

Franco-American Collection launches new author series

This fall, the Franco-American Collection at USM's Lewiston-Auburn College will launch a new series of author visits focusing on contemporary Franco-American writers.

The series will present five authors in 2019-20, starting with a visit by novelist Ernest Hebert on Monday, September 23 at 7 p.m. Hebert's six novels exploring class issues and social conflicts in the fictional town of Darby, New

Hampshire, starting with 1979's "Dogs of March," have garnered critical acclaim.

"The Franco-American Collection has long been known for its curatorial and archival work, but this year we are launching a more contemporary offering," said board member and program chair Denis Ledoux. "Realizing that there are many accomplished Franco-American writers currently producing books of value, we will present five

of them to the community in a series we're calling 'Meet A Franco Author.'"

The other four authors in the series, to include a fiction writer, two poets, and a historian, will be announced. Thanks to a generous grant from the Québec Delegation in Boston, the series will be open to the public free of charge. The programs will take place in Room 170 at USM's Lewiston-Auburn College, located at 51 Westminster Street in Lewiston.

August Art Walk boasts water-themed art show, live music

The next Art Walk L-A presented by LA Arts on Friday, August 30, from 5 to 8 p.m. will feature artists and artisans at more than 20 locations along the downtown Lewiston-Auburn walk route, plus kids' activities at Dufresne Plaza in Lewiston. This month's highlights will include:

A water-themed art show at Bear Bones Beer (43 Lisbon Street in Lewiston). Did you know that beer is 90 to 95 percent water? Bear Bones Beer and the Lake Auburn Watershed Protection Commission have partnered to curate a water-themed art show that



"Ocean View," by Isabelle Gandiner

celebrates the importance of this vital resource. Brewery visitors have been voting all month for their favorite work; the winning local artist will receive a \$50 Bear Bones Beer gift certificate, courtesy of LAWPC.

The Midcoast Orchestra Trio at LA Arts (221 Lisbon Street in Lewiston). Enjoy music of Joplin and Gershwin in the LA Arts gallery, as performed by Mary Hunter (violin), Ray Libby (clarinet), and Patsy Dickinson (cello) of the Midcoast Orchestra.

Sylvain's Acadian Aces at Dufresne Plaza (Lisbon Street in Lewiston). Dance to Cajun two-steps, waltzes, and more, performed by singer-guitarist Robert Sylvain, fiddler

Hawk Kallweit, and accordionist Junior Stevens.

Married with Chitlins at Festival Plaza (Main Street in Auburn). Acoustic duo Liz and Chris Lannon perform traditional American music, Celtic jigs and reels, and more.

Art Walk LA happens from 5 to 8 p.m. on the final Friday of each month from May through October. For a map and full list of venues and artists, see www.laarts.org/artwalk.

Since 1973, LA Arts has pursued a mission to engage and inspire a vibrant community through arts and culture. The agency works with governments, businesses, schools, and local arts and cultural organizations to create opportunities for community members across the generations to experience, learn, and participate in the arts.

L/A Arts organizes arts programs and initiatives, supports the work of local artists and arts organizations, and highlights the essential role the arts play in shaping an economically vital, socially integrated, and forward-looking future for its community. For more information, see www.laarts.org.

Bug Maine-ia returns to Maine State Museum



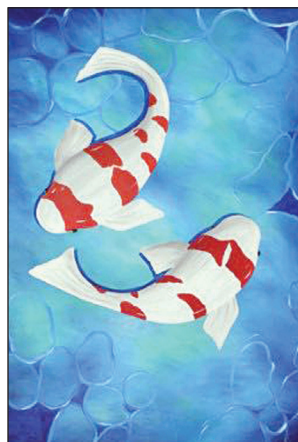
Maine's largest natural science education fair will celebrate its 17th year when Bug Maine-ia visits the Maine State Museum on Tuesday, September 10,

from 9 a.m. to 3 p.m. Featuring various exhibitors providing hands-on displays, fascinating discoveries, and fun for all ages, this special one-day event is open to the

public with free admission all day.

Visitors will have an opportunity to explore the many fascinating ways that bugs affect our lives, as pets, pests, art, and pollinators. Get close to some of the world's most amazing insects, check out fossils of bugs from the Ice Age, interact with live aquatic organisms, observe the art of fly tying, or hold a tarantula in the palm of your hand.

Located at 230 State Street in Augusta, the Maine State Museum, page 13



Untitled painting by Melanie Therrien of Wicked Illustrations

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Newsmakers, Names & Faces

Seniors Not Acting Their Ages: Biking Islesboro on the Ritz



Enjoying lunch near the ferry terminal on Islesboro, with the Camden Hills in the background.

Story and photos by Ron Chasse

For several years early in my career with the Internal Revenue Service, I covered the islands along the coast of Maine. Thoroughly enjoying my many trips to these beautiful but rugged outposts, I particu-

larly appreciated meeting their uniquely independent inhabitants. Alas, these fine people weren't always as fond of me, and our communications were sometimes less than pleasant. In fact, on occasion they were downright hostile.

All that has changed since I left the IRS behind. Nowadays, my visits to the islands are for pleasure, not business. No more combative interactions and disagreeable enforcement encounters for me. Instead, I serenely navigate my kayak

along the shores or peacefully bike their scenic roads.

Islesboro is one of my favorite bicycle outings. The 14 mile-long island offers sweeping vistas, picturesque coves and harbors, and lightly traveled, primarily paved roads. Located three miles from Lincolnville Beach in Waldo County, it's just a twenty minute ferry ride from the mainland, with several crossings each day.

After waiting for a Goldilock's day, I discerned what appeared to be the perfect opportunity and proposed a Penobscot Paddle & Chowder Society trip to this engaging oasis in central Penobscot Bay. My longtime friend Brent was the only respondent. Both retired, we had the advantage of being able to choose a warm, sunny weekday for our junket.

Arriving at the Lincolnville Ferry Terminal, we were surprised to find that the round-trip ticket price for an adult with a bike is actually higher than one for an adult with a vehicle. Since a Mini Cooper takes up more space than about a dozen bicycles, the logic behind this seems questionable to me. My jaded suspicion is that the ferry service is compensating for cost overruns on the backs of cyclists. Anticipating a beautiful bike ride, we sucked up the monetary pain and paid the exorbitant price.

The overpriced ferry excursion was idyllic, with spectacular views of the Camden Hills and nearby

islands. Arriving at Grindle Point, we followed Ferry Road past Broad Cove to a junction where the post office and several town buildings are located. Progressing north on Main Road, past the architecturally unique granite and brick Alice Pendleton Memorial Library, we navigated through The Narrows, a restricted isthmus that connects the northern and southern sectors of the island and offers panoramic views. Continuing north through the tiny village of Pripet, we rounded the upper end of the island near Turtle Head Cove and began our trek back south on hilly Meadow Road.

Reentering The Narrows and angling right, past the Historical Society onto West Bay Road, we proceeded along a substantial beach and connected back to the ferry terminal. After enjoying lunch on the shore next to the Sailor's Memorial Museum, we traveled further south through the quaint hamlet of Dark Harbor, where a shopping area offers opportunities to buy food, ice cream, and snacks.

Persisting south past numerous Gilded Age mansions, the highway ended at Pendleton Point, a scenic picnic and recreational area. A few years ago, this promontory was one of our stops on a long-distance sea kayaking trip. Taking a break from biking, we hiked the rocky shoreline while reminiscing about past sea

kayaking escapades.

Islesboro is an exceptional sea kayaking destination. The approximate boundary between East and West Penobscot Bay, the island is a waypoint for trips to North Haven, Vinalhaven, Cape Rosier, and the Deer Isle Archipelago. Opposite the ferry terminal, nearby Warren Island State Park offers outstanding campsites for paddlers, some with breathtaking views of the mountainous mainland. The lengthy circumnavigation of Islesboro can also be completed in a day trip from Warren Island.

Dazzled by three attractive young ladies on our jaunt back to the ferry terminal, we stopped for refreshment at a lemonade stand in Dark Harbor. The price of relief was a dollar a glass, with no senior discount available. My admittedly faltering recollection is that the cost of a glass of lemonade when I was a kid was five cents. That's what Charlie Brown advertised. Over sixty years have transpired since those halcyon days, so maybe today's cost accurately accounts for inflation. At the price they're charging, perhaps these young entrepreneurs will be able to forgo student loans when they're ready for college.

Completing a 37-mile outing, our day ended with another remarkable (but expensive) ferry ride back to Lincolnville Beach. We traveled home light on cash but flush with warm memories of a most excellent day of cycling without any contentious tax deliberations. A resident of Topsham, Ron Chasse is the author of "The Great Mars Hill Bank Robbery" and "Mountains for Mortals - New England." He can be reached at ronchase-outdoors@comcast.net. For more information, see www.ronchaseoutdoors.com.

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Republicans' Address: "Special Session" Work Should Have Been Completed in June

By Rep. Kathleen Dillingham

Since our last address, Governor Mills has called the Legislature back for a Special Session on Monday, August 26.

The stated purpose is to consider bond proposals and two other pieces of legislation, one concerning the Franklin County Commissioners and another dealing with the Ocean School in Searsport.

This one-day Special Session will cost Maine taxpayers approximately \$42,000 more because it is above and beyond what was budgeted.

We shouldn't have to be called into Special Session at all. The Mills administration and Democrats know that our roads and bridges are in tough shape. We should have already passed a transportation bond and finished our work on bonding in June.

First, some history on how we got here.

The Mills administration and Democrats increased the state budget by 11%, spending 99.995% of all available state monies, including the surplus accumulated under the previous administration.

The Mills administration, along with Democrats, then proposed to borrow \$239 million to fund projects that were not contained in the budget. Their omnibus borrowing plan lumped several different spending items together.

House Republicans repeatedly requested that the borrowing proposals be considered separately, as Maine voters would be asked to consider them at the polls this November.

Democrats refused and their \$239 million request failed.

Because roads and bridges are in need of repair and several DOT projects were cancelled last spring, House Republicans then proposed passing a stand-alone \$105 million dollar transportation bond in time for voters to consider this November.

The plan we supported authorized the issuance of bonds for projects such as reconstruction and rehabilitation of highways, bridges, and culverts and for facilities or equipment related to ports, harbors, marine transportation, freight and passenger railroads, aviation, transit, and bicycle and pedestrian trails.

Democrats rejected that plan and we adjourned without a transportation proposal to submit to voters.

Now, in a Special Session, we are to consider many of the same bond proposals that were rejected earlier, this time individually, just as we requested back in June.

Republicans are pleased that each bond proposal will now be considered separately, but it should have happened during the legislative session.

House Republicans are

also pleased that the overall total has been reduced from the bloated \$239 million to a more reasonable \$163 million, but we still question the need for many of the other proposed bonds at this time. If indeed a priority, why could they not have been funded within the over \$8 billion dollar budget?

It clearly indicates that nothing appears to be a true priority with this administration and the Democrat majority.

As we have already stated, Republicans will support the \$105 million transportation bond because we believe it qualifies as an emergency and is a clear priority for our state.

Other items which appear worthy, such as the broadband bond, have yet to be presented with a clear explanation of what the department hopes to accomplish with the proposed \$15 million in borrowing.

In January, we were told by the Commissioner of DECD that there would be a comprehensive long-term plan for broadband in Maine.

When we asked several times for the plan, our office was eventually told that it was the same plan that had been developed by the LePage administration.

I have asked the Commissioner's office several times for a progress update or more details, but none were provided before we were asked to vote on the bond package in June. Now

here we are, days out from another vote, and as of this writing, our office has not been provided with any further details.

In 2018, the people of Maine passed a \$30,000,000 bond for wastewater treatment, a \$49,000,000 bond to expand workforce development capacity and improve the facilities and infrastructure of Maine's public universities, and a \$15,000,000 bond to improve educational programs by upgrading facilities at all seven of Maine's community colleges.

In 2015, we passed a bond for \$15,000,000 for energy-efficient homes.

In 2014, we passed \$8,000,000 to monitor health issues related to ticks, mosquitoes, and bedbugs, \$19,000,000 for small business loans and capital investments, \$13,000,000 for investment in genetic and bioresearch facilities, \$10,000,000 for drinking water and restoration of wetlands, and \$7,000,000 to support the state's marine economy.

These bonds comprise a portion of Maine's \$480 million dollar general obligation bond debt, in addition to a total of \$396 million dollars that was bonded for transportation over the same period of time.

The people of Maine supported these bonds, but have any reports been done to determine if they successfully yielded intended results?



When considering further borrowing, we should be cognizant of our current bonding obligations and place priorities on true needs for the people of Maine, not special interests.

With this in mind, additional bonding should be considered with the following questions in mind: Are they necessary, targeted, and specific? Can we have some assurance that they will be effective based on past results? And are they emergencies that require action now, or can they be considered in January?

House Republicans remain concerned that the hallmark of one-party rule is excessive spending brought on by a total lack of priorities.

Republicans have worked very hard to help create a strong economy,

practice fiscal restraint, maintain modest debt, and create a budget surplus. We returned millions of dollars to taxpayers and reduced the size of government. The result was a more prosperous Maine, where limited resources were targeted to those most in need, not special interests.

Unfortunately, since Democrats took complete control of Maine government, we have seen a total lack of restraint and an inability to set priorities.

House Republicans will continue to propose and support a return to the policies that help all Mainers, not narrow identity groups. *Kathleen Dillingham is the Republican Leader of the Maine House of Representatives, where she represents District 72 (Oxford, Mechanic Falls, and Otisfield).*

Lewiston seeks volunteers for new recycling committee

Mayor Kristen Cloutier is seeking citizen volunteers to serve as members of the City of Lewiston's newly formed Recycling and Waste Reduction Committee.

The purpose of the committee is to gather and review existing data and studies relating to Lewiston's current recycling program; evaluate the effectiveness of the current program; identify the barriers that negatively impact more widespread participation in the city's recycling efforts; develop recommendations to increase the city's current recycling rate in an effort to meet the state goal of 50%, including proposals

to address enhanced public information and education; develop recommendations on other steps the city might take to reduce the generation of solid waste and reduce the amount of material landfilled or incinerated; and develop estimates of the cost to implement those recommendations and proposals.

The committee shall establish a meeting time and place once appointed. Staff support for the committee will be provided by the Department of Public Works. The committee's work shall be completed by June 30, 2020.

Lewiston residents interested in applying should

contact the City Clerk's Department for a committee volunteer application. Application forms are also available on the city's website at www.lewistonmaine.gov.

Completed applications must be submitted to the City Clerk's Office

for processing by 12 noon on Tuesday, September 3. Office hours are Monday through Friday from 8:30 a.m. to 4 p.m. Residents are welcome to direct any questions they may have about the committee appointment process to the City Clerk's Department at 513-3124.

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What's Going On

CES plans local Ribbon Cutting and Open House

The LA Metro Chamber of Commerce will help CES, Inc. celebrate its recent move into the KeyBank Business Service Plaza by leading a Ribbon Cutting ceremony on Thursday, September 5 at 11 a.m. Those attending are invited to stay afterwards for tours and refreshments at an Open House. The plaza is at 415 Lisbon Street in Lewiston. CES, Inc. was founded in 1978 by Shawn Small, P.E. and Jim Parker, P.E. Small and Parker were classmates at the University of

Maine who worked together at a local engineering and surveying company. After striking out on their own, the two initially worked from their homes, but soon moved to an office building to make room for their growing staff. The business first focused on sanitary sewer design. Small provided solid and waste management services and Parker provided land development services. Their philosophy for growth was to hire good people, find out what they liked to do, and build business

from their expertise. During the 1980s, the company outgrew two office buildings in Brewer, Maine. By 1987, they had renovated the building on South Main Street in Brewer that still serves as CES headquarters today. From the start, their commitment has been to provide clients with high quality, cost-effective technical services. That commitment remains unchanged. For more information, visit their website at www.cesincusa.com.

Ladies of St. Anne plan membership meeting

The Ladies of St. Anne Sodality of Holy Family's Prince of Peace Parish will host a membership meeting on Wednesday, September 18 at 6 p.m. at the Parish

Hall at 607 Sabattus Street in Lewiston. A pot luck dinner will be served. The event will also feature the installation of officers and counselors and the introduc-

tion of honorary members. Tickets are \$10 and must be purchased by September 10 from any board member or by calling Anita at 782-4516.

Rotary Breakfast Club meeting features Christy Gardner

The next meeting of the Auburn-Lewiston Rotary Breakfast Club on Wednesday, September 4 at 7 a.m. will feature guest speaker Christy Gardner, a retired U.S. Army veteran who will speak on the topic of "Perseverance." Christina "Christy" Gardner grew up in Auburn, but because she had a split family, she also spent a lot of time in New York City. She played sports growing up and loves to be outside. After high school, she attended Long Island University in New York, where she earned a degree in photography and signed up to serve with the Army upon graduation. She served as a military police officer and was

injured overseas in 2006. She had facial and skull fractures, lost a couple fingers, had a spinal cord injury, and ultimately lost both legs below the knee. She spent 1.5 years rehabbing on active duty and 3.5 years rehabbing at the VA Hospital. Due to her brain injury, she needed to re-learn English, grammar, and math from the third-grade level. After being discharged from the rehab programs, she was finally able to live on her own again and started participating in adaptive sports. She is now an assistant captain of the U.S. Women's Para-Ice Hockey Team and throws shot put and discus with hopes of making the U.S. Para-Track

and & Field Team. She is also the director of the New England Warriors hockey club and recently partnered with Central Maine Adaptive Sports to bring civilian sled hockey and track programs to the State of Maine. When she's not busy with sports, she helps train future service dogs. She plans to have her service dog, Moxie, with her for the program, and may also bring along the puppy she is currently helping to train, Lucky Tim. The Rotary Breakfast Club meets every Wednesday at Governor's Restaurant at 1185 Lisbon Street in Lewiston. The cost for breakfast is \$12. All are welcome to attend.

AREA Meeting Sep. 11

The Androscoggin Retired Educators Association will meet on Wednesday, September 11 at 10:30 a.m. at Lotus Restaurant on Center Street in Auburn. The speaker will be Joseph Els of AARP. The restaurant has a large buffet that includes both Chinese and American dishes. Each person will pay for their own meal at the restaurant. The cost of the

meal will be \$8.91 (with coffee or tea) or \$11.02 (with soda). These prices include sales tax but not a gratuity. Members are reminded that the group is still collecting non-perishable food items or cash donations to be given to a local food pantry. Payable in September, membership dues are \$10 for educators and \$6 for spouses or significant others. Honorary members

(those 85 and older) pay no dues. All retired educators are welcome to attend, even if they did not work in Androscoggin County or the State of Maine. Reservations must be made by September 4. Please send reservations and dues (but no meal payment) to Gina Fuller, 36 Elliott Ave, Lewiston, ME 04240 (phone 783-9091).

Rotary Club to welcome Central Maine Healthcare CEO

Jeff Brickman will be the featured guest speaker of the Lewiston-Auburn Rotary Lunch Club on Thursday, September 5, from noon to 1 p.m. at The Village Inn of Auburn.

Brickman, CEO of Central Maine Healthcare, has spent 39 years as a healthcare and hospital executive, responsible for major expansions and turn-arounds at five health systems across the country. He came to CMH and Lewiston almost three years ago, in September, 2016. Since that time, Brickman and his team have experienced multiple successes in stabilizing the health system and are now looking forward to advancing CMH in its mission to provide top-quality, accessible, lower-cost care to Mainers.

Born in Malden, Mass. and a lifelong Red Sox fan, Brickman grew up in a medical family: both his father and grandfather were doctors, and one of his earliest memories is of accompanying his grandfather as he made house calls. While the second semester of organic chemistry convinced him that he might not be the best fit for medical school, his




Jeff Brickman

family background and a desire to make a difference led him into the healthcare world through a different path. He graduated from the University of Connecticut and later earned his Master's degree at Temple University. He and his wife, Elaine, a registered nurse, live in Freeport. The L-A Rotary Lunch

Club meets every Thursday from noon to 1 p.m. Lunch is available at the restaurant for \$14. Guests and visiting Rotarians are always welcome. For more information, contact club president Celeste Yakawonis at 713-7111, follow them on Facebook, or see www.lewistonauburnrotary.org.





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UMaine Cooperative Extension offers soil health workshop

The University of Maine Cooperative Extension, along with the Maine Grass Farmers Network, the Maine Organic Farmers and Gardeners Association (MOFGA), and the Wolfe’s Neck Center for Agriculture and the Environment, will host a workshop at area locations this week to demonstrate principles of soil health and how livestock management can influence soil quality and the environment.

As part of a Northeast Sustainable Agriculture Research and Education project called “Identification and Remediation of Compaction on Northeast Pasture Soils,” the New York Soil Health Trailer participates in field days across the Northeast to demonstrate to producers how improved soil health helps their operation. The trailer is equipped with a rainfall simulator to demonstrate soil principles and to show the impact of rainfall on infiltration and runoff. This event will also

allow participants to evaluate soil compaction using various tools.

Presenters Fay Benson of Cornell Cooperative Extension Cortland County and Rick Kersbergen of UMaine Extension will cover concepts for preventing loss of nutrients and top soil through soil erosion. These will include strengthening of soil aggregates, identifying compaction in soils, understanding how carbon is removed from the atmosphere and stored in soil, and improving soil’s ability to recycle and store nutrients.

The workshop will be presented at three Maine dairy farms: on Tuesday, September 3 from 12:30 to 3 p.m. at the Wolfe’s Neck Center for Agriculture and the Environment in Freeport; on Wednesday, September 4 from 10:30 a.m. to 12:30 p.m. at Rainbow Valley Farm, located at 3535 West River Road in Sidney; and on Thursday, September 5 from 10:30 a.m. to

12:30 p.m. at Hardy Farm, located at 360 Weeks Mills Road in Farmington. For more information or to request a reasonable accommodation, call 342-5971 or email richard.kersbergen@maine.edu.

As a trusted resource for over 100 years, University of Maine Cooperative Extension has supported UMaine’s land and sea grant public education role by conducting community-driven, research-based programs in every Maine county.

UMaine Extension helps support, sustain and grow the food-based economy. It is the only entity in our state that touches every aspect of the Maine Food System, where policy, research, production, processing, commerce, nutrition, and food security and safety are integral and interrelated. UMaine Extension also conducts the most successful out-of-school youth educational program in Maine through 4-H.

What’s Going On

National presenters highlight upcoming Catholic Parish Life Conference in Lewiston

Hundreds of parish leaders and volunteers, Catholic school teachers, members of music ministries, and others from around Maine will gather in Lewiston on October 4 and 5 for an experience of fellowship, learning, and prayer.

The “Giving Reasons for Our Hope in Christ” Parish Life Conference will take place at the Ramada Inn & Conference Center at 490 Pleasant Street in Lewiston. The conference is open to anyone serving in a Catholic parish or school in Maine. It aims to help participants recognize and share God’s presence and to be inspired to return to their parishes ready to better encourage discipleship in parishioners.

“By attending the Parish Life Conference, our parish representatives will learn new ways to continue evangelizing those around them,” said Bishop Robert P. Deeley, who will celebrate a Mass at the conference on Saturday, October 5. “In this coming together, we are reminded that the work of the Church is a community effort, with a mission of proclaiming the Good News of the Gospel.”

The conference will begin on the evening of Friday, October 4, with a keynote address by Fr. J. Michael Joncas, consultant to the USCCB Secretariat for Divine Worship and the composer of “On Eagle’s Wings.” In his address, called “Sing to the Lord,” Fr. Joncas will offer a better understanding, through a combination of lecture and song, of the rich musical tradition of the Catholic

Church and its role in the liturgy.

The agenda on Saturday, October 5, will offer a blend of learning and celebration, starting with Joe Paprocki, master catechist and author, who will present “Finding God at the Intersection of Heaven and Earth.” The program will help participants see how the Church’s language of mystery both grounds us and enables us to live the sacraments each day through ordinary, tangible experiences.

Following Mass with Bishop Deeley at 10:30 a.m., participants will enjoy an afternoon of exciting workshops, with topics and presenters to include “Sacredness of Life” with Suzanne Lafreniere, the public policy director for the Diocese of Portland; “Family and Intergenerational Faith Formation” and “Helping Families Share Their Faith” with Mary Pat Heelan, associate director of religious education for the Diocese of Worcester, Mass.; “Sharing Your Faith Story” and “Accompanying Today’s Teens” with Claire McManus, director of faith formation for the Diocese of Fall River, Mass.; “Discernment in Every Day Life” with Sister Elaine Lachance, SCIM; and “Ministry Paradox: Keeping Joy in the Face of Challenges” with Dr. Martha Corkery, pastoral life coordinator for All Saints Parish in Brunswick.

During this part of the conference, Fr. Joncas will offer workshops on music for the liturgical seasons and

choosing music for prayer and Joe Paprocki will present “Adult Faith Formation in a Busy World.”

In closing, Fr. Joncas will deliver a capstone address to the entire conference entitled “Eucharist as Source and Summit of Sharing Hope as Catholics.”

A resource hall for organizations offering information and vendors selling materials helpful to parish ministries will be available at the conference. Among the organizations and vendors attending will be the Abbey Catholic Book & Gift Shop of Scarborough, Loyola Press, Sadlier, Pflaum Publishing Group, Pauline Books and Media, Cross Catholic Outreach, Relevant Radio, RCL Benziger, the Diocese of Portland’s Office of Missions-Catholic Relief Services, Project Rachel, and Catholic Charities Maine.

For complete registration information, visit the conference’s website at www.portlanddiocese.org/olff/parish-life-conference-2019.

The Ramada Inn is offering a discounted room rate of more than 40% off for those attending the conference. To reserve your room, call the hotel directly at 784-2331 and ask for the Parish Life Conference group rate. The special rate is only available until September 4 or until the discounted room block is sold out.

The conference is sponsored by the Catholic Foundation of Maine, Loyola Press, Sadlier, and the annual Catholic Appeal.

Maine-ly Harmony celebrates milestone



Pictured here (from l.) are 30-year members Donna Ryder, Kathy Greason (director), and Gerry Dostie.

Members of the Maine-ly Harmony women’s barbershop chorus celebrated 30 years of harmonizing and friendship recently at the home of member Dee Dumais in Auburn.

The chorus meets Wednesday evenings at 6:30 p.m. at the Emmanuel Lutheran Episcopal Church on Rt. 17 in Augusta. Members gather from across the state to sing the barbershop style of four-part harmony. Maine-ly Harmony is a chapter member of Harmony, Inc., which offers

competitions, coaching, and educational classes throughout the year.

To book a performance, or for more information about becoming a member, call Nancie at 293-4778 or email hugabook4@yahoo.com

Send all items for **Names & Faces** to **Editor@TwinCityTimes.com**.
Deadline is **Friday by five**.

Optimist Clubs offer pocket Constitution

In conjunction with National Constitution Day on September 17, the Optimist Club of Lewiston-Auburn and the Tri-Town Optimist Club of Minot, Poland,

and Mechanic Falls are making available to any interested schools or students free pocket-sized copies of the U.S. Constitution for classroom or home study.

Quantities are limited and will be distributed on a first-come, first-served basis. To receive a copy, contact any Optimist Club member or call 783-5269.

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Olympia Snowe Women’s Leadership Institute graduates nearly 100 young women from 21 Maine schools



Southern Maine graduates of the Olympia Snowe Women’s Leadership Institute at Bates College in Lewiston

This spring, the Olympia Snowe Women’s Leadership Institute graduated the second class of program participants in its history. The graduations were a part of two regional Year End Celebrations that took place at the University of Maine in Orono and Bates College in Lewiston in May.

One hundred young women from 21 high schools, spanning all sixteen Maine counties, graduated after participating in the Institute’s three-year program rooted in the themes: “My Values” (10th grade), “My Voice” (11th grade), and “My Vision” (12th grade).

The evidence-based program is designed to raise the confidence and aspirations of high school girls by helping them develop the skills required to be leaders in their lives, families, careers, and communities. Each year since the program launched, the Institute has expanded - growing from seven to 36 partner schools. The inaugural class graduated last May, and this class includes the second round of expansion; a full cohort of 180 seniors will graduate next spring. During the 2019-20 academic year, there will be 540 Olympia’s Leaders supported by more than 200 caring, trained advisors who deliver the curriculum.

Senator Snowe reflected on the year and shared notable accomplishments and new leadership roles taken on by the senior class: “All year long, I have been uplifted by your good news and learned of your numerous achievements. Olympia’s Leaders have been the

leads in school plays, team captains, featured athletes in the news, published authors and poets, stood out as leaders in your schools, inducted into the National Honor Society, city council representatives, class valedictorians, Principal’s Award winners, girls’ state representatives, state champions, participated in study abroad, and mentored peers and underclassmen.”

In her final words to the graduates, she said, “My greatest joy is the privilege of being a part of your journey of self-discovery and expression, and for the Institute to contribute to your lives today and build networks of support for your tomorrow.”

In the fall, more than 96% of the Olympia’s Leaders who graduated will begin higher education or seek training in certificate-bearing programs, while others are pursuing gap years or immediately entering the workforce. More than 60% of seniors will go on to attend Maine institutions.

The Year End Celebrations distinguished the graduating class of Olympia’s Leaders and included remarks from the Honorable Olympia J. Snowe, former United States Senator and Founder of the Institute; select panelists sharing their paths through adversity to success, including Jean Deighan of Deighan Wealth Advisors in Bangor, Dina Yacoubagha of the Islamic Center of Maine in Orono, Marci Booth of LIHC Investment Group in Portland, and Ninette Irabaruta of Brandeis University in Boston; Craig Larrabee, presenting the first two

\$2,500 John R. McKernan Jr. JMG Scholarships to Olympia’s Leaders who also participate in Jobs for Maine Graduates - Deanna P. of Hancock and Eunice M. of Portland; and selected seniors representing their graduating class, including Samantha M. of Bath, Tessa S. of Houlton, and Grace T. of Lisbon Falls.

The events incorporated a networking activity with 75 local industry experts in areas requested by participants and a formal graduation ceremony, in which seniors received graduation cords, certificates of completion, and commemorative pins.

The Institute’s new alumnae are graduating from the following high schools this year: Bangor, Belfast Area, Biddeford, Calais, Camden Hills Regional, Edward Little, Ellsworth, Houlton, Leavitt Area, Lewiston, Lisbon, Medomak Valley, Morse, Oak Hill, Oxford Hills Comprehensive, Piscataquis Community, Poland Regional, Portland, Skowhegan Area, Spruce Mountain, and Winslow.

The Olympia Snowe Women’s Leadership Institute is a 501(c)(3) nonprofit organization dedicated to raising the aspirations of high school girls by helping them develop the skills required to be leaders in their lives, families, careers, and communities. The Institute was founded by Senator Olympia J. Snowe in 2015 to address the decreasing confidence levels of young women in Maine. For more information, visit www.snoweleadershipinstitute.org.

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Fall registration now open for L-A Senior College

Lewiston-Auburn Senior College has announced its schedule of fall classes, which begin September 23. Unless otherwise noted, all classes take place at USM’s Lewiston-Auburn Campus at 51 Westminster Street in Lewiston. For more information, including expanded course descriptions and how to become a member, see usm.maine.edu/seniorcollege.

“ZOOM Bootcamp.” This free, pre-semester course zooms in on the basics of this new course delivery system. Learn how to log on, join a meeting, and interact with other ZOOMers. Instructor Mary Jane Beardsley is an avid ZOOMer.

“A Historian in London, Berlin, Paris, and St. Petersburg.” This class explores historical questions and personalities, while reviewing how these cities retain traces of their historical past. Instructor: Christine Holden.

“Great Expectations.” Full of interesting characters and social issues, Charles Dickens’ classic remains a good read. Suggested book: “Study Guide on Great Expectations (Volume 34),” by Ray Moore M.A. Instructor: Laura Sturgis.

“Creating Abstractions from Nature.” This mixed-media studio art course takes inspiration from nature by looking up close (through electron microscopes) and far away (via satellite images). Instructor Judy Hierstein is an art teacher, illustrator, and graphic artist.

“A Naturalist Sampler.” This class explores ferns, fungi, bird adaptations, invasive species, and backyard habitats. Instructor Penny Jessop is a retired first grade teacher, now “rewired” as a naturalist educator.

“Baseball and the Pursuit of Happiness.” This course examines the unique hold baseball has on the American psyche, from its 18th-century origins as an English bat and ball game to its vast popularity and commercial success today. Instructor: Paul Gauvreau.

“Immigration, Ethnicity and Identity.” This class considers elements and aspects of immigration, analyzes the notion of ethnicity, and responds to personal perceptions of how people form their new identities. Recommended book: “Becoming American, Becoming Ethnic,” by

Thomas Dublin. Instructor: Mark Silber.

“Tuesday Afternoons at the Movies with Dave & Pat.” This class examines six films that have won the Oscar in the highly coveted Best Picture and Best Musical Score categories. Instructors: David Bernier and Dr. Patricia Vampatella.

“Doctors, Patients, and Why They So Often Misunderstand One Another.” This course examines doctor-patient interactions through the lens of medical sociology. Recommended book: “What Patients Say, What Doctors Hear,” by Danielle Orfi, MD. Instructor: Jean Potuchek.

“Practical Ethics.” Participants will learn about major ethical theories and, through class discussion, apply them to ethical dilemmas. Recommended book: “Beginning Ethics,” by Lewis Vaughn. Instructor: Bill Frayer.

“Eat the World.” Participants will prepare and eat delicious, healthful foods from six countries that have greater life expectancy than the U.S. Held at St. Mary’s Nutrition Center; a small fee for supplies is required. Instructor: Paul Drowns.

“Monhegan Island Through the Eyes of Its Artists: A Virtual Tour.” The class takes a virtual hike around Monhegan Island, stopping at various sites to explore how each was interpreted by its artists. Instructor: Peggy Volock.

“Local and County Government.” This class welcomes various local officials to explain the nature and responsibilities of their jobs. Facilitator: Cynthia Peters.

“The Great American Religious Debate: The Big Issues.” Are people inherently good or bad, and how do various religious traditions answer this question? Topics for discussion will include immigration, poverty, sexuality, abortion, economics, and war and peace. Instructor: Rev. Stephen Carnahan.

“Cannabis Culture, Wellness, and Holistic Healing.” This class answers common questions, breaks down barriers, and examines how cannabis has impacted culture, wellness, medicine, and healing. Recommended book: “Cannabis Revealed,” by Bonni Goldstein, M.D. Instructor: Joel S. Buckman.

“Happiness, Humor, and Health.” This class explores connections between happiness, humor, laughter,

health, and a good life. Bring your jokes, stories, and whatever else makes you laugh. Recommended book: “Happier: Learn the Secrets to Daily Joy and Lasting Fulfillment,” by Tal Ben-Shahar. Instructor: Dr. Elcha Buckman.

“Religion and Violence.” Violence has many interactive roots. How and when does religion become one of them? Cases include the Crusades, European religious wars, and Jihad. Recommended book: “Fields of Blood: Religion and the History of Violence,” by Karen Armstrong. Instructor: Steven Piker. Course limit: 20.

“An Introduction to the Origins of the Human Mind.” Through the lenses of biology, neurology, and psychology, this class examines the forces that shaped the human brain, the mind it creates, and how both develop across our lifespan. Recommended book: “The Everything Psychology Book,” by Kendra Cherry. Instructor: Charlie Plummer.

“Learn to Prepare Taxes.” This free course focuses on the essentials of tax preparation. A computer training method is used, but the process can be adapted to paper. Instructor Rhoby Treadwell is the Site Coordinator for the LA CASH Coalition and worked at the IRS for 26 years. Course limit: 15.

“The U.S. Supreme Court.” This short introduction provides an understanding of how the Court operates today. Recommended book: “The U.S. Supreme Court: A Very Short Introduction,” by Linda Greenhouse. Instructor: Crystal Ward.

“Avocado Toast and Other Health Claims: Tips for Evaluating Health Information.” The internet is filled with health claims. What to believe and why is the big question. Instructor Martin Gagnon is a current librarian and former journalist.

“Meet Your Local Artists.” This class welcomes area artists to discuss their work, struggles, and inspiration. Facilitator Judy Hierstein has been an art teacher, illustrator, and graphic artist. Course limit: 30.

“Genealogy Stories.” The instructor discusses sources, resources, techniques, and ideas while sharing stories of her ancestors and others. Class members may share their own stories.

FocusMaine Intern Experience aims to inspire young people to live and work in Maine

More than 600 interns from 40 employers across Maine are taking part in the third year of the FocusMaine Intern Experience (FMIE) this summer. FMIE is a program of social, recreational, and professional development events that interns at participating employers are invited to take part in, with the goal of connecting Maine’s summer interns with each other and with other employers while exposing them to Maine’s quality of life.

The idea behind FMIE is that, by developing stronger connections to the state and seeing the diversity of exciting work opportunities available here, more young people will be excited to start their careers in Maine. This will help address Maine’s workforce challenges and meet the needs of employers in all job sectors across the state.

This summer’s FocusMaine interns are primarily college students interning at employers of all kinds, including large companies, small startups, nonprofits, and state and municipal governments, mostly in Portland, Bangor, and Augusta. The cohort includes interns in FocusMaine’s targeted sectors of aquaculture, agriculture, and biopharmaceuticals. While the majority of participating interns call Maine home, many hail from outside the

state. Approximately half of the 2019 interns attend college in Maine.

Interns at participating employers are taking advantage of a variety of events in 2019. In June, they attended welcome events to meet fellow interns, hiked Mt. Battie in Camden, learned tips on making the most of their internships, and got advice on entrepreneurship and startups.

In July, they attended a career exploration fair in Augusta and met for outdoor adventures that included kayaking, paddle-boarding, and archery. They celebrated National Intern Day on July 25 by hearing tips from young professionals on how to leverage their internships when job searching.

Many interns have also participated in community service activities across the state, had the chance to learn the ins and outs of LinkedIn, and will attend farewell gatherings before their internships conclude. All events are free.

“FocusMaine is working closely with our partners to create excitement among young people about Maine as a great place to live and work,” said FocusMaine President Kim Hamilton. “There is a rich body of research that demonstrates the long-term benefits of internships for the interns themselves and for employers. We will all benefit from

more young people seeing the great opportunities and connections that exist here and deciding Maine is where they want to build their careers. Continuing to expand this program across the state is job one for us and critical to growing FocusMaine’s signature sectors.”

“Feedback from interns about the opportunities FMIE facilitates to experience Maine has been overwhelming positive,” said Jason Judd, executive director of Educate Maine, the organization that manages FMIE in partnership with FocusMaine. “We expect FMIE to grow in the number of employers and interns participating, as well as its impact across sectors. With more young people excited to live and work in Maine, we hope to make real progress in addressing Maine’s workforce shortage.”

Employers who partner with FMIE must meet a set of standards for their internship programs, including that their interns are paid. For many employers, FMIE enhances already robust internship programs. The initiative has created a network of employer partners who share best practices with one another and work collaboratively to improve the experiences of their interns. For more information, visit focusmaine.org/fmie.

L.L. Bean contracts with Aptos to modernize retail technology foundation

In its never-ending quest to provide the best possible customer experience, L.L. Bean has contracted with Aptos, Inc., a recognized market leader in retail technology solutions, to upgrade the technology that supports its multi-channel retail business.

L.L. Bean will deploy Aptos solutions for point-of-sale, mobile store selling, and enterprise order management. The retailer has also selected Aptos ONE, a microservices-based SaaS platform that offers unprecedented agility in technology deployment.

Headquartered in Freeport, Maine, L.L. Bean is an internationally recognized outdoor retailer known for its legendary customer service and high-quality products, outdoor gear and apparel designed to help people spend more time in the outdoors. As a longtime leader in omni-channel retail that includes catalogs, e-commerce, and stores, L.L. Bean is currently undertaking a transformational journey to unify and modernize its retail technology

foundation.

With Aptos’ industry-leading point-of-sale solution, L.L. Bean will benefit from an enterprise view of customers, inventory, and orders, which will empower associates with the information they need to serve customers more effectively and increase sales.

With Aptos’ order management solution, L.L. Bean will fulfill customer orders using its entire network of stores and distribution centers, resulting in the ability to meet customers’ needs at a much faster pace. By maximizing its inventory efficiency, L.L. Bean can increase profitability while offering its customers expanded fulfillment options.

In addition, with the Aptos ONE Store Commerce mobile selling application, L.L. Bean associates can engage shoppers well beyond the cash wrap, including throughout the store and during pop-up events.

“Customer satisfaction is the top priority in every decision we make,” said L.L. Bean CIO JJ Rouhana. “It’s not enough to have

retail systems that meet current customer demand; retailers require a technology platform that can anticipate and adapt to future requirements.

“Based on Aptos’ leadership in customer engagement solutions, modern architecture, and impressive track record of customer success, L.L. Bean felt confident that Aptos technology is the best fit for our business today and for the future,” Rouhana continued. “With Aptos solutions, L.L. Bean will continue to lead from the front in customer service and omni-channel retail excellence.”

“L.L. Bean puts its customers, associates, and charitable giving at the forefront of everything it does, while bringing to market products of unsurpassed quality and craftsmanship,” said Noel Goggin, Aptos CEO and culture leader. “As a true pioneer in omni-channel retailing and what it means to be customer-centric, Aptos is proud to support L.L. Bean on its technology modernization journey.”

Send all items for **Names & Faces**
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Young Mainers Help Lead the Fight for a Diabetes Cure

By Sen. Susan M. Collins

Diagnosed just before she turned two years old, Ruby Anderson, a nine-year-old girl from Yarmouth, does not remember living without Type 1 diabetes. She is determined to keep a positive attitude, however, and has worked to raise awareness at her school and is an advocate for Type 1 diabetes research.

As the founder and co-chair of the Senate Diabetes Caucus, I was delighted to invite Ruby to testify at a

recent Aging Committee hearing on how the Special Diabetes Program is changing the lives of Americans with Type 1 diabetes. The hearing was held in conjunction with the Juvenile Diabetes Research Foundation Children’s Congress, a biennial event that began in 1999.

Approximately 165 Children’s Congress delegates ages 4-17 from all fifty states attended the hearing, including Lydia Bryant of Ellsworth, a nine-year-old who was diagnosed

with Type 1 diabetes last year. The presence of these children wearing their blue t-shirts was inspiring. Their courage and determination to meet the challenges of Type 1 diabetes are extraordinary.

Ruby told the Committee that she plans to become a scientist to research Type 1 diabetes when she grows up. “And if they haven’t found a cure for diabetes by then, I will,” she declared. “And when we have a cure, I’m going to have a party and invite

everyone in the whole entire world. Senator Collins, you will be first on my list.” That touched my heart!

I am so proud of Maine’s two Children’s Congress delegates, Ruby and Lydia, for sharing their experiences with Type 1 diabetes and advocating for continued robust research funding. Since the last Children’s Congress two years ago, we have made remarkable strides to change the lives of Americans with Type 1 diabetes.

These advances have only been possible due to a bipartisan commitment in Congress to fund diabetes research, which has increased from \$319 million when I founded the Senate Diabetes Caucus in 1997 to more than \$1 billion last year. We must keep our foot on the accelerator.

Ruby is one of the approximately 1.25 million Americans - including 200,000 youth - living with Type 1 diabetes. In her testimony, she discussed the impact of diabetes on her life and the hope ongoing research brings to her and to her family.

Advancements in technology to treat the disease have made Ruby’s life easier. For instance, she used to have to check her blood

sugar up to 10 times a day. A little over a year ago, she began using a continuous glucose monitor, which allows her to check her blood sugar on her phone and lets her go weeks without needing to prick her finger. She has also used an Omnipod insulin pump since she was about three years old.

Another great advancement since the last Children’s Congress is the Food and Drug Administration approval of an artificial pancreas system for children ages 14 and older. Now, the artificial pancreas is also available for kids ages 7 to 13, opening the door for better day-to-day management of diabetes.

Today’s research represents tomorrow’s cure. Just last month, a new study, the first of its kind, illustrated the potential of an immunotherapy drug to delay the onset of Type 1 diabetes by an average of two years. What a significant breakthrough!

The Special Diabetes Program has contributed to phenomenal discoveries, especially advancements in technology. This program provides an additional \$150 million each year for Type 1 diabetes research. Another equally important aim of this program is to study di-

abetes in American Indians and Alaskan Natives, who experience Type 2 diabetes at nearly three times the rate of the national average.

This research is especially important as the cost of managing diabetes grows at an alarming rate. Between 2012 and 2016, average insulin spending for patients with Type 1 diabetes nearly doubled. Last year, a father in Maine testified that he turned to drug importation from Canada after the price of a 90-day supply of insulin for his son with Type 1 tripled to \$900. Addressing the rising costs of prescription drugs is among my top priorities, and I have authored successful legislation to improve generic competition and reduce costs.

In total, over the past 22 years, the Special Diabetes Program has contributed \$2.8 billion to improve the lives of people with diabetes.

It is crucial that Congress renews this proven program before it expires on Sept. 30 to continue the progress we have made in new treatments, more effective management technologies, and ultimately a cure. With advocates like Ruby and Lydia helping to lead the way, I am confident we will do so.

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“The future is all about advancing our great care and making it accessible, and that is a team-oriented proposition, start to end. With that in mind, I love the energy and new excitement at CMH, and respect the great traditions of Central Maine Medical Center, rich in history and training and well known for advancing specialty medicine. To work side by side with providers I would want caring for my loved ones — that’s why I’m joining Central Maine Healthcare.”

– Sean McGarr, DO, FACC

Dr. Sean McGarr Joins Central Maine Medical Center to Lead Gastroenterology & Endoscopy Teams

Central Maine Healthcare is proud to announce that Sean McGarr, DO, FACC, has joined Central Maine Medical Center as Chief of Gastroenterology and Director of Medical Endoscopy. Previously a Director of Gastrointestinal Oncology, he is recognized for his expertise in advanced endoscopy, including the diagnosis, staging and treatment of many GI conditions.

Proud to be a Mainer himself and a physician who has practiced in the state for more than 12 years, Dr. McGarr and his colleagues at Central Maine Gastroenterology provide a wide range of gastrointestinal care. He believes that teamwork and good communication are crucial to every care plan so patients never feel they’ve been lost in the system.

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Rotary Breakfast Club names Youth Fellowship Award recipient



Chantel St. Laurent

The Auburn-Lewiston Rotary Breakfast Club has selected Chantel St. Laurent as the recipient of its 2019

Rotary Youth Fellowship Award. The award goes to a candidate between the ages of 18 and 35 who is committed to their community, education, and is on track to become an asset for both the area and their family and friends.

St. Laurent is the mother of two young children, works a full-time job, and is on track to graduate with an associate's degree in Human Services in the spring. She is active at the state and local level in addressing issues surrounding addiction and suicide prevention. She was presented with a Community Leader award by the Maine People's Alliance in June 2019 for her work presenting ideas to local and state leadership.

St. Laurent will travel to Adventure Bound in Carratunk, Maine in September to join other RYLA recipients for team building exercises and fun on a rope course and with whitewater rafting. Rotary District 7790 incorporates part of Maine and Quebec, so dual language communication will add to the team-building fun.

Area Republicans host public forum on free speech

Thirty-four Republican and conservative groups and co-sponsors convened at the West Cumberland Community Hall in Cumberland recently for a public forum on the topic "Free Speech, Hate Speech, and Censorship: Winning the 2020 Elections."

The event was organized by the Gray and Cumberland Republican Town Committees, with twenty-two Republican town committees from Cumberland County, along with nine additional organizations and Republican State Representative Sue Austin of Gray joining as co-sponsors. The event attracted between sixty and seventy attendees.

Peter Falkenberg Brown, Chair of the Gray Republican Committee and host of the "Love, Freedom, and the World" YouTube channel, began the evening with an overview of the decline of freedom in 2019, followed by an analysis of the Marxist and Leftist forces behind the suppression of free speech and the methods they use to sway public opinion toward socialism. He stated:

"First, liberals and conservatives need to join together and affirm that we want to be free and that living a life of freedom requires thought and free-flowing dialogue. Totalitarians don't like freedom of thought

at all. In the novel '1984,' George Orwell wrote: 'Orthodoxy means not thinking - not needing to think. Orthodoxy is unconsciousness.'"

Charlie Honkonen, President of the Maine Federation of College Republicans and a senior at the University of Maine at Orono, spoke next. He addressed the issue of campus indoctrination and censorship, stating:

"If you walk into a classroom on Anthropology... and praise Karl Marx, you praise the ideals of Socialism, of Stalin, of Lenin, you're applauded, you're given an 'A.' The professor says '... great work.' If you walk in with a simple red hat that says 'Make America Great Again,' you are called out by the professor, you are called hateful, you are asked to take that hat off... These are experiences that have happened to our members on campus."

Matt Gagnon was the final speaker of the evening. Gagnon is the CEO of the Maine Heritage Policy

Center, a columnist for the Bangor Daily News, and a co-host of the WGAN Morning News show. He recommended the market-based approach to pushing back against social media censorship. In his talk, he stated:

"You, as a market, can do something about that. You can make your voice heard. Walk away and make them feel immense financial pain... One of the things that's been a problem in this market is that someone who can create an alternative to what we see today doesn't really feel like there's a market for something else. But there sure would be if fifty or sixty million conservatives stopped using the platform."

Gagnon added: "My biggest problem with most tech policy solutions, particularly the Section 230 issue, is that I do not want a bureaucrat in Washington, D.C. deciding whose speech is good, who gets protected, who does not get protected, and the thing about it that

See Forum, page 13

Michelle Gosselin joins Fontaine Team

Fontaine Family - The Real Estate Leader has announced the addition of Michelle Gosselin to their team. She will work out of the firm's Auburn office.

Gosselin grew up in Oakland, ME and graduated from Messalonskee High School. She attended Thomas College and graduated with a degree in Business Administration. After college, she moved to Lewiston in 1995 to pursue her career in fundraising, sales, and marketing, which has now spanned over 20 years. She has owned and operated OMG Events & Marketing for 10 years.

Gosselin has a passion for supporting local businesses and helping them grow. She has made significant impacts on each organization she has represented, including St. Mary's, the Good Shepherd Food Bank, Electricity Maine/NH, Lost Valley, and most recently, Sea40 Japanese Cuisine and FunZ Trampoline Park.

She is a proud mom of Benjamin Gosselin, a 2019 graduate of St. Dom's, and Matthew Gosselin, a junior at St. Dom's. During her free time, she enjoys spending time with family and friends and watching her boys play the sports they love. She is engaged to Tim Ervin of Auburn; they plan to be married in 2020.

Gosselin comes to Fontaine with her Maine real



Gosselin works out of the firm's Auburn location and can be reached at 754-4998.

estate sales agent license and is eager to work with both buyers and sellers. She can be reached at 754-4998 or michellegosselin@fontaineteam.com.

Fontaine Family - The Real Estate Leader is a highly skilled real estate team of licensed professionals dedicated to focusing on the client. Fontaine was recently presented the 2019 Maine Family Business of the Year Award, voted Best Real Estate Company in the Greater Portland Area, and recently

recognized by Real Trends as a 2019 Top 250 Real Estate Team, placing them in the top 1/2 of 1% of Realtors in the nation according to the Wall Street Journal.

The Fontaine Family Team serves seven counties - Androscoggin, Cumberland, York, Sagadahoc, Oxford, Kennebec, and Franklin - from two locations, 336 Center Street in Auburn and 432 U.S. Route One in Scarborough. For more information, call 784-3800 or 289-3830 or visit brendafontaine.com.

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Maine Arts Commission announces Bicentennial grants for communities and individuals

On behalf of the state's Bicentennial Commission, the Maine Arts Commission is commemorating the 200th anniversary of our statehood by administering \$375,000 in grant funding for community events and projects through the year 2020.

"Maine's 2020 Bicentennial marks an important milestone that allows us to commemorate our past, celebrate our present, and take a view toward the future," said Julie Richard, Executive Director of the Maine Arts Commission. "We are pleased to be able to assist the Bicentennial Commission with these grants, and we encourage communities across our great state to celebrate this momentous occasion."

The Bicentennial grants will be supplemented by matching funds from private corporations and individuals. Up to 10 percent of the funds will be set aside for small grants of \$500 or less, and at least one grant of up to \$10,000 will be available for each of Maine's 16 counties.

Grant applicants should focus on Bicentennial-themed projects that benefit the public, such as parades, historic preservation efforts, lectures, and curricula. The commission will consider grant applications from community non-profit organizations, such as historical societies, libraries, government entities, and schools. Private individuals and for-profit corporations will also be welcome to apply in partnership with a non-profit entity. Projects can be on any scale.

Additionally, the Arts Commission will award a special commission for the composition of an original piece of music to be performed at the Bicentennial Celebration in 2020.

The Bicentennial grant program will be administered by the Maine Arts Commission's Grant Management System. Application deadlines will cycle through three rounds: September 1, 2019, February 1, 2020, and June 1, 2020. All funds must

be expended no later than March 30, 2021. Complete information is available at www.maine200.org.

For general questions about the application or review process, contact Kerstin Gilg, Director of Grants and Accessibility, at 287-6719 or kerstin.gilg@maine.gov.

The Maine Arts Commission supports artists, arts organizations, educators, policy makers, and community developers in advancing the arts in Maine. For more than 50 years, the Commission has encouraged and stimulated public interest and participation in the cultural heritage and programs of our state; worked to expand the state's cultural resources; and encouraged and assisted freedom of artistic expression for the well-being of the arts.

Comedian Sarah Martin to perform at Baxter Brewing Company



This will be one of Martin's last Maine performances before she moves to Los Angeles this fall.

The River Comics will present comedian Sarah Martin at Baxter Brewing Company in Lewiston on Friday, September 6 at 9 p.m. Also performing will be Dawn Hartill, Danny Jordan, and host Leonard Kimble. Admission is free and seating will be first-come, first-served.

Martin takes the stage in one of her last Maine performances before moving to Los Angeles. She is currently writing and starring in a darkly funny dramedy series called "Code Green" that is set in a psychiatric hospital. Since "Code Green" is garnering attention from Hollywood production com-

panies, the New England native plans to move to Los Angeles this fall. Series webisodes can be viewed directly on Facebook.

Martin has performed her witty and honest stand-up in clubs and casinos from New York to San Francisco. She has appeared on Sirius XM, the "Behind the Funny" podcast, "The Dan Romano Show," and "The Steve Katsos Show." Baxter Brewing Company is at 130 Mill Street in Lewiston.

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What do you think?

We strongly encourage Letters to the Editor, Op/Eds, columns or any other submissions from our readers.

Agree with us or another columnist? Disagree? Write to us and let us know!

Email all submissions, including name, address and phone number, to Editor@TwinCityTimes.com.

Chocolate Church Arts Center to present Lerner and Loewe's "Camelot"



The production will feature a seventeen-piece orchestra directed by Teresa Henderson and elaborate costuming by Marie Waltrip. (Photo by Dave Mention)

The Chocolate Church Arts Center in Bath will kick off its 42nd season with two weekends of performances of the iconic Lerner and Loewe musical "Camelot." The play brings to life the tricky tale of love, loyalty, and betrayal between King Arthur, Guinevere, and the knight Lancelot. The talented cast includes A.J. Gaudreau of South Portland as King Arthur, Gardiner's Caitlin Paul as Guinevere, Michael Blakemore of Brunswick as Lancelot, and Garret Coffey as Mordred.

Directed by Thom Watson, the production will feature a seventeen-piece orchestra directed by Teresa Henderson and choreography by Ashley Steeves. Costuming for the show, featuring full suits of armor, real swords and weapons, luxurious cloaks and gowns, and bejeweled crowns for the royalty, is by Marie Waltrip.

Evening performances will take place at 7:30 p.m. on Fridays, September 6 and 13, and Saturdays, September 7 and 14. Matinee shows will be presented at 2 p.m. on Sundays, September 8 and 15. Tickets are \$10-15 and can be purchased by calling 442-8455 or at www.chocolatechurcharts.org.

Bird Club plans September walks

The Stanton Bird Club of Lewiston and Auburn has two Wednesday Walks planned for the month of September. Those attending will look for remaining summer inhabitants and the first fall migrants.

Both walks will start at 8 a.m. and end around 11 a.m. They will be led by Stan and Joan DeOrsey. Please direct any questions to them at 406-4741 or jsmd@att.net. Club trips are open to all, regardless of past experience in nature.

The first walk will be on Wednesday, September 4. The group will gather and park at the YMCA Outdoor Education Center, located at 167 Stetson Road in Auburn. The property is on the right, before Schooner Estates. Please park on the gravel at the entrance.

The second walk will be on Wednesday, September 18 at Saint Peter's Cemetery in Lewiston. Enter on Deer Road off outer Main Street and proceed to the last roadway beyond the mausoleum.

Also, save the date for the club's Annual Meeting on Monday, October 7 at 5:30 p.m. at the Green Ladle, located at the Lewiston Regional Technical Center at 156 East Avenue in Lewiston. This is a dinner meeting with a special program; reservations are required. Full details will be available at StantonBirdClub.org.



Common in Maine all year, the Hairy Woodpecker will soon be returning to a bird feeder near you, especially if you offer suet or unsalted peanuts. The Hairy is told from the also common, but overall smaller, Downy Woodpecker by its longer bill - nearly as long as the width of its head. (Photo by Dan Marquis)

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Wondertwins return to Celebration Barn Theater



Winners of the Pioneers of Dance Award and Amateur Night at the Apollo, the duo will present a program called "To Hip Hop, with Love." (Photo by Sophie Browne)

The Wondertwins will return to Celebration Barn Theater on Saturday, August 31 at 7:30 p.m. with a program called "To Hip Hop, with Love." Winners of the Pioneers of Dance Award and six-time winners of Amateur Night at the Apollo Theater, this innovative dance duo combines mime, vaudeville, robot, tap, and hip-hop to create a distinctive, kaleidoscopic style all their own.

Over the course of a professional dance career that began at age 10, identical twins Billy and Bobby McClain have worked with Bobby Brown, New Kids on the Block, legendary dancer-choreographer Maurice Hines, and some of the biggest names in hip hop. Hines has said "they dance in the same spirit as the great brothers of dance before them" and former Alvin Ailey American Dance Theater executive director Judith Jamison has called them "absolutely beautiful, strong, powerful, and electric... made for Broadway."

Tickets are \$16 for adults, \$14 for seniors, and \$8 for kids. All tickets are general admission and members receive priority seating. The lobby and concessions will open at 6:30 p.m. Purchasing tickets in advance is strongly recommended. Celebration Barn Theater is located just off Route 117 at 190 Stock Farm Road in South Paris. For more information or to purchase tickets, call the box office at 743-8452 or visit www.CelebrationBarn.com.



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Norlands annual Pie Social coming Sep. 7



Some pies will be baked by Norlands’ staff using the woodstove in the historic farmer’s cottage.

Enjoy a slice of pie with a side of history when the Washburn-Norlands Living History Center in Livermore presents its ninth annual Pie Social fundraiser on Saturday, September 7, from 1 to 4 p.m.

Against a backdrop of rolling fields and woodlands, the delicious aroma of homemade pies of every type, made and donated by Norlands’ volunteers, will fill the air for this event. Some pies will also be baked by Norlands’ staff using the woodstove in the historic farmer’s cottage.

All pie may be served plain or with real whipped cream or homemade ice cream, while supplies last. Whole pies will be for sale for \$13 and individual slices will be served up for a donation. All proceeds will support the Norlands’ museum and farm programs, so have that second piece or purchase a whole pie to take home.

For the third year, the event will include a Pie Baking Contest for amateur bakers. Participants can enter their own homemade pie for the chance to win Norlands-inspired prizes. Contest rules and entry forms may be found at www.norlands.org/eventsor.

Contestants may win a special “Gold Medal” prize if they make the crust using Gold Medal Flour. Norlands is the ancestral

home of the founder of Gold Medal Flour, Cadwallader Colden Washburn. Born in Livermore in 1818, Cadwallader later moved west and, at the age of 48, built a flour mill on St. Anthony Falls in Minneapolis, Minnesota. In 1880, he entered several types of flours in the International Millers’ Exhibition in Cincinnati, taking home the bronze, silver, and gold medal prizes. He then changed the name of the company, launching the iconic Gold Medal brand.

Visitors to the Pie Social will hear more about Cadwallader during a tour of the Washburn’s elegant home, built in 1867. Guided tours will be available all

afternoon. Visitors may also experience school as it was circa 1853 by taking a short walk down to the one-room schoolhouse, also open all afternoon, where the schoolmaster will await scholars of all ages.

A \$5 general admission fee will be charged for the mansion and schoolhouse tour. Otherwise, it is free to attend the Pie Social and enter the baking contest. Activities will take place rain or shine.

The Washburn-Norlands Living History Center is located at 290 Norlands Road in Livermore. For more information, call 897-4366 or visit www.norlands.org.

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SEPTEMBER 7, 2019

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Bring the pies to Norlands between noon and 4pm on September 7th.
For more information:
www.NORLANDS.org

Norlands is the ancestral home of the founder of Gold Medal Flour.

St. Dom’s plans Beer & Beef Cornhole Tournament



In addition to the tournament, those attending will enjoy delicious food, receive two drink tickets, be entertained by music provided by DJ Will Cobb, and have a chance to enter a variety of raffles.

To help fund extracurricular activities at Saint Dominic Academy, the school’s Booster Club will host the second annual St. Dom’s Beer & Beef Cornhole Tournament on Saturday, September 14 at 5 p.m. at the academy’s Auburn campus, located at 121 Gracelawn Road.

The tournament will include pro and amateur brackets. Cash prizes for the top three finishers in both categories will range from \$50 to \$300. Those attending will also enjoy

delicious food like sliced beef and gravy, pulled BBQ chicken, salads, and dessert; receive two drink tickets, with bartending by staff from Pedro O’Hara’s in Lewiston; be entertained by music provided by DJ Will Cobb; and have a chance to win a variety of raffles. All from the St. Dom’s community and beyond are invited to attend. Tours for prospective students and their families will be available upon request.

All proceeds from the event will benefit the All

Saints Booster Club, whose mission is to create an environment that inspires all students, alumni, parents, and the community to collectively ensure a positive and spirited atmosphere for the school’s extracurricular and athletic programs.

Tickets are \$35 per person through September 1 and \$40 thereafter. For more information, call 782-6911. To purchase tickets, stop by the main office at the Auburn campus, call 782-6911, or visit <https://saintdominic-aware3.net/form/gbMUQv9>.

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Friday, Aug. 30
Art Walk LA. 5 to 8 p.m. Various venues in downtown Lewiston-Auburn. This month's event features a water-themed art show at Bear Bones Beer and live music by the Midcoast Orchestra Trio, Sylvain's Acadian Aces, and Married with Chitlins. For details, venues, see www.laarts.org.

Saturday, Aug. 31
Summer Saturday Concert Series. 6 p.m. Waterfront Park, Commercial St., Bath. Steel drum band Pan Fried Steel closes out the series with their traditional steel drumming and renditions of rock, pop, and reggae songs. Pres. by Chocolate Church Arts Center. Free.
"To Hip Hop, with Love." 7:30 p.m. Celebration Barn, 190 Stock Farm Rd. (just off Rte. #117), So. Paris. Identical twins Billy and Bobby McClain perform as the award-winning dance duo the Wondertwins. \$16/14/8. 743-8452; www.CelebrationBarn.com.

Tuesday, Sep. 3
"Music for Mavis" Outdoor Concert. 6 p.m. Turner Gazebo, Village Green, Turner Center. This week's performer is The Cobblestones, featuring M. & M. Plourde, C. Constanzi, and T. Simmons (acoustic Americana). Free, but a "pass the hat" suggested donation supports the series. 754-0954.

Wednesday, Sep. 4
Rotary Breakfast Club Meeting. 7 a.m. Governor's Restaurant, 1185 Lisbon St. Lewiston. Accompanied by her service dog Moxie, retired U.S. Army veteran Christina "Christy" Gardner will speak on the topic of "Perseverance." All welcome; breakfast \$12.
Stanton Bird Club Walk. 8 to 11 a.m. YMCA Outdoor Education Center, 167 Stetson Rd., Auburn. The group looks for fall migrating birds. Free and open to all. 406-4741.
"College Success Skills." 6 p.m. B Street Community Center, 57 Birch St., Lewiston. Kassie Schmidt, a Lewiston Adult

Calendar

See more Calendar at www.TwinCityTimes.com

Ed College Transitions Program alum who recently graduated from CMCC, discusses her experiences balancing college classes and parenting. \$15. To Register at www.lewiston.maineadulted.org.
Open House. 6 to 8 p.m. Turner Adult Learning Center. Visit MSAD52 Adult Education to learn more about their offerings for academic study, job training, and career advancement; you need not live in the district. Find your next step! 225-1010.

Thursday, Sep. 5
Ribbon Cutting & Open House. 11 a.m. Key-Bank Business Service Plaza, 415 Lisbon St., Lewiston. Join the LA Chamber of Commerce as they help CES, Inc. celebrate their move to this new local location; tours, refreshments. Free. www.cesincusa.com.
Rotary Lunch Club Meeting. Noon to 1 p.m. Village Inn, 165 High St., Auburn. The guest speaker is Jeff Brickman, CEO of Central Maine Healthcare. www.lewistonauburnrotary.org.

L-A Greek Festival Opening Night. 4 to 8 p.m. Holy Trinity Church, 155 Hogan Rd., Lewiston. This "soft opening" for the weekend festival features wine tasting, gyros and baklava, and Greek dance lessons on the hour starting at 5:00. 783-6795.

Friday, Sep. 6
L-A Greek Festival. 11 a.m. to 9 p.m. Holy Trinity Church, 155 Hogan Rd., Lewiston. This annual celebration of Greek culture features church tours, kids' activities, a Bazaar, treasure trove, Greek Taverna, and Family Café. Again 9/7. 783-6795.

Theater: "Camelot." 7 p.m. Chocolate Church Arts Center, 804 Washington St., Bath. Lerner and Loewe's musical brings to life the tricky tale of love between

King Arthur, Guinevere, and the knight Lancelot. Again 9/7-8, 13-15 (Suns. at 2 p.m.) \$10-15. 442-8455; www.chocolatechurcharts.org.
Comedy Show. 9 p.m. Baxter Brewing Company, 130 Mill St., Lewiston. Performing tonight are host Leonard Kimble, Dawn Hartill, Danny Jordan, and headliner Sarah Martin. Free.

Saturday, Sep. 7
Lisbon Golden Reunion. 11 a.m. on. Ramada Inn, Lewiston. All who graduated from or attended Lisbon High School 50 or more years ago are invited; music, raffles, buffet at 12:30. \$30. To register, call Nancy Violette at 353-8013.
Pie Social. 1 to 4 p.m. Washburn-Norlands Living History Center, 290 Norlands Rd., Livermore. Come enjoy guided tours (fee) and home-made pies for sale whole (\$13) or by the slice (donation) at this annual fundraiser. 897-4366; www.norlands.org.

Monday, Sep. 9
Book Discussion. 12:30 p.m. Auburn Public Library. The library's Auburn Page Turners group discusses David Benioff's novel "City of Thieves." Copies avail. through interlibrary loan. 333-6640, ext. 4.

Tuesday, Sep. 10
"Music for Mavis" Outdoor Concert. 6 p.m. Turner Gazebo, Village Green, Turner Center. This week's performers are Norm and Deb Pelletier, aka Hot Damn (country to classic rock). Free, but a "pass the hat" suggested donation supports the series. 754-0954.

Friday, Sep. 13
Theater: "Camelot." 7 p.m. Chocolate Church Arts Center, 804 Washington St., Bath. Lerner and Loewe's musical brings to life the

tricky tale of love between King Arthur, Guinevere, and the knight Lancelot. Again 9/14-15 (Sun. at 2 p.m.) \$10-15. 442-8455; www.chocolatechurcharts.org.

Saturday, Sep. 14
Beer & Beef Cornhole Tournament. 5 p.m. St. Dominic Academy, 121 Gracelawn Rd., Auburn. Pro and amateur brackets, cash prizes; also incl. dinner, two drink tix, music, and raffles. Proceeds support Booster Club. \$40 (\$35 before 9/1). 782-6911.

Tuesday, Sep. 17
"Music for Mavis" Outdoor Concert. 6 p.m. Turner Gazebo, Village Green, Turner Center. This week's performer is talented high school musicians The Only Hope (music of the '50s through '90s). Free, but a "pass the hat" suggested donation supports the series. 754-0954.

Wednesday, Sep. 18
Stanton Bird Club Walk. 8 to 11 a.m. St. Peter's Cemetery, Lewiston. Enter on Deer Road off outer Main Street, proceed to last roadway beyond the mausoleum. The group looks for fall migrating birds. Free and open to all. 406-4741.

Free Pet Wellness Clinic. Noon to 2 p.m. Kennedy Park, Lewiston. The Greater Andro. Humane Society offers free vaccines, microchips, and pet food; please bring dogs on leashes and cats in carriers. www.SavingPetsInMaine.org.

Membership Meeting. 6 p.m. Parish Hall, Holy Family Church, 607 Sabattus St., Lewiston. The Ladies of St. Anne Sodality will serve a pot luck dinner and install officers and counselors. Purchase tix by 9/10. \$10. 782-4516.

Square & Round Dance Lesson. 6:30 p.m. Cafeteria, Oxford Hills Middle School, 100 Pine St., So. Paris. The Swingin' Bears Square Dance Club kicks off their season with this free dance lesson for prospective members. 966-2327; <http://swinginbears.squaredanceme.us>.

Saturday, Sep. 21
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| 47 Meters Down: Uncaged (PG-13) | 1:30 | 4:30 | 6:55 | 9:10 |
| Good Boys (R) | 1:20 | 4:20 | 7:15 | 9:45 |
| The Angry Birds Movie 2 (PG) | 1:15 | 4:15 | 7:10 | 9:30 |
| The Art of Racing in the Rain (PG) | 1:00 | 4:00 | 6:50 | 9:25 |
| Scary Stories to Tell in the Dark (PG-13) | 1:10 | 4:10 | 7:00 | 9:40 |
| The Lion King (PG) | 12:30 | 3:30 | 6:35 | 9:15 |
| Fast & Furious Presents: Hobbs & Shaw (PG-13) | 12:35 | 3:35 | 6:40 | 9:35 |
| Toy Story 4 (G) | 12:50 | 3:50 | | |
| Spider-Man Far From Home Extended Cut (PG-13) | 6:30 | 9:20 | | |

Challenge. Teams of four compete to solve clues and earn points at Destination Spots across the LA Metro region. \$25 (\$100 per team). Pres. by the LA Metro Chamber and Uplift LA. 783-2249; www.LAMetroChamber.com.

Monday, Sep. 29
"Meet A Franco Author." 7 p.m. Room 170, L-A College, 51 Westminster St., Lewiston. Pres. by the Franco-American Collection, this new series kicks off with a visit by novelist Ernest Hebert ("Dogs of March").

Saturday, Sep. 28
Public Office Hours. 11 a.m. to 12:30 p.m. Couture Room, Lewiston Public Library. Lewiston's delegates to the Maine Legislature answer questions and provide an update of the current legislative session. To RSVP, see <http://bit.ly/lewistonofficehours>.

Saturday, Oct. 26
Public Office Hours. 11 a.m. to 12:30 p.m. Couture Room, Lewiston Public Library. Lewiston's delegates to the Maine Legislature answer questions and provide an update of the current legislative session. To RSVP, see <http://bit.ly/lewistonofficehours>.

Saturday, Nov. 23
Public Office Hours. 11 a.m. to 12:30 p.m. Couture Room, Lewiston Public Library. Lewiston's delegates to the Maine Legislature answer questions and provide an update of the current legislative session.

To RSVP, see <http://bit.ly/lewistonofficehours>.

Museum
Continued from page 1
State Museum is open Tuesday through Friday from 9 a.m. to 5 p.m. and Saturday from 10 a.m. to 4 p.m. Regular admission is \$3, or \$2 for kids ages 6-18 and adults over 62. Children under 6 enter free of charge and the maximum charge for families is \$10. For more information call 287-2301, or see www.maine.state-museum.org.

Forum
Continued from page 9
scares me most is what happens when President Elizabeth Warren and a Senate majority of sixty-two Democrats, which someday will be elected... If you hand over the power to start regulating your speech on the Internet because you wanted them to protect you in the first place, you are just asking for really, really bad things to happen to you."

There was a Q&A session after each speaker and more Q&A at the end. The audience was engaged and lively. The event was the third public event hosted by the Gray Republican Committee in 2019 and will be followed by additional events this year and next. For more information, visit <http://grayrepublicans.org>.

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BOOTHBAY’S BOTANICAL GARDENS AGLOW- DECEMBER 5, 2019. Dinner at Taste of Maine Restaurant in Woolwich

(on your own) - Price is \$50.00 pp.

CHRISTMAS TRIP TO THE WHITE MOUNTAIN HOTEL & RESORT - DECEMBER 8 - 9, 2019. Trip includes 1 night lodging, 2 shows, 3 meals
Price is \$289.00 pp double occupancy.

WASHINGTON, D.C. - APRIL 23 - 29, 2020. Trip includes 6 nights lodging, 10 meals, NEW BIBLE MUSEUM, WWII Memorial, Korean and Vietnam Memorials, Lincoln Memorial, tram ride through Arlington National Cemetary, evening guided memorial & monument tour, admission to Mount Vernon Estates.
A \$75.00 deposit is due when signing up.
Price is \$759.00 pp double occupancy.

ITALIAN VISTAS TOUR- MAY 16-28, 2020-Trip includes 13 days and 17 meals. SPECIAL TRAVEL PRESENTATION WILL BE HELD OCTOBER 8, 2019 at 2 p.m. at the Lewiston Senior Center. If interested, please come and hear and get detailed information.

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Price is \$859.00 pp double

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For questions and detailed information on these trips, please call:

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