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Help is there for drug addiction

By ANN SCHWARTZ

If you are having issues with prescription drugs, or opiates like fentanyl and OxyContin, there is local help for you. Riverwood Healthcare Center in Aitkin offers confidential, non-judgmental treatment to reduce opioid usage.

Dr. Melissa Herbranson, Riverwood family physician, is certified to prescribe suboxone treatment. This drug helps eliminate narcotic cravings and prevents the person from getting high.

"Addiction is everywhere and I was excited to learn new tools to treat addiction and to help my community," said Herbranson, 32, in an interview.

She has special training to allow her to help patients with medically assisted treat-

Renee Senich, a Registered Nurse at Riverwood, is the first point of contact for those

seeking treatment. She does intakes and assessments and assures patients that their privacy is protected.

The pair also works closely with Janet Larson, psychiatric mental health nurse practitioner, who helps patients deal with behavioral health

"There is no judgment here," said Herbranson. There have been patients treated for drug overdoses at Riverwood.

Statistics show that Aitkin County has the highest rate of opioid overdose deaths per Minnesota county, at 11 deaths per 10,000 residents from 2000 to 2015.

"Addiction is complicated and one of the toughest things we face is educating people about addiction - its origins and multi-faceted treatment." continued Herbranson. "Relapse is part of the disease and patients need ongoing support regardless of the

Riverwood is here to help patients and support them so they can have successful lives, she emphasized. "Our goal is to help patients achieve their goals in life and be productive members of society. For a lot of patents that can mean regaining custody of their children, regaining employment, rebuilding relationships and feeling that they have a meaningful existence

www.newshopper.net

"Over time, patients can learn how to cope with life's stress without chemicals."

Getting people's drug use under control impacts all the systems in the community: welfare, employment, the school system. "When you are not focusing on getting the next fix, you can actually live your life."

"Our main goal is to **Continued on Page 5**



Deerwood splash pad



The long-awaited splash pad is open in Deerwood in the playground behind the auditorium. You push a button which sets a timer for the splashing stations to turn on. The park also has a great playground, a picnic area and (left) a drinking fountain with a water filling station. (Above) Satcher, 3, Deerwood, tries out the new splash pad. He and his brother Jamison, 8, loved playing at the park with dad and their baby sister.



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COMMUNITY EVEN

Ongoing Events:

AA - Aitkin - 322 1st Ave. NE 218-927-6240 Sun. Women's Meeting 5:30, Mon. Step Study 7:00pm Open, Tue. Big Book Discussion Meeting 6:30pm Open, Open Meeting 8:00pm, Wed. Women's Meeting 6pm, Thu. Sober Sailors Open 9am.

AA Garrison: Monday Night AA (open) 7:30 PM and Wednesday 7:30 PM at Community Alliance Church, 9475 Jefferson St. ALANON - 322 1st Ave NE, Aitkin 6:30 pm

Thursday evenings.

ALANON Garrison: Wednesday 7:30 PM at Community Alliance Church, 9475 Jefferson St. Aitkin Friends of the Library meet 4th Tue. each

month, 1 pm, Aitkin Public Library. Aitkin IOOF 164 meeting every 4th Monday at

Aitkin Lions meet on the 3rd Tuesday at 6 pm at the Aitkin Forty Club restaurant. Call 218-839-3954 for more info.

Aitkin Rebekah lodge. 151. Meets the 1 st and the 3rd Tuesday of each month. Come join us. We meet at the IOOF hall. 22 2nd st. Above the Napa auto parts store. The 1st tues. is a business meeting. The 3rd one is a social meeting

Aitkin Women of Today meet 2nd Mon. of month, 6:30 pm, Mille Lacs Energy Coop, info call 218-927-4558. Evening care is available and free. All are welcome!

Alzheimer's Support group meetings at ANGELS in McGregor meets the 1st Thurs. every

American Legion Aitkin Lee #86 & Unit 86, meets the 2nd Thurs. of each month at 7 p.m. Art Club meets on the second and fourth Tuesdays at the Jaques Art Center in Aitkin, 1-3

"Ask An Attorney" Workforce Center - 20-3rd St. NE, Aitkin, 4th Tuesday of month at noon Pre-registration required call 218-723-4005

Blow-Hards, a lung disease support group, meets the 4th Thu. of each month, Kanabec Hospital in Mora. Contact Carol, 320-225-3646.

Buddhism-Nichiren meetings held at the Brainerd Public Library conference room on the 3rd Saturday of every month at 1 pm. For information contact Mike Engblom-Bradley 936-525-7843.

Care N Share Community Cafe Community Meal, Wednesdays Located in the fellowship hall in the Weslayson Church on Highway #6 in Emily. Please call Sharon - 612 669-3295

Caregiver/Memory Loss Support Group. Meets the first Wed., 1-2 p.m. at Birchstreet Center, downtown Aitkin. 218-9271383.

Circles of Support meets every Tue., 6-8 pm If you are living paycheck to paycheck and are ready for a change, Circles may be right for you, call Brandi, 800-997-5723.

Clear Lake Grange meets second Tue. each month, 6 p.m. potluck, 7 p.m. meeting. Meets at the Aitkin Library Community Center. More info call Bonnie 218-927-3485 or Roxy 218-

Clothes Closet offers free clothing to men and women in need, open the fourth Saturdays of each month from 8 a.m. - noon. Located at 6297 Woods Bay Drive NE, just north of the Hwy. 6 bridge in Outing. For more information call 320-857-0182. Donations of clean, repair free clothing accepted that time also.

Co-dependants Anonymous meeting. 332 1st Av. NE Aitkin. Wednesday evenings. 5:30.

Cooks Night Out - 3rd Wed of month, McGregor Comm. Ctr., 5:30 p.m., no restric-

tions, donations welcome. Cuyuna Rock Gem & Mineral Club, meet 2nd Sat, each month, 2:30 at the lower level of the Franklin Arts Center at 1001 Kingwood St. Brainerd.

Dance every second Tuesday at Moose in Grand Rapids.

Dance at VFW in McGregor every 1st Monday of the month, except holidays which will be on the following Monday

Dance at Waukenabo the second and last Wednesday of

Deerwood Lakes Lions meet the 2nd Monday of each month at the Heartwood Senior Living Complex. Social begins at 5:30pm followed by Dinner/Meeting at 6:00pm. We are very in-

volved in community events and would love to have you join us. If you would like to come to a meeting and see what we do or going to be doing, please call Lion Nancy at 218-678-4165 and let me know by the Thursday before our meeting.

Dyed in the Wool Spinners meeting 1st Tuesday of the month 1-4 p.m. If you knit, crochet, spin, weave or do any other fiber arts please join us in the Club Room at the Security State Bank, 402 Minnesota Ave. N., Aitkin.

Emily Community Care N Share is serving meals on Wednesdays in the fellowship hall at the Wesleyan Church, Highway 6, Emily

Evergreen P.A.C. ATV Club meetings 1st Thu. each month, 7 pm, Jackson Hole, Lawler, open to public.

FASD Caregiver Support Group - For caregivers of individuals with a diagnosed or suspected Fetal Alcohol Spectrum Disorder (FASD). Meet with other caregivers (adults only please) for support, understanding, and networking. Meetings are 9 am the second Saturday of each month at Bethlehem Lutheran Church, 418 8th Ave. NE, Brainerd. For more information, please contact Sheila York at 218-820-5903 or syork@mofas.org

Friends of Rice Lake National Wildlife Refuge meet 3rd Wed. each month, at 1 pm. at the Visitor Center at 36289 State Hwy. 65, McGregor 218-768-2402

Food Addicts in Recovery Anonymous Meeting Tuesday evenings, 6:30 pm small conference room at Aitkin Library. No dues, fees or weigh ins. For more information call: 217-248-6434. www.foodaddicts.org

Food Shelf (Aitkin) Open every Wednesday, 10:30 am - 3 pm. 102 4th St. NW, Aitkin

Food Shelf (Aitkin) at First Lutheran Church open on 2nd and 4th Thurs, 9:30 am-5 pm, at 107 2nd St SE, Aitkin. Must register by 4:45 pm to be served.

Food Shelf (Aitkin) Emergency Food Shelf at St. James Catholic Church, Aitkin. Hours are Tuesday from 12 to 3 pm. To enter the food shelf go to the South side of the building, go to the 4th door and look for signs.

Food Shelf (Emily) First Wednesday of the month for produce and bakery only, 9:30 - 11:00 am. Third Wednesday distribution 9:30 - 11:00 am, followed by Thursday distribution 5:30 -6:30 pm. Enter from south door.

Food Shelf (Garrison) Open Tue. & Thu. 1-5 pm, at 9541 Madison Street; Garrison. For emergency Food Shelf, call 320-692-5399 and leave a message.

Food Shelf (Hill City) Trinity Lutheran Church 3rd Saturday 8 am - Noon or by Appt.

Food Shelf (Jacobson) Carmel Lutheran Church 60346 240th Ave, 1st and 3rd Thursday, 4 - 6 pm Food Shelf (McGregor) 45898 Hwy 65 2nd and 4th Wednesday of Month 9 am - Noon

Garrison Fire Auxiliary meets 2nd Thu. 7:30 pm, Garrison Fire Hall.

Garrison Thrift Store, Thurs.-Fri. 10-4, Sat. 11-4. Gamblers Anonymous 7 pm Thursdays at the Heritage Church on College Drive in Brainerd. This is a closed meeting. Anyone who has a desire to stop gambling is welcome. For more info call 715-821-1749.

Heart to Heart Support Group, 4th Tue. of month, 2 pm, Kanabec Hospital, int. of Hwy. 65 & 23, Mora.

Jacobson Seniors meets every Thu., 10-2 pm at Jacobson Comm. Ctr. Potluck at noon. Beverage provided. All are welcome. For more info., 752-1515

Marsh and Meadows Hunting Retriever Club, Mon. 5:30 pm in Pequot Lakes, for more info call Brett 651-270-5648 or facebook/Marsh and Meadows Hunting Retriever Club

McGrath City Council, first Thu. of the month, 6:30 pm at fire station hall.

McGrath Senior Center meets every Mon. 1-4 pm, cards & games, all are welcome.

McGregor Community Meal sponsored by AN-GELS served at the Community Center on Highway 65 on the 3rd Wednesday of each month serving from 5:30 - 6:00 pm.

McGregor TOPS (Take off Pounds Sensibly) meets Thu., 4 pm weigh in, 4:30 meeting, Minnewawa Sportsman's Club, Goshawk St. (Co. Rd. 6). 218-768-2340 for more info.

McGregor VFW hosts a dance the 1st Monday every month at 1pm.

MS Support Group, meets the 1st Thu. of the month at 7 pm, 606 NW 5th St, Brainerd, 218-824-5228. Mystic Masonic Lodge meets 1st & 3rd Tuesdays

of the month at 7 pm except June, July & August meet only 1st Tuesday at 7 pm over the Eye Care Center in Aitkin. National Alliance on Mental Illness meet Fri.,

2:30, Community Presbyterian Church, 703 Pokegama Ave., room 105, Grand Rapids, Call Terrence at 218-327-1347.

North Central MN Farm & Antique Assn. meet 1st Wed. of month, Blackberry Town Hall. Info: Bruce 218-752-6592.

ORDER OF EASTERN STAR, Woodland Chapter #122 in Aitkin meets 2nd and 4th Tuesdays each month at 7PM, EXCEPT January, February and July which are dark . 4th Tuesday in June and 2nd Tuesday in August also are dark. Meetings are held on 2nd floor of the EyeCare Center 312 Minnesota Ave No. Ait-

Operation Minnesota Nice meets 3rd Monday each month at 6 pm at Trinity Lutheran Church, Hill City. For info call Tina Harcey at 218-697-8144. www.operationminnesotanice.com.

Overeaters Anonymous 9:30am at Aitkin Library, 7:00pm at 112 1st Ave SW - house next to New Life Church. Everyone is welcome, especially newcomers. OA is a 12 step program fashioned after AA. Not a diet club, no dues or fees or weigh-ins. For more info: OA.org, or call meeting contact Cheryl at 770-576-5984.

Praise & Worship Services, 101 S. Maddy St., McGregor, Intercessory prayer Wed 6-7 p.m.; Praise & Worship Services Sat. 2 pm, Sun 10

Pickleball 9 a.m.- noon on Mondays, Wednesdays and Fridays at the Ruttger's Bay Lake Lodge. For more information, contact Ron Mogen, u-equity@usa.net.

Recovery Worship Service, Cascade United Methodist Church, Crosby/Deerwood, 1st Sat., 5 pm. Everyone is welcome.

Rosary is ongoing the fourth Tuesday of each month at 1 pm at the Big Fish, Garrison, contact Jean at 218-764-2665 for more info.

RSVP Bone Builders (Osteoporosis exercise program) Tue & Thu: 10-11 First Lutheran

Church, Aitkin; 11:30-12:30 Blackrock Terrace, Aitkin; 12:45-1:45 Journey North Church, Aitkin; Wed: 10-11 Malmo Evangelical Free Church, Malmo & Fri: 10-11 Bethesda Lutheran Church, Malmo. Free of charge. Info call 218-927-1383.

Second Tuesday Card Party, Deerwood American Legion. Open to public, 1 pm social, card playing 1:30-3:30 pm. Cost \$3 per person. Refreshments.

Senior Dance at Deerwood Legion, 1-4 pm, 1st and 3rd Fri. each month.

TOPS Aitkin (Take Off Pounds Sensibly) Every Tues at East Entrance, First Lutheran Church, 101 2nd St SE, Aitkin Weigh in at 4:30pm and meeting at 5pm

TOPS Ironton (Take Off Pounds Sensibly) meet Monday, 4 pm weigh-in, 4:30 pm meeting at Immanual Lutheran Church, Crosby. Call Mabel Semler 218-546-6523 for meeting location information.

Weight Watchers (now called WW) meets at Hallett Center in Crosby everyWednesday at 5:45 pm. Weigh in begins at 5:15 pm. For more information call 218-820-9725.

White Pine Riders ATV Club meet 2nd Sat. each month (Feb. - Oct.) at McGrath Fire Hall, 10 am, open to public.

July

27th - Because of Brandon Cuyuna Iron Range Riders ATV club ride at 9am. Open to the public and no fee. A donation bucket will be passed around. Meet in the parking lot next to the Great River Eye Clinic in Crosby. A guided ride will take you through the Miller Black ATV trails. A light lunch will follow at the Cole Lake Shelter upon completion of the ride. For more information contact Ken Irish club president 651-470-2601 ironrider@comcast.net

27th - Malmo Evangelical Free Church Outdoor Gospel Concert, 7 pm, he Benson Family -From Fairbault, MN, this family sings Barbershop, Bluegrass and Gospel music. Bring a lawn chair. In case of rain or excessive heat, the concert will be inside the air conditioned church. Refreshments will be available and a free will offering will be received. Malmo Church is located near the junction of Hwys. 47 and 18 on near the north east corner of Lake Mille Lacs.

27th & 28th - Powerboat Races on Serpent Lake at Crosby Memorial Park noon to 4 p.m. Free admission Note: The boat landing will be closed to the public from 6 p.m. Friday, July 26, through 5 p.m. Sunday, July 28.

August

1st - Jumpin' Jehosafats concert at 6:00 p.m., following a 5:00 Free Community Picnic in the Emily United Methodist Church yard. The public is invited to enjoy a spirit-filled evening of food and fellowship with friends, plus this energetic combo playing Dixieland, jazz and gospel music. bCall Judy at 218-546-3770.

1st - 4th - Aitkin's Riverboat Heritage parade, street fair, 5k, fun float on the river

3rd - Aitkin High School Class of 1957 informal gathering at the 40 Club east room. Social hour at 4 p.m. with dinner at 5:30 p.m. If you have updated telephone numbers of classmatesbbcontact Harriet Simonson at 218-549-3178 or email harhar50th@frontier.com.



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OBITUARIES

FLORENCE PETERSON



Florence Caroline Peterson, 96, formerly of Kimberly, died Sunday, July 21, 2019 in Aitkin Health Services, Aitkin.

Services will be Saturday, July 27, at 11 A.M. in Bethesda Lutheran Church, Rossburg. Visitation will be

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one hour prior to the service at the church. Interment will be in Forest Cemetery, Kimberly Township.

She was born July 20, 1923 in McGrath to Henry and Dagmar (Johnson) Hill. Florence graduated from McGrath High School. She married Elmer Peterson on April 12, 1945 in Brainerd. Florence and Elmer farmed in Kimberly for many, many years before she moved to Rochester in 1987 and later to the Twin Cities. In 2016, Florence moved into Aitkin

Health Services. Florence enjoyed canning vegetables, quilting, reading and especially spending time with her grandchildren.

Florence is survived by her daughters: Beverly (Steven) Antonich of New Hope, Sandra (Gary) Emerson of Dallas, Texas and Rita (Richard Levine) Peterson of Cambridge; sons: Allen Peterson of Aitkin. Peter Peterson of Brooklyn Park, Kenneth (Eva) Peterson of Gilbert and Leslie Peterson of Aitkin; 9 grandchildren; 16 great-grandchildren; one great-great-grandchild; several nieces, nephews, other relatives and friends.

Florence is preceded in death by her husband, Elmer; her parents; 2 daughters, Nancy Berg and Irene Peterson and 7 siblings.

Arrangements were with the Sorensen-Root-Thompson Funeral Home and Cremation Service of Aitkin. Go to www.srtfuneral.com to sign the online guest register.

DONALD RYAN



Donald Ray Ryan, 81, of Aitkin, formerly of New Brighton died on Sunday, July 21, 2019 at his home. A Memorial Mass was held

on Thursday, July 25, 2019 at Our Lady of Fatima Catholic Church in Garrison. On Friday, July 26, 2019 a Cel-

ebration of Life was held from 9:30 a.m. to 11:30 a.m. at the New Brighton Eagles Club (563 Old Highway 8 NW) followed by burial at St. John the Baptist Cemetery in New

Brighton at 12:00 p.m. He was born on December 11, 1937 in St. Paul to John and Hazel (Jensen) Ryan. He was a U.S. Navy veteran. Don married Nancy Hamilton on September 20, 1969 in St. Paul. He was a retired employee of Brown-Wilbert Vault Company with 40 years of service. He was also a retired New Brighton Fireman. Don was a member of Our Lady of Fatima in Garrison.

Don is survived by his wife Nancy; two sons: Craig (Chris) Ryan of Hugo and John Ryan of Hurley, WI; three daughters: Carrie (Tim) Christen of Elk River, Chris (Neil) Cronquist of Blaine and Pamela (Mark) Senden of New Brighton; 10 grandchildren: 13 great-grandchildren: two sisters: Dolores (Dennis) VanSloun of Minnetonka and Joanne Nelson of Shoreview; Preceding Don in death are his parents; one brother, John "Jackie" Ryan and two sisters, Ellen Nelson and Alice Rvan.

Arrangements were with the Koop Funeral Home in Crosby.

RUTH MAIJALA



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Ruth Elizabeth Maijala, 98, of Tamarack died Thursday, July 18, 2019 at the Villa Marina Care Center in Superior, Wisconsin.

A memorial service was held Wednesday, July 24, 2019 at the Bethany Lutheran Church in Cromwell

with Rev. Debra Hanson-Carlson and Rev. Ron Staudinger officiating. Interment was in the Salo Cemetery. Memorials are preferred to the Salo Cemetery Association or the Tamarack Free Church.

Ruth was born October 30, 1921 in McGregor to Emil and Emmy (Bylund) Swedberg. She grew up in the McGregor area and attended schools and then lived in Duluth where she graduated from Denfield High School. She married Walter Maijala on November 9, 1940 in Duluth. They made their home on the farm in the Tamarack area where they dairy farmed for many years and in the later years had raised beef cattle until her husband Walter's death in 2001. She was a member of the Tamarack Free Church, was a Sunday School teacher and church secretary for 50 years. She was also a member of the Tamarack Senior Golden Age Group and had served as the secretary of the Salo Cemetery Association for many years.

She is survived by her son, James Maijala of Tamarack; daughter and son-in-law, Elaine and John Smith of Superior, WI; six grandchildren, 16 great-grandchildren and one great-greatgrandchild; three sisters-in-law: Ailie Otterson of Cloquet, Evelyn Swedberg and Ruth I. Maijala both of McGregor.

She was preceded in death by her parents; husband, Walter, in 2001; brother, Elmer; sister, Martha Wilkes; grandson, John Maijala and daughter-in-law, Maxine Maijala.

Arrangements were with the McGregor Funeral Home and Cremation Service in McGregor. Go to www.srtfuneral.com to sign the online guest

ROBERT KULAS

Robert W. Kulas, 72 of Aitkin died Friday, July 19, 2019 at his home. A complete obituary will be in next weeks newspaper edition.

Funeral arrangements are pending with Sorensen-Root-Thompson Funeral Home & Cremation Services in Aitkin. www.srtfuneral.com

CH-DIRECT

* Indicates handicap accessible. NOTE: All times are Sunday morning (a.m.) unless indicated otherwise.

ALLIANCE

Aitkin* — New Life; Larry Burg & John Baker, pastors; Worship 10:15 am & 5:30 pm; Adult Sunday School 9 am; "Elevate" youth group for 7th-12th graders, Wed 6:15 pm; 112 - 1st Ave. SW 218-927-2823.

Baxter* — Pointway Alliance Church; Rev. Charles Bolstridge, 218-537-6505; 7756 Highland Scenic Road; Worship 10; wwwpointway.org Garrison* — Pastor Michael H. Palkie; Worship 9; SS 10:30.

McGregor/Big Sandy — Rev. S. DeMars, 426-3408; E. of Sather's Store; Worship 9:30; Children's Church 10 Onamia — Vineland Native American Chapel, Hwy. 169 north of casino; Worship 11; Pastor Boeringa 320-532-4449

ASSEMBLY OF GOD

Aitkin — Heritage Church, Rev. Hayden Loven ; Sunday Morning Service 10:45

Crosby — Pastor Dustin McCaleb; Worship 10:30 Crosslake — Crossroads Christian, Rev. Gary Espeseth; SS at 9:30, Worship at 10:45

Hill City — Interim Pastor John Koppel, Staff Pastor Lisa Jordan; Worship 10; hillcityagchurch@gmail.com; 218-

Palisade — Pastor Ed Sornberger; SS 9; Worship 10; Kids Church; Small groups during the week 218-845-2726

Aitkin - The Journey North, Pastor Lynfield Hines, 218-824-5617, Worship 9: 30 and 11, thejourneynorth.com

Baxter - The Journey North, Pastor Mark Bjorlo, 218-824-5617, Worship Saturday 5, Sunday 9, 10:30, 11:45, thejourneynorth.com

Brainerd* - Faith Baptist Church, Pastor Chris Erickson, 218-829-3191; SS 9:00, Worship 10:30 and 6 p.m., Wed. Classes and Clubs 6:30 p.m.; fbcbrainerd.com Brainerd- The Church On The Wise Road, Pastor Todd

Stumbo 218-829-4673, Worship 11:00, SS 9:45 www.thechurchonthewiseroad.org Brainerd — Eagles Nest, Pastor Bob Stockland 218-829-

4673, Worship 11, SS 9:45. Breezy Point — Eagles Nest, Pastor Bob Stockland 218-562-5252, Worship 9:30, SS 9:30.

Crosby — Bible Baptist, Pastor G. Fisher; SS 9:45; Service 10:45 and 6 p.m., Bible Study and Our Kids for Christ Wed. 7 pm

 $\mbox{Deerwood}^{\star}$ — Pastor W. Skog; SS 9:30; Worship 10:30 and 6 pm; Wed. Service, 6:30 pm. Glory* — Pastor Chris Meirose; 927-3678; SS 9:15; Worship

10:30 am.; Wed 6pm Glory Family night, KidMin grades kindergarten - 6, Mad4Christ grades 7-12. Hill City — Pastor Lonnie Lee; 218-697-2645; Adult SS 9;

Worship 10 am; Bible Study, Fri., 7 pm. Isle — Pastor Nick Skogen; 676-3171; SS 9:30; Service 10:30; Bible Study, Wed., 7 p.m.

Opstead — 676-8859; SS 9:30; Worship, 10:30; Bible Study Wed., 7 p.m.

CATHOLIC

Aitkin* — St. James, Fr. David Forsman, 218-927-6581; Mass Sat. 5 pm, Sun. 10 AM. Confession Sat. 10-10:45 am and 4-4:45 pm. Brainerd — St. Andrew's, Fr. Daniel Weiske, Sat.4:30; Sun.

10:00 and St. Mathias Sunday 8:00. Brainerd — St. Francis, Fr. Anthony Wroblewski, Sat. 5:00; Sunday 7:30, 9:00, 11:15 and All Saints Saturday 4:00 and Sunday 10:30.

Cromwell/Wright — Immaculate Conception, Mass: Sat. 5 p.m. Crosby* — St. Joseph's, Mass: Sat. 4:30 pm; Sun 10:30.

Crosslake — Immaculate Heart, 218-692-3731; www. ihmstemilys.org; Mass: Sat. 4 pm; Sun. 8:30; Confession Sat. 3 pm. Emily - St. Emily, Mass: Mon. & Wed. 8; Sun. 10:30; Con-

fession 1st Sat. 11 or by appt. 218-763-2101. Garrison — Our Lady of Fatima, Fr. Elias Gieske, Mass Sun.

8 am. Confession Sun 7:15-7:45 am. Grand Rapids — St. Joseph's, Fr. Jerry Weiss, Mass: Sat. 5 pm; Sun. 8 & 10:30. 218-326-2483

Hillman — Holy Family; Sun. 10 to Mass Sat. 6:30 pm (only through Labor Day) w/ confession before or by appt. McGregor - Holy Family, Fr. David Forsman, 218-927-6581;

Mass Sun. 8 am. Confession 7:15-7:45 am. Vineland — St. Therese, Mass Sun. 11; Holy Days 8:30.

CHURCH OF CHRIST

Baxter, Lakes Area — Nondenominational; 7001 Highland Scenic Road; Bible Study every Wed. 7 pm; Worship 10:30-11:30. 218-828-1362

Tamarack — Pastor Terry Banker, 608-475-1528, Worship 9:30; SS 10:45; Wed Youth 4 pm.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

Aitkin - Co. Rd. 12, Chapel Ph. 218-927-4454; Kevin Haffner 218-792-5684; Sacrament Mtg. 10 COMMUNITY

Aitkin — Nondenominational; 927-2749; at 219-1st Ave. NE., Aitkin, Services Sun.10, 218-927-6959 Brainerd - Community of Hope Church of the Nazarene-

Pastor Dave McGaffey Sunday worship at 10:45, SS 9:30 -16549 Johnson Rd -church phone 218-829-9005 Glen — Pastor R. F. Stauter, 218-838-1981; Worship 9

May-Oct. Grand Rapids — Solid Rock Church of God, Pastor Robert Kimberling; 218-326-0711; Sun. BS 9:30, Worship 10:30; Wed. BS 6:30 pm

Jacobson — Jacobson Community Church, Pastor George Collins, 218-252-5938, Sun. SS (All ages) 9:30, Worship 10:30; Family Time 2nd & 4th Sundays; Wed. BS 7 pm Kimberly — Nature Ave. Rev. Rick Perry; Worship 9; Adult Bible Study & Sunday School 10:30: 218-927-6256.

McGregor — Amazing Grace Christian Church: Worship 10: 99 South 1st Street (at the McGregor United Methodist church [shared] in downtown McGregor) Pastor Joel

McGregor — Victory Mission, Pastor J. Gould, 218-768-2160; Sun. 10; Wed. Bible Study, 7:30 pm.

Merrifield — Community Church of the Nazarene, Pastor Ron Christenson; Service 11 & 6 pm. Wed. Prayer Meeting, 7 p.m.; 218-829-7536.

Merrifield — Ossipee Community, SS 10; Service 11; Wed. Bible Study Prayer, 7:00 p.m. Nisswa — Christ Community Church, Pastor Dave Uhrich;

Service 10; Fellowship 9:30-10 Outing* - Narrows Community Church, Pastor Stanley Mikles, 218-792-5530 Worship 9:30; Children's Sunday School 9:30; Clothes Closet 8 am - noon 4th Saturday,

6297 Woods Bay NE, just north of Hwy. 6 bridge Palisade/Waukenabo Twp. — Hilltop Chapel, Pastor B. Hite; Service 10 a.m.; Adult and Children's SS 9 a.m.; between Esquagama & Round Lake. Handicap Accessible.

Tamarack — Church of Christ, 218-768-3898; Service 9:30: SS 10:45.

CONGREGATIONAL Aitkin — First (UCC) Rev. Susan Cline; Sun.10; Comm. 1st

Sun; Council Mtg. 2nd Sun. Spiritual fellowship, Sun. 9.

Aitkin — St. John's, Holy Communion or Morning Prayer 9 Brainerd* — St. Paul's, Holy Communion Sunday 10

EVANGELICAL FREE

Baxter — Lakewood EFC, Pastor Brian Erickson: Worship at 9 & 10:45; Wed for all ages 6:45 pm

Crosslake — Interim Pastor Mark Holmen; Call for Service Times at 218-692-4141, email thelogchurch@crosslake. Isle — Pastor Kerry Johnston; Worship 9; SS 10:15; Wed.

Youth Group 6 pm; Adult Prayer 6:30 pm Malmo — Pastor Glenn Browning; SS 9:30; Fellowship 10; Worship 10:15

Wright — Pastor Ken Mitchell, 218-426-5115; SS 9:30; Worship, 10:30; Thu., Bible Study, 7 pm.

HEBREW/MESSIANIC Glen — Beth Shalom Tabernacle of Truth, Rabi Frank Dell, for information 320-684-2804

LUTHERAN

Aitkin — Bethlehem (ELCA), Rev. Rebecca Hinz; Worship 9:30; Holy Comm. 1st & 3rd Sun each month. Aitkin - First* (ELCA) Pastor Darrell Pedersen, Pastor Jordan Gades; worship Sat. 5pm, Sun. 10am (coffee fellowship at 9am); communion every Sat. and 1st & 3rd Sun.; contemporary service 2nd & 5th Sun.; staffed nursery for Sun. service. Sun. service broadcast live on KKIN (94.3FM) and on TV cable channel 181 at 9am on Wed.; community meal every Mon. & Thurs. 5pm; food shelf 2nd & 4th Thurs. each month 9:30am-5pm

Aitkin - St. John's (Missouri Synod), Pastor D. Becker; Worship Sun. 9, SS 10

Baxter — Christ Lutheran Church and Preschool (WELS). Pastor Bill Werth. Sunday Worship 9. Sunday School/ Adult Bible Class 10:15. 13815 Cherrywood Dr. in Baxter. (Corner of Inglewood and Cherrywood). 218-829-4105. www.christbaxter.com.

Baxter — Prince of Peace (LCMS); Communion every Sunday 9, Fellowship 10:15, Adult Bible Class & Sunday School 10:30 am 218-829-7092 www.popbaxter.org Beaver Township — Finnish EA, Hwy. 27, Worship 1st &

3rd Sun., 10:30. Brainerd — Good Shepherd Free Lutheran Church, AFLC. Sunday School 9, Worship 10 coffee fellowship 11, Wednesday evening 7 pm adult Bible study. Located at 5878 Pine Beach Road, Brainerd, 218-824-3052, www.

goodshepherdfreelutheran.church Brainerd - Laestadian Lutheran Church; 1501 So. 8th St. Sunday Worship Services 11 am. (www.llchurch.org) Brainerd - Trinity Lutheran Church (ELCA) 1420 South 6th Street Brainerd - Pastor Hans Anderson Worship times

September through May are 8:15 a.m. & 10:30 a.m.; Summer Worship time is 9:00 a.m. Phone: 218-829-5147 Website: www.trinitybrainerd.org Email: trinity@trinitybrainerd.org Brainerd — Truth Lutheran Church (LCMC, Pastor James

Walth, Corner of 5th and Kingwood, Worship, 9. Breezy Point* - Eagles Nest, Pastor Jonathan Lemaster, 218-562-5252, Worship 10:30 a.m. SS 9:30 a.m.

Cedar Lake, Norwegian Lutheran — Third Sun 11, May - Oct. Cedarbrook — St. John's (ELCA); Worship 8:30; Holy Comm. 1st & 3rd Sun.

Crosby — Immanuel (LCMC, NALC) Rev. Paul Mattson; Sun. 9 & 10:30 worship; SS (Sept.-May) 10:40. Crosby —Zion (LC-MS) Pastor Dean Stolz; Worship 8:30;

SS 10; Bible Study Wed. 7 pm; handicap accessible. 218-546-6910 Crosslake — (ELCA), Indoor worship 8:30; Coffee Fellowship

9:30; outdoor worship 10. 218-692-3682. Crosslake - Mission of the Cross (LCMS), Pastor Leslie Uhrinak; Worship 9:30 with every Sunday Communion, Fellowship 10:30, Adult Bible Class 11, 218-692-4228, www.missionofthecross.org

Deerwood — Salem (ELCA), Pastor Michael Briggs; Worship: 8:15 (traditional) & 10 (contemporary); Sunday

Garrison - Light of the Cross (ELCA), Pastor Juli Sutton-Deem; Worship 9 SS 9; 320-692-4773 or 877-406-9101. Garrison - Shepherd of the Lake (LCMS), Rev. Tom Petersen. Worship 10 with Communion Every Sunday. Adult Bible Study 8:30am, Sunday School Sept-May, 8:30am. Fellowship 11am. 320-692-4581. www.shepherdofthelake.org. Giese — Immanuel, Rev. R. Langhorst & Rev. R. Lovaas; Worship 9; SS 10; Holy Communion 1st Sun. of month

Hill City — Trinity, (Missouri Synod), Pastor M. Eckert; Worship 9; Bible Study 10:15.

Hillman — Immanuel, (ELCA) Sun. Worship 9:30, SS 10. Located on the corner of Hwy. 27 and Co. Rd. 47. (Hand-

Iron Hub — Immanuel (LC-MS), Pastor Dean Stolz; Worship

10:30; 218-534-3069. Isle — Faith (ELCA), Interim Pastor Rev. Henry French; Worship 9:30: handicapped accessible. Isle — Holden (ELCA), SS 9:30: Worship 10:30.

Isle — Trinity (Missouri Synod), Rev. Mark Maunula; Worship 8:30; Fellowship follows; SS 9:45; Adult Bible 10. Jacobson — Carmel, Vicar Mark Wagner; SS 1st & 3rd Sun.

10, Service 11, fellowship follows.

Lake Shore — Living Savior Lutheran Church, 8327 Interlachen Rd.; Worship 9:00 Sunday mornings, followed by fellowship and Bible study. (Located on Co. Rd. #77 N) Malmo — Bethesda (ELCA) Sun. Worship 9 (winter) 8:30 & 10 (summer); Fellowship after first service; Comm. 1st & 3rd Sun.

McGrath — Grace; Wed. potluck 5 pm, Bible study 6 p.m.; SS 10; Worship 11.

McGrath — Zion (ELCA), Pastor Elliott Malm; Worship 9; SS 9.

McGregor/Big Sandy Lake — Grace Lutheran Log Church (ELCA), Pastor Ericka Foss; Worship 9, Fellowship follows, SS 10.

McGregor — Our Savior's (Missouri Synod), Pastor Joshua C. Reinke; Worship 9; SS 10; Bible Study Tue. 9, Wed. 7 pm Outing — Our Saviors ELCA; Pastor Peter Rosenkvist, Worship 9.

 ${\sf Palisade}^{\dot{\star}} - {\sf Bethel} \ ({\sf ELCA}), {\sf Rev. Wm. J. Sass}; {\sf Worship 9:30}.$ Pequot Lakes* - Our Savior's Lutheran Church (ELCA) Rev. Peter Rosenkvist, Worship 9:00 a.m. SS 9:15 am. Adult Ed – 10:15 am. Wed. Worship 5:45 pm. Free Community Supper Wednesdays at 5: pm.

Rossburg — Bethesda (ELCA); Comm. 1st & 3rd Sunday Tamarack (AFLC) — Pastor Ron Staudinger; 1st, 3rd and

4th Sundays 10 am; 41163 Kestrel Ave 3.3 mi. South of Hwy 210 Thor — Zion, Pastor G. Salmonson; Worship 11; 1st and 3rd

Sun. April through December. Wright —Bethlehem, Worship; SS 9.

Wright — St. John's (Missouri Synod), Pastor Joshua

Reinke; Worship 10:30; Bible Study and Sunday School Sun. 9:30; Lent services Wed. 5:30 pm. NON-DENOMINATIONAL Brainerd—Oak Street Chapel, Pastor Todd Wooden, Wor-

ship service is Sunday at 9:30 am, 523 SE 11th Street, Brainerd, 218-454-0984 **PENTECOSTAL**

10, 41536 Birchwood Drive, Emily; 218-763-2939.

Emily — Cornerstone Church; Pastor Earl Ready; Worship

Ironton — Iron Range Christian Center; Pastor Dwight

Semler: 218-546-6523: meeting at Irondale Town Hall*. Co. Rd. 12, (Deerwood Shortcut); Worship 10 & Wed. 7 pm. Tamarack — Warriors of the Rainbow Ministry, Pastors Ken and Ron Fairbanks, Sat. 11. 218-768-3585

PRESBYTERIAN

Crosslake - Pastor Tony Oltmann, 218-692-4769; Worship 10; Fellowship 11:15; Bible study on Wednesdays at 10;14444 Daggett Pine Road just passed the Community Center; www.crosslakepres.org

McGrath — Calvary, Pastor - Todd Oltmann; Worship 9. McGregor/Round Lake — Pastor Talley; Worship Sat. 5 pm. Tamarack — First, Rev. J. Yingling; Worship 11.

REFORMED

Crosby — Lifespring Church, a member of Fellowship of Independent Reformed Evangelicals, 9:30, 30 Hallett Ave NE 218-545-5433, www.visitlifespring.com SEVENTH DAY ADVENTIST

Aitkin - Pastor Peter Emig; Worship Sat. 9:30 a.m., Bible Study 10:30 a.m.; Prayer Mtg. Wed. 5:30 p.m.; www. aitkinadventist.org; 423-805-0933

UNITARIAN UNIVERSALIST Pequot Lakes — 28877 State Hwy 371, Pequot Lakes 10:30

1st and 4th Sundays. 218-330-3476

UNITED METHODIST Aitkin* — Pastor Dawn Houser; high school & adult SS 9;

Worship 10:30; fellowship follows. Crosby/Deerwood* — Cascade, Reverend Dr. Genia Garrett;

Worship 9:45; fellowship follows. Cutler — Pine Lake Chapel, Rev. Laurence Foote; Worship 9.

Cromwell — Pastor Tim Homstad; Worship 10; SS 9 Emily — Pastor Dawn Houser; Worship 8:45; fellowship

follows; handicapped accessible. ${\sf Fleming^{\star}-(Northern\ Lights\ Parish)\ SS\ 9:15;\ Worship}$

10:30; fellowship follows. Hill City — Pastor Roger Lynn; Worship 10

McGregor* — (Northern Lights Parish) Worship 8:45; fellowship follows. Onamia — Pastor Rick & Judy Wilder; Worship 11; fellowship 10; 2 blks north of Post Office; handicap ramp; 320-532-3150; office: 218-546-7656; cell: 218-360-1947

Emily — Pastor Ryan Fish; Worship 9; Friendship Time 10; SS 10:30; Wed. Activities 6:30 p.m.; 218-763-HOPE.

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Addiction help | Continued from Page 1

change the culture and create a non-judgmental, helpful, supportive place for patients to come for help. We want them to feel that they can

be open and honest and get the care they deserve," she



Dr. Merlissa Herbranson

Medication assisted treatments help patients get through withdrawal and relieve their cravings. At the same time, patients need to be able to function so lots of factors such as how they are sleeping and their mental health are considered. "We will work together to adapt a treatment program to meet the patient's goals," she explained.

There are many advances in chemical dependency treatment and there are now alternatives to12-step programs, she said.

Dr. Herbranson leads the Aitkin County Opioid Trask Force, which also includes local pharmacies, the sheriff's department, Aitkin police, the county's three school districts, Aitkin County health and human services, and Northland Counseling.

Pharmacist weighs in

Spencer Page is the director

of the inpatient pharmacy at the hospital and Riverwood's retail pharmacy in Garrison. Page, 40, has worked there for two years and is also a member of the task force.

He said that Riverwood has developed a controlled substance care team so health care providers can work with patients most at risk for side effects to bring their dosages



Pharmacist Spencer Page. Photos submitted by Riverwood

His work on the task force is outside of his pharmacy duties.

"With opioids, we really want to promote what we can do here and how we can help patients," Page emphasized. "If they need pain control, we want to do it as safely as possible and help patients improve their quality of life.

"I believe that people can live an opioid-free life but it can be very difficult for patients who have been using opioids drugs for a long time. There are many ways to manage pain — such as physical therapy, chiropractic care and massage, alpha stim, and acupuncture — that can help patients avoid long-term opioid medications. The goal is to avoid long term chronic pain opioid medications whenever possible."

"If patients use illegal drugs, we will not judge them," summed up Page. "We don't want to deter patients from coming to one of the few places that they can go to for help."

Page encourages patients to take care of themselves through nutrition and exercise. Pain can be decreased by living a healthy lifestyle.

If you would like an assessment through Riverwood, contact Renee Senich at 218-429-3907. In Mille Lacs County, contact Briana Rosvold at 320-362-0892.

Aitkin County Health and Human Services, reached at 218-927-7200, has information about substance abuse treatment programs. Unused medications can

be disposed of at the Aitkin County Courthouse, sheriff's office drop box, at 217 2nd St. NW, Aitkin. Consumers are advised to

store medicines in a locked area so family and friends can't get to drugs illegally and abuse them.

Down the path to tyranny

By KELLY AVELSGARD, Concerned Observer

Guest Opinion —

Some of the methods used by the Crosby chief of police and city administrator to protect themselves from harm are blatant, negligent acts.

A former Crosby mayor and a current city council member were threatened by the city administrator and the chief of police. The threat was — after being duly elected by the people of Crosby — they were not going to be given the oath of office until they completed an unnecessary background check. And then, both were presented a flawed, biased, defaming power point presentation about the wrongful termination lawsuit and the accused officer.

Elected officials, by statute are not employees of the cities they're elected to serve and if they become employees, they must surrender their government seat. Refusing to swear them in is an excessive abuse of power by the chief and city administrator and the power point presentation was to influence, intimidate, the parties and defame the former officer.

The continued employment of the chief has proven to be destructive, delaying their retirement will prove even more destructive.

A newly elected council person became a victim when they were intimidated and shocked after a display of force by the chief, city administrator, and the city's labor attorney. In a highly unusual meeting, the council person was "briefed" about the "facts" of BMS Case No 17-PA-0260. When the council person objected to hearing the information, they lied to the council person; stating a complaint had been filed with the POST Board and as a newly elected official, the history was important. No complaint was filed, if one was, it would've addressed the chief and former lieutenant's conduct of lying, distorting the truth, interviewing their officers as they would criminals, altering documents, conducting biased, prejudiced, flawed, investigations. Instead, the council person was subjected to the chief, city labor attorney,

and city administrator speak defaming and fraudulent information about the former officer and the arbitration process.

It's acts like this that has Crosby in the first of many potential lawsuits that will expedite Crosby's financial demise.

It can be surmised all council members and the mayor have been intimidated, seduced, briefed, favored with unfreezing of personal sewer lines, or suppression of damaging information, that has sealed their mouths and prevented them from taking action against the chief for their egregious acts and conduct, choosing to reward the chief with retirement instead.

Interestingly, this information is published as an opinion when everything printed is sustained by evidence.

Thomas Jefferson wrote: "Experience hath shewn, that even under the best forms of government those entrusted with power have, in time, and by slow operations, perverted it into tyranny."

Crosby is well down that

Crosby mayor rants and good ol' boy governance

Our mayor in Crosby apparently doesn't like criticism.

It appears to me that he would rather abuse his power and rant during council meetings, so he has an audience and support group, than actually do the things whoever elected him expects and the rules require him to do.

It's as if he feels his rants and comments will intimidate

people or command respect. One has to wonder, if he can't at least try to understand that others have criticisms, concerns and maybe even legal issues with how the city is going about their business. Than he should resign and find a nice rest facility were people will talk nicey wicey to him and reassure him daily that its all gonna be all right.

But his attacking this time of the local editor and newspaper, who both so graciously publish my letters, simply proves my point on good ol' boy governance. Rule with an iron fist. Damn those who disagree!

Well, I disagree. No amount of threats, or rants during city council meetings that just waste tax payers resources, or any other intimidation is going to shut me up.

But to attack the same media he used to spread his message of good governance that could be attributed to getting him elected, and then to also belittle a woman who has donated a large part of her life to making our town better, is pigeon poop.

Chris Ryan, Crosby



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Nisswa Farmers Market 8 – 12:30 Thursdays American Legion Nisswa May 9th-Mid October

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Bob & Marjean Mcelrath, Personal Property 31151 - 292nd Street, Aitkin, MN

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BOATING & RELATED: 2005 Bennington Pontoon 23 ft. model 2275 RL self contained w/changing station captains chairs throughout, with canopy & new cover w/90 HP Yamaha 4 stroke, 1984 Sea Nymph 16 ft, boat w/console steering, 50 HP Mercury OB w/live wel on good yacht club trailer, 1995 Crestliner 14 ft, boat w/15 HP Evinrude OB tiller style on good custom trailer, 15 ft. Venture Catamaran sail boat (sails in excellent condition) on good EZ loader trailer, Triton Pontoon Trailer scissor lift style. Hewitt Motorized pontoon lift 22 ft 30 ft Private Island Aluminum dock w/maintenance free decking 21 ft Aluminum dock w/maintenance free decking, 16 ft. Private Island Aluminum dock with maintenance free decking, (2) Sun Dolphin style paddle boats, Flat back aluminum canoe, (2) Kayak's, Large Sun King water trampoline. Relaxation station 4 person floating raft. Water ski's & other boating related. CAMPING PACKAGE: 1997 30 ft, Wilderness travel trailer (bumper pull) rear bed w/canopy (excellent condition) LAWN & GARDEN: Cub Cadet LT 1045 lawn tractor 20 HP Kohler engine & 46 in. cut. Two place snowmobile trailer, 5.5 HP pressure washer powered by Honda, High wheeled trimming mower, Trailer style lawn cart w/tilt bed. Gilson Snowblower, Agri Fab style law sweeper. Toro snow pup electric snowblower, Aluminum lawn mower or ATV ramps, Large deck screen porch, Chiminea outdoor fireplace. Outdoor glass top table & chairs w/umbrella. Padded wicker style chairs & other deck furniture, Collectible well pump, Decorative water fountain, GARAGE & RELATED: Craftsman 10 in, radial arm saw, Sears Craftsman air compressor on wheels. Large quantity of hand power tools. Commercial garage shelving. Shop lights. Numerous organizers & hardware. Various camping supplies. Jack stands & bottle jacks. HOUSEHOLD FURNISHINGS & RELATED: Sectional coach brown in color very good condition. (4) Wilderness scene pine bar stools. Pine TV stand w/shelves. Matching suede couch & love seat gray/brown in color, Antique drop front cabinet, Upholstered recliner outdoor/cabin scene. Pine Living room table. Pine bed frame w/ pull out drawers & pine headboard w/wildlife décor & others. Decorative canoe night stand w/lamp. Metal bunk bed set w/bottom futon. Pine 6 drawer dresser, Decorative canoe glass front cabinet, Large free standing electric heater decorative w/mantel. Dorm size refrigerator & microwave Various cabin wall décor & wildlife artwork some Terry Redlin, Large area rug, ITEMS OF INTEREST: WWII Army artifacts, 5x6 ft, Rubbermaid shed, Soap Box Derby Car (2001) State Champion), Various pieces of half log siding, Garage refrigerator, Cream Cans & Crocks, Snowshoes, Various fishing poles, Numerous DVD's, Misc. pieces of sheeted Styrofoam PLUS MUCH MORE!

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Lakes Area Music Festival Showcases Altius Quartet



The Lakes Area Music Festival (LAMF) will present the laureates of its inaugural String Quartet Fellowship in concert at Tornstrom Auditorium on Wednesday, July 31 at 7:30 p.m. The Showcase performance, which includes works by Wolfgang Amadeus Mozart, Felix Mendelssohn and Leos Janácek, is open to all and offered without tickets.

The Boulder, CO-based Altius Quartet was selected from an international pool of applicants and has spent the

Storm Damage Cleanup

Aerial Truck

past month bringing music to the Lakes Area. Deriving their name from the Olympic motto: Citius, Altius, Fortius (Latin for Faster, Higher, Stronger), Altius strives to communicate art to a more diverse audience through community engagement and innovative repertoire.

As representatives of the Lakes Area Music Festival, the Altius Quartet has brought entertainment and outreach to thousands of individuals. In addition to their statewide concert tour, they have held a dozen interactive programs for underserved communities. Some highlights include providing music for a guided meditation class for victims of domestic abuse at the Mid-Minnesota Women's Center, a series of concerts and talkbacks at the Crow Wing County Jail, musical storytelling at the Brainerd Public Library, and a workshop with local youth at The Shop and PORT group homes.

The Lakes Area Music Festival, an annual summer series attracting leading instrumental and vocal performers from around the world, takes place August 2 through August 25, with performances at Tornstrom Auditorium in Brainerd. Concerts are free of charge, with no tickets required. More than 185 instrumentalists and vocalists from 32 states and nine countries will be in the Brainerd Lakes area as guest artists, performing chamber music, orchestra, opera and ballet. For more information visit www.lakesareamusic.

Sale at St. Joseph church



Changes in Deerwood include the closing of the Catholic Church there. A sale was held at the church building on July 18, 19 and 20 with proceeds going to youth activities.





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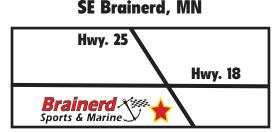












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