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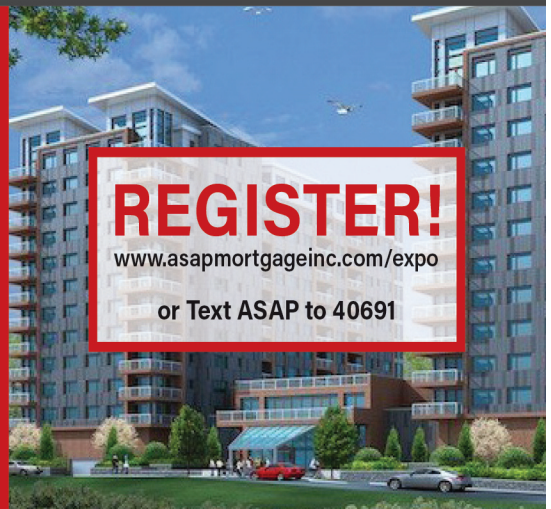
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COMMUNITY NEWS

ABOUT OUR NEIGHBORHOOD CALENDER OF EVENTS!

Do you have an event that is of interest to your neighborhood?
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— ALL NON- PROFIT ORGAINZATIONS WELCOME! —

PSS CITY ISLAND CENTER Upcoming Special Events: Friday, July 26 @ 12:30 Movie and a Lunch—Green Book—sign up at center. Tuesday, August 6 @12:30 Nutrition Presentation. Stop by your center and enjoy the exciting programs offered at our center which is located at 116 City Island Ave. Monday through Friday from 9:00 to 3:00. Experience our exercise classes from gentle yoga stretch, balance class, arthritis workshop and tai chi as well as our vigorous fit for life and cardio fit. We also offer acrylic painting, health presentations, blood pressure monitoring, gardening exchange, singing group, and parties! Lunch is served from 12:00-1:00. We go on shopping trips every day; i.e. Shop Rite, Dollar Tree, Aldi, Target, Kmart as well as theatre excursions, special trips, special luncheons and more. It's free to become a member but you must be 60 years or above. Suggested donation for lunch \$2.00. For more information contact Patty @ 718-885-0727 or email pattis@pssusa.org for our monthly calendar.

NYPD BUILD THE BLOCK COMMUNITY MEETING: Sector "B" will be on Tuesday July 16 at PS 105, 725 Brady Avenue starting at 7:00pm. The purpose of this meeting is to identify the policing & public safety concerns in our community and discuss solutions. The neighborhoods that will be covered are: -Pelham Gardens, -Allerton, -Williamsbridge, -Pelham Parkway. Come out and let your voices be heard!

MOLDING OUR COMMUNITY – FREE CERAMIC WORKSHOP July 13 @ 1:00 PM - 3:00 PM, Free ceramics workshop open to all. Come and create with us! We will explore using different techniques to make forms out of clay. The work created in this workshop will be fired and exhibited at Flares Studio and Designs on 835 Dawson Street (just around the corner from the garden) at the end of the series. There will be 5 workshops total; this is workshop 2 of 5. Kelly Street Garden, 924 Kelly Street, Bronx 10459, 347.420.0110.

AMVETS LADIES AUXILIARY #38 will hold their bi-monthly Bingo night at their post, 1440 Shore Drive on July 15th at 7:30pm (doors open at 7:00pm). Come join us and know that all proceeds go to support Veteran charities and our local Veterans hospital.

SURVIVOR I AM WELL-AWARENESS EVENTS AT BUFANO PARK Schedule follows READ THROUGH spreading the word as it's all for you and there's something NEW in the very month of JUNE! Bufano Park on Bradford Avenue btwn Waterbury and LaSalle. We invite all in partnering to be that village. Awareness through proactive prevention to empower the next is always our focus. How can we be better? Together is key. We were once children; remember! Saturday, July 20th, 2019 Continued Awareness* Family Fun 1pm to 6pm Chess, Face-Painting, Karaoke *ALWAYS* Arts. Saturday, August 24th, 2019 Yay! Bufano Park's 80th Birthday 1pm to 6pm Celebrating 80 yrs through community awareness. Saturday, September 21st, 2019 Anti-Bullying Awareness 1pm to 6pm Back to School Blues Survival Tools and the planning to bring skating back again! Saturday, October 19th, 2019 Annual Costume Celebration Family Fun for everyone in great awareness. Festivities are provided until 6:00pm at each event. Come advocate and tent at our event. Together we are the difference! To participate in volunteering or tabling contact Sonia (347) 834-1917 Follow Survivor I Am on Instagram. Like our Facebook page for more adversity awareness content. Visit our website www.survivoriam.org and click on photo gallery to view past amazing gatherings! THE TIME IS NOW. Want to help? Contact us to find out how!!!

STORIES IN THE SHADE Thursday, July 11, 2019 11:00am–11:30am. Join us at Pelham Bay Park for stories and fun as part of the New York Public Library Summer Reading Program. "Stories in the Shade" is presented in part by the City Island, Pelham Bay, and Baychester Branches of the New York Public Library in collaboration with NYC Parks. In the event of inclement weather please call (718) 885-1703. Location: Playground for All Children in Pelham Bay Park. Meet under the gazebo at the Playground for all Children.

JEANNE JUGAN RESIDENCE Please consider donating NEW gift items to Jeanne Jugan Residence located at 2999 Schurz Ave Bronx, New York 10465. These items can be sold annually in our gift shop and Christmas Bazaar. We have a special need for brand new toys. Other items include costume jewelry, gift sets, electronic items specialty items, NEW tagged clothing, accessories and collectibles. We are unable to take VHS, used dish sets, loose glassware/ vases, books or used bedding of any kind. If you have a question concerning a donation contact Joanne at the Home at 347-329-1800. Drop off week days if possible. PLEASE make sure donations are securely packaged and labeled GIFT SHOP/JOANNE.

NYPL MORRIS PARK BRANCH Lecture: Connecting People, Strengthening Community: The Harlem River Bridges, Saturday, July 13, 2019 at 2:30PM displayed in our library and hear an informative lecture by the artist. There are over 2,000 bridges across New York City but how many of us know the ones right in our backyard that we depend upon. This exhibition focuses on some of the fifteen bridges that connect and are vital to the people and communities in the Bronx and Manhattan. The photographs challenge long existing stereotypes by showing the Harlem River Bridges and by default, the Bronx, as a beautiful place worthy of exploration and pride. | **BOOK DISCUSSION** Tuesdays & Saturdays at 11 AM. An American Marriage by Tayari Jones, July 16th & 20th. Newlyweds Celestial and Roy are the embodiment of both the American Dream and the New South. He is a young executive, and she is an artist on the brink of an exciting career. But as they settle into the routine of their life together, they are ripped apart by circumstances neither could have imagined. In this deft exploration of love, loyalty, race, justice, and both Black masculinity and Black womanhood in 21st century America, Jones achieves that most-elusive of all literary goals: the Great American Novel. Morris Park Branch, 985 Morris Park Avenue, 718-931-0636.

CHAMBER MUSIC CONCERT AT THE PELHAM ART CENTER GALLERY Sunday, August 11, 2019, 2:00-4:00pm, Open to the Public | \$10 Suggested Donation. The Pelham Art Center continues its Gallery Concert Series with a Sunday afternoon of chamber music performed by Andrew Pak, Annaliesa Place, and Diego Garcia. They will perform chamber and solo pieces by Brahms, Grieg, Piazzolla, and Chopin for the community in the Art Center Gallery. Pelham Art Center, 155 Fifth Avenue Pelham, NY 10803, 914.738.2525 x 113.

NATURE CENTER ADVENTURES: PELHAM BAY PARK Friday, July 12, 2019 11:00 a.m.–12:00 p.m. Join our Adventure Guides, who lead free nature related programs at our Nature Centers this summer. Nature Center Adventures connect New Yorkers of all ages to nature through experiential learning. Nature Center Adventure programs include scavenger hunts, nature crafts and games, and getting up close and personal with our nature center animals. Programs vary by location. Pelham Bay Nature Center in Pelham Bay Park, Urban Park Rangers 718.319.7258.



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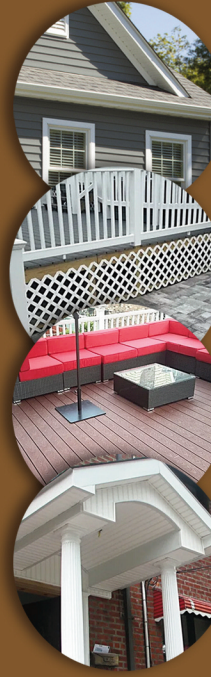
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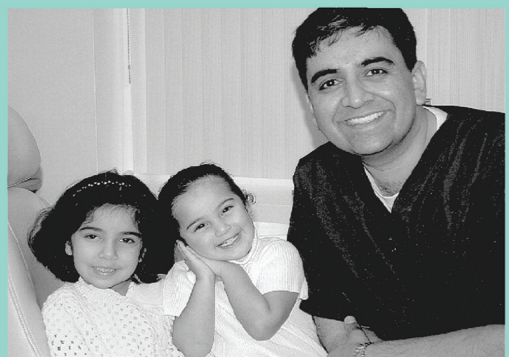
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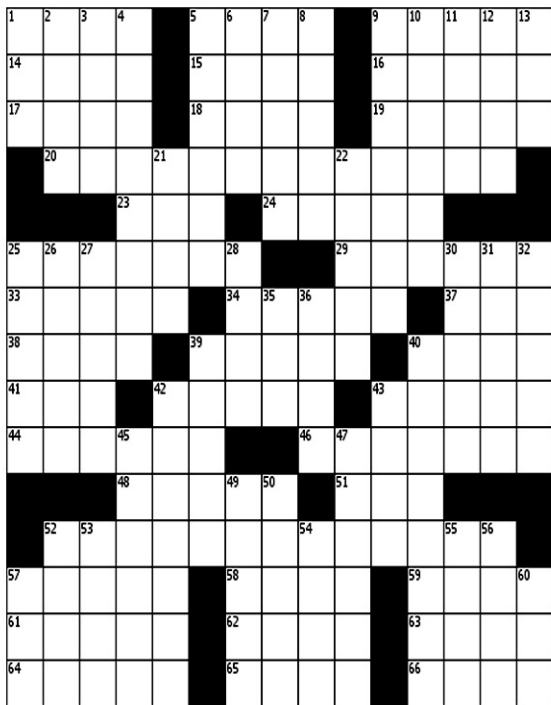
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18. Salt, to a chemist
19. Po land
20. Start of a quip
23. Second Amendment PAC
24. "Hernando's Hideaway," for one
25. William Boyd role
29. More compact
33. Pays to play
34. Class subdivision, in taxonomy
37. Kind of cross
38. Stevedore's spot
39. Middle of quip
40. Catfish Row woman
41. Language suffix
42. Boy scout unit
43. Basque cap
44. Parted waters
46. Gofer's jobs
48. Farfalle, e.g.
51. Above, in verse
52. End of quip
57. Writer Jong
58. Recess
59. ___ tradition
61. Airline to Rio
62. It means "all"
63. Work with a dishtowel
64. Fencing pieces
65. Leave no leaves
66. Hornet's home

Down

1. Big jerk
2. Burnoose wearer
3. Be a loafer
4. Stuff for scouring
5. Quintet
6. Englishman's outburst
7. Unspoken
8. City on the Arkansas
9. Brandy cocktail
10. 1970 Oscar film
11. Brilliantly colored fish
12. Rub the wrong way
13. Give it a shot
21. "The Haj" author
22. Like some articles: Abbr.
25. Stunt
26. Cookie spice
27. Mount
28. Move back and forth
30. Back, at sea
31. Moved gingerly
32. Shows oxidation
35. Duessenberg contemporary
36. Scoop
39. Clear the board
40. Intensify one's efforts
42. Pakoé pouches
43. Songwriter Jacques
45. Money in coin
47. Derek Jeter, in 1996
49. Sax range
50. What the nose knows
52. Green guarder
53. Add to the staff
54. Bumper-sticker word
55. New York canal
56. Séance sounds
57. First sinner
60. Diminutive suffix

Councilman Mark Gjonaj



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Two weeks ago, along with hundreds of small businesses and elected officials, we gathered on the steps of City Hall to rally for common sense small business legislation and to reiterate the critical importance of small businesses to our neighborhoods and the economy. There is clear data that small businesses have nationally created 8 million new jobs, as opposed to the 4 million created by large businesses. In New York State and small businesses have employed over 4 million people—over half of the workforce.

However, times are changing and small businesses are hurting, big-box stores and online shopping are growing daily. Property tax rates are also sky rocketing— there was an increase of \$1.9 billion this year alone. Rent and maintenance costs are continuously increasing. There are approximately 6,000 government mandates that are costly and unfunded. To put it simply, this is decimating small businesses.

More so, we are losing the fabric of our communities – the local mom-and-pop shops that create jobs and give charm and character to our neighborhoods. The very identity of New York City, a city built on small businesses, is at risk.

These facts have not dissuaded me and throughout my term in the NYC Council, I have been fighting for small businesses through common sense legislation, such as Int. 1000 and Int. 1467. Intro 1000 will define "micro-business" as a business with ten or fewer employees and would allow mom-and-pop shops to be regulated differently than big-box stores. The latter will require the Department of Small Business Services to compile all of the rules and mandates that apply to small businesses in plain language. This would help educate the thousands of micro-business owners and decrease violations that small business owners cannot afford to pay.

I encourage all Small business owners to be involved, make your voices heard; whether by attending your civic associations or merchants meetings, attend NYC Council Hearing and rallies, we need to ensure that you are being heard. I am incredibly hopeful for a future in which small business owners will be active, powerful citizens and decision makers.



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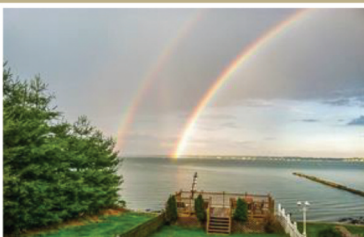
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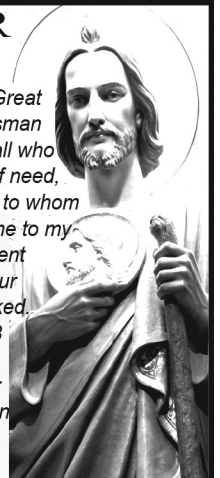
THROGS NECK: 6 Rooms, 3 Bdr, EIK Combo, MBR Carpeted, Painted, Wood Floors. \$2,000 Heat Inc.

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Avocado Toast



Ingredients

- 2 slices of toast (thickly sliced, multigrain)
- 1 avocado
- 1 teaspoon lemon juice (freshly squeezed)
- 1 teaspoon olive oil
- 1/4 teaspoon red pepper flakes
- 1/4 teaspoon sea salt (flaky, if possible)

Steps to Make It

1. Toast the bread slices to your desired level of crunchiness.
2. Prepare the avocados right before you are ready to eat. Cut, pit, and remove the avocado from its peel. Mash them with a fork until you have your desired level of texture. Mix in the lemon juice as you mash. A fork works best but you can also use a mortar and pestle if you wish.
3. Divide the avocado mixture between the two slices of toast. Drizzle olive oil over the top of each slice. Add a sprinkle of the red pepper flakes and salt to each piece and serve immediately.
4. Enjoy!

Variations:

Everything Bagel Avocado Toast: Add a generous sprinkle of everything bagel seasoning on top of your avocado toast.

Loaded Avocado Toast: Mix chopped fresh radish, green onion, jalapeño (seeds and ribs removed) and toasted sunflower seeds. Sprinkle generously on your toast.

Tomato-Basil with Balsamic Drizzle: Top your avocado toast with sliced tomato, add a light drizzle of high-quality thick balsamic vinegar or designated balsamic glaze, and some torn fresh basil leaves.



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Furniture for sale Sat 7/13 9 am - 4 pm 2406 Tiemann Ave. Living room sofa and two recliners Thomasville queen size bedroom set, Double dresser with mirror and chest, Electric fireplace Dining room breakfront, Large antique mirror Office desk and file cabinet, Cedar closet, Outdoor furniture, Bose speakers

Yard sale 920 Logan Ave. BX July 13 and July 14 9-4

2 Br Apt modern, gas included asking \$2000 (Throggs Neck Area) Available Aug 1st Call 718-792-7060 or 646-345-4462 (No Pets, working people preferred)

Country Club Waterfront 1 bedroom apartment for rent \$1300 - (917)447-3306

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This is not a request for money. Please provide name, address and phone number

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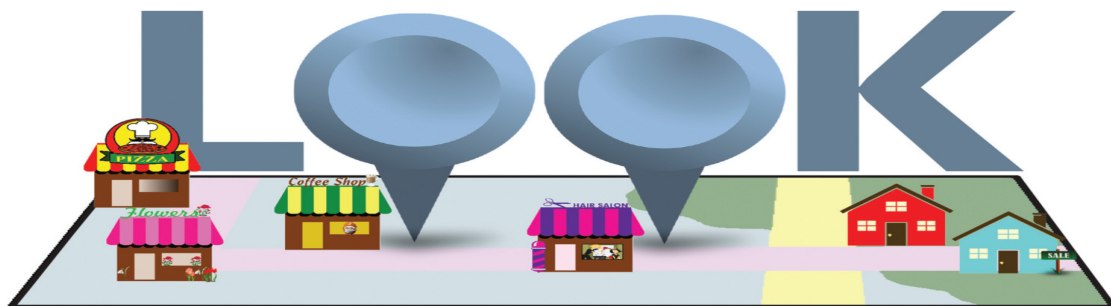
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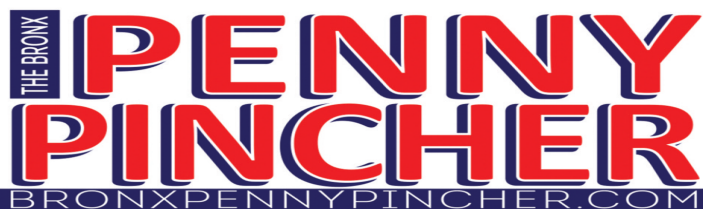
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Real Estate Corner with Irene Amato

There is no end to the amount of knowledge the human mind can soak up!

Home buying education never gets old. You could do a real estate transaction every few years and yet one transaction can be completely different from another. Times change, programs come and go and there are new rules and regulations that go into effect every year. Whether you're purchasing your first home or an investment property you need to stay on top of education in the real estate industry so you can protect your investment!

While it's great to hire a powerful team to guide you through the process it's important that you educate yourself along the way and fully understand the process. The past few months I have written this column in the hope of educating consumers and providing tips to strengthen your knowledge in the real estate industry.

Please feel free to follow us @asapMortgage on Instagram, Twitter and Facebook for daily financing and real estate tips. You can always reach me on the ASAP hotline **1-866-THINK-ASAP**. Purchasing a home is one of the largest financial decisions of a lifetime. Don't just trust that to anyone. Hire the right team and ask questions until you fully understand the process.

True professionals will never say never when it comes to homeownership. If you have bad credit, no credit, less than 20% down, or anything that you feel is hindering you from obtaining mortgage financing and the American dream of homeownership, Educate yourself and put a game plan together to set yourself on that path of homeownership in the future!

If you're free this **Saturday, July 13th from 9 AM to 2 PM**, join us at our HOME EXPO. We have over 10 breakout sessions covering all aspects of the housing industry, breakfast, lunch, vendor booths raffles and so much more.

Text **ASAP to 40691** to register. Use the **code VIP 50 for 50% off** your registration fee. I hope to see you there!

Article provided by Irene Amato, CEO Asap Mortgage Corp. NMLS #4214



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Home Expo - Learn all about home buying + financing options from top professionals in the community Sat. 7/13 9-2pm at Maestro's 1703 Bronxdale Ave \$25 Admission. Includes breakfast + Lunch. Call 914-218-3968 or register online at www.asapmortgageinc.com/expo

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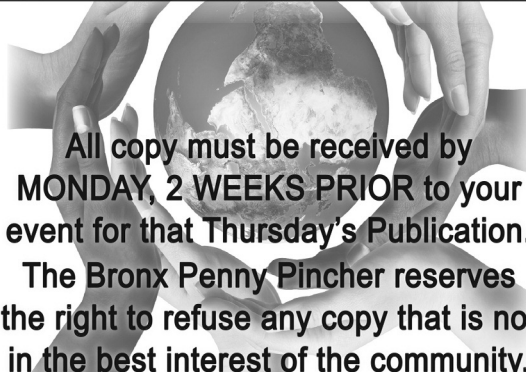
COMMUNITY NEWS F.Y.I. ABOUT OUR NEIGHBORHOOD!

Do you have a Special Event that is of interest to the neighborhood? PRINT IT IN THE BRONX PENNY PINCHER FREE OF CHARGE

Send Your Community Events to:
Community News Editor

THE BRONX PENNY PINCHER

3002 Middletown Road Bronx, NY 10461
Email: BxPP@aol.com Fax: 718.489.2895



All copy must be received by **MONDAY, 2 WEEKS PRIOR** to your event for that Thursday's Publication. The Bronx Penny Pincher reserves the right to refuse any copy that is not in the best interest of the community.

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"Neighborhood Updates"



Matthew Cruz

District Manager

Bronx Community Board #10

3165 East Tremont Avenue

Bronx, NY 10461

(718) 892-1161

Bx10@cb.nyc.gov

HOME ENERGY ASSISTANCE PROGRAM COOLING ASSISTANCE (HEAP)

The Home Energy Assistance Program's Cooling Assistance benefit is now accepting applications from low-income households that qualify for a free air conditioner with its installation. Only one air conditioner or fan that does not exceed \$800 with installation will be given per applicant household. For those interested, you must print out an application at <https://www1.nyc.gov/site/hra/help/energy-assistance.page> and mail it to the attention of HEAP at P.O. Box 1401, Church Street Station, New York, NY 10008. As always, my office is available for you if you need the application printed. Please be mindful that there are income requirements in order to apply. To list a few, a household size of one person cannot have a maximum gross monthly income more than \$2,391. If you have a household size of two people, the maximum gross monthly income is \$3,127.

PROJECT OPEN HOUSE

The Mayor's Office for People with Disabilities (MOPD) announced that the application for Project Open House is now available online. Project Open House is a community development block granted offered by the United States Department of Housing and Urban Development and locally administered by the MOPD. Project Open House assists permanently disabled people with needed improvements in their apartments. For example, eligible participants could see work such as widened doorways, the installation of accessible railings and other barrier removals that may be required by individuals with disabilities. MOPD and the City of New York's Department of Housing Preservation and Development obtain the licensed contractor to complete the approved work. To be eligible, applicants must be permanently disabled, must reside within the five boroughs of the City of New York and must meet the "Section 8 Income Limits by Household." Additionally, the building owner or representative must allow MOPD and HPD to complete the work. Please share this wonderful opportunity with loved ones and friends. To begin the process and request an application, please visit <https://www1.nyc.gov/site/mopd/initiatives/project-open-house.page>. As always, please contact me with any questions at (718) 892-1161.

ILLEGAL DUMPING IN OUR COMMUNITIES

It is with great disappointment to share that our community has seen an increase in illegal dumping at our corner city litter baskets and along our highway service roads. While the perpetrators illegally throw away their garbage during the night, we must all be vigilant. In addition to calling 311, please contact my office with any and all complaint numbers so that we can ensure proper follow-up. My office does not want to have request of the Department of Sanitation to a few corner litter baskets because a few individuals continue to place their household trash within it. As always, please remind our neighborhood businesses to sweep outside of their stores and to kindly pick-up any loose litter. Our communities are our pride. Let's give it the respect it deserves!



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