



718.822.2025



Pointe • Musical Theater • Technique • Tumbling • Tumblebugs

4037 E. Tremont Ave., Bronx, NY 10465

performersedgedanceacademy.com

# PRUZZO'S 2937 WESTCHESTER AVENUE 718-863-5650 SUPERMARKET & GOURMET DELI CATERING PRUZZOS.COM © @ 6

\*\*ONE DAY ADVANCE NOTICE PLEASE FOR ALL COMBOS\*\*





# COMMUNITY NEWS

ABOUT OUR NEIGHBORHOOD CALENDER OF EVENTS!

Do you have an event that is of interest to your neighborhood? 2 Excluding Yard & Garage Sales. We will print your event *free* of charge

- ALL NON- PROFIT ORGAINZATIONS WELCOME!

BRONX JEWISH CENTER HOSTS COMMUNITY DINNER Please join us for our next community Shabbat dinner at the Bronx Jewish Center,1969 Haight Avenue, Bx NY 10461 to be held on Friday, July 5th, starting at 7:00PM. The special theme for that evening will be Shabbat in Turkey. Yes, that's right Turkey. All of your favorite Turkish style dishes will take center stage! We look forward to seeing you! Enjoy a delicious 4 course dinner with your fellow neighbors. Turn your Friday night Shabbat into an evening of spiritual awakening, inspiration, Jewish songs and culinary delight. Please RSVP @ 718.812.1701 to let us know you are coming. Shabbat dinners are held the first Friday of every month. Free of charge and all are welcome to join! Website:www.BronxJewishCenter. org,

office@bronxjewishcenter.org

FREE SHSAT BOOT CAMP #YAatPK Need to prepare for your specialized high school admissions test? SHSAT Boot Camp is for you! Practice in summer to earn your best score in fall. For students going into Grade 8 or Grade 9 intending to take SHSAT in October or November 2019. No registration required, but please show up on time. These classes are free and conducted in English by a librarian. All materials provided. Dates: 3pm - 4pm Wed 7/3, Mon 7/8, Wed 7/10, Mon 7/15, Wed 7/17, Mon 7/22, Wed 7/24, Mon 7/29, Wed 7/31. Parkchester Library Meeting Room, 1985 Westchester Avenue Bronx, NY, 10462, 718.829.7830.

PSS CITY ISLAND CENTER Upcoming Special Events: Thursday Library of City Island

PSS CITY ISLAND CENTER Upcoming Special Events: Thursday, July 11 @ 12:45 pm, The History of City Island presentation. Stop by picturesque City Island and enjoy the exciting programs offered at our center which is located at 116 City Island Ave. Monday through Friday from 9 am to 3 pm. Experience our exercise classes from gentle yoga stretch, balance class, arthritis workshop and tai chi as well as our vigorous fit for life and cardio fit. We also offer acrylic painting, gardening exchange club, health presentations, singing group and parties! Lunch is served from 12-1 pm, suggested donation \$2.00. We go on shopping trips every day; i.e. Shop Rite, Dollar Tree, Target, Kmart as well as theatre excursions, special trips, special luncheons and more. It's free to become a member but you must be 60 years or above. For more information contact Patty @ 718-885-0727 or email pattis@pssusa.org for our monthly calendar.

FUN IN THE SUN! You can have it made in the shade with a book or magazine while your little one cools off on our interactive water table, or makes some cheerful chalk art in our garden area. Ages 2 to 5. City Island Library, Community Meeting Room. 320 City Island Avenue, Bronx, NY, 10464 718.885.1703.

MOLDING OUR COMMUNITY - FREE CERAMIC

MOLDING OUR COMMUNITY – FREE CERAMIC WORKSHOP July 13 @ 1:00 PM - 3:00 PM, Free ceramics workshop open to all. Come and create with us! We will explore using different techniques to make forms out of clay. The work created in this workshop will be fired and exhibited at Flares Studio and Designs on 835 Dawson Street (just around the corner form the garden) at the end of the series. There will be 5 workshops total; this is workshop 2 of 5. Kelly Street Garden, 924 Kelly Street, Bronx 10459, 347.420.0110.

NATURE CENTER ADVENTURES: PELHAM BAY PARK Friday, July 5, 2019, 11:00 am–12:00 pm. Join our Adventure Guides, who lead free nature related programs at our Nature Centers this summer. Nature Center Adventures connect New Yorkers of all ages to nature through experiential learning. Nature Center Adventure programs include scavenger hunts, nature crafts and games, and getting up close and personal with our nature center animals. Bruckner Boulevard and Wilkinson Avenue. Urban Park Rangers, 718.319.7258.

SURVIVOR I AM WELL--AWARENESS EVENTS AT BUFANO PARK Schedule follows READ THROUGH spreading the word as it's all for you and there's something NEW in the very month of JUNE! Bufano Park on Bradford Avenue btwn Waterbury and LaSalle. We invite all in partnering to be that village. Awareness through proactive prevention to empower the next is always our focus. How can we be better? Together is key. We were once children; remember! Saturday, July 20th, 2019 Continued Awareness\* Family Fun 1 pm to 6pm Chess, Face-Painting, Karaoke \*ALWAYS\* Arts. Saturday, August 24th, 2019 Yay! Bufano Park's 80th Birthday 1 pm to 6pm Celebrating 80 yrs through community awareness. Saturday, September 21st, 2019 Anti-Bullying Awareness 1 pm to 6pm Back to School Blues Survival Tools and the planning to bring skating back again! Saturday, October19th, 2019 Annual Costume Celebration Family Fun for everyone in great awareness. Festivities are provided until 6:00pm at each event. Come advocate and tent at our event. Together we are the difference! To participate in volunteering or tabling contact Sonia (347) 834-1917 Follow Survivor I Am on Instagram. Like our Facebook page for more adversity awareness content. Visit our website www.survivoriam.org and click on photo gallery to view past amazing gatherings! THE TIME IS NOW. Want to help? Contact us to find out how!!!

CRUGER AVENUE SYNAGOGUE ROCKS THE BRONX WITH A 4th OF JULY WEEKEND SHABBAT BARBECUE LUNCH! Experience a unique 4th of Jew-ly and celebrate the joy of the Sabbath with a memorable, very inspiring Shabbat service, followed by an incredible Kosher BBQ lunch, featuring all your holiday favorites. Your taste buds will blast off as you savor chicken, burgers, salads, water-melon, pastries and much more! You don't have to be religious to want to connect to your heritage and soak in the spirit of Shabbat. This explosive event is FREE FOR ALL. Join us on Saturday, July 6. Services begin at 9:30 am; lunch to follow at 12 noon. Cruger Avenue Synagogue, 2222 Cruger Avenue, Bronx, NY 10467; email: synagoguerugeri@gmail.com

BIRD WALKS Saturday, July 6, 2019 9:00 a.m.–10:30 a.m. Join us in the park as we focus on wildlife happenings in the park on a walk led by NYC Audubon experts. Van Cortlandt Nature Center in Van Cortlandt Park, Enter the park at Broadway and 246 Street. Cost is Free. Van Cortlandt Park 718.430.1890, info@vcpark.org

JEANNE JUGAN RESIDENCE Please consider donating NEW gift items to Jeanne Jugan Residence located at 2999 Schurz Ave Bronx, New York 10465. These items can be sold annually in our gift shop and Christmas Bazaar. We have a special need for brand new toys. Other items include costume jewelry, gift sets, electronic items specialty items, NEW tagged clothing, accessories and collectibles. We are unable to take VHS, used dish sets, loose glassware/ vases, books or used bedding of any kind. If you have a question concerning a donation contact Joanne at the Home at 347-329-1800. Drop off week days if possible. PLEASE make sure donations are securely packaged and labeled GIFT SHOP/JOANNE

and labeled GIFT SHOP/JOANNE.

TEEN ARTIST - MAKING COMICS July 9, 2019, 2pm. Teens/Young Adults (13-18 years), join us as we explore digital art-making during Teen Artist! We'll use Canva, Adobe Spark, and Pixton to make alternate book covers, social media posts, zines, comics, & more! Woodstock Library, 761 East 160th Street, 10456, 718.665.6255.

CHILDREN'S MUSEUM OF MANHATTAN Free every first Friday of the month, 5–8pm. Little museumgoers dance, run, solve problems, design and make music at this Upper West Side spot. Exhibitions focus on health, diversity and just plain fun things like cartoons, while workshops and special events help fill the days. The Tisch Building, 212 W. 83rd St., Manhattan, NY 10024, https://cmom.org/.



OPEN SUNDAYS!! \*\*STOP IN, HUNDREDS OF UNADVERTISED SPECIALS!!! \*\*\*NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS!

W/Coup.Exp.7/06/19

W/Coup.Exp.7/06/19

W/Coup.Exp.7/06/19

W/Coup.Exp.7/06/19





# A.S.A.P. HOME EXPO

Learn all about the housing experience from top industry professionals.

07.13.19 9AM - 2PM

Maestro's 1703 Bronxdale Avenue, Bronx, NY 10462 Saturday, July 13, 2019

Breakfast & Lunch included in admission of \$25 Multilingual - English, Spanish, Albanian, Hebrew, Farsi and Mandarin





#### **EDUCATIONAL SESSIONS**

First Time Home Buying + 10 Sessions in Creative Home Buying & Financing Options.

#### 50+ EXHIBITORS INVITED

Bankers, Mortgage Professionals, Builders, Remodelers, Contractors, Interior Designers & many more home improvement professionals all under one roof!

For agenda information or to register for the event visit www.asapmortgageinc.com/expo



"The Unique Boutique Mortgage Experience"

A.S.A.P. Mortgage Corp. is a Registered Mortgage Broker NYS Dept. of Financial Services. 2062 East Mair

#### **CONTACT**

For Questions, Sponsorships and Vendor Opportunities, please call (914) 218-3968 or e-mail:
EventsCJH@EventsRemember.com

# ARE YOU READY FOR SUMMER? NO NEED TO HIDE YOUR FEET!

You can enjoy the beach, pool and fitness activities THIS SUMMER if you call now.





There is still time to get rid of painful & unsightly BUNIONS and HAMMERTOES!

- Comfortable outpatient surgery
- · Most patients back in sneakers in just 2 weeks
- Most insurances accepted

### \*\*\* GHI (EMBLEM), EMPIRE Plan \*\*\*

All initial visits receive a comprehensive podiatric exam including biomechanical, vascular and neurological assessment.

**Dr. Vincent Gramuglia:** Board Certified, Practising in the BRONX for 30 years.

**George Le, DPM**: A graduate of the prestigious Montefiore Foot and Ankle Surgery program.

**Andrew Wong, DPM**: Prior Chief Resident at the Department of Veterans Affairs here in NYC.

Their addition along with Dr. Gramuglia's 32 years of experience is a perfect combination.

DR. VINCENT GRAMUGLIA GEORGE LE, DPM ANDREW WONG,DPM

1578 Williamsbridge Road #3A, Bronx NY

718.828.3333

# I'll Treat Your Family...Like Mine

In My High Quality Private Office

### DENTAL CARE IS MORE AFFORDABLE THAN YOU THINK

- Most Insurance Plans Accepted
- 50% Off Initial X-Ray, Cleaning
  - + Exam (Adult New Patients)
- Flexible Payment Plans



SELECTED AS ONE OF AMERICA'S TOP DENTISTS BY THE CONSUMERS RESEARCH COUNCIL

718-823-3000 Robert E. Steinberger, D.D.S.

# EAST TREMONT DENTAL ASSOCIATES

3875 East Tremont Ave. Throggs Neck, NY

WWW.EASTTREMONTDENTAL.COM

24 Hour Emergency Care Same Day Denture Repairs

Dental Implant Specialist On Staff

HAROLD S. ENTES, ESQ "YOUR NEIGHBORHOOD ATTORNEY" 1960 WILLIAMSBRIDGE ROAD REAL ESTATE CLOSING **BANKRUPTCY (CHAPTER 7 & 13)** STOP FORECLOSURE, **EVICTION & GARNISHMENTS DIVORCE \* CHANGE OF NAME \* WILLS** LANDLORD/TENANT CALL US (718) 828-3070

Licensed electrician will beat any written estimate. House wiring, electric heat installed security systems and much more. Call Al 718-829-8844

Electrician / Handyman no job is ever too small Mark 347-932-2994

Powerwashing - house, deck, driveways, siding, graffiti removal, awning cleaning, painting, hot water truck and mount service, free estimate call 914-224-5188

1 bedroom apt in ph utilities included. In Throgs neck. No pets. 1 month rent 1 month deposit. Please call 347-692-0790

Yard Sale July 6 Saturday 8:30 - 3:00 - 644 Wilcox Ave. Between Randall & Schley

For rent 1 bedroom apartment near Jacobi and Einstein \$1300 included utilities. 718-597-8533 Boat for sale, \$500.00 1976 25 ft Trojan cabin cruiser 8 cylinder Chrysler inboard engine runs good cabin sleeps four with galley and head, cabin needs tender loving care ,great fishing boat Jack stands go with boat. 917-623-6902

Personal Touch Wood Floors Inc. Scraping, Sanding, Refinishing Natural Stains, Waterbase, Oilbase Finishes. 25yrs exp. Neighborhood Floorman Licensed & Insured, Free Estimates Donnie Baker 914-837-0677

TREE CUTTING, PRUNING Specializing in large tree removal. LAWN CUTTING / YARD CLEAR-OUTS

UNBEATABLE PRICES

Insured. Free Estimates 347-939-1757

Julius A. Rivera, Jr. Esq 1-800-428-4LAW • 718-828-2318 Julius Rivera Law. com Bankruptcy \$750\* Stop Foreclosure - Modify Mortgage Uncontested Divorce \$550\* Deed Transfer \$350\* Name Change \$750\* Corporation \$250\* Wills \$250\* Power of Attorney \$250\* Personal Injury - Contingency Fee \*From Plus Costs Credit & Debit Accepted 957 Morris Park Avenue, Bronx, NY 2415 East Tremont Avenue, Bronx, NY Offices: Bronx, Peekskill, Middletown, Poughkeepsie

> **Bronx Tree Experts LTD** Tree Trimming & Removal 718-45Ŏ-9292

WE BUILD WEBSITES CALL NOW FOR AFFORDABLE AND **HELPFUL SERVICE 718-828-1104** 

# ossw Down

#### Across

- 1. Soapstone component
- 5. "The Great Commoner"
- 9. Curling or hurling 14. River to the Caspian
- 15. Son of Isaac
- 16. Rhino relative
- 17. "Before I \_\_ at You Again"
- ("Camelot" song)
- 18. Salt, to a chemist
- 19. Po land
- 20. Start of a quip
- 23. Second Amendment PAC
- 24. "Hernando's Hideaway," for one 21. "The Haj" author
- 25. William Boyd role
- 29. More compact
- 33. Pays to play
- 34. Class subdivision, in taxonomy
- 37. Kind of cross
- 38. Stevedore's spot
- 39. Middle of quip
- 40. Catfish Row woman
- 41. Language suffix
- 42. Boy scout unit 43. Basque cap
- 44. Parted waters
- 46. Gofer's jobs
- 48. Farfalle, e.g.
- 51. Above, in verse
- 52. End of quip
- 57. Writer Jong
- 58. Recess
- tradition
- 61. Airline to Rio
- 62. It means "all"
- 63. Work with a dishtowel
- 64. Fencing pieces
- 65. Leave no leaves
- 66. Hornet's home

- 1. Big jerk
- 2. Burnoose wearer 3. Be a loafer
  - 4. Stuff for scouring
  - 5. Quintet
  - 6. Englishman's outburst
  - 7. Unspoken
  - 8. City on the Arkansas
  - 9. Brandy cocktail
  - 10. 1970 Öscar film
  - 11. Brilliantly colored fish
  - 12. Rub the wrong way

  - 13. Give it a shot

  - 22. Like some articles: Abbr. 25. Stunt

  - 26. Cookie spice
  - 27. Mount 28. Move back and forth
  - 30. Back, at sea
  - 31. Moved gingerly
  - 32. Shows oxidation
  - 35. Duesenberg contemporary
  - 36. Scoop
  - 39. Clear the board
  - 40. Intensify one's efforts
  - 42. Pekoe pouches
  - 43. Songwriter Jacques
  - 45. Money in coin
  - 47. Derek Jeter, in 1996
  - 49. Sax range
  - 50. What the nose knows 52. Green guarder
  - 53. Add to the staff

  - 54. Bumper-sticker word
  - 55. New York canal
  - 56. Séance sounds 57. First sinner
  - 60. Diminutive suffix

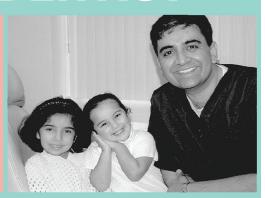
# TANNY JOSEN DDS PEDIATRIC DENTIST

WARM + FRIENDLY ENVIRONMENT

ADVANCED TRAINING IN CHILDRENS DENTISTRY

TREATMENT ROOMS UNIQUELY DESIGNED FOR KIDS

SEDATION SERVICES AVAILABLE



# CALL FOR APPOINTMENT

718-825-5000

3875 EAST TREMONT AVENUE East Tremont Dental Associates

FASTTREMONTDENTAL GOM

# 1 FREE INITIAL EXAMINATION

When performed with a child's cleaning and fluoride treatment.

New Pediatric Patients ONLY, one coupon per patient.
Not to be combined with any other offer.

Expires 7/31/2019

### NEW HEIGHTS CONSTRUCTION LLC

CONCRETE, SIDEWALK VIOLATIONS, PORCHES, BRICK & GRANITE STEPS, PAVER STONE'S, BRICK POINTING, STUCCO, ETC.



FENCING • DECKS • AWNINGS
Now Offering Summer Specials

### SIDING, ROOFING & WINDOWS

Waterproofing, Gutters, Solfit & Fascia Repair, and more

#### **FENCES**

Wood, Cedar, PVC, Stainless Steel, Chain Link, Etc

#### **DECKS**

Pressure Treated and Composite Decking

#### **AWNINGS**

#### **KITCHEN & BATH**

Now Offering Special Deals!

Call Now for a FREE Estimates

John Miller: 917.642.0195

800.525.5102 • 718.767.0044

NYC LIC# 1191201

NEWHEIGHTSCONSTRUCTIONLLC.COM



# **Bronx Plastic Surgery**

Plastic & Reconstructive Surgery





Robert D. Goldstein M.D., F.A.C.S. AMERICAN SOCIETY.





We are committed to enhancing and restoring your natural beauty with the latest surgical advancements and plastic surgery techniques. We also provide the latest options and techniques in reconstructive surgery. Experience the youthful, life changing effects of cosmetic surgery!

## **BREAST PROCEDURES • BODY PROCEDURES • FACE PROCEDURES**

### **BREAST AUGMENTATION**

Including Implants, Facility Fee and Anesthesia.

\$6,800

# **TUMMY TUCK**

Including Facility Fee and Anesthesia.

\$7,000



# 2425 Eastchester Road **Bronx NY 10469** www.BronxPlasticSurgery.com

drgoldstein@bronxplasticsurgery.com

**BOARD CERTIFIED PLASTIC SURGEON** 

**SE HABLA** 

CALL US NOW FINANCING 917.791.3062 AVAILABLE

# SIRECI FAMILY DENTAL, P.C.

GENERAL DENTISTRY & SPECIALTY CARE
"Your Neighborhood Dentists" Since 1983

TAKING CARE OF ALL OF YOUR DENTAL NEEDS, BECAUSE YOU DESERVE A BEAUTIFUL & HEALTHY SMILE!

Visit Our New Office At:

Revere Professional Bldg., 2861 Bruckner Blvd. 718-829-0455



# We are all over **YOUR** neighborhood! Pick up a Penny Pincher at these Amazing Locations!

Chase Bank Giordano's "Big G" Ruane's Deli
3528 E. Tremont Ave. 1554 Paulding Ave. 2 Centre Edgewater Pk. Dr.
Crosby Pet Key Food S&W Supermarket
1626 Crosby Ave. 3151 Westchester Ave. 4028 E. Tremont Ave.

Crosstown DinerKey FoodSilver Beach Office2880 Bruckner Blvd.2722 E. Tremont Ave.1 Plaza Place

Barino's Market Pruzzo's Supermarket Sweeney's Deli 3244 Ampere Ave. 2937 Westchester Ave. 3136 Miles Avenue

Bronx Pizzeria Monte Grab&Go Market TJ Lizzy's Deli 3579 E. Tremont Ave. 1790 Eastchester Rd. 3009 Harding Ave.











# Are you feeling down or depressed? Are you less active or more slowed down?



- If you are <u>age 60 or older</u> you could be eligible for a research study at Columbia University Medical Center that provides:
- A free comprehensive medical evaluation
- Up to 12 months of free expert treatment
- A more active and fulfilling life
- Compensation of up to \$300

Call the Clinic for Aging, Anxiety, and Mood Disorders at 646-774-8677 now to see if you are eligible
Para servició en español, llame al 646-774-8692

# DACARO CONCRETE & CONSTRUCTION

SIDEWALK VIOLATIONS REMOVED Patios, Sidewalks, Driveways, Steps, Blacktop, Pavers, Retaining Walls, Stucco, Waterproofing & Drainage

Call Dave 917-582-1207

FREE ESTIMATES • OVER 30 YEARS EXP.

#### **HOUSE CLEANING SERVICE**

- RESPONSIBLE
- CARING



**CALL MARIA** 347-723-5109

CROSSWORDANSWERS														
	S	Э	Z		3	К	A	Я		S		3	В	3
∃	а	I	^		I	7	M	0		9	I	Я	A	Λ
٦	A	ע	0		K	0	0	7		A	O	I	Я	3
	В	П	O	Г	0	Н	В	∃	∃	Ø	□	Ι	Т	
			Ø	Ш	0		A	Т	S	A	D			
s	O	Z	A	В	Я	3			A	3	S	O	3	R
上	3	Ø	П	Œ		d	0	0	В	Т		3	s	3
S	S	П	Œ		∃	0	3	人	3		Д	3	I	d
$\cap$	A	Т		α	3	а	Я	0		S	∃	Т	Z	A
Я	3	N	Z	П	D			人	D	I	S	S	A	О
			0	۵	Z	A	Т		$\forall$	ע	Z			
	3	Ι	Т	Z	I	S	I	人	Т	С	A	3	8	
	٦	A	H	I		٦	Э	A	Z		Ш	Z	A	G
Я	I	σ	Þ	Н		С	A	S	∃		Γ	$\forall$	В	$\cap$
1	Я	0	Ь	S		1	1	I	d		Э	٦	A	1

# A&T Moving and Hauling Co.

No job too small - Free Estimates - Low Rates Fully Licensed and Insured

# 20% OFF FOR SENIOR CITIZENS!



# Also Removals

Residential / Commercial Attic Basement & Garage Cleanouts NYSDOT35314 USDOT1073953

moveandhaul@gmail.com moveandhaul.com 914-318-8838 • 845-371-4593



# BERKSHIRE HATHAWAY

**HomeServices** 



**Diane Uvaro-Capone** Associate Real Estate Broker

**Rosemarie Uvaro** Real Estate Sales Person

# Westchester Properties

484 White Plains Road | Eastchester, NY, 10709

Voice mail: 718-518-0444 Email: deesrealestate@aol.com







2018 Five Star **Real Estate Agent** 





2017/2018 **Presidential Circle** 

If you are planning on relocating please give us a call to discuss a marketing plan to fit your needs. We are a "SISTER TEAM" and we look forward to hearing from you...

# WE SERVICE THE BRONX & WESTCHESTER COUNTY AND ALSO ASSIST IN RELOCATION.

2019

#### FORTUNE'S 10 MOST ADMIRED COMPANIES IN THE WORLD

1. APPLE 2. AMAZON 3. BERKSHIRE HATHAWAY 4. WALT DISNEY 5. STARBUCKS

6. MICROSOFT 7. ALPHABET 8. NETFLIX 9. JP MORGAN CHASE 10. FEDEX

#### SILVER BEACH GARDEN. CO-OP

THIS CO-OP NESTLED IN SILVER BEACH GARDENS BOASTS OPEN & AIRY WITH UPDATED KITCHEN & BATH. LAYOUT FEATURES: ENTRANCE FOYER FOR SITTING AREA/ OFFICE, LIVING ROOM, DA, EIK, FULL BATH WITH SHOWER. 2ND LEVEL: FOYER AREA & STORAGE, MBR, PLUS FINISHED BASEMENT- FAMILY ROOM / DEN / BEDROOM, PLUS BATHROOM WITH SHOWER - UNIT HAS FRONT YARD. \$359,000 WITH SHARES INCLUDED.

THROGGS NECK BRONX, NY 10465
THIS ONE FAMILY RANCH STYLE HOME IS A MUST SEE! ENJOY SITTING ON DECK AND VIEWING THE WATER.
LAYOUT FEATURES: PORCH WITH ENTRANCE CLOSET, LR, DA, KITCHEN WITH STOOLS FOR DINING, 2 BEDROOMS,
UPDATED BATHROOM, PLUS PORCH IN REAR OF HOUSE WHICH LEADS TO YARD, ATTIC AND BASEMENT FOR
STORAGE. \$429,000

EASTCHESTER, NY 10709
THIS HOUSE OFFERS TOO MANY UPDATES TO LIST, BUT
SOME INCLUDE: HEATED GARAGE, NEW APPLIANCES,
CENTRAL AIR CONDITION, NEW HVAC SYSTEM.
LAYOUT FEATURES: ENTRY FOYER, LIVING ROOM W
FIREPLACE, FORMAL DINING ROOM, MODERN EIK W/
DOOR TO DECK, POWDER ROOM, PLUS FAMILY ROOM
W/ DOOR TO HUGE YARD FOR ENTERTAINING. 2ND
LEVEL: 3 BDR & MODERN BATH W/ JACUZZI. BASEMENT
W/ LAUNDRY ROOM, ADDITIONAL ROOM & OFFICEPLUS CEDAR CLOSET FOR STORAGE, ATTIC, ALARM
SYSTEM, 1 CAR GARAGE & DRIVEWAY. LAKE ISLE
MEMBERSHIP AVAILABLE \$759,000

EDGEWATER PARK, CO-OP
THIS IS A GREAT PROPERTY TO DESIGN & CREATE
YOUR OWN HOME & STYLE. ONCE YOU PUT YOUR
PERSONAL TOUCHES THIS WILL BE YOUR DREAM
HOME. LAYOUT FEATURES: ENTRANCE FOYER W/
CLOSET, EIK W/ PANTRY, LR, BR, BR/FDR & 1/2 BATH.
2ND LEVEL LOFT CAN BE USED AS OFFICE, 2 BR'S W/
FULL BATH. BASEMENT IS STORAGE W/ HEATING
SYSTEM. ENJOY THE MANY AMENITIES THIS COMMUNITY
OFFERS: SECURITY, DELI, PLAYGROUND TRACK,
BASKETBALL COURT, VOLUNTEER FIRE HOUSE, BEACH
& COMMUNITY CENTER FOR SHAREHOLDERS TO RENT
OUT, EXPRESS BUS ACCESS, - CORPORATION ON SITE
\$\$319,000 W/ SHARES INCLUDED.

SILVER BEACH GARDENS, CO-OP
THIS NAUTICAL THEME HOME NESTLED IN THE SILVER
BEACH COMMUNITY BOAST OPEN & AIRY LAYOUT.
FLOOR PLAN FEATURES: FRONT YARD, LIVING ROOM
W/ HIGH VAULTED CEILINGS & WOOD BÜRNING STOVE,
DINING AREA, EIK W/ VIKING STOVE FOR ANYONE WHO
"LOVES" TO COOK, ANDERSON WINDOWS & HARDWOOD
FLOORS. 2ND LEVEL: 2 BR'S - MBR HAS VIEW OF THE
BRIDGE, ALSO AREA WITH DRESSERS FOR ADDITIONAL
STORAGE & FULL BATH W/ JACUZZI. PLUS BASEMENT W/
LAUNDRY, WINE ROOM, WORKSHOP, STORAGE & BATH W/
SHOWER- ACCESS FROM INSIDE HOME & OUTSIDE TO
BASEMENT ENJOY ALL THE AMENITIES THIS COMMUNITY
OFFERS. \$425,000 W/ SHARES INCLUDED.

SILVER BEACH GARDENS, CO-OP
LOOKING FOR DOUBLE LOT & 2 CAR GARAGE IN THE
ENCHANTING SILVER BEACH COMMUNITY- PLEASE
CALL FOR YOUR PRIVATE VIEWING, LAYOUT FEATURES:
ENTRANCE FOYER WITH CLOSETS, LIVING ROOM, DINING
AREA, UPDATED KITCHEN W/ BEAUTIFUL DECORATIVE
CABINETS & LIGHTING WITH LOVELY BACK SPLASH &
STAINLESS STEEL APPLIANCE, 2 BDR'S, FULL BATH PLUS
MUD ROOM AND BASEMENT FOR STORAGE & LAUNDRY.
PLUS ROOM TO EXPAND & BUILD ADDITION. GREAT SIZE
YARD FOR RELAXING & ENTERTAINING. MOVE IN CONDITION.
ENJOY THE MANY AMENITIES THIS COMMUNITY HAS
TO OFFER. REDUCED \$449,000 W/SHARES INCLUDED.

WISHING OUR CLIENTS & CUSTOMERS A SAFE & HAPPY FOURTH OF JULY!

# ClaraREALTY

LICENSED REAL ESTATE BROKER RESIDENTIAL | COMMERCIAL | SALES | RENTALS

# 3653 E TREMONT AVENUE

ACROSS THE STREET FROM THE POST OFFICE



Throgs Neck - 1 Family Semi Detached Brick & Frame, 6 Rooms, 3 bdr, Finished Basement with Bath, Central Air, Updated Kitchen, Granite Counter Tops, Wood Floors, Full Attic. \$499,000



Throgs Neck -1 Family brick, 6 Rooms, 3 Br, Full Finished Basement, Garage, New Cherry Wood, Kitchen, Stainless Steel Appliances, Skylight, Deck, Oak Floors, Move in Condition \$559,000 Call Gilda



Throgs Neck -1 Family Detached Frame, 6 Rm, 3 Bdrs, New Kitchen w/ Stainless Steel Appliances, New Baths, Ceramic Tile, Oak floors, Finished Basement w/ one Full bath, Driveway. \$579,000



Pelham Gardens -1 Family Brick Home. 6 Rooms, 3 bedrooms, Semi Finished Basement, Garage, New bath, New Heating System, Beautiful Landscape Yard, Functioning Fireplace. Ask for Gilda \$495,000

Call now for a free Market Analysis 7 1 8 . 8 2 3 . 5 3 9 7

Serving the Bronx & Westchester for over 35 years

We have a large selection of apartment listings!

CLARAREALTY. COM

### Councilman Mark Gjonaj



250 Broadway, Suite 1847 New York, NY 10007 (212) 788-7375

This summer, I have pledged to be a part of the New York City Council Participatory Budgeting Cycle. Constituents from the 13th Council District will have the incredible opportunity to influence the types of capital improvements they would like to make in their community. They will be given the platform to directly express project ideas and be involved in the New York City Capital Budget process.

Each fiscal year, every Council Member is given a \$5 million capital budget, in which each council member has the option of pledging at least 1 million dollars towards Participatory Budgeting to fund capital improvement projects. Started in the New York City Council in 2011, this process has allowed voters to fund different projects such as, enhanced security, technology in schools, and bus countdown clocks.

Participatory Budgeting does more than just allocate funds. It introduced the concept of civic engagement and responsibility by giving voting power to all constituents staring from age 11. It empowers and diversifies communities by providing ballots in several different languages. It increases accessibility and awareness by bringing voting booths to schools, libraries, and green markets. Since, Participatory Budgeting is heavily based on volunteerism, it also increases community engagement and activism.

Hence, I am looking forward to the commencement of the Participatory Budgeting Cycle. I urge you to stop by the District Office for a Participatory Budget project idea cardno idea is too big or small. The voices and ideas of constituents are absolutely vital to uplifting and enhancing communities. Together, we can create a more active and empowered Council District 13.

MOST CASH PAID FOR ANTIQUES, COL-LECTIBLES, ARTWORK, COMICS, SPORTS CARDS, JEWELRY, GOLD, SILVER, WATCHES, COINS, CAMERAS, RECORDS, ETC. PLEASE CALL AARON 917-923-6580

> Mover! Short and long moving. Very good rates. Call MO 646-764-2699

FLIER FACTORY IS STILL HERE AT 3797 E. TREMONT AVE. BEST DEALS FOR YOUR COPIES, FAXES, AND ALL YOUR PRINTING NEEDS. CALL 718-828-0208

2 Bedroom 1 bath renovated wall to wall carpet washer n dryer hook up tall ceilings with skylight private house in throggs neck. tenant responsible for all utilities. \$1900 per month 917-577-8161

OWENS TREE EXPERTS
TREE TRIMMING, TREE REMOVAL,
FAMILY OWNED SINCE 1959.
FREE ESTIMATES CHEERFULLY GIVEN.
LICENSED AND INSURED.
OWENSTREES.COM
718-885-0914

T&C CONTRACTING KITCHEN, BATHROOM, TILES, FINISHED BASEMENTS, PAINTING, PLUMBING, MASONRY, CARPENTRY, FREE ESTIMATES FULL INSURED & LICENSED ASK FOR TONY - 718-404-2038

Home Expo - Learn all about home buying + financing options from top professionals in the community Sat. 7/13 9-2pm at Maestro's 1703 Bronxdale Ave \$25 Admission. Includes breakfast + Lunch. Call 914-218-3968 or register online at www.asapmortgageinc.com/expo

Computer repair upgrade and troubleshooting. Call James 646-281-4475 or 718-324-4332

A & T MOVING NO JOB TOO SMALL FREE ESTIMATES LOW RATES LICENSED AND INSURED CALL 845-371-4593 OR 914-318-8838 20% OFF for Senior Citizens!

HIS CONCRETE CONTRACTORS, INC.
Sidewalks, Violations Removed, Driveways,
Retaining Walls, Brick and Block Work,
Stucco, Patios, Basements, Slabs, Steps,
Porches, Cobblestone, Bluestone, Demolition,
Extensions, Backyards, Curbs, Decks, Unilock,
Pavers, Excavation, Garage, Tiles ALL YOUR
MASONRY NEEDS AT REASONABLE PRICES
718-828-2587

HELP WANTED STOCK CLERK NEEDS DRIVERS LICENSE. LEHIGH WINES & LIQUORS 2929 WESTCHESTER AVE BRONX, NY 10461 718-863-2990

Micolosi Wood floor specialists: Sandling, installations, repairs, bleaching, pickling, staining, reliable, insured. 19 years experience. For estimates call 718-843-2400; 718-227-2074; 347-728-3890

Kafcos Realty

1Kafcos.com

18.518.910

VING THE BRONX & WESTCHESTER



WEDS JULY 10TH 6-8PM
THROGS NECK: 3181 WISSMAN
2 FAMILY WATERFRONT -200'
RIPARIAN RIGHTS, 3 BEDROOM
TRIPLEX + 1 BEDROOM DUPLEX,
RENTAL A/C, 2 CAR GARAG
\$1.138M \*ASK FOR JOSH



#### **THROGS NECK: 1011 WILCOX AVE**

LIVE & EARN! 2 FAMILY, 3 BR **DUPLEX, 1.5 BATHS + 2 BR UNIT &** COMPLETELY FINISHED BASEMENT TOO! BEAUTIFULLY MAINTAINED! \$879K



#### SILVER BEACH: **15 OAK AVE**

**ENJOY A CAREFREE LIFESTYLE-TURN KEY 2 BEDROOM DUPLEX** STYLE COOP W/ 2 BATHS, MANY **AMENITIES** \$479K



#### THROGS NECK: **3271A BARKLEY AVE** WHY PAY RENT? **DETACHED 1 BEDROOM BUNGA-**

LOW, MAINTENANCE FREE, HURRY \$259K

\*ASK FOR GREG



#### **THROGS NECK:** 692 BRUSH AVE

2 FAMILY HOME PLUS BASEMENT, **BUILT IN 2004, 3 BEDROOM OVER 3 BEDROOM -- EACH WITH MASTER BATHS, 2 SEPARATE BOILERS** 

\$829K \*ASK FOR DEBORAH



#### THROGS NECK: **757 LOGAN AVE**

THE ENTERTAINER! LARGE 1 FAMILY SET ON 50X100, FDR & EIK, MODERN FINISHED BASEMENT, A RARE FIND! \$679K

\*ASK FOR JOSH



#### **PELHAM BAY:**

**2841 CODDINGTON AVE** OWN & EARN! 2 FAMILY, 3 BED OVER 2 BEDROOM PLUS FULL BASEMENT, MANY UPDATES \$859K

\*ASK FOR MADELENE



#### **COUNTRY CLUB:** 3298 CAMPBELL DR

**LUXURIOUS LIFESTYLE! 3 BDRS, 1.5** BATHS, FIREPLACE FULL BASEMENT \$729K

\*ASK FOR MICHAEL







#### Mortgage Talk with Irene Amato

It's that time. Your new lease has arrived and the same question arrises, Should I rent or should I buy?

Purchasing a home is a complex decision that requires education. Knowledge is Power! For some, it's easier to sign a lease for another year and think about buying when the lease expires. Unfortunately, the majority of renters re-sign again and again.

We know the simple facts of owning a home outweigh renting. Some of the financial advantages are, the tax deduction for mortgage interest (yes that does still exist), and knowing a portion of your monthly mortgage payments are applied towards your principal balance is a plus too. Paying down your mortgage balance (by making monthly mortgage payments) frees up equity in your home. Equity is the difference between the mortgage balance that you owe and the value your home is currently worth. Not only does equity growth occur by making monthly principal payments to your mortgage but it also builds by the real estate market rising every year. While gaining equity is not a direct cash savings in your bank account, we must recognize it as an overall savings benefit of owning a home.

We talked about some of the financial aspects of owning a home now let's cover some of the fun facts. Owning a home offers privacy, a piece of the American dream of homeownership, and a place to call your own. Purchasing a house can offer access to an outdoor yard for family functions and for your own enjoyment such as bbq's and holiday parties. It often provides parking spaces or even a garage and some have a pool or one can be added.

For those who are purchasing a co-op or condo, these can offer washers and dryer's in the apartment or building, parking garages or assigned spots for cars, and some even have amenities such as a pool or gym and a community room to host family events. Imagine all of this while taking advantage of tax benefits and building home equity for your future.

As I mentioned in the beginning of this article, owning a home can be a complex decision. There is a fear factor of having a 30 year payment and simple fear of the unknown. That's understandable and why it is so important to discuss your individual concerns and options with a licensed mortgage professional and tax accountant.

The truth of the matter is, that some renters can own their own home for less or equal to what they're paying in rent. Don't be mislead by the myth of needing a large down payment or excellent credit when applying for mortgage financing. There are programs out there that allow for non-perfect credit and less than 20% down payment. Everyone deserves the opportunity to get a better understanding about the home buying process, programs available and the qualifications.

Don't let your fear of the unknown hold you back from becoming a homeowner and living out the American dream of homeownership. Asap Mortgage offers FREE pre-qualifications and financial check ups to all consumers. Check out the A.S.A.P Mortgage Home Expo, July 13th, 9am - 2pm at Maestro's 1703 Bronxdale Avenue. This event will offer a full overview of the home buying process for renters and existing home owners seeking to gain knowledge.

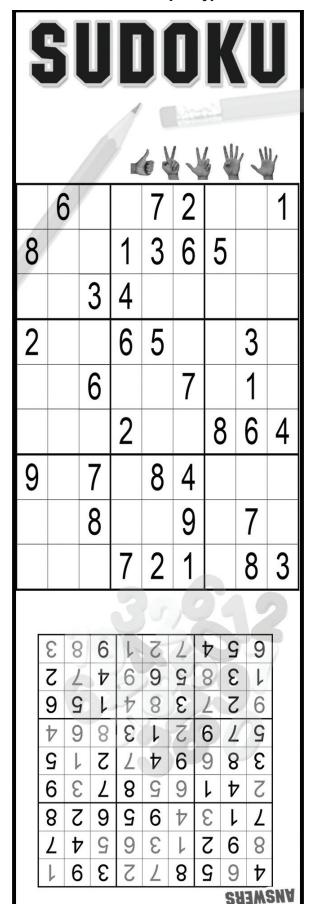
Visit asapmortgageinc.com/expo for info or text ASAP to 40691 to register.

Can't make the event call **1-866-THINK-ASAP** today for a FREE personalizes evaluation and overview of the home buying process.

You owe it to yourself and family to explore the opportunity of homeownership and make an educated decision if owning a home is for you!

Article provided by Irene Amato, CEO Asap Mortgage Corp. NMLS #4214

Brought to you by ASAP Mortgage Corp. 2062 East Main Street, 1st Floor Cortlandt Manor NY 10567. NMLS #4368 Registered Mortgage Broker NYS Department of Financial Service. All loans arranged through 3rd party providers.



#### SUBMISSION DEADLINE: **3002 MIDDLETOWN ROAD BRONX. NEW YORK 10461** ′18-828-11**0**4 40 YEARS YOUR AD WILL APPEAR EXACTLY AS WRITTEN. PRINT CLEARLY (ONE WORD PER BOX) INCLUDE PHONE NUMBER, INDICATE PUNCTUATION & SPECIAL INSTRUCTIONS. LIMIT 51 WORDS. NO REFUNDS OR CHANGES ONCE AN AD IS PLACED. Do not abbreviate. The BXPP Will Not Be Responsible for Errors. 2. 5. 6. 9 8 11 12 10. 14 15. 17. 18. 16 21 20. 23. 24 26. 27 25 29. 30. 28 32. 31. 33. 35. 34 38. 39. 37 41. 42 40. 44. 45. 43. 47. 48 46 50. 49 MERCHANDISE ADDITIONAL CHARGES **REAL ESTATE\* COMMERCIAL AD** Bold Type \$3 FOR SALE To Buy, Sell or Rent Help Wanted-Business Ads \$3 Furniture, etc. Limit 2 items Per Ad \$20 for 10 Words - 40¢ Each Additional Word Runs 1 Week Only Boxed Ad Limit: 1 House, Apartment, \$30.00 / 10 WORDS Business Garage or Lot Per Ad PARTIAL CAPS \$3 40¢ Each Additional word \$4 Charge To Add Extra Items Runs 1 Week Only \$40.00 / 10 WORDS \$5 ∃ALL CAPS OR BOAT 40¢ Each Additional word \$5 **FOR SALE** □ Centered \*REAL ESTATE AGENTS Please Call For Rate Info! 718-828-1104 GARAGE/YARD OR MOVING SALE Runs 1 Week Only. NO MULTIPLE DATES. Sp. One Car or Boat Per Ad \$25 for 10 WORDs. 40¢ Each Additional Word \$20 for 10 Words - 40¢ Each Additional Word Ad Online \$10 PLEASE INCLUDE PAYMENT OF CREDIT CARD INFORMATION WITH YOUR ORDER. ALL INFORMATION KEPT CONFIDENTIAL. COST OF AD \$ **EXTRA WORDS** Email X .40¢ Name ADD'L CHARGES **Billing Address** TOTAL Billing Zip Code Telephone **WEEK OF** Credit Card # **# OF WEEKS** Security Code Exp. Date



- -RENOVATION DERRIS
- APPARTMENT / TENANT EVICTIONS
- STORE / WAREHOUSE CLEANOUT
- BACKYARD CLEANUP
- OLD POOL & DECK
- **•OLD TV'S / REFRIDGERATORS & STOVES PICK UPS**

47-928-4242





MR. PLUMBER INC. SERVICING ALL OF THE BRONX



- 24/ 7 EMERGENCY SERVICE
- WATER HEATER REPLACEMENT WATER AND DRAINAGE LEAKS

OwensTrees.com

JOB TOO BIG OR TOO SMAL

JOSEPH PRESTIA **347-565-5730** 

Licensed & Insured-NYC LIC#1641 ANY PLUMBING SERVICE



ALL KINDS OF ROOFING & LEAK REPAIRS

- WATERPROOFING BRICK POINTING BRICK & BLOCK WORK SIDEWALK
   STUCCO & STEAM CLEANING
   STEPS
- PAVING STONES PAINTING SIDING MASONRY WORK
- GUTTERS/LEADERS FENCES KITCHENS & BATHROOMS FREE ESTIMATES • FULLY INSURED

ASK FOR BOBBY Lic. #1314233 OFFICE: 718-239-4349: CELL: 347-621-8780 LOWEST PRICES GUARANTEED



INTERIOR & EXTERIOR • COMMERCIAL & RESIDENTIAL

- WATERPROOFING
- ROOFING & SIDING
- STEAM CLEANING & POWER WASH
- CARPENTRY
- BRICK WORK BRICK POINTING
- STUCCO WORK

  - SHFFT ROCK WORK
  - EXTENSIONS
- STEP WORK SIDEWALKS &
- BATHROOM/KITCHEN/ TILE WORK

Ask for: LUIS (CELL); 347-806-4069 (Office · Phone · Fax) 347-293-4601





**FULLY INSURED** Call Mr. Q 646-373-7628 718-918-1233

LIC #: 1453522 FRE ESTIMATES

- Roofing Brick Pointing Sidewalks Gutters Brick and Block Work Fences Paving Stones
  - Stucco & Steps Kitchens and Bathrooms
  - Siding Steam Cleaning Painting & Tiles Masonry Work • Renovation • Waterproofing

**WE'RE DIFFERENT WE'RE AFFORDABLE** 

### eeshar **Construction Inc**



#### **ALL KINDS OF ROOFING & LEAK REPAIRS**

WATERPROOFING • STEAM CLEANING • BRICKS POINTING BRICKS & BLOCKS WORK • STUCCO • CALIFORNIA STUCCO PAINTING • SHEETROCK • KITCHEN & BATHS • STEPS SIDEWALK • CONCRETE • PAVING STONES • FENCING SIDING • GUTTERS/LEADERS • SCAFFOLD WORK

Zeeshanconstruction@gmail.com

Cell Office 914-325-1100/347

FULLY INSURED & LICENSED. LIC. #1273374

CONSTRUCTION

GENERAL MASONRY, REMODELING & RESOTRATION

\*CALL NOW FREE ESTIMATES ASK FOR SILVIO

- Residential & Commercial
- Brick Work • Roofing Paver Stones
- Siding
- Gutter & LeadersFences

- Stucco
- Block Work
- Porch & Decks
- Brick Point Concrete Work

- Step Work

# **廖IOCOVELLO & SON**

ALL PHASES OF HOME IMPROVEMENTS KITCHENS & BATHROOMS ARE OUR SPECIALTY FOR ALL YOUR INTERIOR & EXTERIOR NEEDS REASONABLE PRICES COMMERCIAL & RESIDENTIAL

Anthony - Free Estimates - Fully Insured cell 646-235-6285 • fax: 718-918-1668

**FULLY INSURED & LICENSED.** 

CONSTRUCTION CORP

Residential • Commercial • Industrial

347-723-8405

Free Estimates, Ask: Segundo 1085@gmail.com

- Roofing
- Kitchen & Bath Concrete
- Vinyl Siding Tiles & Marble Sidewalks
- Paver Stones Porches / Decks In / Out Paint
- Brick Work
   Windows & Doors
   Much More!

**FULLY** INSURED FREE **ESTIMATES** 

785 Mace Ave Bronx, NY CONSTRUCTION CO.

ROOFING. WATERPROOFING. STEAM CLEANING BRICK POINTING.BRICK WORK.SHEETROCK PAINTING INTERIOR EXTERIOR CARPENTRY SIDING & CAPING CONCRETE WORK DEMOLITION ALL KINDS OF FENSES, CHIMNEY & SKYLIGHTS



#### AV Renovation Inc.

Working Hard For You

FREE ESTIMATES Ardian Vuksanaj **BEST PRICES** 

Painting, Plaster, Sheetrock, Bath, Kitchen, Flooring, Tiles, Windows, Doors, Molding and More!

Bronx, NY 10461

1718 Lurting Avenue **917-349-2513** 

av.renovation.inc@gmail.com

FULLY INSURED

# FREE ESTIMATES

Waterproofing • Roofing • Wash Brick • Pointing

Paving Stone • Painting • Side Walk • Brick Work • Stucco Steps • Fences • Siding • Railing • Gates • Stairs

Porches • Window Guards • Doors • Repair Works

SPECIALIST IN ALL KINDS OF INTERIOR & EXTERIOR JOBS

PAUL

SINGH

917-402-3350

917-519-5686

# ne Renovations **III types of repairs**

CHEN & BATHROOM SPECIALIST Painting, Dry Wall, Tiling, Basements

Call Joseph (718) 757-9574



SERVICE DIRECTORY DISPLAY AD Local Neighborhood Business & Services Listed For Your Convenience

A NGIGHBORHOOD TRADITION

www.bronxpennypincher.com

### "Neighborhood Updates"



Matthew Cruz
District Manager
Bronx Community Board #10
3165 East Tremont Avenue
Bronx, NY 10461
(718) 892-1161
Bx10@cb.nyc.gov

# HOME ENERGY ASSISTANCE PROGRAM COOLING ASSISTANCE (HEAP)

The Home Energy Assistance Program's Cooling Assistance benefit is now accepting applications from low-income households that qualify for a free air conditioner with its installation. Only one air conditioner or fan that does not exceed \$800 with installation will be given per applicant household. For those interested, you must print out an application at https://www1.nyc.gov-/site/hra/help/energy-assistance.page and mail it to the attention of HEAP at P.O. Box 1401, Church Street Station, New York, NY 10008. As always, my office is available for you if you need the application printed. Please be mindful that there are income requirements in order to apply. To list a few, a household size of one person cannot have a maximum gross monthly income more than \$2,391. If you have a household size of two people, the maximum gross monthly income is \$3,127.

#### PROJECT OPEN HOUSE

The Mayor's Office for People with Disabilities (MOPD) announced that the application for Project Open House is now available online. Project Open House is a community development block granted offered by the United States Department of Housing and Urban Development and locally administered by the MOPD. Project Open House assists permanently disabled people with needed improvements in their apartments. For example, eligible participants could see work such as widened doorways, the installation of accessible railings and other barrier removals that may be required by individuals with disabilities. MOPD and the City of New York's Department of Housing Preservation and Development obtain the licensed contractor to complete the approved work. To be eligible, applicants must be permanently disabled, must reside within the five boroughs of the City of New York and must meet the "Section 8 Income Limits by Household." Additionally, the building owner or representative must allow MOPD and HPD to complete the work. Please share this wonderful opportunity with loved ones and friends. To begin the process and request an application, https://www1.nyc.gov/site/mopd/initiatives/project-open-house.page. As always, please contact me with any questions at (718) 892-1161.

#### <u>ADJOURNMENT</u>

As you know, Bronx Community Board #10 voting matters and public meetings adjourn after June and return in September. However, my office remains open to hear your concerns and suggestions. Please feel free to stop by and speak with me or my staff. We are located at 3165 East Tremont Avenue. We wish you a wonderful summer season. It is our hope that you celebrate our nation's birthday the right way – which is with family, friends and neighbors.

REACH THOUSANDS OF READERS WITHOUT EVER LEAVING YOUR HOME. FAX YOUR CLASSIFIED ADS TO THE BRONX PENNY PINCHER AT 718-489-2895. VISA, MASTER CARD, AMERICAN EXPRESS AND DISCOVER ACCEPTED. PLEASE INCLUDE YOUR NAME AND PHONE NUMBER. DEADLINE IS WEDNESDAY AT 12 NOON.

The Bronx Penny Pincher will not be liable for any direct, indirect or consequential damages arising out of the use of companies printed in this edition or on the website nor is The Bronx Penny Pincher responsible for the work ethic or business practices of said companies.

### COMMUNITY NEWS F.Y.I. ABOUT OUR NEIGHBORHOOD!

Do you have a Special Event that is of interest to the neighborhood? PRINT IT IN THE BRONX PENNY PINCHER

FREE OF CHARGE
Send Your Community Events to:

Community News Editor

3002 Middletown Road Bronx, NY 10461 Email: BxPP@aol.com Fax: 718.489.2895

All copy must be received by MONDAY, 2 WEEKS PRIOR to your event for that Thursday's Publication.

The Bronx Penny Pincher reserves the right to refuse any copy that is not in the best interest of the community.

#### EVENTS MUST BE FREE OF CHARGE

PLEASE TAKE NOTE: Once your ad has been placed, there will be NO REFUNDS. PLEASE: Read your ad the first day it appears. If any error was made by The Bronx Penny Pincher on a TELE-PHONE NUMBER OR ADDRESS the publisher will be happy to correct it FREE OF CHARGE. The Publisher is not responsible for typographical errors. However, the Publisher must be notified within 48 hours of THAT publication or the publisher will not assume responsibility. Please include your phone number and/or address in ad copy or the Publisher will not be responsible if either of the above is left out. PLEASE WRITE LEGIBLY. We will not be responsible for illegible handwriting.

The Bronx Penny Pincher will not be responsible for any four color discrepancies that may occur when electronic materials are printed. The Bronx Penny Pincher cannot be held accountable for any change that may occur in color quality or match.

# AVOCADO CRAB BOATS

### Ingredrients

5 med ripe avocados, peeled & halved 1/2 cup mayonnaise 2 tablespoons lemon juice 2 cans (6 oz ea) lump crabmeat, drained 1/4 cup chopped fresh cilantro, divided 2 tablespoons minced chives

1 serrano pepper, seeded and minced 1 tablespoon capers, drained 1/4 teaspoon pepper 1 cup shredded pepper jack cheese 1/2 teaspoon paprika Lemon wedges



### Directions

Preheat broiler. Place 2 avocado halves in a large bowl; mash lightly with a fork. Add mayonnaise and lemon juice; mix until well blended. Stir in crab, 3 table-spoons cilantro, chives, serrano pepper, capers and pepper. Spoon into remaining avocado halves.

Transfer to a 15x10x1-in. baking pan. Sprinkle with cheese and paprika. Broil 4-5 in. from heat until cheese is melted, 3-5 minutes. Sprinkle with remaining cilantro; serve with lemon wedges.



Center For Nursing & Rehabilitation

801 Co-Op City Boulevard Bronx, NY 10475 PHONE: 718.239.6555 FAX: 718.239.6553

ay Park Center provides high quality, skilled nursing care in a nurturing environment.

Our long standing records of excellence and ongoing initiatives to expand and improve our facilities and services have earned us an outstanding reputation in the community. Today, we have grown to become one of the most comprehensive, full service facilities of our kind in the area.

Our admissions office will be more than happy to answer any questions and help you decide if Bay Park Center is right for you or your loved one. Please feel free to contact us at 718-239-6555 to have any questions answered or schedule a tour. You can also find us on our website at www.bayparkcenterfornursing.com

# Programs and Treatments offered at Bay Park:

### **Special Services**

- IV Fluids
- IV Antibiotics
- Diabetes Management
- Hospice/Palliative Care
- Respite Care

### **Respiratory Treatments**

- Oxygen Therapy
- Tracheostomy Care
- ·Bi-Pap/C-PAP
- Suctioning

#### **Skin/Ulcer Treatments**

- Negative Pressure Therapy (Wound Vac)
- Pressure Reducing Devices
- Nutrition and Hydration Interventions
- Ulcer Care
- Surgical Wound Care

### **Special Programs**

- Alzheimer's/Dementia Program
- Restorative Nursing Program
- Medical Model Adult Day Care
- Behavioral Health Unit

### **Rehabilitation Services**

- Intensive PT, OT & ST 6 days a week
- Short Wave Diathermy
- Therapeutic Ultrasound
- Electrical Stimulation
- Specialized Orthopedic & Neurological Interventions
- Cognitive Therapy
- Vestibular Rehabilitation