

Governor LePage meets with L-A mayors



Governor Paul R. LePage (r.) met last week with Auburn Mayor Jonathan P. LaBonte (l. to right) and Lewiston Mayor Bob Macdonald at Simones Hot Dog, where they greeted owners Linda and Jimmy Simones and their son, George. The Governor and the mayors discussed the pros and cons of consolidating services or merging of the cities. (TCT photo by Laurie A. Steele)

Chamber unveils new name, logo, website



Chamber President and CEO Matt Leonard. See pages 7-10 for more photos. (TCT Photo by Laurie A. Steele)

The Androscoggin County Chamber of Commerce hosted a press conference last week to unveil the results of its recent branding efforts. After months of analysis, market research and in-depth conversations with its directors, members, staff, and local residents - all

See **Chamber**, page 3

Auburn Ski Association awards scholarships



Tyler Lafean and Max Nyholm, at the recent awards ceremony at Lost Valley in Auburn

The Auburn Ski Association has awarded two scholarships in the amount of \$500 to 2015 Edward Little High School graduates Tyler Lafean and Max Nyholm.

Lafean is a chemical engineering major at the University of New Haven in Connecticut. An avid alpine skier, he was captain of the Alpine Ski Team at Edward Little High School in 2015 after a successful first three years as a valuable contributing member.

Nyholm is a neuroscience major at the University of Vermont. He was a captain for the Nordic Ski Team and the Cross Country Running Team at Edward Little High School for two years. Introduced to Nordic skiing during his junior year, he instantly fell in love with the sport, improving dramatically from the time he started to the state meet of his senior year.

The annual ASA Scholarship winners are announced each year at the June graduation and awarded after successfully completing their first semester of college. The Auburn Ski Association provides financial support for the Alpine and Nordic Ski race programs at Edward Little High School and Auburn Middle School, as well as organizations including the Lost Valley Racing Club, Central Maine Adaptive

See **Ski**, page 3

Norway Savings celebrates 150 years of service

Norway Savings Bank was founded in February of 1866, soon after the Civil War ended, when fourteen local men signed the bank's charter. One month later, the bank was incorporated and Nathaniel Gunnison was elected its first president. Since this time, Norway Savings Bank has grown from its original head-

quarters on Main Street in Norway into the third largest mutual bank in Maine, with 24 branches throughout the western and southern part of the state. To commemorate this milestone, the bank will kick off a yearlong celebration with a 150th Anniversary Party at all of its branch locations on Friday, February 5.

On that day (the snow date will be Monday, February 8), the public is invited to visit any Norway Savings Bank location for cake and refreshments. The first 150 visitors to stop by any branch will receive a free copy of an anniversary book that has been published to celebrate the bank's customers, employees and communities. See **Norway**, page 3

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News-makers, Names & Faces

Practical Cooking for Young Professionals



Caleigh Milton, Alix Rudzinski, Kendra Wheeler and Laura Rideout. (TCT photo by Millie Kidd)

The “Practical Cooking for Young Professionals” event was a great learning experience. Not only were YPLAA members able to learn more about St. Mary’s Nutrition Center and all it does for the community, but they were also able to learn how to eat a healthier, cleaner diet despite their busy work schedule.

Sabattus student supports GAHS



Colby Campbell, with his little brother, Ben

For the third year in a row, Colby Campbell of Sabattus presented the Greater Androscoggin Humane Society with the donations from his eighth birthday. Campbell, a second grade student at Sabattus Primary School, asked for donations for the pets in lieu of birth-

YMCA welcomes new staff



Loren Lachapelle

The YMCA of Auburn-Lewiston has welcomed new staff members Loren Lachapelle, a marketing coordinator, and Mike Muise, a personal trainer and youth sports coordinator.

An Auburn native, Lachapelle is the former marketing assistant at Provider Power-Electricity Maine. In that role, she developed content across a variety of digital, print and social media platforms. She holds a bachelor’s in business administration from St. Michael’s College and is studying for her master’s in business administration at Thomas College in Waterville.

Muise is a former collegiate athlete from Salve Regina University in Rhode Island. He holds a personal training certification from the National Academy of Sports Medicine and focuses on fitness and sport and performance enhancement. At the YMCA, he



Mike Muise

assists the youth sports director and trains clients of all ages and ability levels. The YMCA of Auburn-Lewiston is a charitable organization that seeks to strengthen the foundations of local communities through collaborations and services focusing on youth development, healthy living and social responsibility. Each year, the YMCA serves more than 1,800 children in its youth sports, camp and child care programs.

CCU promotes Barnies



Kierstyn Barnies

Community Credit Union has promoted Kierstyn Barnies from the position of Member Representative to the position of Marketing Assistant. In her new position, Barnies will work to improve the Credit Union’s competitive position by assisting with the planning, preparation and implementation of marketing and advertising functions.

Barnies graduated from Central Maine Community College in 2015 with an Associates in Business

CMCC student completes academy training



CMCC Criminal Justice student Christopher Saunders (c.), with recent CMCC graduates Officer Connor Willard (l.) of the Livermore Falls P.D. and Officer Brandon Correia of the Norway P.D.

Christopher Saunders (center) of Buckfield graduated recently from the Basic Law Enforcement Training Program at the Maine Criminal Justice Academy in Vassalboro. A U.S. Army veteran who served in Afghanistan,

Saunders is an honors student in the Criminal Justice program at Central Maine Community College. Officer Saunders has now begun his field training with the Auburn Police Department.

Administration. She currently lives in Lewiston with her parents and two dogs. In her free time, she enjoys being with friends, going to fairs, traveling the world and spending time with animals.

With branches at 144 Pine Street in Lewiston, 40 Stanley Street in Auburn and 1025 Auburn Road in Turner, Community Credit Union is a member-owned, full-service financial institution that has been serving its members and the community since 1945. For more information, see www.communitycreditunion.com.

CCU promotes Sibley

Community Credit Union has promoted Betsy Sibley from the position of Marketing-Business Development Director to the position of Vice President of Marketing-Business Development. Sibley has been with the Credit Union for

four years. In her new position, she will oversee the sales, marketing, advertising, community outreach, internal staff training and event planning for the Credit Union.



Betsy Sibley

Sibley has a Bachelor’s degree in Marketing Management from Thomas College, is a recent graduate of the Androscoggin Leadership Development Institute, and is a Certified Insurance Counselor. She is involved in the community as Public Relations Committee Chair for the L-A Rotary Club, Secretary for the Turner Ridge Riders Snowmobile Club, and as an ambassador and committee member for the Androscoggin Chamber of Commerce. She volunteers as a coach for the Turner Athletic Association and is a member of the Turner Parent Teacher Committee. Sibley resides in Turner with her husband, Scott, and sons Reid and Trent.

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First Lady's Address: Read to ME Challenge - A Special Message from the First Lady, Ann LePage

We all recall sitting on our parents lap having a story read to us. It's moments like these that need to take place every day in a child's life.

Dear Maine Taxpayer, The Governor and I are pleased to be a part of the Read to ME Challenge that is underway across the state. The benefits of reading with a child are endless. Reading is a gift, reading builds foundations and reading changes lives. Curiosity, creativity and imagination

are all developed through reading.

Research shows that the more words parents use when speaking to an 8-month-old infant, the greater the size of their child's vocabulary by the time that child is 3. This sets the stage for reading to be an enjoyable, lifelong activity, and it gives the opportunity to build knowledge of the world.

The month-long Read to ME Challenge simply asks you to read aloud with a child for just 15 minutes, capture that on video or in



First Lady, Ann LePage

a picture, post it on social media and challenge others to do the same.

Did you know that reading for just 15 minutes every day, for 5 years, exposes children to 456 hours of reading? Reading to children stimulates brain development. It helps them learn to talk and to listen, grows their vocabulary, helps build their attention spans, and encourages them to ask questions.

Keep reading to children even after they start reading themselves because it provides an opportunity for them to learn about topics and to experience

stories beyond what they can read on their own. Even if parents can't read to their children, listen to books on tape together so you all can experience magical adventures while spending time bonding.

What a great gift to have a little one nestled on your lap or beside you while you enjoy a book together, and what an even greater gift you are giving that child by building a trust, a love, and a dedication to that child's well-being while investing in their future suc-

cess, just by reading.

I will forever cherish the moments I had reading with my children, and I encourage you to appreciate these same moments. Take the Read to ME Challenge today and challenge others to do the same.

Our children are our future, so let's invest today in that future by reading aloud with a child. Happy Reading!

Thank You,
First Lady,
Ann LePage

Norway

Continued from page 1

Those attending will also have a chance to win cash prizes and visit the Norway Savings Bank Facebook page to post the name of their favorite Maine-based nonprofit, which will then be entered into a drawing for \$1,500.

The bank also encourages people to post and share stories on their Facebook page about how it has helped them, their family, their business, their community or a nonprofit they care about. Every month, the bank will draw a name from the submitted stories and the winner will receive \$150.

"We are proud of our history and honored to have served our local communities for the past 150 years," said Norway Savings Bank President & CEO Patricia Weigel. "This anniversary party is a way to thank our customers for their trust and support over the past century and a half." To learn more about the Norway Savings Bank 150th Anniversary Party or to view the complete contest rules, see www.norwaysavingsbank.com.

Ski

Continued from page 1

Sports, and the Merrick Chadbourne after school learn-to-ski program at Lost Valley. To learn more about the Auburn Ski Association, see auburnskiassociation.com.

Mechanics Savings Bank, Biddeford Savings finalize alliance

Mechanics Savings Bank and Biddeford Savings recently announced the finalization of their alliance as members of the newly formed bank holding company Maine Community Bancorp. The alliance, creating the first multi-bank mutual holding company in the state, was completed after receiving approvals from each bank's board of directors, corporators, depositors and appropriate regulatory agencies.

Richard J. Vail, President and CEO of Mechanics Savings Bank, and Charles M. Petersen, President and CEO of Biddeford Savings, will serve as co-CEOs of the holding company while continuing to serve as CEOs of their respective banks. Each bank will retain its name, state charter, and status as a vibrant community bank.

"Mechanics Savings Bank and Biddeford Sav-

ings have similar community banking philosophies, strong capital positions, dedicated boards, and talented employees committed to serving their customers," said Vail. "Bringing our two community banks together creates a sound foundation from which we can continue to serve Maine families and businesses with even greater convenience, expanded product and service offerings and lending capacity."

"The alliance of our banks is an excellent strategic fit," said Peterson. "We see tremendous growth potential, as well as powerful synergies, from teaming up. We are excited to partner with Mechanics Savings Bank, which shares with us a proud tradition of outstanding customer service and an unsurpassed community commitment. I know that all involved look forward to growing stronger together."

Founded in 1875, Mechanics Savings Bank is a full service community bank with a reputation for its customer-centric culture. It has branches in Auburn, Lewiston, Brunswick and Windham. Founded in 1867, Biddeford Savings is an independent, community-focused mutual savings bank with offices in Biddeford, Kennebunk, Scarborough and Waterboro. Both banks are Equal Housing Lenders and Members FDIC.

Chamber

Continued from page 1

carried out with local branding agency The Brand Collective - the Chamber will now be called the Lewiston Auburn Metropolitan Chamber of Commerce.

"I couldn't be more pleased with the look and feel of our new brand," said Chamber President and CEO Matt Leonard. "The Brand Collective did a tremendous job capturing the essence of who we are, while positioning us to leverage the increasing energy that permeates our communities." Leonard added that the Chamber's redesigned website will provide greater value to the organization's members and the community. To have a look, see www.lametrochamber.com.

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Laurie A. Steele
Publisher
Laurie@TwinCityTimes.com

Ashley Somma
Advertising Consultant
Ashley@TwinCityTimes.com

Steve Bouchard
Copy Editor
Editor@TwinCityTimes.com

Laurie A. Hiscock
Ad Designer
Ads@TwinCityTimes.com

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Poliquin unveils “No Welfare for Terrorists” bill in Lewiston

Congressman Bruce Poliquin was in Lewiston last week to announce a federal welfare reform bill he is introducing to ensure that convicted terrorists never receive taxpayer-funded benefits. The bill will close a loophole that currently allows those with a federal conviction of terrorism or being an accomplice to terrorism to receive welfare food stamps.

At the announcement at his Lewiston constituent services office at 179 Lisbon Street, Poliquin explained

that the five accomplices of the deadly Boston Marathon bombing who will be released starting as early as next year are an example of those who currently qualify for food stamps.

“I am shocked that our current law does not prevent the criminals who have been convicted of plotting and carrying out acts of terrorism against innocent Americans, including young kids, from getting welfare benefits,” said Congressman Poliquin. “Terrorist victims and their families should

never be forced to fund those who harmed them. This bill guarantees this will never happen.”

Poliquin said he believes his commonsense welfare reform will get overwhelming support in the U.S. House of Representatives, where he represents Maine’s Second Congressional District. While his main focus remains on jobs and growing the economy, Poliquin has been successful in getting other legislation signed into law to help state and local support enforce-



Poliquin’s bill would close a loophole that currently allows those with a federal conviction of terrorism or being an accomplice to terrorism to receive welfare food stamps.

ment agencies aid children due child support.

While in Lewiston, Congressman Poliquin also toured Quoddy Footwear, Grace Street Recovery Cen-

ter, and the Dempsey Center for Hope & Healing, and spoke about creating jobs at the Lewiston-Auburn Metropolitan Chamber of Commerce.

He also returned for the second time to the Lewiston Vet Center, where last year he exposed serious staffing shortages that were limiting veterans’ access to important mental health services. At the Vet Center, he welcomed new Team Leader Scott Hutcherson and presented him with a flag flown over the U.S. Capitol in appreciation for the facility at 29 Westminster Street, which serves the second highest number of veterans of any Vet Center in the Northeast.

Churches combine schedule for Lenten services

The Auburn United Methodist Church and the Calvary United Methodist Church will again combine several Lenten services this year. The combined Ash Wednesday service on February 10 and the combined Maunday Thursday service on March 24 will take place at Auburn United Methodist, while combined Good Friday services will take place at Calvary United Methodist.

Also, Auburn United

Methodist Church has announced that its Lenten offering this year will support “Imagine no Malaria,” whose goal is to eradicate malaria worldwide. Donations can be made at the church or mailed to 439 Park Avenue, Auburn, 04210. For more information about this year’s Lenten services or offering, contact the Auburn United Methodist Church church office at 782-3972.

AARP Tax-Aide program offers free tax prep

Throughout the tax filing season, AARP Tax-Aide volunteers will be available at the Lewiston Armory on Mondays, Thursdays, Fridays and Saturdays to provide free tax preparation and free electronic filing to residents of Lewiston, Auburn and the surrounding communities. All volunteer tax preparers have taken and passed required IRS tests to become “IRS certified volunteer tax preparers,” which enables them to complete all but the most complex individual tax returns. Although affiliated with AARP, this free

tax service is available to low- to moderate-income taxpayers of all ages, with special attention given to those ages sixty and over.

Now in its 46th year of operation, the AARP Tax-Aide program is the nation’s largest volunteer-run tax program. In 2015, AARP Tax-Aide volunteers assisted approximately 24,000 taxpayers at over 70 different locations across the state by answering tax questions and/or preparing their federal and state returns. To schedule an appointment and learn what documents to bring with you, call 513-3170.



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Enough is Enough

Hot Dog Summit at Simones', help for veterans

By Robert E. Macdonald
MAYOR OF LEWISTON

If you watched the local news this week, you noticed the lead story on all three Portland channels last Wednesday was the meeting between Auburn Mayor Jonathan P. LaBonté, Governor Paul R. LePage and me at the center of political activity in Lewiston: Simones Hot Dogs.

It was Wednesday, AKA One Dollar Hot Dog Day, which assured the restaurant would be jumping. Also among the mixture of patrons were reporters and cameramen who clogged the place and spent close to an hour fixated on our discussions. Thank God the fire department didn't shut down the restaurant. It appeared there were more reporters present

than the occupancy certificate allowed.

The meeting was constructive, and in the next few months more meetings will be held to discuss the consolidation of Lewiston and Auburn.

Perhaps the most-asked question dealing with the meeting was why I was eating a hamburger at a hot dog joint? The answer is that unless I know the hot dog has been certified to be kosher, I won't eat it. The answer to the next question is that I am a practicing Catholic.

Today's column will deal with a meeting that took place the following day. It got no news coverage, yet dealt with life safety issues that could present a serious threat to



Mayor Bob Macdonald

the safety of our community: the mental healthcare of returning combat veterans.

In a recent column I wrote of the severe shortage of mental health professionals at the Vet Center in Lewiston. I brought this to the attention of Congressman Bruce Poliquin and

his staff. They focused on the problem, and with warp speed put pressure on the VA bureaucracy to correct the situation. Today, thanks to Congressman Poliquin, the center is up and running with a full staff.

Also in this mix, was Scott Thistle, the political reporter for the Lewiston Sun Journal, who did yeoman's work in bringing the crisis to the public. He showed journalist tenacity by putting pressure, along with Congressman Poliquin, on Steve Reeves, the Northeast Director of the Vet Centers. His well-written articles kept the public up to date on the problems at the Lewiston center.

This center provides a critical service for combat veterans and their families.

There is no charge, and no combat veteran or a family member seeking help will be turned away. The center is staffed with professional caring counselors that go out of their way to help veterans and their families.

If you are a combat veteran and are having suicidal thoughts, nightmares, trouble sleeping, drinking excessively, always angry, sad or assaultive continually taking out your frustrations on your family or co-workers, please go to the Vet Center and speak with a counselor.

If you are a family member of a combat veteran who is exhibiting the aforementioned problems, please seek help at the Vet Center. Outreach is part of their program designed to make sure vets in crisis and their families

get the help they need.

Lastly, there are many veterans, both combat and non-combat, who are hopelessly under the impression that the VA is going to show up at your door with help. It ain't gonna happen! There are many veterans and their widows that may possibly qualify for some type of aid. But it is up to them to find it.

Today people have computers at their fingertips and time on their hands. Take the bull by the horns and do some research. No computer? Get on the phone and call a local veterans group or talk to a veteran. If they can't help you, they will point you in the right direction.

Most of us live by a code: Vets help vets; we take care of our own.

Diocese to celebrate White Mass Feb. 7

In honor of those who comfort and care for the sick, Bishop Robert P. Deeley will celebrate the White Mass for health care professionals and caregivers on Sunday, February 7 at 10 a.m. at the Basilica of Saints Peter & Paul at 122 Ash Street in Lewiston. The White Mass blesses and thanks health-care professionals and caregivers, including doctors, nurses, emergency medical technicians, lab technicians, therapists, pharmacists, and others. People of all faiths are encouraged to attend and join in showing our gratitude to this community.

While the White Mass is celebrated annually, it holds special significance during the Jubilee Year of Mercy. In February, the diocese is taking particular note of the corporal act of mercy to "visit the sick" and the spiritual act of mercy to "comfort the afflicted."

"Each year, the White Mass provides an occasion for the community to thank all medical professionals for the essential service they provide and to ask God's blessing upon their work," said Bishop Deeley. "In their care for the sick and suffering, they carry on the healing ministry of Jesus Christ."

"Those of us who entered into the medical profession do so because

we desire to heal," said Dr. Michael Czerkes, an OB/GYN and NaProTechnology specialist at St. Mary's Regional Medical Center. "Blessed Teresa of Calcutta rightly pointed out that we can only cure physical disease and ailments through medicine. Spiritual ailments, like despair or hopelessness, can only be cured with love. I want to encourage all of us in the medical profession to join in the celebration of the White Mass."

In many dioceses around the country, the White Mass is celebrated on or around February

11, the Memorial of Our Lady of Lourdes and the World Day of Prayer for the Sick. Since 1992, the Catholic Church has celebrated the World Day of Prayer for the Sick to remind the faithful to pray intensely for the sick, reflect on and respond to human suffering, and to recognize and honor all persons who work in health care and serve as caregivers.

The White Mass is named for the color of the vestments worn on the day. White is associated with the medical profession.

Credit, self-employment programs at APL

In partnership with New Ventures of Maine, Auburn Public Library will present a couple of programs in February that could help community members achieve better financial security in 2016 without pinning their hopes on Powerball.

On Wednesday, February 10 at noon, Karleen Andrews will present a program called "Introduction to Self-Employment." This one-session workshop will help those attending to decide if self-employment might be the right choice for them. The class will cover the pros and cons of owning one's own business, the steps needed for start-

up, the major elements of a business plan, and the many resources available to help.

On Tuesday, February 23 at 10 a.m., Chris Davis will present a program called "Cleaning Up Your Credit." This two-hour workshop will give participants a better understanding of personal credit. The session will cover the basic concepts of credit, strategies for reducing debt and repairing credit, credit reports, and credit scores.

Space for these free programs is limited. To register, call Auburn Public Library at 333-6640, ext. 4 or see www.auburnpubliclibrary.org.

Lisbon Historical hosts holiday open house

On Wednesday, February 10, Lisbon Historical Society will host its annual Valentine's Party and Open House. Members and guests will meet at 7 p.m. in the society's meeting rooms at the MTM Center in Lisbon Falls. Entrance and parking are at the rear of the building.

Antique Valentine

cards will be on display and members are invited to bring hand-made cards to exchange. There will also be a slideshow of recently acquired historical photos from the Lisbon area. February is also the month for members to pay annual dues. Secretary-Treasurer Dorothy Smith will provide member-

ship status and accept dues payments at the meeting.

Refreshments will be served, and members are urged to bring Valentine-themed food items for the refreshment table. For more information, call Dorothy Smith at 353-8510 or see the society's page on Facebook.

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What's Going On

“Policing the Teen Brain” comes to Lewiston

Officers from the Lewiston Police Department and juvenile probation officers from the State of Maine convened recently to participate in a training program called “Policing the Teen Brain.” Developed by Strategies for Youth, a national nonprofit training and policy organization dedicated to improving interactions between law enforcement officers and youth, the program provides officers with a better understanding of the development and thought processes of the teen brain and gives them strategies for de-escalating interactions and avoiding the use of force. An important goal of the program is to help officers be aware of and reduce disproportionate minority contact.

Led by Indiana University School of Medicine Associate Professor Dr. Matt Aalsma and Strategies for Youth Training Director David Walker, the intensive four-day course explains how teens perceive,

process and respond to stimuli using different parts of their brains than adults. Officers from the Lewiston Police Department who were selected to participate in the program directly will share skills and insights gained with their peers across the department through a series of internal workshops.

The local training was funded by the Maine Juvenile Justice Advisory Group, whose mission is to advise and make recommendations to state policy makers and to promote effective system-level responses to further the goals of the Juvenile Justice and Delinquency Prevention Act. “JJAG is committed to the statewide implementation of efforts to provide information and training to juvenile justice professionals to benefit youth and those involved with Maine’s juvenile justice system,” said Nate Gagnon, correctional compliance monitor for the Juvenile Justice Advisory Group. “Policing the Teen Brain”

“Understanding Pacemakers” at CMMC

Physician assistant Joe Sala of Central Maine Heart and Vascular Institute will present a program called “Understanding Pacemakers” on Thursday, February 11 at 1:30 p.m. in the Chairmen’s Rooms, located on the lower level of the 12 High Street medical office building, adjacent to Central Maine Medical Center in Lewiston. An expert in pacemaker management, Sala will discuss why some people need cardiac pacemakers, how they work, and even what they look like. He will also talk about atrial fibrillation, a heart beat disturbance often treated with a pacemaker.

The program is free and open to the public. In-



Physician assistant Joe Sala of Central Maine Heart and Vascular Institute is an expert in pacemaker management.

terpreter services are available upon advance request. Participants are urged to register in advance by calling 795-8448 or emailing prevention@cmhc.org.

is a key part of this goal.” “We see this training as an important step toward enhancing our work with youth, so we appreciate the financial support of the Juvenile Justice Advisory Group for bringing it to Lewiston,” said Lewiston Police Chief Michael Bussiere. “Through this program, we hope to offer our officers new skills for

interacting with youth and to strengthen our relationships with youth-serving community organizations.” Strategies for Youth has worked with law enforcement agencies across the country, including departments in Indiana, California, Massachusetts, Virginia, Wisconsin, Ohio, Washington, Alabama and New York.

APL presents “Mainers Helping those in Africa”

In 2004, a cry for help from Kaoma, in the Western Province of Zambia, was heard by a small group of women in Maine, who responded by founding the non-profit organization WISE. Since then, the group has worked to help increase the quality of life in Kaoma.

On Thursday, February 11 at 6:30 p.m., WISE Advisory Board Chair Joanne Bollinger will discuss the work of WISE, her trips to Zambia and the displace-

ment of people in Africa in a presentation called “Mainers Helping those in Africa” at Auburn Public Library. WISE sends work teams to Kaoma each year to teach and promote self-sufficiency to its poor, displaced and vulnerable residents. They provide scholarships for formal education and training in agricultural, vocational, and social programs. Projects have included family health, clean water protection, agricultural instruction, and basket making as a means to attain an income. In the future, the group hopes to build a learning center and expand their vocational programs for women.

Free and open to the public, the program will take place in the Androscoggin Community Room. For more information, call 333-6640 ext. 4.

“Her Heart” luncheon set for February 10



Dervilla McCann, M.D.

Two physicians who specialize in cardiac and cancer care will be the keynote speakers at a special event co-sponsored this week by the Central Maine Heart and Vascular Institute and the Maine Women’s Network. Cardiologist Dervilla McCann, M.D., and medical oncologist Nicholette Erickson, M.D., will discuss “Cancer Treatment Options and Cardiovascular Disease: Prevention and Minimizing Risks in Women” at the third annual “Her Heart” luncheon on Wednesday, February 10 from 11:30 a.m. to 1:30 p.m. at the Hilton Garden Inn of Auburn.

“This special event is part of our continuing effort to raise awareness about health issues affecting women,” said



Nicholette Erickson, M.D.

Cynthia Rice, R.N., CMHVI’s director of community health, wellness and cardio-pulmonary rehabilitation. “Awareness of risk factors and how they should be addressed is the first step in addressing such problems.” Speakers McCann and Erickson both have long-standing connections with cardiac and cancer patients, respectively, in the region served by CMHVI and Central Maine Medical Center.

The \$25 registration fee includes a heart-healthy lunch. Advance registration is required. For more information about the event, call 795-8448 or email prevention@cmmc.org. To register and purchase tickets, see www.mainewomensnetwork.memberlodge.org.

YWCA offers Lifeguard Training

The YWCA of Central Maine will offer American Red Cross Lifeguard Training on February 16, 17 and 18 from 8:30 to 6 p.m. The course provides students with the knowledge and skills needed to prevent and, if necessary, appropriately respond to aquatic emergencies. American Red Cross CPR/AED for professional rescuers and standard first aid are covered.

Participants must be at least 15 years old and able to complete a 300-yard swim,

timed deep water object removal, and tread water for two minutes without using hands before starting the course. The prerequisite test will take place on the first day of class. Registrants are encouraged to attend the YWCA’s free Open Swim times to prepare for the test. The cost of the class is \$275 for YWCA members and \$300 for non-members. Space is limited and the deadline to register is February 12. For more information or to register, call 795-4050.

Police find meth lab, make arrests

On January 29, Lewiston Police detectives, along with agents from the Maine Drug Enforcement Agency, responded to 333 Lisbon Street to investigate a suspected methamphetamine lab. Detectives and agents made contact with apartment 203 occupant Joseph Marcous and located what was suspected to be a small meth lab. The building was

then evacuated and Marcous was brought to the Lewiston Police Department. As a result of the investigation, Joseph Marcous, age 29 of Lewiston, was arrested and charged with Unlawful Operation of a Methamphetamine Lab, Class B. Also arrested and charged with the same crime was Samuel Johnson, age 28 of Lewiston. Both Marcous and Johnson were transported to the Androscoggin County Jail.

Send all items for **What’s Going On** to Editor@TwinCityTimes.com. Deadline is **Friday by five.**

2016

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Of Androscoggin County

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Why rebrand? Why now?



Matt Leonard, President and CEO of the Lewiston Auburn Metropolitan Chamber of Commerce, with the Chamber's recently unveiled new logo

By Matt Leonard
It's time to accelerate our organization's success. Talk to anyone in the community and they'll tell you that LA Maine is on the cusp of something great. There's a certain buzz about the communities that intimates an energy that feels new and exciting. There is a sense of optimism that is becoming inescapable across

our communities. In order to capitalize on that energy, there is no better time than now to examine some important questions: Who are we? What do we do? Why do we do it? As a Chamber of Commerce, community leader, and influencer, if we are not crystal clear about who we are and what we do, how can we expect other

people to understand? The answers to the questions above are instrumental to understanding the direction of our organization as we face the future. The answers to these questions inform necessary decisions and will help us remain agile in a competitive environment. Rebranding allows us to capture our essence and remain grounded in our history while synchronously positioning us for the future. And, let's face it: If you have been on our old website, you know it was time for a change to something fresh and current.

Right now is a perfect time to understand how we can make our message better to communicate a more relevant brand promise. Consumers are becoming increasingly interested in and sensitive to the value propositions they're presented. If we are going to continue to be Maine's largest business membership organization and continue to grow our ranks, we must present a clear and provoking value proposition.

Androscoggin County was a brand name that was too restrictive. In an attempt to be broad and in-



Community Service Award winner Mark Cayer. Pictured L-R Matt Leonard Chamber President, Robin Robbins from Androscoggin Bank and Mark Cayer



Business Leadership Award winner Oxford Casino. Pictured L-R Jen Hogan from Community Credit Union and Jack Sours

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Sandy Marquis

Ken Additon Award - Small Business Advocacy
Diane Jackson

Community Service Award
Mark Cayer

Business Leadership Award
Oxford Casino

President's Award
Peggy Rotundo



Ray Geiger Award winner Chip Morrison. Pictured L-R David Geiger, Jeff Geiger, Chip Morrison and Eugene Geiger

Photo by Nathan at Bell Studios/PortraitEFX

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Why

Continued from page 7

clusive, relevancy was also lost. Androscoggin County had little relevancy in the people's minds outside of our immediate community. Rebranding now makes us relevant to a much larger audience in a changing market place. We are position-

ing ourselves not to compete with Portland or Bangor, but regionally, nationally, and internationally.

Changing the name to the Lewiston Auburn Metropolitan Chamber of Commerce makes us ready for new growth and new opportunities.

Rebranding is not an end point. We are beginning yet another chapter in this storied organization's history. There is work to be done. We see energy, momentum, and enormous potential in the greater Lewiston Auburn metropolitan area, and we will continue to hustle each day to make it a desirable place

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President's Award winner Peggy Rotundo. Pictured L-R Chip Morrison former Chamber President, Peggy Rotundo and Chamber President Matt Leonard

to live, work, and play.

We must be able to clearly articulate the numerous benefits of joining the Lewiston Auburn Metropolitan Chamber of Commerce, and our members must be able to clearly articulate why they are a member of our chamber. With our communities on the edge of something larger than today, now is the time for clarity in who we are. Doing, leading, influencing, making things happen, helping business and community grow and thrive.

The Lewiston Auburn Metropolitan Chamber of Commerce is primed to be an engine for economic vitality and enhanced quality of life.

If you own a business in the greater Lewiston Auburn metropolitan area and want it to grow, join the LA Metro Chamber.

If you're looking to start a business in LA Maine and need the tools and re-

sources to do so, join us.

If you want to advance your career, find a new job, or expand your professional network, join us.

If you want to inspire your employees, help them achieve more, and give them meaningful educational opportunities, join us.

If you want to attract top-notch talent and develop a committed and highly skilled workforce, join us.

If you want your business's voice to be heard above the political noise and develop amicable relationships with our elected officials in order to get work done, make meaningful change, and protect your interests, join us.

If you are the next generation business leader and want to shape the future of our communities, join us.

Why rebrand? Why now? It's time to accelerate our organization's success. Join us!

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Chamber rebranded by The Brand Collective



The Brand Collective team: Kayla Quesnel, content strategist; Aimee Goodwin, principal and creative director; Jennie Malloy, principal and director of story; Sarah Karp, senior designer.

The Lewiston Auburn Metropolitan Chamber of Commerce hired The Brand Collective to rebrand the organization. Over an accelerated 8-month timeline, The

Brand Collective team interviewed, surveyed, and talked to LA Metro Chamber board members, staff, active members, inactive members, and members of the Lewiston Auburn

community in order to capture the essence of who the organization is, what it means to our communities, the value it brings to business owners, leaders, and professionals, and how it should position itself for



Outstanding Member Award winner Francis Gagnon. Pictured L-R Francis Gagnon and Stephanie Gelinas of Sandcastle Clinical and Educational Services

the future. The result is a refreshed brand grounded in history but future-facing, a new website that is highly user and mobile-friendly (lametrochamber.com), and an identity whose energy, optimism, and momentum matches that of the Lewiston Auburn metropolitan area itself. The Lewiston Auburn Metropolitan Chamber of Commerce challenges business and community to build, to lead, and to thrive.

Photos by Nathan at
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Danielle Eaton and Kim Jacques

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Stephanie Gelinas addresses the chamber



Ken Additon Award winner Diane Jackson. Matt Leonard Chamber President, Representative Kathleen Dillingham, Diane Jackson, Mary LaFontaine of the Lewiston CareerCenter

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Theresa Sampson Award winner Sandy Marquis. Pictured L-R Theresa Sampson and Sandy Marquis

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City administrator on Kennedy Institute panel

Phil Nadeau, Lewiston's Deputy City Administrator, took part in a Kennedy Institute panel discussion recently on how New England has responded to and resettled recent immigrant refugees. Lewiston began experiencing an influx of refugees in 2001, when an estimated 5,000 people established new residency in the area. Since then, Nadeau has worked as the city's point person in coordinating with local, state and federal agencies and various non-profit agencies to facilitate the community's adjustment.

Joining Nadeau on the panel was Eva Millona, Executive Director of the Massachusetts Immigrant & Refugee Advocacy Coalition, the largest organization promoting the rights and integration of immigrants and refugees in the region, serving the state's one million foreign-born residents with policy analysis and advocacy. Also on the panel was Jessica M. Vaughan, the Director of Policy Studies at the Center for Immigration Studies, an independent, non-partisan, non-profit research organization that provides stakeholders with reliable information about the social, economic, environmental, security, and fiscal consequences of legal and illegal immigration into the United States.

Nadeau has served as Lewiston's Deputy City Administrator since 1999. In addition to assisting with general city operations and special projects, he serves as the city's Labor-Risk Management Director, Chief Union Negotiator, and Freedom of Information Officer. As the city's primary contact for immigrant and refugee policy, programs, and services since 2001, he has been interviewed by major national and international print, radio, and television news organizations, most recently the TV news program "Full Measure with Sharyl Attkisson" and German Public Radio.

Nadeau has been profiled in Dominic Pulera's book "Sharing the Dream," was a contributing author of the book "Somalis in Maine: Crossing Cultural Currents," and has had professional articles published by the Southern Maine Review and the National Civic League. His research involving the city's and state's refugee experiences has been cited in numerous academic papers. He has been asked to speak at regional and national venues, including the Camden Conference, Brown University's Center for the Study of Race and Ethnicity, the International City Managers Association Conference, the Race, Ethnicity and Place Conferences at Miami University and Binghamton University, Harvard University's American Repertory Theater and the Maine Development Foundation's Policy Leaders

Academy.

Since opening in March of 2015, the Kennedy Institute has hosted public programming events in Boston and Washington, D.C. featuring speakers ranging from Senate Majority Leader Mitch McConnell, to Congressman John Lewis, to Boston Red Sox Hall of Fame pitcher Pedro Martinez. The institute works to educate the public about the important role of the U.S. Senate, encourage participatory democracy, invigorate civil discourse, and inspire the next generation of citizens and leaders to engage in the civic life of their communities. For more information, see EMKInstitute.org.

What's Going On



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What's Going On

L-A CASH Coalition participates in EITC Awareness Day



Sen. Nate Libby of Lewiston, with L-A CASH Coalition Co-Chair Dottie Perham-Whittier (r.) and Coalition Asset Organizer Jill Lorom

Family success and stability advocates and others joined members of the Maine Legislature at the State House recently to promote the Federal and Maine Earned Income Tax Credits. The event rec-

ognized National EITC Awareness Day (January 29) and celebrated recent state legislation making the tax credit fully refundable for Maine families. At the event, CASH Maine also announced its 2016 goals

of increasing the number of people receiving the EITC by five percent and increasing the number of tax filers who save some of their money - for emergencies, education, home or business ownership or other savings goals - by 10 percent.

Representing the Lewiston-Auburn CASH Coalition at the event were Coalition Co-Chair Dottie Perham-Whittier of the City of Lewiston and Coalition Asset Organizer Jill Lorom of CEI. The L-A CASH Coalition is one of ten multi-partner coalitions across the state, working under the umbrella of CASH Maine to help empower Maine people to achieve long-term financial stability. Since 2003, these coalitions have offered free tax preparation to qualified filers during tax season, helping low-income families take advantage of available income tax refunds such as the EITC; provided information to individuals and families about pro-

grams that can increase their income, reduce debt, and build savings, such as Family Development Accounts and college savings plans; and encouraged low income people to participate in available financial literacy classes.

The EITC is recognized across party lines as an effective way to reduce poverty and help working families succeed. In fact, Maine's Legislature voted in a bipartisan deal last year to make the state's EITC fully refundable, increasing after-tax earnings for 100,000 working Mainers and their families. Refundable EITCs allow low-income working families to receive the credit in full, regardless of their tax liability. By contrast, non-refundable credits prevent workers from collecting any portion of the EITC that exceeds the amount they owe in income taxes, which means that the lowest earners rarely receive any benefit.

"The EITC is one of the nation's most powerful poverty-reduction tools, benefiting 72 million people, including 31 million children," said Janet Smith, CASH Maine Coordinator and Western Regional



JT Gorman Foundation President Tony Cipollone

Manager of New Ventures Maine, one of the event's organizers. "But in Maine, too many eligible workers overlook the EITC and miss out on cash back that could be used for emergency savings, goals fulfillment or asset-building."

"This year, CASH Maine plans to increase the number of Mainers receiving the tax credit by bringing in new tax filers and stepping up our efforts to reach out to members of target groups, such as individuals with disabilities, service members and veterans."

"The EITC is a clean, simple cash incentive that rewards hard work," said Rep. Denise Tepler of Topsham. "It is especially effective for low-income Mainers trying to get back on their feet, whether the dad who's

been laid off and is struggling to find a job that pays the same as his old job, or the single mom working hard to balance work and family."

Tony Cipollone, President of the John T. Gorman Foundation, a strong supporter of CASH Maine and asset-building organizations, praised the EITC for its "multi-generational impacts." Cipollone cited research findings that indicate "low-income children whose families receive the EITC have, on average, better health, higher test scores, and stronger long-term academic achievement, all of which are factors that we know contribute to higher employment and earnings and lower rates of poverty when these children reach adulthood."

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YWCA plans February vacation fun



February vacation is right around the corner, and the YWCA of Central Maine has a lot of fun in store that week for children in Kindergarten through age twelve. Some of the activities planned include daily swimming, an attempt to float the large, inflatable Magic Y-World across the pool, snow painting, sledding, making snow cones, and more. For more information, or to register your child, call Jessica at 795-4050 or see www.ywcamaine.org.

St. Dominic Academy Students of the Month



The Bussiere Family were named Super Saints of the Month



One student from each grade is selected, and an additional student is named the overall Student of the Month.

Saint Dominic Academy has named its January Students of the Month for grades seven through twelve. Teachers nominate students and a committee of administrators, staff and faculty choose from the candidates. Students are selected based upon exemplary character, service, leadership and scholarship in and around the St. Dom's community. One student from each grade is selected, and an additional student is named the overall Student of the Month.

A new addition to the Student of the Month assembly for the 2015-16 school year is the recognition of a parent or family regularly involved in extra-curricular activities at St. Dom's. Teachers and students choose this "Super Saint" based upon

involvement and similar criteria. Those recognized in January were Elijah Smith (Seventh Grade), Jacques Ouellette (Eighth Grade), Dominique Michaud (Freshman Class), Eisa Lee (Sophomore Class) Camden Jalbert (Junior Class), and Olivia Chase (Senior Class). Selected as the overall Student of the Month was Junior Annie Carman, and selected as Super Saints of the Month were the Bussiere family.

What's Going On

Local business advocate receives awards for community service



Pictured here with Ralph Tuttle (holding plaque) are Bob Thompson of AVCOG, Moe Dube of CCFC, Ed Leveque of SCORE, Marilyn Geroux of the SBA, Ron Dillon of SCORE, Pete Sassano of SCORE, and Glen E. Holmes of CCFC.

Ralph Tuttle, the former Chair of the L-A SCORE chapter and a fixture in economic and community development in the area, was recognized for his decades of public service by the U.S. Small Business Administration and the State and National offices of SCORE as part of a celebration of Martin Luther King, Jr.'s, legacy of community service. Marilyn Geroux, District Director of the SBA in Maine, presented Tuttle with a special Certificate of Appreciation, while Ronald Dillon, SCORE District Director for Maine, presented him with a plaque in honor of his nearly 23 years of volunteer service to the Lewiston-Auburn small business community.

"Ralph is one of the longest-serving members in SCORE's more than 50-year history of service to Maine and our nation," said Geroux. "I have been privileged to work with Ralph for over two decades in our shared efforts to help L-A's entrepreneurs." "Ralph has imparted his knowledge and experience in business management with hundreds of entrepreneurs over several decades, helping them start and grow their businesses, providing jobs and wealth for them and for our communities," said Dillon.

An Auburn native, Tuttle is a graduate of Edward Little High School and Northeastern University. He has served numerous organizations in L-A, including Auburn Public Library and the A-L Sports Hall of Fame, in a variety of capacities. He served as President of the Board of the L-A Chamber

of Commerce in 1976, when he led the effort to establish the "9-1-1" emergency response service. He had a 35-year career at Liberty Mutual Insurance Co., retiring as an executive in 1993. He then volunteered with SCORE, serving as the chair of the L-A Chapter from 2001 to 2006. Under his leadership, the chapter was recognized as the Maine Chapter of the Year. In 2005, he received the Platinum Leadership Award from the Chairman of the Board of the National Office of SCORE in Washington, D.C. Tuttle achieved Certified Mentor status and

continued to counsel entrepreneurs, while serving as chapter Secretary and Media Relations Director, until his retirement as Mentor Emeritus on December 31, 2015. The award was presented to Tuttle at the offices of Community Concepts Finance Corp., a lending partner of the SBA and a collaborator with SCORE. CCFC is a non-profit lender that provides SBA Microloans and other financial aid to small businesses in the L-A area and across Maine. SCORE is a national network of more than 11,000 volunteer mentors to America's small businesses.

Legion Commander visits Maine Senate



Senator Nate Libby with Commander Ronie Ray of the Sabattus American Legion Post 135.

Ronie Ray, Commander of the Sabattus American Legion Post 135, recently spent the day at the State House with state Sen. Nate Libby of Lewiston. Ray observed a Senate Democratic caucus, Senate session and other legislative events. "I appreciate all the good work and community involvement done by Commander Ray and the Legion," said Sen. Libby. "It was great to host the commander for part of the day to share my work in the Legislature."

RE-NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE Commercial Properties at 232 Lake Street, Auburn, Maine and 27 Thorne Avenue, Lewiston, Maine.

By virtue of and in execution of the Power of Sale contained in the following two (2) Mortgage Deeds given by Black Water Properties, LLC, a Maine limited liability company, with a place of business in Lewiston, Androscoggin County, State of Maine to Lincoln Capital, LLC, a Maine Limited Liability Company, with its principal place of business in Portland, County of Cumberland, and State of Maine:

- A. Mortgage dated December 26, 2014 and recorded in the Androscoggin County Registry of Deeds in Book 9061, Page 221;
- B. Mortgage dated September 25, 2014 and recorded in said Registry in Book 9003, Page 79; and

(hereinafter the "Mortgages"), of which Mortgages the undersigned is the authorized holder, for breach of the conditions of said Mortgages, and for the purpose of foreclosing the same, there will be sold at Public Auction Sale at the offices of Gosselin & Dubord, 86 Lisbon Street, Lewiston, Maine, at 9:00 a.m. on the 22nd day of February, 2016, all of the real and personal property presently subject to the Mortgages.

These premises are subject to all encumbrances, liens, taxes, and easements recorded and unrecorded. Further information regarding the property may be obtained by contacting Andre G. Duchette, Esq., Taylor, McCormack & Frame, LLC, 30 Milk Street, 5th Floor, Portland, ME 04101, 207-828-2005. The properties will be sold "AS IS, WHERE IS" WITHOUT WARRANTIES, EXPRESS OR IMPLIED, as to the condition of the property or the status of title.

A bidder who wishes to bid must submit as a qualification to bid at the auction a deposit of \$5,000.00, in cash or by certified or cashier's check, with said deposit to be increased to 10% of the purchase price within five (5) business days of the auction. The deposit(s) of unsuccessful bidders will be refunded by the auctioneer upon completion of the public sale. The deposit of a successful bidder will be retained by the auctioneer as a non-refundable, non-interest bearing down payment to be applied to the purchase price. Checks should be made payable to Taylor, McCormack & Frame. Lincoln Capital, LLC reserves the right to submit a junior bid at the conclusion of the auction. Lincoln Capital, LLC, reserves the right to modify or add to the terms of sale. The terms and conditions of sale, including additions to or modifications of the terms set forth above, will be announced at the sale.

Sale to be conducted by attorney for Lincoln Capital, LLC: Andre G. Duchette, Esq., Taylor, McCormack & Frame, 30 Milk Street, 5th Floor, Portland, Maine 04101 207-828-2005.

DATED: January 19, 2016

Andre G. Duchette, Esq.

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TWIN CITY NIGHTS

Weekly Arts & Entertainment

Public Theatre hosts Mother-Son Ball



This special event will take place on Sunday, February 14 at the Ramada Inn of Lewiston.

Mother and son events are a rare treat and lead to lifelong memories. This Valentine's Day, mothers may celebrate that

special bond with their sons when the Public Theatre presents its second annual Mother & Son Valentine Ball on Sunday, February

14 from 2 to 4 p.m. at the Ramada Inn of Lewiston. The event will include refreshments, dancing, raffles for mothers and sons, a pro-

fessional photographer to memorialize your time together, and special surprises throughout. This is also a great event for grandmothers and their grandsons. Proceeds from the Mother & Son Valentine Ball will benefit the Public Theatre, which provides professional theatre and arts education to the area and surrounding communities.

Tickets are \$40 for a mother-son pair, plus \$5 for each additional son. A professional 8x10 photograph may be posed for at the event for \$20. Tickets may be purchased in person at the Public Theatre at 21 Maple Street in Lewiston, by phone at 782-2211, or online at www.thepublictheatre.org.

Historical Society presents genealogy conference

Androscoggin Historical Society will host a genealogy conference on Saturday, February 6 at 2 p.m. in the Community Room at Auburn Public Library. The event will feature presentations by Nancy Milliken Mason, who will discuss genetic genealogy, and Keith Ludden, who will discuss the importance of oral history.

A genetic genealogist who has been doing traditional genealogy research for over 30 years, Mason has many stories to share about using DNA to assist with traditional research. She will explain how the three

major types of genetic tests can help you discover the origins of your paternal and maternal lines.

These tests can help find unknown family lines in cases of adoption or other separations from biological lines. It can also help find relatives with whom you share a common ancestor. These new relatives might have pictures and stories to share while helping you break through any "brick walls" you've come up against in your research.

Keith Ludden is an oral historian with Oral History and Folklife Research, Inc., a company dedicated to preserving the stories, recollections and voices of Maine people. He will speak on how preserving the varied and multitudinous voices of Maine and our unique way of life will enable us to better understand the past and the events that have shaped our state.

An M.A. graduate of Western Kentucky University, Ludden has served as the traditional arts coordinator for the Maine Arts Commission. A radio journalist and folklorist, he has conducted field work in Nebraska, Kansas, Missouri and Indiana.

Admission to the program is free; donations will be gratefully accepted. For more information, call 784-0586.

number of tickets are not sold. To buy tickets, call 897-4366 or email norlands@norlands.org.

Norlands is located at 290 Norlands Road in Livermore. For more information, see www.NORLANDS.org.

Norlands hosts Valentine's dinner

Looking for a unique way to celebrate Valentine's Day? On Saturday, February 13, the Washburn-Norlands Living History Center of Livermore will offer a special Valentine's dinner and living history program called "The Washburn Women: Keepers of Hearth and Home." Guests will enjoy a tour, a delicious heritage dinner, and an entertaining program in a setting like no other in Maine.

The evening will begin at 5:15 p.m. with a tour of the elegant 1867 Washburn Mansion. At 6 p.m., a three-course dinner of salad, beef bourguignon served over noodles, glazed carrots, and dessert will be served by

lamplight and the warmth of the woodstove in the historic Farmer's Cottage. The meal will be followed by a 19th-century program in the Ladies' Parlor of the mansion, where guests will visit with "Patty Washburn," her daughter "Caroline Washburn Holmes," and her daughter-in-law "Elizabeth 'Lizzie' Muzzy Washburn," portrayed in period dress by Norlands interpreters Willi Irish, Robin Hakala and Jeanette MacDonald. Interspersed with music and romantic poetry of the period, the women will share family stories of adventure and courtship while finding love, getting married, and building families in the 1800s.

Tickets are \$30 per person. Seating is limited and tickets must be purchased by February 10. The event will be postponed in case of bad weather and may be canceled if a minimum

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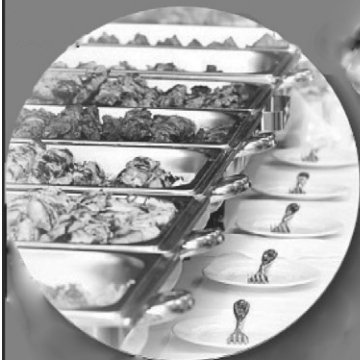
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Wed: Police/Fire/Military & EMT's eat for half price every Wednesday!

Thurs: Feb. 11th, Derek Cote

Fri: Feb. 5th, Rick Grahm
Feb. 19th, Ken Grahm
Feb. 26th, Rockin Recons

Sat: Feb. 13th, Blue Khakis



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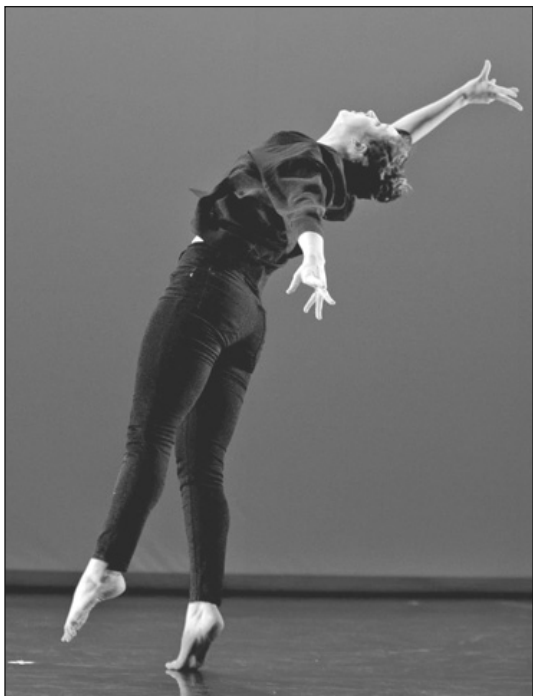
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Today's ABA meeting features Kevin Mannix

Kevin Mannix will be the featured speaker at the next meeting of the Auburn Business Association on Thursday, February 4 at 5:30 p.m. at Gipper's Sports Grill in Auburn. Mannix will share his personal story featured in his recent book, "Weathering Shame." Autographed copies will be available for purchase for \$21, payable in cash or check. The admission fee of \$25 will include dinner. To reserve, email gwhitney@avcog.org.

Winter Showcase brings dance riches to Lewiston



This annual event features artists and ensembles from around the region, performing in a wide variety of styles. (Photo by Phyllis Graber Jensen, Bates College)

Bates College and the Franco Center will team up to present performances by a variety of professional dancers from around the region in their 11th annual F.A.B Winter Dance Showcase on Saturday, February 6 at 7:30 p.m. at the Franco Center, located at 46 Cedar Street in Lewiston.

"Dancers of all kinds, from seasoned professionals exploring new works to young dancers broadening their horizons, come together to present this program," says F.A.B. program director and Bates College professor of dance Carol Dille. "F.A.B. provides these artists with a valuable opportunity to network, while providing the audience with a rare chance to see a wide variety of styles in one evening."

Admission is \$15 for the general public and \$12 for seniors, plus a small fee for credit card purchases, available from the Franco Center at bit.ly/FAB16. The student admission fee is \$5, payable in cash at the door only. For more information, call 689-2000.

The roster for the 2016 event includes artists from around Maine, as well as from New York, New Jersey and Massachusetts.

Claire Porter and Sara Juli will perform "Small Stories," which they premiered at the American Dance Festival last summer. Porter, of New Jersey, is a 2013 Guggenheim Fellow

who has presented her piece, "PORTABLES," extensively. A dancer and professional fundraiser, Juli, of Portland, Maine, teaches at the Bates Dance Festival and has been a resident artist at Bates.

Alexandra James of Portland works with the nonprofit Swift Urban Movement Project to teach a healthy, active and social lifestyle through dance.

Collective Motion, a Southern Maine-based modern dance company, was established in 2006 by Artistic Director Jennifer Bourgeault.

Molly Gawler, of Monroe, Maine, is known as a member of both Maine's folk-singing Gawler Family and the renowned Pilobolus Dance Company, with whom she has toured internationally in a leading role in "Shadowland."

Shawn Hove is a choreographer and dancer, lighting designer and media artist who served as video co-director for the Bates Dance Festival for a decade and is artistic director of the company "shove gently dance."

The Portland School of Ballet CORPS Program was created in 1994 by Portland Ballet as an innovative partnership with Portland High School, resulting in a pre-professional performing arts high school curriculum unique in Maine.

The Community Dance Project Ensemble of Saco, Maine is a non-profit agency dedicated to the infusion of dance in the Maine public school system. See **Showcase**, page 16

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Twin City Nights

Food for Thought spotlights "Franco-Americans of L-A"



James Myall, co-author of "The Franco-Americans of Lewiston-Auburn"

James Myall, co-author of "The Franco-Americans of Lewiston-Auburn" will be speaking at USM's LA Senior College Food for Thought Luncheon February 12 at 11:30 in Function Room 170, 51 Westminster St. The public is cordially invited.

Myall, who was Coordinator of USM Lewiston Auburn College's Franco-American Collection for four years, will read from his book on the history of the local Franco-American population from 1850 to 2014. Additionally, he will share some of the process of writing the book, surprises he and co-author Mary Rice-DeFosse uncovered during the writing process, and the treasure trove of history that lies in the Fran-

co-American community. Myall will also have the opportunity to share some exciting news about an upcoming project for USM's LAC Franco-American Collection in 2016 that will look for the involvement of the whole community.

The USM LAC's Franco-American Collection is one of the largest repositories of Franco-American archival material in the State of Maine. The Collection's over 15,000 items cover Maine's textile mills and shoe shops, in addition to local history, government, religion, language, education, industry, sports, music and the arts. Depicting Franco-American daily life and culture, it represents the past 40 plus years.

A native of Great Britain, James Myall has been an historian of Maine's Franco-Americans for several years. In 2012, he served as a consultant for the State of Maine's Taskforce on Franco-Americans. In addition to his work at the Franco-American Collection from 2010-14, he spent a year as Director of the Freeport Historical So-

ciety, and has taught college and senior college classes on local and Franco-American history at USM's LAC campus. He now works as a policy analyst at the Maine Center for Economic Policy in Augusta.

Senior College, now in its 18th year, presents the monthly 11:30 luncheon program in the Function Room 170 at USM LAC. The cost, which includes lunch, is \$7 with advance reservation or \$8 at the door. Reservations must be made by noon on Wednesday, February 10, by calling 753-6510. Any late callers will be considered "at the door."

Post 86 to host Public Supper

The American Legion Post 86 Auxiliary in Gray will present a Public Supper on Saturday, February 6 from 5 to 6 p.m. The proceeds will go to local Boy Scout Troop #86, who will help serve the beans, casseroles, salads and pies at the event. The cost will be \$8 for adults and \$4 for children under 12. The post is located at 15 Lewiston Road in Gray.

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Twin City Nights

CLT preps for “Shakespeare in Hollywood”



Rehearsing a scene from CLT’s upcoming “Shakespeare in Hollywood” are (l. to r., from front) Yoel Sherwood as the waiter, Andrea Quaid as gossip columnist Louella Parsons, Paul Menezes as “yes man” Daryl, Melissa Stevens as actress Lydia Lansing, Roger Philippon as studio boss Jack Warner, David Marshall as director Max Reinhardt, and Charlie Cole as Hollywood censor Will Hays.

L-A Community Little Theater is now rehearsing for its upcoming production of “Shakespeare in Hollywood.” Written by Ken Ludwig (“Lend

Me a Tenor,” “Moon Over Buffalo”) and directed by Mitchell Clyde Thomas, this fanciful and farcical romp set in 1930s Hollywood will run February 12 through 21.

On the Warner Brothers set of director Max Reinhardt’s “A Midsummer Night’s Dream” (an actual movie made in 1935), Shakespeare’s most famous fairies, Oberon and Puck, have magically materialized. Instantly smitten by the glitz and glamour of show business, they are ushered onto the silver screen to play (who else?) themselves. With a little help from a feisty and magical flower, studio denizens, including blonde bombshells, movie moguls, actors and others, are tossed into loopy love triangles, all with raucous results.

Performances will take place on February 12, 13, 18, 19, 20 at 7:30 p.m. and February 14 and 21 at 2 p.m. All performances will take place at Great Falls Performing Arts Center at 30 Academy Street in Auburn. Tickets may be ordered by calling 783-0958 or online at www.lactl.com.

Freeport Febfest showcases the arts

The second annual Freeport FebFest, a month-long festival celebrating the vibrancy and depth of the arts in Freeport, will feature returning events from the last year along with new events to expand the range of offerings. This moveable feast of Freeport art will spotlight painting, theater, music, poetry, prose, food, and more at assorted venues around town.

Freeport Players, which spearheaded the creation of FebFest last year, continues to lead the effort. Freeport is home to many arts and cultural organizations, artists, artisans, and crafts people, and perfor-

mances, workshops and exhibits take place throughout the year. “A lot goes on in the town’s arts sector, even in the dead of winter,” said Elizabeth Guffey, Managing/Artistic Director of Freeport Players. “This festival puts the spotlight on the cultural life of the community.”

The FebFest 2016 calendar already includes a variety of great events featuring Freeport Players, MASISTA, L.L. Bean, Freeport Community Library, Freeport Historical Society, Greater Freeport Community Chorus, Art Guild of Freeport, FreeportUSA and others, with more to be scheduled. Some of

the events already planned include Freeport Historical Society’s new exhibit, “Logging in the Maine Woods, 1915-1928: The Paintings of Alden Grant”; poet Jennifer Lamson-LaPlume reading from her work at Freeport Community Library on February 8; Tom Acousti in concert at First Parish Congregational Church on February 13; FreeportUSA’s “Flavors of Freeport” February 19 through 21; and workshops on a variety of topics offered through Freeport Community Education. For more information, including an up-to-date events calendar, see www.FreeportFebFest.org.

Showcase

Continued from page 15

The project is directed by Emma Arenstam Campbell, a member of the Bates Class of 2008.

The Colby Dancers are directed by Annie Kloppenberg, assistant professor of theater and dance at Colby College, who has founded and co-curates Moving Target Boston and teaches and performs nationally with the improvisational ensemble “Like You Mean It.”

Laura Peterson is a New York City-based dance artist and choreographer. Her work “Forever” was

recently performed at the John F. Kennedy Center for the Performing Arts in Washington, D.C. indiedanceworks is a Portland-based company that has performed throughout Maine and New England.

It was established in 2009 by Susan Thompson-Brown and Lisa Quijano Wolfinger.

Portland Youth Dance is a nonprofit agency serving Greater Portland by providing a pre-professional dance company and outreach programs for kids and teens.

Mary Anne Bodnar, a Bates College senior from New York City, will perform her piece “Sparkle.” Jorge Piccole, a Bates

College sophomore from Middleton, Mass., will perform a hip hop solo.

Melinda Buckwalter, Kristen Stake and Jacob DeRaadt will present a piece titled “Last Chance to Get It Right.” Buckwalter is a dance writer and movement researcher from Western Massachusetts who is a visiting lecturer in dance at Bates; Stake is a dance artist and poet from Portland who teaches contact improvisation; and DeRaadt is a sound artist from Portland who works with field recordings, tape manipulation, amplified metal and the human voice.

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EVENTS

FRANCOCENTER.ORG

- THIS WEEKEND -

F.A.B. DANCE SHOWCASE

Saturday FEB 6 7:30 p.m.

DOORS/BAR OPEN 6:30 P.M.

Ticket \$15; Senior \$12; Students \$5

REGINA BONELLI

NY BLUES HALL OF FAME SINGER/SONGWRITER

OPENING ACT: Continental Shakedown

Saturday FEB 20 8:30 p.m.

DOORS/BAR OPEN 7:30 P.M.

Ticket \$10

FROM BANDSTAND TO BILLBOARD

Saturday FEB 27 7:30 p.m.

DOORS/BAR OPEN 6:30 P.M.

Ticket \$12; Senior & Student \$10

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Mother & Son Valentine Ball

Sunday, Feb 14 ♦ 2:00 pm - 4:00 pm

The Ramada Inn, Lewiston

Start a tradition and bring your son to the Mother-Son Valentine Ball sponsored by The Public Theatre. Boys ages 4 to 12 years old are sure to treasure this special time with their Moms (or Grandmothers!)

Refreshments ♦ Dancing

Raffles ♦ Professional Photographer* Special Surprises

\$40 for one couple

\$5 for each additional son

Buy tickets online at thepublictheatre.org or call 782-3200

*Optional 8x10 photos may be purchased at the Ball for just \$20

Tickets must be purchased in advance. All proceeds benefit The Public Theatre, a non-profit professional theater.

Thursday, February 4
Legal Advisory Workshop. Noon to 1:30 p.m. Chamber of Commerce, 415 Lisbon St., Lewiston. Atty. Elliott Epstein of Andrucki & King discusses “Mental Illness in the Workplace.” \$50 (members \$25). 783-2249. Register at www.androscoggincounty.com.

Auburn Business Assoc. Meeting. 5:30 p.m. Gipper’s Sports Grill, Auburn. Kevin Mannix discusses his recent book “Weathering Shame.” Copies avail. for purchase. \$25 admission fee includes dinner. Reserve at gwhitney@avcog.org.

Modern Square Dancing Lesson. 6:30 to 7:30 p.m. Martel Elementary School, corner East Ave. and Rte. 196, Lewiston. The Twin City Spinners introduce newcomers to this fun physical and social activity; singles, couples, families, kids with participating adult welcome. Free. 841-7959; TCS.DanceForFun.ME.

Friday, February 5
150th Anniversary Party. Norway Savings Bank. Help the bank launch its yearlong celebration by stopping into any of its 24 branch locations today for cake, refreshments, and a chance to win prizes. www.norwaysavingsbank.com.

Valentine Soiree. 6 p.m. Holy Trinity Parish Hall, Frost Hill Ave., Lisbon Falls. This event features a turkey dinner, door prizes, and a concert by the Nor’Easters Barbershop Chorus; proceeds benefit the food pantry and clothing bank of Lisbon Area Christian Outreach. \$15.

Saturday, February 6
Paper Crafting & Scrap Booking Day. 8 a.m. to 5 p.m. Dominican Rm., Basilica of Sts. Peter & Paul, Bartlett St., Lewiston. Pres. by Knights of Columbus Council 106, this event benefits St. Martin de Porres. \$35. Space limited; reserve spot at 784-5307.

Stanton Bird Club Field Trip. Meet at 8 a.m. at the Staples end of the Promenade Mall parking lot, 855 Lisbon St., Lewiston. Dan Marquis leads this “Leader’s Choice” excursion.

Calendar

See more Calendar at www.TwinCityTimes.com

All welcome; carpooling arranged onsite, group returns to Lewiston c. noon. Free. 513-8213.

Genealogy Conference. 2 p.m. Community Room, Auburn Public Library. Nancy Milliken Mason discusses genetic genealogy; Keith Ludden discusses oral history. Pres. by Andro. Historical Soc. Free. 784-0586.

Public Supper. 5 to 6 p.m. American Legion Post 86, 15 Lewiston Rd., Gray. Beans, casseroles, salads and pies; pres. by the Post Auxiliary, served by Boy Scout Troop #86, who benefit from the event. \$8 for adults, \$4 kids 11-.

F.A.B. Winter Dance Showcase. 7:30 p.m. Franco Center, 46 Cedar St., Lewiston. Artists and ensembles from around the region perform in a variety of styles; pres. w. Bates College. \$15/12, avail. at bit.ly/FAB16; students \$5 (payable in cash at door only). 689-2000.

Sunday, February 7
White Mass. 10 a.m. Basilica of Saints Peter & Paul, 122 Ash St., Lewiston. The Diocese of Portland offers this special mass to thank and bless area health care professionals; those of all faiths invited to attend.

Table Tour. 11 a.m. to 1 p.m. Viles Arboretum, 153 Hospital St., Augusta. Prepare for the big game by getting some outdoor activity on the groomed trails while sampling foods from area eateries. \$25 (\$10 ages 10-); toddlers free. 626-7989; www.vilesarboretum.org.

Author Visit. 3 p.m. Congregational Church, 3 Gray Rd., North Yarmouth. Rinker Buck discusses his best-selling book “The Oregon Trail: A New American Journey,” which chronicles his cross-country journey by covered wagon. Free. 892-0188.

Super Bowl Party. 4 p.m. Franco Center, 46 Ce-

dar St., Lewiston. This family-friendly event features food concessions, raffles, kids’ activities, a cash bar and a 10-foot viewing screen. \$5 (kids ages 5- free). 783-1585; www.francocenter.org.

Wednesday, February 10
Her Heart Luncheon. 11:30 a.m. to 1:30 p.m. Hilton Garden Inn, Auburn. At this 3rd annual event, cardiologist Dervilla McCann, M.D., and medical oncologist Nicholette Erickson, M.D., discuss “Prevention and Minimizing Risks in Women.” \$25 (incl. lunch). Advance regis. required. www.maine-womens-network.memberlodge.org.

Intro. to Self-Employment. Noon to 2 p.m. Auburn Public Library. Learn about the pros and cons of owning your own business, steps to get started, parts of a business plan, and resources to help you succeed. Pres. by New Ventures Maine. Free. Register at 557-1885.

Open House. 7 p.m. MTM Center, Lisbon Falls. Lisbon Historical Society hosts its annual Valentine’s Party and Open House for members and guests; bring hand-made cards to exchange, holiday-themed foods for refreshments table. 353-8510.

Thursday, February 11
Legal Advisory Workshop. Noon to 1:30 p.m. Chamber of Commerce, 415 Lisbon St., Lewiston. Reps. from Linnell, Choate & Webber discuss “The Small Claims Court Process for Account Collection and Other Business Disputes.” \$50 (members \$25). Register at www.androscoggin-county.com.

Understanding Pacemakers. 1:30 p.m. Chairmen’s Rooms, lower level, 12 High Street (near CMMC), Lewiston. An expert in pacemaker management, physician assistant Joe Sala discusses the ins and outs of these lifesaving devices.

Free. Register at 795-8448.

Women and Heart Disease. 2 p.m. Women’s Literary Union, Foss Mansion, 19 Elm St., Auburn. Kathleen Harper, D.O., FACC, discusses the ways cardiac disease impacts women. Members free; non-members \$5. 795-8448; prevention@cmhc.org.

Mainers Helping those in Africa. 6:30 p.m. Community Room, Auburn Public Library. Joanne Bollinger, Advisory Board Chair of nonprofit agency WISE, discusses “Mainers Helping those in Africa.” Free. 333-6640, ext. 4.

Friday, February 12
Food for Thought Luncheon. 11:30 a.m. Function Room 170, Lewiston-Auburn College. Co-author James Myall discusses his book “The Franco-Americans of Lewiston-Auburn.” \$7/8 (incl. lunch); regis. by noon on 2/10 for discount price. 753-6510.

Theater: “Shakespeare in Hollywood.” 7:30 p.m. Great Falls Performing Arts Center, 30 Academy St., Auburn. Community Little Theater presents Ken Ludwig’s farcical romp set in 1930s Hollywood. Again 2/13-14, 18-21 (Suns. at 2 p.m.). For ticket info, call 783-0958 or see at www.laclt.com.

Saturday, February 13
Valentine’s Dinner. 5:15 p.m. Norlands Living History Center, Livermore. Celebrate the holiday in 19th-century style with a tour, three-course meal by lamplight, and living history program. \$30 per person. Seating limited; purchase tix by Feb. 10. 897-4366; norlands@norlands.org.

Sunday, February 14
Mother & Son Valentine Ball. 2 to 4 p.m. Ramada Inn, Lewiston. Dancing, refreshments, raffles; professional photos avail. for purchase. Tix \$40 per mother-son pair, plus \$5 for ea. add’l son. Pres. by the Public Theatre. 782-2211; www.thepublictheatre.org.

Thursday, February 18
Theater: “Shakespeare in Hollywood.” 7:30 p.m.

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The Choice (PG-13)	12:50	3:50	6:50	9:20
Hail, Caesar! (PG-13)	1:10	4:10	7:00	9:25
Pride And Prejudice And Zombies.... (PG-13)	1:20	4:20	7:15	9:40
Dirty Grandpa (R)	1:30	4:15	7:20	9:35
The Finest Hours (PG-13)	1:00	4:00	7:05	9:40
The 5th Wave (PG-13)	12:40	3:20	6:40	9:15
The Revenant (R)	12:20	3:40	7:25	xxx
Star Wars: The Force Awakens (PG-13)	12:30	3:30	6:45	9:45
Kung Fu Panda 3 (PG)	12:00	2:20		
		4:35	6:55	
Kung Fu Panda 3 3D (PG)				9:10
Fifty Shades Of Black (R)	1:40			9:30
Ride Along 2 (PG-13)		4:30	7:10	

Great Falls Performing Arts Center, 30 Academy St., Auburn. Community Little Theater presents Ken Ludwig’s farcical romp set in 1930s Hollywood. Again 2/19-21 (Sun. at 2 p.m.). For ticket info, call 783-0958 or see at www.laclt.com.

Saturday, February 20
Stanton Bird Club Field Trip. Meet at 8 a.m. at Staples end of Promenade Mall parking lot, 855 Lisbon St., Lewiston. Steve Reed leads this “Winter Tracking” excursion to Woodbury Nature Sanctuary in Monmouth. All welcome; carpooling arranged onsite, group returns to Lewiston c. 11 a.m. Free. 319-6630.

Sunday, February 21
Gardening Without Aches and Pains. 2 to 3:30 p.m. St. Paul’s Episcopal Church, corner Pleasant, Union Sts., Brunswick. Ellen Gibson of U Maine Cooperative Extension discusses how to avoid joint, muscle and back pain while gardening. Suggested donation \$5. 798-5899; www.btl.org/gardeing-workshops.

Tuesday, February 23
Clean Up Your Credit. 10 a.m. to noon. Auburn Public Library. Chris Davis of New Ventures Maine covers the basic concepts of credit, strategies for reducing debt and repairing credit, credit reports, and credit scores. Free. Register at 333-6640, ext. 4.

Legal Advisory Workshop. Noon to 1:15 p.m. Chamber of Commerce, 415 Lisbon St., Lewiston. Reps. from Isaacson & Raymond

discuss “Like Kind Exchanges (sometimes called 1031 exchanges) for Real Estate.” \$50 (members \$25). Register at www.androscoggincounty.com.

Saturday, February 27
Poker Run. 4 to 6 p.m. Reggie’s Kawasaki & Ski-Doo, 225 Rte. 202, Leeds. Pres. by Community Credit Union, this event supports the annual Campaign to End Hunger. Cost includes franks and beans dinner and fireworks. For event details, see www.communitycreditunion.com.

Sunday, March 6
Basic Pruning Techniques. 2 to 3:30 p.m. St. Paul’s Episcopal Church, corner Pleasant, Union Sts., Brunswick. Arborist Tim Vail demonstrates various cuts while discussing how and when to prune. Suggested donation \$5. 798-5899; www.btl.org/gardeing-workshops.

Tuesday, March 8
Legal Advisory Workshop. Noon to 1:30 p.m. Chamber of Commerce, 415 Lisbon St., Lewiston. Reps. from Brann & Isaacson discuss “Trademarks.” \$50 (members \$25). Register at www.androscoggincounty.com.

Sunday, March 20
Get Your Maine Garden On. 2 to 3:30 p.m. St. Paul’s Episcopal Church, corner Pleasant, Union Sts., Brunswick. At this TSCG fundraiser, the Portland Press Herald’s “Maine Gardener” Tom Atwell discusses new gardening trends for 2016. \$10. 798-5899; www.btl.org/gardeing-workshops.

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