

LA Arts Gallery to host live art and dance performance for next Art Walk LA



LA Arts artist-in-residence Jonathan Allen will perform with dancer-choreographer Joanna Kotze. (Photo by Ted Roeder)

LA Arts, in collaboration with the Bates Dance Festival, will present "Do You Know What's Worrying Me?", a live visual art and dance performance by New York-based artist Jonathan Allen and dancer-choreographer Joanna Kotze, with music by Ryan Seaton, as part of Art Walk LA on Friday, July 26, at 6 p.m. Free and open to all, the performance will take place in the LA Arts Gallery at 221 Lisbon Street in Lewiston.

Allen is currently an artist-in-residence at LA Arts, producing a series of new mixed-media works using inspiration and found materials from the Lewiston-Auburn streetscape and surrounding Maine landscape. The works will reflect on and respond to the social and political connections and tensions between the urban and rural, public and personal, static and kinetic, and other relevant dichotomies.

Passersby are welcome to stop in and see works in progress during gallery open hours and to share their worries with the artist. Community worries will be shared during the July 26 performance. The public is also invited to a

free reception for the artist from 5 to 8 p.m., both before and after the performance.

Other highlights of the July 26 Art Walk will be a performance in Auburn's Festival Plaza by the New England Jazz Band, a performance in Lewiston's Dufresne Plaza by Kafari (rhythm bones) and Jake Hoffman (banjo, guitar, voice), a TED Talk at Lewiston Public Library on mass public art events, and original works by artists

and artisans at more than 20 venues along the art walk route in Downtown Lewiston-Auburn.

Art Walk LA takes place from 5 to 8 p.m. on the final Friday of each month from May through October. For a map and a full list of venues and artists, visit www.laarts.org/artwalk.

Artists, artisans, performers, and volunteers are encouraged to participate by registering at www.laarts.org/artwalk/register.

ELHS Class of 1959 enjoys 60th Reunion



Edward Little 60th Reunion Class of 1959

Pictured here (l. to r., from front) are reunion attendees Brian Harris, Annette Jutras, Sue Couillard, Betty Magno, Jeannette Label, Robert Vallerand, Mike Gentile, Marcia Roak, Anita Demers, Barbara Berry, Irene David, Lucille Lapage, Helen Chenard, Louise Morin, Donna Russell, Bayna Boothby, Sandra Carter, Elizabeth Buker, Barbara Fowles, Marion Brown, Sylvia Eaton, Judy Cormier, Martha Cotter, Nancy Davis, Jean Sudds, Ellen Goldberg, David Burgess, Robert Williams, David Rubin, David Blood, Peter Durgin, Robert Turner, Andy Couillard, Walter White, Phil Libby, Joseph Cohen, John Savage, Bill Holt, Lee Bingham, Carlton Sedgely, Donald Shoppe, Bill Gould, and John Gould. (Photo by Nicole Rand, Creativeoneshotography.com)

Members of the Edward Little High School Class of 1959 celebrated their 60th Reunion recently at the Fore Seasons Restaurant at Turner Highlands Golf Club in Turner.

Forty-four classmates and 16 guest attended the reunion dinner, where the guest speaker was Rachel Desgrosseilliers, executive director of Museum LA. Other reunion highlights

included a guided tour of Museum L-A, an evening social gathering, and a cake with an edible photo of the Edward Little statue. The class plans to have its next reunion in 2021.

Your Home Improvement Solution

AMERICAN BUILDERS

Custom Building & Remodeling

Commercial & Residential General Contractor

New homes • Garages • Additions • Bathrooms
Kitchens • Roofing • Siding • Windows
Plumbing • Electrical

Call for a FREE Estimate! **500-8100**

Quality Craftsmanship

For Sale by Owner

Now Available!

Charming four-bedroom house with one full bath plus two additional half baths. Oversized kitchen opens to dining room with picture window. Hardwood floors in living room and downstairs bedrooms. Renovated full bathroom on first



floor. Large, screened breezeway between house and one car garage. Freshly painted throughout. Functional Basement with Professional Pool Table. Upgraded roof and furnace. Completely private fenced-in yard. Reverse osmosis water system. Grape arbor in back yard. Located at 279 Webber Ave., Lewiston.

\$174,900.00

For viewing call (207) 782-6561.

Movie Listings Every Week! Only in TCT. See page 13. www.FlagshipCinemas.com

See all of this week's stories and ads online. Free!

www.TwinCityTimes.com

Newsmakers, Names & Faces

Free Manufacturing Technician Training starts Sep. 6

Western Maine Community Action, the Lewiston CareerCenter, and RSU 16 Adult Education will offer another Manufacturing Technician Training program with Northeast Technical Institute starting September 6. The course consists of 280 hours of classroom and lab hours plus 60-hours of work-ready skills training. Valued at \$4,500, the program is offered at no cost to

income-eligible candidates through funding provided by the Workforce Innovation Opportunity Act and the Competitive Skills Scholarship Program. Self-pay candidates are also eligible to participate. The 13-week course will start on Friday, September 6 at the Northeast Technical Institute campus on East Avenue in Lewiston. Classroom-lab sessions

will take place Monday through Thursday from 8 a.m. to 3 p.m.; work-ready training will be on Fridays from 8 a.m. to 3 p.m. An orientation is scheduled for Monday, August 12 at the Lewiston CareerCenter. The deadline to register is August 7. For more information, visit the CareerCenter or NTI. To register, call 753-9001, (800) 741-2991, or 883-5130.

Rotary Breakfast Club president to speak at Lunch Club meeting



Dave Foster and his wife, Tricia, live in Auburn, where they have enjoyed raising dogs for over 30 years.

The guest speaker at the next meeting of the Lewiston-Auburn Rotary Lunch Club on Thursday, August 1, from noon to 1 p.m. will be puppy raiser and Rotary Breakfast Club president Dave Foster. The event will take place at the Village Inn at 165 High Street in Auburn. Foster and his wife, Tricia, live in Auburn, where they have enjoyed raising dogs for over 30 years. Their current dog, Moose, is now 10 years old and has

been a certified therapy dog visiting hospitals, nursing homes, and the youth detention center in Portland for 8 years. Two years ago, they decided to raise a puppy for Guiding Eyes for the Blind. It costs \$50,000 to breed, raise, train, match, and manage a support team for a guide dog over the course of its career. GEB graduates more than 170 guide dog teams every year and there is no cost to people who are blind and visually

impaired. Guiding Eyes is always looking for puppy raisers. For more information, see www.guidingeyes.org. L-A Rotary meets every Thursday from noon to 1 p.m. at the Village Inn of Auburn. Lunch is available for \$14. Guests and visiting Rotarians are always welcome. For more information, contact Club president Celeste Yakawonis at 713-7111, follow them on Facebook, or see www.lewistonauburnrotary.org.

Swingin' Bears Square Dance Club marks 55th anniversary



Pictured here (l. to r.) are club officers Esther Tucker, Chandler Wright, Joan and Dick Deans, and Carol and Wally Vickerson..

The Swingin' Bears Square Dance Club of Norway-South Paris celebrated its 55th anniversary recently at its annual Ice Cream Social Dance. Club caller and teacher Ray Hilton of Saco called the square dancing, entertaining the group with some yodeling during the singing calls. Carol Arse-

nault of Dresden cued the round dancing. Eight area clubs were also represented. Anyone interested in learning to square dance is invited to the start-up of the club's new season, a free first lesson on Wednesday, September 11 at 6:30 p.m. at the Oxford Hills Middle School at Pine Street in South Par-

is. For more information, see their website at <http://swinginbears.squaredanceme.us>. Officers installed in May for 2019-20 were Dick and Joan Deans of Hebron, Presidents; Wally and Carol Vickerson of West Paris, Vice Presidents; Chandler Wright of Greenwood, Secretary; and Esther Tucker of Poland, Treasurer. The directors are Sue and Dwight Corning of South Paris, Past Presidents; Melody Cox of Bryant Pond, Past Vice President; and Pam Durgin of South Paris.

Lewiston legislators to hold public office hours

Lewiston's delegation to the Maine State House will hold public office hours from 11 a.m. to 12:30 p.m. on Saturday, July 27 in the

Couture Room at Lewiston Public Library. The delegation includes Senate Majority Leader Nate Libby and Reps. Heidi Brooks, Kristen

Cloutier, Margaret Craven, and Jim Handy, all of whom will be in attendance. Public office hours provide residents a chance to meet with their elected officials, ask questions, and get help with legislative or state government matters. The delegation will also give updates on its work on various policy committees and the legislative session more broadly. All are welcome to attend, ask questions, and get answers. To RSVP on Facebook, visit <http://bit.ly/lewistonofficehours>.

The public office hours will be held monthly throughout the year on the fourth Saturday of each month. The exception will be December, when the fourth Saturday falls in the middle of the holiday season. The dates are as follows: July 27, August 24, September 28, October 26, and November 23.

**AFFORDABLE**
Cremation Solution LLC
THE SENSIBLE ALTERNATIVE • LOCALLY OWNED • INDEPENDENT
AffordableCremationSolution.com
643 Main St., Lewiston 330.2190

Direct Cremation
\$950 ALL INCLUSIVE

WHY PEOPLE CHOOSE CHAMPOUX INSURANCE



Nicole Lajoie
Licensed Agent

"Protecting your assets, by finding the right products and pricing, is how I deliver on the promise."



CHAMPOUX INSURANCE
DELIVERING ON THE PROMISE
150 East Avenue ~ Lewiston, ME 04240
(207) 783-2246
www.MaineInsuranceOnline.com



Voted by Market Study as Best Insurance Agency in Greater L/A for the 7th year running!

YOUR SMILE. OUR PRIORITY.



Rosemarie G. Sheline, DDS • Calvin Kenley, DMD
Welcoming new patients • Emergencies seen the same day
207-784-2211
110 Canal Street, Lewiston
maplewaydentalcare.com

THE DUMP GUY

Basement, Attic, Garage & Apartment Cleanouts
JUNK REMOVAL
Boat, Vehicle & Camper


(207) 450-5858 • www.thedumpguy.com Fully Insured

Governor's Address: Let's Encourage Young People to Move Here and Enjoy Our State All Year Round

Attracting talented young people to Maine and making this state their home is a top priority of my administration. As you may have seen, a new sign now greets all people arriving at our state at the Kittery line. It says simply: "Welcome Home."

I'm not the only one rolling out the welcome mat for Maine's future innovators, business people, employers, and working people. Maine's tourism industry is also showing the world that there is no place like home, and no place like Maine.

Maine welcomed more than 37 million visitors in 2018, including

over 6 million visitors who discovered our state for the very first time.

From the swift currents of Allagash Falls and Moxie Stream to the peaks of Cadillac and Tumbletown, from the bedrock and sea spray of Nubble Lighthouse and Portland Head Light to the sandy length of Old Orchard Beach and the sweeping sails of Boothbay Harbor ships, families fell in love.

How many of us, both native and "from away," can still remember the slow summer days of childhood, the peace of sunrises and sunsets without destinations or deadlines, just living in a world onto itself in Maine?

And it's not just the



Governor Janet Mills

outdoor recreation that draws visitors from around the world to our state. From Portland Museum of Art to the Maine State Museum, the Bangor Discovery Museum to the Colby College Museum, visitors young and old flock to view the creations of world-class Maine artists.

Our food is quite an

attraction, too. Maine's fisheries and farms help our restaurants win accolades across country and build Maine's reputation as a culinary destination. Last year, Portland was designated 2018's "Restaurant City of the Year" by Bon Appetit Magazine; this year, Maine's Allagash Brewery was a James Beard Award-winner.

From beer to the Beehive Loop trail at Acadia, tourism impacts every part of our state. It breathes life into our small businesses, keeping them thriving during the long stretch of winter. It supports year-round amenities and the shopping, dining, and entertainment options that we all

continue to enjoy long after the tourists have gone.

And, while the summer stream of out-of-state license plates heading up 295 - and the corresponding traffic - can be tiresome at times, tourism also helps create awareness about the wonders of our state among Maine residents themselves.

In a survey conducted by the Maine Office of Tourism a few years ago, ninety-five percent of residents said they had taken a vacation in Maine - you know, a "staycation" - more than 50 miles from their own home, and seventy-one percent had done so in the past year.

So, whether you travel near or far from home this

summer, please enjoy the many wonders of our state and help show our visitors why Maine is "the way life should be." Let's encourage young people to move here and enjoy our state all year round.

For more information on places to see, things to do, and outdoor adventures accessible to your family in Maine this summer, please go to www.VisitMaine.com.

I look forward to seeing you at our state parks, on the beach, and at the corner store this summer in Maine.

Thank You,
Janet Mills
Governor

Registration now open for Andro. Leadership Development Institute

The 2019 Androscoggin Leadership Development Institute, presented by the L-A Metropolitan Chamber of Commerce and Uplift L-A will, take place September 11 through November 6. The purpose of ALDI is to help participants foster stronger working relationships, learn to communicate and motivate, and gain skills needed to advance their careers.

Whether managing a team, running a nonprofit, or starting your own business, ALDI is the place to hone skills that will make you a successful leader and manager. The 2019 program is designed for first-time to mid-level managers who are interested in developing their communication, strategic planning, and core leadership skills.

The Androscoggin Leadership Development Institute provides rising leaders with real-world skills that have a tangible impact on their businesses and communities, all addressed within the context of complex real-world challenges facing businesses today. The program culminates with a capstone project that will bring real expertise back to your workplace and

community.

ALDI is a 10-session program combining classroom learning, interactive sessions, and hands-on experiences to enhance leadership skills, cultivate strengths, and strengthen weaknesses. Participants will learn from experts in their fields who have demonstrated success in the areas of communication, networking, and strategic planning. The program prepares its graduates for success in the business, nonprofit, and government worlds, ensuring they have a foundation capable of meeting the pressing demands of today's ever-changing environment.

"ALDI did not disappoint," said 2018 ALDI graduate Nyada Batieste. "Shortly after enrolling, I had relevant techniques and learnings to apply and present to my counterparts. I would recommend ALDI to any professional looking to grow as a strong leader, learn applicable new tools, or just network and learn about some of the challenges facing L/A businesses and organizations today."

The early bird registration fee is \$1250 until September 1. The regular

registration fee after September 1 is \$1500. L-A Metro Chamber members receive a \$500 discount. All classes will take place in Lewiston and Auburn. For more information, call 783-2249. To register, see www.LAMetroChamber.com.

The LA Metro Chamber of Commerce will host a Power Lunch Seminar called "Monetizing Your Free Wi-Fi with Social-Powered Wi-Fi Solutions" on Thursday, August 1, from 12 to 1:30 p.m. Presenter Next Wave Wi-

Fi will discuss how to turn your customers into fans by using "Social Powered Free Wi-Fi." Specifically, they will discuss how to use your free Wi-Fi service to gain valuable marketing data by engaging your customers on social media.

The Chamber is located at 415 Lisbon Street in Lewiston. Lunch will not be provided. Questions may be directed to 783-2249. The seminar is free, but those planning to attend are asked to register at www.LAMetroChamber.com.

"Social Powered Free Wi-Fi" topic of Chamber seminar

www.TwinCityTimes.com



Morrison Center
Building a Brighter Future for People with Disabilities

Morrison Center is HIRING

Children's Residential Care Providers for our beautiful Opportunity Farm Campus in New Gloucester. We have full-time, part-time and per diem opportunities for all shifts available. Great pay and benefits including health, dental, STD, LTD, Paid time off and a retirement plan with a company match. A high school diploma or GED required.

Please send your resume and contact information to: jobs@morrison-maine.org.

Help make a difference in the life of a child!

Blanchard's Cash Fuel

#2 Heating Oil and K-1 Off Road Diesel (Dyed) On Road Diesel (Clear) Propane

225-3588

3 Conant Road, Turner
(on the Auburn/Turner Line)

Don't Shiver...We Deliver!

www.blanchardscashfuel.com

TWIN CITY TIMES

207.795.5017

Info@TwinCityTimes.com

9 N. River Road, #232, Auburn, ME 04210

TWIN CITY PUBLISHING, INC. 2019®

All materials found in TWIN CITY TIMES are copyrighted. All rights in those materials are reserved and permission to use them must be specifically granted by Twin City TIMES.



Laurie A. Steele
Publisher/CEO
Laurie@TwinCityTimes.com



Steve Bouchard
Editor-in-Chief
Editor@TwinCityTimes.com

FREE e-subscriptions at www.TwinCityTimes.com

Suzanne Murray
Production Manager
Ads@TwinCityTimes.com

Levi Gervais
Circulation Manager
Info@TwinCityTimes.com

Rachel Morin
Contributor
Info@TwinCityTimes.com

Stacey Smith
Administrative Assistant
Info@TwinCityTimes.com

ADVERTISING

For advertising information email Info@TwinCityTimes.com or call 207-795-5017.

DEADLINE

Deadline for ads and press releases is 5 p.m. on Friday preceding publication. Published every Thursday.

PRESS RELEASES

All submissions, including photos must be emailed to the editor, Editor@TwinCityTimes.com.

PROOFS

Publisher is not responsible for any errors in ad copy not inspected by advertiser prior to publication.

Guest Column: Making Quality Health Care More Affordable for Mainers



By Sen. Nate Libby
A person’s ability to stay healthy, get treatment when they’re sick, or deal with medical expenses shouldn’t depend on how much money they make or where they live. Unfortunately, in a world where health insurance and pharmaceutical companies are posting record profits, that’s far too often the case.

I’m proud to say that, this year, my colleagues and I in the Maine Senate passed several laws that will help Mainers get more affordable access to the health care they need and deserve. Here’s what we accomplished.
Right now, a lawsuit challenging the Affordable Care Act is making its way through our federal court system. The ACA isn’t perfect, but it did help many people get access to health care coverage for the first time, and it added important consumer protections to our laws.

When the lawsuit was announced early this year, Maine lawmakers knew we had to act. We can’t always rely on Congress or the courts to do the right thing, or do it expeditiously, so we took action by passing LD 1, sponsored by Senate President Troy Jackson of Allagash, which puts key protections into state law. This act will ensure that patients with pre-existing

conditions won’t be discriminated against, that Mainers can’t be sold high-deductible junk policies that don’t even cover prescription drugs, and that parents can keep their kids on their insurance plans until age 26, giving young adults a safety net as they launch their careers and start their own families.
A new law that I sponsored and that we passed creates ABLE accounts in Maine. Under current law, people with disabilities lose access to the aid they need to survive - including Social Security, Supplemental Security Income, the Supplemental Nutrition Assistance Program (formerly known as food stamps), and Medicaid - if they have more than \$2,000 in savings. This prevents them from saving for safer housing, assistive technology, or any of the other myriad medical expenses they face. ABLE accounts allow people with disabilities and their families to save up to cover certain expenses without losing access to the assistance they need.
Two new laws offered by Sen. Geoff Gratwick of Bangor, a doctor with 40 years of experience, tackle the red tape that too often prevents patients from getting the care they need. One addresses the practice of prior authorization, which

insurance companies use to determine if they’ll cover a specific treatment option for a patient. According to a recent survey, Maine physicians overwhelmingly reported that the burden of obtaining prior authorizations was “high, or extremely high.” Under this new law, insurance companies are required to respond to requests for prior authorizations in a timely manner.
The other new law makes sure the appeal of an insurance company’s denial of coverage is reviewed by a health care practitioner who is board-certified in a field related to the patient’s medical condition, procedure, or treatment. Insurance bureaucrats should never come between a patient and their doctor, especially when the patient’s life could be on the line.
Good work was done by this Legislature, but the health care industry is wildly dysfunctional and complex, and more work remains. If you have any concerns or thoughts about how to make sure Maine government works better for you, please don’t hesitate to reach out to me by calling my office at 287-1515 or at nathan.libby@legislature.maine.gov. *Sen. Nate Libby (D-Androscoggin) represents Maine Senate District 21, which comprises the City of Lewiston.*

Lewiston launches educational campaign to help improve city trash disposal

The City of Lewiston has launched a new educational campaign to help raise public awareness and resolve some ongoing challenges related to the issues of trash disposal, recycling, and yard maintenance.
The three goals of the new campaign will be to educate property owners and renters about the existing rules; to encourage Lewiston residents to actively take pride in their property and neighborhoods; and, once the educational campaign has had time to reach all residents, to begin an enhanced enforcement effort.
A key part of the campaign will be a new informational brochure that will be sent to every Lewiston property owner with their water and sewer bill over the next 13 weeks. The brochure can also be accessed at www.lewistonmaine.gov/keepitclean.
“While many residents maintain their yards and dispose of trash appropriately, city staff constantly struggle with properties that are not in compliance,” said David Hediger, Director for the Department of Planning and Code Enforcement. “We hope this brochure better educates property owners and renters of the city’s ordinance requirements.”
“One of the main things we want to impress upon all

property owners and renters is that trash and recycling needs to be placed curbside, on the right day, and in suitable containers that are covered and no larger than 36 gallons,” said Hediger. “Trash put out in plastic bags is susceptible to animals getting into the trash. Large, bulky items placed curbside will not be picked-up. These are not new rules. The general rules for recycling are listed on the brochure, as well as at www.lewistonmaine.gov/solidwaste.”
The campaign will also remind residents that, last fall, the Lewiston City Council passed an ordinance that expanded the area where yard maintenance rules will be enforced. All yards except those in the Rural Agricultural District with weeds or plant growth taller than 12 inches are now in violation of the city’s property maintenance code and subject to fines.
A neighborhood cleanup organized by Healthy Neighborhoods in May brought out over 135 volunteers who collected over 31 tons of trash and distributed 150 covered, 32-gallon trash and recycling bins. Organizer Amy Smith was impressed by the level of enthusiasm and neighborhood participation.
“Everyone wants to live in a clean, beautiful

neighborhood,” said Smith. “If trash is an issue, then residents must be encountering barriers to proper disposal. When we collaborated with the city and 16 generous sponsors to bring a mini transfer station, free containers, and educational materials right to the heart of the Tree Streets neighborhood for two days, the community responded with tremendous energy and pride. The city’s educational outreach will build on that momentum, with the goal of achieving sustainable long-term beautification.”
“I support these efforts to enhance the appearance of our city,” said Lewiston Mayor Kristen Cloutier. “I invite everyone - family, friends, and neighbors - to join us in these efforts by doing their part to reduce trash, increase recycling, and regularly maintain their properties.”
The informational brochure is being translated into Portuguese, Arabic, French, and Somali. “We want to make sure that everyone, not just landlords or property owners who get water and sewer bills, has access to this information,” said City Planner Doug Greene. “The Code Enforcement and Public Works staff don’t want to fine anyone, so please follow the rules and let’s work together to make our city beautiful.”

Two CMCC students earn ASPE Scholarships




Pictured here (l. to r.) are Brent Nolan of Titan Mechanical; scholarship recipient Audra Ziobro; BCT program chair Don Varney; John Burrell of ASPE ME; ASPE ME president John Brockington; ASPE ME treasurer Jim Hoy; SMCC construction program chair Dave Eng; and scholarship recipient Chandler Ellis.

Two students in the Building Construction Technology program at Central Maine Community College, Audra Ziobro and Chandler Ellis, were awarded scholarships recently from the Maine Chapter of the American Society of Professional Estimators.
A resident of Arrowsic, Audra is an honors student in the BCT program jobsite track and works for Blaiklock Carpentry in Woolwich. Chandler lives in Vienna and has earned highest (President’s) honors in the BCT program. He works for Maine Masonry in Scarborough.

ASPE serves construction estimators by providing education, fellowship, and opportunity for professional development. The Maine chapter encourages a wide range of activities that provide learning experiences for estimators at all experience levels.
The Building Construction Technology program at CMCC prepares students for successful employment in construction-related fields. Through a combination of classroom study, mock-ups, and live projects, students obtain hands-on experience and become broadly familiar


with methods, standards, and codes commonly associated with the construction industry. The jobsite track provides students with alternating on-campus training and paid on-the-job experience.

Send all items for **Names & Faces** to **Editor@TwinCityTimes.com**.
Deadline is **Friday by five.**




If you're using a home based phone for your business it's time to upgrade to a business phone.

Find out how a business phone can save you money and help your business run smoother. Call today for a demonstration!



allworx



PROFESSIONAL COMPUTER SERVICES INC.

207.784.6295
buck@pro-pc.us

Buck Buchanan
A+, MCP Certified Technician

Swan Island offers new amenities, events for 2019 Season



New features include a larger ferry, kayak and canoe rentals from the island campground, docks at the campground, new interpretive signage, and a kids-only trout fishing pond with free equipment loans for those ages 15 and under.

Robbins elected State Regent of Maine DAR

Mrs. Beverly Foster Robbins was recently elected and sworn in as the new State Regent of the Maine State Organization of the Daughters of the American Revolution at the organization’s 128th Continental Congress in Washington, DC.

Robbins joined the Mary Dillingham Chapter of MSODAR in 2003 after moving to Lewiston from Jacksonville, Florida. She joined the DAR in 2002 as a member of the Kan Yuk Sa Chapter of Jacksonville.

In Maine, Robbins served as Recording Secretary and Regent of the Mary Dillingham Chapter and as Regent of the Mary Dillingham-Burnt Meadow Chapter after the two chapters merged. Over the last seventeen years, she has chaired numerous DAR committees, including Publications, Good Citizens, Public Relations and Media, and Junior American Citizens, and has held state office as Chaplain and Recording Secretary. She most recently served as State Vice Regent under outgoing Regent Elizabeth Hotchkiss.

Robbins is employed at Hope Haven Gospel Mission in Lewiston as Director of Outreach Ministries. She is an active member of Harbor Baptist Church, is a Past Vice President and Program Chair of the Androscoggin Historical Society, and is a Past President of the Sons of Union Veterans.

During her three-year term, Robbins intends to combine her interests in serving American veterans and the homeless by making the Togus Cabin in the Woods program the focus of her State Regent’s Project.

“The Cabin in the Woods program includes twenty two-bedroom cottages built on the Togus property expressly for veterans, but there is land to build more cottages if funding comes



Mrs. Beverly Foster Robbins

in, and there are day-to-day operating expenses for the cabins that are already constructed,” said Robbins. “Supporting Volunteers in America’s Cabin in the Woods program will be a great way for Maine Daughters to thank our veterans for establishing and defending our freedom over the last two hundred and forty three years.”

Robbins will raise funds partly through the sale of a gem-shaped pin she had designed expressly for that purpose after reflecting on a quote by Patrick Henry: “Liberty, the greatest of all earthly blessings - give us that precious jewel, and you may take everything else!”

Robbins will adopt Henry’s quote as a motto for her administration, along with a quote from the Bible and also used by Hope Haven Gospel Mission: “And for some, having compassion, making a difference.” (Jude 1:22).

“If I can make a difference in my three years as Regent of the Maine

Daughters of the American Revolution, then I have done the job I set out to do,” said Robbins.

The Daughters of the American Revolution is a non-profit, non-political volunteer women’s service organization dedicated to patriotism, historic preservation, and a better future through education. Membership is open to any woman eighteen or over with lineal blood descent to a man or woman who aided in achieving American independence through military, civil, or patriotic service.

Since its founding in 1890, the National Society Daughters of the American Revolution has admitted over 930,000 members, with chapters in every state, plus twenty-four chapters in twelve foreign countries.

The Maine state organization was organized in February, 1898. There are currently 20 Maine chapters with over 900 members. For more information, visit www.mainedar.org.

Swan Island, in the Kennebec River in Richmond, is now open for another season of camping, hiking, wildlife viewing, educational programs, and a variety of special events.

Known for its abundant and often quite visible wildlife, Swan Island is actually an abandoned 18th- and 19th-century town called Perkins Township. Five of the historic homesteads still stand. The cemetery and agricultural landscape, along with old stone walls and other remnants, stand testament to the island’s rich history.

Located in the Kennebec River between the towns of Richmond and Dresden, the island is today owned and maintained by the Maine Department of Inland Fisheries and Wildlife as a wildlife management area and for a variety of public uses.

Swan Island’s public visitation season runs from May through October. There are ten Adirondack shelters available for overnight camping; picnic facilities for day use; modern bathroom facilities at the campground; drinking water; and hiking trails.

New features include a larger ferry, kayak and canoe rentals from the island campground, new interpretive signage, docks

at the campground, and a kids-only trout fishing pond with free equipment loans for those ages 15 and under.

Families are invited to discover the remote feel of Swan Island as they explore this scenic four mile- long island in the Kennebec River, just 20 minutes south of Augusta. Visit for the day or camp overnight in the six-person Adirondack shelter.

Many different events will be held on and around the Island throughout the season. When you plan your trip, be sure to check their calendar of events at www.maine.gov/swanisland.

An event that is sure to book fast is the traditional lobster bake of clams, lobster, corn, potato, salad, and desert. For \$40, you’ll get the traditional clam bake, along with a boat tour of Little Swan Island - which usually has a nesting bald eagle. This event will be offered four times over the course of the summer.

This year the island will host a 5k and 10k race in partnership with Richmond Days on July 28. Enjoy a scenic run on one Maine’s most beautiful islands.

Also new this year will be a “Learn to Hunt” workshop series covering all the skills you need to be successful in the field. Work-

shops will cover “Scouting,” “Setting up Deer Stands and Blinds,” “Deer Tracking,” and “Field Dressing, Butchering, and Cooking.”

To visit the Swan Island Wildlife Management Area, you must make reservations for the ferry and/or campground. You may access the island, for day use, via personal canoe or kayak without a reservation; admission fees may be deposited in iron rangers.

Day use is \$8 per person. Overnight camping is \$8 per person, plus \$20 per site per night. Those ages five and under visit for free. For more information and details, find them on Facebook or visit www.maine.gov/swanisland.

L-A's Best Source for Arts, Music and Theater
Twin City TIMES
Your Hometown Paper!

62 Spring Street Apartments

1 & 2 Bedroom Apartments Available



NOW ACCEPTING APPLICATIONS!!

Auburn Housing Authority is now accepting applications for 62 Spring Street! To apply please download application at www.62SpringStreet.com. Applications may also be picked up at 20 Great Falls Plaza, Auburn, ME. Income restrictions do apply for 32 of the 41 total units. Rents range from \$600-\$900. Rental assistance may be available.

For more information call (207) 784-7351.



What's Going On

New report outlines challenges older Americans face accessing vital services in rural communities

U.S. Senator Susan Collins (R-ME), the Chairman of the Aging Committee, has announced that the Government Accountability Office has released a report she requested with Senator Bob Casey (D-PA) on home- and community-based services for older adults in rural areas.

The report, titled “The Older Americans Act: HHS Could Help Rural Service Providers by Centralizing Information on Promising Practices,” details some of the challenges rural adults face to access services and offers recommendations on ways to help local agencies and providers better serve rural older adults.

“Older Americans in rural towns face unique challenges in obtaining the services and support they need, especially as many seek to remain in their own homes and communities,” said Senator Collins. “GAO’s close examination of conditions in rural counties across the country sheds light on how lack of transportation, housing in disrepair, and limited broadband Internet make it especially hard for rural Americans to receive nourishing meals, engage in community activities, and reach medical appointments.

The Older Americans Act, which I am championing, provides critical funds for these communities. GAO’s work contributes to our understanding of these vital issues.”

GAO analyzed 2017 Administration for Community Living (ACL) data and interviewed service providers in 12 rural localities in eight states: Maine, Pennsylvania, Mississippi, Wisconsin, North Dakota, Oklahoma, New Mexico, and California.

GAO’s report found that rural older adults face challenges in accessing services due to three primary factors: limited infrastructure, including sparse transportation options and poorly maintained roads, older housing in need of repairs, and limited technology (including broadband internet) that makes it more difficult for them to access information; dispersed populations with long distances that hamper access to services; and economic trends, including a dwindling working-age population resulting in fewer potential workers and caregivers, along with a growing aging population eligible for services.

In order to address these challenges, GAO

recommends that the ACL better centralize access to and promote awareness of information pertinent to serving rural older adults, an issue that is addressed in the Older Americans Act (OAA) reauthorization.

Chairman Collins and Ranking Member Casey are leading the bipartisan coalition of Senators working on the reauthorization, which includes Senate HELP Committee Chairman Lamar Alexander (R-TN) and Ranking Member Patty Murray (D-WA), as well as Senators Mike Enzi (R-WY) and Bernie Sanders (I-VT).

Senators Collins and Doug Jones (D-AL) also recently introduced the American Broadband Buildout Act of 2019 (ABBA), a bipartisan bill to ensure that rural Americans have access to broadband services.

Send all items for **What's Going On** to **Editor@TwinCityTimes.com**. Deadline is **Friday by five**.

Strengthening the Older Americans Act: A Lifeline for Seniors

By Sen. Susan M. Collins

Since being signed into law in 1965, the Older Americans Act has served as a lifeline for millions of seniors through programs that promote nutrition, support caregivers, offer employment opportunities, and prevent abuse and neglect.

This landmark legislation represented a vision well ahead of its time, and it is critical for Congress to reauthorize it before it expires at the end of September. That is why I am leading the bipartisan effort to reauthorize this law to ensure that it continues to match the goals we set to permit seniors to age with dignity, respect, and community.

The Older Americans Act focuses on the well-being and social needs of our seniors. Providing nutritious food, installing grab-bars, and giving rides cost far less than taking pills, undergoing surgeries, and moving to nursing homes. In Maine, the average cost of serving one senior Meals on Wheels is \$1,854 for an entire year. By contrast, a single day in a hospital is \$2,262, on average, and just 10 days in a nursing home is approximately \$3,100. Helping seniors to maintain their health at home is efficient, cost-effective, and compassionate.

As Chairman of the Senate Aging Committee, my chief goal is to reauthorize a robust and bipartisan Older Americans Act that will strengthen support for its bread and butter programs while providing more flexibility for states to meet local needs. I have focused on five priority areas as we draft our bill: family caregivers, nutrition, social

isolation, transportation, and elder justice.

Last year, the National Family Caregiver Support Program served more than 700,000 caregivers. But with 10,000 Americans turning 65 each day, this program has not kept pace with our changing demographics. I am working with my colleagues to increase the funding authorization. We are also proposing to increase flexibility for states to better meet the needs of older adults in their communities, from those caring for their fellow seniors to those caring for their grandchildren.

Last year, through home-delivered nutrition programs, the Older Americans Act provided seniors across this country with 358 million meals. That includes meals to 4,600 Maine seniors. In many states, however, the need for Meals on Wheels is growing. In Maine, there is a chronic waitlist of 400 to 1,500 people, depending on the time of year. Increasing funding for this critical program and providing more flexibility to close the gap are among my priorities.

I am also focusing on new policies specifically geared toward reducing social isolation. One such solution is transportation to help seniors get to more community activities. What works in one place is different from what works in another, so I am building on a grant program that ranges from supporting public transit to on-demand and volunteer-based services for seniors. These tools are vital to ensuring that seniors - particularly in rural areas - are able to reach the doctor, the grocery store, and family and friends more easily.

Finally, at the core of the Older Americans Act is respect for our seniors and preventing neglect, exploitation, and abuse. States are spearheading initiatives to raise awareness, train law enforcement officers and health care providers, and support prevention efforts.

Elder abuse, however, remains far too prevalent. In this year’s reauthorization, I am including a provision that would help to equip communities with the skills and resources they need to stem the tide of abuse. This has been a major focus of our Committee. Protecting seniors is a mark of a just society.

I recently chaired an Aging Committee hearing on the importance of reauthorizing the Older Americans Act, and one of our witnesses was Larry Gross, the Chief Executive Officer of the Southern Maine Agency on Aging. Mr. Gross explained how the myriad programs authorized by the Older Americans Act have been instrumental in his agency’s pioneering efforts to support both rural and urban seniors in innovative ways. During his more than 41 years of serving Maine seniors, Mr. Gross said he has seen the Older Americans Act “evolve to become a solid foundation for the future of aging services in this nation.”

The Older Americans Act is a shining example of a federal policy that works. Every \$1 invested in its programs generates \$3 to help seniors stay at home through low-cost, community-based services. By enriching the lives of seniors, the Older Americans Act improves the lives of all Americans.

Andro. Home Healthcare and Hospice adds new board members

Androscoggin Home Healthcare and Hospice recently added two new members to its Board of

Directors.

James G. Joseph, M.D. is a retired internist recently affiliated with Bridgton Hospital and Central Maine Medical Center. He received his medical degree from Case Western Reserve University School of Medicine and his post-graduate training at University Hospitals of Cleveland and the University of Connecticut Health Center. He has been a clinical instructor at the University of Connecticut Health Center and at health centers in New England. A Diplomat of the National Board of Examiners and the American Board of Internal Medicine, he received Central Maine Healthcare’s Heroes Award in 2013 for exceptional service.

Phillip L. Crowell, Jr. is the Assistant City Manager of the City of Auburn. He has over a decade of experience with law enforcement and previously served as Chief of the Auburn Police Department. He is a United States Army Veteran and lives in the City of Auburn.

Androscoggin Home Healthcare and Hospice is the largest non-profit independent home health and hospice organization in the state. They focus on health - not illness - by making each individual’s quality of life the best it can be. To learn more, including employment and volunteer opportunities, call the Marketing and Development Office at 777-7740, ext. 1311 or see www.androscoggin.org.

Urban Edge Hair Studio

(207) 212-9440

1117 Center Street
Auburn, ME 04210

WED - FRI 10-6 • SAT 9-3
Evenings by Appt. Only

Like us on Facebook!



MICHAEL G.

Dad's Place Catering Division

Weddings • Reunions • Corporate Events & More

Professional service at an affordable price!

No job too big or too small!
Call Today for a Free Quote:
207-345-9009



DadsPlaceCatering.com

Seniors Not Acting Their Age: Kayaking with the Puffins of Eastern Egg Rock



Located just beyond the midpoint of the nearly eight-mile trip, Western Egg Rock is a critical resting place and potential turnaround point during the crossing to Eastern Egg Rock.



Landing on Eastern Egg Rock, with its large granite boulders and nesting puffin population, is both difficult and prohibited.



Savoring the rare experience of observing these iconic seabirds up close, the group lingered, bobbing in placid swells just offshore.

Story and photos by
Ron Chasse

A barren, seemingly nondescript granite ledge located in outer Muscongus Bay, Eastern Egg Rock does not at first glance appear to be an attractive destination for sea kayakers.

Appearances can be deceiving, however, because for a few weeks each year, the island’s gigantic boulders become a nesting site for what I consider to be the most extraordinary seabirds to be found on the Maine coast: Atlantic Puffins.

The colorful seabirds haven’t always stopped there. A variety of circumstances converged to drive them from this natural roosting habitat in the late nineteenth century. Happily, a historic restoration effort has succeeded in encouraging a growing number of puffins to begin returning each year.

So Eastern Egg Rock has a dual attraction for me. Navigating by sea kayak to the remote island is an ambitious undertaking, and the reward is a rare and thoroughly entertaining opportunity to observe these iconic seabirds up close.

Getting there is a challenge. Situated six miles east of New Harbor, with the exception of tiny Western Egg Rock at about midpoint, the journey is completely exposed to the vicissitudes of the open ocean. After a difficult crossing to New Harbor in unexpectedly

choppy seas several years ago, I concluded that route was too hazardous for a timid senior citizen. Fortunately, departing from the scenic coastal community of Round Pond offers an arguably more benign, if slightly longer, route.

“Benign” being a relative term, attentive planning is still essential for a safe, enjoyable trip. The first prerequisite for me is that the puffins have to be there. Other factors to be considered are winds, seas, tides, and weather. Did I mention winds? Offshore winds are great going out, but the destination is Egg Rock, not Spain. Returning in robust headwinds could make the journey feel like a crossing from the Iberian Peninsula, if you make it back. And, while onshore winds are preferable when returning, anything over 20 knots gets downright scary for gray panthers posing as kayakers.

After hearing from a reliable source that the puffins had arrived and identifying what appeared to be a Goldilocks day, my announcement of a Penobscot Paddle and Chowder Society trip prompted significant interest. A few days later, ten paddlers met at the Round Pond boat landing on the early morning of a calm, sunny day.

Departing with a gentle offshore wind and an outgoing tide, we traversed

through Muscongus Sound into the bay. Passing between Ross and Haddock Islands, the low profile of Western Egg was visible to the southeast, with a hazy glimpse of distant Eastern Egg beyond. Since landing on Eastern Egg is difficult and prohibited, pausing at Western Egg is essential, especially for those of us with elderly needs.

Western Egg is also a critical turnaround point. If offshore winds increase or seas worsen, we call it a day and try visiting the puffins next year. But the paddling gods smiled on us with calm seas and almost nonexistent winds on arrival. After a brief respite, we persisted about three miles to Eastern Egg.

Approaching the distinctive boulder pile, a paddling companion observed, “I think those two birds are puffins!” Within minutes, we were in the midst of dozens of the delightful seabirds. While many floated in the water within yards of our boats, others fluttered rapidly to and from the island in their unmistakable style. While seemingly awkward, they reach flying speeds of 55 miles per hour. Savoring the magical experience, we lingered for perhaps a half hour, bobbing in placid swells just offshore.

Since conditions were exceptional, paddling around the island was the

consensus decision. Favorable seas allowed for close exploration of the rugged shoreline. While our puffin playmates were less abundant on the south and east sides, numerous species, including terns, guillemots, eiders, and gulls, were sighted. The bad boys of the seabird world, gulls are a significant threat to the puffin population and “predator management” is necessary for their survival on the Egg.

As we completed our circumnavigation, our return direction was not immediately obvious as Western Egg blended in with islands closer to shore and the mainland. Since several of us had calculated compass bearings in preparation for the trip, the predicament was easily remedied by following a predetermined course.

After a brief interlude

on Western Egg, we crossed to Round Pond with a tailwind and an incoming tide facilitating our return. One member of the group measured the trip to be 15.8 miles on his GPS. It’s difficult to imagine more favorable circumstances for the journey.

If I’m still taking air

and the puffins come back, I’ll try again next year.

Ron Chasse resides in Topsham and is the author of “The Great Mars Hill Bank Robbery” and “Mountains for Mortals - New England.” He can be reached at ronchaseoutdoors@comcast.net. For more information, see www.ronchaseoutdoors.com.

Camp and Carve Weekend

The Streaked Mountain Woodcarvers will present their 2019 Camp and Carve Weekend from Friday, August 16 through Sunday, August 18 on the grounds of the Congregational Church at 50 Main Street in East Sumner. This unique event will combine a great weekend of camping, carving classes, demonstrations, and cama-

raderie.


Six classes will be offered for carvers of all skill levels, along with activities for beginners that will be supervised by experienced carvers. Those who can’t attend the entire weekend are welcome to drop by and visit. For more information or to register, call Art at 357-1057 or see <https://mainewoodcarvers.com>.



JOIN US AT MAINE CASA'S
SPRING TRAINING
AUGUST 13-16, 2019

APPLY AT
WWW.CASAOFMAINE.ORG

Call now to
schedule your
Plowing



PARKING LOTS - SIDEWALKS
DRIVEWAYS - AND MORE!
24 HOURS A DAY ❄️ 7 DAYS A WEEK

Still accepting new commerical
and residential plowing contracts!

Roadmark Industries
Mike Willett • 143 Pleasant Street • Auburn
(207) 240-5535

Frontier serves up folk music double bill Friday night



The Heather Pierson Acoustic Trio

The Heather Pierson Acoustic Trio and Ordinary Elephant will perform a double bill at Frontier in Brunswick on Friday, July 26 at 8 p.m.

Hailing from New Hampshire's Mount Washington Valley, the Heather Pierson Acoustic Trio bring their quiet charm, down-to-earth honesty, and considerable skills as musicians to songs that draw from the rich tapestry of American music, from the streets of New Orleans to the valleys of Appalachia.

They burst upon the national scene with the release of their debut EP, "Still She Will Fly," whose title track was the #2 single on the folk radio charts for the year 2015. Their latest CD, 2017's "Singin'," debuted at #1 on the folk charts and was the #11 album for the year. A

new full-length recording is planned for a mid-2019 release.

The trio's live performances feature Pierson's genre-spanning songs, the members' stirring three-part vocal harmonies, and the group's collective instrumental virtuosity, exercised on a "traveling music store" of instruments. Their seemingly disparate voices and talents draw on their respective experiences of the American musical tradition to create a unique and memorable experience.

International Folk Music Awards 2017 Artist of the Year Ordinary Elephant captivates audiences with their emotionally powerful and vulnerable songs, letting the listener know that they are not alone in this world. The collaboration of husband and wife Pete and

Crystal Damore, their emotional connection, and their influences (such as Gillian Welch, Guy Clark, Anais Mitchell) all meet on stage.

"Two become one, in song... Hand-in-glove harmonies surprise the listener with focused intensity and musical mastery," says Mary Gauthier. The Associated Press has called "Honest," their latest album, "one of the best Americana albums of the year."

Frontier is located at 14 Maine Street in Brunswick. Tickets are \$15 in advance or \$20 on the day of show. To buy tickets, visit www.explorefrontier.com.

To learn more about the artists, visit www.heatherpierson.com and www.ordinaryelephant.net.



Ordinary Elephant

Maine DIFW accepting nominations for Outdoor Lifetime Achievement Award



The Maine Department of Inland Fisheries and Wildlife is now accepting nominations for the 2019 Outdoor Lifetime Achievement Award. The award honors individuals who have been or are active in Maine's rich outdoor traditions and are dedicated to the stewardship and wise use of its natural resources. Ideal candidates would also be active in mentoring, teaching, or instructing outdoor activities.

To be eligible, nominees must have hunted, trapped, or fished in Maine for a combined total of 40 years. For example, an

individual may have fished for 20 years, trapped for 10 years, and hunted for 10 years; or fished for 30 years and hunted for 10 years.

The winners will be honored at the Sportsman's Alliance of Maine's annual banquet in Augusta in September. Last year's award winners, Dana Johnson of Wells and Roger Milligan of Princeton, were recognized by Commissioner Chandler Woodcock.

Nominations should include the nominee's name, address, phone number, photograph, and a few paragraphs about the individual.

al, their experience in the Maine outdoors, and an explanation of why they are a deserving candidate. Please keep in mind that the DIFW does not know these candidates, so it is important to tell them about the nominee with a few paragraphs. The nominator's contact information should also be included. Nomination forms can be downloaded at www.maine.gov/ifw.

Nominations are due by 5 p.m. on Thursday, August 8. They can be sent by email to Emily MacCabe at Emily.MacCabe@maine.gov or by mail to 284 State St, SHS 41, Augusta, Maine 04333.

What do you think?

We strongly encourage Letters to the Editor, Op/Eds, columns or any other submissions from our readers.

Agree with us or another columnist? Disagree? Write to us and let us know!

Email all submissions, including name, address and phone number, to Editor@TwinCityTimes.com.



Thursday, July 11 at 7:00 pm – '80's Night with a pre-game performance by THE AWESOME presented by PM CONSTRUCTION.

Better Flippin' Meat Night with APPLGATE®.

Friday, July 12 at 7:00 pm – MCCP Night. Sea Dogs players will wear specially designed uniforms which will be auctioned off.

ASTRONAUT CHRIS CASSIDY APPEARANCE.

Saturday, July 13 at 6:00 pm – American Ninja Warrior appearance by John "The Giant" Alexis.

Sunday, July 14 at 1:00 pm – PRINCESS & PIRATE PARTY – pre-game tea party and parade.

July Schedule

Monday, July 22 at 7:00 pm – Portland Sea Dogs vs. Hartford Yard Goats.

Tuesday, July 23 at 7:00 pm – Come see the 2018 WORLD SERIES TROPHY.

Wednesday, July 24 at NOON – Portland Sea Dogs vs. Hartford Yard Goats.

Thursday, July 25 at 7:00 pm – Mookie Betts Bobblehead giveaway to the first 1,000 fans presented by Bath Savings.
'90's Night with a pre-game performance by HELLO NEWMAN.

Friday, July 26 at 7:00 pm – Witchcraft & Wizardry Night presented by Five Guys Burgers & Fries.

Saturday, July 27 at 6:00 pm – FIREWORKS SHOW.

Sunday, July 28 at 1:00 pm – Portland Sea Dogs vs. Harrisburg Senators.

Local students earn Skill Point Certificates at national competition

Lewiston Regional Technical Center students Jeremiah Foley, Sarah Turcotte, and Tanner Cortes, all of Lewiston, were recently awarded Skill Point Certificates in their respective fields at the 2019 SkillsUSA Championships, held in Louisville, Kentucky in June.

Foley was recognized in the field of plumbing, Turcotte was recognized in the field of welding, and Cortes was recognized in the field of electrical construction wiring.

More than 6,500 students competed at this national showcase of career and technical education. The SkillsUSA Championships is the largest skill competition in the world and takes place

over 1.4 million square feet, equivalent to 20 football fields or 25 acres.

Students were invited to the event to demonstrate their technical skills, workplace skills, and personal skills in 103 hands-on competitions. Industry leaders from 600 businesses, corporations, trade associations, and unions planned and evaluated the contestants against their standards for entry-level workers.

Skill Point Certificates were awarded in 72 occupational and leadership areas to students who met a threshold contest score defined by industry. The Skill Point Certificate is a component of SkillsUSA's assessment program for career and technical

education.

The SkillsUSA Championships event is held annually for students in middle school, high school, or college-postsecondary programs as part of the SkillsUSA National Leadership and Skills Conference.

More than 360,000 students and advisors join SkillsUSA annually, organized into more than 18,000 sections and 53 state and territorial associations. This national nonprofit partnership of students, instructors, and industry is a verified talent pipeline for America's skilled workforce that is working to help solve the skills gap. For more information, visit www.skillsusa.org.

Local attorney presents seminar on family law for National Business Institute



Amy Dieterich

Skelton Taintor & Abbott attorney Amy Dieterich presented at a National Business Institute seminar titled "Family Law from A to Z," which took place recently in Portland. Dieterich lectured on the topic "Discovery in Divorce," including what types of information are discoverable in family litigation, social media discovery, and uncovering hidden assets.

Dieterich's practice

areas at Skelton Taintor & Abbott include employment law, family law, commercial litigation, municipal law, and appeals. She is admitted to practice in both Federal and state courts in Maine and New York. She was selected for inclusion in Super Lawyers' 2017, 2018, and 2019 New England Rising Stars list in the category of Business Litigation. She can be reached at Skelton Taintor & Abbott by calling 784-3200.

Coastal Youth Orchestra plans auditions

The Coastal Youth Orchestra is now hosting auditions for its 2019-20 season. CYO was founded in 2001 to provide the best orchestral experience possible for young musicians living in Midcoast Maine. By promoting a supportive educational environment and a challenging yet nurturing atmosphere, CYO provides an ideal place for young musicians to learn and grow.

CYO is conducted by violinist Nancy Roderick, who is well known for her enthusiasm and sensitivity in working with young string players. She lives in Brunswick and teaches music at the Maine Coast Waldorf School.

In January, CYO began rehearsing full time in Studzinski Recital Hall at Bowdoin College. With the help and support of pianist George Lopez, the college's Beckwith Artist-In-Residence, Bowdoin music students have supported CYO's string players in rehearsals. Next season, the hope is to have Bowdoin students play an expanded role in the program.

CYO has two string ensembles. The Coastal String Ensemble is made up of intermediate- and advanced-level string players,

generally of middle and high school age. The Fiddleheads is a younger group made up of newer musicians.

Auditions will consist of a prepared scale, a short piece that best shows the student's musical abilities, and a bit of sight-reading to ensure that students are accurately placed in the correct ensemble.

Auditions will be held by appointment throughout the summer and also on August 27. For more information or to make an appointment, contact Nancy Roderick at 751-4718 or nroderick@mainecoastwaldorf.org.

Send all submissions for the Calendar listing to Editor@TwinCityTimes.com
Deadline is Friday by five.

It's Kayak Season!



Best selection! Top brands of Kayaks, Canoes & Paddle Boards!

Fishing Kayaks • Kayaks for Women • Kayak Accessories
Car Racks • Storage Solutions • Paddles • Life Jackets

RENTALS! Kayaks, SUPs & Canoes!

Kayaks for kids, beginners, recreational, angler, touring - Something for everyone!



SHAKER HILL

Outdoors

Minutes from Lewiston/Auburn!




OVER 200 BOATS IN STOCK!

271 Maine Street
Route 26, Poland

Hours: Monday – Friday 8am to 5:30pm
Saturday 8am to 4pm, Sunday 8am to 2pm

998-5390 **Open 7 Days a week**




Discover — Unlimited — with — Payback

It's the only unlimited plan that pays you back for data you don't use

\$40 per line with 4 lines

Unlimited Data with Payback, Autopay/Paperless billing and credit approval required. Taxes and charges such as USF and RCRF apply. Prices are per month. Unlimited data plan(s) will stream at speeds of up to 3.0 Mbps and will automatically shift to 2G when each line reaches 22GB. For each line that uses less than 3GB of data per month, you will also receive a \$10 payback bill credit. Additional terms apply.



Lewiston
806 Sabattus St., 207-783-3377

Gardiner
408 Water St., 207-582-3600

CALL FOR STORE HOURS.

Things we want you to know: New consumer or small business (20 lines or fewer) Total Plan line with Unlimited Data with Payback and credit approval required. A Regulatory Cost Recovery Fee applies; this is not a tax or government-required charge. Additional fees, taxes, terms, conditions and coverage areas may apply and vary by plan, service and phone. Offers valid at participating locations only and cannot be combined. See store or uscellular.com for details. Unlimited data plan(s) will stream at speeds of up to 3.0 Mbps and will automatically shift to 2G when each line reaches 22GB. The speed you receive will depend on many factors, including, but not limited to, your data plan terms, the device you use, your distance from a cell tower, topography and the number of users on the network at the time of your session. Limitations and exclusions apply. Ask an associate for more details. For each line that uses less than 3GB of data per month (full bill cycle), you will also receive a \$10 payback bill credit (up to \$120/year). Limited-time offer. Trademarks and trade names are the property of their respective owners. ©2019 U.S. Cellular

TWIN CITY NIGHTS

Weekly Arts & Entertainment

Dave Mallett to perform at Readfield Union Meeting House



With bass player Mike Burd, Mallett will play some new songs and many of the old ones so popular with fans.

As part of Readfield Heritage Days, iconic Maine singer-songwriter Dave Mallett will perform at the historic Readfield Union Meeting House on Saturday, August 10 at 7 p.m. With bass player Mike Burd, Mal-

lett will play some of his new songs, as well as many of the old ones so popular with fans. Tickets are \$20, available at the door and online at brownpapertickets.com.

Proceeds from the event will support the on-

going restoration of the Meeting House, located at 22 Church Road in Readfield, which is listed on the National Register of Historic Places. For more information, see <https://unionmeetinghouse.org>.

Grammy-nominated electric harpist to perform at Celebration Barn

On Saturday, July 27 at 7:30 p.m., Grammy-nominated vocalist and electric harpist Deborah Henson-Conant will present a solo performance at the place where she was inspired to reinvent the harp three decades ago: Celebration Barn Theater in South Paris.

Henson-Conant has revolutionized the harp for a new generation of listeners and players by shrinking it down, strapping it on, plugging it in, and using guitar effect- and looper pedals to free her on stage while creating her signature sound. Iconic rock guitarist Steve Vai has called her "The Jimi Hendrix of the harp," while the Boston Globe's Ed Siegel has called her "A combination of Leonard Bernstein, Steven Tyler, and Xena, the Warrior Princess."

The idea to transform the harp was sparked when Henson-Conant spent time at Celebration Barn Theater in the late 1980s. At that time, playing a six-foot-tall, 80-pound concert model, she felt trapped behind her instrument. "The harp is the instrument of the storyteller," Celebration Barn founder Tony Montanaro told her. "So, tell your story with it in your own unique way."

After working with Montanaro at Celebration Barn, Henson-Conant took her ideas to the world's cutting edge harp manufacturer,



By shrinking it down, strapping it on, and plugging it in, Deborah Henson-Conant has revolutionized the harp for a new generation of listeners and players. (Photo by J. Brian Buckley)

Camac Harps in France. To realize her vision of a new, more physically integrated instrument, they used carbon fiber racing bike technology to develop a streamlined, fully portable model weighing only 11 pounds. Today, Camac's DHC Electric Harp (named after Deborah Henson-Conant) is played by musicians around the world.

This is the harp the audience will see Deborah Henson-Conant play on July 27, in the very theater where the dream of it first took root.

Tickets are \$23 for Celebration Barn members and \$26 for non-members. All tickets are general admission and members receive priority seating. Purchasing tickets in advance is strongly recommended. The lobby and concessions will open at 6:30 p.m.

Celebration Barn Theater is located just off Route 117 at 190 Stock Farm Road in South Paris. For more information or to buy tickets, call the Barn's box office at 743-8452 or visit www.CelebrationBarn.com.

"Always one of my favorite places to eat in the area. Food is always excellent!! And the drinks!"

Looking for experienced

LINE COOKS/ CHEFS

Help Wanted

Salary based on experience
Apply in person

MAC'S GRILL

**1052 Minot Ave.
Auburn**

783-6885

macsgrill.com

L/A's number one steakhouse for over 20 years.

LUNCH BUFFET
Monday-Friday 11am-2pm

Marco's
AN ITALIAN EXPERIENCE

An Italian experience since 1978

783-0336

12 Mollison Way, Lewiston
www.marcositalian.com

Find us on Facebook - Marcos Lewiston

\$10 OFF

\$35 order, 4-8 pm, Mon - Thurs
Expires July 31, 2019

WE CATER TO YOU!

Out of house!
3 party rooms in house!
Party Platters to go!

DFD Russell welcomes new Licensed Clinical Social Worker



Meg Hutchins, LCSW

DFD Russell Medical Centers has announced the addition of Licensed Clinical Social Worker Meg Hutchins to its staff. Hutchins brings support, authenticity, and extensive patient care experience to the DFD team.

Meg Hutchins

earned her undergraduate degree from the University of Maine at Farmington, with a major in psychology. She attended the University of New England and earned her master’s degree in social work.

She holds certifications in Cognitive Behavioral Therapy and Trauma-Focused Cognitive Behavioral Therapy and has a background in working with adults and school-aged youth.

“My philosophy is to establish and nurture a therapeutic alliance that creates safety and support for each individual on their journey of self-exploration of their past, present, and future,” said Hutchins. “I place paramount value in a person-centered, individualized approach for each patient.”

Hutchins’ experience includes helping to treat depression-anxiety, family systems, PTSD, body image-eating disorders, LGBTQ youth, and co-occurring substance abuse. She comes to DFD from the Maine school system, where she worked with high school-aged youth and at-risk youth.

Hutchins will see patients at DFD Russell’s Monmouth location. Appointments can be made by calling 524-3501. DFD Russell Medical Centers has locations in Monmouth, Leeds, and Turner. For more information, see dfdrussell.org.



Follow us on
Instagram

[www.instagram.com/
TwinCityTimes](https://www.instagram.com/TwinCityTimes)

Twin City Nights

Maine Highland Fiddlers coming to Sawyer Memorial



With fiddles, guitar, bodhran, and vocals, this group of six makes music that recaptures the kitchen party atmosphere central to the Celtic tradition.

The Maine Highland Fiddlers will perform at the Sawyer Memorial in Greene on Friday, August 2 at 2 and 7 p.m. Both shows are free and open to the public.

The Maine Highland Fiddlers are part of the revival of traditional Celtic music currently thriving throughout the North Atlantic rim. The music of Scotland, Cape Breton Island, Ireland, and

the Shetland Islands echoes the rich heritage of Maine’s early Celtic settlements.

With fiddles, guitar, bodhran, and vocals, this group of six makes music that recaptures the kitchen party atmosphere central to the Celtic tradition. What began as a group of friends gathering at someone’s house to play Celtic tunes and talk Celtic times soon

became a desire to share the music with everyone. They have performed at the All Souls Chapel at Poland Spring, the Maine Celtic Celebration, and the Maine Highland Games.

The Araxine Wilkins Sawyer Memorial is located at 371 Sawyer Road in Greene. For more information, call 946-5311 or see sawyer-foundation.com.

L/A Community Little Theatre Presents Aug. 9-18, 2019

MAMMA MIA!

THE SMASH
HIT MUSICAL
BASED ON
THE SONGS OF ABBA®



Show Sponsor
Platz Associates

Show Co-Sponsors
Mechanics Savings Bank

Eastern Alliance Insurance Group

The Champoux Group Insurance

Music and Lyrics by

Benny Andersson & Björn Ulvaeus

Book by **Catherine Johnson**

Directed by **John Blanchette** | Music Director **Steve Barter**

Tickets \$20 | Seniors (60+) \$17 | Students \$12

79th Season Sponsors



Fri. & Sat. Aug. 9, 10, 16 & 17 @ 7:30 p.m.
Thur. Aug. 15 @ 7:30 p.m.
Sun. Aug. 11 & 18 @ 2 p.m.

MAMMA MIA! is presented through special arrangement with MUSIC THEATRE INTERNATIONAL (MTI)

Poland Spring

Much more than just a Golf Course
Open to the Public



18 Hole Donald Ross Golf Course

330 Yard Driving Range

9-Hole Disc Golf ~ 9-Hole Mini Golf

Mel’s Hilltop Restaurant

www.polandspringresort.com

Call 998-6002 for information

Theater at Monmouth presents Lynn Nottage's "Intimate Apparel"



This historical romance from the first female playwright to win two Pulitzer Prizes creates a portrait of a young woman's determination and explores the true meaning of intimacy.



call/text:
1-800-871-7741
chat:
sapars.org



We help people who have been sexually harassed or assaulted.



Sexual Assault Prevention and Response Services

The final mainstage production of Theater at Monmouth's 2019 "What Dreams May Come" golden anniversary season will be Lynn Nottage's "Intimate Apparel," opening Thursday, July 25 and running in rotation through August 16, including matinee and evening performances on both weekdays and weekends.

This historical romance from the first female playwright to win two Pulitzer Prizes creates a portrait of a young woman's determination and explores the true meaning of intimacy. Inspired by a true story, *Intimate Apparel* is a heart-rending contemporary work in the style of an enduring classic.

In 1905, an African-American seamstress supports herself by creating exquisite lingerie for wealthy Manhattan clients. When a letter arrives from a stranger, it awakens a desire within her that leads to a love she has yearned for but is nothing like she expected.

In an interview with Alexis Soloski of *The Guardian*, Nottage commented on her interest in how furnishings, and specifically beds, can be seen to affect characters' interactions. "I wanted to see the way in which [the bed] impacts interactions," she said. "Even if the bed isn't used, even if no one sits on it, how does that change the sexual dynamic, the social intercourse?"



"For so many Black people, especially in America, there is no access to the detailed stories of our ancestors," says director Josiah Davis. "We know there is a bloodline who worked hard to give us a better life; who created beautiful things with skilled hands; who made messy mistakes; who desired to be loved; who endured prejudice, confusion, and loneliness; who dared to daydream of the future."

"Even though these stories aren't recorded, we know they exist and are as intricate as Valenciennes lace," he continued. "With this production of *Intimate Apparel*, we take up Lynn Nottage's task of remembering that we all have a history."

The *New York Times* has described the play as "A rich, vivid portrait of turn-of-the-last-century New York; a feminist lament of intelligent, talented women defined and controlled by men; a soft-focus glimpse into the beating hearts behind the archives of African-American life a century ago."

A winner of the 2004 New York Drama Critics Circle and the Outer Critics

Circle Awards, as well as the American Theatre Critics Award for Best Play, *Intimate Apparel* asks how far we will go for our desires, when to let our dreams go and when to hold them close, and where lies the true source of our power.

Intimate Apparel features Amber Baldwin as Esther, Caitlin Duffy as Mrs. Van Buren, Kara Green as Mayme, Lawrence James as George, Tessa Martin as Mrs. Dickson, and Robert Najarian as Mr. Marks. The set design is by Meg Anderson, costume design is by Michelle Handley, lighting design is by Jennifer Fok, and sound design is by Rew Tippin.

The themes of this play will be best appreciated by patrons ages 14 and older. The play will be performed 7/25, 7/26, 7/31, 8/3, and 8/6 at 7:30 p.m.; 8/7, 8/11, and 8/16 at 1 p.m. A 7 p.m. performance on 8/4 will be followed by a special post-show discussion.

Theater at Monmouth is located at 796 Main Street in Monmouth. For more information or to buy tickets, call the box office at 933-9999 or see www.theateratmonmouth.org.

Donald M. Gay Scholarship awarded to Abigail Hart

Abigail Elise Hart has been selected as the 2019 recipient of the Donald M. Gay Scholarship. Ranked eighth in her Edward Little High School graduating class of 205 students, Hart plans to major in journalism at Suffolk University in Boston beginning this September.

According to ELHS counselor Michael Dunn, journalism is a subject Abby has been fascinated by for years. "Her combination of curiosity and courage are gifts that she puts to good use in any adventure in which she is invested."

In addition to her outstanding academic record at ELHS, Hart was very involved in the arts there, including the Drama Club, Acapella Choir, Tri-M Honor Music Society, One-Act Team, and the school newspaper, *The Eddies Echo*. She also made room for plenty of sports participation, including four years on the swim team, as well as soccer and lacrosse. Jennifer Groover, who leads Community Little Theater's Summer Theater Youth Camps, has high



Hart plans to major in journalism at Suffolk University in Boston beginning this September.

praise for Hart's contributions to the program. Hart plans to participate in the A Capella and Drama programs at Suffolk.

A quote from Hart's scholarship application essay reflects her lifelong commitment to writing. She wrote: "Journalists don't make the most money and aren't always comfortable with their financial situations, but they are able to tell stories to the world."

As the 20th Donald M. Gay Scholar, Hart was awarded an \$8,000 grant that will become available at the beginning of her sopho-

more year. Donald M. Gay was a beloved music director at Edward Little High School from 1954 to 1959. The scholarship recognizes an Edward Little senior who has made outstanding contributions to the arts programs at the school. The fund was founded in 2001 at the Class of 1951's 50th Reunion and, since that time, has been able to award a total of \$88,000 in scholarships. Planned to be in place in perpetuity as long as there is an Edward Little High School, the fund total currently stands at approximately \$225,000.

Thursday, July 25

Rotary Club Lunch Meeting. Noon to 1 p.m. Village Inn, 165 High St., Auburn. The guest speaker is Rotary District Governor Suzanne Uhl-Melanson. Free; lunch avail. at restaurant. www.lewistonauburnrotary.org.

Christmas (in July!) Tea Party. 4 to 6 p.m. Foss Mansion, 19 Elm St., Auburn. Join the Woman’s Literary Union for a holiday-themed tea party without the stress of the holidays; proceeds benefit Bells of St. Louis project at Anniv. Park. \$30. Space limited; reserve at 783-5630.

Ribbon Cutting and Open House. 5 p.m. Payroll Management, Inc., Auburn Mall. Come help Payroll Management Inc. celebrate their 30-year anniversary and move into new corporate headquarters.

Marine Corps League Meeting. 6 p.m. Lewiston Armory, 65 Central Ave. Central ME Detachment 810 needs members: they will pay for your first-year membership. All Marines, FMF Corpsman, Navy Chaplains, and anyone interested in helping local veterans is invited.

Concert on the Quad. 6:30 p.m. Historic Quad (at Campus Ave. and College St.), Bates College, Lewiston. Portland Intown Contra Dance founder Dela Murphy teaches the basics of the style and then calls a contra dance to the live music of Stomp Rocket. Free.

Theatre: “Singing in the Rain.” 7 p.m. Schoolhouse Arts Center, 16 Richville Rd. (Rte. 114), Standish. This production includes a rollicking dance number performed in the midst of an indoor rain storm. Again 7/26-28 (Sun. at 2 p.m.). \$19/17. www.SchoolhouseArts.org.

Friday, July 26

Art Walk L.A. 5 to 8 p.m. Various venues in downtown Lewiston-Auburn. This month’s event features a visual art and dance performance by artist-in-residence Jonathan Allen and dancer-choreographer Joanna Kotze. For details, list of venues, see www.laarts.org.

Make-A-Wish Comedy Show. 8 p.m. Norway Savings Bank Arena, Auburn. Comedians Dan Boulger, Brian Brinegar, Mike Keegan, and Ryan Gartley perform; raffles, social hour. Ages 21-plus. Benefits Make-A-Wish Maine. \$25. www.norway-savingsbankarena.com.

Concert: Heather Pier-son Accoustic Trio and Ordinary Elephant. 8 p.m. Frontier Theater, Mill 3 Building at Fort Andross, 14 Maine St., Brunswick. Two acclaimed folk-Americana acts perform on a double bill. \$20 (\$15 in advance). www.explorefrontier.com.

Calendar

See more Calendar at www.TwinCityTimes.com

Saturday, July 27

Civil War Encampment. 9 a.m. to 4 p.m. Minot Historical Society, 493 Center Minot Hill Rd., Minot. Join several Civil War re-enactment groups to see first-hand what life was like in the field. Concessions avail. Again 8/5 (9 a.m. to 2 p.m.). Free. 966-2622.

Open House and Guided Tours. 10 a.m. to noon. Readfield Union Meeting House, 22 Church Rd., Readfield. Come visit this historic Readfield landmark with its amazing “trompe l’oeil” murals. Free. <https://unionmeetinghouse.org>.

Public Office Hours. 11 a.m. to 12:30 p.m. Couture Room, Lewiston Public Library. Lewiston’s delegates to the Maine Legislature answer questions and provide an update of the current legislative session. To RSVP, see <http://bit.ly/lewistonofficehours>.

Butterfly Release Celebration. 11 a.m. Geiger Elementary School, 601 College St., Lewiston. Honor the memory of a loved one with Andro. Home Care and Hospice by dedicating a monarch butterfly at this event. \$30. 777-7740; www.androscoggin.org.

Summer Saturday Concert Series. 6 p.m. Waterfront Park, Commercial St., Bath. Hank Barbee and the Dust Parade play their genre-bending mix of surfy jazz, rock, and country blues. Pres. by Chocolate Church Arts Center. Free.

Concert: Deborah Henson-Conant. 7:30 p.m. Celebration Barn Theater, 190 Stock Farm Rd. (just off Rte. #117), So. Paris. The Grammy-nominated electric harpist brings her custom-made Camac DHC Electric Harp to Celebration Barn. \$26. 743-8452; www.CelebrationBarn.com.

Tuesday, July 30

Power Lunch Seminar. 12 to 1:30 p.m. Chamber of Commerce, 415 Lisbon St., Lewiston. Today’s topic is “Better Business Bureau 101.” Free. 783-2249. Register at www.LAMetro-Chamber.com.

“Music for Mavis” Outdoor Concert. 6:30 p.m. Turner Gazebo, Village Green, Turner Center. This week’s performer is duo Brad Hooper and Rusty Wiltjer, aka Hangin’ with Hooper (Acoustic, Folk, Blues, Americana). Free, but a “pass the hat” suggested donation supports the series. 754-0954.

Open Mic Night. 7 p.m. Readfield Union Meeting House, 22 Church Rd., Readfield. Share your talents; proceeds support the restoration of this historic Readfield landmark. \$10.

<https://unionmeetinghouse.org>.

Thursday, Aug. 1

Rotary Lunch Club Meeting. Noon to 1 p.m. Village Inn, 165 High St., Auburn. The guest speaker is puppy raiser and Rotary Breakfast Club President Dave Foster. Free; lunch avail. at restaurant (\$14). www.lewistonauburnrotary.org.

Power Lunch Seminar. 12 to 1:30 p.m. Chamber of Commerce, 415 Lisbon St., Lewiston. Next Wave Wi-Fi presents “Monetizing Your Free Wi-Fi with Social-Powered Wi-Fi Solutions.” Free. 783-2249. Register at www.LAMetro-Chamber.com.

Concert on the Quad. 6:30 p.m. Historic Quad (at Campus Ave. and College St.), Bates College, Lewiston. The Maine reggae band Stream performs classic and new music. Free.

Friday, August 2

Concert: Maine Highland Fiddlers. 2 and 7 p.m. Sawyer Memorial, 371 Sawyer Rd., Greene. With fiddles, guitar, bodhran, and vocals, this group of six makes music recapturing the kitchen party atmosphere of the Celtic tradition. Free. 946-5311; sawyer-foundation.com.

Saturday, Aug. 3

Woodcarving Show and Competition. 9 a.m. to 3 p.m. Poland Town Hall, 1231 Maine Street, Poland. The Maine Woodcarvers Association presents their 2019 event. Free. <https://mainewoodcarvers.com>.

Summer Saturday Concert Series. 6 p.m. Waterfront Park, Commercial St., Bath. Xander Nelson and his band, whose song “You Got a Problem” has received extensive radio play, play indie rock and blues. Pres. by Chocolate Church Arts Center. Free.

Sunday, August 4

Car Show. Vehicle registration from 8 to 11 a.m.; awards at 2 p.m. New Balance Factory Store, Rte. 26, Oxford. Join the Uptown Cruizahs for this event benefiting local charities; 23 vehicle classes, music food. \$10 to register a vehicle; free to attend. 890-8778.

Tuesday, Aug. 6

“Music for Mavis” Outdoor Concert. 6:30 p.m. Turner Gazebo, Village Green, Turner Center. This week’s performer is five-piece band Mill Town Road Show (Americana, Country, originals). Free, but a “pass the hat” suggested donation supports the series. 754-0954.

Friday, Aug. 9

Theater: “Mamma Mia!” 7:30 p.m. Great Falls Performing Arts Center, Auburn. Community Little Theatre presents the popular romantic comedy featuring songs of the pop supergroup ABBA. Again 8/10-11, 15-18 (Suns. at 2 p.m.). \$20/17/12. 783-0958; LACLT.com.

Saturday, Aug. 10

Summer Saturday Concert Series. 6 p.m. Waterfront Park, Commercial St., Bath. The Big Chips Trio play a swinging jazz, blues, and soul concoction perfect for dancing. Pres. by Chocolate Church Arts Center. Free.

Concert: Dave Mallett. 7 p.m. Readfield Union Meeting House, 22 Church Rd., Readfield. The iconic Maine singer-songwriter performs old and new songs; proceeds support the restoration of this historic Readfield landmark. \$20. <https://unionmeetinghouse.org>.

Tuesday, Aug. 13

“Music for Mavis” Outdoor Concert. 6:30 p.m. Turner Gazebo, Village Green, Turner Center. This week’s performer is six-piece Back Woods Road Band (Bluegrass). Free, but a “pass the hat” suggested donation supports the series. 754-0954.

Thursday, Aug. 15

Theater: “Mamma Mia!” 7:30 p.m. Great Falls Performing Arts Center, Auburn. Community Little Theatre presents the popular romantic comedy featuring songs of the pop supergroup ABBA. Again 8/16-18 (Sun. at 2 p.m.). \$20/17/12. 783-0958; LACLT.com.

Saturday, Aug. 17

Summer Saturday Concert Series. 6 p.m. Waterfront Park, Commercial St., Bath. Soggy Po Boys play their combination of jazz, funk, and Caribbean music. Pres. by Chocolate Church Arts Center. Free.

Tuesday, Aug. 20

“Music for Mavis” Outdoor Concert. 6:30 p.m. Turner Gazebo, Village Green, Turner Center. This week’s performer is Kevin Libby and Friends (Folk, Rock & Roll). Free, but a “pass the hat” suggested donation supports the series. 754-0954.

Saturday, Aug. 24

Public Office Hours. 11 a.m. to 12:30 p.m. Couture Room, Lewiston Public Library. Lewiston’s delegates to the Maine Legislature answer questions and provide an update of the current legislative session. To RSVP, see <http://bit.ly/lewistonofficehours>.

Summer Saturday Concert Series. 6 p.m. Waterfront Park, Commercial St., Bath. Jason Ward, former horn player of Rustic Overtones, leads his danceable jazzy funk band. Pres.

FLAGSHIP CINEMAS

July 26th through July 31st

DOORS OPEN AT: 11:30 am

AUBURN

746 Center Street

Auburn Movie Hotline — 786-8605

| | | | | |
|-----------------------------------|-------|-------|------|------|
| Crawl (R) | 1:25 | 4:25 | 7:25 | 9:40 |
| Spider-Man:Far From Home (PG-13) | 12:40 | 3:40 | 6:45 | 9:30 |
| Yesterday (PG-13) | 1:20 | 4:20 | 7:05 | 9:40 |
| Toy Story 4 (G) | 12:00 | 2:20 | 4:40 | 7:10 |
| | | | | 9:35 |
| The Lion King (PG) | 12:30 | 1:00 | 1:30 | 3:30 |
| | 4:00 | 4:15 | 4:30 | 6:40 |
| | 7:00 | 7:15 | 9:20 | 9:45 |
| | | | | 9:55 |
| Once Upon a Time in Hollywood (R) | 12:20 | 12:50 | 3:20 | 6:30 |
| | | | 7:30 | 9:10 |
| Stuber (R) | 1:10 | 4:10 | 6:50 | 9:50 |

by Chocolate Church Arts Center. Free.

Tuesday, Aug. 27

“Music for Mavis” Outdoor Concert. 6:30 p.m. Turner Gazebo, Village Green, Turner Center. This week’s performer is Chris Poulson & Friends (Folk, Rock). Free, but a “pass the hat” suggested donation supports the series. 754-0954.

Saturday, Aug. 31

Summer Saturday Concert Series. 6 p.m. Waterfront Park, Commercial St., Bath. Steel drum band Pan Fried Steel closes out the series with their traditional steel drumming and renditions of rock, pop, and reggae songs. Pres. by Chocolate Church Arts Center. Free.

Tuesday, Sep. 3

“Music for Mavis” Outdoor Concert. 6 p.m. Turner Gazebo, Village Green, Turner Center. This week’s performer is The Cobblestones - M. & M. Plourde, C. Constanzi, T. Simmons (Acoustic Americana). Free, but a “pass the hat” suggested donation supports the series. 754-0954.

Tuesday, Sep. 10

“Music for Mavis” Outdoor Concert. 6 p.m. Turner Gazebo, Village Green, Turner Center. This week’s performer is Hot Damn - Norm and Deb Pelletier (Country to Classic Rock). Free, but a “pass the hat” suggested donation supports the series. 754-0954.

Tuesday, Sep. 17

“Music for Mavis” Outdoor Concert. 6

p.m. Turner Gazebo, Village Green, Turner Center. This week’s performer is talented high school musicians The Only Hope (music the 50s to the 90s). Free, but a “pass the hat” suggested donation supports the series. 754-0954.

Wednesday, Sep. 18

Pet Wellness Clinic. Noon to 2 p.m. Kennedy Park, Lewiston. The Greater Andro. Humane Society offers free vaccines, microchips, and pet food; bring dogs on leashes and cats in carriers.

www.SavingPetsIn-Maine.org.

Saturday, Sep. 28

Public Office Hours. 11 a.m. to 12:30 p.m. Couture Room, Lewiston Public Library. Lewiston’s delegates to the Maine Legislature answer questions and provide an update of the current legislative session. To RSVP, see <http://bit.ly/lewistonofficehours>.

Saturday, Oct. 26

Public Office Hours. 11 a.m. to 12:30 p.m. Couture Room, Lewiston Public Library. Lewiston’s delegates to the Maine Legislature answer questions and provide an update of the current legislative session. To RSVP, see <http://bit.ly/lewistonofficehours>.

Saturday, Nov. 23

Public Office Hours. 11 a.m. to 12:30 p.m. Couture Room, Lewiston Public Library. Lewiston’s delegates to the Maine Legislature answer questions and provide an update of the current legislative session. To RSVP, see <http://bit.ly/lewistonofficehours>.



facebook.com/
TwinCityTimes

Business Directory

ACCOUNTANT



AUSTIN ASSOCIATES
CERTIFIED PUBLIC ACCOUNTANTS

Auburn • Madison • Norway
AustinPA.com

Your Financial Team

FLOWER SHOPPE



Sweet Pea Designs
FLOWER SHOPPE

777-1520

www.sweetpeafloraldesignsme.com

PHOTOGRAPHY



portrait_{efx} of Maine
Bell Studios, Inc.

Executive Portraits • Business photographs • Videos

Gray, ME maine@portraitefx.com
(207) 657-6372 www.maine.portraitefx.com

AUTO CARE

The Only Full-Service Gas Station in Auburn!

Poisson & Sons
Auto Care Center, Inc.

Computer Diagnostics • Yokohama Tires
Repairs • Alignments • Inspection Station
Gas • Clear K1 • Tune-ups • Brakes • Batteries

Dan & Don Poisson
dfpoisson@aol.com

260 S. Main St., Auburn • 782-9144

MASONRY



Jason Hodsdon
JasonHodsdonMasonry@gmail.com

Masonry • Culture Stones
Chimneys • Chimney Cleaning
Repointing & Repairs
Restoration
Stainless Steel Liners

Fully Insured
Free Estimates
20+ Years of Experience

North Monmouth
(207) 215-3557

PRINTING



evergreen
custom printing
SINCE 1984

Locally Owned

(207) 782-0525 phone
(207) 782-2327 fax
63 Broad Street • New Auburn, ME 04210
e-mail: info@evergreencustomprinting.com
web: www.evergreencustomprinting.com

- PRINT
- COPY
- FAX SERVICE
- DESIGN SERVICES
- VARIABLE DATA
- BINDERY
- INVITATIONS
- LETTERHEAD
- ENVELOPES
- BUS.CARDS
- LABELS & TAGS
- UPS

CD'S

Discover The Truth About CDs!

CD Interest Rates Are At An All Time Low.
There IS A Safe, Guaranteed Alternative To
Increase Your Income.

Call now for a FREE Guide:
"10 Secrets Your Banker Doesn't
Want You To Know"

Call Our 24 Hour Order Line @782-3800

MARINE SERVICES

BOAT REPAIR SHOP

PONTES
Marine Service

Power by
MERCURY MerCruiser
OMC
VOLVO PENTA
Perkins
YANMAR Velvet Drive

237 Lewiston Road • Topsham, ME 04086 • (207) 725-5997
www.pontesmarine.com

SELF STORAGE



AUBURN SELF STORAGE, LLC

23 Goldthwaite Rd.
Auburn, ME 04210

PO Box 715
Lewiston, ME 04243

PHONE 376-3325

CHIROPRACTOR

Family Chiropractic Center

Experience Life

1485 Lisbon Street, Lewiston
207.783.0078
www.familychirome.com

PAINTING

Interiors • Exteriors Drywall Repair
Free Estimates Pressure Washing

W.J. Libby
Painting Co.

WADE J. LIBBY
WJLibbyPainting@gmail.com CELL: 207.210.0605

SHIPPING



GOIN' POSTAL
Your Friendly Neighborhood Shipping Center

- Shipping
- Packing
- Receiving
- Copies
- Fax Service
- Mailbox Rentals
- Mail Order Fulfillment

Bring in this ad for 10% off UPS or FedEx Shipping!

9 N. River Road in Auburn ~ www.AuburnGoinPostal.com ~ 784-9900

CONTRACTORS

Fully Insured • 5 Year Workmanship Warranty

AMERICAN BUILDERS

Custom Building & Remodeling


Call Tyler
500-8100
Finish Carpenter

Call 207-500-8100
For FREE Estimates

Quality Work with References Available

PHOTOGRAPHY



LAURA ELAINES
PHOTOGRAPHY

www.facebook.com/LauraElainesPhotography

LauraElainesPhotography@gmail.com
(207) 212-5993

WEB HOSTING



Web Hosting
Web Design
Web Promotion
One Stop

207-442-9006

MAINE HOSTING
SOLUTIONS

Contact us today for possible openings in our business directory! Info@TwinCitytimes.com.

Classified Ads

BOOKS

“To College or Not to College” is the question and this book has the answers. Check it out: www.authorcaseybill.com.

Book lovers and bookstores: looking for unique and eclectic books? Check out author Casey Bell: www.authorcaseybell.com.

Closing Artios Books. Everything 50% off. Final Sale. Over 100,000 books to choose from. 180 Turner Street auburn. 786-4007. All topics, vintage, new, classic, manga, fiction and nonfiction. Last chance! Open Tuesday through Friday 9:30 to 5:15 and Saturday 9-5.

BUSINESSES FOR SALE

Hair saloon for sale
Well established hair salon of 54 years. Incorporate your dream business. Get started today. Ready to operate. 6 chairs. Terms negotiable. All serious and confidential inquiries. Send info to Bea Laliberte Apt 520, 100 Campus Ave., Lewiston Maine 04240. 777-3755

Working small engine/ outdoor Power equipment business.
Parts inventory B&S, Kohler, Tecumseh, MTD, Ariens, Toro and more. Special tools and equipment. Good opportunity to expand or add to your business. Call Glen 207-655-4635 daytime for more information.

FOR RENT

Warm Weather Is Year Round In Aruba. The water is safe, and the dining is fantastic. Walk out to the beach. 3 - Bedroom weeks available. Sleeps 8. Email: carolaction@aol.com for more information.

FOR SALE

South Pacific hot tub. Dual bench, dual-level, four-seat digital LED topside control. 12 Jets, use hot tub inside or outside. Many other highlights. Will help purchaser to set up Spa first time. Asking \$1,800. Please call 207-212-0047.

Big Blowout sale at House of Lady Debra's Our: Old Goat + His Lady. Gourmet 21 soups, 20 dips, 4 cheesecakes sale. Buy 3 dips, get 2 free. Buy 2 soups, get 1 free. Going fast, call now. Lady Debra -207-891-1968.

HAIR SERVICES

Hair at Home! Can't get out to the hair salon? We'll come to you anywhere in the L/A area! We offer services in the privacy of your own home. Great rates. Excellent service. Call cell phone 754-9805 or 782-1271.

HEALTH & FITNESS

DO YOU HAVE CHRONIC KNEE OR BACK PAIN?
If you have insurance, you may qualify for the perfect brace at little to no cost. Get yours today! Call 1-800-217-0504.

INTERNET

COMCAST HI-SPEED INTERNET \$39.99/mo. (for 12 mos.) No term agreement. Fast Downloads! PLUS Ask about our Triple Play (TV-Voice-Internet) for \$89.99/mo. (lock in 2 yrs.!) Call 1-844-835-5117

MOTOR HOMES

2004 Winnebago Class C. 24-foot, nice condition. Everything working. F-450 chassis, 6.8 V8, 55,600 miles. \$16,000. 375-4840.

PAINTING

Stepladder Enterprise Painting Co. Interior & Exterior. Drywall repair, paint and wallpaper. Pressure washing. Insured. 20+ years in business 207-786-9849.

SCOOTERS

2008 Vespa 150
9500 miles. Used little. Well maintained. Looks like new. New one is \$5,000 to \$6,000. Asking \$1,000 firm. (207) 353-6467

SERVICES

VIVINT - Smart & Complete Home Security. Easily manage anywhere. Professional Installation

as early as Tomorrow. \$0 Activation. Call for a free quote, Contract options. 1-800-689-9715.

TRAVEL

LEWISTON SENIOR CITIZEN TRIPS

FOSTER'S DOWNEAST CLAMBAKE – AUGUST 21, 2019 – Price is \$72.00 pp

ATLANTIC CITY, CAPE MAY & PHILADELPHIA – SEPTEMBER 9 TO 13, 2019 – Trip includes 4 nights lodging and 8 meals - Price is \$585.00 pp

OGUNQUIT PLAYHOUSE – OCTOBER 16, 2019 – Price is \$82.00 pp

VERMONT FOLIAGE TRIP –

OCTOBER 21 TO 25, 2019 – Trip includes 4 nights lodging and 8 meals – Price is \$725.00 pp double occupancy

ANNUAL 33RD BOSTON CHRISTMAS FESTIVAL – NOVEMBER 10, 2019 – Price is \$55.00 pp

CHRISTMAS TRIP TO THE

WHITE MOUNTAIN HOTEL & RESORT – DECEMBER 8 AND 9, 2019 – Trip includes 1 night lodging and 3 meals . Price is \$289.00 pp double occupancy

For information on these trips contact Claire Bilodeau – 784-0302 or Cindy Boyd – 345-9569.

WASH, WAX & CLEAN

Starting at only **\$59**

On-site or at our location

SPECTACULAR CAR CARE

713-2640 or 513-0225

Classified Ads

UP TO **40 WORDS!**

\$10 PER WEEK
EACH ADDITIONAL WORD 25¢

SEND PAYMENT WITH COMPLETED FORM TO:
TWIN CITY TIMES, 9 N. RIVER RD. #232 AUBURN, ME 04210
INFO@TWINCITYTIMES.COM

☐ Visa ☐ Master Card

Card # 3 digits # on back

Exp. date ____/____/____ Signature _____

Name & Address _____

Phone: _____

CATEGORY: _____

HEADLINE: _____

AD INFO: _____

NUMBER OF WEEKS TO RUN: _____

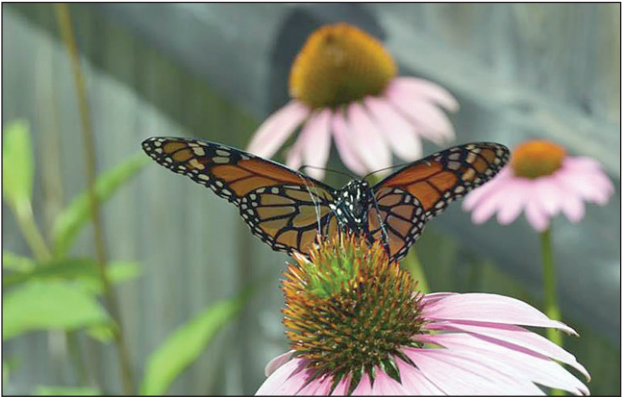
What do you think?

We strongly encourage Letters to the Editor, Op/Eds, columns or any other submissions from our readers.

Agree with us or another columnist? Disagree? Write to us and let us know!

Email all submissions, including name, address and phone number, to Editor@TwinCityTimes.com.

Butterfly Release Celebration



Over 600 monarch butterflies will be released at the close of a moving ceremony where the names of departed loved ones are read.

Androscoggin Home Healthcare and Hospice will present their annual Butterfly Release Celebration on Saturday, July 27, from 11 to 12:30 p.m. at Geiger School

in Lewiston. This uniquely beautiful way to remember a loved one is truly a spectacular experience. Over 600 monarch butterflies will be released at the close of a moving ceremony where the names of the loved ones are read. The event is open to the public. Butterflies may be dedicated at the event for \$30 each. The rain date is July 28. All proceeds will benefit hospice care at Androscoggin Home Healthcare and Hospice. For more information, call the Marketing and Development office at 777-7740 or see www.androscoggin.org.

Uptown Cruizahs plan annual Car Show



The show is open to 23 vehicle classes, including antique autos, street rods, trucks, present-day vehicles, alternative fuel vehicles, and special-interest vehicles.

Young and old alike are invited to join the Uptown Cruizahs for their eleventh annual Car Show on Sunday, August 4. This rain or shine event will take place at the New Balance Factory Store on Route 26 in Oxford. The show is open to 23 vehicle classes, including antique autos, street rods, trucks, present-day vehicles, alternative fuel vehicles, and special-interest vehicles. Three awards will be pre-

sented in each class, along with a Best in Show award. Registration is \$10 per vehicle and will take place from 8 to 11 a.m. Admission is free for spectators, but donations will be gratefully accepted.

Show participants will vote in each class until 12:30 p.m. and awards will be presented at 2:00. Food and music will be available throughout the day. Bring your own chairs

and get comfortable. Proceeds from this event, as well as the club's weekly Monday Cruise Nights at Tractor Supply in Oxford, will benefit local organizations, including Santa Visits Oxford, the Maine Veterans' Home, and Responsible Pet Care. For more information on the show or Monday Cruise Nights, call Dan Tripp at 890-8778 or Gary Allen 595-2691.

PEDALING KAYAKS!



OVER 200 BOATS IN STOCK!

Top models from Old Town, Ocean, Feel Free, Pelican, Perception and Native Kayaks.



Open 7 Days a week
Monday – Friday 8am – 5:30pm,
Saturday 8am to 4pm
Sunday 8am to 2pm
998-5390
271 Maine Street, Route 26, Poland
www.shakerhilloutdoors.com

Organic Vegan Hair Color


\$70 Color Cut & Style
with Peg Montoya

FULL Gray Coverage!



Hair Among Friends • 232 Center St. • Auburn • 753-9368

Send all items for **What's Going On** to Editor@TwinCityTimes.com. Deadline is **Friday by five.**



3D Mammography Now Offered at Central Maine Medical Center

Central Maine Medical Center's Sam & Jennie Bennett Breast Care Center is proud to be the only facility in the Lewiston/Auburn area to offer 3D breast imaging to every woman having a screening mammogram. Also known as tomosynthesis, 3D mammography is a safe and proven technology that has a number of benefits over traditional 2D methods, including:

- More accurate findings
- Earlier diagnosis
- Better detection in dense breast tissue
- Fewer callbacks for "false alarms"

The Bennett Center offers comprehensive breast care from prevention to diagnosis to treatment and ongoing support. Care is provided by a multidisciplinary team of clinicians who specialize in breast health, including a nurse navigator who helps guide patients through the process from diagnosis to recovery.


To schedule an appointment, call 207.795.2100 or visit cmhc.org.

Location

12 High Street, Suite 103
Lewiston, ME 04240

Telephone

207.795.2100



Central Maine Healthcare

cmhc.org