The Courier

July 24

Volume 19 Number 47

Members sought for OPA Board advisory committees

The Ocean Pines Association is looking for homeowner volunteers to help staff several of its Board advisory committees.

Committee members are appointed by the Ocean Pines Association president with the consent of the Board of Directors. Members may serve on more than one committee.

In order to qualify to serve on a committee, a homeowner must be eligible to vote.

Current committees with vacancies include:

- -Aquatics (may have up to four additional members)
- -Budget and Finance (may have up to three additional members)
- -Bylaws and Resolutions (may have up to two additional members)
- -Communications (may have additional members)
- -Environment and Natural Assets (may have up to two additional members)
- -Golf (may have up to two additional members)
- -Marine Activities (may have up to one additional member)
- Recreation and Parks (may have up to six additional members)

Application forms are available at the Ocean Pines Administration Building on 239 Ocean Parkway. Forms may also be downloaded online at https://www.oceanpines.org/wpcontent/uploads/2018/02/OP-Committee-Application-2-14-18.pdf.

For information on general policies related to advisory committees, visit https://www.ocean-pines.org/wp-content/uploads/2018/12/C-01-10-20-18.pdf.

Guidelines for specific committees are available in Ocean Pines Books of Resolutions sections C-02 through C-15. For more information, visit https://www.oceanpines.org/forms-docs-cat/book-of-resolutions.

Crab feast fundraiser set

The Ravens Roost 58 Crab Feast Fundraiser will take place Sunday, July 28 between noon and 4 p.m. AYCE crabs, steamed shrimp, fried chicken, corn, sides, draft beer and soda are on the menu. The event benefits local needy families during the holidays. The cost is \$40 in advance, \$45 at door. Buy tickets at 28th Street Pit & Pub or call 410-289-2020/410-916-4006.



Anthem - Three Ocean Pines Hammerheads Swim Team swimmers sang the National Anthem before the final home meet. From left to right: **Ian Betterson, Trista Harner** and **Kate Slaysman**.

Community Calendar

Monday

Ocean Pines Poker Club

Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928.

Delmarva Chorus

The Delmarva Chorus meets every Monday evening at 7 p.m. at the Ocean Pines Community Center in Ocean Pines, Md. Women of all ages are invited to sing with us. Please contact CAROL at 410-641-6876.

Monday/Tuesday

Sanctioned Duplicate Bridge

Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795.

Tuesday

Families Anonymous

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Tuesday/Thursday

Poker Players wanted for Gentalmen's Poker in North Gate area Ocean Pines.Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m.on Pinehurst Rd.Ocean Pines. Call 410-208-0063 for more information.

Wednesday

Kiwanis Club Meeting

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m.

Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Second Wednesday

The Polish American Club of Delmarva meets at the Columbus Hall, behind St Luke's Church,100th St & Coastal Hwy, Ocean City, from 2 p.m. to 4 p.m. the second Wednesday of the month Come join us if you are of Polish or Slavic descent. No meetings.

June, July, August. Call Helen Sobkowiak 410-723-2639 or Maryann Lula 410-250-2548 for more information.

Thursday

Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014

Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577 or Kate at 410-524-0649 for more activities. BeachSingles.org.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Friday

Knights of Columbus Bingo

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

First Saturday

Creative Writing Forum

Every first Saturday of the month at 10 a.m. at the Berlin library. Novice and established writers gather to share their fiction, non-fiction, and creative writing projects. Program includes critiques and appreciation, market leads, and writing exercises.



At 12:51 EDT, *Apollo 11*, the U.S. spacecraft that had taken the first astronauts to the surface of the moon, safely returns to Earth.

The American effort to send astronauts to the moon had its origins in a famous appeal President John F. Kennedy made to a special joint session of Congress on May 25, 1961: "I believe this nation should commit itself to achieving the goal, before this decade is out, of landing a man on the moon and returning him safely to Earth."



Dance lessons offered

Free Square Dance lessons will be offered during September at the Ocean Pines Community Center. The adult lessons will occur September 4, 11, 18 and 25 between 7 p.m. and 9 p.m.

Lessons will also be available for a nominal fee October through May on Wednesday evenings between 7 p.m. and 9 p.m.

Bay Day scheduled

The Maryland Coastal Bays Program (MCBP) and the Ocean Pines Association will host the second annual Bay Day event Sunday, September 8 from 11:30 a.m. until 3:30 p.m. at White Horse Park.

This free family event captures the interest of all age groups through handson environmental activities, free boat tours, kayaking, live music by George and Pat Bikenki Duo, a bay-friendly garden demonstration, and live animal exhibits. There will be food and drink vendors on hand as well.

Bay Day is a collaborative conservation campaign to educate residents on programs, practices, and campaigns to improve the health of our waterways. Exhibitors consists of environmental groups and organizations who work towards this goal.

For more information on this year's Bay Day, contact MCBP education coordinator Liz Wist at lwist@mdcoastalbays.org, or 410-213-2297 extension 110.

Pines to host second National Night Out event

Ocean Pines will join forces with thousands of communities nationwide for the 36th annual National Night Out crime and drug prevention event, Tuesday, August 6.

In Ocean Pines, the event will be held for the second year in White Horse Park from 5 p.m. to 7 p.m.

National Night Out is sponsored by the National Association of Town Watch and this year will include more than 16,790 communities in the United States and Canada, as well as at military bases throughout the world. In total, more than 38.6 million people are expected to participate in "America's Night Out Against Crime."

The event is designed to heighten crime and drug prevention awareness, generate support for and participation in local anticrime efforts, and strengthen neighborhood spirit and police-community partnerships.

"This is a night for America to stand together to promote awareness, safety and neighborhood unity," National Project Coordinator Matt Peskin said. "National Night Out showcases the vital importance of police-community partnerships and citizen involvement in our fight to build a safer nation."

Ocean Pines is seeking community partners to help with activities and programs during National Night Out. Last year, local, county and state police and neighborhood watch groups came out, along with a few other community groups and non-profits. There was free food – hotdogs, chips, soda and water – and some light live entertainment geared toward children and families.

This year, Ocean Pines is hoping to build on the community aspect of the event and include more local groups, with a focus on highlighting the people and organizations that

please see **night** on page 13



Pictured, from left, are Ortt Companies cofounders Matt Ortt and Ralph DeAngelus. and Ocean Pines General Manager John Viola and Finance Director Steve Phillips.

quality and service.

revenues.

Under the leadership of Matt Ortt,

Ralph DeAngelus and Executive Chef

Stuart Diepold, the Ocean Pines Yacht Club has set new sales standards sev-

eral times this season, including a record-breaking Memorial Day Week-

end. In July, the Yacht Club facility set

a single-day record with a \$53,000

total revenue haul, including a

\$25,000 banquet, and on July 5 the

restaurant by itself set a single-day record with more than \$40,700 in net

Ortt Companies, **OPA** reach agreement

The Ocean Pines Association and earned rave reviews for improved food Matt Ortt Companies on Friday agreed to preliminary terms of a multiyear contract extension to continue to manage the Association's Yacht Club and Beach Club.

The Matt Ortt Companies originally signed an agreement to manage both facilities last year. Since then, each restaurant has experienced a significant financial turnaround and

Flea market scheduled

Bethany United Methodist Church will host an outdoor flea market on Saturday, August 3 between 8 a.m. and noon. The church is located at 8648 Stephen Decatur Hwy. in Berlin, at the corner of Rte.611 and Snug Harbor Road. Breakfast and baked items will be offered. More than 35 vendors will be on hand. For information or space rental contact 410-207-7039 or bethany21811@gmail.com.

> The Courier has a new phone number

410-629-5906

Ocean Pines Band is 'Still Rockin'

By June Freeman

tainment and talent, the band "Still Parke in Ocean Pines as a cabaret

Rockin" delivers it all. Remarkedly, all five band members live in Ocean Pines.

Still Rockin' plays music from the 50s, 60s and 70s. Rock and roll, rhythm and blues, soul, and pop are some of the oldies but goodies you can depend on hearing. There is no need to travel far to listen to their music; some of their performances include areas as close as the Ocean Pines Yacht

Club, the Windmill Creek Winery and Vineyard, Waterman's, the American Legion, the Clarion, and the Costa Ventura Winery.

Sax player Bernie Kessler stated If you are looking for fun, enter- that the original band started in the



show in 2008. Kessler always loved music and made his start in the late

please see rockin on page 13

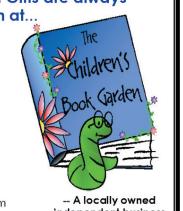


Books for Infant through YA-Toys - Gifts - Games -Crafts

Special Events and Activities

410-641-5800

Manklin Station – South Gate of Ocean Pines See us on Facebook, www.bookandtoygarden.com Monday-Saturday 10-6



independent business

BOOK SALE Ocean Pines Library

Saturday, July 27

9 am to 4 pm

Monday, July 29

10 am to 4 pm

Most are \$2 or Less

Thousands of Books Above Average Condition Many DVDs & CDs

> Sponsored by Friends of the Ocean Pines Library A 501(c)(3) Organization



Matt Ortt Companies takes proactive steps to improve

Yacht Club have admittedly led to some slippage in the food quality.

Because of that, the Yacht Club leadership last week took proactive steps to improve, most notably including the addition of renowned local Chef Michael Rendell to assist Head Chef John Chiusano.

Ralph DeAngelus, cofounder of the Matt Ortt Companies that runs the Ocean Pines Yacht Club, said Rendell would not only help bring the restaurant back up to par, but also take it to the next level.

"Because the kitchen has been so insane, our Head Chef John Chiusano has been trying to keep up with daytime pool business and nighttime dinners - the whole nine yards. It's overwhelming and it's more than a one-man job," DeAngelus said.

The Ocean Pines Yacht Club has set new sales standards several times this season. First, the Ortt Companies broke their own records during Memorial Day weekend. Then, in July the Yacht Club facility set a single-day

Many stores employ "loss leaders" during the back-to-school shopping rush. Essentially, loss leaders are products sold at a loss to attract customers into the store. Re-

> tailers hope shoppers will be tempted by a "penny deal" or another steep discount and then stick around, ultimately purchasing fullprice items. Shoppers can use loss

leaders to their advantage. Those looking to save on school supplies should watch the circulars and commercials for these barely break-even deals and stock up on loss leaders, according to the savvy shoppers at The Krazy Coupon Lady. This may require shopping for supplies over the course of a few days, as stores may feature different loss leaders during the week. By doing so, at the end of the week, shoppers may end up with much of their school supplies at quite the discount.

Record crowds at the Ocean Pines record with a \$53,000 total revenue haul, including a \$25,000 banquet, and on July 5 the restaurant by itself set a single-day record with more than \$40,700 in net revenues.

> 'The truth of the matter is, we've been so overwhelmed by this massive business that our food quality has slipped just a little bit," DeAngelus said. "We brought this guy in to make sure, not only that stuff doesn't fall through the cracks, but that we immediately address our issues and even bring our quality up a little bit higher."

> According to DeAngelus, Rendell will function as a second head chef that reports directly to Chiusano.

> "[Rendell] is a qualified head chef and has been in Ocean City for years," DeAngelus said. "He was the head chef at Ky West, so he's super talented."

> DeAngelus said Rendell would enhance daily featured specials and, through his strong ties with local farmers, improve the freshness and quality of ingredients at the Yacht

> "The guy can make the best Veal Osso Bucco on the planet," DeAngelus said, adding the dish would become a regular on the featured specials menu. "We brought this guy here to raise the bar of what we can produce. He'll also help to free up Chef Chiusano to work more on the banquets and overall food quality."

> Rendell will also assist with teaching and developing some of the



Chef Michael Rendell, right, has been hired to assist Head Chef John Chiusano in leading the kitchen staff at the Ocean Pines Yacht Club.

younger kitchen talent.

"Because of the massive success that we've had this year, our kitchen was overtaxed and we weren't putting out the product that we're accustomed to, but we immediately addressed it," DeAngelus said. "We recognized the problem, we're being proactive about it and, not only do we want to get it back to where it was, but we want to raise the bar even higher. We want Ocean Pines to be as proud of us as they have been in the past."

For his part, Rendell said he's thrilled to come onboard.

"I'm very excited to have joined the Matt Ortt Companies at the Yacht Club," he said. "Helping Chef John get things to the next level is why I'm here and I have no intentions whatsoever of letting him down."

For more information on the Ocean Pines Yacht Club, call 410-641-7501 or visit www.opyachtclub.com.

Rados named Recreation and Parks Deputy Director

The Worcester County Commissioners proudly announce the promotion of Kelly Rados to the position of Worcester County Recreation and Parks (WCRP) deputy director. A Berlin native and Stephen Decatur High School graduate, Rados brings 14 years of experience to her new position.

"Kelly is an exemplary employee that's proven to be an asset to the county," WCRP Director Tom Perlozzo said. "She brings energy and leadership to the entire staff with her tireless work effort."

Rados earned a Bachelor of Science degree in Physical Education from the University of Maryland Eastern Shore (UMES) and a Master of Science degree in Sports Management from Robert Morris University. She played softball during her four years at UMES.

She joined the Worcester County Recreation & Parks team in February 2013 as a program manager. In July 2016 she was promoted to special events & marketing coordinator, and in February 2017 she was promoted to recreation program & marketing supervisor.

In March 2019, Rados graduated from the prestigious Maryland Recreation & Parks Association (MRPA) Ritch Stevenson Leadership Institute. Participation in the institute is limited, and Rados was

please see rados on page 14



Kelly Rados

Chip Bertino Publisher/Editor

Mary Adair Comptroller Linda Knight Advertising Representative

Contributing Writers

Dan Collins, Ron Fisher, June Freeman, Douglas Hemmick, Jean Marx, Kelly Marx, and Bev Wisch Robert B. Adair 1938-2007

P.O. Box 1326 Ocean Pines, MD 21811 410-629-5906 thecourier@delmarvacourier.com www.delmarvacourier.com



What suits me

my closet I retrieved a necktie that I not worn in years. I put it around my neck, tied it and off I went to a meeting. Surprisingly I got several

Not long ago, from the back of brother and each of my sons were Christened in that same suit. So, it's been worn a total of four times. It's now more than half century old with very low miles. Maybe a future grandson will wear it.

> It's All About. . . By Chip Bertino

chipbertino@delmarvacourier.com

compliments on this "new" tie.

There was a time in my life when every day I wore a suit, not a pair of slacks and a sports jacket, a suit. Seven or eight suits hung in my closet. Each day I would work my way down the rack. In addition to the suits, my collection of ties was varied and many. For the most part khaki slacks, white shirts and two blazers (one blue and one black) have replaced my suits. I think that's what's referred to as Eastern Shore formal wear.

There are still times when I don a suit but those times are few and far between. Through the years, my many suits have been donated. Each shrank and no longer fit properly. How this happened I could not say. But when I would put one on, the same scene would play out: it would be too tight. It must be the result of atmospheric irregularities occurring in the darkened closet. That's the only reason that comes to mind for them not fitting correctly.

Double breasted suits have always been my favorite. I've never liked three-button jackets. Dark blue, black and gray fabrics have always been my color of choice. I like herring bone as well; my wife does not. I once bought a herring bone suit that nearly brought my wife to tears - of laughter. Despite being a favorite of mine, that suit didn't last long. I don't know exactly what happened to it but one morning when I went to retrieve it, it could not be found. My wife claimed then and does still to this day, that she has no information about that suit's fate. Her involvement is questionable as far as I'm concerned.

The first suit I ever wore was at my Baptism. It was a white suit that I'm told was a little too big for me. Yet, I still think I pulled it off. My

When I was young my mother dressed my brother and me alike. I don't know why but she did. Either we'd have the exact same clothes or we'd have the same style of clothes only in differ-

ent colors. The first suit I remember was a dark blue polyester leisure suit; my brother's was red. It wasn't very comfortable.

When I was about eleven or twelve, my brother, who was eight or nine, and I each had a brown plaid polyester leisure suit. I really liked that suit, thinking I was really something. I wore a brown shirt and brown shoes. To me, at that time, I was the personification of style and class. Looking at pictures from that time, style is not the word that comes to mind; ridiculous maybe but not style. But hey, it was the seventies. Had puberty hit, I may have even sported a cowboy moustache like the Marlboro Man.

For eighth grade graduation my mother bought me a new suit. This one was a brown checked polyester ensemble. I wore it just the one time. Fortunately polyester suits didn't make it far beyond the 70s.

The first time I ever wore a tuxedo was when I accompanied a friend to her senior prom. It was my first experience renting attire. The only thing I remember was that it had to be back to the store within 48 hours or else I'd have to pay a fine. It was back long before the deadline.

I've worn a tuxedo two more times: my wedding and my daughter's wedding. Interestingly that between the years of my wedding and my daughter's, the rental tuxedo industry changed their sizing levels. A 37 regular in 1987 became a 42 long in 2012. How did that happen?

Suits certainly have their place. But if I had my druthers and could get away with it, I'd wear shorts, a tee shirt and flip flops on a regular basis.





314 Franklin Avenue

BERLIN • 410-641-3130

1210 Nanticoke Road, Pecan Sq.

SALISBURY • 410-543-8401

WPS adds Kindergarten section, extends aftercare

Worcester Preparatory School announced the addition of a second section of Kindergarten to the Lower School this fall. The two classes will be led by the dynamic and experienced teaching team of Mrs. Kelley Burton and Mrs. Heather Dennis, along with Kindergarten Assistant Ms. Brittany Flurer. The WPS Kindergarten program is renowned for its small classes (10:1 student/teacher ratio) which allows teachers to engage and nurture each child on a personal level to develop their full potential.

Transitioning from WPS second grade to the Kindergarten classroom, Kelley Burton (WPS alumna '05) looks forward to sharing her passion for teaching. "I will continue to encourage my young, enthusiastic students to build upon their natural love of learning through exploration and hands-on experiences," added Burton. Joining Burton will be new faculty member, Heather Dennis, a former lower school teacher in the Montgomery and Wicomico County school systems and Program Director at the Junior Achievement of the Eastern Shore. Dennis expressed, "I first fell in

love with Worcester Preparatory School when our son enrolled as a Pre-Kindergartener two years ago and now I get to fall in love with it all over again as a Kindergarten teacher! I cannot wait to welcome children to my classroom, a student-centered space where I will cultivate a love of learning and discovery for them to flourish. They will enter as eager new students and leave with the foundation they need to be successful in their academic future," she added. A member of the WPS faculty the past four years, Brittany Flurer (WPS alumna '11) will continue her integral role as assistant to the Kindergarten teachers.

For parents who need extra time for pickup at the end of the day, WPS offers an After Care Program for Pre-Kindergarten to Grade 6 students to remain at school until 6:00 p.m. The cost varies depending on 2, 3 or 5-day a week options. For After Care and Enrollment information, please contact Director of Admissions Tara Becker at tbecker@worcesterprep.org or call 410.641.3575.



Championship

Synepuxent Post #166's American Legion Baseball Team, the Ocean City Marlins, defeated Dorchester Post #91 of Cambridge on Thursday July 18 winning the South Eastern Shore District title. Post #166's American Legion team (in its fifth season) will play in the State of Maryland's Championship Tournament in Cumberland, MD starting Monday July 29.

Above: Front Row: Brady Hare (coach), Gavin Bunting, Greyson Gursky, Jack Rosenberg, Noah Ager, Blake Marshall, Eric Snelsire (team manager), Brenner Gursky, Ashten Snelsire, Sarge Garlitz, SESD Commander, David Parsons (Post 166 rep/assistant coach).

Back Row: Rafe Parsons, Dawson Delaney, Billy Wheatley, Ryan Duncan, Tristan McDonough, Cole Gursky, Hayden Snelsire, Cameron McDonough (coach).

STEVEN W. RAKOW

Attorney at Law

General Practice / Civil Litigation / Criminal Defense Contracts / Construction Law / Traffic

- Past President, Worcester County Bar Association
- Former Assistant State's Attorney, Worcester County
- Retired Marine Officer 21 Years Legal Experience

410-600-3075

STEVE@STEVERAKOWLAW.COM www.STEVERAKOWLAW.COM

All Major Credit Cards Accepted



Wor-Wic Community College is offering "Smart Start Express Registration" on Wednesday, July 31, from 8 a.m. to 7 p.m., at the college campus on the corner of Route 50 and Walston Switch Road in Salisbury.

Express registration is designed to help current and prospective students enroll in credit classes in one campus visit. Participants can apply for financial aid, take placement tests, talk to an advisor, register for classes, make payment arrangements, visit the bookstore and/or learn about child care opportunities. Credit classes begin September 4.

To RSVP, visit the college's website at www.worwic.edu or call the college at 410-334-2800.



The Courier has a NEW PHONE NUMBER:

410-629-5906

Paddling map to be unveiled

will detail the best paddles along the First State's coastal resort area.

At a public ceremony on Tuesday, July 30 at 11 a.m. at the Cape Henlopen State Park Fishing Pier, a cadre of private and public partners will unveil the firstof-its-kind Coastal Delaware Paddling Map and website-Paddle-CoastalDelaware.com. Elected leaders will be on hand, and a short paddle around Lewes Beach will follow the release. Participants can bring their own SUP or kayak, and Quest Kayak will have a limited number of boats available for free.

Funded by the University of Delaware's Sustainable Coastal Community Initiative, the free map was designed by some of Lower Delaware's most experienced paddlers, tourism professionals, and outdoor guides.

"A critical part of our mission at Delaware Sea Grant is to encourage sustainable, low impact economic development. When we looked at the numbers we couldn't ignore the expanding enthusiasm for paddling nationwide and the tourism boost this activity has brought to

A new map and companion website local economies," said Ed Lewandowski, Sustainable Coastal Communities Coordinator.

> Scott Thomas, the director of Southern Delaware Tourism agreed. "As the paddling boon continues, we wanted to be outfront to tap this substantial tourism draw. You can hardly imagine a more diverse and beautiful range of paddling opportunities than we have right here in southern Delaware."

> Indeed, the 16 trips ranging from 1-10 miles will give paddlers a taste of the unique landscape and natural beauty of coastal Delaware. Both beginner and seasoned paddlers can pick what best suits their fancy. The map's seven designated paddling zones offer a medley of sojourns through marsh, woodlands, bay, and ocean.

> Kayakers, canoers, or paddleboarders can glide through a wonderland of terrapins, dolphins, and even seals when the waters cool and enjoy the spectacle at sunset over the marsh or sunrise over the beach. Options abound.

> "From Prime Hook National Wildlife Refuge to the East End Lighthouse, to Lewes, Rehoboth, and Fenwick Island

State Park, it's like a paddler's dream smorgasbord," Thomas said.

Each route includes a detailed map with approximate distances and access points plus information on parking, fees, restrooms, and nearby dining. It also issues reminders to Delaware paddlers to have a PFD and a whistle with them when on the water and to keep abreast of wind, tides, and temperature.

PaddleCoastalDelaware.com will regularly deliver updated details and finer points on launches, paddling safety, routes, providers, and partners. A PDF of the map can also be downloaded there.

In addition to the University of Delaware's Sustainable Coastal Community Initiative, partners in this effort included Delaware Sea Grant, the National Oceanic and Atmospheric Administration (NOAA), the Delaware Department of Natural Resources and Environmental Control (DNREC), Southern Delaware Tourism, Quest Kayak, and Conservation Community Consulting.





Produce • Honey • Farm Eggs Meats • Seafood • Pastries Jams • Coffee • Teas **Local Crafters**



White Horse Park (In Rear) 239 Ocean Parkway Ocean Pines, MD, 21811

Open year-round to the public





Top things to do on vacation in Ocean City

Whether you call Worcester County home or your sandy beach escape from the daily grind, the county offers a multitude of leisurely activities that allow you to not only unplug from the businesses of life but to rejuvenate. You are invited to come, discover the beach and beyond with the "Top 10 Things You Gotta Do on Vacation in Ocean City."

"When you're visiting the beach and want a few quick pointers of fun things to do, this is perfect," Worcester County Tourism Director Lisa Challenger said. "There are options for adults and families with young children. It allows the opportunity to explore the area and experience a new activity. The online list includes contact information as well as a reference to how many minutes it will take to get to each destination, so parents can answer the age-old question, "Are we there yet?"

- 1. Visit the Ocean City Boardwalk & Lifesaving Station Museum. Located at the inlet, this museum interprets the fascinating history of Ocean City and its life saving service, along with kids programs, including knot tying, "All About Sharks" and aquarium feeding.
- 2. Take a walking tour of historic downtown Ocean City Discover its 1875 roots as a small fishing village and some of the architectural gems that still occupy the downtown today.
- 3. Sundaes in the Park, Free Beach Concerts & Bonfire Hour. All special events are free. Download the complete schedule

https://oceancitymd.gov/oc/departments/special-events.

4. At Assateague Island National Seashore and State Park, stop at the Barrier Island Visitor Center and see wild horses, sika deer and a beach landscape unchanged over centuries. Hike and bike at Assateague National Seashore or canoe the designated trails.

- 5. Tour Berlin's commercial historic district. Visit a Victorian village, the location of two major motion pictures, Runaway Bride and Tuck Everlasting. Tour the art galleries, antiques, and boutiques. Sit and have an old-fashioned milkshake at Rayne's Reef.
- 6. Discover the Furnace Town Living Heritage Museum, a 19th century industrial village and the site of Maryland's only bog ore furnace, including broom house, kitchen garden, print shop, weaving house, woodworkers shop and blacksmith.
- 7. Canoe or kayak the scenic Pocomoke River, Nassawango Creek, or the Coastal Bays. Outfitters include Pocomoke River Canoe Company, Assateague Island Outfitters, Ayres Creek Adventures, and Coastal Kayak.
- 8. Hike, fish, and bird watch at Pocomoke River State Park. Hike our trails, fish in the catch and release pond, look for bald eagles, and rent a boat or canoe.
- 9. Tour art galleries in Berlin, Snow Hill, and Ocean City. Take an art lesson or shop for locally-produced jewelry, pottery, or canvas art at Berlin Galleries, Jeffrey Auxer Designs, The Globe, Fine Food, Arts & Spirits, Worcester County Arts Council Gallery, Bishop's Stock, and the Ocean City Center for the Arts.
- 10. Explore the Delmarva Discovery Center in Pocomoke City, the shore's leading destination for hands-on discovery, featuring a live otter exhibit.

Obtain your copy of "Worcester County's Top 10 Things You Gotta Do on Vacation in Ocean City" at http://visitworcester.org.



Donation - *Rina Thaler*, executive director of the Art League of Ocean City, presents **Jessica Summers**, shelter manager at the Worcester County Humane Society, with a check from the "Felines vs Canines" fundraiser, exhibition and animal-themed classes held in May at the Ocean City Center for the Arts.

PRMC offers free heart screening program

Heart disease is the no. 1 killer of Americans, but screening and understanding of lifestyle and risk factors can help to reduce that number. That's why Peninsula Regional Medical Center's Guerrieri Heart & Vascular Institute offers free Heart Smart heart disease risk assessment for both men and women.

The screenings are free of charge and participants do not need insurance. They are available by appointment at Peninsula Regional Medical Center in Salisbury.

The comprehensive screenings include: Cholesterol, HDL,

triglycerides, fasting blood glucose, resting 12-lead EKG, body fat and body mass index, waist to hip ratio, blood pressure testing, pulse oximetry testing, 10-year risk analysis, review of current medications, follow-up care plan and exercise/nutrition recommendations

People choosing to participate must not currently be under the care of a cardiologist or have a known history of heart disease. A 12-hour fast is required before the appointment. Call 410-543-7026 to schedule your free Heart Smart screening.



The Courier has a NEW PHONE NUMBER:

410-629-5906

Review of "Mrs. Lincoln's Dressmaker"

By Jean Marx

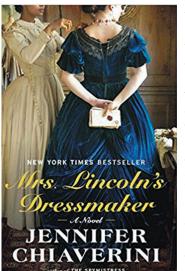
This book, written by Jennifer Chiaverini and published in 2013, is a historical fictional novel about Mary

Lincoln's dressmaker, Elizabeth Keckley. This is Chiaverini's twenty-first novel but the first in the historical fiction genre. Keckley earned the spot as Mrs. Lincoln's dressmaker in March 1861; the book is told from her point of view and the author utilized a number of sources to emulate what her viewpoints and thoughts may have been. Her primary source was remarkably Keckley's own memoir entitled "Behind the Scenes" that was published by the G.W. Carleton & Company in 1868.

Keckley was a professional and accomplished woman. She

was born a slave and worked diligently to purchase freedom for herself and for her young son when she was 37 years old. When Abraham Lincoln was elected President in November 1860, Mrs. Lincoln sent out word that she was looking for an accomplished seamstress and "modiste." Not long after the election, Keckley is recommended to Mrs. Davis, who was the wife of then-Senator Jefferson Davis of Mississippi. Early into the new year of 1861, she was offered the job to move south with Mrs. Davis when her husband assumed the role of President of the new Confederacy. Keckley politely declined and remained in Washington where she continued her dressmaking services to other elite society ladies, including Margaret Sumner McLean, the niece of abolitionist senator Charles Sumner. It was she who recommended Keckley's services to Mary Lincoln.

In the role as a modiste, Keckley made all of Mrs. Lincoln's dresses and dressed the First Lady for all important occasions. The two forged a close friendship through the turbulence during these years including the impacts of the Civil War and deep personal tragedies that occurred in the Lincoln family and Keckley's own. Prior to entering the White House, the Lincolns had lost their first-born son at a very young age. This left their three remaining sons, Robert, Willie, and Tad. The next tragedy was suffered by Keckley when she received a letter in August 1861 that her beloved and only son, George Kirkland, was killed during the Battle of Wilson's Creek. He had previously written to his mother explaining that he had



withdrawn himself from college and enlisted in April to "help deliver others from bondage into freedom." With his lightskinned features, passed himself off as a white soldier fighting for the Union.

The next tragedy occurred in February 1862

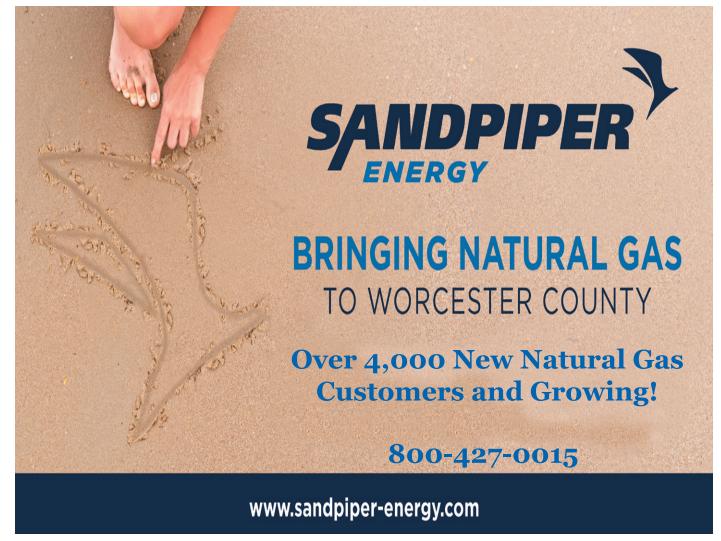
when the Lincolns lost their beloved Willie to an illness. Mrs. Lincoln was nearly inconsolable in her grief, and it was the President and Keckley who slowly drew her back into society. During Lincoln's presidency, Mary Lincoln was often vilified by the public who viewed her as a Southern sympathizer due to her family ties as well as for her intense mood swings and her penchant for spending government money (first in fixing up the White House and then going on multiple expensive shopping excursions for her personal wardrobe). Keckley accompanied her on her travels, and in so doing, she got the opportunity to meet Frederick Douglass firsthand, whom she greatly admired.

Keckley came to greatly admire and respect the President when he first issued the Emancipation Proclamation and then the Thirteenth Amendment permanently abolishing slavery in January 1865. After her husband's assassination that April, Mrs. Lincoln was inconsolable once again, and when forced out of the White House, she found herself nearly penniless and thousands of dollars in debt due to her lavish spending habits. Mrs. Lincoln petitioned the government for a widow's pension and behaved erratically again, drawing ire and sharp criticism from the public.

Eventually, Mrs. Lincoln went on an ill-fated tour to sell her gowns and asked Keckley to accompany her. Keckley reluctantly agreed as it meant she needed to put her dressmaking business on hold.

In 1867, Keckley was offered an opportunity to write her memoir to be published as an insider's look at the life of the Lincolns, and she agreed to it in the hopes of correcting the public's views on Mrs. Lincoln and to raise needed funds for both of them. Unfortunately, this backfired horribly and the public reacted to her memoir with disdain. Keckley's book tour subsequently failed, and even worse, she lost her friendship with Mrs. Lincoln whose instability was rocked yet again when she lost Tad to illness at the age of 18.

It wasn't until decades after Keckley's death that her personal memoir received the reverence it was due for its incredible piece of history. I found "Mrs. Lincoln's Dressmaker" to be a well-written, believable account of the raging, pivotal times in which Keckley lived her life.





Special guests - (L-R) Harry Wille, Morgan Pilz and Major Harry Wille of the Maryland National Guard attended the Star Charities Night at the Races on July 11 at Ocean Downs Race Track. In October Star Charities will have the black collection containers around the area to collect supplies for the military overseas for Christmas which is overseen by Major Wille. Photo by Anna Foultz.

Public invited to STEM ceremony

The public is cordially invited to attend the Worcester County Economic Development (WCED) STEP UP and Reach for the Stars STEM (science, technology, engineering, and math) summer programs ceremony at University of Maryland Eastern Shore Ella Fitzgerald Performing Arts Center in Princess Anne on July 26 at 2 p.m.

"This is economic development at work," WCED Director Kathryn Gordon said. "Our students are given opportunities to experience STEM related careers in action from our local businesses. The

best part? Our businesses get a glimpse of the future workforce and the talent they hold."

The ceremony will highlight the individual and group experiences of 75 Worcester County middle school, high school, and university students and how their experiences may affect their future academic and career goals.

RSVPs are appreciated but not required and can be made to STEM Program Director Fawn Mete at fawn@sinepuxentgroup.com or 410-458-1325.

Peach pie baking contest set

Enter a pie in the eleventh Annual Berlin Peach Festival Pie-Baking Contest The Berlin Heritage Foundation is looking for bakers to enter the peach piebaking contest at its eleventh annual Berlin Peach Festival on Saturday, August 3, on the grounds of the Calvin B. Taylor House Museum located at 208 North Main Street. The first-prize winner will receive dinner for two at the Dunes Manor Hotel in Ocean City and a cookbook. Second- and third-place prizes also will be awarded.

In 2018, winners were Brenda Heinecke (first place), Barbara Hartman (second place) and Nicole Masenior (third place). This year, Denise Gotloeb from On What Groundswill return for her fourth time as judge. She will be joined by Ruth Koontz from Main Street Deli and Laura Sterns from The Atlantic Hotel.

A maximum of 12 entries will be accepted and bakers must sign up in advance. The registration deadline is August 2. Pies must be delivered on the day of the festival between 10 a.m. and 11 a.m., and include a list of ingredients. Worcester County Health Department rules stipulate that pies with perishable ingredients such as custard, ice cream or whipped cream may not be entered. For more information or to sign up, contact Susan Taylor at 410-641-1019 or email at taylorhousemuseum@verizon.net.

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15				16				
17					18									
19					20				21					
				22				23						
		24	25					26				27	28	
29	30						31					32		33
34					35	36					37			
38				39							40			
	41		42						43	44				
			45					46						
	47	48					49					50	51	52
53						54				55	56			
57										58				
59					60					61				

CLUES ACROSS

- 1. Partner to "oohed"
- 6. Frying dishes
- 10. Turncoats
- 14. Tropical fruit
- 15. Combinations of ideas
- 17. Sick
- 19. Consumed
- 20. Is in possession of
- 21. Zodiac sign
- 22. Hem and
- 23. Small country along the Arabian Peninsula
- 24. Petty quarrel
- 26. Scold
- 29. Volcanic crater
- 31. Present
- 32. TV network
- 34. "Rule Britannia" composer

- 37. Spring harvest in South Asia
- 38. Feline
- 39. Precipitation
- 40. In addition
- 41. Using as a foundation
- 43. Without
- 45. Ancient Roman garment

- 49. Swiss river

- 59. Soaks
- 60. Cunning
- 61. The underworld

CLUES DOWN

- 1. Water (Spanish)
- 2. Your parent's sister 3. Incline from vertical
- 4. The night before
- 5. Female descendants from American revolutionaries
- 6. Exclamation of disgust
- 7. Affirmative votes
- 8. Midway between north and northwest
- 9. Soft-shell clams
- 10. Layer at the back of the eye
- 11. Tennis great Arthur
- 12. Where golf games begin
- 13. Soviet Socialist Republic
- 16. Capital of Zimbabwe
- 18. This and
- 22. Laugh
- 23. Adhere to the rules
- 24. He comes each December
- 25. Before
- and flows
- 27. Hindu cymbals

- 46. Political action committee
- 47. A way to excite
- 50. A place to relax
- 53. NE Ohio ballplayer
- 57. Rocky bodies orbiting the sun
- 58. Horse-drawn vehicle

- 29. Personal computer
 - 30. Semite
 - 31. "Star Wars" hero Solo
 - 33. Data executive
 - 35. Hybrid fruits
 - 36. Capital of Latvia
 - 37. Moved swiftly 39. Troublemaker
 - 42. Averts
 - 43. Garment worn by S. Asian women

 - 44. It cools your house
 - 46. Homes to bachelors
 - 47. Besides
 - 48. Cowboys great Leon 49. Griffith or Rooney
 - 50. Province of Pakistan
 - 51. Part of a book
 - 52. Gasteyer and Ivanovic are two 53. Automobile
 - 54. Afflict
 - 55. To the degree
- 56. Arrived extinct

			С	Α	R	Α	F	Е				В	С	D
	Т	Α	М	Р	Е	R	Е	D			s	Α	L	Ε
	Α	D	D	1	С	т	Е	D		s	Α	R	Α	N
	Т	Α	R	0	к					1	С	В	М	
s	т	М							т	А	R	s		
s	0	Α	Р						А	М	Α			
В	0	N	Е	F	1	s	н		С	Е				
	s	Т	Р	Α	т	R	1	С	к	s	D	Α	Υ	
				М	Α		D	1	s	Е	Α	s	Е	s
			Т	ı	L						s	к	А	w
		М	Α	N	Υ							Α	R	Α
	Α	L	Α	Е					D	J	1	N	N	
н	Α	L	L	s		Е	N	Т	R	Α	N	С	Е	
Α	R	Е	s			В	Е	w	А	1	L	Е	D	
Р	Е	s				N	Е	Α	т	L	γ			

Answers for July 17





Where Family Boating Begins 2 GREAT LOCATIONS!



302-945-2254 • 32606 DuPont Blvd Dagsboro, DE 19969 **f 302-999-8735 •** 411 S. Maryland Ave. (Rt 4) Wilmington, DE 19804 **r**

Public invited to comment on Emergency Services Hazard Mitigation Plan update

Worcester County Emergency Services (WCES) officials invite area citizens to partner with them as they work through summer 2019 on an update to the 2014 Hazard Mitigation Plan. The project goal is to minimize impacts from hazard events, and area residents can help in the planning process in two ways.

First, WCES officials are placing special emphasis on citizens' concerns related to hazards, and they invite all to take part in a public survey, which is available online at http://www.co.worcester.md.us/departments/emergency. Survey results will be included in the updated plan document.

Second, WCES will host the next public meeting on the hazard miti-

gation plan update on July 25, 2019 at 1 p.m., in room 1102 of the Worcester County Government Center, which is located at One West Market Street in Snow Hill. Citizens are encouraged to attend and participate in the meeting.

"Input from our citizens will not only create a strong Hazard Mitigation Plan, but will serve to strengthen the resilience of our community and increase awareness of potential hazards we may face if the unthinkable were to happen," WCES Planner Tina Vickers said.

For more information on the plan development process and how you can participate, please call Vickers at 410-632-1315.

The Courier has a

new phone number

410-629-5906



Largest Fish category: L to R by age group: 12-16 **Connor Rarrick** (21" carp); 8-11 **Ruby Manos** (17" bass); 4-7 Nyomi Duncan (9" perch). Photo by Jack Barnes

Fishing contest draws young anglers

The Ocean Pines Anglers Club hosted the annual Art Hansen Me-

morial Youth Fishing Contest on Saturday morning held at the South Gate pond in Ocean Pines.

Even with record heat more than 50 youth participated in three age groups ranging from ages four to 16. The Department of Natural Resources was on hand to help educate contestants and the Anglers Club provided free bait.

The young anglers managed to pull over 70 fish from the pond. The fish were measured and tallied by Anglers Club members. Trophies and rods and reels were awarded to the top anglers and a drawing was held for a Mike Vitak custom rod.

Every youth that participated received a prize thanks to the generous support of the Ocean City/Berlin Optimist Club and the ACSA [Atlantic Coast Sportfishing Association].

The LORD will surely save me

So we will play my songs on

We do that!

stringed instruments Isaiah 38:20

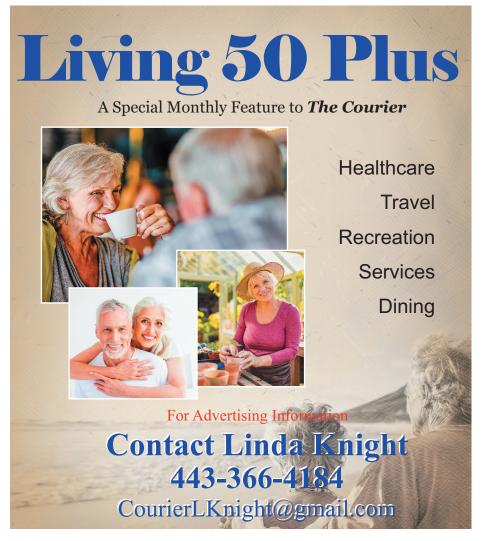
www.FellowshipAlliance.com

Church Come join us this

Sunday 9:00AM

410-641-6000

Showell Elementary School-Route 589





Bay Tides - 2 hrs. later Day Tide Sunrise High Time 25 1:51 AM 5:57 AM 25 High 2:29 PM 2:45 AM 8:56 AM 8:16 PM 26 26 3:25 PM 9:46 PM 27 5:58 AM High 9:48 AM 4:21 PM 27 27 8:15 PM High 10:45 PM 27 28 4:38 AM 5:59 AM High 10:43 AM 28 High 5:15 PM 28 11:43 PM 29 5:33 AM 6:00 AM 11:38 AM 8:13 PM 29 High 6:08 PM 30 12:38 AM 6:01 AM 6:26 AM High 30 12:33 PM 6:02 AM High 7:19 AM 8:11 PM

Oceanic Fishing Pier

Ice Bait Tackle
Assorted Snacks Clean Bathrooms
Rod & Reel Combos for Sale or Rent
Several Assorted Combos for \$19.99

OPEN 24 HOURS in Season

710 S. Philadelphia Ave. at Ocean City Inlet

410 289 2602 oceanicpier.com

rockin from page 3

saxophone.

50s when he joined a rhythm and blues band in D.C. Following this, he established his own group named "Rhythm Rockers" and performed on a cruise ship touring England and Germany. During the "Still Rockin" concerts, Kessler is oftentimes found strolling among his fans as he taps

the keys and blows into his cool brass

As Parke members retired from the band, residents from all over Ocean Pines were recruited. Kessler remarked, "I heard Tony Karacoulakis playing the drums and he was really good. His sound was closest to the original drummer from my band in the 50s." Karacoulakis is also no stranger to the music scene. He played the drums professionally in Baltimore during his earlier music career. "I got to meet some amazing drummers and world-famous Gene Krupa was my idol. I wanted to be just like him," declared Karacoulakis.

Lead singer Tom Flanagan has a vibrant bluesy sound, and charisma to go along with it. He is a dedicated musician and remarked that he "continually challenges himself to perform his craft well." He put himself through college by playing onstage as an opening band for well-known groups such as James Brown, "The Rascals," and "Gary Lewis and the Playboys". Flanagan always enjoyed the excitement of performing, but as time went on his family and job took the center stage. "And then life happened and now I am picking up where I left off." Flanagan explained.

Keyboard player and singer Char Vanvick's love of music came from her parents. She has been a member of "Still Rockin" since 2011 and always has a great time, even during the long hours of practice every Tuesday. Band member, and an Ocean Pines barber, Tony Karacoulakis chuckled as he said, "The band is great for Char. We inspired her to get a punk haircut."

Bass guitar player Tom Piatti was fifteen-years-old when he first played in a band. He played the trumpet from grade school all the way through his senior year in high school. At fourteen he picked up the guitar and has been playing ever since then. Piatti finds the best part of being in Still Rockin is "seeing

people enjoy themselves".

They are not only good musicians but they are good people. The band is always generous with donating their talent and time by performing at local fundraising events. Piatti stated, "It is rewarding, from a civic duty standpoint, to play gigs for charitable organizations." Kessler added, "And there are so many good causes in our community."

When asked what the best thing

about "Still Rockin" is, the members responded in unison, "It's fun!"

For those who would like to join in the fun, "Still Rockin" will be performing at Windmill Creek Vineyard and Winery in Berlin from 5 p.m. to 8 p.m. on Friday, August 9 and Friday, August 23. They will also be at the Costa Ventosa Winery in Whaleysville from 4 p.m. to 7 p.m. on Sunday, August 11.

night

from page 2

make our community so special.

By participating, an organization can set up a small table with general information for the public, bring a craft or another small project to engage children and young people, bring information or a project to engage Ocean Pines' senior population, donate an item to be given out as a raffle or door prize, provide music, or give away school supplies ahead of the new school year.

New and creative ideas for the event are encouraged and monetary donations to help offset costs associated with the event are also needed. Participants are asked to refrain from promoting any social or political issues in order to keep the focus on community fun.

There is space for about 40 groups, which will be booked on a first-come, first-served basis.

For questions or more information about participating, contact the Ocean Pines Marketing Department at 410-641-7717 or email info@oceanpines.org by Friday, July 19. Donations will be accepted through Thursday, August 1.

D.A. Kozma Jewelers Prompt, friendly & Affordable Service

Watch Batteries
Custom Designs
Personalized Service
Bridal Consultation



We buy Gold and Silver
Coins

410-213-7505 410-524-GOLD www.dakozmajewelers.com

on Route 611 at Route 50 in the Food Lion Shopping Center

Health Department emphasizes rabies prevention and safety

Department has confirmed eight rabies cases locally since the beginning of 2019, emphasizing the importance of rabies awareness and proper pet vaccination. The latest confirmed positive rabies case was a groundhog found on Manklin Creek

The Worcester County Health Rd in the Ocean Pines area on July

Rabies is an ongoing issue in Worcester County and affects local wildlife. The animals most frequently confirmed with rabies are raccoons, followed by foxes, skunks, groundhogs and cats. Cats are the number one domestic animal species most likely to be unvaccinated and are at a higher risk of exposure to rabid wildlife while outdoors.

Worcester Health offers the following tips for avoiding contact with rabies this summer:

-Have your dogs, cats, and ferrets vaccinated regularly and keep those vaccinations current in accordance with the law. (Especially outdoor

-Do not let your pets roam free they are more likely to have contact with a rabid wild animal.

-Avoid feeding your animals outside; this draws stray and wild animals to your doorstep. (If you must feed outdoors, do not leave the food out overnight and clean up any spillage.) Cover your garbage cans securely.

-Avoid sick animals and those acting in an unusual manner and teach your children not to approach wild animals and animals they don't

-If your pet has contact with a wild animal, avoid touching your pet with bare hands (wear gloves) and do not touch the wild animal. Report the incident immediately to the Health Department or your local police in order to arrange testing of the wild animal, if available, and consult your veterinarian.

For more information on rabies visit www.worcesterhealth.org.

Job Fair is tomorrow

Worcester County Government (WCG) invites those seeking career opportunities to attend the WCG Job Fair on July 25, from noon to 3 p.m. The job fair is being hosted in the Human Resources Office in Room 1301, located on the 3rd floor of the Worcester County Government Center in Snow Hill.

For a complete list of WCG job opportunities, http://www.co.worcester.md.us/depa rtments/hr/jobs.

rados

from page 4

one of 20 professionals in Maryland identified as an up-and-coming leader in the field of Recreation & Parks and invited to take part in the institute.

"I'm honored for the opportunity to contribute to recreation and fitness in the county where I grew up and reside," Rados said. "I am excited about the growth and direction that we are headed as a department; the new programs, events and tournaments that we are adding, branching out across the communities throughout the county and working with the people and families in Worcester County."

In addition to her role with WCRP, Rados actively gives back to her community. She volunteers as a youth softball coach for the Berlin Little League. She is a founding member, coach, and board member of the Maryland RipTide Fastpitch softball team. She serves as both the webmaster and historian on the board of the American Legion Riders Post #166, and she enjoys coaching many of her daughter's sports teams throughout the year.

Rados stepped into her new role with WCRP on July 1, 2019.



To place your business card call

410-629-5906



ATTORNEYS

STEVEN W. RAKOW

Attorney at Law

410-600-3075

STEVE@STEVERAKOWLAW.COM www.STEVERAKOWLAW.COM

Support Local Businesses

ELECTRICIAN

Waterfront Electrical Service • Hot Tubs & Spas Residential • Commercial • Interior & Exterior Lighting Service Upgrades

Phone/Data/TV Lines

Ceiling Fans

J.T. Novak, LLC **Electrical Contracting**

Prompt Service at Reasonable Rates

P.O. Box 1464 Berlin, MD 21811 Phone: 410-208-3052 Mobile: 443-235-5544

Master Electrician MD • VA • DE • PA

Gwen Cordner President

9748 Stephen Decatur Highway, Unit 113 Ocean City, Maryland 21842 410-213-7741 / 410-213-7742 fax email AcquestTitle@comcast.net / Acquest-Title.com

Writing **S**ervices

TITLE SERVICES

SERVICES

HOME IMPROVEMENT

PAUL'S HOME IMPROVEMENTS

All phases of home improvements

No job too small - No job too large Handyman Home Services Over 40 years experience

Free Estimates MHIC #83501



Publishing, Memoirs & More



TITLE



jmarx. timeflys@gmail. com www. timeflysbooks. com

DENTISTRY



Gerard Ott, D.M.D., PA Jeremy Masenior, D.D.S. **Family Dentistry**

> 1 Pitts Street Berlin, Maryland 21811

> > (410) 641-3490

JEWELER

D.A. Kozma Jewelers

410-213-7505 410-524-GOLD

www.dakozmajewelers.com

on Route 611 at Route 50 in the Food Lion Shopping Center



\$13 a week!

410-629-5906



How to exercise dogs in extreme weather

Exercise is important for every member of a family, including the family dog. According to SPCA Florida, regular exercise is just as important for dogs as it is for their owners.

Many dog owners find ways to incorporate their dogs into their own exercise routines in order to ensure their four-legged friends get enough physical activity each day. For example, dogs might come along on jogs around the neighborhood or join their owners on walks in the park. But what about those times when the weather is extreme? Snowstorms and heat waves might compromise dog owners' efforts to get their pooches daily exercise. But there are many ways that dog owners can work around extreme weather to ensure Fido gets enough physical activity to stay healthy.

Alter the time of your dog's daily exercise routine. In conditions that are extremely hot, dog owners can change their routines so dogs get out and get some exercise during the times of day when the weather is temperate. Early morning and evening or even nighttime exercise sessions afford chances

time to run around outdoors without doing so under the blazing summer sun. If walking dogs after sundown, dress them in reflective materials so they're visible to oncoming motorists.

Dress dogs for the cold. Dogs can be bundled up just like their owners bundle up in gloves and layers when

spending time outside in cold weather. Salt and chemical de-icing solutions can injure dogs, burning and drying out their paws, so make sure their paws are covered before taking them outside in icy, snowy conditions. Dogs may need a few practice runs wearing booties indoors before they're com-

fortable enough to wear them outside without trying to remove them. In addition, Petfinder recommends keeping



dogs' bodies warm by dressing them in doggy jackets or vests.

Reduce the length of time spent outdoors. Cutting back on the time dogs spend outdoors in extreme weather is another way to protect them from the elements. Shorter, more frequent trips can ensure dogs get enough daily exercise while limiting their exposure to extreme weather. If dogs are accustomed to 30 minutes of running around in the backyard in the afternoon, break that down to three 10-minute sessions instead, spacing out each session so dogs have time to recuperate.

Exercise indoors if necessary. Avoid exercising dogs outdoors in especially extreme conditions. Rather than exposing dogs to extreme weather, make a game out of running up and down staircases or play fetch in a hallway to help dogs burn off their energy and get some exercise.

Extreme weather can be harmful to dogs. But there's still ways to exercise pooches in periods of inclement weather.

Training and taming pet birds

Interacting with a companion animal is one of the joys of pet ownership. While certain pets seem more naturally inclined toward interaction than others, such as cats and dogs, many pets can be made more social with the right training.

Many people love having tame and trained birds as pets. Opinions vary as to which birds may be the most amenable to bonding, but many birds make great companions.

First-time bird owners are often advised to start with a young bird, as it is often easier to tame and train a young animal than one who is older. Certain pet stores or bird specialty

retailers will hand-raise the birds from babies so they become acclimated with humans very early on.

Taming is largely about trust. Therefore, it may need to begin slowly. Gradually go from simply being in the company of the bird to allowing it to grow accustomed to your hand in the cage. Eventually, after you and the bird are comfortable with each other, allow it to sit on your finger or shoulder. According to Rob Marshall, an Australian avian veterinar-

ian, as a bird comes to trust, he or she will also allow touch from the top of his head to the back of the neck. Repeated handling can build up an attachment.

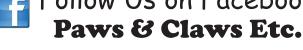
According to the experts at VCA Hospi-

tals, do not overdo your avian acclimation or training when the bird is first brought home. He or she may need to settle in to its new home. Everything is new, and new sights, sounds and smells can be stressful. Once the bird has acclimated, aim for taming sessions between 15 and 20 minutes per day. Also, allow the bird to have some alone time to entertain itself; otherwise, you may end up with an overly attached bird.

Birds can bite, and when they do, it is important to remain calm. Keeping fingers together and curled inward can make them harder to grab. A short, downward shift of the hand if the bird is sitting on it and a firm verbal "no" may prevent the bird from biting. Never hit a bird as discipline.

Having a bird's flight wings clipped is recommended when letting the bird loose in a home and during training. This also may help the bird be more dependent on you and more trusting of your handling.







Join Our VIP Club!

Text Paws to 57838
For Additional Savings on
Our Healthy and
Unique Inventory

Well trained staff to answer all your pet questions

11934 Ocean Gateway (Route 50 East) West Ocean City www.pawsandclawsetc.com 410-213-7490

OPEN 7 DAYS A WEEK -



Think cool! Stay hydrated!

Can't remember a summer so hot but we still have to eat so salads are a good choice for lunch or dinner and lots of fruit for breakfast. Try some of these recipes!

Apple Cabbage Salad:

½ half head cabbage

1/4 cup English walnuts or pecans

½ t. salt

1 T. sugar

2 unpeeled red apples

1 t. vinegar

½ cup whipping cream

Shred or chop cabbage and dice apples. Add nuts, vinegar, salt and sugar. Whip Cream until stiff. Fold into salad and serve on lettuce leaf.

This recipe can be used with a variety of fruits. I sometime add blueberries, strawberries, etc.

Lime/horseradish salad:

In mixer, blend lime Jello according to package. Add 1 package softened cream

cheese and 1 t. horseradish. Pour into Jello mold and chill. Mixture will be frothy when you put it into the mold.

Watermelon Salad:

Cut up seedless watermelon into bitesize pieces. Add 2 or 3 cut up peaches, lettuce, 3 spring onions cut up, ½ cup miniature marshmallows, 1/4 cup mayonnaise, dash lemon juice and sugar.

Egg Salad

5 hard-boiled eggs

2 stalks chopped celery

2 T. chopped onion

1/3 cup mayonnaise

1 Heaping T. mustard

Parsley

Salt and pepper

Chop eggs and add rest of ingredients. Best if chilled. Serve on lettuce or on a sand-

> Enjoy bevwisch@aol.com

McGovern named Crafter of the Month

Pines announced that the crafter of ing annual Artisan and Craft Festithe month for July is Ginger Mc-Govern.

and Born raised in Baltimore Ginger has been married to Bernie for almost 55 years. They have two children and two grandchildren.

She is a graduate of Notre Dame of Maryland. For many years she worked in retail at Watson's and Stebbins anderson in Towson, MD. When she moved to Ocean Pines in 2003,

she worked for the Association for nine years.

Ginger is the Assistant Chop Manager for the Craft Shop, and is

The Pine'eer Craft Club of Ocean taking reservations for the upcomval.



Ginger McGovern

She loves volunteering in the shop because it is her way of giving back to the community.

