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FORMER CROSBY MAYOR HUNTER VINDICATED PAGE 2

COMMUNITY EVENTS PAGE 3

> **OBITUARIES PAGES 4 & 5**

READER'S RIBBETS PAGE 5

> **CLASSIFIEDS** PAGE 6

> > **LEGALS** PAGE 7

Be aware of tips for avoiding conflicts bears this spring



Be aware of bears this spring and check property for food sources that could attract bears.

"Bears are roaming around now with the loss of snow and warmer weather, so interactions with people have started in many areas of Minnesota." said Eric Nelson, wildlife damage program supervisor for the Department of Natural

As bears emerge from hibernation, their metabolism gradually ramps up and they will begin looking for food at a time when berries and green vegetation can be scarce. Remove attractants such as bird seed, garbage, livestock feed, or compost to reduce potential conflict. Attracting bears to yards can lead to property damage and presents dangers to bears.

Black bears are the only bear species that live in the wild in Minnesota. They usually are shy and flee when encountered. Never approach or try to pet a bear. Injury to people is rare, but bears are potentially dangerous because of their size, strength and speed.

The DNR does not relocate

problem bears. Relocated bears seldom remain where they are released. They may return to where they were caught or become a problem somewhere else.

The DNR offers some tips for avoiding bear conflicts: Around the yard

Do not feed birds from April 1 to Nov. 15. Anytime you feed birds, you risk attracting bears.

If you must feed birds, hang birdfeeders 10 feet up and 4 feet out from the nearest trees. Use a rope and pulley system to refill birdfeeders, and clean up spilled seeds.

Do not put out feed for wildlife (like corn, oats, pellets or molasses blocks).

Replace hummingbird feeders with hanging flower baskets, which are also attractive to hummingbirds.

Do not leave food from barbegues and picnics outdoors. especially overnight. Coolers are not bear-proof.

Clean and store barbeque grills after each use. Store them in a secure shed or garage away from windows and doors.

Elevate bee hives on bearproof platforms or erect properly designed electric fences.

Pick fruit from trees as soon as it's ripe and collect fallen fruit immediately.

Limit compost piles to grass, leaves and garden clippings, and turn piles regularly. Do not add food scraps. Harvest garden produce as it matures. Locate gardens

away from forests and shrubs that bears may use for cover. Use native plants in landscaping whenever possible.

Store pet food inside and feed pets inside. If pets must be fed outdoors, feed them only as much as they will eat. Garbage

Store garbage in bear-resistant garbage cans or dumpsters. Rubber or plastic garbage cans are not bear-proof.

Keep garbage inside a secure building until the morning of pickup.

Properly rinse all recyclable containers with hot water to remove all remaining product.

Store recyclable containers, such as pop cans, inside.

People should always be cautious around bears. If bear problems persist after cleaning up food sources, contact a DNR area wildlife office for advice.

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Send the NEWSHOPPER **Your Photos and Events!**

Got an interesting photo and story to share? Just send it to hopper@crosbyironton.net, along with your name, city and a description of the photo. We also accept news and community events. And who knows, you may see your submission next week in the NewsHopper!





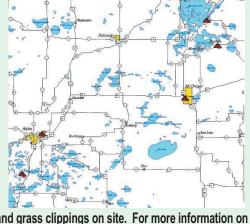
Aitkin County has several places where you can bring your leaves and lawn clippings free of charge.

- 1. City of McGregor
- 2. Shamrock Township
 - (Sites located off of County Rd 6 and 40.)

3. Aitkin County

(Located 6 miles south of Aitkin at the Oakridge Landfill.)





In addition, you may compost your leaves and grass clippings on site. For more information on composting, contact the Aitkin County Environmental Services Department at 218-927-7342.

BACKYARD COMPOSTING

Composting is a process that allows naturally occurring microbes to convert yard waste such as leaves and grass clippings, and fruit and vegetable scraps to a useful organic soil amendment or mulch. The following information should get you started in composting the organic material found on your property.

1) Collect organic wastes such as leaves, grass clippings, fruit and vegetable scraps, and put them in a convenient but unobtrusive spot out of the wind and direct sunlight.

2) Build the compost pile in layers (a 5' X 5' X 5') compost pile is the largest you should need. You can begin with a layer of twigs 4 to 6 inches thick for good air circulation. Next add eight to ten inches of the above organic wastes. You can add equal parts of leaves and grass clippings for optimal composting. 3) Wet the pile to the point of being moist, but not soggy. If the pile gets to wet, you can turn it more frequently to dry it out or add more brown materials to soak up the excess moisture. 4) In about a week your compost will be ready for turning. Turn the pile every

few days if you'd like finished compost in a month or so. Turning it less often will increase the composting time.

5) The compost is finished when the material is dark, crumbly and fresh smelling.

The finished compost can be used as a soil amendment by adding porosity, nutrients and water retention.
For more information on composting, contact the

Aitkin County Environmental Services Department at 218-927-7342.

NewsHopperTM All charges against Hunter resolved by acquittal or dismissal — for now

accusations."

After a two-year-old legal battle, 70-year-old former Crosby Mayor, James Hunter has been vindicated on all criminal charges that were filed against him.

On Friday, April 19, the last two pending criminal charges were dismissed in Crow Wing County District Court in Brainerd.

However, according to a Brainerd Dispatch article, Crow Wing County Attorney Don Ryan is considering acquittal after trial, and three re-charging Hunter with a misdemeanor for falsely reporting a crime.

Ryan could not be reached for comment.

"Mr. Hunter and I are pleased to announce that the remaining charges against Mr. Hunter have been dismissed," said Hunter's Attorney Ed Shaw. "Out of a total of seven charges brought against Mr. Hunter, four were resolved by

Hunter and Shaw have worked their way through the court system. Shaw feels the charges were politically motivated. "The arrest happened

were dismissed shortly before

trial by the County Attorney's

Office. This ends an over two

year long process where Mr.

Hunter was arrested without

notice, and charges were filed

against him based on false

For the past two years,

shortly after he took office as Mayor of Crosby," Shaw said. "He had been a critic of the leadership of the police department. It appears that the leadership initiated the charges to discredit him, and prevent him from implementing needed reforms at the police department. The charges were prosecuted by

the Crow Wing County Attorney's Office, even though the police department leadership was investigating and prosecuting their own mayor. They did not follow standard procedure and refer the case to an outside law enforcement agency."

Shaw said the ordeal took an emotional toll on his client and damaged Hunter's reputation.

"Despite having a clean record," Shaw said "Mr. Hunter was jailed, his mug shot was shown all over local and twin cities media. Banks and accountants stopped doing business with him based on the accusations. It will be very difficult or impossible for him to repair the damage done to his reputation."

He also spoke about the financial toll.

"The investigation and

prosecution cost Mr. Hunter tens of thousands of dollars in lost business and court costs," said Shaw. "Tens of thousands of dollars of taxpayer funds were wasted by the Crosby Police Department, and the Crow Wing County Attorney's Office investigating and prosecuting Mr. Hunter."

Shaw asks for transparency and accountability.

"It is our goal that those responsible for initiating, and prosecuting Mr. Hunter, based on false accusations, be held accountable," said Shaw. "Until the Crosby Police Department is lead by individuals who respect the rule of law and treat all citizens fairly, no citizen of Crosby will be safe from false arrest. The citizens of Crow Wing County deserve a County Attorney's Office who will only prosecute citizens when there is solid evidence that they have committed a crime. All of us deserve the equal protection of the law.

"We are asking that the files concerning the investigation and prosecution of Mr. Hunter be opened to the public. The citizens of Crosby, and Crow Wing County deserve to know how much money was spent by the Crosby Police Department, and the Crow Wing County Attorney's Office, and who was responsible for deciding to investigate and prosecute Mr. Hunter.

"It is our hope that full disclosure will prevent the legal process from being used for political purposes again. No citizen should have to go through what Mr. Hunter did, it is our goal to prevent this type of abuse of the legal system from ever happening again in this county."

Burning restrictions

Warm temperatures and dry conditions mean increased wildfire risk, so the Minnesota Department of Natural Resources will restrict open burning in the following counties effective immediately: Anoka, Benton, Chisago, Douglas, Grant, Hennepin, Isanti, Kanabec, Mille Lacs, Morrison, Pine, Pope, Ramsey, Sherburne, Stearns, Stevens, Todd, Traverse, Washington, and Wright.

The state will not issue burning permits for brush or yard waste in these counties until restrictions are lifted.

"Escaped debris burns are the number one cause

of wildfires, so that's why we issue these restrictions," said Casey McCoy, DNR fire prevention supervisor. "They really work—we've reduced wildfires by nearly a third since we started spring burning restrictions in 2001."

McCoy encourages residents to use alternatives to burning, such as composting, chipping, or taking brush to a collection site. For information on how to compost yard debris, visit the DNR's guide to composting yard debris.

People who burn debris will be held financially responsible if their fire escapes and burns other property.

DNR conservation officer dies in line of duty

Funeral services were held on Friday, April 26 at the Pine City Civic Center for a Minnesota Department of Natural Resources conservation officer who died in the line of duty following an incident Friday, April 19, on Cross Lake in Pine City.

CO Eugene Wynn, who patrolled the Pine City station, and a deputy with the Pine County Sheriff's Office were responding to a report of a possible body in the water. The two officers launched Wynn's boat and motored away from shore.

Within a minute, both were thrown from the boat into the water. Rescuers were able to rescue the deputy, who was treated and released from the hospital, but Wynn slipped beneath the water before rescuers could get to him. Wynn's body was recovered at 1:35 a.m. on April 20.

An autopsy will be conducted. The Pine County Sheriff's Office is leading the investigation into the incident. Questions about the investigation should be directed to the sheriff's office at 320-629-8380.

Once called game wardens, conservation officers have protected Minnesota's natural resources and people Wynn is the 22nd Minne-

since 1887.

sota conservation officer to die in the line of duty. He had been a conservation officer since 2001. Wynn is survived by his wife and two children.

"Words can't describe the sense of loss we feel at this time," said DNR Commissioner Sarah Strommen. "Officer Wynn's service to the state of Minnesota is a debt we can never repay."

Col. Rodmen Smith, DNR Enforcement Division director, said, "Officer Wynn served the Enforcement Division, the DNR, and the people of Minnesota with

distinction. We're devastated by his loss and ask the people of Minnesota to keep Officer Wynn and his family in their thoughts during this difficult

"As a first responder, peace officer, and protector of Minnesota's natural resources, Officer Eugene Wynn dedicated his life to keeping Minnesotans safe and making our state a better place to live," said Governor Walz. "Gwen and I send our deepest sympathies to his family and on behalf of the State of Minnesota, we thank him for his many years of selfless



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OMMUNITY EVEN

Ongoing Events:

AA - Aitkin - 322 1st Ave. NE 218-927-6240 Sun. Women's Meeting 5:30, Mon. Step Study 7:00pm Open, Tue. Big Book Discussion Meeting 6:30pm Open, Open Meeting 8:00pm, Wed. Women's Meeting 6pm, Thu. Sober Sailors Open 9am.

AA Garrison: Monday Night AA (open) 7:30 PM and Wednesday 7:30 PM at Community Alliance Church, 9475 Jef-

ALANON - 322 1st Ave NE, Aitkin 6:30 pm Thursday evenings.

ALANON Garrison: Wednesday 7:30 PM at Community Alliance Church, 9475 Jefferson St.

Aitkin Friends of the Library meet 4th Tue. each month, 1 pm, Aitkin Public Library. Aitkin IOOF 164 meeting every 4th Monday

Aitkin Lions meet on the 3rd Tuesday at 6 pm at the Aitkin Forty Club restaurant. Call 218-839-3954 for more info.

Aitkin Rebekah lodge. 151. Meets the 1 st and the 3rd Tuesday of each month. Come join us. We meet at the IOOF hall. 22 2nd st. Above the Napa auto parts store. The 1st tues. is a business meeting. The 3rd one is a social meeting

Aitkin Women of Today meet 2nd Mon. of month, 6:30 pm, Mille Lacs Energy Coop, info call 218-927-4558. Evening care is available and free. All are wel-

Alzheimer's Support group meetings at ANGELS in McGregor meets the 1st Thurs, every month at 1 pm.

American Legion Aitkin Lee #86 & Unit 86, meets the 2nd Thurs. of each month at

Art Club meets on the second and fourth Tuesdays at the Jaques Art Center in Aitkin, 1-3 pm

"Ask an Attorney", Aitkin Co. Sheriff's conference room, 4th Tues. of month at noon. Blow-Hards, a lung disease support group, meets the 4th Thu. of each month, Kanabec Hospital in Mora. Contact Carol,

320-225-3646.

Buddhism-Nichiren meetings held at the Brainerd Public Library conference room on the 3rd Saturday of every month at 1 pm. For information contact Mike Engblom-Bradley 936-525-7843.

Care N Share Community Cafe Community Meal, Wednesdays Located in the fellowship hall in the Weslayson Church on Highway #6 in Emily. Please call Sharon - 612 669-3295

Caregiver/Memory Loss Support Group. Meets the first Wed., 1-2 p.m. at Birchstreet Center, downtown Aitkin. 218-9271383.

Circles of Support meets every Tue., 6-8 pm If you are living paycheck to paycheck and are ready for a change, Circles may be right for you, call Brandi, 800-997-5723.

Clear Lake Grange meets second Tue. each month, 6 p.m. potluck, 7 p.m. meeting. Meets at the Aitkin Library Community Center. More info call Bonnie 218-927-3485 or Roxy 218-927-4558.

Clothes Closet offers free clothing to men and women in need, open the fourth Saturdays of each month from 8 a.m. - noon. Located at 6297 Woods Bay Drive NE, just north of the Hwy. 6 bridge in Outing. For more information call 320-857-0182. Donations of clean, repair free clothing accepted that time

Co-dependants Anonymous meeting. 332 1st Av. NE Aitkin. Wednesday evenings.

Cooks Night Out - 3rd Wed of month, Mc-Gregor Comm. Ctr., 5:30 p.m., no restrictions, donations welcome,

Cuyuna Rock Gem & Mineral Club, meet 2nd Sat. each month, 2:30 at the lower level of the Franklin Arts Center at 1001 Kingwood St, Brainerd.

Dance every second Tuesday at Moose in Grand Rapids.

Dance at VFW in McGregor every 1st Monday of the month, except holidays which will be on the following Monday

Dance at Waukenabo the second and last Wednesday of the month.

Deerwood Lakes Lions meet the 2nd Monday of each month at the Heartwood Senior Living Complex. Social begins at 5:30pm followed by Dinner/Meeting at 6:00pm. We are very involved in community events and would love to have you join us. If you would like to come to a meeting and see what we do or going to be doing, please call Lion Nancy at 218-678-4165 and let me know by the Thursday before our meeting.

Dyed in the Wool Spinners meeting 1st Tuesday of the month 1-4 p.m. If you knit, crochet, spin, weave or do any other fiber arts please join us in the Club Room at the Security State Bank, 402 Minnesota Ave. N., Aitkin.

Emily Community Care N Share is serving meals on Wednesdays in the fellowship hall at the Wesleyan Church, Highway

Evergreen P.A.C. ATV Club meetings 1st Thu. each month, 7 pm, Jackson Hole, Lawler, open to public.

FASD Caregiver Support Group - For caregivers of individuals with a diagnosed or suspected Fetal Alcohol Spectrum Disorder (FASD). Meet with other caregivers (adults only please) for support, understanding, and networking. Meetings are 9 am the second Saturday of each month at Bethlehem Lutheran Church, 418 8th Ave. NE, Brainerd. For more information, please contact Sheila York at 218-820-5903 or syork@mofas.org

Friends of Rice Lake National Wildlife Refuge meet 3rd Wed. each month, at 1 pm. at the Visitor Center at 36289 State Hwy. 65, McGregor 218-768-2402

Food Addicts in Recovery Anonymous Meeting Tuesday evenings, 6:30 pm small conference room at Aitkin Library. No dues, fees or weigh ins. For more information call: 217-248-6434. www. foodaddicts.org

Food Shelf (Aitkin) Open every Wednesday, 10:30 am - 3 pm. 102 4th St. NW,

Food Shelf (Aitkin) at First Lutheran Church open on 2nd and 4th Thurs, 9:30 am-5 pm, at 107 2nd St SE, Aitkin. Must register by 4:45 pm to be served.

Food Shelf (Aitkin) Emergency Food Shelf at St. James Catholic Church, Aitkin. Hours are Tuesday from 12 to 3 pm. To enter the food shelf go to the South side of the building, go to the 4th door and look for signs

Food Shelf (Emily) First Wednesday of the month for produce and bakery only, 9:30 - 11:00 am. Third Wednesday distribution 9:30 - 11:00 am, followed by Thursday distribution 5:30 - 6:30 pm. Enter from south door.

Food Shelf (Garrison) Open Tue. & Thu. 1-5 pm, at 9541 Madison Street; Garrison. For emergency Food Shelf, call 320-692-5399 and leave a message.

Food Shelf (Hill City) Trinity Lutheran Church 3rd Saturday 8 am - Noon or by

Food Shelf (Jacobson) Carmel Lutheran Church

60346 240th Ave, 1st and 3rd Thursday, 4 - 6 pm

Food Shelf (McGregor) 45898 Hwy 65 2nd and 4th Wednesday of Month 9 am -

Garrison Fire Auxiliary meets 2nd Thu. 7:30 pm, Garrison Fire Hall.

Garrison Thrift Store, Thurs.-Fri. 10-4, Sat.

Gamblers Anonymous 7 pm Thursdays at the Heritage Church on College Drive in Brainerd. This is a closed meeting. Anyone who has a desire to stop gambling is welcome. For more info call 715-821-

Heart to Heart Support Group, 4th Tue. of month, 2 pm, Kanabec Hospital, int. of Hwy. 65 & 23, Mora.

Jacobson Seniors meets every Thu., 10-2 pm at Jacobson Comm. Ctr. Potluck at noon. Beverage provided. All are welcome. For more info., 752-1515.

Marsh and Meadows Hunting Retriever Club, Mon. 5:30 pm in Pequot Lakes, for more info call Brett 651-270-5648 or facebook/Marsh and Meadows Hunting Retriever Club

McGrath City Council, first Thu. of the month, 6:30 pm at fire station hall

McGrath Senior Center meets every Mon. 1-4 pm, cards & games, all are wel-

come. McGregor Community Meal sponsored by ANGELS served at the Community Center on Highway 65 on the 3rd Wednesday of each month serving

from 5:30 - 6:00 pm. McGregor TOPS (Take off Pounds Sensibly) meets Thu., 4 pm weigh in, 4:30 Minnewawa Sportsman's meeting, Club, Goshawk St. (Co. Rd. 6). 218-768-2340 for more info.

McGregor VFW hosts a dance the 1st Monday every month at 1pm.

MS Support Group, meets the 1st Thu. of the month at 7 pm, 606 NW 5th St, Brainerd, 218-824-5228.

Mystic Masonic Lodge meets 1st & 3rd Tuesdays of the month at 7 pm except June, July & August meet only 1st Tuesday at 7 pm over the Eye Care Center in Aitkin.

National Alliance on Mental Illness meet Fri., 2:30, Community Presbyterian Church, 703 Pokegama Ave., room 105, Grand Rapids, Call Terrence at 218-327-1347.

North Central MN Farm & Antique Assn. meet 1st Wed. of month, Blackberry Town Hall. Info: Bruce 218-752-6592.

ORDER OF EASTERN STAR, Woodland Chapter #122 in Aitkin meets 2nd and 4th Tuesdays each month at 7PM, EXCEPT January, February and July which are dark . 4th Tuesday in June and 2nd Tuesday in August also are dark. Meetings are held on 2nd floor of the EyeCare Center 312 Minnesota Ave No. Aitkin, MN

Operation Minnesota Nice meets 3rd Monday each month at 6 pm at Trinity Lutheran Church, Hill City. For info call Tina Harcey at 218-697-8144. www.operationminnesotanice.com.

Overeaters Anonymous 9:30am at Aitkin Library, 7:00pm at 112 1st Ave SW house next to New Life Church. Everyone is welcome, especially newcomers. OA is a 12 step program fashioned after AA. Not a diet club, no dues or fees or weigh-ins. For more info: OA.org, or call meeting contact Cheryl at 770-576-5984.

Praise & Worship Services, 101 S. Maddy St., McGregor, Intercessory prayer Wed 6-7 p.m.; Praise & Worship Services Sat. 2 pm, Sun 10 am.

Recovery Worship Service, Cascade United Methodist Church, Crosby/Deerwood, 1st Sat., 5 pm. Everyone is wel-

Rosary is ongoing the fourth Tuesday of each month at 1 pm at the Big Fish, Garrison, contact Jean at 218-764-2665 for more info.

RSVP Bone Builders (Osteoporosis exercise program) Tue & Thu: 10-11 First Lutheran Church, Aitkin; 11:30-12:30 Blackrock Terrace, Aitkin; 12:45-1:45 Journey North Church, Aitkin; Wed: 10-11 Malmo Evangelical Free Church. Malmo & Fri: 10-11 Bethesda Lutheran Church, Malmo. Free of charge. Info call 218-927-1383.

Second Tuesday Card Party, Deerwood American Legion. Open to public, 1 pm social, card playing 1:30-3:30 pm. Cost \$3 per person. Refreshments.

Senior Dance at Deerwood Legion, 1-4 pm, 1st and 3rd Fri. each month.

TOPS Aitkin (Take Off Pounds Sensibly) Every Tues at East Entrance, First Lutheran Church, 101 2nd St SE, Aitkin Weigh in at 4:30pm and meeting at 5pm TOPS Ironton (Take Off Pounds Sensibly) meet Monday, 4 pm weigh-in, 4:30 pm

meeting at Immanual Lutheran Church, Crosby. Call Mabel Semler 218-546-6523 for meeting location information. Weight Watchers (now called WW) meets

at Hallett Center in Crosby every-Wednesday at 5:45 pm. Weigh in begins at 5:15 pm. For more information call 218-820-9725

White Pine Riders ATV Club meet 2nd Sat. each month (Feb. - Oct.) at McGrath Fire Hall, 10 am, open to public.

27th - Crappie Flop Fishing Contest Call 218-546-6912 for more information.

27th - Needle-felted nest workshop with Lisa Jordan at the Crossing Arts Alliance located in downtown Brainerd. for beginning or interr needle-felters ages 10 and up. Using a specially barbed needle, fluffy wool, and a variety of ribbons, trims, and natural materials, students will create a one-of-a-kind nest. All materials are included. \$25 for Crossing Arts members, \$30 for non-members.

29th - The final Verse Like Water reading of the year will be Pulitzer Prize winning poet Peter Balakian, at noon in the Chalberg Theatre. This event is also free and open to the public.

May

1st - Unlimited Range Opening Reception, 2 - 5 pm at Central Lakes College Art Gallery, #E422. The exhibition is free and open to the public May 1 - 17 M-F 9 a.m. - 3 pm.

2nd - Aitkin Area Chamber Spring Dinner Fish Fry at the American Legion for dinner, awesome raffles, and door prizes. 218-927-2316

2nd - Garden Club Of Cuyuna Lakes Free Class Join U of M Master Gardener Coralee Fox at Mixed Company from 5:30 -7:00 pm. There is no charge to attend and reservations are not neces-

2nd & 3rd - Immanuel Lutheran Church of Crosby Rummage and Bake Sale.

4th - Bay Lake Area Lions Crafts, Cake & Coffee, 10 a.m. - 3p.m. at the Deerwood Auditorium

askdrsmith.com featuring Dr. Murray Smith **Stomp out Neuropathy**

As spring rolls in and the doors fly open, most of us are looking forward to popping our shoes off and walking barefoot through the yard. This, however, may not be true if you have what is called a peripheral neuropathy.

A neuropathy is just a fancy word for nerve "damage". This damage is located most commonly in the feet, but can be in the legs, hands or arms. It's not unusual to be told this is for unknown causes, but there are a number of possible reasons. Causes can include diabetes, chemotherapy, or smoking. It can also occur with cholesterol-lowering medications, over-the-counter medications and even the wrong dietary supplements. I'll go over the common factor of all these shortly, but first let's look at the some of the symptoms associated with this debilitating con-

Neuropathy can cause a wide array of symptoms depending on the type and location of the problem. If it affects the nerves that help you feel. The symptoms can include numbness or could cause pins-and-needle sensations, pain, or even burning. Sometimes this can feel like shooting electrical sensations or can make you sensitive to touch. Others may describe a sensation like wearing a glove or sock. If nerves to a muscle is affected, there can be muscle twitching, cramps, weakness and/or spasms. Additional symptoms can include dizziness, balance issues, or coordination problems. Unfortunately for some, a neuropathy can affect bowel and bladder function, heart rate and blood pressure, perspiration issues and even E.D.

Nerve compression problems in the back can cause sciatica, stenosis, or neck problems, and wrist issues such as carpal tunnel can cause symptoms. There is a wide array of contributing causes here.

Cholesterol medications can seemingly help one thing and cause another. Peripheral neuropathies are commonly overlooked as a side-effect of this class of medications. It can affect the protective coating on the nerves called the "myelin".

Over-the-counter medications such as aspirin or ibuprofen don't do very well with this type of pain. Anticonvulsants and antidepressants are sometimes prescribed as treatment for

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this. There is a long list of medications that are used and, with each, a long list of side-effects. What they all have in common is that they are not given to cure the problem. They are given to cover the symptom.

Properly analyzing the underlying cause is critical to solving this difficult problem. Having Diabetes type 2 will cause issues because it affects insulin and blood sugar level. Beyond this, though, proper evaluation of the pancreas, liver, and thyroid function should be done. Anemias are important to look at because they affect oxygen levels the nerves so desperately need.

The significant underlying cause I eluded to earlier is inflammation. This can affect all the various types of neuropathies. The bad news is that it's not often evaluated properly. The good news is that if it is, it can be helped naturally in many cases and the nerves can be brought back to

Because of the significant nature of this debilitating disorder, proper treatment can require a multi-faceted approach that addresses the various aspects of the particular neuropathy. It most likely involves a program that enlists advanced testing and evaluation, state-of-the-art therapies, professional nutrients to match, and a thoughtful and effective home program for continuous improvement. Being evaluated by a

natural care professional can be the first "step" to overcoming this difficult problem!



Dr. Murray Smith DC, cAcu, CSCS, CCSP is a Board Certified Doctor of Chiropractic, Board Certified Acupuncturist, Clinical Nutritionist with a passion for helping people reclaim their health naturally and empowering them to keep it! He is the co-founder of SHIFT Integrative Medicine serving the Cuyuna Lakes and Brainerd Lakes areas of central Minnesota for over 25 years.

For more information, log on to www.askdrsmith. com or call 218-851-9626.





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OBITUARIES

TERRY RIDLON



Terry Allan Ridlon, 65, of Cuyuna died at his home on Wednesday, April 17, 2019.

A Memorial Service will be held at 1:00 p.m. on Saturday, April 27, 2019 at the Bible Baptist Church in Crosby. Visitation will be one hour prior to the service at the

church on Saturday.

He was born on May 14, 1953 in Crosby to Jewells and Geneva (Wandrie) Ridlon. Terry was a retired employee with Lakes States Lumber in Aitkin. He was a member of the Hazelwood Pool League and was an avid fisherman and

hunter. Terry attended the Bible Baptist Church in Crosby.

Terry is survived by his wife, Cathy; son and daughter-in-law, Mark and Becky Ridlon, Ironton; four daughters: Michelle (Ben) Bernatsky, Brainerd; Heather (Kevin Walls) Luther, Merino, CO; Tina (Shane Fletcher) Dugan, Deerwood and Melanie (Leigh) Frink, Deerwood; 15 grandchildren; two great-grandchildren; sister, Judy Stefan, IL. He was preceded in death by his parents; granddaughter; and brother-in-law, Lawrence

Arrangements were with the Koop Funeral Home in Crosby.

BONNIE ROSIER



Bonnie K. Rosier, 77, of Wolford Township died on Friday, April 19, 2019 at her home. Funeral services were held on Thursday, April 25, 2019 at the Koop Funeral Home

in Crosby. Burial was in the Woodland Cemetery in Irondale Township. She was born on March 15, 1942 in Perry

Lake Township to Curtis and Hazel (DeBolt) Gordon. Bonnie married Jeri Rosier on April 9. 1968 in Crosby. Her home was always opened to guests, she loved to spoil her grandkids and great grandkids, play cards with friends, was an amazing cook and could feed an army in a moments notice. She will be truly missed by

Bonnie is survived by her husband Jeri; sons and daughters-in-law: Timothy Evans, Crosby; Jerry and Shelley Rosier, Spartanburg, SC; and Joseph and Lois Rosier, Lino Lakes; daughters and sons-in-law: Rhonda and Jim Tymenski, Crosby; and Tina and Dan Tillotson, Fairbault; 14 grandchildren; 19 great-grandchildren; brother, Curt Gordon, Deerwood; sisters and brother-inlaw: Colleen Olander, Crosby; and Carman and Milo Van Horn, Sundance, WY.

She was preceded in death by her parents; daughter, Melissa Evans; brother, Allen Chambers and grandchildren: Michelle Huewe and Kyle Tymenski.

Arrangements were with the Koop Funeral Home of Crosby.

Sorensen-Root-Thompson Aitkin, MN 218-927-2614



McGregor Funeral Home McGregor, MN 218-768-3136

Traditional • Cremation • Memorials • Pre-Arranged Funerals

Jerry Thompson Directors:

Jason Brezinsky

www.srtfuneral.com

LINDA UKURA



Linda D. Ukura, 66, of Tamarack died Monday, April 15, 2019 at the Mayo Clinic Methodist Hospital in Rochester, surrounded by her loving family.

A memorial service and Celebration of life will be held Saturday, April 27, 2019

starting at 11 a.m. at the Tamarack Presbyterian Church with Rev. Rick Mann officiating and continue at the McGregor VFW following the service for refreshments and fellowship. A visitation will be one hour prior to the service at the church. Interment will be in the Fairview Cemetery near Tamarack at a later date.

Linda was born June 17, 1952 at Crosby. She grew up and attended schools in Tamarack and McGregor graduating from the McGregor High School in 1970. She raised her family in McGregor. She and Craig have enjoyed the lakes and life together for the past 28 years. She always made people feel welcomed and at home and strangers became friends quickly. She loved to decorate

her home for ALL of the holidays. She enjoyed traveling with Craig, when he was working, her flower gardens and playing solitaire.

Linda is survived by her children: Andrea (Kory) Marsyla, McGregor; Bret Ukura, McGregor; significant other, Craig Joriman, Big Sandy Lake; Craig's children: Tammy (Steve) Berg, Royalton; Jacob (Sarah) Joriman, Michigan; Tessa (Pete) Nickila, Duluth; six grandchildren: Ashley (Matt) Carlstrom, Zerek (Hope) Marsyla, Kylee Berg, Carter Berg, Richard Joriman, adn Alice Joriman; three great-grandchildren: Klayton Carlstrom, Kerrigan Carlstrom, Ezekiel Marsyla; sister, Sharon Hutar, Tamarack; brothers: Robert (Beth) Johnson, Tamarack; Kevin (Sharon) Johnson, Tamarack; many nieces and nephews.

She was preceded in death by her parents, Arthur and Astrid Johnson; and brother, Greg Johnson.

Arrangements were with the McGregor Funeral Home and Cremation Service in McGregor. Go to www.srtfuneral.com to sign the online guest register.

FLORIAN LANGE



Deerwood died on Tuesday, April 16, 2019 in Tucson, AZ, where he has spent the last 11 winters.

A Memorial Service was held Saturday, April 20, 2019 at the Immanuel Lutheran Church in Crosby.

He was born February 25, 1928 in Little Sauk Township, MN to William and Ethel (Martenson) Lange. Florian was an Army

veteran in the 42nd Airborne. Florian married his high school sweetheart Eileen Smith in Long Prairie on August 30, 1948. They lived happily together for 58 years. He attended Long Prairie High School and graduated from St. Cloud State in 1951. He was passionate about education and taught high school in Ellendale and in Crosby-Ironton. He was an active member of the community where he attended Immanuel Luther-

Florian E. Lange, 91, of an Church, he volunteered often at the food shelf and coached high school baseball. Florian was also an avid conservationist and outdoors-man. He loved to fish and hunt with his friends and relatives in particular his son Rick. His favorite activity was loving his family. He adored his wife, his children, grandchildren and great grandkids. He was happiest when close to his family and friends at his home on Serpent Lake.

Florian is survived by his daughter, Florette Chenevert, Deerwood; four grandchildren: Robin (Jeff) Grote, Maple Grove; Amy (Derek) Diesen, Minnetoka; Sarah (Adam) Kirkman, Denver, CO; and Claire (Paul) Wertin, Vail, Co; 12 great -grandchildren; and his wonderful friend, Karolyn Latterelle, Crosby.

He was preceded in death by his parents; wife, Eileen; son, Rick Lange and sister, Beverly

Arrangements were with the Koop Funeral Home in Crosby.

* Indicates handicap accessible. NOTE: All times are Sunday morning (a.m.) unless indicated otherwise.

ALLIANCE

Aitkin* — New Life; Larry Burg & John Baker, pastors; Worship 10:15 am & 5:30 pm; Adult Sunday School 9 am; "Elevate" youth group for 7th-12th graders, Wed 6:15 pm; 112 - 1st Ave. SW 218-927-2823.

 ${\sf Garrison^*-Pastor\;Michael\;H.\;Palkie;\;Worship\;9;\;SS\;10:30.}$ McGregor/Big Sandy — Rev. S. DeMars, 426-3408; E. of Sather's Store; Worship 9:30; Children's Church 10

Onamia — Vineland Native American Chapel, Hwv. 169 north of casino; Worship 11; Pastor Boeringa 320-532-4449

ASSEMBLY OF GOD

Aitkin — Heritage Church, Rev. Hayden Loven; Sunday Morning Service 10:45

Crosby — Interim Pastor Greg Kalyvas; Worship 10:30 Crosslake — Crossroads Christian, Rev. Gary Espeseth; SS at 9:30, Worship at 10:45

Hill City — Interim Pastor John Koppel, Staff Pastor Lisa Jordan; Worship 10; hillcityagchurch@gmail.com; 218-

Palisade — Pastor Ed Sornberger: SS 9: Worship 10: Kids Church; Small groups during the week 218-845-2726

Aitkin - The Journey North, Pastor Lynfield Hines, 218-824-5617. Worship 9 and 10:30, the journey north.com

Baxter - The Journey North, Pastor Mark Bjorlo, 218-824-5617, Worship Saturday 5, Sunday 9, 10:30, 11:45, thejourneynorth.com

Brainerd* - Faith Baptist Church, Pastor Chris Erickson, 218-829-3191; SS 9:00, Worship 10:30 and 6 p.m., Wed. Classes and Clubs 6:30 p.m.; fbcbrainerd.com

Brainerd- The Church On The Wise Road, Pastor Todd Stumbo 218-829-4673, Worship 11:00, SS 9:45 www.thechurchonthewiseroad.org Brainerd — Eagles Nest, Pastor Bob Stockland 218-829-

4673, Worship 11, SS 9:45. Breezy Point — Eagles Nest, Pastor Bob Stockland 218-562-

5252, Worship 9:30, SS 9:30. Crosby — Bible Baptist, Pastor G. Fisher; SS 9:45; Service

10:45 and 6 p.m., Bible Study and Our Kids for Christ Wed. 7 pm Deerwood* — Pastor W. Skog; SS 9:30; Worship 10:30 and

6 pm; Wed. Service, 6:30 pm. Glory* — Pastor Chris Meirose; 927-3678; SS 9:15; Worship

10:30 am.; Wed 6pm Glory Family night, KidMin grades kindergarten - 6, Mad4Christ grades 7-12.

Hill City — Pastor Lonnie Lee; 218-697-2645; Adult SS 9; Worship 10 am; Bible Study, Fri., 7 pm.

Isle - Pastor Nick Skogen; 676-3171; SS 9:30; Service 10:30; Bible Study, Wed., 7 p.m.

Opstead — 676-8859; SS 9:30; Worship, 10:30; Bible Study Wed., 7 p.m.

CATHOLIC

Aitkin — St. James, Fr. David Forsman, 218-927-6581; Mass Sat. 5 pm, Sun. 10 AM. Confession Sat. 10-10:45 am and 4-4:45 pm.

Brainerd — St. Andrew's, Fr. Daniel Weiske, Sat.4:30; Sun. 10:00 and St. Mathias Sunday 8:00. Brainerd — St. Francis, Fr. Anthony Wroblewski, Sat. 5:00;

Sunday 7:30, 9:00, 11:15 and All Saints Saturday 4:00 and Sunday 10:30.

Cromwell/Wright — Immaculate Conception, Mass: Sat.

Crosby — St. Joseph's, Mass: Sat. 4:30 pm; Sun 10:30. Crosslake - Immaculate Heart, 218-692-3731; www. ihmstemilys.org; Mass: Sat. 4 pm; Sun. 8:30; Confession Sat. 3 pm.

Emily - St. Emily, Mass: Mon. & Wed. 8; Sun. 10:30; Confession 1st Sat. 11 or by appt. 218-763-2101. Garrison — Our Lady of Fatima, Fr. Elias Gieske, Mass Sun.

8 am. Confession Sun 7:15-7:45 am.

Grand Rapids — St. Joseph's, Fr. Jerry Weiss, Mass: Sat. 5 pm; Sun. 8 & 10:30. 218-326-2483 Hillman — Holy Family; Sun. 10 to Mass Sat. 6:30 pm (only

through Labor Day) w/ confession before or by appt. McGregor - Holy Family, Fr. David Forsman, 218-927-6581; Mass Sun. 8 am. Confession 7:15-7:45 am. Vineland — St. Therese, Mass Sun. 11; Holy Days 8:30.

CHURCH OF CHRIST

Baxter, Lakes Area — Nondenominational; 7001 Highland Scenic Road; Bible Study every Wed. 7 pm; Worship 10:30-11:30. 218-828-1362

Tamarack — Pastor Terry Banker, 608-475-1528, Worship 9:30; SS 10:45; Wed Youth 4 pm.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

Aitkin - Co. Rd. 12, Chapel Ph. 218-927-4454; Kevin Haffner 218-792-5684; Sacrament Mtg. 10

COMMUNITY Aitkin - Nondenominational; 927-2749; at 219-1st Ave. NE.,

Aitkin, Services Sun.10, 218-927-6959

Brainerd - Community of Hope Church of the Nazarene-Pastor Dave McGaffev Sunday worship at 10:45. SS 9:30 -16549 Johnson Rd -church phone 218-829-9005 Glen — Pastor R. F. Stauter, 218-838-1981; Worship 9

Grand Rapids — Solid Rock Church of God, Pastor Robert Kimberling; 218-326-0711; Sun. BS 9:30, Worship 10:30;

Wed. BS 6:30 pm Jacobson — Jacobson Community Church, Pastor George Collins, 218-252-5938, Sun. SS (All ages) 9:30, Worship 10:30; Family Time 2nd & 4th Sundays; Wed. BS 7 pm

Kimberly — Nature Ave. Rev. Rick Perry; Worship 9; Adult

Bible Study & Sunday School 10:30: 218-927-6256. McGregor — Amazing Grace Christian Church; Worship 10; 99 South 1st Street (at the McGregor United Methodist church [shared] in downtown McGregor) Pastor Joel

Seibel. McGregor — Victory Mission, Pastor J. Gould, 218-768-2160; Sun. 10; Wed. Bible Study, 7:30 pm.

Merrifield — Community Church of the Nazarene, Pastor Ron Christenson; Service 11 & 6 pm. Wed. Prayer Meeting, 7 p.m.; 218-829-7536. Merrifield — Ossipee Community, SS 10; Service 11; Wed.

Bible Study Prayer, 7:00 p.m. Nisswa — Christ Community Church, Pastor Dave Uhrich; Service 10; Fellowship 9:30-10

Outing* - Narrows Community Church, Pastor Stanley Mikles, 218-792-5530 Worship 9:30; Children's Sunday School 9:30; Clothes Closet 8 am - noon 4th Saturday, 6297 Woods Bay NE, just north of Hwy. 6 bridge Palisade/Waukenabo Twp. — Hilltop Chapel, Pastor B. Hite;

Service 10 a.m.; Adult and Children's SS 9 a.m.; between Esquagama & Round Lake. Handicap Accessible. Tamarack — Church of Christ, 218-768-3898; Service

9:30; SS 10:45. CONGREGATIONAL

Aitkin — First (UCC) Rev. Susan Cline; Sun.10; Comm. 1st Sun; Council Mtg. 2nd Sun. Spiritual fellowship, Sun. 9.

Aitkin — St. John's, Holy Communion or Morning Prayer 9 *Brainerd - St. Paul's, Holy Communion Sunday 10

EVANGELICAL FREE Baxter — Lakewood EFC, Pastor Brian Erickson: Worship

at 9 & 10:45; Wed for all ages 6:45 pm Crosslake — Interim Pastor Mark Holmen: Call for Service Times at 218-692-4141, email thelogchurch@crosslake.

Isle — Pastor Kerry Johnston; Worship 9; SS 10:15; Wed. Youth Group 6 pm; Adult Prayer 6:30 pm Malmo — Pastor Glenn Browning; SS 9:30; Fellowship 10;

Worship 10:15 Wright — Pastor Ken Mitchell, 218-426-5115; SS 9:30; Worship, 10:30; Thu., Bible Study, 7 pm.

Glen — Beth Shalom Tabernacle of Truth, Rabi Frank Dell,

HEBREW/MESSIANIC

for information 320-684-2804 **LUTHERAN**

Aitkin — Bethlehem (ELCA), Rev. Rebecca Hinz; Worship

9:30; Holy Comm. 1st & 3rd Sun each month.

Aitkin – First* (ELCA) Pastor Darrell Pedersen, Pastor Jordan Gades; worship Sat. 5pm, Sun. 10am (coffee fellowship at 9am); communion every Sat, and 1st & 3rd Sun.; contemporary service 2nd & 5th Sun.; staffed nursery for Sun. service. Sun. service broadcast live on KKIN (94.3FM) and on TV cable channel 181 at 9am on Wed.; community meal every Mon. & Thurs. 5pm; food shelf 2nd & 4th Thurs. each month 9:30am-5pm.

Aitkin — St. John's (Missouri Synod), Pastor D. Becker; Worship Sun. 9, SS 10

Baxter — Christ Lutheran Church and Preschool (WELS). Pastor Bill Werth. Sunday Worship 9. Sunday School/ Adult Bible Class 10:15. 13815 Cherrywood Dr. in Baxter. (Corner of Inglewood and Cherrywood). 218-829-4105. www.christbaxter.com.

Baxter - Prince of Peace (LCMS); Communion every Sunday 9, Fellowship 10:15, Adult Bible Class & Sunday School 10:30 am 218-829-7092 www.popbaxter.org Beaver Township — Finnish EA, Hwy. 27, Worship 1st &

Brainerd — Good Shepherd Free Lutheran Church, AFLC, Sunday School 9 Worship 10 coffee fellowship 11 Wednesday evening 7 pm adult Bible study. Located at 5878 Pine Beach Road, Brainerd, 218-824-3052, www.

goodshepherdfreelutheran.church Brainerd - Laestadian Lutheran Church; 1501 So. 8th St. - Sunday Worship Services 11 am. (www.llchurch.org) Brainerd - Trinity Lutheran Church (ELCA) 1420 South 6th Street Brainerd - Pastor Hans Anderson Worship times September through May are 8:15 a.m. & 10:30 a.m.; Summer Worship time is 9:00 a.m. Phone: 218-829-5147 Website:

www.trinitybrainerd.org Email: trinity@trinitybrainerd.org Brainerd — Truth Lutheran Church (LCMC, Pastor James Walth, Corner of 5th and Kingwood, Worship 9

Breezy Point* - Eagles Nest, Pastor Jonathan Lemaster, 218-562-5252, Worship 10:30 a.m. SS 9:30 a.m. ${\sf Cedar\,Lake, Norwegian\,Lutheran\,--\,Third\,Sun\,11,\,May\,-\,Oct.}$

Cedarbrook — St. John's (ELCA); Worship 8:30; Holy Comm. 1st & 3rd Sun. Crosby — Immanuel (LCMC, NALC) Rev. Paul Mattson;

Sun. 9 & 10:30 worship; SS (Sept.-May) 10:40. Crosby —Zion (LC-MS) Pastor Dean Stolz: Worship 8:30: SS 10; Bible Study Wed. 7 pm; handicap accessible.

218-546-6910 Crosslake —(ELCA), Indoor worship 8:30; Coffee Fellowship 9:30; outdoor worship 10. 218-692-3682 Crosslake - Mission of the Cross (LCMS), Pastor Leslie

Uhrinak; Worship 9:30 with every Sunday Communion, Fellowship 10:30. Adult Bible Class 11. 218-692-4228. www.missionofthecross.org

Deerwood — Salem (ELCA), Pastor Michael Briggs; Worship: 8:15 (traditional) & 10 (contemporary); Sunday Garrison - Light of the Cross (ELCA), Pastor Juli Sut-

ton-Deem; Worship 9 SS 9; 320-692-4773 or 877-406-9101. Garrison - Shepherd of the Lake (LCMS), Rev. Tom Petersen. Worship 10 with Communion Every Sunday. Adult Bible Study 8:30am, Sunday School Sept-May, 8:30am. Fellowship 11am. 320-692-4581. www.shepherdofthelake.org. Giese — Immanuel, Rev. R. Langhorst & Rev. R. Lovaas;

Worship 9; SS 10; Holy Communion 1st Sun. of month $\mbox{Hill City} - \mbox{Trinity, (Missouri Synod), Pastor M. Eckert;} \\$

Worship 9; Bible Study 10:15. Hillman — Immanuel, (ELCA) Sun. Worship 9:30, SS 10. Located on the corner of Hwy. 27 and Co. Rd. 47. (Handicap accessible)

Iron Hub — Immanuel (LC-MS), Pastor Dean Stolz; Worship 10:30: 218-534-3069 Isle — Faith (ELCA), Interim Pastor Rev. Henry French;

Worship 9:30; handicapped accessible. Isle — Holden (ELCA), SS 9:30; Worship 10:30. Isle — Trinity (Missouri Synod), Rev. Mark Maunula; Worship 8:30; Fellowship follows; SS 9:45; Adult Bible 10.

Jacobson — Carmel, Vicar Mark Wagner; SS 1st & 3rd Sun. 10, Service 11, fellowship follows. Lake Shore — Living Savior Lutheran Church, 8327 Interlachen Rd.; Worship 9:00 Sunday mornings, followed by fellowship and Bible study. (Located on Co. Rd. #77 N)

Malmo — Bethesda (ELCA) Sun. Worship 9 (winter) 8:30 & 10 (summer); Fellowship after first service; Comm. 1st & 3rd Sun. $\label{eq:mcGrath} \mbox{McGrath} - \mbox{Grace; Wed. potluck 5 pm, Bible study 6 p.m.;}$

McGrath — Zion (ELCA), Pastor Elliott Malm; Worship

SS 10; Worship 11.

McGregor/Big Sandy Lake — Grace Lutheran Log Church (ELCA), Pastor Ericka Foss; Worship 9, Fellowship follows, SS 10. McGregor — Our Savior's (Missouri Synod), Pastor Joshua

C. Reinke; Worship 9; SS 10; Bible Study Tue. 9, Wed. 7 pm Outing — Our Saviors ELCA; Pastor Michael Gustafson, Worship 9. Palisade* — Bethel (ELCA), Rev. Wm. J. Sass; Worship 9:30;

Wed . School classes 4:15 p.m. Pequot Lakes* - Our Savior's Lutheran Church (ELCA) Rev.

Peter Rosenkvist, Worship 9:00 a.m. SS 9:15 am. Adult Ed - 10:15 am. Wed. Worship 5:45 pm. Free Community Supper Wednesdays at 5: pm. Rossburg — Bethesda (ELCA); Comm. 1st & 3rd Sunday

Hwy 210 Thor — Zion, Pastor G. Salmonson; Worship 11; 1st and 3rd

Tamarack (AFLC) — Pastor Ron Staudinger; 1st, 3rd and

4th Sundays 10 am: 41163 Kestrel Ave 3

Sun. April through December. Wright —Bethlehem, Worship; SS 9.

Wright — St. John's (Missouri Synod), Pastor Joshua Reinke; Worship 10:30; Bible Study and Sunday School Sun. 9:30; Lent services Wed. 5:30 pm.

Brainerd—Oak Street Chapel, Pastor Todd Wooden, Wor-

NON-DENOMINATIONAL

ship service is Sunday at 9:30 am, 523 SE 11th Street, Brainerd, 218-454-0984 **PENTECOSTAL**

Emily — Cornerstone Church; Pastor Earl Ready; Worship

10, 41536 Birchwood Drive, Emily; 218-763-2939. Ironton — Iron Range Christian Center; Pastor Dwight Semler; 218-546-6523; meeting at Irondale Town Hall*, Co. Rd. 12, (Deerwood Shortcut); Worship 10 & Wed. 7 pm. Tamarack — Warriors of the Rainbow Ministry, Pastors Ken and Ron Fairbanks, Sat. 11. 218-768-3585

PRESBYTERIAN

REFORMED

Crosslake - Worship 10; Bible study on Wednesdays at 10; 14444 Daggett Pine Road; 218-692-4769

McGrath — Calvary, Pastor - Todd Oltmann; Worship 9. McGregor/Round Lake — Pastor Talley; Worship Sat. 5 pm. Tamarack — First, Rev. J. Yingling; Worship 11.

Crosby - Lifespring Church, a member of Fellowship of

Independent Reformed Evangelicals, 9:30, 30 Hallett Ave NE 218-545-5433, www.visitlifespring.com SEVENTH DAY ADVENTIST

Aitkin - Pastor Peter Emig; Worship Sat. 9:30 a.m., Bible Study 10:30 a.m.; Prayer Mtg. Wed. 5:30 p.m.; www. aitkinadventist.org; 423-805-0933

UNITARIAN UNIVERSALIST

follows: handicapped accessible

Pequot Lakes — 28877 State Hwy 371, Pequot Lakes 10:30 1st and 4th Sundays. 218-330-3476

UNITED METHODIST

Aitkin - Pastor Dawn Houser; high school & adult SS 9; Worship 10:30; fellowship follows; handicapped accessible. Crosby/Deerwood — Cascade, Reverend Dr. Genia Garrett ; Worship 9:45; fellowship follows.

Cutler — Pine Lake Chapel, Rev. Laurence Foote; Worship 9. Cromwell — Pastor Tim Homstad; Worship 10; SS 9 Emily — Pastor Dawn Houser; Worship 8:45; fellowship

Fleming--(Northern Lights Parish) SS 9:15; Worship 10:30; fellowship follows; handicapped accessible. Hill City — Pastor Roger Lynn; Worship 10

McGregor--(Northern Lights Parish) Worship 8:45; fellowship follows; handicapped accessible. Onamia — Pastor Rick & Judy Wilder; Worship 11; fellowship 10; 2 blks north of Post Office; handicap ramp; 320-532-3150; office: 218-546-7656; cell: 218-360-1947

WESLEYAN Emily — Pastor Ryan Fish; Worship 9; Friendship Time 10; SS 10:30; Wed. Activities 6:30 p.m.; 218-763-HOPE.

We ask you to support these sponsors of the church directory:

To become a sponsor of the church directory contact Eric at 218-821-1393 or hopper@crosbyironton.net



Toll free: 1-888-450-8845





James "Jim" Albert Bendorf. 84. of Bay Lake Township died on Tuesday, April 16, 2019 at his home.

A Memorial Services was held Saturday, April 20, 2019 at the Salem Lutheran Church in Deerwood.

He was born on March 18, 1935 in Claremont to Albert and Ruth (Hanson) Bendorf. Jim married Kay Wobig on December 23, 1988 in Owatonna. He worked at Jostens in Owatonna for 39 years. He was a volunteer fireman for Claremont for 24 years, a Scout Master for 38 years, an active school board member and church council member at Peace Lutheran Church in Claremont, a member of the Deerwood Lakes Lions and the Bay Lake Lions.

Jim is survived by his wife, Kay; children: David (Jackie) Bendorf, Dawn Bendorf Wilke, Douglas (Rochelle) Bendorf, Debra (Art) Bendorf Olson; stepchildren: Trent (Sylvia) Keller, Alicia (Travis Ouellette) Klancher; nine grandchildren: Rachel, Nathan, Nicole, Amber, Taylor, Collin, Tyler, Tanner and Grant; eight great-grandchildren: Caitlyn, Addison, Izabella, Emmett, Brinley, Carson, Madelynn and Alayna; brother-in-law, Gary (Connie) Wobig; sister-in-law, Karen (David) Skellenger; many nieces, nephews and friends.

He was preceded in death by his parents. Arrangements were with the Koop Funeral Home in Crosby.

LAWRENCE SCHUL



Lawrence E. "Larry" Schul, 79. of Emily died on Tuesday, April 16, 2019 at his home.

A Memorial Service was held on Wednesday, April 24, 2019 at the Immanuel Lutheran Church in Crosby. Burial was in the Pine Ridge Cemetery in Emily.

He was born on April 17, 1939 in Troy, OH to Willard and Catherine (Keyser) Schul. Larry married Carolyn Krueger on December 26, 1959 in Springfield, OH. He was science teacher and coach serving the school districts of Tecumseh High School, New Carlisle OH and Swanville, MN. Larry was a longtime Lion with Clarissa and Emily-Outing-Fifty Lakes Lions Club.

Larry is survived by his wife, Lynn; sons and daughter-in-law: Larry Schul Jr., Red Wing and Scott and Sheila Schul, Valley Center, KS; three daughters and sons-in-law: Terri and Allen Bailey, Clarissa; Karen and Ron Miller, Bertha; and Deni and Scott Kromarek, Pierre, SD; 24 grandchildren; 12 great-grandchildren; brothers and sisters-in-law: Norman and Marianne Schul, Matthew, NC: Bob Schul, Fairborn, OH and Dave and Carole Schul, Middletown, OH.

He was preceded in death by his parents. Arrangements were with the Koop Funeral Home in Crosby.

Trail development comments sought

The Minnesota Department of Natural Resources is accepting comments through May 22 on an environmental assessment worksheet to address proposed expansion of recreational trails at Cuyuna Country State Recreation Area in Crow Wing County.

The DNR is proposing to develop 50 miles of new trails in the Yawkey, Mahnomen, Sagamore and Portsmouth units, and a trailhead and an outdoor event space in the Sagamore Unit.

Among the potential environmental and social effects evaluated in the EAW are impacts to trout streams, plant species of special concern,

and historic mining structures. A copy of the environmental assessment worksheet is available online at mndnr.gov/ input/environmentalreview/ cuyuna-country-trail/index. html. A hard copy may be

requested by calling 651-259-5694. The document is available for public review at the Jessie

F. Hallett Memorial Library, Crosby; Brainerd Public Library, Brainerd; Kitchigami Regional Library, Pine River; the DNR Library, St. Paul; the DNR Northeastern Region Headquarters, Grand Rapids; and the Minneapolis Central

Written comments must be

submitted no later than 4:30 p.m. Wednesday, May 22 to the attention of Kathy Metzker, EAW project manager, Environmental Policy and Review Unit, Ecological and Water Resources Division, DNR, 500 Lafayette Road, St. Paul, MN 55155-4025.

Electronic or email comments may be sent to environmentalrev.dnr@state. mn.us with "CCRSA EAW" in the subject line. If submitting comments electronically, include name and mailing address. Written comments may also be sent by fax to 651-296-1811. Names and addresses will be published as part of the EAW record.

READER R

Adults don't require magic

In a letter to the Courier entitled "Possible Lawsuit", another citizen makes observations worth repeating.

Paraphrasing the article, it states: "the distasteful abuses he forced upon the city" and "remind you it was his own actions, which put him on the hot seat" and "who suspiciously, abruptly, and unexplainably resigned" and again, "isn't anything more than a narcissist who refuses to take responsibility for his actions" — observations describing the Crosby chief of police and the former lieutenant perfectly.

The writer appears to want the same thing as this writer: accountability for the massive violation of the public trust the police leadership committed.

Arbitrators, jurors, and judges have told Crosby the police leadership lies, distorts the truth, conducts biased, prejudiced, flawed investigations, alters documents, makes three ring binders disappear, and arbitrarily and discriminately enforces the law and ordinances. And let's not forget, six failed attempts to prosecute former mayors.

The writer continues; "we cannot reward stupidity and insubordination", yet the silent majority in Crosby is slapped in the face daily with the continued employment of the person responsible for the possible lawsuit. The writer rallies Crosby with "sound" financial advice to fight this victim with precious tax resources and as this was written, no one knows what the lawsuit is about. This lawsuit could be the first of many created by the egregious acts of the police leadership. Until recently, the writer of "Possible Lawsuit" has repeatedly bashed Crosby and the mayor in letters, and now decides it's time to speak up and use a victim to point out the actions of the police leadership. Sorry dear writer, there are no magical letter writers interested in changing your mind. Intelligent, credible adults don't require magic, they require facts.

extra employee wages when,

5

Kelly Avelsgard **Concerned Observer** Deerwood

Rep. Dale Lueck legislative update

The Legislature is on Easter/ Passover break this week. It's a great opportunity to spend some time back in the district. This past Saturday I was privileged to attend the Pine Tree District Volunteer and Eagle Scouts Recognition Dinner.

A total of 16 scouts were recognized from the region as having attained the qualification of Eagle Scout. Those from our immediate area included Alan Gruhlke Troop 52, Zach Cory Troop 52, Hunter Miller Troop 52, Griffin Young Troop 43, Trey Soderman Troop 43 and Zachary Lockwood Troop 45.

Congratulations to these impressive young men on attaining a major achievement that will stand them in good stead as they move forward as young leaders within our community. Also, congratulations to the many adult volunteer scout leaders that work so hard to provide both our young men

and women this opportunity to learn the way of the Scout and develop into young leaders.

This week was also an opportunity to meet for coffee with Rep. Marvin Bruneau, who represents District 2 of the Mille Lacs Band of Ojibwe. It was time well spent to compare notes on how we can continue to work together to improve the opportunities for our communities here in rural Minnesota.

One of the items I hope will move forward is a federal Community Connect Broadband Grant Application that Consolidated Telecommunication Company and the Mille Lacs Energy Cooperative have jointly applied for. The application requests matching funds for a project to improve broad band services in the area immediately south of McGregor in the East Lake Community area. I provided a letter of support for the project. Hopefully it won't take to long for a decision to be made on that project.

Both rural Aitkin and Crow Wing counties have significant areas with little or no effective broad band coverage. We are making progress, but not as fast I would like. This year's state budget proposal includes significant funding to continue the state's broad band program. We need to make sure we get that proposal to the governor's desk for signature. The state broadband program, like the federal program, specifically targets unserved and underserved areas of the state of which we in Aitkin and Crow Wing are part of.

As many of us pause on Good Friday, please accept Linda and my best wishes to those families that celebrate the Easter and Passover season.

Representative Dale Lueck Minnesota House District 10B

Cuyuna Lakes Chamber Board



Back Row: (left to right): Ozzie Oswaldson, Grand Casino Mille Lacs; Matt Larson, GuidePoint Pharmacy and Chamber President; Dean Hansen, Hansen Sports; Dan Brown, Oars-n-Mine; Peggy Stebbins, Cuyuna Regional Medical Center; Ted Abear, Deerwood Bank and Chamber Treasurer; Shellie Wynn, Range Disposal Service. Front Row: Aubrey Koop, Iron Range Eatery; Katrina Rutz, American Peat Technology; Anne Roberts, Perfection Dock and Lift, and Heartwood Senior Living; Cathe Picek, office manager; Erin Mahoney, Ruttger's Bay Lake Lodge and Chamber Secretary; Jessica Vukelich, Executive Director. Not pictured: Amy Swensen, Backyard Greenhouse and Chamber Vice President

Processes to best serve chamber members were discussed by the Cuyuna Lakes Chamber Board of Directors at its 2019 strategic planning meeting held at Heartwood in Crosby on April 16.

The group heard about trends in chambers of commerce and board responsibilities from facilitator Nort Johnson, President/CEO of the Faribault Chamber of Commerce. Nort also assisted the Board in reviewing its

status, developing a business plan and 2019 priorities, and measuring event success.

The Board of Directors is responsible for ensuring excellent management of the organization. Board members work with the executive director to enable the Chamber to achieve its mission of enhancing economic growth and its vision of providing opportunities for members and businesses to be more successful.

The Board's work for the coming year will include continued strategic assessment of Chamber membership and the community, with the goal of continuing to elevate the Chamber's member benefits and its promotion of the Cuyuna Lakes area.

For Chamber membership information, please contact membership chair, Amy Swensen at bygh@crosbyironton.net or call the Chamber at 218-546-8131.



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Electronics recycling drive benefit

An electronics recycling drive is planned from 10 a.m. to 2 p.m. Saturday, May 11 to benefit continuing education for area youth through the Deerwood Technologies Scholarship Fund.

The event is at Deerwood Technologies, 21301 Archibald Road (at the corner of Archibald Road/Hwy 6 and Cross Drive) in Deerwood.

"As a growing local business, we depend on an educated workforce that will live, work and invest their time and talents in our local communities. Retaining local talent is an advantage we continue to leverage through our company's Annual Scholarship Fund", according to Jim Mayne, founder and president of Deerwood Technologies.

Mayne added, "Our company's area scholarships are entirely employee driven. They are 100% funded through this event (held twice a year) and several other events - all of which are promoted, coordinated and staffed by our employees and their families."

All electronic items are slated for an end-of-life environmentally safe facility in the U.S., Deerwood Technologies

People may bring in computer towers, monitors, laptops, speakers, keyboards, mice, routers, network hubs, cable boxes, batteries, any size printers, copiers, fax machines, VCRs, DVD and CD players, radios, PDAs & MP3 players, cell phones, telephones, extra cables, digital cameras, camcorders, power supplies & transformers, microwaves, small electronics - razors, toothbrushes, hair dryers, curling irons, electric brooms and sweepers, all for \$0.55 per pound.

Drop off old Christmas lights for recycling too! Free of charge.

Televisions are being accepted for a donation of \$15.00 each. No major appliances will be accepted.

Women's Club annual luncheon

Everyone is welcome to the Cuyuna Range Women's Club Annual Salad Luncheon on Monday, May 6 at Salem Lutheran Church in Deerwood

Guest speaker will be Aaron Hautala, president emeritus of the Cuyuna lakes Mountain Bike Crew, the stewards of the Cuyuna Lakes Mountain Bike Trails in cooperation with the Minnesota Department of Natural Resources. Hautala is the President and Creative Director of Strateligent, originally know as RedHouseMedia.

Hautala has been instrumental in promoting and securing funding for the Cuyuna Mountain Bike Trail System. The trail is part of the Cuyuna Country State Recreation Area. Cuyuna is ranked at the Silver level by the International Mountain Biking Association, one of only 11 in the world.

With over 28 miles of trails and 30 different trails to choose from, Cuyuna draws both beginners and pro cyclists to the area. Crosby was recognized as a "Best Place To Live" and one of "America's Smartest Towns" by Outside magazine in 2018. The article cited the way Crosby embraced adventure recreation by investing in mountain biking trails and with it the change in lifestyle.

Hautala will discuss the past, present and future of the the mountain bike trails and their impact on the local communities. Since the trails opened in 2011, multiple businesses have opened due to the influx of visitors to the area. According to a survey taken by the Cuyuna Lakes Mountain Bike Crew, around 25,000 people ride the trails every year, bringing about \$2 million of economic activity with them. The biking trails have contributed significantly to the robust growth in the

Music will be provided by the the Crosby-Ironton Cham-

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Warning of scammers posing as Social Security Administration

Clever scammers have been playing on people's fears lately with phone calls impersonating the Social Security Administration, according to the Federal Trade Commission.

According to the FTC's latest Consumer Protection Data Spotlight, the FTC has seen a major increase in reports of scammers telling people their Social Security numbers are connected to a crime and their bank accounts may be frozen or seized.

"The callers also try to get people to reveal their Social Security numbers by falsely claiming they have been suspended," the FTC reports. "This is a scam. The Social Security Administration will not suspend your Social Security number, nor will it

direct you to withdraw money from your bank account."

The scam is running so rampant, the FTC received more than 76,000 reports of it from April 1, 2018 through March 31, 2019 – and that's just the people who chose to report the calls. In the past two months alone, the FTC has received 36,000 such reports. In total, callers reported losses of \$19 million from Social Security scams in the last year.

The Social Security Administration will never call someone and ask for their Social Security number, so if that happens, consumers should refuse to give out any personal information or confirm any information.

Here are some other tips to avoid falling victim to this convincing scam:

• Don't trust your caller ID: The internet has made it possible for scammers to use fake IDs when they call you, so it could appear to be a legitimate or local source. If you're suspicious, don't make any important decisions based on the caller ID.

• Contact the Social Security Administration: If you're concerned about a call from someone claiming to be with the SSA, you can call the real SSA at 1-800-772-1213.

• Never give personal information to unsolicited callers: As a general rule, if someone contacts you out of the blue, refuse to confirm or provide any personal information. It's OK to get their number and verify their legitimacy before returning the call. If they're a reputable source, they will understand.

(Published in NewsHopper Sat., April 27, 2019)

PUBLIC NOTICE FOR BAY LAKE TOWNSHIP

The Annual Spring Road Inspection for Bay Lake Township will be held on April 29, 2019 starting at 9:00 a.m. at the Bay Lake Town Hall.

Dated: April 11, 2019 CAROL PUNDT Bay Lake Township Clerk

(Published in NewsHopper Sat., April 27, 2019)

NOTICE OF SIREN TESTING CITY OF CUYUNA

The City of Cuyuna will test its Emergency Sirens on the first Wednesday of each month at 6:30 p.m.

Dated: April 15, 2019 William F. Bedard Cuyuna City Clerk 1.825

Send the NewsHopper Your **Photos and Events!**

Got an interesting photo and story to share? Just send it to hopper@ crosbyironton.net, along with your name, city and a description of the photo. We also accept news and community events. And who knows, you may see your submission next week in the NEWSHOPPER!

(Published in NewsHopper Sat., April 27 & May 4, 2019) **PUBLIC NOTICE FOR BIDS CUYUNA TRUCK**

Sealed bids for purchasing F.O.B. Cuyuna, one 1993 Ford F350 4x4 pickup, odometer reading 66,565 miles, will be received at Cuyuna City Hall, by mail at P.O. Box 536. Deerwood, MN in order to be received by the 13th day of May, 2019. Bids may also be received at 6:30 p.m. through 7:00 p.m. on the 13th day of May, 2019, at the City Hall.

At 7:00 p.m. or as soon thereafter as is convenient, bids will be opened and considered at the City Hall.

The outside of the sealed envelope must be properly marked, "Bid on Cuyuna Truck" or similar words. The truck is on view near City Hall, 24945 Minnesota Avenue, Deerwood MN 56444 (Cuyu-

Bids to be on the basis of cash or certified check or money order upon final delivery and acceptance in accordance with the specifications for this equipment.

No bid may be withdrawn for a period of thirty (30) days after bid closing date without consent of the Buyer.

The buyer reserves the right to reject any and all bids and to accept the bid it feels is in the best interest of the City. By order of the City Council

of City of Cuyuna.

Dated: April 15, 2019 WILLIAM F. BEDARD Cuyuna City Clerk

(Published in NewsHopper Sat., April 27, 2019)

AITKIN COUNTY SOLID WASTE ORDI-NANCE NO.2. NOTICE

OF HEARING The Aitkin County Planning Commission will hold a public hearing on the adoption of amendments to the Aitkin County Zoning Ordinance and adoption of the Aitkin County Solid Waste Ordinance No.2. The hearing will be conducted on May 20, 2019, at 4:00 pm in the Aitkin County Courtroom Room No.3 of the Aitkin County Courthouse. The Planning Commission will make a recommendation on the proposed ordinance and ordinance amendments to the County Board of Commissioners for final review at a regularly scheduled board meeting on or after June 11, 2019.

A summary of the sections of the Aitkin County Zoning Ordinance proposed for amendment are: Section 3 (Definitions) - add Overnight Occupant; Section 13 (Violation and Penalties)ability to enforce solid waste violations through MN Statute 375.18, Subp.14; Section 17 (Vacation/Private Home Rental) - renewal of application through a Lodging License, nonovernight guest regulations, clarify building code and fire code requirements, requirements for a contact person, require an informational handbook, clarify seven day rental time frame, and add APPENDIX D- sample conditions; and Appendix A (Classification List)- include Fish Hatchery, Fish Farm, public/private as a Conditional Use Permit in all zoning districts except Not Permitted in the Residential zoning district.

Language that is proposed for deletion is in strikethrough and proposed new language is

A summary of the Aitkin County Solid Waste Ordinance No.2 are: Article I - (Repeal Purpose, Authority, and Policy); Article II- (Definitions, Rules and Word Usage); Article III (General Provisions)- Department Powers and Duties. Boundaries of Service Area, Highest Standards Prevail, Jurisdiction, Planning and Zoning Approval, Waivers, Agency Approval, Indemnification, Financial Assurance, No Consent, False Information, Data Privacy, Severability; Article IV- (Waste Abatement, Storage, Collection, Processing and Disposal); Article V- (Hauler Licensing Provisions); Article VI- (Facility Requirements and Licenses/Permits); and Article VII -(Inspections, Viola-

tions and Enforcement). The above is only a summary; a full text version is available for public review at the Aitkin County Planning and Zoning Office and the Aitkin County Auditor's Office in the Aitkin County Courthouse during regular business hours. A copy of the proposed ordinance amendments can also be viewed in its entirety on the Aitkin County website at www. co.aitkin.mn.us. Comments can be submitted in writing to the Aitkin County Planning and Zoning Office: 209 2"d St NW, Rm 100, Aitkin, MN 56431, by facsimile (218) 927-4372, or by e-mail to aitkinpz@co.aitkin. mn.us before 4:00pm on May 13, 2019. Please include a full name and complete mailing address with all correspon-

(Published in NewsHopper Sat., April 27, 2019)

AITKIN COUNTY FOOD PROTECTION AND LODGING ES-TABLISHMENT ORDI-NANCES NOTICE OF

HEARING The Aitkin County Board of Commissioners will hold a public hearing on the adoption of amendments to the Aitkin County Food Protection and Lodging Establishment Ordinances. The hearing will be conducted on May 14, 2019 at 9:30am in the Aitkin City Hall meeting room located at 109 151 Ave NW, Aitkin, MN 56431.

The Aitkin County Board has entered into a Delegation Agreement with the Minnesota Department of Health based on MN Statutes Section 145A.07. Through this delegation of authority, the Aitkin County Board has been charged with protecting the public health as outlined under MN Statutes Chapters 144, 157, and 327. The Food Protection and Lodging Establishment Ordinances are being updated to maintain consistency with Statute and Rule as required in the Scope of the Delegation Agreement.

A summary of the areas for proposed changes within the Food Protection Ordinance

SECTIONS 2.00 SCOPE; DEFINITIONS; ADOPTION OF FOOD AND BEVERAGE ESTABLISHMENT STANDARDS; 6.00 LICENS-INSPECTIONS; ING: 7.00 10.00 SOLID WASTE; adding Section 11 .00 HANDWASH SINK REQUIREMENTS and SECTION 12.00 FOOD AND BEVERAGE EQUIPMENT RE-

QUIREMENTS, and renumbering in SECTIONS 13.00 thru 17.00.

Proposed changes within the Lodging Ordinance are:

SECTIONS 2.00 SCOPE; 4.00 DEFINITIONS; 5.00 GEN-**ERAL REQUIREMENTS; 14.00** FIRE PROTECTION; eliminate SECTION 20.00 PROVISION SPECIAL SERVICES: SECTION 21 VARIANCES and renumbering in SECTIONS 20.00 thru 23.00.

Language that is proposed for deletion is in strikethrough and proposed new language is in red.

Copies of these Ordinances with the proposed amendments are available for review and inspection at the Aitkin County Planning and Zoning Office and the Aitkin County Auditor's Office in the Aitkin County Courthouse during regular business hours. A copy with proposed amendments can also be viewed in their entirety on the Aitkin County website at www. co.aitkin.mn.us. Comments can be submitted in writing to the Aitkin County Planning and Zoning Office 209 2nd St NW, Aitkin, MN 56431, by fax# (218) 927-4372, or by e-mail aitkinpz@co.aitkin.mn.us before 4:30pm on May 10,

2019. Please include a full name and a complete address with all correspondence.

April 24 and May 8, 2019

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Saturday, May 4

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(Recycling Center Closed this Day)

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- ♦ Acids, Bases (caustics) & Pool Chemicals
- **♦** Button & Rechargeable Batteries
- **♦** Fluorescent Tubes
- **♦** Aerosol Cans



Examples of waste NOT accepted:

Business Waste, Recyclables, Computer, TVs, Tires, Empty Containers/ Paint Cans, Alkaline Batteries, Used Motor Oil, Oil Filters, Explosives, Radioactive Materials, Compressed Gas, and **Auto Batteries.**

For more information call **Aitkin County Environmental Services at 218-927-7342**

8 April 27, 2019 NewsHopper.net

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