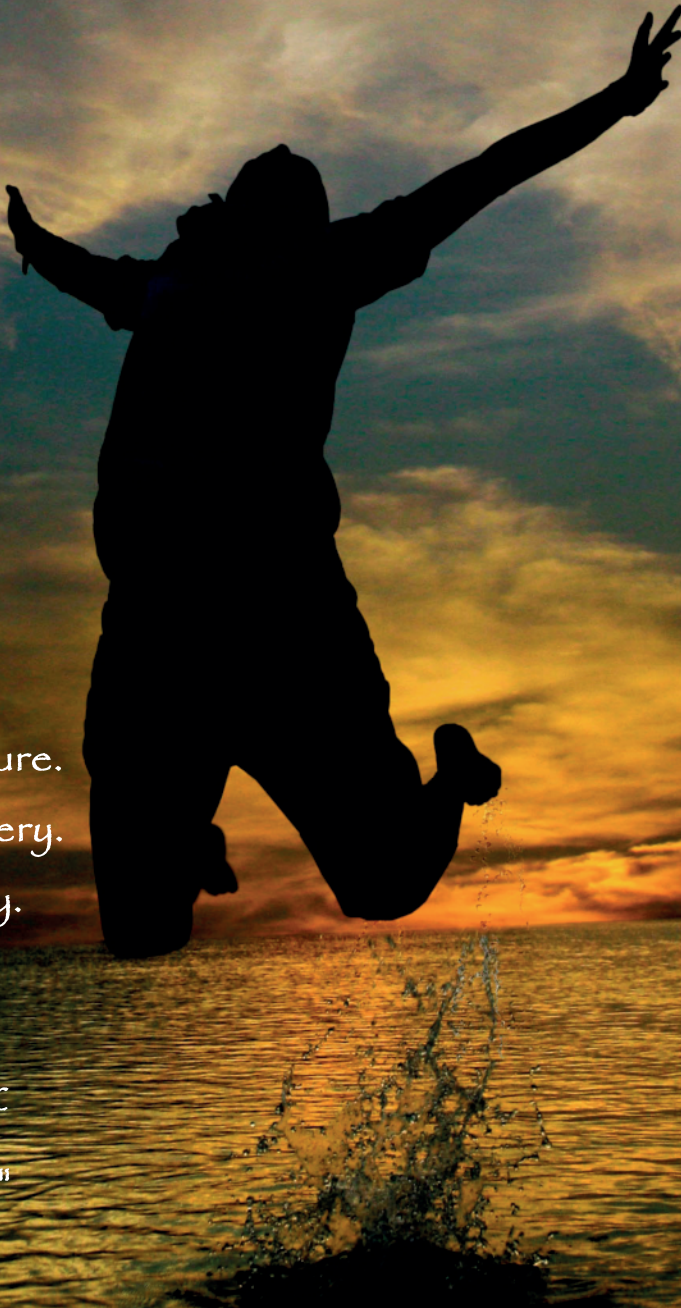


JUNE 2019 Issue # 130

Laughs and Lifts

Community Magazine

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The future is not a discovery.
The future is not a destiny.
The future is a decision,
an intervention.
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RIDDLE ME THIS....

Penny has 5 children.
The first is named January.
The second kid is February.
Her 3rd is call March.
4th is April.
What is the name of the 5th.

Which Animal Has Four Kneecaps?

Most animals (and humans) have no more than two kneecaps. However, there is one animal that has four kneecaps. The ostrich takes that honor having two kneecaps in each leg.

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Stopped by a roadside stand that said lobster tails \$2. I paid my \$2 and he says, once upon a time there was this lobster...

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- Henry Ford (1863-1947)
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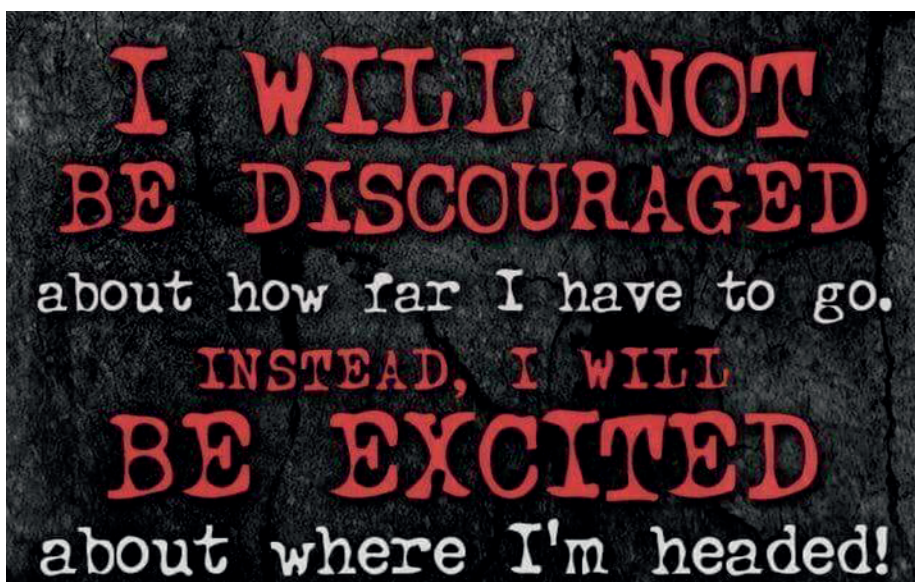
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Blame For A Bad Team

Three NFL fans of a losing team were drowning their sorrows at a sports bar after the team lost yet again. The first fan said, "I blame the coach. If he developed better plays, we'd be a great team."

The second fan nodded and replied, "I blame the players. They just don't try hard enough."

The third fan thought for a moment and then said, "I blame my mom and dad. If I'd been born in Boston, I'd be supporting a better team."

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As a man serviced an alarm system at a jewelry store recently, the saleswoman let him know that the store was having a 20 percent off sale.

"I bet your girlfriend would love it if you bought her something," she suggested.

"I don't have a girlfriend," he answered.

"No girlfriend? Why not?"

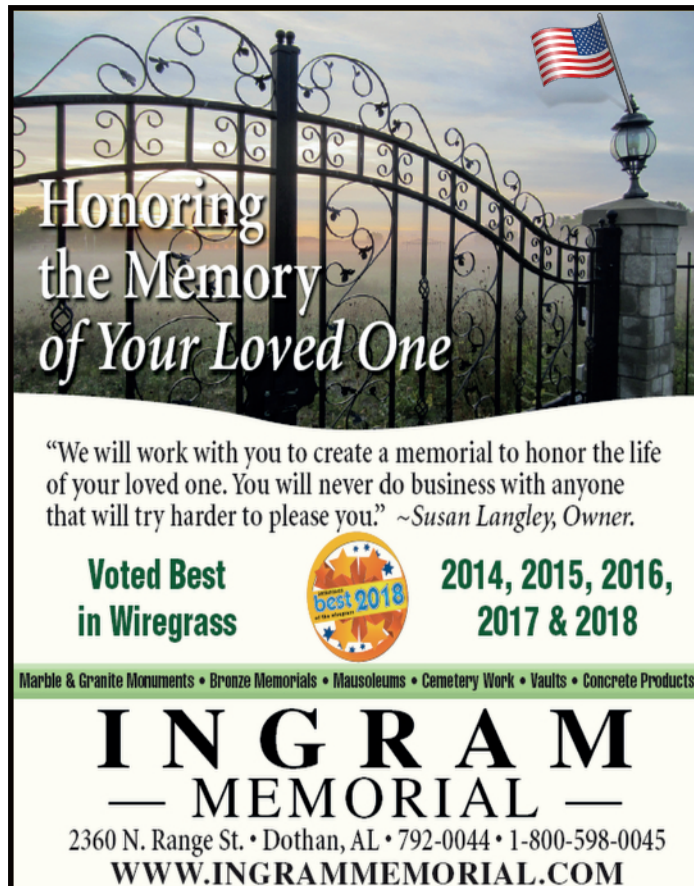
"My wife won't let me. "

I PERSPECTIVE

A woman walks in a store to return a pair of eyeglasses that she had purchased for her husband a week before.

"What seems to be the problem, madam?"


"I'm returning these glasses I bought for my husband. He's still not seeing things my way."



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Forgive all, especially yourself, and

never stop praying for the best for everyone.

THE TOP OF AN UMBRELLA

What do you call the top (or tip) of umbrella? The part that extends above the umbrella canopy itself is called a ferrule.



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Gladys,
 If my
 father were
 alive today,
 he'd
 turn over
 in his
 grave!



**My wife crashed
 the car again today....**
**She told the police the man that
 she collided with was on his cell
 phone and drinking beer!**
**Police said he can do what ever
 he likes in his own living room.**



Being rich is having money; being wealthy is having time.
 ~ Margaret Bonnano

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COMMUNICATIONS SKILLS

Do you remember back in the day, when you'd go to a store and try to explain to a sales clerk which movie you were looking for?

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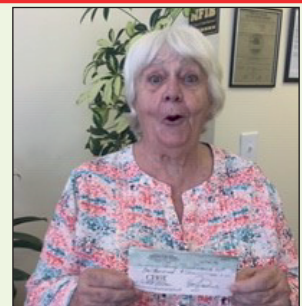
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CONGRATULATIONS JENNY TROUTMAN OF OZARK

She won \$100 in the Hidden Icon Contest. She found the hidden items in the May edition of Laughs and Lifts. Thanks to everyone who entered, and thanks for reading Laughs and Lifts.



After 3 years, the wife starts to think that their child looks different, so she decides to do a DNA test. She finds out that the child is actually from completely different parents.

Wife: Honey, I have something very serious to tell you

Husband: What's up?

Wife: According to DNA test results, this is not our child.

Husband: Well don't you remember? When we were leaving the hospital, we noticed that our baby had a wet diaper and you said, "Honey, go change the baby, I'll wait for you. here."

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SPEEDING: DO YOU
KNOW WHO MY DAD IS?
COP: NO. DOES YOUR
MOM? SIGN THIS TICKET.**

THE HOLLYWOOD MOVIE PRODUCER

At a restaurant one night, the man at the next table was pulling out all the stops to impress his underwhelmed date.

He crowned a lengthy list of lifetime achievements by stating, "At least I can say I have been a Hollywood movie producer."

The woman nodded. "I'll make a note of that: 'has-been movie producer.'"

The word swims upside down is still swims.

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Aunt T's Kitchen

HAWAIIAN COLE SLAW

Ingredients

- 4 c cabbage, finely cut or shredded
- 2 carrots, cut into matchsticks
- ½ green pepper, diced
- ½ red onion, sliced and quartered
- 2 garlic cloves, minced
- 1 (11oz) can mandarin oranges, drained
- 1 c pineapple chunks, roughly chopped with liquid reserved
- 1 Tbsp reserved pineapple juice
- 3 tsp cider vinegar
- 1 tsp olive oil
- 1 tsp soy sauce
- 2 dashes liquid smoke
- ½ tsp ginger
- 1/2 c slivered almonds, unsalted



Directions

In a large bowl, toss together cabbage, carrots, green peppers, onions, garlic, oranges, and pineapples.

In a small bowl, whisk together pineapple juice, vinegar, oil, soy sauce, liquid smoke and ginger. Pour sauce over veggies and toss until well coated. Top with almonds if desired.

SISTER SLAW

Ingredients

- 1 bunch Lacinato kale, shredded
- 1/2 head green cabbage, shredded
- 1/2 head red cabbage, shredded
- 2 carrots, shredded

Cole Slaw

- 1 small red onion, minced
- 2/3 cup olive oil
- 1/3 cup balsamic vinegar
- 1 tablespoon fresh lime juice
- 1 teaspoon maple syrup
- 1 pinch salt
- 1 pinch ground black pepper



Directions

1. Stir together the kale, green cabbage, red cabbage, carrots, and onion in a very large bowl; set aside.
2. Whisk together the olive oil, vinegar, lime juice, maple syrup, salt, and pepper. Pour the dressing over the vegetables, and stir thoroughly, making sure to coat the vegetables very well. Chill in the refrigerator for two hours before serving.

WALDORF COLE SLAW

Ingredients

- 1/2 cup sour cream
- 1/3 cup heavy mayonnaise
- 1/3 Splenda
- 1/2 cup shelled walnuts, coarsely chopped
- 2 tablespoons red wine vinegar
- 12 ounces white cabbage, shredded
- 4 ounces red cabbage, shredded
- 1 teaspoon kosher salt
- 1/8 teaspoon freshly ground black pepper
- 1/4 teaspoon ground nutmeg



Directions

1. In a large bowl, mix all ingredients, tossing to combine. Chill for 2 hours before serving.

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BROCCOLI COLE SLAW

Ingredients

- 2 bags (3-ounces) Ramen Noodle Soup in Oriental
- 3/4 stick butter
- 1/4 cup slivered almonds
- Two 12-ounce bags broccoli coleslaw from the grocery store)
- 1/4 cup sunflower seeds
- Chopped green onions, for garnish
- **Dressing Mix:**
- 3/4 cup canola oil
- 1/4 cup brown or white sugar
- 1/4 cup apple cider vinegar
- 1 Ramen noodle seasoning packet



Directions

Put the Ramen noodles in a bag and crush them with a rolling pin while melting butter in a large skillet over low/medium heat. Add the crushed noodles and slivered almonds to the skillet and saute, stirring occasionally (keep temperature at low/medium heat). Meanwhile, whisk together all the dressing ingredients in a small bowl. Place the shredded broccoli into bowl and toss with the noodles, almonds, and sunflower seeds. Pour dressing over salad and toss to coat. Garnish with chopped green onions.

TEXAS COLE SLAW

Ingredients

- 2 bags (3-ounces) Ramen Noodle Soup in Oriental
- 3/4 stick butter
- 1/4 cup slivered almonds
- Two 12-ounce bags broccoli coleslaw from the grocery store)
- 1/4 cup sunflower seeds



- Chopped green onions, for garnish
- Dressing Mix:
- 3/4 cup canola oil
- 1/4 cup brown or white sugar
- 1/4 cup apple cider vinegar
- 1 ramen noodle seasoning packet

Directions

Put the ramen noodles in a bag and crush them with a rolling pin while melting butter in a large skillet over low/medium heat. Add the crushed noodles and slivered almonds to the skillet and saute, stirring occasionally (keep temperature at low/medium heat). Meanwhile, whisk together all the dressing ingredients in a small bowl. Place the shredded broccoli into bowl and toss with the noodles, almonds, and sunflower seeds. Pour dressing over salad and toss to coat. Garnish with chopped green onions.

CREAMY APPLE SLAW

Ingredients

Dressing

- 1/2 cup mayonnaise
- 2 tablespoons apple cider vinegar
- 1 tablespoon sugar
- 1 tablespoon grainy mustard
- 1/2 teaspoon salt
- 1/2 teaspoon celery seed
- 1/2 teaspoon black pepper



Slaw

- 4 cups shredded cabbage
- 2 tart apples, *cored julienned (or shredded)*
- 1 cup carrots shredded

Instructions

1. Combine dressing ingredients in a small bowl & set aside
2. Toss with slaw ingredients
3. Allow to sit for at least 1 hour before serving

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Pastor Josh and Kayla Sims, Faith Christian Center, Ozark



In May, I preached a message to our church called, "It can get lonely". It was for our graduation recognition service; and it was also a challenge to the graduates and church as we are on this Faith Journey with Jesus.

Matthew 26:24-27 says,

24: Then Jesus said to His disciples, "If anyone desires to come after Me, let him deny himself, and take up his cross, and follow Me. 25: For whoever desires to save his life will lose it, but whoever loses his life for My sake will find it. 26: For what profit is it to a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul?"

I hope you understand that I am not trying to discourage anyone from making a decision to be a Christ follower; as a matter of fact, I hope that this would be an encouragement. When we look at this passage a few things stand out. 1) Jesus says if you desire to follow me, deny yourself and pick up your cross. 2) What does it profit someone to gain the whole world but lose their soul? There can be a sermon made off of each of these passages separately, but when put together we see the big picture. We all have a choice to make. That choice is are we going to serve our self or Jesus? When we choose to follow Jesus, the Holy Spirit will begin to convict us separately concerning areas of our lives. For you it may not be a conviction; but for me, Jesus is saying lay down. The cross I must carry is not flattering to those who choose the world's picture of who Jesus is. Because of this, invitations and opportunities will disappear. I want to tell you that following Jesus will appear at times to bring loneliness and you will feel that you're missing out. The bigger picture is that while others are chasing after temporary moments of excitement and happiness you will be satisfied and filled with joy because you have found your purpose and meaning for living. Choose Jesus today.



Faith Christian Center

Pastor Josh and Kayla Sims
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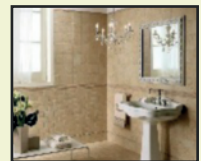
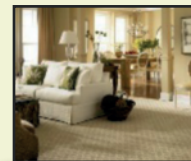
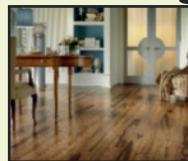
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Claybank Master Gardeners

Have you ever drooled over the beautiful yards featured in Wiregrass Magazine? In the month of June Claybank Master Gardeners will be hosting a Lunch and Learn program on Lawns and Gardens, presented by Eric Heisner, from Mustard Seed Landscaping. Eric is a Landscape Architect with a horticulture degree from Auburn University whose work is often pictured in Wiregrass Magazine. If you want ideas to improve your landscape, come to the Dale County Extension office on June 21st from 12 noon to 1:30. Pre-register at 334-774-2329. Cost will only be \$10 which includes lunch. (Insert photo here)

If your summer veggies haven't gotten into the ground or raised beds yet, it isn't too late to plant them. one of the best organic fertilizers to spray or drench your flowers and veggies with is Fish Emulsion. It provides a mild but effective boost to your plants. Only a tablespoon mixed with a gallon of water is all it takes, every two weeks. Spray or pour it on the base of the plants.

According to the Auburn University SOW app these are the vegetables you can plant now:

Asparagus, okra, southern peas, and sweet potatoes.

Asparagus grows from crowns, is a perennial (comes back every year), but let plants grow without cutting spears the first year or two to encourage abundant growth.

You can encourage good germination by soaking your okra seeds in warm water for 6 hours before planting them.

Southern peas need only 1/3 of the amount of nitrogen other crops require. Just be sure to keep the soil moist during bloom and pod production.

Sweet potatoes thrive in hot weather (72o an above), should be planted from slips or transplanted, at least 12" apart. After first harvest, new plants will grow from vine cutting 8-10" long.

Our **June Claybank Master Gardener** meeting will be held at 11 AM on **Thursday June 20th** at *Hoppergrass Restaurant, 129 East Ave.*, across from Milky Moo's in Ozark. We will have lots of fun plans, opportunities to volunteer, and a brief presentation. Come buy your lunch if you wish, and enjoy the company of some wonderful, down-to-earth friendly folks.



PANCAKE PRAYER

A six-year-old said grace at family dinner one evening. "Dear God, thank You for the pancakes."

When she concluded, her mother asked her why she thanked God for pancakes when they were having chicken-pot-pie.

She smiled and said, "I thought I would check to see if He was paying attention."

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**They told me I couldn't take snacks into the theater, but I
have a few Twix up my sleeve.**

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Now in our 11th Year



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Christian Work Ethics

By Wallace Kennedy, Jr.

How do we demonstrate our Christian values in the workplace?

Colossians 3:17 And whatsoever ye do in word or deed, do all in the name of the Lord Jesus, giving thanks to God and the Father by him.



Christians of all kinds are to work "heartily," from the Greek phrase *ek psyches*, meaning "from the soul." This implies the ideas of enthusiasm and passion. Demonstrating a good work attitude makes a tremendous difference in one's personal life and in our influence on others.

Work Ethics is a belief in work as a moral good: a set of values centered on the importance of doing work and reflected especially in a desire or determination to work hard.

Attributes of good Work-Ethics: Always Behaves Professionally; Organization and High Productivity; Teamwork and Cooperation; Determined to Succeed and Consistent and High-Quality Work.

Sometimes we find ourselves challenged because we don't like our boss/supervisor. Our perception may be they are mean and unkind, treat us unfairly, don't believe like we believe, self-centered and/or other things. However we are to honor the position or "seat of authority", even though the person may not be likeable.

Paul's words remind us that, regardless of our occupation in life, God is the one ultimately judging all we do, so all of our service is really for Him. So the key to be the "light and salt" on the job is: Do what we do as though we are doing it unto the Lord! From the most mistreated employee to the highest-paid leader, every person is called to work for God's honor. We do not work "for men" or simply earthly goals, but to glorify our heavenly Father and Master. Living for the Lord's honor is relevant in one's personal life, immediate family, and work contexts.

Also my friends, Paul goes on to say in **Colossians 3:18—4:1** how this applies in the Christian homes, includes directions for husbands, wives, children, and bosses/supervisor's behavior towards one another. Paul makes a point of reminding believers not to merely "get by" with the bare minimum of what we are obligated to do, but to put our heart and soul into it.

And remember: **Ephesians 6:6 And do this not only to please them while they are watching, but as servants of Christ, doing the will of God from your heart.**

My prayer is that God will keep you in His care, and have a safe, wonderful and blessed summer.

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get into Heaven,
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**A man and his ever-nagging wife are on
vacation in Jerusalem**

While they were there, the wife passed away. The undertaker told the husband, "you can have her shipped home for \$5,000, or you can bury her here, in the holy land, for \$150. The man thought about it, and finally decided he would have her shipped home. The undertaker asked, "why would you spend \$5,000 to ship your wife home when you can have her buried here for so much less?" The man replied, "Long ago, a man died here, was buried here, and three days later, he rose from the dead. I just can't take that chance."

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My boss texted me, "Send me one of your funny jokes, Pete."
 I replied, "I'm working at the moment, Sir, I will send you one later."
 He replied, "That was fantastic, send me another one."

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Solution on Page 30
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ABCD EFGH a week IJKLM a week NOPQ a week RS_U a week -WXY Z	FREQUENCY	



A man goes into the doctor. He says, "Doc, you gotta check my leg. Something's wrong. Just put your ear up to my thigh, you'll hear it!" The doctor cautiously placed his ear to the man's thigh only to hear, "Gimme 20 bucks, I really need 20 bucks."

"I've never seen or heard anything like this before, how long has this been going on?" the doctor asked. "That's nothing Doc. put your ear to my knee." The doctor put his ear to the man's knee and heard it say, "Man, I really need 10 dollars, just lend me 10 bucks!!"

"Sir, I really don't know what to tell you. I've never seen anything like this." The doctor was dumbfounded.

"Wait Doc, that's not it. There's more, just put your ear up to my ankle," the man urged him. The doctor did as the man said and was blown away to hear his ankle plead, "Please, I just need 5 dollars. Lend me 5 bucks please if you will."

"I have no idea what to tell you," the doctor said. "There's nothing about it in my books," he said as he frantically searched all his medical reference books. "I can make a well educated guess though. Based on life and all my previous experience I can tell you that your leg seems to be broke in three places."

NEW! NEW! CONTEST RULES

We have hidden the 8 APRIL icons pictured below in 8 ads.

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Drawing will be held on the 12th of the month.

The winner will be called; so be sure a leave a daytime number where you can be reached. The winner will have (3 days) until the 15th of the month to come by Laughs and Lifts office to claim their prize and have their picture taken for the next Laughs and Lifts! Prizes must be picked up in person by the



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3	2			9		1		5
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TIPPING

A blackjack dealer and a player with a thirteen count in his hand were debating whether or not it was appropriate to tip the dealer.

The player said: "When I get bad cards, it's not the dealer's fault. Similarly when I get good cards, the dealer isn't responsible. So why should I tip him?"

The dealer countered: "When you eat out, do you tip the waiter?"

"Er, yes."

"Well, he serves you food, and I'm serving you cards, so you should tip me."

"Fair enough," said the player, "but the waiter gives me what I ask for. I'll take an eight..."

An elderly couple just returned to a Mercedes dealership after the salesman there sold the car that they had been interested in to a gorgeous leggy blonde wearing a mini skirt and a skimpy top. The visibly upset older man confronted the salesman, telling him, "Young man, I thought you said you would hold that car till we raised the \$55,000 asking price, yet I just heard you closed the deal for \$30,000 to the lovely young lady there. If I remember correctly, you had insisted to us that there was no way you could discount this model."

The salesman was clearly nervous, and he reached for a glass of water so that he could clear his throat.

"Well, what can I tell you?" the salesman stammered. "She had the cash ready, didn't need any financing help, and just look at her sir, how could I resist?"

The salesman could not help but give a sheepish smile to the old man as he said this. Just then, the beautiful young woman approached the elderly couple and gave the car keys to the old man

"There you go, Dad," she said. "I told you I could get that idiot to lower the price!"

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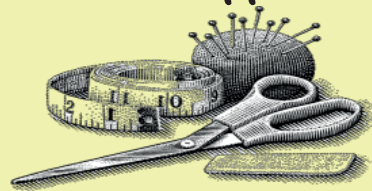
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PURE GENIUS!!!

One of the richest and most powerful men in Brazil, Thane Chiquinho Scarpa, made waves when he announced plans to bury his million-dollar Bentley, so he could drive around his afterlife in style. He received lots of media attention, mostly negative and was severely criticized for the extravagant gesture and wasting of a precious commodity. Why wouldn't he donate the car to charity? How out of touch with reality is this guy? He still went ahead with the ceremony.

But, there's a twist. (Of course there is. Why else would I be telling this story?)

Moments before lowering the car in the ground prepared for the burial of his Bentley, he declared that he wouldn't bury his car and then revealed his genuine motive for the drama: Just to create awareness for organ donation.

"People condemn me because I wanted to bury a million dollar Bentley, in fact most people bury something a lot more valuable than my car," Scarpa said during a speech at the ceremony. "They bury hearts, livers, lungs, eyes, kidneys. This is absurd. So many people waiting for a transplant and you bury your healthy organs that could save so many lives!"

Worth a thought !!



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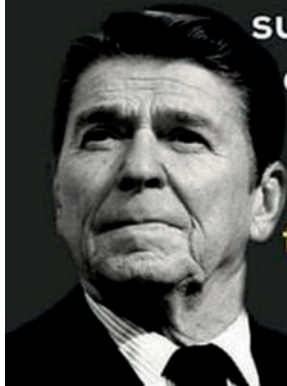
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Bamboozable Answers

- | | |
|---------------------------------|------------------------|
| 1.. Cry all the way to the bank | 1. Last Dance |
| 2. The stakes are high | 2. For Crying Out Loud |
| 3. That's too bad | 3. Inground Pool |
| 4. Eyes in the back of my head | 4. No TV for a Week |
| 5. Miniskirt | 5. High Frequency |
| 6. All in All | 6. Sit Ups |

**Before my surgery
the anesthetist
offered to use gas,
or to knock me out
with an oar.
It was an ether/oar
situation.**

**Last Night, My Neighbor
Came Home Drunk &
Banged On His Own
Door For Like 5 Mins.
Problem Is, He Lives
Alone, So I Went
Outside And Told Him
He Wasn't There & He
Left!!!** 🙄 😂 😂



**"Under no pretext
should arms and
ammunition be
surrendered; any
attempt to disarm
the people must
be stopped, by
force if necessary"**

-Ronald Reagan

**Don't chase love, money, or success. Become the best
version of yourself and those things will chase you.**

CLASSIC GROUCHO

One day a man approached Groucho Marx and said, "Please insult my wife. My wife loves your work. It would really give her a thrill if you insulted her."

Groucho turned to the man and said, "Sir, you should be ashamed of yourself: To be married to a woman like that and not be able to think up your own insults!"



REMEMBER THE GOOD OLD DAYS

A sales clerk asked his boss how to handle people who complained about the current prices compared to the low prices in the good old days.

"Just act surprised and tell them you didn't think that they were old enough to remember them."

WHO'S A MORON

After my 11 year old son did something really dumb, I called him a "moron."

He looked at me like he was saying, "Dad, do you know anything?"

He finally said "Dad I looked 'moron' up in the dictionary and the definition of it is 'a person who has the intelligence of a 12 year old.'"

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Every Senator or Congressman running for re-election!!!

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I tried starting a day off without coffee.
My court case is pending.

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SHOPPING MANNERS

One of the busiest times for a meat-department manager in a supermarket occurs when there is a sale on particular cuts.

When they put cross-rib roasts on sale the result are predictable. They would bring out a cart of roasts and before they could get them on display, women customers were jostling for their share. Three times they would returned with a cart of roasts and three times they were gone before I got to the counter.

The fourth time they brought out roasts, I noticed that a man who had quietly been watching began to approach the butchers cart. He elbowed his way in, pushing and shoving, and finally grasped a roast.

Before he could retreat from the crush, an irate woman glared at him and said, "Sir, how about being a gentleman!"

The fellow turned and said, "Ma'am, for twenty minutes I've been a gentleman, now I'm going to be a lady!" And with that, he smiled, took his roast and walked away.



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**If you are having a
bad day, remember it
could always be
worse..... You could
be the only child and
still not the favorite!**

**if \$15/hr (\$32k/yr) is
min. wage to survive
above poverty: why
are Seniors forced to
live on 1/3 that from
SSA they paid in to?**

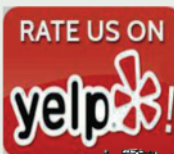
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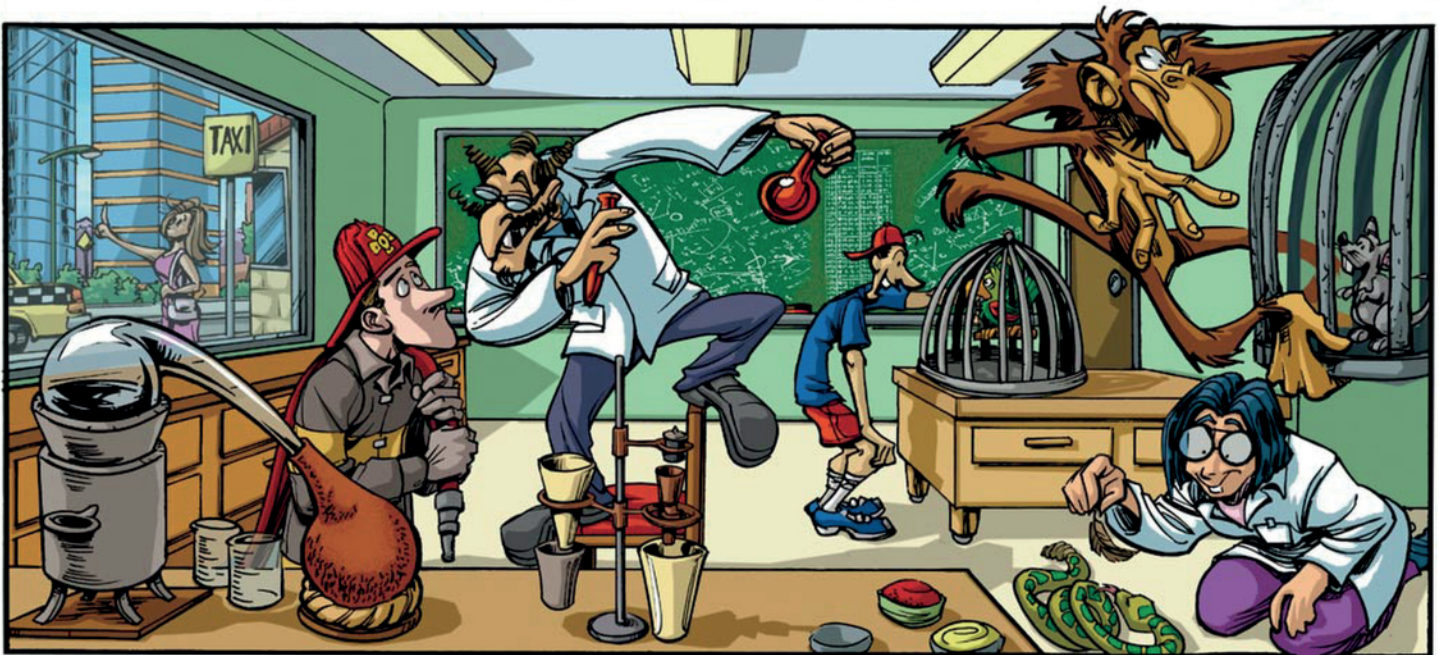


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Hillary Clinton goes to a gifted-student primary school in New York to talk about the world. After her talk she offers question time. One little boy puts up his hand. Hillary asks him what his name is. "Kenneth," he says. "And what is your question, Kenneth?" she asks. "I have three questions," he says. "First -- whatever happened in Benghazi?" "Second -- why would you run for president if you are not capable of handling two e-mail accounts?" "And, third -- whatever happened to the missing six billion dollars while you were Secretary of State?" Just then the bell rings for recess. Hillary informs the kiddies that they will continue after recess. When they resume Hillary says, "Okay, where were we? Oh, that's right, question time. Who has a question?" A different boy -- little Johnny -- puts his hand up. Hillary points to him and asks him what his name is. "Johnny," he says. "And what is your question, Johnny?" she asks. "I have five questions," he says. "First -- whatever happened in Benghazi?" "Second -- why would you run for president if you are not capable of handling two e-mail accounts?" "Third -- whatever happened to the missing six billion dollars while you were Secretary of State?" "Fourth -- why did the recess bell go off 20 minutes early?" "And, fifth -- where's Kenneth?"

To make a long story short, don't tell it



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I AM A SEENAGER

I have everything that I wanted as a teenager, only 60 years later.
I don't have to go to school or work.
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I have my own pad.
I don't have a curfew.
I have a driving licence and my own car.
I have an ID that gets me into bars and off-licences. I like the off-licences best.
The people I hang around with are not scared of getting pregnant. They aren't scared of anything. They have been blessed to live this long, so why be scared?
And I don't have acne.
Life is Good!
Also you will feel much more intelligent after reading this, if you are a Seenager. Brains of older people are slow because they know so much. People do not decline mentally with age. It just takes them longer to recall facts because they have more information in their brains. Scientists believe this also makes you hard of hearing as it puts pressure on your inner ear.
Much like a computer struggles as the hard drive gets full, so, too, do humans take longer to access information when their brains are full. Researchers say this slowing down process is not the same as cognitive decline. The human brain works slower in old age, said Dr Michael Ramscar, but only because we have stored more information over time. The brains of older people do not get weak. On the contrary, they simply know more. Also, older people often go to another room to get something and when they get there, they stand there wondering what they came for.
It is NOT a memory problem. It is nature's way of making older people do more exercise.

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THE SPARROW

Once upon a time there was a non-conforming sparrow who decided not to fly south for the winter. However, soon the weather turned so cold that he reluctantly decided to fly south. In a short time ice began to form on his wings and he fell to Earth in a barnyard, nearly frozen solid. A cow passed by where he had fallen, and crapped on the little sparrow. The sparrow thought it was the end, but the manure warmed him and defrosted his wings! Warm and happy, able to breath, he started to sing.
Just then a large cat came by, and hearing the chirping he investigated the sounds. The cat cleared away the manure, found the chirping bird, and promptly ate him.
The Moral of the Story:
Everyone who craps on you is not necessarily your enemy Everyone who gets you out of crap is not necessarily your friend.

**Who cares what Trump does with his money? It's his money.
What I care about is what congress does with my money.**

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