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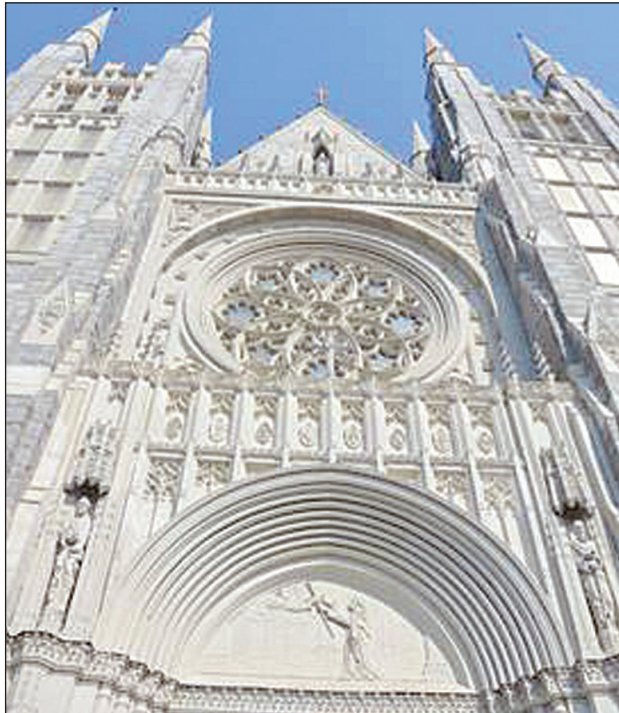
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Basilica to host Maine Sacred Music Conference



Musicians, religious, and community members are encouraged to gather for a day of exploring the musical traditions of the Catholic Church when the Maine Sacred Music Conference convenes on Friday, August 9 at the Basilica of Ss. Peter & Paul in Lewiston.

The conference will feature acclaimed performers known for their work nationally and internationally, including Dr. Jennifer Donelson, associate professor and director of sacred music

at St. Joseph Seminary in Yonkers, New York and director of the Metropolitan Catholic Chorale in New York City; Leon Griesbach, former director of liturgical music at the Pontifical North American College in Rome, Italy; and Dr. Kevin Birch, music director at St. John Church in Bangor and faculty member at the University of Maine's School of Performing Arts in Orono.

Session topics will include "The Catholic Liturgical Tradition," "Catholic

Liturgical Elements," "The Spirituality of Gregorian Chant," "Introduction to the English Chant Settings of Fr. Samuel Weber, OSB," and "Vocal Technique for Chant in English and Latin."

"I hope attendees will develop a better understanding of and appreciation for the beauty of Catholic sacred music and how it functions in the Roman Rite," said Scott Vaillancourt, music director of Prince of Peace Parish in Lewiston, of which the basilica is a part.

The conference will conclude with the celebration of a traditional Latin Mass at 4 p.m. Those who do not attend the conference are still welcome to attend the Mass, which will be celebrated by Fr. Kyle Doustou, pastor of the Parish of the Resurrection of the Lord in Old Town.

The Basilica is located on 122 Ash Street in Lewiston. Registration will run from 8:30 to 9:15 a.m. Lunch will be provided by the Holy Family Knights of Columbus Council #10019 in Lewiston. For more information or to pre-register, contact Scott Vaillancourt at 777-1200 or scott.vaillancourt@portlanddiocese.org.

Auburn Police Dept. to host National Night Out



This annual summer block party at Festival Plaza and Main Street features free family fun, food, and live music.

On Tuesday, August 6, Festival Plaza and Main Street will be the scene for the Auburn Police Department's National Night Out against crime. This annual event, beginning at 5:30 p.m. and continuing until dusk, invites Auburn residents downtown for a family-friendly block party featuring food, fun, and live music.

This is the 16th year that the Auburn Police Department has hosted this free anti-crime public safety celebration. Department staff and volunteers will serve up hotdogs, beverages, and plenty of family-style fun. Police equipment will be on display and the Auburn

Fire Department and other community partners will be on hand. Live music by the L-A Harley Band will help create a fun and festive atmosphere. Their appearance is made possible through

the generosity of L-A Harley-Davidson.

Other highlights will include popcorn from the Marshall Popcorn Truck, as well as face painting, games and activities, a bounce house, and an inflatable obstacle course. Volunteers will provide child ID kits, balloons, and lots of giveaways. City staff will be on-hand to discuss Auburn's 150th anniversary celebration and the Auburn School Department will have information on the upcoming "Come Home, Auburn" alumni-homecoming event.

"This community is so supportive of our agency," said Police Chief Jason Moen. "We really enjoy getting everyone together each year to show the unbreakable police-community partnership that flourishes in Auburn. When we stand side-by-side to push back the darkness of crime, our community is stronger and safer. This is community policing at its best."

Established 36 years ago, National Night Out is a unique crime-drug prevention event sponsored by the National Association of Town Watch. While Auburn residents spend Tuesday evening celebrating in Festival Plaza, 38 million people in more than 16,000 communities across America will be doing the same thing. For more information about National Night Out in Auburn, contact Liz Allen at 333-6650, ext. 2070 or LAllen@AuburnMaine.gov.



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Newsmakers, Names & Faces

Area student receives Fulbright Award

Abby Westberry of Readfield, a 2015 graduate of Maranacook Community School, is one of twenty-five members of the Bates College Class of 2019 and young alumni to have received offers of the highly competitive Fulbright Student fellowships for the 2019-20 academic year.

Sponsored by the U.S. Department of State, the Fulbright is the U.S. government's flagship international educational exchange program. It sends Americans to dozens of countries to teach, study, or conduct research, promoting international understanding.

The daughter of Mr. Joseph P. and Dr. Nicola C. Westberry of Readfield,

Westberry was offered an English Teaching Assistant award. She will be traveling to India.

Deeply involved in the greater community during her time at Bates, Westberry has worked as a tutor at a local elementary school, as an intern coordinator at the Maine District Court in Lewiston, and as a tutor at two nonprofits, Tree Street Youth and Big Brothers Big Sisters of Mid-Maine. On campus, she is a writing and speaking tutor at the Academic Resource Commons.

Upon her return to the U.S., she plans to pursue a joint degree in law and social policy with a focus on housing.

"This is another ex-

traordinary year for Fulbright awards at Bates," said Bates President Clayton Spencer. "These highly competitive fellowships provide graduates with immersive experiences across the globe. The success of our students in gaining these opportunities is a testament to the strength and breadth of the education they receive at Bates, the depth of their engagement in ideas and real-world problems, and the power of their relationships with faculty mentors."

Named a Top Producer of Fulbright Student awards for the last eight consecutive years, Bates was recognized in 2017-18 for having the most awards among all U.S. bachelor's degree institutions.

Bishop Deeley appointed as episcopal moderator of National Catholic Risk Retention Group

The National Catholic Risk Retention Group has appointed Bishop Robert P. Deeley as the company's episcopal moderator. The bishop has also been elected as a member of the group's Board of Directors. The new appointments are in addition to his duties as the 12th Bishop of the Diocese of Portland.

Incorporated in 1987, National Catholic is a licensed insurance company that operates as a risk retention group in 21 states, with authority to write liability insurance in all 50 states. It is also the originator and provider of VIRTUS, the leading child protection and safe environment program for Catholic organizations in the United States.

Over 15,000 Catholic Church employees, volunteers, priests, and educators in Maine who work with children have been trained in the VIRTUS program, which

offers education on recognizing the warning signs of risky behavior, the need to communicate concerns about improper behavior, and how to teach children proper boundaries and effective responses to potentially harmful situations.

"The VIRTUS program is a tremendous resource for our diocese and others in offering specialized safe environment programs to both adults and children," said Bishop Deeley. "This abuse prevention training and awareness has helped the Diocese of Portland to be vigilant in its efforts to make the Church a safe place for children and all those who seek a place to draw near to God."

"We are so grateful that Bishop Deeley has agreed to assist us in our efforts to maintain the highest level of performance, particularly in our VIRTUS program," said Dennis O'Hara, presi-

dent and CEO of National Catholic. "In addition to facilitating discussions on matters important to our policy holders and shareholders, he will also be available to his fellow bishops on matters involving VIRTUS."

The VIRTUS training occurs in both workshop settings and with modules on an online platform that participants complete on an ongoing basis.

"Since our training work began nearly 20 years ago, there have been no substantiated allegations of sexual abuse of a minor by a cleric in the Diocese of Portland," said Bishop Deeley. "National Catholic has assisted the diocese in those efforts, and I am honored to offer any guidance and support to the board that I can."

For more information about National Catholic or VIRTUS, visit the National Catholic website at www.tncrrg.org.

Claxton appointed chair of Commission to Study Children's Mental Health

Sen. Ned Claxton (D-Auburn) has been appointed by Senate President Troy Jackson (D-Allagash) to serve as Senate chair of the Commission to Study Children's Mental Health. The task force will study various aspects of children's mental health in Maine, including how well both state and federal laws address the issues.

"I'm proud to have been appointed to this important commission," said

Sen. Claxton. "I'm hopeful that, together, we will make progress on how to approach this complex issue and bring the Legislature valuable recommendations."

The Commission has been charged with developing recommendations and reporting back to the legislature by Dec. 4, 2019. Its membership includes parents of children with mental health issues, commissioners from Maine's Education and Health and

Human Services Departments, and providers of mental health services to children and legislators. The Commission has broad authority to examine a multitude of issues and will work alongside the Department of Health and Human Services on issues it views as critical.

Sen. Claxton represents part of Androscoggin County, including Auburn, Minot, Mechanic Falls, New Gloucester and Poland.

UMaine offers tuition-free fall courses for high school students



The classes are taught by UMaine faculty and meet general education requirements of the University of Maine System, as well as the majority of colleges nationwide.

on-campus courses and over 35 online courses to high school students. Classes are taught by UMaine faculty and meet general education requirements of the University of Maine System, as well as the majority of colleges nationwide.

Through a partnership between the Maine Department of Education and the University of Maine, tuition is waived for students of Maine public and home schools for up to 12 college credits per year. Fall classes start September 3. Registration is open at umaine.edu/earlycollege.

Interested students and parents are encouraged to contact early college programs coordinator Allison Small at 581-8004 or um.earlycollege@maine.edu.

Among the most comprehensive higher education institutions in the Northeast, UMaine offers more than 90 undergraduate majors and academic programs, including one of the oldest and most prestigious honors programs in the U.S., as well as master's degrees in 85 fields and 35 doctoral programs.

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Governor's Address: There is no simple solution to the opioid epidemic, but there is hope

The following is an excerpt from Governor Mills' remarks at her July 15 opioid response summit, "Turning the Tide: Maine's Path Forward in Addressing the Opioid Crisis."

You know, I subscribe to many newspapers, national and local. One I picked up at breakfast the other day began with a description of a city neighborhood which sounded like the setting of a television crime drama. It read:

"The sidewalks are littered with cigarette butts and people loiter outside the nearby grocery store. A man and a woman, both in their pajamas, scream at each other from opposite ends of the sidewalk.

"A driver with all the car windows rolled down yells as he blows through a stop sign. The tires screech loudly as the car whips around the corner.

"The neighborhood children spend most of their day outside, riding their bicycles up and down the connecting streets. But by 8 p.m. they all disappear. Even if they aren't on curfew, it's as if they know better than to be alone on these streets at night.

"Drug busts seem more common here than on the other side of the... city. It's usually not difficult to pick out which buildings might be housing drug deals, either. Often it's the ones with overgrown weeds on the front lawns and porches that look like they are on the verge of collapsing.

"Late at night, the

dark sky conceals everything except the bright yellow headlights of each new car, alerting neighbors that another guest presumably is paying a visit for drugs. The usual visitors make quick pit stops at these places, and most of the time they don't stick around for too long."

The city described in this article is not Lowell or Lawrence, Massachusetts, or Brooklyn, New York, or Boston, or even Portland, Maine.

It is, in fact, Presque Isle, the "Star City" of our state, a small, friendly community always considered a safe place to raise a family on a farmer's or teacher's or trucker's salary, a place where children were safe and community values were strong.

The article in the Bangor Daily News went on to note that, while Aroostook County had the highest rate of drug trafficking or manufacturing arrests by the MDEA in recent years, and while it had the second highest rate of substance-exposed babies, the County also had the lowest rates of 211 help line calls relating to substance use in the whole state.

What's wrong here? What are we missing - not only in Aroostook County, but in our fifteen other counties and in every one of our more than 400 communities, where we have seen this epidemic take hold in a quiet, tragic, and very frustrating way?

For one thing, I think for too long we have viewed the opioid problem with a narrow and occasional lens... Until now, we have looked at drugs as just a criminal justice problem, or just a health care issue,



Governor Janet Mills

or just another challenge for overburdened teachers in our schools.

We point the finger to some publicly identifiable source of the problem and we readily blame some bad actor, some specific villain, passing off the ultimate responsibility, not to ourselves, but to some dealer or trafficker or another, or to some agency of government or another. It's always somebody else's problem and somebody else's responsibility.

It's time to get out of the silos and halos... And that's why we are here today. We are going to hear from law enforcement, the medical establishment, public officials and, yes, the most important voices - those of the recovery community...

In the past five years, more than one thousand seven hundred people in Maine have died from drug overdose - more than the entire population of Chesterville, or Eastport, or North Berwick. 418 people in 2017, 354 in 2018, 74 deaths in the first quarter of this year.

Now, for goodness sake, if seventeen hundred baby seals washed up on the shores of Cape Elizabeth, we would be marching in the streets. We would not stop until we knew what had caused it and how we could stop one more seal

from dying...

These people are not "junkies." They are our neighbors, coworkers, family members, schoolmates, they are graduates of high schools, CTEs, universities, and colleges. They are our sons and daughters. They are people without labels, citizens without stereotype. They are athletes and businesspeople, fishermen, cooks and clerks. Mothers and fathers. People we see every day. We cannot abandon them. The time for action is now.

We are putting the full force of this Administration behind the families who have lost loved ones, the businesses who have lost valued employees, and all communities that have been diminished by this public health crisis, for as long as it takes, until our state recovers from something so severe that is draining our workforce, diminishing our families, and eating our soul.

I know that healing our state from the ravages of the opioid epidemic is a complicated challenge that will not be erased overnight. But today, we are getting together to brainstorm and learn and work on a comprehensive and well informed plan to chip away at this insidious crisis. Let's not be disheartened. There is no simple solution, but there is hope.

Here's something else I read recently, in a book, not a newspaper. It said:

"Heroin is, I believe, the final expression of values we have fostered for thirty-five years. It turns every addict into narcissistic, self-absorbed, solitary hyper consumers. A life that finds opiates turns away from family and community

and devotes itself entirely to self-gratification by buying and consuming one product - the drug that makes being alone not just all right, but preferable."

The author continues: "I believe more strongly than ever that the antidote to heroin is community. If you want to keep kids off heroin, make sure people in your neighborhood do things together, in public, often... Break down those barriers that keep people isolated. Don't have play dates; just go out and play. Bring people out of their private rooms, whatever forms those rooms take.

Pursuit of stuff doesn't equal happiness, as any heroin addict will tell you. People... may emerge from this plague more compassionate, more grounded, willing to give children experience rather than things, and show them that pain is a part of life and often enduring. The antidote to heroin may well be making your kids ride bikes outside, with their friends, and letting them skin their knees."

The author of that powerful statement, from the book "Dreamland: The True Tale of America's Opiate Epidemic," is with us today... Sam Quinones' description of the city of Portsmouth, Ohio, could well be a description of Presque Isle, Maine, and many other communities across

our state.

Published in 2015, Dreamland vividly recounts how a flood of prescription pain medicine, along with black tar heroin from Mexico, transformed the once-prosperous blue-collar city of Portsmouth, Ohio, and other American communities into heartlands of addiction.

Mr. Quinones introduces us to the people at the heart of the opioid trade and describes in great detail the marketing of prescription opiates by unscrupulous pharmaceutical companies.

This book in so many ways has changed the debate in this country about the impact of drugs and the potential solutions to the epidemic. I am thrilled that Sam and his wife and daughter, who live in Southern California, accepted our invitation to make his first appearance in Maine, and I am very grateful to him for sharing his time with us today.

With his help, in the not too distant future, the headlines in our newspapers will no longer highlight isolated neighborhoods, but will read instead: "Maine has turned the tide. We have cured our deadliest disease. We have found our soul again."

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Letter to the Editor: Let's support Land for Maine's Future

Despite its long-standing positive contributions to the state, Land for Maine's Future has not been adequately funded to perform its critical functions. Right now, LMF is out of funding, and will continue to be so unless swift action is taken by leadership in August to save our state's leading conservation program.

Today, Androscoggin County is a region of exceptional natural beauty, but as many residents know, the path to where we are now was not easy. Rather, our precious lands and clean waters, such as the Androscoggin River, are the product of hard work and a longstanding commitment to pursuing natural resource conservation for the betterment of our communities.

Like many conservation lands valued across the state, Androscoggin River Park is a property made possible by LMF. It features sandy beaches and forests. Walking on its scenic trails, I am reminded that the flowing rivers and safe water access I and many others enjoy day-to-day were not always possible in this area, once plagued by pollution and toxic chemicals.

There is no question: our exceptional natural and recreational lands must be conserved. Countless families enjoy the serene bird sanctuary, the bicycle trails, the lake vistas and, in general, the health of our variety of woodlands and marshes. As an organic gardener who takes the health of our soil most seriously, I am

ever aware and concerned for the quality of ground water, rain, and soil itself.

For the sake of life-long Mainers and generations to come, our legislators must demonstrate their continued dedication to conservation and prevent a backsliding in the environmental quality of our state by funding LMF. As an Auburn resident, I request that Rep. Bickford, Rep. Melaragno, Rep. Sheats, and Sen. Claxton vote to approve a bond of \$40 million over four years for LMF.

There is an urgent need to support LMF, and I hope legislators recognize that as more Mainers speak out in support of safeguarding our natural resources.

Patricia E. Keene
Auburn

Court St. Baptist Church names transitional pastor



Reverend James Grumbine, Jr.

The Reverend James Grumbine, Jr. has been named the transitional pastor of Auburn's Court Street Baptist Church. He succeeds retiring Rev. Dr. David R.

Clark and will assess the spiritual gifts of the parishioners and the programming needs of the congregation to prepare the church for its next permanent pastor.

For the past 20 years, "Pastor Jim" Grumbine has served as senior pastor of the Christian and Missionary Alliance (CAMA) congregation at Camp Hill, PA. He previously served as assistant superintendent of CAMA's Central Pacific Region, including Northern California, Hawaii, Nevada, and Utah; as interim pastor of the CAMA church in Stockton, CA; as church planter in Richmond, VA; and as senior pastor in Galeton, PA and at the North Deering Alliance Church in Portland, Maine.

An accomplished musician, Pastor Grumbine is a graduate of the State University of New York at Albany and earned a Certificate of Christian Studies at Fuller University's School of Theology in California.

Reverend Grumbine and wife, Barbara, live in Lewiston. They have three children, Christopher of Lewiston, Sarah (husband Don) of Durham, ME, and James III (wife Emily) of Templeton, MA.

Seniors Not Acting Their Age: Biking Our Way to Granddaughters' House



Riding along the shore of Lake Wilhelm on the John Oliver Loop Trail in western Pennsylvania

Story and photos by Ron Chasse

I can count on one hand the benefits of growing old. If you're fortunate, having grandchildren is one of them. Through no effort of my own, I'm in this privileged category as I have two very bright, beautiful granddaughters. The downside is that they live one thousand miles away.

Modern technology helps us stay connected. Through the wonders of Face Time, we can watch them grow and they can watch us grow old. This being no substitute for an actual face-to-face visit, Nana and Coach recently decided to take a trip to Michigan to see them.

The older I get, the more stressful I find traveling, especially driving. But if I can't take my toys (in the summer, these would be bikes and kayaks), I don't want to go. So, weighing my choices, I invariably load the play things onto the car and suffer the consequences of the decision.

In an effort to make the process more palatable, I conspired to break up the pilgrimage with at least one bike path outing every day. Mapping a circuitous itinerary, my goal was to avoid the most congested traffic areas while riding the best possible trails. An admirable objective, if I do say so myself!

Any time I can bypass the I84 corridor through Connecticut, New York, and eastern Pennsylvania - which brings to mind the old bumper cars ride at the carnival - is a success story. Fleeing I495 in Leominster, Massachusetts, we escaped east on Route 2 to the Berkshire community of Adams at the foot of Mount Greylock.

Hidden away in that sleepy village is what I consider to be the finest paved bike trail in all of New England: Ashuwilliticook

Rail Trail. Arriving at the in-town trailhead on a hot, steamy afternoon, I fled the road wars for a refreshing, shaded ride along the rapids of Hoosic River to the Town of Cheshire. Diverging from the river, the path followed scenic Cheshire Reservoir for much of the remainder of the trek, including a predominantly downhill return. This 24-mile ride was just what the doctor ordered.

After spending the night in nearby Albany, New York, we began the next day with another truly exceptional ride on the Mohawk Hudson Trail. We discovered this picturesque path almost two decades ago when our son, now the father of our granddaughters, was performing in summer theatre in the area. Beginning at the Niskayuna Trailhead adjacent to the historic Mohawk River, we rode the rolling paved trail with its panoramic views to Schenectady and back.

Playtime temporarily suspended, Team Geriatric then skirted the heavily used routes between Buffalo and Michigan in favor of the more lightly traveled I88 and I86. Trending to the southwest, our destination was Pine Creek Rail Trail, near Wellsboro in north central Pennsylvania. Negotiating through "the Grand Canyon of Pennsylvania," this crushed stone pathway provides an entertaining excursion through a consequential valley in a wilderness environment.

Bike paths in western Pennsylvania were on our agenda for day three. We continued west on I80 with minimal traffic to Emlenton, where the Allegheny River Rail Trail provided an invigorating distraction. The trail's thirty miles of paved bikeway, running along the swollen river through a canopy of hardwoods, offered welcome relief from the day's oppressive heat.

Early next morning,

we could thank our prior research for bringing us the John Oliver Loop Trail, a twelve-mile paved trek that circumnavigates Lake Wilhelm in far western Pennsylvania. Steep hills, twisting turns, sporadic views of the lake, and a dam traverse made this short trip a cycling gem.

We persisted on I80 into Ohio, where the toll highway offers the benefit of limiting on- and off-ramp traffic, reducing anxiety even along the outskirts of Cleveland. After lodging near Toledo, a short drive south to Bowling Green delivered us to the northern terminus of paved Slippery Elm Trail for an outing abundant with colorful birds, including orioles, cardinals, and cedar waxwings. A stop at whimsical Rudolph, "The Dearest town in Wood County," is a must.

Eluding gridlock in Toledo, Ann Arbor, and Lansing, we persisted west into northern Indiana for the night. On the final day of our journey, navigating the Kal-Haven Trail in southwestern Michigan was our last diversion. A crushed stone surface connecting Kalamazoo to South Haven, this thirty-four mile path travels through a pastoral landscape on what was originally the Kalamazoo and South Haven Railroad. An old red caboose at the Kalamazoo trailhead provides evidence of that earlier time.

Our wonderful granddaughters were full of energy when we arrived. Did I mention that our son and daughter-in-law live there, too? They're wonderful, also. Our first family activity together? A bike ride!

Ron Chasse resides in Topsham and is the author of "The Great Mars Hill Bank Robbery" and "Mountains for Mortals - New England." He can be reached at ronchaseoutdoors@comcast.net. For more information, see www.ronchaseoutdoors.com.



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Central Maine Healthcare hospitals help state garner national quality award



Peter Wright, FACHE, is president of Bridgton and Rumford Hospitals.

The State of Maine was honored last week by the federal Health Resources and Services Administration with a national Quality Performance Award recognizing the high levels of quality care provided by its Critical Access Hospitals. The HRSA ranking puts Maine among the country's 10 top-performing states.

Among the 18 facilities that comprise Maine's network of Critical Access Hospitals are two from Central Maine Healthcare: Rumford and Bridgton Hospitals have previously been recognized by the Leapfrog Group as two of the top 17 rural hospitals in the nation.

For the providers, nurses, and staff of Rumford and Bridgton Hospitals, the recognition by the Health Resources and Services Administration is validation of their hard and consistent work delivering top-quality care to the communities they serve.

"Our commitment is to providing the right care in the right place at the right time, every time," said Peter Wright, FACHE, president of both Bridgton and Rumford Hospitals. "Maine has a long-standing tradition of having one of the highest quality, lower-cost healthcare systems in the country. This recognition proves that

to be true."

The 2019 Medicare Beneficiary Quality Improvement Project Quality Performance Awards went to Maine, Pennsylvania, Massachusetts, Michigan, Utah, Alabama, Nebraska, Illinois, Minnesota, and Wisconsin.

The government created MBQIP to promote high quality care at rural hospitals with 25 or fewer beds. Participating hospitals voluntarily report quality measures, share data, and take on quality improvement initiatives. Of those engaging in improvement initiatives, 72% have improved outcomes on the reported measures.

These states have also built on their previous successes by investing funding from HRSA's Federal Office of Rural Health Policy (FORHP) on individual quality projects and working collaboratively with other hospitals to share best practices.

"We're happy to work with the states on this effort," said Tom Morris, FORHP Associate Administrator. "They've done a great job showing that CAHs can be national leaders in quality improvement and that results in better care in rural communities."

Part of Central Maine

Healthcare, Bridgton Hospital and Rumford Hospital serve their communities as part of an integrated regional healthcare system committed to improved access and a uniform standard of care.

In 2018, Bridgton Hospital was named one of 17 top rural hospitals in the nation for the third consecutive year. That same year, Rumford Hospital was named one of 17 top rural hospitals in the nation by the Leapfrog Group; in 2016, it was designated a Pathway to Excellence organization by the American Nurses Credentialing Center.

Central Maine Healthcare is an integrated healthcare delivery system serving 400,000 people living in central, western, and mid-coast Maine. CMH's hospital facilities include Bridgton Hospital, Rumford Hospital, and Central Maine Medical Center in Lewiston.

CMH also supports Central Maine Medical Group, a primary and specialty care practice organization. Other system services include the Central Maine Heart and Vascular Institute, a regional trauma program, LifeFlight of Maine's Southern Maine base, the Central Maine Comprehensive Cancer Center, and other high quality clinical services.

Maine Catholic Schools Superintendent helps Latino children attend Catholic schools

Marianne Pelletier, who was recently named the new superintendent of Maine Catholic Schools, was a featured presenter at the summer conference of the Latino Enrollment Institute, held at the University of Notre Dame in Indiana in June.

"I have a strong interest in helping Latino children attend Catholic schools, especially in Maine," said Pelletier. "I've been on the LEI design mentoring team for six years. It's ongoing work. I am assigned six schools from different spots in the U.S. to mentor throughout the year."

The University of Notre Dame's Catholic School Advantage program, which strives to ensure that all children have the opportunity to receive a Catholic education, established the Latino Enrollment Institute in 2012.

"The LEI identifies and assists Catholic schools that have a growing number of Latino families in their respective areas," said Pelletier. "We offer a framework to transform schools in order to serve Latino families. The LEI invites school teams, comprised of the principal, staff members, and the pastor, to attend the summer institute. At this year's institute, I presented to 92 Catholic schools from around the country."

Throughout the year, mentors like Pelletier help the school teams dive deeper into best practices and processes for attracting Latino



Marianne Pelletier

families to the schools. One such school is St. Theresa School in Little Rock, Arkansas.

"Having the continued support of an LEI mentor throughout the process made a tremendous difference," said Kristy Dunn, principal at St. Theresa. "To be able to speak with Marianne, who is in a completely different part of the country but working towards the same mission and dealing with similar issues, is incredibly helpful. You can't put a price tag on that."

In just a single year, St. Theresa saw a 75% increase in Latino families.

"The whole structure of the LEI is what has allowed our school to succeed," continued Dunn. "We left the summer conference

with an action plan and Marianne walked this journey with us."

In addition, Pelletier helped establish an initiative with Boston College that created two-way language immersion programs.

"Catholic schools have a proven record of producing young men and women who are more likely to graduate from high school, engage in the political process, and give back to society through charitable activities," said Pelletier. "To open these doors for Latino families, who national data suggest are the fastest-growing segment of the U.S. Catholic Church, is crucial."

To learn more about opportunities at Maine Catholic Schools, visit www.mainecatholicschools.com.

Certificate of Appreciation



Members of the Marine Corps League Central Maine Detachment 810 present a Certificate of Appreciation to the Auburn Fire Department - Central Station for proudly displaying the United States flag. Pictured here (l. to r.) are Chief Bob Chase, Eric Michaud, Detach. 810 Cmdt. Charlie Paul, Craig Bouchard, Sr. Vice Cmdt. Joe Masse, Dave O'Connell, Battalion Chief David Richard, and Tyler Arsenault.

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What's Going On

Rotary Lunch Club meeting spotlights Dojo Digital



Scott Hill

The guest speaker at the next meeting of the Lewiston-Auburn Rotary Lunch Club on Thursday, August 8, from noon to 1 p.m. will be Scott Hill, General Manager of Dojo Digital. The event will take place at the Village Inn at 165 High Street in Auburn.

Hill moved to the Lewiston-Auburn area in his

early teens. He attended Edward Little High School in Auburn and the Higher Technological Institute and Mesa Community College in Arizona. In 2010, he retired early as a service manager with Pitney Bows and took a few years to re-learn programming languages for more modern applications. A short time later, he and Randall

Runnels established Dojo Digital.

As online curators, Dojo Digital searches out and partners with industry leaders to bring the very best technology and support to businesses. Dojo Digital focuses on truly mobile-ready responsive websites, using the best development practices on a rock solid platform. With lightning fast managed hosting, reliable email hosting, user-friendly content management, email marketing, and best-in-class customer service, they deliver a hassle-free online presence.

The L-A Rotary Lunch Club meets every Thursday from noon to 1 p.m. at the Village Inn of Auburn. Lunch is available for \$14. Guests and visiting Rotarians are always welcome. For more information, contact club president Celeste Yakawonis at 713-7111, follow them on Facebook, or see www.lewistonauburnrotary.org.

Sen. Claxton to hold office hours in Poland

Sen. Ned Claxton (D-Androscoggin) will hold public office hours on Tuesday, August 6 at 5:30 p.m. at the Poland Town Office, located at 1231 Main Street.

Office hours are open to the public and provide

residents a chance to meet with their elected officials, ask questions, and get help with legislative or state government matters. Sen. Claxton will discuss the past legislative session and is available to answer any and all questions. All are wel-

come to attend.

Additional dates and locations for public office hours throughout Senate District 20 will follow. Senate District 20 includes Auburn, Mechanic Falls, Minot, New Gloucester and Poland.

Chamber Breakfast Meeting

The LA Metro Chamber of Commerce will host its monthly Breakfast Meeting at the Hilton Garden Inn-Riverwatch of Auburn on Thursday, August 8 at 7 a.m. Speaker Steve Rowe, President & Chief Executive Officer

of the Maine Community Foundation, will discuss the foundation's work in Androscoggin County since the creation of the Androscoggin County Fund 20 years ago. He will provide an overview of the foundation and its strategic

goals, highlighting how the foundation and its county advisors and donors work to strengthen our communities. The cost is \$22 for members and \$35 for non-members. Registration is available at www.LAMetroChamber.com.

New Ventures offers free self-employment workshop

Have you always wondered about starting your own business but are not sure how? If so, you might consider attending a two-hour, tuition-free workshop that will be offered by New Ventures Maine on Thursday, August 8, from 10 a.m. to noon at the Lewiston CareerCenter.

This popular one-session workshop will help you decide if self-employment is right for you. The class will cover the pros and cons of owning your own business,

steps needed for start-up, the major elements of a business plan, and the many resources available to help you succeed. The workshop will be led by Karleen Andrews, Microenterprise Specialist for the Western Region of New Ventures Maine. Please register in advance by going to "Choose a Class" at newventuresmaine.org.

The Lewiston CareerCenter is at 5 Mollison Way. For more information about the class, contact

Karleen Andrews at 557-1885 or karleen.andrews@maine.edu.

A statewide organization serving all sixteen Maine counties, New Ventures offers skills development and support in the areas of career planning, entrepreneurship, and financial management. For more information about their programs, classes, and resources, or to find the center closest to you, call 1-800-442-2092 or visit newventuresmaine.org.

Rotary Breakfast Club meeting spotlights NursingWise

The next meeting of the Auburn-Lewiston Rotary Breakfast Club on Wednesday, August 7 at 7 a.m. will feature guest speaker Erin Pendexter Stone.

Stone is a registered nurse who works with Maine's older adult, chronically ill population with a vision to create a culture where talking about dying is a shared value and end-of-life care honors the individual's preferences, goals, and values. She is a recipient of a Pollination Project seed grant

and is a certified advance care planning facilitator.

Stone is the founder of NursingWise, a tiny nurse-led non-profit with a mission of bringing nursing wisdom to our communities by providing advance care planning sessions in public venues to facilitate open, honest discussions and assist in completing advance care directives.

Stone graduated in 2000 from Central Maine Medical Center's School of Nursing. She received her

BSN from the University of Southern Maine in 2003 and her MSN from the University of Maine in 2018. She is employed by Central Maine Medical Center and the University of Southern Maine and is the Coordinator of the New Gloucester Food Pantry.

The Rotary Breakfast Club meets every Wednesday at Governor's Restaurant at 1185 Lisbon Street in Lewiston. The cost for breakfast is \$12. All are welcome to attend.

Safe Voices to host Helpline training

Safe Voices, the domestic violence resource center based in Lewiston, is hosting a training for community members interested in volunteering on the organization's 24-hour Helpline.

The training will start September 17 and will meet once or twice a week through December 3. Each session will run from 2 to 6 p.m. and will take place in Lewiston.

Safe Voices Helpline

is often the first point of contact for those affected by domestic abuse or sex trafficking and exploitation who may be seeking support and resources. Volunteers on the Helpline may take calls from home or any place they have reliable phone service and a private space in which to talk. Shifts are available at all times of the day and week.

The training, known as Core Advocacy, Intervention, Response, and Ethics Training, or CAIRET, equips volunteers with the tools to provide supportive listening and basic safety

planning. Participants will learn about Safe Voices' services and community resources. CAIRET is also a pre-requisite for college students seeking internship opportunities at Safe Voices.

Potential volunteers must complete a background check and interview process. For more information, contact Victoria Stanton at 795-6744 or vstanton@safevoices.org.

If you or someone you know is in a domestic violence situation, please call Safe Voices' 24-hour helpline at 1-800-559-2927.

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St. Mary's Health System expands orthopedics program with the addition of new spine surgeon



Mats Agren, M.D.

St. Mary's Health System has announced a partnership with Maine Medical Partners to bring Mats Agren, M.D. to St. Mary's Orthopedics of Auburn to serve St. Mary's patients in need of advanced spine care. Dr. Agren will diagnose compression frac-

tures, herniated discs, and osteoarthritis and will offer surgical procedures to treat these conditions.

"Dr. Agren is well respected and has practiced in Maine for many years," said Paul Ranucci, Director of Orthopedic and Physiatry Services at St. Mary's

Health System. "Adding him to our team ensures that the orthopedic care we can deliver will be comprehensive. His specific expertise and skill set will be a great asset for our patient community."

"It's a great privilege to provide care to a wide variety of patients," said Agren. "As a specialist, I strongly believe in the importance of listening carefully to my patients to determine exactly what the problem is, and then providing a thorough explanation of their diagnosis. Patients truly play a crucial role in determining their care."

Agren is board certified by the American Board of Orthopaedic Surgeons and the National Board of Medical Examiners. He earned his medical degree from the University of Pennsylvania School of Medicine and completed his residency in orthopedics at the University of Massachusetts Medical Center. He then continued his training with a spine fellowship at New England Baptist Hospital.

Dr. Agren is now accepting new patients. For more information or to schedule an appointment, call St. Mary's Orthopedics in Auburn at 333-4710.

Chamber seeks destination sponsors for upcoming Passport Challenge

The LA Metro Chamber of Commerce and Uplift LA have created an exciting new event that will take place on Saturday, September 21. Participants in the LA Metro Passport Challenge will embark on a thrilling journey across the LA Metro region to test their strength, perseverance, and community knowledge. This scavenger hunt will challenge teams of four to explore and learn about some of the great destinations, both new and long-standing,

that the LA Metro region has to offer. Registration will be available soon.

Travelers will solve clues leading to various Destination Spots around the LA Metro region. Teams will have four hours to solve clues, complete physical challenges, and test their mental prowess to earn as many points as possible. Clues to the Destination Spots will incorporate history, community, and the arts, promoting our region as a center of

culture for residents and visitors.

Event organizers are seeking local businesses and organizations interested in being a Destination Spot during the challenge. The cost is \$350. Destination Spots will benefit from increased traffic, social media exposure, and recognition as a destination sponsor in the passport given to teams. For more information or to sign up as a Destination Spot, call 783-2249 or visit www.LAMetroChamber.com.

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What's Going On

Maine CDC confirms case of Powassan virus

The Maine Center for Disease Control and Prevention has confirmed a case of Powassan virus infection in a Maine resident, the first case of the tick-borne illness in the state since 2017.

Maine CDC received notification of the case recently from the New Hampshire Department of Health and Human Services. The adult individual resides in southern Maine and has been hospitalized in New Hampshire. It is believed that the individual contracted the illness in Maine.

Powassan virus was first described in 1958. Cases are rare in the U.S., with an average of seven cases reported each year. Maine has identified 11 cases since 2000.

Powassan virus is transmitted to humans through the bite of an infected woodchuck or deer tick. While many people infected with Powassan virus do not experience symptoms,

signs and symptoms can include fever, headache, vomiting, weakness, confusion, seizures, and memory

loss. Long-term neurologic problems may occur, including infection of the brain or the membranes around the brain and spinal cord. Severe infection can result in death.

"Powassan, although rare, can be serious, so it is important to be aware of your surroundings and take steps to avoid being bitten by ticks," said Nirav D. Shah, Director of the Maine CDC. "Use caution in wooded and bushy areas and follow the No Ticks 4 ME approach to help reduce exposure to ticks and lower the risk of disease."

Symptoms can begin from one week to one month after the tick bite. Unlike Lyme disease, Powassan virus does not result in a rash. There is no medication to treat Powassan virus infection, though people who develop severe illness may receive treatment for their symptoms.

Health care providers diagnose Powassan virus infection based on signs and symptoms; history of possible exposure to ticks that can carry Powassan virus; and

laboratory testing of blood or spinal fluid.

The No Ticks 4 ME approach includes:

Wearing protective clothing. Light-colored clothing makes ticks easier to see and long sleeves and pants reduce exposed skin.

Using an EPA-approved repellent and always following the label. Clothing and gear can be treated with permethrin for longer protection.

Using caution in tick-infested areas. Avoid wooded and bushy areas with high grass and stay in the middle of trails whenever possible.

Performing daily tick checks. Check for ticks immediately after exiting high-risk areas. Bathe or shower (preferably within two hours after being outdoors) to wash off and find ticks on your body. Conduct a full-body tick check. Also examine clothing, gear, and pets.

For more information, see the Maine CDC's Frequently Asked Questions on Ticks webpage at www.maine.gov/dhhs/tickfaq.

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Bates Dance Festival ramps up for final weekend



Joanna Kotze's "What will we be like when we get there" fuses movement, sound, and visual art to recall the social and political vibe in the wake of the 2016 presidential election. (Photo by Ian Douglas)

As the 2019 Bates Dance Festival ramps up for its final weekend, favorite traditions will blend with cutting-edge choreography on Bates College stages and even on the streets of Lewiston and Portland.

The weekend will kick off with the festival's final 2019 Concert on the Quad, featuring the reggae band Stream, on Thursday, August 1; the festival will wrap up on Sunday, August 4, with the weekend's second "How Was the Show?" community chat at Lewiston's Bear Bones Bear.

In between, there will be full-tilt performances by Joanna Kotze, nora chipaumire, and J-Sette artists

jumatatu m. poe & Jermone Donte Beacham, whose "This is a Formation: Intervention" - comprising equal parts performance and street action - will take place in Portland on August 2 and in Lewiston on August 3.

Also taking place on August 3 will be the "Young Choreographers- New Work" showcase, featuring work by talented festival students, along with the Festival Finale.

For more information about the Bates Dance Festival or specific events, call 786-6381 or write to dancefest@bates.edu. To see the complete schedule of events,

visit batesdancefestival.org/ performances.

In chronological order, here are specifics for the festival events happening August 1 through 4.

Concert on the Quad. Straight from Dominica, Maine's favorite reggae band, Stream, will play a mix of favorites and new originals. The event will take place on Thursday, August 1 at 6:30 p.m. on the Historic Quad, located at Campus Avenue and College Street on the Bates College campus in Lewiston. Free.

Joanna Kotze's "What will we be like when we get there." Fusing movement,

sound, and visual art in surprising ways, this work recalls the social and political vibe in the wake of 2016's presidential election and brings attention to our desires, flaws, strengths, and fantasies. Performances will take place Thursday and Friday, August 1 and 2, at 7:30 p.m. at Alumni Gymnasium, located at 130 Central Avenue on the Bates campus (\$20 adults, \$15 seniors, \$12 students).

Originally from South Africa, Joanna Kotze is a Brooklyn-based dance artist who has been active in New York City since 1998. For this performance, she has collaborated with dancer

Omagbitse Omagbemi, visual artist Jonathan Allen, and composer-musician Ryan Seaton.

nora chipaumire's "100% Pop." Developed in part at the Bates Dance Festival, this work explores how "information and knowledge were acquired by those of us who grew up in less free times." Performances will take place Thursday and Saturday, August 1 and 3, at 9:30 p.m. and on Friday, August 2 at 7:30 p.m., all at Gannett Theater in Pettigrew Hall (ground floor), located at 305 College Street on the Bates campus. A dance party will follow Saturday's show

(\$25 adults, \$18 seniors, \$12 students).

Born in Zimbabwe and based in New York City, chipaumire has been challenging and embracing stereotypes of Africa, the black performing body, art, and aesthetics since 1998. She is concluding a year-long residency at Bates. This will be the New England premiere of "100% POP."

jumatatu m. poe & Jermone Donte Beacham's "This is a Formation: Intervention." Co-choreographers poe and Beacham will present the New England premiere of this work using J-Sette performance and See **Bates**, next page



jumatatu m. poe & Jermone Donte Beacham's "This is a Formation: Intervention" will fuse performance and live action on the streets of Portland and Lewiston. (Photo by Gemma Galiana)

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Developed in part at the Bates Dance Festival, nora chipaumire's "100% Pop" explores how "information and knowledge were acquired by those of us who grew up in less free times." (Photo by Ian Douglas)

Bates

Continued from previous page

culture, a genre originating with the popular female dance team of the Jackson State University marching band, to explore contemporary issues of black queer life.

There will be two street performances: one in Portland on Friday, August 2 starting at Indigo Arts Alliance and Blackstone at 6 p.m. and ending at SPACE at 7:15; and one in Lewiston on Saturday, August 3 starting at Tree Street Youth Center and New Beginnings at 5:30 p.m. and ending at Alumni Gymnasium at Bates College at 6:30. Free.

Young Choreogra-

phers-New Work. This informal, adjudicated showing will feature 12 new works by talented festival students. Audience members are invited to come and go throughout the morning starting at 10 a.m. on Saturday, August 3 at Schaefer Theatre, located at 329 College Street on the Bates campus. Free.

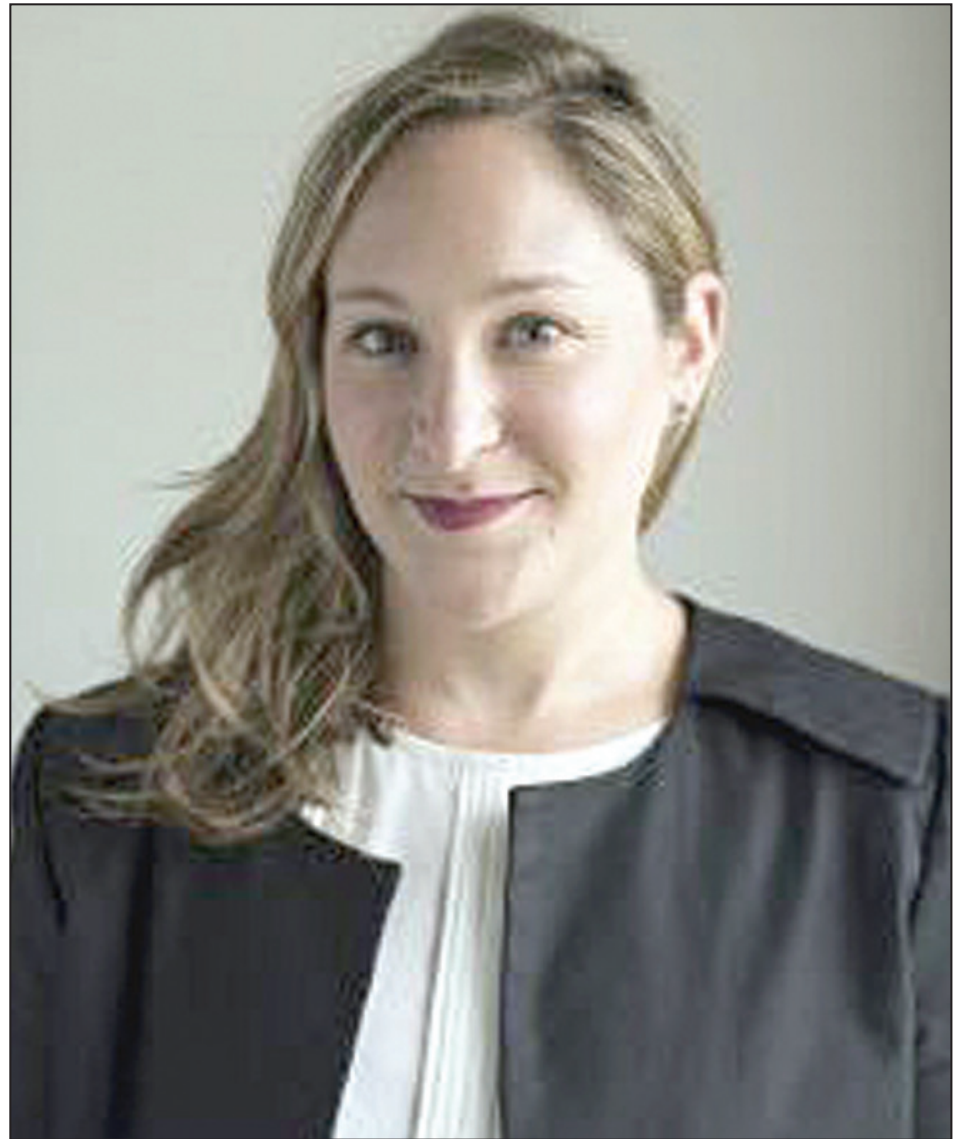
"How Was the Show?" Enjoy drinks, snacks, and the chance to share your thoughts about festival performances, all while the BDF picks up the tab, on Saturday and Sunday, August 3 and 4, at noon at Bear Bones Bear, located at 43 Lisbon Street in Lewiston. Free.

Festival Finale. This

high-energy event culminating the 2019 Bates Dance Festival will feature repertory works in jazz, modern, Afro-modern, and hip hop styles, performed by festival Professional Training Program students and choreographed by Onye Ozuzu and Qudus Onikeku, Courtney D. Jones, and Michael Blake.

The Finale will kick off with a performance by the Youth Arts Program, which brings together talented local youth ages 7 through 16, on Saturday, August 3 at 7:30 p.m. at Alumni Gymnasium, located at 130 Central Avenue on the Bates campus. Admission to this event is by cash sale at the door only (\$10/6).

Local attorney completes MSBA Leadership Academy



Jordan Payne Hay

Attorney Jordan Payne Hay of Skelton Taintor & Abbott recently completed the Maine State Bar Association's Leadership Academy, which promotes and encourages leadership and professionalism while building camaraderie within the profession.

A select group of attorneys who have demonstrated leadership potential while in practice for between two and 10 years are identified by members of the Bar Association for selection to the Academy. Each biennial Academy is comprised of attorneys with different

practice areas and diverse backgrounds from both the public and private sectors. Participants receive programming designed to develop their leadership skills, along with opportunities to interact with leaders in the legal, business, and government communities.

"The Academy was such a great experience; I'm so glad to have been a part of it," says Hay. "I am especially pleased to have met such great people. I'm looking forward to staying in touch with them."

Hay's practice at Skelton Taintor & Abbott in-

cludes employment law, civil rights, human resources support, and intellectual property. She is licensed to practice in both Maine and Massachusetts.

Skelton Taintor & Abbott is one of Maine's leading law firms, serving individuals and businesses in litigation and general representation throughout northern New England for more than 150 years. The firm has been named in U.S. News-Best Lawyers "Best Law Firms" in America. For more information, call 784-3200 or visit www.STA-Law.com.

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TWIN CITY NIGHTS

Weekly Arts & Entertainment

UMF announces Dean's List for Spring 2019

The University of Maine at Farmington has announced its Dean's List for the Spring 2019 semester. UMF maintains a Dean's List for students completing a minimum of 12 credits in courses producing quality points. Students on the list from the local area are listed below.

Auburn: Anthony Blasi, Haley Knowlton, Corey Martin, Hope Williams. **Augusta:** Suzanna Dibden, Connor Farrington, Amy Fortier-Brown, Sydney Goodridge, Alison Laplante, Colby Leathers-Pouliot, Lexi Lettre, Michael Levesque, Alexis Libby, Catrina Meehan, Justin Rodrigue, Kelsey Rohman. **Bowdoin:** Justin Cochran, Joslynn Couture. **Bowdoinham:** Katarina Graeff, Alison Hooper, Rylee Leech, Dale Rappaneau. **Brunswick:** Luka Baskett, Oaklin Blaisdell, Caroline Headley, Heather Kinee, Eli Michaud, Petra Smat, Spencer Wodatch. **Buckfield:** Kali Litchfield, Maren Lowell, Abigail Shields. **Chelsea:** Kendra

Burgess: Charles Estabrook, Megan Morrison, Neil Nolette. **Dresden:** Allen Cherkis, Jessica Small. **Durham:** Kasey Erlebach. **Farmingdale:** Teraesa Gioia, Megan Russell. **Freeport:** Kellsie Britton, Sylvie Fenderson, Neil Panosian. **Gardiner:** Devon Hall, Samantha Melgar, Kayla Millett, Aleah Whitten. **Greene:** Tania Bureau, Emma Martineau, Mikahla Searles. **Hebron:** Ian Lejonhud, Jacob Michaud. **Leeds:** Kayleigh Getty, Hannah Karcher, Gabrielle Pelkey. **Lewiston:** Shukri Abdirahman, Brook James, Dalton McElfresh, Nelson Peterson, Jamie Poliquin, Sylvia Schulze, Kasey Talarico, Therese Turmel. **Lisbon:** Cody Campbell, Natalie Thomsen. **Lisbon Falls:** Ciera Miller, Jonah Sautter, Jeffrey Willey. **Litchfield:** Nicole Ouellette, Samantha Weeks. **Livermore:** Bradley Hodges. **Livermore Falls:** Hunter Dalton, Ashley Greenleaf, Madison Lecowitch, Andrew Wilcox. **Minot:**

Sydney Gurney: Althea Hicks, Jennifer Morgan, Jessica Morgan. **Monmouth:** Stephanie Dwinal, Haley Fletcher, Abigail Hunt, Haley West. **North Monmouth:** Hannah Anderson. **Norway:** Jordan Stevens, Erika Whitman. **Oxford:** Hope Akers, McKayla Marois. **Poland:** Alan Young. **Randolph:** Bethany Abram. **Raymond:** Walter Backman. **Readfield:** Erin Guilmet, Silas Mohlar. **Sabattus:** Ashley Forshaw, Katlyn Herbert, Makenzie LeBlanc. **South Paris:** Kirsten Corey. **Topsham:** Sophia Barnard, Abby Kellett, Sara Lamb, Anna Manuel, Kimberly Richards. **Turner:** Jason Labbe, Alex Leadbetter, Molly McCormick, Kaitlyn Mitchell, Audrey Spear, Emily Thibodeau, Audrey Varney. **Windham:** Meagan Jones, Abigail Libby, Eamon Reis, Dominic Stevens. **Winthrop:** Portia Hardy, Derek McLaughlin, Kayleigh Oberg, Mattilda Rice.

Maine State Music Theatre, Portland Stage team for "Ain't Misbehavin'"



Maine State Music Theatre's latest collaboration with Portland Stage will be a production of "Ain't Misbehavin': The Fats Waller Musical Show," running August 6 to September 1.

The Harlem Renaissance of the 1920s and 1930s comes to life in this three-time Tony Award-winning musical revue. Join five sensational performers on a sassy, sultry journey from uptown clubs to Tin Pan Alley to Hollywood through the timeless music of Thomas "Fats" Waller. You'll be

jumpin' and jivin' to his unforgettable songs, including "Honeysuckle Rose," "Ain't Misbehavin'," "Black and Blue," "This Joint is Jumpin'," and "I've Got A Feeling I'm Falling."

This fourth collaboration between the two companies is directed by E. Faye Butler (MSMT's "Sophisticated Ladies") and choreographed by Kenny Ingram (Papermill Playhouse's "Dreamgirls"). The cast includes Jonathan Adriel (TV's "House of Cards"; Washington Wizards dancer)

as Andre; Eddie Cooper (Off Center's "Assassins") as Ken; Qiana McNary as Armelia; Renelle Nicole (Mercury Theatre's "Little Shop of Horrors") as Charlene; and La'Nette Wallace (Broadway's "Ruben and Clay's Family Fun Christmas") as Nell.

All performances will take place at Portland Stage, located at 25A Forest Avenue in Portland. For more information or to buy tickets, call the box office at 774-0465 or see portlandstage.org.

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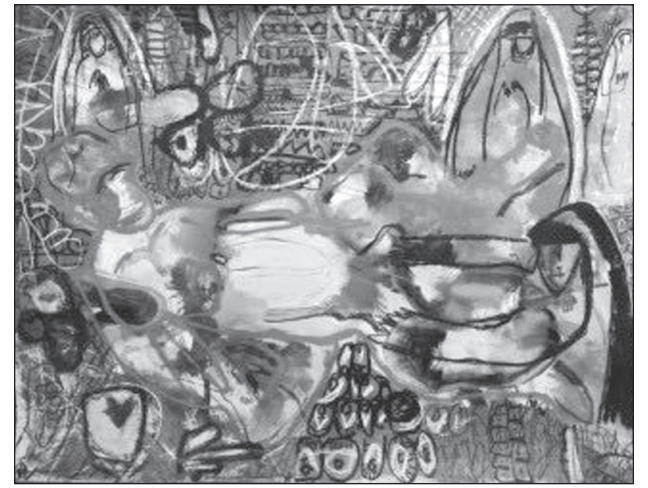
Twin City Nights



“Domestic,” by Norma Johnsen



The band Bait Bag will perform at the opening reception on Friday, August 2.



“Birth,” by Alicia Ethridge



“Mask,” by Dani Cournoyer



“1 in 6 Women,” by Kaylin Cook

Opening at the Harlow in Hallowell on Friday, August 2 is “Women. Respond!”, a group art exhibition resulting from an open call to artists of all identities and backgrounds to submit work responding to the following statement:

“Body image, male sexual misconduct, discrimination, gender identity, and likeability are just a few of the many issues women face on a daily basis. As a woman, how do you respond artistically to current events? If you are a person who does not identify as a woman, what attributes do you think are essential for defining female-ness in today’s world? Is it a fluid line?”

The public is invited to meet the artists at an opening reception and party on Friday, August 2, from 5 to 7 p.m. The event will feature live music by Bait Bag and performance by Shaunna Rai.

Women. Respond! features works by over 40 Maine artists in a wide range of media, including painting, video, ceramics, fiber art, photography, mixed media, and more. Submissions were juried by a cura-

torial committee comprised of Deb Fahy, Amy Peters Wood, and fine art and museum consultant Daphne Anderson Deeds.

Women. Respond! is on view in the upstairs gallery in tandem with “Formations,” a group ceramics exhibition on display in the downstairs gallery. Both exhibits will be on view through September 7.

Located at 100 Water

Street in Hallowell, the Harlow is a membership-based 501(c)3 nonprofit dedicated to connecting and celebrating art, artists, and community in downtown historic Hallowell since 1963. Exhibitions are always free and open to the public. Gallery hours are Wednesday through Saturday from noon to 6 p.m. For more information, call 622-3813 or visit harlowgallery.org.

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Girl Scouts unveil 42 new badges, including coding, cybersecurity, and space science



Girl Scouts of Maine and Girl Scouts of the USA recently unveiled 42 new badges for girls in grades K through 12 that allow them to make their own choices about how they want to experience and influence the world.

The badges enhance the organization's existing girl-led programming, offering girls everything from

adventuring in the snow or mountains to learning how to use coding to solve problems they care about. Girl Scout programming has long promoted independent decision-making, which helps girls develop agency, challenge themselves to move beyond their comfort zones, and build confidence in their leadership abilities.

Among the 42 new offerings are Outdoor High

Adventure Badges that feature, for the first time in Girl Scouts' history, two distinct activity options, letting girls choose how they want to earn each badge.

Giving girls choices is important for developing their sense of self, their own voice, and for gender equality. Research from the World Bank Group shows that increasing women's agency and decision-making abilities is key to improving their lives, communities, and the world. Research also shows that Girl Scouts are more likely than other girls to take an active role in decision making (80% vs. 51%).

In addition to existing badge offerings, girls in grades 6 through 12 can now pursue:

-Nine Cybersecurity badges, through which girls learn about the inner workings of computer technology

and cybersecurity and apply concepts of safety and protection to the technology they use every day. Activities range from decrypting and encrypting messages, to learning proper protection methods for devices, to exploring real-world hacking scenarios (funded by Palo Alto Networks).

-Three Space Science badges, through which girls explore topics such as the universe and their place in it, properties of light, and inspiring careers in space science (funded by NASA's Science Mission Directorate and led by the SETI Institute).

-Think Like a Citizen Scientist, a Girl Scout Leadership Journey during which girls participate in interactive activities to practice observation techniques, collect data, and share their findings with real-world scientists through an online network. As with all of Girl Scouts' Leadership Journeys, girls use their newly honed skills to take action on a community issue of their choosing (funded by Johnson & Johnson and the Coca-Cola Foundation).

Finally, to prepare girls in grades 6 through 12 to pursue computer science careers, Girl Scouts will launch the organization's first Cyber Challenge events in select areas this fall. At these events, which will take place October 19, girls will learn crucial cybersecurity skills by completing challenges such as running trace-routes and identifying phishing schemes (funded by Raytheon).

The new programming for girls in grades K through 12 includes:

-12 Outdoor High Adventure badges, designed for girls to explore nature and experience exciting outdoor adventures like backpacking, snowshoeing, cross-country skiing, rock climbing, and tree climbing, giving them the confidence to support one another, take healthy risks, and spend dedicated time in nature. These are the first Girl Scout badges that members can earn by choosing one of two self-directed paths (funded by The North Face).

-18 Coding for Good badges, which not only teach girls the basics of coding, but also detail how every stage of the coding process provides girls with opportunities to use their skills for good. Girls will learn about algorithms through age-appropriate, creative activities such as coding positive memes to spread a message about a cause they care about, designing a digital game to educate people about an issue, and developing an app to promote healthy habits. Every Coding for Good badge includes a plugged-in and unplugged version so that all girls can learn the foundations of coding, regardless of their access to technology (funded by AT&T and Dell Technologies).

"We are thrilled to continue to offer more resources, opportunities, and choice to our members," said Girl Scouts of Maine CEO Joanne Crepeau. "One of the most important com-

ponents of the Girl Scout Leadership Experience is that it is girl-led. These new badges will empower Girl Scouts in Maine and beyond to take new challenges, follow their passions, and exercise their independent decision making abilities, more than ever."

"Girl Scouts has ignited the power and potential of girls for over a century, and we are committed to ensuring that today's girls are the future of American leadership," said GSUSA CEO Sylvia Acevedo. "Girl Scouts is where girls can explore new subjects, discover their passions, learn to take smart risks, and become their best, most confident selves - whether they want to become a NASA astronaut, an entrepreneur, a rock climber, a coder, or a cybersecurity agent."

GSUSA works with top organizations in fields that interest today's girls. Combined with Girl Scouts' expertise in girl leadership, these organizations and specialists advise and weigh in on content to provide the most cutting-edge programming available to girls. Content collaborators include codeSpark, the National Integrated Cyber Education Research Center (NICERC), SciStarter, and Vidcode. In true girl-led fashion, girls also tested the new offerings.

At Girl Scouts she'll discover who she is, what she's passionate about, and what she wants to achieve, both today and in the future. Join or volunteer at www.girlscouts.org/join.



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Bird Club plans August walks



A Common Loon with new chick on her back. Loons are birds of the north and well at home in Maine. Lake Auburn is a good place to look for them. (Photo by Dan Marquis)

The Stanton Bird Club of Lewiston and Auburn has two bird walks planned for the month of August. The club offers regular bird walks from spring through fall that visit a variety of interesting and diverse local habitats. Experienced walk leaders identify and comment on birds seen and heard, with everyone pointing out birds they notice. The walks start at 8 a.m. and are usually over by 11:00. They are free and open to all, regardless of birding

experience level.

The first walk on Wednesday, August 7 will be at Pineland Farms in New Gloucester. The group will gather and park by the Market and Welcome Center at the entrance from Morse Road off Route 231. Located in the rolling hills of New Gloucester, Pineland Farms is a 5,000-acre working farm and recreational venue that welcomes visitors to enjoy its beautiful rural landscape. It includes over 18 miles of trails through its striking

woodland and fields. The group will be on the lookout for summer residents, such as the Hermit Thrush and Killdeer. Questions may be directed to walk leaders Stan and Joan DeOrsey at 406-4741 or e-mail jsmd@att.net.

The second walk on Wednesday, August 21 will be at the Whitman Spring Road Trail in Auburn. Meet at the south entrance, which is the first right after Summer Street beyond Youngs Corner. The group will observe early fall migrants, including vireos and warblers. The walk leader is Gordon Smith. For more information, call Stan DeOrsey at 406-4741.

The Stanton Bird Club seeks to encourage both the enjoyment and protection of our natural surroundings. It manages Thorncrag Nature Sanctuary in Lewiston and the Woodbury Nature Sanctuary in Monmouth and Litchfield. More information, including photos and results from various trips, can be found at www.StantonBirdClub.org.

Thursday, Aug. 1

Rotary Lunch Club Meeting. Noon to 1 p.m. Village Inn, 165 High St., Auburn. The guest speaker is puppy raiser and Rotary Breakfast Club President Dave Foster. Free; lunch avail. at restaurant (\$14). www.lewistonauburnrotary.org.

Power Lunch Seminar. 12 to 1:30 p.m. Chamber of Commerce, 415 Lisbon St., Lewiston. Next Wave Wi-Fi presents "Monetizing Your Free Wi-Fi with Social-Powered Wi-Fi Solutions." Free. 783-2249. Register at www.LAMetroChamber.com.

Concert on the Quad. 6:30 p.m. Historic Quad (at Campus Ave. and College St.), Bates College, Lewiston. The Maine reggae band Stream performs classic and new music. Free.

Friday, Aug. 2

Concert: Maine Highland Fiddlers. 2 and 7 p.m. Sawyer Memorial, 371 Sawyer Rd., Greene. This group of six makes music recapturing the kitchen party atmosphere of the Celtic tradition. Free. 946-5311; sawyer-foundation.com.

Opening Reception. 5 to 7 p.m. The Harlow, 100 Water St., Hallowell. The public is invited to meet the artists featured in the new exhibit "Women. Respond!"; live music, performance. Free. 622-3813; harlowgallery.org.

Saturday, Aug. 3

Woodcarving Show and Competition. 9 a.m. to 3 p.m. Poland Town Hall, 1231 Maine Street, Poland. The Maine Woodcarvers Association presents their 2019 event. Free. https://mainewoodcarvers.com.

Summer Saturday Concert Series. 6 p.m. Waterfront Park, Commercial St., Bath. Xander Nelson and his band, whose song "You Got a Problem" has received extensive radio play, play indie rock and blues. Pres. by Chocolate Church Arts Center. Free.

Mike Miclon's Early Evening Show. 7:30 p.m. Celebration Barn, 190 Stock Farm Rd. (just off Rte. #117), So. Paris. This episode of the late-night talk show spoof features the Celebration Barn's Amanda Huotari and other special guests. \$18/16/10. 743-8452; www.CelebrationBarn.com.

Sunday, Aug. 4

Car Show. Vehicle registration from 8 to 11 a.m.; awards at 2 p.m. New Balance Factory Store, Rte. 26, Oxford. Join the Uptown Cruizahs for this event benefiting local charities; 23 vehicle classes, music, food. \$10 to register a vehicle; free to attend. 890-8778.

Tuesday, Aug. 6

National Night Out Against Crime. 5:30 p.m.

Calendar

See more Calendar at www.TwinCityTimes.com

until dusk. Festival Plaza and Main St., Auburn. The Auburn PD hosts this city-wide block party with refreshments, live music, games, activities, and an inflatable obstacle course. Free. 333-6650, ext. 2070; LAllen@AuburnMaine.gov.

Public Office Hours. 5:30 p.m. Town Office, 1231 Main St., Poland. Sen. Ned Claxton (D-Androscoggin) answers questions and provides information on legislative issues. All welcome.

"Music for Mavis" Outdoor Concert. 6:30 p.m. Turner Gazebo, Village Green, Turner Center. This week's performer is five-piece band Mill Town Road Show (Americana, Country, originals). Free, but a "pass the hat" suggested donation supports the series. 754-0954.

Wednesday, Aug. 7

Rotary Breakfast Club Meeting. 7 a.m. Governor's Restaurant, 1185 Lisbon St. Lewiston. Registered nurse Erin Stone, founder of NursingWise, discusses her work facilitating the completion of advance care documents. All welcome; breakfast \$12.

Stanton Bird Club Bird Walk. Meet at 8 a.m. at Pineland Farms in New Gloucester, by the Market and Welcome Center at the entrance from Morse Road off Route 231. Walk ends by 11 a.m. All welcome. Free. 406-4741; jsmd@att.net.

Thursday, Aug. 8

Chamber Breakfast Meeting. 7 a.m. Hilton Garden Inn-Riverwatch, Auburn. Maine Community Foundation President and CEO Steve Rowe discusses MCF's Androscoggin County Fund. \$35 (members \$22). Register at www.LAMetroChamber.com.

Self-Employment Workshop. 10 a.m. to noon. CareerCenter, 5 Mollison Way, Lewiston. Find out if self-employment is right for you and how to get started. Free. Pres. by New Ventures Maine. Register at 557-1885 or karleen.andrews@maine.edu.

Rotary Lunch Club Meeting. Noon to 1 p.m. Village Inn, 165 High St., Auburn. The guest speaker is Scott Hill, General Manager of Dojo Digital. Free; lunch avail. at restaurant (\$14). www.lewistonauburnrotary.org.

Sampson AFB Veterans Luncheon. 12 p.m. Governor's Restaurant, Lewiston. This informal monthly get-together for those who took basic training at Sampson Air Force Base in the 1940s and '50s is open to all veterans and

their guests. 657-4909.

Friday, Aug. 9

Maine Sacred Music Conference. 9:15 to 4 p.m. Basilica of Ss. Peter & Paul, 122 Ash St., Lewiston. Musicians, religious, and community members are invited to explore the musical traditions of the Catholic Church. Regis. starts at 8:30; Latin Mass follows at 4 p.m. 777-1200; scott.vaillancourt@portlanddiocese.org.

Theater: "Mamma Mia!" 7:30 p.m. Great Falls Performing Arts Center, Auburn. Community Little Theatre presents the popular romantic comedy featuring songs of the pop supergroup ABBA. Again 8/10-11, 15-18 (Suns. at 2 p.m.). \$20/17/12. 783-0958; LACLT.com.

Saturday, Aug. 10

Summer Saturday Concert Series. 6 p.m. Waterfront Park, Commercial St., Bath. The Big Chips Trio play a swinging jazz, blues, and soul concoction perfect for dancing. Pres. by Chocolate Church Arts Center. Free.

Concert: Dave Mallett. 7 p.m. Readfield Union Meeting House, 22 Church Rd., Readfield. The iconic Maine singer-songwriter performs old and new songs; proceeds support the restoration of this historic Readfield landmark. \$20. https://unionmeetinghouse.org.

Tuesday, Aug. 13

"Music for Mavis" Outdoor Concert. 6:30 p.m. Turner Gazebo, Village Green, Turner Center. This week's performer is six-piece Back Woods Road Band (Bluegrass). Free, but a "pass the hat" suggested donation supports the series. 754-0954.

Thursday, Aug. 15

Theater: "Mamma Mia!" 7:30 p.m. Great Falls Performing Arts Center, Auburn. Community Little Theatre presents the popular romantic comedy featuring songs of the pop supergroup ABBA. Again 8/16-18 (Sun. at 2 p.m.). \$20/17/12. 783-0958; LACLT.com.

Saturday, Aug. 17

Summer Saturday Concert Series. 6 p.m. Waterfront Park, Commercial St., Bath. Soggy Po Boys play their combination of jazz, funk, and Caribbean music. Pres. by Chocolate Church Arts Center. Free.

Tuesday, Aug. 20

"Music for Mavis" Outdoor Concert. 6:30 p.m. Turner Gazebo, Village Green, Turner Center. This week's performer is Kevin Libby and Friends (Folk,

Rock & Roll). Free, but a "pass the hat" suggested donation supports the series. 754-0954.

Wednesday, Aug. 21

Stanton Bird Club Bird Walk. Meet at 8 a.m. at the Whitman Spring Road Trail in Auburn, south entrance, which is the first right after Summer Street beyond Youngs Corner. Walk ends by 11 a.m. All welcome. Free. 406-4741; jsmd@att.net.

Saturday, Aug. 24

Public Office Hours. 11 a.m. to 12:30 p.m. Courthouse, Lewiston Public Library. Lewiston's delegates to the Maine Legislature answer questions and provide an update of the current legislative session. To RSVP, see <http://bit.ly/lewistonofficehours>.

Summer Saturday Concert Series. 6 p.m. Waterfront Park, Commercial St., Bath. Jason Ward, former horn player of Rustic Overtones, leads his danceable jazzy funk band. Pres. by Chocolate Church Arts Center. Free.

Tuesday, Aug. 27

"Music for Mavis" Outdoor Concert. 6:30 p.m. Turner Gazebo, Village Green, Turner Center. This week's performer is Chris Poulson & Friends (Folk, Rock). Free, but a "pass the hat" suggested donation supports the series. 754-0954.

Saturday, Aug. 31

Summer Saturday Concert Series. 6 p.m. Waterfront Park, Commercial St., Bath. Steel drum band Pan Fried Steel closes out the series with their traditional steel drumming and renditions of rock, pop, and reggae songs. Pres. by Chocolate Church Arts Center. Free.

Tuesday, Sep. 3

"Music for Mavis" Outdoor Concert. 6 p.m. Turner Gazebo, Village Green, Turner Center. This week's performer is The Cobblestones - M. & M.

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Spider-Man:Far From Home (PG-13).....	12:40	3:40	6:45	9:35
Fast & Furious Presents: Hobbs & Shaw (PG-13) ..	12:55	1:25	3:55	4:25
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Toy Story 4 (G).....	12:00	2:20	4:40	7:10
.....	9:50			
Crawl (R).....	1:10	4:10	6:50	9:50

Plourde, C. Constanzi, T. Simmons (Acoustic Americana). Free, but a "pass the hat" suggested donation supports the series. 754-0954.

Tuesday, Sep. 10

"Music for Mavis" Outdoor Concert. 6 p.m. Turner Gazebo, Village Green, Turner Center. This week's performer is Hot Damn - Norm and Deb Pelletier (Country to Classic Rock). Free, but a "pass the hat" suggested donation supports the series. 754-0954.

Tuesday, Sep. 17

"Music for Mavis" Outdoor Concert. 6 p.m. Turner Gazebo, Village Green, Turner Center. This week's performer is talented high school musicians The Only Hope (music the 50s to the 90s). Free, but a "pass the hat" suggested donation supports the series. 754-0954.

Wednesday, Sep. 18

Pet Wellness Clinic. Noon to 2 p.m. Kennedy Park, Lewiston. The Greater Andro. Humane Society offers free vaccines, microchips, and pet food; bring dogs on leashes and cats in carriers.

www.SavingPetsInMaine.org.

Saturday, Sep. 28

Public Office Hours. 11 a.m. to 12:30 p.m. Courthouse, Lewiston Public Library. Lewiston's dele-

gates to the Maine Legislature answer questions and provide an update of the current legislative session. To RSVP, see <http://bit.ly/lewistonofficehours>.

Saturday, Oct. 26

Public Office Hours. 11 a.m. to 12:30 p.m. Courthouse, Lewiston Public Library. Lewiston's delegates to the Maine Legislature answer questions and provide an update of the current legislative session. To RSVP, see <http://bit.ly/lewistonofficehours>.

Saturday, Nov. 23

Public Office Hours. 11 a.m. to 12:30 p.m. Courthouse, Lewiston Public Library. Lewiston's delegates to the Maine Legislature answer questions and provide an update of the current legislative session. To RSVP, see <http://bit.ly/lewistonofficehours>.

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“Early Evening Show” this week at Celebration Barn

Celebration Barn Theater of South Paris will present Mike Miclon’s “The Early Evening Show” on Saturday, August 3 at 7:30 p.m. This episode will feature Celebration Barn’s Amanda Huotari, regulars Fritz Grobe and the Early Evening Show Orchestra,

and special guests. Tickets are \$18, or \$16 for seniors (ages 60-plus) and \$10 for kids (ages 17 and under). All tickets are general admission and members receive priority seating. Purchasing tickets in advance is strongly recommended. The lobby and

concessions open at 6:30 p.m. Celebration Barn Theater is located just off Route 117 at 190 Stock Farm Road in South Paris. For more information or to buy tickets, call the Barn’s box office at 743-8452 or visit www.CelebrationBarn.com.

www.TwinCityTimes.com

Outsiders Club



The club’s members include Joann Sabourin, Grace Trainor, Pauline Paradis, Christine McCarthy, Joel Packard, Susan Brown, Janet Joseph, Peggy Volock, Claire Bruno, Janet Stenberg, Nicki Frye, Anita Michaud Deleko, Reine Mynahan, and Jeanne Lessard.

The Outsiders Club of USM’s Lewiston-Auburn Senior College has enjoyed a run of beautiful Mondays for its recent excursions on hiking trails in and around Lew-

iston-Auburn. Destinations have included Bradbury Mountain, Mt. Pisgah, the Riverlands in Turner, Thorncrag, Poland Spring, and Mt. Appetite.

The club aims to pro-

gressively increase the endurance of its members throughout the season, increasing the challenges as the group progresses to fall climbing. The club is open to members of L-A Senior College. For registration information, see usm.maine.edu/senior.

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3D Mammography Now Offered at Central Maine Medical Center

Central Maine Medical Center’s Sam & Jennie Bennett Breast Care Center is proud to be the only facility in the Lewiston/Auburn area to offer 3D breast imaging to every woman having a screening mammogram. Also known as tomosynthesis, 3D mammography is a safe and proven technology that has a number of benefits over traditional 2D methods, including:

- More accurate findings
- Better detection in dense breast tissue
- Earlier diagnosis
- Fewer callbacks for “false alarms”

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To schedule an appointment, call 207.795.2100 or visit cmhc.org.

Location
12 High Street, Suite 103
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Telephone
207.795.2100



cmhc.org