

The Courier

September 25, 2019

Volume 20 Number 4

The Courier was saddened to learn of the passing of Anna Foulz. She gave much to our community and will be missed.



Financial report shows OPA well ahead of budget

After the first four months of the fiscal year, Ocean Pines financials appear strong, as the Association posted a positive operating variance of \$459,824 compared to the budget.

Total revenues were over budget by \$412,282 and expenses were \$47,542 under budget, according to the August financial report.

“Obviously, we’re pleased with where we are at this point in the year,” General Manager John Viola said. “The Yacht Club continues to be a big part of our success, but Golf has also been a contributor, despite everything going on over at the course.

“The team continues to review all expenses monthly and looks to reallocate wherever we can to address headwinds,” he continued. “We are all committed to continuing this positive trend through the end of the year.”

During August, the Association posted a positive operating fund variance of \$151,301, with total revenues over budget by \$105,665 and expenses below budget by \$45,636.

The Yacht Club provided a big boost for the month, with banquet sales \$51,447 ahead of budget and regular sales \$48,007 ahead, for a total

please see *financials* on page 12



Chair of Honor — On Saturday, the Worcester County Veterans Memorial at Ocean Pines dedicated the POW/MIA Chair of Honor which remembers the heroes who left home to serve the country but did not return and those held captive in foreign lands.

Above are CSM **James Nugent**, MDANG, Veterans Memorial Foundation President **Marie Gilmore**, **Walter Webster**, USA (Korean War POW), Senator **Mary Beth Carozza** and **George Owings**, Maryland Secretary of Veterans Affairs.

Deadline to apply for dredging permits approaching

Ocean Pines residents who wish to request spot dredging next fall must submit a permit request by October 15.

Permits are available at Ocean Pines Public Works, on 1 Firehouse Lane.

According to Operations Director Colby Phillips, the process to apply for spot dredging is as follows:

-The resident must fill out a permit to request dredging for their area

-After the application deadline, Ocean Pines goes to each property during mean low tide and gets depth readings in three separate locations

for each request: one on each side of the canal and one in the center of the canal. This is to show a cross-section of the canal

-Ocean Pines then fills out forms for the Army Corp of Engineers with the data taken from the canal readings. The Army Corp determines if the canals can be dredged

-Once Ocean Pines hears back from the Army Corp, approved permits are taken to the county and state for additional permitting

-Once the additional permits are approved, Ocean Pines next contacts a contractor to do the dredging. This

has always been the contractor currently working on bulkheads, because they’re already working in the community

-The contractor must haul the dredged material to an approved dredge site, which Ocean Pines has at Public Works. Materials must be moved in approved, sealed trucks

-Ocean Pines can only dredge during certain times of the year, August through March. Dredging cannot be done from April through July

-This entire process takes about a year, from the start of the application process until the actual spot dredging

“The dredging program is for homeowners who do not have enough water to get their boats off of their lifts or docks. We want everyone to be aware of the deadlines,” Phillips said. “We are accepting 20 permit applications annually and we currently still have 14 spots still available. It is important to us that we follow the process, so that we can give the most accurate time frames and information to the homeowners.”

For more information on the dredging program, contact Ocean Pines Public Works at 410-641-7425.

Community Calendar SEPTEMBER

Monday

Ocean Pines Poker Club

Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928.

Delmarva Chorus

The Delmarva Chorus meets every Monday evening at 7 p.m. at the Ocean Pines Community Center in Ocean Pines, Md. Women of all ages are invited to sing with us. Please contact CAROL at 410-641-6876.

Monday/Tuesday

Sanctioned Duplicate Bridge

Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795.

Tuesday

Families Anonymous

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Tuesday/Thursday

Poker Players wanted for Gentlemen's Poker in North Gate area Ocean Pines. Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

Wednesday

Kiwanis Club Meeting

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m.

Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Second Wednesday

The Polish American Club of Delmarva meets at the Columbus Hall, behind St Luke's Church, 100th St & Coastal Hwy, Ocean City, from 2 p.m. to 4 p.m. the second Wednesday of the month. Come join us if you are of Polish or Slavic descent. No meetings.

June, July, August. Call Helen Sobkowiak 410-723-2639 or Maryann Lula 410-250-2548 for more information.

Thursday

Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577 or Kate at 410-524-0649 for more activities. BeachSingles.org.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Friday

Knights of Columbus Bingo

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

First Saturday

Creative Writing Forum

Every first Saturday of the month at 10 a.m. at the Berlin library. Novice and established writers gather to share their fiction, non-fiction, and creative writing projects. Program includes critiques and appreciation, market leads, and writing exercises.

A Time To Remember

Unwilling to rest as a one-hit wonder when its first big hit, "The Monkees," went off the air in 1968, the television production company Screen Gems wasted no time in trying to repeat its success. On this day in 1970, in the 8:30 p.m. time slot immediately following "The Brady Bunch," ABC premiered a program that would give Screen Gems its second TV-to-pop-chart smash: "The Partridge Family."

If the Beatles served as the inspiration for "The Monkees," it was the real-life family act the Cowsills that inspired Screen Gems to dream up "The Partridge Family." Actress Shirley Jones, and not Barbara Cowsill, played the role of Shirley Partridge. Screen Gems hired four non-singing child actors for the roles of Laurie, Danny, Chris and Tracy Partridge and one future teen idol, David Cassidy, for the role of Keith.



Kiwanis breakfast returns

The annual Fall Kiwanis Pancake Breakfast will be held Saturday October 12, between 8 a.m. and 11 a.m. in the Assateague Room of the Ocean Pines Community Center. Fresh hot pancakes, sausages, scrambled eggs, orange juice, coffee and tea are on the menu. The cost is \$7 for adults, \$3 kids under 12 and children under five are free. Carryout is also available. Proceeds benefit the youth of our community.

Einstein discussion scheduled

A talk will be presented by Dr. Douglas Hemmick at Ocean Pines library in the small conference room on Thursday October 3 from 7 p.m. to 8:30 p.m. The talk is entitled "The Age of Einstein and the Discovery of Quantum Entanglement." Entanglement, which is at the heart of cutting edge technology, will be explained as the fruit of early theoretical research by Einstein and others during the "Golden Age of Physics" in the 1930s. All are welcome.

Chorus to host Guest Night

The Delmarva Chorus, a chapter of the Sweet Adelines International is planning a Guest Night on September 30 from 7 p.m. to 9 p.m. at the Ocean Pines Community Center. All ladies are invited to attend and spend an evening singing and meeting new friends. Homemade refreshments will be served and fun, smiles and laughter are guaranteed. Please contact Mary at 410-208-4009 or 410-629-9383.

Bertino to host Active Shooter Response training

In conjunction with the Worcester County Sheriff's Office, Worcester County Commissioner Chip Bertino will host a Civilian Response to Active Shooter Events (CRASE) training on Thursday, October 17 at the Ocean Pines library at 6:30 p.m. The class is free and open to the public.

CRASE training is designed to increase the chances of surviving an active shooter event or other critical incident.

The course is designed and built around the "Avoid, Deny, Defend" strategy developed by ALERTT in 2004. This course will provide strategies, guidance, and a proven plan for surviving an active shooter



event. Topics include the history and prevalence of active shooter events, civilian response options, medical issues, and considerations for conducting drills.

The course utilizes a Power Point presentation along with instructor led question and answer session.

"My wife and I attended this training earlier this year and it was informative, helpful and really

made us think about our surroundings when we're out in public," said Commissioner Bertino. "That's why I thought it would be of interest to resident of Ocean Pines and others. I appreciate Sheriff Matthew Crisafulli's willingness to offer this opportunity to our community."

Although not required, it would be helpful if attendees RSVP. Email Commissioner Bertino at cbertino@co.worcester.md.us or call 443-783-3248.

Budget and Finance Committee gives guidance to OPA Board

Ocean Pines Board members and members of the Budget and Finance Committee on Thursday met to discuss budget guidance for the next fiscal year.

During the meeting, committee Chairman Dick Keiling read a list of 22 separate items in relation to the upcoming budget.

Committee members Tom Piatti and John O'Connor took part in a roughly one-hour discussion with Board members and several homeowners in attendance. Keiling said he would add a few more items to the list, based on the discussion, before making the list public.

"I want to thank everybody on the Budget and Finance Committee. I know they do a lot of work, not only reviewing the budget from previous years, but [also] looking at where we are this year and helping us plan for future years," Association President Doug Parks said. "It's a cooperative effort between the Budget and Finance Committee, the GM [and] the Board, and I'm looking forward to this entire process and getting a budget that we're all comfortable with and can execute

for next year."

Resident Joe Reynolds said he appreciated the open discussion.

"Thank you for the transparency in allowing participation," Reynolds said.

Next on the budget timeline, Keiling said the committee would meet for

two-and-a-half days on Jan. 6, 7 and 8, starting with General Manager John Viola presenting a budget draft. The committee will make further recommendations to the general manager, who will then present the budget to the Board.

A Board review will follow, with budget approval scheduled by the end of February, Keiling said.

"I'm looking forward to the process," Parks said. "I think we have

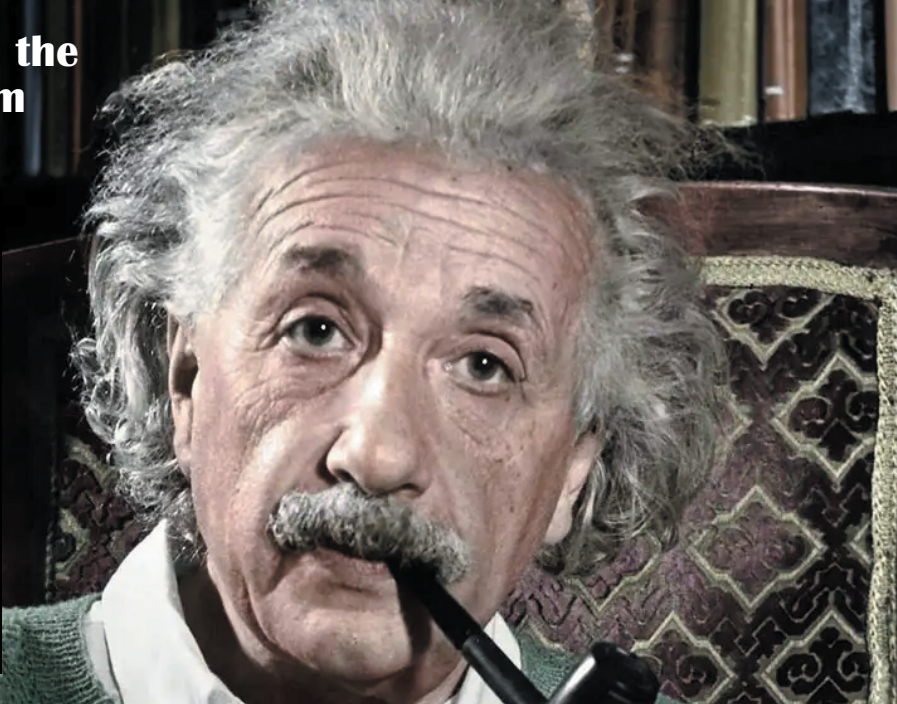
*please see **guidance** on page 4*

The Age of Einstein and the Discovery of Quantum Entanglement

Presented by
Dr. Douglas Hemmick
at the Ocean Pines library
Thursday, October 3
7 p.m. to 8:30 p.m.

Quantum Entanglement, which is at the heart of cutting edge technology, will be explained as the fruit of early theoretical research by Einstein and others during the "Golden Age of Physics."

All are welcome.



FALL

FUN

in Ocean Pines, Maryland!





Haunted Walking Trail
White Horse Park Boat Ramp

Are you brave enough to try the trail???

Oct 18 & 19
Oct 25 & 26
6:00-9:00pm

\$8 Ages 12 & Under
\$10 Ages 13+
Bring a canned good donation for Diakonia & receive \$1 off.

Limit 1 discount per person.

Now seeking community groups to set up haunted displays along the trail! Display space, black tarp & framing provided. You bring the creativity! Limited spaces available. Call 410.641.7052 to participate.



"Beauty and the Beast" Dive-In Movie
Sports Core Pool

Come swim with us while a movie plays on our giant inflatable screen!

Saturday, Oct 12
Doors Open 6:00pm
Movie Begins by 6:15pm

\$3 OP Swim Members
\$5 OP Residents
\$7 Non-Residents
\$20 Families 4+

PLUS... Meet Belle from the movie!

Aqua Boot Camp
Sports Core Pool

Features weight & resistance training plus cardio.

Mon/Wed/Fri
Oct 28-Dec 6
6:00-6:45pm

Call 410-641-5255 to register.

\$55 OP Swim Members
\$65 OP Residents
\$81 Non-Residents
Drop-Ins Available

Pumpkin Painting
Community Center

Bring your own pumpkin, or purchase one from us. All paint & decorations provided!

Friday, Oct 11
6:00-8:00pm

\$5 OP Residents
\$6 Non-Residents
\$6 Pumpkins (limited quantity)



Indoor/Outdoor Flea Market
Community Center

Calling all bargain hunters! Shop for gently used clothing, household items, collectibles & more.

Saturday, Sept. 28
8:00am-12:00pm

FREE parking & admission for shoppers!



NEW! Creative Doodling
Community Center

Bring out the creativity you didn't know you had! Supplies provided.

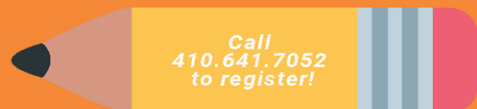
Ages 13-Seniors

Call 410.641.7052 to register!

Thursdays
Oct 24, Oct 31, Nov 7 & Nov 14
10:00am-11:30am

\$40 OP Residents
\$45 Non-Residents

Visit us online!
OceanPines.org



Annual tee off for youth golf returns

Worcester County Recreation & Parks (WCRP) will host the 7th annual Tee Off for Youth Golf Tournament and Fundraiser on Friday, October 4, at the Ocean City Golf Club.

Join WCRP for a wonderful day of golf. Check-in and lunch begin at 11:30 p.m. A shotgun start will follow at 1 p.m.

The cost to participate is \$75 per golfer, and all proceeds generated by this event will benefit underprivileged youth who participate in WCRP youth programs, leagues, after school activities, and summer camps. Over one third of the children participating in WCRP's programs are considered underprivileged, and tournament proceeds provide scholarships to assure all children can participate in recreation programs year-round.

Register a team for this year's Tee Off for Youth Golf Tournament and Fundraiser. Forms to register your four-man scramble are available on the WCRP website or pick one up in person at the Worcester County Recreation Center, located at 6030 Public Landing Road in Snow Hill. The regis-

tration deadline is Friday, September 27.

tration deadline is Friday, September 27.

Sponsors, auction baskets, volunteers, and donations are needed to run this year's tournament. Promote your organization by signing up to be a sponsor. Options include a dinner sponsorship, lunch sponsorship, beverage cart sponsorship, tee sign(s) sponsorship, and other donations sponsorships.

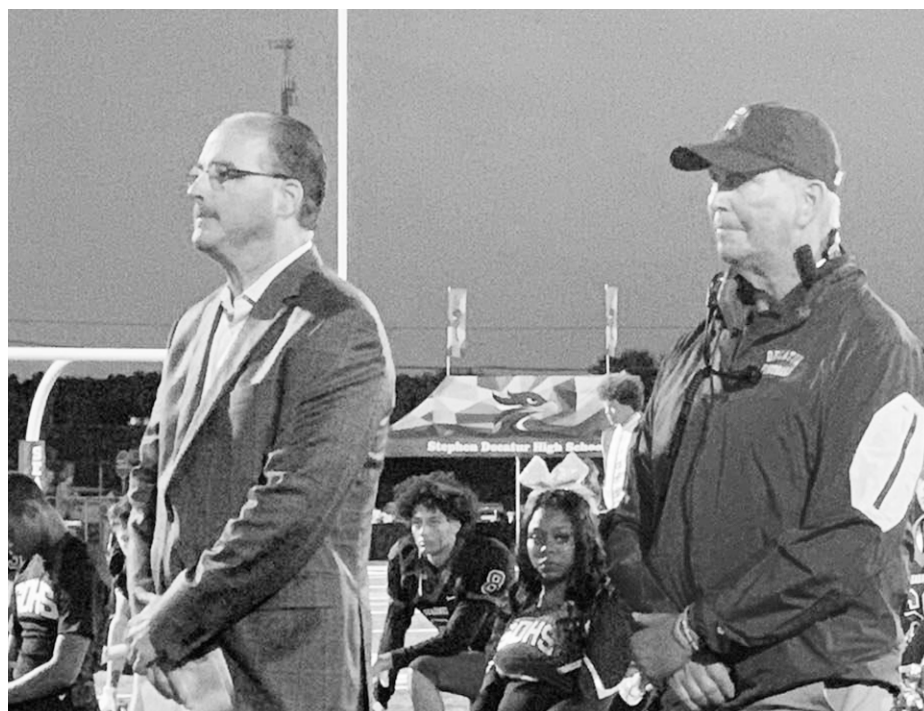
For more information, contact WCRP Director Tom Perlozzo at tperlozzo@co.worcester.md.us or Deputy Director Kelly Rados at krados@co.worcester.md.us or call them at 410-632-2144. Learn more about WCRP programs for all ages at www.worcesterrecandparks.org.

National touring stage show returns

For the second year, the Art League of Ocean City will bring an art-inspired national touring stage show to Ocean City. On Sunday, October 6 at 6 p.m., "Catapult Entertainment" will perform for Delmarva at the Ocean City Performing Arts Center.

"Catapult" wowed the judges, critics and millions of viewers when they catapulted to fame on Season 8 of "America's Got Talent," earning their way to the finals of the NBC-TV hit show. The live audience leapt to their

please see tour on page 12



Honored - During half time at Friday night's Stephen Decatur High School (SDHS) Seahawk football game, Worcester County School Superintendent **Lou Taylor** (left) and longtime SDHS football coach **Robert Knox** (right) were honored. The field was re-named Robert G. Knox Field. The stadium was renamed the Louis H. Taylor Stadium. Photo by Mary Beth Carozza.



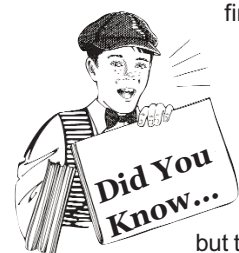
Association President **Doug Parks** interacts with the audience during a September 20 meeting with the Budget and Finance Committee. Also pictured, from left, are directors **Tom Janasek, Camilla Rogers, Parks, Steve Tuttle, Colette Horn, Larry Perrone, and Committee Chairman Dick Keiling**.

guidance
from page 3

a great opportunity to figure out exactly what it is that we need to do for a really solid budget coming up for this next operating year."

To view a video of the meeting, visit <https://youtu.be/sVVQxs8VWmM>.

The Board is scheduled to meet again on Wednesday, October 2 at 7 p.m. in the Ocean Pines Community Center.



Gifting pet owners may be as simple as choosing presents that help care for companion animals. New puppy owners often find that the first several months to a year of having the pooch can be a whirlwind. Training is an effective way to raise a healthy, safe and happy pet, but there are bound to be some trials and tribulations along the way. New dog owners may not know where to start in their training. A gift of puppy kindergarten classes at a nearby pet store or training center can help puppy parents learn the basics. Another idea is to offer a present of personalized training with a one-on-one instructor. Many trainers make house calls to work with puppies on important skills, such as sitting, staying, house training, and walking on a leash.

Letters sent to The Courier for publication consideration must be signed and include



a telephone number where the author can be reached to verify authenticity, if necessary. Letters are not corrected for spelling or grammar and priority will be given to letters of 300 words or less. Letters must be received by Friday at 5 p.m. They can be e-mailed to: thecourier@delmarvacourier.com

Chooch and me

Lassie.
Rin Tin Tin.
Balto.
Snoopy.
Chooch.

You're probably familiar with the first four names. The last one may have you scratching your head.



It's All About. . .

By **Chip Bertino**

chipbertino@delmarvacourier.com

Chooch is my dog. He's part this, part that and a little bit of something else mixed in for good measure. He's 41 pounds of muscle, tongue and goofy attitude. He's a handsome canine despite my brother's remark that he looks like a stray roaming the streets



of a Third World country. His tail wags constantly.

He's my travel mate, fishing buddy and take-a-nap-on-Sunday-afternoon companion. He's at my side constantly, always wanting to be in on the action. If I go to the refrigerator, he goes to the refrigerator. If I sit on the deck enjoying a cigar and adult beverage, he sits on the deck. He's not yet old enough for the cigar and adult beverage. When I'm working in the backyard, he sits or lays at the sliding glass

door watching me. When I walk around the house, he's right beside me, his wet nose touching my hand. You get the idea.

There have been several times when he's taken himself for a walk around the neighborhood, dashing up the street to introduce himself to whoever's around. He's met more neighbors than I have.

There is a strong bond between Chooch and me which I can't explain. It's existed from the first time we met at Worcester County Animal Control.

"BAM!" We've had other dogs but the relationship with this one is different, like none other I've ever had. Don't misunderstand he's been a handful and a downright pain in the neck at times. His occasional frenetic antics and slow understanding that the place to do his business is outside frayed nerves and elevated levels of frustration not felt since my sons were teenagers. But through it all, just like with my teenage sons, a mixture of love, consistency and a stiff drink overcame the turbulence – eventually.

Chooch is a comedian, a cross between the manic Robin Williams and the subtle Bob Newhart. My wife doesn't find him as funny as I do. There are times, especially when I'm having a less than good day, when he'll do something that cracks me up. He'll cock his head a certain way or give me a look that melts away whatever's bothering me. There have been times when I've thought he's asleep in his bed when suddenly he'll pop one eye open to see me watching him. That makes me smile.

On a recent Sunday afternoon while dozing off in a recliner, I felt pressure on my right leg. Without opening my eyes, I knew what was happening. And before my eyes were open, he had settled on my chest, his nose burrowed under my chin.

I've been trying to socialize him more with other dogs. To that end I signed him up for the Ocean Pines Dog Park (thank you Jack Levering). We've gone multiple times. For the most part he gets along fine with other dogs. I enjoy watching him run around with the others, like school children on a playground. He seems to enjoy it. It's gotten so that if I pick

up his red leash he starts dancing around uncontrollably. Fortunately, his bladder now remains under control.

When my granddaughter visits, he and she are inseparable. When she's around, he drops me like a bag of dirt.

They'll lay on the floor together. He sits by her when she watches television. And he mopes a bit when she leaves. Truthfully though I think their relationship is built on the high number of treats she sneaks him.

He rides shotgun when we travel (when my wife doesn't accompany me). Recently we drove to Newport News, just the two of us. It was he and I in the old blue pick-up listening to Willie Nelson, rolling down the highway, me wearing my favorite cap, him with his face out the window, ears flapping. "On the Road Again."

When we go fishing, he's more an observer. He positions himself beside

me, his front paws on the gunwales watching intently the end of the rod. On the few occasions when a flounder is reeled in (always undersized), he becomes uninterested, going to another part of the boat to look out across the water. Once I'm resettled, he returns.



It's estimated that there are 89.7 million dogs in the United States. I hope they bring as much joy to their owners as the one beside me brings.

Chooch celebrates his second birthday next week. Happy birthday Pal!

FLU SEASON AHEAD

Don't waste time being sick! Get a Flu Shot! It's super quick!

APPLE IS YOUR VACCINATION HEADQUARTERS

APPLE DISCOUNT DRUGS

Flu Shots - \$25 High Dose - \$59.97
*We bill insurance whenever possible.

A yearly flu vaccine helps protect you & those closest to you from the risk of serious flu complications.

See your Apple pharmacist for a flu shot and ask about other vaccinations you may be missing. (Travel Vaccines Available)

WALK-INS ARE WELCOME

Fruitland | 410-749-8401
Route 13 South & Cedar Lane

Berlin | 410-641-3130
314 Franklin Avenue

Salisbury | 410-543-8401
1210 Nanticoke Rd., Pecan Sq.

OP Pickleball to host second annual Pink Ribbon Classic

The Ocean Pines Pickleball Club on Friday, October 4 will raise money for the American Cancer Society during the second annual Pickleball Pink Ribbon Classic.

The tournament is part of the Pink Ribbon Classic Series started in 1996 by a group of local volunteers. To date, local Pink Ribbon events have raised \$3.4 million for breast cancer research, awareness, programs and services. Last year, the Pickleball Club contributed \$4,000.

Tournament hours are 8:30 a.m. to 2 p.m. at the Manklin Meadows Racquet Sports Complex on Manklin Creek Road. Entry, \$35, includes snacks, lunch and prizes. The deadline to enter is Monday, Sept. 30.

Organizers are also seeking tournament sponsors, with sponsorship levels ranging from \$100 to \$1,000.

For questions related to tournament entry or sponsorships, contact Bobbie Corbett at 443-735-2328 or email bbcocean@msn.com.

The sport of pickleball was invented in Washington state in the

1960s. Court dimensions and the layout of a badminton court are used, and rules are similar to tennis. The game is played by four players using composite or graphite paddles and a whiffle ball.

Ocean Pines first offered pickleball as a drop-in sport in 2011. At the time, the recreation and parks department offered six hours of drop-in play each week to just over a dozen players.

By 2013, there were about 80 regular players in Ocean Pines and, when the sport officially became an amenity a year later, more than 100 player/members joined.

Earlier this year, the Ocean Pines Pickleball Club hosted a tournament in June that include more than 220 players from 12 states, along with and 17 corporate sponsors.

Today, Julie Woulfe and Frank Creamer oversee the Ocean Pines Pickleball club that organizes drop-in schedules, clinics and special events for outdoor pickleball, which boasts eight courts at the Manklin Meadows Racquet Center.

please see classic on page 12



Pictured, from left, are Governor's Cup award winners Geri Fasulo, Connie Phipps (champion), Martha Arthur, Helen Smith and Gail Waulkonis.

Ladies Golf Association announce Governor's Cup results

The Ocean Pines Ladies Golf Association held its annual Governor's Cup tournament at the Ocean Pines Golf Club on September 17.

Twenty-one women took part in the tournament, which uses a one-day, stroke play, low-net format.

Awards went to the Overall Low Net Champion, and first and second low-net finishers in two flights.

Results were as follows:

Overall Low Net Champion: Connie Phipps

Flight One first low net: Martha Arthur

Flight One second low net: Geri Fasulo

Flight Two first low net: Helen Smith

Flight Two second low net: Gail Waulkonis

Following the tournament, players enjoyed lunch at Taylor's Restaurant.

For more information on Ocean Pines Golf, visit www.oceanpinesgolf.org.

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410-213-7505 410-524-GOLD
www.dakozmajewelers.com

9936 Stephen Decatur Highway, West Ocean City, MD 21842 in the Food Lion Shopping Center

MD #2294



Learning - Ocean City Elementary School students from Monica Piern's third grade class learn about how to **BE KIND** and **SHOW KINDNESS** with one another. Pictured on the playground Buddy Bench with their work for the Third Grade #ChooseKind Showcase are **Issac Vazquez, Opal Hambury and Reese Rogerson**. Standing (from left to right) are **Timmy Schlender, Elianna Fiori and Derek Ye**.

RELIEF... IS JUST STEPS AWAY.



"We welcome you to our new practice!"

William Hamilton, Jr., DPT, CHT
and Jennifer S. Hamilton, DPT, CHT

If you're in pain that is making everyday activities difficult... there's a new Physical Therapy practice in Ocean Pines that you should know about. You may already know Billy and Jenn Hamilton, they've been Doctors of Physical Therapy in the region for over 13 years, and they are both Certified Hand Therapists.

NOW, just around the corner, Billy and Jenn have set up a very special kind of practice in Pennington Commons. So call, email or simply stop in to experience a new kind of physical therapy, it's a breath of fresh air for anyone who is experiencing pain.

¡Se Habla Español!



HAMILTON
PHYSICAL THERAPY
410-208-3300
HamiltonPTcares.com
11007 Manklin Creek Road, Berlin
info@HamiltonPTcares.com

Pennington Commons, steps away from Food Lion.

planning. Fixed income. Retirement
ts. **Low Cost. Full Service.** Invest
ce. **Your days of making** Speciali
es. **trade-offs are over.** Trust ser
ement planning. Estate planning
agement. IRAs. 401(k)s. Tax plan
lth management. Fixed income.
agement. Trust services. Qual
ement account. Special Tr
me. Retirement
t manager
planning. F

Talk to us today about a more modern approach to investing.

Mark E. Engberg, CFP®
Independent Branch Leader

Stephanie P. Brown, MBA
Financial Consultant

Rehoboth Beach Independent Branch
19266 Coastal Highway, Unit 5
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(302) 260-8731

schwab.com/rehobothbeach



schwab.com/pricing
Member SIPC

Own your tomorrow.

**ATTENTION
WORCESTER COUNTY
RESIDENTS ONLY!!!**

**FREE Household
Hazardous Waste
Collection**

**Saturday, September 28, 2019
10 AM-2 PM**

Collections to be held at
**SHOWELL ELEMENTARY SCHOOL
RACETRACK RD., BERLIN**

**Household Hazardous
Waste Collection**

WHAT WILL BE ACCEPTED:

- Computers & Laptops (No Other Electronics)
- Gasoline • Gas/Oil Mixtures • Fuels • Acids
- Cleaners • Solvents • Automotive Fluids • Bleach
- Ammonia • Pool Chemicals • Pesticides
- Dark Room Supplies • CFL Light Bulbs • Batteries
- Insecticides • Herbicides • Oil-Based Paints
- Thinners • Turpentine • Wood Preservatives
- Wood Strippers • Etc.

All of these materials will go to a
HAZ MAT disposal site.

Dispose of **solidified** water based paint in trash.
(to solidify – add dirt, sand, kitty litter, mulch, etc.)

**THESE ITEMS WILL BE ACCEPTED AT
SHOWELL ELEMENTARY SCHOOL
RACETRACK RD., BERLIN
SEPTEMBER 28, 2019, 10 AM - 2 PM**

WHAT WILL NOT BE ACCEPTED:

- Explosives • Ammunition • Medical Waste
- Radioactive Materials • Picric Acid • Asbestos
- Televisions • TV Remotes • Keyboards
- Mouse • Printers • Modems • Scanners • Cables
- Misc. Computer Parts • VCR's • CD Player's
- Calculators • Cell Phones • Radios • Stereos
- CB Radios • Fax Machines • Misc. items

ELECTRONICS WILL NOT BE ACCEPTED

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Trigger Finger

By **Jennifer S. Hamilton**

Do you have a pain in the palm of your hand? Can you make a fist, but then have trouble opening your fingers? You may have a condition known as “trigger finger.” A trigger finger occurs when inflammation develops in one of the tendons on the palm side of the hand. The tendon



Jennifer Hamilton

glides through a fluid-filled tube called a sheath. This sheath allows the tendon to glide more smoothly as you bend and straighten the finger. When the tendon gets inflamed, it cannot glide easily. This inflammation of the tendon is known as tendonitis. Tendonitis may lead to a trigger finger. The first sign of a trigger finger may be pain or a small bump in the palm of the hand. You may also notice some swelling at the base of the affected finger or thumb. As the condition worsens, you may notice that the finger may get stuck when you try to straighten it after making a fist. The finger may then suddenly pop open to a straight position, as if releasing the trigger of a gun, hence the term “trigger finger.” This repeated catching and releasing will continue to irritate the tendon, and as the condition persists over time, the finger may become

stiff and swollen.

The actual cause of a trigger finger is unknown; however, it is possible that a trigger finger may occur with repetitive gripping or with the use of tools such as a drill or wrench. It is more common in people with diabetes, arthritis or if there has been a previous injury to the palm of the hand.

Treatment of a trigger finger will vary depending on the severity of the condition. For mild cases, your doctor may prescribe anti-inflammatory medication. More moderate to severe cases may be treated with injections, splints or orthoses, or ultimately a surgical procedure.

Patients that have a trigger finger may benefit from seeing a hand therapist for non-operative and/or post-surgical treatment. For non-operative treatment, the certified hand therapist (CHT) has specialized training to fabricate a custom orthosis (splint) to rest the finger, and to teach the patient exercise to avoid stiffness in the finger during the healing process. The CHT will also discuss ways to modify your activity. Hand therapy following surgery will improve range of motion and teach the patient how to regain functional use of the hand.

Jennifer S. Hamilton is a Doctor of Physical Therapy and a Certified Hand Therapist. She is Co-owner and President of Hamilton Physical Therapy in Ocean Pines, MD.

Animal blessing scheduled

This time of year, people in various places may notice something odd. A procession of animals everything from cats and dogs to hamsters and even cows, are led to churches for a special ceremony called the Blessing of the Animals. This custom is conducted in

remembrance of Saint Francis of Assisi's love for all creatures.

Holy Trinity Cathedral will be holding a Blessing of the Animals celebration in the pavilion behind the church, on October 5 at 3 p.m. We are honored to have Fr. Tom Vece of the Franciscan

Servants of Jesus – a Third Order Franciscan Ministry officiating at this ceremony. All animals are welcome but must be properly restrained on leashes or in carriers. Holy Trinity Cathedral is a Parish of the Missionary Diocese of All Saints in the Anglican Church in North America and is located at 11021 Worcester Highway in Berlin. For more information call the Church office at 410-641-4882 on Tuesday or Thursday, or email us at trinitycathedralberlin@gmail.com .



Casino trip set

The Ocean Pines Boat Club and Kiwanis Ocean Pines-Ocean City are sponsoring a Harrington Casino Bus Trip on Thursday, October 17. The cost is \$20 per person and includes \$15 slot play and \$7 food voucher. Bus leaves the Ocean Pines Yacht Club at 10 a.m. Contact Tom at 410-641-5456.

Ocean Pines Players to debut play

The Ocean Pines Players (OPP) stage the Ocean City debut of the poignant play, "Six Dance Lessons in Six Weeks," in October, with five performances before going "on the road," for the theater company's first production in Pocomoke.

In "Six Dance Lessons in Six Weeks," by American playwright Richard Alfieri, Victoria Cook and Thom Harris play Lily Harrison, a self-described "old biddy" who lives alone, and Michael Minetti, her dance instructor who was forced to leave his life as a chorus boy on Broadway behind. The witty dialogue supports the

moving relationship that develops between the two.

"Six Dances" will be performed October 4, 5, and 7 at St. Peter's Lutheran Church on 103rd Street in Ocean City at 7 p.m.; October 6 at St. Peter's for a 2:30 p.m. matinee; and at the historic Mar-VA Theater in Pocomoke on October 13 at 2:30 p.m.

For more details on these productions and for more information on the Ocean Pines Players follow us on Facebook or our web page at www.ocean-pinesplayers.com.



Art - Over the past two weeks, fifth grade students at Berlin Intermediate School have been creating a mosaic with Artist in Residence, Susan Stockman. The mosaic will be a collaboration between all class and Ms. Stockman is facilitating the creation of the growth mindset mosaic that will be displayed at the school for many years to come.

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Book Review

The Book Thief

By **Jean Marx**

If I had to come up with an adjective to describe “The Book Thief” by Markus Zusak, I would use “searing.” Published in 2005, the book is told from the perspective of Death. I had never before run across a novel that created a character of Death complete with its own voice, but once I got acclimated to it, I was mesmerized. In the beginning of each chapter, Death gives brief snippets of thoughts, facts, and glimpses into the future. The setting is during the tumultuous times of Nazi Germany in 1939 and the meteoric rise of its nationalistic leader.

Most of the action in the book takes place in the town of Molching on Himmel Street. Liesel Meminger at the age of 9 is headed there with her mother and six-year-old brother Werner to be given to German foster parents. Liesel’s mother is very poor and has located the Hubermann family in the hopes that they can better provide for her children than she is able to. In addition to the trauma of having to leave her mother, the grueling train ride to Molching has another unfortunate surprise for Liesel. Werner dies on the train and her devastated mother is forced to leave him in a makeshift grave in the snow along the route. As Liesel and her mother take their last looks at Werner’s gravesite, Liesel spots a black book with silver writing on it. It turns out to be a book called “The Grave Digger’s Handbook.” Liesel nabs the book, not even knowing yet how to read, but desperate to hold onto something that she could tie to Werner’s memory. With this first “theft,” she becomes the book thief of which the book gets its name.

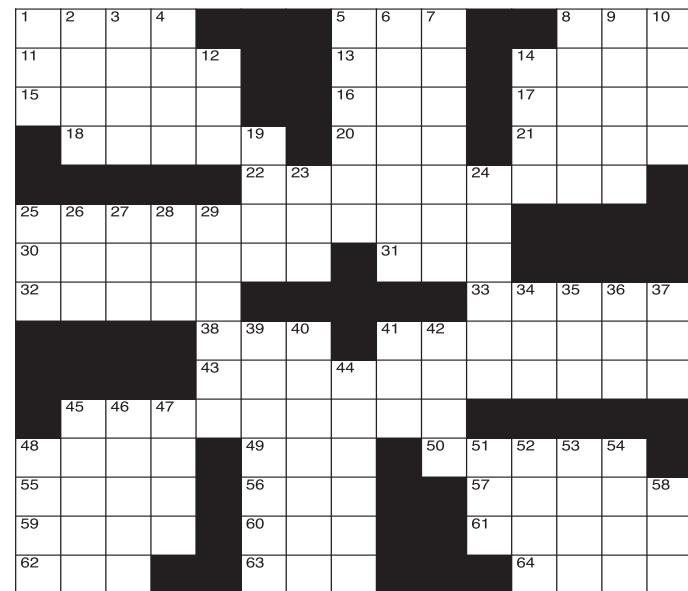
Unsurprisingly, it takes Liesel a while to warm up to Hans Hubermann and his wife Rosa. Rosa is short, squat, and incredibly surly by nature. Hans is gentle and unassuming, and it is his quiet nature that gradually begins to draw Liesel out of her shell. Every night for months on end Liesel wakes up screaming from nightmares. Hans sits by her bedside until she falls back to sleep, and she comes to rely on his comforting presence. She begins to realize that he often deprives himself of his own sleep so that he can provide the comfort she needs.

Hans is a painter by trade, and he slowly begins to teach Liesel the German language by showing her how she can paint the difficult words she is learning on the wall in the basement until she has mastered them, at which point the words are replaced with new ones. He also teaches her how to roll cigarettes for him, by far one of his favorite pastimes. Another favorite pastime is playing the accordion, and he does so for Liesel and Rosa, to their delight even if Rosa doesn’t outwardly show it.

Liesel makes friends in school, some of whom live on her street. She becomes best friends with Rudy Steiner, her classmate and neighbor. During these lean years, the two join up to find food even if it means stealing it from nearby farms. They constantly harass one another, but they’re quick to defend each other at a moment’s notice. In the stories of these years, we as readers are shown how German neighborhoods such as Molching are increasingly pressured to have the children join the Hitler Youth and for the older males sign up as soldiers. A large book burning occurs in the spring of 1940 amidst thrilling cheers of *Heil Hitler!* This is when our book thief steals another book by rescuing one that hadn’t burned in the fire. Liesel is spotted stealing the book by the wife of the town’s mayor, and the two develop a shaky but gradual friendship over time.

Another significant event is when the Hubermanns shelter a Jewish boy named Max Vandenburg beginning in early 1941. They take in Max as a repaid favor because Max’s father had saved Hans’s life during World War I at the expense of his own. The Hubermanns shelter Max in secret for two years in the basement, and he and Liesel forge an amazing bond of friendship. When Hans is forced to let Max go to try to save his life from discovery, it is through heart-wrenching effort.

This is a thoroughly gripping tale that will stay with you long after you turn the last page. Author Markus Zusak was born in 1975 in Sydney, Australia to immigrant German and Austrian parents. He has written several books including another popular one entitled “I Am the Messenger.”



CLUES ACROSS

- 1. Group of languages
- 5. No seats available
- 8. Helps little firms
- 11. Having a strong sharp smell or taste
- 13. Established by the Treaty of Rome
- 14. Whale ship captain
- 15. Thick
- 16. When you hope to get there
- 17. First capital of Japan
- 18. Cyprinids
- 20. Dry white wine drink
- 21. Witnesses
- 22. Alcohol drinks
- 25. Synthetic resin
- 30. Latin for “very early”
- 31. Bill Clinton plays it
- 32. One-time province of British-India
- 33. Folic and amino are two
- 38. Integrated data processing
- 41. Use to build roads
- 43. 44th US President
- 45. Where school kids eat
- 48. Small New Zealand tree
- 49. Doctors’ group
- 50. Civil Rights group
- 55. Swedish rock group
- 56. Baby’s dining accessory
- 57. Succulent plants
- 59. Dutch word for “language”
- 60. Polynesian garland of flowers
- 61. Spiritual leader
- 62. Single Lens Reflex
- 63. Baseball stat
- 64. Abba __, Israeli politician

CLUES DOWN

- 1. He’s honored every June
- 2. Breezed through
- 3. Ribosomal ribonucleic acid
- 4. Flat, thin round object
- 5. One looking for knowledge
- 6. Calls it a career
- 7. Egg-shaped wind instrument
- 8. Allied H.Q.
- 9. Reveals
- 10. Greek sophist
- 12. Speedy ballplayer Gordon
- 14. Body that defines computing protocols
- 19. Common Japanese surname
- 23. Eucharist box
- 24. Oil company
- 25. Parts per billion (abbr.)
- 26. A metal-bearing material
- 27. The common gibbon
- 28. Affirmative
- 29. Writer
- 34. Taxi
- 35. Pioneering journalist Tarbell
- 36. Used to hold back
- 37. Senior officer
- 39. OK to go out with
- 40. First in order
- 41. Defunct phone company
- 42. Southern Ghana inhabitant
- 44. Peninsula in SW Asia
- 45. Political plot
- 46. “Great” Mogul emperor
- 47. Young horse
- 48. Where wrestlers compete
- 51. Swiss river
- 52. Wings
- 53. Baseball legend Ty
- 54. Skipper butterflies
- 58. Immoral act



Answers for September 18

What to expect when adopting a shelter dog

Millions of dogs reside in shelters or in foster homes just waiting for someone to make them permanent

nately, many such dogs have been dealt difficult hands, ending up in shelters through no fault of their own.



Prospective pup parents should be aware that there can be a transitional period as dogs acclimate to their new homes. Understanding what to expect the first few weeks and months can be helpful.

Creatures of habit: Dogs are creatures of habit and feel most

comfortable when they know what to expect. Moving from a shelter into a home can be a big change. Shelter dogs will need time to understand the workings of a household. By remaining consistent and patient, dog owners can help their pooches acclimate

members of their family. The ASPCA says there are nearly four million dogs in shelters across America. Bringing home a puppy or an older dog can be an exciting, selfless endeavor.

Shelter dogs have the capacity to be loving, devoted pets. Unfortunately,

to their new surroundings. Feed the dog at the same time and place each day. Take the dog for a walk the same time each day with the same route. Knowing what to expect can be calming for the dog.

Housetraining regression: New puppies likely do not fully know the rules of housetraining, but even older dogs who may have been house-trained can regress in a new environment. Pet parents may have to go back to basics and reinforce housetraining lessons.

Shyness and anxiety: It is impossible to know what dogs went through before landing in a shelter. Shelter workers may have conducted certain tests, such as food aggression or resource guarding, but that only paints part of the picture. It will take time for the dog to trust and understand, and dogs may be timid and experience anxiety for a brief period. Some may even act out by exhibiting damaging behavior.

Safe space: The experts at Hill's Pets advise employing a crate that can serve as a den for the dog. It not only is an area that can keep the dog out of

trouble as he or she learns the rules of the house, but it also can serve as a safe haven that is familiar and comforting.

Training classes: Enroll in training classes so that the pup begins to learn commands. Obedience training also helps keep the animal safe.

Vet care: Make an appointment to have the shelter dog checked over by a vet as soon as possible. This helps everyone get on a vaccination schedule and can pinpoint illnesses or behavior problems. Many shelter dogs have common communicable illnesses like kennel cough or worms that require prompt treatment.

Shelter dogs can become warm and loving pets with the right care and a little patience.

Worcester County Animal Control located at 6207 Timmons Road in Snow Hill is open Monday through Sunday 8 a.m. to 4 p.m. It can be reached at 410-632-1340.

The Worcester County Humane Society is located at 12330 Eagle's Nest Road in Berlin. It is open Tuesday through Saturday 11 a.m. to 5 p.m. Their phone number is 410-213-0146.

SHEro award nominations sought

The Art League of Ocean City is seeking nominations for the 2019 SHEro Awards, honoring Delmarva women who have shown courage in facing adversity and turned that around into something positive. The awards will be presented on Friday, October 25 at 6 p.m. at the Ocean City Center for the Arts on 94th St., and the public is invited to the free event.

The SHEro Awards are part of the month-long all-women art exhibition entitled, "Rise," opening on Friday, Oct. 4 at the Arts Center. Curated by Deborah Rolig of Berlin, the multimedia exhibition seeks to empower women through art, emphasizing women overcoming adversity. The exhibit is sponsored in part by the Women's Fund of the Community Foundation of the Eastern Shore.

This is the second year for the SHEro Awards, which honored nine Delmarva women in 2018.


"The SHEro Award winners are filled with courage and tenacity," Rolig said, "the kind of women who have overcome a major challenge in their lives — be it health, family, job, or something similar — yet have dug-in to thrive and persevere. These are the women we want to know about and honor as SHEros."

Candidates for the SHEro Awards must be women residing on Delmarva, but they do not have to be related to the arts. Nomination forms are available at the Arts Center or online at www.ArtLeagueOfOceanCity.org.

Tides for Ocean City Inlet			
Day	High /Low	Tide Time	Sunrise /Sunset
Th	Low	12:04 AM	6:52 AM
	High	6:15 AM	6:52 PM
	Low	12:13 PM	
	High	6:46 PM	
F	Low	12:56 AM	6:53 AM
	High	7:09 AM	6:50 PM
	Low	1:10 PM	
	High	7:38 PM	
Sa	Low	1:45 AM	6:53 AM
	High	8:01 AM	6:48 PM
	Low	2:04 PM	
	High	8:29 PM	
Su	Low	2:31 AM	6:54 AM
	High	8:52 AM	6:47 PM
	Low	2:57 PM	
	High	9:18 PM	
M	Low	3:17 AM	6:55 AM
	High	9:43 AM	6:45 PM
	Low	3:49 PM	
	High	10:08 PM	
Tu	Low	4:04 AM	6:56 AM
	High	10:33 AM	6:44 PM
	Low	4:42 PM	
	High	10:56 PM	
W	Low	4:51 AM	6:57 AM
	High	11:24 AM	6:42 PM
	Low	5:38 PM	
	High	11:46 PM	

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National Merit Scholars

Three Stephen Decatur High School students have been named scholars by the National Merit Scholarship Program based on their performance on the 2018 Preliminary SAT/National Merit Qualifying Test. **Madison Birckett** (center) and **Maxwell Ewancio** (right) earned Commended Scholar, placing in the top three percent of all test takers. **Grayson Wolf** (left) was named a Semi-Finalist, scoring in the top one percent. Wolf will now proceed in the competition to become a National Merit Finalist. All three students are active members of the National Honor Society and the Mu Alpha Theta Math Honor Society as well as other school clubs.

classic

from page 6

The Ocean Pines Recreation and Parks Department hosts indoor pickleball at the Community Center, where a gym renovation will soon add a third indoor pickleball court.

Woulfe said the game has been popular with retirees because of the smaller court size and slower pace than tennis, although it's also catching on with a younger set.

"Our kids and our grandchildren are embracing it because it's an easy sport to learn, especially in a gym class when not everybody is athletic," she

said. "Some of our local schools have embraced it and the outreach from the schools has been a wonderful thing."

Woulfe encouraged anyone interested in the sport to attend the Pickleball Pink Ribbon Classic on October 4.

"It's one of the fastest-growing sports in the country, and it's just a lot of fun to play and it's fun to watch," she said. "The tournament is a great showcase for Ocean Pines, and it's the perfect way for anyone interested in the sport to come out and see what Ocean Pines Pickleball is all about."

For more information on Ocean Pines Pickleball, visit www.oppickleball.shutterstock.com.

financials

from page 1

net of \$99,454.

Also contributing were Golf operations and maintenance, ahead by \$23,832, Police, positive \$15,492, and Recreation and Parks, positive \$1,371.

Positive for the year are the Yacht Club (\$155,112), Recreation and Parks (\$58,401), the Beach Club (\$45,733), Marinas (\$41,335), Beach Parking (\$37,981) Public Works (\$36,661), Golf (\$35,993), General Maintenance (\$25,663), Finance (\$23,996), Manager's Office (\$19,579), General Administration (\$9,948), Pickleball (\$6,678), Police (\$4,951) and the Tern Grille (\$3,659).

Only six departments – Aquatics, Public Relations, Compliance and Permits, Platform Tennis, Tennis, and Fire/EMS – were behind budget for the year as of Aug. 31. Four of those six departments broke even or better in August.

According to the latest financials, the total reserve balance as of Aug. 31 was \$10.4 million, including roughly \$6.4 million in replacement reserves, \$2.7 million in bulkhead reserves and \$1.3 million in roads.

To view the August financial report, visit: <https://www.oceanpines.org/wp-content/uploads/2019/09/August-2019-Financials.pdf>.



Docents at Historic St. Martin's Church

The General Levin Winder Chapter of the Daughters of the American Revolution (DAR) serve as docents at Historic St. Martin's Church.

The DAR is a women's service organization dedicated to promoting patriotism, preserving American history, and securing America's future through better education. For more information, visit www.dar.org.

Above: (L-R) Chapter Chaplain **Barbara Rusko** and Librarian **Carol Morrison**.

tour

from page 4

feet; the judges gave the group standing ovations, and America was captivated.

"The mission of the Art League is to bring visual arts to our community, and this performance is a fabulous piece of visual art that moves and transforms right before your eyes," Rina Thaler, executive director of the Art League, said. "We are proud to take the arts beyond the walls of our Arts Center and entertain audiences and school children here on Delmarva."

"Catapult" is a theatrical art form about the human body and its ability to transform, an imaginative combination of dance, story-telling, and sculpture. The "Catapult" dancers work behind a screen to create dancing shadow silhouettes of shapes from the world around us. The dancers morph into a mountain, a full-size elephant, a helicopter, a house with a window and people inside. "Catapult's" show is packed with hundreds of shape trans-

formations and is full of humor, emotion, and engaging stories.

Tickets are \$20, \$25 and \$30 and available at ticketmaster.com and the Ocean City Performing Arts box office. Sales benefit the programs of the Art League of Ocean City and also allow for a free performance on Monday, October 7 for more than 1,000 Worcester County students.

The Humphreys Foundation, the Optimist Club, T.E.A.M. Productions, the Town of Ocean City, and the Community Foundation of the Eastern Shore are funding the special free Monday performance.

"This is the type of opportunity that can change kids' lives," Thaler said. "When children are exposed to the arts at an early age, it opens up possibilities they may not have considered in their lives and gives them an outlet of self-expression."

Video previews of the show are available at www.CatapultEntertainment.com.

More information is available from the Art League at 410-524-9433 or www.ArtLeagueOfOceanCity.org.

**The LORD will surely save me
So we will play my songs on
stringed instruments** Isaiah 38:20



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Technology helping those with dyslexia

Dyslexia is a condition in which people have problems processing letters, symbols and words, potentially compromising their ability to read. According to Kids Health, a medical information site powered by Nemours, research has shown dyslexia is a byproduct of how the brain processes information. Those with dyslexia actually use different

tion Dyslexic Advantage has found through their Dyslexia at School Study that denial of assistive technology in American schools continues to be a large problem. Of the respondents, 68 percent reported that their students were not offered accessible text or technology supports for reading.

Assistive technology can help those with dyslexia save considerable time and overcome challenges. People with dyslexia who opt to use assistive technology may find that they are able to showcase their intelligence and potential more fully. The following are some tools that can be assets.

Speech recognition software: Users can dictate to a device and have their voices converted into text. Those with spelling or handwriting may find this helps dramatically with written communication.

Text-to-speech software: This is essentially the reverse of speech recognition software. Text is turned into an audible voice that reads the words to the end user. This can help individuals understand written material and check over their work.

Spellcheckers: Some spell-check programs are designed specifically for dyslexics and look for common errors and automatically replace them.

Computer-based learning programs: These platforms are designed and written for dyslexics. They can help to improve skills in reading, writing, numeracy, and touch-typing, offers the Dyslexia Association.

Smartpen: The Livescribe smartpen takes a picture of notes as they are written on special paper. It also

has a built-in microphone that enables the user to record what is being said in a classroom or meeting setting.

Digital/audio books: Various providers offer online libraries of digital or audio books that can help with reading or print disabilities.

Special fonts: There is some evidence that using specific fonts may make it easier for people with dyslexia to decipher words and letters. Helpful fonts include Dyslexie, OpenDyslexic and Comic Sans, according to Dyslexic Advantage.

Helping those with dyslexia may involve utilizing the various assistive technologies now available.

Fire company to host dinner

On Sunday, October 13 the Bishopville Volunteer Fire Department Auxiliary will hold a Chicken & Dumplings Dinner and Carryout at the main station Noon until 2 p.m. Chicken, handrolled dumplings, coleslaw, green beans and sweet potatoes will be on the menu. The cost is \$12 adults, \$6 children under 11. There will be a bake table available. Call 619-922-9950 for preorder carryouts.

Rummage sale scheduled

The Ocean City Presbyterian Church will host a rummage sale on Saturday, September 28 between 7 a.m. and 1 p.m. The church is located at 1301 Philadelphia Avenue in Ocean City.

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Bucks for the Bahamas

On September 12, the Worcester Preparatory School (WPS) Parents' Association sponsored a "Bucks for the Bahamas" day to raise money for residents of the Bahamas affected by the hurricane. In just one day, the WPS community collected \$4,000 to send to the American Red Cross for hurricane relief.

Front Row – Kaylin Zervakos, Jayden Scopp, Mike DePalma, Frankie Miller, Reed Knowlton.

Back Row – Head of Upper School/Acting Head of School Mike Grosso, Lily Baeurle, Haris Gjikuria, Brooke Emeigh, Bennett Tinkler, Parents' Association Vice President Courtney Baeurle.



DWC meeting – Gee Williams, Mayor of Berlin, spoke to the Democratic Women's Club (DWC) of Worcester County at the club's September meeting. Mayor Williams spoke on environmental issues affecting Berlin and Worcester County. Shown L - R : Harriet Batis, DWC Co-Vice-President; Mayor Gee Williams; and Vicky Wallace, DWC President.

The DWC meets the third Monday of the month at the Ocean Pines Community Center at 9:30 a.m. for coffee and conversation; the meeting begins at 10 a.m. The next meeting will be Monday, October 21.

Cancer walk scheduled

In celebration of Walk Maryland Day, October 2, the Worcester County Health Department and Town of Snow Hill are partnering to sponsor a free Making Strides for Awareness walk in Byrd Park in Snow Hill. The walk will highlight October as National Breast Cancer Awareness Month and Domestic Violence Awareness Month. Registration check in will be held at 4:30 p.m. and the walk will begin at 5 p.m. at Byrd Park.

"This walk is a great opportunity to participate in physical activity and explore county parks and trails with friends, co-workers, family members, and other community residents," said Mimi Dean, Director of Prevention Services at the Worcester County Health Department.

Pre-registration is encouraged for the walks and participants can register by calling 410-632-1100 or by visiting worcesterhealth.org

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We understand that today's senior community has a dynamic lifestyle and is looking for ways to stay healthy, active & engaged. This expo will showcase the latest information, resources, products & services for seniors to area residents & guests.

Now seeking vendors!
Put your business in front of the area's senior population!

- \$35 Ocean Pines Area Organizations & Non-Profits
- \$75 Ocean Pines Chamber Members (Business)
- \$100 Non-Chamber Members (Business)
- **8-ft tables & chairs included**

REGISTER ONLINE:
<https://www.oceanpineschamber.org/events/details/senior-living-expo-11264>



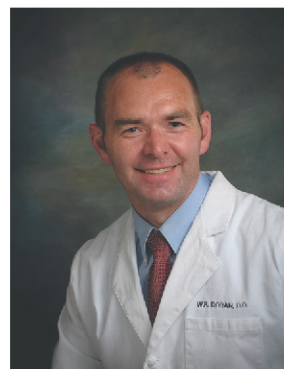
CALL (410) 641-7052 FOR INFO

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Suffering from **knee or hip pain?**

**Consider a doctor
who works with Mako.**

Mako Robotic-Arm Assisted Technology helps doctors plan your joint replacement using a 3D virtual model and perform your surgery with a robotic arm.



William Doran, DO

To learn more or find a surgeon, call **302-990-3280** or visit **Nanticoke.org/joint-replacement**

All surgery carries risk. See your orthopaedic surgeon to discuss your potential benefits and risks. Not all patients will have the same post-operative recovery and activity level. Individual results vary.

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