



TWIN CITY TIMES

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Desgrossielliers attends Francophonie Conference in New Brunswick, Canada



Camden Martin, guest services coordinator for Museum L-A, was one of 17 chosen out of 265 candidates to participate in a Youth Mobilization conference in Moncton, New Brunswick in August. Canada's Prime Minister Justin Trudeau and his wife Sophie met briefly with the youth group. Included in the group were Magalie Civil, Sandrine Croteau, Jean Yannick Egnath, Erika Langlais, Camden Martin (kneeling), Sarah Mills, Emilie Thibeault-Maloney, Kenza Zaoui, Ngoné Diagne, Corinne Labelle, Angela Lorenzo, William McGrew, Jean Elie Paul, Laura Pelletier, Nicolas Servel, Carlos Adrián Zúñiga González, and Emmanuel Alberto Videla.

Members from the Centre de la Francophonie des Ameriques were intrigued by what Museum L-A accomplished in a three-month period which included enabling Franco organizations, restaurants, hotels, both cities of Lewiston and Auburn, and the LA Metro Chamber of Commerce,

to complete a test-run bus tour of local Franco heritage sites. Quebec delegates who participate in the bus tour were impressed, so they requested Rachel Desgrossielliers, founding executive director of Museum L-A, attend as a speaker to represent Lewiston-Auburn at the 2019 Conference of Franco-

phonie and Francophile Cities Network held recently in Moncton, New Brunswick. Conference attendees came from all regions of Canada, Louisiana and the New England states.

The Francophone and Francophile Cities Network was founded in 2015 by the cities of Quebec,

Moncton and Lafayette and has been managed by the Centre de la Francophonie des Ameriques since July 2018 with 150 member cities to provide a way for members to work together building tourism and economic and cultural links for the benefit of their cities and communities.

The cities of Lewiston and Auburn became members of the network through the Gendron Franco Center with other Francophone organizations who became part of the network. In March 2019, Museum L-A worked with a Quebec intern to organize Franco Trail L-A—a walking tour and bus tour, a website and an app that would become a product to be offered as part of a larger New England Franco route being developed that included Woonsocket R.I., Manchester N.H., Biddeford and Lewiston-Auburn, Maine.

The panel discussion in which Museum L-A participated, along with Anne Conway of Rhode Island, Isabelle de Bruyn of Ontario and Gwen Leblanc of Nova Scotia, was titled, "On the Way: Creating Tourism Routes." Projects

See Conference, page 11

Cooking Matters Maine Provides Programming to a Milestone of 30,000 Mainers



In nine short years, Good Shepherd Food Bank's Cooking Matters programming reached more than 30,000 Maine-based participants. Cooking Matters Maine provides hands-on cooking and nutrition classes, as well as grocery store tours, throughout the state, led by volunteer professional chefs and nutritionists. The courses last six weeks and at each class, participants receive a bag of groceries and recipes to try at home. The tours provide strategies to extend limited food budgets while shopping for healthy, affordable foods.

"It takes a lot of support and teamwork to make Cooking Matters a success," said Courtney Kennedy, nutrition and education man-

ager for Good Shepherd Food Bank, which operates Cooking Matters in Maine. "A major highlight for this year was a strategic focus on working with childcare providers statewide. Cooking Matters was able to provide ways that in-home and center-based childcare providers can prepare healthy, affordable meals for kids in their care."

From July 2018 to July 2019, Cooking Matters Maine held 276 courses and saw a 93% graduation rate. This represents tremendous growth from when the program started in 2011 when the food bank worked with partners to offer 22 Cooking Matters courses to 344 participants. As the program continues to build partnerships that support Good Shepherd Food Bank's work to reach families in Maine with valuable nutrition and food skills education, the success can only continue to grow. Currently, courses are taught through several partnerships including Maine SNAP-Ed, Cooperative Extension EFNEP programs and Let's Go! 5-2-1-0. The programming is made possible due to the generous support of Hannaford Supermarkets.

If interested in participating in Cooking Matters or learning more about hosting a Cooking Matters course in your area, please contact Courtney Kennedy, nutrition and education manager at Good Shepherd Food Bank at ckennedy@gsfb.org or (207)782-3554.

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Newsmakers, Names & Faces

Sue Fournier Joins Fontaine Team as New Agent



working with both buyers and sellers. Sue currently resides in Greene and will be working out of our Auburn location. She can be reached at 207-576-0366 or sue.fontainefamily@gmail.com.

Fontaine Family – The Real Estate Leader is a highly skilled real estate team of licensed professionals dedicated to focusing on the client. Fontaine was recently presented the 2019 Maine Family Business of the Year Award, voted Best Real Estate Company in the Greater Portland Area, recently recognized by Real Trends as a 2019 Top 250 Real Estate Team and published in the Wall Street Journal in the Top 250 Real Estate Professionals ranking in the top 1/2 of 1% of Realtors outperforming 99.9% of the nation's Realtors.

The Fontaine Family Team serves 8 counties – Androscoggin, Cumberland, York, Sagadahoc, Oxford, Kennebec, Franklin and Somerset – in three locations, 336 Center Street in Auburn, 432 US Route One in Scarborough and 43 Western Avenue in Fairfield. For more information visit brendafontaine.com or call (207)784-3800 or (207)289-3830.

Fontaine Family – The Real Estate Leader is pleased to announce the addition of Sue Fournier to the team at their Auburn location.

Sue grew up in Lisbon, ME and graduated from Lisbon High School. She then attended University of Southern Maine majoring in Journalism. After college, Sue worked as a bookkeeper

and office manager, along with being self-employed and pursuing her career in real estate. In her spare time, Sue enjoys going boating and spending time with her large family including her children and grandchildren.

Sue comes to Fontaine with her Maine real estate associate broker license and over 15 years' experience in real estate. She enjoys

Woman's Literary Union to Host Vintage Car and Fashion Open House



in commemoration of Auburn's 150th birthday, the Woman's Literary Union will host an open house featuring vintage cars and fashions from 2 – 4 p.m. on Saturday, September 14 at the Foss Mansion, 19 Elm Street, Auburn. Cars from the 1930's to the 1970's will be on display outside the mansion, while inside

the mansion, visitors may browse through displays of clothing styles ranging from 1870-1980. The event is free and open to the public.

The Woman's Literary Union was organized in 1892 with a mission of intellectual, cultural, and educational advancement of the community and to preserve the Foss Mansion which is

on the National Registry of Historic Places. The WLU of Androscoggin County is a 501(c)(3) charitable non-profit organization. For more information check womans-literaryunion.org

What do you think?

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From Zombies to Zen: Cartoons and Illustrations by Dan Cote and Rick Parker

LA Arts presents two extraordinary comic and graphic novel artists with ties to Maine in its LA Arts Gallery exhibition, From Zombies to Zen: Cartoons and Illustrations by Dan Cote and Rick Parker. The exhibition is on view September 4th through October 11th and will be the featured exhibition for the September 27th Artwalk LA. The LA Arts Gallery is located at 221 Lisbon Street in Lewiston. Gallery hours are Tuesday through Friday 12 – 4 p.m. and Saturday 11 a.m. – 3 p.m. The exhibition is free and the community is invited to attend.

Rick Parker is an artist, cartoonist, and writer, whose humorous work has appeared in the New York Times, The Village Voice, Life magazine and numerous comic books published by Marvel Comics. Parker is probably best known as the artist of MTV's Beavis and Butt-Head comic book, published by Marvel from 1994-1996. He was on staff at Marvel for many years and did lettering and production work on seminal comic series such as Spider-Man, The Avengers, Captain America, and GI Joe. Parker drew the introductory pages for the Tales from the Crypt series and has worked on numerous graphic novels such as Harry Potty and the Deathly Boring published by PaperCutz. He is currently working on a graphic novel about his experiences when he was drafted during the Vietnam War 50 years ago. Parker and his wife Lisa Trusiani, a writer and storyboard artist who also worked for Marvel Comics, live in Falmouth, Maine.

Born and raised in Lewiston, Maine, Dan Cote is a self-taught computer illustrator living in Los Angeles, California. He is the co-creator of Zen Intergalactic Ninja, a comic published by First Comics that he continues to draw 30 years after its debut. Cote and Steve Stern created Zen in 1985 when they met in Lewiston. Cote is a prolific experimenter. The first series of Zen comics was completely illustrated in airbrush, simply because



Dan Cote, *Zen Intergalactic Ninja: Tour of the Universe, 1995, airbrush, Entity Comics*

he was infatuated with the technique and the results the medium could achieve. Original artworks using this technique are featured in the LA Arts show.

"I liked creating textures with the airbrush. No one was doing that at the time," said Cote. "The airbrush usually produced excellent wispy or shiny results, but I would introduce textures by laying things on the surface of the image, such as nylons, grape stems and wire."

From Zombies to Zen is one of several exciting comic and illustration events happening in L-A in September. On September 21st, The Great Falls Comic Expo, 2019 Fall Edition takes place from 10 a.m. - 4 p.m. at the Gendron Franco Center. And Kimball Street Studios, 191 Lisbon Street, Lewiston will present Infinite Canvas: Comics and Fantasy Illustration, an exhibition of works by talented local fantasy art and illustration artists, in time for the September 27th Art Walk LA.

Since 1973, LA Arts,

the arts agency for the cities of Lewiston and Auburn Maine, has pursued a mission to engage and inspire a vibrant community through arts and culture. The agency works with governments, businesses, schools and local arts and cultural organizations to create opportunities for community members across the generations to experience, learn, and participate in the arts. LA Arts organizes arts programs and initiatives, supports the work of local artists and art organizations, and highlights the essential role the arts play in shaping an economically vital, socially integrated, and forward-looking future for its community. Learn more at www.laarts.org.

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Maine Event Comedy Presents Ryan Gartley at Craft Brew Underground



Maine Event Comedy presents 20-year comedy veteran Ryan Gartley at Craft Brew Underground, Friday, September 13, 8 p.m. The show will also feature Al Ghanekar, Leonard Kimble, and Paul Cyphers.

With nearly 500 shows of experience, Gartley has performed everywhere from Las Vegas to Bangor. He was featured on the internationally syndicated Steve Katsos Show and was a semi-finalist in the Portland and Boston Comedy Festivals. His critical observations and dry humor have earned him opening spots for national headliners Lenny Clarke, Jeff Dunham, Steven Wright, and Dave Coulier.

Ghanekar has worked with national headliners at New York City's Gotham Comedy Club and, along

with shows throughout the United States, has performed in Sydney, Australia, and Mumbai, India.

As charming as he is funny, Kimble produces shows throughout Maine with The River Comics and recently advanced to the second round in the Last Comix Standing competition at Mohegan Sun.

Dark, cynical, and hilarious, Cyphers hails from Worcester, Massachusetts and has performed at the WOOtenanny Comedy Fes-

tival, The Comedy Attic, and WooHaHa Comedy Club.

The show is for ages 21-and-older; admission is pay-what-you-can. Craft Brew Underground is located at 34 Court Street, Auburn. It was voted the No. 1 Craft Beer Bar in Maine and offers more than 200 choices of craft beer, hard cider, and mead. For more information call/text (207) 513-0742 or email maineventcomedy@gmail.com.

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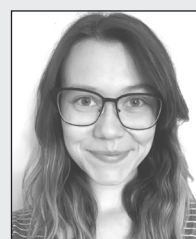
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What's Going On

Lewiston High School Referendum

In 2017, Bill Webster, then superintendent of schools, convened a group of interested citizens and school personnel to discuss adding a music, visual arts, and performing arts wing to Lewiston High School. The high school constructed almost 50 years ago, had a proposed wing deleted from the blueprints prior to the beginning of construction in order to stay within budget limits.

The 2017 group began with a needs assessment related to student and programming requirements at LHS. The results indicated identifiable demands for a

more secure main entrance to the building, more appropriate facilities for special needs students, and better space for the fine arts.

Working with Lavallee/Brensinger Architects, the group developed plans and took them to the city council for a workshop, to explain necessities and processes involved in educating students in the 21st Century. The city council approved a concept design and set a citywide vote for November of this year.

There are seven benefits to constructing the new wing: A more secure main entrance to LHS; An ex-

panded office suite to meet student needs; A second elevator, for quicker medical emergency response time; New classrooms so teachers won't have to travel between classes; Inclusive special education classrooms, in the mainstream; Visual and performing arts classrooms moved out of storage areas; Adult and community education space.

This new wing will correct problems created decades ago and will meet needs which have developed more recently due to increased demands for space, and to satisfy federal and state mandates.

Washington Street Drug Investigation

On Friday August 30th, Auburn Police were called to a residence on Washington St. (North) for a report of a suspected drug overdose. When officers arrived, they found a 44-year-old man unconscious and in medical duress, suffering from an apparent drug overdose. Paramedics immediately administered Naloxone, which successfully revived the man.

During the overdose investigation, drugs and guns were observed near the victim. Based on the illegal drugs and weapons, officers obtained a search warrant for the residence as well as a facility located at 30

Riverside Drive in Auburn that was being leased by the same individual.

During the search, officers located and seized several firearms, including a 50-caliber weapon, hundreds of rounds of ammunition, including some rounds believed to be "armor piercing/incendiary." In addition to the firearms and ammunition, a large amount of marijuana was located at the residence on Washington Street along with evidence of an illegal marijuana extraction operation. The property had numerous unapproved electrical and structural alterations to accommodate marijuana

cultivation.

A subsequent search of the leased facility on Riverside Drive in Auburn revealed an unlicensed marijuana cultivation facility. Neither the tenant nor the facility was registered or licensed with the State of Maine under the Maine Medical Marijuana Law or through the city of Auburn under the city's Medical Marijuana Stores, Cultivation Facilities, Manufacturing Facilities, and Testing Facilities Ordinance.

The matter remains under investigation by the Auburn Police Department and criminal charges are expected to be filed.

Federal Alzheimer's Research Funding Discussed at Roundtable in Lewiston

The Alzheimer's Association, Maine Chapter convened a roundtable discussion last week at the Lewiston Public Library. U.S. Congressman Jared Golden (D) joined by Alzheimer's researcher Dr. Greg Carter of The Jackson Laboratory, Laurie Bowie, Executive Director of the Alzheimer's Association, Maine Chapter, Kristen Cloutier, Mayor of Lewiston, and local community members, discussed the proposed \$350 million increase in Alzheimer's research funding at the National Institutes of Health (NIH) for fiscal year 2020.

"Maine has the oldest population in the nation and age is the highest risk factor for Alzheimer's, so we have good reason to be concerned about the growing impact," said Laurie Bowie, Executive Director for the Alzheimer's Association, Maine Chapter. "We've seen a decrease in other major diseases when dollars are put toward research and treatments. Research is where the hope is, and we need to continue to make this a national health care priority to change the trajectory of this disease."

"Biomedical research is one of the best investments our government can make. Funding medical research should never be a partisan issue, and I was proud to join 222 of my Democratic and Republican colleagues in signing a letter publicly urging the Appropriations Committee to provide robust funding in Fiscal Year 2020 for the NIH," said Congressman Golden. "Some of our nation's leading biomedical research happens in Maine's Second District at Jackson Labs, MDI Biological Lab, and the University of Maine. Last year, the NIH awarded these and other institutions in our district more than \$80 million in competitive research grants. This funding is essential to the future success of our local institutions, and I will continue to look for ways to support the groundbreaking research done in our district."

"Maine has an aging

population that is increasingly vulnerable to Alzheimer's disease and similar dementias. But we also have cutting-edge research facilities and dedicated scientists that are focused on understanding the causes of this devastating disease," said Alzheimer's researcher Dr. Greg Carter of The Jackson Laboratory. "The use of new research technologies at the Jackson Laboratory is revealing more of the biological factors that underlie dementia, which can tell us which diagnostics and potential therapies will be most effective for each afflicted individual."

"Unless we move quickly to address this situation and find disease modifying treatments for those who have it, these costs will grow swiftly in lock step with the numbers of those affected, and Alzheimer's will increasingly overwhelm our state's health care system," said Kristen Cloutier, Mayor of Lewiston. "Now, more than ever, we need the research infrastructure in place to fight this devastating disease."

Alzheimer's is a progressive, neurodegenerative, and fatal disease. As the 6th leading cause of death and the most common form of dementia, Alzheimer's kills more than breast cancer and prostate cancer combined. The disease progresses from mild cognitive impairment (MCI) to an advanced stage in which the individual loses the ability to communicate, fails to recognize loved ones, becomes bed-bound and completely reliant on someone for all their personal care, ultimately requiring around-the-clock attention. It ends with the brain failing to signal the heart to beat or the lungs to breathe. Caring for individuals with Alzheimer's is difficult, expensive and heartbreaking. Existing treatments provide, at best, only modest symptomatic relief over a short duration. We still lack a disease modifying therapy.

Age is the greatest risk factor for Alzheimer's, so the rapidly growing number of older Americans will lead to a corresponding rapid

growth in the prevalence of Alzheimer's disease. The number of people living with Alzheimer's is projected to grow from more than 5 million today to nearly 14 million in 2050. One in ten Americans over 65 has Alzheimer's, and the proportion of individuals affected rises with age. Maine is the oldest state in the country and will in turn see a 25% increase in folks living with Alzheimer's between now and 2025.

Alzheimer's also poses an increasingly dire threat to our nation's fiscal future. The New England Journal of Medicine identifies Alzheimer's as the most expensive disease in the United States, costing the nation \$290 billion this year. In 2018, the lifetime cost of care for a person living with dementia was \$350,000 — with 70 percent of this cost borne by families directly through the value of their unpaid care and out-of-pocket expenses. To put this in context, the out of pocket expenses for Alzheimer's are twice as high as cancer care and 74% higher than cardiovascular disease care.

The financial picture does not improve at the state level. In Maine there are 69,000 individual family caregivers providing \$998 million in unpaid care and support for the 28,000 Mainers living with Alzheimer's disease this year. MaineCare costs are roughly 19 times higher for seniors living with Alzheimer's and dementia than costs for other seniors. This year Alzheimer's will cost MaineCare \$205 million dollars and is set to grow 32.6% between now and 2025.

The Alzheimer's Association is the leading voluntary health organization in Alzheimer's care, support and research. Our mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. Our vision is a world without Alzheimer's®. Visit alz.org or call 800.272.3900.

Bean Supper

The Auburn United Methodist Church will hold its Bean Supper on Saturday, September 28, at 5 p.m. The Church is located at 439 Park Avenue. Cost is \$8 for adults, children age 6-12 is \$4, and children under 5 are FREE. The menu consists

of Baked Beans, Casseroles, Hot Dogs, Coleslaw, Bread, Beverages and Pies. Entertainment will be provided by the Park Avenue Pickers, beginning at 4:30. Invite a friend. For additional information, please call the Church office at 782-3972.

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Guest Column: Mixed feelings after our special session

By Sen. Ned Claxton

On the last Monday of August, Maine legislators from across the state were called back to Augusta for a one-day special session. Our agenda was clear: to approve four carefully crafted bond packages so that they could appear on the ballot in November for voters' consideration. Although we felt positive about how the day would go upon arrival to Augusta, by the time we adjourned a little after 7 p.m., I left the capitol with mixed feelings.

The bond packages that we considered would have invested in areas such as National Guard facilities, career and technical education centers, rural broadband expansion, wastewater treatment and energy-efficient heating, maintaining public lands and working waterfronts, as well as our transportation infrastructure. In my eyes, these were all worthy areas of investment. However, only the transportation bond was approved by the Legislature.

We all know how badly our roads and bridges need to be repaired and upgraded. It's an issue that affects everyone in one way or another. It's not only a matter of a smooth ride in your car, but one of commerce, safety and access to our entire state. An investment in transpor-

tation infrastructure not only address these all-too-common issues, but it also puts Mainers to work. Road crews report that they're ready and waiting for new projects. These are honest, hardworking Mainers who were counting on the Legislature to approve this bond so they can plan out their working season and budget. Additionally, the transportation bond gives Maine access to at least \$137 million in matching federal funds. Maine Transportation Commissioner Bruce Van Note said this bond is "mission critical" to maintaining and repairing our roads, bridges and culverts; I couldn't agree more. This investment is a win-win opportunity all around, and it's for those reasons that I felt a sense of relief when I knew that at least this bond would go to the voters in November.

My disappointment in the day comes from the fact that we were unable to pass the three other bond packages. I truly believe these bond proposals would have all been smart investments in important areas of our economy. Also, I am disheartened that voters will not get a chance to make their voices heard on these topics. Our votes on these bonds in the State House were just one step in the process. If all four proposals had passed the legislature,

they would have been put on the ballot in November for you to approve – or not. I want voters to have a say on these large investments our state is making. Even if a legislator may not agree with a certain bond, it's only right that everyday Mainers get a chance to make their voice heard.

One area that stands out to me is broadband internet expansion in rural areas. There is no reason in today's economy that anyone should have to go without access to high-speed internet. Internet access is becoming more and more critical to keep up with today's world. Access to a reliable internet connection is now as necessary as other utilities, such as the telephone and electricity. As Legislators, we talk about growing our state and increasing opportunities in our rural communities. Internet access is a crucial part of that goal. I am disappointed that the bond for this investment was not approved.

However, I'm not disheartened. My fellow lawmakers and I will return to Augusta in January, and I'm eager to get back to work. I promise I'll keep doing all I can to make sure your voice is heard. I want to make sure Maine makes smart investments in our economy and to preserve our independent way of life.

What's Going On

Androscoggin Bank Recognized as National Best Employer by Aon



Pictured Left-Right: Chief Administrative Officer Jeffrey Smith, Chief Funding Strategy & Relationship Officer Karen Hayden, Chief Financial Officer James Kacer, President Neil J. Kiely, Chief Lending Officer Benjamin Geci, Chief Human Resources Officer Michelle Love, Chief Executive Officer Paul H. Andersen.

Androscoggin Bank has been recognized as an Aon National Best Employer for 2019. This award is a distinguished honor for employers in the United States who achieve certain requirements under Aon's Best Employers Global Certification Program.

With almost 20 years of experience in best employer research across the world and backed by more than 50 years of experience in employee research and a robust global database, the Aon Best Employers certification compares organizations to identify those that strive to create sustainable, competitive advantage through their people and become extraordinary employers.

According to Neil J. Kiely, Bank President, "This award reflects our deep commitment to operating as a mission-driven, values-based team to attract and empower the best employees, which in turn enables us to deliver exceptional value and experiences to our clients and community partners."

SVP, Chief Human Resources Officer for the Bank, Michelle Love said, "We

are thrilled to be recognized as an Aon Best Employer, which demonstrates our commitment to our people and our continued focus on creating an engaging working environment built on trust and shared values."

Alongside empowerment and engagement initiatives, the Bank also strives to invest in progressive compensation and benefits including tuition reimbursement, individual development planning and paid parental leave. Androscoggin Bank currently employs 175 employees across 14 locations throughout the state of Maine. The Bank is always looking for new talent.

Love added, "These results didn't just happen. They arose out of our desire to listen to our employees, respond to their needs, and to create empowerment and ownership. Employees at all levels worked through defining our Bank's shared values and have been putting those values to work. Employees at Androscoggin Bank are empowered in a number of ways to do what is right for our clients and our communities, what is in line with

our shared values, and what is best for our team."

To achieve recognition through the Aon Best Employers certification, Androscoggin Bank was assessed on four measures: Employee Engagement: Employees speak positively about their employer, intend to stay and are motivated to exert extra effort at work; Organization Agility: Employees see that the organization is highly adaptive, innovative, inclusive and responsive to the changing needs of its customers; Engaging Leadership: Leaders are deeply connected with employees to drive engagement, communicate a clear vision and exert strong personal values; Talent Focus: Employees see that the organization is focusing on attracting and retaining great talent and accelerating to the extraordinary people's potential.

Androscoggin Bank, headquartered in Lewiston, Maine since 1870, is dedicated to serving the communities of Maine, its residents and the business community. As of 12/31/18, Androscoggin Bank had assets totaling \$1.051 billion. Androscoggin Bank is Member FDIC.

All Catholic Churches in Maine to Hold Special Collection for Victims of Hurricane



Special collection in all parishes: September 14-15, 2019

Bishop Robert P. Deeley has authorized a special collection at all of Maine's Catholic churches on the weekend of September 14th-15th to provide aid and support to victims of Hurricane Dorian as well as other natural disasters that could occur this year.

Hurricane Dorian intensified before making landfall in the Bahamas where it battered the island for nearly 40 hours, leaving catastrophic damage in its path with at least 20 deaths recorded and thousands of homes and buildings destroyed.

"The devastation caused by Hurricane Dorian is a harsh reminder that hurricane season has begun. This special collection will allow the Diocese of Portland to respond to the immediate, emergency needs and long-term recovery of many who are suffering,"

said Bishop Deeley.

The Diocese of Portland has had a special relationship with the Diocese of Nassau in the Bahamas for nearly 40 years since the Second Vatican Council called faithful Catholics to be "missionary." This relationship included a mission in the Bahamas that was staffed by the Sisters of Mercy of Portland.

"Our diocese has a long history of meeting humanitarian challenges and providing hope to those facing circumstances of great need," said Bishop Deeley. "I ask that we come together and offer our prayers, compassion, and generosity to support the thousands of individuals and families affected by this destructive storm."

Following the collection, financial assistance will be provided by the Diocese of Portland to Arch-

bishop Patrick C. Pinder, archbishop of Nassau, Bahamas, to help with the recovery efforts throughout his diocese.

If you wish to offer assistance prior to the special collection on September 14th-15th, Catholic Relief Services, along with local partners, are working to assess immediate needs in the Bahamas and organizing food, emergency shelter, and safe water for affected families. To make a donation, visit <https://support.crs.org/donate/hurricane-dorian> or call 1-877-HELP-CRS.

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Saint Dominic Academy Welcomes Bishop Deeley and School Community to Opening Mass in Lewiston

Holy Cross Church in Lewiston was filled with students, teachers, staff, parents, and community members on Wednesday, September 4, all gathered to welcome Bishop Robert P. Deeley and the start of a new school year during the opening Mass for Saint Dominic Academy.

“Are you all excited to be back? Did you find your classrooms?” Bishop Deeley asked the students, who came from both the Auburn and Lewiston campuses. “Yes!” said the children, led by the voices of the excited kindergarteners.

“That’s good! It gets easier from here. It’s wonderful to be back,” said the bishop.

During his homily, Bishop Deeley asked the students what their goals for

the year were. Predictably, “good grades” and “to learn things they didn’t know” were among the responses. The bishop reminded the students that in the first reading on Wednesday, St. Paul also asked the faithful about what their goals were in life.

“St. Paul speaks to the people about what’s important in their lives. Their faith is what grounds everything else because it reminds them that Jesus is the son of God and they are followers of Jesus,” said the bishop.

By celebrating Jesus’ Ascension into heaven, added the bishop, the students can understand the motivations of the Catholic faith.

“We want to remind ourselves that we want to love everyone as Jesus calls us to do. We want everyone to be cared for in our world,”

said the bishop. “God, the Father, in his compassion and love for his people, sent the Son, Jesus, into the world to bring life and eternal life. Jesus saved us from sin and opened the way for us to enter into eternal life. It is in that faith and hope that we gather this morning. Make sure your thoughts of eternal life, even though it is far away, are tied into your own life as you begin this school year.”

Students served during the Mass as readers and gift bearers, and the academy’s student choir sang beautifully during the Mass. Concelebrating the Mass with the bishop were Fr. Daniel Greenleaf, pastor of Prince of Peace Parish in Lewiston, and Fr. Seamus Griesbach, chaplain of Saint Dominic Academy and the director

of vocations for the Diocese of Portland.

There were new faces to welcome at the academy as well, with Marianne Pelletier, the new superintendent of Catholic Schools for the Diocese of Portland, introducing Roger LaChapelle, the interim principal of the Auburn campus (Grades 6-12); Alanna Stevenson, the new principal of the Lewiston campus (Pre-Kindergarten through Grade 5); and Tim Gallic, the academy’s new president.

At the end of Mass, Gallic presented the Anne Elizabeth Murphy Lampal Scholarship and the Laurianne Michaud Cormier Scholarship to deserving St. Dom’s students.

The Anne Elizabeth Murphy Lampal Scholarship was created by Marjorie Clifford in honor of her daughter Anne, a 1984 graduate of Saint Dominic Academy who died from cancer in 2008. The scholarship is awarded each year to an academy student or students who excel in the classroom and display a commitment to enriching the school community. This year, the winner was junior Grace Girardin. The Laurianne Michaud Cormier Scholarship is awarded each year to Saint Dominic Academy students who excel in the classroom and is a volun-



teer at St. Mary’s Regional Medical Center in Lewiston or another area health-care facility. Cormier, who was a native of Lewiston, became a dedicated volunteer at St. Mary’s, accumulating nearly 20,000 hours of service over 35 years. She was still attending to her duties at the hospital a short time before her death on June 23, 2015, just two weeks shy of her 103rd birthday. This year, the winners were senior Mia-Angelina Leslie and junior Patrick Manson. Both scholarship endowments are managed by the Catholic

Foundation of Maine (www.catholicfoundationmaine.org), which provides individuals and families with the opportunity to support and create lasting endowments that will enhance the work of the Catholic Church in Maine.

Following the Mass, a reception was held in the teachers’ room of the Lewiston campus, located next to Holy Cross Church. For more information about the academy or to schedule a tour of either the Auburn or Lewiston campus, visit www.stdomsmaine.org.



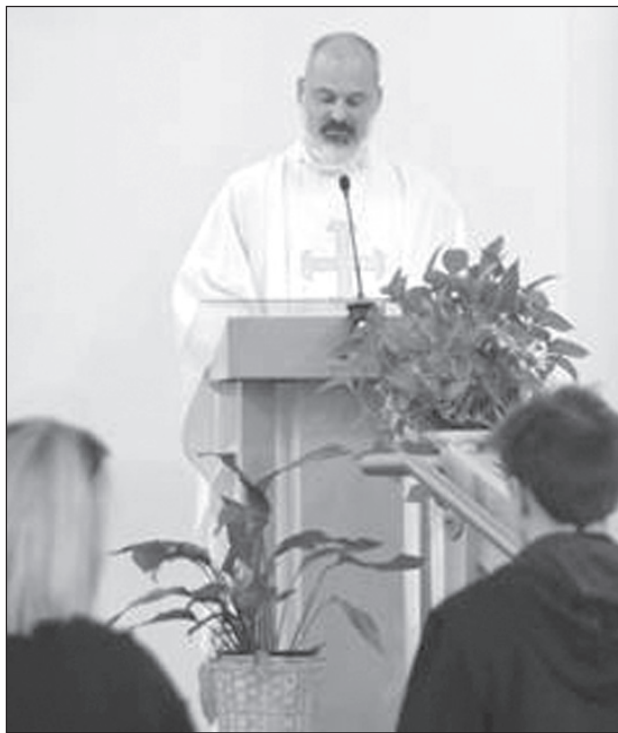
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Saint Dominic Academy Welcomes Bishop Deeley and School Community to Opening Mass in Lewiston



3D Mammography Now Offered at Central Maine Medical Center

Central Maine Medical Center's Sam & Jennie Bennett Breast Care Center is proud to be the only facility in the Lewiston/Auburn area to offer 3D breast imaging to every woman having a screening mammogram. Also known as tomosynthesis, 3D mammography is a safe and proven technology that has a number of benefits over traditional 2D methods, including:

- More accurate findings
- Better detection in dense breast tissue
- Earlier diagnosis
- Fewer callbacks for "false alarms"

The Bennett Center offers comprehensive breast care from prevention to diagnosis to treatment and ongoing support. Care is provided by a multidisciplinary team of clinicians who specialize in breast health, including a nurse navigator who helps guide patients through the process from diagnosis to recovery.

To schedule an appointment, call 207.795.2100 or visit cmhc.org.

Location
12 High Street, Suite 103
Lewiston, ME 04240

Telephone
207.795.2100



cmhc.org

Trinity Jubilee Center in Need

The Trinity Jubilee Center, 247 Bates St. in Lewiston is in need of soup kitchen volunteers for their Saturday morning meals, to help prepare, serve and clean up. Please email trinityleewiston@gmail.com if you are available to help. Donations of backpacks, steel toed shoes or boots, shampoos and soaps, are also needed for the Centers homeless patrons. A complete list of needed items is available at www.trinityjubilee.org. Items may be dropped off at the center, or at the Auburn United Methodist Church, 439 Park Avenue in Auburn.

Jefferson Street; Megan D. Parks, 12 Grovemount Lane. Ward 1: Bruce Damon, 22 Buttonwood Lane; Joshua L. Nagine, 108 Spring Street. Ward 2: Monique Roy, 45 Hamel Stree. Ward 3: Kiernan I. Majerus-Collins, 17 Jefferson Street. Ward 4: Tanya Marie Whitlow, 6 Gerry Street. Ward 5: Lynnea C. R. Hawkins, 79 Maple Street; Curtis T. Roundy, 109 Shawmut Street. Ward 6: Ronald W. Potvin, 291 Pond Road. Ward 7: Ryan M. Donovan, 10 Brann Avenue.

Clerk Announces List of Municipal Candidates

The Lewiston City Clerk's office has announced the candidates for office

for the city's municipal election on November 5, 2019. The candidates are:

Mayor: Mark A. Cayer, 97 Summut Avenue; Timothy J. Lajoie, 732 College Street; Charles A. Soule, 135 Bartlett Street.

City Council:
Ward 1: Walter Mirrisette Hill, 10 Loubier Avenue; Safiya S. Khalid, 518 Maine Street. Ward 2: Donna M. Gillespie, 15 Stanley Street; Zachary T.

Pettengill, 200 Montello Street. Ward 3: Alicia M. Rea, 94 Bardwell Street. Ward 4: Michel A. Lajoie, 279 Old Greene Road. Ward 5 Luke D. Jensen, 89 Shawmut Street. Ward 6: David B. Chittim, 28 No Name Pond Road; Kerryl Lee Clement, 4 Macintosh Lane. Ward 7: Stephanie J. Gelinas, 12 Treemount Drive; Michael J. Marcotte, 12 O'Connell Street; Kaitlyn Meagan Rouke, 151 East Avenue.

School Committee:
At large: Owen A. Cardwell-Copenhefer, 17

Jefferson Street; Megan D. Parks, 12 Grovemount Lane. Ward 1: Bruce Damon, 22 Buttonwood Lane; Joshua L. Nagine, 108 Spring Street. Ward 2: Monique Roy, 45 Hamel Stree. Ward 3: Kiernan I. Majerus-Collins, 17 Jefferson Street. Ward 4: Tanya Marie Whitlow, 6 Gerry Street. Ward 5: Lynnea C. R. Hawkins, 79 Maple Street; Curtis T. Roundy, 109 Shawmut Street. Ward 6: Ronald W. Potvin, 291 Pond Road. Ward 7: Ryan M. Donovan, 10 Brann Avenue.

Lisbon Street Shooting and Stabbing Investigation Continues

The Lewiston Police Department is continuing with its investigation into the reported altercation on Sunday, September 1st that ended with one male stabbed and another shot. The incident occurred just after 4:00 p.m. in area of 155 Lisbon Street.

The incident involved two males who knew each other. One of the males is the current boyfriend to a local woman and the other had previously been involved in a relationship with this woman. As such, this was not a random act of

violence.

The Lewiston Police have applied for and obtained a warrant of arrest and have charged one male; Noor Ali Hussein, age 24, of Lewiston, with Elevated Aggravated Assault, Class A and Reckless Conduct with a Firearm, Class C. Hussein remains hospitalized pending an initial court appearance. Hussein sustained a serious stab wound but is expected to recover.

The other male involved in the incident, Jarious Teofilo, age 25; also of Lewiston, sustained a

total of 3 gunshot wounds; to the chest, stomach and legs and currently remains hospitalized. His condition was deemed critical when he was transported.

The Lewiston Police Department is continuing its investigation. While it is possible further charges may be filed in this case, the department is not currently seeking additional suspects. Detective Tyler Michaud would like to hear from anyone who may have witnessed this incident. He can be reached at 207-513-3001 x 3316.

Artist Talk: Marsha Donahue: Painting Watercolors

Artist Talk with Marsha Donahue watercolor painter on Monday September 23, 5-6:30 p.m. at Bates College, Olin Arts Center 75 Russell Street, Lewiston, reception to follow.

Marsha Donahue was born in Waterville, Maine in 1950 and grew up in interior Maine. With degrees from both American University in Washington, DC and the Maine College of Art in Portland, Maine, Donahue has been an exhibiting artist along with working in gal-

eries in Washington, DC, and Portland, Maine. For over fifteen years she has owned North Light Gallery in Millinocket, Maine, representing artists of the northern Maine interior and teaching watercolor and oil painting. Donahue initiated her career as an oil painter, however, following a studio fire in the 90's, she turned to full time watercolor, eventually having four solo shows at Greenhut Galleries as a watercolorist. Though having had the

benefit of a salon education for eight years in college, she is entirely self-taught as a watercolorist. Within the last few years, she has returned to oil painting and is now attempting to integrate both mediums into the painting process. Besides her own gallery, Donahue's work is also on view at the Littlefield Gallery in Winter Harbor. Donahue lives with her husband, Wayne, a master plumber, and their dachshund, Dudley, in Millinocket.

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Deadline is Friday by five.



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TWIN CITY NIGHTS

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End of the Season Blowout



Join the Up-town Cruizahs Car Club on Saturday, September 14 at Tractor Supply, Route 26, Oxford for their end-of-season cruise-in from 10 a.m. to 3 pm. Club members will be busy throughout the day providing fantastic food at reasonable prices. While you're

there take a chance on the 50/50 pot and over \$500 in other prizes. And of course, spend some time visiting with folks who will be displaying their antique, classic or customized vehicles. Lots of fun for the whole family, so bring a chair and sit a spell and enjoy the festivities! As with the Monday night cruise nights, this event will be held weather permitting. Proceeds will benefit Camp Sunshine, Responsible Pet Care, Christmas For Kids and South Paris Veterans Home. For more information call Dan Tripp at 207-890-8778 or Garry Allen at 207-595-2691. Hope to see you there!



www.facebook.com/twincitytimes

Auburn Savings Bank Hosts Event to Promote New KidsPlus Children's Program

Auburn Savings Bank is hosting a free, family-friendly community event at their Auburn branch location to promote their new KidsPlus Children Program. The event will take place at Auburn Savings Bank, 256 Court Street Auburn on Saturday, September 14, 10 a.m. - noon.

Snuggly kittens, ice cold ice cream, balloon artistry to take home, and Penny the Pig! Bring the whole family and celebrate with us! The event is free

and open to the public!

We've partnered with Greater Androscoggin Humane Society, Lewiston Public Library, Auburn Public Library Advocates and St. Mary's Nutrition Center to help teach kids about the importance of giving back to the community as part of the KidsPlus program. GAHS will join us with adorable pets and our other partners will be on hand doing fun activities the whole family can enjoy.

Grab an ice cream

provided by Top It Frozen Dessert Bar on us! Watch as a balloon artist from Party Palooza creates exotic balloon animals for you to take home, get your picture with Penny the Pig and celebrate with us.

What a great kick off to your Saturday! You don't need to bank with Auburn Savings to attend, anyone is welcome!

Here is a link to the facebook event listing: <https://www.facebook.com/events/788844321571746/>

L-A Rotary to Welcome Steve Collins

Thursday, September 19, Steve Collins, will be the featured guest speaker of the Lewiston-Auburn Rotary Lunch Club from noon to 1 p.m. at The Village Inn, 165 High Street, Auburn. Collins is the State House Reporter for the Sun Journal newspaper and Board President of Youth Journalism International. Collins will share information regarding the upcoming Bill of Rights concert in Auburn. The concert, which is the Maine premiere of this work, will be at 3 p.m. Sunday, Sept. 22, at the First Universalist Church in Auburn. The music, which is for a large chorus and eight-member ensemble, brings the immortal words of the first Ten Amendments of the United States Constitution to life. Wesleyan University Professor Neely Bruce, who composed the work, will be in Maine to



conduct. U.S. Sen. Angus King plans to share insights on the Bill of Rights as part of the event. L-A Rotary meets every Thursday at The Village Inn, Auburn from noon to 1 p.m. Lunch is available for \$14. Guests and visiting Rotarians are always welcomed. For more infor-

mation, events and other club news visit www.lewistonauburnrotary.org and www.facebook.com/lewistonmainerotary/ or contact PR/Marketing Chair, Monica Millhime 713.7045, millhime@myfairpoint.net or Club President Celeste Yakawonis, 713.7111.

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Free Successful Aging Expo in Freeport

Older people and their families will have free access to 40+ sources of senior information Thursday, October 3, 9 a.m. – 2:00 p.m. at the Hilton Garden Inn, 5 Park Street in Freeport, during the annual Successful Aging Expo.

The Expo, hosted by Maine Senior Guide, will feature exhibitors like senior living communities, home care and home health options, downsizing, travel planning and insurance resources. Attendees can choose from nine speakers as part of the Successful Aging Forum from 10:00 a.m. – 2:00 p.m. in the Old Town Hall adjacent to the expo hall. Speakers include Salvation Army, which will

hold a will planning seminar at noon that includes a bag lunch for the first 20 people; Cruise Planners with a discussion of trip planning and questions to ask; Disability Rights Maine talking about free caption-capable phones for elderly Mainers with hearing issues. Keynote speaker Kristen Onos from Jackson Laboratory will close the expo at 2:15 p.m. with a talk on the latest in Alzheimer's research. Her free talk includes light refreshments.

There will be free flu shots by CHANS, antique appraisals by Daniel Buck, Zumba Gold demos and a seated dance workshop with Nancy Salmon.

Attendees can place

their name in the drawing for two door prizes. The grand prize is a night for two at the Hilton Garden Inn, movie tickets and a gift card to a local restaurant. The second door prize is round-trip tickets for two on the Amtrak Downeaster.

The expo is sponsored in part by Salvation Army, MidCoast-Parkview Health, and Maine Senior Guide. Media sponsors include Maine Seniors magazine.

Admission and parking are free, no registration required. For more info about the Successful Aging Expo, visit www.maineSeniorGuide.com or contact Maine Senior Guide at 207-232-7847 or dmclean@maineseniorguide.com.



LA Metro Chamber Business After Hours

LA Metro Chamber and Uplift LA will host Business After Hours at Central Maine Community College, 1250 Turner Street, Auburn on Thursday, September 19 5 – 6:30 p.m.

Central Maine Community College provides quality, accessible college education and lifelong learning opportunities by offering

career and technical education; education for transfer to the baccalaureate level; and services to support economic development and community vitality. CMCC is excited for this opportunity to connect with old friends, meet with new friends and share all of the new things that are happening at CMCC!

Catering is provided

by CMCC Catering & Culinary Departments. Cash bar provided by Dad's Place. After Hours is a great place to meet up with fellow business owners and friend! After Hours is a casual meet up for strengthening professional relationships within the business community. Food and drinks provided as well as 50/50 and Door Prizes!

Conference

Continued from page 1

of developing tourism routes as well as discussion of issues and challenges related to their implementation and success were presented. Museum L-A was asked to specifically address the issues of community engagement, creating dialogue between organizations and municipalities.

Camden Martin, guest services coordinator for Museum L-A, was chosen out of 265 candidates to participate in a Youth Mobilization section of the conference. Mobilisation Jeunesse 2019, or Youth Mobilization 2019, was an intensive training of four days that comprised both theoretical and hands-on workshops. This training was put together for participants living in the Americas, from ages 19 – 35, to wave durable links with other Francophones in the Americas and to contribute to the promotion of the Francophonie.

Youth participants were chosen based on their proficiency with the French language as well as demonstrating how they would be able to benefit from this training on a professional and personal level. Out of the 265 candidates, 17 were chosen ranging from the Yukon to Buenos Aires. Martin participated in Profile Tourism, where he learned how to evaluate and identify the touristic potential connected with possible Francophones

coming from Canada, Europe or even from other states as he learned how to create and improve touristic offerings based on that potential.

Other workshops were animated by a company that specializes in augmented reality as they learned how the latter can be used as a veritable touristic asset when promoting local heritage and skillset to the Franco-Trail L-A as well as the new tourism efforts being developed by Museum L-A and that which is rising in our local communities. The young professional participants were able to meet briefly with the prime minister of Canada, Justin Trudeau. A series of seminars attended by all participants dealt with: Creating dynamic municipalities that promote youth development and retention; Bilingualism as Driver of Economic Development; Creating Franco-Friendly Businesses and Services; Celebrating the Francophonie at the Heart of a Municipality; and Developing Cultural-Based Tourism among others.

Bilingual cultural tourism was the order of the day. Tourism is an economic development tool that has been recognized by many provinces of Canada and the Maritimes as most municipalities are looking toward retaining and bringing back their youth. They find this is one way to do it. New Brunswick declared official

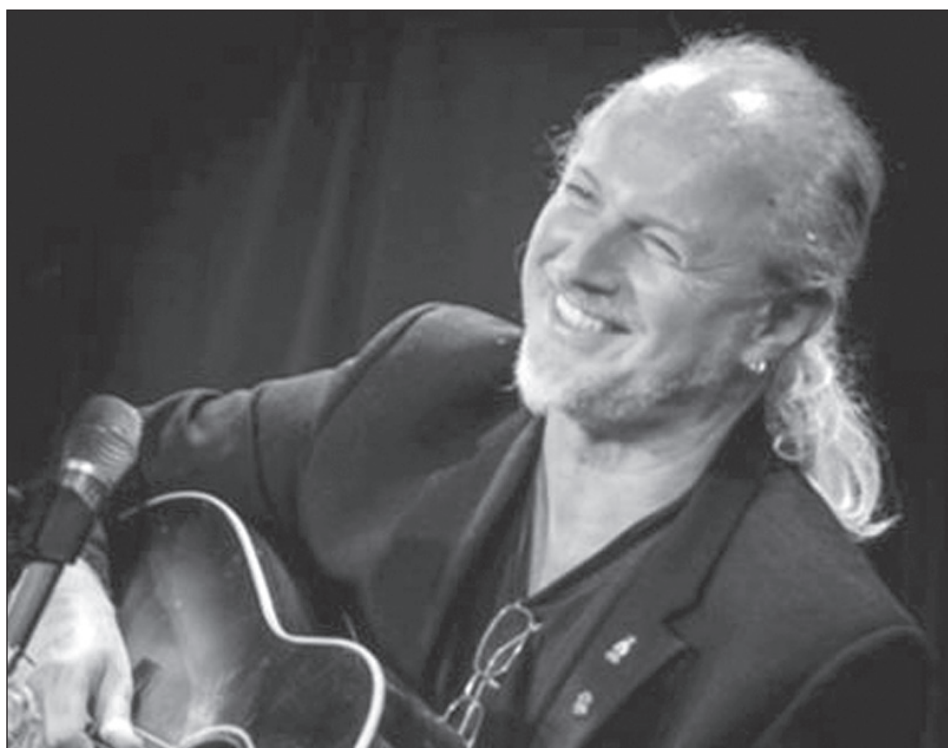
bilingualism in 1969 and remains, to this day, the only officially bilingual province in Canada.

Networking with officials of many other municipalities and organizations was of great benefit in sharing of ideas and concepts as great contacts were made that will be useful for future work in tourism for the area. Quebec showed great interest in doing more exchanges in both tourism and the presenting of our mutual heritage.

Tourism to Museum L-A is of great importance as it has already received visitors from 44 states and 13 countries, all of who leave in awe after learning about the culture of our history including several Canadian provinces and French-speaking European countries. "This allows our museum to let people know where they can stay, eat, play or learn which becomes an economic boost to the area," said Martin.

Museum L-A is located in the Bates Mill Complex at 35 Canal Street in Lewiston. Use the parking lot entrance at 36 Chestnut Street. Its hours of operations are Tuesday through Friday 10 a.m. – 4 p.m. and Saturdays from 10 a.m. – 3 p.m. Special tour requests and large group tours outside of these hours are available by appointment. For more information, please contact info@museumla.org or call 207-333-3881.

Brunswick Concerts for a Cause: Garnet Rogers



Folk artist Garnet Rogers will bring his beautiful songs & quick wit to the Brunswick Unitarian Universalist Church on September 14 at 7:30 p.m. as part of the Concerts for a Cause series. Two-thirds of the net proceeds of the 2018-2019 Concerts for a Cause series will be donated to two local charities: Tedford Housing and Oasis Free Clinics.

At the age of 16, Canadian Singer-songwriter Garnet Rogers was on the road

as a full-time working musician with his older brother, the legendary Stan Rogers. Together they formed what has come to be accepted as one of the most influential acts in North American folk music. Since then, Garnet Rogers has established himself as "One of the major talents of our time."

With his "smooth, dark baritone," his incredible range, and thoughtful, dramatic phrasing, Garnet is widely considered by fans

and critics alike to be one of the finest singers anywhere. His music, like the man himself, is literate, passionate, highly sensitive, and deeply purposeful. Garnet sings extraordinary songs about ordinary people and of the small victories of the everyday. As memorable as his songs, his over-the-top humor and lightning-quick wit moves his audience from tears to laughter and back again.

Tickets are \$15 in advance, \$20 at the door, Students/Children: \$10. Available at the church office, Gulf of Maine Books, or online at <https://garnet.brownpapertickets.com/>.

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TWIN CITY NIGHTS

Weekly Arts & Entertainment

University of Maine Soil Health Workshop



Soil Health Workshop for Gardener's!

When:
Wednesday, September 18th @ 5pm

Where:
University of Maine Cooperative Extension in Lisbon Falls

What Will Be Covered:

- Creating fertile soil in the backyard
- Tarping and sheet mulching, a comparison of methods
- An in field sheet mulching demo at the Lisbon Community Garden





Presenter Nick Rowley from Highmoor Research Farm will be giving a short talk, and afterwards for anyone interested, we will be walking down the street to the Lisbon Community Garden to see an in person sheet mulching demonstration!



The Androscoggin Valley Soil and Water Conservation District will be holding the workshop on Wednesday, September 18, 5 – 7 p.m. at the University of Maine Cooperative Extension on 24 Main Street, Lisbon Falls, for those interested in improving soil conditions to better their chances of having successful gardening or farming experiences. The content will consist of a lecture

style presentation by Nick Rowley of Highmoor Farms, followed by an in field sheet mulching demonstration at the Lisbon Community Garden. Please contact the District at 207-241-5377 or at info@androscogginswcd.org with any questions or to reserve a spot. Event is free to attend. We hope to see you all there!

Androscoggin Valley Soil and Water Conserva-

tion District is an equal opportunity employer and program provider and is prohibited from discriminating on race, color, national origin, religion, sex, gender identity, sexual orientation, disability, ages, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity.

Morse Library in Greene Story Times

Starting in September, Morse Library in Greene will present its Story Time sessions for young children on a new day and time. The next Story Time series will run for six consecutive Fridays, September 13 through October 18, at 10 a.m.

Each week, retired children's librarians Sandra Fowler and Pam Osborn will present new and classic picture books, along with occasional songs and hands-on activities. Free and open to all, Story Time at Morse

Library is best suited for kids ages 2 to 6 and their adult caregivers, but older and younger siblings are also welcomed to attend.

Reading to preschoolers of all ages is vitally important to the development of language skills that create a foundation for success in school and later in life. It teaches young children about the world and fosters the development of key interpersonal skills, including empathy.

Bringing children to li-

brary story times also offers an opportunity to socialize, practice focusing attentively on a central activity while part of a group (another key skill for school readiness) and explore the library's collection of books and toys for preschoolers of all ages.

Morse Library is located at 105 Main Street in Greene Village, a quarter mile down from Greene Central School. Library cards are issued free of charge with proof of address. For more information, call 946-5544.

Indie rock show at LA Arts Downstage with Amiright? Rumble & Draudiga

Arts welcomes three original, local bands to the LA Arts Downstage Saturday, September 14, for an indie rock/pop show. Bar provided by Bear Bones Beer and food by Boba. Doors open at 7:30 p.m. with music from 8 -10:30 p.m. \$5 suggested donation. This show is 21+. The entrance to the LA Arts Downstage is the 5 Canal Street alley behind LA Arts (221 Lisbon Street).

Featured bands include:

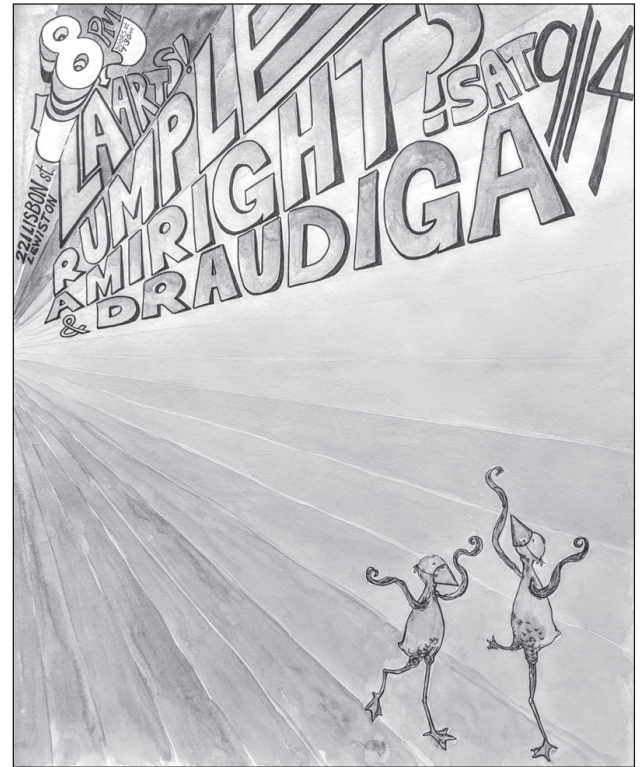
Amiright? With band members from Auburn, Windsor, and Portland, Maine, the group describes its genre as "indie lofi alternate hardcore pop and rock and baby screamo." <https://amiright.bandcamp.com>

Rumble from Portland, Maine, this jaunty groovy rockish band wants you to "get your dance shoes on and get weird." @RumbleTiemz on Facebook and Instagram

Draudiga this solo act from Portland, Maine performs "dream rock with a serrated edge."

In keeping with LA Arts' mission to engage and inspire a vibrant community through arts and culture, the LA Arts Downstage presents a wide range of low cost events and programs for all ages and interests, serving as a community space for film screenings, intimate performances, open mic nights, classes, and concerts.

"There's a thriving indie music scene here and bands are always looking for opportunities to play out at great little venues



Amiright? logo. Rumble logo. Concert flier (flier art by Lydia Jane Brown).

like the Downstage," said Elijah True, local musician and co-producer of LA Arts Downstage indie music programming. "I'd encourage anyone who's curious to come on out and support these bands."

Since 1973, LA Arts, the arts agency for the cities of Lewiston and Auburn Maine, has pursued a mission to engage and inspire a vibrant community through arts and culture. The agency works with governments, businesses,

schools and local arts and cultural organizations to create opportunities for community members across the generations to experience, learn, and participate in the arts. L/A Arts organizes arts programs and initiatives, supports the work of local artists and arts organizations, and highlights the essential role the arts play in shaping an economically vital, socially integrated, and forward-looking future for its community. Learn more at www.laarts.org.

Woman's Hospital Association Art Gallery at Central Maine Medical Center



Chickadees by Paul Boucher

The Woman's Hospital Association (WHA) Rotating Art Gallery at Central Maine Medical Center in Lewiston is now displaying the paintings of Lewiston residents, Susan and Paul Boucher. Their avid love of nature inspires their work and lives.

Paul Boucher has been painting in oils for more than thirty-five years; his favorite subjects are Maine birds including loons and Maine scenery. His style combines a sense of real-

ism with his unique form of imagination. He enjoys studying wildlife in its natural habitat and spends hours of research and study on each of his paintings.

Susan Boucher has been interested in art for most of her life. She paints primarily in watercolor using her own photographic images. Her fascination with her surroundings draws her to capture the undulating shapes of flowers and woodland scenes as well as children.

The works on display may be purchased through the WHA Gift Shop located adjacent to the main lobby at Central Maine Medical Center. A percentage of sale proceeds benefits patients of CMMC.



Lady Slippers by Sue Boucher

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WASHINGTON, D.C. - APRIL 23 - 29, 2020. Trip includes 6 nights lodging, 10 meals, NEW BIBLE MUSEUM, WWII Memorial, Korean and Vietnam Memorials, Lincoln Memorial, tram ride through Arlington National Cemetery, evening guided memorial & monument tour, admission to Mount Vernon Estates.

A \$75.00 deposit is due when signing up.

Price is \$759.00 pp double occupancy.

ITALIAN VISTAS TOUR- MAY 16-28, 2020-Trip includes 13 days and 17 meals. SPECIAL TRAVEL PRESENTATION WILL BE HELD OCTOBER 8, 2019 at 2 p.m. at the Lewiston Senior Center. If interested, please come and hear and get detailed information.

MACKINAC ISLAND - JUNE 13 - 21, 2020. Trip includes 8 nights lodging and 14 meals, visit to Mackinac Island with a guided Carriage Tour during their Tulip Celebration. Also includes boat ride through Soo Locks, Sault Saint Marie and Makinaw Crossings with a visit to "Michigan's Little Bavaria". A \$75.00 deposit is due

when signing up. Price is \$859.00 pp double occupancy.

VIRGINIA BEACH, COLONIAL WILLIAMSBURG & HISTORIC NORFOLK - SEPTEMBER 14 - 19, 2020. Trip includes 5 nights lodging, 8 meals, Colonial Williamsburg, free time on the Virginia Beach Boardwalk, dinner cruise with entertainment on the Spirit of Norfolk, admission to Nauticus and Battleship Wisconsin, Virginia Beach Aquarium and Marine Science Center. A \$75.00 deposit is due when signing up. Price is \$775.00 pp double occupancy. For questions and detailed information on these trips, please call: Claire - 207-784-0302 or Cindy- 207- 345-9569.

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The Shoe Must Go On - Fashion Show at Bates Mill



If you're looking for an event that combines food, fun, fashion, and footwear, Museum L-A has the event for you! "The Shoe Must Go On" Museum L-A's Shoe Fashion Show, will be held Friday, September 20, 7 - 9 p.m. on the second floor of Museum L-A at the Bates Mill. Similar to the popular bedspread fashion show put on by the museum in 2016, this even is going to celebrate shoes of all shapes and sizes sported by community members are runway models.

This event is in-

spired by Museum L-A's most recent gallery exhibit, "Footwear: From Funtion to Fashion" and the amazing collection of shoes of the exhibit's guest curator Christine McDowell. The exhibit showcases not only Auburn's illustrious shoe industry history while celebrating its 150th Anniversary but teaches visitors facts about how shoes are made and what makes the art of shoe design so unique.

"As we began installing these shoes into the gallery, we were taken aback by how stunning they were.

We knew we wanted to do something special with them and a fashion show seemed just the ticket," said Emma Sieh, collections and exhibit coordinator.

The main attraction will be the hour-long runway show. Shoes from the exhibit have been hand chosen and will be worn on the catwalk by volunteers and students, showing off the unique designs and trends that shoes have seen through history. Alongside these pairs from the exhibit, well-loved shoes with heartwarming stories and

distinctive flair that were submitted to the museum for the event by the community will have their time to shine. The models and their fancy footwear will be introduced by our emcee for the evening, Mark Peillet of Music Reflections, who will then tie the shoes together with its sentimental stories and intriguing histories.

Immediately following the fashion show a live auction will be led by Chip Morrison, auctioneer for the evening. Items such as a handmade pair of shoes from Rancourt and Co., a private tour and tasting at Baxter Brewing Co., a night for four at the chef's table at Fishbones, and so much more, will be available for bidding during the auction. For more information about what will be in the auction, visit the museum's website.

In addition to the runway fun, all guest will enjoy appetizers provided by local restaurants such as Gippers, Mac's Grill, and E. Claire and Pastries Bakery, and a cash bar. All registrants will be entered to win the door prize of a \$150 Lamey Wellehan gift card to be announced at the end of the evening.

"Getting the community involved in the things we do is very important to us and gets good

response," said Rachel Desgrosseilliers, founding executive director. "If you love shoes — and who doesn't — make it a date night with your gal and her shoe connection as you join us for a party of the past, present and future."

Advance tickets are \$35, and tickets sold at the door are \$40. Register online at www.museumla.org or call 207-333-3888. Get your tickets today to take part in an evening full of fashion, fun and of course, shoes!

Museum L-A is located in the Bates Mill Complex at 35 Canal Street in Lewiston. Its parkinglot is at 36 Chestnut Street. Its hours of operation are Tuesday through Friday 10 a.m. - 4 p.m. and Saturdays 10 a.m. - 3 p.m. Special Tour requests and large group tours outside of these hours are available by appointment. For more information, please contact esieh@museumla.org or call 207-333-3881.

Send all items for **What's Going On** to Editor@TwinCityTimes.com. **Deadline is Friday by five.**

Family Medical Leave: What You Need to Know

On Tuesday, September 17, 12 - 1:30 p.m., the LA Metro Chamber will present "Family Medical Leave - What You Need to Know". The seminar will be held at the Lewiston Auburn Metropolitan Chamber of Commerce Community Conference Room and presented by Amy Dieterich, Esq. of Skelton Taintor & Abbott.

Who Should Attend? H.R. professionals and anyone interested in knowing more about the state and federal laws covering medical leave for employees, themselves, or their family.

What Will You Learn? Participants will leave this seminar knowing who is entitled to medical leave, whether that leave is paid or unpaid, how long an employee's protected leave can last and what employers can and should do while an employee is out on leave.

This program is part of the LA Metro Chamber's Professional Development Series for which the Chamber charges a registration fee. The fee for members is \$25 per person and the non-member rate is \$50 per person. Visit www.LAMetroChamber.com to register!

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