our friends and neighbors are suffering and we need to do something now.

That's why my colleagues and I have been working tirelessly on legislation to make sure that Mainers will no longer be gouged by Big Pharma. A bill package introduced this session works to solve this problem through a variety of approaches and is supported by many from both sides of the political aisle.

The first step is to make sure Mainers are paying the lowest price possible for their prescriptions. Senate President Troy Jackson (D-Allagash) has a bill, LD 1272 "An Act to Increase

Access to Low-Cost Prescription Drugs," that would create a state-administered program to wholesale import drugs from Canada. Canadian drugs are often far cheaper than identical drugs sold in America. President Jackson's bill is modeled after successful legislation in Vermont and could help Mainers save millions. President Jackson is also introducing legislation that would require drug manufacturers to justify any excessive price increase. Additionally, I have introduced a bill to contribute to this comprehensive effort, "An Act to Reduce the Cost of Prescription Drugs for Low-income Residents of the State." Together these bills will help provide lower prescription costs for all Mainers.

The second part of the issue deals with the source of high drug prices. Sen. Heather Sanborn (D-Portland) is introducing a bill that places restrictions on pharmacy benefit managers, who often inflate the cost of drugs for consumers. This bill is based on a recommendation of the Legislature's Health Care Task Force, which examined ways to ensure that all residents of the state have access to and coverage for affordable, quality health care. This bill would also make sure any savings pharmacy benefit managers receive from drug companies are passed on to consumers. With this added level of transparency, we believe that pharmacy benefit managers will choose prices that more

fairly reflect the cost of drugs and result in savings for Mainers.

Finally, building on successful drug price transparency legislation last year, Assistant Senate Majority Leader Eloise Vitelli has a bill, LD 1162 "An Act To Further Expand Drug Price Transparency," that would increase the transparency requirements for drug manufacturers who sell their products in Maine. This bill requires drug companies to be transparent on what research and development costs go into creating the drug and how much is spent on marketing. Sen. Vitelli's bill stands up for consumers by requiring transparency.

There is no one silver bullet that will magically solve this problem. It's going to take more than one bill to lower the cost of prescription drugs and ensure Mainers can afford to take their prescribed medications. It's going to require an aggressive strategy that approaches the issue from all sides. I feel the above bills put together a package that works to do just that. I'd recommend keeping an eye out for these bills coming up in the legislature, and I can update you all about them in my biweekly newsletter. To subscribe, call 287-1515 or see mainesenate.org. Sen. Ned Claxton (D-Androscoggin) represents Maine Senate District 20, which includes Auburn, Mechanic Falls, Minot, New Gloucester, and Poland.

## Sandcastle earns NAEYC re-accreditation



Sandcastle Clinical and Educational Services has announced its re-accreditation by the National Association for the Education of Young Children. Having achieved initial accreditation in 2004, Sandcastle is one of five early childhood programs in Androscoggin County that can boast this endorsement.

NAEYC is a professional membership organi-

zation that works to promote high-quality early learning for all young children, birth through age eight, by connecting early childhood practice, policy, and research.

A private, non-profit agency founded in 1996 and NAEYC-accredited for fifteen years, Sandcastle provides education, prevention, early identification, and therapy to over 2,000 families

annually. Their philosophy is that every child, regardless of ability or disability, is entitled to equal access in early childhood programming.

Through the LA Hearing Center, they also provide the Lewiston-Auburn area's only private, non-profit comprehensive audiological services for people of all ages. For more information, contact Sandcastle or LA Hearing Center at 782-2150.

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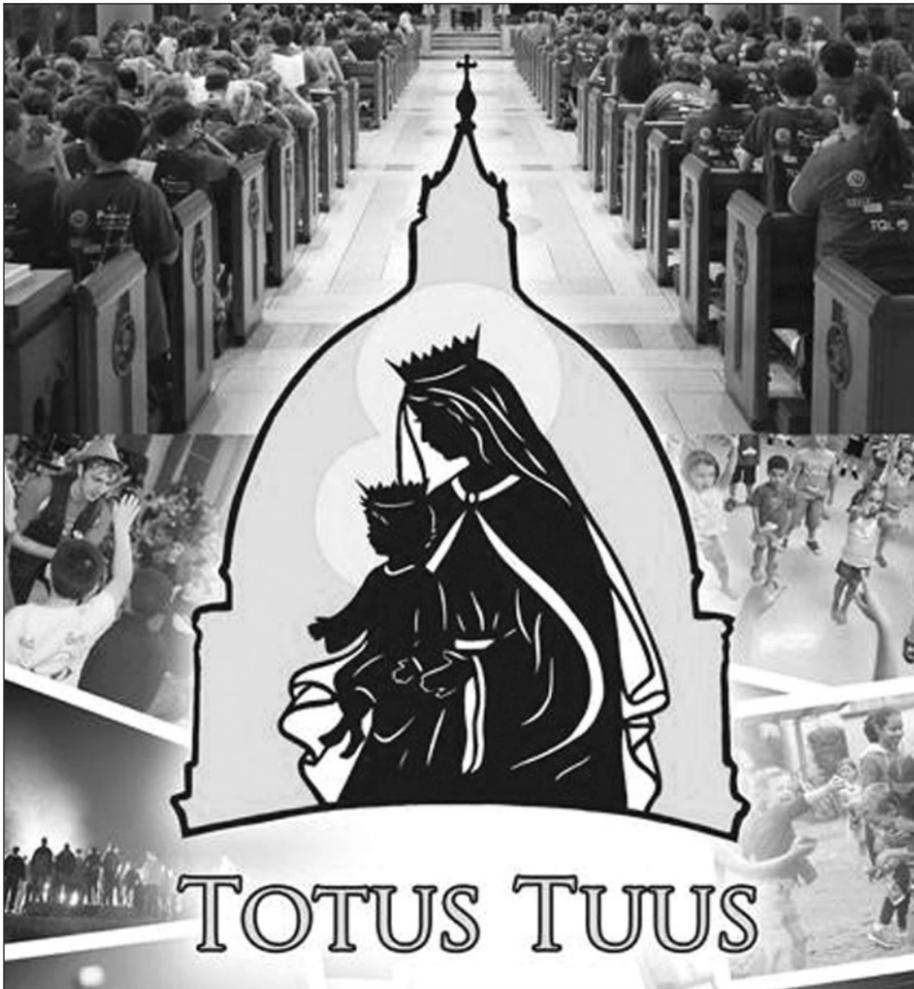
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## Registration now open for Catholic summer program



After a successful debut that saw over 400 teens and children participate in 2018, “Totus Tuus,” a summer program offered by the Roman Catholic Diocese of Portland, will expand to 10 locations throughout Maine in 2019.

Organized by the Diocese’s Office of Vocations, the mission of the week-long program, open to young people in Grades 1 through 12, is to inspire a true longing for holiness. Taken from the episcopal motto of Pope Saint John Paul II, “Totus Tuus” means “Totally Yours.”

Each session, led by diocesan seminarians and college students, features daily Mass; prayer, such as the rosary and the Angelus; and classroom teaching, lunch, music, games, and

more.

The program will be offered this summer at the following local parishes: June 23 through 28 at St. Rose of Lima Parish in Jay; July 7 through 12 at All Saints Parish in Brunswick; July 28 through August 2 at Prince of Peace Parish in Lewiston; and July 28 through August 2 at Our Lady of Perpetual Help Parish in Windham.

Originally developed in the Diocese of Wichita, Kansas, the program has proven to be successful in explaining the teachings of the Catholic Church to young people in both rural and urban settings. Participation in the program has exceeded 200,000 people in the U.S.

“Wichita is a rural diocese, not unlike our own in many ways,” said Fr. Seamus

Griesbach, vocations director for the Diocese of Portland. “Whereas programs sometimes tend to come out of larger metropolitan archdioceses, this program is really well-suited to smaller parishes in the sense that it provides resources to do a summer program that they otherwise might not be able to do. It was really well received last year.”

“I’ve grown more in my faith, I think, than I ever have,” said one 15-year-old participant at the end of last summer’s program. “It will help me keep on the straight and narrow - to find the weeds in the hayfield, uproot them, and then plant a good seed in their place.”

To register or for more information, click on the “Vocations” link at [www.portlanddiocese.org](http://www.portlanddiocese.org).

## United Ambulance manager wins national advocacy award

The National Association of Emergency Medical Technicians has named Dennis Russell, Education and Community Paramedicine Manager for United Ambulance Services of Lewiston, as one of its EMS Advocates of the Year. The award is presented to individuals who provide outstanding advocacy for EMS and the patients cared for by first responders.

Russell began his career as a Certified Athletic Trainer in 1999 at the University of Maine and later at Bowdoin College. In 2005, he received his paramedic certification and in 2014 he completed the Community Paramedic Certificate Program at Hennepin Technical College. He also earned his Master’s degree in Education from the University of Maine.

He serves as Dean of United’s accredited Education Department and as Community Paramedicine Program Manager for United Ambulance Service in Maine. He also works as a Community Paramedic with SmartCare at Cataldo Ambulance Service in Massachusetts.

Russell has been an adjunct professor for Hennepin’s Community Paramedic Program and currently serves on various boards and



Dennis Russell, M.Ed., ATC, CSCS, NRP, CP

committees for Maine Ambulance Association, MobileCE, ReelDx, and Maine EMS. He also serves as the National Association of Emergency Medical Technicians’ Education Coordinator for the State of Maine. He is currently collaborating on the development of standardized education curricula for Community Paramedicine.

This year’s winners will be recognized by their

peers at NAEMT’s “EMS on the Hill Day 2019” in Washington D.C. The event was created in 2010 to educate the country’s elected officials about the experiences and concerns of EMS providers so they can make informed legislative decisions for both providers and patients. For more information about United Ambulance Service, see [www.unitedambulance.com](http://www.unitedambulance.com).

## Great Maine Bike Swap set for Sunday, April 14

The annual Great Maine Bike Swap, hosted by the Bicycle Coalition of Maine in partnership with USM’s Office of Sustainability, will take place on Sunday, April 14, from 10 a.m. to 1 p.m. at USM’s Sullivan Gymnasium, located at 66 Falmouth Road in Portland.

The event provides potential buyers the opportunity to purchase a bike, and bicycle owners the opportunity to clean out their garage or basement and sell a bike. A portion of each bicycle sale benefits the Bicycle Coalition of Maine.

Those attending will choose among hundreds of road bikes, mountain bikes, fat bikes, children’s bikes, hybrids, recumbents, tandems, and more. The

inventory covers all price ranges, so swappers are sure to find something that fits their budget. Last year, 1,559 shoppers purchased a total of 627 bikes at an average cost of \$207 per bike.

“The Swap is always such a festive occasion, and we look forward to the opportunity each year to get more people on bicycles,” said Bicycle Coalition of Maine Executive Director John Williams. “This event truly represents the goals of the Coalition - not only to improve walking and biking conditions throughout the state, but also to increase ridership.”

“Increasing ridership helps the University of Southern Maine toward our goal of becoming a

carbon-neutral university by the year 2040,” said Aaron Witham, USM’s assistant director for sustainable programs.

For more details about the Great Maine Bike Swap, to register a bike, or to sign up as a volunteer, see [www.maineswap.com](http://www.maineswap.com).

As the statewide voice of cyclists and pedestrians, the Bicycle Coalition of Maine supports biking and walking for health, transportation, and recreation. Since 1992, they have led the effort to make Maine better for bicycling and walking by protecting the rights and safety of cyclists and pedestrians through education, advocacy, legislation, and encouragement. For more information, see [bikemaine.org](http://bikemaine.org).

## 62 Spring Street Apartments

1 & 2 Bedroom Apartments Available



### NOW ACCEPTING APPLICATIONS!!

Auburn Housing Authority is now accepting applications for 62 Spring Street! To apply please download application at [www.62SpringStreet.com](http://www.62SpringStreet.com). Applications may also be picked up at 20 Great Falls Plaza, Auburn, ME. Income restrictions do apply for 32 of the 41 total units. Rents range from \$600-\$900. Rental assistance may be available.

For more information call (207) 784-7351.



### Out & About with Rachel Morin

## Tree Street Youth Center makes thank you visit to Schooner Estates



Tree Street Youth Center students (l. to r.) Delilah Martinez, Avant Valentine, Barwako Hussein, and Naima Shueyb display the large thank you poster they brought; Executive Director Julia Sleeper-Whiting is at right.



The visitors from Tree Street Youth Center, about to board their bus for home



Staff members Mike Lacasse and John Rice



Schooner residents Ray Thibault and Cornelia Bowe listen as the teenagers express their appreciation for the bus they are enjoying.



Tonie Ramsey, Charmaine Andrews, and Betty McCall were happy to meet and chat with the teenagers.



Looking on are Schooner staff members (l. to r.) Cynthia Swift, Lindsay Remington, Mark Prevost, Joanne Kramlich, and Giselle Prevost; seated are residents Pauline Gotto and Ray Thibault.



Pauline Gotto is pleased to answer Barwako Hussein's questions about her life, hobbies, and interests.



Charlie Ellis talks with Naima Shueyb (l.) and Avante Valentine.



Claudette Robert and Josie Eusden enjoyed having the teenagers visit for the afternoon.



Schooner residents (l. to r., from front) Dot Jones, Deana Fickett, Emmeline Walton, Dot Hanson, Charmaine Andrews, and Betty McCall.

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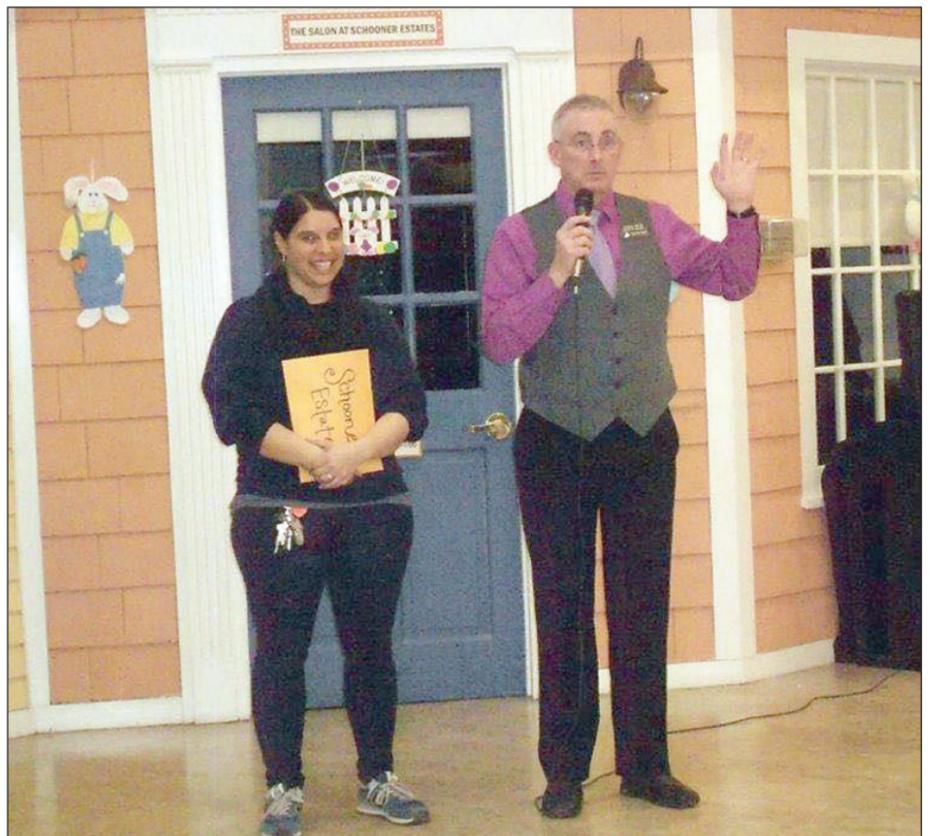
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Julia Sleeper-Whiting and John Rice

## Lewiston teen seeks funding to purchase visual aid device



Zion Aube has started a GoFundMe campaign to purchase a Brainport Pro, a new visual aid device that, for the first time in his life, would allow him to process visual information by by-passing his nonfunctioning optic nerves.

Zion Aube, a 13-year-old from Lewiston who has been blind from birth, has started a GoFundMe campaign to raise funds to purchase a new medical device that doctors say would, for the first time in his life, allow him to visualize the world around him.

Although Aube cannot see because of non-functioning optic nerves, he has the opportunity to gain some amount of vision by using a new device, called a Brainport Pro, that utilizes a

camera to stream visual data to the brain by way of other nerves in the body.

This is a miracle of modern science that Aube desperately wants and needs. His blindness has caused him many challenges, including a lack of mobility. Improving his vision would allow him to be more independent, navigate walking without a sight guide, expand his opportunities to play with other children, free him from feeling "lost" outside his home, and, most

importantly, return to school to resume his education.

Aube has done his own research, consulting with his medical team and contacting the makers of the device to learn the cost of its purchase. His goal is to raise \$10,000. Any funds raised beyond this amount will be used to defray expenses related to training with the device, including travel.

For more information, visit his page by entering "Zion" in the search box at [www.gofundme.com](http://www.gofundme.com).

# What's Going On

## Rotary Club speaker to discuss college admissions

The guest speaker at the next meeting of the Lewiston-Auburn Rotary Club on Thursday, April 18, from noon to 1 p.m. will be Wendy Thompson. The event will take place at the Village Inn at 165 High Street in Auburn.

Thompson served on the admissions staff at Bowdoin College, where she evaluated thousands of applications and conducted hundreds of interviews, from 2000 to 2012. Prior to that, she was an admissions director for several boarding schools, an admissions officer at colleges in Pennsylvania and Virginia, and served on the faculty at college planning workshops at Lehigh University. Her admissions career spans thirty years and she has been advising students in the college search, selection, and application process since 2003.

Guests are welcome and no reservations are required. Lunch will be available at the restaurant. For



Wendy Thompson

more information, contact Club President Thomas MacDonald at 333-4588,

follow them on Facebook, or see [www.lewistonauburn-rotary.org](http://www.lewistonauburn-rotary.org).

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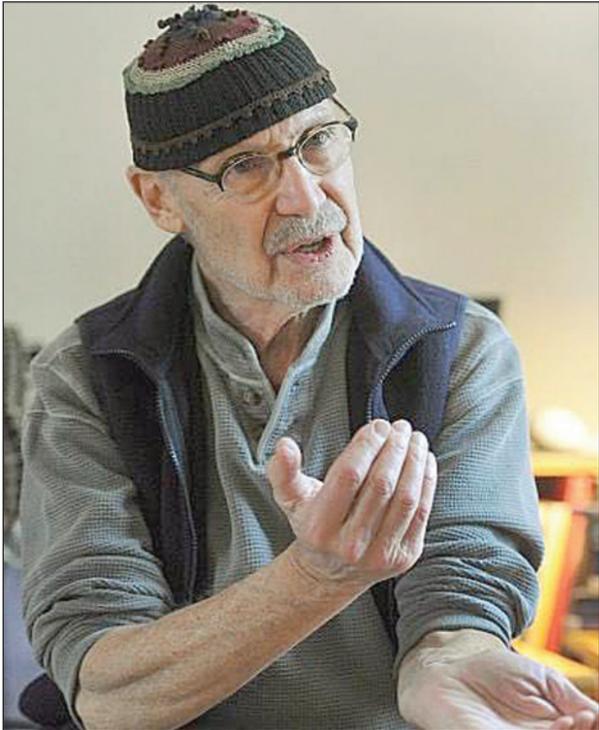
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## Museum L-A seeks participants for senior poetry workshop



Called "Seeing with the Heart's Ear," the eight-week poetry workshop will be led by guest teaching artist Martin Steingesser.

Museum L-A is seeking participants for the first offering of its new Senior Arts Program, a free, eight-week poetry workshop called "Seeing with the Heart's Ear." The aim of the workshop is to nurture creativity by encouraging stronger, clearer, and more expressive writing and poetry. The workshop will be led by Portland, Maine's first

Poet Laureate, Martin Steingesser, an accomplished author, performance poet, and teacher.

The museum is seeking 12 participants over the age of 50 to take part in the workshop, which will take place at Museum L-A every Saturday, April 13 through June 1, from 10:30 a.m. to 12:30 p.m. At the end of the eight-week session, the

poets, their friends and families, and the general public will be invited to attend a poetry reading event on June 7 from 5 to 7 p.m.

In addition to "Seeing with the Heart's Ear," Museum L-A will host two more Senior Arts Program workshops this year through a national initiative called Seeding Vitality Arts in Museums. Funded by Aroha Philanthropies, this initiative was designed to support the development and expansion of successful creative aging programs. The goal is to inspire and enable older adults to learn, make, and share the arts in ways that are novel, complex, and socially engaging. Workshops are led by teaching artists, whose creative processes and understanding of older adults bring joy, connection, improved health and well-being, and a renewed sense of purpose to program participants. Museum L-A was one of only 20 museums in the United States selected to participate in this initiative.

To register for the poetry workshop, call Collection and Exhibits Coordinator Emma Sieh at 333-3881. For more information about the program, see [www.museumla.org](http://www.museumla.org).

# What's Going On

## Chamber plans "Breakfast for Dinner" meeting

The LA Metro Chamber of Commerce will host "Breakfast for Dinner" on Thursday, April 18, from 4:45 to 7 p.m. at the Gendron Franco Center in Lewiston. In response to some chamber investors who would like to attend the regular programs but can't make the

usual times, the chamber is mixing things up this month by meeting in the normal "Business After Hours" time slot, but to have breakfast and present a program like they usually do at the monthly Breakfast Meeting.

So grab a drink and do some networking before

the program starts. There will be door prizes, a 50/50 raffle, an introduction of new members, and a speaker from the American Red Cross. The price is \$22 for members and \$35 for non-members. Registration is available at [www.LAMetroChamber.com](http://www.LAMetroChamber.com).

## Lewiston Kingergarten registration

Kingergarten registration for the Lewiston public schools will take place during the week of May 13 through 17. Children must be 5 by October 15 to be eligible for Kingergarten in September. You must register your child in your school district by calling to make an appointment at your in-district school: Farwell (795-4110), Geiger (795-4160),

Longley (795-4120), Martel (795-4130), McMahan (795-4140), or Montello (795-4150).

You will need to bring an official birth certificate; if your child was not born in the USA, you will need to bring an I-94 or green card. You must also bring your child's immunization records and proof of residency in the school district,

such as a driver's license, lease or rental agreement, utility bills, or mortgage agreement.

Your child need not be present at registration. An appointment to screen your child will be scheduled at the beginning of the school year. Students attending Pre-K in Lewiston Public Schools do not need to register for Kingergarten.

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# TWIN CITY NIGHTS

## Weekly Arts & Entertainment

**Harlow Gallery to host  
"Letters to the Earth" program**

**WHA Gallery displays works  
by Elias, Wilson, and Gayton**

### LETTERS TO



### THE EARTH

The public is invited to the Harlow Gallery on Friday, April 12 at 6 p.m. for a reading of "Letters to the Earth," a collective response to the crisis of climate change. Readers will include members of the Harlow's Bookey Readings poetry group and volunteers from the audience. All ages are welcome and participants are encouraged to bring their own letters inspired by the project to read or be read.

"Letters to the Earth" is an international cultural response to the global climate and ecological emer-

gency. It was spearheaded by the British group "Culture Declares Emergency," made up of members of the creative industries, including actors, directors, and playwrights.

The project is the beginning of a wider campaign calling on culture to do its part to tell the truth about the climate and ecological crisis and take necessary action. A recent open call for "Letters to the Earth" resulted in letters from people of all ages and walks of life around the globe. According to organizers, "These letters have moved, humbled, and

inspired us by their number, depth of feeling, and call to action. They constitute the largest creative response to the climate crisis the world has yet seen."

As part of an international event, the Harlow Gallery on April 12 will be one of nearly 50 venues across the world hosting a reading of Letters to the Earth. For more information about the project, see [www.letterstotheearth.com](http://www.letterstotheearth.com).

The Harlow Gallery is located at 100 Water Street in Hallowell. For more information, call 622-3813 or see [harlowgallery.org](http://harlowgallery.org).



Photo by Peter Elias

The Woman's Hospital Association Rotating Art Gallery at Central Maine Medical Center in Lewiston is now displaying the photography of Peter Elias and the paintings of Alexandria Wilson and Nick Gayton.

Dr. Elias has lived in Auburn since 1977, raising a family, practicing medicine, and enjoying the very best of Maine. Since retiring after four decades as a family physician, he has had more

time to pursue some of his other passions, including hiking, Nordic skiing, woodworking, and photography. This is the first public exhibition of his work, and it clearly reflects how he likes to spend his time.

Wilson, a registered dietician who works both at CMMC and at Hannaford in Augusta, started taking art classes with Mercedes Gastonguay when she was nine years old. One of her greatest accomplishments

as a young artist was being asked to paint three large murals in the pool area at the Health Club and Spa in Lisbon.

"I have always had a love for art, especially painting," she says. "I found my love for painting on canvas with acrylic paints over the past few years".

Gayton has also been painting from a young age. As an avid reader, he finds inspiration for his paintings in the books he reads.

### WHA Bake Sale

The Women's Hospital Association will present a "We Bake for Bennett" Bake Sale on Thursday, April 18, from 8 a.m. to 2 p.m. in the lobby of Central Maine Medical Center at 12 High Street in

Lewiston. Shoppers will have an opportunity to fill a container with a variety of home-baked cookies in the Cookie Walk. Also available will be pies, pastries, baked goods, fudge, chocolate goodies, and some

Gluten-free and sugar-free items. Stock up for Easter! Proceeds will support screening services for patients in need at the Bennett Breast Care Center. For more information, call 310-8056.



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## Advocates for Children event to feature Spider-Man

Marvel's Spider-Man is coming to Auburn to support National Child Abuse and Neglect Prevention Month at a fun and educational event on Saturday, April 20 sponsored by Advocates for Children, a program of Community Concepts.

"Superhero Saturday with Spider-Man" will take place from 11 a.m. to 2 p.m. at Norway Savings Bank Arena in Auburn. The event will help raise awareness of and celebrate the community's efforts toward child abuse prevention while raising funds for family support programs.

Spider-Man will be on hand to present a bullying prevention message and recruit new "Junior Super Heroes" - real-life heroes, such as local police officers, firemen, and teachers, who will participate in engaging activities and games

with the children. They will tell kids about their "super power" and how it helps to keep our communities safe, healthy, and thriving.

Kids can dress as their favorite super hero, meet Spider-Man, ice skate, and participate in a scavenger hunt for a chance to win prizes. Admission for everyone over the age of one is \$8 at the door. All proceeds will benefit the prevention and education programs of Advocates for Children.

The agency will also work to raise awareness of National Child Abuse and Neglect Prevention Month, promoted by the group Prevent Child Abuse America, by planting pinwheels on Main Street in Lewiston throughout the month of April. Baskets of whoopie pies and pinwheels will also be delivered to area organizations in appreciation of their support of child abuse

and neglect prevention.

Located in Lewiston, Advocates For Children is a program of Community Concepts that offers resources and support in an effort to strengthen families in Androscoggin County. AFC is a designated program of the Child Abuse and Neglect Prevention Council and a provider of the Maine Families Home Visiting Program. For more information, see [www.advocatesforchildren.net](http://www.advocatesforchildren.net)

Founded in 1972, Prevent Child Abuse America is a national organization with chapters in all 50 states and nearly 600 Healthy Families America home visitation sites throughout the country. It promotes services that improve child well-being and develops programs that help prevent all types of abuse and neglect. For more information, see [preventionchildabuse.org](http://preventionchildabuse.org).

## Dream Team offers Vision Board class

The Dream Team, a group that raises funds for Androscoggin Home Healthcare and Hospice, invites the community to join them for a Vision Board class on Saturday, April 27, from 10 a.m. to 3 p.m. Participants will learn about how improving your focus can help you create your reality and will create their own Vision Boards to help them focus on what they want to be, do, and want

more of in life.

The class will be led by Kathy Baillargeon, Manager of Volunteer Resources at Androscoggin Home Healthcare and Hospice. She has used visualization techniques and Vision Boards successfully in her own life and has been specially trained to teach others.

The class will take place at Androscoggin Home Healthcare and Hos-

pice's central office, located at 15 Strawberry Avenue in Lewiston. The cost is \$45 per person, which includes all materials, instructions, and lunch. Attendees are asked to wear comfortable clothing and arrive open-minded.

Space is limited. To reserve your spot, send payment, payable to "The Dream Team," to Hospice House at 236 Stetson Road in Auburn.

## Ivory and Gold perform songs from Great American Songbook

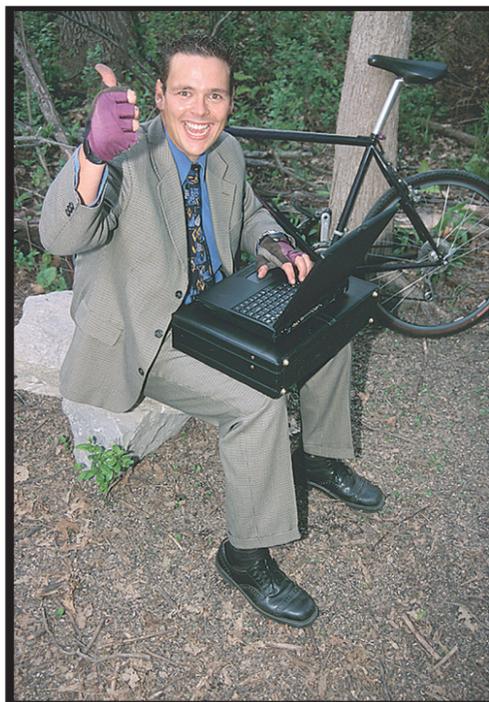
Renowned pianist and humorist Jeff Barnhart and flutist and vocalist Anne Barnhart, known by their performance name Ivory and Gold, will perform an evening of music from the Great American Songbook on Saturday, April 14 at 7:30 p.m. at the Chocolate Church Arts Center, located at 804 Washington Street in Bath.

Their performance will

be a celebration of the greatest Broadway, Ragtime, American Jazz, and Blues hits. Audiences will hear an extensive list of tunes representing an eclectic mix of Americana, including but not limited to George Gershwin, Cole Porter, Irving Berlin, Jerome Kern, Richard Rodgers, and Harry Warren, along with jazz-oriented songs by Fats Waller, Duke Ellington, Hoagy Car-

michael, and Sidney Bechet.

The Barnharts, who perform constantly all over the globe, have performed to packed houses at the Chocolate Church, where they have received accolades for their musical abilities and humor. Tickets are \$18 in advance or \$21 door, available by calling the box office at 442-8455 or online at [www.chocolatechurcharts.org](http://www.chocolatechurcharts.org).



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# Twin City Nights

## Final weekend for CLT's "Avenue Q"



Cast members Cody Watson (l.) (with "Ricky") and Michael Litchfield (with "Rod")

L/A Community Little Theatre will present its final performances of the hit musical comedy "Avenue Q" this weekend. Thursday, Friday, and Saturday shows will take place at 7:30 p.m. and the Sunday performance will be at 2 p.m.

This puppet-filled comedy follows a group of 20-somethings as they

seek their purpose in the big city. Winner of the Tony Award "Triple Crown" (Best Musical, Best Score, and Best Book), Avenue Q is a truly unique show that has quickly become an audience favorite everywhere. With lots of comedy, satire, and a sprinkling of profanity - and themes including racism, substance abuse, and sexuality - the

show is intended for an adult audience.

All performances will take place at the Great Falls Performing Arts Center at 30 Academy Street in Auburn. Tickets, which may be purchased at the door, are \$18, or \$15 for seniors and \$12 for students. For information or to buy tickets in advance, call 783-0958 or see [LACLTL.com](http://LACLTL.com).

L/A Community Little Theatre Presents April 5-14, 2019

# Avenue Q



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## New study shows education program achieves results for underserved Maine students



Students and supporters of the private nonprofit JMG program gathered at the State House recently to celebrate the results of the study.

State and community leaders, lawmakers, and students gathered at the State House Hall of Flags in Augusta recently to hear the results of a year-long study on the impact the JMG program is having on thousands of Maine students.

JMG is Maine's only education-based, statewide nonprofit offering a continuum of support services to students from middle school

through post-secondary education and onto career pathways. The program has been recognized for its high student outcomes, including a 92% high school graduation rate. The research study conducted by Stepwise Data Research of Yarmouth and American Institute for Research in Washington D.C. provides new insight into the JMG model and the difference it can make in the

lives of students who face significant barriers.

For example, 17% of students with disabilities drop out of high school every year and only 10% have college degrees six years later. The prospects for youth in foster care are even worse, with fewer than 3% graduating from college.

JMG serves hundreds of students with these same barriers, and the research

shows JMG is making a clear difference. The results showed that students who enroll in JMG are 17 percentage points more likely to graduate than students with disabilities who are not JMG participants.

"Less than 80% of economically disadvantaged students in Maine graduate from high school, and only 20% earn a college degree after six years," says Craig Larrabee, President and CEO of JMG. "The majority of students in JMG are economically disadvantaged, yet according to this new research, despite their barriers, they are succeeding.

"In fact, the average wages for JMG students from the Class of 2010 doubled in the first six years after graduation. And for the Class of 2009, average wages increased by more than 130%. This is good news, and it's happening because of the shared commitment of our public schools, our legislature, and employers to put students first.

"While JMG is proud of the 9,000 students we serve every year, there are so many more out there who need help in order to reach their potential and become productive adults."

"I am a long-time supporter of JMG," said Senate President Troy Jackson. "As the father of a young son who didn't have a lot of interest in going to high school, JMG went out of its way to keep him engaged. They did everything they could to make sure his

interest was sparked. As a parent, I couldn't be more appreciative of what they did for my son. And it's clear from this study that they are doing the same for thousands of students across the state. It is a tremendous program."

With two-thirds of the jobs in Maine requiring post-secondary credentials, it is imperative that students not only enroll in college, but have the support they need to stay in school and earn a degree. With support from the Harold Alfond foundation, JMG's College Success Program is working with former JMG high school students, foster care youth, and high school dropouts who went on to earn a high school equivalency. According to the study, two-thirds of the students in the program who enrolled in college from 2015 to 2017 are still in school today, and 85% are still in college or working full-time.

"These statistics give us hope," said Senator Lisa Keim. "While we still have a lot of work to do to reach and engage all of Maine's young people, we are making progress, and this is the shared result of many people's efforts. I want to thank JMG's school partners for their commitment, and the generosity of so many private funders who match public funds, greatly increasing the capacity of JMG's direct services to students."

The organization intends to use the new findings

to further refine its programming to better support students with barriers, particularly those who are economically disadvantaged, living with a disability, or in foster care.

"Before I had the support from JMG, I was unsuccessful in college," said Faith Mishkin, a student enrolled in JMG's College Success program. Mishkin spent time in foster care before she was adopted as an older youth.

"With JMG's support, I am now graduating with an associate's degree in liberal arts from Southern Maine Community College. JMG is also helping me to bridge to the University of Southern Maine, where I will continue in the JMG College Success program as I pursue my bachelor's degree in Social Work, and then a master's degree in Policy Management."

As a statewide, private nonprofit that partners with public schools and private businesses to offer results-driven solutions to ensure that all Maine students graduate, attain post-secondary credentials, and pursue meaningful careers, JMG provides more than 9,000 students a year with the skills and experience they will need to reach their potential. JMG graduates become engaged members of their communities, productive adults in the workforce, and contributors to Maine's economy. For more information, call 620-7180 or see [www.jmg.org](http://www.jmg.org).

### CMCC offers "Breaking Barriers in Diversity" workshop

The Center for Workforce & Professional Development at Central Maine Community College will offer a free workshop on "Breaking Barriers in Diversity" on Thursday, April 25, from 11 a.m. to 1 p.m.

What is the difference between diversity and inclusion? Is understanding what it means to have a diverse group of employees the same as being inclu-

sive? Are these two terms interchangeable, or are they on opposite ends of the spectrum?

With a little help from Maine Intercultural Communication Consultants, this workshop will help navigate a seemingly blurred line by answering these and other questions. Those attending will learn how understanding the difference between diversity and inclusion can

affect one's business or organization.

Lunch will be provided to all attendees. The deadline for registration is April 19. For more information or to register, contact CMCC's Center for Workforce & Professional Development at 755-5280 or [workforcedevelopment@cmcc.edu](mailto:workforcedevelopment@cmcc.edu), or visit [www.cmcc.edu/professionaldevelopment](http://www.cmcc.edu/professionaldevelopment).

### CMCC to host Red Cross blood drive

Central Maine Community College will host an American Red Cross Blood Drive on Wednesday, April 17, from 11 a.m. to 4 p.m. in the Kirk Hall gym.

In support of blood donation, the American Red Cross is giving away a full-size Iron Throne from HBO's "Game of Thrones" as part of the "Bleed for the Thrones" partnership with HBO. Those who donate before April 30, including at the CMCC blood drive, will automatically be entered to win. Donors will also receive

a commemorative "Bleed for the Throne" poster, while supplies last. See terms and conditions at [rcblood.org/GoT](http://rcblood.org/GoT).

All donors are encouraged to have a meal and drink plenty of liquid before donation. Snacks and water will be available after donation. Walk-in appointments are welcome. Individuals can also use the code CMCC to schedule a donation at [www.redcrossblood.org/give](http://www.redcrossblood.org/give).

For full eligibility requirements, see [www.redcrossblood.org](http://www.redcrossblood.org).

### Vote

*Continued from page 1*

of women's suffrage and the 19<sup>th</sup> amendment to the U.S. Constitution. For further information, see the collaborative's website [www.mainesuffragecentennial.org](http://www.mainesuffragecentennial.org).

The Maine State Museum is located at 230 State Street in Augusta. The museum is open Tuesday through Friday from 9 a.m. to 5 p.m. and Saturdays from 10 a.m. to 4 p.m. Admission is charged. For more information, call 287-2301 or see [www.maine-statemuseum.org](http://www.maine-statemuseum.org).



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**Thursday, Apr. 11**

**Business Before Hours.** 7 to 9 a.m. Fish Bones Grill, 70 Lincoln St., Lewiston. No speaker or breakfast this month, just fun, prizes, and networking - like Business After Hours, but before hours! Pres. by L-A Metro Chamber. 783-2249; www.LAMetroChamber.com.

**La Rencontre.** 11:25 a.m. Franco Center, 46 Cedar St., Lewiston. Following a lunch of spaghetti and meatballs, the Lorraine Ouellette Trio performs and leads a sing-along. \$12. Reserve at 783-1585 or boxoffice@francocenter.org.

**Sampson AFB Veterans Luncheon.** 12 p.m. Governor's Restaurant, Lewiston. This informal monthly get-together for those who took basic training at Sampson Air Force Base in the 1940s and '50s is open to all veterans and their guests.

**Budgeting Basics.** 1 to 3 p.m. UMA-So. Paris Center, 256 Main St., So. Paris. Pres. by New Ventures Maine. Free. Register at 753-6531 or www.newventuresmaine.org.

**Rotary Club Meeting.** 5 to 7 p.m. Side By Each Brewing Co., Auburn. Come learn more about Rotary at this combined meeting of the local Breakfast and Lunch Club chapters. RSVP by 4/5 to 333-4588 or brian@duboisrealtygroup.net.

**"Franco Memory Through Song."** 6:30 p.m. Room 170, Lewiston-Auburn College. Colby College Asst. Prof. of Music Natalie Zelensky discusses a recent project to collect and preserve some of Lewiston's most unique and treasured Franco-American "chansons." Free.

**Theater: "Avenue Q."** 7:30 p.m. Great Falls Performing Arts Center, Auburn. Community Little Theatre presents this puppet-filled musical hit comedy about becoming an adult; mature themes. Again 4/12-14 (Sun. at 2 p.m.). 783-0958; LACLT.com.

**Friday, Apr. 12**

**"Letters to the Earth."** 6 p.m. Harlow Gallery, 100 Water St., Hallowell. In part of a global event, volunteers and audience members read their "Letters to the Earth" in response to the crisis of global climate change. 622-3813; harlowgallery.org.

**Theater: "Noises Off!"** 7 p.m. Schoolhouse Arts Center, 16 Richville Rd. (Rte. 114), Standish. This fast-paced physical comedy is a behind-the-scenes spoof of life in live theater. Again 4/13-14 (Sat. at 2 and 7 p.m.; Sun. at 2 p.m.). \$18/16. www.Schoolhousearts.org.

**Saturday, Apr. 13**

**Public Breakfast.** 6:30 to 10 a.m. Fire station, Ridge Rd. (Rte. 106), Leeds. The Leeds Volunteer F.D. serves up pancakes, French toast, eggs, bacon, sausage,

# Calendar

See more Calendar at [www.TwinCityTimes.com](http://www.TwinCityTimes.com)

home fries, ham, homemade muffins, coffee and juice. \$6/4.

**Breakfast with the Easter Bunny.** 8 to 10 a.m. United Methodist Church, 439 Park Ave., Auburn. There will be lots of food and fun activities for the kids. Space limited; register at 782-3972.

**Spring Craft & Vendor Show.** 9 a.m. to 2 p.m. Sapphire Nightclub and Event Center, 150 Center St., Auburn. Contact Emma Dudley at 330-5330 or emmadudley40@gmail.com.

**Puppet Show: "The Fairy Circus."** 2 p.m. Schaeffer Theatre, 329 College St., Bates College, Lewiston. This performance by the Tanglewood Marionettes starts with a brief demo of the art of puppetry. \$2. Benefits kids' programs at Auburn Public Library. Reserve at 333-6640, ext. 3.

**Bean & Casserole Supper.** 4:45. Calvary United Methodist Church, 59 Sabattus St., Lewiston. Baked beans, biscuits, assorted casseroles, salads, desserts, and beverages. Please use Bartlett St. entrance. \$8/3 782-3221; www.calvarylewisston.com.

**Bean & Casserole Supper.** 5 to 6 p.m. United Methodist Church, Corner Rte. 121 and Empire Rd., Minot. \$7 adults, \$5 kids ages 7-12; under 7 free.

**Adult Prom Night.** 7 p.m. Franco Center, 46 Cedar St., Lewiston. Includes buffet dinner, dancing to music of the decades, cash bar, photo booth, and other surprises. Doors open at 6:00. \$40. Reserve at 783-1585 or francocenter.org.

**Square & Round Dancing.** 7 to 9:30 p.m. Oxford Hills Middle School, 100 Pine St., So. Paris. Ray Hilton calls the square dancing and Carol Arseneault cues the rounding dancing; pres. by the Swingin' Bears Square Dance Club. \$8 (free for non-dancers). 966-2327.

**Concert: Ivory and Gold.** 7:30 p.m. Chocolate Church Arts Center, 804 Washington St., Bath. Jeff Barnhart (piano) and Anne Barnhart (flute and vocals) perform songs from the Great American Songbook. \$21 (\$18 in adv.). 442-8455; www.chocolatechurch.org.

**Make-A-Wish Maine Fundraiser.** 8 p.m. Fusion Restaurant and Lounge, Ramada Inn, Lewiston. Continental Shakedown performs with special guests Phil Fortier and Bonnie Edwards; silent auction.

**Sunday, Apr. 14**

**Great Maine Bike Swap.** 10 a.m. to 1 p.m. Sullivan Gymnasium, USM, 66 Falmouth Rd., Portland.

Choose among hundreds of bicycles of all types; last year's avg. sale cost was \$207 per bike. Part of all sales benefits the Bicycle Coalition of Maine. www.maineswap.com.

**Flicks and Floats.** 2 p.m. Chocolate Church Arts Center, 804 Washington St., Bath. This all-ages program features silent movies, ice cream floats, and pianist Jeff Barnhart accompanying the flicks. \$18 (\$15 in adv.); kids \$10. 442-8455; www.chocolatechurch.org.

**Tuesday, Apr. 16**

**Curious Minds Series.** 2 p.m. Auburn Public Library. Senior College instructor Lucy Bisson leads an armchair voyage to France called "Paris is Always a Good Idea." Free. Pres. with L-A Senior College. <https://usm.maine.edu/seniorcollege>.

**Wednesday, Apr. 17**

**Blood Drive.** 11 a.m. to 4 p.m. Kirk Hall gymnasium, Central Maine Community College, Auburn. Support the work of the Red Cross by donating blood. Walk-in appointments welcome, or use the code CMCC to schedule at www.redcrossblood.org/give.

**First Impressions Matter.** 5:30 to 8 p.m. FED-cap Office, 1570 Main St., Oxford. This resume and interview preparation workshop is presented by New Ventures Maine. Free. Register at 753-6531 or www.newventuresmaine.org.

**Thursday, Apr. 18**

**Bake Sale.** 8 a.m. to 2 p.m. Lobby, Central Maine Medical Center, 12 High St., Lewiston. Home-baked cookies, pies, pastries, baked goods, fudge, and chocolate goodies, incl. some Gluten-free and sugar-free items. Benefits Bennett Breast Care Center. 310-8056.

**Rotary Club Lunch Meeting.** Noon to 1 p.m. Village Inn, 165 High St., Auburn. The guest speaker is Wendy Thompson, who served on the admissions staff at Bowdoin College from 2000 to 2012. 333-4588; www.lewisstonauburn-

rotary.org.

**Breakfast for Dinner.** 4:45 to 7 p.m. Gendron Franco Center, Lewiston. Join the L-A Metro Chamber of Commerce for an intro. of new members and a speaker from the American Red Cross. \$35 (members \$22). Register at www.LAMetroChamber.com.

**Mysteries of the Mind.** 7:30 p.m. Chocolate Church Arts Center, 804 Washington St., Bath. Master mentalist and magician Paul Draper performs his dynamic one-man show. \$25 (\$23 in adv.); students \$15. 442-8455; www.chocolatechurch.org.

**Saturday Apr. 20**

**Community Recycling Day.** 9 a.m. to 1 p.m. Community Credit Union, 40 Stanley St, Auburn. CCU and other local organizations partner to take your used items for recycling. Some restrictions may apply; for eligible items, see www.communitycreditunion.com.

**"Superhero Saturday with Spider-Man."** 11 a.m. to 2 p.m. Norway Savings Bank Arena, Auburn. Come meet Spidey and enjoy fun and educational activities led by real-life superheroes such as policemen, firemen, and teachers. \$8. Benefits Advocates for Children. www.advocatesforchildren.net.

**Bean Supper** 5 p.m. Lunn-Hunnewell Amvets Post 6, Rte. 100, New Gloucester. Two Kinds of beans, hot dogs, chop suey, coleslaw, brown bread, biscuits, assorted pies and beverages. \$8/3.

**Monday, Apr. 22**

**"Communicating with Diverse Farmers."** 9 a.m. to 12 p.m. 254 Goddard Rd., Lewiston. Guidance, tips, and tools for those working with farmers of various cultural and linguistic backgrounds. Pres. by Andro. Valley Soil and Water Conserv. District. Free. Register at 241-5374.

**"Tourism 101."** 3 to 6 p.m. Central Maine Community College, 1250 Turner St., Auburn. The LA Metro Chamber of Commerce presents an information forum on tourism and the local economy. Free, but regis. required at www.LAMetroChamber.com.

**My Next Career Move.** 5:30 to 8 p.m. Lewiston-Auburn College. This

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Dumbo (PG)	12:45	3:45	6:45	9:15
Us (R)	1:00	4:00	6:50	9:50
Captain Marvel (PG-13)	12:35	3:35	6:35	9:25
The Best Of Enemies (PG-13)	12:55			
Five Feet Apart (PG-13)	3:55		9:40	
Unplanned (R)			6:55	

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**Tuesday, Apr. 23**

**Lewiston-Bates College Bird Walk.** 6 a.m. Walk starts in front of Hathorn Hall on the Bates College campus and returns by 8:30 a.m. Led by Stanton Bird Club; all welcome. Free. 319-6630; www.StantonBirdClub.org.

**Thursday, Apr. 25**

**Self-Employment Workshop.** 6 to 8 p.m. RSU 16 Adult Education, 129 Elm St., Mechanic Falls. Find out if self-employment is right for you and how to get started. Free. Pres. by New Ventures Maine. Register at 557-1885 or karleen.andrews@maine.edu.

**Friday, Apr. 26**

**Theater: "Annie: The Musical."** 7:30 p.m. Theater at Monmouth, 796 Main St., Monmouth. Presented by the Monmouth Community Players. Again 4/27-28, 5/3-5 (Sats. at 2 and 7:30 p.m.; Suns. at 2 p.m.). For ticket info, see www.monmouthcommunityplayers.org.

**Saturday, Apr. 27**

**Bird Club Field Trip: Riverwalk.** Meet at 8:30 a.m. in front of Staples on

Lisbon St. in Lewiston for carpooling; group returns by 11 a.m. Led by Stanton Bird Club; all welcome. Free. 513-8213; www.StantonBirdClub.org.

**Bean Supper.** 5 p.m. First Congregational Church, Rte. 115, Gray. Baked beans, casseroles, salads, homemade breads and desserts, beverages. \$8/4. Wheelchair accessible. 657-4279 (day of supper 657-3279).

**Sunday, Apr. 28**

**Amphibian Walk.** Thorncrag Sanctuary, Montello St., Lewiston. Meet in the parking lot at 1 p.m. Led by Stanton Bird Club; all welcome. Free. 782-5467; www.StantonBirdClub.org.

**Tuesday, Apr. 30**

**Lewiston-Bates College Bird Walk.** 6 a.m. Walk starts in front of Hathorn Hall on the Bates College campus and returns by 8:30 a.m. Led by Stanton Bird Club; all welcome. Free. 319-6630; www.StantonBirdClub.org.

**Friday, May 3**

**Theater: "Annie: The Musical."** 7:30 p.m. Theater at Monmouth, 796 Main St., Monmouth. Presented by the Monmouth Community Players. Again 5/4-5 (Sat. at 2 and 7:30 p.m.; Sun. at 2 p.m.). For ticket info, see www.monmouthcommunityplayers.org.



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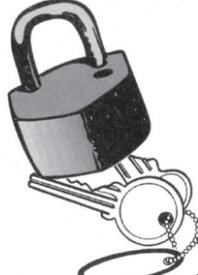
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## CMMC named among top cardiovascular hospitals in the nation

Central Maine Medical Center (CMMC) has been named one of the nation's 50 Top Cardiovascular Hospitals by IBM Watson Health™. This is the first year that CMMC, with its Central Maine Heart and Vascular Institute (CMHVI), has been recognized, and it is the only hospital in Maine to receive the honor.

The Central Maine Heart and Vascular Institute is a center of excellence at CMMC, offering advanced cardiac and vascular diagnostic and treatment services, including interventional cardiology, cardiac surgery and cardiac arrhythmia management, as well as many other advanced procedures. Our expert team provides specialty care to inpatients at CMHVI and CMMC in Lewiston, while outpatient care is delivered from CMHVI's Lewiston offices and at other locations throughout central and western Maine. This recognition distinguishes CMMC for the high-quality care provided to patients as well as its ongoing commitment to quality and safety.

📍 Central Maine Heart and Vascular Institute  
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[cmhc.org](http://cmhc.org)

