

Vitality

YOUR MONTHLY GUIDE TO AGING WITH
GRACE, PURPOSE AND WELL-BEING

April 2019

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SENIOR LIVING

MACOMB COUNTY

Centerline Towers: 803310 Mile, Centerline, 48015

Chesterfield Library: 50560 Patricia, Chesterfield, 48047

Chesterfield Senior Center: 47275 Sugarbush, Chesterfield, 48047

Macomb Daily Building: 19176 Hall Road, Suite 200, Clinton Township, 48038

Macomb County Seniors: 21885 Dunham, Clinton Twp, 48036

Pine Ridge Assisted Living: 36333 Garfield, Clinton Twp, 48036

Clinton-Macomb Library: 35891 S. Gratiot, Clinton Twp, 48035

Clinton Twp Senior Center: 40730 Romeo Plank, Clinton Twp, 48038

Heritage Senior Place: 1543018 Mile/Hayes, Clinton Twp, 48038

Eastpointe City Rec: 164358 Mile, Eastpointe, 48021

Fraser Senior Center: 34935 Hidden Pine, Fraser, 48026

Tucker Senior Center 26980 Ballard, Harrison Twp, 48045

Macomb Senior Center: 1992523 Mile, Macomb Twp, 48042

Mt Clemens Library: 150 Cass, Mt. Clemens, 48043

New Baltimore Library: 36480 Main, New Baltimore, 48047

Romeo Park and Rec: 361 Morton, Romeo, 48065

Roseville Senior Center: 18185 Sycamore, Roseville, 48066

Roseville Library: 29777 Gratiot/Common, Roseville, 48066

Shelby Senior Center: 51670 Van Dyke, Shelby, 48316

Sunrise Assisted Living: 46471 Hayes, Shelby, 48315

Utica Senior Residence: 7650 Greeley, Shelby/Utica, 48317

St Clair Shores Library: 2250011 Mile, St. Clair Shores, 48081

SCS Parks and Rec: 20000 Stephens, St. Clair Shores, 48080

Sterling Heights Senior Center: 40200 Utica, Sterling Heights, 48313

Henry Ford Medical: 350015 Mile Rd/ Ryan Rd, Sterling Heights 48310

Andreas Rest: 12/Bunert, Warren 48088

Warren City Hall: 29500 Van Dyke between 12 & 13, Warren, 48093

Warren Community Center: 5460 Arden, Warren, 48092

OAKLAND COUNTY

Auburn Hills Senior Center: 1827 N. Squirrel, Auburn Hills, 48326

Orion Center: 1335 Joslyn Road, Lake Orion, 48360

OPC Rochester: Letica Rd, Rochester, 48307

Troy Senior Center: 3179 Liver-
nois, Troy, 48084

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CONTACT US

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ADVERTISING

Advertising: 586-716-8100

STAFF

Publisher, Michigan Region:
Greg Mazanec,
mipublisher@medianewsgroup.com

Vice president of news:
Don Wyatt, 248-285-9652,
dwyatt@medianewsgroup.com

Custom Content Editor:
Jenny Sherman, 248-284-7046
jsheerman@medianewsgroup.com

Calendar announcements:
Joe Gray, 248-284-1481
jgray@medianewsgroup.com

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MONEY & SECURITY

Ask the Financial Doctor: How do I increase my withholding taxes?

Q : I forgot to deduct some charitable contributions on schedule A on my 1040 tax return. What forms do I need to correct this mistake?

A : You need form 1040X. Specify the amended tax year and include an explanation. The Internal Revenue Service will send you a refund.

Q : My neighbor said the IRS changed the rules for the underpayment penalty. What are the new rules?

A : If you withheld at least 80 percent of your 2018 tax liability or 100 percent of your 2017 tax liability (110 percent if your adjusted gross income (AGI) was \$150,000 or more in 2017) then you will not pay an underpayment penalty. The 80 percent threshold is only valid for the 2018 tax year and will revert back to 90 percent.

Q : I paid an underpayment penalty of \$255 for the 2018 tax year. If the IRS changed the underpayment rules can I get a refund for the \$255?

A : Yes, you can. There is no underpayment penalty as long as you withheld at least 80 percent of the taxes owed. For example, if you owed \$15,000 and withheld \$12,000 you satisfied the 80 percent rule. You need to fill out form 843 to get your refund of \$255.

Q : My employer is not withholding enough for my federal and state taxes? How do I increase my withholding taxes?

A : Contact your human resources department and fill out form W-4. The Treasury Department and the IRS updated their withholding tables in early 2018 to reflect the changes from the new tax law which reduced individual income tax rates, doubled the standard deduction and eliminated personal exemptions. **Q**: Can my social security check be garnished by a creditor?

Q : I am considering a nursing home for my husband who is suffering from dementia and alzheimer's disease. The nursing home refuses to admit him because I have no power of attorney. What can I do?

A : You can go to court and be appointed the conservator of your

husband. Check with different nursing homes on their rules. If you still have difficulty then I recommend that you consult with an elder attorney.



Richard Rysiewski

Q : Somebody stole my social security number and is impersonating me. Can I change my social security number and reclaim my identity?

A : You can't easily change your Social Security number just because it's been stolen. Identity theft is one of the fastest growing crimes in America. First, contact one of the three major credit-reporting agencies — Equifax, TransUnion, or Experian — to place a fraud alert on your credit file. Second, call the IRS at 1-800-908-4490 to prevent the thief from filing a fraudulent tax return in your name.

Q : I have a "will" that gives my IRA to my son. If I die, does the IRA go through the probate process?

A : The probate process is avoided if the IRA has a designated beneficiary named on the IRA documents. The designated beneficiary listed on the IRA document takes precedence over the beneficiary named in a will. If there is no designated beneficiary then the IRA will be owned by the estate of the decedent and will go through the probate process. In your case, your son will inherit the IRA.

Q : Can my social security check be garnished by a creditor?

A : Private creditors cannot garnish social security checks but the federal government can. If there are defaults in VA or student loans or you owe money to the IRS or medicare then the federal government can garnish part of your social security check. The first \$750 per month is off limits but 15 percent of any amount above \$750 can be withheld until your federal debt is repaid.

Submit your tax and finance questions to Richard Rysiewski, Certified Financial Planner, at Richard Rysiewski, Financial Doctor, 3001 Hartford Lane, Shelby Twp., MI 48316 or call (248) 651-7710.

Brian J. Kurtz

AIP Financial Services, Inc.



Radio Show Host Since 1999 • Estate Planning Columnist Since 1994
Published Author of "Getting The Most Out of Your Savings Bonds" (June 2004)

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INDEXED ANNUITIES: These popular policies pay interest based upon a portion of the gain in the stock market. If the market gains, you share in that gain. If the market loses, you DON'T share in the loss. Some policies pay up front bonuses of up to 10%! Call me and let's see if there is some free money available for you.

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HEALTH & FITNESS

How to prepare your family when an aging loved one is moving in

No man or woman, regardless of his or her age, wants to consider that a day may come when they need to rely on loved ones to help them perform everyday activities. But every day tens of millions of people serve as unpaid caregivers for their aging friends or family members.

A 2015 survey from the National Alliance for Caregiving and AARP found that approximately 34.2 million people had provided unpaid care to an adult age 50 or older in the last 12 months. Many unpaid caregivers are pulling double duty, caring for their aging parents while also raising families of their own.

While there's no guarantee that aging men and women will require care, caregivers figure to become more necessary as

life expectancies increase. In fact, recent years have seen the senior population in the United States exceed 50 million for the first time in the country's history, and figures from the U.S. Census Bureau suggest that figure will continue to rise until 2029.

Men and women who are preparing to welcome an aging loved one into their homes may wonder how to make that transition go smoothly, especially if they have young children at home. The following are some tips that can help families prepare to welcome an aging friend or family member into their homes.

- **Speak with your loved one's physicians.** Speak with an aging loved one's physicians so you can get a complete picture of their physical and mental condi-



PHOTO COURTESY OF METRO CREATIVE CONNECTION

tion. This can give you an accurate depiction of how much care your loved one needs now and how much

they might need in the future if their condition worsens.

- **Discuss forthcoming**

changes as a family. Once you gain a full understanding of your loved one's physical and mental condition and before this person moves into your home, discuss it with your family. Adding a new member to your household will affect everyone, so each member of the family, including young children, should be included when discussing how the family dynamic will change. Parents must recognize that even young children may be asked to make sacrifices to accommodate aging loved ones. Explain these sacrifices in advance and how important it is to make an aging loved one feel welcome when they move in.

- **Discuss conditions with children.** Children may recognize their grandparents or elderly loved

ones have physical limitations, but they likely won't understand conditions such as dementia or Alzheimer's disease. Parents can ask a physician about how to explain cognitive decline to young children. Children may not recognize cognitive decline as readily as adults, so parents may need to discuss these conditions with their children periodically and/or if the conditions worsen.

Millions of people across the globe welcome aging loved ones into their homes when they can no longer care for themselves. Such caregiving changes family dynamics, and these changes should be discussed before and after a loved one moves in.

Story courtesy of Metro Creative Connection

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TECHNOLOGY

Sterling Heights Senior Center gains high-tech vision aid

By Debra Kaszubski
For MediaNews Group

The Sterling Heights Senior Center is now home to a high-tech vision aid that allows people suffering from visual impairments the ability to read text of any size.

An anonymous family donated the Optelec ClearView + Speech, an approximately \$3,500 device that combines video magnification and accurate text-to-speech technology to assist those with visual impairments. The new machine was placed inside the Senior Center's library, where it will stay.

Users can enlarge materials or change to a high contrast viewing mode. It will read anything from fine-print ingredient labels to flyers with large fonts. The speech feature instantly converts printed text into speech; users can listen to books, magazines, or any text read out loud.

"It can amplify newsprint and books with small font. It will make the words large so the person with low vision can see it," said Jennifer Rizzo, recreation specialist at the Sterling Heights Senior Cen-

As many as 11 million people in the United States have some form of age-related macular degeneration

ter. "Patrons may use it to read a bill they received, a letter from a friend, a recipe they have been wanting to try, our Senior News or a book they have been wanting to read."

The family donated the machine to help seniors who suffer from common vision conditions affecting older people, such as Macular Degeneration. Age-related macular degeneration (AMD) causes deterioration of the macula, the part of the eye that provides sharp, clear, straight-ahead vision.

As many as 11 million people in the United States have some form of AMD, and that number is expected to increase to nearly 22 million by 2050, according to the BrightFocus Foundation, a nonprofit that supports research to end AMD, glaucoma and Alzheimer's disease. AMD can be passed from generation to generation.

It's not uncommon for those with macular degeneration to notice blurring of

their central vision early on or to have difficulty reading. Some may see a dark spot or distortions such as straight lines that seem wavy. Also, a person with AMD might experience contrast sensitivity, with difficulty distinguishing, for example, dark gray letters on a light gray background.

Over time, some people may have difficulty recognizing faces. Eventually, without intervention, those with severe AMD may lose their central vision entirely, although they may still be able to see peripherally.

Next Avenue contributed to this report.

The Optelec ClearView + Speech is a device that will read any text out loud, or enlarge text for those with vision impairments. It was recently donated to the Sterling Heights Senior Center.



PHOTO COURTESY OF THE STERLING HEIGHTS SENIOR CENTER

Life is unpredictable and full of ups and downs. So if you need to downsize, want to relocate to a warmer climate or are ready to move into a senior living community, chances are you don't want to wait.

Jennifer Avery understands. As manager of New Hope Homes, a real estate solutions company based in Oakland and Macomb counties, she works with people every day who need to sell their home quickly. It doesn't matter if the property is in need of major repairs or homeowners are trying to avoid foreclosure, New Hope Homes can help.

"Our motto is 'People First,'" she said. "We are a direct buyer that can make you a fair, cash offer for your home."

Avery talks with homeowners about their goals before looking at the property. All offers are confidential with no obligation. Even if she is unable to purchase the home, she is happy to make referrals to others who can assist. "We care about people and want all deals to be a win-win situation," she said.

The advantage of a cash offer from a direct buyer is a smoother, faster transaction without the hassle of waiting for and negotiating with a potential buyer. Avery can also tailor the timeline of the transaction to best meet the needs of the seller.

For details, visit

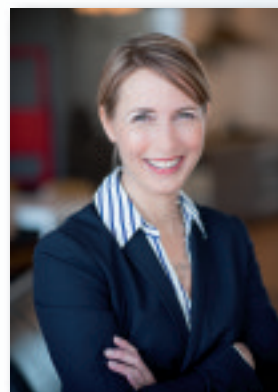
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SOCIAL & WELL-BEING

Don't let limited mobility discourage your travel bug

By **Debra Kaszubski**
For MediaNews Group

Many people dream of someday retiring and seeing the world. Some save money for a big trip, while others spend hours on the internet researching travel sites and more. But what if your travel companion has limited mobility or other special needs? Does that mean you can't add them to your travel plans? Does that mean putting off travel all together?

Not necessarily, say travel experts. In most cases, traveling with limited mobility or a partner who has trouble walking means careful planning and looking at different travel options.

The Older Persons Commission Leisure Travel program, which is open to anyone age 50 and older (including nonmembers) offer a variety of day trips which are suitable for people with limited mobility. The OPC arranges for an ADA (Americans with Disability Act) compliant bus for day trips. These buses lift and lower to accommodate wheelchairs.

There are numerous day trips through the OPC to places such as Toledo to watch a minor league baseball game, or to the Purple Rose Theater in Chelsea for a show, and more. The only day trips that aren't suitable for people with mobility issues may include the stops to historical destinations.

“We do encourage people to call and talk to us about the day trips and we will talk to them about how much walking is involved. Also, how much standing around is involved because for some seniors standing for a long period of time is



PHOTO COURTESY OF METRO CREATIVE CONNECTION

an issue,” said Linda Froeber OPC Leisure Travel Coordinator.

OPC-sponsored extended overnight trips aren't the best options for people with limited mobility, but Froeber said that shouldn't stop travelers from pursuing their dream trip. “Where there's a will, there's a way,” she said.

John Sage owns Sage Traveling (sagetraveling.com), and gets around in a wheelchair himself. His work with disabled people has led him to emphasize the importance of planning. You don't only need an accessible hotel, he says, you also need travel skills.

Sage and his wife have traveled extensively and he talked about the challenges he's faced as well as the solutions he came to. Once, his wheelchair couldn't fit into a tiny elevator, so staff provided a small chair for him and carried his wheelchair up the stairs. Another time, his travel companions carried him in his chair up many stairs so he could get the same view of the Acropolis as other tourists.

Demand for cruising has increased 68 percent in the

past decade, according to the Cruise Lines International Association's (CLIA) 2016 State of the Cruise Industry Outlook, and people with disabilities find the industry is improving their services. But savvy travelers need to be informed regarding policies and potential obstacles before booking a cruise.

If you or a companion have a disability, choosing the right cruise and planning in advance are imperative to getting the most from your vacation. Generally, newer ships are better, especially for passengers with reduced mobility. However, as older vessels undergo refurbishments, many update their features to enhance access.

Small details make a difference. Will a scooter fit through the guest room doorway? Does the ship have sign language interpreters? Many of the answers can be found on the cruise line's website (use the search terms “special needs” or “accessibility”). Carefully review the policies. Some require guests with disabilities to travel with a caregiver. And many

of the services available for passengers with disabilities must be arranged 30 or 60 days prior to a trip.

Just like hotels, ships have a limited number of handicap accessible cabins, which are designed for those with mobility disabilities. These rooms can accommodate the turning radius of a wheelchair and offer a roll-in shower. Passengers who fraudulently book these rooms will be moved.

Most cruise lines have a department that can answer special needs questions. For example, Carnival's Guest Access Team can provide general information about accessibility. This cruise line has accessible routes marked throughout their ships, accessible seating at dining venues, accessible state-rooms and accessible public restrooms. Typically, once a cruise is booked, guests with disabilities fill out a special needs form which asks about the equipment they are using and assistance which may be required.

Cruising involves a great deal of walking, both in port on sightseeing ventures and onboard along lengthy ship corridors. If you have difficulty walking long distances,

you might want to rent a scooter or wheelchair and have it delivered to your cabin.

Ships carry a small number of wheelchairs onboard, which are reserved for emergencies and cannot be borrowed. If you are bringing your own mobility equipment, have it serviced prior to traveling. Replacing a part mid-cruise can be difficult.

Providers, such as Special Needs at Sea (specialneedsatsea.com), rent a laundry list of medical equipment, from wheelchairs and scooters to bed rails and liquid oxygen.

While ships can be quite accessible, the same is not always true for ports and shore excursions. When a ship pulls into a port of call, passengers cross a ramp to the shore. However, lack of dock availability or inclement weather means a ship anchors offshore and shuttles passengers to the port in small boats called tenders.

Passengers using mobility devices or who have trouble walking may not be allowed on the tender and might be stuck on the ship. Check the tender policies before booking a cruise.

Although a lot has been said

about cruising, it's not impossible to travel by land. Like cruise vacations, it's essential to plan ahead. Make sure you have an accessible hotel and that transportation is accessible. Have a backup plan in case the unexpected happens. Travel with companions, and know how to say "wheelchair" or "Is the bathroom in this restaurant accessible?" in another language.

Often times, traveling is a daunting task and the person with limited mobility would rather not go. If that's the case, consider traveling with the OPC or similar groups. With this type of group travel, you're never alone and chances are good you'll meet some new friends with similar interests.

"What's nice about OPC is you get to know people rather well. People do look out for each other. They have a common interest, and even if they were solo and might not know people, (travel) gives them an easy thing to chat about," Froeber said.

For information on OPC's Leisure Travel, visit their website at opcse-niorcenter.org.

Next Avenue contributed to this report.

Tips for traveling with a disabled companion

1. Plan ahead, and plan some more. Whether it's making sure you have the right hotel room or knowing if the public transportation system is accessible, planning — and having a backup plan — will let you see what you want and give you confidence to handle the unexpected.

2. Set realistic expectations. Anyone visiting a new place has to decide what to do and see; you can never do it all. Disabled travelers may need more time, so be realistic about what you can take in.

3. Consider traveling with a small group. Four is a good number; you can break apart to explore individually or in pairs, plus more hands means more help supporting a disabled companion.

4. It's OK to take time for yourself. If you want to visit an inaccessible site, do it. Your traveling partner will want you to do things for yourself. And understand that your disabled companion likely also wants time alone.

5. Assistive devices are generally available, but carry spare parts and accessories. Once, the casters on Mitch's wheelchair broke off. He now travels with extra parts and tools for emergency repair.

6. Get in shape. Being as physically fit as you can be — both the disabled traveler and companion — will make the trip easier.

7. The companion will likely have added responsibilities. You can't anticipate every barrier or obstacle, so whether it's finding the ramp, speaking with someone about a barrier, or even just clearing the path as you walk down the street, the companion will often have to take the lead.

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By Corita Brown

For Next Avenue

“People are always asking me, ‘Why do you hire people over 60 to be on your team?’” says Angela Bovill, CEO of Ascendria Care Alliance, a New England-based organization that provides wraparound services for vulnerable children and families. She has a ready answer.

“Having older people on staff creates a calming force for an organization,” says Bovill. “There is less panic. They have seen a lot and are less jittery, less anxious than they may have been earlier in their career.”

A recent survey offers compelling proof of the value of hiring, and having, older workers. What’s more, the survey data from the Second Acts for Strong Communities Initiative suggests that intentionally including older adults as part of the workforce can change the attitudes of organizational staff and leadership about that value older people bring.

Views Before and After

Twice in two years, the initiative asked organizational staff for their views on four statements about 50+ workers. Their opinions were markedly higher after they had brought them into their workforce and seen their usefulness:

- 50+ talent will help our organization meet its mission: Year One: 47 percent; Year Two: 76 percent.
- 50+ talent will contribute to the sustainability of their organization.: Year One: 39 percent; Year Two: 73 percent.
- Our organization will be better able to serve our community because of 50+ talent: Year One: 50 percent; Year Two: 86 percent.
- 50+ talent will help our organization better reach its intended audience: Year

One: 49 percent; Year Two 78 percent.

Reasons for Changed Perception

What accounts for the striking shift in perception? Bovill, and other members of the national initiative, suggest some contributing factors

1. Hiring Encore Fellows: Each demonstration site hired an Encore Fellow, an older, experienced professional contributing skills in a part-time role to the organization to provide leadership on the project. The Fellows also supported the recruitment and placement of additional older adult talent.

The most effective Encore Fellows recognized that their success required working within organizational culture, while also working to change it.

Laura Melvin, director of human resources at Lad Lake, describes how Encore Fellow Harry Muir approached culture change:

“Harry is humble and understands the culture and context that was there before he got there. He is patient and figures out how to work within our culture to achieve his goals. That makes staff more receptive to his ideas. For example, he spent time listening and observing our meetings, talking to the staff and finding out about their work. By doing this, he was able to offer suggestions on how to change the structure of our meetings and how to make the older volunteers and the staff more comfortable.”

2. Creating a cohort: Many of the pilots that engaged volunteers 50+ brought them together as a group so they could develop relationships with, and support, one another. Bovill describes the cohort design like this:

“It gave them another tribe... For a group sometimes feeling left out and devalued, this was critical. This support network made them more resilient in working with clients and program staff. The strength they developed among themselves helped build their credibility; they became a force to be reckoned with! This was much more powerful than if we had engaged them individually.

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SOCIAL & WELL-BEING

The Belles and a Beau prove handbells aren't just for holidays

Spring concert season kicks off May 1 in Sterling Heights

By Debra Kaszubski
For MediaNews Group

There's a good chance you've seen those handbell players at church around the holidays gleefully ringing in Christmas carols and other familiar tunes. But as the Belles and a Beau — an Auburn Hills-based group of English handbell musicians — kick off their spring concert season, they'll prove that the bells ring year

round.

"They say you honor God by playing music, well, he's at least got to be smiling even when we hit a bad note," said Jody Faron, community outreach liaison with the group.

The Belles and a Beau are a three octave group of 12 English handbell ringers. The instruments they use emit a different sound or note depending on which one is being

played. The length, thickness and shape of the bell determine the tone. A handbell set costs thousands of dollars.

The majority of the group reside in the Heritage of the Hills Active Adult subdivision, a community for people age 55 and older. As their name implies, there's 11 ladies and one man in the group. Royal Oak resident and music instructor Twyla Vishol serves as director.

They kick off their spring concert season with a performance May 1 at the Sterling Heights Senior Center. The show is free and begins at noon. They'll play a variety of songs ranging from "Yankee Doodle Dandy" to Disney tunes and more.

Other shows are scheduled on May 15 at Hope Community Baptist Church in Sterling Heights, and on May 17 at their Heritage of the Hills clubhouse. There's a number of private performances at various sites on their schedule as well. Those interested in attending a show should call the facility prior to the performance.

Faron said anyone who attends a handbell performance is surprised at the range and beauty of the instruments. Each player rings four bells, with each bell representing a different note. Faron plays a mix of C and D notes.

"You not only have to know which one to ring,

but exactly which one. If you miss a note, it stands out like a sore thumb," she said. "Sometimes you have to grab a bell from the buddy next to you if their hands are full."

The Belles and a Beau practice weekly at the Heritage of the Hills Clubhouse. They had their first rehearsal there about 12 years ago, Faron said, when a group of residents decided to try to play a few tunes on the hand chimes. Although they no longer play the chimes — Faron's not sure how the group evolved into handbells — they still rehearse at the clubhouse weekly.

"For me it started as a way to get out and meet some people in the subdivision. I had never played a musical instrument and I don't read music, but I gave it a try," she said.

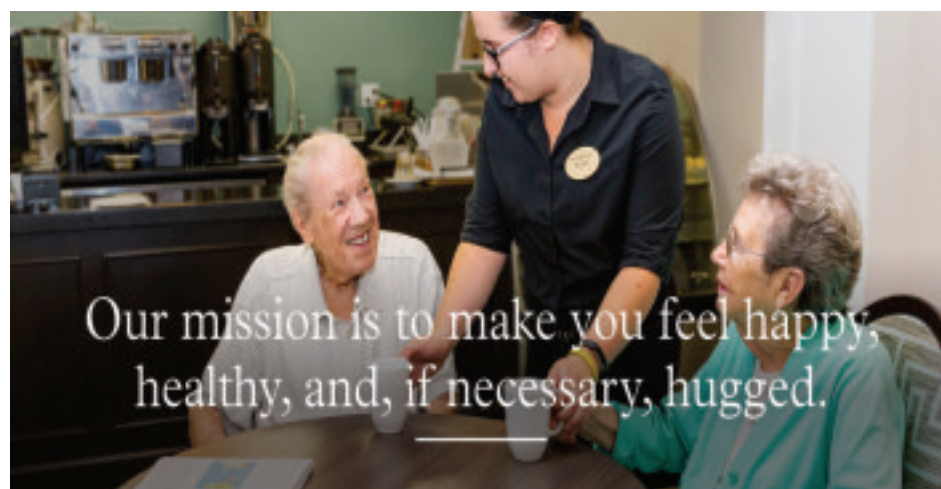
The group performs during their spring season and a busy holiday session. They've played at elementary schools, senior centers, churches,

nursing homes, and even in the lobby of Crittenton Hospital. They break for the summer and take a short leave for Christmas, but other than that, they're rehearsing weekly.

Audience participation is a big part of their show. At schools, the ringers give the kids a chance to play the handbells and learn how to make a note. At facilities that cater to senior citizens, they encourage singing and clapping along. Faron said she's thrilled to bring joy to all ages through the handbells.

"It's thrilling. When you do it right, it's hard not to be proud of ourselves," she said. "Just to bring a smile to someone who you know needs a smile means a lot to us."

The Belles and a Beau are booking shows for Christmas of 2019 and spring of 2020. For information, contact Faron at 248-309-9783 or jfaron@comcast.net or visit their Facebook page.



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PHOTO COURTESY OF THE BELLES AND A BEAU

The Belles and a Beau handbell ringers are based in Auburn Hills. They perform May 1 at the Sterling Heights Senior Center. Top row (from left): Bernie Hetrick, Janet White, Martha Hart, Martha Delargey, Bobbi Patton, Rita May, Carol Main, and Suzanne D'Ambrosio. Bottom row: Linda Foltz, Martha Hammel, Twyla Vishol (director), Jody Faron, and Karena Sanders.



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CAREER & EDUCATION

Sterling Heights man finds joy as artist, teacher

The 79-year-old leads art classes throughout Oakland, Macomb counties

By Debra Kaszubski
For MediaNews Group

Pete Snodgrass remembers something that his doctor told him during a recent visit. He said it's better to wear out than rust out. At Snodgrass's rate of activity, he's not collecting any dust.

Snodgrass, 79, teaches multiple watercolors classes in Macomb and Oakland Counties per week. The artist, who took up painting after he retired in 2001, tries to keep each class different so his students continually learn something new. He spends up to three hours preparing for his classes.

He'll teach techniques such as mingling colors or painting off the canvas into the matte.

He's taught artists of all skill levels for 10 years at the Shelby Township Senior Center and four years at the Rochester Older Persons Commission. He even did a stint as a fifth grade art teacher at St. Lawrence Catholic School in Utica.

When he's not teaching, he's busy painting greet cards (he said he can paint 10 before breakfast). Snodgrass's cards, which are all original (no prints) are on sale at the OPC, at Wild Birds Unlimited in Rochester and Macomb Town-



PHOTO BY DEBRA KASZUBSKI / FOR MEDIANEWS GROUP

Sterling Heights resident Pete Snodgrass teaches multiple art classes in Macomb and Oakland counties and shows no signs of slowing down. He will turn 80 in July.

ship, and at a gift shop in Marine City. He makes multiple cards for the season, having painted 500

just for Christmas. "Everything I do is an original," he said. "I don't do prints. Selling them as an original

makes them unique. A lot of people buy them as a card then frame them." He participates in multiple garden walks as well.

Snodgrass, a father of two and grandfather of three, paints everything from landscapes to florals and animals. He doesn't paint portraits. He paints fast, he said, completing a larger piece in 90 minutes.

His career as a painter started after he retired. Snodgrass took classes in high school (he framed an acrylic abstract he made in high school and displays it in his den as his first award-winning piece) and had always enjoyed art, but he decided that a career in sales was a better move financially. He worked at 3M and later at Cargill, where

he handled lucrative accounts such as Stroh's and Sarah Lee.

When he retired, he turned to art. "I tried oil and acrylics and oil and tried carving decoys and clocks," he said.

Snodgrass's daughter-in-law worked at the Birmingham Bloomfield Art Center (BBAC) and encouraged him to enroll in watercolor classes. He took classes there for four years. After, he continued taking classes and workshops around the country, including sessions in New Mexico and Wisconsin, where he met acclaimed watercolors artist Anita Engle.

"She taught me more than anybody can dream about," he said. "She told

ARTIST » PAGE 20

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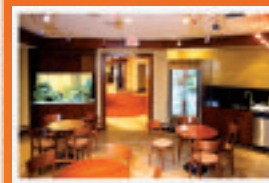
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SOCIAL & WELL-BEING

Motor City Blend Chorus to compete in regional competition

By Debra Kaszubski

For MediaNews Group

Many of the 100-plus members of the Motor City Blend were harmonizing long before the “Pitch Perfect” movies put the a cappella musical genre on the public radar. A cappella is performing without the use of musical instruments.

The Motor City Blend Chorus is headed to their second regional competition in Dearborn April 13. They placed first in the same competition in 2017. Last year, they took their harmonizing to internationals in St. Louis where they earned 11th place out of 600 groups.

Competition is a special time for quartets and cho-

ruses to sing and get some constructive feedback from a panel of judges. The winners of the regional competition in both quartet and chorus categories will travel to an international competition which is held in the fall.

The majority of their members are over age 50, including occasional dancer Laurie Sullivan who is in her early 90s. “Age is irrelevant to us; our women are so talented and capable. Everyone sings and does the choreography,” said Clinton Township resident Linda May, a member of the group and longtime a cappella singer.

The ladies hail from Oakland and Macomb counties, but also several other com-

munities throughout Michigan. There are members from Ohio and Canada as well. They meet weekly to rehearse at Orchard United Methodist Church in Farmington Hills. Several members drive more than 100 miles to attend rehearsal.

Motor City Blend Chorus is a chapter of Sweet Adelines International, a non-profit organization of approximately 30,000 members worldwide in choruses and quartets.

The singing parts are: lead, the melody; bass, the low harmony part; tenor, the high harmony part, and baritone, the middle harmony part. Each performer sings with enthusiasm, all smiling and swaying with delight as they



PHOTO COURTESY OF THE MOTOR CITY BLEND CHORUS

perform. Although there’s some piano when rehearsing, that and the sheet music are put aside when they perform.

“We sing in very close harmony. It’s challenging, but anyone can learn to do it. We are a music education organization,” May said.

There’s a diverse range of music in their repertoire, including newer songs like “Can’t Stop the Feeling” and

CHORUS » PAGE 20

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and in my looking,*

*God be in my mouth
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*God be in my heart
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*God be at my end
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HEALTH & FITNESS

Art therapy sessions help relax, relieve stress

By Debra Kaszubski

For MediaNews Group

Barbara Ann Williams said she has sadness in her life. The Sterling Heights resident cares for her ailing parents, who are both in their 90s, and said she feels depressed when remembering the past. For Williams, relief comes not in the form of a medication or some unhealthy substance, but in a paint brush and colorful acrylics.

Williams was one of about a half dozen participants in a recent art therapy session at the Madison Heights Senior Center. The class, lead by Jennifer Edwards, M. Ed, ATR, started with writing a few words about the emotions and feelings drummed up by various colors.

Williams said purple reminded her of her Catholic upbringing, while Edwards felt that green signified new life. “Everybody thought about these different colors and words that come to mind from these colors,” Edwards said. “After they wrote them down and then picked the colors to paint with. Now they are painting their emotions.”

Roseanna Quantz of Madison Heights painted an abstract seascape, Maryanne Maswchuk of Hazel Park created a vibrant peach floral, and Warren resident Vonnie Gniazdowski's painting was an abstract mix of purples and violets.

“It’s all about what they are looking for,” Edwards said. “I just want them to come in and relax, be with people, and take care of themselves for a little while. It’s all about relaxing and personal growth.”

The bonuses of becoming creative later in life show up in measured health benefits, including fewer heart problems and less depression. An April 2015 Mayo Clinic study found that making art is tied to fewer cognitive problems as people age.

According to the American Art Therapy Association, art therapy promotes the ability to unlock emotional expression by facilitating non-verbal as well as verbal communication.

People may seek art therapy to address a variety of challenges, including: anxiety and depression, communication and learning disabilities, neurological disorders such as Parkinson’s, dementia or Alzheimer’s disease, Post Traumatic Stress Disorder, and more. Art therapy also benefits victims of abuse, natural disasters or other trauma, and major life transitions.

Art therapy is used in hospitals, schools, nursing homes, clinics, private practice, and more. Art therapists must have a Master’s degree to practice.

Williams offers ongoing art therapy sessions at the Madison Heights Senior Center and also the Wixom Community Center.



Above: Roseanna Quantz of Madison Heights painted an abstract that resembles a beach.



Left: Sterling Heights resident Diane Santantelo receives some guidance from instructor Jennifer Edwards.

PHOTOS BY DEBRA KASZUBSKI / FOR MEDIANEWS GROUP



Above: Instructor Jennifer Edwards created this abstract mix of colors which she said represents herself.

Left: Barbara Ann Williams' painting may seem simple, but to her each color and brush stroke has significance and meaning.

PHOTOS BY DEBRA KASZUBSKI / FOR MEDIANEWS GROUP



Maryann Masiwchuk started by painting her entire canvas peach before adding florals.



Vonnie Gniazdoski of Warren painted an abstract mix of purples and violets during a recent art therapy session at the Madison Heights Senior Center.

Artist

FROM PAGE 14

me to go home and get a job teaching. She said that's when you'll get good."

Engle was right. Along with selling multiple paintings, Snodgrass has shown his art at the BBAC, the Anchor Bay Art Club and the Lakeside Palette Club. He's been honored as the Sterling Heights Artist of the Month three times. His entire class had a show at the Shelby Township Senior Center, and he's had shows at the OPC as well. He's judged a number of art shows and donates paintings to charities.

Watercolors are his passion, he said, because it's fun. "It's not for control freaks," he laughed. "Many times



PHOTO BY DEBRA KASZUBSKI / FOR MEDIANEWS GROUP

you have happy mistakes and that's always the surprise. To do this type of painting, you have to be adventurous."

Along with his three weekly classes, Snodgrass teaches ongoing workshops, including

an upcoming session in May at the OPC. He enjoys teaching, and is even willing to take on another class if someone should request his services.

To reach Snodgrass, call him at 586-247-7555.

Chorus

FROM PAGE 16

"Defying Gravity" to classics such as "I Got Rhythm." For the competition, they'll sing "I've Grown Accustomed to his Face" and "Ain't He Sweet/Yes Sir, That's My Baby."

The Spirit of Detroit Chorus and Great Lakes Chorus were both at least 50 years old when these two powerhouse groups merged to form the Motor City Blend in 2016. The talent and experience skyrocketed the group to the top, and only four months later, the group won regionals.

"Members of both choruses have been friends for decades and we knew we would be compatible. The directors have also been close friends, and they were both members of a first place international champion quartet. Merging allows us to have one of them directing us and the other one listening and coaching. They work

together extremely well," May said. "That expertise did what we thought it would do for us as singers, made us move up in our own skills, resulting in higher level critiques and scores from judges."

"Being in a large chorus also allows us to have a front row of women who like to dance and perform the choreography while a wall of sound is solid behind them. When they do turns and their voices are lost for seconds here and there, the riser singers maintain the sound," May added.

Prospective members are welcome to audition, but there is a process. First they must attend at least three to six rehearsals. They'll receive sheet music to a few of the songs the group is working on. They pick one to learn and work with a partner to prepare and learn. "When they feel comfortable they let us know and we set up an audition," May said.

The group is available for performances, and welcome invitations. They're typically

invited to sing the national anthem and another song at the start of the Sterling Heights Memorial Day parade. Mini shows are scheduled for later in the year. The regional competition is open to the public and is located at the Ford Community & Performing Arts Center, 15801 Michigan Avenue, Dearborn. Single ticket quartet for the April 12 contest \$20; single ticket chorus April 13 contest \$20 sold in the lobby of the Performing Arts Center 45 minutes prior to the beginning of each competition. Quartets compete at 6 p.m. Friday, April 12 and choruses compete at noon Saturday, April 13.

For more information on the Motor City Blend, go to www.motorcityblendchorus.com. They have a Facebook page as well. For membership information, contact Cynthia Breisch at 734-422-2692; or to inquire about hiring the chorus to entertain at an event, contact Sandy Worswick at 248-515-1504.

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HEALTH & FITNESS



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Is laughter the best medicine?

April 24 seminar explores the benefits of laughter

By Debra Kaszubski
For MediaNews Group

Alternative medicine pioneer Dr. Hunter "Patch" Adams once said: "Silly is the best pill you can take." Although that sounds like an interesting theory, is it true that laughter really is the best medicine?

Complementary medicine — like massage therapy, aromatherapy and humor therapy — were once seen as fringe approaches outside responsible medical advice. Not today. Research has established a more holistic view of health, including a recognition of the impact of humor therapy.

"Laughter releases tension, it releases hormones and endorphins that are therapeutic to the body, and it rids one of inhibitions. The copay is \$0 and the side effects are none," said Ron Samarian, M.D., Chief of Psychia-

try at William Beaumont Hospital in Royal Oak. "It's really a great, simple way to feel better. It may not be a cure-all for illness, but it's a healthy aspect that we under utilize."

Laughter Wellness coach Bonnie Weintrob will present "The Benefits of Laughter" April 24 from 10 a.m. to 1:30 p.m. at Petruzello's Banquet & Conference Center in Troy. The event is hosted by Catholic Charities of Southeast Michigan Retired Senior Volunteer Program (RSVP). It will be the fourth installment of their popular Senior Living and Learning seminars. Admission is free.

"Bonnie will lead some fun laughing activities that will help us find more joyful moments and give some perspective when life gets you down," said Trista Johnson, program manager of the RSVP.

The laugh for good health move-

ment was born in 1979 when journalist Norman Cousins wrote about his experiment in self-healing through laughter in his book, "Anatomy of an Illness."

Cousins had received a diagnosis of a type of arthritis known as ankylosing spondylitis, but the medications he was prescribed caused painful side effects. Eventually, he wrote, he left the hospital and moved into a hotel room, where he treated himself with vitamin C and a steady diet of humor books, sitcoms and Marx Brothers films. Cousins' symptoms faded.

Although some critics have maintained that his condition may have been misdiagnosed and that his symptoms may have simply resolved themselves, his approach to self-healing gained wide popularity. Advocates of Cousins' ideas have since promoted the potency of laughter as medicine,

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and research has supported many of their claims.

One study found that 20 seconds of laughter is equivalent to three minutes on a rowing machine in terms of its benefits to lung function.

Some other proven health benefits of laughter include the relief of stress and its byproducts, such as inflammation and the chronic conditions that stem from it; lower “bad” cholesterol and elevated “good” cholesterol; increased elasticity of blood vessels; higher oxy-

gen levels in the blood; improved cardiovascular function; and decreased pain, particularly in people undergoing chemotherapy, because of the distraction humor provides.

Humor also encourages social interaction and well-being. Isolation, and the health problems it can fuel, are common health concerns for people as they age.

Reservations are required for the April 24 event. Call 313-437-1111.

Next Avenue contributed to this report.

5 Ways to Get Giggles Into Your Day

Karyn Buxman, a registered nurse and self-proclaimed “neuro-humorist” whose books include “What’s So Funny About Heart Disease?”, has seen the benefits of daily laughter for patients with diabetes, cancer and heart disease, as well as their caregivers, who often ask, “What if I’m not a funny person?” No problem, Buxman says. You don’t need to be funny, you just need to see funny. “Most people can learn to be appreciators of humor while not having to be initiators,” she says.

Here are some of her tips:

- Subscribe to an email or online “joke of the day” so you can start your morning with a laugh
- Have coffee or lunch at least once a month with the funniest friend in your circle
- Read humorous books or joke books
- As you go through your day, check out funny videos on YouTube — you can’t go wrong with the hilarious antics of babies or animals



PHOTO COURTESY OF METRO CREATIVE CONNECTION

Microchips Bring Major Changes to Hearing Care

Wireless Transmission of Sound - The ability for hearing aids to receive sound sent wirelessly from the television, stereo, and computer is now a reality. Hearing aid patients no longer need awkward necklace-style devices to receive wireless audio signals. Individuals can listen “privately” through their hearing instruments, at the volume they prefer. Others in the room enjoy a volume comfortable for them. The same microprocessor technology allows hearing aid wearers to enjoy hands-free use of cell and home phones. By using a small Bluetooth™ accessory clipped to a shirt or automobile visor, clear conversation is sent from the phone to both ears. The phone can stay put away in a pocket or handbag during calls.

Options for Noisy Environments - Along with enabling direct-to-ear wireless communication, microprocessors help hearing aid wearers more easily understand speech in noisy environments. New techniques, such as band-splitting and specialized sound classifications, facilitate more natural hearing in challenging environments. Now, instead of across-the-board amplification, patients can prioritize important sounds, such as speech, while retaining auditory awareness of less critical sounds. Patients can also choose to focus on speech exclusively.

Amaze Breakthrough in Hearing Technology - The new Line of Beltone Amaze™ hearing aids sends phone conversation and TV directly into hearing instruments, while letting users stay connected to their surroundings at the same time. The Beltone Amaze™ hearing instrument’s Spatial Directionality feature enables more natural hearing in noisy surroundings. Using directional technology, one ear focuses on speech, while the other ear monitors sounds from around the individual. Speech Spotter Pro™ allows the user to focus on speech, and tune out background noise completely.

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*Offer valid towards purchase of two Beltone Amaze hearing instruments. \$500 off a single instrument. Discount off MSRP. Cannot be combined with other offers or coupons. Not valid on previous purchases. Beltone Hearing Centers are independently owned and operated. Participation may vary by location. Beltone 2018

ATTENTION ORGANIZATIONS GROUPS & CLUBS

Send in your information for meetings, seminars, events and press releases for our monthly calendar. Our next edition will run Thursday, May 9, 2019.

Deadline is May 1, 2019

To be included in our next edition please Email to:

**NEW
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**VITALITY
Groups & Clubs**

Email: Joe Gray

jgray@digitalfirstmedia.com

Subject Line: Vitality Community Calendar

Our Mission

To deliver patient centered care with expertise and compassion to promote health, independence and dignity where patients are most comfortable and feel better faster at home

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To set standards in home health care by maintaining the highest level of excellence and ethics in patient care. To provide comprehensive home health services that restore the patient to the maximum level of function & independence, at home. To employ, train and retain innovative, dynamic, compassionate professionals dedicated to patient care. To develop relationships and resources which are beneficial to the community. To consistently exceed the needs and expectations of our patients and families, our employees, and our community.

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MONEY & SECURITY

What can you take when selling a home?

Q : My dad passed away four years ago and my name and my mom's name are listed on the deed to the family home as joint tenants. I was wondering what rights do I have as a joint tenant. If the house is rented out am I entitled to half of the rent money? I would appreciate any information as far as my rights and responsibilities as the joint tenant of this property.

A : I am going to answer your question to the best of my knowledge. I am not an attorney nor acting as an attorney and I recommend that you always consult an attorney regarding any legal questions. With joint tenancy you have ownership of real estate by 2 or more persons, each of whom

has an equal interest with the right of survivorship. If you are named as a joint tenant then you have equal rights to this property. If the property is going to be rented out then there should be a written, signed agreement between the owners each agreeing to the terms and conditions of the rental. If one owner rents out the property without the other's permission then there are grounds to sue. The same goes for conveying property, both signatures are required.



Steve Meyers

Q : My wife and I are going to be selling our house soon. When we put our house up for sale we do not want to include certain things like my workbench and workshop cabinets, some curtains my wife wants to keep and a few other things around the house. Could you please tell us what normally has to stay? We don't want any problems.

A : Excellent question. So many sellers just assume things, or go on hearsay and do the wrong thing without asking a professional. The rule of thumb is that if an item is glued, screwed, nailed or attached it is considered a fixture and stays with the property. Example: built-in dishwasher and kitchen cabinets are attached so they stay with the property. A picture hanging on the wall or an accent rug under a coffee table is not attached so you can take those with you. Outside plants, trees, shrubs and landscaping lighting stay with the property. Lighting

fixtures, window shades and blinds, attached mirrors, garage door openers and water softeners (if not rented) all stay with the property. Wall mounted TV's would stay unless excluded!

Now, just because an item is attached doesn't mean that it has to go with the property (within reason). For instance, you mentioned your workshop cabinets and workbench. If they are fastened to the walls or floor they would be considered a fixture and would stay with the property. However, you can list items like these as "excluded" items. That means that the sale of the property does not include them. The same would go for your wife's curtains. (Any damage created or left behind by the removal of an excluded item may have to be repaired.) Just a quick footnote here; with some items it is better to swap out or remove them completely before you put your house on the market so that it does not become a stumbling block or point of negotiating with the buyers. For example, 6 months ago you special ordered a ceiling fan with a stained glass light shade and you want to take it with you to your next home since you paid \$1,000 for it. I would strongly urge you to remove it and replace it with a less expensive fan before you put your house on the market. A buyer could fall in love with your house and that \$1,000 stained glass ceiling fan, but remember that \$1,000 fan will not get you \$1,000 more for your house!

Steve Meyers is a Realtor at RE/MAX Metropolitan in Shelby Twp. and is a member of the RE/MAX Hall of Fame. Contact him at 586-997-5480 or at Steve@AnswersToRealEstateQuestions.com. You can visit his website: www.AnswersToRealEstateQuestions.com.

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CALL 586-273-6186

Calendar of activities, events and trips

To submit information for the calendar, email jgray@medianewsgroup.com.

April

April 13: Join Capital Tours to the "Sound of Music" at the Fox theater. Package includes lunch at Polonia Restaurant, bus transport and admission to the 2 p.m. show. Cost is \$105. Call 248-247-1121.

April 13: Spring "Easter Bonnet Theme" card party sponsored by: Daughters of Isabella Queen of the Skies, Circle 683 from 12:30-3:30 p.m. at the St. Thecla Activity Center, 20762 So. Nunneley, Clinton Twp. Lunch, -dessert, door, -raffle, & table prizes. Donation \$8. Tickets available at the door. For more information, call 586-791-6177 or 586-791-9012.

April 13: The Sound Of Music at The Fox and lunch at Gilbert's Lodge. The beloved musical story of Maria and

the von Trapp family will once again thrill audiences with its Tony, Grammy and an Academy Award-winning Best Score, including "My Favorite Things," "Edelweiss" and the title song. Our seats are on the Main Floor, Section F2, Rows NN, PP and QQ. The performance is at 2 p.m. Prior to the performance, we will dine at Gilbert's Lodge in St. Clair Shores. We will enjoy their famous unlimited pizza and antipasto salad buffet. Dessert will be a warm, bear claw chocolate chip cookie. Cost is \$78. Departure time, 10:15 a.m., approximate return, 5:15 p.m. Lunch will include coffee, tea and pop. Call L'Anse Creuse Community Ed to register 586-783-6330.

April 13: Donna Searight Simons, author of "Copper Empire: A Novel about the Copper Country Labor Strike in 1913", will present a program about the 1913 labor

strike in Michigan's Upper Peninsula. The program is set for Saturday, April 13, from 2-3:30 p.m., at the Chesterfield Township Library. In 1913, thousands of copper miners went on strike for months. During a Christmas party for miners and their families, someone shouted "fire," which caused people to panic and run down a stairwell. When someone tripped it caused a domino effect as people trampled onto one another, and more than 70 people were killed. Simons will have copies of her novel for sale and to sign. Preregistration is required. The library is located at 50560 Patricia Street. Call 586-598-4900, or go to www.chelibrary.org.

April 14-16: Mountaineer W. Virginia. 2 Night Stay At Beautiful Mountaineer Hotel & Casino. Stops at Hollywood Toledo & Wheeling Casinos. Receive at least

\$105 Casino money - food. Indoor Pool. Only \$189 PP. Call 586-770-5899.

April 16: Day trip to Fire-keepers casino on Tuesday April 16. Boarding at 8:30 a.m. and leaving at 9 a.m. from Riverland Shopping Center. \$42. Package includes \$20 freeplay and \$5 for food. Must bring players card and picture id for package. Contact Holly Kengel at 586-630-6204 or hollykengel@yahoo.com to get put on list. Mail payment to 14581 Clinton River Rd., Sterling Heights, MI 48313.

April 16: RHGS Program, Boom Town, Detroit in the Roaring 20s at 6 p.m. at the Roseville Public Library at 29777 Gratiot Avenue, Roseville, Erin Auditorium. Presented by Joel Stone, Senior Curator for the Detroit Historical Society From the dust and smoke of the nineteenth century, Detroit burst into the

national spotlight in the early twentieth century. The automobile business was at full throttle, resulting in a city that grew faster than any other on the continent. Adding to the excitement, national Prohibition created a demand for alcohol that our Canadian neighbors gladly addressed. Rum running became the region's second largest industry. Conventions loved Detroit, and so did organized crime. Boom town meets the Wild West. For more information, visit rosevillelibrary.org and or call 586-445-5407.

April 16: Join us at the Mount Clemens Library on Tuesday, Apr 16 from 5 to 9 p.m. for an open work session on scrapbooking, card making or whatever inspires you. Work on your own projects or learn a new technique. For this month's free project, we will teach you how to craft a handmade Mother's Day Card. All

materials will be provided. Pre-registration is requested. The library is located at 150 Cass Ave. Call 586-469-6200 or go to www.mtclib.org.

April 16: Do you have a new phone or device that you cannot figure out? Visit the Chesterfield Township Library on "Techie Tuesday", April 16, from 11 a.m. - 1p.m., and the library will assist you. Learn how to download eBooks on your phone, work with your tablets, use Microsoft Office and Word, Internet basics, computer basics, social media, email, and more! Bring your questions. Preregistration is not required, just drop by. The library is located at 50560 Patricia Street. Call 586-598-4900, or go to www.chelibrary.org.

April 16: Did you know that coloring can be an effective way to relieve stress? Join us at the Mount Clemens

CALENDAR » PAGE 26



Kari Krause, M.A.
Audiologist



Marianne Fortino, M.A.
Audiologist



Kate Salathiel, Au.D.
Audiologist

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Calendar

FROM PAGE 25

Library on Tuesday, April 16 from 6:30 to 8:30 p.m. to relax and unwind. Bring your own pencils and coloring pages, or use ours; light refreshments will be provided. Pre-registration is requested. The library is located at 150 Cass Ave. Call 586-469-6200 or go to www.mtclub.org.

April 17: Healing Stone Jewelry at the Roseville Public Library, 29777 Gratiot Avenue, Erin Auditorium at 6 p.m. Find the stones that resonate with you. Discover how stones transmit positive health, balance emotions and create spiritual well-being. Create a healing pendant for you. Teens and adults. Register. For more information, call 586-445-5407 or visit rosevillelibrary.org.

April 17-20: 2019 Community Sharing Garage Sale at the Duck Lake Center 5061 N. Duck Lake Road, Highland. Wednesday, April 17 pre-sale from 10 a.m.-5 p.m. (\$5 per person admission this day only), Thursday & Friday, April 18-19, 10 a.m.-5 p.m., Saturday, April 20, 10 a.m.-2 p.m. For more information, visit www.community-sharing.org or call 248-889-0347.

April 17: Consumers education – identity theft. This presentation is designed to educate you on how to reduce the risk of falling victim to the fastest growing crime in America and what to do if you become a victim. From 10:45 a.m. – noon. Romeo Center, 361 Morton Street. No Charge.

April 18: Come to the Mount Clemens Public Library for a fun-filled family bingo night on Thursday, April 18 from 6:30 to 8:30 p.m. There will be prizes! Pre-registration is not required. The library is located at 150 Cass Ave. Call 586-469-6200 or go to www.mtclub.org.

April 19: Ford Field Tour hosted by the city of New Baltimore. Get a VIP tour of the home of the Detroit Lions! On this tour you will get a behind-the-scenes look at the facility unlike anywhere else. This will be followed by a tour of the Guardian Building in downtown Detroit. Lunch is Pick-Up location is 50976 Washington St. Downtown Recreation Center. Depart/Return Times are 9 a.m. / 4:30 p.m. Call 586-725-0291.

April 20-24: Join MHL for a wonderful trip to Chicago, the Windy City. We are going by Motorcoach with four nights lodging, nine meals: 4 breakfasts, 1 luncheon and 4 dinners. We will visit the museum of science and industry, the John Hancock Observatory (now called World Famous 360 Chicago) a guided tour of Chicago, an architectural luncheon cruise, etc. We are going to enjoy two diamond tours dinner parties with entertainment. On day four we are going to visit a Chicago area Casino for gaming. We are also going to visit the Chicago money museum. For more information or to make reservations, Contact Mary Ann at 586-530-6936.

April 22: Day Trip To Firekeeper's. Spend The Day at Beautiful Firekeeper's. Receive at least \$30 casino money – food. This day is seafood-prime rib buffet. \$35 PP. Call 586-770-5899.

April 23: Get expert advice on how to keep your personal space organized on Tuesday, April 23 from 7 to 8 p.m. at the Mount Clemens Public Library. Janelle Azar, professional organizer and owner of A Meaningful Space, will share her top ten organizing tips, daily habits that will keep your home neat and clutter-free, and hints on curbing procrastination. Pre-registration is not required. The library is located at 150 Cass Ave. Call 586-469-6200 or go to www.mtclub.org.

April 24: Catholic Charities of Southeast Michigan's Retired & Senior Volunteer Program will host their annual Senior Living and Learning Seminar Wednesday, April 24 at Petruzzello's Banquet and Conference, 6950 Rochester Road in Troy at 10 a.m. This year's theme is the "Benefits of Laughter" presented by Laughter and Wellness Coach Bonnie Weintrob. The event is free and space is limited. Attendees will enjoy laughter, free parking, admission, door prizes, giveaways and lunch. For more information or to reserve a seat call 313-437-1111.

April 25-27: Friends Spring Used Book Sale at the Roseville Public Library, 29777 Gratiot Avenue, Erin Auditorium. Thursday, April 25 from Noon to 7:30 p.m.; Friday, April 26 from 10 a.m. to 4 p.m.; Saturday, April 27 from 10 a.m. to 3 p.m. \$5.00 bag sale. For more information, call 586-445-5407 or visit rosevillelibrary.org.

April 26-30: Washington, DC. Join Travel with Nance for \$625. 4 nites hotel in DC/Virginia area. 2 days & 1 evening of guided touring, features Arlington Cemetery by tram, Mt. Vernon, new Bible Museum, stops at Lincoln, WWII, Korean, Vietnam & King Memorials. 3 breakfasts & 3 dinners. Call 313-535-2921.

April 27: Terrific Twins Storytime and Crafts with Cowboy Alex. Listen to Cowboy Alex read stories about twins, joke around with his puppet pals and do silly magic tricks. Plus, kids and parents will make an awesome craft project using recycled material. Good for grandparents and kids ages 3-8 years old. Saturday, April 27 from 11-11:45 a.m. \$5.00 per child. Held at the Royal Oak Senior Community Center, 3500 Marais, Royal Oak. To register or for more information, call 248-246-3180 or visit www.royaloakrec.com.

April 27: Phil Hale and his jazz ensemble will present a

free concert for all ages at the Mount Clemens Public Library on Saturday, April 27 at 2 p.m. Join us to hear an exciting mix of music from this talented Michigan group! Pre-registration is not required. The library is located at 150 Cass Ave. Call 586-469-6200 or go to www.mtclub.org.

April 28: Belle Isle & Detroit Institute of Arts. Join Travel with Nance for \$52. Visit the Aquarium, Conservatory, Dossin Great Lakes Museum and 1 hour narrated tour of the Island. Visit the DIA & receive a \$10 Gift Card towards lunch at CafeDIA. Call 313-535-2921.

April 28: Romantic Musical Fantasy at The Grosse Pointe Performing Arts Center — "Beauty and the Beast" And Brunch at Louis Chop House. The day begins with a brunch at Louis Chop House, which includes a wide array of both breakfast and luncheon items. Afterwards, we're off to see "Beauty And The Beast", a delightful romantic musical fantasy based on a classic French fairy tale. Departs at 11:15 a.m., returns at 5:15 p.m. Cost is \$62. Call L'Anse Creuse Community Ed to register 586-783-6330.

April 29-May 4: MHL presents Pigeon Forge and Smokey Mountains show trip. We will see a show each of the three nights we are in pigeon Forge and we will have dinner included. Cost is only \$606 double occupancy for five nights-six days. Call Mary Ann for all the details at 586-530-6936.

April 29-May 1: Kewadin – Sault St. Marie. 2 Nights At Kewadin Sault Ste. Marie Hotel & Casino. Stops At St. Ignace, Hessel & Bay Mills Casinos. Receive at least \$110 casino money-food. Receive breakfast buffet each day. indoor pool. Only \$170 pp. Call 586-770-5899.

April 30: Historical tour of Buhl Estate/Addison Oaks and lunch in the garden room. The roots of the

Buhl Estate date back to 1927 when Lawrence and Cora Buhl, attracted to the region's rolling hills, wooded areas and pristine streams, began to acquire a series of farms with the intention of creating a refuge for their friends and family. Today, their impressive 27-room Tudor-style mansion is the centerpiece of Addison Oaks County Park and a picturesque location for weddings, banquets and receptions. After the tour, you will dine in Addison Oak's beautiful Garden Room. The luncheon will include a pasta and salad buffet with chicken. The buffet will offer fresh pasta with two sauces, home-style breads and assorted rolls, roasted vegetables, fresh tossed salad, potato salad, spinach with strawberry salad, and artichoke and mushroom salad. Coffee, tea, milk and dessert are also included. Cost is \$71. Departure time, 10 a.m., approximate return, 3 p.m. Call L'Anse Creuse Community Ed to register 586-783-6330.

April 30-May 3: The Older Persons' Commission presents Magic of the Movies. The 650 Players will perform song and dance hits from cinema's greatest movies beginning April 30. Lunch and performance shows run April 30, and May 1-3 for \$15 per ticket, with a special matinee-only finale on May 4 for \$10 per ticket. Enjoy performances of "La Vie En Rose," "Ain't No Mountain High Enough," and "All That Jazz." Every song promises to transport audiences into the silver screen.

Arrive as a Tom, Dick, or Sally and leave a Toe-tapping Fred Astaire, Judy Garland or Hugh Jackman. Tickets can be purchased by calling 248-608-0251 or at the cashier's window 8:30 a.m. – 3:30 p.m. Monday – Friday. For upcoming workshops and events, visit www.opcseniorcenter.org.

May

May 2: Booked for the Evening, "The Handmaid's

Tale" at 6:30 p.m. at the Roseville Public Library, 29777 Gratiot Avenue, Erin Auditorium. Join us for a lively discussion of Michel Stone's novel "Border Child". You are welcome to join us even if you have not read the book. Need a copy? Contact the library today. For more information, call 586-445-5407 or visit rosevillelibrary.org.

May 3: Bingo hosted by the city of New Baltimore from 11 a.m. to 2 p.m.. This free special BINGO event is just for seniors. Come join us for a light lunch with BINGO games and prizes. This is a great way to get introduced to our senior program offerings and to meet new friends. Location: 35248 Cricklewood Blvd. (Cricklewood Recreation Building). Call 586-725-0291.

May 4-5: Holland Tulip Festival. Join Travel with Nance for \$279. 1 nite hotel, Veldheers, DeKlomp & Delft. Live show of 'Sunshine Boys'. Saugatuck with boat ride. 1 breakfast, 1 lunch, 1 dinner. Call 3133-535-2921.

May 7: Classes begin for Tai Chi on Tuesdays at 11 a.m. and Thursdays at 6 p.m. hosted by New Baltimore Parks and Recreation Department. Meditation and movement are the focus of this class. Learn the art of Tai Chi /Qi Gong one of the most effective ways to improve your health, muscle tone, flexibility, focus/memory, balance and relaxation. Helps reduce stiffness and arthritis pain. For more details, call 586-725-0291 or visit www.nbrecreation.org.

May 9: Join Irene Miller, a Holocaust survivor, author, speaker, and educator at the Mount Clemens Public on Thursday, May 9 at 7 p.m. Hear Ms. Miller's riveting story and when it is over you will wonder how a child with this background grows up to become a positive, creative, accomplished woman with a joy of living and love to share. This program is one you don't want to miss! Copies of her book "Into No

Man's Land: A Historical Memoir" will be available for purchase. Pre-registration is not required. The library is located at 150 Cass Ave. Call 586-469-6200 or go to www.mtclub.org.

May 9: Reflexology hosted by the city of New Baltimore from 1:30 p.m. to 2:30 p.m. Reflexology uses the application of pressure on areas of the feet and hands to stimulate nerve function, increases energy, and boost circulation. This class is taught by Sophia Treppa, a licensed Massage Therapist, and will teach you the basics of reflexology while giving you time to practice and participate. Cost is \$15 resident, \$18 non-resident. Location is 35248 Cricklewood Blvd. (Cricklewood Recreation Building). Call 586-725-0291.

May 14: Join Capital Tours on a day trip to Turkeyville. Package includes bus transportation, plus lunch and admission to the 2 p.m.

show "Midlife Crisis." Cost is \$89. Call 248-247-1121.

May 14: Join Capital Tours on a day trip to Firekeeper's Casino. Package includes bus transportation, \$20 in play & \$5 in food. Cost \$44. Call 248-247-1121.

May 15: 1950's Era Musical—"The Marvelous Wonderettes" — at Meadowbrook Theatre and Lunch at Loccino's Wednesday. First, this fun musical takes us back to the 1958 Springfield High School prom where we meet four girls whose hopes and dreams are as big as their crinoline slips. Then, 10 years later, we meet the girls again at their 10-year reunion, where the girls reunite. As we learn about the highs and lows of their lives over the past decade, the girls serenade us with classic 1950's hits, including "Lollipop", "Dream Lover", and "Stupid Cupid". Before the performance we'll do lunch at Loccino's. Choose entrée at time of

registration, wood grilled salmon salad, ravioli formaggio, linguini frutti di mare (shrimp, scallops, mussels, spinach and diced tomatoes tossed with linguini noodles in a light lemon cream sauce), or chicken piccata. Includes mini pastry for dessert and beverage. Departs 11 a.m., returns 5 p.m. Cost is \$76. Call L'Anse Creuse Community Ed to register 586-783-6330.

May 15: Cornwell Dinner Theatre in Turkeyville and Marshall. Join Travel with Nance for \$85. Live matinee performance of 'Midlife Crisis', Turkey Buffet lunch, time at Gift Shop, Bakery, Deli & Fudge shop. Narrated tour of Marshall, see the Honolulu House, National Inn, Governor Mansion and Capitol Hill Schoolhouse. Call 313-535-2921.

May 16: Cannabis for Pain Management at the Roseville Public Library, 29777 Gratiot Avenue, Erin Auditorium at 6:30 p.m.

Researchers are continuing to explore how medical marijuana may benefit certain health conditions, including the alleviation of pain. John Meredith, Jr., the president of CURE (Cannabis Used for Research and Education), will visit us to discuss options for patients using cannabis medicine to aid in pain management. For more information, call 586-445-5407 or visit rosevillelibrary.org.

May 16: Fight inflammation naturally from 1:30-2:30 p.m. Licensed Nutritionist Sophia Treppa will teach how you eat makes a big difference in your body. Join us and learn healthy ways to combat joint pain and muscle stiffness, reduce risk of diseases, and improve overall health through diet. We will learn different techniques of cooking and even make some delicious smoothies. Students will go home with a packet of useful information and recipes. Cost is \$20. Location

35248 Cricklewood Blvd. (Cricklewood Recreation Building). Call 586-725-0291.

May 16: Delightful Musical—"Waitress"—at The Fisher Theatre and Dinner at the Traffic Jam. The play tells the story of Jenna, a waitress in a small Southern town. An expert pie maker, Jenna dreams of finding a way out of her small town and her loveless marriage. Prior to the performance, we'll do dinner at The Traffic Jam. Make entrée selection at time of reservation Pot Roast, Fish & Chips, Vegetarian Lasagne, Chicken Pot Pie, or TJ's Famous Burger. All include beverage. Depart at 5 p.m., return 11 p.m. Cost is \$97. Call L'Anse Creuse Community Ed 586-783-6330.

May 17: Olde World Canterbury Village hosted by the city of New Baltimore. Take a step back in time with us as we visit the historic Canterbury Village. Many of

the buildings on the grounds were built between 1870 and 1920. Now home to a variety of shops and stores, there is no more nostalgic way to shop than this. Lunch is included. Cost is \$45. Pick-up location is 50976 Washington St., Downtown Recreation Center. Depart/Return Time's (8:45am / 4:30pm). Call 586-725-0291.

May 18: "Jersey Boys" At Music Hall. "Jersey Boys" is back in Detroit by popular demand. This Tony Award-winning Best Musical tells how four blue-collar kids—Frankie Valli and The Four Seasons—became one of the greatest success stories in pop music history. Show includes all of the group's greatest hits, including "Sherry", "Can't Take My Eyes Off of You", "Walk Like a Man", "Oh, What a Night", and "Big Girls Don't Cry". We have main floor seats for this performance. Cost covers show and transport-

CALENDAR » PAGE 32



YOUR MONTHLY GUIDE TO AGING WITH GRACE,
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Proud Grandparents are:
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Poetry Corner

EASTER DAY

The signs of spring are all around
You can feel it in the air
Trees and flowers are starting to bloom
And new life is beginning everywhere.

Take a deep breath and look around
And you'll see what God has done
You've a chance to start anew
Just as he did with his Risen Son.

So enjoy this glorious Easter Day
With friends and loved ones too,
But remember this, above all things,
There is nothing that God can't do.

By Alice M. D'Angelo
Warren, MI



LOOKING AHEAD

When I get to heaven and my name is called
Of course my friend I will be appalled
My Lord and my Savior will be looking at me
And I will then be worry free

He'll say to me "Welcome my son
A new life for you has now begun
"Your mother and father and wife are all here
And all the other folks that you hold so dear

As I see Jesus with my very own eyes
My stomach will not have butterflies
My earthly body will be no more
Because I'll be in heaven forevermore

What a reunion that will be
When I at last will be home free
HIS invitation to that reunion is open to all
So why not my friend accept HIS CALL.

By Clifford Miller
Sterling Heights, MI



RAINY

As the soft rain falls from the sky
I dream of yesteryear; days gone by
The Monsoon rains kept coming down
Jungle boots were all muddy and brown.

Many feet were wet; hardly ever dry
As the Monsoon rains feel from the sky
Blood mixed with water made shirts quite wet
You think the Vet would ever forget?

Why would an afternoon rain trigger such a dream?
I wish that I knew so I wouldn't inwardly scream
Dreams come and dreams go
But why of events of long ago?

Many old men know what a Monsoon is like
Rains kept coming, day and night
For 2 or 3 weeks, maybe a month
It just changed speeds as the boots went crunch.

Many young heroes experience death and pain
As they trudged through the jungle and the rain
This afternoon rain is now clearing up
However, the dreams will still keep popping up.

By Roger R. Miller
Auburn Hills, MI



Do you have a creative side that you would like to share with your community readers? We are looking for original, unpublished poetry. This will be your time to shine in our Poetry Corner. Please keep poems to 300 words or less and print clearly. Next Issue will be May 1, 2019.

FIRST & LAST NAME: _____ PHONE NUMBER: _____

ADDRESS: _____

CITY/STATE/ZIP: _____ NAME OF POEM: _____

MAIL TO: Vitality Poetry Corner
Dawn Emke
19176 Hall Rd, Suite 200
Clinton Twp, MI 48038

If you chose to submit your poem through email, please include your first and last name along with your phone number and the city, state you reside in. You will not be solicited and all information will be kept confidential.

Email: demke@digitalfirstmedia.com

Thank you for your interest in sharing your creativity. We look forward to reading your poems.

PET BRAG PAGE



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JULY 21	THE BOOK FEST
NOV. 7	IKEA - Unique food & furniture, etc
MAY 10	TULIP TIME HOLLAND MI \$90
MAY 23	GOLD, DIAMONDS, DUMOUCHELLES \$69
JUNE 2	DANIEL O'DONNELL \$95
JUNE 5	MYSTERY TRIP \$65
JUNE 8	BAY CITY \$45
JUNE 20	SAUGATUCK \$95
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AUG. 13	CHEESEBURGER FESTIVAL \$45
AUG. 26-31	PIGEON FORGE \$610
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OCT. 4-13	WONDERS OF SPAIN \$3,750.
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OCT. 2-11, 2020	PHARAOHS OF EGYPT \$3499

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Calendar

FROM PAGE 27

tation. Depart at 12:45 p.m., return 5 p.m. Cost is \$129. Call L'Anse Creuse Community Ed 586-783-6330.

May 19: Join Capital Tours to see the "Jersey Boys" at the Fisher Theater. Package includes bus, admission to the 2 p.m. show and dinner at "El Barzon" an upscale Mexican/Italian Restaurant. Cost \$135. Call 248-247-1121.

May 19: Jersey Boys at the Historic Detroit Music Hall. Dinner & main floor seating. Your tour includes round trip transportation, an all-inclusive dinner prior to the performance at Traffic Jam & Snug Detroit, your ticket to the 7:30 p.m. performance (2-1/2 hour run time) main floor left center rows L-P seating, driver gratuity, and the accompaniment of a Parks & Recreation escort. Departure time is 3:45 pm

from the Washington Activity Center, located in the Washington Twp. Municipal Building, 57900 Van Dyke. Approximate return time is 1 p.m. \$95 resident cost / \$98 non-resident cost.

May 19-24: Biltmore Estate. Join Travel with Nance for \$579. 3 nites Asheville, NC & 1 nite each way. Full day at Biltmore, guided tour of Asheville, Blue Ridge Parkway & Visitor Center, Folk Art Center, Center, 8 meals. Call 313-535-2921.

May 19: Oklahoma! at the Baldwin Theatre/Stagecrafters and lunch at Lockhart's BBQ. Oklahoma! is classic Broadway at its best. The first collaboration of brilliant songwriters Rodgers & Hammerstein, this beloved play is credited with setting the conventions of musical theatre still in use today. Before the musical, enjoy dining at Royal Oak's Lockhart's BBQ where you can choose from one of the three following sandwiches (please order

at time of reservation): 1) Carolina Pork topped with coleslaw & served on a homemade bun, 2) Longhorn Brisket sliced thin & topped with crispy onions, creamy horseradish sauce and Pepper Jack cheese stacked on a homemade bun, or 3) BBQ chicken sliced thin with smoked provolone cheese on a homemade bun. All sandwiches are served with your choice of either fries or coleslaw (which you can order at the restaurant). Lunch includes coffee, tea or pop. Cost is \$66. Departure time, 11 a.m., approximate return, 5 p.m. Call L'Anse Creuse Community Ed to register 586-783-6330.

May 23: Canopy Walk at Dow Gardens' Whiting Forest, tour of Dow family's Historic Home (The Pines) and Lunch at the Midland Center For The Arts. The 1,400-foot-long walk soars up to 40 feet above ground providing visitors with vistas of pine trees, ponds, and

orchards. Dow's Canopy Walk, the longest in the nation, is handicap accessible. Lunch will be cream of asparagus soup, spinach salad, fresh fruit, broccoli salad, chicken salad sandwiches on croissants, beverage, and dessert. After lunch we will go on a guided tour of The Pines, the historic family home of Herbert H. and Grace A. Dow. The Pines is NOT handicap accessible. We will be using a tour bus for this trip. Wear comfortable walking shoes as there is quite a bit of walking involved on this trip. Shoes are not permitted in The Pines so you may want to bring along a thin pair of slippers or booties. This trip is limited to 32 people so register early if you want to go. Bus snacks will be provided. Depart at 8 a.m., return 6:45 p.m. Cost is 8 a.m. Call L'Anse Creuse Community Ed 586-783-6330.

June

June 7: Bingo hosted by the city of New Baltimore from 11 a.m. to 2 p.m.. This free special BINGO event is just for seniors. Come join us for a light lunch with BINGO games and prizes. This is a great way to get introduced to our senior program offerings and to meet new friends. Location: 35248 Cricklewood Blvd. (Cricklewood Recreation Building). Call 586-725-0291.

June 12: Toledo, Mule-Drawn Erie Canal Join Travel with Nance for \$70. 1 hour narrated, mule-drawn Erie Canal boat ride. Tour the National Museum of the Great Lakes. Lunch included at Bob Evans (choice of 4 entrees). Call 313-535-2921.

June 12: The Music Of Chicago" at Orchestra Hall and Dinner at Andiamo Detroit Riverfront. During tonight's tribute performance, Brass Transit and the Detroit Symphony Orchestra will perform all the hits that launched Chicago to stardom, including "You're the Inspiration" and "Saturday in the Park". Seating for this



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2019 Motorcoach Tours

Belle Isle & Detroit Institute of Arts, April 28 and Sept 15 - \$52. Narrated Isle tour with visits to Aquarium, Conservatory, Dossin Great Lakes Museum & lunch at the DIA.

Cornwell Dinner Theatre in Turkeyville & tour Marshall @ \$85 ea (3 dates): **May 15** for 'Midlife Crisis'; **Aug 28** for 'The Marvelous Wonderettes'; **Nov 20** for 'Santa Gets A Pink Slip'. Matinee performances with turkey buffet lunch, time at gift Shop & Bakery. Narrated Tour of Marshall, see the Honolulu House, National Inn, Governor's Mansion & Capitol Hill School House (drive by's)

Biltmore Estate, May 19-24 - \$579. 3 nites Asheville, NC & 1 nite each way. Full day at Biltmore Estate, Guided tour of Asheville, Blue Ridge Parkway & Visitor Center, Folk Art Center. 8 meals.

Toledo Erie Canal, June 12 and Oct 3 - \$70. 1 hour Narrated, mule-drawn Erie Canal boat ride, National Museum of the Great Lakes & lunch at Bob Evans (choice of 4 entrees)

Detroit Fireworks, June 24 - \$110. Private room in St. Clair College, Riverside Drive in Windsor on River. Family style chicken dinner, 2 drink tickets, live entertainment, optional Casino visit

CHICAGO & LIPIZZAN HORSES, June 28-July 1 - \$628. 3 nites LaQuinta Hotel downtown, 3 brk, dinner Historic Berghoff German Restaurant, city tour, architectural river cruise, Museum of Science & Industry, famous 'Airs Above the Ground' Lipizzan horse show (originally of Vienna, Austria)

Lancaster, PA Show: 'Jesus', Aug 19-23 - \$595. 4 nites Lancaster area, live show at Sight and Sound Millennium Theatre for 'Jesus'. Live 'Ovation' show, tour of Philadelphia, Lancaster & Amish Country. 'Jacob's Choice' at the F/X Theatre. 4 brkfs, 4 dinner.

Labor Day Bridgeway & Mackinac Island, Aug 31-Sept 2 - \$335. 2 nites hotel in St. Ignace. Round trip ferry to Mackinac Island, \$30 Casino incentives, 2 breakfasts & walk entire bridge.

New York, Sept 5-11 - \$793. 4 nites N.J. & 1 each way. Guided tours of NYC Central Park, Times Square, Rockefeller Center. New National 9/11 Museum, Ground Zero, Wall Street, Harbor cruise with stops at Ellis Island & Liberty Island (Statue of Liberty). 10 meals.

Colorado Springs & Royal Gorge, Sept 21-29 - \$949. 4 nites hotel Colorado Springs, and 2 nites enroute each way. See Garden of the Gods, Royal Gorge Bridge, Aerial Tram ride & Visitors Center. US Olympic Training Center/Hall of Fame, Buffalo Bill Ranch, Air Force Academy, 8 brkfs, 6 dinners.

Cape Cod, Concord & Boston, Oct 6-12 - \$949. 4 nites Commodore Inn on the Cape & 1 nite each way enroute. Tour Boston, Fanuil Hall, see Old Ironsides. Tour Plymouth with 'Rock'. Tour Concord & see North Bridge, Louisa May Alcott house. Tour Hyannis, Hyannisport & Sandwich. One hour Lobster Harbor cruise. 2 dinners (1 is a lobster bake & 1 at Daniel Webster Inn), 6 brkfs, 1 lunch.

PLUS.....San Antonio, Padre Island & Golf of Mexico, Oct 18-27 - \$959. Pigeon Forge And Gatlinburg, Smoky Mts, TN, Nov 11-16 - \$609. Detroit Churches, Dec 6 - \$58, with lunch & tour of 4 churches: Trinity Lutheran, St. Albertus Roman Catholic, St. Charles Roman Catholic and Little Rock Missionary Baptist.

performance is mid-balcony. Before the performance, we'll have dinner at An-diamo Detroit Riverfront. Make entrée selection at time of reservation: chicken marengo, pan seared pollock, or cheese ravioli. All include soup or salad, pasta side, vegetable of the day,

house dessert and beverage. Depart at 4:15 p.m., return at 10:15 p.m. Cost is \$89. Call L'Anse Creuse Community Ed 586-783-6330.

June 19: Lighthearted 1920's musical, "The It Girl," at Meadow Brook Theatre and lunch at Mitchell's Fish Market. The plot revolves

around Betty, a sassy department store sales clerk who wins an advertising contest held to find the girl with the elusive, thrilling quality known as "IT". Among those she enchants with her sexy charm is the heir to the retail empire that employs her. Sounds

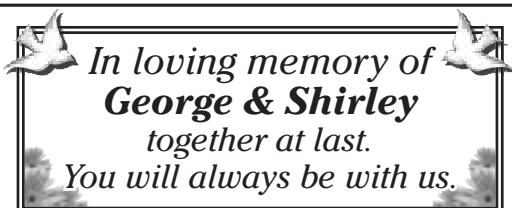
like fun, doesn't it? Choose entrée at time of registration, jumbo lump crab cake, roasted vegetable pasta, blackened salmon salad, parmesan crusted chicken milano, or Mitchell's cheddar burger. Depart at 11 a.m., return 5 p.m. Cost is \$87. Call L'Anse Creuse Community

Ed 586-783-6330.

June 20-26: MHL is heading off to the bright lights of "The Big Apple – New York City." We'll spend 6 nights lodging including 4 consecutive nights in the NYC area, enjoy 10 meals: 6 breakfasts and 4 dinners. We will visit the NEW

National 911 Museum, Ellis Island, home of the Statue of Liberty, etc. We will also visit a casino that has outlet stores and a food court. Diamond has planned a dinner party with entertainment. This will happen on the fourth night of our trip.

CALENDAR » PAGE 34



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SUNDAY! FUNDAY! FIREKEEPERS DAY TRIP

APRIL 28, 2019
MAY 26, 2019
JUNE 30, 2019 & JULY 28, 2019

\$35⁰⁰
p.p.

Includes \$20.00 in freeplay and \$5.00 in food, Juice and sweet rolls served on bus. 8:00 am pickup from Meijers at 15 Mile and Utica Rd

SENIOR TUESDAYS!!! FIREKEEPERS DAY TRIP

MAY 21, 2019, JUNE 18, 2019
AND JULY 9, 2019

\$35⁰⁰
p.p. dbl occ.

Includes \$20.00 in free play and \$5.00 in food. Seniors 55 and over earn 55 points and receive an additional \$10.00 in free play. Juice and sweet rolls served on bus. Bus leaves from Meijers 15 Mile and Utica 8:00 am

BAY MILLS CASINO

with stops to St Ignace and Sault Ste Marie

JUNE 23-24-25, 2019

\$189⁰⁰
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Includes: 2 nights at the Bay Mills Casino, \$65.00 in freeplay and \$15.00 in food. FREE DRINKS WHILE PLAYING, stops to St Ignace and Sault Ste Marie, Juice and Sweet rolls served on bus. THIS ONE BOOKS FAST!

FIREKEEPERS AND GUN LAKE OVERNIGHT

JULY 14-15, 2019

\$145⁰⁰
p.p. dbl occ.

Includes overnight at the beautiful Firekeepers Casino & resort. \$50.00 in freeplay and \$25.00 in food. Stop at Gun lake on the way up. Juice and sweet rolls served on bus.

Contact: KATHY WIECZOREK (586) 566-0135

Calendar

FROM PAGE 33

This is just a small capsule of what our trip entails. For more information or to make reservation, contact Mary Ann at 586-530-6936.

June 23: New Broadway Musical, "Anastasia," at the Fisher Theatre and Dinner at Mario's. Dinner will include mario's salad, chicken piccante, beef marsala, tilapia, potatoes, green beans, penne pasta, beverage, and dessert. Depart at 3:15 p.m., return 9:15 p.m. Cost is \$108. Call L'Anse Creuse Community Ed 586-783-6330.

June 24: 61st annual Detroit Ford Fireworks. Join Travel with Nance for \$110. Private room in St Clair College, Riverside Drive in Windsor on the Detroit River. Family style chicken dinner, 2 drink tickets, live

musical entertainment, optional Windsor Casino visit. Call 313-535-2921.

June 25: Join Capital Tours on a boat cruise on the deluxe "Michigan Princess" out of Lansing and gambling at Soaring Eagle Casino. Package includes roundtrip motorcoach, lunch cruise, plus 4 hours at the casino with \$20 in play & \$5 in food. Cost \$89. Call 248-247-1121.

June 26: Join Capital Tours on a trip to the Purple Rose Theater. Package includes lunch at the Common Grill, shopping downtown Chelsea, admission to the 2 p.m. show "Welcome to Paradise". Cost is per person \$89. Call 248-247-1121.

June 28-July 1: Chicago & the Temple Farms Lipiz-zan Horse show. Join Travel with Nance for \$628. 3 nights at LaQuinta Inn & Suites, Downtown Chicago. 3 breakfasts, 1 dinner at Historic Berghoff German

Restaurant, guided city tour, architectural river cruise, Water Tower Place, Navy Pier, Museum of Science & Industry, Willis (Sears) Tower Skydeck. 1 1/2 hr Lipiz-zan horses performance (Vienna's famous 'Airs Above the Ground'). Call 313-535-2921.

July

July 19: Belle Isle trip hosted by the city of New Baltimore. This historic island has been a staple of the Detroit area for over a century. It is home to the newly remodeled Belle Isle Aquarium, the Belle Isle Conservancy, and the Dossin Museum. Our trip will have the opportunity to explore these places and much more. Lunch is included. Cost is \$40. Pick-up location is 50976 Washington St., Downtown Recreation Center. Depart/Return Times (9 a.m. / 3:30 p.m.) Call 586-725-0291.

July 26: Greektown Casino trip hosted by the city of

New Baltimore. This is a great way to gamble without all the hassle of travel. This trip is always fun and fills up fast, so be sure to register quickly. \$15 in free-play coins and a \$5 food voucher are included. Cost is \$25. Pick-up location is 50976 Washington St., Downtown

Recreation Center. Depart/Return Times (9 a.m. / 4 p.m.) Call 586-725-0291.

August

Aug. 20: Senior open house luncheon hosted by the city of New Baltimore from 11 a.m. to 2 p.m. This special event is just for seniors.

Come join us for lunch with all kinds of fun games and prizes. This is a great way to get introduced to our senior program offerings and to meet new friends. Free. Pre-register. Location is 35248 Cricklewood Blvd. (Cricklewood Recreation Building) Call 586-725-0291.

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Tuesday May 14, 2019 Only \$89.00!

FIREKEEPERS CASINO DAY TRIP!

5 Hours at the casino! Receive \$20 in play, \$5 in food!

Tuesday May 14 Only \$44.00!

THE JERSEY BOYS AT THE FISHER THEATER, WITH DINNER!

Come join us as we go back in time to Jersey as we hear the songs and remember a time when things were so different. Your package includes admission to the 2pm performance at the Fisher. Seating in the loge (mezzanine). Following the show, enjoy an included dinner at "El Barzon" an upscale Mexican/Italian Restaurant. Feast on delicious Italian & Mexican food with large portions and scrumptious food!

Sunday May 19 \$135.00 PER PERSON

MICHIGAN PRINCESS BOAT CRUISE & SOARING EAGLE CASINO!

Cruise leisurely on the Grand River on the Michigan Princess! Enjoy a hot lunch with special entertainment. 4 hours of gambling at Soaring Eagle Casino. Receive \$20 in play, \$5 in food! You don't want to miss this beautiful paddlewheel experience!

Tuesday June 25 \$89.00

"WELCOME TO PARADISE" AT THE PURPLE ROSE THEATER!

Enjoy a fun-filled day in Chelsea, Michigan! We start our day with a tour of the Jiffy Factory home of Jiffy baking company, then a wonderful lunch at the Common Grill, then enjoy the 3pm matinee of "Welcome to Paradise". A play set in the Caribbean, centers around two people who, despite their age difference, find love and acceptance in each other. This world premiere by Julie Marino will have you question at what age can someone find their soulmate?

Wednesday June 26, 2019 Only \$95.00

4 NIGHT/5 DAY WASHINGTON D.C BY DELUXE MOTORCOACH!

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Roundtrip deluxe motor coach transportation, 4 nights lodging, 8 Meals: Including 4 breakfasts & 4 dinners! Two Guided Tours of Washington, DC including the WWII Memorial, Capitol Hill, Embassy Row, the Korean War Veterans Memorial, the Vietnam Veterans Memorial, the Smithsonian, the Martin Luther King, Jr. National Memorial, the Lincoln Memorial & more! Enjoy an evening illuminated guided tour of the memorials and monuments. Also visit the brand new museum of the Bible! 430,000 square feet of biblical History all under one roof! Admission to George Washington's Mount Vernon Estate & Garden. Tram Ride through Arlington National Cemetery. Services of a professional local guides throughout.

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1-586-770-5899

DAY TRIP TO FIREKEEPER'S! APRIL 22, 2019 MAY 19, 2019 JUNE 23, 2019 SPEND THE DAY AT BEAUTIFUL FIREKEEPER'S! RECEIVE AT LEAST \$25.00 CASINO MONEY - FOOD! ONLY \$35.00 PP!!	DAY TRIP TO SAGANING & SOARING EAGLE! MAY 5, 2019 JUNE 18, 2019 JULY 21, 2019 GAMING TIME AT BOTH CASINOS! RECEIVE UP TO \$60.00 CASINO MONEY-FOOD!! MAY 5 RECEIVE \$60.00 ONLY \$49.00 PP!	RIISING STAR - INDIANA! MAY 22 - 24, 2019 2 NIGHT STAY AT BEAUTIFUL RISING STAR HOTEL & CASINO! STOPS AT HOLLYWOOD TOLEDO, BELTERRA & MIAMI VALLEY CASINOS! RECEIVE AT LEAST \$150.00 CASINO MONEY - FOOD! THIS INCLUDES 2 BREAKFAST BUFFETS & 2 DINNER BUFFETS. INDOOR POOL. ONLY \$185.00 PP!!	DAY TRIP TO BEAUTIFUL GUN LAKE! JUNE 12, 2019 SPEND THE DAY AT THIS CASINO IN WAYLAND, MICH! RECEIVE \$20.00 CASINO MONEY - FOOD! AND POSSIBLY MORE! SENIOR DAY! ONLY \$42.00 PP!!
KEWADIN - SAULT ST. MARIE! JUNE 30 - JULY 2, 2019 2 NIGHTS AT KEWADIN SAULT STE. MARIE HOTEL & CASINO! STOPS AT ST. IGNACE, HESSEL & BAY MILLS CASINOS! RECEIVE AT LEAST \$110.00 CASINO MONEY-FOOD! RECEIVE BREAKFAST BUFFET EACH DAY. INDOOR POOL. ONLY \$185.00 PP!!!	MOUNTAINEER W. VIRGINIA! JULY 14 - 16, 2019 2 NIGHT STAY AT BEAUTIFUL MOUNTAINEER HOTEL & CASINO! STOPS AT HOLLYWOOD TOLEDO & WHEELING CASINOS! RECEIVE AT LEAST \$105.00 CASINO MONEY - FOOD! INDOOR/OUTDOOR POOL! HORSE TRACK! ONLY \$195.00 PP!	ESCANABA ISLAND RESORT! JULY 28-30, 2019 2 NIGHT STAY AT BEAUTIFUL ISLAND RESORT & CASINO! STOPS AT KEWADIN CASINO'S! RECEIVE AT LEAST \$70.00 CASINO MONEY - FOOD! FIRST TIMERS RECEIVE AN ADDT'L \$30.00 FROM THE ISLAND. INDOOR POOL. ONLY \$199.00 PP!!	

A \$50.00 non-refundable deposit is required per person. Total amount due 21 days prior to departure. Cancellation protection is available. Call for details. Must be purchased up front. All trips are non-refundable unless cancellation protection is purchased. Make Check or Money Order Payable to Connie Boudourakis 35225 Moravian, Sterling Heights, MI 48312

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☐ 19 1/2 Van Dyke Riverland



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CASINO DAY TRIPS

*All trips to Canada require Passport, Passport Card, or Enhanced Drivers License

Caesars Windsor! This trip is practically **FREE!** Receive \$15 in casino incentive. **3 different Departure dates to choose from: 7/2/19, 7/16/19**

The trip is either \$15 p/p OR \$5 when you purchase any other trip!

Breakaway Bingo in Windsor, ON! Time to get your Bingo on. This all inclusive trip includes transportation, a double session of Bingo, and a lunch. Valid Enhanced Driver's license, passport, or passport card required. **Depart: Thurs, April 18, 2019 or Tues, April 23, 2019 for \$47 p/p**

Jack Casino Day Trip in Cleveland! Receive \$25 in casino incentives **Depart: Mon, May 6, 2019 ... \$39 p/p**

NEW! Gateway Casino in Sarnia! Newly Renovated. Receive \$25 in slot. **Depart: Wed, May 5, 2019 for \$35 p/p - Proper ID needed to cross border.**

Motorcity Casino! Receive \$15 in coin. **Depart: Mon, June 17, 2019 - \$20 p/p**

Casino Overnights and Sightseeing

Kewadin Casino 3 Day! This trip is back by popular demand. Stay Two nights hotel right at Kewadin Casino hotel in Sault Ste Marie, with gaming stops at St. Ignace, Bay Mills, Hessel, and Soaring Eagle. Breakfast included every morning at hotel. Up to a whopping \$105 total in casino incentive, AND free drinks while gambling at Bay Mills **Depart: Mon, April 15, 2019 - Return: Wed, April 17, 2019 for \$179 p/p d.o.**

Four Winds / Firekeepers Combo! Our most popular overnight trip. Enjoy 1 night stay in New Buffalo, MI at area hotel with hot breakfast included. Stops at Four Winds & Firekeepers Casino's in both directions and a whopping \$100 in incentive. **Depart: Mon, April 29, 2019 for \$139 p/p d.o.**

Holland Tulip Festival Overnight! Enjoy all there is to see in Holland, MI during the Tulip Time Festival. This tour's jam packed w/ enough events to satisfy even the most avid traveler. Trip includes transportation, overnight hotel stay in New Buffalo, MI with deluxe hot continental breakfast, 1 lunch, \$25 in casino incentive, visit to Volkspareade, step on guided city tour, Windmill Island, optional Four Winds Casino Visit, & more! **Depart: Tues, May 7, 2019 for \$189 p/p d.o.**

Island Resort & Casino U.P. - Mother's Day 3-Day! Spend 2 breathtaking nights at the Island Resort in Harris, MI while in the Upper Peninsula. Experience God's Country as you see the beauty of Northern MI. Your package starts with a visit to Kewadin Casino in St. Ignace with stops at Manistique and Odawa. Receive up to \$125 in casino incentives and meal discounts for lunch and dinner! **Depart: Sun, May 12, 2019 for \$189 p/p d.o.**

Niagara Falls Overnight! Spend 1 night in Niagara Falls at the Holiday Inn Express located directly across from Falls view Casino! Visits to Fallsview Casino, the newly renovated Casino Niagara in Canada, and Seneca Casino in Niagara Falls, NY. Receive \$45 in casino incentives and breakfast buffet. Passport, Passport Card, or Enhanced License is required. **Depart: Mon, May 27, 2019 for \$169 p/p d.o.**

CALL US TO RECEIVE Our FULL List of Trips!

MENTION THIS AD & RECEIVE \$5 OFF YOUR FIRST TRIP.

***LIMITED TIME ONLY. ONLY VALID FOR NEW CUSTOMERS. TERMS & CONDITIONS APPLY. PLEASE CALL FOR MORE DETAILS.**

Northern "4 Casino" Adventure! Visit the top casinos in Northern Michigan including Soaring Eagle, Kewadin (St. Ignace), Odawa, & Turtle Creek. Hotel accommodations at the beautiful all suites Mackinaw Beach & Bay Resort in Mackinaw City overlooking Lake Huron, with expanded continental breakfast! You will get a large casino package of up to \$107. **Depart: Sun, June 2, 2019 for \$139 p/p d.o.**

Atlantic City 4 Day!!! 3 nights lodging at the beautiful, 3-star, Bally's located right on the Boardwalk in Atlantic City. Receive \$50 back in free slot play & \$25 in food. **Departs: Mon, June 10, 2019 - Returns: Thurs, June 13, 2019 for \$369 p/p d.o.**

NEW! Rum Runners! Prohibition Tour! Go back in time to the Roaring 20's as costumed actors tell the story of prohibition and Windsor's connection to gangsters like Al Capone and the Purple Gang. Have lunch at a famous Speakeasy. An educational, comical, musical bus tour with great food, humor and music. Lunch includes a hot buffet lunch, tea and coffee. We visit several historic sites as our performers re-enact the fabled past of rum running on the Detroit River. Passport, Passport Card, or Enhanced Driver's License is required. **Depart: Thurs, June 6, 2019 for \$94 p/p**

Leelanau Sands Overnight! Enjoy 1 night stay at the recently renovated Leelanau Sands Casino Hotel with gaming stops at Soaring Eagle Casino, Turtle Creek & of course, plenty of time at Leelanau Sands. Receive up to \$101 in casino incentive. **Depart: Wed, June 26, 2018 for \$129 p/p d.o.**

NEW! Bavarian Belle & Frankenmuth Tour! Visit the historic Frankenmuth for a brand new tour. This tour gives you the best of Frankenmuth. You will enjoy a "Pretzel Rolling Experience", German Wine Tasting, Step-on-Guided Tour, (all-you-can-eat) Zehnder's Chicken Dinner, plenty of time for shopping, AND a Boat Cruise on the Bavarian Belle Riverboat with narrated tour. **Depart: Fri, June 14, 2019 for \$109 p/p**

Chicago Taste-Fest Overnight! Going to Chicago is truly an experience; the shopping, food, and so many things to do. Includes hotel stay Country Inn & Suites with continental breakfast, 1 strip of tickets for the Tastefest, AND free time to visit your own favorite spots; Shedd Aquarium, Sears Tower, Navy Pier, or the "Tastefest". **Depart: Thurs, July 11, 2019 for \$169 p/p d.o.**

ARK Encounter! Ark Encounter with Creation Museum - 3 Day Tour! We will start our trip at the beginning with a day at the Creation Museum. This state-of-the-art museum allows you to venture through biblical history, stunning exhibits, and much more. The second day we will continue with this adventure in faith by visiting the Ark Encounter. Be apart of the incredible story as you walk through the largest timber structure in the world, seeing and living the story of the Great Flood first hand. Before heading home we will take a guided tour through Cincinnati where we will see and hear the sights and history of the "Queen City". Included are all your admissions, 2 night stay at Rising Star Casino Hotel, 2 Breakfasts, 2 Dinners, 1 lunch, and \$20 in slot play. **Depart: Mon, Aug. 12 - Return: Wed, Aug. 14, 2019 - Early Booking Rate = \$339 p/p d.o.**

So Many Trips...So Little Space! Here are just a few of our many trips we didn't have space to list: Rising Star Overnighter, Eastern Market Day Trip, Saganing Casino Day, Isle of Capri, Shipshewana, Branson Sightseeing, Paw Paw WineFest. And still there is more...

Please call for a complete listing of our trips and departure locations! 313-292-6300
And don't forget to visit our BRAND NEW website with new features & more info than ever!

BIG DADDY TOURS

AMISH COUNTRY OF OHIO WEDS-FRI, MAY 29-31, 2019



Trip Includes:

- 2 Nights at the lovely Carlisle Inn Walnut Creek Ohio.
- Experience Having Dinner at an Amish Home Prepared Just for Our Group.
- Family Style Dinner at Der Dutchman & Shopping.
- Countryside Tour with Step-On Guide. Fun Stops & Teachings of the Amish Way of Life.
- Visit The Rock & Roll Hall of Fame in Cleveland Ohio.
- Return Stop at Hardrock Casino in Cleveland & Receive \$20 FREE PLAY.
- Roundtrip Deluxe Transportation & Luggage Handling

NO EXTRA CHARGE FOR ALL THE FUN INCURRED!!!

Single \$499 pp Double \$389 pp

DETROIT THEN & NOW BY LAND & SEA! Monday, June 3, 2019



Explore the latest & greatest of Detroit's Downtown, New Center, Midtown, Mexican Town, Belle Isle & the Riverfront.

Trip Includes:

- Guided Knowledgeable Tour
- Lunch at Detroit Yacht Club
- Cruise the Detroit River aboard the Diamond Jack
- Transportation \$85 per person

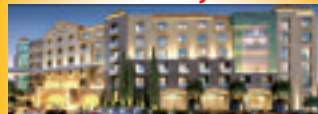
Wednesday-Thursday • November 6-7th, 2019 \$65 in Casino Credit!

Trip Includes:

- Receive \$25 Four Winds
- Receive \$40 Firekeepers
- Overnight Stay at the fabulous Four Winds Casino/Resort in New Buffalo, Michigan.
- \$20 Food Credit
- Stops at Firekeepers both ways
- Luxury bus transportation with video entertainment (package subject to change)

\$254 Single pp \$179 Double pp

SUMMER SPECTACULAR FINGER LAKES & SENECA NY JULY 9-11, 2019



- 2 Nights 3 days of Fabulous Beauty in New York's most peaceful region!
- Deluxe Accommodations at Del Lago Resort & Casino in Waterloo, NY
- Includes Lunch & Cruise of Seneca Lake, Stop at the Finger Lakes famous winery, 2 dinners, 2 breakfasts, round trip baggage handling, transportation plus receive \$60 in free play per person.

\$589 pp/double occupancy

Rat Pack Lounge



Thursday September 12, 2019
at Cornwell's Professional Dinner Theater



Your Trip Includes:

- Luxury motorcoach travel with video entertainment
- Buffet dinner of roast turkey, dressing, potatoes, gravy, rolls, vegetables, soup, salad, and more
- Three choices of desserts
- Broadway-style performance

\$89 pp

Frank, Dean & Sammy are up in Heaven, but God tells them they left some unfinished business back on earth. It seems Frank made an unfulfilled promise to the owner of the Rat Pack Lounge. Now he & the boys have 1 night to make things right. Enjoy the singing & savoring of the day!!



Featured Trip 2019! CAPE COD SPECTACULAR Poconos • Foxwood • Cape Cod • Finger Lakes 7 Days / 6 Nights Sun-Sat, October 6-12, 2019

Premium Lodgings:

- Day 1: Stay at Mount Airy Casino & Resort, Mt Pocono, PA
- Includes \$30 Casino Slot Play, Dinner & Breakfast
- Day 2: Stay at Foxwoods Resort & Casino, Mashantucket, CT
- Includes \$10 Casino Slot Play, Dinner & Breakfast
- Day 3-5: Stay at Chatham Bars Inn Resort & Spa, MA
- Includes Full Continental Breakfast each Morning
- Day 6: Stay at del Lago Resort & Casino, Waterloo, NY
- Includes \$30 Casino Slot Play, Dinner & Breakfast
- 4 Days of Fascinating Tours led by Professional Local Tour Guides:

Boston & Cambridge w/Concord & Lexington: Old Boston, George Washington's home travel Paul Revere's route, homes of Walden Pond.

Martha's Vineyard: Island w/white sand beaches, lighthouses, gorgeous bluffs, old fashioned ice cream parlors, America's oldest Carousel, villages of Chappaquidick and Oak Bluffs

Newport, Rhode Island: St. Mary's Church where John F. Kennedy married Jacqueline, film site of the original "Great Gatsby", Vanderbilt mansions, scenic Ocean Drive, Bannister's wharf.

Plymouth & Cape: Plymouth colonist sites, the beauty & bridges of Cape Cod

Includes New England Buffet at Concord's Colonial Inn & Lunch on Martha's Vineyard

\$2449 Single \$1749 Double



PINK SHELL BEACH RESORT & SPA

PINK SHELL RESORT 2020 SIGN UP EARLY! 15TH Anniversary Fun in the Sun Special. January 28 – February 11, 2020

Pink Shell sets the four star standard of excellence on Florida's glorious Gulf Coast. It is located on Estero Island on Fort Myers Beach.

Your Trip Includes:

- 14 Nights of Luxurious Beach-View Accommodations
- Transportation to & from Airports
- Welcome Dinner & Farewell Dinner/3 Breakfasts

Amenities & Recreation Include:

- Full Kitchen w/Appliances, enclosed Lanai, soaking bathtub, walk-in showers & separate living areas.
- Free Wireless Internet, Cable TV/HBO/Phone
- Heated Tropical Lagoon Pools w/Waterfall
- Fitness Center, Safety boxes

Single \$4,399pp Double \$2,699pp



FUNDRAISER TO BENEFIT THE POLISH DAY PARADE // LABOR DAY PARADE CELEBRATING 75 YEARS! THURSDAY, JUNE 6, 2019

Join this year's Grand Marshall "Big Daddy" Marshall Lackowski in an evening of fun & laughter. Proceeds to support the Hamtramck Polish Day Parade.

DON'T MISS OUT ROAST OF "BIG DADDY"

- Full Dinner
- Complete Open Bar
- Many Laughs



\$65 per person

ODAWA CASINO RESORT Join Us for our Annual Color Tour to Petoskey!

Sept. 25-27, 2019



Your Trip Includes:

- 2 Overnight Stay at the Beautiful Holiday Inn Express Petoskey, MI
- Full Breakfast at Krzyziak's in Bay City
- Hot Continentals at Hotel
- \$10 Pre-Load & \$10 Addt earned at Soaring Eagle plus \$5 Food
- \$45 Slot Pre-Load received at Odawa Casino Petoskey (pkg subject to change)
- Shopping & Touring Time Downtown Petoskey & Frankenmuth
- Special Visit to Kilwin's Chocolate Factory!!

Single \$359 pp Double \$269 pp

ZEHNDER'S 25TH ANNUAL RAGTIME FESTIVAL Thurs, April 19, 2018 Come celebrate with us with 25 best Ragtime Musicians plus pianist Bob Milne.



Your Trip Includes:

- Famous Frankenmuth Plated Chicken Dinner.
- Entertainment by the Annual Ragtime Festival Band.
- Shopping Downtown Frankenmuth.
- Luxury Bus Travel.

\$89 pp

Mackinac Island Excursion! Thurs-Sun, Oct 24-27, 2019



Your Trip Includes:

- 3 Nights on Mackinac Island at The Grand Hotel
- Dancing to the Grand Hotel Orchestra
- 3 Full Breakfasts, 5-Course Dinners Every Night, Plus Luncheon
- "Somewhere in Time" Promenade
- Champagne Reception
- Breakfast at Krzyziak's Restaurant on the Ride Up-North
- Tea & Cookies 3 Afternoons
- Round-Trip Ferry & Horse-Drawn Taxi Ride
- Special Guided Carriage Tour of Island
- Free Golf at The Jewell Golf Course (\$15 Cart Fee Required)
- Luxury Bus Travel w/Entertainment
- Planned Tournaments/Games/Activities



Single \$1,196

Double \$908

KEWADIN CASINO TOUR

Sault Ste. Marie, St. Ignace & Bay Mills
Sat-Mon, April 27-29, 2019

Your Trip Includes:

- 2 Night Stay at Kewadin Casino Sault St Marie
- FREE \$60 Cash & Slot Play Combo from Casino
- \$10 FREE Food Coupons at Casino
- Breakfast at Krzyziak's Restaurant
- 2 Buffet Breakfasts at Hotel
- Celebrate Sat Mass at Authentic Indian Church



Single \$329

Double \$249

Little Rivers Casino Soaring Eagle Casino Tuesday-Wednesday June 25-26, 2019



Trip Includes:

- Receive up to \$60 CASINO CREDITS
- One night stay at the Little Rivers Casino Resort
- Breakfast buffet at Krzyziak's Restaurant
- Receive \$20 total in food coupons from casinos
- \$20 in free play Little Rivers/ \$40 Mt Pleasant/total
- Luxury bus travel with video entertainment (package subject to change)

**Single \$229
Triple \$175**

**Double \$179
Quadruple \$169**



Wed, May 8, 2019 • Wed, June 5, 2019
Tues, July 23, 2019 • Wed, August 7, 2019

Your Trip Includes:

- Your Trip Includes:
- \$20 Free Play from Casino
- \$5 towards Dining, Slot Play or Gift Shop from Casino
- Luxury Bus Travel

Hurry & book your trip. The \$25 from Casino offsets the \$35 cost for the trip! **\$35 pp**

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